

## Dihydromyricetin supplementation during *in vitro* culture improves porcine oocyte developmental competence by regulating oxidative stress

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**Abstract.** Dihydromyricetin (DHM), a dihydroflavonoid compound, exhibits a variety of biological activities, including antitumor activity. However, the effects of DHM on mammalian reproductive processes, especially during early embryonic development, remain unclear. In this study, we added DHM to porcine zygotic medium to explore the influence and underlying mechanisms of DHM on the developmental competence of parthenogenetically activated porcine embryos. Supplementation with 5  $\mu$ M DHM during *in vitro* culture (IVC) significantly improved blastocyst formation rate and increased the total number of cells in porcine embryos. Further, DHM supplementation also improved glutathione levels and mitochondrial membrane potential; reduced natural reactive oxygen species levels in blastomeres and apoptosis rate; upregulated *Nanog*, *Oct4*, *SOD1*, *SOD2*, *Sirt1*, and *Bcl2* expression; and downregulated *Beclin1*, *ATG12*, and *Bax* expression. Collectively, DHM supplementation regulated oxidative stress during IVC and could act as a potential antioxidant during *in vitro* porcine oocytes maturation.

**Key words:** Dihydromyricetin, *In vitro* culture, Oxidative stress, Porcine oocyte

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Variations between *in vivo* environments and *in vitro* culture systems are manifested as differences in maturation and survival rates of *in vitro* culture (IVC). *In vitro* embryo production (IVP) procedures, including *in vitro* oocyte maturation (IVM) and *in vitro* embryo culture, have gained attention due to their applications in various fields such as agricultural production and scientific research. Porcine is an important livestock for IVP. However, compared to other livestock embryos, such as that of cattle and sheep, porcine embryos are more sensitive to reactive oxygen species (ROS), osmotic pressure, temperature, pH, humidity, and other environmental factors [1]. Therefore, optimizing porcine IVP is a focus of many studies.

*In vitro* production of mammalian embryos has potentially significant applications, not only to understand biological processes, but also to produce transgenic porcine for generating disease models or xenotransplantation [2, 3]. During *in vitro* culture, oocytes and embryos are subjected to various oxidative stresses that may result in programmed cell death processes such as apoptosis and autophagy, affecting the production efficiency of embryos. Therefore, it is important to protect oocytes and embryos from oxidative stress to maintain the efficiency and quality of *in vitro* embryo production [4, 5].

Adding antioxidants or hormones to the culture medium can prevent mitochondrial dysfunction and oxidative damage by promoting the production of glutathione (GSH) with antioxidant properties in cells or supporting an appropriate pro/antioxidant balance to

protect oocytes and embryos. Antioxidants also improve embryo development rate and quality [6–8] and regulate the expression of various genes such as apoptosis-related genes (*Caspase-3*, *Bcl-2*, *Bax*) [9]. Antioxidants upregulate pluripotency-related genes (*Nanog*, *Oct4*, *Sox2*) [10, 11] and antioxidant-related genes (*SOD*, *CAT*, *Sirt1*) [12–14], while downregulating autophagy-related genes (*Beclin1*, *ATG12*, *LC3*) [15, 16]. Collectively, adding antioxidants to culture media enhances overall embryo quality [17]. For example, ferulic acid [18], lycopene [12], and melatonin [19] have been shown to improve the quality of early embryonic development. Nevertheless, discovering new antioxidant additives to further improve embryo quality is an interesting research avenue.

Dihydromyricetin [(2*R*,3*R*)-3,5,7-trihydroxy-2-(3,4,5-trihydroxyphenyl)-2,3-dihydrochromen-4-one] (DHM) is a flavanol extracted from *Ampelopsis grossedentata*. It exerts anti-inflammatory, antitussive, antioxidant, antibacterial, antitumor, antihypertensive, and hepatoprotective actions [20–26] with almost no toxicity and excellent safety profiles [27]. DHM is widely used to prevent alcoholic liver disease (ALD) and cancer as well as to inhibit fat formation. Additionally, DHM improves antioxidant capacity and mitochondrial function, enhances glucose uptake, and reduces inflammation and oxidative stress [28–30]. DHM has also shown great potential in improving hippocampal lipid peroxidation and protecting human umbilical vein endothelial cells (HUVEC) from oxidative damage [23, 31, 32]. Moreover, DHM can protect endothelial cells from oxidative stress damage in the mitochondrial pathway [22]. However, its effects on mammalian reproductive processes, especially on ovarian development and early embryonic development, are still unclear.

Although DHM has well-known protective properties, its effect on mammalian oocytes has not yet been studied. In the current study, we hypothesized that supplementation with DHM during IVC could enhance the developmental potential of early porcine embryos by reducing oxidative stress.

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## Materials and Methods

### Chemicals and reagents

Unless stated otherwise, all chemicals and reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA). Medium 199 (TCM-199), Dulbecco's phosphate-buffered saline (DPBS), 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolylcarbocyanine-iodide dye (JC-1), 4-chloromethyl-6,8-difluoro-7-hydroxycoumarin (CMF<sub>2</sub>HC), and penicillin-streptomycin (PS) were obtained from Thermo Fisher Scientific (Waltham, MA, USA). BeyoClick EdU-488 cell proliferation detection kit and 2',7'-dichlorodihydrofluorescein diacetate (H<sub>2</sub>DCFDA) were purchased from Beyotime (Shanghai, China). The *in-situ* apoptosis detection kit was purchased from Roche (Mannheim, Germany). DHM was dissolved in dimethyl sulfoxide (DMSO), with DMSO content  $\leq 0.1\%$ , and then diluted to specific concentrations used for the experiment.

### Oocyte collection and *in vitro* maturation (IVM)

Ovaries of prepubertal gilts were obtained from a local slaughterhouse and transferred to the laboratory in 0.9% saline at 30–35°C. A 10 ml syringe was used to aspirate the cumulus-oocyte complexes (COCs) from 3 to 6 mm follicles using an 18-gauge needle. Oocytes with at least three layers of cumulus cells were washed twice with Tyrode's lactate HEPES (TL-HEPES) washed again thrice with IVM medium. Approximately 80 COCs were transferred to 500  $\mu$ l of mineral oil-covered IVM medium (medium 199 supplemented with 10% porcine follicular fluid, 0.57 mM L-cysteine, 20 ng/ml epidermal growth factor, 1% PS, 0.2 mM sodium pyruvate, 10 IU/ml follicle stimulating hormone (Ningbo No. 2 Hormone Factory, China), 10 IU/ml luteinizing hormone (Ningbo No. 2 Hormone Factory, China)) and cultured at 38.5°C in 5% CO<sub>2</sub> and 100% humidity for 45 h.

### Oocyte parthenogenetic activation (PA) and *in vitro* culture

Oocytes matured and cultured *in vitro* for 45 h were gently treated with 0.1% hyaluronidase to remove the outer cumulus cells of the COCs. Denuded mature oocytes were parthenogenetically activated using two direct-current pulses of 120 V for 60  $\mu$ sec in 300 mM mannitol containing 0.5 mM HEPES, 0.1 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.05 mM CaCl<sub>2</sub>·2 H<sub>2</sub>O, 0.01% polyvinyl alcohol (PVA), and 0.1% (w/v) bovine serum albumin (BSA). Next, the oocytes were cultured in bicarbonate-buffered porcine zygote medium 5 (PZM-5) [33] containing 4 mg/ml BSA and 7.5  $\mu$ g/ml cytochalasin B for 3 h to suppress extrusion of the pseudo-second polar body. Finally, the oocytes were washed and cultured in 50  $\mu$ l of bicarbonate-buffered PZM-5 containing 4 mg/ml BSA with or without DHM for another 7 days and covered with mineral oil at 38.5°C in 5% CO<sub>2</sub> without changing the medium.

### Cell counting and 5-ethynyl-2'-deoxyuridine (EdU) assay

Cell proliferation was assessed using the BeyoClick EdU-488 cell proliferation detection kit according to the manufacturer's instructions. Briefly, on day 6, the embryos were incubated in IVC medium (pre-balanced at 38.5°C for more than 3 h) containing 10  $\mu$ M EdU for 8 h. Next, blastocysts were fixed with 3.7% paraformaldehyde in phosphate-buffered saline with 0.1% polyvinyl alcohol (PBS-PVA) for 30 min and then permeabilized by incubation in 0.3% triton X-100 for 30 min at room temperature, followed by incubation with 1% BSA in PBS-PVA for 1 h at 37°C. After washing thrice with PBS-PVA, the embryos were incubated with BeyoClick additive solution at room temperature in the dark for 60 min. The embryos were then incubated with 10  $\mu$ g/ml Hoechst 33342 for 15 min at room

temperature to label the nuclei. A fluorescence microscope (Eclipse Ti2; Nikon, Tokyo, Japan) and Image J software (NIH, Bethesda, MD, USA) were used to analyze the number of EdU-positive cells and the total cells. The proliferation rate was calculated as the ratio of EdU-positive cell number to total cell number.

### Cell counting and TUNEL assays

The apoptosis rate of blastocyst cells was determined using an *in-situ* apoptosis detection kit (cat #11684795910, Roche). The day-7 blastocysts were fixed in 3.7% formalin (FA) at room temperature for 30 min. Then, they were incubated in 0.3% triton X-100 at room temperature for 30 min, followed by blocking in 0.1% PBS-PVA for 30 min, and incubation in 1% BSA in PBS-PVA for 1 h at 37°C. Fluorescein coupled dUTP and terminal deoxynucleotidyl transferase were incubated in the dark at 37°C for 1 h. The cells were then washed three times with 0.1% PBS-PVA for 3 times. The embryos were then treated with 10  $\mu$ g/ml Hoechst 33342, incubated in the dark at 37°C for 15 min, washed thrice in 0.1% PBS-PVA, and fixed on a slide. Fluorescence microscopy and ImageJ software were used to analyze the fluorescence intensities, number of apoptotic nuclei, and total number of nuclei. Apoptosis was evaluated based on the percentage of apoptotic nuclei in the blastocysts.

### ROS and GSH level assays

After culturing for 48 h, intracellular ROS and GSH levels in the blastomeres were determined by incubating the 4-cell-stage embryos in PBS-PVA medium containing 10  $\mu$ M H<sub>2</sub>DCFDA and 10  $\mu$ M CMF<sub>2</sub>HC for 15 min and 30 min at 37°C, respectively. After washing thrice with PBS-PVA, fluorescence microscopy and ImageJ software were used to analyze the fluorescence intensities.

### Determination of mitochondrial membrane potential (MMP, $\Delta\Psi_m$ )

Mitochondrial function was assessed by measuring the  $\Delta\Psi_m$ . Briefly, 4-cell-stage embryos were washed thrice with PBS-PVA and incubated in PBS-PVA containing 2.5  $\mu$ M JC-1 at 37°C for 30 min. After washing thrice with PBS-PVA, red and green fluorescence intensities were captured using a fluorescence microscope. The average  $\Delta\Psi_m$  values of all 4-cell-stage embryos were then calculated as the ratio of red fluorescence intensity (corresponding to active mitochondria) to green fluorescence intensity (corresponding to inactive mitochondria) using the ImageJ software.

### RNA extraction and real-time reverse transcriptase-polymerase chain reaction (RT-PCR)

Blastocysts were collected from day-7 embryos, and DynaBeads mRNA direct kit (Cat #61012; DynaL Asa, Oslo, Norway) was used to extract the mRNA according to manufacturer's instructions. Next, the DynaBeads mRNA direct kit (Life Technologies, Carlsbad, CA, USA) was used to reverse transcribe the extracted RNA to obtain cDNA. qPCR was performed using the CFX connect optics module PCR instrument and Kapa kit. The 20  $\mu$ l PCR reaction solution included 2  $\mu$ l cDNA and 1  $\mu$ l primer (including forward primer and reverse primer), 10  $\mu$ l SYBR green, and 7  $\mu$ l ddH<sub>2</sub>O. The following settings were used for the thermal cycler: initial denaturation at 95°C for 3 min, denaturation at 95°C for 3 sec, annealing at 60°C for 30 sec, and extension at 72°C for 20 sec. The reaction was run for 40 cycles. The target genes were *Bax*, *Bcl2*, *Nanog*, *Oct4*, *Beclin1*, *ATG12*, *SOD1*, *SOD2*, and *Sirt1*. *GAPDH* was used as an internal control. The primers used to amplify each gene are listed in Table 1. Quantitative RNA data were obtained using the 2<sup>- $\Delta\Delta C_T$</sup>  method.

**Table 1.** Primer sequences

Gene	Primer sequences (5'-3')
<i>GAPDH</i>	F: TTCACGGCACAGTCAAG R: ATACTCAGCACCAGCATCG
<i>OCT4</i>	F: GTGAGAGGCAACCTGGAGAG R: TCGTTGCGAATAGTCACTGC
<i>Bax</i>	F: GATCGAGCAGGGCGAATG R: GGGCCTTGAGCACCAGTTTA
<i>ATG12</i>	F: CAACTGCTGCTGAGGGCGATG R: CACCGCAGGTTCTTCTGTTC
<i>NANOG</i>	F: AAGTACCTCAGCCTCCAGCA R: GTGCTGAGCCCTTCTGAATC
<i>Bcl2</i>	F: GCCGAAATGTTTGTGAC R: GCCGATCTCGAAGGAAGT
<i>SOD2</i>	F: CTGGACAAATCTGAGCCCTAAC R: GACGGATACAGCGGTCAACT
<i>SOD1</i>	F: TGACTGCTGGCAAAGATGGT R: TTTCCACCTTGCCCAAGTC
<i>SIRT1</i>	F: ATCGTCACCAATGGTTTCCA R: GGATCTGTGCCAATCATGAG
<i>BECLIN1</i>	F: AGGAGCTGCCGTTGACTGTTCT R: TGCTGCACACAGTCCAGGAA

The annealing temperature for all reactions was 60°C.  
F: forward primer; R: reverse primer.

### Statistical analysis

Results are presented as mean  $\pm$  standard deviation (SD). The total number of embryos used (*n*) and the number of independent repeats (*R*) for each experiment are shown in the figures. Data for the two groups were compared using Student's *t*-test. Three or more means were analyzed using one-way analysis of variance (Tukey-Kramer). All statistical analyses were performed using SPSS version 17.0 (IBM, Chicago, IL, USA). Significant differences are represented by \* ( $P < 0.05$ ), \*\* ( $P < 0.01$ ) and \*\*\* ( $P < 0.001$ ).

## Results

### Different DHM concentrations affect porcine early embryonic development

After parthenogenetic activation, one-cell-stage parthenotes were cultured in the presence of various concentrations of DHM. We examined the blastocyst rate at different concentrations of DHM (0 (control), 2.5, 5, 10  $\mu$ M). The results revealed that on day 6, the blastocyst formation rates were  $29.06 \pm 2.48\%$ ,  $31.89 \pm 7.14\%$ ,  $50.74 \pm 4.65\%$ , and  $22.83 \pm 6.50\%$  with 0  $\mu$ M, 2.5  $\mu$ M, 5  $\mu$ M, and 10  $\mu$ M DHM, respectively. On day 7, the rates were  $37.00 \pm 2.48\%$ ,  $40.11 \pm 5.47\%$ ,  $57.04 \pm 1.60\%$ , and  $25.32 \pm 8.73\%$ , respectively (Figs. 1A, B). On day 6, the total blastocyst cell numbers in the control and 5  $\mu$ M DHM-treated group were  $47.32 \pm 5.85\%$  and  $58.56 \pm 7.22\%$ , respectively (Figs. 1C, D). Based on these results, a concentration of 5  $\mu$ M was selected for subsequent experiments.

### DHM supplementation can reduce oocyte apoptosis and increase the level of proliferation

To explore how 5  $\mu$ M DHM treatment improved the quality of porcine PA embryos, we first evaluated cell proliferation ability and apoptosis in blastocyst cultures with and without DHM treatment. The relative number of EdU-positive nuclei in DHM-treated PA

embryos increased by  $12.66 \pm 1.84$ -fold compared to that in the control group (Figs. 2A, B). The ratio of TUNEL-positive nuclei in the DHM-treated PA embryos and control embryos were  $12.08 \pm 6.35\%$  and  $6.38 \pm 6.01\%$ , respectively (Figs. 2C, D).

### DHM enhanced the oxidation resistance of porcine early-stage embryos

Early embryos are easily perturbed by oxidative stress during development, which results in developmental arrest. Therefore, ROS levels were measured in this study. The ROS levels in early embryos in the DHM-treated group were significantly lower than those in the control group (Fig. 3A,  $0.20 \pm 0.76$ -fold). As GSH levels vary in different cells, and GSH exhibits strong antioxidant properties, the GSH levels were measured. The GSH levels of early embryos in the DHM-treated group were significantly higher than those in the control group (Fig. 3B,  $0.12 \pm 0.01$ -fold).

### DHM enhances mitochondrial activity during early porcine embryonic development

As mitochondria play an important role in maintaining normal cell metabolism, the mitochondrial membrane potential was analyzed. A representative image of JC-1 staining is shown in Fig. 4. Our results showed that the  $\Delta\Psi_m$  values of embryos in the DHM treatment group were significantly higher ( $1.34 \pm 0.48$ -fold,  $P < 0.01$ ) than those of the control embryos. Thus, the  $\Delta\Psi_m$  increased significantly after DHM treatment, indicating that DHM supplementation enhanced mitochondrial activity.

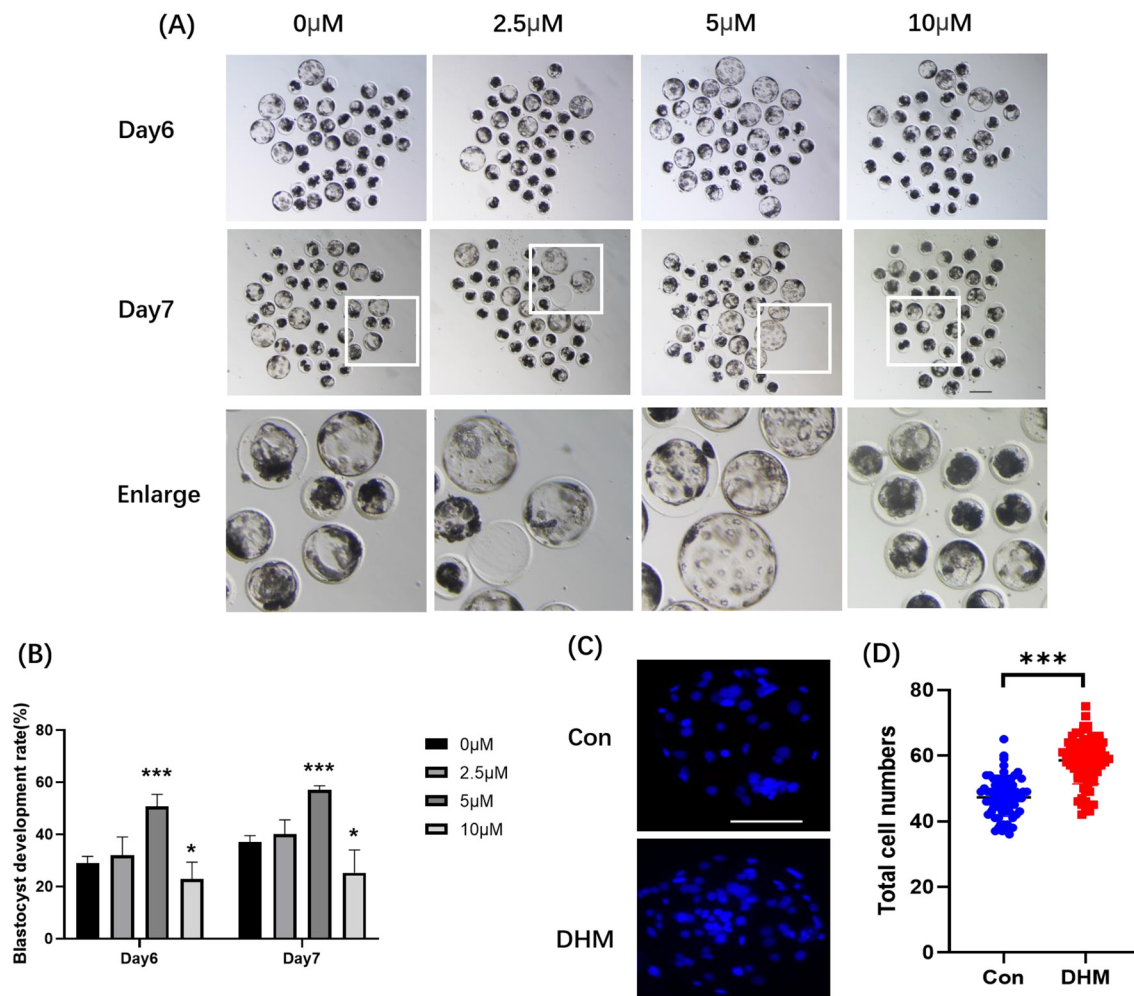
### Differential gene expression in blastocysts with or without DHM

To analyze the potential mechanism by which DHM influences embryonic development, the expression levels of pluripotency-related genes (*Nanog* and *Oct4*), autophagy-related genes (*Beclin1* and *ATG12*), apoptosis-related genes (*Bax* and *Bcl2*), and antioxidant stress-related genes (*SOD1*, *SOD2*, and *SIRT1*) were quantified using qRT-PCR (Fig. 5). The results showed that the expression levels of *Nanog* ( $P < 0.05$ ), *Oct4* ( $P < 0.05$ ), *SOD1* ( $P < 0.05$ ), *SOD2* ( $P < 0.05$ ), *SIRT1* ( $P < 0.05$ ), and *Bcl2* ( $P < 0.01$ ) were higher than those of the control group. Conversely, those of *Beclin1* ( $P < 0.05$ ), *ATG12* ( $P < 0.05$ ), and *Bax* ( $P < 0.05$ ) were lower in the DHM-supplemented group than those in the control group.

## Discussion

During IVC, embryos are subjected to various oxidative stressors. Owing to the limited ability of the embryos to alleviate oxidative stress, ROS overproduction could disrupt the existing cellular pre-oxidant/antioxidant balance and lead to serious oxidative stress [34], causing high embryonic mortality and low development rate. Therefore, this study examined whether the addition of the natural antioxidant DHM could reduce the level of oxidative stress to improve embryo quality. Different concentrations of DHM were added to the IVC of embryos for investigation. The experiment revealed that 5  $\mu$ M DHM effectively improves blastocyst development by stabilizing mitochondrial function, alleviating oxidative stress, and reducing apoptosis and autophagy. These results indicate that DHM can increase the developmental potential of early embryos by reducing oxidative stress.

The *in vitro* maturation efficiency of oocytes is significantly lower than the *in vivo* efficiency, and the number of preantral follicular embryos cultured *in vitro* is very low. This could be attributed to



**Fig. 1.** Effects of various DHM concentrations (0 μM, 2.5 μM, 5 μM, and 10 μM) on porcine embryo development. (A) Embryo development on different days. Scale bar = 200 μm. (B) Blastocyst formation rates on different days. Numbers of oocytes (n) used in this experiment were 189, 173, 191, and 175 with 0 μM, 2.5 μM, 5 μM, and 10 μM DHM, respectively. R = 5. (C) On the seventh day, the blastocysts were stained with Hoechst 33342. Scale bar = 100 μm. (D) Total cell number of blastocysts on day 7 in the Con (n = 72) and DHM-treated (n = 80) groups. R = 4. Data are presented as the mean ± SD. Significant differences are represented by \*(P < 0.05), \*\* (P < 0.01), and \*\*\* (P < 0.001).

the oxidative stress induced by the imbalance between intracellular antioxidant activity and ROS clearance [35]. Mammalian oocytes are highly sensitive to ROS. However, the maturation process of porcine oocytes is longer than that of other mammalian oocytes [36]. Thus, porcine oocytes are more sensitive to oxidative stress owing to prolonged ROS production. Therefore, ensuring a dynamic balance between ROS and antioxidant levels is essential for normal oocyte development. GSH, the major cellular antioxidant contributing to both non-enzymatic and enzyme-dependent defense against ROS, is an inefficient substrate for *SOD1*-catalyzed H<sub>2</sub>O<sub>2</sub> formation [37]. The absence of *SOD1* thus leads to oxidative stress, which dramatically increases intracellular ROS levels and induces mitochondrial dysfunction [38, 39].

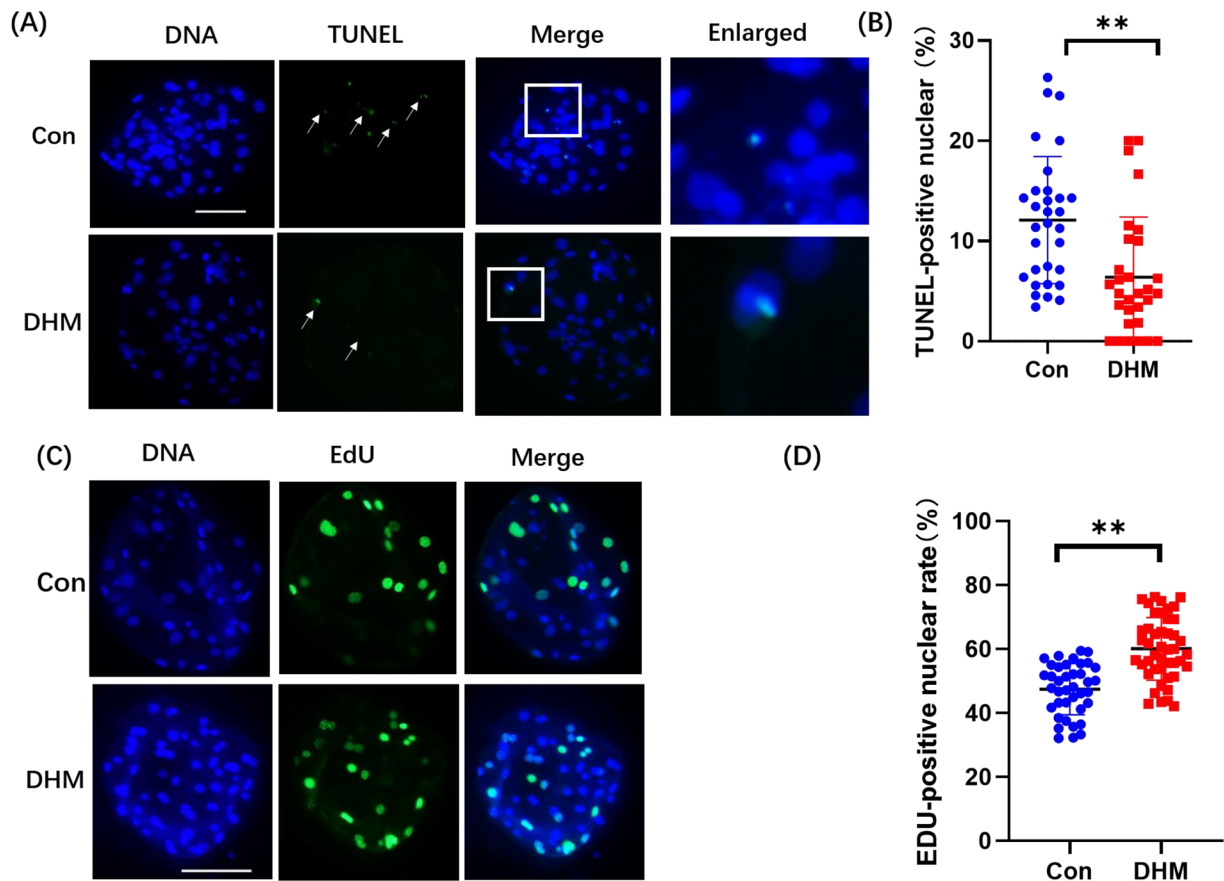
In this study, DHM supplementation significantly decreased ROS levels and significantly increased GSH levels in 4-cell-stage embryos. Our results are consistent with the results of other studies [40–42]. Simultaneously, the mRNA expression levels of the antioxidant stress genes *SOD1*, *SOD2*, and *SIRT1* in blastocyst cells were measured. The results showed that the addition of DHM increased the expression of antioxidant stress genes. Collectively, DHM may improve the embryonic development rate by improving the antioxidant capacity

of oocytes; however, elucidating the details of this process requires further confirmation.

Mitochondria are important organelles, and their membrane potential affects ATP generation during oxidative phosphorylation [43], which is also a source of ROS in cells. Normal MMP is necessary for mitochondrial oxidative phosphorylation and ATP production. When MMP decreases, mitochondria swell, ATP hydrolysis and ion homeostasis are disrupted, and pro-apoptotic factors (such as cytochrome c) are released to promote apoptosis [44, 45]. Cells and embryos exhibit better growth, proliferation, and growth potential when MMP is high [7, 46, 47]. It has been reported that DHM can promote the phosphorylation of AMPK and ulk1 and improve mitochondrial function [48], which is consistent with our results.

In our study, the cell apoptosis TUNEL and cell proliferation EdU assays indicated that supplementation with DHM effectively reduces apoptosis, and the total cell number and the cell proliferation rate of blastocysts were significantly increased. This is related to the ability of DHM to increase GSH levels and reduce ROS accumulation because high levels of ROS can damage cell membranes and DNA, causing apoptosis [49–51]. The downregulation of the apoptotic gene *Bax* and upregulation of the anti-apoptotic gene *Bcl2* in the





**Fig. 2.** Effects of DHM on proliferation and apoptosis of blastocyst cells. (A) TUNEL staining of blastocysts on day 7. Scale bar = 100  $\mu$ m. (B) The proportion of apoptotic cells in the Con (n = 31) and DHM-treated (n = 30) groups. R = 3. (C) Representative EdU stained images of blastocysts. (D) Proportion of proliferating cells in embryos treated with DHM (n = 39) and not treated with DHM (n = 45) on day 7. R = 4. Data are presented as the mean  $\pm$  SD. Significant differences are represented by \*(P < 0.05), \*\*\*(P < 0.001), and \*\*\*(P < 0.001).

DHM-supplemented group also supports this hypothesis [52–54].

Finally, we examined the expression of pluripotency-related genes (*Nanog* and *Oct4*) and autophagy-related genes (*Beclin1* and *ATG12*) to explore the effects of DHM on early embryos. The gene expression of *Nanog* and *Oct4* was upregulated by DHM supplementation, indicating that DHM can maintain pluripotency and self-renewal and sustain the development of pre-implantation embryos [55, 56]. Simultaneously, the expression of autophagy genes *Beclin1* and *ATG12* decreased, indicating that DHM can protect oocytes from autophagy damage.

Compared to parthenogenesis, *in vitro* fertilization is associated with a high frequency of polyspermy, which leads to chromosomal abnormalities in embryos [57, 58]. Although many groups have explored various methods to reduce the occurrence of polyspermy in porcine embryos, normal porcine embryos are produced *in vitro* [57, 59]. This remains a challenge and requires further exploration. However, as of date, no research has been conducted on whether DHM can reduce the occurrence of polyspermy during *in vitro* fertilization; thus, this topic requires future research and verification.

In summary, adding DHM under *in vitro* culture conditions after parthenogenesis can improve the quality and developmental competence of early embryos by inhibiting apoptosis, increasing GSH content, enhancing mitochondrial function, and reducing ROS accumulation and autophagy. These findings will help improve *in vitro* embryo production and the efficiency of assisted reproduction.

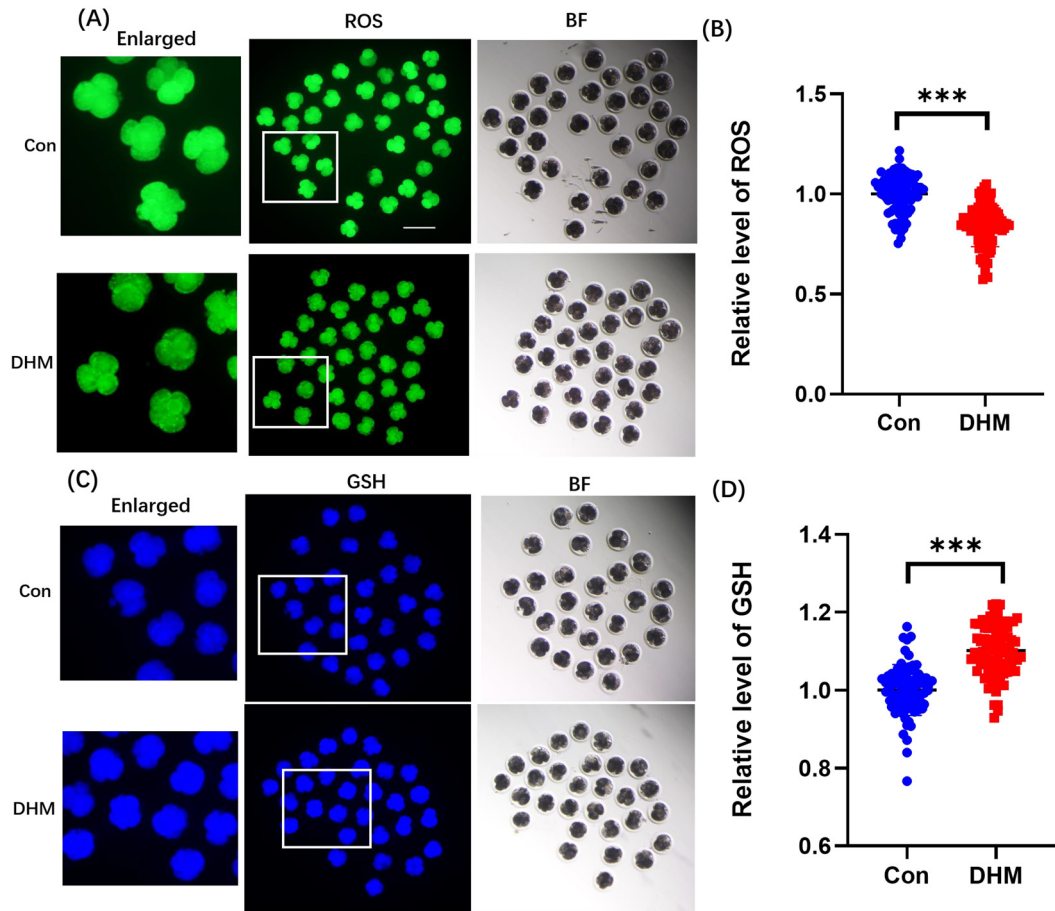
**Conflict of interests:** The authors have no conflicts to declare.

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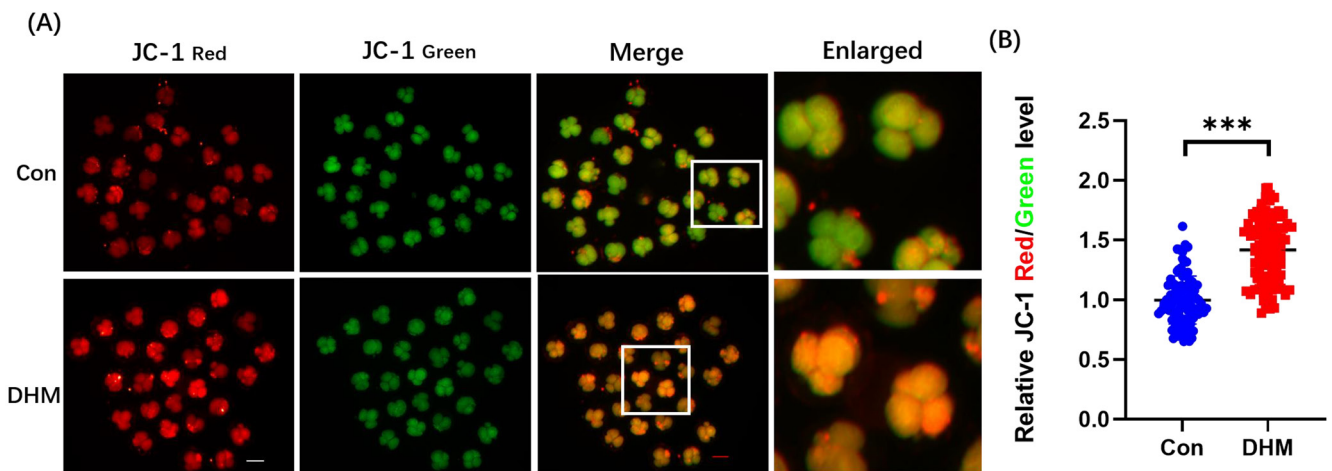
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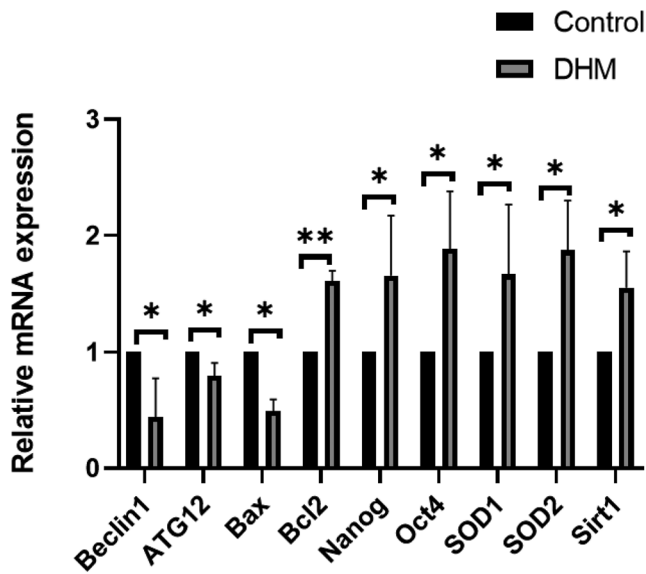
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**Fig. 3.** Effects of DHM on ROS and GSH levels in 4-cell embryos. (A) Representative ROS staining images of 4-cell-stage embryos. Scale bar = 200  $\mu$ m. (B) Relative changes in ROS fluorescence intensity levels of 4-cell-stage embryos in the Con (n = 83) and DHM-treated (n = 89) groups. ROS fluorescence intensity in DHM-treated 4-cell stage embryos was significantly decreased to  $0.16 \pm 0.07$ -fold compared to that in the Con group. Blue and red dots represent the measurement distributions in the control and DHM groups, respectively. R = 3. (C) Representative GSH-stained images of 4-cell-stage embryos. Scale bar = 200  $\mu$ m. (D) Relative GSH fluorescence intensity levels of 4-cell-stage embryos in the Con (n = 76) and DHM-treated (n = 85) groups. DHM treatment of 4-cell stage embryos led to a  $0.11 \pm 0.01$ -fold increase in GSH fluorescence intensity levels. R = 3. Data are presented as mean  $\pm$  SD. Significant differences are represented by \*(P < 0.05), \*\*(P < 0.01), and \*\*\*(P < 0.001).



**Fig. 4.** Effects of DHM on mitochondrial function in 4-cell stage embryos. (A) Representative JC-1 staining images of 4-cell stage embryos in the con and DHM-treated groups. Scale bar = 100  $\mu$ m. (B) Relative fluorescence levels of JC-1 red/green in 4-cell stage embryos with (n = 95) and without DHM treatment (n = 98). R = 3. Four-cell stage embryos with DHM treatment led to a  $0.42 \pm 0.07$ -fold increase in JC-1 fluorescence intensity levels. Data are presented as the mean  $\pm$  SD. Significant differences are represented by \*(P < 0.05), \*\*(P < 0.01), and \*\*\*(P < 0.001).



**Fig. 5.** Differential gene expression in blastocysts. Gene expression levels were analyzed in porcine blastocysts with or without DHM treatment on day 7. Significant differences are represented by \* ( $P < 0.05$ ) and \*\* ( $P < 0.01$ ).

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