



# Review Cerebrospinal Fluid Biomarkers in Childhood Leukemias

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**Simple Summary:** In childhood leukemias the central nervous system (CNS) can be invaded by leukemic cells, leading to disease recurrence and treatment failures. Analysis of the cerebrospinal fluid (CSF), which surrounds the brain and spinal cord, is crucial for detection of leukemia in that compartment. Despite advances made in treatments for childhood leukemias, therapies continue to adversely affect the developing brain with resulting neurocognitive deficits in many survivors. This review presents an overview of studies demonstrating that CSF proteins, nucleic acids and metabolites, so called biomarkers, can be utilized in tracing both CNS disease and neurotoxicity of treatments in childhood leukemias.

Abstract: Involvement of the central nervous system (CNS) in childhood leukemias remains a major cause of treatment failures. Analysis of the cerebrospinal fluid constitutes the most important diagnostic pillar in the detection of CNS leukemia and relies primarily on cytological and flow-cytometry studies. With increasing survival rates, it has become clear that treatments for pediatric leukemias pose a toll on the developing brain, as they may cause acute toxicities and persistent neurocognitive deficits. Preclinical research has demonstrated that established and newer therapies can injure and even destroy neuronal and glial cells in the brain. Both passive and active cell death forms can result from DNA damage, oxidative stress, cytokine release, and acceleration of cell aging. In addition, chemotherapy agents may impair neurogenesis as well as the function, formation, and plasticity of synapses. Clinical studies show that neurocognitive toxicity of chemotherapy may also disrupt crucial developmental events resulting in impairment of the formation and efficiency of neuronal networks. This review presents an overview of studies demonstrating that cerebrospinal fluid biomarkers can be utilized in tracing both CNS disease and neurotoxicity of administered treatments in childhood leukemias.

**Keywords:** central nervous system; CNS leukemia; neurotoxicity; synaptic plasticity; cell death; neurocognitive outcome

# 1. Introduction

The brain and spinal cord are immersed in cerebrospinal fluid (CSF), which remains in close contact with the interstitial fluid, the leptomeninges, and the choroid plexus, and can be altered in the context of central nervous system (CNS) pathology. CSF hypothesisdriven biomarker research, which has also utilized sophisticated screening multiomics technologies, such as proteomics, metabolomics, and transcriptomics [1], offers unique opportunities for diagnosis, monitoring, and identification of pathways that orchestrate progression of neurologic disease and the impact of therapies on the CNS. CSF biomarker research in childhood leukemia has a long-standing history with a focus on two distinct areas: (1) evaluation for tumor markers indicative of CNS leukemia and (2) biomarkers of brain injury attributable to treatment (chemotherapy, radiation), which may reflect acute neurologic toxicity or processes that may lead to long-term neurocognitive deficits. This review provides a non-exhaustive update on the progress made in this arena.



Citation: Ikonomidou, C. Cerebrospinal Fluid Biomarkers in Childhood Leukemias. *Cancers* 2021, 13, 438. https://doi.org/10.3390/ cancers13030438

Academic Editor: Heinz Sill Received: 23 December 2020 Accepted: 20 January 2021 Published: 24 January 2021

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# 2. CSF Biomarkers Reflecting CNS Disease in Pediatric Patients with Leukemia

Central nervous system involvement in childhood leukemia is rare at initial presentation (3–5%) [2–8] but much more frequent at relapse with approximately 30–40% of those cases demonstrating CNS disease [3,7]. Advances in cancer treatment have minimized relapses outside the CNS, in particular testicular and extramedullary locations. Nevertheless, CNS relapse still occurs in 3–8% of children with acute lymphoblastic leukemia (ALL) or acute myeloblastic leukemia (AML) [7]. The endothelial blood–brain barrier (BBB), the blood–leptomeningeal barrier (BLMB), and the blood–CSF barrier (BCSFB) are considered most relevant to the migration of leukemic cells into the CNS [8]. A fourth newly identified route is the CNS lymphatic system, which runs within the meninges and along the dural sinuses [9–11]. Studies in mice suggest that the BLMB and the BCSFB may be the entry zones for leukemic cells in early stages of the disease [12]. It has also been proposed that leukemia cells may utilize a shortcut along the surface of bridging veins to enter the subarachnoid space [8]. Blast spread within the CNS occurs primarily in the meninges, may persist as focal lesions in the subarachnoid space between arachnoid and pia, and remain undetected by lumbar puncture [8].

Historically, with the improved success in controlling systemic disease, CNS involvement, which underlies the propensity of leukemias to relapse, has moved to the frontline [13]. Predisposing factors of CNS leukemia include high leucocyte counts, T-cell immunophenotype, translocations t(1;19) or t(9;22), and mixed lineage leukemia (*MLL* or *KMT2A*)-rearranged cytogenetics [3,14,15]. In a study by van der Veldenand and colleagues [16], it was shown that CNS leukemic cells have a unique protein expression profile, which differs from that of bone marrow leukemic cells and consists of Stearoyl-CoA desaturase (*SCD*) positivity and increased secreted phosphoprotein 1 or osteopontin (*SPP1*) expression. The presence of this subpopulation of B cell precursor-ALL cells with a "CNS protein profile" in bone marrow aspirates at diagnosis is strongly associated with isolated CNS relapse. Multiple adhesion molecules, chemokines and their receptors, interleukins and their receptors, protein kinases, and growth factors have been implicated in migration, adhesion, and survival of leukemic cells in the CNS [8].

The gold standard technology used to evaluate for CNS disease is the detection of leukemic cells in the cerebrospinal fluid (CSF) after lumbar puncture by means of routine cytology [7,8,17]. However, there are multiple factors that hamper the detection of blasts within the CNS, including the small number of cells present in most CSF samples, the presence of contaminating peripheral blood cells, and difficulties in interpreting individual CSF cell morphology in cytospin preparation [18].

The crucial observation that most CNS relapses occur in patients initially diagnosed as CNS-negative highlights the urgent need for more sensitive diagnostic and surveillance approaches [18]. Novel strategies aiming to improve sensitivity of CSF diagnosis via qPCR, flow cytometry, analysis of soluble immunological markers, and detection of micro RNAs are being utilized at the preclinical level with promising results (Table 1). These technologies have not yet been adopted in clinical practice, due to methodological challenges and the lack of validation [8,19–21]. It should be kept in mind that leukemic blasts may enter the CNS after initiation of treatment. Thus, novel strategies to increase detection sensitivity of cytology will not fully eliminate CNS relapses.

Biomarker	Methodology	Significance for CNS Disease	References
Tdt	Immunocytochemistry	Unknown significance for detection of CNS leukemia	[22]
B and T cell markers	Multicolor flow cytometry (FCM)	FCM positive status correlated with CNS disease and shorter overall survival in some studies	[23–26]
Gene derangements, i.e., <i>IgH</i> and <i>TCR</i>	PCR with homo/heteroduplex analysis	Clonal IG and/or TCR gene rearrangement in CSF results indicative of minimal residual disease were detected in 46.8% of children with normal CSF cytology	[27]
mi-R-181c-5p	qPCR	mi-R-181a is highly expressed in the CSF of patients with CNS leukemia	[28]
Soluble L-selectin (sl-selectin); cell adhesion molecule	ELISA	Elevations are found in CNS leukemia	[29]
Soluble interleukin-2 Receptor-α (sIL2-Rα); binds interleukin 2	ELISA	Elevation of sIL2- $R\alpha$ correlated with CNS disease	[30]
Interleukin 7 receptor (IL7R); binds ILR7	Western blot	IL7R is highly expressed in CNS leukemia	[31]
monocyte chemotactic protein (CCL2); promotes chemotaxis	ELISA	Unknown significance for detection of CNS leukemia	[32]
Soluble Vascular endothelial growth factor receptor 1&2 (sVEGFR 1 & 2); <i>Binds VEGFR 1/2</i>	ELISA	Reduction of sVEGFR 2 and sVEGFR2/VEGF ratio was associated with CNS metastasis	[32]
Osteopontin; matricellular protein expressed in bone marrow	ELISA	High CSF osteopontin levels correlated with CNS disease	[33]
Matrix metalloproteinase 9 (MMP9); degrades extracellular matrix	LUMINEX technology	Higher sMMP-9 levels were found in patients who developed CNS leukemia	[34]
Soluble vascular cell adhesion molecule-1 (sVCAM-1); adhesion molecule	LUMINEX technology	Unknown significance for detection of CNS leukemia	[34]
Interferon-γ (IFN-γ);cytokine	LUMINEX technology	Unknown significance for detection of CNS leukemia	[34]
Inducible protein 10; chemokine	LUMINEX technology	Unknown significance for detection of CNS leukemia	[34]
Differentially expressed proteins (n = 51) related to cell adhesion, negative regulation of endopeptidase activity, platelet degranulation, signal transduction, receptor-mediated endocytosis, regulation of complement activation, CNS development, regulation of cell growth, complement activation, classical pathway, and axon guidance	Proteomics technology utilizing label free strategy, mass spectrometry and pathway analysis	Unknown significance for detection of CNS leukemia	[35]

Table 1. CSF biomarkers reflecting CNS disease in pediatric patients with leukemia.

Omans and colleagues [22] used terminal deoxynucleotidyl transferase (TdT) and TdT/CD10 for the staining of CSF cytospin preparations of pediatric patients with ALL. In this study the authors reported that blasts were present in 8% of examined CSF samples, while 33% contained increased numbers of CD10 positive cells but had normal CSF morphology. Thirty-six percent of CSF samples in that study were also examined for the simultaneous presence of nuclear terminal deoxynucleotidy1 transferase (TdT) and demon-

strated higher numbers of positive cells for both TdT and CD10. The authors concluded that a large proportion of children with ALL and negative CSF cytology may have CNS disease consistent with the presence of occult leukemic involvement, which can be detected with CD10/TdT staining [22].

The yield for detecting leukemic cells within the CSF increases with the use of multicolor flow cytometry utilizing B- and T-cell markers, as demonstrated by several groups of investigators [23–26]. The detection of subclinical CNS disease by flow cytometry during maintenance correlates with significantly lower 3-year relapse-free survival and 3-year overall survival [24]. It has been suggested that a sensitive methodology like multicolor flow cytometry can be applied for a close follow-up of the levels of leukemic cells in CSF samples, and may identify a group of patients at high risk for relapse.

Using polymerase chain reaction (PCR) with homo/heteroduplex analysis utilizing consensus primers for *IgH* and *TCR* genes, minimal residual disease (MRD) was detected in the CSF in 46.8% of children with ALL with no puncture accident of morphological CNS involvement [27]. All patients included in this study had confirmed *IgH/TCR* gene derangements in bone marrow aspirates. In patients with CNS MRD treated with a less intensive protocol (GBTLI-ALL-93), significantly lower 5-year event-free survival was demonstrated. Similar findings were reported by Scridelli and colleagues [36]. In this study, cytomorphology and IgH/T-cell receptor clonal gene rearrangements, detected by PCR homo/heteroduplex analysis and direct sequencing, were evaluated in CSF free of red blood cells at diagnosis of 37 children with ALL. Molecular CSF involvement was greater as detected by molecular analysis than observed by morphologic criteria (45.9% vs. 5.4%). The 4-year event-free survival was lower in the group with molecularly detected CSF involvement. Next-generation sequencing might offer the potential of even greater sensitivity to detect CNS disease than PCR [37].

MicroRNAs (miRs) are highly conserved small non-coding RNAs that are involved in orchestration of proliferation, differentiation, and survival [38]. Altered expression patterns of miRs may be associated with progression of leukemias and other neoplasms [39,40]. In childhood leukemias, miRs can act as oncogenes (miR-29a, miR-125b, miR-143-p3, mir-155, miR-181, miR-183, miR-196b, miR-223) or tumor suppressors (let-7b, miR-29a, miR-99, mir-100, miR-155, miR-181) [40]. They can serve as diagnostic and prognostic biomarkers, which can be used to monitor response to therapy (miR-125b, miR-146b, miR-23), and development of new therapeutic agents (mir-10, miR-125b, miR-203, miR-210, miR-335). Favorable prognostic miRNA markers of pediatric leukemias include miR-7, miR-16, miR-33, miR-100, miR-130b, miR-181, miR-215, miR-216, miR-369-5p, miR-496, miR-518d, miR-599, and miR-708. Unfavorable factors include miR-10a, miR-23a, miR-27a, miR-128b, miR-134, miR-150, miR-191, miR-214, miR-223, miR-342, miR-484, miR-486, miR-487, miR-572, miR-580, miR-627, miR-624, let-7g, and let-7i. For a comprehensive review, see reference [40].

miRs in childhood leukemias have mainly been studied in blood or bone marrow aspirates. Studies analyzing miRs in the CSF of children with leukemia are scarce. Egyed and colleagues [28] hypothesized that miRs could identify undiagnosed CNS leukemia cases and unravel treatment response in this important compartment. These authors explored miR expression and extracellular vesicle characteristics in CSF of children with acute leukemias. They identified a role of the miR-181 family in clustering CNS-positive and CNS-negative samples and validated miR-181c-5p expression differences between CNS-positive and CNS-negative cases in CSF and bone marrow. The sensitivity of miR-181a measurement in the CSF in childhood ALL highly exceeded those of conventional cytospin in the initial diagnosis of CNS leukemia. Interestingly, measuring miR-181-family levels in peripheral blood samples led to no benefit in diagnosing CNS disease. There was, however, a correlation between bone marrow miR-181a-5p levels and CNS status in patients with precursor B-cell ALL. The investigators concluded that miR-based technologies might provide novel tools to monitor CNS disease in pediatric ALL [28]. Other leukemia-associated factors released into the extracellular space and present in the CSF include soluble L-selectin (sL-selectin) [29], interleukin-2 receptor- $\alpha$  (sIL2-R $\alpha$ ) [30], the chemokine CXCL13 [41], interleukin 7 receptor (IL7R) [31], the chemokine receptor CCR7 [42], monocyte chemotactic protein (CCL2), vascular endothelial growth factor 1 and 2 (VEGF 1 and 2) [32], and osteopontin [33].

sIL2R $\alpha$  is released along with interleukin-2 from activated T-cells. In a study of 77 pediatric patients with ALL, Lee and coinvestigators analyzed both CSF and serum samples [30]. The group reported that discrimination power of CSF sIL2-R for the presence of leukemic blasts was better than that obtained by established cytology techniques. The sensitivity of CSF sIL2-R for detecting CNS disease was 89.5%, and the specificity was 89.6%, whereas the sensitivity and specificity of cytology were 47.4% and 63.2%, respectively. There was no correlation between serum and CSF sIL2-R levels, indicating that sIL2R did not simply diffuse into the CSF compartment from the blood, but rather originated from the leukemic blasts within that compartment. CSF sIL2-R level might therefore be a useful biomarker for CNS leukemia in ALL, especially when combined with conventional cytology and the CSF leukocyte count.

Vascular endothelial growth factor A (VEGF-A) is highly expressed in solid tumors. It binds to its soluble membrane receptors sVEGFR1 and sVEGFR2. sVEGFRs block tumor promoting activities of VEGF-A. Tang and colleagues investigated sVEGFR1 and R2 as biomarkers in CNS leukemia in CSF and serum samples of 35 patients with ALL with or without CNS disease [32]. sVEGFR1 and sVEGFR2 levels in the CSF of patients with CNS leukemia were 33% higher than in the group without CNS disease. Cox regression analysis showed that CSF levels of sVEGFR2 had a positive effect on event-free survival. Serum levels of sVEGFR1 in the control group were higher than in the CNS-leukemia and non-CNS-leukemia groups, but no difference was found between CNS-leukemia and non-CNS-leukemia patients. Further data analysis suggested that sVEGFR2 CSF levels may be a good predictor for the outcome of leukemia patients [32].

Another potentially interesting biomarker for CNS leukemia is osteopontin, a protein secreted by many cells, including activated T-cells, natural killer cells, and tumor cells. Osteopontin, also known as early T-cell activation gene-1 (SPP1 or ETA-1), is a matricellular protein expressed primarily in the bone marrow. It is produced by osteoblasts, osteoclasts, and other malignant and non-malignant cells and is found as a full-length molecule of transcriptionally processed variants (for a comprehensive review, see [43]). It binds to arginine–glycine–aspartate (RGD) and interacts with integrins. It also interacts with CD44 through non-RGD-mediated mechanisms. By doing so, osteopontin and its transcriptionally processed variants modulate many cellular functions of normal and tumor cells such as adhesion, differentiation, migration, apoptosis, osteogenesis, angiogenesis, tumor growth, dormancy, and extramedullary invasion, including invasion into the CNS. In hematologic malignancies, including pediatric leukemias, osteopontin is generally overexpressed and can serve as a diagnostic and prognostic marker [44,45].

The relationship between CSF osteopontin levels and CNS leukemia was evaluated in 62 pediatric patients with acute leukemia and 16 controls [33]. CSF osteopontin levels were higher in patients with leukemia but the difference was not statistically significant. Within the leukemia group, CSF osteopontin levels were higher in the those with CNS disease, but again the difference was not statistically significant. Interestingly, at the time of CNS relapse (detected during follow up), CSF osteopontin levels were significantly higher than in the group with CNS involvement at initial presentation [33].

Evaluation of multiplexed biomarkers for assessment of CSF infiltration in pediatric ALL has been attempted for matrix metalloproteinase 9 (MMP-9), monocyte chemotactic protein (CCL-2), soluble vascular cell adhesion molecule-1 (sVCAM-1), interferon gamma (IFN- $\gamma$ ), and inducible protein 10 [34]. An association was found between CNS leukemia, higher sMMP-9, and lower sCCL2 levels in the CSF. In this study, serum biomarker levels were also measured, but no significant differences were found between the groups with and without CNS leukemia.

In addition to the above hypothesis-driven studies, recent advances in proteomics technologies have stimulated interest in the application of mass spectrometry (MS) in qualitative and quantitative analysis of the CSF proteome, in an attempt to better trace the development of CNS leukemia in children and its response to treatment. Advancements in the resolution, mass accuracy, sensitivity and scan rate of mass spectrometers for protein analysis, including label-free and stable isotope labeling approaches, have enabled these types of studies. The label-free strategy injects individual samples directly into the mass spectrometer and quantifies the relative abundance of peptides [46–48]. Utilizing comparative proteomic profiling using label-free liquid chromatography-tandem mass spectrometry, Guo and colleagues [35] studied CSF samples from six patients with ALL and six healthy controls. The authors detected 51 differentially expressed proteins, among them two core clusters, including 10 proteins that might be crucial for tumorigenesis and progression of ALL and might potentially be valuable indicators of CNS leukemia. Gene ontology analysis of quantified proteins showed that 47 differentially expressed genes were related to 57 terms in the category of "biological process." These include cell adhesion, negative regulation of endopeptidase activity, platelet degranulation, signal transduction, receptor-mediated endocytosis, regulation of complement activation, CNS development, regulation of cell growth, complement activation, classical pathway, and axon guidance [35].

REACTOME pathway analysis revealed that the differentially expressed genes were associated with a total of 189 pathways (Figure 1). The authors commented that the immune system, cell growth, and platelet function might be essential for pediatric ALL infiltration of the CNS. They also concluded that further analysis of the CSF proteome in ALL could be beneficial in understanding the potential role of selected protein species and biological pathways in the evolution of CNS disease [35].



**Figure 1.** Gene ontology (GO) and REACTOME pathway analysis of quantified proteins. (**A**) Top 10 biological processes obtained from GO analysis of all differentially expressed proteins. (**B**) Top 10 pathways obtained from REACTOME pathway analysis of all differentially expressed proteins. (**C**) Biological processes obtained from GO analysis of cluster 1 proteins. (**D**) Top 10 pathways obtained from REACTOME pathway analysis of cluster 1 proteins. Figure reproduced from Reference [35] with permission from Dove Medical Press, the original publisher.

## 3. Childhood Leukemia Treatment and Brain Toxicity

Neurocognitive morbidity is frequent in childhood cancer survivors [49–56]. Although neurologic toxicity in childhood leukemias has decreased considerably, mainly due to replacement of cranial irradiation with intrathecal chemotherapy, intellectual development of affected children receiving polychemotherapy can still be compromised [49–56].

Lower performance IQ scores compared to controls are most often detected if polychemotherapy is initiated prior to the sixth year of life [57]. Leukoencephalopathies can occur in B-cell ALL survivors many years after the end of successful therapy. Verbal and performance IQs in affected subjects have been reported to lie below 86 [58]. Furthermore, there is a clear correlation between intensity of chemotherapy and neurocognitive deficits [58], which affect visual processing, visual-motor function, attention, concentration, working memory, and executive functions [59–65].

With the help of preclinical and clinical translational research, knowledge of how chemotherapy impacts the pediatric brain has made significant progress, yet many gaps remain. Modern neuroimaging techniques have helped discover the presence of white (WM) and grey matter (GM) changes, some of which may be reversible and others may persist [66–73]. WM pathologies captured include leukoencephalopathies, volume loss, and reduced fractional anisotropy of white matter tracts within the hippocampus, thalamus, temporal, and frontal lobes [70,71], which are associated with lower IQ [72–76]. The result can be atypical connectome organization, hub connectivity, and reduced cognitive reserve [77,78].

Furthermore, adult survivors of ALL were shown to have smaller volumes of grey matter, in particular in the hippocampus, amygdala, thalamus, and nucleus accumbens, which interestingly correlated with lower hippocampal memory performance [68] and smaller surface area in cortical regions, which is associated with problems in executive functioning [79]. Factors that increase the risk for neurotoxicity include young diagnosis age and higher exposure levels to systemic high doses and intrathecal methotrexate [80,81].

# 4. CSF Biomarkers Reflecting Impact of Treatment for Childhood Leukemia on the Central Nervous System

In an attempt to understand how chemotherapy affects the brain and which, if any, CSF biomarkers might help prognosticate neurocognitive outcomes, researchers have used both hypothesis-driven approaches and, more recently, proteomics platforms. Interestingly, changes of selected CSF biomarkers during chemotherapy have been found to correlate with future neurocognitive outcomes (Table 2).

Biomarker	Methodology	Significance for CNS toxicity of treatment for leukemia	References
Neuron specific enolase (NSE) Neuronal marker, neuronal injury	ELISA, radioimmunoassay	Elevations seen during chemotherapy treatment, unknown significance for long term neurocognitive outcome	[82]
GFAP Astroglial marker, astrogliosis, astroglial injury	ELISA	Higher CSF levels during chemotherapy associated with higher risk for leukoencephalopathy and higher apparent diffusion coefficient in frontal lobe WM, 5 years after diagnosis. CSF elevations correlate with severity of ICANS-related neurologic symptoms	[82–84]

Table 2. CSF biomarkers reflecting CNS toxicity of treatment in childhood leukemia.

Biomarker	Methodology	Significance for CNS toxicity of treatment for leukemia	References
S100 calcium binding protein B Peptide localized in astrocytes, astrocyte injury	Magnetic bead assay	Elevated levels correlate with acute neurologic dysfunction CSF elevations correlate with severity of ICANS-related neurologic symptoms	[84]
Neurofilament protein light chain (Nfl) Neuronal/axonal marker, neuronal/axonal injury	ELISA	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[82]
Nerve growth factor (NGF); neurotrophin	ELISA	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[85]
Brain derived neurotrophic factor (BDNF); neurotrophin	ELISA	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[85]
Beta-glucuronidase Cellular enzyme, cellular injury	Enzyme activity measurement	Elevations of CSF levels correlate with serum MTX levels Unclear significance for neurocognitive outcome	[86]
Tau; microtubule-associated protein expressed in neurons; Axonal/neuronal injury	ELISA	Elevation of CSF levels correlated inversely with IQ performance. Higher CSF levels during chemotherapy associated with higher risk for leukoencephalopathy and higher apparent diffusion coefficient in frontal lobe WM, 5 years after diagnosis	[83,87,88]
Phospho-tau; phosphorylated tau Axonal/neuronal injury	ELISA	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[83,87,88]
Neuromodulin; CNS protein involved in axonal growth	ELISA	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[87]
Oxidized phospholipids; marker for oxidative stress	High performance liquid chromatography	Elevations of CSF levels during treatment correlated with cognitive dysfunction assessed 2 years later	[89]
Folate; cell metabolite; folate physiology	Radioligand binding assay	Reduction in CSF levels correlated with cognitive dysfunction	[90]
Homocysteine; accumulates in folate deficiency	High performance liquid chromatography	Elevations of CSF levels correlated with cognitive dysfunction	[90]
F2 isoprostane; <i>oxidative stress</i>	High performance liquid chromatography	Elevations of CSF levels seen in cases of leukoencephalopathy	[91]
Caspase 3/7; executioner caspases; marker for apoptosis	Luminescence assay	Elevations of CSF levels correlated with cognitive dysfunction	[91,92]

# Table 2. Cont.

Biomarker	Methodology	Significance for CNS toxicity of treatment for leukemia	References
Myelin basic protein; marker for oligodendrocytes; myelin injury	ELISA	Higher CSF levels during chemotherapy associated with higher risk for leukoencephalopathy and higher apparent diffusion coefficient in frontal lobe white matter 5 years after diagnosis	[83]
Chitotriosidase; enzyme, marks macrophage activation	Measurement of enzymatic activity	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[83]
Caspase 8 and 9; initiator caspases	Luminescence assay	Elevations of CSF levels detected during treatment. Unknown significance for neurocognitive outcome	[92]
reduced: oxidized glutathione GSH:GSSG; reduction marks oxidative stress	Luminescence assay	Reductions detected in CSF during treatment. Unknown significance for neurocognitive outcome	[92]
Interferon-γ (IFNγ); cytokine	Magnetic bead assay	Elevations are detected in the CSF during ICANS	[84]
interleukin (IL)-6; cytokine	Magnetic bead assay	Elevations are detected in the CSF during ICANS	[84]
Interleukin 10 (IL-10); cytokine	Magnetic bead assay	Elevations are detected in the CSF during ICANS	[84]
Granzyme B (GzB); serine protease	Magnetic bead assay	Elevations are detected in the CSF during ICANS	[84]
Differentially expressed proteins ( <i>n</i> = 63) involved in regulation of neuronal death, neuroinflammation, suppression of neurogenesis, microglial activation, neurofibrillary tangle assembly, regulation of endopeptidase activity and suppression of neurogenesis	Proteomics technology utilizing a 4-plex N,N dimethyl leucine (DiLeu) isobaric labeling strategy and mass spectroscopy	Unknown significance for neurocognitive outcome	[93]
Differentially expressed metabolites detected in patients with cancer related fatigue syndrome: gamma-glutamylglutamine peptide, 3-methoxytyrosine, dimethylglycine, asparagine, allantoin, myoinositol, ribitol and dimethylmalonic acid	Gas chromatography-Mass spectrometry (MS) and liquid chromatography-MS/MS	Unknown significance for neurocognitive outcome	[94]

Table 2. Cont.

Oesterlundh and colleagues analyzed neurochemical markers of brain injury in CSF during induction treatment for acute ALL in children and reported significant increases in the levels of the neuronal marker neuron-specific-enolase (NSE), the astroglial marker glial fibrillary acidic protein (GFAP), and the axonal marker neurofilament protein light chain (Nfl; marker for axonal injury) [82]. An increase in CSF levels of NSE was already evident during the induction and persisted through the consolidation phase. Others detected elevation of NSE, nerve growth factor (NGF), and brain derived neurotrophic factor (BDNF) in the CSF, proposed to be reflective of neuronal injury [85].

In the context of high dose systemic methotrexate treatment in children with ALL, plasma methotrexate levels correlated with increase in the CSF activity of beta-glucuronidase, which could have resulted from leakage of this enzyme from injured or degenerating brain cells [86].

Induction chemotherapy may lead to elevated CSF levels of tau, phospho-tau, and neuromodulin. Of these proteins, tau concentrations were found to inversely correlate with future IQ performance [87,88]. CSF tau concentrations were highest in patients who developed leukoencephalopathies [88]. Based on these studies, tau has been proposed as a potential predictive CSF biomarker, which may help identify those ALL survivors with impaired neurocognitive performance [88].

Markers of oxidative stress in the CNS, in particular high concentrations of oxidized CSF phospholipids, were also found to correlate with neurobehavioral problems (aggression, anxiety, somatization, withdrawal, conduct problems, impaired social and leadership skills) [95] and cognitive dysfunction [89], as did folate reductions, homocysteine elevation [90], and increased levels of F2 isoprostanes [96] and caspase 3/7 (apoptosis markers) in patients undergoing intrathecal and high dose systemic methotrexate chemotherapy [91]. In the study by Cole and colleagues [90], serum and erythrocyte folate and homocysteine at initial diagnosis and at the end of each therapy cycle were measured. Higher concentrations of folate were detected in the CSF compared to serum samples. There was a non-significant trend towards lower folate and higher homocysteine levels at diagnosis in both serum and CSF in patients with high risk leukemia relapse compared to those with standard risk. In all patients, CSF folate decreased significantly during induction and throughout the duration of therapy, while CSF homocysteine increased during consolidation phase. A negative correlation was observed between CSF (but not serum) homocysteine at initial diagnosis and the Wechsler Performance IQ during the first month of therapy [90].

In a large study by Cheung and coinvestigators [83], 235 patient CSF samples were assayed at five points, from diagnosis to reinduction, for biomarkers of myelin degradation (myelin basic protein, MBP), neuronal damage (nerve growth factor and total phosphorylated tau protein), astrogliosis (glial fibrillary acidic protein, GFAP), and neuroinflammation (chitotriosidase). MBP and GFAP CSF levels were elevated at baseline and through consolidation. The number of intrathecal injections positively correlated with NGF level increase at consolidation. Increases in GFAP, MBP, and total tau levels were associated with a higher risk for leukoencephalopathy and higher apparent diffusion coefficient in frontal lobe WM 5 years after diagnosis.

Moore and colleagues [92] analyzed CSF samples from 71 children with ALL, collected at diagnosis and during intrathecal chemotherapy administration. Apoptosis was measured by activity of initiator caspases 8 and 9 and execution caspases 3 and 7. Oxidative stress was assessed by measurements of reduced glutathione (GSH) and oxidized glutathione (GSSG). Low GSH/GSSG ratio was measured and interpreted as indicative of oxidized extracellular environment. The investigators further reported that caspase enzyme activity increased significantly during chemotherapy, and caspases 3 and 7 activity inversely correlated with measures of cognitive abilities, assessed 3 years after ALL diagnosis.

These hypothesis-driven research studies have demonstrated that cellular injury, oxidative stress, and inflammation occur in the CNS in the context of chemotherapy for childhood leukemias and that CSF biomarkers reflecting these processes may be useful in identifying individuals at risk for worse neurologic outcomes.

In an attempt to discover novel biomarkers that may help trace further pathomechanisms of chemotherapy effects on the brain, proteomics platforms have been utilized.

Yu and colleagues [93] attempted to globally quantify proteins in CSF of children with B-cell ALL undergoing systemic and CNS directed chemotherapy without irradiation. In a longitudinal study, the researchers implemented a 4-plex N,Ndimethyl leucine (DiLeu) isobaric labeling strategy to investigate protein dynamics. They analyzed CSF samples obtained at weeks 5, 10–14, and 24–28 of chemotherapy. Several differentially expressed proteins were identified. Among them, changes in CSF levels were detected for neural cell adhesion molecule, neuronal growth regulator 1, and secretogranin-3. Interestingly, these three proteins have been associated with the pathophysiology of neurodegenerative diseases. In addition, there was a total of 63 proteins found to be altered at all investigated time points. With the goal to identify potentially modulated biological processes, these proteins were subjected to gene ontology analysis. This analysis revealed involvement of altered proteins in regulation of neuronal death, neuroinflammation, suppression of neurogenesis, microglial activation, neurofibrillary tangle assembly, regulation of CSF levels of apolipoprotein E (APOE) and clusterin (CLU) were found in the CSF of children receiving

chemotherapy for B-cell ALL. Remarkably, these two proteins have also been implicated in



the pathogenesis of neurodegenerative dementias [97–101].

**Figure 2.** Protein to biological pathway linkages for proteins in two clusters, (**A**) cluster 1 and (**B**) cluster 2, based on hierarchical clustering analysis. The significantly altered proteins (ANOVA, adjusted *p* value < 0.1) are linked to pathways as color-coded ribbons. Green-to-red rectangles next to the altered proteins indicate the magnitude of the log2 fold change (FC), where the inner layer represents the FC of week 1 in comparison with week 5, the middle layer represents the FC of week 1 in comparison with weeks 10-14, and the outer layer represents the FC of week 1 in comparison with weeks 24-28. Figure is reprinted from Yu et al., Isobaric Labeling Strategy Utilizing 4-Plex N, N-Dimethyl Leucine (DiLeu) Tags Reveals Proteomic Changes Induced by Chemotherapy in Cerebrospinal Fluid of Children with B-Cell Acute Lymphoblastic Leukemia. J. Proteome Res. 2020, 19, 2606–2616 [79]. Copyright (2020) American Chemical Society.

Discovering a relationship between identified protein changes in the CSF and pathways that mediate neurotoxic effects of treatment for ALL is a very challenging task. Given that the blood–brain barrier, the blood–CSF barrier and the blood–leptomeningeal barrier can be compromised during cancer chemotherapy and systemic proteins may be allowed to enter the CSF space, alterations measured in the CSF are most likely multifactorial and may reflect consequences of (1) the demise of CNS leukemic cells, (2) the demise of systemic leukemic cells, (3) toxicity of treatment on organs other than the CNS, and (4) toxicity of treatment on the CNS itself. In an attempt to select candidate biomarkers indicative of CNS toxicity, Yu and colleagues identified those proteins that are highly expressed in the brain. Of those, neural cell adhesion molecule 2 (NCAM2) and neuronal cell adhesion molecule (NRCAM), both of which are critical for neural cell adhesion, cell–cell interactions during synaptogenesis, and plasticity [102,103], increased significantly during intensive chemotherapy (Figure 3). NCAM has been found to be elevated in the CSF from patients with mood disorders [104]. Thus, it is possible that chemotherapy in children with ALL may compromise synapse formation and plasticity of neuronal networks.



**Figure 3.** Box plot of the distribution of (**A**) neural cell adhesion molecule 2, (**B**) neuronal cell adhesion molecule, (**C**) neuronal growth regulator 1, and (**D**) secretogranin-3 in CSF in different stages of chemotherapy. Whiskers extend to data points that are less than 1.5\* interquartile range away from the first and third quartiles, respectively. The horizontal line shows the median (\*, adjusted *p* value < 0.1; \*\* adjusted *p* value < 0.05, Student's t test). Figure is reprinted from Yu et al., Isobaric Labeling Strategy Utilizing 4-Plex N, N-Dimethyl Leucine (DiLeu) Tags Reveals Proteomic Changes Induced by Chemotherapy in Cerebrospinal Fluid of Children with B-Cell Acute Lymphoblastic Leukemia. J. Proteome Res. 2020, 19, 2606–2616 [79]. Copyright (2020) American Chemical Society.

Neuronal growth regulator 1 (NEGR1) and secretogranin-3 (SCG-3) were also significantly elevated at week 5 and weeks 10–14 respectively. NEGR1 controls neuronal cell growth and differentiation [105], and SCG3 regulates neurotransmitter storage. SCG3 has also been shown to influence apoptosis of dopaminergic neurons [106].

Thus, this proteomics approach helped identify interesting protein species that suggest impaired synaptogenesis and synaptic plasticity as new potential mechanisms of chemotherapy-related CNS toxicity. Whether these proteins might represent biomarkers for long-term neurocognitive outcomes will need to be investigated in further studies, which will correlate CSF protein alterations with the results of neuropsychological assessments.

Brown and colleagues [94] utilized metabolomics technology to explore pathomechanisms of cancer-related fatigue syndrome (CRF). CRF refers to a state of physical and mental exhaustion, which complicates mainly the acute treatment of children with leukemia but can also persist in survivors. The one factor consistently found to be associated with chronic fatigue syndrome in pediatric ALL is exposure to corticosteroids. The pathomechanisms of CRF are poorly understood. During post-induction chemotherapy for ALL, CSF samples were collected from 171 pediatric patients six months after diagnosis. CSF metabolomic profiling was performed using gas chromatography–mass spectrometry (MS) and liquid chromatography–MS/MS. Associations between metabolite abundance and CRF were determined by means of Kendall's rank correlation. The investigators reported that eight metabolites were significantly associated with fatigue in the discovery cohort. These included gamma-glutamylglutamine peptide, 3-methoxytyrosine, dimethylglycine, asparagine, allantoin, myoinositol, ribitol, and dimethylmalonic acid. These metabolites have been implicated in neurotransmitter transport and glutathione recycling. The authors concluded that impairment of glutamatergic pathways and oxidative stress may contribute to ALL-associated CRF [94].

### 5. Neurotoxicity of Novel Immunotherapies in Childhood Leukemias

CD19-directed chimeric antigen receptor (CAR)-T cell therapy has recently been adopted in the treatment of childhood leukemias [107,108]. After the insertion of a CAR transgene into T-cells in vitro, these cells undergo expansion and are subsequently infused into the patient. The CAR binds to the cancer surface antigen and elicits a cytotoxic cascade, which destroys the malignant cells [109]. Implementation of this novel immunotherapy has revolutionized cancer treatment. However, it has also become increasingly evident that CAR-T-cell treatment can trigger cytokine release syndrome (CRS), a process characterized by profound systemic inflammation and a multitude of neurologic symptoms of variable, potentially life-threatening severity in approximately 40% of patients [110]. The American Society of Bone Marrow Transplantation coined the term immune effector cell-associated neurotoxicity syndrome (ICANS) [111] for this condition, which comprises all neurological toxicities that occur with cell-based immunotherapies. The pathophysiology of ICANS involves disruption of the blood-brain barrier due to the overwhelming systemic inflammation during CAR-T-cell expansion [112,113], whereby monocyte-derived cytokines mediate the development of toxicity [114]. Gust and colleagues [84] reported that CAR-T-cell-mediated neurotoxicity correlated with severity of cytokine release syndrome, abnormal past brain magnetic resonance imaging (MRI), and CAR-T-cell numbers in the blood. Elevation of CSF levels of S100 calcium binding protein B and glial fibrillary acidic protein (GFAP), both astrocytic markers, were detected, suggesting that disruption or destruction of astroglial structure and function underlies the evolution of neurologic symptoms. In this study, corresponding serum GFAP levels did not differ between patients with and without neurotoxicity, and results on serum S100 levels were not presented. CSF white blood cells, total protein levels, interferon- $\gamma$  (IFN $\gamma$ ), interleukin (IL)-6, IL-10, and granzyme B (GzB) increased in the CSF and correlated with serum levels of IFN $\gamma$ , IL-10, GzB, granulocyte macrophage colony-stimulating factor, macrophage inflammatory protein 1 alpha, and tumor necrosis factor alpha. Disruption of the neurovascular unit and astrocytic injury were postulated as the mechanism underlying neurologic manifestations of ICANS [84].

#### 6. Conclusions

Research on CSF biomarkers for detection of leukemic invasion and for tracing toxicity of treatment in the CNS has experienced remarkable progress in the past 20 years. In addition to a priori hypothesis-driven approaches, technological advances in multiomics methods, in particular sophisticated proteomics platforms, have enabled non-hypothesis-driven analysis of CSF. Insights gained from first pilot studies provide an excellent foundation for further investigations attempting to identify the role of specific proteins and biological pathways in CNS infiltration with leukemic cells on the one hand and, on the other, to understand the pathomechanisms of brain injury caused by the evolving treatments of childhood leukemias.

All biomarkers mentioned in this review are still in the discovery phase. Candidate CSF biomarkers capable of reflecting CNS disease progression, CNS response to therapeutic interventions, or predicting long-term neurocognitive outcomes must undergo a rigorous process of verification, clinical validation for multiple purposes, and multicenter validation for clinical purposes before they can reach the phase of clinical implementation [115].

**Funding:** This work was supported in part by Clinical and Translational Science Award (CTSA) program (NIH NCATS UL1TR000427) and research funds from the Department of Neurology, University of Wisconsin Madison.

Conflicts of Interest: The author declares no conflict of interest.

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