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# Anticancer Effect and Apoptosis Induction of Gambogic Acid in Human Leukemia Cell Line K562 *In Vitro*

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**Background:** The aim of this study was to investigate the anticancer effect and related mechanisms of gambogic acid (GA), a traditional Chinese medicine, on human leukemia cell line K562, together with the effect on bone marrow mononuclear cells (MNCs).




**Material/Methods:** K562 cells and MNCs were treated with various concentrations and treatment times of GA. Inhibitory rate was detected by use of the Cell Counting Kit-8 (CCK-8) assay. Apoptosis was analyzed by morphological detection, Annexin-V/PI doubling staining, and TUNEL assays. The expression changes of pivotal proteins were evaluated by Western blotting.

**Results:** GA not only suppressed cell proliferation, but also induced apoptosis of K562 cells in a dose-dependent manner. While it did not significantly inhibit cell proliferation of MNCs, it did induce apoptosis in a dose-dependent manner. CCK-8 assay revealed that the proliferation of K562 cells was significantly inhibited when the concentration of GA was more than 0.5  $\mu$ M. Morphological detection showed the nuclei became denser and more intense orange in K562 cells after GA treatment compared with the untreated group. The expression levels of BCL-2, nuclear factor- $\kappa$ B (NF- $\kappa$ B), c-myc, phosphatidylinositol3-kinase (PI3K), and phosphorylation of serine-threonine kinase (p-AKT) were down-regulated by GA.

**Conclusions:** GA significantly suppressed the proliferation of K562 cells, but has less effect on MNCs. The inhibition of K562 cells proliferation and apoptosis induced by GA might be related to the down-regulation of BCL-2, NF- $\kappa$ B, c-myc, PI3K, and p-AKT.

**MeSH Keywords:** **Apoptosis • Bone Marrow Mononuclear Cells • Gambogic Acid • Gene Expression • Human Leukemia Cell Line K562**

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## Background

Gambogic acid (GA,  $C_{38}H_{44}O_8$ , mol. wt 628), the main active compound of gamboge, is an orange or brownish resin obtained from *Gambogehanburyi* HOOKF (genus *Garcinia*, family Guttiferae) [1]. It has a long history of medicinal use in Southeast Asia, and it is also used as detoxification, homeostasis, anti-inflammatory, parasiticide medicines, and even coloring agent for thousands of years in China [2]. In recent years GA, as a new anticancer drug, has attracted more and more attention, and its anticancer effects are being gradually confirmed [3–5].

Although plant-derived products have served humans as treatments of various ailments for centuries, their objective safety and molecular targets are not fully understood. Identifying the safety and their molecular targets can lead to discovering new clinical uses of such products, as in the cases of vincristine, vinblastine, and others [6]. As many as 70% of all drugs approved by the US Food and Drug Administration between 1980 and 2000 for treating cancer were based on natural sources [7,8]. Previous studies reported that GA activated apoptosis in many cancer cell lines and inhibited human hepatoma cells proliferation [1,3,5,9,10]. However, there are relatively few report on the safety and molecular mechanism in GA on human leukemia cell line K562 and bone marrow mononuclear cells (MNCs) together.

Therefore, the objective of this study was to investigate the anticancer effect and related mechanisms of GA on human leukemia cell line K562, together with the effect on MNCs. We suggest that GA might be an effective therapeutic modality for treating leukemia.

## Material and Methods

### Medicine

GA was purchased from BIOMOL International LP (Plymouth Meeting, PA, USA) and dissolved in DMSO (Sigma; St. Louis, MO, USA) at a stock concentration of 100  $\mu$ M, lucifugal and stored at  $-20^{\circ}\text{C}$ .

### Cell culture

The human leukemia cell line K562 was donated by the Blood Institute in Suzhou, China. Bone MNCs were donated by healthy volunteers. K562 cells and MNCs were cultured in complete RPMI-1640 medium (Gibco, USA) supplemented with 10% and 20%, respectively, heat-inactivated fetal bovine serum (FBS, HyClone, USA), 100  $\mu$ g/ml penicillin (Gibco, USA), and 100  $\mu$ g/ml streptomycin (Gibco, USA), in a humidified incubator containing 5%  $\text{CO}_2$  at  $37^{\circ}\text{C}$ .

All human studies were approved by the China Ethics Committee and performed in accordance with ethics standards. The study design was approved by the local Ethics Committee.

### Cytotoxicity assay

A Cell Counting Kit-8 (CCK-8) (Dojindo Molecular Technologies, Gaithersburg, MD, USA) was used to evaluate the cytotoxicity of GA. Cells were seeded in 96-well culture plates (Costar) at a density of  $1-2 \times 10^5/\text{ml}$  cells and a volume of 100  $\mu$ l per well, added to 0, 0.50, 0.75, and 1.00  $\mu$ M GA, respectively, followed by incubation for various periods of time. At the end of incubation, 10  $\mu$ l of CCK-8 reagents was added to each well and incubated at  $37^{\circ}\text{C}$  for another 4 h. The number of viable cells was assessed by measurement of absorbance at 450 nm using Multiskan MS (Labsystems). Cytotoxicity assay was calculated as the following equation:

$$\text{Inhibition proliferation (\%)} = \left[ \frac{1 - (\text{OD}_{450}(\text{sample}) - \text{OD}_{450}(\text{borderline group}))}{(\text{OD}_{450}(\text{control}) - \text{OD}_{450}(\text{borderline group}))} \right] \times 100 \text{ [11,12].}$$

### Cell morphology examination

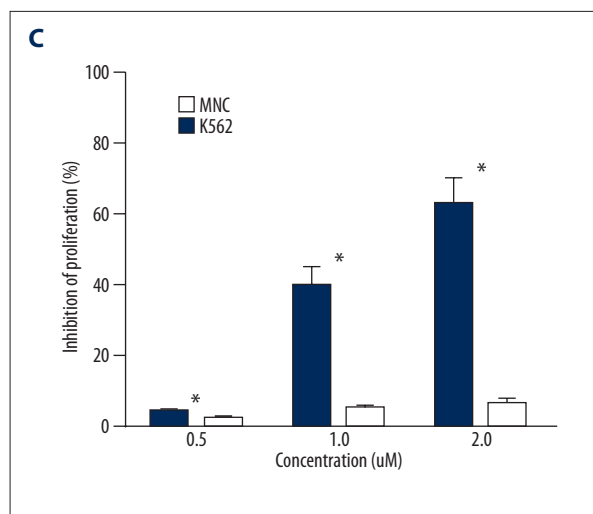
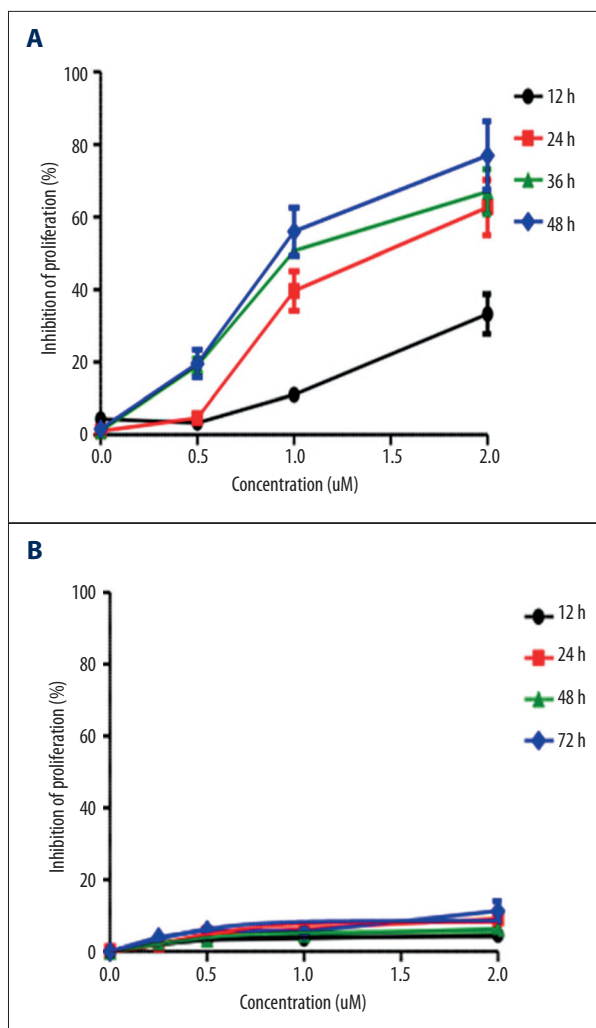
K562 cells (about  $6 \times 10^5/\text{well}$ ) were incubated with 1.0  $\mu$ M GA for 24 h. After treatment, cells were collected and smeared. Some films were fixed with methanol and stained with Giemsa to observe the morphological changes of apoptosis cells by light microscopy (Merck, Darmstadt, Germany), and others were directly examined with an OLYMPUS inverted microscope.

### Annexin V/PI assay

Cells seeded in 6-well plates were exposed to 0, 0.50, 0.75, and 1.00  $\mu$ M of GA, respectively, for 24 h. Cells undergoing apoptosis were detected using an Annexin V-FITC apoptosis detection kit (Keygen, Nanjing, China). Briefly,  $2 \times 10^6$  cells were digested into cell suspension with EDTA-free trypsin and resuspended in cold binding buffer and incubated for 15 min in the dark at room temperature following addition of 5  $\mu$ l of Annexin V-FITC and 5  $\mu$ l of propidium iodide (PI, Keygen, Nanjing, China) solutions [13]. Flow cytometry analysis was performed using an FACS-Calibur cytometer (Becton Dickinson, San Jose, CA, USA).

### Detection of apoptosis

The K562 cells ( $2.5 \times 10^5$  cells/ $\text{cm}^2$ ) were cultured on a chamber slide, fixed in 4% paraformaldehyde, and membrane-permeabilized by exposure for 30 min to 0.1% Triton X-100 in phosphate-buffered saline at room temperature. Then terminal deoxy-nucleotidyl transferase-mediated dUTP nick end-labeling (TUNEL) staining was performed. For 4',6-diamidino-2-phenylindole (DAPI) staining, slides were incubated for 30 min at room temperature in the dark with mounting medium for fluorescence



**Figure 1.** GA inhibition of proliferation of K562 cells (A) and MNCs (B). The results shown were the mean of 3 parallel experiments for each concentration point. Student's *t* test was used in the comparison of inhibition ratio (%) between K562 cells and MNCs (C), \*  $p < 0.05$ .

containing DAPI (Vectoer Laboratories, Inc., Burlingame, CA, USA). The cells were then observed through a fluorescence microscope (Leica Microsystems AG, Wetzlar, Germany).

### Western blotting

Western blotting was done according to the published method with some modifications [14]. Briefly, proteins were extracted from the harvested cells using RIPA lysis buffer (Beyotime, Jiangsu, China) and then quantitated using the Bio-Rad Detergent Compatible Protein Assay kit (Keygen, Nanjing, China). An equal amount of protein (50 μg) was resolved on a 100 g/L minigel by SDS-polyacrylamide gel electrophoresis. Proteins were transferred to a polyvinylidene difluoride (PVDF) membrane (Millipore, Bedford, MA) using the Multiphor Novoblot electrophoresis transfer system. Membranes were blocked with 5% skim milk for 1 h and then subjected to immunoblot analysis with antibody against BCL-2 (1:500, Cambridge, MA, USA), phosphatidylinositol3-kinase (PI3K, 1:1000, Beverly, MA, USA), serine-threonine kinase (AKT, 1:1000, Beverly, MA,

USA), P-AKT (1:1000, Beverly, MA, USA), c-myc (1:500, Beverly, MA, USA) and nuclear factor-κB (NF-κB, 1:1000, Beverly, MA, USA) at 4°C staying overnight, respectively. Then the membranes were washed with 0.1% Tween 20 in Tris-saline three times. A horseradish peroxidase-conjugated secondary antibody (Amersham, Arlington Heights, IL) was used at a dilution of 1:10000 for 1 h at room temperature. The membranes were subsequently developed using Enhanced chemiluminescence (ECL, Thermo scientific, Rockford, IL, USA) detection system. As a loading control, GAPDH levels were detected using 1:2000 anti-GAPDH antibody (San Diego, CA, USA) followed by 1:10000 anti-mouse secondary antibody (Jackson Immuno Research).

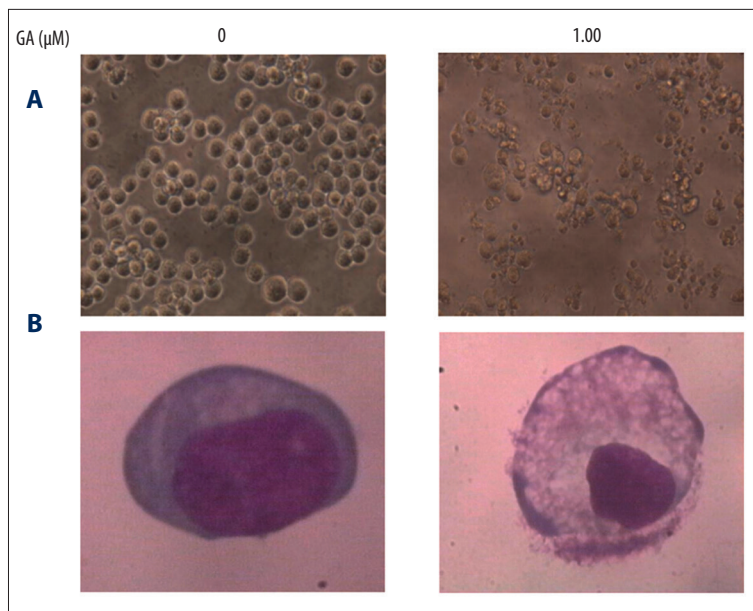
### Statistical evaluation

Data from three independent experiments were expressed as mean ±SD. Student's *t* test was used to assess variables in this study. Statistical analyses were performed with SPSS 15.0 software package (SPSS Inc, Chicago, IL). Values of  $p < 0.05$  were considered to be statistically significant.

## Results

### Growth inhibition induction by GA in K562 cells

As shown in Figure 1A, treatment with GA resulted in a significant reduction in K562 cell proliferation and viability, and the degree of inhibition depended on both the concentration and the length of treatment. At a dose of 2.0 μM and 24 h



**Figure 2.** Morphological changes in K562 cells observed by inverted microscope (A, magnification  $\times 200$ ) and by light microscope (B, stained with Giemsa, magnification  $\times 1000$ ).

treatment on K562 cells, the inhibitory rate of GA was 63%. However, those changes were not found in MNCs as shown in Figure 1B. It was clear that 72 h treatment of GA, even at a concentration as high as 4  $\mu\text{M}$ , had little cytotoxicity to the MNCs. In addition, Figure 1C provided a comparison of inhibition between K562 cells and MNCs with the same treatment of GA. The inhibition of proliferation (%) of GA on K562 cells was significantly higher than that on MNCs ( $p < 0.05$ ).

### Apoptosis induction by GA in K562 cells

Direct observation using an inverted microscope showed many distinct morphological changes in cells treated with GA, compared with untreated cells (Figure 2A). In particular, cell shrinkage, cytoplasm condensation, and formation of cytoplasmic filaments with protuberances resulted in more of a spindle shape, membrane shrinkage. In addition, using morphological analysis with Giemsa staining, nuclei with chromatin condensation and formation of apoptotic bodies were observed in cells cultured with 1.00  $\mu\text{M}$  GA for 24 h. In contrast, very few were observed in the control culture (Figure 2B).

After K562 cells were treated with GA in different concentrations for 24 h, cell populations in both early and late apoptotic phases increased comparing with apoptotic cells in vehicle-treated control ( $p < 0.05$ , Figure 3A). Apoptosis was also observed in MNCs but to a much less extent than in K562 cells ( $p < 0.05$ , Figure 3B).

As displayed in Figure 4, apoptotic cells number (DAPI-stained TUNEL-positive cells) of K562 cells was increased compared with untreated group. Apoptosis determined after 24 h treatment was increased by 0.5  $\mu\text{M}$  GA in K562 cells, and the cell

death was further increased in the presence of 0.75  $\mu\text{M}$  GA treatment which cause about some of apoptotic cell death itself; this trend continues at 1.00  $\mu\text{M}$  GA.

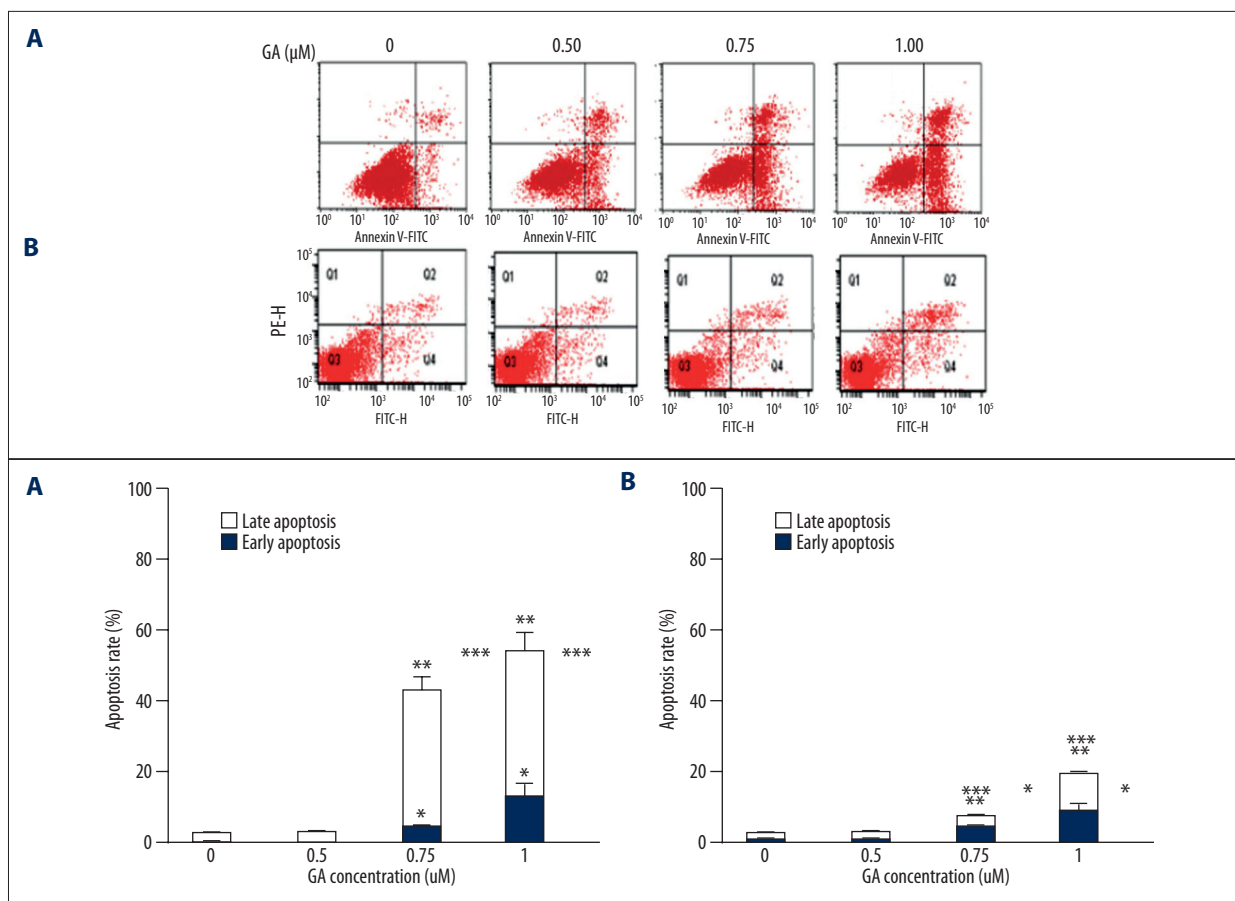
### Western blotting

To investigate the apoptotic mechanisms activated by GA, we used western blotting to measure the expression of the death receptors and corresponding pro-apoptotic ligands, as well as the expression of the BCL2. As shown in Figure 5, the protein levels of PI3K, P-AKT, c-myc and NF- $\kappa\text{B}$  expression were markedly decreased in the GA-treated K562 cells, similarly the levels of anti-apoptotic BCL-2 expression were significantly inhibited in response to the GA treatment in a concentration-dependent manner. Besides, the level of AKT expression was relatively unchanged in response to GA treatment.

### Discussion

In this study, we analyzed effects of GA on proliferation and apoptosis of the human leukemia cell line K562 and MNCs. Dramatically growth inhibition of GA on K562 cells was observed by CCK-8 assay and the biggest inhibitory rate was 63% (Figure 1A). Unlike K562 cells ( $p < 0.05$ ), the significant growth inhibition MNCs were not found in MNCs (Figure 1B, 1C). The following experiments demonstrated that cell death was partly caused by the apoptosis induction and down-regulation of pivotal proteins by GA.

Discovery of novel agents with anticancer activity from natural resources has gained significant importance in cancer prevention and therapy. The number of natural compounds with



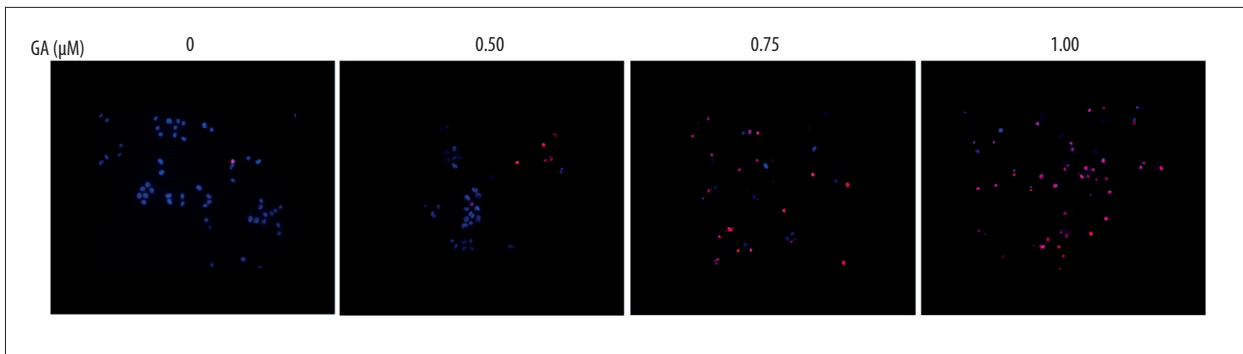
**Figure 3.** Fluorescence-activated cell sorter analysis for Annexin-V and PI staining of K562 cells (A) and MNCs (B); early apoptotic cells were localized in the lower right quadrant of the dot-plot graph, \* $p < 0.05$  vs. 0 μM group, early apoptotic rate; \*\* $p < 0.05$  vs. 0 μM group, late apoptotic rate; \*\*\* $p < 0.05$  vs. 0 μM group, total apoptotic rate.

anticancer properties discovered and tested is increasing exponentially [15]. GA, an active compound extracted from the gamboge resin of *Garcinia hanburyi*, was selected for further study due to its potent antitumor activities [1]. According to previous study, GA has potent antitumor activities against Lewis lung carcinoma, cultured human hepatocellular carcinoma cells, and human gastric adenocarcinoma [1,3,16]. The inhibition of GA on human gastric cancer line BGC-823 was confirmed and the result was also confirmed *in vivo* [3]. The potential role of GA to reverse docetaxel resistance through down-regulation of surviving made it an attractive new agent for the chemosensitization of cancer cells [17]. A recent study discussed the results of a phase II trial of GA in solid cancer therapy, suggesting an alternative strategy to overcome imatinib resistance [18]. In the present study, we detected whether or not GA could inhibit proliferation of human leukemia cell line K562 and MNCs. Data obtained from CCK-8 assay showed that GA exerted significant inhibition of the proliferation of K562 cells in dose-dependent and time-dependent manners. However, those changes and tendency did not appear in MNCs, which suggests GA could induce tumor cell death selectively with less toxicity to normal cells.

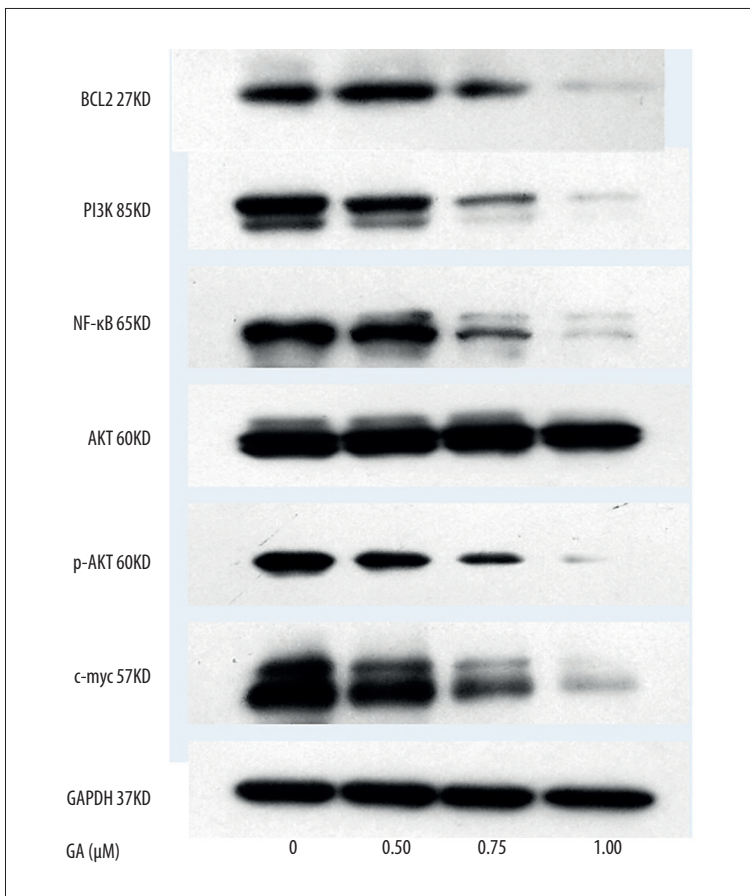
Apoptosis represents a major protective mechanism against cancer [19], and morphologic observation indicated that GA could induce apoptosis on K562 cells (Figure 2). As we all know, an early indicator of apoptosis is the rapid translocation and accumulation of the membrane phospholipid phosphatidylserine from the cytoplasmic interface of membrane to the extracellular surface [13]. This loss of membrane asymmetry can be detected by using the binding properties of Annexin V. To identify apoptosis, we used an Annexin V antibody, which was conjugated with a fluorescein isothiocyanate (FITC) fluorescent dye. MNCs were treated as the same methods. The results revealed that GA could accelerate the apoptosis of K562 cells, which was consistent with cellular morphological examination. Besides, GA could also promote the apoptosis of MNCs, but the function was less obvious than that on K562 cells.

Activation of apoptosis pathways is a key mechanism by which cytotoxic drugs kill tumor cells. There are two major apoptosis signaling pathways, mitochondrial and death receptor pathway. The Bcl-2 family is composed of both pro-apoptotic and anti-apoptotic family members. The best characterized anti-apoptotic





**Figure 4.** Apoptosis analysis of TUNEL and DAPI for K562 cells treated with the indicated concentrations of GA for 24 h.



**Figure 5.** Effects of GA treatment on levels of pivotal proteins in K562 cells. Cells were treated with the indicated concentrations of GA for 24 h. All experiments were repeated 3 times.

proteins, BCL-2 and BCL-xL, appear to directly or indirectly preserve the integrity of the outer mitochondrial membrane, thus preventing cytochrome c release and cell death initiation through the mitochondrial pathways [20,21]. Moreover, the anti-apoptotic BCL2 gene is reported to be overexpressed in 65 to 70 percent of Chronic Lymphocytic Leukemia [22,23]. To further discuss the exact molecular mechanism of death induced by GA, some pivotal proteins were detected by western blotting. Our results showed that treatment with GA resulted in down-regulation of BCL-2, which suggested GA might induce cell apoptosis through suppressing mitochondrial pathways. Traditional

clinicopathologic factors and several interesting molecules, including phosphatidylinositol 3-kinase (PI3K) [24], oncogenes such as c-myc [25], and nuclear factor-kappa B (NF-κB) have been reported to correlate to the prognosis of leukemia patients. Previous studies have also revealed numerous cellular proteins (e.g., c-myc, PI3K and AKT) were targeted by GA in several cell lines [2,26,27]. We subsequently examined the expression of pivotal genes, which are associated with cell proliferation and apoptosis. As expected, our results supported the hypothesis that the expression levels of NF-κB, c-myc, PI3K and p-AKT were all down-regulation by GA in K562 cells.

In the final, we would like to discuss some weak points of our study, of which we are conscious at present. It is also known that anti-sense targeting of survivin gene expression results in inhibition of cellular proliferation [28], whereas survivin over-expression promotes cell cycle entry with an accelerated S phase shift and resistance to G1 arrest [28,29]. The relationship between induction of apoptosis by GA and inhibition of the cell cycle in K562 cells were not studied. Further studies will include this point to validate the findings of the study.

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## Conclusions

In summary, our present findings demonstrated that GA could induce K562 cells death selectively with less toxicity to normal cells. GA might trigger K562 cells death via the mitochondrial apoptotic pathway. Besides, GA induced cell death through down-regulation of NF- $\kappa$ B, c-myc, PI3K and p-AKT. Our results provide a basis for developing GA into a potential therapeutic agent for the treatment of human leukemia. Yet it remains to be continued to study the mechanisms of in detail and confirmed *in vivo*.