



Clinical Implication of Hypoxic Liver Injury for Predicting Hypoxic Hepatitis and In-Hospital Mortality in ST Elevation Myocardial Infarction Patients

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Purpose: In this study, we aimed to determine the value of hypoxic liver injury (HLI) in the emergency room (ER) for predicting hypoxic hepatitis (HH) and in-hospital mortality in ST elevation myocardial infarction (STEMI) patients.

Materials and Methods: 1537 consecutive STEMI patients were enrolled. HLI in the ER was defined as a ≥ 2 -fold increase in serum aspartate transaminase (AST). HH was defined as a ≥ 20 -fold increase in peak serum transaminase. Patients were divided into four groups according to HLI and HH status (group 1, no HLI or HH; group 2, HLI, but no HH; group 3, no HLI, but HH; group 4, both HLI and HH).

Results: The incidences of HLI and HH in the ER were 22% and 2%, respectively. In-hospital mortality rates were 3.1%, 11.8%, 28.6%, and 47.1% for groups 1, 2, 3, and 4, respectively. Patients with HLI and/or HH had worse Killip class, higher cardiac biomarker elevations, and lower left ventricular ejection fraction. Multivariate logistic regression analysis showed that HLI in the ER was an independent predictor of HH [odds ratio 2.572, 95% confidence interval (CI) 1.166–5.675, $p=0.019$]. The predictive value of HLI in the ER for the development of HH during hospitalization was favorable [area under the curve (AUC) 0.737, 95% CI 0.643–0.830, sensitivity 0.548, specificity 0.805, for cut-off value AST >80]. Furthermore, in terms of in-hospital mortality, predictive values of HLI in the ER and HH during hospitalization were comparable (AUC 0.701 for HLI at ER and AUC 0.674 for HH).

Conclusion: Among STEMI patients, HLI in the ER is a significant predictor for the development of HH and mortality during hospitalization (INTERSTELLAR ClinicalTrials.gov number, NCT02800421).

Key Words: STEMI, hypoxic liver injury, hypoxic hepatitis, in-hospital mortality

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INTRODUCTION

Coronary intervention has evolved drastically in recent years, and consequentially, the survival of ST elevation myocardial infarction (STEMI) patients has improved.¹ However, despite an abundance of studies and reports on treatment strategies for STEMI, mortality rates remain relatively high,¹ and methods for reaching an accurate prognosis for STEMI patients remain elusive, despite several proposed parameters and risk factors validated for use in risk-scoring systems.² While left ventricular ejection fraction (LVEF), Killip class, and presence of multi-vessel disease are also known risk factors contributing to the survival of STEMI patients,^{3,4} convincing biochemical markers

predictive of prognoses in STEMI patients have not been developed.

Since the pathophysiological nature of STEMI is directly associated with LVEF,^{3,4} one of the organs vulnerable to injury is the liver. Hypoxic liver injury (HLI) is caused by an acute cardiovascular event resulting in decreased hepatic blood flow or hepatic congestion due to increased central venous pressure.⁵ Hypoxic hepatitis (HH) is another term used to describe liver damage, and the mechanism of insult is equivalent to that of HLI. While the predictive value of HLI in STEMI patients and the development of HH as a prognostic factor in critically ill patients have been reported, the effects that they have upon each other and their prognostic value in STEMI patients has not been addressed.^{6,7} Therefore, we sought to determine the value of HLI in the emergency room (ER) for predicting HH and in-hospital mortality in STEMI patients undergoing primary percutaneous coronary intervention (PCI).

MATERIALS AND METHODS

Study design and patient selection

The study protocol was approved by the Institutional Review Board of Inha University Hospital, Inha University College of Medicine (IRB No. 2016-05-015), and written consent was obtained from each patient. We collected data from four different hospitals (Inha University Hospital, Gachon University Gil Hospital, Sejong General Hospital, Soon Chun Hyang University Bucheon Hospital) located in the Incheon-Bucheon province. The four hospitals previously formed a registry on STEMI patients, called INcheon-Bucheon cohort of patients underwent primary PCI for acute ST-Elevation myocardial infARction (INTERSTELLAR). A total of 1537 consecutive STEMI patients (79.2% male, mean age 60.5±13.2 years) who had undergone primary PCI between 2007 and 2014 were enrolled. Patients with a prior history of chronic hepatitis, viral hepatitis, alcoholic liver disease, or toxic hepatitis were excluded. Coronary intervention was performed in accordance with current guidelines for myocardial revascularization.⁸ Pharmacological treatment and mechanical support related to primary PCI were performed at the operator's discretion.

Patients were divided into four groups according to their HLI and HH states: group 1 had no HLI or HH; group 2 had HLI, but no HH; group 3 had no HLI, but HH; and group 4 had both HLI and HH. Baseline characteristics, risk factors, echocardiographic and coronary angiographic findings and clinical features, such as Killip class, were recorded and analyzed.

Definitions and measurements

Patients with systolic blood pressure above 140 mm Hg, diastolic blood pressure above 90 mm Hg, or prior use of antihypertensive medication were defined as having hypertension. Diabetes mellitus was defined as 1) prior use of hypoglycemic

agents or insulin, 2) fasting plasma glucose above 126 mg/dL or glycosylated hemoglobin above 6.5%, or 3) previously diagnosed, but untreated hyperglycemia. The definition of dyslipidemia was total cholesterol ≥240 mg/dL, low-density lipoprotein cholesterol ≥130 mg/dL, high-density lipoprotein cholesterol <40 mg/dL, triglycerides ≥200 mg/dL, and prior use of lipid-lowering agents. A patient who was currently smoking or had smoked until 1 month prior to primary PCI was considered as a smoker. STEMI was diagnosed upon an electrocardiogram showing a ST elevation of >1 mm in at least two consecutive leads or new-onset left bundle branch block, two-fold elevation of serum levels of troponin-I or creatine kinase-MB (CK-MB) above the upper normal limit, and typical anginal chest pain lasting for more than 30 min. Coronary artery disease (CAD) was defined as luminal narrowing of more than 50% in any coronary artery.⁹ HLI was defined as ≥2-fold increase in serum aspartate transaminase (AST) and/or alanine transaminase (ALT) above the upper normal limit at admission.¹⁰ HH was defined as a ≥20-fold increase in peak AST and/or ALT above the upper normal limit.¹¹

Endpoint determination and follow-up data acquisition

Our primary endpoint was all-cause in-hospital mortality with respect to the presence of HLI at ER admission and HH development during hospitalization. Patient follow-up data were collected through either electronic medical record review or standardized telephone interviews.

Data analysis and statistical methods

Continuous data are presented as means±standard deviations. Categorical data are presented as a percentage or absolute number. Analyses of continuous data were performed using analysis of variance, and analyses of categorical data were performed using the chi-square test to assess differences among the four study groups. Receiver operating characteristic (ROC) analysis was applied to evaluate the predictive value of HLI in the ER and HH during hospitalization on in-hospital mortality and the predictive value of HLI upon developing HH during hospitalization.¹² Binary logistic regression analyses were performed to identify risk factors associated with developing HH during hospitalization; potential factors included clinical characteristics, laboratory findings, Killip classification, LVEF, and HLI. Hazard ratios (HR) were calculated as an estimate of the risk associated with a particular variable with 95% confidence intervals (CI). All analyses were performed using SPSS version 19.0 (IBM Corp., Armonk, NY, USA) and SAS version 9.3 (SAS Institute, Cary, NC, USA). A *p* value of less than 0.05 was considered statistically significant.

RESULTS

Baseline characteristics of the study population and comparison among patients according to their HLI state in the ER and development of HH

In total, 1537 patients were enrolled. 1185 patients (77.1%) were

allocated to group 1, 321 patients (20.9%) to group 2; 14 patients (0.9%) to group 3, and 17 patients (1.1%) to group 4. A summary of the baseline, laboratory, and angiographic characteristics according to HLI at ER and HH state is provided in Table 1. Groups 2, 3, and 4 had lower systolic and diastolic blood pressure ($p=0.024$ and $p=0.048$, respectively), higher heart rate ($p<$

Table 1. Baseline, Laboratory, and Angiographic Characteristics according to HLI at ER (ER AST >80) and HH (Peak AST and/or ALT >800)

Variable	Total (n=1537)	HLI at ER (-) HH (-) (n=1185)	HLI at ER (+) HH (-) (n=321)	HLI at ER (-) HH (+) (n=14)	HLI at ER (+) HH (+) (n=17)	p value
Age (yr)	60.5±13.2	60.5±13.0	60.8±13.8	59.4±14.9	63.9±14.5	0.714
Male sex	79.2	79.5	77.9	78.6	88.2	0.742
Diabetes	27.1	27.7	24.0	28.6	41.2	0.321
Hypertension	48.6	49.4	44.9	57.1	58.8	0.362
Dyslipidemia	19.6	20.5	17.1	21.4	5.9	0.272
SBP (mm Hg)	124.0±30.1	125.0±29.8	121.7±30.7	116.4±31.7	106.9±28.7	0.024
DBP (mm Hg)	75.9±19.1	76.3±18.6	75.2±20.6	73.9±23.3	63.8±15.4	0.048
Heart rate (bpm)	77.7±21.4	76.4±20.5	81.6±23.6	82.3±19.5	94.0±26.8	<0.001
Killip class						<0.001
1	77.6	80.3	70.8	64.3	35.3	
2	7.1	7.3	6.6	14.3	0	
3	6.8	5.8	10.4	7.1	11.8	
4	7.8	6.1	11.3	14.3	52.9	
AST (mg/dL)	70.2±133.3	31.8±14.8	183.3±135.6	33.9±9.7	646.2±775.8	<0.001
ALT (mg/dL)	39.1±56.4	26.4±14.1	74.4±57.5	28.6±20.0	266.5±363.3	<0.001
Peak AST (mg/dL)	176.2±533.1	106.6±136.9	242.8±165.9	1102.0±595.2	3012.3±3913.0	<0.001
Peak ALT (mg/dL)	71.0±315.5	40.4±35.5	100.8±272.6	344.6±365.3	1417.8±2406.0	<0.001
Initial CK (U/L)	495.8±1059.3	227.5±386.9	1421.2±1850.8	212.2±185.0	1872.7±1797.6	<0.001
Initial CK-MB (µg/mL)	46.9±187.5	23.5±134.4	129.4±302.9	23.9±52.5	141.7±121.1	<0.001
Initial Tnl (ng/mL)	11.27±51.22	5.22±24.20	26.28±56.41	4.72±14.28	135.10±366.92	<0.001
Peak CK (U/L)	1881.8±2729.3	1460.7±2152.5	2872.6±3168.4	4737.4±5859.4	7814.9±7804.0	<0.001
Peak CK-MB (µg/mL)	214.9±264.2	190.6±210.7	283.4±383.7	457.7±265.0	421.0±435.7	<0.001
Peak Tnl (ng/mL)	60.91±111.35	56.23±109.43	69.55±80.92	64.05±71.77	184.90±397.07	0.802
LVEF (%)	48.4±12.1	49.6±11.6	45.9±11.9	30.7±11.6	28.7±18.3	<0.001
CAD extent						0.946
One-vessel disease	39.8	40.3	37.9	35.7	41.2	
Two-vessel disease	33.4	32.9	35.7	28.6	29.4	
Three-vessel disease	26.8	26.8	26.3	35.7	29.4	
Multi-vessel disease	38.0	37.5	40.1	35.7	35.3	0.846
Infarct-related artery						0.008
LAD	50.9	50.6	51.1	64.3	52.9	
LCX	10.6	10.7	10.3	14.3	5.9	
RCA	37.4	38.0	36.7	14.3	29.4	
LMCA	1.2	0.8	1.9	7.1	11.8	
IABP	3.7	3.0	7.1	7.1	18.8	0.002
STB (min)	430.3±1545.3	368.0±1593.7	675.2±1404.2	162.7±136.2	346.5±517.2	0.016
Temporary pacemaker	6.7	6.9	6.6	0	6.3	0.789
In-hospital mortality	5.7	3.1	11.8	28.6	47.1	<0.001

AST, aspartate transaminase; ALT, alanine transaminase; CAD, coronary artery disease; CK, creatine kinase; CK-MB, creatine kinase-myocardial band; DBP, diastolic blood pressure; ER, emergency room; HH, hypoxic hepatitis; HLI, hypoxic liver injury; IABP, intra-aortic balloon pump; LAD, left anterior descending artery; LCX, left circumflex artery; LMCA, left main coronary artery; LVEF, left ventricular ejection fraction; RCA, right coronary artery; SBP, systolic blood pressure; Tnl, troponin I; STB, symptom to balloon time.

Data are expressed as percentage or means±standard deviations.

0.001), worse Killip class ($p<0.001$), higher cardiac biomarker elevation ($p<0.001$), lower LVEF ($p<0.001$), less frequent right coronary artery infarct ($p=0.008$), and more intra-aortic balloon pump usage ($p=0.002$), compared to group 1. The prevalences of commonly known CAD risk factors, such as diabetes mellitus, hypertension, and dyslipidemia, were not significantly different among the four groups, and the extent of CAD did not differ among these groups. Liver enzyme (AST/ALT) elevations were significantly higher in groups 2, 3, and 4 ($p<0.001$, respectively). Peak CK-MB levels were significantly higher in groups 2, 3, and 4 ($p<0.001$). The left anterior descending artery was the most common infarct-related artery in all four groups ($p=0.008$). Univariate logistic regression analysis showed that presence of Killip class 4, elevated heart rate, LVEF $\leq 35\%$, and HLI were predictive factors of HH. Multivariate analysis adjusted for the predictive risk factors mentioned above showed that HLI was an

independent predictive factor for developing HH (odds ratio=2.572, 95% CI 1.166–5.675, $p=0.019$) (Table 2).

Predictive value of HLI in the ER and developing HH during hospitalization

In ROC analysis, the predictive value of the presence of HLI utilizing AST at the ER for the development of HH during hospitalization was more favorable than that using ALT [cut-off value for AST>80: area under the curve (AUC) 0.737, 95% CI 0.643–0.830, sensitivity 0.548, specificity 0.805] (cut-off value for ALT >80: AUC 0.704, 95% CI 0.594–0.813) (Fig. 1). Therefore, a cut-off value of AST >80 was designated as the definition of HLI. In terms of in-hospital mortality, the predictive value of HLI at the ER and HH during hospitalization in STEMI patients who had undergone primary PCI were acceptable (AUC 0.701, 95% CI 0.635–0.767, sensitivity 0.517, specificity 0.817 for a cut-off value

Table 2. Univariate and Multivariate Binary Logistic Regression Analyses for Predicting HH

Variable	Univariate			Multivariate		
	OR	95% CI	p value	OR	95% CI	p value
Age (yr)	1.008	0.981–1.035	0.580			
Male sex	1.370	0.522–3.596	0.523			
Smoking	1.130	0.652–1.957	0.663			
Diabetes	1.495	0.710–3.148	0.290			
Hypertension	1.476	0.718–3.033	0.290			
Dyslipidemia	0.601	0.209–1.729	0.345			
Multi-vessel disease	0.895	0.425–1.881	0.769			
Killip class 4	7.033	3.285–15.058	<0.001	4.691	1.949–11.288	0.001
Heart rate	1.021	1.007–1.035	0.003	1.006	0.991–1.022	0.428
LVEF $\leq 35\%$	10.021	4.624–21.719	<0.001	6.802	2.957–15.645	<0.001
HLI	4.483	2.186–9.191	<0.001	2.572	1.166–5.675	0.019

OR, odds ratio; CI, confidence interval; LVEF, left ventricular ejection fraction; HH, hypoxic hepatitis; HLI, hypoxic liver injury.

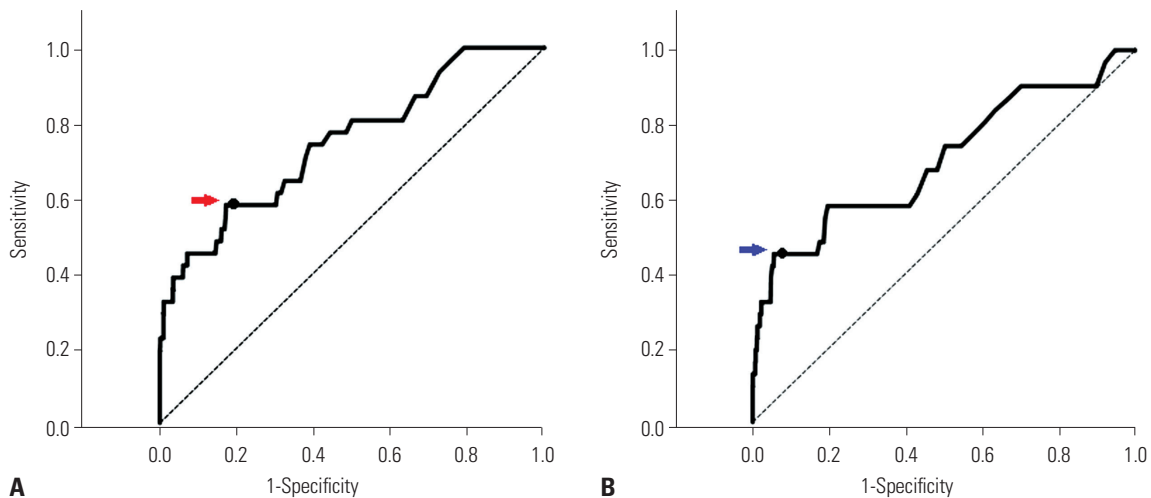


Fig. 1. HLI at ER for predicting HH utilizing AST and ALT. (A) ROC analysis utilizing AST for predicting the development of HH (AUC 0.737, 95% CI 0.643–0.830, red arrow: cut-off value AST>80 sensitivity 0.548 specificity 1–0.195=0.805). (B) ROC analysis utilizing ALT for predicting the development of HH (AUC 0.704, 95% CI 0.594–0.813, blue arrow: cut-off value ALT>80 sensitivity 0.452 specificity 1–0.071=0.929). ROC, receiver operating characteristics; AUC, area under the curve; AST, aspartate transaminase; ALT, alanine transaminase; CI, confidence interval; ER, emergency room; HH, hypoxic hepatitis; HLI, hypoxic liver injury.

of AST >80 for HLI at ER and AUC 0.674, 95% CI 0.606–0.741, sensitivity 0.138, specificity 0.989 for a cut-off value of AST >80 for HH) (Fig. 2).

In-hospital mortality according to development of HH and HLI state

Fig. 3 depicts a schematic summary of our study. Of all 1537 patients, 338 (22%) had HLI, and 31 (2%) developed HH during hospitalization, 338 (22%) had HLI, and 31 (2%) developed HH during hospitalization. Fourteen patients from the non HLI group developed HH, whereas the development of HH occurred in 17 patients in the HLI group (incidence rates of 1% and 5%, respectively). The overall in-hospital mortality in the study population was 5.7% (87/1537). The mortality rate for patients who had developed HH was higher than that for patients who did not develop HH (39% and 5%, respectively). Among patients without HLI and no HH, the mortality was 3.1% (37/1185). and for patients without HLI who developed HH, the mortality was 28.6% (4/14). Among patients with HLI and no HH, the mortality rate reached 11.8% (3/321), while that for patients with HLI who developed HH was 47.1% (8/17) (Figs. 3 and 4).

DISCUSSION

In our study, more than one-fifth of the total study population had HLI, whereas only 2% developed HH. In-hospital mortality was significantly higher for patients who had either HLI at ER or developed HH during hospitalization. Patients who had HLI in the ER were more susceptible to developing HH during hospitalization, and both HLI at ER and HH development during hospitalization were predictive factors for in-hospital mortality. While it is evident that HH is a poor prognosticator in

STEMI patients, it seems that HLI is a better prognostic factor, since the overall incidence of HH development is quite low.

Recent developments in interventional cardiology have provided STEMI patients who undergo PCI with higher survival rates.¹³ The prognosis of each individual, however, can vary

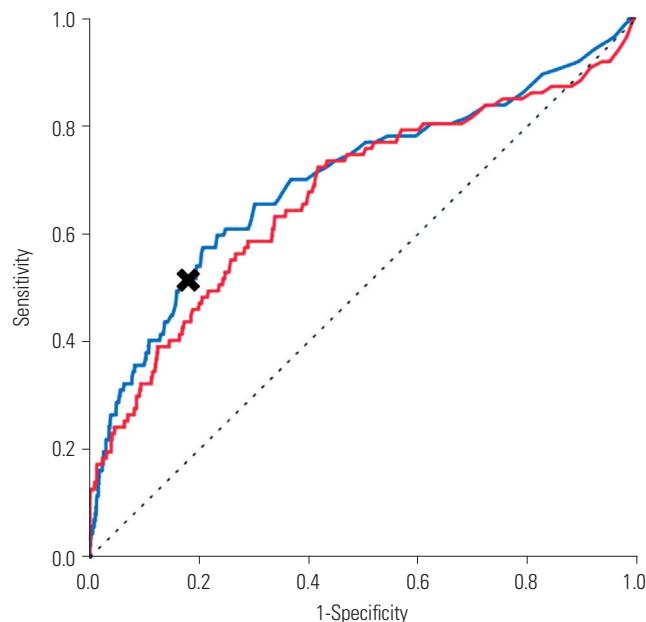


Fig. 2. HLI at ER and HH for predicting in-hospital mortality (AUC 0.701, 95% CI 0.635–0.767, black cross: cut-off value AST>80 sensitivity 0.517 specificity 1–0.183=0.817 for HLI blue line) (AUC 0.674, 95% CI 0.606–0.741, cut-off value AST>800 sensitivity 0.138 specificity 1–0.011=0.989 for HH red line) (AST 400 sensitivity 0.287 specificity 1–0.086=0.914). HLI, hypoxic liver injury; ER, emergency room; HH, hypoxic hepatitis; AUC, area under the curve; AST, aspartate transaminase; CI, confidence interval.

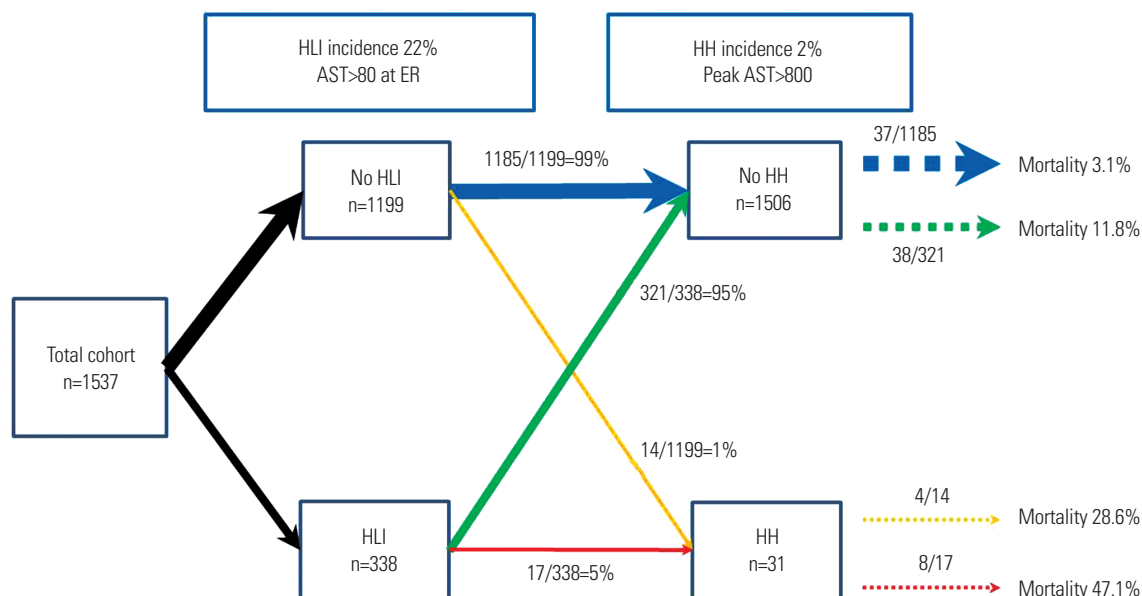


Fig. 3. Flow chart of HLI at ER and HH incidence and outcomes in STEMI patients undergoing primary PCI. HLI, hypoxic liver injury; ER, emergency room; HH, hypoxic hepatitis; AST, aspartate transaminase; STEMI, ST elevation myocardial infarction; PCI, percutaneous coronary intervention.

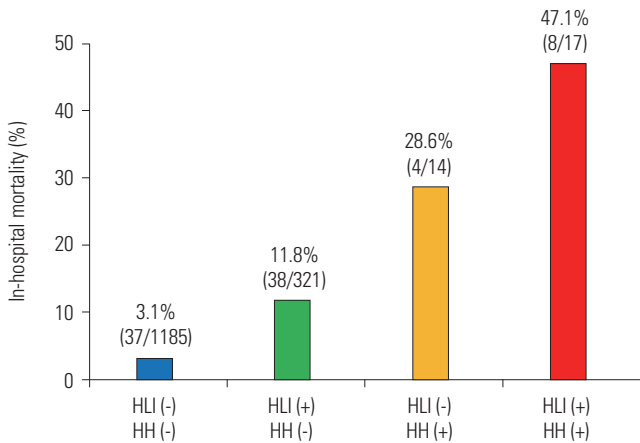


Fig. 4. In-hospital mortality of STEMI patients according to HLI at ER and HH. STEMI, ST elevation myocardial infarction; HLI, hypoxic liver injury; ER, emergency room; HH, hypoxic hepatitis.

from patient to patient, and there have been many studies reporting on prognostic factors related to coronary intervention. Tsai, et al.¹⁴ reported that acute kidney injury in patients who have undergone PCI was an independent predictor of in-hospital mortality. Others showed that dysglycemia was another indicator of poor outcomes: dysregulation of hormones in stressful situation precipitates insulin resistance causing elevated serum glucose that leads to organ damage.¹⁵

Many endeavors from recent years have discovered that serum aminotransferase, a biomarker broadly used to assess liver function, is a novel indicator of myocardial injury.¹⁶⁻¹⁸ The notion of serum aminotransferase as indicative marker for prognosis in STEMI has been reiterated several times in recent studies. One study showed that liver function enzymes (AST/ALT) were independent predictors of in-hospital mortality in STEMI patients, even after adjusting for CK-MB.⁷ Meanwhile, another indicated that HLI (even mild to modest serum aminotransferase elevation) results in poor prognosis in STEMI patients.¹⁰ Moreover, HLI in conjunction with acute kidney injury and dysglycemia maintained clinical significance as a prognosticator.¹⁹⁻²¹

Up until recently, the term HLI was used synonymously with HH. Hepatic function impairment is usually derived from either hypotensive state or passive congestion due to heart failure that causes centrilobular necrosis and ultimately elevates liver enzymes.^{22,23} Despite its clinical significance, the terminology used describing hepatic hypoxic insult is ambiguous. We acknowledged HLI and HH as independent syndromes and sought to verify the effect of each condition on the prognosis of STEMI patients. To minimize controversy regarding the type of liver enzyme and the cut-off value selected to define HLI, ROC analysis with both AST and ALT was performed. The AUC for AST with respect to a cut-off value above 80 was not only larger, but also had higher sensitivity than ALT in predicting the development of HH and in-hospital mortality, supporting our selection of AST as an HLI defining biomarker. Our study showed that patients presenting with HLI in the ER were at higher risk

of mortality than patients without hepatic dysfunction. This result is consistent with a previous study suggesting that HLI could be a useful predictor of prognosis in STEMI patients.¹⁰ Patients developing HH during hospitalization were also related with higher death rates. In support thereof, a previous study highlighting the clinical implication of HH in ICU patients showed that HH has clinical significance in predicting mortality in critically ill patients.²⁴

In our study, patients who had HLI presenting in the ER were more prone to developing HH during hospitalization than patients without HLI (5% vs. 1%). Univariate and multivariate logistic analyses also indicated that HLI was a predictive factor for developing HH. Indeed, patients who were absent of HLI were likely not to develop HH or experience in-hospital mortality. However, for patients with HLI, the rate of HH development was five-fold higher than that for patients without HLI, and for individuals who did develop HH, in-hospital mortality was highest. Even for patients who did not develop HH, those with HLI in the ER were at higher risk of death, which suggests that both the presence of HLI and HH development are associated with poor prognosis. Interestingly, conventional risk factors for CAD were not associated with the development of HH, whereas clinical factors (Killip class, heart rate) and hemodynamic status (LVEF $\leq 35\%$) were factors indicative of developing HH, supporting the hypothesis that hepatic hypoxic injury is usually due to a hypotensive condition and dysregulation of hormones.^{22,23}

Numerous studies have reported the clinical manifestation of hepatic dysfunction in STEMI patients. However, the interpretation of the terms HLI and HH have been arbitrary, causing misconception of the two distinctly different syndromes. Our study differentiated HLI from HH according to degrees of hepatic dysfunction and managed to investigate their prognostic relevance and clinical relationships between the two syndromes.

Our study has several limitations. First, the design of our current study was observational, and the study population only comprised Koreans. Second, histopathological confirmation of centrilobular necrosis of hepatocytes, consistent with HH was not undertaken. Third, elevated AST levels could have been attributed to the sizes of myocardial infarctions, along with symptom to balloon time, in these patients. Patients with large myocardial infarctions and long symptom to balloon times tend to have higher incidences of HLI and HH and could have obscured the results of our study.

In conclusion, our study was able to show that STEMI patients presenting with HLI are at higher risk of developing HH during hospitalization. Both the presence of HLI in the ER and development of HH during hospitalization were independent predictors of in-hospital mortality. Therefore, HLI in the ER and development of HH during hospitalization could emerge as significant predictors for mortality during hospitalization in STEMI patients undergoing primary PCI.

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