# Gorlin-Goltz syndrome: An often missed diagnosis



# ABSTRACT

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Gorlin-Goltz syndrome due to its high variability in expression are often not diagnosed as the syndrome and often managed same as that of odontogenic keratocyst. But a more careful approach for the syndrome is needed as there is high chance of malignant changes owing to improper management of the syndrome. In this manuscript a case report of Gorlin-Goltz syndrome with the diagnostic features of the same in Indian population along with the difference in treatment protocol from treating an odontogenic keratocyst is described with review of literature

Keywords: Gorlin–Goltz syndrome, nevoid basal cell carcinoma syndrome, odontogenic keratocyst

### INTRODUCTION

Gorlin-Goltz syndrome or nevoid basal cell carcinoma syndrome (NBCCS) is an autosomal dominant condition with high variability in expression. It is a highly penetrant genetic disorder. It is caused by mutations to patched PTCH1 which is a tumor suppressor gene located in 9q22, 3-q31. It has got an estimated prevalence of 1 in 57,000 to 1 in 256,000. Male to female ratio is 1:1. Gorlin and Goltz, in the year 1960, described the triad which includes multiple basal cell carcinoma, odontogenic keratocysts (OKC), and bifid ribs characteristic of the syndrome. In 1977, Rayner et al. added additional characteristics to the syndrome which include falx cerebri calcification or palmar/ plantar pits. OKCs are the first ones likely to get diagnosed as they can be detected during the first decade of life. They occur almost in 80% NBCCSs. Early diagnosis of the syndrome is very important due to the susceptibility to neoplasm, and the syndrome can become very destructive as age progresses. Most often, the syndrome will go undiagnosed due to lack of proper investigations and problem targeted treatments. Here, we present a case report of a patient who has undergone previous surgical cyst removals but failed to get diagnosed with the syndrome.

### **CASE REPORT**

A 28-year-old female patient was referred to our Department of Oral and Maxillofacial Surgery from a local dental clinic as her orthopantomogram (OPG) showed two radiolucencies in the mandible [Figure 1]. She had reported to the clinic with the complaint of pain in relation to the left lower back tooth region. She gave a history of the previous similar lesions in the maxilla, which were surgically removed along with impacted teeth in another hospital. Her previous medical records – X-ray computed tomography (CT) showed the previous lesions, which were associated with impacted teeth [Figure 2].

She gave no familial history of similar lesions. X-rays advised from our department revealed more findings. CT revealed persisting lesions in the previously operated sites [Figure 3] along with the lesions associated with the mandibular ramus region bilaterally. The mandibular lesions were also associated with impacted teeth.

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X-ray paranasal sinus (PNS) skull [Figure 4] revealed calcification of falx cerebri, and a miniplate fixation in relation to the maxillary region was seen in both OPG and PNS view.

Chest X-ray revealed bifid ribs [Figure 5].

On general examination, she exhibited mild macrocephaly, frontal bossing, hypertelorism with an intercanthal distance of about 43 mm, multiple nevi of size about  $1 \times 1$  on the face [Figure 6].

Clinical examination revealed the slight expansion of the lingual cortex of ramus in the left side. Maxillary regions revealed no clinical findings.

Cone beam computed tomography taken for the patient revealed the maxillary lesions extending almost half of the maxillary sinus with penetration of the posterior antral wall in the right side [Figures 7-9].

In the left maxillary region, the lesion was localized only in the posterior antral region.

Chest X-ray revealed spina bifida in relation to C-spine. She was clinically diagnosed as Gorlin-Goltz syndrome/ NBCCS syndrome according to the clinical criteria of Kimonis et al. [Table 1].

It was decided to treat her by surgical enucleation of the lesions with the removal of impacted teeth along with chemical cauterization with Carnoy's solution under general anesthesia.



Figure 1: Orthopantomogram



Figure 3: Current computed tomography

In the maxillary region, a crevicular incision was placed posterior to the premolar region extending posteriorly. Intraoperatively, buccal cortex was found intact on both sides. A bony window was created on the posterior antral wall, and the lesion was enucleated along with the entire lining enmass and chemical cauterization done with Carnoy's solution. A dense proteinaceous material such as keratin was found within the lesion [Figures 10 and 11].

In the mandibular region, crevicular incision was placed posterior to the premolar region extending to the ramus region [Figure 12].

### Table 1: Clinical characteristics of nevoid basal cell carcinoma syndrome found in this patient according to Kimonis et al. diagnostic criteria (Table 3)

Presence of criteria in patient
No
Yes
Yes
Yes
Nil
Nil
Yes
No
Hypertelorism, frontal bossing
Yes-bridging of sella turcica
No

NBCCS=Nevoid basal cell carcinoma syndrome; BCC=Basal cell carcinoma; OKC=Odontogenic keratocyst



Figure 2: Previous computed tomography



Figure 4: Paranasal sinus - skull



Figure 5: Chest X-ray



Figure 7: Cone beam computed tomography



Figure 9: Cone beam computed tomography-three-dimensional view

The lesion was removed along with the impacted third molars, and chemical cauterization done with Carnoy's solution [Figure 13].

The patient was put on a soft diet for 1 month owing to the extension of the lesion into the ramus and subsequent weakened bone. The patient was made aware of other systemic complications associated with the syndrome and advised to do necessary diagnostic tests.

All the specimens collected from the mandibular and maxillary regions were sent for histopathologic examination. All of them



Figure 6: Extraoral examination



Figure 8: Cone beam computed tomography-three-dimensional image



Figure 10: Bony window created on posterior antral wall

showed a corrugated parakeratinized cyst lining epithelium with a fibrovascular connective tissue capsule.

The connective tissue capsule showed the presence of satellite cysts, [Figure 14] and the cystic cavity showed flecks of keratin all of which confirmed the lesions as OKCs [Figure 15].

#### DISCUSSION

NBCCS or Gorlin-Goltz syndrome is reported rarely in literature<sup>[1]</sup>



Figure 11: Enucleation



Figure 13: Enucleated lesions from maxilla and mandible



Figure 15: Histopathologic slide view

and there has been a lack of awareness of the syndrome due to the rarity in Indian population. Syndrome associated keratocystic odontogenic tumors (KCOTs) are often treated in the same as treating nonsyndromic cases. Associated systemic signs can easily be missed due to the nonawareness of the syndrome. The features of the syndrome vary globally. The clinician should be aware of the features



Figure 12: Enucleation - mandibular lesion



Figure 14: Satellite cyst

of the syndrome, which are more prevalent in his community as well as of different global population. Some of the major criteria of the syndrome are more aggressive when associated with the syndrome, for example – KCOTs, basal cell carcinoma syndrome, etc.

NBCCS usually represents its signs in the first and second decades of life, which mainly include multiple KCOTs. Although solitary keratocyst cases have also been reported<sup>17</sup>. The clinical features, which can be observed prenatally and/or neonatally, are cleft lips and palates and hypertelorism. Their number can vary from 1 to 30 with an average of 5 and has got a high rate of recurrence. KCOTs in NBCCS have a high rate of recurrence (60%) compared to nonsyndrome KCOTs (28%). The presence of daughter cyst, the friability of the lining, and the site of involvement contribute the high rate of recurrence. Surgical accessibility and surgeon's expertise minimize the rate of recurrence. Regular follow-up every year for 5 years and thereafter every 2 years has been recommended.

Basal cell carcinomas when associated with the syndrome are reported mostly in young patients and are found to involve even the nonexposed areas of the body.

Ovarian fibromas and cysts are seen in patients associated with the syndrome. They usually occur around 16-45 years of age. Medulloblastomas are seen in this syndromic patient within the first 2 years of life. Molecular genetic studies for PTCH1 gene mutations may be helpful in early diagnosis. PTCH1 is a tumor suppressor gene whose mutations can lead to increase in susceptibility to tumors.

Skeletal deformities can be bifid ribs or spina bifida. The frequency of bifid ribs was reported to be 30-60%. Calcification of falx cerebri is another most frequent feature with frequency 37-79% of NBCCS cases. The highest frequency is reported in the Australian population, which is about 92%. According to Kimonis et al.,<sup>[2]</sup> it is more in patients older than 20 years [Table 2].

According to the literature review<sup>[2-17]</sup> the features of the syndrome include craniofacial anomalies (frontal bossing, macrocephaly, bridging of sella turcica, hypertelorism, multiple OKC, High arched palate, impacted or ectopic teeth, bilateral coronoid hyperplasia and oligodontia), skeletal anomalies (rib anomalies, kyphosis/scoliosis, shortened fourth metacarpal, polydactyly/syndactyly, radiolucencies/ pseudocysts in hand or feet, sloping shoulders, immobile thumbs), skin anomalies (basal cell carcinoma, palmar/plantar pitting), neurologic or central nervous system anomalies (medulloblastoma, meningioma, agenesis of corpus callosum, congenital hydrocephalus, intellectual disability) and other anomalies including genitourinary tract, cardiac and ophthalmologic anomalies. According to literature review we found that the features of the syndrome most commonly reported in indian literature in the descending order are impacted or ectopic tooth (100%), multiple odontogenic keratocysts (95.8%), rib anomalies (71%), hypertelorism (54%), frontal bossing (45.8%), basal cell carcinoma (41.6%), bridging of sella turcica (29%), macrocephaly (25%), polydactyly/syndactyly (21%).

### CONCLUSION

NBCCS show variability in the expression. The patient we reported about presented with two major criteria (histologically proven OKC and bifid ribs) and three minor criteria (macrocephaly, frontal bossing, and falx cerebri calcification) which can be missed during routine dental examinations and investigations. Awareness about the syndrome plays a significant role in diagnosis. Clinical and radiographic features play a crucial role in diagnosis. Patients with the syndrome are susceptible for various complications such

# Table 2: Diagnostic criteria of nevoid basal cellcarcinoma syndrome

Major

- More than 2 BCC, or 1 BCC in patient younger than 20 Histologically proven OKC of the jaw
- Three or more cutaneous palmar or plantar pits
- Bifid, fused or markedly splayed ribs
- First degree relative with NBCCS

Minor

Macrocephaly

One of the several orofacial congenital malformations: Cleft lip and palate, frontal bossing, hypertelorism, course facies

- Other skeletal anomalies: Marked syndactyly, pectus deformity, sprengel deformity, falx cerebri calcification
- Radiologic abnormalities: Bridging of sella turcica, verbal anomalies, modeling defects or flame shaped radiolucencies of the hands and feet Ovarian fibroma
- Medulloblastoma

The diagnosis requires two major or one major and two minor features. NBCCS=Nevoid basal cell carcinoma syndrome; BCC= Basal cell carcinoma; OKC=Odontogenic keratocyst as malignancies if not dealt properly. As there is a defect in the tumor suppressor gene, they are more susceptible to malignancies if exposed to carcinogens. Proper counseling should be given to the patient regarding the expected complications of the syndrome. In the medical report, the details of the syndrome should be mentioned so that minimum diagnostic radiographs or those with lesser dose may be used in patient in future. The patient presented here is advised to regular follow-up with dermatologist, and with us.

#### **Declaration of patient consent**

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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#### **Conflicts of interest**

There are no conflicts of interest.

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