

PAPER

Cite this: *Nanoscale Adv.*, 2023, 5, 1784**Cu₂O/Co₃O₄ nanoarrays for rapid quantitative analysis of hydrogen sulfide in blood†**Manli Lu,^{‡a} Xiaomeng Zhu,^{‡a} Haoming Sun,^{ab} Huijuan Chen,^a Kaifeng Xue,^a Lulu Du,^a Liyuan Cui,^c Pinhua Zhang,^{*a} Dongchao Wang^{*a} and Guangliang Cui^{‡*a}

2D heterostructure nanoarrays have emerged as a promising sensing material for rapid disease detection applications. In this study, a bio-H₂S sensor based on Cu₂O/Co₃O₄ nanoarrays was proposed, the controllable preparation of the nanoarrays being achieved by exploring the experimental parameters of the 2D electrodeposition *in situ* assembly process. The nanoarrays were designed as a multi-barrier system with strict periodicity and long-range order. Based on the interfacial conductance modulation and vulcanization reaction of Cu₂O and Co₃O₄, the sensor exhibited superior sensitivity, selectivity, and stability to H₂S in human blood. In addition, the sensor exhibited a reasonable response to 0.1 μmol L⁻¹ Na₂S solution, indicating that it had a low detection limit for practical applications. Moreover, first-principles calculations were performed to study changes in the heterointerface during the sensing process and the mechanism of rapid response of the sensor. This work demonstrated the reliability of Cu₂O/Co₃O₄ nanoarrays applied in portable sensors for the rapid detection of bio-H₂S.

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Introduction

Endogenous signaling molecules play an important role in many physiological functions—such as regulating the cardiovascular, nervous, and immune systems. In addition to NO and CO, hydrogen sulfide (H₂S) was found to be a third endogenous gas signal molecule, its abnormal concentration being closely related to many ailments—including inflammation, myocardial infarction, hypertension, lung disease, and diabetes.^{1–7} To emphasize an important point, many of these diseases are chronic and incurable, and patients have to struggle with the disease for a long time, so a simple and reliable monitoring method is of special significance and value to health maintenance. A good example is the application of a portable glucose meter in the control and treatment of diabetes. In view of this, if one could obtain a rapid, convenient, highly sensitive, and highly selective sensor to monitor the dynamic changes in H₂S in organisms, the controllability of these diseases could be greatly improved.

H₂S is a colorless, flammable, acidic, and water-soluble gas. Under physiological conditions, it exists primarily in the form of HS⁻, with just 20% (approximately) existing in the form of H₂S.⁸

HS⁻ and H⁺ maintain a dynamic equilibrium of H₂S through a reversible reaction.⁹ Moreover, based on previous reports, S²⁻ is the main component of lethal H₂S toxicological effects.¹⁰ Consequently, it is reasonable to use the HS⁻/S²⁻ concentration to represent the H₂S concentration under physiological conditions.

To date, several methods for detecting H₂S have been explored by researchers, including high-performance liquid chromatography (HPLC), colorimetry, fluorescent probe technology, and gas chromatography/mass spectrometry (GC/MS).^{9–13} HPLC and GC detection are the most widely used methods,¹⁰ but they required special equipment and professional operation, which may not meet the needs of family monitoring. Colorimetry is simple to operate, but its sensitivity is limited, and fluorescent probe technology has a similarly low detection range. Consequently, a convenient and highly sensitive H₂S detection method remains to be explored.

Heterostructure nanoarrays are formed by the contact of two or more different chemical components, which form distinct heterointerfaces between them.^{14,15} The heterointerface has an important effect on electron transitions and coupling due to the interface potential barrier.¹⁶ Moreover, the height of the barrier is sensitive to changes in the carrier concentration—that is, even if the carrier concentration changes only slightly, the nanoarray's conductivity changes will be obvious. Consequently, heterostructure nanoarrays have attracted much attention because of their excellent electronic transport characteristics and good designability.^{17,18} Their composition, structure, and morphology can be designed based on the needs

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of specific applications, so as to achieve functional characteristics that cannot be achieved by each component alone.^{19,20} This provides a path for the convenient preparation of bio-H₂S sensors with high detection accuracy and sensitivity ranges.

Meanwhile, semiconductor metal oxides have been widely studied in recent years because of their simple preparation methods, low cost, and good compatibility with other components.^{21–23} Heterostructure nanoarrays based on metal oxides can be constructed using targeted structural design techniques, giving full play to the characteristics of multiple components.²⁴ To date, there have been many reported nanoarrays for detecting H₂S based on such structures—for example, CuO nanotubes/In₂S₃ nanosheets,²⁵ octahedral CuO/In₂O₃ mesocages,²⁶ CuO/ZnO nanorods,²⁷ and Cu₂O/SnO₂.²⁸ As a typical P-type semiconductor, CuO/Cu₂O has attracted extensive attention due to its unique performance. In addition to heterointerface conductance modulation, nanoarrays based on Cu_xO can also react with H₂S to produce metallic Cu_xS, resulting in substantial changes in the conductivity of heterostructure nanoarrays, which contributes greatly to improving the detection range of sensors based on such nanoarrays.²⁹ In addition, Co₃O₄ nanostructures have also been extensively studied in the field of nano- and micro-sensor components.³⁰ However, efficient and controllable methods for the preparation of these heterostructure nanoarrays require further study.

The 2D electrodeposition *in situ* assembly method can effectively regulate the structural parameters of deposits by regulating the frequency, waveform, current density, and solution composition, proving it to be an effective method to prepare heterostructures with ideal electrical properties.^{31,32} However, for bio-H₂S sensors based on metal oxide heterostructure nanoarrays, there are few reports on the physical and chemical process of H₂S signal expression and the relationship between its structure and its rapid sensing performance reaction mechanism. Theoretical calculations (multi-level research) can be conducted on nanoarrays—at a micro-, mesoscopic and macro scale—to simulate the performance evolution and failure mechanisms of nanoarrays under service conditions, and realize the improvement of nanoarray performance and design.^{33–35}

In this study, a bio-H₂S sensor based on Cu₂O/Co₃O₄ nanoarrays was successfully constructed using the electrodeposition *in situ* assembly method. The nanoarrays exhibited strict periodicity and long-range order, to realize both the interfacial conductance modulation and vulcanization reaction required for the sensor to achieve higher selectivity and sensitivity to bio-H₂S. We measured the detection accuracy and sensitivity range of the sensing nanoarrays in detail, fully meeting the detection requirements of H₂S concentration changes for related diseases. The physical and chemical process of H₂S signal expression was explored through theoretical calculations, providing a theoretical basis for a better understanding of the relationship between the structure and sensing mechanism of the sensor.³⁵ Moreover, we performed *in vitro* tests using blood, further verifying the reliability and practicality of our nanoarrays for home or clinical bio-H₂S monitoring applications.

Experimental

Materials

The chemicals used in this experiment included Cu(NO₃)₂·3H₂O, Co(NO₃)₂·6H₂O, HNO₃, Na₂S·9H₂O, citric acid, NaHSO₃, KCl, bovine serum albumin (BSA), glutathione (GSH), Na₂S₂O₃, NaHCO₃, Na₃C₆H₅O₇·2H₂O, cysteine (Cys), Vaseline, and anhydrous ethanol. HNO₃ was purchased from Yantai Yuan-dong Fine Chemicals Co., Ltd. (China), KCl was purchased from Tianjin Bodi Chemical Co., Ltd. (China), anhydrous ethanol was purchased from Tianjin Hengxing Chemical Reagent Manufacturing Co., Ltd. (China), and other chemical reagents were purchased from Aladdin Industrial Corporation (Shanghai, China). All chemicals were used without further purification. Human blood samples were provided by Linyi People's Hospital (Linyi City, China). All experiments were conducted in accordance with the relevant laws of China, the hospital's usage guidelines and relevant regulations and standard procedures, and were approved by the Linyi University Ethics Committee (no. LYU20220103). Consent was obtained for any experimentation with human subjects. The substrate was a coverslip (18 × 18 mm), and the electrodes were pieces of copper foil (99.99%, 30 μm-thick).

Synthesis of Cu₂O/Co₃O₄ nanoarrays

A 2D electrodeposition *in situ* assembly method similar to that in our previous reports^{36,37} was used to synthesize Cu₂O/Co₃O₄ nanoarrays. The electrolytes were prepared by dissolving 0.5821 g Co(NO₃)₂ and 0.7248 g Cu(NO₃)₂ in 49.95 mL deionized water, after which 0.05 mL nitric acid (pH = 3) was added to the 49.95 mL electrolyte to adjust its pH.

The nanoarray synthesis process is shown in Fig. 1(a). First, the silicon wafer is placed on the Peltier element at the bottom of the growth chamber as the reflector of an optical microscope to observe the real-time growth of the samples more clearly. A coverslip glass substrate is then placed on the silicon wafer, and two copper electrodes are placed in parallel on the coverslip. Afterwards, 25 μL electrolyte is dropped onto the coverslip between the two electrodes, and another coverslip is used to cover both electrodes. A low-temperature circulating water bath is used to control the temperature of the growth chamber to freeze the electrolyte, with an ultra-thin ice layer being formed between the two coverslips. Two ultra-thin concentrated electrolyte layers (deposition space, of approximately 300 nm thickness (ref. 36)) are formed between the two coverslips and the ice layer. A 700 mV DC voltage is first applied to the electrodes to induce nanoarray growth. After nanoarray growth for approximately 10 min, the applied voltage is switched to a semi-sine deposition voltage of 0.3 V, frequency of 0.8 Hz, and amplitude of 0.6 V for deposition. The total electrodeposition time is approximately 40 min. When the deposition process is complete, the two coverslip glass substrates are removed and washed with deionized water 2–3 times. Finally, strictly periodic and long-range ordered Cu₂O/Co₃O₄ nanoarrays are attached to both coverslip glass substrates.

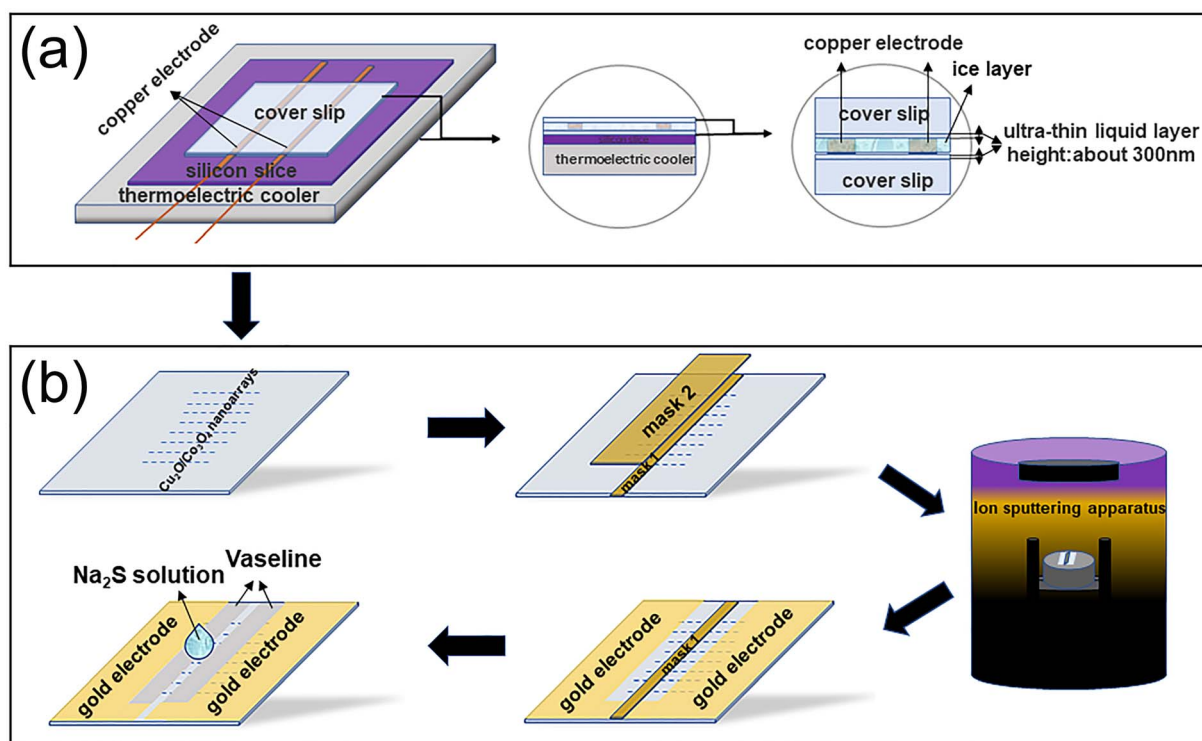


Fig. 1 (a) The synthesis of $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays. (b) The fabrication process of the sensor.

Fabrication and sensor measurement

The fabrication process of a sensor based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays is shown in Fig. 1(b). *Mask 1*, with width 1 mm and length 18 mm, is first used to cover the nanoarrays, after which *mask 2*, with width 3 mm and length 15 mm, is used to cover *mask 1* to ensure that redundant nanoarrays are left on both sides of *mask 2* to connect the circuit. Au film electrodes are sputtered on both sides of *mask 2* using a vacuum ion sputtering instrument to connect it to the test circuit. Next, *mask 2* is removed. To eliminate errors caused by the conductivity of the solution itself, Vaseline, with width 1 mm and length 15 mm, is coated on both sides of *mask 1* to prevent direct contact between the Au film electrodes and the solution. Finally, *mask 1* is removed, completing the sensor fabrication process.

It has been confirmed that the concentration of $\text{HS}^-/\text{S}^{2-}$ can represent the concentration of H_2S in blood.⁸ Consequently, citric acid can be used to adjust the pH of Na_2S solutions with different concentrations to 7.4 to simulate the human blood environment. The sensor responses were recorded using a source meter (Fig. S1, ESI[†]). The response of the sensor can then be defined as $R = (I_b - I_a)/I_a$, where I_a and I_b are the sensor currents before and after the sensing test, respectively.

Characterization

The morphology and crystal nano-microstructure of the as-synthesized $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays were characterized by scanning electron microscopy (SEM, EVO18, ZEISS, Germany), transmission electron microscopy (TEM, JEM-2200FS, JEOL, Tokyo, Japan), ultraviolet-visible spectrophotometry (UV-Vis,

UV-1800, Shimadzu, Japan), and X-ray photoelectron spectroscopy (XPS, ESCALAB MKII, VG, UK). The sensor responses were recorded using a source meter (Model 2400, Keithley, USA).

Results and discussion

Fig. 2 shows the morphology and structure of $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays prepared by the 2D electrodeposition *in situ* assembly method, Fig. 2(a) and (b) show SEM images of the nanoarrays. As can be seen from Fig. 2(a), the nanoarrays show favorable periodicity and long-range order, which is conducive to improving the controllability and practicability of the sensor. Fig. 2(b) shows that each cycle consists of a nanojunction and a nanowire, which is due to the semi-sine deposition potential used in the deposition process. The growth mechanism of nanoarrays is shown in Fig. 2(c), with the growth rate of the nanoarrays being dependent on the deposition potential. When the deposition potential is low, ions can migrate to the front of the sample in time. At this point, the migration rate is greater than the growth rate, so the nano-polycrystalline structure begins to accumulate on the substrate to form a wide nano-junction. However, when the deposition potential is high, the situation is the opposite, with the migration rate of ions in the ultra-thin liquid layer being less than the growth rate, and the nano-polycrystalline structure becoming narrow nanowires, which explains the formation of a periodic bamboo-like structure.

Fig. 2(d) shows the distribution of Cu_2O and Co_3O_4 . When the deposition voltage is low, the concentration of Cu^{2+} and

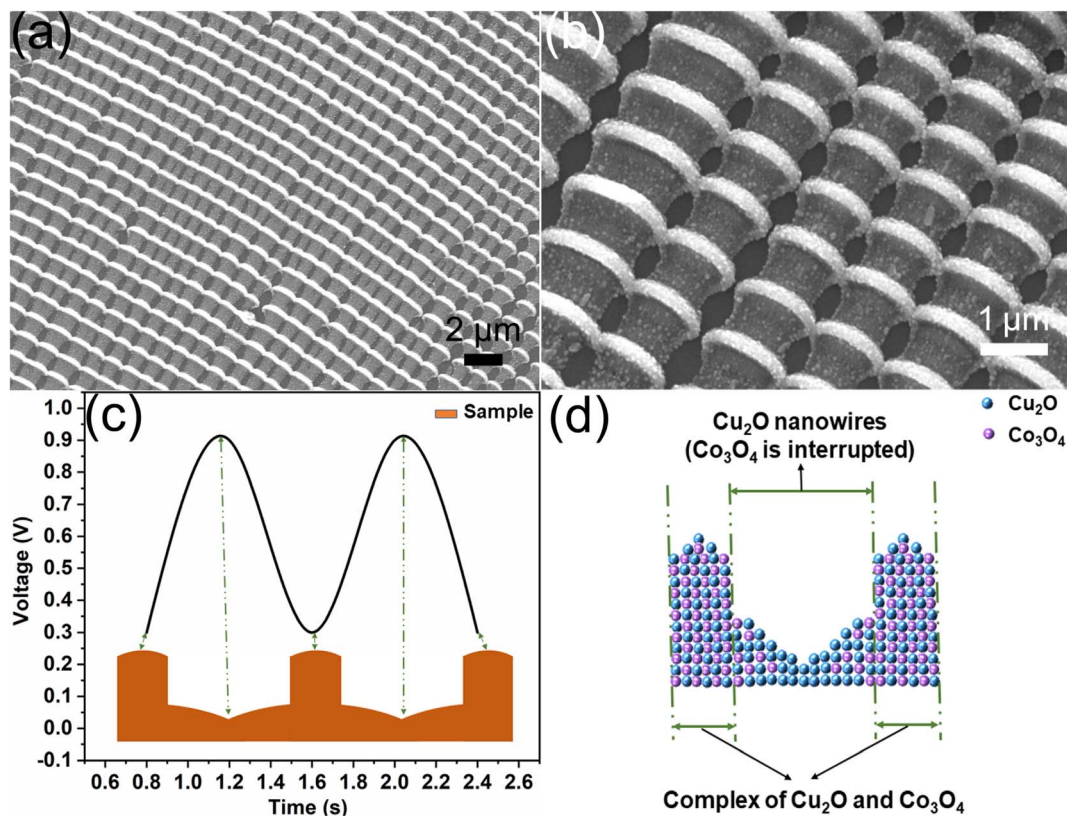


Fig. 2 (a and b) SEM images of Cu₂O/Co₃O₄ nanoarrays. (c) Relationship between the sample growth and semi-sine deposition voltage. (d) The distribution of Cu₂O and Co₃O₄ in one cycle on the longitudinal section.

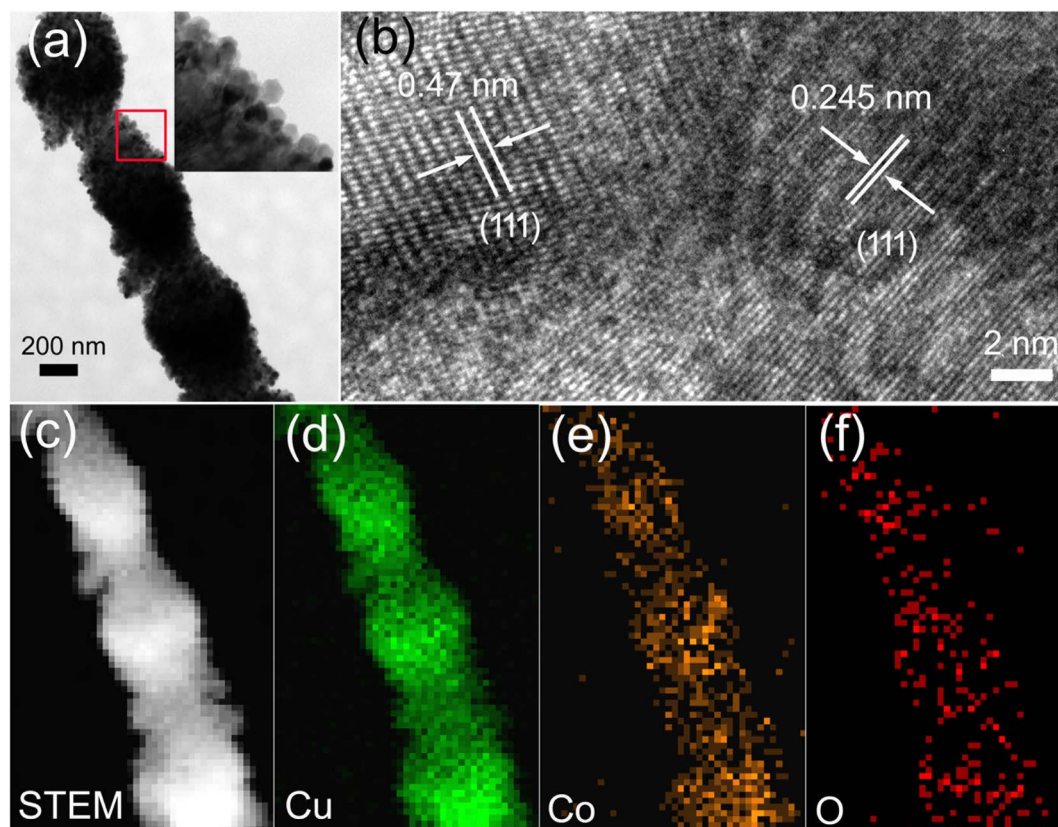


Fig. 3 (a) TEM images of Cu₂O/Co₃O₄ nanoarrays. (b) HRTEM images of nanoarrays. (c) STEM images of nanoarrays. (d–f) Element mapping of Cu, Co, and O corresponding to (c).

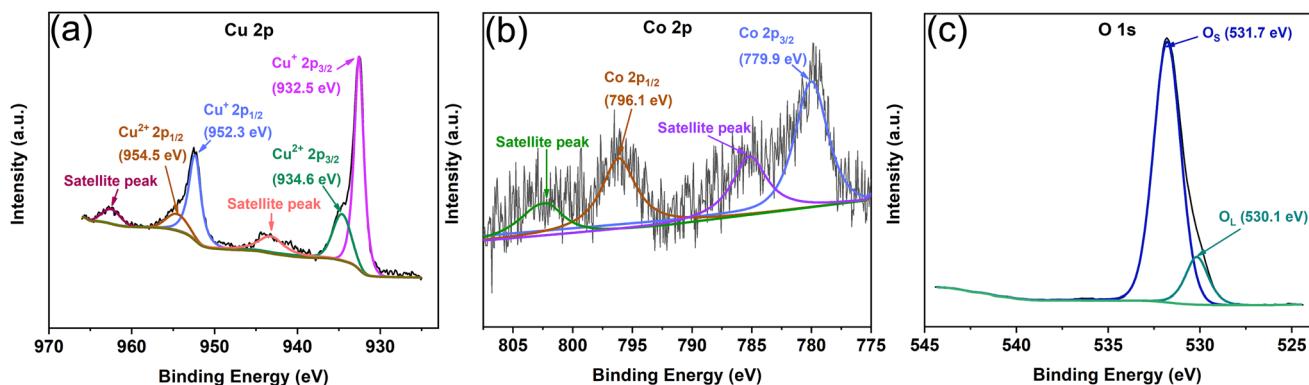


Fig. 4 XPS spectra of $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays. (a–c) Are curve-fitting results of Cu 2p, Co 2p, and O 1s XPS spectra.

Co^{2+} and the migration speed under the action of an electric field are sufficient for both to accumulate at the front end of the sample to form a complex of Cu_2O and Co_3O_4 . As the deposition voltage rapidly increases, the ions have little time to respond to changes in the growth rate. Moreover, the concentration of Co^{2+}

is less than that of Cu^{2+} , so Cu_2O can still grow continuously in the narrow nanowires, while the doping volume of Co_3O_4 decreases. In summary, Cu_2O is continuously distributed throughout the nanoarrays, while Co_3O_4 is interrupted.

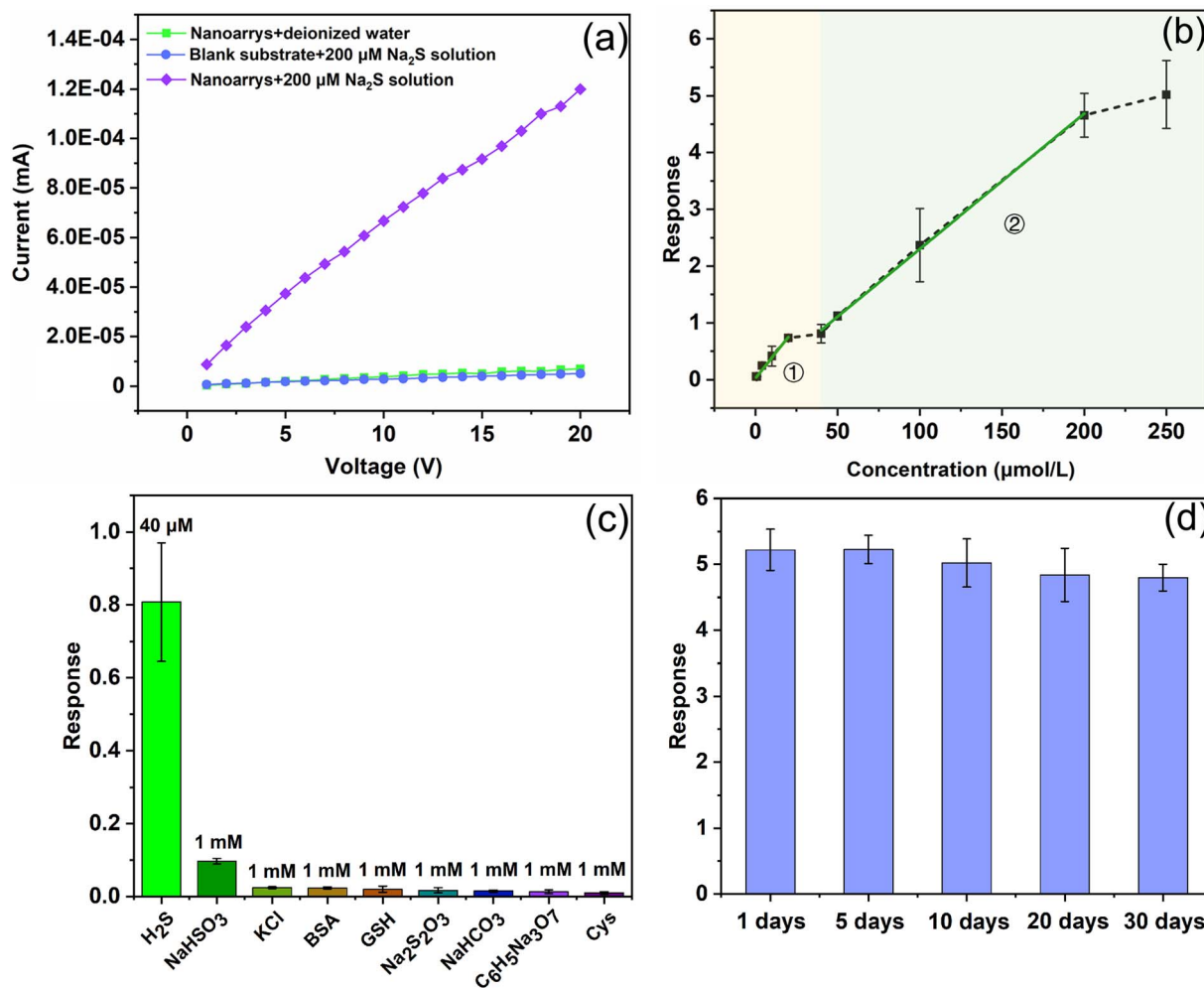


Fig. 5 Sensor performance based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays. (a) I - V curve of the sensor to $200 \mu\text{M}$ Na_2S solution. (b) Two-stage linear response of the sensor to Na_2S solution. (c) The response of the sensor to 1 mM potential interference and $40 \mu\text{M}$ Na_2S solution. (d) Response of the sensor stored in air at room temperature for 1, 5, 10, 20, and 30 days to $250 \mu\text{M}$ Na_2S solution.

TEM was used to further explore the composition and structure of the $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays. Fig. 3(a) shows TEM images that further confirm the bamboo-like structure of the nanoarrays. It can be seen from the inset that parts of the nanoarrays are composed of uniform and dense cubic nanoparticles (Cu_2O).^{29,36} The HRTEM image shown in Fig. 3(b) shows the measured fringe spacing to be 0.245 nm and 0.47 nm corresponding to the (111) plane of Cu_2O and the (111) plane of Co_3O_4 , respectively, confirming the successful synthesis of the nanoarrays. Fig. 3(d–f) are local enlargements of Cu, Co, and O element distributions, respectively, corresponding to Fig. 3(c). Copper is continuously distributed in both the wide nanojunctions and narrow nanowires, while cobalt is noticeably sparser in the nanowires, further verifying the results in Fig. 2(d). Fig. 3(f) shows the O element distribution, the periodicity of which is consistent with that of the sample morphology.

The elemental chemical composition and valence state of $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays were characterized by XPS. Fig. 4(a) shows the fine spectrum of Cu 2p. There are two main strong peaks at 952.3 and 932.5 eV, representing the $2p_{1/2}$ and $2p_{3/2}$ orbits of Cu^+ , respectively, while two weak peaks at 954.5 and 934.6 eV correspond to the $2p_{1/2}$ and $2p_{3/2}$ orbits of Cu^{2+} , respectively. There are two weak satellite peaks which further confirm the existence of Cu in the form of Cu^+ , although there is a small amount of Cu^{2+} due to the natural oxidation of the nanoarrays in air at room temperature.^{38,39} Fig. 4(b) shows the fine XPS spectrum of Co 2p. The peak at 796.1 eV of the Co $2p_{1/2}$ orbit can be clearly observed, as well as the peak at 779.9 eV of the Co $2p_{3/2}$ orbit. Moreover, there are two satellite peaks which further prove the formation of Co_3O_4 .^{40,41} The fine spectrum of O 1s can be seen in Fig. 4(c). The stronger main peak—with a binding energy of 531.7 eV—is the surface adsorbed oxygen (O_s), with the peak at 530.1 eV being assigned to the lattice oxygen (O_L), as was the case in previous reports.⁴² It can be further confirmed that the nanoarrays are consistent with the expected structure and composition.

The performance of a sensor based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays was systematically examined, as shown in Fig. 5, where Fig. 5(a) shows the conductivity of the $200 \mu\text{mol L}^{-1}$ Na_2S solution as well as the sensor before and after reacting with Na_2S . Through comparison, it is clear that the conductivity of the nanoarrays and solution is weak, which is beneficial for the response calculation as the conductivity of the sensor changes dramatically during the Na_2S sensing test. For instance, by measuring the currents before and after the sensor reacts with

Na_2S at a bias voltage of 20 V, it can be seen that the currents increase from $\sim 10^{-6}$ mA to $\sim 10^{-4}$ mA, showing that the sensor has good sensitivity to H_2S . Fig. 5(b) shows the relationship between the sensor response and the concentration of 0–250 $\mu\text{mol L}^{-1}$ Na_2S . The curve can be divided into two linear sections, the first section being in the range of 0.5–20 $\mu\text{mol L}^{-1}$, before the curve flattens as the reaction reaches saturation, and the second section being in the range of 40–200 $\mu\text{mol L}^{-1}$. Above 200 $\mu\text{mol L}^{-1}$, the sensor response does not change dramatically, the response tending to saturate once again. It is worth noting that the sensor still has a reasonable response when the concentration of Na_2S is 0.1 $\mu\text{mol L}^{-1}$ ($R = 0.55$), meaning that the sensor has high detection accuracy for bio- H_2S at room temperature. The comparison results between this work and previously reported bio- H_2S sensors are summarized in Table 1. The $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays exhibit quite excellent advantages for detecting bio- H_2S .

To verify the selectivity of the $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays, systematic studies were conducted, the results of which are shown in Fig. 5(c). The sensor exhibits a higher response to the 40 $\mu\text{mol L}^{-1}$ Na_2S solution even if other potentially interfering components take advantage of higher concentrations (1 mmol L^{-1})—the response of the sensor to NaHCO_3 is 10.9% that of Na_2S , while the response to other interference components (KCl, BSA, GSH, $\text{Na}_2\text{S}_2\text{O}_3$, NaHCO_3 , $\text{Na}_3\text{C}_6\text{H}_5\text{O}_7 \cdot 2\text{H}_2\text{O}$, and Cys) is in the 0.7–2.4% Na_2S range. The results show that a sensor based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays has excellent selectivity for Na_2S . Consequently, we can eliminate the interference of other factors when the sensor is used to detect the concentration of H_2S in blood, ensuring the accuracy of the detection results. The stability of the sensor is a necessary feature to broaden its field of practical application. We placed the sensors in air at room temperature for 1, 5, 10, 20, and 30 days, before systematically evaluating their response to a 250 $\mu\text{mol L}^{-1}$ Na_2S solution. From Fig. 5(d), it is clear that the response of the sensors changes very little, indicating that sensors based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays have excellent stability.

A series of experiments were conducted to further verify the feasibility of sensors based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays for detecting H_2S in blood, as shown in Fig. 6. Fig. 6(a) shows a diagram of the sensing element to detect blood. We tested the conductivity of the blood itself and the sensor performance before and after reacting with H_2S in the blood (Fig. 6(b)). It is clear that the conductivity of the sensor after the blood test

Table 1 A comparison of the bio- H_2S sensing properties of various sensors

Electrode materials	Linear range (μM)	LOD (μM)	Methods	Portable real-time detection	Ref.
<i>Escherichia coli</i> /NPG/GCE bioelectrode	50–5000	2500	CV	×	43
Coated membrane		1400	Colorimetry	×	44
Dinitro-functionalized Zr(IV) MOF		14.14	Fluorescence	×	45
AE-AuNPs	3–10	0.2	Colorimetry	×	46
AuNPs/4-AA		0.1	Surface-enhanced Raman scattering	×	47
$\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays	0.5–200	0.1	Amperometry	✓	This work

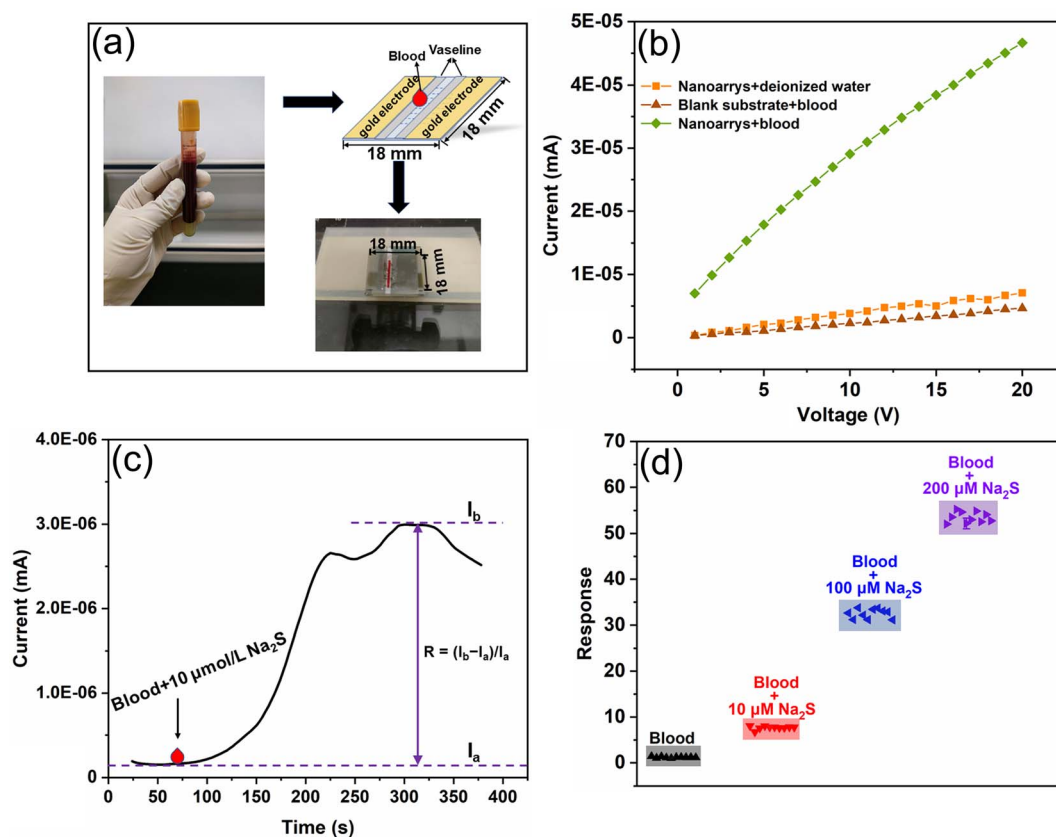


Fig. 6 Blood tests of sensing elements based on $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays. (a) Diagram of the sensor in the blood test process. (b) Conductivities of blood and sensors toward deionized water and blood. (c) Dynamic reaction of the sensor to blood with extra addition of $10 \mu\text{mol L}^{-1} \text{Na}_2\text{S}$. (d) The sensor response to pure and varying blood compositions (the H_2S concentration increasing by 10, 100, and $200 \mu\text{mol L}^{-1}$, respectively).

changes considerably compared to that of the blood and sensor itself, tested separately. For example, when the bias voltage is 5 V, the current of the blood and the sensor itself is in the range of 10^{-7} mA, the current of the sensor changes by two orders of magnitude to 10^{-5} mA after reacting with H_2S in the blood. This

proves that the sensor exhibits excellent sensitivity to the H_2S in blood.

A Na_2S solution of pH 7.4 was then added to the blood to simulate a change in H_2S concentration in a pathological state. The dynamic reaction of the sensor to blood with an additional $10 \mu\text{mol L}^{-1} \text{Na}_2\text{S}$ is shown in Fig. 6(c). When $1 \mu\text{L}$ blood is

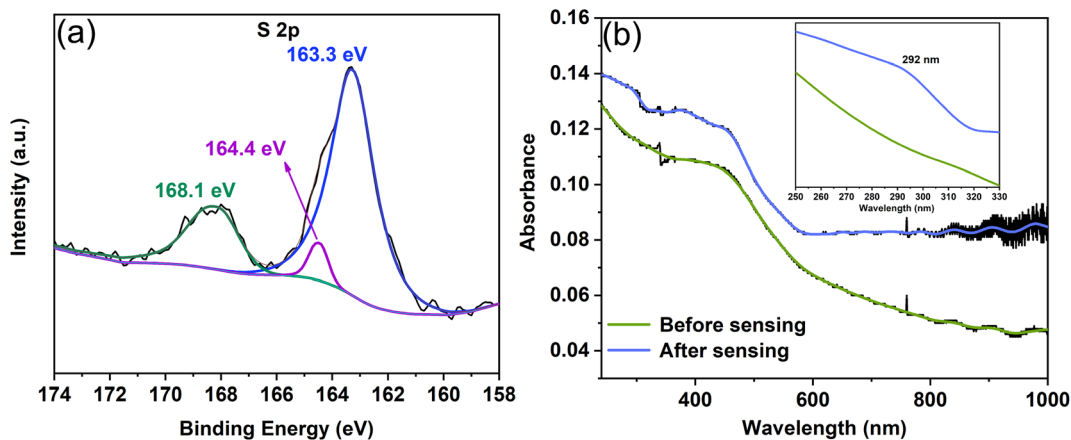


Fig. 7 The effect of bias on the vulcanization reaction. (a) XPS spectrum of S produced from the vulcanization reaction between $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays and Na_2S solution in the absence of a bias voltage. (b) UV-vis absorption spectra of S produced from the vulcanization reaction in the case of a bias voltage.

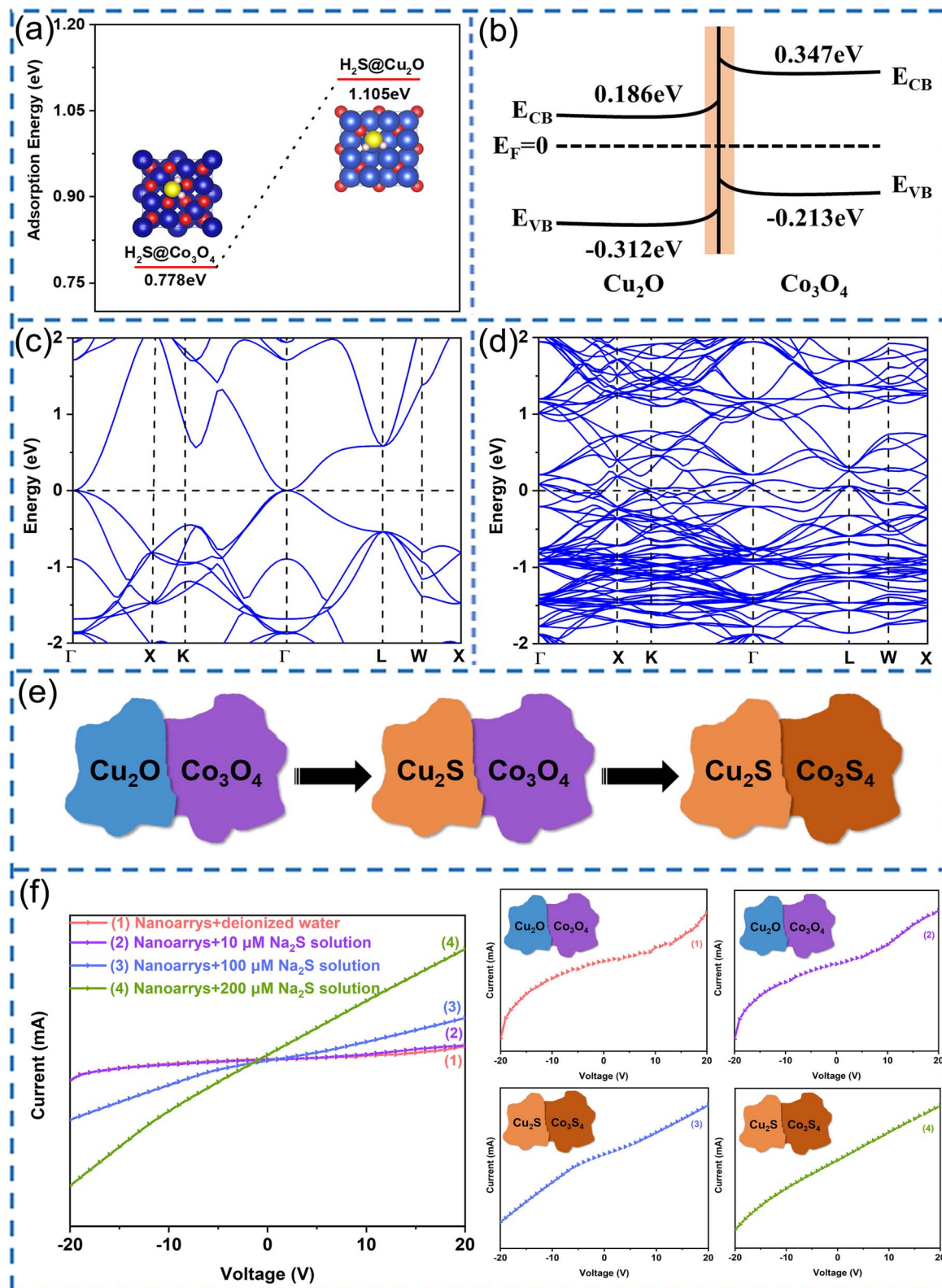


Fig. 8 (a) The adsorption energy of $\text{H}_2\text{S}@\text{Cu}_2\text{O}$ and $\text{H}_2\text{S}@\text{Co}_3\text{O}_4$. (b) Energy level diagram of Cu_2O and Co_3O_4 . The band structure of (c) Cu_2S and (d) Co_3S_4 . (e) Schematic of the evolution of $\text{Cu}_2\text{O}/\text{Co}_3\text{O}_4$ nanoarrays after reaction with H_2S . (f) I - V curves of the sensors for different concentrations of Na_2S solution.

dropped onto the sensor at 70 s, the sensor current increases sharply, with the response time being approximately 200 s. The current then reaches its maximum value, lasting for 50 s. After 340 s, the current decreases slightly. The sensor response to blood with different H₂S concentrations is shown in Fig. 6(d), the elevated concentration of H₂S being sufficient to cover the variation range of bio-H₂S in human blood—the sensor response after the blood H₂S concentration increases by 10, 100, and 200 μmol L⁻¹ being 6, 27, and 44 times that of pure blood, respectively. Moreover, as shown in Fig. 5(b), the detection limit of the sensor is 0.1 μmol L⁻¹, proving the sensor to be suitable for bio-H₂S detection. This provides compelling evidence for the practical application of Cu₂O/Co₃O₄ nanoarrays, which have a short response time, high detection accuracy, and large sensitivity detection range.

We explored the mechanism from a vulcanization reaction perspective using XPS and UV-vis spectrophotometry (Fig. 7). The S 2p spectrum produced from the vulcanization reaction between Cu₂O/Co₃O₄ nanoarrays and Na₂S solution in the absence of a bias voltage is shown in Fig. 7(a), with a binding energy of 163.3 and 164.4 eV corresponding to Cu₂S^{48,49} and Co₃S₄ (ref. 50 and 51) respectively. The peak at 168.1 eV can be assigned to sulfates (SO₄²⁻, SO₃²⁻, and S₂O₃²⁻),^{48,52} which are formed because of oxidation reactions caused by the high potential between sulfides and O₂. Based on previous work,^{29,53} we found elemental sulfur to be generated after applying a bias voltage. Fig. 7(b) shows the UV-vis absorption spectrum of the Cu₂O/Co₃O₄ nanoarrays before and after a bias voltage is applied. It is clear that the curve after applying a bias voltage has a characteristic peak at a wavelength of 292 nm, while the curve before applying a bias voltage is smooth at that point.

Based on previous literature,^{54,55} the absorption peak at 292 nm represents S nanoparticles, with the formation of elemental S being ascribed to the binding reaction of S²⁻ with electrons when a bias voltage is applied. This provides evidence for the reduction of the Cu₂S/Co₃S₄ nanoarrays and explains the decline of the *I*-*t* curve after 340 s, as shown in Fig. 6(c).

To further clarify the mechanism of the sensor's dramatically enhanced conductivity during the Na₂S sensing test, we calculated the adsorption energy of Cu₂O and Co₃O₄ for H₂S as well as the band structures of Cu₂S and Co₃S₄ based on first-principles calculations. Fig. 8(a) shows the adsorption energy of Cu₂O and Co₃O₄ for H₂S, with the adsorption energy of Cu₂O for H₂S being 1.105 eV, which is larger than that of Co₃O₄ for H₂S (0.778 eV), indicating that H₂S is more easily adsorbed on the Cu₂O surface. Considering the band structures and band gaps of Cu₂O and Co₃O₄, an energy band diagram of Cu₂O and Co₃O₄ can be constructed, as shown in Fig. 8(b). When Cu₂O and Co₃O₄ come into contact with each other, the electrons are transferred from Co₃O₄ to the lower energy conduction band of Cu₂O to form the Fermi level. As a result, the energy bands bend and potential barriers are established near the interface between Cu₂O and Co₃O₄, further confirming that Cu₂S is easier to form than Co₃S₄. Based on these calculation results, Cu₂O reacts with H₂S prior to Co₃O₄ to form Cu₂S, with Co₃S₄ forming later with sufficient H₂S. Consequently, we can deduce the nanostructure evolution of Cu₂O/Co₃O₄ nanoarrays during the reaction with H₂S, as shown in Fig. 8(e).

Fig. 8(c) and (d) show the band structure of Cu₂S and Co₃S₄, respectively. The band gap is 0 eV for both Cu₂S and Co₃S₄, indicating Cu₂S and Co₃S₄ to be metallic, whereas Cu₂O and Co₃O₄ are semiconductors. Consequently, as shown in Fig. 8(e), we can determine that the change process of the interfacial barrier of nanoarrays is as follows: the p-p interfacial barrier of Cu₂O-Co₃O₄ initially changes into a Schottky barrier of Cu₂S-Co₃O₄, after which the ohmic contact of Cu₂S-Co₃S₄ replaces the interfacial barrier. The carrier transport is extremely sensitive to the interfacial barrier. During the transition from a p-p heterojunction to a Schottky junction, the sensor conductivity progressively increases, corresponding to the first linear change shown in Fig. 5(b). When the H₂S concentration increases to 40 μmol L⁻¹ (Fig. 5(b)), the Cu₂S and Co₃S₄ on the surface of the nanoarrays gradually increases to form a conductive channel, resulting in a dramatic increase in conductivity (the dominant mechanism of the second linear section shown in Fig. 5(b)). The increased rate of conductivity slows down after the concentration exceeds 200 μmol L⁻¹, which can be explained by the fact that only the size and number of conductive channels change in the context of an adequate supply of H₂S.

Fig. 8(f) shows the *I*-*V* curves of the sensor measured at different concentrations of Na₂S solution. From *I*-*V* curves (1)-(4), the *I*-*V* characteristics change from nonlinear to linear with increasing Na₂S concentration. The nonlinear relationships shown in *I*-*V* curves (1) and (2) verify the existence of the p-p heterojunction as well as the dominance of the interfacial conductance modulation, corresponding to the first linear section shown in Fig. 5(b). The linear characteristics shown in *I*-*V* curves (3) and (4) verify the gradual formation of metallic conductive channels on the surface of the nanoarrays, explaining the conductive mechanism of the second linear section of Fig. 5(b). The variation of the *I*-*V* characteristics is mutually supported by the theoretical calculation results.

Conclusions

In this study, we fabricated a sensor based on Cu₂O/Co₃O₄ nanoarrays with high sensitivity to bio-H₂S in blood. The sensor exhibited excellent rapid detection performance to bio-H₂S, with a detection limit of 0.1 μmol L⁻¹ and a response time of approximately 200 s. The high selectivity to bio-H₂S, strong anti-interference to other components, and long-term stability within 30 days of the sensor were all verified. Moreover, the reliability of the sensor's application in actual disease detection was successfully demonstrated using a human blood test *in vitro*. Based on XPS and first-principles calculations, we analyzed the reaction process of the sensor to the rapid response of bio-H₂S and proposed a physical analysis model of interfacial conductance modulation. We believe that this work provides new ideas for the design and device development of functional materials that respond quickly to biomarkers.

Conflicts of interest

There are no conflicts to declare.

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