# Title

Severe SARS-CoV-2 infection in humans is defined by a shift in the serum lipidome resulting in dysregulation of eicosanoid immune mediators

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## Abbreviations

LM-eicosanoid and docosanoid lipid mediators, PE-phosphatidylethanolamine, LPE- lyso-PE, PCphosphatidylcholine, LPC-lyso-PC, PS-phosphatidylserine, PE(O) or PE(P)- plasmenyl or plasmanyl plasmalogen, TAG- triacylglycerol, DAG-diacylglycerol, MAG-monoacylglycerol, CE-cholesterol ester, Cer-



Preprints are preliminary reports that have not undergone peer review. They should not be considered conclusive, used to inform clinical practice, or referenced by the media as validated information. ceramide, DCer- dihydroceramide, HCer-hexosylceramide, LCer-lactosylceramide, SM-sphingomyelin, FAC-frees fatty acid, Rv-resolvin, LX-lipoxin, LT-luekotriene, HETE- hydroxyeicosatetraenoic acid, HEPEhydroxyeicosapentaenoic acid, HDHA- hydroxydocosahexaenoic acid, HDPA- hydroxydocosapentaenoic acid, PG-prostaglandin, PD- D-series protectin, TxB2- Thromboxane B2, LC-MS/MS- liquid chromatography tandem mass spectrometry, CBA- cytometric bead array, PCA- principle component analysis, PLSDA- partial least square discriminant analysis

## 1 Introductory Paragraph

2 The COVID-19 pandemic has affected more than 10 million people worldwide with mortality exceeding 3 half a million patients. Risk factors associated with severe disease and mortality include advanced age, 4 hypertension, diabetes, and obesity.<sup>1</sup> Clear mechanistic understanding of how these comorbidities 5 converge to enable severe infection is lacking. Notably each of these risk factors pathologically disrupts 6 the lipidome and this disruption may be a unifying feature of severe COVID-19.<sup>1-7</sup> Here we provide the 7 first in depth interrogation of lipidomic changes, including structural-lipids as well as the eicosanoids and 8 docosanoids lipid mediators (LMs), that mark COVID-19 disease severity. Our data reveal that 9 progression from moderate to severe disease is marked by a loss of specific immune regulatory LMs and 10 increased pro-inflammatory species. Given the important immune regulatory role of LMs, these data 11 provide mechanistic insight into the immune balance in COVID-19 and potential targets for therapy with 12 currently approved pharmaceuticals.<sup>8</sup>

14 Main Text

15 Lipids function in disease to rearrange cellular signaling structures, modify metabolic processes, absorb 16 reactive species, and act directly as both autocrine and endocrine ligands in the regulation of the 17 immune system. Susceptibility to COVID-19 disease is strongly associated with pre-existing conditions 18 characterized by dysregulation of the lipidome and metabolome.<sup>4-6</sup> While several studies have examined 19 the systemic metabolic correlates of COVID-19, a well resolved interrogation of the lipidomic changes in 20 COVID-19 severity has not been pursued.<sup>9-12</sup> To measure lipidomic changes in COVID-19 and gain 21 mechanistic insights into how these changes may drive disease severity, we used serum draws from 19 22 healthy patients (healthy), 18 COVID-19 patients who did not require ICU admission (moderate) and 20 23 patients that required ICU admission (severe). The demographics, preexisting conditions, and treatment 24 details of these patients are indicated in Table 1. Lipid and metabolite measurements were made using 25 a series of targeted LC-MS/MS methods providing high-confidence feature identification.<sup>13,14</sup> 26 Importantly for lipidomic analysis, this enabled the resolution of acyl-chain length and degree of 27 unsaturation, which are both essential for understanding structural and functional rearrangement of the 28 lipidome. 29 Changes in primarily polar metabolites among COVID-19 patient cohorts from China, Italy, and France have been reported.<sup>9-12</sup> In agreement with those studies, we observed a dysregulation of amino acid 30 31 pools, interruption of the glucose to lactate balance, and dysregulation of nucleotide catabolic products 32 such as xanthine, hypoxanthine, and urate (Sup. Fig. 1a-d).<sup>9-12</sup> These indicators suggest a robust 33 xanthine oxidase stress response, associated with heart disease,<sup>15-17</sup> and likely reflect the degree of 34 hypoxia/hypoxemia in the patient, which is a known to be associated with COVID-19 mortality.<sup>18-22</sup> These 35 data also indicate broad agreement across international populations in metabolic correlates of COVID-36 19.

37 We next measured lipidomic profiles across severe and moderate COVID-19 infection along with the 38 healthy controls. To ensure comprehensive recovery of lipid classes, we utilized a modified chloroform 39 extraction method to recover both neutral and polar lipids.<sup>23-25</sup> By unbiased principle component 40 analysis (PCA), infected patients segregated from healthy in the negative ionization dataset but 41 overlapped in the positive ionization dataset (Sup. Fig. 2a-d). Group-biased partial least square 42 discriminant analysis (PLSDA) of the combined lipid dataset shows non-overlapping healthy and infected 43 separation across the primary axis of variance and a subgroup of severe patients that separate across 44 the secondary axis of variance (Fig. 1a). Specifically, the infected cohorts were associated with increased 45 levels of free poly-unsaturated fatty acids (PUFAs), rearrangement of certain sphingomyelins, and 46 decreased levels of PUFA-containing plasmalogens (Fig. 1b). Parallel univariate analysis revealed that 47 numerous neutral lipids significantly varied between severe and healthy controls, which may reflect 48 either changes in metabolism during infection or pre-infection differences in lipid levels due to pre-49 existing conditions such as obesity (Sup. Fig 2e-g). Minor patterns distinguishing both infected from 50 healthy cohorts and moderate from severe disease were observed across lysophospholipids (Sup. Fig. 51 2h-j), cholesterol esters (chol-est) (Sup. Fig. 2k-m), and sphingolipids (Sup. Fig. 2n-p). 52 Across all lipid classes, PUFA containing lipids were abundant amongst the pool significantly varied lipids 53 between COVID-19 patients and healthy controls (Fig. 1c-e). To examine the regulation of PUFAs 54 between lipid classes and patient groups, we categorized lipids containing C20:4, C20:5, C22:5 or C22:6, 55 which likely represent arachidonic acid (AA), eicosapentaenoic acid (EPA), docosapentaenoic acid (DPA), 56 and docosahexaenoic acid (DHA). Of these PUFA-containing families, changes in the C20:4 series were 57 overrepresented in infected cohorts and could distinguish the severe from the moderate disease 58 patients (Fig. 1c-e). Many of these differentially regulated C20:4 species were the same plasmalogen 59 species that drove separation between infected and healthy cohorts by PCA (Sup. Fig. 2b) and PLSDA 60 (Fig. 2b, f-h). Interestingly, the depletion of PUFA-containing plasmalogen and increased levels of the

61 corresponding free-fatty acids (FAC) indicates the disease progression from the moderate to the severe 62 disease across each PUFA family (Fig. 1i-l). Plasmalogen is known to be a primary pool of PUFAs in both 63 immune and structural cells.<sup>2,26</sup> Upon systemic immune activation, PUFAs are liberated from their parent 64 glycerolipids and subsequently converted to a wide variety of immune signaling eicosanoids and 65 docosanoids.<sup>27-32</sup> The balance between pro-inflammatory, immune-regulating, and pro-resolving lipid 66 mediators can drastically change the efficacy of the immune response during infectious and sterile 67 inflammatory diseases as well as during the successful resolution of inflammation following disease.<sup>33-35</sup> 68 Therefore, we assessed the correlation of the eicosanoid and docosanoid species with COVID-19 disease 69 severity. We targeted 67 eicosanoid and docosanoid species using LC-MS/MS and 15 cytokines by 70 Cytometric Bead Array (CBA) or ELISA to relate lipid changes to markers of disease severity. Eicosanoid 71 and docosanoid lipid mediator (LM) signals were assessed by comparison to standards and available 72 spectral libraries (Sup. Fig. 3-5).<sup>36</sup> PCA analysis of the combined LM and cytokine data showed separation 73 of infected and healthy cohorts and overlapping, but distinct, separation between moderate and severe 74 patients (Fig. 2a). Nearly all LMs measured were positively correlated with infection (Fig. 2b). Univariate 75 analysis showed significant enrichment of the majority of LMs measured in both the moderate and 76 severe groups (Fig. 2c, d). Interestingly, moderate and severe disease were characterized by unique 77 milieus of LMs and cytokines (Fig. 2b, e). Moderate disease was characterized by significantly higher 78 levels of the pro-resolving LM resolvin E3 (RvE3). Further, there was a trend toward increased presence 79 of the prostaglandin family members, particularly PGE2 (p= 0.105), PGFD2 (p= 0.220) and PGF2a (p= 80 0.242). In contrast, severe disease was characterized by a further increase in free PUFAs levels, AA-, EPA-81 , DPA and DHA-derived mono-hydroxylated species and AA-derived dihydroxylated species (Fig. 2c-e). 82 This shift in specific immune regulatory LMs in severe disease suggests that an imbalance of LMs may 83 contribute to disease progression. LMs are generated by a single or a series of oxygenase mediated 84 conversions of the parent PUFA. To examine the potential contribution of each oxygenase enzyme to

the severe disease phenotype we grouped LMs according to synthesis pathway (Fig. 2g-k). Several LMs
are shared between multiple enzyme groups as they require sequential stereospecific hydroxylations.
This grouping revealed that moderate disease was characterized by higher cyclooxygenase activity (COX)
as well as certain products of ALOX12 while severe disease is characterized by greater activity of ALOX5
and cytochrome p450 (CYP) enzymes. This is good agreement with previous observations from
influenza, which associated symptom severity with ALOX5 activity.<sup>37</sup>

91 COVID-19 comorbidities including obesity, age, heart disease, and diabetes are characterized by 92 dysregulation of the homeostatic lipidome.<sup>1,3</sup> To assess the correlation of these conditions with the 93 shifts in LM pools and their glycerolipid precursors, we overlaid age, sex, BMI, diabetes, heart disease, 94 survival, and antiviral treatment onto the separate PCAs (Sup. Fig. 7-15). Age and sex were evenly 95 distributed across the infected cohort on all PCAs (Sup. Fig. 7, 8). Of the treatments examined, only 96 remdesivir showed a negative correlation with the disease severity (Sup. Fig. 9-11). BMI, diabetes, heart 97 disease and morbidity segregated with the severity of disease across all datasets (Sup. Fig. 12-15). From 98 this study, it is likely that the lipidomic imbalance associated with severe disease is at least partially a 99 consequence of homeostatic disruption of the lipidome due to these pre-existing conditions. It is likely 100 that these pre-existing lipidomic imbalances are further exacerbated during COVID-19 through 101 dysregulation of the LM response resulting in severe disease, impaired resolution and persistent 102 inflammation. 103 Elevation of ALOX5- and CYP-dependent LMs in severe COVID-19 patient sera suggested systemic 104 upregulation of these pathways. To examine the cellular origin of these enzymes in COVID-19 patients, 105 we interrogated a published single cell RNAseq dataset of COVID-19 patient PBMCs for expression of

106 ALOX and CYP genes (Sup. Fig. 6a, b).<sup>38</sup> ALOX5 expression was detected in most of the 20 cell types

107 identified (Fig. 3a-b) with the highest expression in CD14 monocytes, CD16 monocytes, neutrophils, B

108 cells, and DCs (Fig. 3c). ALOX5 expression was significantly increased in neutrophils and trended upward

- 109 in CD14 monocytes, CD16 monocytes, and developing neutrophils (a population found almost
- 110 exclusively in diseased individuals) from COVID-19 patients compared to healthy controls. Interestingly,
- 111 severe COVID-19 is characterized by elevated *ALOX5* expressing monocyte/macrophage population and
- 112 depletion of lymphocyte populations.<sup>38-40</sup> The absence of CYP genes in the blood was consistent with
- 113 the primarily hepatic localization of these enzymes.<sup>41</sup> These data suggest a systemic dysregulation of
- 114 ALOX5 and further support the metabolic dysregulation of the liver in severe disease.<sup>42</sup>

## 116 Conclusion

117 These results provide the first detailed lipidomic understanding of COVID-19 disease progression and 118 represent one of the first combinations of bulk lipidomic and eicosanoid data to map mobilization of 119 lipids in human infectious disease.<sup>7,37</sup> We provide evidence that a systemic lipid network consisting of 120 liberated PUFAs from plasmalogen and their subsequent conversion to LMs, capable of modulating 121 inflammatory responses, characterizes both the onset and severity of COVID-19. Specifically, the loss of 122 the immune regulatory prostaglandins and the increased production of AA-derived products of ALOX5 123 and cytochrome P450 provides both a measure of disease severity and a mechanistic understanding of 124 the immune balance allowing for patient recovery. <sup>43</sup> Importantly, these pathways are directly 125 targetable with drugs previously approved for use in other inflammatory conditions and, thus, provide 126 therapeutic opportunities to control severe COVID-19.27,31

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## 141 Author Contributions

142 B.S., L.S., C.D.C and C.M.B. conceived of experiment. L.S., X.P., S.B., A.C.M, S. F. and A.I.K and the Yale 143 IMPACT Team enrolled patients and collected samples. B.S., L.R. and I.L. extracted samples and collected 144 data. B.S. conducted metabolomics and lipidomics analysis. L.R. conducted single cell RNAseq analysis 145 and cytokine analysis. B.S., L.R., L.S., C.D.C. and C.M.B wrote the manuscript. Yale Impact team: (Listed in 146 alphabetical order) Kelly Anastasio, Michael H. Askenase, Maria Batsu, , Sean Bickerton, Kristina Brower, 147 Molly L. Bucklin, Staci Cahill, , Yiyun Cao, Edward Courchaine, , Giuseppe Deluliis, John Fournier, Bertie 148 Geng, Laura Glick, Akiko Iwasaki, Nathan Grubaugh, Chaney Kalinich, William Khoury-Hanold, Daniel 149 Kim, Lynda Knaggs, Maxine Kuang, Eriko Kudo, Joseph Lim, Melissa Linehan, Alice Lu-Culligan, , Anjelica 150 Martin, Irene Matos, David McDonald, Maksym Minasyan, M. Catherine Muenker, Nida Naushad, Allison 151 Nelson, Jessica Nouws, , Abeer Obaid, Camilla Odio, Saad Omer, Isabel Ott, Annsea Park, Hong-Jai Park,

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- 155 Yang
- 156 **Competing Interests**
- 157 The authors declare no competing interests

- 159 Materials and Methods
- 160 Ethics Statement
- 161 This study was approved by Yale Human Research Protection Program Institutional Review Boards
- 162 (FWA00002571, Protocol ID. 2000027690). Informed consents were obtained from all enrolled patients.
- 163 The healthy blood samples were obtained under the protocol (HIC 0901004619) before the onset of
- 164 COVID-19 outbreak.
- 165 Chemicals
- 166 Tributylamine was purchased from Millipore Sigma. LCMS grade water, methanol, isopropanol,
- 167 chloroform and acetic acid were purchased through Fisher Scientific. All lipid mediator standards were
- 168 purchased from Cayman Chemical.
- 169 Kits and Reagents
- 170 CBA kits were purchased from BD Biosciences.
- 171 Patient cohort and serum collection
- 172 Patients were recruited among those who were admitted to the Yale-New Haven Hospital between
- 173 March 18th and May 9th, 2020 and were positive for SARS-CoV-2 by RT-PCR from nasopharyngeal
- 174 and/or oropharyngeal swabs. Patients in this study were enrolled through the IMPACT biorepository
- 175 study after obtaining informed consent. Basic demographics and clinical information of study
- 176 participants were obtained and shown in Table 1.
- 177 Prior to thawing, all samples were gamma-irradiated (2 MRad) to inactivate potential infectious virus.
- 178 Sample processing for aqueous, organic, and lipid mediator extraction
- 179 For all LCMS methods LCMS grade solvents were used. Sample order was randomized throughout each
- 180 extraction. For aqueous and organic metabolites, 50 μL patient serum was aliquoted directly into 400 μL
- 181 of ice-cold methanol and 500  $\mu$ L of ice-cold chloroform was added. Samples were agitated by shaking for

182 20 minutes at 4 °C and subsequently centrifuged at 16k xg for 20 minutes at 4 °C to induce layering. The

183 top (aqueous) layer and bottom (organic layer) were collected. The aqueous layer was diluted 1:10 in

184 50% methanol in water and prepared for LCMS injection. The organic layer was taken to dryness in a

185 Savant<sup>™</sup> DNA120 SpeedVac<sup>™</sup> concentrator (Thermo Fisher) and stored at -80 °C until analysis. At time of

186 analysis, samples were resuspended in 500  $\mu$ L of 5  $\mu$ g/mL butylated hydroxytoluene in 6:1

187 isopropanol:methanol and further diluted 1:3 in the same solvent combination for LC-M/MS injection.

188 Lipid mediators sample processing and extraction

189 Lipid mediators were extracted from patient serum as previously described.<sup>44</sup> Briefly 100 μL of serum

190 was aliquoted on ice and 1 ng each of d8-5-HETE, d5-RvD2, d5-LXA4, d4-LTB4, d4-PGE2 was added to

191 each sample followed by 400  $\mu$ L of ice-cold methanol. Samples were incubated for 30 min at -20 °C to

allow precipitation of protein. Samples were centrifuged at 10k xg for 10 minutes and the supernatant

193 was collected in a fresh tube.

194 Solid phase extraction columns (Sep-Pak<sup>®</sup> 3 mL, 200 mg, C18, Waters Corporation) were conditioned in

vacuum manifold with 10 mL of methanol followed by 10 mL of water. One at a time to each

196 supernatant, 9 mL of acidified water (pH 3.5 with hydrochloric acid) was added and the samples was

197 quickly loaded onto column. The column was then washed to with 10 mL of water. Once samples were

198 loaded, columns were washed with 4 mL of hexanes and then lipid mediators were eluted with 8 mL of

199 methyl-formate. Samples were dried under nitrogen and resuspended in 100 μL of 1:1 water:methanol.

- 200 For LC-MS analysis 30 μL of each sample was injected.
- 201 LC-MS/MS analysis

Aqueous metabolite, lipid, and lipid mediator samples were analyzed using a series of targeted multiple reaction monitoring (MRM) methods. All samples were separated using a Sciex ExionLC<sup>™</sup> AC system and
 analyzed using a Sciex 5500 QTRAP<sup>®</sup> mass spectrometer.

205 Aqueous metabolites were analyzed using a previously established ion pairing method with 206 modification.<sup>14</sup> Quality control samples were injected after every 10 injections and assessed for signal 207 stability. Samples were separated across a Waters Atlantis T3 column (100Å, 3 μm, 3 mm X 100 mm) and 208 eluted using a binary gradient from 5 mM tributylamine, 5 mM acetic acid in 2% isopropanol, 5% 209 methanol, 93% water (v/v) to 100% isopropanol over 15 minutes. Analytes were detected in negative 210 mode using two distinct MRM pairs for each metabolite when possible. After signal confirmation only 211 one of the MRM signals was taken forward for analysis. Heavy labeled standards were not utilized given 212 the breadth of targets, thus relative quantification was performed. Fidelity of select signals including 213 retention time and spectra was confirmed by comparison to a synthetic molecular reference. 214 Lipid samples were analyzed using a previously established HILIC method with modification.<sup>13</sup> Samples 215 were separated on a Water XBridge<sup>®</sup> Amide column (3.5 µm, 3 mm X 100 mm) and eluted using a 12 216 minute binary gradient from 100% 5 mM ammonium acetate, 5% water in acetonitrile apparent pH 8.4 217 to 95% 5 mM ammonium acetate, 50% water in acetonitrile apparent pH 8.0. Target lipids were 218 detected using scheduled MRM. Lipid signals were divided into two methods utilizing either negative 219 mode or positive mode and a separate injection was analyzed for each method. Both datasets were 220 separately normalized using total-area sum to correct for instrument drift. 221 Lipid mediators were analyzed using a previously established reverse phase method with 222 modifications.<sup>44</sup> Samples were separated on a Waters Atlantis T3 column (100Å, 3 μm, 3 mm X 100 mm) 223 and using a binary gradient of A: 0.01 % acetic acid in water and B: 0.01 % acetic acid in methanol. 224 Samples were eluted over 20 min from 40-100 % B. Samples were detected in negative mode using 225 previously published MRM pairs and source conditions.<sup>36</sup> Triggered spectra were collected using 226 enhanced-product ion scans and rolling collision energy. A blank and a standard mix were serially 227 injected every 10 injections. Standard mix consisted of each of the following compounds at 10 ng/mL: 228 RvE3, LXA4, LXA5, LXB4, PGE2, PGD2, PGF2a, TxB2, PD1, RvD5, Maresin 1, LTB4, 5,15-DiHETE, 14-HDHA,

18-HEPE, AA, EPA, DHA. Spectra and comparison to authentic standards was used to confirm signalidentity.

231 Spectral confirmation was not possible for RvD2, RvD3, LXA5, RvD6, 8,9 DiHETrE, 12-HHT, 11-HETE, 11-

HEPE, 7-HDPA, 13-HDPA, 14-HDPA, 17-HDPA, 7-HDHA, 13-HDHA, 17-HDHA and 21-HDHA but identity

was assessed by comparison to related standards. These signals were regarded as lower confidence but

were used for class comparison of the LMs and multivariate analysis.

All signals were integrated using MultiQuant<sup>®</sup> Software 3.0.3. In total 1,414 molecules were targeted

across a water-soluble metabolite method and two organic-extracted lipid methods in either positive or

237 negative ionization modes. Of these 716 features were judged to be positively detected by visual

238 inspection, missing value filtering (50% cut-off) and QC coefficient of variance filtering (40% cut-off after

239 normalization). Remaining missing values were replaced with the minimum group value for that feature.

240 For aqueous and lipid mediator datasets signal quality was judged visually and signal stability was

assessed by QC or repeat injection of a standard mix. Lipid mediator data was normalized to internal

242 heavy isotope standards as previously described.<sup>44</sup>

243 Univariate and multivariate analysis was performed in MarkerView<sup>®</sup> Software 1.3.1. The aqueous

244 dataset and the combined lipid mediators/cytokine dataset data were autoscaled prior to multivariate

245 analysis in order to visualize the contribution of low ionization efficiency species and difference of scales

between the cytokine and lipid mediator measurements. Lipid datasets were pareto scaled to avoid

247 overrepresenting low abundance signals within each lipid class. For all univariate analysis an unpaired t-

test was used. For univariate analysis of the LM/cytokine set a single moderate group patient was

excluded by an extreme studentized deviate test for analysis of PGE2 (z = 4.58).

250 Quantification of cytokine and chemokine levels

251 The serum concentration of IFN-α, IFN-γ, IL-1β, IL-2, IL-4, IL-6, IL-8, IL-10, IL-12/IL-23p40, IL-17A, MIP-1α,

252 RANTES, TNF- $\alpha$ , and MCP-1 was determined using a cytometric bead array according to the

- 253 manufacturer's instructions (BD Biosciences). The serum concentration of IL-1α was determined by an
- 254 ELISA according to the manufacturer's instructions (R & D Systems).

## 255 Single cell RNA sequencing analysis

- 256 The published single cell RNA sequencing dataset from Wilk, et al Nature Medicine 2020 was
- downloaded from the COVID-19 Cell Atlas (<u>https://www.covid19cellatlas.org/#wilk20</u>).<sup>38</sup> Data was read
- into Seurat v3.0 and each cluster's cellular identity was annotated per Wilk, et al Nature Medicine
- 259 2020.<sup>38</sup> Expression levels of ALOX and CYP genes within specific cell types in healthy controls and COVID-
- 260 19 patients was visualized using Seurat's DotPlot feature. *ALOX5* expression levels in specific cell types
- 261 was visualized using the VInPlot feature A Mann-Whitney test was used to determine statistical
- 262 differences in gene expression between healthy and COVID samples.

## 263 Patient Statistics

- 264 Demographic data is presented as either counts and percentages (for categorical data) or means and
- 265 standard deviations (for continuous data). To investigate the difference in the control, moderate and
- severe groups, GraphPad Prism (version 8.4.2) was used. The results were compared using the chi-
- square test or Fisher's exact test for categorical variables and one-way analysis of variance (ANOVA) or
- 268 unpaired t test was used for continuous variables. A p-value of less than 0.05 was considered statistically

significant.

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376 Figure Captions

377 Figure 1. Mobilization of plasmalogen-derived PUFAs correlates with the disease severity in COVID-19. 378 (a) Supervised PLSDA analysis of the healthy, moderate and severe disease groups and (b) the 379 corresponding feature loading plot. (c-e) Comparison of moderate to healthy (c), severe to healthy (d) 380 and severe to moderate (e) by unpaired t-test with PUFA classes overlaid. Overlaid data series 381 correspond to lipid species containing at least one copy of C20:4 (blue), C20:5 (orange), C22:5 (purple) 382 or C22:6 (red) acyl chains. (f-h) Comparison of moderate to healthy (f), severe to healthy (g) and severe 383 to moderate (h) by unpaired t-test with plasmalogen lipid series overlaid in red. For (c-h) cutoff lines 384 indicate a positive or negative 2-fold change and a p-value of 0.05. (i-l) Heatmap of the autoscaled mean 385 intensity of each patient group for significantly varied lipids (p<0.05) containing C20:4 (i), C20:5 (j), C22:5 386 (k), and C22:6 (I). Color scale is consistent for (i-I).

387

388 Figure 2: A unique milieu of LMs defines moderate and severe COVID-19 disease. (a) Unsupervised PCA 389 of autoscaled combined lipid mediator and cytokine dataset and (b) corresponding feature loading plot. 390 (c-e) Univariate comparison of moderate disease to healthy (c), severe disease to healthy (d) and severe 391 to moderate disease (f) by unpaired t-test. Cutoff lines indicate a positive or negative 2-fold change and 392 a p-value of 0.05. For (b-f) species are colored by class as cytokine (cyan), arachidonic acid-derived (AA-393 derived, blue), eicosapentaenoic acid-derived (EPA-derived, orange), docosapentaenoic acid-derived 394 (DPA-derived, purple) or docosahexaenoic acid-derived (DHA-derived, red). (f-k) Heatmaps of the 395 autoscaled mean for each patient group across cytokines (f), molecules synthesized by ALOX5 (g), 396 ALOX12 (h), ALOX15 (i), Cyclooxygenases (j) or cytochrome P450 (k). Color scale is consistent across (f-397 k).

398

- 399 Figure 3. Human PBMCs from COVID-19 patients are enriched for *ALOX5* expressing cells and express
- 400 **higher levels of** *ALOX5.* **(a)** UMAP dimensionality reduction plot of a published human PBMC single-cell
- 401 RNA Seq dataset (Wilk, et al *Nature Medicine* 2020) identifying twenty cell types. (b) UMAP depicting
- 402 ALOX5 expressing cells in blue. (c) Violin plots indicating ALOX5 expression levels within specific cellular
- 403 populations in healthy (blue) or COVID (red) PBMCs. Statistical significance was determined by a Mann-
- 404 Whitney test; \* p < 0.05. \*\* p< 0.01.
- 405
- 406

# 407 **Table 1. Patient demographics, preexisting conditions and treatment distributions.** Patient data were

- 408 compared using the chi-square test or Fisher's exact test for categorical variables and one-way analysis
- 409 of variance (ANOVA) or unpaired t test was used for continuous variables.

	Healthy	Moderate	Severe	n-value		
	(n=19)	(n=18)	(n=20)	p-value		
Demographics						
Mean Age ± SD	42.7 ± 14.92	60.56 ± 14.11	63.6 ± 15.17	< 0.001		
(Range)	<b>(21-72</b> )	(26-92)	(32-91)			
Mean BMI ± SD		29.65 ± 8.37	31.08 ± 5.84	0.5402		
(Range)		(19.49-55.04)	(22.87-44)			
Gender, n (%)				0.6391		
Male	9 (47.37%)	11 (61.11%)	12 (60%)			
Female	10 (52.63%)	7 (38.89%)	8 (40%)			
Race, n (%)				0.8932		
White	<b>15 (78.95%</b> )	13 (72.22%)	14 (70%)			
Black	<b>2 (10.53%</b> )	2 (11.11%)	3 (15%)			
Hispanic	1 <b>(</b> 5.26%)	2 (11.11%)	3 (15%)			
Asian	1 (5.26%)	1 (5.56%)	0 (0%)			
Comorbidities			·			
Heart disease		5 (27.78%)	10 (50%)	0.1983		
Hyperlipidemia		4 (22.22%)	6 (30%)	0.719		
Hypertension		10 (55.56%)	15 (75%)	0.3071		
Chronic lung		1 (5.56%)	4 (20%)	0.3436		
diseases		E (27 70%)	7 (250()	0 70 40		
Diabetes		5 (27.78%)	7 (35%)	0.7342		
Therapies						
Tociluzimab		9 (50%)	18 (90%)	0.0113		
Hydroxycloroquine		13 (72.22%)	20 (100%)	0.0171		
Steroids		2 (11.11%)	8 (40%)	0.0673		
Antiviral				0.5292		
Azatanavir		11 (61.11%)	13 (65%)			
Remdesivir trial		2 (11.11%)	4 (20%)			
Mechanical		0 (0%)	13 (65%)	<0.0001		
ventilation						
Intensive Care		0 (0%)	20 (100%)	<0.0001		
Unit						

Figure 1

TAG53:5-FA20:4-







