

Article

Comparative Analysis of Atezolizumab Plus Bevacizumab and Hepatic Artery Infusion Chemotherapy in Unresectable Hepatocellular Carcinoma: A Multicenter, Propensity Score Study

Ji Hoon Kim¹, Hee-Chul Nam¹, Chang-Wook Kim¹, Hee Sun Cho², Jae-Sung Yoo², Ji Won Han², Jeong Won Jang², Jong Young Choi², Seung Kew Yoon², Hyun Yang³, Si Hyun Bae³, Suho Kim⁴, Jung Suk Oh⁴, Ho Jong Chun⁴, Chang Ho Jeon⁵, Jaegyoon Ahn⁶ and Pil Soo Sung^{1,*}

- ¹ Department of Gastroenterology and Hepatology, Uijeongbu St. Mary's Hospital, The Catholic University of Korea, Seoul 06591, Republic of Korea; jihoon23@gmail.com (J.H.K.); hcnam128@catholic.ac.kr (H.-C.N.); cwkim@catholic.ac.kr (C.-W.K.)
- ² Department of Gastroenterology and Hepatology, Seoul St. Mary's Hospital, The Catholic University of Korea, Seoul 06591, Republic of Korea; jhs-cho@hanmail.net (H.S.C.); imjsyoo@gmail.com (J.-S.Y.); tmznjf@catholic.ac.kr (J.W.H.); garden@catholic.ac.kr (J.W.J.); jychoi@catholic.ac.kr (J.Y.C.); yoonsk@catholic.ac.kr (S.K.Y.)
- ³ Department of Gastroenterology and Hepatology, Eunpyeong St. Mary's Hospital, The Catholic University of Korea, Seoul 06591, Republic of Korea; oneggu@naver.com (H.Y.); baesh@catholic.ac.kr (S.H.B.)
- ⁴ Department of Radiology, Seoul St. Mary's Hospital, The Catholic University of Korea, Seoul 06591, Republic of Korea; lucidnature@naver.com (S.K.); oj-cumc@hanmail.net (J.S.O.); chunray@catholic.ac.kr (H.J.C.)
- ⁵ Department of Radiology, Eunpyeong St. Mary's Hospital, The Catholic University of Korea, Seoul 06591, Republic of Korea; changho.jeon@gmail.com
- Department of Computer Science & Engineering, Incheon National University, Incheon 22573, Republic of Korea
- Correspondence: pssung@catholic.ac.kr; Tel.: +82-02-2258-2075

Simple Summary: We aimed to compare the prognosis of patients with advanced hepatocellular carcinoma treated with the first-line atezolizumab plus bevacizumab (AB) combination chemotherapy and the less popular locoregional treatment mainly used in East Asia, hepatic artery infusion chemotherapy (HAIC). We conducted a retrospective study with 114 patients treated with AB and 193 patients treated with HAIC and compared the overall survival (OS) and progression-free survival (PFS). Our results showed comparable OS between the two therapy groups; however, PFS was superior in patients treated with AB combination therapy. After compensating for confounding variables via propensity score matching, there was no significant difference in PFS and OS between the two groups.

Abstract: This study aimed to compare the prognosis and characteristics of patients with advanced hepatocellular carcinoma treated with first-line atezolizumab plus bevacizumab (AB) combination therapy and hepatic artery infusion chemotherapy (HAIC). We retrospectively assessed 193 and 114 patients treated with HAIC and AB combination therapy, respectively, between January 2018 and May 2023. The progression-free survival (PFS) of patients treated with AB combination therapy was significantly superior to that of patients treated with HAIC (p < 0.05), but there was no significant difference in overall survival (OS). After propensity score matching, our data revealed no significant differences in OS and PFS between patients who received AB combination therapy and those who received HAIC therapy (p = 0.5617 and 0.3522, respectively). In conclusion, our propensity score study reveals no significant differences in OS and PFS between at 0.3522, respectively). In conclusion, our propensity score study reveals no significant differences in OS and PFS between the OS and PFS between at 0.3522, respectively). In conclusion, our propensity score study reveals no significant differences in OS and PFS between patients treated with AB combination therapy and those treated with HAIC.

Keywords: atezolizumab plus bevacizumab; hepatic artery infusion chemotherapy; hepatocellular carcinoma; overall survival; progression-free survival



Citation: Kim, J.H.; Nam, H.-C.; Kim, C.-W.; Cho, H.S.; Yoo, J.-S.; Han, J.W.; Jang, J.W.; Choi, J.Y.; Yoon, S.K.; Yang, H.; et al. Comparative Analysis of Atezolizumab Plus Bevacizumab and Hepatic Artery Infusion Chemotherapy in Unresectable Hepatocellular Carcinoma: A Multicenter, Propensity Score Study. *Cancers* 2023, *15*, 4233. https:// doi.org/10.3390/cancers15174233

Academic Editor: Alessandro Vitale

Received: 20 July 2023 Revised: 16 August 2023 Accepted: 22 August 2023 Published: 24 August 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/).

1. Introduction

Hepatocellular carcinoma (HCC) accounts for the largest proportion of primary liver cancers. It is one of the leading causes of cancer-related deaths worldwide [1]. Between 2000 and 2014, the incidence rates of liver cancer increased by 2.6% in men and by 3.0% in women [2]. Although the overall cancer mortality rate has decreased since the 1990s, the liver cancer mortality rate increased by 43% from 2000 to 2016 [3]. Hepatitis B virus infection is the most common cause of HCC, followed by hepatitis C virus infection, alcohol consumption, and non-alcoholic fatty liver disease (NAFLD) [4]. Recent advancements in medical technologies, including vaccination and antiviral therapies, have increased the number of patients with NAFLD due to obesity and metabolic syndrome [5]. Consequently, there has been increased interest and studies on the detection and prevention of HCC due to NAFLD and non-alcoholic steatohepatitis and the difference between NAFLD and HCCs due to other etiologies [4].

Recently, the IMbrave150 study demonstrated that the immune checkpoint inhibitor atezolizumab plus bevacizumab (AB) was superior to sorafenib in overall survival (OS) and progression-free survival (PFS) outcomes; as a result, it has been approved as the first-line treatment for unresectable locally advanced or metastatic HCC since May 2020 [6]. Several patients have been treated with combination therapy with positive results. Multiple studies have reported comparable results between AB combination therapy and lenvatinib. Between 2022 and 2023, studies by Kim et al. and Su et al. revealed a comparative OS between patients with unresectable HCC treated with AB and lenvatinib [7,8]. Lenvatinib has comparable outcomes with AB combination therapy. In fact, in 2022, Casadei-Gardini et al. and Rimini et al. suggested comparable OS in patients with advanced HCC treated with lenvatinib compared with AB combination therapy [9,10].

Another treatment option for unresectable locally advanced HCC is hepatic artery infusion chemotherapy (HAIC), which is commonly used in East Asia [11]. Approximately 8% of the patients initially diagnosed with HCC are treated with HAIC [12]. It delivers high concentrations of chemotherapy agents directly to the liver, thus decreasing systemic toxicity and increasing delivery of the agent to malignant intrahepatic lesions [13]. In 2019, Sung et al. demonstrated that intrahepatic tumor reduction elicited by HAIC prolonged the survival of patients with unresectable HCC, regardless of portal vein invasion or extrahepatic metastasis [14]. In 2021, Lee et al. suggested comparable OS and PFS between patients treated with lenvatinib and HAIC [15]. In 2020, Ueshima et al. demonstrated that in patients with macrovascular invasion without extrahepatic metastasis, HAIC had superior OS compared to sorafenib [16]. Before AB combination therapy was recognized as the first-line chemotherapy regimen for advanced HCC, Hatooka et al. suggested that HAIC might be superior to sorafenib as a first-line treatment [17]. Choi et al. demonstrated that in advanced HCC with portal vein invasion, HAIC was significantly superior to sorafenib [18]. In addition, most recently, a meta-analysis by Zhang et al. also suggested that HAIC was superior to sorafenib in advanced HCC with portal vein invasion [19]. Our institute recognized the need to compare the prognoses of patients treated with AB combination therapy and HAIC.

2. Patients and Methods

2.1. Study Population

This study was approved by the Institutional Review Board of the Catholic University of Korea (approval number: XC23TIDI0015) and was conducted in accordance with the Declaration of Helsinki. We enrolled patients diagnosed with HCC who were treated with AB combination therapy and HAIC between January 2018 and May 2023 at Seoul St. Mary's Hospital, Eunpyeong St. Mary's Hospital, and Euijeongbu St. Mary's Hospital. We retrospectively reviewed the hospital records of the enrolled patients who received AB combination therapy (n = 114) and HAIC therapy (n = 193). Patients were diagnosed with HCC based on the imaging criteria of the American Association for the Study of Liver Disease and the 2022 Korean Liver Cancer Association and National Cancer Center Korea

3 of 12

practice guidelines [20,21]. Most patients had Barcelona Clinic Liver Cancer (BCLC) stage C. Some patients had BCLC stage B but did not have indications of locoregional therapy (transarterial chemoembolization refractory or infiltrative nature).

2.2. Treatment Protocol

The AB combination therapy protocol consisted of 1200 mg of atezolizumab and 15 mg/kg of bevacizumab [22]. HAIC consisted of 60 mg/m²/day of cisplatin and 500 mg/m²/day of 5-fluorouracil (5-FU). Both 5-FU and cisplatin were infused on days 1–2, and only 5-FU was infused on day 3 [23]. HAIC was administered via infusion through an injection port, which was installed at the initial therapy. The port consisted of a catheter that ended at the common or proper hepatic artery and a chemoport installed in the subcutaneous pocket of the inguinal region. The port was kept throughout the treatment.

2.3. Endpoints and Response Evaluation

The primary endpoints were OS (time from initial treatment to death from any cause) and PFS (time from initial treatment to disease progression according to the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1, or death from any cause). The secondary endpoints were the objective response rate (ORR) (percentage of complete response (CR) or partial response (PR)) and the disease control rate (DCR) (percentage of CR or PR, or stable disease (SD)). All patients were evaluated by computed tomography or magnetic resonance imaging at diagnosis and initial treatment and were evaluated every 4–9 weeks according to the RECIST version 1.1. Adverse events were recorded according to the Common Terminology Criteria for Adverse Events, and adverse events above grade 3 were included.

2.4. Statistical Analyses

We calculated the OS and PFS of all enrolled patients using Kaplan–Meier analysis. To compensate for any existing confounding variables, we continued with a propensity score matching (PSM) analysis. After PSM, the OS and PFS of the matched groups were calculated and compared. All statistical analyses were performed using SPSS version 23.0 software (SPSS, Chicago, IL, USA). The Kaplan–Meier method was used for survival analyses, including OS and PFS, and differences were examined using the log-rank test. Cox regression analyses were performed to identify factors associated with survival outcomes, and factors with p < 0.05 in univariate analysis were included in multivariate analysis. The therapeutic efficacy was shown by the ORR and DCR using the chi-squared test. Statistical significance was defined as *p*-values < 0.05.

3. Results

3.1. Baseline Characteristics

The baseline characteristics are presented in Table 1. A total of 114 patients received AB combination therapy, and 194 patients received HAIC. There were no significant differences in age, sex, etiology of malignancy, and the Eastern Cooperative Oncology Group (ECOG) performance scores between the two groups. However, there was a significant difference in BCLC stage, Child–Pugh class, serum alpha-fetoprotein (AFP) level, tumor size, portal vein invasion, metastasis, and previous treatments between the two groups. Patients treated with AB were of a significantly more progressed BCLC stage (p = 0.002) than those treated with HAIC, but patients treated with AB had better Child–Pugh scores (p = <0.001) than those treated with HAIC. Patients treated with HAIC had significantly higher serum AFP levels and larger tumor sizes (p = 0.004 and p = 0.027, respectively) than those treated with AB. Patients treated with HAIC had significantly more portal vein invasion and less distant metastasis (p = 0.039 and p < 0.001, respectively) than those treated with AB. Our data revealed that significantly more patients treated with HAIC had previous treatment histories (p < 0.001).

| | AB Combination Therapy (n = 114) | HAIC (n = 193) | <i>p</i> -Value |
|-------------------------|---------------------------------------|-----------------------|-----------------|
| Age, y | 63.28 (11.86) | 61.99 (11.75) | 0.658 |
| Sex | | | 0750 |
| Male | 99 (86.84%) | 170 (88.08%) | |
| Female | 15 (13.16%) | 23 (11.92%) | |
| BCLC stage | · · · · · | | 0.002 |
| 0/A (very early, early) | 0 | 2 (1.1%) | |
| B (intermediate) | 9 (9.7%) | 44 (23.5%) | |
| C (advanced) | 105 (90.3%) | 147 (75.4%) | |
| D (end stage) | 0 | 0 | |
| Etiology | | | 0.893 |
| HBV | 73 (64.04%) | 127 (65.80%) | |
| HCV | 4 (3.51%) | 6 (3.11%) | |
| Alcohol use | 20 (17.54%) | 28 (14.51%) | |
| Others | 17 (14.91%) | 32 (16.58%) | |
| Child–Pugh class | · · · · · | | < 0.001 |
| A | 106 (92.98%) | 135 (69.95%) | |
| В | 8 (7.02%) | 55 (28.50%) | |
| С | 0 | 3 (1.55%) | |
| ECOG performance status | | × , | 0.070 |
| score | | | 0.060 |
| 0 | 83 (72.81%) | 150 (77.72%) | |
| 1 | 28 (24.56%) | 30 (15.54%) | |
| 2 | 3 (2.63%) | 13 (6.74%) | |
| 3 | 0 | 0 | |
| 4 | 0 | 0 | |
| Serum AFP level (ng/mL) | 9621.65 (19,063.01) | 15,280.12 (34,030.43) | 0.004 |
| Tumor size | 6.51 (5.66) | 8.43 (4.81) | 0.027 |
| Portal vein invasion | , , , , , , , , , , , , , , , , , , , | | 0.039 |
| No | 55 (48.25%) | 59 (30.57%) | |
| Yes | 59 (51.75%) | 123 (63.73%) | |
| Distant metastasis | · · · · · | · · · · · | < 0.001 |
| No | 46 (40.35%) | 145 (75.13%) | |
| Yes | 68 (59.65%) | 48 (24.87%) | |
| Previous treatment | | | < 0.001 |
| No | 69 (60.53%) | 76 (39.38%) | |
| Yes | 45 (39.47%) | 117 (60.62%) | |

Table 1. Baseline characteristics of enrolled patients (whole data).

Data are presented as n (%) and means \pm standard deviations. AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; BCLC stage, Barcelona Clinic Liver Cancer stage; HBV, hepatitis B virus; HCV, hepatitis C virus; ECOG performance status, Eastern Cooperative Oncology Group performance status; AFP, alpha-fetoprotein.

Naturally, PSM was performed to compensate for these confounding variables. We analyzed our data using PSM with the following factors: sex, age, etiology, ECOG performance status scores, BCLC stage, Child–Pugh scores, metastasis, and tumor size (caliper = 0.2). In total, 83 pairs of patients were matched by PSM. A comparative analysis of the two groups of baseline characteristics showed no significant differences in possible confounding factors between the two groups (Table 2).

| | AB Combination Therapy | HAIC | <i>p</i> -Value |
|-------------------------|------------------------|-----------------------|-----------------|
| | (n = 83) | (n = 83) | • |
| Age, y | 62.64 (12.55) | 61.92 (13.00) | 0.978 |
| Sex | | | 0.633 |
| Male | 72 (86.75%) | 74 (89.16%) | |
| Female | 11 (13.25) | 9 (10.84) | |
| BCLC stage | | | |
| 0/A (very early, early) | 0 | 0 | 0.417 |
| B (intermediate) | 9 (10.84%) | 6 (7.23%) | |
| C (advanced) | 74 (89.16%) | 77 (92.77%) | |
| D (end stage) | 0 | 0 | |
| Etiology | | | 0.533 |
| HBV | 50 (60.24%) | 55 (66.27%) | |
| HCV | 3 (3.61%) | 3 (3.61%) | |
| Alcohol use | 17 (20.48%) | 10 (12.08%) | |
| Others | 13 (15.66%) | 15 (18.07%) | |
| Child–Pugh class | | | 1.000 |
| A | 75 (90.36%) | 75 (90.36%) | |
| В | 8 (9.64%) | 8 (9.64%) | |
| C | 0 | 0 | |
| ECOG performance status | - | - | |
| score | | | 0.984 |
| 0 | 60 (72.29%) | 61 (73.49%) | |
| 1 | 21 (25.30%) | 20 (24.10%) | |
| 2 | 2 (2.41%) | 2 (2.41%) | |
| 3 | 0 | 0 | |
| 4 | 0 | 0 | |
| Serum AFP level (ng/mL) | 10,746.41 (19,713.23) | 16,524.46 (36,228.35) | 0.204 |
| Tumor size | 8.21 (5.49) | 8.18 (5.24) | 0.969 |
| Portal vein invasion | | | 0.098 |
| No | 32 (38.55%) | 22 (26.51%) | 0.070 |
| Yes | 51 (61.45%) | 61 (73.49%) | |
| Distant metastasis | 01 (01.1070) | 01 (10:17/0) | 0.347 |
| No | 44 (53.01%) | 50 (60.24%) | 0.017 |
| Yes | 39 (46.99%) | 33 (39.76%) | |
| Previous treatment | 07 (10.7770) | 00 (09.7070) | 0.349 |
| No | 40 (48.19%) | 34 (40.96%) | 0.01/ |
| Yes | 43 (51.81%) | 49 (59.04%) | |

Table 2. Baseline characteristics of enrolled patients (after propensity score matching).

Data are presented as n (%) and means \pm standard deviations. AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; BCLC stage, Barcelona Clinic Liver Cancer stage; HBV, hepatitis B virus; HCV, hepatitis C virus; ECOG performance status, Eastern Cooperative Oncology Group performance status; AFP, alpha-fetoprotein.

3.2. Treatment Responses

The treatment responses of the enrolled patients are shown in Table 3. In patients receiving AB, the median OS and PFS periods were 174.5 days and 129 days, respectively. In patients treated with HAIC, the median OS and PFS periods were 230 days and 129 days, respectively. Of the patients who received AB, 6 (5.26%) achieved CR, 26 (31.58%) PR, 43 (37.72%) SD, and 29 (25.44%) progressive disease (PD). Among the patients who received HAIC, 11 (5.70%) achieved CR, 31 (16.06%) PR, 135 (69.95%) SD, and 15 (7.77%) PD. Our statistical analysis showed a significant difference between the two groups (Table 3, *p* < 0.001). In the AB therapy group, 42 (36.84%) patients showed an objective response and 85 (74.56%) achieved disease control. In the HAIC group, 42 (21.76%) patients showed an objective response and 177 (91.71%) achieved disease control.

| Freatment Responses | AB Combination Therapy (n = 114) | HAIC (n = 193) | <i>p</i> -Value | |
|---------------------|-------------------------------------|-------------------|-----------------|--|
| | | | < 0.001 | |
| CR | 6 (5.26%) | 11 (5.70%) | | |
| PR | 36 (31.58%) | 31 (16.06%) | | |
| SD | 43 (37.72%) | 135 (69.95%) | | |
| PD | 29 (25.44%) | 15 (7.77%) | | |
| ORR | 42/114 (36.84%) | 42/193 (21.76%) | 0.003 | |
| DCR | 85/114 (74.56%) | 177/193 | < 0.001 | |

Table 3. Treatment responses in enrolled patients (whole data).

AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; ORR, objective response rate; DCR, disease control rate.

There was a significant difference in the ORR (p = 0.003) and DCR (p < 0.001) between the two groups. When we compared the Kaplan–Meier survival curves for PFS and OS, the AB combination therapy group had a significantly superior PFS compared to that of the HAIC group (p = 0.0339), and there was no significant difference in OS (p = 0.1311) between the two groups (Figure 1A,B).

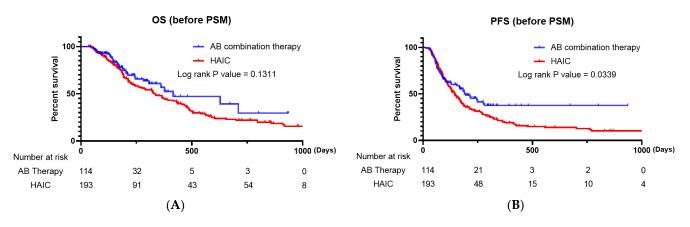


Figure 1. (**A**) Kaplan–Meier survival curve comparing the overall survival of patients treated with AB and HAIC (all enrolled patients). (**B**) Kaplan–Meier survival curve comparing the progression-free survival of patients treated with AB and HAIC (all enrolled patients). AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy.

However, when we analyzed the baseline characteristics between the two therapy groups, there were significant differences in terms of BCLC stage, Child–Pugh class, serum AFP level, tumor size, portal vein invasion, distant metastasis, and previous treatment (Table 2).

The treatment responses of matched patients via PSM are shown in Table 4. In the AB therapy group, 1 (1.20%) patient achieved CR, 29 (34.94%) PR, 33 (39.76%) SD, and 20 (24.10%) PD. In the HAIC group, 9 (10.84%) patients achieved CR, 15 (18.07%) PR, 49 (59.04%) SD, and 10 (12.05%) PD (Table 3). After PSM, a significant difference was observed between the two groups in terms of treatment response (p = 0.001). No significant difference was observed between the two groups regarding ORR (p = 0.320); however, the HAIC group had a significantly superior DCR (p = 0.044) (Table 3). The analysis revealed no significant differences in OS and PFS between the two groups (Figure 2B, p = 0.5617 and p = 3522, respectively).

| Treatment Responses | AB Combination Therapy (n = 83) | HAIC (n = 83) | <i>p</i> -Value |
|------------------------|---------------------------------------|------------------|-----------------|
| | | | 0.001 |
| CR | 1 (1.20%) | 9 (10.84%) | |
| PR | 29 (34.94%) | 15 (18.07%) | |
| SD | 33 (39.76%) | 49 (59.04%) | |
| PD | 20 (24.10%) | 10 (12.05%) | |
| ORR | 30/83 (36.14%) | 24/83 (28.92%) | 0.320 |
| DCR | 63/83 (75.90%) | 73/83 (87.95%) | 0.044 |

| Table 4. Treatment response | s in enrolled patients (afte | er propensity score | matching). |
|-----------------------------|------------------------------|---------------------|------------|
|-----------------------------|------------------------------|---------------------|------------|

AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; ORR, objective response rate; DCR, disease control rate.

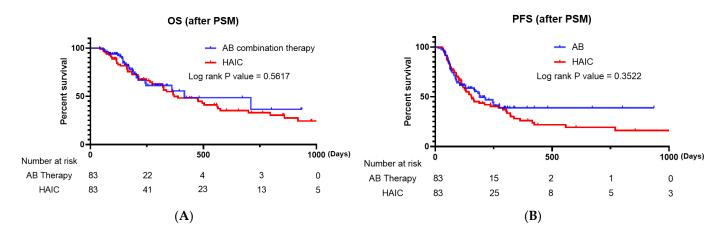


Figure 2. (**A**) Kaplan–Meier survival curve comparing the overall survival of patients treated with AB and HAIC (propensity-score-matched patients). (**B**) Kaplan–Meier survival curve comparing the progression-free survival of patients treated with AB and HAIC (propensity-score-matched patients). AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy.

3.3. Factors Associated with Survival Outcomes

We analyzed the factors associated with OS and PFS in all enrolled patients with univariate and multivariate analyses using the Cox proportional hazards model (Table 5). Factors from the univariate analysis with a *p*-value < 0.05 were included in the multivariate analysis. In the univariate analyses regarding OS, the patients' performance, represented by ECOG performance status ≤ 1 , and the patients' liver function, represented by Child–Pugh class, were factors associated with favorable OS. In the multivariate analyses, Child–Pugh class A (hazard ratio (HR), 0.397; 95% confidence interval (CI), 0.277–0.568; *p* < 0.001) was a significant factor associated with OS. In the univariate analyses regarding PFS, Child–Pugh class A and a serum AFP level of <1000 ng/mL were factors associated with favorable PFS; distant metastasis was associated with poor PFS. In the multivariate analyses, Child–Pugh class A (HR, 0.435; 95% CI, 0.314–0.603; *p* < 0.001) was significantly associated with favorable PFS.

| Variables | Overall Survival | | | Progression-Free Survival | | |
|------------------------------------|-------------------------|------------------------------------|------------------------|---------------------------|------------------------------------|---------------------------------------|
| | Univariate (p-Value) | Multivariate (<i>p</i> -Value) | HR (95% CI) | Univariate (p-Value) | Multivariate (<i>p</i> -Value) | HR (95% CI) |
| AB therapy vs. HAIC | 0.132 | | | 0.034 | | |
| Age | 0.306 | | | 0.226 | | |
| Sex | 0.735 | | | 0.743 | | |
| Etiology | 0.052 | | | 0.446 | | |
| Tumor size | 0.150 | | | 0.100 | | |
| Serum AFP < 1000 ng/mL | 0.111 | | | 0.046 | 0.131 | 0.810 (0.616–1.065) |
| ECOG performance status 0 and 1 | 0.002 | 0.078 | 0.929 (0.738–2.435) | 0.151 | | |
| Distant metastasis | 0.071 | | | 0.005 | 0.002 | 1.572 (1.182–2.092) |
| Portal vein invasion | 0.964 | | | 0.517 | | , , , , , , , , , , , , , , , , , , , |
| Child–Pugh class A | < 0.001 | <0.001 | 0.397 (0.277–0.568) | < 0.001 | <0.001 | 0.435 (0.314–0.603) |
| Previous treatment | 0.132 | | . , | 0.061 | | . , |

Table 5. Univariate and multivariate analyses of factors associated with OS and PFS in the entire cohort.

AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; HR, hazard ratio; CI, confidence interval; ECOG performance status, Eastern Cooperative Oncology Group performance status; AFP, alpha-fetoprotein.

3.4. Adverse Events

We also assessed the adverse events that occurred during treatment in both groups (Table 6). Significantly more adverse events occurred in the HAIC therapy group than in the AB combination therapy group. The most common adverse event in the HAIC therapy group was hyperbilirubinemia.

| Adverse Events | AB Combination Therapy (n = 114) | HAIC (n = 193) | <i>p</i> -Value | |
|--------------------|-------------------------------------|-------------------|-----------------|--|
| Total | 22 | 69 | 0.001 | |
| AST/ALT (>×5 ULN) | 8 | 32 | 0.016 | |
| Colitis | 3 | 3 | 0.510 | |
| Fatigue | 3 | 8 | 0.013 | |
| Pneumonitis | 1 | 0 | 0.192 | |
| Hyperbilirubinemia | 2 | 26 | 0.001 | |
| Skin rash | 1 | 0 | 0.192 | |
| Anaphylactic shock | 1 | 0 | 0.192 | |
| Myositis | 1 | 0 | 0.192 | |
| Asthma | 1 | 0 | 0.192 | |
| Thyroiditis | 1 | 0 | 0.192 | |

Table 6. Adverse events (above grade 3) in enrolled patients.

Data are presented as n (%) and means \pm standard deviations. AB, atezolizumab plus bevacizumab; HAIC, hepatic artery infusion chemotherapy; AST, aspartate aminotransferase; ALT, alanine aminotransferase.

4. Discussion

To the best of our knowledge, no study has compared AB combination therapy and HAIC in patients with advanced HCC. This was the first real-world study that compared first-line systemic chemotherapy for unresectable HCC with the less popular locoregional chemotherapy, HAIC. Our study included PSM analysis, and 83 propensity-score-matched enrolled patients were analyzed. After PSM analysis, our results revealed no significant difference in OS and PFS between patients who received AB and those who received HAIC (p = 0.5617 and p = 0.3522, respectively).

AB therapy is the first-line chemotherapy currently used to treat patients with unresectable advanced HCC; durvalumab plus tremelimumab is currently not available in South Korea, but if the first-line treatment is not feasible, sorafenib or lenvatinib can be considered [24]. Since the IMbrave150 trial demonstrated that AB therapy was superior in OS and PFS to sorafenib chemotherapy in patients with advanced HCC, several studies regarding AB therapy have been conducted. Cheon et al. confirmed the efficacy and safety of AB therapy in Korean patients and noted inferior outcomes in patients with an elevated neutrophil-to-lymphocyte ratio [25]. Fulgenzi et al. also confirmed the safety and efficacy of AB therapy and pointed out that the presence of portal vein invasion and a higher albumin–bilirubin grade were correlated with a poor prognosis [26]. Recently, Casadei-Gardini et al. suggested that there was no significant difference in OS between AB therapy and lenvatinib [27]. Interestingly, Persano et al. reported higher ORR in patients treated with lenvatinib compared with those treated with AB therapy [28]. D'Alessio et al. published a notable study confirming the safety of AB combination therapy in patients with liver functions of Child–Pugh classes A and B [29].

Unlike other common locoregional treatments, including transarterial chemoembolization or transarterial radioembolization, which is used more commonly [30], HAIC is a locoregional chemotherapy technique that does not involve embolization; thus, it can be considered a type of systemic chemotherapy directly infused into the liver [11,31–33]. In 2014, Song et al. revealed the comparative OS and time to progression between patients with advanced HCC with portal vein tumor thrombosis treated with sorafenib and HAIC [34]. Considering these results, our institute acknowledged the need to compare the prognoses of patients with unresectable HCC treated with AB therapy and HAIC.

There may be questions regarding the difference between the results before and after PSM analysis. Before propensity matching, there were significant differences between patients treated with HAIC and AB, including the BCLC stage, Child-Pugh scores, serum AFP level, tumor size, portal vein invasion, and distant metastasis. More patients treated with HAIC had BCLC stages A and B. AFP levels and tumor size were significantly higher in patients treated with HAIC than in those treated with AB, which may be because several terminal patients were palliatively treated with HAIC despite worse liver function. Portal vein invasion was more common in patients treated with HAIC than in those treated with AB, possibly because HAIC is preferred more so in patients with portal vein invasion [34]. Distant metastasis occurred in a significantly larger proportion of patients in the AB therapy group than in the HAIC therapy group, as systemic chemotherapy is preferred over locoregional therapy in patients with distant metastasis. To compensate for confounding variables, we performed PSM analyses. In total, 83 matches were selected, and the results were compared. After PSM analysis, no significant difference was observed between the two therapy groups. Considering that AB combination therapy has been confirmed as the first-line chemotherapy for patients with advanced HCC because of its safety and efficacy [35], this result may be further validated by future prospective studies.

The limitations of this study include its retrospective design. Several enrolled patients were previously treated with other therapies before being treated with AB therapy or HAIC; therefore, confounding variables may have affected our data and results, and temporal relationships may have been missed. Because of resource restrictions, we could not analyze the temporal relationships of treatments known to have immunomodulation effects, including transarterial chemoembolization and radiotherapy, with AB combination and HAIC therapies [36,37].

5. Conclusions

Before PSM, AB combination therapy appeared superior to HAIC therapy in terms of PFS but comparable in OS. However, after PSM, AB combination and HAIC therapies seemed to have similar efficacy. A prospective cohort study with a meticulous design can help elucidate accurate differences between current first-line systemic chemotherapy, AB therapy, and HAIC. Author Contributions: Conceptualization, P.S.S.; methodology, P.S.S. and J.H.K.; software, H.S.C. and J.-S.Y.; validation, P.S.S. and J.H.K.; formal analysis, P.S.S., J.H.K. and J.-S.Y.; investigation, J.H.K.; resources, J.S.O. and C.H.J.; data curation, J.W.H. and H.Y.; writing—original draft preparation, J.H.K.; writing—review and editing, J.H.K.; visualization, J.W.J., H.-C.N. and C.-W.K.; supervision, S.H.B., J.Y.C. and S.K.Y.; project administration, P.S.S., H.J.C., S.K. and J.A.; funding acquisition, P.S.S. and J.A. All authors have read and agreed to the published version of the manuscript.

Funding: This work was partly supported by a National Research Foundation of Korea (NRF) grant funded by the Korean government (MSIT) (2021R1C1C1005844) and the Research Fund of Seoul St. Mary's Hospital of the Catholic University of Korea (to P.S.S.). This work was also supported by the Basic Science Research Program through an NRF grant funded by the Ministry of Science and ICT (grant number: NRF-2019R1A2C3005212 to J.A.).

Institutional Review Board Statement: The study was conducted in accordance with the Declaration of Helsinki and approved by the Institutional Review Board of The Catholic Medical Center (XC23TIDI0015; 2023-04-06).

Informed Consent Statement: Written informed consent was obtained from all subjects involved in the study.

Data Availability Statement: The data presented in this study are available upon request from the corresponding author.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Villanueva, A. Hepatocellular carcinoma. N. Engl. J. Med. 2019, 380, 1450–1462. [CrossRef]
- Jemal, A.; Ward, E.M.; Johnson, C.J.; Cronin, K.A.; Ma, J.; Ryerson, B.; Mariotto, A.; Lake, A.J.; Wilson, R.; Sherman, R.L.; et al. Annual report to the nation on the status of cancer, 1975–2014, featuring survival. J. Natl. Cancer Inst. 2017, 109, djx030. [CrossRef]
- 3. Xu, J. Trends in liver cancer mortality among adults aged 25 and over in the United States, 2000–2016. *NCHS Data Brief* **2018**, *314*, 1–8.
- 4. Daher, D.; Dahan, K.S.E.; Singal, A.G. Non-alcoholic fatty liver disease-related hepatocellular carcinoma. *J. Liver Cancer* 2023, 23, 127–142. [CrossRef] [PubMed]
- Kawaguchi, T.; Tsutsumi, T.; Nakano, D.; Eslam, M.; George, J.; Torimura, T. MAFLD enhances clinical practice for liver disease in the Asia-Pacific region. *Clin. Mol. Hepatol.* 2022, 28, 150–163. [CrossRef]
- Cheng, A.L.; Qin, S.; Ikeda, M.; Galle, P.R.; Ducreux, M.; Kim, T.Y.; Lim, H.Y.; Kudo, M.; Breder, V.; Merle, P.; et al. Updated efficacy and safety data from IMbrave150: Atezolizumab plus bevacizumab vs. sorafenib for unresectable hepatocellular carcinoma. *J. Hepatol.* 2022, *76*, 862–873. [CrossRef]
- Kim, B.K.; Cheon, J.; Kim, H.; Kang, B.; Ha, Y.; Kim, D.Y.; Hwang, S.G.; Chon, Y.E.; Chon, H.J. Atezolizumab/bevacizumab vs. lenvatinib as first-line therapy for unresectable hepatocellular carcinoma: A real-world, multi-center study. *Cancers* 2022, 14, 1747. [CrossRef] [PubMed]
- Su, C.W.; Teng, W.; Lin, P.T.; Jeng, W.J.; Chen, K.A.; Hsieh, Y.C.; Chen, W.T.; Ho, M.M.; Hsieh, C.H.; Wang, C.T.; et al. Similar efficacy and safety between lenvatinib versus atezolizumab plus bevacizumab as the first-line treatment for unresectable hepatocellular carcinoma. *Cancer Med.* 2023, 12, 7077–7089. [CrossRef] [PubMed]
- 9. Casadei-Gardini, A.; Rimini, M.; Rimassa, L.; Burgio, V.; Kudo, M.; Tada, T.; Shimose, S.; Suda, G.; Yoo, C.; Cheon, J.; et al. Atezolizumab plus bevacizumab versus lenvatinib or sorafenib in non-viral unresectable hepatocellular carcinoma: An international study. J. Clin. Oncol. 2022, 40, 4069. [CrossRef]
- Rimini, M.; Rimassa, L.; Ueshima, K.; Burgio, V.; Shigeo, S.; Tada, T.; Suda, G.; Yoo, C.; Cheon, J.; Pinato, D.J.; et al. Atezolizumab plus bevacizumab versus lenvatinib or sorafenib in non-viral unresectable hepatocellular carcinoma: An international propensity score matching analysis. *ESMO Open* 2022, *7*, 100591. [CrossRef]
- 11. Chen, C.T.; Liu, T.H.; Shao, Y.Y.; Liu, K.L.; Liang, P.C.; Lin, Z.Z. Revisiting hepatic artery infusion chemotherapy in the treatment of advanced hepatocellular carcinoma. *Int. J. Mol. Sci.* **2021**, *22*, 12880. [CrossRef]
- Yoon, J.S.; Lee, H.A.; Kim, H.Y.; Sinn, D.H.; Lee, D.H.; Hong, S.K.; Cho, J.Y.; Choi, J.; Chang, Y.; Kong, H.J.; et al. Hepatocellular carcinoma in Korea: An analysis of the 2015 Korean Nationwide Cancer Registry. *J. Liver Cancer* 2021, *21*, 58–68. [CrossRef] [PubMed]
- 13. Obi, S.; Sato, S.; Kawai, T. Current status of hepatic arterial infusion chemotherapy. *Liver Cancer* **2015**, *4*, 188–199. [CrossRef] [PubMed]
- Sung, P.S.; Yang, K.; Bae, S.H.; Oh, J.S.; Chun, H.J.; Nam, H.C.; Jang, J.W.; Choi, J.Y.; Yoon, S.K. Reduction of intrahepatic tumour by hepatic arterial infusion chemotherapy prolongs survival in hepatocellular carcinoma. *Anticancer Res.* 2019, *39*, 3909–3916. [CrossRef] [PubMed]

- Lee, J.; Han, J.W.; Sung, P.S.; Lee, S.K.; Yang, H.; Nam, H.C.; Yoo, S.H.; Lee, H.L.; Kim, H.Y.; Lee, S.W.; et al. Comparative analysis of lenvatinib and hepatic arterial infusion chemotherapy in unresectable hepatocellular carcinoma: A multi-center, propensity score study. J. Clin. Med. 2021, 10, 4045. [CrossRef]
- Ueshima, K.; Ogasawara, S.; Ikeda, M.; Yasui, Y.; Terashima, T.; Yamashita, T.; Obi, S.; Sato, S.; Aikata, H.; Ohmura, T.; et al. Hepatic arterial infusion chemotherapy versus sorafenib in patients with advanced hepatocellular carcinoma. *Liver Cancer* 2020, 9, 583–595. [CrossRef]
- 17. Hatooka, M.; Kawaoka, T.; Aikata, H.; Inagaki, Y.; Morio, K.; Nakahara, T.; Murakami, E.; Tsuge, M.; Hiramatsu, A.; Imamura, M.; et al. Hepatic arterial infusion chemotherapy followed by sorafenib in patients with advanced hepatocellular carcinoma (HICS 55): An open label, non-comparative, phase II trial. *BMC Cancer* **2018**, *18*, 633. [CrossRef]
- Choi, J.H.; Chung, W.J.; Bae, S.H.; Song, D.S.; Song, M.J.; Kim, Y.S.; Yim, H.J.; Jung, Y.K.; Suh, S.J.; Park, J.Y.; et al. Randomized, prospective, comparative study on the effects and safety of sorafenib vs. hepatic arterial infusion chemotherapy in patients with advanced hepatocellular carcinoma with portal vein tumor thrombosis. *Cancer Chemother. Pharmacol.* 2018, *82*, 469–478. [CrossRef]
- Zhang, W.; Ouyang, D.; Huang, Z.; Che, X. Hepatic arterial infusion chemotherapy versus sorafenib for advanced hepatocellular carcinoma with portal vein tumor thrombus: An updated meta-analysis and systematic review. *Front. Oncol.* 2023, 13, 1085166. [CrossRef]
- Marrero, J.A.; Kulik, L.M.; Sirlin, C.B.; Zhu, A.X.; Finn, R.S.; Abecassis, M.M.; Roberts, L.R.; Heimbach, J.K. Diagnosis, staging, and management of hepatocellular carcinoma: 2018 Practice Guidance by the American Association for the Study of Liver Diseases. *Hepatology* 2018, 68, 723–750. [CrossRef]
- Korean Liver Cancer Association (KLCA); National Cancer Center (NCC) Korea. 2022 KLCA-NCC Korea practice guidelines for the management of hepatocellular carcinoma. J. Liver Cancer 2023, 23, 1126–1240. [CrossRef]
- 22. Finn, R.S.; Qin, S.; Ikeda, M.; Galle, P.R.; Ducreux, M.; Kim, T.Y.; Kudo, M.; Breder, V.; Merle, P.; Kaseb, A.O.; et al. Atezolizumab plus bevacizumab in unresectable hepatocellular carcinoma. *N. Engl. J. Med.* **2020**, *382*, 1894–1905. [CrossRef] [PubMed]
- Iwamoto, H.; Niizeki, T.; Nagamatsu, H.; Ueshima, K.; Nomura, T.; Kuzuya, T.; Kasai, K.; Kooka, Y.; Hiraoka, A.; Sugimoto, R.; et al. Survival benefit of hepatic arterial infusion chemotherapy over sorafenib in the treatment of locally progressed hepatocellular carcinoma. *Cancers* 2021, 13, 646. [CrossRef]
- Reig, M.; Forner, A.; Rimola, J.; Ferrer-Fàbrega, J.; Burrel, M.; Garcia-Criado, Á.; Kelley, R.K.; Galle, P.R.; Mazzaferro, V.; Salem, R.; et al. BCLC strategy for prognosis prediction and treatment recommendation: The 2022 update. *J. Hepatol.* 2022, 76, 681–693. [CrossRef]
- Cheon, J.; Yoo, C.; Hong, J.Y.; Kim, H.S.; Lee, D.W.; Lee, M.A.; Kim, J.W.; Kim, I.; Oh, S.B.; Hwang, J.E.; et al. Efficacy and safety of atezolizumab plus bevacizumab in Korean patients with advanced hepatocellular carcinoma. *Liver Int.* 2022, 42, 674–681. [CrossRef] [PubMed]
- Fulgenzi, C.A.M.; Cheon, J.; D'Alessio, A.; Nishida, N.; Ang, C.; Marron, T.U.; Wu, L.; Saeed, A.; Wietharn, B.; Cammarota, A.; et al. Reproducible safety and efficacy of atezolizumab plus bevacizumab for HCC in clinical practice: Results of the AB-real study. *Eur. J. Cancer* 2022, 175, 204–213. [CrossRef] [PubMed]
- Casadei-Gardini, A.; Rimini, M.; Tada, T.; Suda, G.; Shimose, S.; Kudo, M.; Cheon, J.; Finkelmeier, F.; Lim, H.Y.; Rimassa, L.; et al. Atezolizumab plus bevacizumab versus lenvatinib for unresectable hepatocellular carcinoma: A large real-life worldwide population. *Eur. J. Cancer* 2023, *180*, 9–20. [CrossRef]
- Persano, M.; Rimini, M.; Tada, T.; Suda, G.; Shimose, S.; Kudo, M.; Cheon, J.; Finkelmeier, F.; Lim, H.Y.; Rimassa, L.; et al. Clinical outcomes with atezolizumab plus bevacizumab or lenvatinib in patients with hepatocellular carcinoma: A multicenter real-world study. *J. Cancer Res. Clin. Oncol.* 2023, 149, 5591–5602. [CrossRef]
- 29. D'Alessio, A.; Weinmann, A.; Galle, P.R.; Fulgenzi, C.A.M.; Bettinger, D.; Bengsch, B.; Vogel, A.; Balcar, L.; Scheiner, B.; Navaid, M.; et al. Real-world use of atezolizumab plus bevacizumab in patients with hepatocellular carcinoma and Child-Pugh A and B cirrhosis. *J. Clin. Oncol.* **2022**, *40*, 393. [CrossRef]
- 30. Facciorusso, A.; Serviddio, G.; Muscatiello, N. Transarterial radioembolization vs chemoembolization for hepatocarcinoma patients: A systematic review and meta-analysis. *World J. Hepatol.* **2016**, *8*, 770–778. [CrossRef]
- 31. Song, M.J. Hepatic artery infusion chemotherapy for advanced hepatocellular carcinoma. *World J. Gastroenterol.* 2015, 21, 3843–3849. [CrossRef]
- Ahn, Y.E.; Suh, S.J.; Yim, H.J.; Seo, Y.S.; Yoon, E.L.; Kim, T.H.; Lee, Y.S.; Yim, S.Y.; Kim, H.R.; Kang, S.H.; et al. Comparison of sorafenib versus hepatic arterial infusion chemotherapy-based treatment for advanced hepatocellular carcinoma with portal vein tumor thrombosis. *Gut Liver* 2021, 15, 284–294. [CrossRef] [PubMed]
- Nishikawa, H.; Osaki, Y.; Kita, R.; Kimura, T. Hepatic arterial infusion chemotherapy for advanced hepatocellular carcinoma in Japan. *Cancers* 2012, 4, 165–183. [CrossRef] [PubMed]
- Song, D.S.; Song, M.J.; Bae, S.H.; Chung, W.J.; Jang, J.Y.; Kim, Y.S.; Lee, S.H.; Park, J.Y.; Yim, H.J.; Cho, S.B.; et al. A comparative study between sorafenib and hepatic arterial infusion chemotherapy for advanced hepatocellular carcinoma with portal vein tumor thrombosis. *J. Gastroenterol.* 2015, *50*, 445–454. [CrossRef]
- 35. D'Alessio, A.; Fulgenzi, C.A.M.; Nishida, N.; Schönlein, M.; von Felden, J.; Schulze, K.; Wege, H.; Gaillard, V.E.; Saeed, A.; Wietharn, B.; et al. Preliminary evidence of safety and tolerability of atezolizumab plus bevacizumab in patients with hepatocellular carcinoma and Child-Pugh A and B cirrhosis: A real-world study. *Hepatology* 2022, 76, 1000–1012. [CrossRef]

- 36. Kumari, S.; Mukherjee, S.; Sinha, D.; Abdisalaam, S.; Krishnan, S.; Asaithamby, A. Immunomodulatory effects of radiotherapy. *Int. J. Mol. Sci.* **2020**, *21*, 8151. [CrossRef] [PubMed]
- 37. Singh, P.; Toom, S.; Avula, A.; Kumar, V.; Rahma, O.E. The immune modulation effect of locoregional therapies and its potential synergy with immunotherapy in hepatocellular carcinoma. *J. Hepatocell. Carcinoma* **2020**, *7*, 11–17. [CrossRef]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.