

Ameliorating effect of luteolin on memory impairment in an Alzheimer's disease model

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Abstract. Alzheimer's disease (AD) is one of the most prevalent neurodegenerative disorder. It is characterized by the formation of amyloid plaques and neurofibrillary tangles in the brain, the degeneration of cholinergic neurons and neuronal cell death. The present study aimed to investigate the effect of luteolin, a flavonoid compound, on memory impairment in a streptozotocin (STZ)-induced Alzheimer's rat model. Morris water maze and probe tests were performed to examine the effect of luteolin treatment on cognition and memory. The effect of luteolin on CA1 pyramidal layer thickness was also examined. The results demonstrated that luteolin significantly ameliorated the spatial learning and memory impairment induced by STZ treatment. STZ significantly reduced the thickness of CA1 pyramidal layer and treatment of luteolin completely abolished the inhibitory effect of STZ. Our results suggest that luteolin has a potentially protective effect on learning defects and hippocampal structures in AD.

Introduction

Alzheimer's disease (AD), a progressive neurodegenerative disease of the central nervous system, is the most common cause of senile dementia (1). AD is characterized by irreversible loss of neurons and a clinically gradual deterioration in intellectual abilities including cognition and memory (1). The AD brain is characterized by the presence of neuritic plaques, neurofibrillary tangles, and the loss of cortical neurons and synapses (2). β -amyloid ($A\beta$), generated from a sequent cleavage of amyloid precursor protein (APP) by β -site APP cleavage enzyme 1 and γ -secretase, is the major component of extracellular neuritic plaques (3). The accumulation of $A\beta$

contributes to AD pathogenesis in that the accumulation of $A\beta$ induces an increase in intracellular reactive oxygen species (ROS) and neuronal cell apoptosis (4-7). Previous findings emphasize the critical role of oxidative stress as a major cause in the pathogenesis of AD (8,9). Therefore, antioxidants may attenuate $A\beta$ -induced neurotoxicity and cell death, leading to the amelioration of AD-induced impairment in cognition and memory (10,11).

Flavonoids have a 15-carbon skeleton composed of two fused 6-membered rings (an aromatic ring and a heterocyclic ring) connected through a carbon-carbon bridge to an aromatic ring (12). In the human diet, flavonoids constitute the most common group of polyphenolic compounds that are synthesized in plant cells. The phenolic hydroxyl groups attached to ring structures of flavonoids allow them to act as antioxidants (13,14), as radical-scavenging agents (15,16), or as agents of anti-inflammation (17,18). Accumulating evidence showed that the consumption of flavonoid-rich foods is associated with lower rates of dementia and has some beneficial effects on memory and learning (19,20).

Luteolin, a flavonoid compound, has been suggested to have neuroprotective properties. Findings of *in vivo* studies examining rat models have shown that luteolin protects against cognitive dysfunction induced by chronic cerebral hypoperfusion (21). Luteolin also protects against high-fat diet-induced cognitive defects in obesity mice (22). Fu *et al* (21) recently reported that luteolin can protect against cognitive dysfunction induced by chronic cerebral hypoperfusion in rats. In the context of AD, Rezai-Zadeh *et al* (23) showed that luteolin treatment of murine N2a cells transfected with SweAPP and primary neuronal cells derived from SweAPP-overexpressing mice resulted in a significant reduction in $A\beta$ generation. The mechanism may involve selective inactivation of the GSK-3 α isoform, which increases the phosphorylation of PS1, the catalytic core of the γ -secretase complex, thereby reducing PS1-APP interaction and $A\beta$ generation. In a later study, Zhou *et al* (24) reported that luteolin attenuated zinc-induced hyperphosphorylation of the protein τ in SH-SY5Y cells through its antioxidant action. Luteolin also inhibited the τ kinase p7056K but established recovery of total phosphatase activity. More recently, it was found that luteolin reduced AD pathologies induced by traumatic brain injury (25). However, the overall neuroprotective effect of luteolin in drug-induced Alzheimer's rat models remains to be investigated. The present

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study aimed to investigate the effect of luteolin on spatial learning and the structure of CA1 pyramidal layer thickness in a streptozotocin (STZ)-induced AD model.

Materials and methods

Animals. A total of 60 male Wistar rats, weighing 200-230 g, and aged 3 months, were housed in cages with a temperature of 24-26°C and a 12-h dark/light cycle with food and water *ad libitum*. Behavioral experiments were performed in the morning. The experiment protocols were approved by the Animal Ethics Committee of the Xinxiang Central Hospital (Henan, China).

Establishment of the animal model. Animals were anesthetized with ketamine (80 mg/kg) and xylazine (15 mg/kg) intra-peritoneally, and their heads were fixed into a stereotaxic instrument (Narishige, Tokyo, Japan). Two stainless 23-gauge guide cannula were implanted in the lateral ventricles bilaterally. Stereotaxic coordinates were based on Paxinos and Watson atlas of the rat brain. Following surgery, the animals were kept in cages for 6 days to recover.

Experimental protocol. The 60 rats were divided into 6 groups with 10 rats in each group. Apart from the control group in which the rats did not receive any treatment or surgery, the rats in the remaining 5 groups received surgery and recovery treatments. In the saline group, rats received normal saline after recovery; in the sham group, rats received 10% DMSO after recovery; in the STZ group (Alzheimer's model), rats received STZ (3 mg/kg) on the fourth and sixth days after recovery; and in the L10 and L20 groups, STZ was injected on days 4 and 6 and the rats were treated with luteolin at doses of 10 and 20 mg/kg, respectively, on the 1st, 2nd, 3rd and 5th days after recovery.

Drugs were injected via the intracerebroventricular (ICV) route in a total volume of 10 μ l at the rate of 1 μ l/min. The 27-gauge injection needle was inserted into the guide cannula. The injection needle was attached to a 10 μ l syringe by a polyethylene tube.

Morris water maze test. The Morris water maze consists of a circular water tank with 160 cm diameter and 60 cm height, filled with non-toxic water (25 \pm 2°C) to a depth of 25 cm. The pool was divided into 4 quadrants (North, South, East and West) which were used as start points. An escape platform (10 cm in diameter) made of plexiglass was placed in the middle of one of the randomly selected quadrants of the pool, 1 cm below the surface of water and kept in the same position throughout the entire experiment (North-West for this study). Spatial learning of animals was tested 14 days after STZ infusion in the Morris water maze. The rats in each group were tested (one at a time). The rats were trained for four days prior to the formal experiments. Each rat was subjected to 4 consecutive trials on each day with an interval of 1 min.

Each trial was initiated by placing the rat randomly at 1 of the 4 starting points. The rats were allowed to swim in the pool during a period of 90 sec to locate the hidden platform. If a rat did not locate the hidden platform within this period, it was manually guided to the platform by the investigator. The

rats were allowed to remain on the platform for 30 sec. All the trials were performed at 9 a.m.

Directions of the rats were recorded by a video camera (Fuji, Tokyo, Japan) above the center of the maze that was linked to a computer. Spatial acquisition was evaluated by measuring escape latency (time to find the platform), traveled distance (path length to reach the platform), and swimming speed using the EthoVision tracking system (Noldus Information Technology, Wageningen, The Netherlands), as described previously (26,27). The data obtained from rats with visual impairment were excluded.

Probe test. To assess memory consolidation, a probe test was performed 24 h after the Morris water maze test. For the probe test, the platform was removed and the rats were allowed to swim freely. The swimming pattern of every rat was recorded with a camera. Consolidated spatial memory was estimated by the time spent in the target quadrant area.

Tissue preparation. The rats were anesthetized with Zoletil 50 (10 mg/kg, i.m.) and perfused intra-cardiac infusion with 100 mmol/l phosphate-buffered saline (PBS) followed by ice-cold 4% paraformaldehyde. The brains of the rats were isolated and post-fixed in 50 mmol/l PBS containing 4% paraformaldehyde overnight, immersed in a solution containing 30% sucrose in 50 mmol/l PBS and stored at 4°C until sectioning. The frozen brains were coronally sectioned on paraffin at 3 μ m and then stored in a storage solution at 4°C.

Immunohistochemistry. For the evaluation of dendritic damage, the sections were immunostained with a rabbit antibody against rat MAP2 (Millipore Corp., Billerica, MA, USA) at a 1:250 dilution. Three sections from each animal were assessed for scoring.

Statistical analysis. SPSS 13.0 software (SPSS Inc., Chicago, IL, USA) was used for data analysis. Analysis of variance was used for comparison of the behavioral and histological data. A Tukey multiple comparison post-test was performed to assess differences between groups. $P < 0.05$ was considered to indicate a statistically significant.

Results

Luteolin improved the cognitive function of rats with STZ in Morris water maze test. To evaluate the cognitive function of rats, the Morris water maze test was performed. The mean escape latency of rats in different groups did not show a significant difference for the first day ($P > 0.05$). However, there was a significant difference in escape latency from the second day ($P < 0.05$). The rats treated with STZ showed a significantly decreased ability to locate the platform and to learn its location on the fifth day of training (Fig. 1A). By contrast, this poor performance was significantly mitigated by the treatment with luteolin (10 and 20 mg/kg) as shown by the decreased latency to locate the platform from the second day of training. The effect of treatment with luteolin at 10 and 20 mg/kg was not significantly different ($P > 0.05$).

Luteolin decreased the travel distance to reach the hidden platform (path length). Progressive decreases in the path

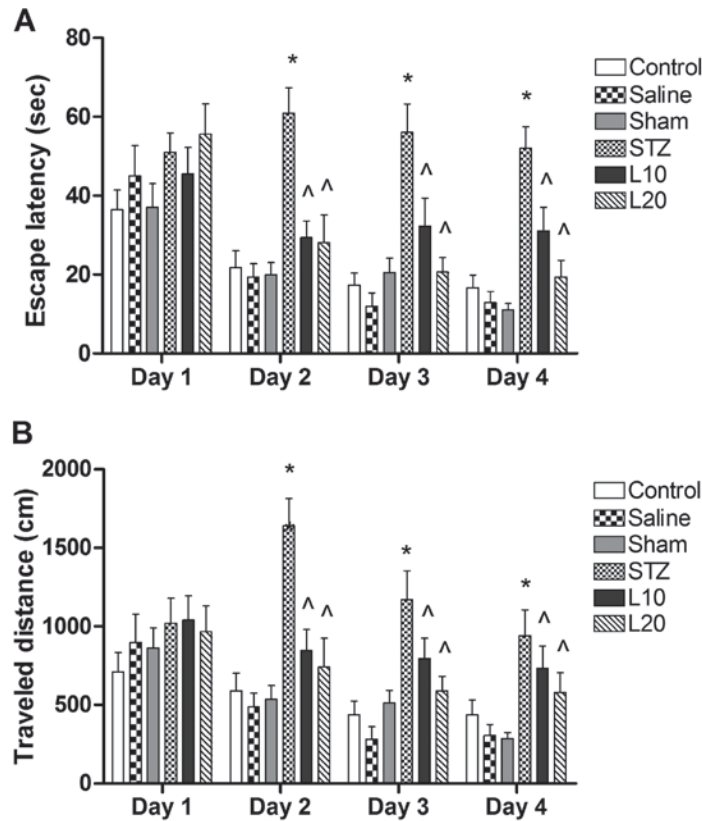


Figure 1. Effect of luteolin on (A) escape latency and (B) traveled distance of the streptozotocin (STZ)-induced Alzheimer's disease rat model. *P<0.05 vs. control, ^P<0.05 vs. STZ group.

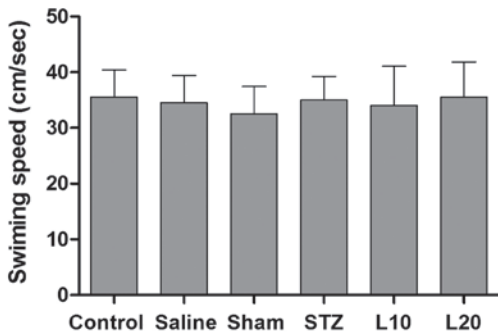


Figure 2. Effect of luteolin on swimming speed of the Alzheimer's disease rat model. STZ, streptozotocin.

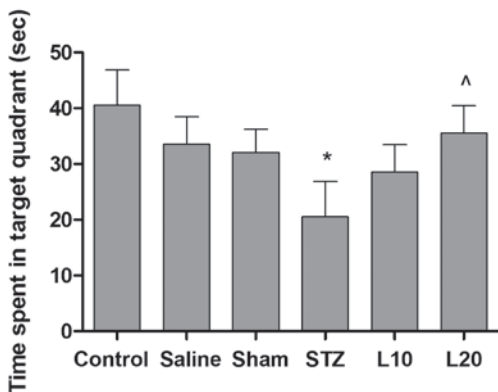


Figure 3. Effect of luteolin on performance in probe test of the Alzheimer's disease rat model. *P<0.05 vs. control, ^P<0.05 vs. streptozotocin (STZ) group.

length to reach the hidden platform on subsequent days in the water maze task were associated with intact memory of animals. Therefore, the traveled distance was measured to evaluate the memory impairment. As shown in Fig. 1B, the total distance traveled to reach the hidden platform did not differ between any of the groups on the first day of testing in the Morris water maze. However, there was a significant difference in the traveled distance of STZ-treated rats as compared to the sham animals from the second day onwards (P<0.05). Chronic treatment with luteolin (10 and 20 mg/kg) significantly (P<0.05) decreased the total distance traveled to reach the platform in the STZ-injected rats, which suggested improvement in memory associated with luteolin treatment. When the effect of luteolin at different doses was compared, the reduction in traveled distance with luteolin at doses of 10 and 20 mg/kg was not significantly different (P>0.05).

Luteolin has no effect on swimming speed of ICV-STZ-injected rats. As shown in Fig. 2, no significant difference in swimming speed was observed between any groups in the probe trial. The mean values in control, saline, sham, STZ, and luteolin (10 and 20 mg/kg) groups were 35.5±3.7, 34.6±5.1, 32.7±3.6, 35.6±4.6, 34.5±3.9 and 35.7±4.9 cm/sec, respectively (P>0.05), indicating that there was no motor activity disturbances in tested animals.

Effect of luteolin on time spent in target quadrant in ICV-STZ-injected rats. To examine the learning ability and consolidation of the platform location during the training, a probe test was performed. As shown in Fig. 3, animals in

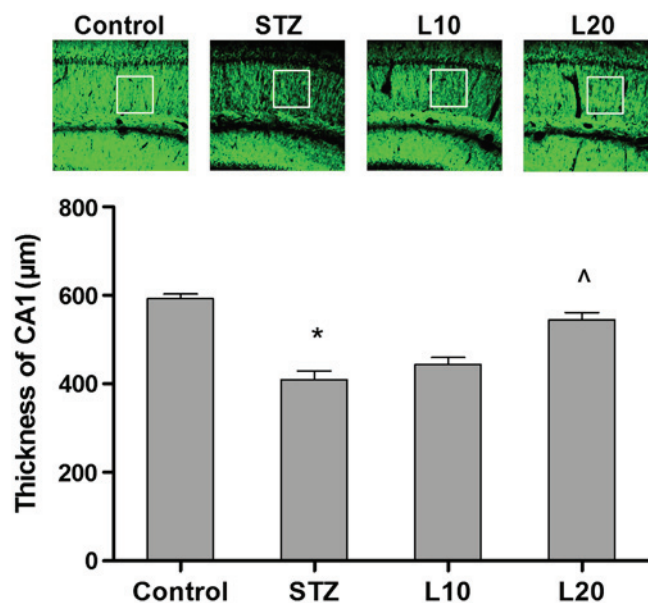


Figure 4. Effect of luteolin on CA1 pyramidal layer thickness of the Alzheimer's disease rat model. * $P < 0.05$ vs. control, ^ $P < 0.05$ vs. streptozotocin (STZ) group.

different groups showed a significant different performance. The time spent in the target quadrant was significantly lower in the STZ rats as compared to the sham group. STZ rats treated with luteolin (10 and 20 mg/kg) spent more time in the target quadrant than the monotherapy group in the probe test. In particular, STZ-treated rats with luteolin at a dose of 20 mg/kg spent significantly more time in the target quadrant compared with STZ-treated rats ($P < 0.05$).

Luteolin increased the thickness of CA1 pyramidal layer. The thickness of the hippocampal CA1 pyramidal layer in the tested groups was measured to test the effect of luteolin treatment. The mean CA1 pyramidal layer thicknesses were $592.5 \pm 27.2 \mu\text{m}$ in the control group and $409.3 \pm 23.6 \mu\text{m}$ in the STZ group ($P < 0.05$). The mean CA1 pyramidal layer thickness in the L20 group was $544.3 \pm 32.6 \mu\text{m}$ showing a significant increase compared to $409.3 \pm 23.6 \mu\text{m}$ of the STZ group ($P < 0.05$, Fig. 4).

Discussion

Flos Chrysanthemi, the flower of *Dendranthema morifolium* Ramat Tzvel (*Chrysanthemum morifolium* Ramat.), is known as Ju-Hua in Chinese. This herb is listed in Shen Nong's Herbal (a historical book of Chinese herbs) as a non-toxic, top-grade herb that has been used as an agent for the treatment of headache, vertigo, and sore throat (28). Flos Chrysanthemi is an edible medicinal herb, and one of the major active ingredients of this plant is luteolin, a flavonoid compound. The pharmacological activity of luteolin is thought to be associated in part with its antioxidant potential (28,29), anti-tumorigenic effects (30,31), and anti-inflammatory/anti-allergic activities (29). In addition, it has been reported that luteolin can act as an inhibitor of protein kinase C and lipoxygenase (32). *In vitro* and *in vivo* studies have also shown that luteolin reduces high blood cholesterol through the inhibition of cholesterol uptake in Caco-2 cells and affects cholesterol transport (33).

Luteolin also has a radio-protective and a protective effect on doxorubicin-induced cardiotoxicity in mice (28,34). The results of the present study indicate that luteolin reduced the escape latency and traveled distance parameters in the Morris water maze while increasing the time spent in the target quadrant in the animal model of AD. These results indicate that luteolin can improve spatial learning and memory impairment in this experimental model. It also prevents the thickness reduction of the CA1 pyramidal cell layer. This finding along with the previous *in vitro* studies revealed the neuroprotective effect of triazine derivatives in the experimental model (23,24).

The ICV STZ model produces cognitive defects similar to those observed in the sporadic dementia of Alzheimer's type (35). STZ administration in rats induces oxidative stress in the brain, A β plaques aggregation, τ protein hyperphosphorylation, neuroinflammation, and apoptosis, which cooperate to repair memory and learning in the AD animal models (35,36). A β plaque is the proteolytic product of APP, which can generate the ROS, especially hydrogen peroxides, leading to cell death in the neuronal cultures and toxicity in hippocampal neurons (37-39). On the other hand, STZ (ICV-STZ) in sub-diabetogenic dose reduces energy metabolism, leading to cognitive dysfunction by inhibiting the synthesis of adenosine triphosphate. The repair of glucose and energy impairment caused by STZ is a potential source for this oxidative stress (40). Oxidative stress is the most important hypothesis involved in the pathophysiology of AD in that excess free radicals of oxygen lead to cell damage, a progressive cognition and memory loss (38,39,41). Additionally, the reciprocal effects of oxidative stress and A β aggregation intensify the impairment of neurological function (5). In the present study, the results showed that STZ injection induced significant defects of memory, indicating the success of AD model establishment.

Given the critical role of ROS in the pathogenesis of AD, numerous ROS scavengers have been employed to investigate whether they can protect against memory

defects in an experimental model of AD (42,43). A number of ROS modulators including flavonoid compounds such as EGCG attenuate cell injury and neurotoxicity during A β exposure (44). Accumulating evidence has shown that luteolin can act as a ROS scavenger agent in a number of tissues or cells. Yu *et al* (45) reported that luteolin can protect myocardial ischemia/reperfusion injury by inhibiting the ROS-MAPK-mediated mechanism. Another study showed that luteolin inhibits Cr (VI)-induced malignant cell transformation of human lung epithelial cells by targeting ROS-mediated multiple cell signaling pathways (46). In human umbilical vein endothelial cells, luteolin suppressed the TNF- α -activated ROS generation, and the expression of Nox4, p22phox, and ICAM-1 and VCAM-1 (47). The present findings suggest that luteolin improved memory impairment and prevents the reduction of CA1 pyramidal cell layer in an AD model. Thus, the neuroprotective effect of luteolin against AD may be due to the antioxidative characteristic of this agent by inhibiting free radical products and dispersing A β plaques. Therefore, luteolin is potentially a suitable therapeutic candidate for neural disorders such as AD, although further studies including clinical trials, are needed to confirm this hypothesis.

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