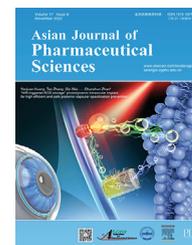


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Short communication

# A novel fixed-combination timolol-netarsudil-latanoprost ophthalmic solution for the treatment of glaucoma and ocular hypertension

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## ABSTRACT

Currently commercial fixed-concomitant three agents have multiple problems such as multiple dosing administration, poor efficacy and side effects. Once-daily fixed-combination timolol-netarsudil-latanoprost ophthalmic solution (FC-TNL) has the ability to treat glaucoma by lowering the intraocular pressure (IOP) with great efficacy and improving patient compliance. However, the commercialized netarsudil dimesylate precipitated when the pH of the solution was above 5.4, or when maleic acid, the salt of commercial timolol maleate, was mixed with netarsudil dimesylate. Consequently, the homologous salt engineering strategy was used to make netarsudil dimesylate soluble in pH 4.8–5.2 solution by synthesizing timolol mesylate. Next, the morphology of timolol mesylate was observed by scanning electron microscopy, differential scanning calorimetry, thermogravimetric analysis, and powder X-ray diffraction. The prepared FC-TNL showed good stability during refrigeration storage. Additionally, FC-TNL exerted no influence on the intraocular penetration of each active compounds in the pharmacokinetic study. Importantly, once-daily FC-TNL exerted potent IOP-lowering effect and protective effect on retinal ganglion cells. The FC-TNL was stable, safe and effective, being a promising glaucoma therapeutic.

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## 1. Introduction

Glaucoma is a progressive age-related optic neuropathy characterized by the death of retinal ganglion cells (RGCs), and it is the most common neurodegenerative cause of irreversible blindness worldwide [1]. High intraocular pressure (IOP) is the main risk factor for glaucoma, consequently, lowering IOP is an important aspect in the treatment of glaucoma [2]. The good safety, efficacy and convenience of topical medical therapy remains the first-line treatment for glaucoma [3], and topical ophthalmic solutions are the most commonly used and accepted worldwide [4].

There are some IOP-lowering glaucoma medications, such as prostaglandin F<sub>2</sub> analogs, rho-kinase inhibitors,  $\beta$ -adrenergic blocking agents,  $\alpha$ -2 adrenergic agonists, and carbonic anhydrase inhibitors. These agents are often used in combination due to their complementary mechanisms of action [5]. However, monotherapy and two concomitant agents often have limited action in controlling IOP over time for patients with severe glaucoma [6–10]. Therefore, unfixed-concomitant multiple drugs and fixed-concomitant three agents are often required for an adequate mid- and long-term IOP control [11]. But unfixed-concomitant therapy often results in washout effect, inconvenience and poor patient compliance due to multiple consecutive daily doses. Therefore, fixed-concomitant three agents is the optimal choice. Currently, a triple fixed-combination dorzolamide hydrochloride (2%)-brimonidine tartrate (0.2%)-timolol maleate (0.5%) ophthalmic solution (KrytanteK Ofteno<sup>®</sup>) is the only commercial fixed-concomitant three agents, but it is only available in Latin and South America countries [6]. However, it did not provide a better IOP-lowering effect after twice-daily administration compared with fixed-combination bimatoprost (0.03%)-timolol maleate (0.5%) ophthalmic solution (Ganfort<sup>®</sup>) demonstrated in phase IV clinical trial [6]. At month 3, 70% of patients treated with Ganfort<sup>®</sup> had an IOP < 14 mm Hg, but only 38% patients receiving KrytanteK Ofteno<sup>®</sup> had an IOP < 14 mm Hg [6]. Furthermore, another triple fixed-combination bimatoprost (0.01%)-brimonidine tartrate (0.15%)-timolol maleate (0.5%) ophthalmic solution is now in phase III clinical trial, nevertheless, twice-daily treatment obviously increases the incidence of ocular side effects and decreases patient compliance [8]. Therefore, it is necessary to develop an effective, safe, once-daily fixed-concomitant three agents which can potentially decrease dosing frequency, avoid drug washout, limit exposure to preservatives and reduce ocular discomfort.

The  $\beta$ -blocker timolol maleate has a long history of clinical used as monotherapy for primary open-angle glaucoma and ocular hypertension [12,13], which can reduce IOP by inhibiting the production of aqueous humor (AH) [14]. Latanoprost is an ester prodrug of prostaglandin F<sub>2</sub> analogs used as the first-line medical therapy for lowering IOP, which can increase the function of the unconventional AH outflow [15,16]. Netarsudil dimesylate, a new rho-kinase inhibitor, is administered once daily and lowers IOP by enhancing the trabecular outflow and reducing AH secretion [17]. Furthermore, netarsudil dimesylate has neuroprotective effect [18]. Various clinical studies demonstrated that

once-daily fixed-combination timolol maleate (0.5%)-latanoprost (0.005%) ophthalmic solution (Xalacom<sup>®</sup>) and fixed-combination netarsudil dimesylate (0.02%)-latanoprost (0.005%) ophthalmic solution (Rocklatan<sup>®</sup>) (FC-NL) showed favorable clinical tolerability, safety and IOP-lowering effect [19,20]. The mean daytime IOP-lowering efficacy of Xalacom<sup>®</sup> was approximately 30%–39% and the mean 24-h IOP decrease was 9.8 mmHg (range 7.4–12.2 mmHg) [19]. A drug evaluation showed that the absolute IOP reduction from baseline ranged from 7.2 to 9.2 mmHg, and corresponding to percentage reduction was 30.9%–36.7% in patients who treated with Rocklatan<sup>®</sup> for 3 months [20]. But these formulations also existed limited efficiency for long-term and severe glaucoma patients.

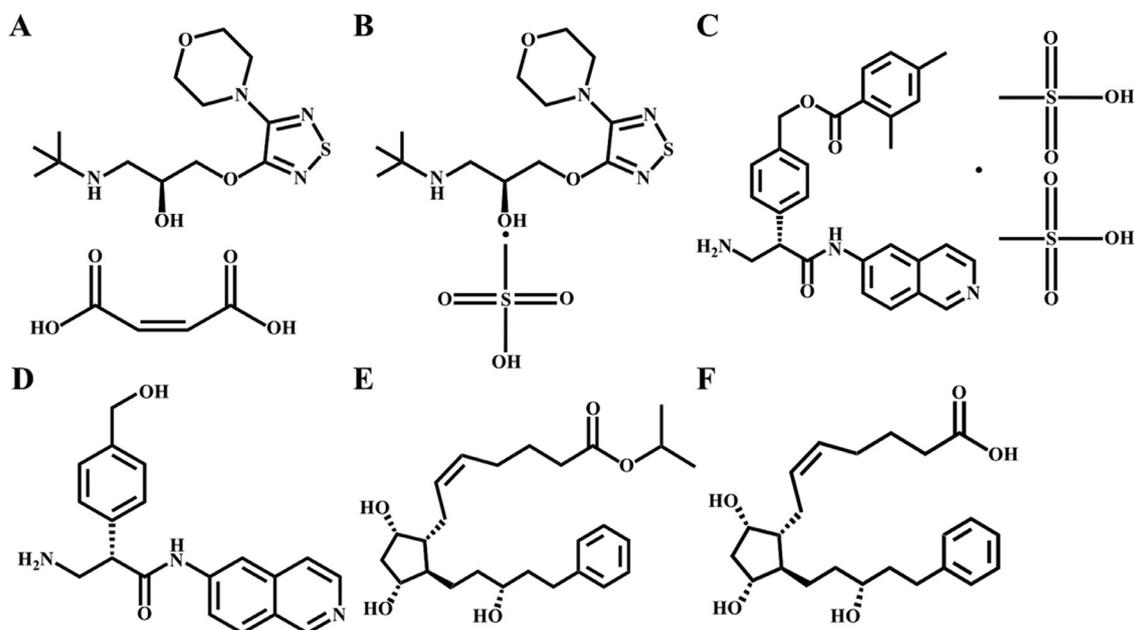
A potentially effective fixed-combination timolol (0.5%)-netarsudil (0.02%)-latanoprost (0.005%) ophthalmic solution (FC-TNL) could successfully lower IOP by targeting multiple mechanisms involved decreasing AH production and increasing AH outflow [5,21]. Therefore, once-daily FC-TNL can be more potentially to decrease dosing frequency, avoid drug washout, limit exposure to preservatives and reduce ocular discomfort. Consequently, FC-TNL was tried to prepared. It was found that FC-TNL showed poor stability under the following two conditions: (1) pH is an important factor to keep the ophthalmic solution stable. Rhopress<sup>®</sup> and Rocklatan<sup>®</sup> were provided as a sterile solution with a pH of 4.8–5.2. Indeed, the commercialized netarsudil dimesylate precipitated when the pH of the solution was above 5.4. (2) Maleic acid, the salt of the commercial timolol maleate, was not compatible with the commercial netarsudil dimesylate, causing white precipitation in pH 4.8–5.2 solution. So far, it has not been reported how to make netarsudil and timolol compatible in pH 4.8–5.2 solution, and prepare FC-TNL.

In the present study, the homologous salt engineering strategy was used to make netarsudil dimesylate soluble in pH 4.8–5.2 solution by synthesizing timolol mesylate. Next, the successful synthesis of timolol mesylate was confirmed using nuclear magnetic resonance spectroscopy, mass spectrograph and fourier transform infrared spectroscopy, the morphology of timolol mesylate was observed by scanning electron microscopy, differential scanning calorimetry, thermogravimetric analysis, and powder X-ray diffraction. The prepared FC-TNL showed good stability during refrigeration storage. Additionally, FC-TNL exerted no influence on the intraocular penetration of each active compounds in the pharmacokinetic study. And FC-TNL did not cause any sign of moderate or severe ocular irritation. More importantly, once-daily FC-TNL exerted great IOP-lowering effect and persistent IOP-controlling effect for 24 h, and it could slow down RGCs death to potentially protect eyesight. The FC-TNL was stable, safe and effective, being a promising formulation in the treatment of glaucoma.

## 2. Materials and methods

### 2.1. Materials

Timolol maleate (purity, >99%) was purchased from Kangya of Ningxia Pharmaceutical Co., Ltd. Latanoprost (purity, >98%)



**Fig. 1 – Chemical structures of (A) timolol maleate, (B) timolol mesylate, (C) netarsudil dimesylate, (D) netarsudil-M1, (E) latanoprost, and (F) latanoprost acid used in this study.**

was purchased from Wuhan Sunrise Technology Development Company Limited. Netarsudil dimesylate (purity, >98%) was purchased from Jiaying Triview Biochemical Products Co., Ltd. Benzalkonium chloride (BAK) (purity, >99%) was purchased from Taiko Palm-Oleo (Zhangjiagang) Co., Ltd. Latanoprost acid (LA) (purity, >98%) was purchased from Shanghai Aladdin Biochemical Technology Co., Ltd. Netarsudil-M1 was synthesized in our laboratory. Timolol mesylate standard (purity, >99%) was synthesized and purified in our laboratory. Healthy adult male Japanese white rabbits [SYXK (Liao) 2018–0009] (weighing 1.8–2.2 kg) were purchased from the Shenyang aikesai Biotechnology Co., Ltd (Shenyang, China). Fixed-combination timolol (0.5%)-netarsudil (0.02%)-latanoprost (0.005%) ophthalmic solution (FC-TNL), fixed-combination netarsudil dimesylate (0.02%)-latanoprost (0.005%) ophthalmic solution (FC-NL), netarsudil dimesylate ophthalmic solution (0.02%), timolol mesylate ophthalmic solution (0.5%), and latanoprost ophthalmic solution (0.005%) were prepared in our laboratory. Timoptic® (timolol maleate ophthalmic solution) (0.5%) was purchased from Wuhan Wujing Pharmaceutical Co. LTD. Xalacom® (fixed-combination timolol maleate-latanoprost ophthalmic solution) (0.5%/0.005%) and Xalatan® (latanoprost ophthalmic solution) (0.005%) were purchased from Pfizer. Boric acid and methanesulfonic acid were purchased from Yuwang Chemical Co., Ltd. (Jinan, China). Mannitol (purity, >99%) was purchased from Dingguo Biotechnology Co., LTD. All other reagents and chemicals used in this study were of analytical grade. The chemical structures are shown in Fig. 1.

## 2.2. Preparation of timolol mesylate

Drug incompatibility can compromise the safety and effectiveness of the combined drugs [22]. Firstly, we mixed timolol maleate and netarsudil dimesylate in pH 4.8–5.2

solution to verify if the two drugs were compatible. Then, timolol mesylate was synthesized by the following method. Timolol maleate (1 g, 2.3 mmol) and  $K_2CO_3$  (0.64 g, 4.6 mmol) were dissolved in sterile  $H_2O$  (20 ml), the mixture was stirred for 90 min at 35 °C and then cooled to room temperature. The solution was extracted with ethyl acetate (1 time) and the ethyl acetate layer was washed with sterile  $H_2O$  (2 times). The organic layer was evaporated and pure timolol was obtained in the form of oil. Methanesulfonic acid (65  $\mu$ l, 1 mmol) was added to a stirred solution of timolol (0.316 g, 1 mmol) in ethyl acetate (3 ml). The mixture was stirred for 15 min at room temperature. The resulting salt was vacuum suction filtered, washed with ethyl acetate (5 ml), dried at 40 °C under vacuum for 6 h, and timolol mesylate was obtained as a white crystalline powder.

### 2.2.1. Characterization of timolol mesylate

**2.2.1.1. Nuclear magnetic resonance spectroscopy (NMR)**  $^1H$  NMR spectra of timolol, timolol maleate and timolol mesylate was recorded in deuterated dimethyl sulfoxide ( $DMSO-d_6$ ) using a 400 MHz Bruker nuclear magnetic resonance spectrometer (Bruker BioSpin GmbH). The results were interpreted using MestReNova software.

**2.2.1.2. Mass spectrometry (MS)** MS of timolol, timolol maleate and timolol mesylate was performed by AB SCIEX Instruments 4000 Q-Trap (Applied Biosystems, Foster City, CA) under electrospray ionization (ESI) - positive mode with a source temperature of 180 °C. The compounds were dissolved in methanol to obtain a suitable concentration for the analysis in the range of 0.00–1200.00 m/z.

**2.2.1.3. Fourier transform infrared spectroscopy (FTIR)** The infrared spectra of timolol, timolol maleate and timolol mesylate was recorded by the KBr disk method using an

FTIR Spectrometer (Broker IFS-55). The spectra were measured under ambient conditions over the range 4000–400  $\text{cm}^{-1}$  with a resolution of 2  $\text{cm}^{-1}$ .

**2.2.1.4. Scanning electron microscopy (SEM)** Crystals of the formulated timolol maleate and timolol mesylate were examined by SEM (S-4800, Hitachi, Japan). The samples were coated with gold and then examined at a working distance of 8.7 mm and an accelerated voltage of 2 kV.

**2.2.1.5. Differential scanning calorimetry (DSC)** DSC was performed using a Discovery DSC 250 instrument. Samples of timolol maleate and timolol mesylate weighing approximately 4 mg were placed into non-hermetic sealed aluminum pans at a heating rate of 5 °C/min under a nitrogen gas flow of 30 ml/min. The DSC thermograms were recorded under a temperature range of 60–280 °C [23].

**2.2.1.6. Thermogravimetric analysis (TGA)** TGA was carried out using the Discovery TGA 55 equipment. Timolol maleate and timolol mesylate were poured into aluminum oxide pans equipped with lids, then heated from 60 °C to 280 °C at a rate of 5 °C/min. The purge flow rate of dry nitrogen gas was set at 30 ml/min.

**2.2.1.7. Powder X-ray diffraction (PXRD)** The crystallinity of timolol maleate and timolol mesylate was evaluated using an X-ray diffractometer (D/max-r A, Rigaku Denki, Japan) by a Cu  $K\alpha$  radiation ( $\lambda = 1.5418 \text{ \AA}$ ) at room temperature. The voltage and current were set to 40 kV and 40 mA, respectively. The samples were measured under reflection mode during the  $2\theta$  range from 5° to 50° at a scan rate of 1°/min [24].

## 2.3. Preparation of ophthalmic solutions

### 2.3.1. Preparation of netarsudil dimesylate ophthalmic solution

Rhopress® can not be available in China. Thus, netarsudil dimesylate ophthalmic solution was prepared in our laboratory referring to the prescribing information of Rhopress® in Table S1.

Briefly, netarsudil dimesylate (28.5 mg), BAK (15 mg) and boric acid (50 mg) were mixed, dissolved in a glass beaker with 95 ml sterile water and stirred using a dry glass stirring rod at room temperature until completely dissolved. The osmolarity was then adjusted to 280–320 mOsmol/kg with mannitol and measured using the STY-1ADK osmometer (Tianjin Tiandatianfa Technology Co. LTD) based on the freezing point depression principle [25]. The pH was adjusted to 4.8–5.2 with sodium hydroxide solution (10%) measured using pH meter (PHS-3C, Eutech Instruments) at  $25 \pm 0.5$  °C. Finally, sterile water was added to bring the solution almost to 100 ml to obtain netarsudil dimesylate ophthalmic solution. The solution was stored in 4 ml opaque white low density polyethylene bottles and closed with white polypropylene caps.

### 2.3.2. Preparation of latanoprost ophthalmic solution

Latanoprost has a low solubility in water (water solubility of 50 mg/l) and a high lipophilicity ( $\text{LogD}_{(\text{pH}7)} = 4.28$ ) [26]; thus,

BAK is not only used as a preservative but also accelerates the dissolution of latanoprost in water [27]. Indeed, BAK is the most frequently used preservative in ophthalmic solutions, typically used in concentrations from 0.004% to 0.02% [28]. Different reaction conditions including BAK concentrations (0.010%, 0.015%, and 0.020%), stirring speed (140±5 rpm and 160±5 rpm) and heating time (1.0–2.5 h) in  $80 \pm 2$  °C water bath [29] were tried to make latanoprost completely dissolve in the water to obtain 0.01% latanoprost stock solution.

Boric acid (50 mg) was dissolved in a glass beaker with 45 ml sterile water and stirred using a dry glass stirring rod at room temperature until completely dissolved, then added in 50 ml of 0.01% latanoprost stock solution. The osmolarity was then adjusted to 280–320 mOsmol/kg with mannitol. The pH was adjusted to 4.8–5.2 with sodium hydroxide solution (10%). Finally, sterile water was added to bring the solution almost to 100 ml to obtain latanoprost ophthalmic solution. The solution was stored in 4 ml opaque white low density polyethylene bottles and closed with white polypropylene caps.

### 2.3.3. Preparation of timolol mesylate ophthalmic solution

Timolol mesylate (650 mg), BAK (20 mg) and boric acid (50 mg) were mixed, dissolved in a glass beaker with 95 ml sterile water and stirred using a dry glass stirring rod at room temperature until completely dissolved. The osmolarity was then adjusted to 280–320 mOsmol/kg with mannitol. The pH was adjusted to 4.8–5.2 with sodium hydroxide solution (10%). Finally, sterile water was added to bring the solution almost to 100 ml to obtain timolol mesylate ophthalmic solution. The solution was stored in 4 ml opaque white low density polyethylene bottles and closed with white polypropylene caps.

### 2.3.4. Preparation of FC-NL

Rocklatan® is fixed-combination netarsudil dimesylate (0.02%)-latanoprost (0.005%) ophthalmic solution, which has been approved by the Food and Drug Administration in 2019 for using in patients with open angle glaucoma and ocular hypertension [5]. Because of the unavailability of Rocklatan® in China, FC-NL was prepared in our laboratory referring to the prescribed information of Rocklatan® shown in Table S1.

Netarsudil dimesylate (28.5 mg) and boric acid (50 mg) were mixed, dissolved in a glass beaker with 45 ml sterile water and stirred using a dry glass stirring rod at room temperature until completely dissolved, then added in 50 ml of 0.01% latanoprost stock solution. The osmolarity was then adjusted to 280–320 mOsmol/kg with mannitol. The pH was adjusted to 4.8–5.2 with sodium hydroxide solution (10%). Finally, sterile water was added to bring the solution almost to 100 ml to obtain FC-NL. The solution was stored in 4 ml opaque white low density polyethylene bottles and closed with white polypropylene caps.

### 2.3.5. Preparation of FC-TNL

The preparation of FC-TNL was performed by referring to the prescribed information of the commercial products summarized in Table S1. Netarsudil dimesylate (28.5 mg), timolol mesylate (650 mg) and boric acid (50 mg) were mixed, dissolved in a glass beaker with 45 ml sterile water and

stirred using a dry glass stirring rod at room temperature until completely dissolved, then added in 50 ml of 0.01% latanoprost stock solution. The osmolarity was then adjusted to 280–320 mOsmol/kg with mannitol. The pH was adjusted to 4.8–5.2 with sodium hydroxide solution (10%). Finally, sterile water was added to bring the solution almost to 100 ml to obtain FC-TNL. The solution was stored in 4 ml opaque white low density polyethylene bottles and closed with white polypropylene caps.

#### 2.4. *In vitro* stability studies

The regulatory expectations for ophthalmic products have always been the most demanding, meanwhile, the stability of ophthalmic drugs is an important parameter related to the storage condition [30]. According to the storage requirements of the commercial three monotherapy agents (Timoptic<sup>®</sup>, Rhopress<sup>®</sup>, Xalatan<sup>®</sup>), three sets of different conditions including refrigeration temperature ( $5 \pm 3^\circ\text{C}$ ), room temperature ( $25 \pm 2^\circ\text{C}$ ), and transportation temperature ( $40 \pm 2^\circ\text{C}$ ), were selected to evaluate the *in vitro* stability of FC-TNL.

#### 2.5. Animal study

All animal studies were performed in accordance with the ARRIVE guidelines and were conducted according to the Guidelines for the Care and Use of Laboratory Animals and were approved by the Institutional Animal Ethical Care Committee (IAECC) of Shenyang Pharmaceutical University. Healthy male Japanese white rabbits [SYXK (Liao) 2018–0009] (weighting 1.8–2.2 kg) were purchased from the Shenyang aikesai Biotechnology Co., Ltd (Shenyang, China). They were kept in individual cages at a temperature of 20–25 °C and relative humidity of 40%–70%. They were fed with balanced diet pellets and had free access to food and water. The eyes of all rabbits were examined prior to the experiment and only the animals without any ocular disease were used for the experiments.

##### 2.5.1. *In vivo* pharmacokinetic study

56 healthy male Japanese white rabbits were randomly divided into 4 groups of 14 rabbits in each group. Each group was divided into 7 subgroups (2 rabbits for each time point). Each rabbit was treated with 40 µl FC-TNL, Timoptic<sup>®</sup>, netarsudil dimesylate ophthalmic solution or Xalatan<sup>®</sup> in the lower conjunctival cul-de-sac of both eyes. The eyelids were kept closed for 10 s after administration to prevent the loss of the instilled drug solution. The animals were sacrificed at 0.083 h, 0.25 h, 0.5 h, 1 h, 4 h, 8 h and 24 h post instillation, and the eyeball was removed and dissected into cornea and AH. Cornea was separately weighted at the time of collection, and all the samples (cornea and AH) separately stored in separated tubes, frozen immediately and stored at  $-80^\circ\text{C}$  until analysis.

Latanoprost and netarsudil are ester prodrugs, which are quickly hydrolyzed to LA and netarsudil-M1 by corneal esterases after ocular administration [17,31]. Therefore, the content of timolol, netarsudil, netarsudil-M1, latanoprost and LA was evaluated in all the collected

samples by ultraperformance liquid chromatography-tandem mass spectroscopy (UPLC-MS/MS). The pharmacokinetic parameters, including time to maximum concentration ( $T_{\text{max}}$ ), maximum observed concentration ( $C_{\text{max}}$ ), and area under the concentration time curve from zero to time of last non-zero concentration ( $\text{AUC}_{0-t}$ ) were calculated using DAS 2.0.

##### 2.5.2. *In vivo* pharmacodynamic study

To verify if the change of timolol from maleate to mesylate affects its pharmacological activity, the IOP-lowering efficacy of timolol mesylate ophthalmic solution was evaluated in a high IOP rabbit model and compared with Timoptic<sup>®</sup> (timolol maleate ophthalmic solution). Healthy male Japanese white rabbits were acclimatized for 1 week before the start of the experiments. Then, all rabbits were first anesthetized with an intravenous injection of urethane, 100 µl AH were removed from the anterior chamber of the right eye using a disposable syringe and then slowly injected 100 µl the compound carbomer solution (0.3%) through disposable syringe [32]. After the procedure, all eyes were treated with a drop of levofloxacin hydrochloride eye drops (0.3%). The IOP was measured using a Tonometer (Icare<sup>®</sup> TA01i, Finland) at 9:00 AM and 9:00 PM. When the IOP of all the right eyes was higher than 21 mmHg for 3 d consecutively, twice-daily timolol mesylate ophthalmic solution or Timoptic<sup>®</sup> (40 µl) was administered into the lower conjunctival sac of the right eye in each treatment group at 9:00 AM and 9:00 PM for 10 d consecutively. Rabbits did not receive any treatment in the right eyes of model group. And all the left eyes without any treatment were used as a control. Regarding IOP measurements, baseline measurements were obtained twice daily (at 9:00 AM and 9:00 PM) for 3 d consecutively in all study groups prior to treatment. IOP was measured at 9:00 AM and 9:00 PM after daily administration. IOP change was calculated as the difference in IOP between the value after the treatment and that at the baseline in the same eye.

The IOP-lowering efficacy of FC-TNL was evaluated in a high IOP rabbit model and compared with the three monotherapy agents (Timoptic<sup>®</sup>, netarsudil dimesylate ophthalmic solution, Xalatan<sup>®</sup>). Establishment of high IOP rabbit model, related IOP measurements and IOP change were as the same as above. Once-daily FC-TNL, netarsudil dimesylate ophthalmic solution or Xalatan<sup>®</sup> (40 µl) was administered into the lower conjunctival sac of the right eye in each treatment group at 9:00 PM for 10 d consecutively. Timoptic<sup>®</sup> (40 µl) was administered into the lower conjunctival sac of the right eye in each treatment group at 9:00 AM and 9:00 PM for 10 d consecutively. Rabbits did not receive any treatment in the right eyes of model group. And all the left eyes without any treatment were used as a control.

The IOP-lowering efficacy of FC-TNL was evaluated in above high IOP rabbit model and compared with FC-NL and Xalacom<sup>®</sup>. Establishment of high IOP rabbit model, related IOP measurements and IOP change were as the same as above. Once-daily FC-TNL, FC-NL or Xalacom<sup>®</sup> (40 µl) was administered into the lower conjunctival sac of the right eye in each treatment group at 9:00 PM for 10 d consecutively. Rabbits did not receive any treatment in the right eyes of model group.

And all the left eyes without any treatment were used as a control.

### 2.5.3. Histological examination

Extensive studies reported that rho kinase inhibitors increased ocular blood flow, which may slow down the progression of the glaucomatous optic neuropathy by directly increasing the perfusion of the retina and optic disk [18,33]. Therefore, the rabbits were euthanized after the pharmacodynamic study and the eyeballs were removed and fixed in 4% paraformaldehyde to evaluate the potential effect of FC-TNL on rabbit's optic nerve. The obtained tissue sections of retina sliced using a microtome and stained with hematoxylin and eosin (H&E). The retinas from each animal were imaged and Imaging-Pro-Plus 6.0 software (Media Cybernetics Inc., Silver Spring, MD) was used to quantify the number of RGCs.

### 2.5.4. Ocular irritation test

Hundreds of substances that can damage eyesight are daily used. Therefore, it has become important to ensure the safety of the eyes that are subjected to consumer products, especially ophthalmic preparation since the mid-twentieth century [34]. Thus, healthy male Japanese white rabbits without any ophthalmic disease were used to test the ocular irritation of FC-TNL. 15 rabbits were average divided into 5 groups. Once-daily 40  $\mu$ l of normal saline, blank ophthalmic solution (contains 0.02% BAK, 0.05% boric acid, mannitol adjusts osmolality to 280–320 mOsmol/kg, sodium hydroxide adjusts pH to 4.8–5.2), Xalacom<sup>®</sup>, netarsudil dimesylate ophthalmic solution, or FC-TNL was administered into the lower conjunctival sac of the right eye in each groups. The eyelids were gently held together for approximately 10s to avoid the loss of the administered formulation. The left eye was considered as a control. The cornea, iris and conjunctiva were observed at intervals of 1 h, 24 h, 48 h and 72 h post-dose by macroscopic examination using a slit lamp. The score of ocular irritation was obtained according to the Draize test: no irritation (score 0–3); slight irritation (score 4–8); moderate irritation (score 9–12); and severe irritation (score 13–16) [34].

## 2.6. Statistical analysis

Statistical analysis was carried out using SPSS software version 24. All experiments were performed in triplicate and the results were presented as mean  $\pm$  standard deviation (SD). The Student *t*-test, Mann-Whitney *U* test or One-way analysis of variance (ANOVA) were used to analyze the data in case of two groups or multiple groups, respectively. A value of *P* < 0.05 was considered statistically significant.

## 3. Results and discussion

### 3.1. Incompatibility between timolol maleate and netarsudil dimesylate

The safety and effectiveness of the fixed-concomitant multiple drugs were influence by the incompatibility among different drugs [22]. In current study, we firstly found that maleic acid, the salt of the commercial timolol maleate,

was not compatible with the commercialized netarsudil dimesylate in pH 4.8–5.2 solution, since white precipitate appeared in the solution and the content of netarsudil dimesylate was below 50% when stored in refrigeration condition ( $5 \pm 3$  °C) for 7 d as shown in Fig. S1. Therefore, homologous salt engineering strategy was used to make netarsudil dimesylate soluble in pH 4.8–5.2 solution by changing timolol maleate into timolol mesylate.

### 3.2. Timolol mesylate characterization

**3.2.1. The chemical structure identification of timolol mesylate**  
<sup>1</sup>H NMR spectra of timolol, timolol maleate and timolol mesylate was measured in DMSO-*d*<sub>6</sub> solution (400 MHz). The <sup>1</sup>H NMR chemical shift [ $\delta$ , parts per million (ppm)] data of timolol were  $\delta$  5.00 (s, 1H), 4.42–4.28 (m, 2H), 3.82 (m, 1H), 3.80 (t, 4H), 3.46 (t, 4H), 2.59–2.54 (m, 2H), 1.01 (s, 9H) (Fig. S2). For timolol maleate, the chemical shift [ $\delta$ , parts per million (ppm)] data were 6.04 (s, 2H), 4.44–4.37 (m, 2H), 4.22–4.19 (m, 1H), 3.70 (t, 4H), 3.46 (t, 4H), 3.16–3.12 (m, 1H), 2.93–2.87 (m, 1H), 1.30 (s, 9H) (Fig. S3). As for timolol mesylate, the chemical shift [ $\delta$ , parts per million (ppm)] data were 5.93 (s, 1H), 4.43–4.36 (m, 2H), 4.21 (s, 1H), 3.70 (t, 4H), 3.46 (t, 4H), 3.16–3.13 (m, 1H), 2.94–2.86 (m, 1H), 2.34 (s, 3H), 1.29 (s, 9H) (Fig. S4). The <sup>1</sup>H NMR chemical shift data of timolol and timolol maleate were in agreement with those previously reported [35]. The signals of the protons assigned to the olefin carbon of maleic acid at 6.04 ppm disappeared, whereas signals at 5.93 ppm and 2.34 ppm associated with methanesulfonic acid protons were observed in the spectra of timolol mesylate. These results demonstrated that the desired salt was formed.

Timolol mesylate in the ESI mode of MS was represented by a molecular  $[M+H]^+$  ion peak at 317.1 *m/z* (Fig. S7), corresponding to the molecular weight of timolol (Fig. S5), which was also the same as that of timolol maleate (Fig. S6), demonstrating the integrity of the parent molecule after salt formation.

As shown in Fig. S8, the FTIR spectrum of timolol (red line), timolol maleate (green line) and timolol mesylate (blue line) showed a broad band between 3500 and 3300  $\text{cm}^{-1}$  due to the N–H and O–H stretching vibrations, the bands around at 2963 and 2855  $\text{cm}^{-1}$  due to the aliphatic C–H stretching vibrations, the band around at 1498  $\text{cm}^{-1}$  due to the C–N stretching, and the bands around at 1262, 1119 and 954  $\text{cm}^{-1}$  due to the =C–O–C and morpholino C–O–C stretching vibrations, respectively [23,36,37], also proving that the formation of salt did not destroy the integrity of the parent molecule.

The FTIR spectra of timolol mesylate showed the characteristic peaks of methanesulfonic acid at 2920  $\text{cm}^{-1}$  corresponded to the -CH<sub>3</sub> stretching vibrations, at 1226 and 1045  $\text{cm}^{-1}$  corresponded to the SO<sub>2</sub> symmetric vibration [38], accompanied by the disappearance of the characteristic peaks associated with maleic acid at 3046, 1705, 1589, 1452 and 1229  $\text{cm}^{-1}$  [23,36,37]. These results demonstrated that methanesulfonic acid was incorporated in the parent molecule.

### 3.2.2. The morphological analysis of timolol mesylate

Morphological analysis of timolol maleate and timolol mesylate shape and surface was firstly carried out by SEM assessment. Fig. S9 showed obviously distinct surface

morphologies between timolol maleate and timolol mesylate, which demonstrated that their crystalline phases varied among each other.

Meanwhile, the thermal and hygroscopicity behaviors of timolol salt were also variable with their different crystal structure and packing modes [39]. The DSC curve showed that timolol mesylate had a sharp endotherm peak at 142–146 °C (Fig. S10B), which was distinct difference to timolol maleate (199–203 °C) (Fig. S10A). In addition, the TGA curves showed that both timolol mesylate and timolol maleate did not show any weight loss before the melting point.

Futhermore, the PXRD patterns of timolol mesylate revealed numerous sharp and high intensity peaks at  $2\theta$  (°) = 14.5, 15.1, 18.4, 19.2, 24.0, 25.0, 27.4, 28.4, and 31.9, whereas the characteristic peaks of timolol maleate were at  $2\theta$  (°) = 7.1, 9.4, 14.1, 17.6, 19.1, 19.5, 20.0, 20.3, and 22.0, confirming the different crystallinity between timolol mesylate and timolol maleate (Fig. S11).

### 3.3. Preparation of FC-TNL

Due to the similar prescription and preparation method among the three monotherapy agents, FC-NL and FC-TNL, the preparation process of FC-TNL would be detailedly illustrated as an example. The decisive factors for the preparation of FC-TNL included the following three aspects:

Firstly, due to the poor water solubility of latanoprost [26], BAK is an key ingredient to promote latanoprost dissolution [27]. Meanwhile, stirring speed and heating time also influenced the degree of latanoprost dissolved in water. As shown in Fig. S12, the optimal conditions for the complete dissolution of latanoprost in water were that BAK concentration was 0.02%, stirring speed was  $160 \pm 5$  rpm and heating time was 2.0–2.5 h in  $80 \pm 2$  °C water bath.

Secondly, the osmolality of the ophthalmic solution is preferably similarity to tear to prevent eye irritation, pain and serious side effects [25,40]. Mannitol is used as tonicity agent according to the prescribing information of Rhopress® and Rocklatan®. Consequently, 5.0% mannitol was used to prepare FC-TNL with the osmolality of  $295 \pm 5$  mOsmol/kg, which was isotonic with tear [41].

Futhermore, pH is not only associated with local irritation, but also influence the stability of FC-TNL. Rhopress® and Rocklatan® were provided as a sterile borate buffered aqueous solution (containing 0.05% borate acid) with a pH of 4.8–5.2. Meanwhile, in both netarsudil dimesylate solution and FC-TNL with pH 5.4–5.6, the content of netarsudil dimesylate was lower than 50% and white precipitate appeared after being stored in refrigeration condition ( $5 \pm 3$  °C) for 7 d shown in Fig. S13, indicating that netarsudil dimesylate was not stable when the pH of the borate buffer solution was over 5.4, which was consistent with the commercial products (Rhopress®, Rocklatan®). Therefore, FC-TNL was prepared in borate buffer solution containing 0.05% borate acid and the pH of the ophthalmic solution was adjusted to 4.8–5.2 with sodium hydroxide solution (10%) according to the prescribing information and above study results.

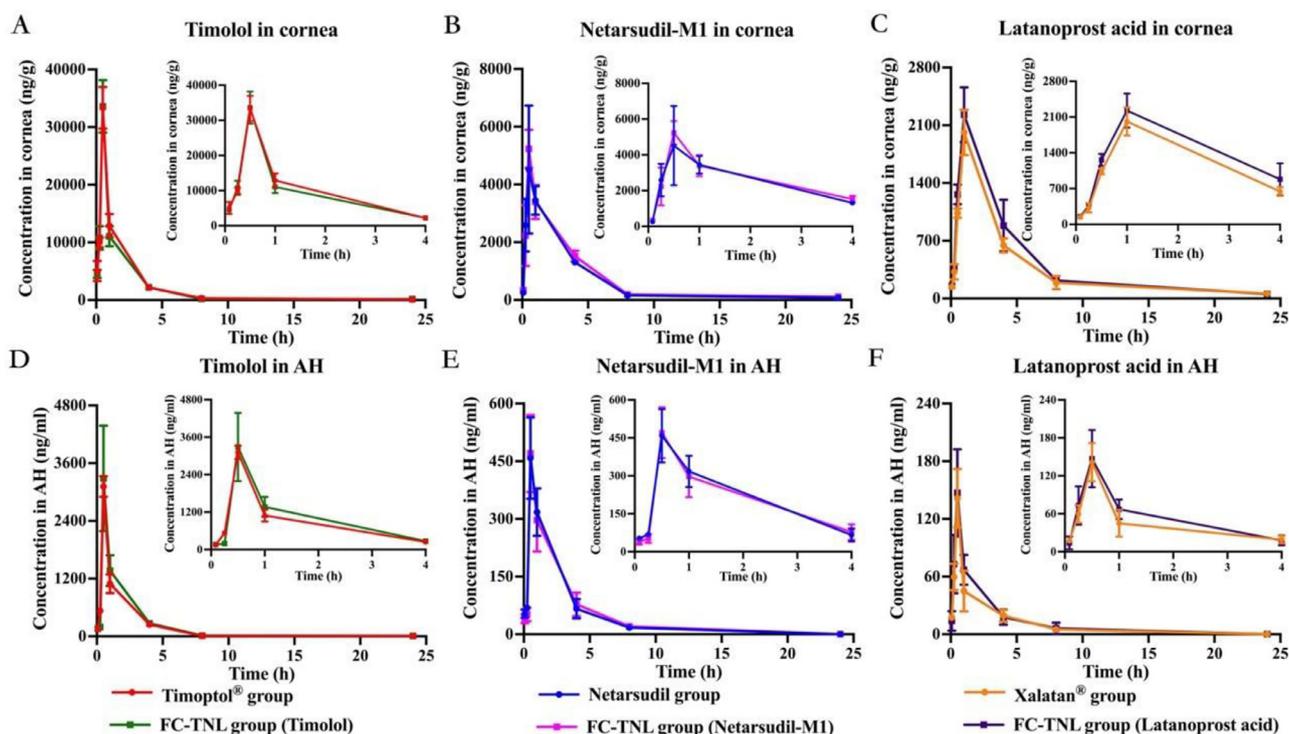
### 3.4. In vitro stability study of FC-TNL

Storage stability is an important index to evaluate the quality of ophthalmic solution, including refrigeration temperature condition ( $5 \pm 3$  °C), room temperature condition ( $25 \pm 2$  °C), and transportation temperature condition ( $40 \pm 2$  °C). According to the prescribing information of those three commercial monotherapy agents, Timoptic® can be stored at 2–25 °C for 24 months. However, Rhopress® and Xalatan® must be stored at 2–8 °C until opening and can be stored at 2–25 °C for up to 6 weeks after opening. During shipment at temperature up to 40 °C, Rhopress® should be maintained for not exceeding 14 d, but Xalatan® can only be maintained for 8 d

The stability profiles of the ophthalmic solutions exposed to the above temperature conditions for a period of time were presented in Fig. S14. The content of all active pharmaceutical ingredients in FC-TNL was not significantly different from the monotherapy agents ( $P > 0.05$ ), and all ophthalmic solutions still contained more than 98% of the initial timolol mesylate, netarsudil dimesylate, and latanoprost content in refrigeration storage for 6 months (Fig. S14A–S14C). To evaluate if the stability of FC-TNL is consistent with the commercial medicines (Timoptic®, Rhopress®, Xalatan®), the experiment of FC-TNL stored at  $5 \pm 3$  °C for 24 months is currently underway. And no significant change in the content of the three active pharmaceutical ingredients in FC-TNL was observed at room temperature for 6 weeks (Fig. S14D–S14F), which met the storage requirement of ophthalmic solution after opening. In addition, FC-TNL was still stable when stored up 14 d at 40 °C (Fig. S14G–S14I), meeting the shipment requirement for the ophthalmic solutions [27]. Futhermore, the parameters of pH and osmolality were not significantly different from Day 0, and visible particles were not observed during study storage in all FC-TNL and three monotherapy agents ophthalmic solutions shown in Table S2.

### 3.5. In vivo pharmacokinetic study of FC-TNL

To evaluate if FC-TNL could influence intraocular penetration of each active compounds, a pharmacokinetic study in vivo was performed among the three monotherapy agents and FC-TNL in healthy male Japanese white rabbits. The cornea is a tight barrier that forms tight junctions in multiple layers to restrict the movement of water and solutes [42]. And the penetration of the drugs into the AH from the cornea is crucial to lower IOP [43]. Thus, it is of utmost importance to evaluate the concentration of the active compounds in the cornea and AH. Latanoprost and netarsudil are carboxyl ester prodrugs, which can be rapidly hydrolyzed to LA and netarsudil-M1 by corneal esterases after ocular administration [17,31]. Therefore, the concentration of timolol, netarsudil, netarsudil-M1, latanoprost and LA was determined in the cornea and AH. However, the concentration of netarsudil and latanoprost in the cornea and AH were below the lower limit of quantitation (1 ng/ml) at all the monitored time points in monotherapy groups and FC-TNL group, indicating that latanoprost and netarsudil were hydrolyzed



**Fig. 2** – AH and cornea concentration-time curves of (A, D) timolol, (B, E) netarsudil-M1, and (C, F) latanoprost acid following a single 40  $\mu$ l Timoptol<sup>®</sup>, netarsudil dimesylate ophthalmic solution, Xalatan<sup>®</sup>, and FC-TNL in healthy male Japanese white rabbits. Data are presented as mean  $\pm$  SD ( $n = 3$ ). There was no significant difference in AH and cornea concentration of timolol, netarsudil-M1 and latanoprost acid in any time points among monotherapy groups and FC-TNL group ( $P > 0.05$ ).

by corneal esterases, which was consistent with previous studies [17,44].

Table S3 summarized the pharmacokinetic parameters of timolol, netarsudil-M1, and LA in AH and cornea. In the AH, the  $C_{max}$  of timolol in Timoptic<sup>®</sup> group was  $3115 \pm 215$  ng/ml at 0.5 h, and the  $AUC_{0-24 h}$  was  $3990 \pm 513$  ng·h/ml (Fig. 2A). In netarsudil group, the  $C_{max}$  of netarsudil-M1 was  $458.3 \pm 77.9$  ng/ml at 0.5 h, and the  $AUC_{0-24 h}$  was  $972.6 \pm 246.7$  ng·h/ml (Fig. 2B). For LA, the  $C_{max}$  was  $141.6 \pm 30.4$  ng/ml at 1.0 h and  $AUC_{0-24 h}$  was  $299.0 \pm 75.8$  ng·h/ml in Xalatan<sup>®</sup> group (Fig. 2C). Importantly, no significant difference was observed in the pharmacokinetic parameters of each active compounds in AH among the monotherapy groups and the FC-TNL group ( $P > 0.05$ ). Additionally, the pharmacokinetic behavior of FC-TNL in cornea was also consistent with the monotherapy agents ( $P > 0.05$ ) (Fig. 2D-2F). These pharmacokinetic results in the cornea and AH indicated that FC-TNL did not influence the intraocular penetration of each active compounds.

### 3.6. IOP-lowering efficacy of FC-TNL

To verify whether the change of timolol from maleate to mesylate affects its pharmacological activity, the IOP-lowering efficacy of timolol mesylate ophthalmic solution was compared with Timoptic<sup>®</sup> using a rabbit model with the compound carbomer solution-induced ocular hypertension. Although, IOP is not the sole factor causing the damage of the glaucomatous optic nerve, it represents a modifiable risk

factor and a quantitative mean of measuring the treatment effect [5,45]. When the IOP of the right eye was higher than 21 mmHg, ophthalmic solutions were administered in each treatment group for 10 d consecutively. Rabbits did not receive any treatment in model group and control group.

The mean actual IOP and mean IOP change from the baseline in each groups were shown in Table 1, Table S4 and Table S5. During the study period, the level of IOP in model group gradually increased and over 21 mmHg, suggesting that rabbit ocular hypertension model was established successfully. On the 10th d, all treatment groups presented a significant reduction in IOP vs baseline IOP ( $P < 0.001$ ). As shown in Fig. S15, the actual IOP at 9:00 PM in the rabbit with the compound carbomer solution-induced ocular hypertension treated with timolol mesylate ophthalmic solution was  $22.52 \pm 0.87$  mmHg, which was no significant difference to that in Timoptic<sup>®</sup> group ( $22.45 \pm 1.08$  mmHg) ( $P > 0.05$ ). Meanwhile, mean IOP reduction in timolol mesylate group ( $-2.98 \pm 0.87$  mmHg) was similar to that in Timoptic<sup>®</sup> group ( $-2.93 \pm 1.08$  mmHg) ( $P > 0.05$ ). Therefore, the change of timolol salt form may not affect its IOP lowering effect.

Based on the similar pharmacokinetic behavior among the three monotherapy agents and FC-TNL, the efficacy of the FC-TNL was compared with the three monotherapy agents using a high IOP rabbit model. As shown in Fig. S16, the actual IOP at 9:00 PM in FC-TNL group was approximately 1.91-fold, 1.89-fold and 1.88-fold less than the values in Timoptic<sup>®</sup> group, netarsudil dimesylate group and Xalatan<sup>®</sup> group. And

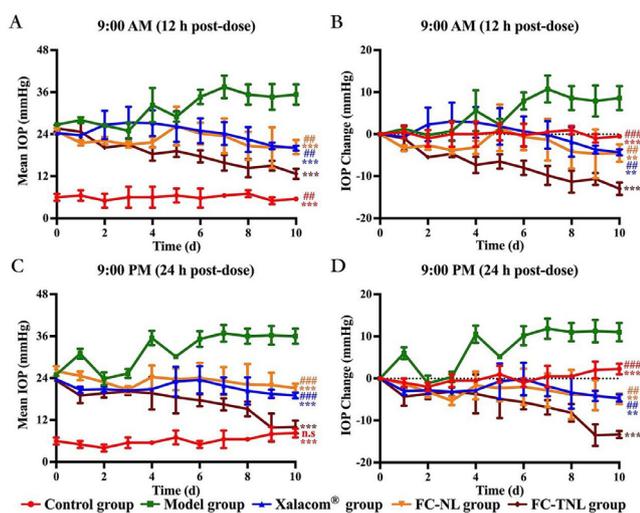
**Table 1 – Pharmacodynamic parameters after topical application of Xalacom<sup>®</sup>, FC-NL, and FC-TNL for 10 d in Japanese white rabbits with the compound carbomer solution-induced ocular hypertension.**

Group	9:00 AM (12 h post-dose)			9:00 PM (24 h post-dose)		
	Baseline IOP	Actual IOP on Day 10	IOP change on Day 10	Baseline IOP	Actual IOP on Day 10	IOP change on Day 10
Control	6.00±1.00	5.50±0.50 <sup>***, ###</sup>	-0.50±0.50 <sup>***, ###</sup>	6.00±1.00	8.25±1.25 <sup>***</sup>	2.25±1.25 <sup>***, ###</sup>
Model	26.75±0.41	35.33±2.87	8.33±2.87	25.00±0.50	36.00±2.16	11.00±2.16
Xalacom <sup>®</sup>	24.33±0.47	20.00±0.71 <sup>***, ##</sup>	-4.33±0.71 <sup>***, ###</sup>	23.67±0.47	19.00±0.82 <sup>***, ##</sup>	-4.67±0.85 <sup>***, ###</sup>
FC-NL	24.83±0.85	20.33±2.05 <sup>**</sup>	-4.50±2.05 <sup>***, ##</sup>	26.00±1.41	21.17±1.25 <sup>***, ###</sup>	-4.83±1.25 <sup>***, ###</sup>
FC-TNL	25.67±0.94	12.67±1.47 <sup>***</sup>	-13.00±1.47 <sup>***</sup>	23.33±0.47	10.00±1.82 <sup>***</sup>	-13.33±0.82 <sup>***</sup>

Baseline IOP: prior to treatment for 3 d consecutively. IOP change: the difference in IOP between the value on Day 10 and that at the baseline in the same eye. IOP values in mmHg. Data are presented as mean ± SD (n = 3).

\*\* P < 0.01, \*\*\* P < 0.001 compared with model group.

## P < 0.01, ### P < 0.001 compared with FC-TNL group.



**Fig. 3 – The mean actual IOP and mean IOP change from baseline at (A, B) 9:00 AM (12 h post-dose) and (C, D) 9:00 PM (24 h post-dose) in control group, model group, Xalacom<sup>®</sup> group, FC-NL group, and FC-TNL group in rabbits with the compound carbomer solution-induced ocular hypertension for 10 d consecutively. Data are presented as mean ± SD (n = 3). \*\*P < 0.01, \*\*\*P < 0.001 compared with model group. (n.s) P > 0.05, ##P < 0.01, ###P < 0.001 compared with FC-TNL group.**

the mean IOP-reduction in high IOP rabbit treated with FC-TNL (14.03±1.53 mmHg) was significantly more than that in Timoptic<sup>®</sup> group (3.00±1.21 mmHg, P < 0.001), netarsudil dimesylate group (2.90±1.51 mmHg, P < 0.001), and Xalatan<sup>®</sup> group (3.60±1.20 mmHg, P < 0.001). Hence, FC-TNL had better IOP-lowering effect than monotherapy agents.

Based on above pharmacodynamic results, the efficacy of the FC-TNL was then compared with Xalacom<sup>®</sup> and FC-NL in a high IOP rabbit model. The actual IOP at 9:00 AM (Fig. 3A) in high IOP rabbit treated with FC-TNL, Xalacom<sup>®</sup> and FC-NL was reduced to approximately 49.4%, 82.2%, and 81.9%, respectively. Meanwhile, the mean IOP reduction in FC-TNL group was approximately 3.0-fold and 2.9-fold more than the values in Xalacom<sup>®</sup> group and FC-NL group (Fig. 3B). Furthermore, the IOP-lowering effect in each groups at 24 h

post-dose (9:00 PM) (Fig. 3C-D) was consistent with the tendency of that at 12 h post-dose (9:00 AM). These results demonstrated that FC-TNL had a superior IOP-lowering effect and persistent IOP-controlling effect for 24 h in rabbit ocular hypertension model. Therefore, the FC-TNL might represent a great potential in the long-term treatment of glaucoma.

### 3.7. Protective effect on RGCs of FC-TNL

Glaucoma is a neurodegenerative disease and eventually leads to blindness due to the permanent death of RGCs and the loss of the optic nerve fibers [46]. Thus, the protection of RGCs from death is of vital importance for glaucoma patients. Extensive studies reported that rho kinase inhibitors can increase the ocular blood flow, thus slowing the progression of the glaucomatous optic neuropathy by directly increasing the perfusion of the retina and the optic disk [18,33]. Therefore, the number of surviving RGCs in control group, model group, Xalacom<sup>®</sup> group, FC-NL group, and FC-TNL group was evaluated by H&E staining of the retina after pharmacodynamic study to evaluate the potential effect of FC-TNL on rabbit's optic nerve.

Figs. S17 and S18 showed that the number of surviving RGCs was significantly less in the model group (7.67±1.7 cells) than that in the control group (32.00±1.63 cells) (P < 0.001), indicating that persistent high IOP resulted in the death of RGCs in ocular hypertension rabbits. Among the treatment groups, the number of surviving RGCs in FC-TNL group was approximately 2.8-fold and 1.2-fold more than that in Xalacom<sup>®</sup> group and FC-NL group, demonstrating that FC-TNL could provide better protection for the optic nerve than fixed-concomitant two agents. Moreover, no significant difference in the number of surviving RGCs was observed between control group and FC-TNL group (P > 0.05), suggesting that the FC-TNL might be highly effective in protecting the optic nerve and delaying vision loss.

### 3.8. Ocular irritation of FC-TNL

Ocular irritation is the main issue associated with the topical delivery of ophthalmic drugs, which is closely related to the tolerance and compliance of patients [47]. Therefore, the right eye of healthy male Japanese white rabbits was treated

with normal saline, blank ophthalmic solution, netarsudil dimesylate ophthalmic solution, Xalacom<sup>®</sup>, or FC-TNL, and all the left eyes without any treatment were used as a control. According to the Draize Eye Test, six components are used to evaluate the ocular irritation, including the density and area of corneal opacification, severity of iritis, conjunctival redness, edema, and discharge. The score of ocular irritation was obtained by weighting and summing the above six components. As shown in Fig. S19, the symptoms of ocular irritation appeared at 1 h after instillation in blank group, netarsudil group, Xalacom<sup>®</sup> group and FC-TNL group, but the evaluation scores of each groups were less than 3, demonstrating that FC-TNL did not cause any moderate or severe irritation. Moreover, all symptoms of ocular irritation disappeared completely after 24 h administration. Thus, the FC-TNL was safe and could be potentially considered for clinical application.

#### 4. Conclusion

To date, many commercial IOP-lowering ophthalmic solutions suffer from poor patient compliance because of the frequent daily instillations, expensive costs, poor therapeutic effect and adverse effects. Once-daily FC-TNL has the ability to treat glaucoma by lowering the IOP with great efficacy and improving patient compliance. However, the commercialized netarsudil dimesylate precipitated when the pH of the solution was above 5.4, or when maleic acid, the salt of commercial timolol maleate, was mixed with netarsudil dimesylate. Consequently, the homologous salt engineering strategy was used to make netarsudil dimesylate soluble in pH 4.8–5.2 solution by synthesizing timolol mesylate. Next, the chemical structure of timolol mesylate was identified by <sup>1</sup>H NMR, MS, and FTIR. The morphology of timolol mesylate was analysed by SEM, DSC, TGA, and PXRD. The prepared FC-TNL showed good stability during refrigeration storage. Additionally, FC-TNL exerted no influence on the intraocular penetration of each active compounds in the pharmacokinetic study. And FC-TNL did not cause any sign of moderate or severe ocular irritation. More importantly, once-daily FC-TNL exerted great IOP-lowering effect and persistent IOP-controlling effect for 24 h, and it could slow down RGCs death to potentially protect eyesight. In conclusion, the FC-TNL with good stability and safety has a great potential in controlling IOP and protecting the optic nerve from damage, thus representing an alternative to the current treatments of glaucoma and being more meaningful for glaucoma management.

#### Conflicts of interest

The authors report no conflicts of interest.

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#### Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.ajps.2022.11.001.

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