

REVIEW

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Omega-6 polyunsaturated fatty acids and their metabolites: a potential targeted therapy for pulmonary hypertension

Jiayao Wang^{1,2†}, Shunlian Hu^{1,2†}, Yahan Xu^{1,2†} and Tao Wang^{1,2*}

Abstract

Pulmonary hypertension (PH) is a progressive and life-threatening cardiopulmonary disease that is not uncommon. The modulation of the pulmonary artery (PA) involves various fatty acids, including omega-6 polyunsaturated fatty acids (ω -6 PUFAs) and ω -6 PUFAs-derived oxylipins. These lipid mediators are produced through cyclooxygenase (COX), lipoxygenase (LOX), cytochrome P450 (CYP450), and non-enzymatic pathways. They play a crucial role in the occurrence and development of PH by regulating the function and phenotype of pulmonary artery endothelial cells (PAECs), pulmonary artery smooth muscle cells (PAMCs), pulmonary fibroblasts, alveolar macrophages, and inflammatory cells. The alterations in ω -6 PUFAs and oxylipins are pivotal in causing vasoconstriction, pulmonary remodeling, and ultimately leading to right heart failure in PH. Despite the limited understanding of the PH pathophysiology, there is potential for novel interventions through dietary and pharmacological approaches targeting ω -6 PUFAs and oxylipins. The aim of this review is to summarize the significant advances in clinical and basic research on omega-6 PUFAs and oxylipins in pulmonary vascular disease, particularly PH, and to propose a potential targeted therapeutic modality against omega-6 PUFAs.

Keywords Pulmonary hypertension, Polyunsaturated fatty acids, Oxylipins, Targeted therapy

Introduction

Pulmonary hypertension (PH) is a group of hemodynamic disorders characterized by pulmonary vascular remodeling, vasoconstriction, and thrombosis, ultimately leading to right heart failure and mortality [1]. PH can be classified into five clinical subgroups: pulmonary arterial hypertension (PAH), PH due to left heart disease, PH due to chronic hypoxic lung disease, chronic thromboembolic PH (CTEPH), and PH with unclear and/or multifactorial mechanisms [2]. Currently, approved medications for targeted treating PH mainly include prostacyclin analogs, prostacyclin receptor agonists, phosphodiesterase 5 inhibitors, endothelin-receptor antagonists, and cGMP activators [3]. Notably, the efficacy of prostacyclin analogs and prostacyclin receptor agonists is strongly

[†]Jiayao Wang, Shunlian HU and Yahan Xu contributed equally to this work.

*Correspondence:

Tao Wang
wt7636@126.com

¹Department of Respiratory and Critical Care Medicine, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, People's Republic of China

²The Center for Biomedical Research, Key Laboratory of Respiratory Disease, Tongji Hospital, Tongji Medical College, National Health Committee (NHC), Huazhong University of Science and Technology, Wuhan, People's Republic of China



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influenced by the levels of oxylipins derived from polyunsaturated fatty acids (PUFAs).

Oxylipins are a family of oxidized fatty acids that are produced from PUFAs through various pathways, including cyclooxygenase (COX), lipoxygenase (LOX), cytochrome P450 (CYP450), and non-enzymatic (NE) pathways [4, 5]. They serve as primary mediators of PUFAs' actions. PUFAs can be categorized into two families based on the position of the double bond on the methyl terminal (ω ; n-) end [6]. The predominant PUFAs include ω -3 PUFAs like α -linolenic acid (ALA, C18:3n3), eicosapentaenoic acid (EPA, C20:5n3), docosapentaenoic acid (DPA, C22:5n3), and docosahexaenoic acid (DHA, C22:6n3), as well as ω -6 PUFAs such as linoleic acid (LA, C18:2n6), dihomo- γ -linolenic acid (DGLA, C20:3n6), arachidonic acid (AA, C20:4n6), and adrenic acid (AdA, C22:4n6) [7] (Fig. 1). The ω -6 PUFAs and their metabolites have gained considerable attention in pulmonary vascular disease, particularly in PAH.

This review aims to summarize the current research efforts focusing on the molecular and cellular targets of ω -6 PUFAs and ω -6 PUFAs-derived oxylipins in the pathogenesis and progression of PH, and to propose a

potential targeted therapeutic modality against omega-6 PUFAs.

Pulmonary hypertension

The pathogenesis of PH is extremely complex, with multiple factors such as genetic mutations, immuno-inflammation, and vasoactive substance imbalance. The pathogenesis of PH mainly includes the following aspects:

Genetic factors

Genetics is a crucial factor in the pathogenesis of pulmonary hypertension. Notably, mutations in several genes, particularly BMPR2, have been implicated in the development of pulmonary hypertension (PH) [8]. The hiking of these genes affects the normal function of pulmonary vascular smooth muscle cells, leading to vascular structural abnormalities and remodeling.

Imbalance of vasoactive substances

Pulmonary vasoconstriction and diastole are co-regulated by systolic and diastolic factors secreted by the pulmonary vascular endothelium, the former mainly

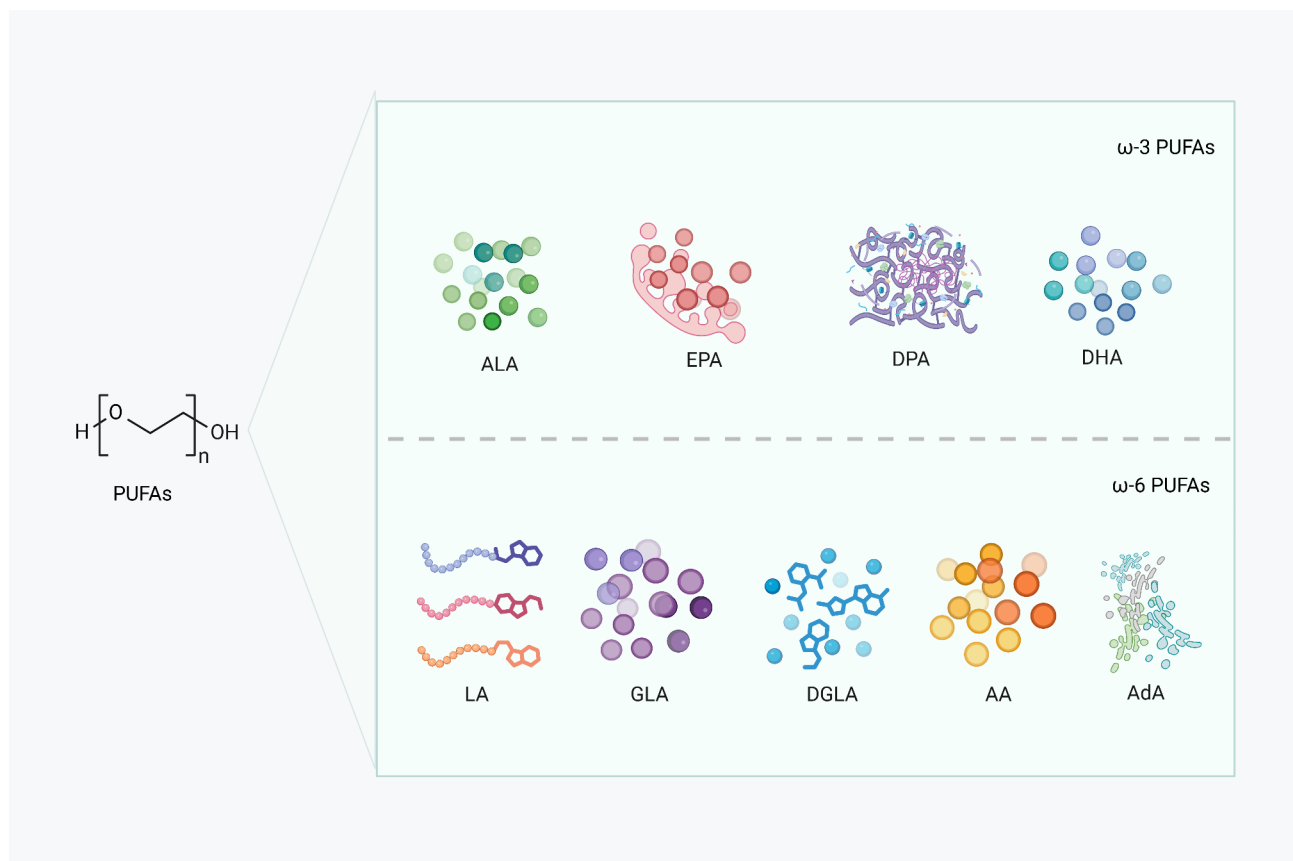


Fig. 1 The category of PUFAs. PUFAs: polyunsaturated fatty acids; ALA: α -linolenic acid; EPA: eicosapentaenoic acid; DPA: docosapentaenoic acid; DHA: docosahexaenoic acid; LA: linoleic acid; GLA: gamma-linolenic acid; DGLA: dihomo- γ -linolenic acid; AA: arachidonic acid; AdA: adrenic acid

endothelin-1 (ET-1), the latter mainly nitric oxide and prostacyclin.

Endothelin pathway The endothelin family mainly contains endothelin 1, 2, and 3. ET-1 is recognized as by far the most potent vasoconstrictor in the family and its receptors mainly include endothelin receptor A (ET RA) and endothelin receptor B (ET RB). The number of distribution of ET RA and ET RB varies in different tissues. The two receptors have different biological effects after binding to ET-1. ET-1 binds to ET RA to mediate the contraction and proliferation of VSMC, and binds to ET RB to mediate the diastole of VSMC.

NO pathway Nitric oxide (NO) is a principal mediator of endothelium-dependent vasodilation, generated through the enzymatic activity of endothelial nitric oxide synthase (eNOS) on L-arginine. This process results in the production of NO, which then diffuses to adjacent vascular smooth muscle cells (VSMCs) [9, 10]. There, it activates soluble guanylate cyclase, leading to the generation of cyclic guanosine monophosphate (cGMP) [11]. Cyclic guanosine monophosphate (cGMP) initiates the relaxation of vascular smooth muscle cells (VSMCs) by activating protein kinase G (PKG). This activation enhances the efflux of calcium ions (Ca^{2+}) from the cells and diminishes the sensitivity of contractile proteins to Ca^{2+} , leading to vasorelaxation. The enzyme phosphodiesterase-5 (PDE5) plays a critical role in terminating the vasodilatory effects of cGMP by breaking it down. A reduction in the activity of the NO-cGMP pathway, which is crucial for maintaining vascular tone, is a significant contributor to the increased pulmonary vasoconstriction characteristic of pulmonary hypertension (PH) [11].

Prostacyclin pathway Prostacyclin (PGI₂) is generated from arachidonic acid by the action of vascular endothelial cell cyclooxygenase and prostacyclin synthase. Endothelium-derived PGI₂ binds to the prostacyclin receptor (IP) in VSMC [12] and stimulates an increase in cyclic adenosine monophosphate (cAMP) through G-protein-coupled receptor signaling, activating protein kinase A (PKA), leading to a decrease in intracellular Ca^{2+} and enhanced vasodilation. PGI₂ also attenuates VSMC constriction and PVR through inhibition of Rho-kinase. Moreover, PGI₂ can target the nuclear peroxisome proliferator-activated receptor (PPAR) through endocytosis signaling, which regulates gene transcription, VSMC proliferation, and pulmonary vascular remodeling [13, 14]. When the above systolic and diastolic factors are imbalanced due to the expression of pulmonary vascular endothelial dysfunction, it may lead to pulmonary vascular smooth muscle contraction, thus causing pulmonary hypertension.

Mechanisms of inflammation and immune abnormalities

Abnormal immunoinflammation is an important part of the mechanism by which vascular remodeling occurs in PH, and a large number of studies have confirmed the massive infiltration of immune cells around the pulmonary vasculature and the deposition of complement, immunoglobulin, and inflammatory factors in patients with PH and animal models [15]. Additionally, there is a notable increase in the levels of various cytokines and the presence of specific autoantibodies in the peripheral blood of patients with PH. These findings indicate that altered immune cell function and the dysregulation of cytokine release significantly contribute to the pulmonary vascular remodeling observed in PH.

Abnormal energy metabolism

Recent studies have underscored metabolic irregularities, especially in glucose metabolism, within the pulmonary vascular wall cells in pulmonary hypertension (PH). Normally, these cells primarily generate energy through oxidative phosphorylation. The Warburg effect, characterized by a switch from aerobic phosphorylation to aerobic glycolysis in tumor cells—even when oxygen is abundant—is a distinct metabolic phenomenon. This shift is marked by an increased reliance on glycolysis for energy production, a feature often linked to cancer cell metabolism. Studies have also found that pulmonary vascular wall cells in PH display glucose metabolism anomalies similar to those in tumor cells, with increased glucose uptake and utilization observed in the lungs of PH patients and animal models, as evidenced by 18 F-FDG-PET imaging [16], and this aberrant metabolic switching promotes pulmonary artery smooth muscle cells (PASMC) proliferation and extracellular matrix production, which in turn drives pulmonary vascular remodeling [17, 18].

The above factors will combine to cause pulmonary vasoconstriction and pulmonary vascular remodeling.

Oxylipins and pulmonary hypertension

Evidence suggests a close link between oxylipins and various types of pulmonary hypertension (PH). Notably, oxylipins can have similar or opposing effects on specific pulmonary artery cells, underscoring the importance of maintaining their balance for pulmonary microenvironment stability (Fig. 2). For instance, elevated levels of oxylipins like PGE₁, PGE₂, and PGF₂ α are associated with the severity of PH from bronchopulmonary dysplasia [19]. In severe PH patients, lung tissue levels of 5-oxo-eicosatetraenoic acid, 5-HETE, 12-HETE, and 15-HETE are significantly elevated [20]. Among PH patients with a lower PGI₂/TXB₂ ratio, those with high levels of 12-HETE and 15-HETE have worse survival rates [21]. Additionally, urinary excretion of 11-dehydro-TXB₂ is

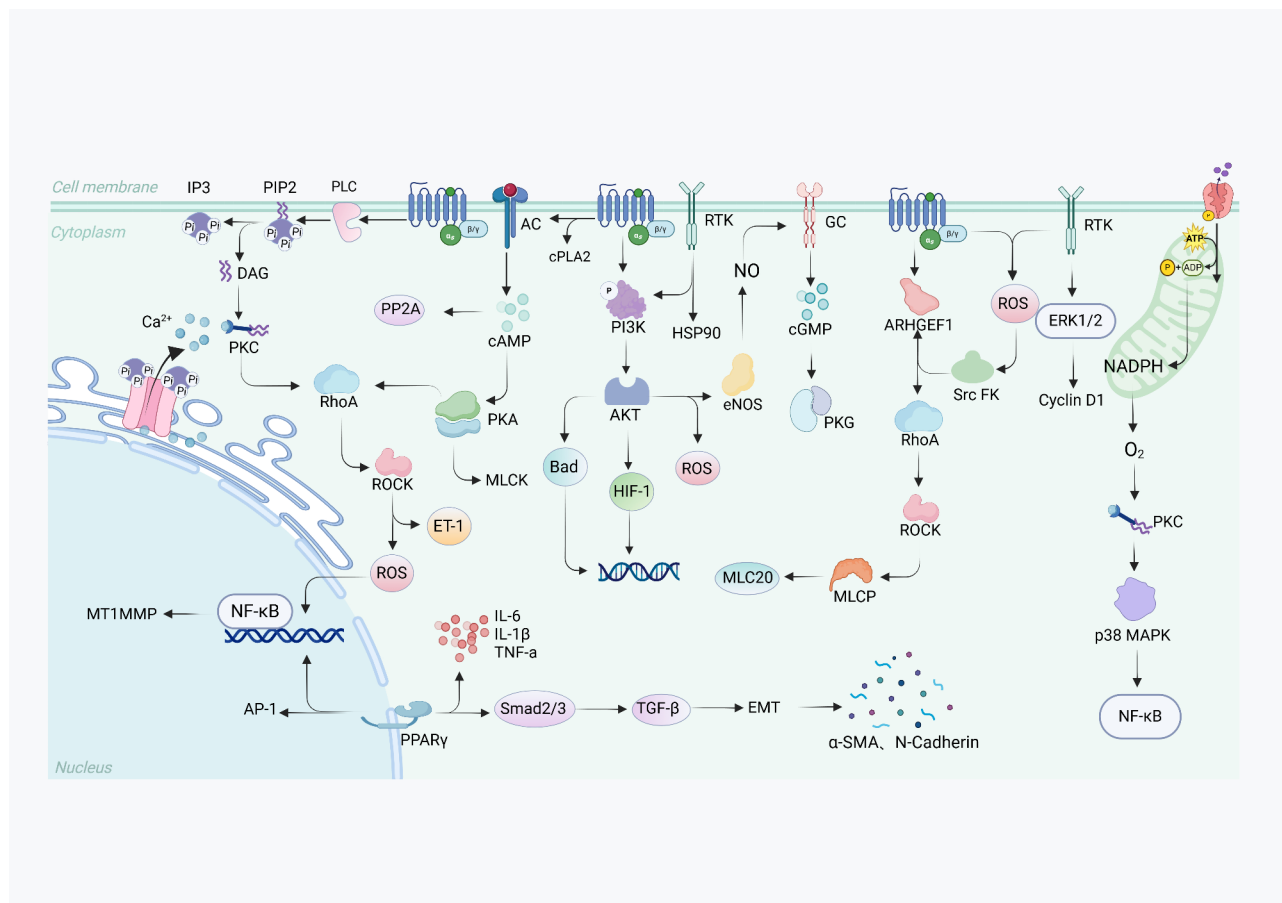


Fig. 2 The ω -6 PUFAs and their metabolites in pulmonary hypertension. AC: adenylate cyclase; AKT: protein kinase B; ARHGEF1: rho guanine nucleotide exchange factor 1; DAG: diacylglycerol; EMT: endothelial to mesenchymal transition; eNOS: endothelial nitric oxide synthase; GC: guanylate cyclase; IP3: inositol 1,4,5-trisphosphate; MAPK: mitogen-activated protein kinase; MT1MMP: matrix metalloproteinase-1; NF- κ B: nuclear factor kappa-light-chain-enhancer of activated B cells; PIP2: phosphatidylinositol 4,5-bisphosphate; PI3K: phosphatidylinositol 3-kinase; PKA: protein kinase A; PKC: protein kinase C; PKG: protein kinase G; RhoA: ras homolog gene family member A; ROCK: Rho-associated coiled-coil-containing protein kinase; ROS: reactive oxygen species; Src Fk: src family kinase

elevated in PH patients, while 2,3-dinor-6-keto-prostaglandin F_{1α} is decreased [22]. These findings indicate varying roles for oxylipins in PH, warranting further research to clarify their underlying mechanisms.

ω-6 polyunsaturated fatty acids and their metabolites Oxylipins

Linoleic acid (LA) and LA-derived Oxylipins

The bioactivities of LA and LA-derived oxylipins in PH are shown in Table 1.

Linoleic acid

Linoleic acid (LA) is a key polyunsaturated C18 fatty acid from dietary lipids, vital for cell membrane synthesis and cardiovascular health. It can increase cyclic adenosine monophosphate (cAMP) in pulmonary fibroblasts, indicating involvement in cell proliferation and extracellular matrix deposition [23]. Pulmonary hypertension (PH) involves abnormal responses in the pulmonary vascular

endothelial layer, including proliferation, inflammation, and apoptosis of pulmonary artery endothelial cells (PAECs). Linoleic acid (LA) disrupts endothelial barrier function by enhancing albumin transfer between endothelial monolayers [24]. Additionally, LA exhibits proinflammatory properties by inducing DNA binding activity of nuclear factor- κ B (NF- κ B) and up-regulating the expression and production of interleukin-6 (IL-6) in PAECs [25, 26]. It may also influence pulmonary vessel contraction by reducing prostacyclin and increasing endothelial nitric oxide synthase (eNOS) activity [27, 28]. Furthermore, LA has been observed to decrease the expression and activation of PPAR γ [29], which is known for its critical role in repairing DNA damage and reversing experimental pulmonary hypertension. Exposure to LA has been shown to increase intracellular calcium, nitric oxide, tetrahydropterin levels, and E-selectin expression in PAECs [30]. Collectively, these mechanisms suggest that LA may contribute to PA

Table 1 Biological activities of LA and LA-derived oxylipins in PH

Metabolite	Cell Type	Pathways	Biological process
Linoleic acid	Fibroblasts	Increases the level of cAMP	Cell proliferation and ECM deposition
	PAECs	Inducing DNA binding activity of NF-κB and upregulate IL-6 expression	Cell inflammatory
		Decrease PPARγ expression	Cell inflammatory
		Increases the transfer of albumin	The destruction of endothelial barrier function
		Decrease the produce of PGI2, PGE2 and PGF2α	The contraction of pulmonary blood vessels
13-HODE	VSMCs	Increased intracellular calcium and peroxynitrite expression	Cell inflammatory
		Increasing caspase-3 activity and inducing Annexin V binding and DNA fragmentation	Apoptosis
		Promoting calcium entry into cells	Vasoconstrictor
HPODE	PAECs	Reducing the proteoglycan metabolism of endothelial monolayers	The destruction of pulmonary artery endothelial barrier
9-HODE	Macrophages	Inhibiting the scavenging of ROS	Oxidative stress

inflammation, oxidative stress, cytotoxicity, and endothelial dysfunction.

Interestingly, LA can have varying and sometimes opposite effects on different blood vessels, and it is not yet fully understood whether these effects play a role in the development and progression of pulmonary hypertension.

LA Oxylipins from LOX pathway

13-HODE, derived from LA through the action of 15-LOX, functions as a vasoconstrictor in vascular smooth muscle cells by facilitating calcium entry. This process is believed to be mediated by 13-HODE's ability to increase cGMP levels in PASMCs, subsequently leading to a rise in intracellular calcium concentration ([Ca2+]i) through cGMP kinase-dependent L-type channel activation [31]. Furthermore, 13-HODE has been shown to attenuate the adhesion between thrombin-activated platelets and PAECs [32].

Hydroperoxy linoleic acid (HPODE) is an oxylipin that is produced from LA through the LOX pathway. HPODE has been found to reduce the metabolism of proteoglycans in endothelial monolayers and contribute to the disruption of pulmonary artery endothelial barrier function [33]. This suggests that HPODE may have a role in mediating endothelial dysfunction in the context of PH.

γ-Linolenic acid (GLA)

Diets rich in gamma-linolenic acid (GLA) have shown positive effects on pulmonary arterial hypertension (PAH) by increasing levels of PGE1 and 15-HETrE, which help reduce pulmonary inflammation and fibrosis [34]. Additionally, GLA protects the lung and heart from PAH and right ventricular failure [35]. These findings suggest that GLA may hold potential as a targeted treatment for PH.

Dihomo-γ-linolenic acid (DGLA) and DGLA-derived Oxylipins

DGLA Oxylipins from the COX pathway

Prostaglandin E1 (PGE1), synthesized from DGLA via the COX pathway, is a potent pulmonary vasodilator with therapeutic benefits for various pulmonary hypertension (PH) conditions. It notably reduces mean pulmonary artery pressure (PAP) and vascular resistance [36–40], thereby improving oxygenation and cardiopulmonary function in patients with severe PH [39, 41, 42]. PGE1 decreases vascular wall muscularization and the expression of von Willebrand factor (VWF) and PCNA in MCT-induced PH rats, leading to reduced PAP and right ventricular hypertrophy [43]. It also inhibits PASMC migration and proliferation through the CREB/PTEN signaling pathway, preventing pulmonary remodeling [44, 45]. However, it is worth noting that P J Pasricha et al. have suggested that PGE1 and PGE2 may stimulate rather than inhibit the proliferation of PASMCs [46].

Mesenchymal stem cells (MSCs) have emerged as a promising therapeutic option for PAH treatment [47]. PGE1 has been found to modulate MSC properties by regulating the hypoxia-inducible factor (HIF) pathway, thereby enhancing the therapeutic potential of MSCs in PAH [48].

DGLA Oxylipins from LOX pathway

While 15-hydroxy eicosatrienoic acid (15-HETrE) is widely acknowledged for its anti-inflammatory properties and its ability to mitigate lung inflammation and fibrosis caused by bleomycin [34], its precise role in the regulation of pulmonary hypertension (PH) is currently the subject of intense investigation.

Arachidonic acid (AA)-derived Oxylipins

COX pathway

Cyclooxygenase (COX) is pivotal for the conversion of arachidonic acid (AA) into prostaglandins (PGs) like PGI₂, PGE₂, PGD₂, and PGF₂α, as well as thromboxane.

Thromboxane A₂ (TXA₂), synthesized from AA via COX and thromboxane synthase 1 (TBXAS1), regulates pulmonary artery (PA) tension, promoting platelet aggregation, vasoconstriction, and cell mitosis. Increased TXA₂ or the TXA₂/PGI₂ ratio in PAECs leads to PA constriction [49]. TXA₂-induced pulmonary vasoconstriction is mediated through several mechanisms (Fig. 3). It inhibits Na⁺/K⁺-ATP activity [50, 51], inhibits voltage-gated potassium channel (K_v) currents [52, 53] and activates the PKCα–p38MAPK–Giα(alpha subunit of Gi)- cPLA₂ pathway to leading to an increase in [Ca²⁺]_i [54]. Additionally, it also activates the PKCζ-K(V)-L-type Ca²⁺ channel and modulates endothelial nitric oxide synthase (eNOS) through H₂O₂ and AKT pathways, all of which contribute to pulmonary vasoconstriction [55, 56]. Mechanistically, TXA₂ promotes proliferation, contraction, and oxidative stress in PASMCs, leading to PA

remodeling. For instance, the TXA₂ mimetic U46619 activates the p38MAPK–NFκB–MT1MMP pathway in PASMCs, resulting in extracellular matrix degradation and cell proliferation [57, 58]. Moreover, TXA₂ induces reactive oxygen species (ROS) production and src family kinase auto-phosphorylation, activating RhoA to promote cell contraction [59].

TXB₂, the primary and stable metabolite of TXA₂, is commonly used to assess the impact of TXA₂. Its concentration in the bloodstream is notably elevated during PH [60]. The increased levels of 2,3-dinor-6-oxo-PGF₁α and 2,3-dinor-TXB₂ (major metabolites of thromboxane A₂) in the urine of newborns with infective persistent PH suggest that TXB₂ may serve as a mediator of this condition [61]. However, the precise role of TXB₂, whether it acts as a cause or a consequence, remains unclear.

There are two types of PGs: classic PGs and cyclopentenone PGs (cyPGs). The latter category includes PGJ₂, PGA₁, PGA₂, and metabolites of PGJ₂ such as Δ¹²-PGJ₂ and 15-deoxy-Δ^{12,14}-prostaglandin J₂ (15d-PGJ₂) [62]. The roles of classical PGs and cyclopentenone PGs

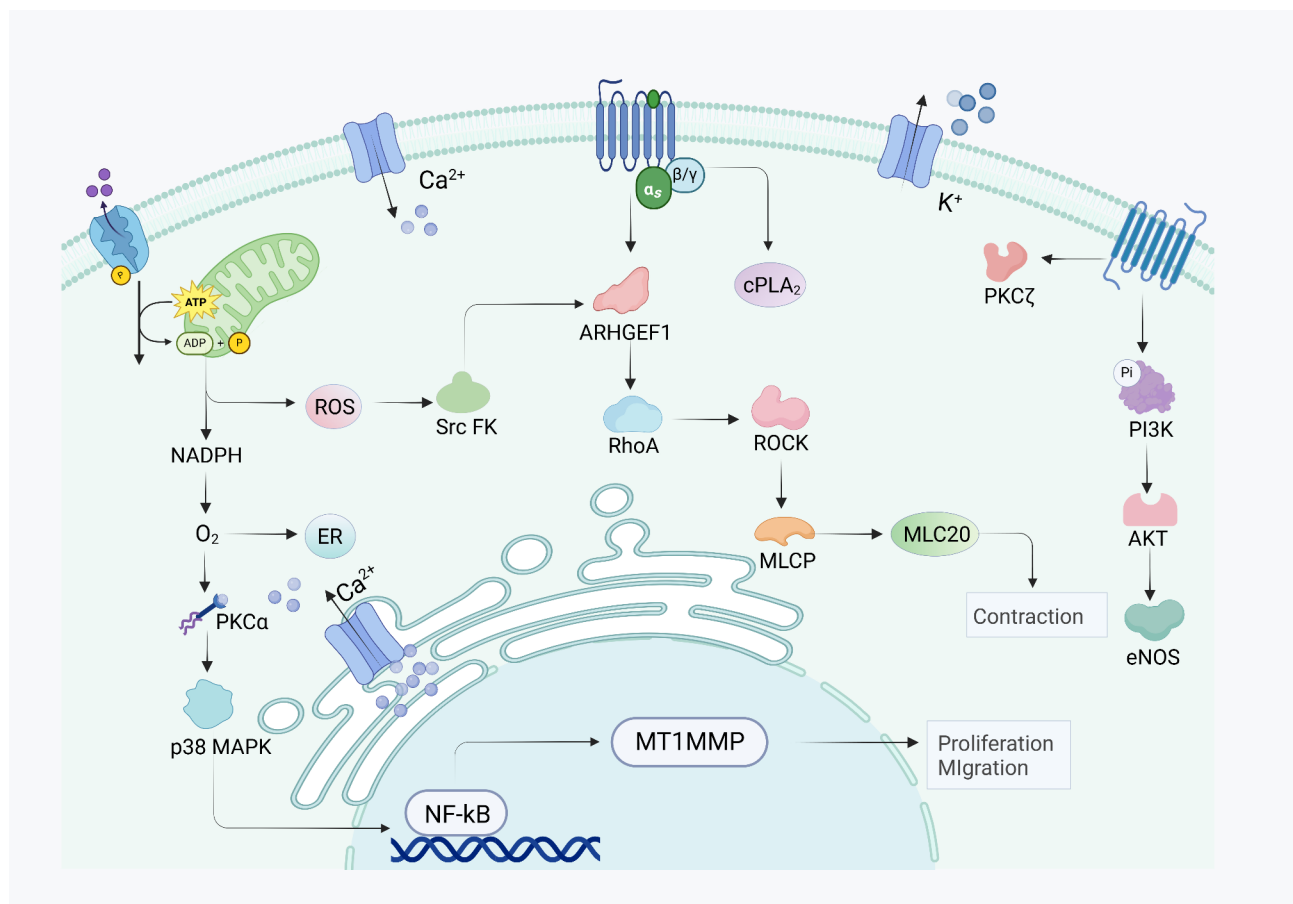


Fig. 3 TXA₂ in pulmonary hypertension. ARHGEF1: rho guanine nucleotide exchange factor 1; MT1MMP: matrix metalloproteinase-1; PKC: protein kinase C; Src FK: src family kinase

(cyPGs) in the pulmonary vasculature are shown in Table 2.

PGH2, a crucial intermediate substance in the COX metabolic pathway where AA plays a pivotal role, is another significant mediator of pulmonary vasoconstriction [63, 64].

PGE2, a lipid signaling molecule known for its involvement in pain and inflammation, is a primary product of COX in human PASMCs. This molecule has been shown to bolster the barrier function of human pulmonary microvascular endothelial cells, which results in a decrease in vascular permeability [65]. This decrease in vascular permeability is a fundamental characteristic of inflammation. It is widely recognized that in acute hypoxic pulmonary arterial hypertension, PLA2 triggers the release of inflammatory mediators. Furthermore, there exists a positive correlation between PLA2 activity and PGE2 [66].

PLA2 is known to release inflammatory mediators in acute hypoxic pulmonary arterial hypertension, showing a positive correlation with PGE2 levels [66]. PGE2, mediated by cPLA2, is crucial for generating the cAMP signal that induces COX-2 expression [67, 68]. Additionally, it also mitigates lung dysfunction from endotoxemia by inhibiting inflammatory responses in neutrophils and lymphocytes, reducing TXB2, 6-keto-PGF1 α , and LTB4 levels [69]. Interestingly, Conversely, endotoxins may increase PGI2 and PGE2 release, enhancing protein and

neutrophil influx into alveoli, though the reasons for these discrepancies remain debated [70, 71]. In newborn lambs, low oxygen increases COX-1 activity, promoting PGI2 and PGE2 synthesis in pulmonary artery segments and PAECs [72]. Insufficient production of PGI2 and PGE2 may contribute to changes in vascular tension and vascular remodeling [73]. Additionally, inhibiting PI3K and p38 MAPK reduces PGE2 release by affecting COX activity [74]. There appears to be a positive feedback loop between COX-2 and PGE2, with COX-2 being a key source of prostanoids in inflammatory and proliferative diseases [75]. Furthermore, PGI2 has a clinical association with effective bronchodilation through EP4 receptor activation. PGE2 can dilate the human pulmonary vein by activating the EP4 receptor [76]. Notably, EP4 receptor expression is significantly reduced in the bronchi of group III pulmonary hypertension patients, suggesting that restoring its expression could benefit these patients [77]. In idiopathic pulmonary fibrosis (IPF), PGE2 shows antifibrotic effects by limiting fibroblast proliferation, migration, and collagen secretion [78–80]. However, further research is required to determine whether PGE2 affects the pathophysiology of PH by regulating pulmonary adventitial fibroblasts.

Prostaglandin F2 α (PGF2 α), a stable vasoactive compound produced by COX, is essential for regulating various physiological and pathological processes. It is involved in smooth muscle contraction,

Table 2 Classic PGs and cyclopentenone PGs (cyPGs) in pulmonary vascular

Metabolite	Cell Type	Biological mechanism	Biological process
PGE1	PASMCs	Activating the IP receptor and the phosphorylated CREB/PTEN/pAKT signaling pathway	Inhibiting migration and proliferation
	Mesenchymal stem cells	Increased the levels of HIF-1 α	Reducing MSC apoptosis and increasing migration
PGE2	Neutrophils and lymphocytes	Reducing the level of TxB2, 6-keto-PGF1 α , and LTB4	Anti-inflammatory
	Fibroblasts	Disrupting Ca2+ signaling	Anti-profibrotic
	Endothelial cells	Activating the EP4 receptor	Enhance the barrier function
	PASMCs	Generating the cAMP signal	Inhibiting proliferation and migration
PGF2 α	PASMCs	Activating the TP receptors and FP receptors to raise [Ca2+]i	Vasoconstriction
	PASMCs	Activating the srcFK/Rho/MYPT-1 pathway	Cell contraction
	PASMCs	Upregulating the expression NADPH and gp91phox	Vasoconstriction
PGI2	PASMCs	Activating the IP receptor and up-regulating of FAS ligand	Promoting apoptosis
	PASMCs	Increasing the intracellular cAMP	Inhibiting proliferation and migration, inhibiting pulmonary vasoconstriction
PGD2	PASMCs	Activating the DP1/PKA/mTORC1 pathway	Cell hypertrophy and proliferation
	Fibroblasts	Activating the DP receptor/PKA/cAMP pathway	Inhibiting chemotaxis and migration
	Fibroblasts	Activating the DP receptor/cAMP pathway	Inhibiting TGF- β -induced collagen
8-epi-PGF2 α	PASMCs	Activating the PKC/RhoA/ROCK pathway	Oxidative stress
	Endothelial cells	Oxidant-mediated alterations in monolayer barrier function	Monolayer barrier dysfunction
	Fibroblasts	Stimulating NOX4 expression and ROS generation	Proliferation and collagen synthesis
PGA2	PAECs	Activating the EP4 receptor and inhibiting the NF- κ B pathway	Anti-inflammatory
	PAECs	Activating the EP4 receptor - Rap1/Rac1 GTPase	Barrier-protective
15d-PGJ2	PAECs	Activating the PPAR- γ and inhibiting NF- κ B activation	Anti-inflammatory

vasoconstriction of blood vessels and bronchi, and inflammatory responses. In endotoxin-induced acute lung injury, PGF 2α , along with thromboxane A $_2$ (TXA $_2$), can elevate pulmonary artery pressure (PAP), increase airway resistance, and decrease lung compliance [81]. The vasoconstrictive effects of PGF 2α on pulmonary arteries are mediated through TP receptors [82–84] and involve calcium influx via a nonselective cation channel and an L-type calcium channel [85, 86]. In PSMCs, PGF 2α activates srcFK-dependent Rho-kinase translocation and MYPT-1 phosphorylation, which contribute to calcium sensitization and contraction [87]. Additionally, PGF 2α promotes the formation of superoxide and upregulates the expression of the NADPH oxidase subunit (gp91phox) in both PSMCs and PAECs [88].

PGI $_2$, derived from arachidonic acid via COX-2 and PTGIS, has beneficial effects such as inhibiting platelet aggregation, vasodilation, and anti-inflammatory properties [89, 90]. In severe pulmonary hypertension (PH), decreased levels of PGI $_2$ and related enzymes are linked to right ventricular fibrosis, pulmonary vasoconstriction, inflammation, proliferation of PSMCs and dysfunction of PAECs [90, 91]. The protective effects of PGI $_2$ and its analogues in PH are well established. PGI $_2$ induces PSMC apoptosis through the IP receptor and increases intracellular cAMP, facilitating vasodilation [92]. PGI $_2$ also stimulates adenylate cyclase in PSMCs, resulting in increased intracellular cAMP levels and subsequent vasodilation [93]. Similarly, IP receptor agonists, which elevate intracellular cAMP levels, are used in the treatment of PH to inhibit pulmonary vasoconstriction, PSMC proliferation, and extracellular matrix synthesis [94]. Additionally, the NNMT-MNA pathway, associated with 6-keto-PGF 1α , also provides protective effects in idiopathic pulmonary arterial hypertension (IPAH) [95].

PGD $_2$ is derived from AA through the action of COX and two PGD $_2$ synthases (PGDS): lipocalintype PGDS (L-PGDS) and hematopoietic PGDS (H-PGDS) [96]. Recent research by Jia et al. has shown that reduced expression of H-PGDS in infiltrating lung macrophages can lead to decreased PGD $_2$ production, exacerbating hypoxia/SU5416-induced PH in mice [97]. Furthermore, PGD $_2$ exerts vasodilatory effects through DP1 (D prostanoid receptor subtype 1) and mitigates hypoxia-induced pulmonary remodeling and PH via the PKA/mTORC1 pathway [98]. Elevated levels of PGD $_2$ metabolite (PGD-M) in the urine of patients with primary PH suggest macrophage activation [99], which may drive inflammatory responses. Furthermore, PGD $_2$ has been shown to inhibit the migration [100] and collagen secretion of lung fibroblasts by activating DP receptors [100]. It also inhibits the metalization of fibroblasts induced by TGF- β [101, 102]. However, PGD $_2$ does not improve PAP and oxygenation in newborns with persistent

pulmonary hypertension syndrome [103]. Overall, these findings emphasize the crucial role of PGD $_2$ in PH pathophysiology.

Iso-prostaglandins, such as 8-isoprostane (also known as 8-epi-PGF 2α) and 8-iso-PGF 2α (also known as 8-iso-prostaglandin F 2α), are prostaglandins that originate from the non-enzymatic peroxidation of esterified AA. This process occurs due to the presence of free radicals and reactive oxygen species (ROS). These iso-prostaglandins exert their effects by binding to the thromboxane receptor (TP).

Malonaldehyde (MDA), 4-hydroxynonenal (HNE), and 8-isoprostane are key indicators of lipid peroxidation linked to oxidative damage in cells. In conditions such as high-altitude pulmonary edema and endotoxin-induced pulmonary hypertension (PH), levels of 8-iso-PGF 2α increase due to oxidative stress and inflammation [104, 105]. Studies in animal models have shown that increased 8-isoprostane levels contribute to PH and right ventricular hypertrophy, particularly in newborn rats exposed to hyperoxia. This effect involves the activation of the PKC/RhoA/ROCK pathway, leading to increased endothelin-1 production and oxidative stress in PSMCs [106, 107]. Additionally, 8-isoprostane stimulates the release of calcium signals and promotes the accumulation of superoxide anion in PSMCs, resulting in pulmonary vasoconstriction [108, 109]. Furthermore, 8-isoprostane has been found to disrupt the monolayer barrier function of vascular endothelial cells [110]. It also stimulates proliferation, collagen synthesis, expression of NADPH oxidase 4 (NOX4), and production of reactive oxygen species (ROS) in human lung fibroblasts [111]. These findings suggest that 8-isoprostane play an essential role in lung tissue inflammation and damage of hypoxia-related PH in humans. Another iso-prostaglandin, 8-iso-PGF 2α , acts as a vasoconstrictor at high concentrations and a vasodilator at lower concentrations, highlighting its dual role [112].

CyPGs have been found to possess various beneficial properties, including the suppression of inflammatory responses, inhibition of proliferation and angiogenesis, and promotion of apoptosis. For instance, PGA $_2$ enhances the barrier function of endothelial cells by inhibiting the inflammatory signal transduction induced by lipopolysaccharide (LPS) and inhibiting the expression of the NF- κ B pathway and adhesion molecules ICAM-1 and VCAM1 in PAECs [113].

Similarly, 15d-PGJ $_2$, act as the ligand of PPAR γ , exhibits anti-inflammatory, anti-proliferative, anti-fibrotic, cytoprotective, and catabolic effects in lung tissue, and plays a protective role in lung injury induced by endotoxin, bleomycin, and influenza virus [114–117]. Additionally, 15d-PGJ $_2$ promotes the release of nitric oxide (NO) from PAECs in a manner independent of eNOS

expression [118]. However, further research is necessary to fully explore the unique therapeutic characteristics of cyPGs and to develop them as potent anti-inflammatory and anti-proliferative drugs.

In neonatal rats afflicted with persistent pulmonary hypertension (PH), the expression level of 6-keto-prostaglandin F1 α (6-keto-PGF1 α), a stable metabolite of prostacyclin, is elevated relative to the control group [119]. This upregulation may represent an adaptive mechanism aimed at countering the increased vascular resistance associated with PH.

LOX pathway

Lipoxygenase (LOX) plays a role in converting arachidonic acid (AA) into inflammatory lipid mediators, specifically hydroxyeicosatetraenoic acids (HETEs) and leukotrienes (LTs). These molecules are involved in oxidative stress, inflammation, and microvascular dysfunction in pulmonary arterial. One important enzyme, 5-lipoxygenase (5-LO), catalyzes the production of LTs, which have diverse pathological effects contributing to the development of pulmonary hypertension (PH). For instance, one major LTs called LTB4 has been identified as a regulator for various cell types observed in PAH, such as PSMCs, PAECs, and pulmonary fibroblasts.

LTB4 induces proliferation in PSMCs and apoptosis in PAECs, activates fibroblasts in the pulmonary adventitia, and ultimately leads to vascular remodeling [120–122].

15-Hydroxyeicosatetraenoic acid (15-HETE), derived from arachidonic acid (AA) through the action of 15-lipoxygenase (15-LO), is implicated in pulmonary vascular remodeling and the development of pulmonary hypertension (PH) via a multitude of complex and interwoven mechanisms (Table 3). It promotes proliferation and phenotypic changes in PSMCs and PAECs, while also protecting PSMCs from apoptosis. Additionally, 15-HETE also enhances thrombosis and inflammation in pulmonary arteries. In PSMCs, it promotes the expression of sirtuin-1 (SIRT1) [123] and activates the PDGFR β /15-LO-2/15-HETE signaling pathway, facilitating cell survival and proliferation [124]. Correspondingly, It inhibits hypoxia-induced apoptosis through positive feedback with hypoxia-inducible factor-1 α (HIF-1 α) and by activating ROCK, PI3K/AKT, and p38MAPK pathways [125–128]. Additionally, it upregulates inducible nitric oxide synthase (iNOS) and influences K⁺ channel activity, reinforcing anti-apoptotic effects during hypoxia [129, 130]. Other than that, 15-HETE is associated with hypoxia-induced phenotypic changes in PSMCs, which involves activation of 15-LO/15-HETE-BMP4/

Table 3 15-HETE in pulmonary vascular.

	Biological mechanism	Biological process
15-HETE	promoting the transcription and translation of sirtuin-1	Promoting PSMC survival
	activating the platelet-derived growth factor- β receptor (PDGFR β)/15-LO-2/15-HETE signaling pathway	Promoting PSMC proliferation and survival
	forming a positive feedback loop with hypoxia-inducible factor-1 α (HIF-1 α) and by activating the ROCK, PI ₃ K/AKT, and p38MAPK pathway	Inhibiting hypoxia-induced apoptosis of PSMCs
	up-regulating the expression of inducible nitric oxide synthase (iNOS) and suppressing the K ⁺ channel activation	Reinforcing the hypoxia-induced anti-apoptosis effect in PSMCs
	activating of 15-LO/15-HETE-BMP4/BMPRI and its downstream ERK and p38MAPK pathways	Hypoxia-induced phenotypic changes in PSMCs
	upregulating of the p38MAPK/EGR-1/FGF-2/TGF- β 1 pathway in fibroblasts	Regulating pulmonary adventitial fibroblasts (PAFs) phenotypic changes and cell proliferation
	activating the 15-LO/15-HETE induced p38MAPK-dependent TGF- β 1/Smad2/3 signal pathway	Adventitia fibrosis and phenotypic alterations of fibroblasts
	STAT3-mediated MMP-2 expression	Migration of pulmonary adventitia fibroblasts
	activating of the STAT3 signaling pathway	Proliferation of PAECs
	positive feedback loop involving placenta growth factor (PIGF), 15-LO, and 15-HETE	Proliferation and migration of PAECs
	Rho-kinase and p38 MAPK pathways	Migration of PAECs and the proliferation of p PSMCs
	upregulating the expression of matrix metalloproteinase-2 (MMP-2) and matrix metalloproteinase-9 (MMP-9)	Regulateing the proliferation、 migration、 and cell cycle transition of PAECs, the migration of fibroblasts, thereby promoting angiogenesis
	positive interaction between 15-LO/15-HETE and NF- κ B	Inducing apoptosis of cytotoxic T cell-dependent PAECs;promoting monocyte/macrophage infiltration

5-LO/15-HETE signaling pathway	Platelet activation and thrombosis
inhibiting whole-cell K currents mediated by the PKC signal 2 pathway, mediates ERK1/2 activation and caldesmon phosphorylation, induces PKC- δ and PKC- translocation, affects intracellular Ca ²⁺ concentration, and influences the expression of Rho-associated serine/threonine kinase (ROCK)	Hypoxic pulmonary vasoconstriction

BMPRI and its downstream ERK and p38MAPK pathways [131]. Secondly, it has been observed that 15-HETE induces the upregulation of the p38MAPK/EGR-1/FGF-2/TGF- β 1 pathway in fibroblasts, which contributes to the regulation of pulmonary adventitial fibroblasts (PAFs) phenotypic changes and cell proliferation [132]. Beyond this, the activation of the 15-LO/15-HETE induced p38MAPK-dependent TGF- β 1/Smad2/3 signal pathway is crucial for adventitia fibrosis and phenotypic alterations of fibroblasts [133]. 15-HETE also stimulates migration of pulmonary adventitia fibroblasts through STAT3-mediated MMP-2 expression [134]. In PAECs, it promotes proliferation via STAT3 signaling and facilitates PAEC migration and PASMCM proliferation under hypoxia [135]. A positive feedback loop involving placenta growth factor (PlGF), 15-LO, and 15-HETE induces the proliferation and migration of PAECs [136]. Also, during hypoxia, 15-HETE promotes the migration of PAECs and the proliferation of PSMCs via the Rho-kinase and p38 MAPK pathways [137, 138]. 15-HETE is involved in angiogenesis by regulating matrix metalloproteinases (MMP-2 and MMP-9), and it promotes inflammation through interactions with cytotoxic T cells and macrophages [139]. The involvement of 15-HETE in pulmonary artery inflammation includes inducing apoptosis of cytotoxic T cell-dependent PAECs [140] and promoting monocyte/macrophage infiltration through a positive interaction between 15-LO/15-HETE and NF- κ B [141]. It contributes to thrombosis and vasoconstriction in PH, with in vitro studies showing that it can induce relaxation in pulmonary rings [142, 143]. Illustratively, 15-HETE inhibits whole-cell K currents mediated by the PKC signal 2 pathway [144], mediates ERK1/2 activation and caldesmon phosphorylation [145], induces PKC- δ and PKC- translocation [144], affects intracellular Ca^{2+} concentration [146], and influences the expression of Rho-associated serine/threonine kinase (ROCK) [147], ultimately leading to hypoxic pulmonary vasoconstriction. Overall, 15-HETE impacts multiple pathways leading to pulmonary artery vasoconstriction. Despite extensive research, clinical trials investigating these mechanisms remain limited, likely due to the complexity of studying 15-HETE in vitro.

15-prostaglandin dehydrogenase (15-PGDH) is an enzyme that degrades prostaglandins, converting 15(S)-HETE to 15-keto-6Z, 8Z, 11Z, 13E-eicosatetraenoic acid (15-KETE) [148]. This process activates the ERK1/2 pathway, promoting proliferation and migration of PAECs and increasing protease-activated receptor 2 (PAR-2) expression, which aids PSMCs proliferation [149, 150]. Additionally, the enzyme 5-hydroxyeicosatetraenoic acid dehydrogenase (5-HEDH) converts 15-HETE into 15-oxo-eicosatetraenoic acid (15-oxo-EETE), protecting

PASMCs from apoptosis through the AKT signaling pathway [151].

12-hydroxy-eicosapentaenoic acid (12-HETE) is a metabolite of AA that is catalyzed by 12-lipoxygenase (12-LO). It has been observed that 12-HETE increases the concentration of calcium ($[\text{Ca}^{2+}]_i$) in PSMCs, which typically contributes to vascular hypercontractility [31]. 12-HETE promotes the migration and angiogenesis of hypoxic PAECs and inhibits apoptosis in PAECs, partly through the activation of the PI3K/AKT signaling pathway [152]. Furthermore, it induces the phosphorylation of ERK1/ERK2, leading to an increase in hypoxia-induced proliferation of PSMCs [153]. These findings suggest a potential association between 12-LOX and hypoxia-induced PH [31].

Although it remains unclear whether 5-HETE is involved in the occurrence and development of PH, early studies have shown that intrapulmonary infusion of 5-HETE can cause pulmonary vasoconstriction and pulmonary edema [154]. 5-HETE, along with 12-HETE and 15-HETE, has been shown to decrease the expression of Kv2.1 channels in both PSMCs and PA cultured under normoxic conditions [155]. Voelkel et al. found that inhibiting 5-lipoxygenase-activating protein (FLAP) and reducing 5-lipoxygenase (5-LO) levels can effectively reduce pulmonary vascular tension and ameliorate PH in hypoxic rats [156]. Additionally, 5-LO inhibitors have demonstrated the ability to inhibit the proliferation response of cultured PAECs in vitro [157].

CYP450 pathway

Cytochrome P450 (CYP450) enzymes metabolize arachidonic acid (AA) into various metabolites, including 16-, 17-, 18-, 19-, 20-HETE, and epoxyeicosatrienoic acids (EETs). The CYP2C and CYP2J gene subfamilies specifically produce EETs, such as 14,15-, 11,12-, 8,9-, and 5,6-EET, which have vascular protective effects through anti-inflammatory, anti-apoptotic, proliferative, and antioxidant actions. For instance, 8,9-EET, 11,12-EET, and 14,15-EET promote proliferation and protect PAECs from apoptosis via the JNK/c-Jun pathway, aiding PAEC growth and angiogenesis during pulmonary hypertension (PH) [158]. Conversely, soluble epoxide hydrolase (sEH) metabolizes EETs into less active dihydroxyeicosatrienoic acids (DHETs) and is linked to pulmonary vascular remodeling [159]. Inhibition of sEH can reduce proliferation of PSMCs and inflammation, mitigate pulmonary artery remodeling, and ameliorate monocrotaline (MCT)-induced PH in rats [160, 161]. The expression and activity of CYP enzymes influence bioactive product production. For instance, CYP2C29 expression in hypoxic mice increases over time [162], and activation of CYP2C9 can produce a substantial amount of superoxide dismutase [163], which stimulates the proliferation

Table 4 CYP2J2 in pulmonary hypertension

	Biological mechanism	Biological process
CYP2J2	activating PPAR γ activating the PI3K/AKT pathway inhibiting TNF- α , PI $_3$ K/AKT, and ERK pathways inhibiting TGF- β increasing the expression and activity of nitric oxide synthase and inhibiting Smads signaling pathway	exhibiting anti-inflammatory effects exhibiting anti-apoptotic effects apoptosis of PAECs stimulating the migration of PSMCs ameliorating MCT-induced PH and pulmonary inflammation

of primary PAECs in vitro and elicit pulmonary microangiogenesis. Likewise, Deletion of CYP2C44 worsens PH in female mice, and CYP2J deficiency only partially alleviates hypoxic PH [164]. The role of CYP2J2 in pulmonary hypertension is detailed in Table 4. Overexpression of CYP2J2 in lung ischemia-reperfusion injury with PH demonstrates anti-inflammatory effects via PPAR γ activation and anti-apoptotic effects through the PI3K/AKT pathway [165]. In line with this, CYP2J2 overexpression inhibits apoptosis of PAECs and stimulates PASMCMigration by downregulating TGF- β [166]. Additionally, CYP2J2 overexpression can ameliorate MCT-induced PH and pulmonary inflammation by increasing nitric oxide synthase activity and inhibiting Smads signaling [167].

5,6-EET has a dual role in regulating pulmonary artery tension. Under normoxic conditions, it relaxes pulmonary arteries [168], but under hypoxia, it causes pulmonary vasoconstriction [169], by depolarizing PSMCs, partly mediated by COX-1 and COX-2 [170]. In porcine pulmonary arteries, 5,6-EET induces dilation through the release of endothelium-derived nitric oxide, COX metabolites, and the activation of calcium-dependent potassium channels [171]. The response varies by vessel diameter: in larger extra-lobar pulmonary artery rings (> 2 mm), it relaxes blood vessels in a concentration- and COX-dependent manner, while in smaller intra-lobar rings (1–2 mm), it increases vascular tension via Rho-kinase activation [172, 173]. Overall, 5,6-EET can raise pulmonary vascular resistance, particularly when it requires an endothelial and COX-dependent TX/PGH2 receptor agonist [172, 174].

As previously mentioned, the derivative of 8,9-EET known as 8,9-EET analog(214) demonstrates a partial protective effect on PSMCs against apoptosis by activating the ROCK pathway. In contrast, 8,9-EET primarily exerts its influence on PAECs [175].

11,12-Epoxyeicosatrienoic acid (11,12-EET) induces partial vasorelaxation in the systemic circulation, yet it concurrently enhances right ventricular systolic pressure (RVSP) and hypoxic pulmonary vasoconstriction [176, 177]. Several explanations have been proposed for these contrasting effects. Firstly, 11,12-EET stimulates the combination of α and β (1) subunits of mitochondrial large-conductance Ca²⁺-activated potassium (BK)

channels in the lungs, while also assisting constrictor prostanoids such as PGH2 and TXA2 [176, 177]. Furthermore, the recruitment of transient receptor potential C6 channel to caveolae caused by 12-EET enhances the contractile response of hypoxic pulmonary artery [178].

1,12-EET increases pulmonary artery pressure (PAP) in a concentration-dependent manner and enhances hypoxia-induced pulmonary artery contraction via Rho-dependent and TRP C6-V5 pathways [179]. Similarly, exogenous 14,15-EET significantly raises right ventricular systolic pressure (RVSP) in mice exposed to hypoxia [180]. Furthermore, both 11,12-EET and 14,15-EET demonstrate anti-inflammatory effects in PAECs by mitigating inflammatory responses induced by oxidized low-density lipoprotein (ox-LDL). This is achieved by inhibiting LOX-1 receptor expression and suppressing the activation of mitogen-activated protein kinase (MAPK) and nuclear factor kappa-B (NF- κ B) pathways [181].

20-hydroxyeicosatetraenoic acid (20-HETE) is a product of ω -hydroxylation of AA catalyzed by cytochrome P4504A (CYP4A). It serves as an endothelium-dependent pulmonary artery dilator and is essential for pulmonary vascular remodeling. In sheep, 20-HETE inhibits Na⁺-K⁺-ATPase activity in pulmonary arteries, leading to relaxation [182]. It also promotes acute pulmonary vasoconstriction through the Rho kinase pathway and induces NFAT3 translocation [183]. In PAECs, 20-HETE activates eNOS, enhancing the release of NO, which participates in pulmonary vascular relaxation [184]. This activation involves serine 1179 and AKT phosphorylation [185], PI $_3$ K/AKT activation [186], and increased intracellular Ca²⁺ levels [187]. 20-HETE also protects PAECs from hypoxia-induced oxidative stress and apoptosis via PI3K/AKT and HIF-1 α signaling pathways [188, 189].

Notably, 20-HETE also affects PSMCs. It induces the expression of BCL-2, which helps maintain mitochondrial membrane stability and reduces the activation of caspase-9 and caspase-3, thereby protecting PSMCs from apoptosis [190]. Independently of this, 20-HETE can induce PSMCs hyperproliferation and ROS production [191]. Furthermore, 20-HETE stimulates ROS production in PAECs, potentially promoting vascular repair [192]. Apart from that, 20-HETE inhibits the

expression of miR-143 and miR-133a, thereby inhibiting the synthetic/secretory phenotype of vascular smooth muscle cells [193]. Interestingly, 20-HETE can also play the opposite role by activating the MAPK1-ELK pathway [194].

In vascular endothelial cells, the 15-lipoxygenase (15-LO) metabolites of arachidonic acid (AA) play important roles. Specifically, 15-hydroxy-11,12-epoxyeicosatrienoic acid (15-H-11,12-HEETA) and 11,12,15-trihydroxy-eicosatrienoic acid (11,12,15-THETA) act as endothelium-derived hyperpolarizing factors. These metabolites induce vasodilation by activating K channels of smooth muscle [195].

Conclusion

In summary, this review emphasizes the significant role of ω -6 PUFAs and their metabolites in pulmonary hypertension (PH) initiation and progression. While the mechanisms remain unclear, evidence points to their therapeutic potential. Targeting the enzymes involved in the metabolism of these unstable oxidized lipids could lead to effective clinical strategies. A better understanding of these metabolic pathways may pave the way for novel drug development to treat PH more effectively.

Points for clinical practice

Currently, approved medications for targeted treating PH mainly include prostacyclin analogs, prostacyclin receptor agonists, phosphodiesterase 5 inhibitors, endothelin-receptor antagonists, and cGMP activators.

Questions for future research

The specific mechanisms of omega 6-PUFAs and their metabolites in pulmonary hypertension remain unclear, and more studies are needed in the future to explore their mechanisms of action and their application in different types of PH.

Currently omega 6-PUFAs and their metabolites are only used in animal models and cellular experiments of pulmonary hypertension, and still no relevant clinical studies have been conducted, and their efficacy in PH patients is ominous. However, due to their theoretical support, omega 6-PUFAs and their metabolites have a great potential for targeted therapy against high pressure in PH, and more studies are still needed to confirm this possibility.

The metabolites of omega-6-PUFAs are unstable in nature, and there are fewer products available for exogenous additives. Future studies need to develop stable dosage forms for the treatment of PH based on their properties, and combine metabolomics and multi-targeted intervention strategies to develop more effective individualized therapeutic regimens.

Acknowledgements

The figures were created by Biorender(<https://app.biorender.com/>).

Author contributions

J.W and S.H wrote the main manuscript text and plotted the tables, and Y. X prepared Fig. 3. T.W prepared the study. All authors reviewed the manuscript.

Funding

None.

Data availability

No datasets were generated or analysed during the current study.

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

The authors consent to publication.

Competing interests

The authors declare no competing interests.

Clinical trial number

Not applicable.

Conflict of interest

The authors declare that they have no competing interests.

Received: 6 November 2024 / Accepted: 26 February 2025

Published online: 15 March 2025

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