

Assessing a Digital Tool to Screen and Educate
Domestic Violence Survivors on Affordable Housing
Programs in New York City:
A Feasibility Study

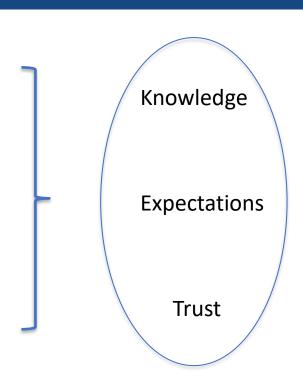
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Background: Macro-level

- ► There is a strong association between domestic violence (DV)/intimate partner violence (IPV), disability, housing instability (HI), and homelessness (1-6)
 - ► Women survivors of IPV are 4x more likely to experience housing insecurity than women who have not experienced IPV (7)
 - ► More than a third (38 percent) of women become homeless immediately after leaving their abuser (8-9)
 - ▶ Lifetime IPV prevalence: 1 in 4 women and 1 in 10 men (10)
 - Adults with disabilities, in the U.S. and worldwide, are at higher risk of IPV than adults without disabilities (12)
 - Having a disability further increases a survivor's vulnerability to housing insecurity and homelessness (11)

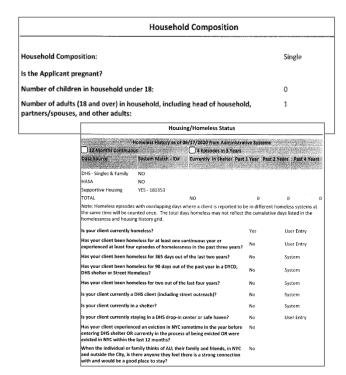
Background: Micro-level

- "It can be hard to explain to residents why or why they would not qualify for housing certificates"
- "Sometimes clients in DV shelter assume they will automatically be eligible for housing subsidies."
- "Whenever anything happens, the housing specialist gets blamed. I'd like something that validates what I say to clients."



Current State & Gaps

Common survey tool used in NYC



Strengths

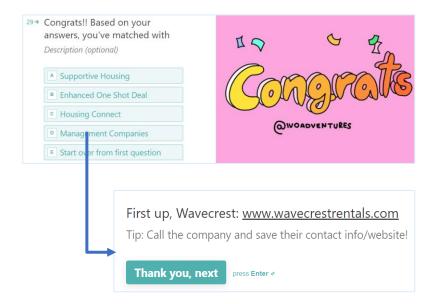
 Systematic way of finding out what clients are eligible for and why

Gaps

- Clients do not have direct access to the information which can be disempowering
- Clients have anecdotally expressed confusion over the subsidies that they're eligible for and why, despite staff help
- Staff burden

Digital intervention ("tool")

- Web-based tool that screens users for NYC housing programs and options in 5-minutes or less, all from the ease of their phones. Aims to:
 - Facilitate direct client access to information on programs,
 - Explain reasons for potential program eligibility, and
 - Build trust in staff.
- 2. Initial audience:
 - Housing specialists and case managers
 - Survivors of domestic violence
- Does not guarantee access to housing nor does it include all housing programs; instead, features the programs most frequently recommended by housing specialists in an accessible manner.



Study Aims

- ➤ Study Aims: To determine whether adding the tool to the site's services would be feasible, to explore users' perspectives on the tool, and to inform future iterations of the tool.
- ► Two treatment groups:
 - ► Use of the tool (Standard Care Plus SC+)
 - ▶ No use of the tool (Standard Care SC)

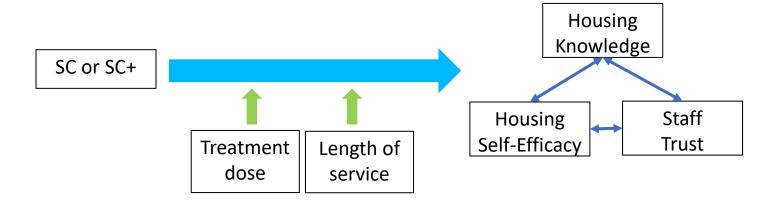
Research Questions

- 1. What is the initial treatment effect of SC+, as compared to SC, on survivors' housing knowledge, housing self-efficacy, and staff trust?
- 2. What is the estimated sample size needed for a full intervention trial? What is the estimated timeline needed to reach this sample size?
- 3. Are the expected rates of recruitment and retention achieved?
- 4. Are the study's processes and instruments feasible for a full intervention trial?
- 5. Is the tool acceptable and usable by survivors and staff?

Hypothesis

- ► **Hypothesis:** SC+ will show promise of a significant and greater positive change on survivors' housing knowledge, housing self-efficacy, and staff trust relative to SC.
- ▶ **Pathway to Change:** Increase in knowledge is expected to lead to an increase in self-efficacy, and vice versa. Either increase in knowledge or self-efficacy is expected to lead to an increase in staff trust, and vice versa.
- **▶** Supporting Evidence:
 - myPlan website RCT saw increases in knowledge of safety behaviors (13)
 - ► Help received in housing during shelter stay was associated with increases in survivors' self-efficacy and perceived shelter helpfulness (14)

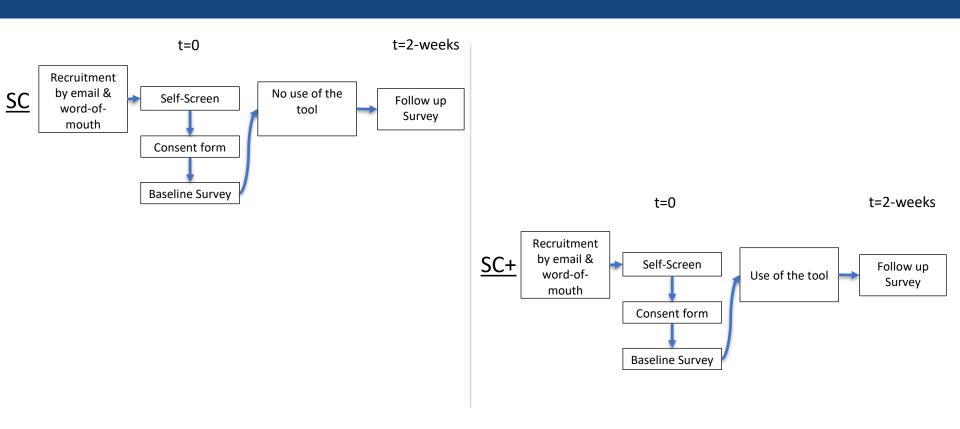
Theoretical Framework



Study Procedures

- Study Setting: Community-based domestic violence center
- ► Participants: Survivors and staff
- ▶ Historical cohort design: Start by recruiting for SC, followed by recruiting for SC+
- Once enrolled, survivors will complete two surveys in two-four weeks:
 - t=0 (baseline): Baseline survey prior to treatment
 - t=2 weeks (follow up): Follow up survey two weeks later
- At the end of study, the case managers and Program Director will be invited to participate in (optional) individual 60-min interviews
- ► Incentives: \$10 e-gift card for each completed survey (\$20 total); \$20 for case managers and Program Director, regardless of interview completion

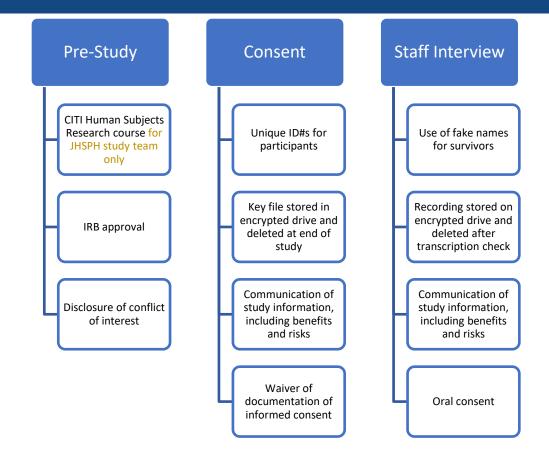
Study Procedures (continued)



Screening Criteria for Client Participants

- Consent to participate in the study
- ▶ 18-years or older
- Seeking assistance from the partner site
- ► Have access to a device with web-browsing capability
- Looking for housing
- ► Has a safe email account
- Can read English without assistance, including translation or interpretation assistance

Protection of Human Subjects



Contributions

- No previously published studies on digital solutions addressing the housing needs of survivors, to the best of our knowledge.
- ► A feasibility study would inform and ensure successful implementation of further research in this area.
- ► The current study significantly contributes to the field of domestic violence and its body of research by exploring the feasibility of a web-based intervention to address the housing needs of survivors.



Thank you!



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