



ORIGINAL RESEARCH

# Inhibitory Effects of Paclitaxel-Loaded Iron Oxide Nanoparticles on Non-Small Cell Lung Cancer by Enhancing Autophagy-Dependent Ferroptosis and Apoptosis Pathways

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**Background:** Iron oxide nanoparticles coated with paclitaxel (IONP@PTX) are frequently applied to various tumor types. However, inhibitory effect and possible mechanism of IONP@ PTX on non-small-cell lung cancer (NSCLC) remain unclear.

**Objective:** This work aimed to assess inhibitory effects and potential mechanisms of IONP@PTX on lung cancer A549 cells and further explore the nanomedicine delivery systems for applications in cancer therapies.

**Methods:** Morphology features and qualities of IONP@PTX were directly assessed. After treatment of A549 cells with either PTX or IONP@PTX, cell viability and apoptosis were separately detected by CCK-8 assay and flow cytometry. In addition, intracellular iron ion, lipid peroxidation (LPD) and reactive oxygen species (ROS) were identified by using an iron colorimetric assay kit, DCFH-DA and C11-BODIPY fluorescent probe, respectively. Moreover, the expression levels of autophagy-, ferroptosis-, and apoptosis-related proteins were measured by Western blot.

**Results:** The synthesized IONP@PTX had a core particle size of about 10 nm and a hydrated particle size of  $31.01\pm2.47$  nm. In comparison with PTX, IONP@PTX had a stronger anti-tumor effect on A549 cells, with considerably higher levels of ROS, LPD, and total iron ion concentration (P<0.05). Likewise, IONP@PTX markedly reduced the expression levels of GPX4, FTH, and SLC7A11 proteins whereas obviously increased the expression levels of LC3II/I and ACSL4 proteins (P<0.05). Furthermore, the inhibitory effects of both PTX and IONP@PTX on A549 cells could be evidently reversed by additional 3-methyladenine (3-MA) or ferrostatin-1. Interestingly, the apoptosis rates of A549 cells, together with the expression level of pro-apoptotic protein Cleaved caspase-3, were significantly higher in the IONP@PTX group than those in the control and PTX groups (P<0.05).

**Conclusion:** IONP@PTX inhibits the proliferation of human lung cancer A549 cells by enhancing autophagy-dependent ferroptosis and apoptosis pathways.

Keywords: IONP@ PTX, paclitaxel, ferroptosis, autophagy, apoptosis

#### Introduction

Lung cancer is one of the most prevalent causes of morbidity and mortality in both men and women across the globe, <sup>1</sup> in which non-small cell lung cancer (NSCLC) accounts for up to 85% of instances, making it the second most frequent malignant tumor in the world, with the greatest incidence and fatality rate. <sup>2</sup> Given that most individuals suffering from NSCLC do not exhibit noticeable symptoms during the early stages, more than 55% of patients have many metastases prior to diagnosis, <sup>3</sup> with the brain being the most common site of distant metastases from NSCLC, responsible for 20% ~ 65% lung cancer cases. This is a much greater prevalence of brain metastases from lung cancer than from melanoma, breast, kidney, and colorectal cancers. <sup>4</sup> NSCLC patients with brain metastases have very poor prognosis and significant impairments to their quality of life, survival rate, and cognitive function. Worse still, even after receiving treatment, patients face risks and difficulties such as poor long-term survival rates, low sensitivity to chemotherapy drugs, and high

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rates of metastasis and recurrence following surgery. Thus, novel approaches to suppress the development and spread of NSCLC are required.

Paclitaxel (PTX), which is extracted as an active component from recently harvested Picea abies plants, has been approved as a novel medication by the Food and Drug Administration (FDA) for more than thirty years.<sup>5</sup> As one of the chemotherapeutic agents with a high frequency of clinical use, PTX is currently used widely in the treatment of malignant tumors including breast cancer, ovarian cancer, NSCLC, pancreatic cancer, esophageal cancer, gastric cancer, head and neck tumors, soft tissue sarcoma, and others.<sup>6,7</sup> As the cornerstone of chemotherapy treatments, PTX contributes to the induction of microtubule protein polymerization, preventing tumor cells from reproducing and ultimately leading to cell apoptosis by causing cell cycle arrest at the G2/M phase indefinitely.<sup>8,9</sup> However, the antitumor efficaciousness of PTX may be somewhat impacted by its biological properties, including low bioavailability, poor water solubility, and high incidence of toxicity. Clinically, some adverse reactions, including hepatotoxicity, alopecia, myelosuppression, neurotoxicity, cardiovascular toxicity, joint and muscle pain, and gastrointestinal reactions, result from PTX. 10 To mitigate these disadvantages, a number of innovative drug delivery systems, including liposomes, polymeric micelles, nanoemulsions, nanosuspensions, and nanoparticles, has been developed, at least in part, to improve the targeted cellular administration of PTX. 10-12

The nanoparticle is a synthetic, minuscule particle with a size of up to 100 nanometers, and it could take the shape of carbon particles, metal particles, ceramic particles, emulsions, or polymers. Nowadays, nanoparticles have been the focus of a growing body of research due to their special characteristics, such as their nanosize, biocompatibility, high surface-tovolume ratio, and ease of surface modification. 13 The discovery of nanomaterial-mediated medications represents a major therapeutic advance in anticancer treatment. The reason is that therapeutic medications are not rapidly removed from the body thanks to nanoparticles, which not only efficiently control drug release and attenuate drug toxicity, but also boost immunity against microorganisms, consequently enhancing therapeutic efficacy and lessening the adverse effects of drugs on the body.

An increasing number of researches have demonstrated the anti-tumor effects of PTX in conjunction with nanoparticles on their enhanced performance. Our previous study has confirmed that iron oxide nanoparticles loaded with PTX (IONP@PTX) have been shown great potential in treating various tumor types. 13,14 Recently, a randomized, open-label, noninferiority Phase 3 trial has reported that patients receiving albumin-conjugated PTX have good overall survival, progression-free survival, and objective response rate regardless of the histologic type. These data suggest that the medication regimen thought to be a potential treatment modality has a potent therapeutic effect on patients with advanced NSCLC. 15,16 Similarly, polymeric lipid nanoparticles have been demonstrated effectively and efficiently to deliver tonic calcitonin to the targeted tumors and facilitate PTX-mediated toxicity and apoptosis of MDA-MB-231 cells, showing a notable capacity to impede cell migration and invasive activity via linking to IRAK1 and NF-кB expression. All of these data imply a significant enhancement in the therapeutic efficacy of PTX in metastatic breast cancer. 17 More recently, an in vitro and in vivo investigation demonstrates an enhanced efficacy of nanoparticle albumin-bound PTX for human lung and colorectal cancers via sequestosome 1-mediated nanodrug delivery. 18

With the rapid development of nanodrug loading technology, it is possible to alter the pattern of tumor cell death as well as its essential variations and immunogenicity requirements. 19,20 Ferroptosis, a recently identified form of programmed cell death, is characterized by the build-up of lipid peroxides and the iron-dependent, non-enzymatic inactivation of the lipid hydroperoxidase glutathione peroxidase 4 (GPX4).<sup>21,22</sup> Contrary to apoptosis, cysteine proteases, apoptosis-associated proteins, and mitochondrial damage are not necessary for occurrence of ferroptosis, during which reactive oxygen species (ROS) or glutathione (GSH) deficiency can cause a number of signaling mechanisms, such as lipid-soluble antioxidants, electrophilic medications, and specific toxicants. <sup>23,24</sup>

Autophagy is a lysosome-mediated degradation system that plays a crucial role in cellular homeostasis through the degradation of cytoplasmic components, such as eliminating damaged organelles, breaking down aging or aberrant proteins, controlling cell cycle, and triggering cell death. It is therefore of great importance for the survival and wellbeing of cells, which are involved in the development of many illnesses, including cancer, neurological disorders, and metabolic disorders.<sup>25</sup>

Herein, our present study aimed to assess the inhibitory effects and potential mechanisms of IONP@PTX on lung cancer A549 cells and further explore the nanomedicine delivery systems for applications in cancer therapies.

# Materials and Methods

# Preparation of IONP@PTX

IONP@PTX was synthesized according to our previously reported procedures. 13,14 Thereafter, zeta potential, hydrated particle size, and nanoparticle size properties of IONP@PTX were separately determined by using a nanoparticle size and zeta potential analyzer (Malvern Panalytical Ltd. UK, model Zetasizer Lab) and transmission electron microscopy (HITACHI, model HT7800). In addition, the stability of IONP@PTX was dissolved in diluted pure water and determined the hydrodynamic size versus zeta potential of IONP@PTX over a period of 5 weeks by colloidal stability analysis.

Moreover, drug loading and release were determined by spectral analysis with a UV-visible spectrophotometer (UV-1780; Shimadzu, Japan). Briefly, different concentrations of PTX (0.5, 4.0, 8.0, 16.0, 32.0, and 64.0 µg/mL) were analyzed by high performance liquid chromatography (LC-15C; Shimadzu, Japan) in order to establish a standard curve at 227 nm as y = 36275x + 28659 ( $R^2 = 0.9988$ ) and further to calculate the concentration by the following formula: Loading of PTX/mg (Fe concentration) solution: Loading capacity= concentration × dilution × volume.

#### Cell Culture

A549 cells were supplied by Jiangsu KGI Biotechnology Co., Ltd. and cultured in 90% F12K medium supplied with 10% fetal bovine serum (FBS) and 1% penicillin and streptomycin in an incubator at 37°C with 5% CO<sub>2</sub> and saturated humidity (Thermo Fisher Scientific, Inc).

# Cell Viability

After 24 hour-incubation of the A549 cells with different concentrations of IONP@PTX and PTX (0, 0.1, 0.2, 0.4, 0.6, 0.8, 1.0, 1.2, 2.4, and 3.6 µg/mL), respectively, the cell viability was determined according to the manufacturer's instructions by CCK-8 (cat.no. CP736; DOJINDO Laboratories, Japan) assay. Briefly, the cells were digested with 0.25% trypsin (without EDTA), counted, and prepared for a cell suspension at a concentration of 8×10<sup>4</sup> cells/mL. Thereafter, 100 µL cell suspension was seeded in each well of a 96-well cell culture plate at 37 °C, 5% CO<sub>2</sub> incubator for 24 hours, and then 100 µL corresponding drug containing medium at different concentrations was added to each well. Meanwhile, a negative control group was set up. After 24 hour-incubation again, the optical density (OD) of each well was measured at 450 nm on microplate reader (TECAN SPARK, Switzerland).

# Cell Apoptosis

A549 cells were divided into 9 groups, namely 0 μg/mL PTX (Control group), 0.8 μg/mL PTX (PTX group), 0.8 μg/mL IONP@PTX (IONP@PTX group), 2 μM ferrostatin-1 (ferrostatin-1 group), 0.8 μg/mL PTX+ 2 μM ferrostatin-1 (PTX+ ferrostatin-1 group), 0.8 μg/mL IONP@PTX+2 μM ferrostatin-1 (IONP@PTX+ ferrostatin-1 group), 5 mM 3-MA (3-MA group), 0.8 µg/mL PTX+5 mM 3-MA (PTX+ 3-MA group), and 0.8 µg/mL IONP@PTX+5 mM 3-MA (IONP@PTX +3-MA). After incubation for 24 hours, the cells were digested, washed twice with PBS (cat.no. KGB5001; Jiangsu Kaiji Biotechnology Co., Ltd.), and collected by centrifugation. Then,  $1\times10^6$ /mL cells were suspended in 500  $\mu$ L binding buffer, added with 5 µL Annexin V-APC (KGA1024) and 5 µL 7-aminoactinomycin D (7-AAD), mixed, and kept at room temperature in the dark for 5~15 minutes. Finally, cell apoptosis was detected by flow cytometry (BECKMAN COULTER CytoFLEX). In each panel, the lower left quadrant and upper left quadrant separately indicate the percentage of live cells (LL) and the percentage of dead cells (UL), and the lower right quadrant and the upper right quadrant represent the percentage of early apoptotic cells (LR) and the percentage of late apoptotic cells (UR), respectively. And the percentage of early apoptotic cells plus late apoptotic cells represents for the apoptosis rate.

### Detection of Iron Ion

Total iron ion concentration was quantified by an iron colorimetric assay kit (cat.no. E-BC-K881-MElabscience). After treatment of A549 cells as above mentioned, 1×106 cells/mL were resuspended with 0.2 mL PBS and then lysed on the ice box for 10 minutes. After centrifugation at 15,000 × g for 10 minutes, the supernatant was taken as a backup. Then, 80 μL standard products in different mass concentrations were added into the corresponding wells of the enzyme plate as standard wells,  $80~\mu L$  samples to be tested were added into the assay wells, and  $80~\mu L$  control solution was added into the control wells. After adding  $80~\mu L$  color development solution into the assay wells and standard wells of a 96-well plate, it was mixed gently and incubated at 37~°C for 10~minutes. Finally, the OD of each well was measured at the length of 593~nm on a microplate reader (TECAN SPARK, Switzerland).

#### Detection of Intracellular ROS

First, cells were digested, counted, and prepared into a cell suspension with a concentration of 5×10<sup>4</sup> cells/mL. Then, 500 μL of the cell suspension was added to each well in a 24-well cell culture plate, and the cells were allowed to attach to the wall after incubation overnight. According to the experimental groups, each well was subsequently changed to 500 μL of the corresponding drug-containing medium and treated for 24 hours. After treatment, discard the supernatant, wash with PBS for 3 times, and then discard PBS. Following this, an appropriate amount of DCFH-DA (Jiangsu Kaiji Biotechnology Co., Ltd.) working liquid, diluted 1:1,000 with serum-free culture medium to a final concentration of 10 μM, was added to each well. The probe and cells were then allowed to fully contact in the cell incubator at 37°C for 20 minutes. Next, an appropriate amount of Hoechst 33342 (Jiangsu Kaiji Biotechnology Co., Ltd.) staining solution (1:1,000 dilution) was added to each well, and the plate was placed at room temperature for 10 minutes in the dark. The supernatant was discarded again, and the cells were washed with PBS three more times. Finally, the cells were observed and photographed under a microscope (IX51; OLYMPUS, Japan) at 200 times magnification. See Supplementary material for the detailed process of ROS determination.

# Detection of Lipid Peroxidation (LPD)

First, cells were digested, counted, and prepared into a cell suspension with a concentration of  $5\times10^4$  cells/mL. Then, 500 µL of the cell suspension was added to each well in a 24-well cell culture plate, and the cells were allowed to attach to the wall after incubation overnight. According to the experimental groups, each well was subsequently changed to  $500 \,\mu\text{L}$  of the corresponding drug-containing medium and treated for 24 hours. After treatment, an appropriate amount of BODIPY<sup>TM</sup> (cat. no. D3861;Thermo Fisher Scientific, Inc.) staining solution diluted with serum-free culture solution at 1:1,000 was added to each well to make the probe fully contact with the cells, and the probe was placed at room temperature for 20 minutes away from light. The probe and cells were then allowed to fully contact in the cell incubator at 37°C for 20 minutes. Next, an appropriate amount of Hoechst 33342 (cat.no. KGA212-1; Jiangsu Kaiji Biotechnology Co., Ltd.) staining solution (1:1,000 dilution) was added to each well, and the plate was placed at room temperature for 10 minutes in the dark. The supernatant was discarded again, and the cells were washed with PBS three more times. Finally, the cells were observed and photographed under a microscope (IX51; OLYMPUS, Japan) at 200 times magnification. See Supplementary material for the detailed process of LPD determination.

#### Western Blot

The pretreated cells were homogenized in lysis buffer, separated by 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis, and transferred to nitrocellulose membrane (Shanghai Epizyme Biomedical Technology Co., Ltd.). The membrane was blocked with 5% skimmed milk, washed three times with TBST for 10 minutes, and then incubated with diluted primary rabbit antibodies, including anti-SLC7A11 (1:1,000, Affinity DF2509), anti-FTH (1:1,000, abcam ab5972), anti-GPX4 (1:6,000, Abcam ab5066), anti-ACSL4 (1:30,000, Abcam ab5282), anti-Beclin1 (1:1,000, Abcam ab2557), anti-Bcl2 (1:2,000, Abcam ab2858), anti-Cleaved caspase-3 (1:500, abcam ab2042), anti-LC3 II/I (1:1,000, abcam ab8394), anti-β-actin (1:1,000, cat.no.KGAA006; Jiangsu Kaiji Biotechnology Co., Ltd.). After washing three times with TBST for 10 minutes, the membrane was incubated with goat anti-rabbit IgG-HRP (cat.no. KGAA35; Jiangsu Kaiji Biotechnology Co., Ltd.) for 1 hour. Thereafter, the proteins were visualized using an enhanced chemiluminescent detection kit (Shanghai Epizyme Biomedical Technology Co., Ltd.). β-actin was served as normalize protein levels.

# Statistical Analysis

Statistical analysis was performed using GraphPad Prism 9.0.5 software (GraphPad Software; Dotmatics). All data were based on at least three replicate experiments. If the data conformed to a normal distribution, they were expressed as mean



 $\pm$  standard deviation and analyzed using a one-way ANOVA. On the contrary, they were expressed as medians (quartiles) and the Kruskal–Wallis *H*-test was used, following with Tukey post hoc tests. A two-sided *P*<0.05 was considered to be statistically significant difference.

### **Results**

# Characterization of IONP@PTX

Under transmission electron microscopy, the synthesized IONP@PTX was uniformly distributed and well dispersed, with a core particle size of about 10 nm, a hydrated particle size of  $31.01 \pm 2.47$  nm, and a zeta potential of  $-48.28 \pm 4.89$  mV (Figure 1A, B and C). UV-visible spectrophotometric detection showed that the full band scanning of IONP@PTX solution ranged from 200 to 1,000 nm (Figure 1D), with a high absorption peak at 227 nm. The standard curve of PTX was developed by high-performance liquid chromatography and the peak area was 1,387,098, with an encapsulation rate of 74.9% and drug loading of 25.84% (Figure 1E). Moreover, stability assay confirmed no significant changes of particle size and zeta potential in five weeks (Figure 1F and G), implying a stable of IONP@PTX.

# Impact of PTX and IONP@PTX on Cell Viability

After treatment of A549 cells for 24 hours, the cell viability declined with the increasing concentrations of both IONP@PTX and PTX in comparison to 0  $\mu$ g/mL either IONP@PTX or PTX. This suggests that both PTX and IONP@PTX suppress the viability of NCLC A549 cells in a dose-dependent manner. When the concentration of IONP@PTX and PTX reached to 0.8  $\mu$ g/mL, IONP@PTX had a much stronger inhibitory effect on A549 cells than PTX (P<0.05) (Figure 2), showing a significant difference between them.

# Effect of IONP@PTX on Induction of Ferroptosis in A549 Cells

After A549 cells were separately co-incubated with PTX and IONP@PTX for 24 hours, IONP@PTX significantly increased the total iron ion concentration, intracellular ROS, and LPD levels (P<0.05, Figure 3A–C), and markedly upregulated the expression level of acyl-CoA synthetase long chain family member 4 (ACSL4) protein, while

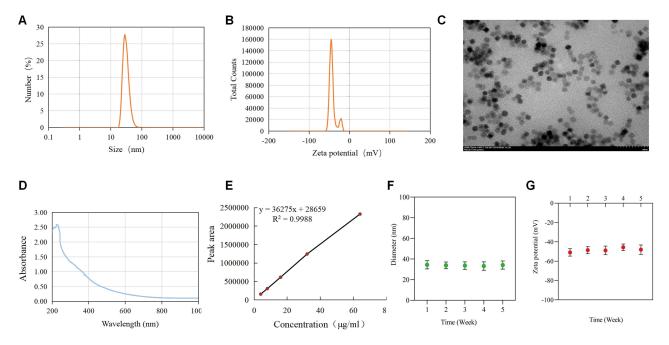
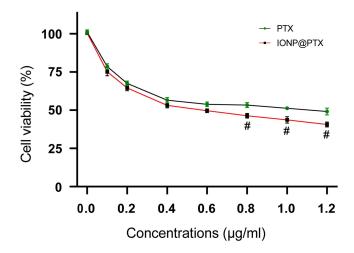


Figure I Characterization of IONP@PTX. (**A**) Average particle size of IONP@PTX; (**B**) Zeta potential of IONP@PTX; (**C**) Image of IONP@PTX under transmission electron microscopy (scale bar: 50 nm); (**D**) UV absorption spectra analysis of IONP@PTX; (**E**) Standard curve of PTX; (**F**) Stability assay of IONP@PTX; (**G**) Zeta potential of IONP@PTX.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; TEM, transmission electron microscopy.



**Figure 2** Effect of IONP@PTX and PTX on A549 cell viability. \*\*P < 0.05, compared with the same concentration of PTX. **Abbreviations**: IONP, iron oxide nanoparticles; PTX, paclitaxel.

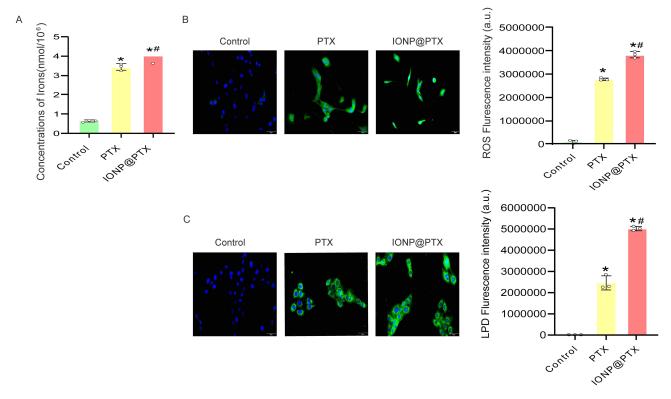


Figure 3 Effect of IONP@PTX on induction of ferroptosis in A549 cells. (A)Total iron ion concentration; (B) Representative images of A549 cells after staining with DCFH-DA (Magnification: 200×) and relative intracellular levels of ROS; (C) Representative images of A549 cells after staining with BODIPYTM (Magnification: 200×) and relative intracellular levels of LPD. \*P < 0.05, compared with control group; #P < 0.05, compared with the PTX group.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; ROS, reactive oxygen species; LPD, lipid peroxidation.

downregulating the levels of GPX4, ferritin heavy chain (FTH), and solute carrier family 7 member 11 (SLC7A11) proteins (*P*<0.05, Figure 4A and B). All these data suggest that ferroptosis in A549 cells is triggered by IONP@PTX.

# Reversal of IONP@PTX-Induced Ferroptosis by Ferrostatin-I

After co-incubation of A549 cells with PTX, IONP@PTX, ferrostatin-1, a combination of PTX with ferrostatin-1, and a combination of IONP@PTX with ferrostatin-1 for 24 hours, total iron ion concentration, intracellular levels of ROS

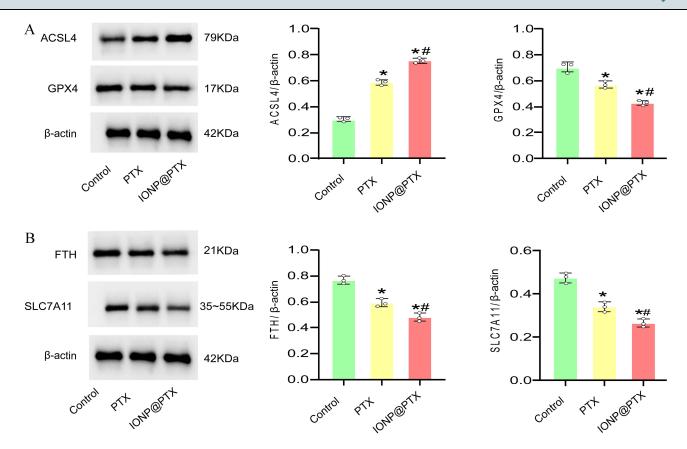


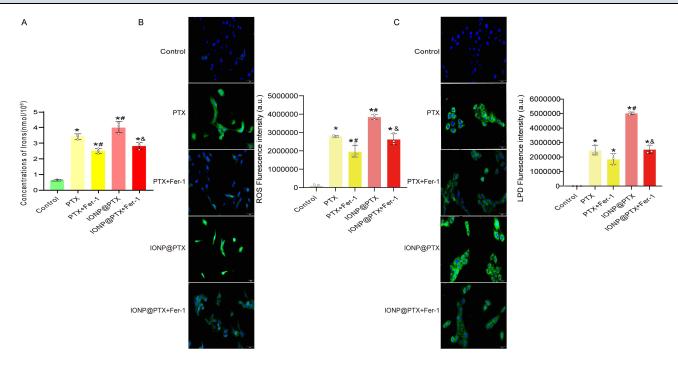
Figure 4 Determination of proteins in A549 cells by Western blot. (A)Relative expression levels of ACSL4 protein and relative expression levels of GPX4 protein; (B) Relative expression levels of FTH protein and relative expression levels of SLC7A11 protein. Error lines were from triplicate runs. \*P < 0.05, compared with the control group; #P < 0.05, compared with the PTX group. Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel.

and LPD were significantly higher in the IONP@PTX group compared with either PTX or control groups (P<0.05) (Figure 5A–C. Additionally, the expression level of FTH protein in the IONP@PTX group was significantly lower than that of control group (P<0.05), and slightly lower than that of the PTX group (P>0.05) (Figure 6A), whereas that of Light Chain 3 (LC3) II/I protein was significantly higher in the IONP@PTX group compared with either PTX or control groups (P<0.05) (Figure 6B). Interestingly, the inhibitory effects of PTX and IONP@PTX were lessened by the ferroptosis inhibitor ferrostatin-1 (Figure 5A–C and Figure 6A and B). Accordingly, ferrostatin-1 inhibits the iron mortality in A549 cells caused by IONP@PTX.

# IONP@PTX-Induced Ferroptosis in A549 Cells via the Autophagy Pathway

After A549 cells were separately co-incubated with PTX, IONP@PTX, 3-MA, a combination of PTX with 3-MA, and a combination of IONP@PTX with 3-MA for 24 hours, total iron ion concentration, ROS, and lipid peroxidation increased significantly in the IONP@PTX group compared with PTX group and control group (P<0.05; Figure 7A-C). Simultaneously, expression levels of LC3II/I and Beclin1 proteins were significantly higher in the IONP@PTX group compared with control group and PTX group (P<0.05; Figure 8A and B). The level of FTH protein was significantly lower than that of the control group (P<0.05), and slightly lower than that of the PTX group (P>0.05; Figure 8B). This suggests that IONP@PTX induces autophagy in A549 cells.

It is worth noting that when the additional autophagy inhibitor 3-MA was used in combination with PTX or IONP@PTX, compared with the corresponding PTX and IONP@PTX, the total iron ion concentration, ROS, lipid peroxidation, and the level of LC3II/I protein were all reduced (all P<0.05; Figures 7A-C, and 8B), while the level of FTH protein was significantly increased (P<0.05; Figure 8B). These findings imply that the initiation of ferroptosis is triggered by upregulating the autophagy pathway, which can be reversed by the autophagy inhibitor 3-MA.



**Figure 5** Reversal of IONP@PTX-induced ferroptosis by ferrostatin-1. (**A**) Total iron ion concentration; (**B**) Intracellular levels of ROS (*Magnification: 200×*); (**C**) Intracellular levels of LPD (Magnification: 200×); Error lines are were from triplicate runs. \*P < 0.05, compared with control; \*P < 0.05, compared with control; \*P < 0.05, compared with PTX group; \*P < 0.05, compared with IONP@PTX group.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; ROS, reactive oxygen species; LPD, lipid peroxidation; Fer-I, ferrostatin-I.

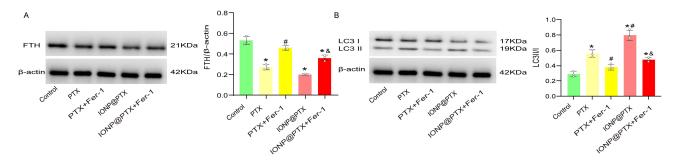


Figure 6 Determination of FTH and LC3II/I-related proteins by Western blot. (A) Representative images and relative expression of FTH proteins in A549 cells treated with or without additional ferrostatin-1; (B) Representative images and relative expression of LC3II/I-related proteins in A549 cells treated with or without additional ferrostatin-1; Error lines were from triplicate runs. \*P < 0.05, compared with control; \*P < 0.05, compared with PTX group; \*P < 0.05, compared with IONP@PTX group.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel;Fer-1.ferrostain-1.

# IONP@PTX-Induces Apoptosis via the Autophagy Pathway to Achieve Anti-Tumor Effects

After 24 hour-co-incubation with PTX, IONP@PTX, 3-MA, ferrostatin-1, a combination of PTX with 3-MA, a combination of IONP@PTX with 3-MA, a combination of PTX with ferrostatin-1, and a combination of IONP@PTX with ferrostatin-1, the apoptosis rate of A549 cells in the IONP@PTX group was significantly higher compared with the control and PTX groups (all P < 0.05) (Figure 9A-C). And the expression level of pro-apoptotic protein Cleaved caspase-3 were higher in the IONP@PTX group compared with the control group and PTX group (P < 0.05) (Figure 10A-C). Of note, the additional autophagy inhibitor 3-MA or ferroptosis inhibitor ferrostatin-1 impaired the effects of PTX and IONP@PTX on the cell apoptosis and the expression of apoptosis-related protein (P < 0.05; Figures 9B, C and 10B, C). Accordingly, it is postulated that IONP@PTX induces cell apoptosis via the autophagy-dependent ferroptosis driven by ROS.

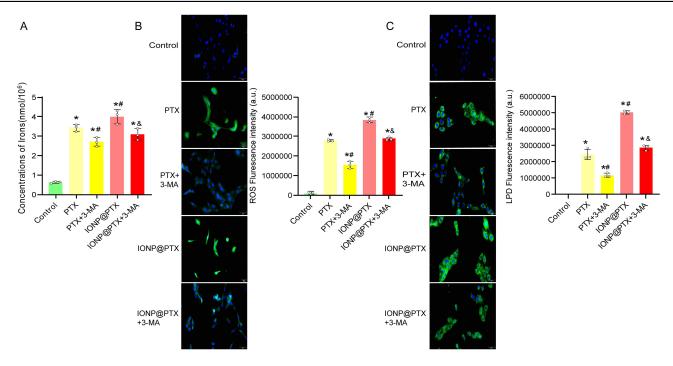


Figure 7 Reversal of IONP@PTX-induced autophagy ferroptosis in A549 cells by additional 3-MA. (A)Total iron ion concentration; (B) Intracellular ROS levels; (C) Intracellular lipid peroxidation. Error lines were from triplicate runs. \*P < 0.05, compared with control group; \*P < 0.05, compared with PTX group; \*P < 0.05, compared with with IONP@PTX group.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; 3-MA, 3-methyladenine.

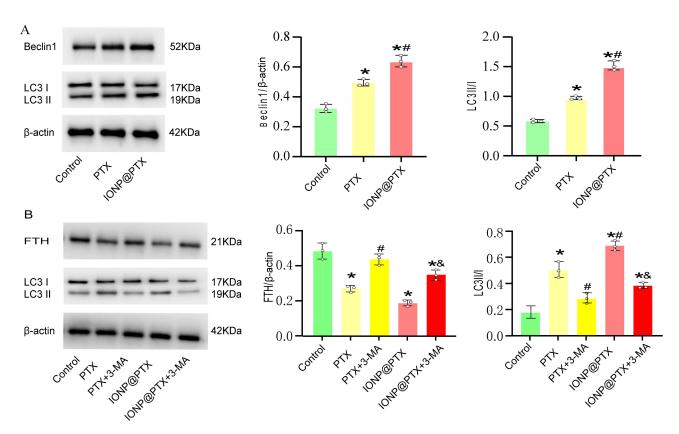


Figure 8 Determination of Beclin1, LC3II/I, FTH proteins in A549 cells by Western blot. (A) Representative images and relative levels expression of autophagy-related Beclin I, and LC3II/I proteins; (B) Representative images and relative levels expression of autophagy-related LC3II/I, and FTH proteins. Error lines were from triplicate runs. \*P < 0.05, compared with control; P < 0.05, compared with PTX group; P < 0.05, compared with IONP@PTX group.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; ROS, reactive oxygen species; LPD, lipid peroxidation; 3-MA, 3-methyladenine.

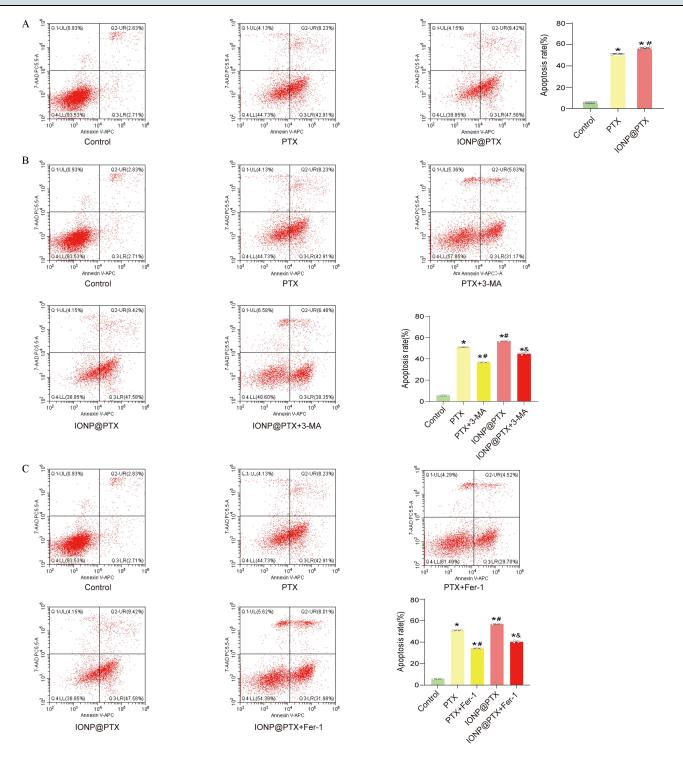


Figure 9 Induction of IONP@PTX on cell apoptosis by flow cytometry. (A) Representative flow diagram of apoptosis in A549 cells treated with single PTX, and IONP@PTX; (B) Apoptosis rates of A549 cells treated with single PTX, IONP@PTX, a combination of PTX with 3-MA, and a combination of IONP@PTX with 3-MA; (C) Representative flow diagram of apoptosis in A549 cells treated with PTX, a combination of PTX with ferrostatin-1, IONP@PTX, and a combination of IONP@PTX with ferrostatin-1.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; 3-MA, 3-methyladenine; Fer-I, ferrostatin-I.

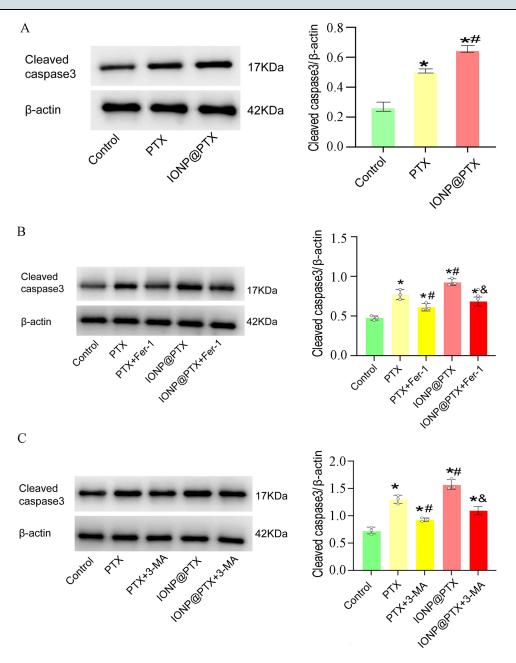


Figure 10 Determination of Cleaved caspase-3-related proteins by Western blot. (A) Representative images and relative expression level of Cleaved caspase-3-related protein in A549 cells treated with PTX or IONP@PTX; (B) Representative images and relative expression of Cleaved caspase-3 protein in A549 cells treated with PTX, IONP@PTX, a combination of PTX with ferrostatin-1, and a combination of IONP@PTX with ferrostatin-1; (C) Representative images and relative expression of Cleaved caspase-3 protein in A549 cells treated with PTX, IONP@PTX, a combination of PTX with 3-MA, and a combination of IONP@PTX with 3-MA. Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; 3-MA, 3-methyladenine; Fer-I, ferrostain-I.

#### Discussion

Accumulating evidence has confirmed that IONP may serve as a potent drug delivery vehicle to assist in the administration of PTX and work in concert with cancer cells. 13,14,25 In our current study, the successfully manufactured IONP@PTX, with a uniform particle size, good dispersion, stability, high encapsulation rate, and drug loading capacity, exhibited marked inhibitory effects on NSCLC.

Earlier work from our group and others have identified autophagy-dependent ferroptosis pathway induced by several kinds of nanoparticles. 1,14,15,24 Autophagy is an intracellular process of self-degradation and recirculation, which encapsulates proteins or organelles in the cytoplasm into a double-membrane structure termed an "autophagosome",

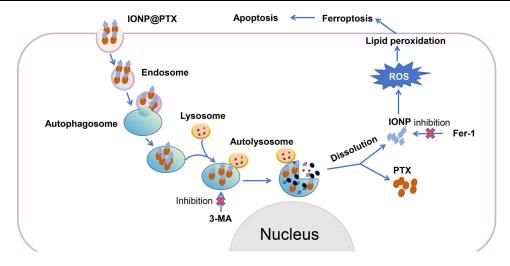


Figure 11 Schematic diagram of the potential mechanism underlying the inhibitory effects of IONP@PTX paclitaxel-loaded iron oxide nanoparticles on non-small cell lung cancer.

Abbreviations: IONP, iron oxide nanoparticles; PTX, paclitaxel; 3-MA, 3-methyladenine;Fer-1, ferrostatin-1.

which then fuses with lysosomes to form autophagic lysosomes and degrade the encapsulated contents.<sup>26</sup> During the autophagy, its marker LC3 is transformed from the cytoplasmic LC3-I form to the lipidated LC3-II form, thereby the magnitude of the LC3-II/I ratio can be used to estimate the level of autophagy. Identically, the Beclin1 protein interacts with several binding partners of the autophagy process as well as with regulatory proteins of the apoptotic cell death pathway, thus playing a crucial role in regulating the crosstalk between these two forms of cell death and leading to a wide range of physiological and pathophysiological conditions.<sup>27</sup> In our previous studies, IONP@PTX significantly increased the LC3-II/I ratio and the expression levels of Beclin1 protein in human glioma U251 and M059K cells together with SCLC NCI-H446 cell line compared with PTX.<sup>13,14</sup> Our present results further indicate that IONP@PTX induces autophagy in A549 cells to a greater extent and additional autophagy inhibitor 3-MA decreased both autophagy flux and cell death.

Apoptosis, also known as programmed cell death, is a highly conserved physiological mechanism that involves two fundamental pathways: the extrinsic or receptor-mediated pathway and the intrinsic or mitochondrial pathway. Several factors, known pro-apoptotic proteins, play a critical role in the process of apoptosis. Cleaved caspase-3 as an apoptosis inducer contributes to natural product dehydrocurvulari-induced apoptosis and significantly inhibited the growth of gastric tumors. Unrive studies showed that IONP@PTX resulted in a significant up-regulation of Cleaved caspase-3 compared with the control and PTX groups. Interestingly, additional 3-MA or ferrostatin-1 decreased the levels Cleaved caspase-3 protein. Collectively, IONP@PTX may induce apoptosis in A549 cells via the autophagy pathway.

Ferroptosis is a novel type of programmed cell death that differs from apoptosis due to the iron-dependent accumulation of lipid peroxide,<sup>32</sup> and an aberrant build-up of lipid hydroperoxides in turn causes ferroptosis.<sup>32,33</sup> The lipophilic antioxidant ferritin, which is composed of heavy and light ferritin chains, regulates iron metabolism by sequestering and storing iron in a non-toxic and bioavailable form, thereby preventing harmful oxidative reactions.<sup>34</sup> Growing evidence indicates that, compared with normal tissues, the expression levels of FTH are significantly elevated in a variety of cancer types (eg, liver hepatocellular carcinoma, cholangiocarcinoma, and head and neck squamous cell carcinoma), involving in the regulation of ferroptosis.<sup>35–37</sup> In the present study, total iron ion concentration, intracellular levels of ROS and LPD significantly increased in the IONP@PTX group compared with PTX group, which was also supported by our previous findings on glioblastoma U251 and M059K cells, and SCLC NCI-H446,<sup>13,14</sup> suggesting that IONP@PTX induces ferroptosis in A549 cells. Notably, ferritin heavy chain 1(ferritin heavy chain 1) has been shown to attenuate ferroptosis and inhibit lipid peroxidation in pulmonary fibrosis.<sup>38</sup> Similarly, our experimental study of A549 cells indicated that ferrostatin-1 attenuated IONP@PTX-induced ferroptosis. GPX4 is one of the glutathione peroxidases

known to regulate ferroptosis via suppressing iron-dependent ROS and iron-dependent lipid peroxidation chain reaction in different cancer cell types. 39,40 Except for GPX4 in the regulation of lipid biosynthesis, ACSL4 is a pivotal enzyme responsible for the initiation of ferroptosis, 41 and SLC7A11, an amino acid counter transporter protein on the cell surface, is critical in preventing iron-induced apoptosis by inhibiting lipid peroxidation. 34,42 After incubation of A549 cells with our synthesized IONP@PTX, a remarkable elevated ACSL4 protein and lowered levels of GPX4 and SLC7A11 proteins were detected in our current study. Accumulating evidence indicates that erastin, sulfasalazine, and sorafenib's pharmacological suppression of SLC7A11 markedly reduced intracellular glutathione content, which in turn caused lipid peroxidation and ferroptosis.

Increasing evidence suggests that ferroptosis requires an autophagic mechanism to execute, and that excessive autophagy and lysosomal activity can promote ferroptosis, as characterized by significant iron accumulation and LPD. 43 It has been shown that autophagy mediates the degradation of ferritin and leads to ferroptosis caused by autophagic degradation of cellular FTH. 44,45 Ultrasmall iron oxide nanoparticles can induce ferroptosis, which is regulated through the Beclin 1/ATG 5-dependent autophagy pathway. 46 Similarly, IONP@PTX induced ferroptosis through the autophagy ferroptosis-dependent pathway in the human SCLS NCI-H446 and brain malignant glioblastoma M059K cells.<sup>13</sup> Autophagy, in turn, can promote the release of iron ions from IONP@PTX, leading to excessive intracellular ROS production and cell ferroptosis. 14 Recent studies have demonstrated that activation of ferroptosis is indeed dependent on the induction of autophagy.<sup>34</sup> Collectively, these results suggest that IONP@PTX-induces ferroptosis occurs via the ROS-mediated autophagy pathway in A549 cells.

Although the two genetic phenotypes and modes of death, ferroptosis and apoptosis, are distinct, there have been a growing number of conclusions proposing an association between them, and it has recently been confirmed that ferroptosis inhibitory protein 1, previously known as an apoptosis-inducing factor, synergistically triggers ferroptosis in conjunction with GPX4 inhibitors. 40 Furthermore, inactivation of GPX4 not only accelerates the progression of ferroptosis, but also sensitizes cells to apoptosis and necrotic apoptosis.<sup>34</sup> In light of recent studies, ferroptotic agents including artemisinin and artesunate induce C/EBP homologous protein via endoplasmic reticulum stress, promote p53 upregulated modulator of apoptosis, and potentially augment tumor necrosis factor-related apoptosis-inducing ligand (TRAIL)-induced apoptosis, thereby generating a synergistic effect of ferroptosis inducers with TRAIL to promote apoptosis. <sup>47</sup> Accordingly, we further speculate that IONP@PTX causes apoptosis through the ROS-mediated autophagydependent ferroptosis pathway and described in Figure 11. In brief, IONP@PTX enters the cells through the receptor mediated endosomes. After that, autophagosomes fuse with lysosomes to form autolysosomes in the final step of autophagy pathway, through which iron ions are released from IONP@PTX, leading to accumulation of intracellular ROS and cell ferroptosis, and by the ferroptosis can affect cell apoptosis. However, in vivo studies of IONP@PTX together with migration and invasion in vitro following the additional 3-MA or ferrostatin-1 are needed to verify the validity of this hypothesis.

#### Conclusion

IONP@PTX induces ferroptosis and apoptosis in A549 cells by upregulating autophagic processes.

#### **Abbreviations**

NSCLC, Non-small cell lung cancer; IONP@PTX, Iron oxide nanoparticles coated with paclitaxel; CCK-8, Cell Counting Kit-8; LPD, Lipid peroxidation; ROS, Reactive oxygen species; PTX, Paclitaxel; IONP, Iron oxide nanoparticles; FDA, Food and Drug Administration; GPX4, Glutathione peroxidase 4; GSH, Glutathione; FBS, Fetal bovine serum; OD, Optical density; ACSL4, Acyl-coenzyme A (CoA) synthetase long-chain family member 4; FTH, Ferritin heavy chain; SLC7A11, Solute carrier family 7 member 11; Fer-1, Ferrostatin-1; 3-MA, 3-methyladenine.

# **Data Sharing Statement**

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.



# **Ethics Approval and Consent to Participate**

This study complies with the Declaration of Helsinki.

#### **Author Contributions**

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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#### **Disclosure**

Rongchu Deng and Guanghong Liang are co-first authors for this study. The authors declare that they have no competing interests in this work.

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