

# Antimicrobial inhibitory activity of aqueous, hydroalcoholic and alcoholic extracts of leaves and stem of *Daphne mucronata* on growth of oral bacteria

## Antimikrobielle Hemmwirkung wässriger, hydroalkoholischer und alkoholischer Extrakte von Blättern und Stamm von *Daphne mucronata* gegenüber oralen Bakterien

### Abstract

**Background:** Plants are a source of potential anti-infective agents. *Daphne mucronata* is a shrub in the family Thymelaeaceae, which has therapeutic effects. The aim of the present study was to evaluate the antimicrobial activity of aqueous, hydroalcoholic and alcoholic extracts of the leaves and stem of *Daphne mucronata* on the growth of oral bacteria.

**Materials and methods:** Leaves and stem of *Daphne mucronata* were collected from the Zagros Mountains, Lorestan, Iran. They were air dried in the shade. Aqueous, hydroalcoholic and alcoholic extracts of *Daphne mucronata* were made by using classic techniques for solvent extraction of plant material. The antimicrobial effects of the *Daphne mucronata* extracts were evaluated using the agar disk diffusion method (ADDM) and the minimum inhibitory concentration (MIC). The data were analyzed using Duncan's test and ANOVA.

**Results:** The results showed that the antimicrobial activity depended on the type of extract. The alcoholic extract of *Daphne mucronata* had the highest antibacterial activity and the highest effect on *Streptococcus mutans*. The aqueous extract of the plant had no effect on bacterial growth.

**Conclusion:** On the basis of the current results, the alcoholic extract of *Daphne mucronata* might be promising as a natural antimicrobial agent and as a medicine for the prevention and control of the growth of *Streptococcus mutans*.

**Keywords:** *Daphne mucronata*, antimicrobial inhibition, agar disk diffusion method, minimum inhibitory concentration

### Zusammenfassung

**Zielsetzung:** Pflanzen sind Quelle potentiell antimikrobiell wirksamer Verbindungen. Zielsetzung der vorliegenden Studie war die Bestimmung der antimikrobiellen Hemmkonzentration wässriger, hydroalkoholischer und alkoholischer Extrakte aus Blättern und Stamm von *Daphne mucronata* gegenüber oralen Bakterien.

**Material und Methode:** Blätter und Stamm von *Daphne mucronata* wurden im Zagrosgebirge in der Provinz Lorestan, Iran, gesammelt. Sie wurden im Schatten getrocknet. Die Extrakte wurden mittels klassischer Technik zur Lösungsmittelextraktion aus Pflanzen gewonnen. Die antimikrobielle Wirkung wurde im Agarplättchendiffusionstest und als minimale Hemmkonzentration ermittelt. Die Ergebnisse wurden mittels Duncan's und ANOVA Test analysiert.

**Ergebnisse:** Die antimikrobielle Wirksamkeit war abhängig von der Art der Extraktion. Der alkoholische Extrakt von *Daphne mucronata* war

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am wirksamsten mit der höchsten Effektivität gegenüber *Streptococcus mutans*, während der wässrige Extrakt unwirksam war.

**Schlussfolgerung:** Aufgrund der Ergebnisse könnte der alkoholische Extrakt von *Daphne mucronata* ein geeigneter Kandidat im Rahmen der Erforschung natürlicher antimikrobieller Wirkstoffe und speziell zur Prävention von *Streptococcus mutans* aussichtsreich sein.

**Schlüsselwörter:** *Daphne mucronata*, antimikrobielle Hermmwirkung, Agarplättchendiffusionstest, minimale Hemmkonzentration

## Introduction

Bacterial resistance to antibiotics has become a global problem. In recent years, much attention has been focused on the use of herbal medicine, due to fewer side effects [1]. The problem of antibiotic resistance is based on many factors, e.g., inappropriate use of antibiotics [2]. Owing to the beneficial properties of medicinal plants in the treatment of diseases and with regard to the availability and compatibility with the human immune system, their use is on the rise [3], [4], [5]. *Daphne mucronata* is a wild shrub of the family Thymelaeaceae, which is found in many parts of Iran [6]. This plant has been traditionally used to treat skin diseases and cancer. The daphnetin 8 glycoside obtained from *D. mucronata* might have cardiotoxic effects [7], [8], [9]. Cytotoxic activity of a hydroalcoholic extract of *D. mucronata* on different cells has been reported previously, mostly on lung cancer cells [10], [11], [12], [13]. *D. mucronata* is used in the northern areas of Pakistan for patients suffering from hot flashes, arthritis, fever, and muscle pain, as well as for topical treatment of inflammation and to treat gastric ulcers, rheumatism, dental decay and toothache [14], [15]. Studies have shown that *Daphne spp.* are a potential source of anti-biofilm agents [16], [17]. *Daphne gnidium* grows in Mediterranean regions, and extracts of its leaves and bark have been shown to possess antimicrobial and germicidal activity [11]. Therefore, this study aimed to investigate the therapeutic effects of *Daphne mucronata* as an alternative to synthetic drugs and chemical mouthwashes.

## Methods

### Collection of plant materials

The leaves and stems of *Daphne mucronata* were collected in the spring and summer (April–July 2015) from the Zagros Mountains, Lorestan, Iran and were authenticated by Department of Pharmacognosy and Pharmaceutical Biotechnology, School of Pharmacy, Hamadan University of Medical Science, Hamadan, Iran.

### Extraction

Aqueous, hydroalcoholic and alcoholic extracts of the plant were prepared by soaking the dried leaves and stems using the percolation method.

For the aqueous extract, 10 g of leaf powder were soaked in 100 ml of boiled, distilled water for 2 h at 60–70 °C. The decoction was filtered and evaporated in a water bath at 50–60 °C to yield a solid extract.

The ethanol extract was prepared using the same protocol. Dried, powdered plant materials were subjected to extraction using 95% ethanol and hydroalcohol (50% ethanol) for 6 h at 37 °C. The extraction procedure was repeated thrice. The combined ethanolic and hydroalcoholic extracts were pooled and evaporated dry under reduced pressure at 40 °C with rotator vacuum evaporator. Therefore, residual alcohol cannot affect the results. The percentage yields of the crude extracts were found to be 14.98% w/w for 95% ethanolic and 15.58% w/w for hydroalcoholic extracts.

Concentrations of 6.25, 12.5, 25, 50, and 100 mg/ml of the leaf and stem extract solution were dissolved in dimethyl sulfoxide (DMSO), and 30 µl of each concentration was inoculated on to a blank disk [18]. Next the disks were kept at 25 °C for 5 hours for drying.

## Test organisms

In order to evaluate the antimicrobial properties, the gram-positive bacteria *Staphylococcus epidermidis* (ATCC12228), *S. aureus* (ATCC 10690) and *Streptococcus mutans* (ATCC 10672) and the gram negative bacteria *Neisseria sicca* (ATCC10721) and *Pseudomonas aeruginosa* (ATCC10205) were employed. The bacteria were cultivated on Mueller Hinton Agar (Merck, Germany) at 37 °C for 24 hrs.

## Determination of antibacterial activity

The disk diffusion method was performed using the standard procedure (CLSI) [19]. The three extracts in 5 dilutions (6.25, 12.5, 25, 50, 100 mg /ml) were tested by the disk diffusion method. Bacterial suspensions with a turbidity equivalent to 0.5 McFarland ( $1.5 \times 10^8$ ) CFU/ml in BHI broth (Brain Heart infusion broth) (Merck, Germany) were prepared. Then, the suspension was cultured on Muller Hinton Agar (Merck, Germany) [18], [19], [20], [21]. The prepared disks of the different concentrations were placed on the medium. Then, disks containing DMSO were used as the negative control and disks with various antibiotics Penicillin (10 mg), Gentamicin (10 mg) or Vancomycin (30 mg) (Mast England) were used as the positive controls. The plates were incubated at 37 °C for

24 hrs. Finally, the zones of inhibition were determined [18], [19], [20], [21].

Extracts that showed potent antibacterial activity were further tested to determine the Minimum Inhibitory Concentration (MIC) by the broth microdilution method. To determine the MIC of the extracts, a solution of 5 mg/ml triphenyltetrazolium (TPTZ) chloride was used. The test was repeated three times to obtain a mean value [22].

## Statistical analysis

The Statistical Package for the Social Sciences (SPSS) version 20, ANOVA and Duncan's test were used to analyze the data.

## Results

### Disk diffusion method

The alcoholic extract showed more effective antibacterial action compared to the other extracts (Table 1, Table 2). The activity between samples of spring and summer did not show significant differences.

### Minimum inhibitory concentration

The alcoholic extract of leaves and stems was the most effective on *Streptococcus mutans* at a concentration of 0.19 ppm, and the least effective on *Staphylococcus epidermidis* at concentrations of 12.5 ppm. The hydroalcoholic extract of leaves and stems showed the highest activity on *S. aureus* and *S. mutans* at concentrations of 3.12 and 6.25 ppm, respectively, and the lowest activity on *S. epidermidis* and *N. sicca* at a concentration of 12.5 ppm (Table 3). The aqueous extract of leaves and stems did not show antimicrobial activity.

## Discussion

Because of the increasing antibiotic resistance rates, manufacturing a new antimicrobial compound is a priority for researchers [2], [3], [4], [5], [6], [7], [8], [9], [10], [11], [12], [13], [14], [15], [16], [17], [18], [19], [20], [21], [22], [23]. Since medicinal plants have fewer side effects and are less expensive, they can be used as a source of antibiotics. The diverse geographical and climatic conditions in Iran have brought forth a rich and varied flora. Many of these plants have medicinal properties, such as antibacterial activity [24]. The use of plants of the family Thymelaeaceae has a long history of treating diseases. The genus *Daphne* is the most medicinally important taxon and the most widely used [6], [7], [8], [9], [10]. The highest antimicrobial potentials were observed for the alcoholic extract of leaves. *S. mutans* was most sensitive species, and the most resistant bacteria were *S. epidermidis* and *P. aeruginosa*. In agreement with a study by Tayoub et al. [3] our results showed biological activity of

the leaves and stems. The results of the study by Javidnia et al. showed bioactive compounds in roots, stems and leaves of *Daphne* species [12], which were similar to the results of the present study. Other studies on the genus *Daphne* showed that the ethanol extract of the stems and leaves contains compounds with antibacterial properties. The study by Tayoub et al. demonstrated the antibacterial effect of an ethanol extract of the leaves and stems of *Daphne olieifolia* Lam against *Escherichia coli*, *Bacillus subtilis*, and *P. aeruginosa*, while Javadnia et al. found antibacterial and antifungal activity of an ethanolic extract of the leaves and stems of *Daphne mucronata* against four species of Gram-positive and Gram-negative bacteria [3]. The results obtained by Javidnia showed that ethanolic extracts were active against *Escherichia coli* and *S. aureus*, but ethanolic root extracts were the most effective against *S. aureus* and *Bacillus subtilis* [12]. In that study, the leaf and stem extract of *Daphne mucronata* had no effect on *P. aeruginosa* even at high concentrations; our findings were similar. Abidi et al. [23] found anti pseudomonal activity of *Daphne mucronata* 5% aqueous extracts using the disk diffusion assay. *Daphne mucronata* produced a 12 mm zone of inhibition, a biofilm reduction of 40.1%, and biofilm removal of 46% [17]. Cottiglia et al. showed the antibacterial effect of *Daphne gnidium* L. against different types of bacteria [11]. The stems of *Daphne gnidium* L. contain 4-coumarin and 7-flavonoid, which could explain the antibacterial activity [11]. A different study also showed that the leaves of *Daphne gnidium* contain flavonoids and phenolic compounds [17].

## Conclusion

Antimicrobial activity studies have shown that *Daphne mucronata* is very suitable for pharmacognostic and phytochemical studies. Future biochemical studies should test the effective extracted compounds from *Daphne mucronata* in various diseases.

## Notes

### Competing interests

The authors declare that they have no competing interests.

Table 1: Zone of inhibition of alcoholic, hydroalcoholic and aqueous extracts of *D. mucronata* in springtime (each n=1)

Bacteria	Inhibition zone (mm)																								Control					
	Alcoholic leaf extract												Hydroalcoholic leaf extract												Aqueous leaf extract			Neg		
	Alcoholic stem extract				Alcoholic stem and leaf extract				Hydroalcoholic stem extract				Hydroalcoholic stem and leaf extract				Aqueous stem extract				Aqueous stem and leaf extract			Neg						
	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	DMSO	V	G	P	
<i>Staphylococcus aureus</i>	6.63	13.75	15.33	16.75	18	5	12	13.5	15.5	16	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Staphylococcus epidermidis</i>	0	0	8.66	12.66	14	0	0	7	13	17	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Pseudomonas aeruginosa</i>	0	7.5	11.33	15	16.5	8	9.33	11	14	16.3	16.3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	25±1.1	–	
<i>Neisseria sicca</i>	0	5.5	8.33	10	13.33	4	8.5	10.33	16	18.5	18.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	–	27±1.2	
<i>Streptococcus mutans</i>	11.17	15.50	16.63	19.13	21.50	10	13.7	15	18.2	19	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	–	14.63±1.1	
Bacteria	Alcoholic stem extract												Hydroalcoholic stem extract												Aqueous stem extract			Neg		
<i>Staphylococcus aureus</i>	10.3	13.4	14	15.75	18.8	8.5	13.2	15	17	18.5	18.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Staphylococcus epidermidis</i>	0	11.2	15.5	16.63	19.15	8	14.8	16.6	18.3	20	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Pseudomonas aeruginosa</i>	9.17	9.25	12.25	13.5	16.75	9.8	12	14.7	15.6	18	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Neisseria sicca</i>	0	0	13.75	15	16	5	7.7	9.3	11.5	12.6	12.6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	25±1.1	–	
<i>Streptococcus mutans</i>	7	10.5	12	14.6	17.13	6.6	8	10.3	13.3	14	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	–	27±1.2	
Bacteria	Alcoholic stem and leaf extract												Hydroalcoholic stem and leaf extract												Aqueous stem and leaf extract			Neg		
<i>Staphylococcus aureus</i>	9.3	12.4	14.25	17.75	19.8	9	13.2	15.6	17.3	19.5	19.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Staphylococcus epidermidis</i>	8.3	10.5	12	15.5	18.3	11	13.5	14.7	16.7	18	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18±0.2	–	–	
<i>Pseudomonas aeruginosa</i>	4	8.6	13.6	14.5	15.5	7	9.8	11.3	12	13.6	13.6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	25±1.1	–	
<i>Neisseria sicca</i>	9.66	12	14.6	15.5	18.6	6.6	10	11.5	12.3	14.55	14.55	0	0	0	0	0	0	0	0	0	0	0	0	0	8	0	–	–	27±1.2	
<i>Streptococcus mutans</i>	12	14.3	16.2	18.5	20	14	16	17.8	18.4	19.33	19.33	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	–	–	14.63±1.1	

A=6.25 mg/ml, B=12.5 mg/ml, C=25 mg/ml, D=50 mg/ml, E=100 mg/ml

V=Vancomycin (30 mg), G=Gentamycin (10 mg), P=Penicillin (10 mg), Neg: Negative

Table 2: Zone of inhibition of the alcoholic, hydroalcoholic, aqueous extracts of *D. mucronata* harvested in summer

Bacteria	Inhibition zone (mm)																		Control			
	Alcoholic leaf extract						Hydroalcoholic leaf extract						Aqueous leaf extract						Neg		Positive	
	A	B	C	D	E		A	B	C	D	E		A	B	C	D	E		DMSO	V	G	P
	7.6	12.5	14.2	15.3	17		9.33	11.3	13.5	15.1	17.5		0	0	0	0	0		0	18±0.2	-	-
<i>Staphylococcus aureus</i>	7.6	12.5	14.2	15.3	17		9.33	11.3	13.5	15.1	17.5		0	0	0	0	0		0	18±0.2	-	-
<i>Staphylococcus epidermidis</i>	4	6	9.8	11.5	14		6.2	7.5	12.4	14.5	16.5		0	0	0	0	0		0	18±0.2	-	-
<i>Pseudomonas aeruginosa</i>	0	5.5	7.5	9.5	12		0	8.66	11.2	14.5	17		0	0	0	0	0		0	-	25±1.1	-
<i>Neisseria sicca</i>	4.5	7.5	8.33	11	13.5		5	8.2	12.4	14.5	16.2		0	0	0	0	0		0	-	-	27±1.2
<i>Streptococcus mutans</i>	9	12	15.8	17.9	19.5		7.5	9.5	13.75	15.5	17.5		0	0	0	0	0		0	-	-	14.63±1.1
Bacteria	Alcoholic stem extract						Hydroalcoholic stem extract						Aqueous stem extract						Neg		Positive	
	A	B	C	D	E		A	B	C	D	E		A	B	C	D	E		DMSO	V	G	P
<i>Staphylococcus aureus</i>	7.5	10.5	13.25	14	17.8		6.7	11.2	14.2	16.8	17.75		0	0	0	0	0		0	-	-	27±1.2
<i>Staphylococcus epidermidis</i>	8.5	11.2	14.5	15.6	17		7.6	9.75	15.5	17.2	18.5		0	0	0	0	0		0	18±0.2	-	-
<i>Pseudomonas aeruginosa</i>	10	12.25	13.5	16.75	18		9.8	11.2	14.1	16.8	17.5		0	0	0	0	0		0	18±0.2	-	-
<i>Neisseria sicca</i>	0	6.66	10.5	13.6	15		0	8.9	12.8	14.6	16.2		0	0	0	0	0		0	-	25±1.1	-
<i>Streptococcus mutans</i>	9.5	12.5	14.5	15	18.8		8.7	13.2	16.2	18.8	19.75		0	0	0	0	0		0	-	-	27±1.2
Bacteria	Alcoholic stems and leaf extract						Hydroalcoholic stems and leaf extract						Aqueous stems and leaf extract						Neg		Positive	
	A	B	C	D	E		A	B	C	D	E		A	B	C	D	E		DMSO	V	G	P
<i>Staphylococcus aureus</i>	10.3	13.4	15.3	16.8	18		9.3	14.5	16.5	18.5	19.8		0	0	0	0	0		0	18±0.2	-	-
<i>Staphylococcus epidermidis</i>	9.5	11.2	13	16.5	19		8.2	12.5	14.5	16.2	18.4		0	0	0	0	0		0	18±0.2	-	-
<i>Pseudomonas aeruginosa</i>	6.5	8.6	14.2	16.2	18		9.2	12.5	13.8	15.6	16.5		0	0	0	0	0		0	-	25±1.1	-
<i>Neisseria sicca</i>	11.2	13.8	15.4	16.8	18.2		9.2	12.4	13.8	15.6	16.5		0	0	0	0	0		0	-	-	27±1.2
<i>Streptococcus mutans</i>	13	16.2	18	19.5	21		11	13.8	15.5	16.6	18		0	0	0	0	0		0	-	-	14.63±1.1

A=6.25 mg/ml, B=12.5 mg/ml, C=25 mg/ml, D=50 mg/ml, E=100 mg/ml  
V=Vancomycin (30 mg), G=Gentamycin (10 mg), P=Penicillin (10 mg), Neg: Negative

Table 3: Results (mean) of minimum inhibitory concentration (MIC) in different dilutions of *Daphne mucronata* extracts

Material	Extract	MIC (ppm)				
		<i>Staphylococcus aureus</i>	<i>Staphylococcus epidermidis</i>	<i>Pseudomonas aeruginosa</i>	<i>Neisseria sicca</i>	<i>Streptococcus mutans</i>
Leaf in spring	Alcoholic extract	3.12	6.25	3.12	12.5	1.56
	Hydroalcoholic extract	6.25	12.5	6.25	12.5	6.25
	Aqueous extract	100	100	100	100	100
Stem in spring	Alcoholic extract	1.56	6.25	3.12	12.5	1.56
	Hydroalcoholic extract	6.25	12.5	6.25	12.5	6.25
	Aqueous extract	100	100	100	100	100
Leaf and stem in spring	Alcoholic extract	1.56	12.5	3.12	6.25	0.19
	Hydroalcoholic extract	3.12	12.5	6.25	12.5	6.25
	Aqueous extract	100	100	100	100	100
Leaf in summer	Alcoholic extract	3.12	6.25	3.12	6.25	1.56
	Hydroalcoholic extract	6.25	12.5	6.25	12.5	12.56
	Aqueous extract	100	100	100	100	100
Stem in summer	Alcoholic extract	3.12	6.25	3.12	6.25	1.56
	Hydroalcoholic extract	6.25	12.5	6.25	12.5	12.56
	Aqueous extract	100	100	100	100	100
Leaf and stem in summer	Alcoholic extract	3.12	6.25	3.12	6.25	1.56
	Hydroalcoholic extract	6.25	12.5	6.25	12.5	12.56
	Aqueous extract	100	100	100	100	100
Control	Alcoholic extract	3.12	12.5	6.25	6.25	6.25
	Hydroalcoholic extract	3.12	6.25	6.25	12.5	6.25
	Aqueous extract	100	100	100	100	100

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**Please cite as**

Shirzadi Karamolah K, Mousavi F, Mahmoudi H. Antimicrobial inhibitory activity of aqueous, hydroalcoholic and alcoholic extracts of leaves and stem of *Daphne mucronata* on growth of oral bacteria. *GMS Hyg Infect Control*. 2017;12:Doc16.  
DOI: 10.3205/dgkh000301, URN: urn:nbn:de:0183-dgkh0003018

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