



MRI T2-Weighted Imaging and Fat-Suppressed T2-Weighted Imaging Image Fusion Technology Improves Image Discriminability for the Evaluation of Anal Fistulas

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Objective: To explore whether MRI fusion technology (combined T2-weighted imaging [T2WI] and fat-suppressed T2WI [T2WI-FS]) improves signal differences between anal fistulas and surrounding structures.

Materials and Methods: A total of 32 patients with confirmed diagnoses of anal fistula were retrospectively studied. All available T2WI and T2WI-FS images for each patient were used to generate fusion image (T2WI-Fusion) based on the addition of gray values obtained from each pixel via an MR post-processing work station. The discriminability of fistula, perianal sphincter, and perianal fat in T2WI, T2WI-FS, and T2WI-Fusion images was quantified with Fisher's scoring algorithm. For subjective visual image assessment by researchers, five-point scale scores were determined using a modified double-stimulus continuous quality-scale test to evaluate T2WI-FS, T2WI, enhanced axial three-dimensional-volumetric interpolated breath-hold examination (3D-VIBE), and T2WI-Fusion sequence images. The differences were subsequently compared.

Results: Mean Fisher scores for fistulas vs. sphincters obtained from T2WI-Fusion ($F_{\text{Fusion-fistula}} = 6.56$) were significantly higher than those from T2WI ($F_{\text{T2WI-fistula}} = 3.35$) ($p = 0.001$). Mean Fisher scores for sphincters vs. fat from T2WI-Fusion ($F_{\text{Fusion-sphincter}} = 10.84$) were significantly higher than those from T2WI-FS ($F_{\text{FS-sphincter}} = 2.57$) ($p = 0.001$). In human assessment, T2WI-Fusion showed the same fistula discriminability as T2WI-FS, and better sphincter discriminability than T2WI. Overall, T2WI-Fusion showed better discriminability than T2WI, T2WI-FS, and enhanced 3D-VIBE images.

Conclusion: T2WI and T2WI-FS fusion technology improves signal differences between anal fistulas and surrounding structures, and may facilitate better evaluation of anal fistulas and sphincters.

Keywords: Anal canal; Magnetic resonance imaging; Fusion technique; Fistula

INTRODUCTION

An anal fistula is characterized by chronic abnormal communication between the epithelialized surface of the anal canal and the perianal skin. It can be described as a

narrow tunnel with its internal opening in the anal canal and its external opening in the skin near the anus (1).

Detailed assessment of the anatomic relationship between the fistula and the anal sphincter complex allows surgeons to select the best surgical treatment to reduce the risk of

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recurrence and complications such as fecal incontinence. Pre-operative confirmation of fistula complexity has been shown to both facilitate surgical planning of sphincter-saving techniques, and reduce the incidence of unidentified sepsis - the leading cause of fistula recurrence. Therefore, the role of imaging is to outline all hidden tracts, and clearly define the relationship between the fistula and the anal sphincter. Magnetic resonance imaging (MRI) provides multi-dimensional high-resolution imaging of soft tissues and is well tolerated, non-invasive, painless, and less embarrassing for the patient than other diagnostic techniques. Thus, MRI has been well accepted as the modality of choice for evaluating perianal fistulas (2).

Currently, conventional sequences for MRI scans of anal fistulas include T2-weighted imaging (T2WI), fat-suppressed T2WI (T2WI-FS), and fat-suppressed T1-weighted imaging (T1WI-FS). Of these scanning sequences, axial T2WI and T2WI-FS sequences are particularly important for the diagnosis of anal fistula. Perianal anatomy is best evaluated using the T2WI sequence, whereas a fistula or abscess is best evaluated using the T2WI-FS sequence (3). The accuracy and sensitivity of MRI-based evaluations of an anal fistula are critically dependent on the acquisition of structural MRI, which are characterized by both high spatial resolution and high tissue contrast. However, conventional MRI sequences still have many shortcomings. Due to their secretion-filled nature, both anal fistulas and perianal structures demonstrate strong signals during T2WI, resulting in poor image contrast and risking misdiagnosis. Suppression of fat signals can significantly improve contrast of the fistula in T2WI-FS images but leads to poor visualization of the perianal anatomy (3). Furthermore, detection sensitivity for inactive anal fistulas that have little secretion, or for postoperative fistulas derived from scars, is lower using the T2WI-FS sequence than the T2WI sequence (4).

The utility of multiple MRI acquisition sequences for detection of soft tissue pathology using for images with different weightings has been established (5, 6). Combining the advantages of two or more scanning sequences into a single image potentially improves image quality, shortens image analysis time, and increases the effectiveness of diagnosis. Instead of creating new MRI scan sequences, fusion of existing high-resolution images is a valuable diagnostic tool.

In this study, we aimed to explore whether MR image fusion technology (combined T2WI and T2WI-FS) improves signal differences between anal fistulas and surrounding

structures, improving visualization and evaluation of fistulas and sphincters.

MATERIALS AND METHODS

Patients

This retrospectively study was approved by our institutional ethics review board. Written informed consent was obtained from all patients in the study. About thirty-two patients with confirmed diagnoses of anal fistula, including 26 males and 6 females with a mean age of 34 years (range 12–60 years) were investigated using MRI.

MRI Protocol

All patients were scanned with a 3T MRI scanner (Magnetom Avanto, version Syngo MR B17; Siemens Healthineers, Erlangen, Germany), using the body coil, with the patient in the head-first supine position and the magnetic field centered on the pubic symphysis. Imaging sequences included axial and sagittal spin echo (SE) T2WI, axial and coronal SE T2WI-FS, axial SE T1WI, axial SE T1WI with enhanced fat suppression (T1WI-FS), and coronal enhanced three-dimensional volumetric interpolated breath-hold examination with fat suppression (E-3D-VIBE) and three-dimensional (3D) reconstruction (Table 1). Of these, axial SE T2WI and SE T2WI-FS had the same parameters (positioning line, field of view value, slice thickness, slice spacing and pixels) and are therefore represented by a single column in Table 1.

MR Image Fusion

Currently, mature image fusion techniques mainly fall into two categories: pixel-based image fusion and feature-based image fusion. The pixel-based image fusion method is also called the point-based approach, and involves calculation of either the weighted sum or the maximum or minimum of the grayscale values of the corresponding pixels of two images (5). For feature-based image fusion, operations such as feature extraction and object segmentation are performed.

Here, we applied the pixel-based image fusion approach. In digital imaging, a pixel is a physical point in a raster image, and is the smallest controllable element of a picture. A new fusion image, based on the original imaging of the axial T2WI and T2WI-FS sequences, was generated in an MR post-processing workstation (Syngo MMWP VE36, Siemens Healthineers). To avoid misregistration, the fusion

Table 1. Parameters of Sequences Used in MRI Scans of Anal Fistulas

Parameter	T2WI	T2WI	T2WI _{-FS}	T2WI _{-FS}	T1WI	E-3D-VIBE
Scanning plane	Axial	Sagittal	Axial	Coronal	Axial	Coronal 3D
TR/TE (msec)	3600/96	3600/98	3600/96	4000/62	600/21	3.50/1.41
FOV (mm)	200	200	200	200	200	350
Slice thickness (mm)	3.0	3.0	3.0	3.0	3.0	1.0
Slice spacing (mm)	0.6	0.6	0.6	0.6	0.6	0.48
Pixels	320	320	320	320	320	512

E-3D-VIBE = enhanced three-dimensional volumetric interpolated breath-hold examination with fat suppression, FOV = field of view, TE = echo time, TR = repetition time, T1WI = T1-weighted imaging, T2WI = T2-weighted imaging, T2WI_{-FS} = fat-suppressed T2WI, 3D = three-dimensional

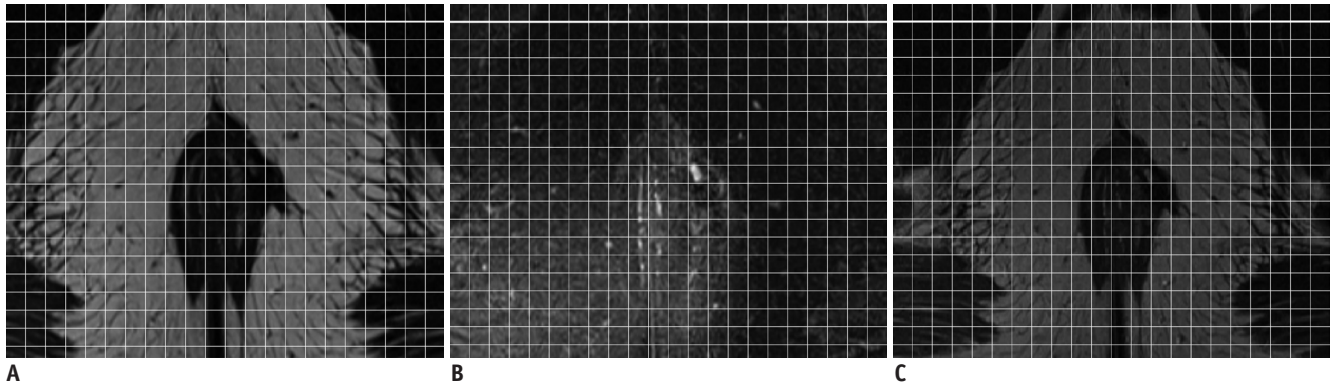


Fig. 1. Pixel-based magnetic resonance image fusion.

A. T2WI. **B.** T2WI_{-FS}. **C.** T2WI_{-Fusion}. **A** and **B** were composed of many small pixels; sum of grayscale value in T2WI and T2WI_{-FS} were used in image reconstruction to generate fusion image. T2WI = T2-weighted imaging, T2WI_{-FS} = fat-suppressed T2WI, T2WI_{-Fusion} = fusion image generated from T2WI and T2WI_{-FS}

images (T2WI_{-Fusion}) was reconstructed based on the axial T2WI and T2WI_{-FS} sequences with the same parameters. A superposition algorithm was used and sums of the grayscale value of each corresponding pixel during both T2WI and T2WI_{-FS} were calculated. These data were then used to reconstruct the new fusion image of the two sequences (Fig. 1).

MR Image Discriminability Evaluation

All images were analyzed by two well-trained radiologists with 17 and 30 years of experience in abdominal diagnostic radiology, respectively. They measured the signals (means and standard deviations) of the fistula, the external sphincter, and the fat surrounding the external sphincter of three images, i.e., SE T2WI, SE T2WI_{-FS} and the T2WI_{-Fusion}. The mean of the measurements taken by the two radiologists was deemed as the final measurement. The regions of interest were the maximum possible area of selection for both the fistula and the sphincter, and these selected areas were reproducible in all three images at different frequencies (Fig. 2).

The discriminability of the fusion image was evaluated according to the method of Misaki et al. (6), and tissue discriminability was calculated using the Fisher score algorithm to obtain the differences between the different

tissues:

$$\text{Fisher score} = (\mu_t - \mu_m) / \text{sqrt}(\sigma_t^2 + \sigma_m^2)$$

where μ is the mean intensity of the tissue signal obtained, σ is the standard error of the intensity of the tissue signals obtained, and t and m represent the two different tissues of interest. As the Fisher score increases, tissue discriminability increases.

As mentioned above, the F scores reflecting tissue discriminability between the fistula and the sphincter on T2WI ($F_{T2\text{-fistula}}$), and T2WI_{-Fusion} ($F_{\text{Fusion-fistula}}$) were calculated. The F scores reflecting tissue discriminability between the sphincter and fat on T2WI_{-FS} ($F_{FS\text{-sphincter}}$) and on T2WI_{-Fusion} ($F_{\text{Fusion-sphincter}}$) were also calculated.

A five-point scale was introduced for visualization assessment of image discriminability. This was determined using a modified double-stimulus continuous quality-scale (DSCQS) test to evaluate the T2WI_{-FS}, T2WI, axial E-3D-VIBE, and T2WI_{-Fusion} sequence images (7, 8). The scale ranges from 1 to 5. A score of 5 indicates excellent visualization, with the stricture well displayed and quickly recognizable and a noise-free image. A score of 1 indicates low image quality with severe noise, with the stricture difficult to recognize. The two observers were asked to evaluate each

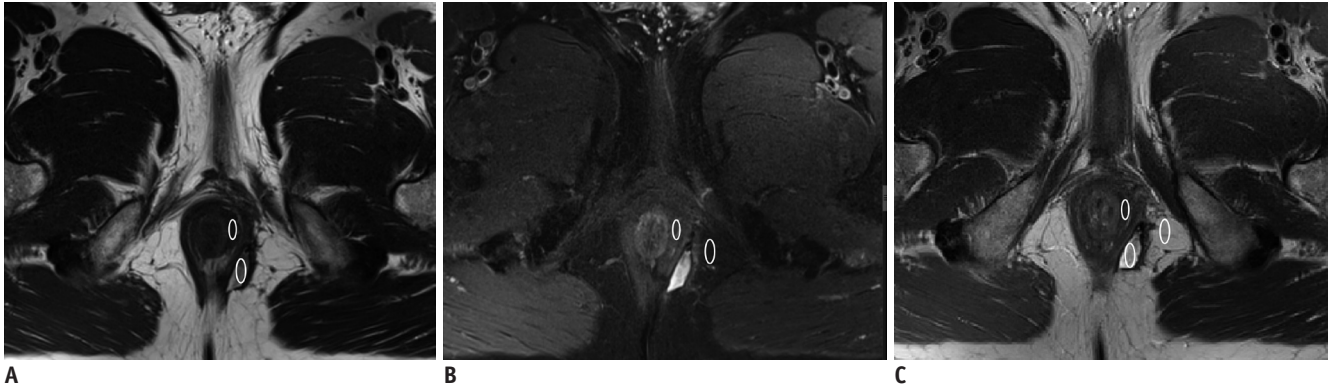


Fig. 2. Fisher scores for different scanning sequences.

A. T2WI. B. T2WI_{-FS}. C. T2WI_{-Fusion}. Mean scores of signals for fistula, sphincter, and fat in images from three sequences were measured, and Fisher score algorithm then calculated.

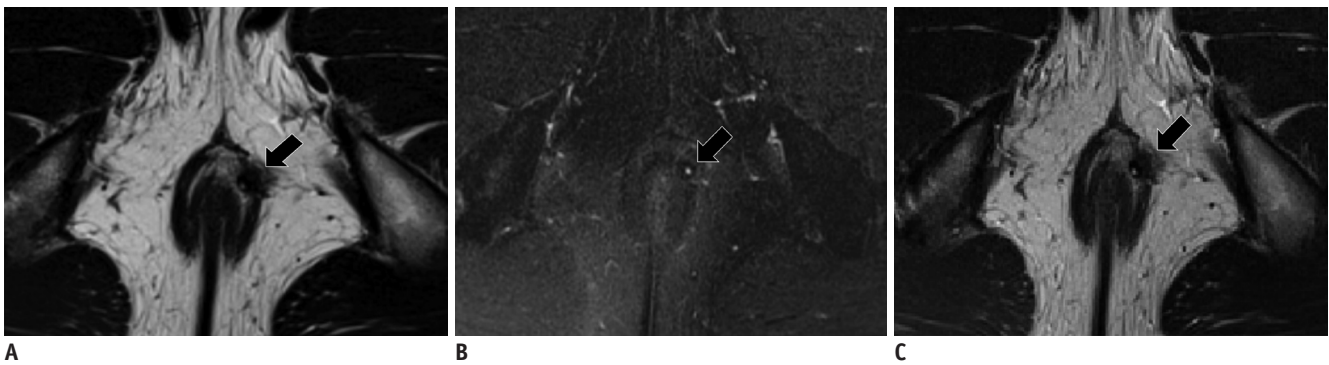


Fig. 3. Image of anal fistulas and perianal structures by T2WI_{-Fusion}.

A. On T2WI, fistulas are not clearly shown (arrow). B. On T2WI_{-FS}, fistula with high signal intensity is clearly shown (arrow), but perianal structures are not clear. C. T2WI_{-Fusion} clearly shows fistula (arrow), and structure of internal and external sphincters.

sequence separately, and to grade the discriminability of these structures in the following separate sequence: 1) image discriminability of the fistula and the sphincter, separately; 2) image discriminability of the whole image (fistula + sphincter), scored as the sum of fistula and sphincter scores.

Statistical Analysis

The statistical software SPSS (Version 13.0; SPSS Inc., Chicago, IL, USA) was used. Fisher scores were tested for normality. Once it had been established that the four groups of Fisher scores were normally distributed, paired *t* tests were used to compare the Fisher scores reflecting the tissue discriminability between the fistula and the sphincter, and between the sphincter and fat, obtained from the three sequences.

Paired *t* tests were used to test for differences between image quality scores for the T2WI_{-FS}, T2WI, axial E-3D-VIBE and T2WI_{-Fusion}; *p* values less than 0.008 were considered significant according to the appropriate Bonferroni

correction.

RESULTS

Fusion images (T2WI_{-Fusion}) were successfully generated for all 32 patients. No misregistrations or obvious artifacts were found in any of the fusion images. At least one fistula was identified on each fusion image. Both fistula and sphincter structure were better displayed in the T2WI_{-Fusion} than in the T2WI and T2WI_{-FS} images (Fig. 3).

A total of 160 sets of signals were generated from the T2WI, T2WI_{-FS}, and T2WI_{-Fusion} images, and Fisher scores reflecting the discriminability between various tissues are shown in Table 2.

The mean Fisher score of fistula vs. sphincters for T2WI_{-Fusion} ($F_{\text{Fusion-fistula}} = 6.56$) was significantly higher than that for T2WI ($F_{\text{T2WI-fistula}} = 3.35$) ($p < 0.001$), indicating a better fistula discriminability in the former. The mean Fisher score of sphincter vs. fat for T2WI_{-Fusion} ($F_{\text{Fusion-sphincter}} = 10.84$) was also significantly higher than that for T2WI_{-FS} images (F_{FS}

sphincter = 2.57) ($p < 0.001$), indicating superior sphincter discriminability on T2WI-Fusion.

In the visualization assessment of image discriminability in fistula, T2WI-FS showed the same scores as did T2WI-Fusion ($p = 1.000$), while T2WI showed the same scores as E-3D-VIBE ($p = 0.134$). For the visualization assessment of image discriminability in sphincter, the T2WI-Fusion demonstrated similar image discriminability as did T2WI ($p = 0.031$), and both showed better image discriminability than did T2WI-FS ($p < 0.001$), and E-3D-VIBE ($p < 0.001$). For comparing the whole image discriminability (fistula + sphincter), T2WI-Fusion showed the best discriminability of fistula and sphincter among these four imaging sequences ($p < 0.001$) (Tables 3, 4, Figs. 4, 5).

Table 2. Fisher Scores and Paired t Test in T2WI-Fusion, T2WI, and T2WI-FS Sequences

Fisher Score	Mean	SD	Variance	Paired t Test (P)
F _{T2WI-fistula} *	3.35	1.70	2.88	< 0.001
F _{Fusion-fistula} *	6.56	3.04	9.25	< 0.001
F _{FS-sphincter} †	2.57	1.30	1.69	< 0.001
F _{Fusion-sphincter} †	10.84	4.64	21.54	< 0.001

*F_{T2WI-fistula} and F_{Fusion-fistula} are Fisher scores reflecting tissue discriminability between fistula and sphincter on T2WI and T2WI-Fusion images, respectively, †F_{FS-sphincter} and F_{Fusion-sphincter} are Fisher scores reflecting tissue discriminability between sphincter and fat on T2WI-FS and T2WI-Fusion, respectively. SD = standard deviation, T2WI-Fusion = fusion images generated from T2WI and T2WI-FS

Table 3. Visualization Assessment of Image Discriminability

Parameters	Fistula				Sphincter				Fistula + Sphincter*			
	T2WI-FS	T2WI	E-3D-VIBE	T2WI-Fusion	T2WI-FS	T2WI	E-3D-VIBE	T2WI-Fusion	T2WI-FS	T2WI	E-3D-VIBE	T2WI-Fusion
Mean	4.80	4.00	3.67	4.80	2.80	4.63	3.43	4.83	7.60	8.63	7.10	9.63
Median	5	4	4	5	3	5	3	5	8	9	7	10
SD	0.610	0.788	0.994	0.407	0.610	0.556	0.817	0.379	0.894	1.066	1.470	0.556
Min	2	2	2	4	2	3	2	4	5	5	4	8
Max	5	5	5	5	4	5	5	5	9	10	10	10
25%	5.00	3.75	3.00	5.00	2.00	4.00	3.00	5.00	7.00	8.00	6.00	9.00
75%	5.00	5.00	4.25	5.00	3.00	5.00	4.00	5.00	8.00	9.00	8.00	10.00

*Sum scores of fistula and sphincter. Max = maximum, Min = minimum

Table 4. Paired t Test of Visualization Assessment of Image Discriminability

Sequence	Fistula	Sphincter	Fistula + Sphincter
	Paired t Test (P)	Paired t Test (P)	Paired t Test (P)
T2WI-FS vs. T2WI	< 0.001	< 0.001	0.001
T2WI-FS vs. E-3D-VIBE	< 0.001	0.001	0.053
T2WI-FS vs. T2WI-Fusion	1.000	< 0.001	< 0.001
T2WI vs. E-3D-VIBE	0.134	< 0.001	< 0.001
T2WI vs. T2WI-Fusion	< 0.001	0.031	< 0.001
E-3D-VIBE vs. T2WI-Fusion	< 0.001	< 0.001	< 0.001

DISCUSSION

This study is the first application of the Fisher score and the five-point scale DSCQS test for visualization assessment of image discriminability. T2WI-Fusion demonstrated similar sphincter discriminability as T2WI, and T2WI-Fusion showed the same fistula discriminability as T2WI-FS. Among the four imaging sequences (T2WI, T2WI-FS, T2WI-Fusion, and E-3D-VIBE), T2WI-Fusion showed the best discriminability for both fistula and sphincter.

MRI has been widely recognized as the gold standard imaging modality for assessment of anal fistulas. The diagnostic values of different MRI scanning sequences for anal fistulas have been extensively investigated (9-11). Our results support previous studies concluding that the T2WI sequence yields the best representation of perianal structures (3, 4, 11). However, due to the high signal intensities observed in fistulas and perianal fat, this sequence results in low image contrast, thereby limiting the discriminability of fistulas (3). Fistula discriminability was consequently lower in T2WI than in the T2WI-Fusion. Fusing the T2WI and T2WI-FS images presumably enhanced relative signal intensity of the fistula, thereby showing better fistula discriminability.

The T2WI-FS sequence is relatively effective in portraying fistulas. However, the signal differences between the muscles and surrounding tissues are reduced by fat suppression, leading to poor resolution of perianal structures (3).

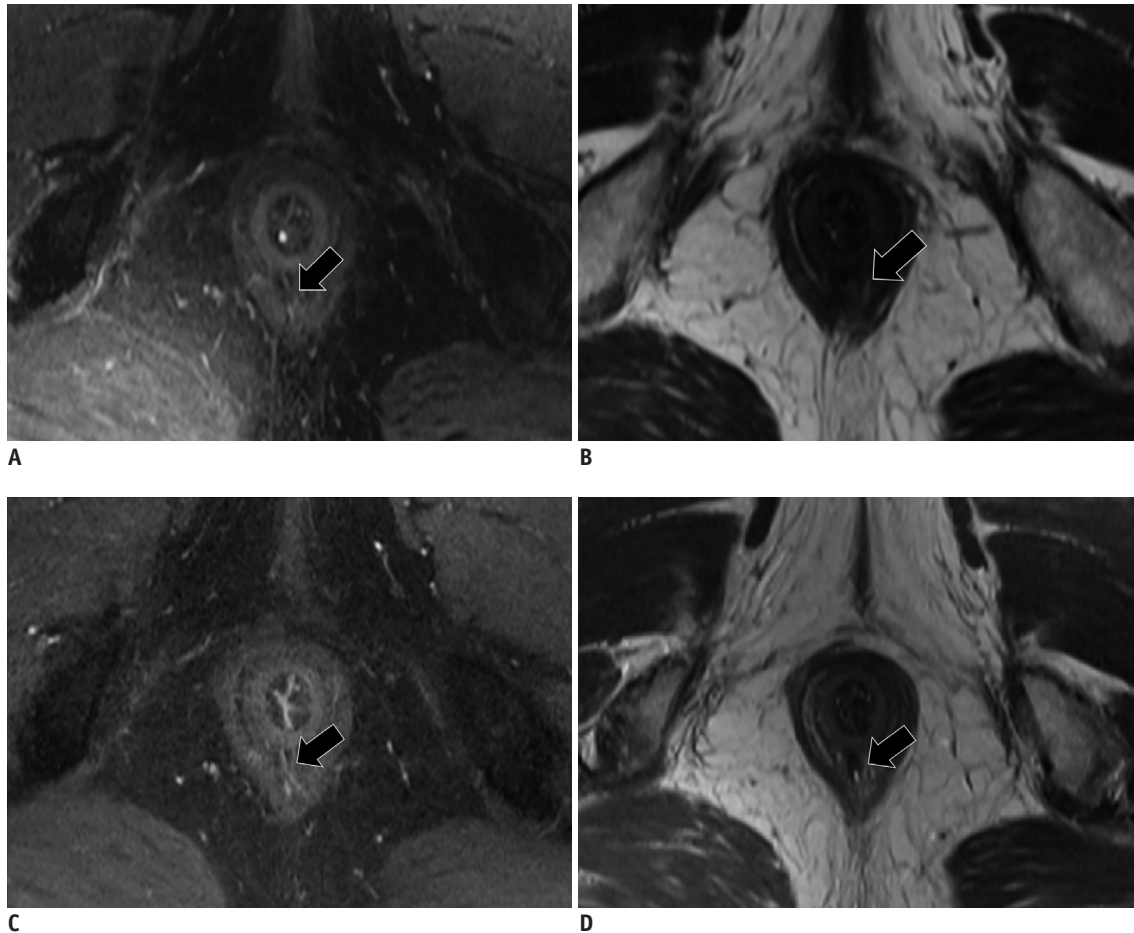


Fig. 4. Subjective image assessment with five-point scale test.

A. T2WI_{-FS} shows fistula (arrow) with fistula discriminability score of 3 points and sphincter discriminability score of 2 points. **B.** T2WI shows fistula (arrow) with fistula discriminability score of 2 points and sphincter discriminability score of 4 points. **C.** E-3D-VIBE shows fistula (arrow) with fistula discriminability score of 3 points and sphincter discriminability score of 4 points. **D.** T2WI_{-Fusion} shows fistula (arrow) with fistula discriminability score of 5 points and sphincter discriminability score of 5 points. E-3D-VIBE = enhanced three-dimensional volumetric interpolated breath-hold examination with fat suppression

Furthermore, compared to T2WI, the T2WI_{-FS} sequence limits detection of inactive anal fistulas that produce few secretions or postoperative fistulas derived from scars (4). Consequently, reconstruction of a fusion image using a pixel-based (point-based) fusion image technique combined with sum calculations of the grayscale values of the two images (T2WI and T2WI_{-FS}) is likely to increase sphincter discriminability while retaining good fistula discriminability.

Fistula representation in the resulting fusion images showed remarkably high signals, and was superior to that obtained with T2WI. Moreover, healing fistulas can be better visualized using T2WI_{-Fusion}, which shows clear fiber rings with lower signal intensities surrounding most parts of the fistulas. These may be missed using T2WI_{-FS} sequences. In addition, fusion images depicted the perianal structures better than did T2WI_{-FS}. This improvement was due to the

addition of more signals to the original fistula signal when the pixel superimposition technique was used to generate the fusion images. Fistula signals were higher in T2WI_{-FS} than in T2WI, and this localized signal enhancement substantially increased the contrast between fistulas and the surrounding muscle and fat, which exhibited unchanged signal intensity. Thus, fistula resolution improved significantly in fused images, which also retained the advantages of T2WI for displaying perianal structures. Furthermore, fibrosis is a common finding in evaluations of the peripheries of anal fistulas, and is observed at low signal intensities in T2WI and T2WI_{-FS} and still lower intensities in fusions of these two image types. This fusion technique thus greatly facilitates clear portrayal of fistulas.

In this study, T2WI_{-Fusion} also demonstrated better fistula and sphincter discriminability relative to that of E-3D-VIBE

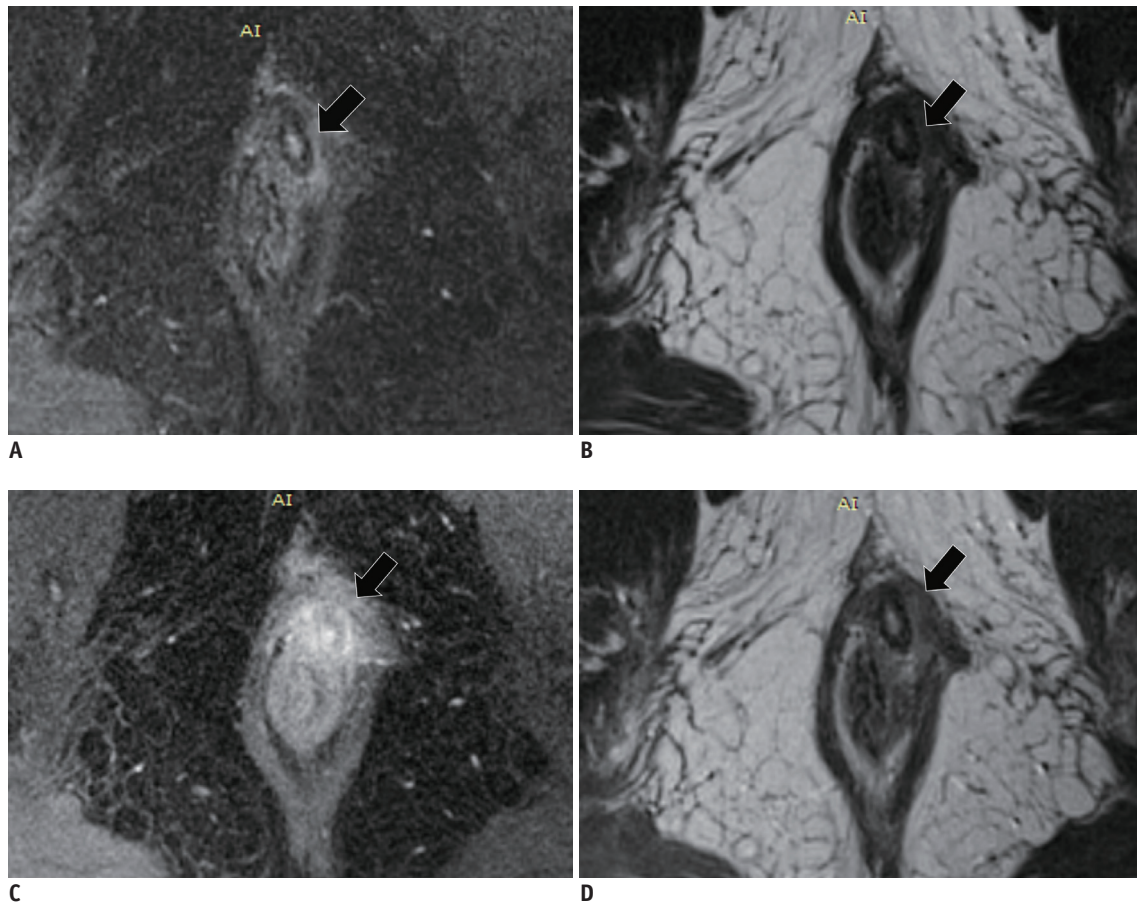


Fig 5. Image discriminability of intersphincter anal fistula in different MRI sequences.

A. T2WI_{-FS}. **B.** T2WI. **C.** E-3D-VIBE. **D.** T2WI_{-Fusion}. Fistula (arrow) was displayed in 4 images, T2WI_{-Fusion} showed best discriminability (fistula + sphincter) among these four sequences, and fistula (arrow) was displayed well on T2WI_{-Fusion} and T2WI_{-FS}, while it was worse displayed in E-3D-VIBE images than on T2WI_{-Fusion} image. Image discriminability of sphincter on T2WI_{-Fusion} was as good as that of T2WI, but better than that of T2WI_{-FS}.

images. This may be explained by the combined advantages of high fistula discriminability in T2WI_{-FS} and high sphincter discriminability in T2WI, both evident in T2WI_{-Fusion}. Enhanced T1WI both displays the course of perianal fistulas and reflects their inflammatory activity well (3).

E-3D-VIBE is a good image sequence for fistula detection and assessment. However, the assessment of fistula delineation and relationship with the sphincter is influenced by enhancement of the fistula. Particularly in active disease, image enhancement of both the fistula and the sphincter results in decreased signal differences between the two. Ziech et al. (10) also reported that dynamic contrast-enhanced MRI correlates with disease activity and may have utility as an indicator of therapy effect. However, the role of T2WI_{-Fusion} in reflecting inflammatory activity of the anal fistula remains uncertain. In such instances, use of contrast-enhanced T1WI may still be an essential component for evaluating anal fistulas.

Substantial efforts have been made to improve the diagnosis of anal fistulas using MR, including the development of new scanning sequences such as diffusion-weighted imaging, liver acquisition with volume acceleration flexible, and other methods (12-16). Unlike previous studies, this study indicates that MR fusion techniques can significantly improve the diagnosis of anal fistulas through manipulation of existing conventional scanning sequences without prolonging MR scanning time. This time-efficient technique can significantly improve both image quality and MR diagnostic value for anal fistulas using simple, applicable post-imaging data reconfiguration algorithms. In addition, our comparisons of image quality were free of confounding factors such as surgery, pathology, and the type of image analyzer because we used objective measurements to assess the quality of fusion images directly.

Image fusion techniques occupy an important position in

the field of medical diagnostic imaging. Currently, the most widely used and successful image fusion technique is the combination of positron emission tomography (PET) and computed tomography (CT) imaging to integrate functional and anatomical data, greatly improving diagnostic accuracy (17). Developments in image processing technology are increasingly enabling researchers to generate fusion images that improve the diagnosis of lesions. The source images are often acquired using methods that require sophisticated equipment and software, such as PET and MRI, ultrasound imaging and MRI, and MRI and CT imaging (18-20). However, fusion images from MRI have been rarely reported, although Misaki et al. (6) generated a fusion image from T1WI and T2WI using MR brain scans, and adopted an algorithm to produce fusion images that showed better consistency and contrast between the gray and white matter of the brain. Pixel-based MRI fusion has the advantages of requiring neither complex mathematical algorithms nor increased scan time; moreover, its operation is simple and will play an increasingly important role in the imaging diagnosis of disease.

This study proved that T2WI-Fusion show great advantages in displaying anal fistulas and sphincters. We believe that the benefits of combining multiple contrasts could be further enhanced by optimization of imaging parameters. Our study supports the use of fusion images during the delineation of the anal fistula tract, especially in healed cases. However, in cases with active inflammatory processes or extensive abscess formation, the discriminability of fusion images may not be helpful, because acute inflammation processes or abscesses obliterate signal intensity of the desired anatomical features.

The main limitation of our study is the lack of operative findings to use as the gold standard to compare T2WI-Fusion and T2WI or T2WI-FS, and thereby evaluate the diagnostic effectiveness of image fusion for anal fistulas. Secondly, this is a retrospective study; therefore, patient selection bias could not be avoided. Lastly, the utility of T2WI-Fusion for anal fistula cases with active inflammation should be further evaluated by collection of images from more patients.

In summary, T2WI and T2WI-FS fusion technology improve signal differences between anal fistulas and surrounding structures, and may thereby improve evaluation of anal fistulas and sphincters. As an alternative to the generation of new MRI scan sequences, this MRI fusion technique has the advantages of being time-efficient and operator-

convenient. It is highly feasible to apply this technique for future evaluations of anal fistulas and sphincters.

Conflicts of Interest

The authors have no financial conflicts of interest.

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