Pars Triangularis Volume Asymmetry and Schneiderian First Rank Symptoms in Antipsychotic-naïve Schizophrenia

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Objective: Schizophrenia is a disorder of language and self, with first-rank symptoms (FRS) as one of the predominant features in a subset of patients. Abnormal language lateralization is hypothesized to underlie the neurobiology of FRS in schizophrenia. The role of Broca's area with its right-hemispheric counterpart, consisting of pars triangularis (PTr) and pars opercularis (POp) of the inferior frontal gyrus in FRS is undetermined. We compared the volumes and asymmetries of PTr & POp in anti-psychotic-naive schizophrenia patients with FRS (FRS[+]) with those without FRS (FRS[-]) and healthy-controls (HC) using three dimensional, interactive, semi-automated volumetric morphometry.

Methods: Antipsychotic naïve FRS(+) (n = 27), FRS(-) (n = 24) and HC (n = 51) were carefully assessed with structured and semi-structured clinical tools. T1-weighted images were acquired in a 3T scanner. Volumes of regions of interest were measured independently for both sides using slicer-3D software, and asymmetry indices were calculated.

Results: FRS(+) but not FRS(-) had a significant volume deficit in right PTr after controlling for the potential confounding effects of age, sex, and intracranial volume (p = 0.029). There was a significant leftward asymmetry of PTr in patients with FRS (i.e., leftward asymmetry in patients) (p = 0.026). No significant volume/asymmetry abnormalities were observed in POp.

Conclusion: Study findings suggest reduced right PTr volume with leftward asymmetry to be associated with FRS in schizophrenia. This is consistent with the loss of Yakovlevian torque in schizophrenia. Role of PTr in the neurobiology of schizophrenia as a disorder of self, speech, and social cognition needs further systematic evaluation in future research.

KEY WORDS: Schizophrenia; Broca area; Language; Schneiderian first-rank symptoms.

INTRODUCTION

Language acquisition by humans has been hypothesized to be one of the vital evolutionary factors that might have culminated in schizophrenia [1,2]. Indeed, language dysfunction has been considered to be critical in schizophrenia pathogenesis—perhaps the most important—as it has been reported to differentiate schizophrenia from other psychoses. It is known that patients with schizophrenia find it difficult to process semantic aspects of language ap-

Address for correspondence: Ganesan Venkatasubramanian Department of Psychiatry, National Institute of Mental Health & NeuroSciences (NIMHANS), Hosur Road, Bengaluru 560029, India E-mail: gvs@nimhans.ac.in propriately [3], their speech is 'disorganized' [4] and they demonstrate reduced comprehension accuracy according to syntax [5].

Language is a function of the speech areas of the brain. Inferior frontal gyrus (IFG), which comprises Broca's area and its right counterpart, is one of the critical speech areas of the brain. IFG consists of pars triangularis (PTr) (Brodmann's area [BA] 44) and pars opercularis (POp) (Brodmann's area [BA] 45) that are anatomically and functionally heterogeneous [6]. Various functional and anatomical studies have implicated the role of IFG in language processing [7] and previous studies have suggested an essential role of IFG abnormality in schizophrenia [8]. Various imaging studies, both manual and automated, have demonstrated a significant relationship between symptom severity and reduced IFG volume in schizophrenia [9].

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Closely associated with language dysfunction is the hypothesis that people who suffer from schizophrenia display abnormal lateralization of language. The concept of asymmetry being the defining feature of the human brain was emphasized by the assertion of Paul Broca that: "Man is, of all the animals, the one whose brain is most asymmetrical" [10]. Interestingly, several structural and functional studies suggest that schizophrenia is associated with reduced lateralization of language to the left hemisphere; some even report a reversal of lateralization, to the right hemisphere [11-14]. Thus, in patients with schizophrenia, the right hemisphere's apparent involvement in the mediation of left hemisphere language functions is of considerable significance. But these studies have examined planum temporale (Wernicke's area) primarily, and there is a dearth of knowledge on the structural asymmetry of Broca's area in health and disease [15].

Language lateralization is hypothesized to be of further importance in the manifestation of Schneiderian first-rank symptoms (FRS) [16,17]. Though nosological systems have downgraded the importance of FRS in diagnosing schizophrenia, the possibility of subgroups with FRS having distinct neurobiological underpinning cannot be discounted for [18,19]. A distinctive phenotype of the disrupted boundary of self may underlie the FRS [20] and abnormal lateralization with dysfunctional language areas would have a central role in its pathogenesis [21,22]. Aberrations in lateralization can explain the language deficits in schizophrenia; specifically, in schizophrenia patients, the components of language that are typically segregated to the left hemisphere are less strongly lateralized [16,17]. The right dorsolateral prefrontal cortex facilitates the transition from engrams representing the precursors of speech ('thoughts' and 'intentions') to the linear phonological output that is assembled in and around Broca's area in the dominant hemisphere [16,17]. Hence, the FRS like thought insertion and withdrawal has been proposed to result from activation or deactivation of typically autonomous 'thoughts' and 'intentions' in the right dorsolateral prefrontal cortex (especially involving the Broca's area) by incoming sensory stimuli [16,17]. Studies that examine the neuroanatomical features of Broca's area like volume and asymmetry in schizophrenia patients with and without FRS might help us to understand the neuroanatomical basis of these symptoms. Hence, in this study, we examined the volume and symmetry of PTr and POp in antipsychotic-naive schizophrenia patients with FRS (FRS [+]) (n = 27) in comparison to those without FRS (FRS [-]) (n = 24) and healthy control (HC) (n = 52) using a three dimensional, interactive, semi-automated analysis with good inter-rater reliability.

METHODS

Patients attending the clinical services of the tertiary psychiatric care center, who fulfilled Diagnostic and Statistical Manual of Mental Disorders 4th edition criteria for schizophrenia and were never treated with any psychotropic medications including antipsychotics & not having substance abuse (n = 51; M:F = 25:26), were examined in this study. The diagnosis of schizophrenia was established using Mini International Neuropsychiatric Interview Plus (MINI) [23], which was confirmed by another psychiatrist through an independent clinical interview. FRS were examined using a comprehensive semistructured interview as per the established descriptions [24]; these 11 symptoms described by Mellor included the following: audible thoughts, voices arguing, voices commenting, thought insertion, thought withdrawal, thought broadcast, made feelings, made impulses, made volitions, somatic passivity and delusional percept [24]. Besides, the presence of FRS was independently ascertained by two qualified psychiatrists by a comprehensive mental status examination. Depending on the presence of at least one FRS, schizophrenia patients were classified into FRS(+) and FRS(-). Psychopathology was assessed using Scales for the Assessment of Positive and Negative Symptoms [25,26]. The illness characteristics and antipsychotic-naïve status were carefully ascertained by reliable information obtained from at least one first-degree relative.

HC (n = 52; M:F = 1:1), who volunteered for the study, were screened to rule out any psychiatric diagnosis using the MINI as well as a comprehensive mental status examination. None of the HC had a family history of psychiatric disorder in first-degree relatives. Patients and HC did not have features suggestive of alcohol abuse/ dependence. None used stimulant or opiate drugs. None had a history or any clinical feature suggestive of neurological/medical disorder. All the subjects were right-handed (established using Edinburgh handedness inventory). After a complete description of the study to the subjects, informed consent

was obtained. The Institute's ethics committee approved the study (IEC no: No. NIMHANS/74th IEC/2011 dated 03 May 2011).

Scanning Protocol

Magnetic resonance imaging was done with Philips Achieva 3Tesla scanner (Philips Medical Systems, Best, Netherlands). T1 weighted images were acquired using the following parameters, Repetition time (TR) = 8.1 msec, Echo time (TE) = 3.7 msec, nutation angle = 8 degrees, Field-of-View (FoV) = 256 mm, slice thickness = 1 mm without inter-slice gap, Number of excitations (NEX) = 1, matrix = 256×256 . The digital image and communication on medicine (DICOM) images were transferred to a personal computer and stored with coded identification.

Regions of Interest (Rol)

In this study, the region of interest, the IFG comprising of PTr and POp on both left and right sides, was measured using the software 'Slicer 3D' (www.slicer.org). The region of interest was traced manually using a mouse-driven computer-guided pointer following strict anatomical guidelines [27]. The Rol was traced on sagittal sections, as depicted in Figure 1. The PTr extended superiorly to the inferior frontal sulcus, inferiorly to the anterior horizontal ramus, and caudally to the anterior ascending ramus (AAR). The POp is located adjacent to the PTr, posteriorly. The POp is bounded superiorly by the inferior frontal sul-



Fig. 1. Tracing of pars traingularis (thick tracing) and pars opercularis (thin tracing) in one of the sagittal sections of brain.

cus, inferiorly by the AAR and caudally by the pre-central sulcus. Each region was measured independently and in both the left and right hemispheres of each subject. Inter-rater reliability was established by two investigators measuring the Rol in a sample of randomly selected images. Inter-rater reliability was > 80% and average intra-class correlation being > 0.9.

Statistical Analyses

The normality of the data was examined using the Kolmogorov-Smirnov test, following which parametric statistical analyses were applied. The socio-demographic data were analyzed using the Independent samples t test and the chi-square test. The effect of the Schneiderian First Rank Symptoms status (i.e., FRS[+], FRS[-], and HC) was examined using the Multivariate Analyses of Covariance (MANCOVA) controlling for potential confounding effects of age, sex, and intracranial volume. Post-hoc pairwise comparison was conducted with p value adjusted for multiple comparison correction by the Bonferroni method. The asymmetry index of regional volumes was calculated as volumes of {(Left volume - Right volume) $\times 100$ / (Left volume + Right volume)}, with positive values suggesting leftward asymmetry and negative values indicating rightward asymmetry. The statistical significance was set at p < 0.05 (two-tailed).

RESULTS

The age (years) and gender distribution among the three groups did not differ significantly. The FRS(+) patients had later age at onset with more positive symptoms compared to FRS(-) patients who had higher negative symptoms and longer duration of untreated illness (Table 1). On Pearson's correlation, no significant association was noted between any of these clinical variables with PTr & POp volumetric/asymmetric measures.

MANCOVA test showed FRS status to have a significant effect on the volume of the right PTr and PTr asymmetry but not on the left PTr and POp volumes/asymmetry (Wilks' $\lambda = 0.74$, F = 2.41, p < 0.01, partial $\eta^2 = 0.14$) (Table 2). Follow-up post hoc analyses revealed FRS(+) patients to have significant deficit in right PTr in comparison with HC (p_{corrected} = 0.03); however, FRS(-) patients did not differ from HC (p_{corrected} = 0.18) as well as FRS(+) (p_{corrected} = 1). There was no significant effect of sex of the

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Characteristics	FRS(+) (n = 27)	FRS(-) (n = 24)	Controls ($n = 52$)	T/χ^2	p value
Age (yr)	30.56 ± 7.61	27.58 ± 5.63	27.23 ± 7.35	2.08	0.13
Sex, M:F	12:15	13:11	26:26	0.49	0.78
Age at onset in years	28.01 ± 7.50	24.17 ± 5.30	-	2.07	0.04
Duration of untreated illness (mo)	19.27 ± 24.54	40.50 ± 33.66	-	2.56	0.01
Total SAPS	42.32 ± 8.60	23.58 ± 12.44	-	6.15	< 0.01
Total SANS	45.20 ± 23.71	75.75 ± 25.66	-	4.33	< 0.01

Table 1. Demographic and clinical description of FRS(+), FRS(-) and healthy controls

Values are presented as number only or mean ± standard deviation.

FRS(+), schizophrenia with first rank symptoms; FRS(-), schizophrenia without first rank symptoms; SAPS, scale for the assessment of positive symptoms; SANS, scale for the assessment of negative symptoms.

Tabl	e 2. Cortica	l volume an	d asymmetry	/ indices of	IFG su	b-regions	in FRS(+	·), FRS(-)	patients and	health	y controls
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Brain region	FRS(+) (n = 27)	FRS(-) (n = 24)	Controls ($n = 52$)	F	p value	Partial η^2
Right pars triangularis	1.74 ± 0.5	1.9 ± 0.5	2.16 ± 0.69	4.12	0.02	0.08
Left pars triangularis	2.16 ± 0.63	2.12 ± 0.82	2.1 ± 0.57	0.21	0.81	< 0.01
Right pars opercularis	1.7 ± 0.54	1.65 ± 0.44	1.73 ± 0.51	0.08	0.92	< 0.01
Left pars opercularis	1.78 ± 0.4	1.6 ± 0.5	1.74 ± 0.52	1.41	0.25	0.03
Asymmetry index pars triangularis	10.82 ± 15.62	3.46 ± 19.49	-0.47 ± 16.25	3.61	0.03	0.07
Asymmetry index pars opercularis	3.02 ± 13.96	-1.9 ± 17.27	0.29 ± 15.87	1.33	0.27	0.03

Values are presented as mean ± standard deviation.

FRS(+), schizophrenia with first rank symptoms; FRS(-), schizophrenia without first rank symptoms; IFG, inferior frontal gyrus.

subject on the right PTr volume in this analysis. There was a significant leftward asymmetry of PTr in patients with FRS in contrast to HC (pcorrected = 0.03). Since there were significant differences between FRS(+) and FRS(-)patients in age at onset, duration of untreated illness and negative symptoms, we examined for potential effect of any of these three variables on the PTr asymmetry in patients. These three variables did not have any significant effect on the PTr asymmetry in comparative analyses between FRS(+) and FRS(-) patients (age at onset [F = 0.01; p = 0.93]; duration of untreated illness [F = 0.01; p =0.93] and negative symptoms [F = 1.28; p = 0.26]). Besides, none of these three variables had any significant correlation with PTr asymmetry. Pearson's correlation test did not show any significant relationship between PTr asymmetry and age at onset (r = 0.04; p = 0.78), duration of untreated illness (r = -0.1; p = 0.48) and negative symptoms (r = 0.05; p = 0.74).

DISCUSSION

The findings of this study provide a possible clue for the neural basis of language dysfunction in schizophrenia, i.e., the cortical volume loss in the right PTr. The Right PTr comprises the homologous Broca's area. The phonological aspect of speech, consisting of both sensory and motor facets, is located in the left hemisphere. The role of the right hemisphere in language functions, in contrast to the left hemisphere, is not associated with phonology or syntax. The secondary lexico-semantic storehouse of speech, which provides meaning at the level of sentence and discourse, is located in the right hemisphere. This brain region is responsible for higher-order language functions, which are necessary for the proper understanding and interpretation of someone's real communicative intent [16]. PTr, the motor engrams of the right side, would assimilate the generated meanings from the receptive fields and generate thoughts and intentions with consequent speech and actions. The disintegration of these language components would result in loss of boundaries between thought, speech, and action manifesting as FRS like passivity phenomenon and auditory hallucinations [16,17].

Though the loss of asymmetry, non-right handedness, and right lateralization of language areas like planum temporale has been a consistent feature in schizophrenia [12,28]; the exaggerated leftward asymmetry of the PTr seems to define the first-rank symptoms. This may seem to contradict the reduced functional lateralization (reduced left lateralization) of language in schizophrenia [29,30]. But, the differences in cellular architecture, connectivity, and language functioning of IFG across the hemispheres leads to dissociation of functional lateralization and structural asymmetry [15]. The morphological asymmetry of Broca's region is not reproducibly demonstrated in healthy human subjects and noted to be mostly symmetrical with a wide variance, as observed in this study [15].

The exaggerated leftward asymmetry is a consequence of a higher volume deficit on the right side rather than an increased left PTr volume. This anatomical deficit is supported by the findings of the loss of "Yakovlevian torque" (i.e., reversal/ loss of the "right frontal petalia being greater than left") in schizophrenia [1,31]. In the human brain, the right frontal region tends to warp slightly forward relative to left and twists around Sylvain fissure termed Yakovlevian torque. Evolutionarily, this frontal protrusion signifies the expansion of the prefrontal cortex with the advancement of speech [32]. The torque forms one of the bases of asymmetry of the brain closely associated with language development [1]. Exaggeration of leftward asymmetry in PTr of schizophrenia suggests abrogation of its role on the right side, resulting in First rank symptoms.

Interestingly, IFG, including PTr, plays a significant role in the mirror neuron system (MNS) for proper understanding and interpretation of the action of others [33]. Comprehension of symbolic language is evolved from understanding the symbolic manual gestures of others, and both are neurobiologically interknit in IFG [34]. Dysfunctional MNS with impaired social cognition is well studied in schizophrenia and would describe the role of PTr in the pathogenesis [35]. The patients with schizophrenia without FRS had prominent negative symptoms but showed a paradoxical absence [36] of a significant difference in volume and asymmetry indices of PTr. This further suggests the specificity of the right PTr in the genesis of FRS.

Several studies have reported right PTr cortical volume loss in schizophrenia [37-40]. To the best of our knowledge, this is the first-time manual morphometry study looking into the PTr volume deficits in antipsychotic-naïve schizophrenia patients with FRS. The antipsychotic-naïve status rules out the possible confounding effects of antipsychotics; examination of early course schizophrenia patients avoided the potential confounding influence of illness chronicity.

Nonetheless, we wish to mention that since the schizo-

phrenia patients were examined during the acute phase of the illness prior to antipsychotic treatment, it is possible that some patients might not have reported their symptoms such as hallucination and delusion. While independent assessment by two clinicians would have reduced this possibility, the likelihood of potential falsenegative ascertainment for FRS cannot be ruled out completely. We acknowledge this as a potential limitation; in future studies, repeat assessment for FRS after short-term treatment will add to the methodological rigour of the study.

In summary, this study observation suggests reduced right PTr volume with leftward asymmetry to be associated with FRS in schizophrenia. This is consistent with the loss of Yakovlevian torque in schizophrenia. The volume and asymmetry correlate of PTr with indices of language dysfunction and its specific role in the pathogenesis of various symptoms of schizophrenia, especially self-disorder and social cognition deficits, needs further evaluation. Given that PTr contains mirror neurons, such research studies can help in understanding the relationship between dysfunctional mirror neuron system and the genesis of psychiatric disorders like schizophrenia [41].

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■ Conflicts of Interest-

No potential conflict of interest relevant to this article was reported.

Author Contributions

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