



OPEN

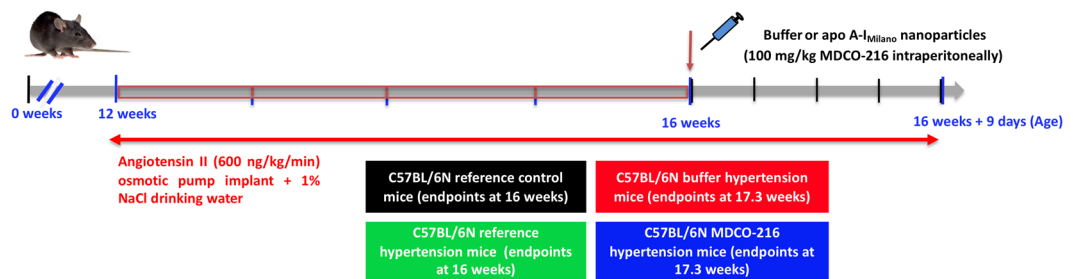
# Administration of apo A-I (Milano) nanoparticles reverses pathological remodelling, cardiac dysfunction, and heart failure in a murine model of HFpEF associated with hypertension

Mudit Mishra<sup>1</sup>, Ilayaraja Muthuramu<sup>1</sup>, Herman Kempen<sup>2</sup> & Bart De Geest<sup>1</sup>✉

Therapeutic interventions with proven efficacy in heart failure with reduced ejection fraction (HFrEF) have been unsuccessful in heart failure with preserved ejection fraction (HFpEF). The modifiable risk factor with the greatest impact on the development of HFpEF is hypertension. The objectives of this study were to establish a murine model of HFpEF associated with hypertension and to evaluate the effect of apo A-I<sub>Milano</sub> nanoparticles (MDCO-216) on established HFpEF in this model. Subcutaneous infusion of angiotensin II in combination with 1% NaCl in the drinking water was started at the age of 12 weeks in male C57BL/6N mice and continued for the entire duration of the experiment. Treatment with MDCO-216 partially reversed established cardiac hypertrophy, cardiomyocyte hypertrophy, capillary rarefaction, and perivascular fibrosis in this model. Pressure-volume loop analysis was consistent with HFpEF in hypertension mice as evidenced by the preserved ejection fraction and a significant reduction of cardiac output ( $7.78 \pm 0.56$  ml/min versus  $10.5 \pm 0.7$  ml/min;  $p < 0.01$ ) and of the peak filling rate ( $p < 0.05$ ). MDCO-216 completely reversed cardiac dysfunction and abolished heart failure as evidenced by the normal lung weight and normal biomarkers of heart failure. In conclusion, apo A-I<sub>Milano</sub> nanoparticles constitute an effective treatment for established hypertension-associated HFpEF.

Heart failure is the inability of the heart to pump blood forward at a sufficient cardiac output to meet the metabolic requirements of organs and tissues (termed forward failure) or the ability to do this only at the expense of pathologically elevated cardiac filling pressures (termed backward failure) or a combination of both. The distribution of ejection fraction in patients admitted for acutely decompensated heart failure is bimodal<sup>1,2</sup>. A distinction is made between heart failure with reduced ejection fraction (ejection fraction  $< 40\%$ ) and heart failure with preserved ejection fraction (HFpEF) (ejection fraction  $\geq 50\%$ ). This distinction reflects different pathophysiological mechanisms<sup>3,4</sup> that ultimately are responsible for left ventricular chamber dilatation in HFrEF and a normal or quasi-normal left ventricular chamber size in HFpEF<sup>5</sup>. Ventricular remodelling induced by age, hypertension, and in some cases diabetes mellitus may generate a slowly progressive substrate upon which HFpEF develops whereas accelerated and larger-scale myocyte loss and/or dysfunction is required for development of HFrEF<sup>3</sup>. Ventricular morphology in HFpEF is characterised by an increased ratio of ventricular mass to chamber volume in comparison to healthy controls<sup>6,7</sup>. This type of left ventricular remodelling can also be detected in a significant proportion of individuals with pressure overload induced by arterial hypertension. HFpEF can develop as a progression of asymptomatic hypertensive heart disease<sup>8,9</sup>. Hypertension is the single largest risk factor for the development of heart failure<sup>10</sup> but is rarely a solitary cause for HFrEF<sup>11</sup>. In contrast, the modifiable risk factor with the greatest impact on the development of HFpEF is hypertension<sup>12</sup>. Diastolic dysfunction is an important

<sup>1</sup>Centre for Molecular and Vascular Biology, Department of Cardiovascular Sciences, Catholic University of Leuven, 3000, Leuven, Belgium. <sup>2</sup>The Medicines Company (Schweiz) GmbH, CH-8001, Zürich, Switzerland. ✉e-mail: [bart.degeest@kuleuven.be](mailto:bart.degeest@kuleuven.be)



**Figure 1.** Schematic representation of the study design.

	Reference control	Reference hypertension	Buffer hypertension	MDCO-216 hypertension
Total cholesterol(mmol/L)	1.76 ± 0.08	1.72 ± 0.11	1.78 ± 0.09	1.67 ± 0.12
Non-HDL cholesterol(mmol/L)	0.533 ± 0.040	0.474 ± 0.076	0.526 ± 0.062	0.511 ± 0.065
HDL cholesterol(mmol/L)	1.22 ± 0.09	1.24 ± 0.07	1.26 ± 0.10	1.16 ± 0.10
Insulin (pmol/L)	113 ± 9	129 ± 16	144 ± 13	128 ± 15
Glucose (mmol/L)	6.21 ± 0.24	5.37 ± 0.38	5.93 ± 0.28	5.89 ± 0.17

**Table 1.** Total, non-HDL, and HDL cholesterol plasma levels, insulin plasma levels, and blood glucose levels in C57BL/6N mice at time of sacrifice. All data are expressed as means ± SEM (n = 15).

hallmark of HFpEF and includes impairment in active myocardial relaxation and reduced distensibility of the myocardium<sup>13,14</sup>. Hypertension is strongly associated with left ventricular diastolic dysfunction<sup>15–17</sup>. Whereas low ventricular pressures and vigorous myocardial elastic recoil potentiate ventricular filling without a significant rise in ventricular pressure in healthy subjects, impaired active myocardial relaxation and ventricular stiffness in subjects with HFpEF increase ventricular filling pressures, which are upstream transmitted to the left atrium and to the pulmonary circulation and result in signs and symptoms of heart failure.

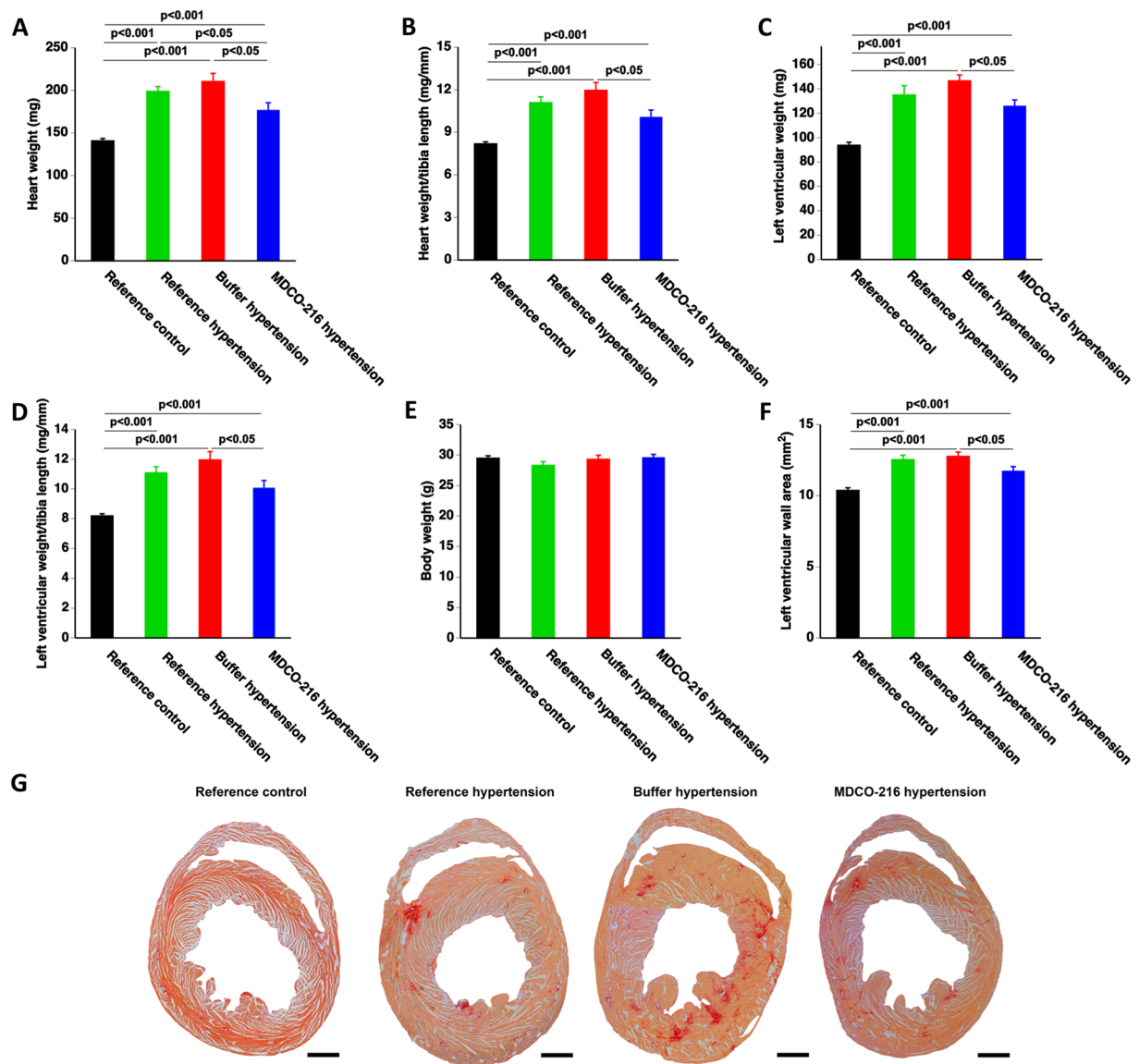
Most randomized clinical trials in subjects with heart failure have been restricted to HFReEF patients since ejection fraction was a major inclusion criterion in these studies. Inhibition of the renin-angiotensin-aldosterone system and  $\beta$ -receptor blockade enhance survival and decrease the frequency of hospitalizations in patients with HFReEF<sup>18</sup>. In contrast to the progress in the treatment of HFReEF, no therapy has been found to have clinical benefit in individuals with HFpEF and no intervention has resulted in decreased mortality in patients with HFpEF<sup>19,20</sup>.

Previous studies from our lab provide powerful evidence that high-density lipoproteins (HDL) exert direct effects on the myocardium that are entirely independent of any effect on the epicardial coronary arteries<sup>21–25</sup>. Apolipoprotein (apo) A-I is the main apolipoprotein of HDL. The objectives of the current study were twofold. The first objective was to generate a new murine model of hypertension-associated HFpEF without the need to perform a unilateral nephrectomy. The second objective was to evaluate the therapeutic efficacy of apo A-I<sub>Milano</sub> nanoparticles in hypertension-associated HFpEF. MDCO-216 is pharmaceutical product with proven clinical safety<sup>26–29</sup> that comprises highly purified dimeric apoA-I<sub>Milano</sub> produced by recombinant DNA technology and complexed with 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphatidylcholine. We specifically evaluated whether administration of apo A-I<sub>Milano</sub> nanoparticles can reverse established HFpEF in C57BL/6N mice induced by angiotensin II infusion combined with 1% NaCl in the drinking water.

## Results

**Study design to evaluate the effect of apo A-I<sub>Milano</sub> nanoparticles on established HFpEF.** The study design is illustrated in Fig. 1. Subcutaneous infusion of angiotensin II (600 ng/kg/min) in combination with 1% NaCl in the drinking water was initiated at the age of 12 weeks in male C57BL/6N mice and continued for 4 weeks in reference hypertension mice and for 4 weeks and nine days in buffer hypertension mice and MDCO-216 hypertension mice. Mice of the reference control group received an osmotic pump containing no angiotensin II and were given tap water to drink. Endpoint analyses were performed at the age of 16 weeks in reference control and in reference hypertension mice. MDCO-216 hypertension mice were treated with 5 intraperitoneal administrations of 100 mg/kg (protein concentration) of apo A-I<sub>Milano</sub> nanoparticles (MDCO-216) at an interval of 48 hours each starting at the age of 16 weeks. Buffer hypertension mice were injected with the same volume of control buffer. Endpoints were determined at the age of 16 weeks and 9 days in buffer hypertension mice and in MDCO-216 hypertension mice (Fig. 1). No significant differences of lipoprotein cholesterol levels, plasma insulin, or blood glucose were observed between the four groups at the time of sacrifice (Table 1).

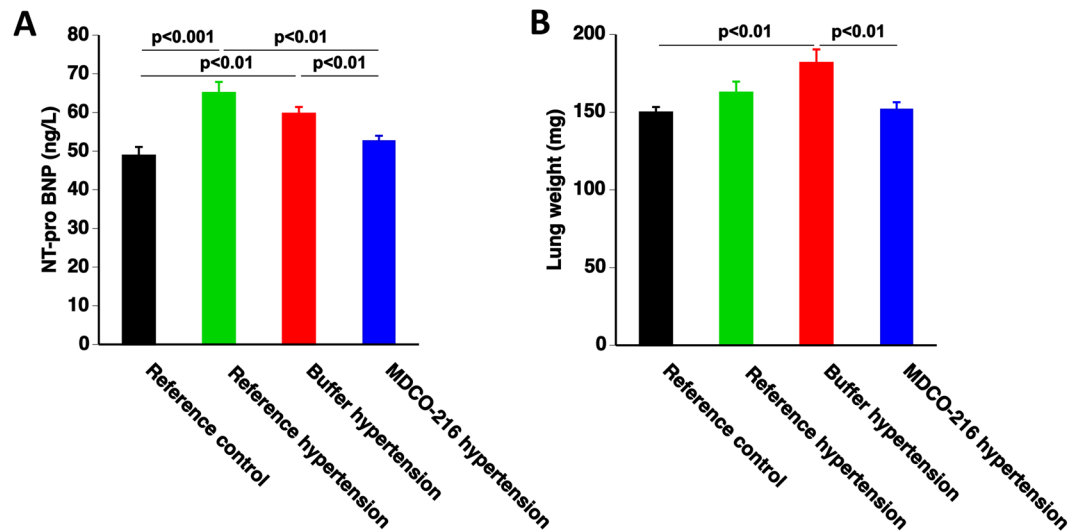
**Treatment with apo A-I<sub>Milano</sub> nanoparticles partially reverses established cardiac hypertrophy in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension.** Infusion of angiotensin II in combination with 1% NaCl in the drinking water resulted in a 1.41-fold ( $p < 0.001$ ) increase of heart weight in reference hypertension mice compared to reference control mice (Fig. 2A). Heart weight in MDCO-216 hypertension mice was 11.1% ( $p < 0.05$ ) and 16.0% ( $p < 0.05$ ) lower than in reference hypertension mice and buffer hypertension mice, respectively (Fig. 2B). Similar differences were observed when heart weight was normalised



**Figure 2.** MDCO-216 partially reverses established cardiac hypertrophy in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension. All data are expressed as means  $\pm$  SEM ( $n = 12$ ). Representative Sirius-red stained cross-sections are shown in panel G. Scale bar represents 1 mm.

to tibia length (Fig. 2B). Left ventricular weight was 1.44-fold ( $p < 0.001$ ) higher and 1.56-fold ( $p < 0.001$ ) higher in reference hypertension mice and in buffer hypertension mice, respectively, than in reference control mice (Fig. 2C). Left ventricular weight was 14.1% ( $p < 0.05$ ) lower in MDCO-216 hypertension mice than in buffer hypertension mice. Similar differences were present when left ventricular weight was normalised to tibia length (Fig. 2D). Tibia length (data not shown) and body weight (Fig. 2E) were similar in all groups. Quantification of left ventricular wall area (LV wall area) based on morphometric analysis of Sirius-red stained cross-sections independently confirmed the degree of left ventricular hypertrophy in mice with angiotensin II/1% NaCl-induced hypertension (Fig. 2F). Representative Sirius red-stained cross-sections of hearts of reference control, reference hypertension, buffer hypertension, and MDCO-216 hypertension mice illustrating the degree of left ventricular hypertrophy are shown in Fig. 2G. Taken together, treatment with MDCO-216 partially reverses cardiac hypertrophy under conditions of continued subcutaneous infusion of angiotensin II (600 ng/kg/min) in combination with 1% NaCl in the drinking water.

**MDCO-216 reverses heart failure in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension.** Figure 3A illustrates plasma levels of N-terminal prohormone of brain natriuretic peptide (NT-proBNP), a biomarker of heart failure. NT-proBNP levels were increased by 1.33-fold ( $p < 0.001$ ) and by 1.22-fold ( $p < 0.01$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice. NT-pro BNP levels in MDCO-216 hypertension mice were reduced by 19.0% ( $p < 0.01$ ) and by 11.7% ( $p < 0.01$ ) compared to reference hypertension mice and buffer hypertension mice, respectively.



**Figure 3.** MDCO-216 reverses heart failure in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension. All data are expressed as means  $\pm$  SEM (n = 12).

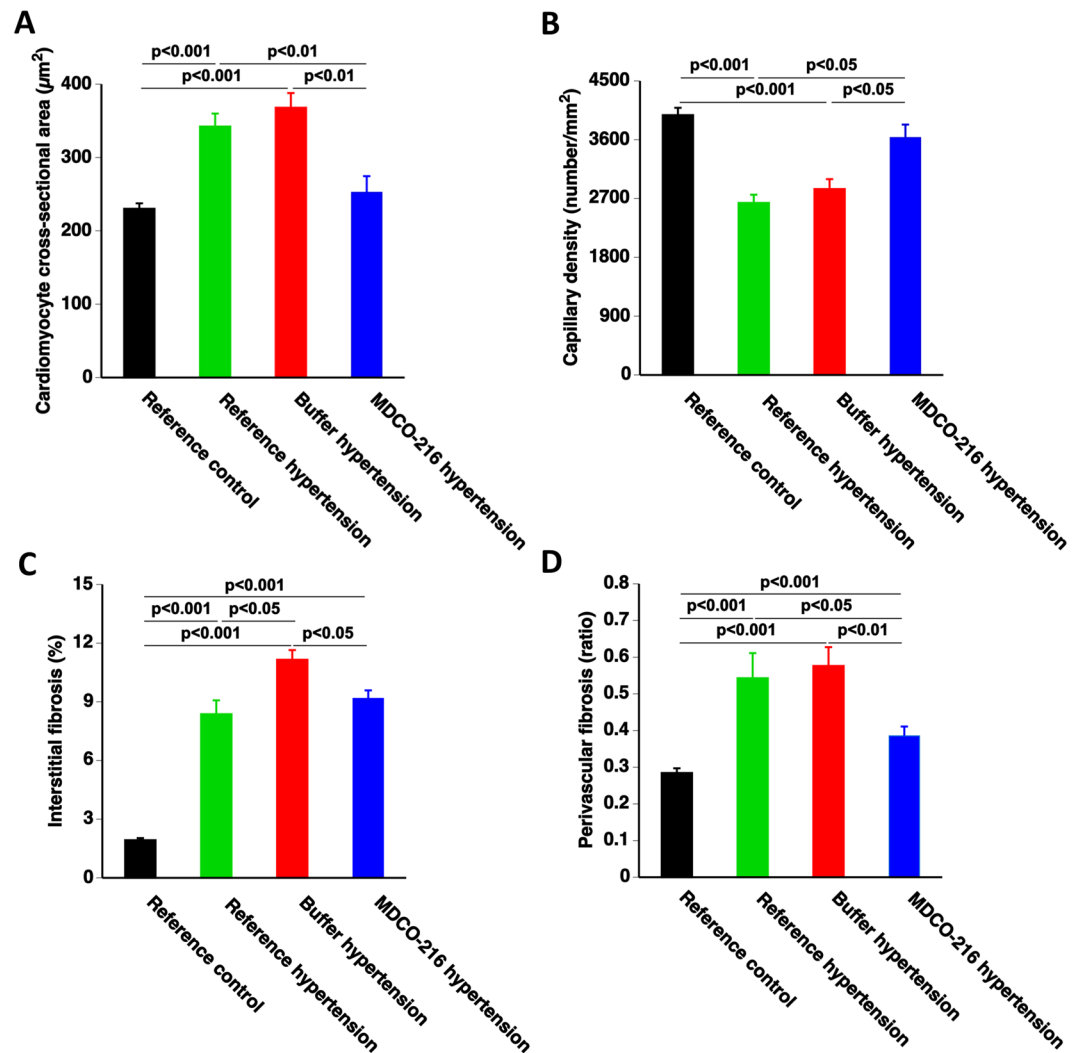
Moreover, NT-proBNP levels in MDCO-216 hypertension mice were unaltered compared to reference control mice. A 1.21-fold ( $p < 0.01$ ) increase of wet lung weight was observed in buffer hypertension mice compared to reference control mice (Fig. 3B). Wet lung weight was 16.4% ( $p < 0.01$ ) lower in MDCO-216 hypertension mice than in buffer hypertension mice and entirely similar compared to reference control mice. Taken together, MDCO-216 reverses heart failure in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension.

### Treatment with apo A-I<sub>Milano</sub> nanoparticles reverses cardiomyocyte hypertrophy, capillary rarefaction, and perivascular fibrosis in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension.

Microscopic analysis demonstrated that cardiomyocyte cross-sectional area was increased by 1.49-fold ( $p < 0.001$ ) and by 1.60-fold ( $p < 0.001$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice. Cardiomyocyte cross-sectional area in MDCO-216 hypertension mice was reduced by 26.3% ( $p < 0.01$ ) and by 31.4% ( $p < 0.01$ ) compared to reference hypertension mice and buffer hypertension mice, respectively (Fig. 4A). Myocardial capillary density was reduced by 33.8% ( $p < 0.001$ ) and by 28.5% ( $p < 0.001$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice (Fig. 4B). Myocardial capillary density in MDCO-216 hypertension mice was 1.38-fold ( $p < 0.05$ ) and 1.28-fold ( $p < 0.05$ ) higher than in reference hypertension mice and in buffer hypertension mice, respectively (Fig. 4B). Interstitial fibrosis in the myocardium was markedly increased in the three hypertension groups ( $p < 0.001$ ) compared to reference control mice. A 17.7% ( $p < 0.05$ ) reduction of interstitial fibrosis was observed in MDCO-216 hypertension mice compared to buffer hypertension mice (Fig. 4C). Perivascular fibrosis was significantly ( $p < 0.001$ ) increased in the three groups with angiotensin II/1% NaCl-induced hypertension (Fig. 4D). Perivascular fibrosis in MDCO-216 hypertension mice was reduced by 29.0% ( $p < 0.05$ ) and by 33.1% ( $p < 0.01$ ) compared to reference hypertension mice and buffer hypertension mice, respectively (Fig. 4D). Representative photomicrographs showing laminin-stained cardiomyocytes, CD31-positive capillaries, and Sirius-red-stained collagen are contained in Fig. 5. Taken together, MDCO-216 reverses cardiomyocyte hypertrophy, capillary rarefaction, and perivascular fibrosis in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension.

### MDCO-216 restores cardiac function in mice with angiotensin II/1% NaCl-induced hypertension.

Hemodynamic data in reference control mice and in the three hypertension groups were obtained using the Millar Pressure-Volume Loop System (MPVS) and are summarized in Table 2. The hypertension model was characterised by a significantly increased maximum systolic pressure ( $P_{max}$ ) and a significant elevation of the end-systolic pressure ( $P_{es}$ ). Ejection fraction was preserved in reference hypertension mice and in buffer hypertension mice compared to control reference mice since no left ventricular dilatation occurred. As a matter of fact, the end-diastolic volume (EDV) was reduced by 14.5% ( $p < 0.05$ ) and by 15.9% ( $p < 0.01$ ) in reference hypertension mice and buffer hypertension mice, respectively, compared to reference control mice and was normalised in MDCO-216 hypertension mice (Table 2). The end-systolic elastance ( $E_{es}$ ), which is the slope of the end-systolic pressure-volume relationship (ESPVR) and is a load-independent parameter of left ventricular contractility, was reduced by 35.4% ( $p < 0.01$ ) and 38.4% ( $p < 0.001$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice. In contrast,  $E_{es}$  in MDCO-216 hypertension mice was 1.63-fold ( $p < 0.001$ ) higher than in reference hypertension mice and was similar compared to reference control mice. The peak emptying rate ( $dV/dt_{min}$ ) was not significantly different in reference hypertension mice and in buffer hypertension mice compared to reference control mice. However, the absolute value of the peak emptying rate was significantly higher in MDCO-216 hypertension mice compared to both reference hypertension mice

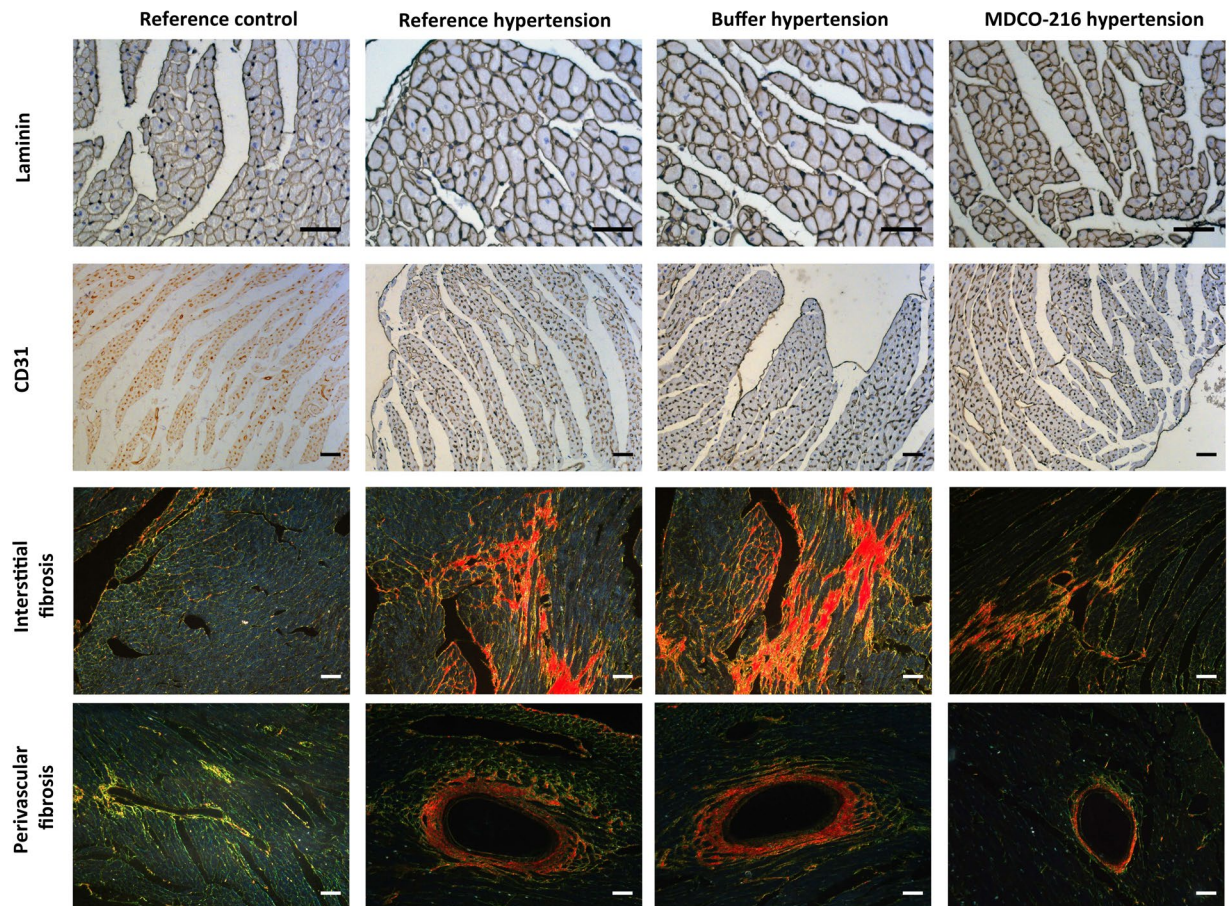


**Figure 4.** MDCO-216 reverses cardiomyocyte hypertrophy, capillary rarefaction, and perivascular fibrosis in C57BL/6N mice with angiotensin II/1% NaCl-induced hypertension. All data are expressed as means  $\pm$  SEM (n = 12).

and buffer hypertension mice. Taken together, global systolic function was moderately affected in mice with angiotensin II/1% NaCl-induced hypertension and was normalised by treatment with apo A-I<sub>Milano</sub> nanoparticles.

Diastolic dysfunction in reference hypertension mice was evident by the significantly ( $p < 0.05$ ) increased end-diastolic pressure (EDP), the 1.18-fold ( $p < 0.05$ ) increase of the time constant of isovolumetric relaxation tau, and the 25.8% ( $p < 0.05$ ) decrease of the peak emptying rate ( $dV/dt_{max}$ ) compared to control reference mice (Table 2). Diastolic function in MDCO-216 hypertension mice was characterised by a normalisation of the end-diastolic pressure, the time constant of isovolumetric relaxation, and  $dV/dt_{max}$ . Compared to reference hypertension mice, the time constant of isovolumetric relaxation tau in MDCO-216 hypertension mice was decreased by 12.5% ( $p < 0.05$ ) and  $dV/dt_{max}$  was increased by 1.45-fold ( $p < 0.001$ ). Cardiac dysfunction in reference hypertension mice and in buffer hypertension mice induced a significant ( $p < 0.01$ ) decrease of stroke volume compared to reference control mice whereas stroke volume was normalised in MDCO-216 hypertension mice. Cardiac output was decreased by 26.2% ( $p < 0.01$ ) and by 26.5% ( $p < 0.01$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice. A 1.38-fold ( $p < 0.01$ ) and a 1.39-fold increase of cardiac output was observed in MDCO-216 hypertension mice compared to reference hypertension mice and buffer hypertension mice, respectively (Table 2). The effective arterial elastance ( $E_a$ ), which correspond to the end-systolic pressure ( $P_{es}$ )/stroke volume (SV) ratio and is an index of arterial vascular load, was 1.49-fold ( $p < 0.01$ ) and 1.96-fold ( $p < 0.001$ ) higher in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice. MDCO-216 hypertension mice were characterised by a 21.8% ( $p < 0.05$ ) and a 40.8% ( $p < 0.01$ ) decrease of  $E_a$  compared to reference hypertension mice and buffer hypertension mice, respectively. The  $E_a/E_{es}$  ratio was significantly ( $p < 0.001$ ) increased in reference hypertension mice and in buffer hypertension mice compared to reference control mice, indicating impaired ventriculo-arterial coupling. Ventriculo-arterial coupling was completely restored in MDCO-216 hypertension





**Figure 5.** Immunohistochemical and histochemical analysis of reference control, reference hypertension, buffer hypertension, and MDCO-216 hypertension mice. Representative photomicrographs show laminin-stained cardiomyocytes, CD31-positive capillaries, and Sirius-red-stained collagen. Scale bar represents 50  $\mu\text{m}$ .

mice (Table 2). A summary of hemodynamic data is provided in Supplementary Fig. S1. Taken together, MDCO-216 restores cardiac function in mice with angiotensin II/1% NaCl-induced HFpEF.

#### Treatment with apo A-I<sub>Milano</sub> nanoparticles reduces oxidative stress in mice with angiotensin II/1% NaCl-induced HFpEF.

Plasma thiobarbituric acid reactive substances (TBARS) levels were quantified to evaluate oxidative stress (Fig. 6A). Plasma TBARS were increased by 1.91-fold ( $p < 0.01$ ) and by 1.46-fold ( $p < 0.01$ ) in reference hypertension mice and in buffer hypertension mice, respectively, compared to reference control mice (Fig. 6A). In MDCO-216 hypertension mice, plasma TBARS were reduced by 46.0% ( $p < 0.05$ ) and by 29.3% ( $p < 0.05$ ) compared to reference hypertension mice and buffer hypertension mice, respectively. Superoxide dismutases (SODs) constitute a major antioxidant defense against oxidative stress. SOD activity was 45.1% ( $p < 0.001$ ) and 40.2% ( $p < 0.001$ ) lower in reference hypertension and buffer hypertension mice, respectively, than in reference control mice (Fig. 6B). SOD activity was fully restored in MDCO-216 hypertension mice and was increased by 1.68-fold ( $p < 0.001$ ) and by 1.54-fold ( $p < 0.001$ ) compared to reference hypertension mice and buffer hypertension mice, respectively.

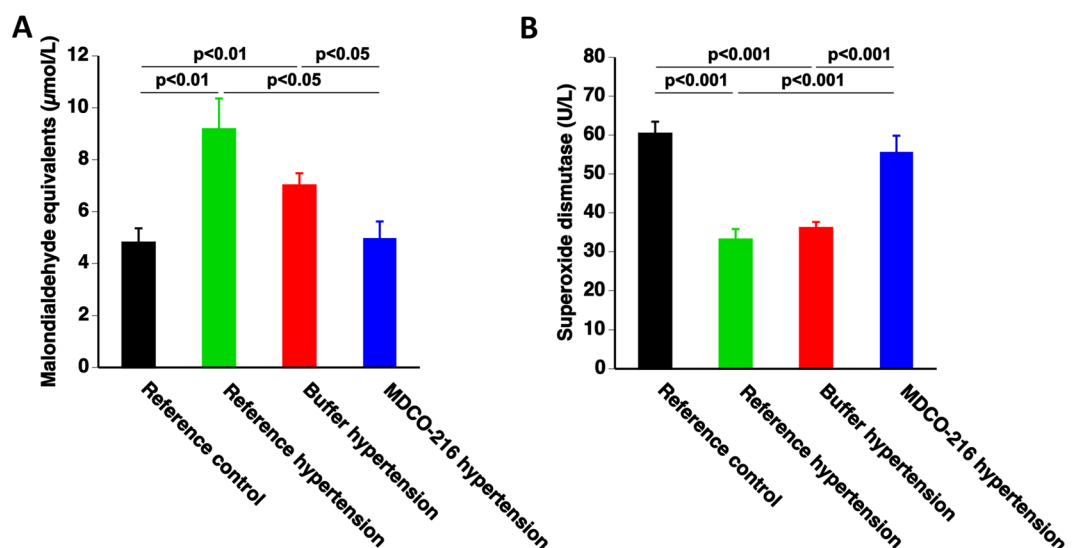
#### Discussion

The principal findings of the current study are that (1) infusion of angiotensin II at a dose of 600 ng/kg/min combined with 1% NaCl in the drinking water constitutes a model of hypertension-associated HFpEF characterized by cardiac hypertrophy, capillary rarefaction, prominent interstitial fibrosis and perivascular fibrosis, oxidative stress, pronounced cardiac dysfunction, and pulmonary congestion; (2) treatment with apo A-I<sub>Milano</sub> nanoparticles reverses oxidative stress, capillary rarefaction, perivascular fibrosis, cardiac dysfunction, and heart failure.

The renin-angiotensin-aldosterone system is the key homeostatic hormonal mechanism that regulates arterial pressure in order to ensure sufficient tissue perfusion. However, this system also results in pro-inflammatory and profibrotic effects<sup>30</sup>. Aldosterone may mediate cardiac fibrosis in the setting of arterial hypertension<sup>31</sup>. Previous murine studies have shown that the combination of unilateral nephrectomy, aldosterone infusion for a duration of four weeks, and 1% NaCl in the drinking water leads to the development of hypertension-associated HFpEF characterised by concentric left ventricular hypertrophy, diastolic dysfunction, and pulmonary congestion<sup>32–34</sup>. The requirement for a unilateral nephrectomy is a significant disadvantage of this model. Angiotensin

	Reference control (n = 12)	Reference hypertension (n = 12)	Buffer hypertension (n = 17)	MDCO-216 hypertension (n = 15)
Heart rate (bpm)	629 ± 12	607 ± 12	631 ± 15	640 ± 13
P <sub>max</sub> (mm Hg)	99.6 ± 2.1	113 ± 3 <sup>§§</sup>	132 ± 8 <sup>§§§</sup>	118 ± 4 <sup>§§</sup>
P <sub>es</sub> (mm Hg)	87.7 ± 2.9	101 ± 4 <sup>§</sup>	123 ± 8 <sup>§§§</sup>	104 ± 4 <sup>§</sup>
dP/dt <sub>max</sub> (mmHg/ms)	13.0 ± 0.7	12.1 ± 0.9	14.1 ± 1.3	14.3 ± 1.2
PRSW (mmHg)	79.9 ± 9.3	71.8 ± 6.2	73.6 ± 6.7	80.5 ± 5.5
E <sub>es</sub> (mmHg/μl)	6.84 ± 0.52	4.42 ± 0.51 <sup>§§</sup>	4.21 ± 0.36 <sup>§§§</sup>	7.19 ± 0.45 <sup>°°°°°</sup>
P <sub>min</sub> (mm Hg)	-2.56 ± 1.04	-0.637 ± 0.742	-0.982 ± 0.902	-3.74 ± 0.89
P <sub>ed</sub> (mm Hg)	1.29 ± 0.86	4.11 ± 0.65 <sup>§</sup>	3.62 ± 0.99	1.09 ± 0.61 <sup>°°</sup>
dP/dt <sub>min</sub> (mmHg/ms)	-11.5 ± 0.5	-10.7 ± 0.7	-11.1 ± 0.7	-11.7 ± 0.6
Tau (ms)	4.22 ± 0.24	4.97 ± 0.20 <sup>§</sup>	5.09 ± 0.17 <sup>§§</sup>	4.35 ± 0.11 <sup>°°°</sup>
Slope EDPVR (mmHg/μl)	0.475 ± 0.108	0.421 ± 0.061	0.515 ± 0.073	0.492 ± 0.114
EDV (μl)	28.4 ± 0.8	24.2 ± 1.1 <sup>§</sup>	23.9 ± 1.0 <sup>§§</sup>	28.1 ± 1.2 <sup>°°</sup>
ESV (μl)	11.6 ± 1.2	11.5 ± 1.4	11.5 ± 0.8	11.4 ± 0.7
Stroke volume (μl)	16.7 ± 1.0	12.8 ± 0.8 <sup>§§</sup>	12.4 ± 0.8 <sup>§§</sup>	16.7 ± 0.8 <sup>°°°°°</sup>
Ejection fraction (%)	58.7 ± 2.7	52.2 ± 1.4	52.1 ± 2.2	59.6 ± 1.7 <sup>°*</sup>
Cardiac output (ml/min)	10.5 ± 0.7	7.78 ± 0.56 <sup>§§</sup>	7.75 ± 0.46 <sup>§§</sup>	10.8 ± 0.6 <sup>°°°°</sup>
Stroke work (mmHg,μl)	1330 ± 80	1170 ± 90	1290 ± 100	1570 ± 90 <sup>°</sup>
dV/dt <sub>max</sub> (μl/s)	725 ± 38	538 ± 36 <sup>§</sup>	598 ± 27	779 ± 56 <sup>°°°°°</sup>
dV/dt <sub>min</sub> (μl/s)	-761 ± 64	-593 ± 45	-607 ± 41	-825 ± 58 <sup>°°</sup>
E <sub>a</sub> (mmHg/μl)	5.52 ± 0.46	8.19 ± 0.49 <sup>§§</sup>	10.8 ± 1.2 <sup>§§§</sup>	6.41 ± 0.41 <sup>°°°</sup>
E <sub>a</sub> /E <sub>es</sub>	0.863 ± 0.134	1.97 ± 0.13 <sup>§§§</sup>	2.87 ± 0.56 <sup>§§§</sup>	0.919 ± 0.085 <sup>°°°°°</sup>

**Table 2.** Overview of hemodynamic data in reference control mice, reference hypertension mice, buffer hypertension, and MDCO-216 hypertension mice. P<sub>max</sub>: maximum systolic pressure. P<sub>es</sub>: end-systolic pressure. dP/dt<sub>max</sub>: peak rate of isovolumetric contraction. PRSW: preload recruitable stroke work. E<sub>es</sub>: end-systolic elastance. P<sub>min</sub>: minimum diastolic pressure. P<sub>ed</sub>: end-diastolic pressure. dP/dt<sub>min</sub>: peak rate of isovolumetric relaxation. Tau: time constant of isovolumetric relaxation. EDPVR: end diastolic pressure-volume relationship. EDV: end-diastolic volume. ESV: end-systolic volume. dV/dt<sub>max</sub>: peak filling rate. dV/dt<sub>min</sub>: peak emptying rate. E<sub>a</sub>: arterial elastance. E<sub>a</sub>/E<sub>es</sub>: ventriculo-arterial coupling ratio. Angiotensin II (600 ng/kg/min) was infused via an Alzet osmotic pump and the drinking water contained 1 NaCl for 4 weeks in the reference hypertension mice. This was continued for an additional 9 days in the buffer hypertension and MDCO-216 hypertension groups. Five intraperitoneal injections of recombinant HDL<sub>Milano</sub> (MDCO-216) (100 mg/kg) or of an equivalent volume of control buffer were executed with a 48-hour interval starting from 4 weeks after the initiation of angiotensin II/NaCl. All data are expressed as means + SEM. §p < 0.05; §§p < 0.01; §§§p < 0.001 versus reference control. °p < 0.05; °°p < 0.01; °°°p < 0.001 versus reference hypertension. \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001 versus control buffer hypertension.



**Figure 6.** MDCO-216 reduces oxidative stress in with angiotensin II/1% NaCl-induced hypertension. Data represent means ± SEM (n = 10).

II can induce fibrosis both dependent and independent of transforming growth factor- $\beta$ <sup>35</sup> and leads to cardiac hypertrophy both in the presence<sup>36–41</sup> or in the absence<sup>42</sup> of hypertension. Infusion with angiotensin II induces diastolic dysfunction<sup>37,42–44</sup> or a combination of both systolic and diastolic dysfunction<sup>36,40,45</sup>. However, till now, no *bona fide* model of HFpEF following angiotensin II infusion has been reported. In this report, we show that infusion of angiotensin II at a dose of 600 ng/kg/min in combination with 1% NaCl in the drinking water in male C57BL/6N mice constitutes a model of hypertension-associated HFpEF characterized by cardiac concentric hypertrophy, capillary rarefaction, increased interstitial and perivascular fibrosis, oxidative stress, pronounced cardiac dysfunction, and pulmonary congestion. Diagnosis of heart failure was based on the presence of increased wet lung weight or of increased biomarkers of heart failure. The natriuretic peptides, atrial natriuretic peptide and brain natriuretic peptide (BNP), also known as B-type natriuretic peptide (BNP), are the most widely employed biomarkers in subjects with HFpEF and in clinical patients with HFpEF. Transcription and release of ANP and BNP are induced by myocardial stretch<sup>46</sup>. N-terminal prohormone of brain natriuretic peptide (NT-proBNP) is the biologically inactive fragment that is formed following cleavage of proBNP into the active hormone BNP<sup>47</sup>. Whereas NT-proBNP levels were increased in reference hypertension mice and buffer hypertension mice, levels were completely normalised in MDCO-216 hypertension mice.

Cardiomyocyte hypertrophy and myocardial fibrosis are hallmarks of hypertensive heart disease. Elevated shear stress combined with low-grade systemic inflammation promote endothelial damage in hypertension<sup>30</sup>. Endothelial damage and inflammation promote perivascular fibrosis characterised by the accumulation of collagen in the adventitia of intramural arteries. Hypertension also induces structural and functional alterations in the microcirculation paralleled by the development of microvascular remodelling and rarefaction<sup>48</sup>. At the microscopic level, prominent observations in hypertension mice treated with MDCO-216 were regression of cardiomyocyte hypertrophy, restored capillary density, and significantly reduced perivascular fibrosis compared to reference hypertension mice. HDL are multimolecular platforms and these multimolecular platforms exert pleiotropic effects including anti-inflammatory and anti-oxidative properties, immunomodulatory effects, endothelial-protective properties, and augmented endothelial progenitor cell number and function<sup>49,50</sup>. Moreover, HDL downregulates angiotensin II type 1 receptor<sup>51,52</sup>. HDL also has anti-fibrotic effects. HDL decreases transforming growth factor- $\beta$ 1-induced collagen accumulation<sup>53</sup> and reduces transforming growth factor- $\beta$ 1 in the myocardium<sup>24</sup>. Furthermore, HDL has been demonstrated to decrease endothelial-mesenchymal transition in aortic endothelial cells *in vitro* induced by transforming growth factor- $\beta$ 1<sup>54</sup>.

The restoration of cardiac function following MDCO-216 treatment was prominent. The increase of capillary density and the regression of perivascular fibrosis may improve myocardial function via an improvement of the myocardial microcirculation. In addition, direct electrophysiological effects elicited by HDL can be postulated. Reconstituted HDL containing wild-type apo A-I shortened repolarization in cardiomyocytes isolated from rabbits<sup>55</sup>. Moreover, infusion of reconstituted HDL has been demonstrated to shorten the heart-rate corrected QT interval on surface electrocardiograms in humans<sup>55</sup>. Microdomain-specific localization of ion channels affects their function<sup>56</sup> and HDL regulates the distribution of cholesterol between raft and non-raft membrane fractions<sup>57</sup>.

Reactive oxygen species and oxidative stress are important contributors to the pathogenesis of heart failure influencing many key aspects of the failing heart phenotype such as myocardial hypertrophy, extracellular matrix remodelling, contractile dysfunction, and arrhythmias<sup>58</sup>. Exposure of cardiac fibroblasts to superoxide anion increases the production of the potent fibrogenic cytokine transforming growth factor- $\beta$ 1<sup>59,60</sup>. Consistent with the strong anti-oxidative potential of HDL, oxidative stress was potently reduced following treatment with MDCO-216.

A limitation of this study is that no molecular mechanistic insights for the observed actions of MDCO-216 at the structural and functional level are provided. As follows from the preceding discussion, it is unlikely that the effects of MDCO-216 reflect one particular molecular mechanism. Further studies are required to validate the current work and to provide mechanisms for the different effects.

In conclusion, infusion of angiotensin II at a dose of 600 ng/kg/min in combination with 1% NaCl in the drinking water constitutes a model of hypertension-associated HFpEF. Infusion of apo A-I<sub>Milano</sub> nanoparticles reverses pathological remodelling in this model with a pronounced reduction of cardiomyocyte hypertrophy and of perivascular fibrosis and a restoration of myocardial capillary density. MDCO-216 completely reverses cardiac dysfunction and is an effective therapy for hypertension-associated HFpEF in this model.

## Materials and Methods

**Apo A-I<sub>Milano</sub> nanoparticles.** MDCO-216 is a 1:1 by weight complex of dimeric apo A-I<sub>Milano</sub> produced by recombinant DNA technology and 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphatidylcholine<sup>24</sup> and was supplied by The Medicines Company (Parsippany, NJ, USA) as a solution in buffer containing mannitol 43.6 mM, sucrose 181 mM, NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O 3.46 mM, and 8.43 mM Na<sub>2</sub>HPO<sub>4</sub>·7H<sub>2</sub>O. Non-denaturing polyacrylamide gradient-gel electrophoresis has previously demonstrated that these nanoparticles are characterised by an apparent diameter of 8 nm and that no free apoA-I<sub>Milano</sub> was observed<sup>61</sup>.

***In vivo* experiments and study design.** All investigations were performed in accordance with the European legislation on protection of animals used for scientific purposes (Directive 2010/63/EU) and all experimental procedures in animals were executed in accordance with protocols approved by the Institutional Animal Care and Research Advisory Committee of the Catholic University of Leuven (Approval number: P191/2015). C57BL/6N mice, originally obtained from Taconic (Ry, Denmark), were locally bred at the semi-specific pathogen free facility of the KU Leuven at Gasthuisberg. All experimental mice included in the study were male and were maintained on standard chow diet (Sniff Spezialdiäten GmbH, Soest, Germany).



The study design is illustrated in Fig. 1. Subcutaneous infusion of angiotensin II (600 ng/kg/min) using an ALZET osmotic pump (models 2004 and models 2006) (DURECT Corporation ALZET Osmotic Pumps, Cupertino, CA) in combination with 1% NaCl in the drinking water was started at the age of 12 weeks and continued for 4 weeks in reference hypertension mice and for 4 weeks and nine days in buffer hypertension mice and MDCO-216 hypertension mice. Mice of the reference control group received an osmotic pump containing no angiotensin II and were given tap water to drink. Endpoint analyses in reference control and in reference hypertension mice were performed at the age of 16 weeks. MDCO-216 hypertension mice were treated with 5 intraperitoneal administrations of 100 mg/kg (protein concentration) of MDCO-216 at an interval of 48 hours each starting at the age of 16 weeks. Buffer hypertension mice were injected with the same volume of control buffer. Endpoints in buffer hypertension mice and in MDCO-216 hypertension mice were determined at the age of 16 weeks and 9 days, 24 hours after the last injection (Fig. 1). In the first experimental layer, mice were assigned for quantification of hemodynamic parameters and for histochemical and immunohistochemical determinations. Mice in the second experimental layer were not subjected to perfusion fixation and were used for determination of tissue and organ weights.

Group assignment at the start of the study was performed at random. No mice died during the investigation. All randomised animals were included in the analysis. Endpoint parameters were quantified by investigators who were blinded to the specific group allocation of the animals. Unblinding of animal numbers corresponding to the different allocation groups was performed following finalisation of measurements.

***In vivo* hemodynamic pressure-volume loop measurements.** Invasive hemodynamic measurements were performed before sacrifice following anaesthesia induced by intraperitoneal administration of 1.2 g/kg urethane (Sigma). Measurements were performed using Millar's Mikro-Tip ultra-miniature pressure-volume (PV) loop catheter PVR-1035 (1.0 French polyimide catheter), the MPVS Ultra Single Segment pressure-volume unit, and a PowerLab 16/35 data acquisition system (ADInstruments Ltd, Oxford, United Kingdom) as described before<sup>24</sup>.

**Blood sampling.** Blood was obtained by sampling of the retro-orbital plexus. Blood coagulation was prevented with 0.1 volume of 136 mmol/L trisodium citrate. Subsequently, plasma was immediately separated by centrifugation at  $1100 \times g$  for 10 min and was stored at  $-20^{\circ}\text{C}$ .

**Analysis of lipid peroxidation and quantification of superoxide dismutase in plasma.** Measurement of Thiobarbituric Acid Reactive Substances (TBARS) used for quantification of lipid peroxidation was performed according to the instructions of the manufacturer (Cayman Chemical, Ann Arbor, MI, USA). Superoxide dismutase activity was quantified using the Superoxide Dismutase Assay kit (Cayman Chemical, Ann Arbor, MI, USA) as described previously<sup>62</sup>.

**Determination of plasma levels of insulin of mouse N-terminal prohormone of brain natriuretic peptide (NT-proBNP).** Murine insulin levels in plasma were quantified using the Ultra Sensitive Mouse Insulin enzyme-linked immunosorbent assay (ELISA) kit (Crystal Chem, Elk Grove Village, USA). Plasma NT-proBNP levels were quantified using Mouse NT-proBNP (N-terminal pro-Brain Natriuretic Peptide) ELISA (Elabscience, Wuhan, China).

**Histological analyses.** Histological parameters were quantified as described before<sup>63</sup>. After hemodynamic analyses, mice were perfused via the abdominal aorta with phosphate-buffered saline and hearts were arrested in diastole by KCl (100  $\mu\text{L}$ ; 0.1 mol/L), followed by perfusion fixation with 1% paraformaldehyde in phosphate-buffered saline. Thereafter, hearts were post-fixed overnight in 1% paraformaldehyde and embedded in paraffin. Cross-sections of 6  $\mu\text{m}$  thickness at 130  $\mu\text{m}$  spaced intervals were made extending from the apex to the basal part of the left ventricle. Comparative sections were analysed for all histological analyses by using the same slide numbers (1 to 40 from apex to base) and cross-section numbers (1–10).

LV wall area (including the septum) was quantified by morphometric analysis on mosaic images of Sirius red-stained heart cross-sections using AxioVision 4.6 software (Zeiss, Zaventem, Belgium). All geometric measurements were computed in a blinded fashion from tissue sections of 4 separate regions and the average value was used to represent that animal for statistical purposes.

To measure collagen content in the interstitium, Sirius Red staining was performed as described by Junqueira *et al.*<sup>64</sup>. Sirius Red polarisation microscopy on a Leica RBE microscope with KS300 software (Zeiss) was applied for image acquisition to quantify thick tightly packed mature collagen fibres as orange-red birefringent and loosely packed less cross-linked and immature collagen fibres as yellow-green birefringent. Collagen positive area was normalised to the LV wall area and was expressed as a percentage. Total collagen positive area (%) was automatically quantified as a sum of orange-red birefringent and yellow-green birefringent using AxioVision 4.6 software package (Zeiss, Zaventem, Belgium). Any perivascular fibrosis was excluded from this analysis. Perivascular fibrosis was quantified as the ratio of the fibrosis area surrounding the vessel to the total vessel area using AxioVision 4.6 software package (Zeiss). Two mid-ventricular sections were studied per animal<sup>63</sup>.

Cardiomyocyte hypertrophy was analysed on paraffin sections stained with rabbit anti-mouse laminin (Sigma; 1/50) by measuring the cardiomyocyte cross-sectional area ( $\mu\text{m}^2$ ) of at least 200 randomly selected cardiomyocytes in the LV myocardium. Capillary density in the myocardium was determined on CD31 stained sections using rat anti-mouse CD31 antibodies (BD; 1/500). Two mid-ventricular cross-sections were analysed per mouse<sup>65,66</sup>.

**Statistical analyses.** At the end of the study, data of all surviving mice were included in the analysis. Investigators who performed endpoint analyses were blinded to group allocation. Unblinding of animal numbers corresponding to specific allocation groups was performed at completion of measurements.

Statistical analysis was performed as outlined before<sup>23,62</sup>. Data are expressed as means  $\pm$  standard error of the means (SEM). Minimally required sample size calculation ( $n = 12$ ) for proving the effect of MDCO-216 treatment on hemodynamic parameters in hypertension mice was based on a statistical power of 85%, a two-sided cut-off value of statistical significance of 0.05, a difference of main hemodynamic parameters at the population level of 20%, and a pooled standard deviation at population level of 16%. Parameters between the reference control, reference hypertension, buffer hypertension and MDCO-216 hypertension groups were compared by one-way analysis of variance followed by Tukey's multiple comparisons test using GraphPad InStat (GraphPad Software, San Diego, CA, USA). When the assumption of sampling from populations with identical standard deviations was not met, a logarithmic transformation was performed. When the assumption of sampling from populations with Gaussian distributions was not met, a Kruskal–Wallis test was performed followed by Dunn's multiple comparisons post-test. A two-sided  $p$ -value of less than 0.05 was considered statistically significant.

## Data availability

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

Received: 22 January 2020; Accepted: 2 May 2020;

Published online: 20 May 2020

## References

1. Fonarow, G. C. *et al.* Characteristics, treatments, and outcomes of patients with preserved systolic function hospitalized for heart failure: a report from the OPTIMIZE-HF Registry. *J Am Coll Cardiol* **50**, 768–777, <https://doi.org/10.1016/j.jacc.2007.04.064> (2007).
2. Dunlay, S. M., Roger, V. L., Weston, S. A., Jiang, R. & Redfield, M. M. Longitudinal changes in ejection fraction in heart failure patients with preserved and reduced ejection fraction. *Circ Heart Fail* **5**, 720–726, <https://doi.org/10.1161/CIRCHEARTFAILURE.111.966366> (2012).
3. Borlaug, B. A. & Redfield, M. M. Diastolic and systolic heart failure are distinct phenotypes within the heart failure spectrum. *Circulation* **123**, 2006–2013; discussion 2014, <https://doi.org/10.1161/CIRCULATIONAHA.110.954388> (2011).
4. Paulus, W. J. & Tschope, C. A novel paradigm for heart failure with preserved ejection fraction: comorbidities drive myocardial dysfunction and remodeling through coronary microvascular endothelial inflammation. *J Am Coll Cardiol* **62**, 263–271, <https://doi.org/10.1016/j.jacc.2013.02.092> (2013).
5. Little, W. C. & Zile, M. R. HFpEF: cardiovascular abnormalities not just comorbidities. *Circ Heart Fail* **5**, 669–671, <https://doi.org/10.1161/CIRCHEARTFAILURE.112.972265> (2012).
6. Lam, C. S. *et al.* Cardiac structure and ventricular-vascular function in persons with heart failure and preserved ejection fraction from Olmsted County, Minnesota. *Circulation* **115**, 1982–1990, <https://doi.org/10.1161/CIRCULATIONAHA.106.659763> (2007).
7. Klapsholz, M. *et al.* Hospitalization for heart failure in the presence of a normal left ventricular ejection fraction: results of the New York Heart Failure Registry. *J Am Coll Cardiol* **43**, 1432–1438, <https://doi.org/10.1016/j.jacc.2003.11.040> (2004).
8. Melenovsky, V. *et al.* Cardiovascular features of heart failure with preserved ejection fraction versus nonfailing hypertensive left ventricular hypertrophy in the urban Baltimore community: the role of atrial remodeling/dysfunction. *J Am Coll Cardiol* **49**, 198–207, <https://doi.org/10.1016/j.jacc.2006.08.050> (2007).
9. Borlaug, B. A., Lam, C. S., Roger, V. L., Rodeheffer, R. J. & Redfield, M. M. Contractility and ventricular systolic stiffening in hypertensive heart disease insights into the pathogenesis of heart failure with preserved ejection fraction. *J Am Coll Cardiol* **54**, 410–418, <https://doi.org/10.1016/j.jacc.2009.05.013> (2009).
10. Levy, D., Larson, M. G., Vasan, R. S., Kannel, W. B. & Ho, K. K. The progression from hypertension to congestive heart failure. *Jama* **275**, 1557–1562, <https://doi.org/10.1001/jama.1996.03530440037034> (1996).
11. Felker, G. M. *et al.* Underlying causes and long-term survival in patients with initially unexplained cardiomyopathy. *N Engl J Med* **342**, 1077–1084, <https://doi.org/10.1056/NEJM200004133421502> (2000).
12. Nadruz, W., Shah, A. M. & Solomon, S. D. Diastolic Dysfunction and Hypertension. *Med Clin North Am* **101**, 7–17, <https://doi.org/10.1016/j.mcna.2016.08.013> (2017).
13. Verma, A. & Solomon, S. D. Diastolic dysfunction as a link between hypertension and heart failure. *Med Clin North Am* **93**, 647–664, <https://doi.org/10.1016/j.mcna.2009.02.013> (2009).
14. Wan, S. H., Vogel, M. W. & Chen, H. H. Pre-clinical diastolic dysfunction. *J Am Coll Cardiol* **63**, 407–416, <https://doi.org/10.1016/j.jacc.2013.10.063> (2014).
15. Redfield, M. M. *et al.* Burden of systolic and diastolic ventricular dysfunction in the community: appreciating the scope of the heart failure epidemic. *Jama* **289**, 194–202, <https://doi.org/10.1001/jama.289.2.194> (2003).
16. Verdecchia, P. *et al.* Prevalence and determinants of left ventricular diastolic filling abnormalities in an unselected hypertensive population. *Eur Heart J* **11**, 679–691, <https://doi.org/10.1093/oxfordjournals.eurheartj.a059783> (1990).
17. de Simone, G. *et al.* Left ventricular concentric geometry is associated with impaired relaxation in hypertension: the HyperGEN study. *Eur Heart J* **26**, 1039–1045, <https://doi.org/10.1093/eurheartj/ehi019> (2005).
18. Yancy, C. W. *et al.* ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *J Am Coll Cardiol* **62**, e147–239, <https://doi.org/10.1016/j.jacc.2013.05.019> (2013).
19. Reddy, Y. N. & Borlaug, B. A. Heart Failure With Preserved Ejection Fraction. *Curr Probl Cardiol* **41**, 145–188, <https://doi.org/10.1016/j.cpcardiol.2015.12.002> (2016).
20. Redfield, M. M. Heart Failure with Preserved Ejection Fraction. *N Engl J Med* **375**, 1868–1877, <https://doi.org/10.1056/NEJMc1511175> (2016).
21. Muthuramu, I. *et al.* Hepatocyte-Specific SR-BI Gene Transfer Corrects Cardiac Dysfunction in Scarb1-Deficient Mice and Improves Pressure Overload-Induced Cardiomyopathy. *Arterioscler Thromb Vasc Biol* **38**, 2028–2040, <https://doi.org/10.1161/ATVBAHA.118.310946> (2018).
22. Amin, R. *et al.* Selective HDL-Raising Human Apo A-I Gene Therapy Counteracts Cardiac Hypertrophy, Reduces Myocardial Fibrosis, and Improves Cardiac Function in Mice with Chronic Pressure Overload. *Int J Mol Sci* **18**, <https://doi.org/10.3390/ijms18092012> (2017).
23. Aboumsallem, J. P. *et al.* Successful treatment of established heart failure in mice with recombinant HDL (Milano). *Br J Pharmacol* **175**, 4167–4182, <https://doi.org/10.1111/bph.14463> (2018).

24. Mishra, M. *et al.* (Milano) Treatment Efficaciously Reverses Heart Failure with Preserved Ejection Fraction in Mice. *Int J Mol Sci* **19**, <https://doi.org/10.3390/ijms19113399> (2018).
25. Aboumsallem, J. P., Muthuramu, I., Mishra, M., Kempen, H. & De Geest, B. Effective Treatment of Diabetic Cardiomyopathy and Heart Failure with Reconstituted HDL (Milano) in Mice. *Int J Mol Sci* **20**, <https://doi.org/10.3390/ijms20061273> (2019).
26. Kempen, H. J. *et al.* High-Density Lipoprotein Subfractions and Cholesterol Efflux Capacities After Infusion of MDCCO-216 (Apolipoprotein A-IMilano/Palmitoyl-Oleoyl-Phosphatidylcholine) in Healthy Volunteers and Stable Coronary Artery Disease Patients. *Arterioscler Thromb Vasc Biol* **36**, 736–742, <https://doi.org/10.1161/ATVBAHA.115.307052> (2016).
27. Kempen, H. J. *et al.* Persistent changes in lipoprotein lipids after a single infusion of ascending doses of MDCCO-216 (apoA-IMilano/POPC) in healthy volunteers and stable coronary artery disease patients. *Atherosclerosis* **255**, 17–24, <https://doi.org/10.1016/j.atherosclerosis.2016.10.042> (2016).
28. Kallend, D. G. *et al.* A single infusion of MDCCO-216 (ApoA-1 Milano/POPC) increases ABCA1-mediated cholesterol efflux and pre-beta 1 HDL in healthy volunteers and patients with stable coronary artery disease. *Eur Heart J Cardiovasc Pharmacother* **2**, 23–29, <https://doi.org/10.1093/ehjcvp/pvv041> (2016).
29. Reijfers, J. A. A. *et al.* MDCCO-216 Does Not Induce Adverse Immunostimulation, in Contrast to Its Predecessor ETC-216. *Cardiovasc Drugs Ther*, <https://doi.org/10.1007/s10557-017-6746-x> (2017).
30. Suthahar, N., Meijers, W. C., Sillje, H. H. W. & de Boer, R. A. From Inflammation to Fibrosis-Molecular and Cellular Mechanisms of Myocardial Tissue Remodelling and Perspectives on Differential Treatment Opportunities. *Curr Heart Fail Rep* **14**, 235–250, <https://doi.org/10.1007/s11897-017-0343-y> (2017).
31. Azibani, F., Fazal, L., Chatziantoniou, C., Samuel, J. L. & Delcayre, C. Aldosterone mediates cardiac fibrosis in the setting of hypertension. *Curr Hypertens Rep* **15**, 395–400, <https://doi.org/10.1007/s11906-013-0354-3> (2013).
32. Tanaka, K. *et al.* Effects of adiponectin on calcium-handling proteins in heart failure with preserved ejection fraction. *Circ Heart Fail* **7**, 976–985, <https://doi.org/10.1161/CIRCHEARTFAILURE.114.001279> (2014).
33. Valero-Muñoz, M. *et al.* Heart Failure With Preserved Ejection Fraction Induces Beiging in Adipose Tissue. *Circ Heart Fail* **9**, e002724, <https://doi.org/10.1161/CIRCHEARTFAILURE.115.002724> (2016).
34. Garcia, A. G. *et al.* Interferon- $\gamma$  ablation exacerbates myocardial hypertrophy in diastolic heart failure. *Am J Physiol Heart Circ Physiol* **303**, H587–596, <https://doi.org/10.1152/ajpheart.00298.2012> (2012).
35. Murphy, A. M., Wong, A. L. & Bezuhly, M. Modulation of angiotensin II signaling in the prevention of fibrosis. *Fibrogenesis Tissue Repair* **8**, 7, <https://doi.org/10.1186/s13069-015-0023-z> (2015).
36. Becher, P. M. *et al.* Role of heart rate reduction in the prevention of experimental heart failure: comparison between If-channel blockade and  $\beta$ -receptor blockade. *Hypertension* **59**, 949–957, <https://doi.org/10.1161/HYPERTENSIONAHA.111.183913> (2012).
37. Murdoch, C. E. *et al.* Endothelial NADPH oxidase-2 promotes interstitial cardiac fibrosis and diastolic dysfunction through proinflammatory effects and endothelial-mesenchymal transition. *J Am Coll Cardiol* **63**, 2734–2741, <https://doi.org/10.1016/j.jacc.2014.02.572> (2014).
38. Glenn, D. J. *et al.* Cardiac steatosis potentiates angiotensin II effects in the heart. *Am J Physiol Heart Circ Physiol* **308**, H339–350, <https://doi.org/10.1152/ajpheart.00742.2014> (2015).
39. Ichihara, S. *et al.* Angiotensin II type 2 receptor is essential for left ventricular hypertrophy and cardiac fibrosis in chronic angiotensin II-induced hypertension. *Circulation* **104**, 346–351, <https://doi.org/10.1161/01.CIR.104.3.346> (2001).
40. Shen, Y. *et al.* Granzyme B Deficiency Protects against Angiotensin II-Induced Cardiac Fibrosis. *Am J Pathol* **186**, 87–100, <https://doi.org/10.1016/j.ajpath.2015.09.010> (2016).
41. Matsumoto, E. *et al.* Angiotensin II-induced cardiac hypertrophy and fibrosis are promoted in mice lacking Fgf16. *Genes Cells* **18**, 544–553, <https://doi.org/10.1111/gtc.12055> (2013).
42. Regan, J. A. *et al.* A mouse model of heart failure with preserved ejection fraction due to chronic infusion of a low subpressor dose of angiotensin II. *Am J Physiol Heart Circ Physiol* **309**, H771–778, <https://doi.org/10.1152/ajpheart.00282.2015> (2015).
43. Mori, J. *et al.* ANG II causes insulin resistance and induces cardiac metabolic switch and inefficiency: a critical role of PDK4. *Am J Physiol Heart Circ Physiol* **304**, H1103–1113, <https://doi.org/10.1152/ajpheart.00636.2012> (2013).
44. Xu, Z. *et al.* Pravastatin attenuates left ventricular remodeling and diastolic dysfunction in angiotensin II-induced hypertensive mice. *J Cardiovasc Pharmacol* **51**, 62–70, <https://doi.org/10.1097/FJC.0b013e318155b629> (2008).
45. Peng, H. *et al.* Angiotensin II-induced dilated cardiomyopathy in Balb/c but not C57BL/6J mice. *Exp Physiol* **96**, 756–764, <https://doi.org/10.1113/expphysiol.2011.057612> (2011).
46. Martinez-Rumayor, A., Richards, A. M., Burnett, J. C. & Januzzi, J. L. Jr. Biology of the natriuretic peptides. *Am J Cardiol* **101**, 3–8, <https://doi.org/10.1016/j.amjcard.2007.11.012> (2008).
47. Weber, M. & Hamm, C. Role of B-type natriuretic peptide (BNP) and NT-proBNP in clinical routine. *Heart* **92**, 843–849, <https://doi.org/10.1136/hrt.2005.071233> (2006).
48. Bleakley, C., Hamilton, P. K., Pumb, R., Harbinson, M. & McVeigh, G. E. Endothelial Function in Hypertension: Victim or Culprit? *J Clin Hypertens (Greenwich)* **17**, 651–654, <https://doi.org/10.1111/jch.12546> (2015).
49. Gordts, S. C., Singh, N., Muthuramu, I. & De Geest, B. Pleiotropic effects of HDL: towards new therapeutic areas for HDL-targeted interventions. *Curr Mol Med* **14**, 481–503, <https://doi.org/10.2174/156652401366613118113927> (2014).
50. Spillmann, F., Van Linthout, S. & Tschope, C. Cardiac effects of HDL and its components on diabetic cardiomyopathy. *Endocr Metab Immune Disord Drug Targets* **12**, 132–147, <https://doi.org/10.2174/187153012800493521> (2012).
51. Van Linthout, S. *et al.* Vascular-protective effects of high-density lipoprotein include the downregulation of the angiotensin II type 1 receptor. *Hypertension* **53**, 682–687, <https://doi.org/10.1161/HYPERTENSIONAHA.108.118919> (2009).
52. Lin, L. *et al.* High density lipoprotein downregulates angiotensin II type 1 receptor and inhibits angiotensin II-induced cardiac hypertrophy. *Biochem Biophys Res Commun* **404**, 28–33, <https://doi.org/10.1016/j.bbrc.2010.11.037> (2011).
53. Spillmann, F. *et al.* Apolipoprotein A-I gene transfer exerts immunomodulatory effects and reduces vascular inflammation and fibrosis in ob/ob mice. *J Inflamm (Lond)* **13**, 25, <https://doi.org/10.1186/s12950-016-0131-6> (2016).
54. Spillmann, F., Miteva, K., Pieske, B., Tschope, C. & Van Linthout, S. High-Density Lipoproteins Reduce Endothelial-to-Mesenchymal Transition. *Arteriosclerosis, thrombosis, and vascular biology* **35**, 1774–1777, <https://doi.org/10.1161/ATVBAHA.115.305887> (2015).
55. Den Ruijter, H. M. *et al.* Reconstituted high-density lipoprotein shortens cardiac repolarization. *J Am Coll Cardiol* **58**, 40–44, <https://doi.org/10.1016/j.jacc.2010.11.072> (2011).
56. Balycheva, M., Faggian, G., Glukhov, A. V. & Gorelik, J. Microdomain-specific localization of functional ion channels in cardiomyocytes: an emerging concept of local regulation and remodelling. *Biophys Rev* **7**, 43–62, <https://doi.org/10.1007/s12551-014-0159-x> (2015).
57. Nofer, J. R. Signal transduction by HDL: agonists, receptors, and signaling cascades. *Handb Exp Pharmacol* **224**, 229–256, [https://doi.org/10.1007/978-3-319-09665-0\\_6](https://doi.org/10.1007/978-3-319-09665-0_6) (2015).
58. Hafstad, A. D., Nabeebaccus, A. A. & Shah, A. M. Novel aspects of ROS signalling in heart failure. *Basic Res Cardiol* **108**, 359, <https://doi.org/10.1007/s00395-013-0359-8> (2013).
59. Cucoranu, I. *et al.* NAD(P)H oxidase 4 mediates transforming growth factor-beta1-induced differentiation of cardiac fibroblasts into myofibroblasts. *Circ Res* **97**, 900–907, <https://doi.org/10.1161/01.RES.0000187457.24338.3D> (2005).
60. Zhao, W., Zhao, T., Chen, Y., Ahokas, R. A. & Sun, Y. Oxidative stress mediates cardiac fibrosis by enhancing transforming growth factor-beta1 in hypertensive rats. *Mol Cell Biochem* **317**, 43–50, <https://doi.org/10.1007/s11010-008-9803-8> (2008).

61. Kempen, H. J. *et al.* Effect of repeated apoA-IMilano/POPC infusion on lipids, (apo)lipoproteins, and serum cholesterol efflux capacity in cynomolgus monkeys. *J Lipid Res* **54**, 2341–2353, <https://doi.org/10.1194/jlr.M033779> (2013).
62. Muthuramu, I. *et al.* Selective homocysteine-lowering gene transfer attenuates pressure overload-induced cardiomyopathy via reduced oxidative stress. *J Mol Med* **93**, 609–618, <https://doi.org/10.1007/s00109-015-1281-3> (2015).
63. Muthuramu, I. *et al.* Coconut Oil Aggravates Pressure Overload-Induced Cardiomyopathy without Inducing Obesity, Systemic Insulin Resistance, or Cardiac Steatosis. *Int J Mol Sci* **18**, 1565, <https://doi.org/10.3390/ijms18071565> (2017).
64. Junqueira, L. C., Bignolas, G. & Brentani, R. R. Picrosirius staining plus polarization microscopy, a specific method for collagen detection in tissue sections. *Histochem J* **11**, 447–455, <https://doi.org/10.1007/BF01002772> (1979).
65. Van Craeyveld, E., Jacobs, F., Gordts, S. C. & De Geest, B. Low-density lipoprotein receptor gene transfer in hypercholesterolemic mice improves cardiac function after myocardial infarction. *Gene Ther* **19**, 860–871, <https://doi.org/10.1038/gt.2011.147> (2012).
66. Gordts, S. C. *et al.* Beneficial effects of selective HDL-raising gene transfer on survival, cardiac remodelling and cardiac function after myocardial infarction in mice. *Gene Ther* **20**, 1053–1061, <https://doi.org/10.1038/gt.2013.30> (2013).

## Acknowledgements

Ilayaraja Muthuramu is a postdoctoral fellow of the Fonds voor Wetenschappelijk Onderzoek-Vlaanderen. This research was funded by grant G0A3114N of the Fonds voor Wetenschappelijk Onderzoek-Vlaanderen.

## Author contributions

M.M., I.M., H.K. and B.D.G. conceived and designed the experiments; M.M., I.M. and B.D.G. analysed the data; M.M. and B.D.G. wrote the paper; M.M., I.M., H.K. and B.D.G. checked the intellectual content of the paper and revised the manuscript; and B.D.G. was responsible for funding acquisition.

## Competing interests

The authors declare no competing interests.

## Additional information

**Supplementary information** is available for this paper at <https://doi.org/10.1038/s41598-020-65255-y>.

**Correspondence** and requests for materials should be addressed to B.D.G.

**Reprints and permissions information** is available at [www.nature.com/reprints](http://www.nature.com/reprints).

**Publisher's note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2020