Novel vectors and approaches for gene therapy in liver diseases

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Summary

Gene therapy is becoming an increasingly valuable tool to treat many genetic diseases with no or limited treatment options. This is the case for hundreds of monogenic metabolic disorders of hepatic origin, for which liver transplantation remains the only cure. Furthermore, the liver contains 10–15% of the body's total blood volume, making it ideal for use as a factory to secrete proteins into the circulation. In recent decades, an expanding toolbox has become available for liver-directed gene delivery. Although viral vectors have long been the preferred approach to target hepatocytes, an increasing number of non-viral vectors are emerging as highly efficient vehicles for the delivery of genetic material. Herein, we review advances in gene delivery vectors targeting the liver and more specifically hepatocytes, covering strategies based on gene addition and gene editing, as well as the exciting results obtained with the use of RNA as a therapeutic molecule. Moreover, we will briefly summarise some of the limitations of current liver-directed gene therapy approaches and potential ways of overcoming them.

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Introduction

According to the latest definition by the American Society of Gene and Cell Therapy (ASGCT) in 2019, gene therapy (GT) is "the introduction, removal, or change in the content of a person's genetic code with the goal of treating or curing a disease".¹ This definition includes the standard GT approaches based on gene addition or supplementation, but also gene editing strategies to modify, to repair or to introduce DNA sequences into the cellular genome, as well as procedures that involve gene silencing using RNA interference or targeted nucleases (Fig. 1).¹

GT began in the 1990s as a promising therapeutic alternative for many genetic disorders, including inherited monogenic disorders.²⁻⁴ However, GT suffered major setbacks, including the unfortunate death of a young patient in a clinical trial evaluating the therapeutic efficacy of an adenoviral vector to treat ornithine transcarbamylase (OTC) deficiency and the development of leukaemia in some patients with severe combined immunodeficiency disorder treated with haematopoietic stem cells modified using retroviral vectors.^{4,5} Since then, the field has gone through a period of intense research on vector development, new GT therapeutic modalities and preclinical safety studies that have ultimately led to successful clinical applications. In the past 5 years several GT products with very different characteristics have been approved: antisense oligonucleotides (ASOs: Mipomersen, Nusinersen, Etaplirsen, Golodirsen), RNA interference (Patisiran, Givosiran, Lumasiran), lentiviral-transduced cells (Autologous



CD34+ cells transduced with a lentiviral vector containing the human ADA gene, Axicabtagene Ciloleucel, Tisagenlecleucel, brexucabtagene auto-leucel) or recombinant adeno-associated viral (AAV) vectors (Alipogene tiparvovec, voretigene neparvovec-rzyl, Onasemnogene abeparvovec).⁶⁻⁸ The most recent progress in GT for hepatic indications will be reviewed here.

GT can be divided into 2 modalities according to the administration procedure: *ex vivo* and *in vivo*. In *ex vivo* GT, the patient's cells are extracted, cultured, amplified, and modified with the vector of choice prior to being reinfused back into the patient. In *in vivo* GT, the therapeutic agent is administered directly to the patient using different routes of administration that may be systemic or local (Fig. 2). *In vivo* GT is more applicable to the treatment of hepatic disorders due to the limited ability to manipulate and expand hepatocytes *ex vivo*.

The liver is a critical organ for most metabolic pathways and thus the source of many inherited metabolic liver diseases (IMLDs). A common feature of all these disorders is a deficiency in the synthesis or functionality of proteins involved in biochemical pathways essential for metabolism. Conventional enzyme replacement therapy (ERT) is only available for a limited number of IMLDs and the only curative treatment option is orthotopic liver transplantation (OLT), which is limited by organ donor availability and involves lifelong immunosuppression. The fact that OLT can be curative supports the hypothesis that restoration of the expression of a defective protein in the liver Keywords: Non-viral vectors; viral vectors; gene addition; gene silencing; gene editing; hepatocytes; immune response; efficacy; toxicity

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can lead to a resolution of the disease. Thus, liver-directed GT and gene editing strategies have emerged as promising alternatives to OLT for IMLDs.⁹⁻¹¹ Furthermore, substrate reduction therapy (SRT) or metabolic pathway reprograming (MPR) are attractive strategies for several metabolic disorders associated with the accumulation of toxic metabolic products.^{12,13} Taking advantage of small-interfering RNA (siRNA) technology or target-specific gene editing with the goal of inhibiting key metabolic enzymes, new molecular-based approaches such as genetically based next-generation SRT or MPR are under development.^{12,13}

Importantly, the liver is a protein factory, secreting the majority of the most abundant proteins present in the circulation. Because of this property, the liver represents a potential bioreactor for the production of recombinant proteins.¹⁴ This is the case in the GT-based treatment of inherited bleeding disorders like haemophilia A (HemA) or B (HemB), but also ERT-treatable lysosomal storage diseases.^{15,16}

Owing to the large size and negative charge of genetic material, carrier vehicles are required to achieve delivery into the interior of target cells. There are 2 large families of vectors depending on their origin: viral and non-viral. In this review, we profile the latest advances in the development of approaches for liver-directed GT and some of their clinical applications.

Key points

- The liver is a very attractive organ for gene therapy because of its role in many essential metabolic functions, the natural hepatic tropism of many gene therapy vectors, and its capacity to act as a protein factory for distribution to the whole body.
- In this rapidly advancing field, an extended toolbox has become available for liver-directed gene delivery, including non-viral and viral vectors with high transduction capacity and specificity for hepatocytes.
- The use of RNA-mediated gene silencing and AAV-mediated gene delivery is transforming the potential therapeutic options for patients with inherited metabolic liver diseases.
- The combination of genome editing with viral and non-viral vectors is a powerful approach that may potentially represent a curative solution to many inherited disorders.
- The management of liver toxicity caused by the induction of an inflammatory response to gene transfer vectors is essential.
- New strategies to circumvent the inhibitory action of humoral and cellular immune responses against gene therapy vectors are under development, and their clinical testing will occur in the near future.

Non-viral vectors

Most non-viral vectors are composed of polymeric or lipid particles that package and protect genetic material in their interior to facilitate entry into the cell. The use of non-viral vectors offers



Fig. 1. Gene therapy strategies currently being used for the treatment of liver diseases can be divided into 3 main categories. Gene repair involves the correction of an existing mutation to restore the expression of the correct version of the protein. Gene supplementation (or addition) is simply the delivery of the correct version of the gene expressing the missing or defective protein. Gene silencing requires the elimination or reduction of the expression of a protein to reduce toxic metabolites.



Fig. 2. Gene therapy strategies. *Ex vivo* gene therapy starts with an extraction of cells that are transduced with the vector carrying the therapeutic gene and then reintroduced into the body. *In vivo* gene therapy is based on the direct administration of the gene delivery vector or genetic material to the organism and can utilise different types of vectors, including non-viral and viral vectors. AAV, adeno-associated virus.

several advantages over the use of viral vectors, such as their easily scalable production, a long shelf life, a theoretically unlimited size of the genetic material payload, and a better safety profile. The limitations of non-viral vectors are their poor efficiency at penetrating into the nucleus and their limited ability to achieve long-lasting transgene expression (Fig. 3).

Administration of naked genetic material

The simplest form of non-viral vector administration is via naked genetic material. However, this strategy is impaired by very low efficacy cell entry. In the case of hepatocytes, several methods can be used to improve this low efficacy of transfer. One of the most straightforward methods is hydrodynamic injection, which is based on the rapid injection of a relatively high volume of a solution that induces very high venous pressure in the liver and facilitates the entry of genetic material into the hepatocytes.^{17,18} This technique is commonly used for proof-of-concept studies in mice.¹⁹ Although hydrodynamic injections are difficult to translate to humans, intravascular hydrodynamic procedures with partial catheterisation have shown some success in large animals, such as pigs, sheep, and non-human primates (NHPs).^{19,20}

The introduction of naked DNA into the cell can be enhanced by several other technological methods, such as electroporation or ultrasound. The use of DNA by electroporation in the liver of rats was shown for the first time in 1996.²¹ Recently, liver electroporation has been used for the expression of α 1-antitrypsin (AAT) in AAT-deficient mice, resulting in a reduction of pulmonary emphysema.²² Transcutaneous ultrasound has been proven to be efficient for the delivery of genetic material to the liver of mice and pigs.^{23,24} So far, the use of these approaches in liverdirected GT is still restricted to experimental animal studies.

However, one of the main limitations of the administration of naked DNA, as with other approaches based on episomal delivery, is the rapid loss of transgene expression due to the loss of the genetic material in dividing cells or epigenetic silencing. To overcome this limitation, different strategies have been developed such as the introduction of stabilisation sequences, the use of transposons and more recently the use of gene editing endonucleases (Fig. 4). These strategies have also been used in combination with several other delivery methods explained below.

The use of stabilisation sequences is a potential workaround that has been explored. Scaffold matrix attachment regions (S/ MAR) are genomic DNA sequences that bind chromatin to the nuclear matrix during interphase and are involved in DNA replication and transcription.²⁵ DNA vectors containing a S/MAR sequence can provide persistent mitotic stability in dividing cells and avoid epigenetic silencing allowing for sustained transgene expression. However, despite the initial success of this strategy to achieve sustained transgene expression in the liver of mice and pigs,^{14,26} S/MAR has not yet reached clinical trials.

For permanent modifications to the cellular genome, 2 different strategies have been developed: transposons and gene editing nucleases. Discovered by Barbara McClintock in the 1940s,²⁷ transposons are DNA sequences that jump from one location in the genome to another. Transposon sequences are flanked by terminal inverted repeats (TIRs) that are recognised and cleaved by a transposase enzyme allowing their reinsertion into other locations. Thus, transposon systems have been modified to integrate therapeutic sequences into the host genome.²⁸ Currently, the most promising transposons for GT applications are derived from Sleeping Beauty (SB) or piggyBac (PB) systems.²⁹⁻

³² The SB transposon system has been shown to be efficient in treating murine models of HemA, HemB, AAT deficiency, β-glucuronidase (GUSB) deficiency (mucopolysaccharidosis (MPS) type VII, MPSVII), α-L-iduronidase (IDUA) deficiency (MPS type I, MPSI), and hereditary tyrosinemia (HT).^{29,30} Recently, the delivery of SB transposons by hydrodynamic injection into the liver of dogs resulted in high levels of IDUA and GUSB activity in the circulation. PB transposon-mediated delivery of factor VIII- or factor IX-

Review



Fig. 3. Non-viral and viral vectors used most frequently in liver-directed gene therapy. Each possesses varying characteristics, benefits, and limitations, which are essential for their selection in a wide variety of gene therapy applications.

encoding complementary DNAs in murine models of HemA and HemB resulted in the stable expression of circulating coagulation factors.^{31,32} Although of therapeutic interest, off-target integration of transposons should be carefully evaluated due to the potential risk of insertional mutagenesis.

Gene editing tools have greatly evolved in recent decades, creating new opportunities for the treatment of many genetic disorders. Three major platforms hold the most promise: zinc finger nucleases (ZFN), transcription activator-like effector nucleases (TALEN) and clustered regularly interspaced short palindromic repeats (CRISPR)/CRISPR associated protein 9 (CRISPR/Cas9).³³ Two clinical trials are currently ongoing that use ZFN gene editing for the treatment of MPSI and MPSII based on the integration of the therapeutic gene into the albumin locus

of hepatocytes.^{34,35} However, due to its simplicity, high efficiency, and easy customisation, CRISPR/Cas9 is the gene editing tool of choice nowadays.³⁶⁻³⁹ Several clinical trials using CRISPR/ Cas9 are ongoing or about to be initiated but most of them are based on *ex vivo* editing for the treatment of cancer, and a very small number target genetic diseases. Nevertheless, at the preclinical stage, the use of CRISPR/Cas9 targeting the liver is being applied to HemA and HemB via targeted therapeutic gene integration, and to glycogen storage disorder 1a (GSD1a) and AAT deficiency by precise correction of gene mutations.³⁸ Gene editing can also be used as a genetic MPR or SRT strategy, as has been shown for the treatment of familiar hypercholesterolemia (FH), primary hyperoxaluria type 1 (PH1), and tyrosinemia via the elimination of proprotein convertase subtilisin/kexin type 9



Fig. 4. Examples of several strategies that have advanced the field of gene therapy. Naked plasmid DNA, plasmid DNA containing S/MAR sequences, transposons, and gene editing nucleases (*e.g.* CRISPR/Cas9). dsDNA, double-stranded DNA; S/MAR, scaffold matrix attachment regions; ssDNA, single-stranded DNA; ssRNA, single-stranded RNA.

(PCSK9), glycolate oxidase (GO)/lactate dehydrogenase (LDH) expression, and hydroxyphenylpyruvate dioxygenase (HPD), respectively.³⁹⁻⁴¹

Chemically modified siRNA and antisense oligonucleotides

As we have described, some IMLDs lead to the accumulation of toxic metabolites. Patients affected by these disorders can benefit from SRT or MPR, for which siRNA or ASOs can serve as tools. Conjugates of N-acetyl-D-galactosamine (GalNAc) and siRNAs have been used for *in vivo* targeting of hepatocytes thanks to the specific binding to the asialoglycoprotein receptor (ASGPR).^{42,43} One of the most advanced therapies is the use of GalNac-siRNA targeting aminolevulic synthase 1 (*ALAS1*) mRNA for the treatment of acute hepatic porphyrias (AHPs).⁴⁴ ALAS1 is the first enzyme in the heme synthesis pathway and its

inhibition reduces the accumulation of toxic metabolites and the number of acute porphyria attacks. This same strategy has been used for the treatment of patients with PH1, reducing oxalate levels in urine by 75%. The products named Givosiran and Lumasiran have recently been approved by the FDA.^{44,45} GalNAc-modified siRNAs are also being developed for the treatment of acquired or hereditary hyperlipidaemias, chronic HBV infection, non-alcoholic steatohepatitis (NASH), GSD1a, and hereditary haemochromatosis.^{42,43}

A chemically modified ASO has already been approved by the FDA for the treatment of homozygous FH (Mipomersen). Mipormersen targets apolipoprotein B (*APOB*) mRNA and reduces circulating cholesterol levels.⁴⁶ GalNAc-modified ASOs are under development for the treatment of NASH by targeting the expression of serine/threonine protein kinase 25 (STK25) or fat-specific protein 27 (FSP27). They are also being developed for the inhibition of HBV replication.⁴⁷ Interestingly, ASOs have been shown to be very promising tools for the modulation of the expression of long non-coding RNAs (lncRNAs) which have been shown to play important roles in different liver pathologies.⁴⁸

Polycationic and lipid nanoparticles

Two major classes of non-viral vectors that have shown high efficiency in transferring genetic material to the liver are cationic polymers (polycations) and liposomal formulations.

Cationic polymers form nanoparticles with nucleic acids through electrostatic interactions, enabling the transport of nucleic acids into the cell. One of the most frequently used is polyethylenimine (PEI), which can mediate high transduction efficiencies.⁴⁹ Furthermore, the use of galactosylated PEI targeting the ASGPR proved to be very efficient in transducing human hepatic cell lines and the livers of mice and rats. PEI nanoparticles and derivatives have been used experimentally for the delivery of different drugs, including siRNA and microRNAs (miRNAs), for the treatment of liver malignancies, but no clinical studies have yet been performed.⁵⁰

Lipid nanoparticles (LNPs) have very similar composition to cell membranes. They are formed by amphiphilic lipids that when dispersed in an aqueous environment spontaneously form spherical structures with a hydrophilic interior. LNPs are a suitable carrier for nucleic acid delivery because of their excellent biocompatibility, biodegradability, low toxicity and immunogenicity, structural flexibility, and ease of large-scale preparation. The use of LNPs has experienced a significant resurgence in GT as vehicles for siRNA and mRNAs.⁵¹

However, the major challenge when developing LNP-based gene therapies is finding effective, tissue-specific delivery strategies.⁵² Traditionally, targeting is achieved by physically or chemically conjugating ligands for specific receptors onto the nanoparticle surface. A targeting approach was developed by binding a multivalent GalNAc-cluster to the LNP. These nanoparticles have been shown to deliver mRNA molecules to hepatocytes with high efficiency, correcting mouse models of genetic diseases such as methylmalonic acidemia (MMA), PH1, GSD1a, citrin deficiency, acute intermittent porphyria (AIP), maple syrup urine disease, arginase deficiency, OTC deficiency, and progressive familial cholestasis type 3 (PFIC3).⁵³⁻⁵⁹ The duration of action of a single dose of mRNA-LNP lasted between 2-3 weeks, requiring repeat administration to prolong a curative effect. These encouraging results supported the initiation of a phase I/II trial for the treatment of MMA (Table 1).

An interesting case of liver targeting using LNPs is Onpattro, an LNP composed of an ionizable cationic lipid, a phospholipid, cholesterol, and a polyethylene glycol (PEG)-lipid carrying an siRNA targeting transthyretin (TTR), for the treatment of TTRmediated amyloidosis.⁶⁰ This LNP is coated by the host apolipoprotein E (ApoE) that triggers its transport into hepatocytes via low-density lipoprotein receptor (LDLR)-mediated endocytosis. The treatment suppresses the deposition of amyloid fibrils and was approved as the first siRNA drug (patisiran) by the FDA in 2018 for the treatment of TTR-type familial amyloid polyneuropathy.⁶¹ A similar strategy is under clinical development for the treatment of elevated LDL-cholesterol and hypercholesterolemia using siRNA-LNPs targeting PCSK9 and ApoB, respectively.⁶² siRNA-containing LNPs are also being explored for the treatment of hepatocellular carcinoma (HCC) and chronic viral hepatitis infections. siRNAs targeting the oncogene MYC and polo-like kinase-1 (PLK1) have been tested in phase I/II clinical trials and though well tolerated have achieved limited antitumor effects.⁶³ Recently, a phase II clinical trial has been completed based on the inhibition of HBV replication using LNPs containing 3 chemically modified siRNAs that inhibit HBV antigen expression and replication in preclinical HBV infection models.⁶⁴

Additionally, LNPs are now being used for the delivery of gene editing molecules such as ZFNs and *Cas9* mRNA together with a single guide (sg)RNA. mRNA encoding ZFNs formulated into LNP have enabled >90% knockout of gene expression in mice by targeting the *TTR* or *PCSK9* gene for the treatment of TTR amyloidosis and FH, respectively.⁶⁵ More importantly, LNPs have been used for the delivery of ZFNs together with a viral vector carrying a promoterless DNA sequence capable of homologous recombination that can result in high levels of the integrated sequence.^{34,35} This strategy is being explored, as previously mentioned, for the treatment of MPS I and II (Table 1).

Viral vectors

To generate a viral vector for GT, the viral genes necessary for replication and those that cause pathogenicity are normally removed from the viral genome and replaced by the genetic sequence to be delivered. Maintaining the replicative capability of the virus is advantageous for some applications, such as for oncolytic or tumour cell killing viruses. Viral vectors that have been used for liver-targeted GT mainly include vectors based on AAVs, adenoviruses (Ads), retroviruses (RVs) and lentiviruses (LVs), as different vectors serve for different applications (Fig. 3).⁹⁻¹¹

Vectors based on AAVs

The AAV genome is a single-stranded DNA of 4.7 kb that contains 2 genes, rep (encoding the proteins involved in replication) and cap (encoding the viral capsid). Flanking the ends of the genome are inverted terminal repeats (ITRs) folded in a fork-shaped secondary structure that contain the replication initiation and termination sequences and the packaging signal. AAVs have some characteristics that make them ideal vectors for GT: replication deficiency, no human pathology associated with infection, and the requirement of co-infection with another virus such as adenovirus to complete their life cycle. In the absence of co-infection by another virus, the AAV genome is integrated into chromosome 19, in the so-called AAV locus, where it remains dormant.⁶⁶

To produce recombinant AAV (rAAV) vectors, the rep and cap genes are removed from the viral genome and replaced with therapeutic sequence with only the ITRs maintained.^{66,67} During the production process of rAAV, both rep and cap genes are provided in trans. The absence of rep results in the virus losing its ability to integrate, and once inside the nucleus the viral genome remains mostly episomal, which reduces the risk of insertional mutagenesis. Furthermore, using different cap genes, either naturally occurring or artificially designed, can result in AAV capsids with diverse properties in terms of their seroreactivity (serotypes) and tropism for different tissue or cell types. Of particular importance, in animal models most AAVs barely induce any immune response, which allows the infection to go unnoticed and the transduced cells to persevere unscathed, maintaining a durable expression of the therapeutic transgene. rAAVs can efficiently transduce quiescent cells such as

Table 1. Liver-targeted gene therapy clinical trials.

Indication	Sponsor	Therapeutic agent/route of administration	CT Phase	CT number
Haemophilia B	Avigen/CHOP	AAV2-F9WT/Hepatic artery	I/II	00076557
	SJCRH/UCL	AAV8sc-F9WT/iv infusion	Ι	00979238
	uniQure	AAV5-coF9WT/iv infusion	I/II	02396342
	Spark Therapeutics	AAV-SPARK100-F9Padua/iv infusion	I/II	0284096
	Shire Pharmaceuticals	AAV8sc-F9Padua/iv infusion	I/II	01687608
	uniQure	AAV5-coF9Padua/iv infusion	IIb	03489291
	Freeline	AAVS3-coF9Padua/iv infusion	I/II	03369444
	Dimension Therapeutics	AAVrh10-coF9WT/iv infusion	I/II	02618915
Haemophilia A	Biomarin Pharmaceutical	AAV5-coBDDF8/iv infusion	I/II	02576795
	Spark Therapeutics	AAVLK03-coBDDF8/iv infusion	I/II	03003533
	Pfizer	AAV6-coBDDF8/iv infusion	I/II	03061201
	UCL/SJCRH	AAV8-coF8/iv infusion	Ι	030018130
	Bayern	AAVhu37-coBDDF8/iv infusion	I/II	03588299
	Baxalta/Shire	AAV8-coBDDF8/iv infusion	I	03370172
OTC deficiency	University of Pennsylvania	Adeno-OTC/Hepatic artery	Ι	NCT00004498
	NICHD	Adeno-OTC/Intrahepatic injection	I	NCT00004386
	Ultragenix	AAV8-OTC (DTX301)/iv infusion	I/II	NCT02991144
Phenylketonuria	Homology Medicines	AAVHSC15-PAH (HMI-102)/iv infusion	I/II	NCT03952156
-	Biomarin Pharmaceutical	AAV5-PAH (BMN 307)/iv infusion	I/II	NCT04480567
Acute intermittent porphyria	DIGNA/Uniqure	AAV5 PBGD/iv infusion	I	NCT02082860
	Alnylam Pharmaceuticals	siRNA ALAS1 (Givosiran)/subcutaneous	I/II	NCT02452372
Methylmalonic acidemia	MODERNA	NLP-RNA MMA (mRNA3927)/iv	I/II	NCT03810690
	LogicBio Therapeutics	AAVLK03-MMA integrative/iv infusion	I/II	NCT04581785
Familial hypercholesterolemia	NCRR/UPENN	autologous hepatocytes/retrovirus LDL iv	I/II	NCT00004809
	Alnylam Pharmaceuticals	siRNA-PCSSC/subcutaneous	I/II	NCT02314442
	REGENX BIO/UPENN	AAV8-hLDLR/iv infusion	I/II	NCT02651675
Fabry	Freeline Therapeutics	AAV3S-αGLA/iv infusion	I/II	NCT04040049
	Sangamo therapeutics	AAV6-αGLA/iv infusion	I/II	NCT04046224
	4D Molecular Therapeutics	AAV4D-C102-αGLA/iv infusion	I/II	NCT04519749
	Sangamo Therapeutics	AAV6-ZFN IDUA/iv infusion	I/II	NCT02702115
	Sangamo Therapeutics	AAV6-ZFN IDS/iv infusion	I/II	NCT03041324
MPS type VI	Telethon Ins	AAV8-hARSB/iv infusion	I/II	NCT03173521
	Audentes Therapeutics	AAV8-hGAA/iv infusion	I/II	NCT04174105
	Spark Therapeutics	AAVx-hGAA/iv infusion	I/II	NCT04093349
	Asklepios Biopharceuticals	AAV8-hGAA/iv infusion	I/II	NCT03533673
Gangliosidosis GM1	Lysogene	AAVrh10-GLB1/iv infusion	I/II	NCT04273269
	NHGRI	AAV9-GLB1/iv infusion	I/II	NCT03952637
Danon disease	Rocket Pharmaceuticals	AAV9-LAMP2B/iv infusion	I/II	NCT03882437
GSD1a	Ultragenix Pharmaceuticals	AAV8-G6PC/iv infusion	I/II	NCT03517085
Von Gierke	-			
Wilson's disease	Vivet Therapeutics	AAVx-ATP7B/iv infusion	I/II	NCT03520751
Crigler-Najjar	Genethon-Selecta Bio	AAV8-UGT1a/iv infusion	I/II	NCT03466463
	Audentes	AAV8-UGT1a/iv infusion	I/II	NCT03223194
Primary hyperoxaluria type 1	Alnylam Pharmaceuticals	siRNA HAO (Lumasiran)/subcutaneous	III	NCT04125472

AAV, adeno-associated virus; CHOP, Children's Hospital of Philadelphia; NHGRI, National Human Genome Research Institute; NICHD, National Institute of Child Health and Human Development; SJCRH, St. Jude Children's Research Hospital; UCL, University College London; UPENN, University of Pennsylvania. Source: Clinicaltrials.gov, January 2021, (x: nondisclosed information).

hepatocytes.⁶⁸ However, in patients the administration of rAAV has been shown to activate T cell immune responses against the capsid protein that require the use of steroids to avoid the elimination of transduced hepatocytes.⁶⁹

AAV vectors of nearly all serotypes efficiently accumulate in the liver following intravenous administration due to their natural hepatic tropism.⁶⁸ However, the extent of vector particle accumulation does not necessarily correlate with the level of transgene expression.⁷⁰ Moreover, hepatotropism of each serotype differs depending on the species and the transduction efficacy observed in mouse models does not always translate to other species. In fact, studies performed in NHP and mice with humanised livers have revealed important differences in the transduction efficiency of different AAV serotypes between human/NHP and murine hepatocytes.⁷¹ To identify new capsids with increased capacity to transduce the human liver, different strategies to engineer the viral capsid have been explored. The simplest involves attaching ligands known to bind to specific receptors present on the surface of hepatocytes to the viral capsid.^{71,72} Chemical coupling of GalNAc ligands onto lysine residues present on the surface of the AAV capsid has been shown to enhance AAV binding to hepatocytes.⁷²

AAV capsid variants can also be generated through capsid libraries containing random modifications that are subjected to high throughput *in vitro* or *in vivo* selection screens.^{73,74} For this method, capsid libraries can be generated by the insertion of random peptides in specific domains of the capsid or by capsid shuffling. Using "humanised" mouse models is the preferred choice for optimising AAV vectors for human liver targeting, albeit without the ability to study the human host responses to the AAV. This screening system led to the creation of AAV-LK03,⁷⁵ a variant with improved *in vivo* tropism for human hepatocytes, which is currently being tested in a clinical trial for HemA (Table 1). The AAV-LK03 capsid protein has 98.9% sequence identity with the naturally occurring AAV3B, which was initially discarded for further development due to the low

transduction efficiency in mice.⁷⁶ Recently, several groups have been working on developing a new AAV capsid based on the AAV3B serotype.^{77–79} One result of this endeavour has been the identification of AAVS3, a serotype now in phase I/II clinical trials for HemB and Fabry disease.

Because of their many advantages, AAV vectors have emerged as the leading candidates for liver-targeted GT. The clear front runners in the clinical application of AAV gene delivery are therapies for HemA and HemB, in which the liver is used as a factory to produce the missing coagulation factor. Since the first clinical trial using a AAV serotype 2 vector to express coagulation factor IX for HemB, several trials have been performed on different naturally occurring or synthetic serotypes, including AAV5, AAV8, AAVrh10, AAVS3, AAV-Spark100, and AAV-Spark200 for HemA and HemB, with varying results (Table 1).79-84 While sustained protein expression was achieved in some, in others clinical development was discontinued due to safety issues or insufficient efficacy, highlighting the importance of a proper selection of the serotype and expression cassettes. Anyway, these studies showed that long-term liver transduction using AAV is possible and have paved the way for the use of rAAVs in the treatment of IMLD.9-11,66,67

The first IMLD experimentally treated with an AAV vector was FH via infusion of an AAV vector, carrying the very low-density lipoprotein receptor (*VLDLR*) gene, into the portal circulation of FH mice, which resulted in a 40% reduction in serum cholesterol and triglyceride. Importantly, the reduction was stable for the duration of the study. Since then, the number of studies reporting therapeutic efficacy in IMLD animal models has increased exponentially, with proof-of-concept studies for AIP, PH1, Wilson's disease (WD), MMA, propionic acidemia (PA), PKU, HT1, PFIC3, Crigler-Najjar (CN), GSD1a, and urea cycle disorders (UCDs). Albeit using different AAV serotypes, promoters and delivery routes, in general, all studies showed long-term therapeutic efficacy in the absence of major safety issues. ^{9–11,66,67}

The first clinical trial using AAV for an IMLD was for the treatment of AIP. Phase I data showed an excellent safety profile, but only moderate therapeutic effect.⁸⁶ Nowadays, different clinical trials for the treatment of IMLD are ongoing or about to start, including for PKU, OTC deficiency, CN, FH, Fabry, MPS type VI, Pompe, GSD1a, and WD (Table 1).

One of the limitations of AAV vectors is related to their episomal nature, which – while reducing their mutagenic potential – results in the loss of the vector genomes and concomitant loss of the therapeutic effect when administered to a growing or regenerating liver.⁸⁷ This is of particular importance for the treatment of the paediatric population. In order to avoid the disappearance of therapeutic vector genomes, several strategies are under development, such as the use of rAAV genomes containing homology arms for a safe integration in the cellular genome, the selection of AAVs with integration capacity, transposon-carrying AAVs, or the AAV-mediated delivery of gene editing systems.

The simplest strategy has been AAVs that induce spontaneous targeted integration in the albumin locus of a promoterless sequence carrying the therapeutic gene flanked by albumin homology arms.^{88,89} Using this approach, the therapeutic gene is placed upstream of the albumin stop codon resulting in the production of an mRNA that is translated into a chimera of albumin and the therapeutic protein. This strategy has been proven to be efficient in animal models of haemophilia, CN, AAT deficiency and MMA,⁹⁰⁻⁹² as well as reaching clinical trials to

treat patients with MMA. However, only ~1% of the hepatocytes are initially edited, thus this strategy is valid only when low levels of transduced hepatocytes are sufficient or when the edited hepatocytes have a selective advantage and can repopulate the liver. Unfortunately, this is not the case for the majority of IMLDs. This low efficiency of recombination has been improved by co-administration of an AAV-carrying specific CRISPR-Cas9 which introduces double-strand breaks in the albumin locus.⁹²

Alternatively, a group of new AAVs isolated from human CD34+ haematopoietic stem cells (named AAVHSCs) have recently been described; they are highly efficient at mediating homologous recombination in the absence of any associated nuclease. It has been shown that AAVHSC-mediated gene insertion can correct the disease phenotype in a PKU mouse model.⁹³ A phase I/II clinical trial has recently been initiated using AAVHSC15 in patients with late-onset PKU (Table 1).

The use of AAV vectors to deliver gene editing nucleases and donor templates for gene correction by homology-directed repair (HDR) is a field of intense interest.⁹⁴ HDR-based correction of point mutations has been achieved in a humanised mouse model of OTC deficiency.⁹⁵ AAV-mediated gene editing can also be utilised to reduce the expression of specific proteins, e.g. in MPR or SRT strategies. This approach has been successfully applied in animal models of FH and PH1 by suppressing the expression of PCSK9 and HO-1 proteins, respectively.^{40,96} More recently, AAVs carrying sequences for transposon systems have been explored as a strategy for the permanent correction of the transduced cell. The use of the AAV-PB transposon system has been shown to induce sustained gene expression and therapeutic efficacy in mouse models of PFIC3 and UCDs.^{97,98} The AAV-PB system has also been used successfully for insulin gene delivery in a mouse model of diabetes, resulting in normoglycaemia and glucose tolerance.99

Adenoviral vectors

Adenoviruses (Ads) are more complex than AAVs, with a 36 kb linear double-stranded DNA genome encoding various structural and non-structural genes. They are non-enveloped viruses and the serotypes most frequently used are human serotypes 2 and 5. However, in recent years Ads isolated from different species have been used to bypass the pre-existing humoral immune response against these serotypes. In immune-competent individuals, human Ad cause only a mild and self-limited disease. Ad possesses very attractive characteristics for liver gene delivery, such as marked hepatotropism, high levels of gene expression in a wide variety of cells, easy and routine production of high functional titres, large packaging capacity, and low genotoxicity.¹⁰⁰ The first Ad-based recombinant viruses lacked replication genes but maintained a large part of the genome, allowing for exogenous genetic material of up to 8.5 kb to be introduced. These so-called first-generation Ad vectors are highly efficient in transducing hepatocytes; however, the manipulation to prevent replication of the virus failed to eliminate the expression of a number of structural proteins that caused an important inflammatory and immune reaction.¹⁰⁰ This immune response resulted in the elimination of infected cells in a relatively short time, and therefore only achieved a transient therapeutic effect. Firstgeneration Ad vectors have been shown to be effective for the development of vaccines and antitumoral treatments, including hepatic tumours, but not for the treatment of inherited diseases. In order to achieve long-term expression, third-generation Ad vectors, or helper-dependent adenovirus (HDAd) were developed.^{101,102} In HDAd, all viral sequences are removed except for the terminal and the packaging signal sequences, allowing delivery of large sequences (up to 36 kb) and providing long-term transgene expression, which has been demonstrated in mice and NHPs. HDAd expressing LDLR for the treatment of FH has been shown to improve lipid profile and reduced aortic atherosclerosis in rodents and NHPs.¹⁰³ The therapeutic efficacy of HDAd has also been clearly demonstrated in animal models of PH1, CN, AIP, GSD1a, and OTC.¹⁰⁰⁻¹⁰²

Despite these attractive features, there are still several hurdles arising mainly from the immunogenicity of Ad vectors, which strongly limits their efficient and safe application in clinical trials.^{104,105} Furthermore, in the case of HDAd vectors, the lack of an appropriate clinical grade production platform remains a major limitation to clinical use.¹⁰⁶

To address these obstacles, a variety of strategies to evade host immune responses have been developed that can be classified into 2 broad categories: host treatment with immunosuppressive drugs or modification of the capsid.¹⁰⁷ The latter can be achieved in several ways, including chemical and physical modifications of the Ad capsid with polymers, Ad capsid-display of immuno-evasive proteins, and genetic modification of the Ad capsid. Among these various strategies, there has been a great deal of interest in the coating of Ad with non-immunogenic polymers like PEG, which has been shown to significantly enhance liver transduction and reduce the production of inflammatory cytokines and neutralising antibodies (NAbs).¹⁰⁷

As with AAV, the Ad genome remains episomal after infecting the cell. To establish a permanent Ad-mediated genetic change, Ad vectors are being used for the delivery of CRISPR/Cas9 editing systems or transposon elements to the liver. A 2-vector system has been explored to deliver CRISPR/Cas9 and a therapeutic DNA sequence targeting integration into a safe harbour locus of the genome for the treatment of HemB or AAT deficiency.^{108,109} In both cases, high rates of HDR were observed with long-term expression and without apparent long-term damage to the mouse livers. Co-transduction of HDAd with SB transposons in a canine HemB model resulted in the stable expression of factor IX for nearly 1,000 days.¹¹⁰

Retroviral and lentiviral vectors

Retroviruses (RV) and lentiviruses (LV) are enveloped singlestranded RNA viruses that produce their own reverse transcriptase (RT) resulting in a double-stranded DNA provirus that integrates into the cell genome. The viral genome contains the *env*, *gag*, and *pol* genes flanked by long terminal repeats (LTRs), which carry enhancer/promoter elements that are required for integration.^{11,111} The *env* and *gag* genes encode structural viral proteins while *pol* encodes non-structural proteins including the RT. Lentiviruses have 2 additional genes, *tat* and *rev*, that encode regulatory proteins.¹¹¹

For vector generation, the LTRs are maintained, and the viral genes are eliminated and replaced by the therapeutic sequence, with a capacity of 8–9 kb. RVs are unable to transduce nondividing cells, which explains why this vector is more often considered for *ex vivo* GT. LVs, in contrast, are able to transduce dividing and mitotically quiescent primary cells, including differentiated hepatocytes.¹¹¹

RV and LV vectors are mainly used for the correction of haematological disorders. However, the use of LV-transduced bone marrow cells for the treatment of lysosomal storage disorders, such as a drenoleukodystrophy, has shown spectacular results. $^{112}\,$

Early experimental approaches for the genetic treatment of liver diseases using these vectors were based on the transduction of primary hepatocytes and reimplantation after genetic modification into the liver or spleen. Using this strategy, persistent transgene expression was obtained in mice, rats, dogs, and NHPs.¹¹³⁻¹¹⁹ Furthermore, long-term disease improvement was achieved in FH, HT, CN and haemophilia animal models, leading to the first human trials.¹¹⁵⁻¹¹⁸ In patients, RV-based GT required ex vivo culturing of hepatocytes obtained from a liver biopsy that are transduced with the recombinant RV vector and subsequently infused directly into the liver. This therapeutic strategy was used in patients with homozygous FH achieving only a mild improvement and only in some of the patients. The limited efficacy was due to a very low percentage of hepatocyte engraftment (Table 1).¹¹⁹ Furthermore, this approach requires the use of invasive procedures to isolate and reinfuse the transduced hepatocytes.

Transduction efficiency has been improved with the use of LV vectors achieving *in vitro* transduction in close to 90% of cells.^{120,121} Hepatocyte transplantation, however, remains relatively inefficient and variable, likely due to poor engraftment and limited persistence of engrafted hepatocytes if there is not a proliferative advantage. Recently, liver-directed *ex vivo* GT using a LV vector to integrate a corrected *Fah* gene was shown to cure liver disease in a pig model of HT1 thanks to the selective advantage of modified hepatocytes.¹²²

In transitioning from *ex vivo* approaches to systemic administration of RV and LV vectors for the treatment of liver diseases, initial studies combined the administration of RV vectors with partial hepatectomy, hepatoxic drugs or hepatocyte growth factor, to induce hepatocyte division and facilitate viral integration.¹²³⁻¹²⁸ Long-term transgene expression was hampered by the induction of adaptive immune responses against the transgene, necessitating immunosuppressive treatment.^{129,130}

The capacity of systemic administration of recombinant LV vectors to cure disease has been shown in mouse models of CN, MMA, and GSD1a.¹³¹⁻¹³³ The risk of insertional mutagenesis initially associated with LV has diminished with the development of self-inactivating (SIN) vectors, in which the LTR enhancer/promoter elements have been deleted. The administration of SIN-LV vectors to adult mice and dogs resulted in stable liver expression of factor IX, induction of tolerance against the recombinant protein and no evidence of genotoxicity.¹³⁴ However, mild acute toxicity and low efficacy were observed due to collateral transduction of resident antigen-presenting cells (APCs) in the liver (Kupffer cells and hepatic stellate cells). Strategies are currently being investigated to prevent vector uptake by APCs in order to improve hepatocyte transduction and reduce systemic toxicity. The incorporation of the human phagocytosis inhibitor CD47 into LV particles resulted in a significant increase in transgenic expression and a reduction in toxicity in monkeys.¹³⁵ In the coming years, there may be an increase in the use of LVs for the treatment of liver diseases through direct administration, as new LV pseudotypes with high capacity to transduce hepatocytes (but avoid other cell types) are being developed.

Clinical experience with systemic administration of RV and LV for liver diseases is scarce. In 2003, 13 patients with HemA received a recombinant RV expressing coagulation factor VII that was well tolerated, but no significant clinical benefits were observed.¹³⁶

Two clinical trials are posted in clinical trials.gov for the treatment of HemA and HemB with a LV vector, but they are currently not recruiting (NCT03217032 and NCT03961243).

Relevant aspects to consider, current limitations and possible future directions in liver-targeted gene therapy

Given the increasing number of publications showing the therapeutic efficacy of liver-targeted gene delivery, there is a strong need to focus more effort on overcoming the challenges inherent in translating these approaches to the clinic. Among the main challenges are the innate and adaptive immune responses to the GT product, the potential hepatic toxicity, and the limitations of large-scale and clinical grade vector production.^{7,10,11,137,138} In the case of viral vectors for liver hepatic delivery, clinical experience with Ad has not as of yet expanded beyond cancer treatment, since its application to IMLD is hampered by inflammatory responses and low production yields, while the use of RV or LV vectors for liver targeting is still scarce; thus, herein, we have mainly focused on experience with AAV vectors.

The administration of GT vectors does not go unnoticed by the immune system. Both non-viral and viral vectors induce the activation of both innate and adaptive immune responses that can jeopardise the therapeutic effect. Moreover, the induction of inflammatory responses by the administration of recombinant vectors to a diseased liver might result in the aggravation of the liver pathology.^{10,137} Furthermore, sustained transgene expression has been shown to be limited by the activation of the adaptive immune response that results in the elimination of transduced hepatocytes. To prevent the disappearance of the therapeutic genetic material, a recurrent and straightforward option already successfully applied in both preclinical and clinical trials is the administration of immunosuppressive treatments.^{137,139,140} However, all carry the associated risk of leaving the patient transiently immunocompromised and thus exposed to infection, and depending on the characteristics of the disease, this is a downside to be carefully evaluated. Several alternatives being explored are the use of polymer-coated vectors or the modification of the vector surface to prevent uptake by APCs and reduce the activation of the immune response and increase cell transduction. Additionally, these immune responses can be mitigated by modifying the CpG sequence content of the recombinant genetic material in order to reduce Toll-like receptor 9 pathway activation.¹⁴¹

Furthermore, very recently, concern has been raised about hepatoxicity associated with systemic administration of rAAV due to the death of 3 young patients suffering a fatal neuromuscular disorder that received a high vector dose. The 3 patients were older and heavier than the other treated patients, and more importantly they had evidence of pre-existing hepatobiliary disease. Thus, special attention should be given when treating patients with pre-existing hepatic conditions, which is common for patients with IMLD.¹⁴² However, it is noteworthy that clinical trials using AAV for AIP, OTC deficiency, or GSD1a have not reported major adverse events.⁸⁵

An additional very important immune-related limitation is the presence of pre-existing humoral antibodies and memory T cells against the viral vectors which can completely block liver transduction. A large percentage of the population has NAbs against AAV or Ad vectors.¹⁴⁰ In addition, when a patient has been treated with a subtherapeutic vector dose or the therapeutic effect has waned, they cannot be effectively treated again due to the presence of NAbs. This is particularly relevant when the target population is paediatric, since the effectiveness of treatment may be diluted over time due to liver growth. The development of strategies to overcome this problem is the focus of many research groups. Some very simple strategies are the use of alternative serotypes without cross-reactivity, the development of less immunogenic serotypes, or the chemical modification of the capsid. As an alternative, the physical removal of NAbs by plasmapheresis or immunoadsorption have been successfully applied in animal models.¹⁴³ Recently, an interesting strategy has been reported to eliminate NAbs based on the use of bacterial proteases capable of degrading human IgGs. This strategy, used to prevent antibody-mediated kidney rejection after transplantation, has been shown to allow vector redosing in mice and NHPs.¹⁴⁴

An important aspect that should be carefully evaluated is the oncogenic potential of GT. In the case of AAV vectors, after alarming results obtained in some animal models of oncogenic integration and some reports indicating an association of the integration of the WT AAV genome with the development of HCC in humans,¹⁴⁵ it is important to acknowledge that the analysis of AAV genome integration in the liver of rAAV-treated patients has shown a safe profile throughout long-term follow-up (12-15 years post-vector administration) showing no evidence of sustained hepatic toxicity or development of HCC.^{146,147} However, regardless of the vector used for the delivery of the genetic material, all patients should be closely followed to monitor potential oncogenic integration. Furthermore, specific integration in safe harbours might represent a safer strategy that also enables long-term expression.

Conclusion

The liver, due to its central role in metabolism and its role as a protein factory, is the target organ for the treatment of many inherited and acquired metabolic disorders and represents a very attractive platform for the production of circulating therapeutic proteins. Several liver-directed GT approaches using non-viral and viral vectors have been shown to provide long-lasting therapeutic effects in clinically relevant animal models; however, only a fraction of them have reached the clinic (Table 1). Nevertheless, promising results from ongoing liver-targeted clinical trials and the marketing authorisation of a number of GT products encourage optimism about the future of GT for liver diseases.

Although many challenges remain, ongoing efforts and progress will allow many more currently untreatable genetic disorders to be added to the list of treatable and even curable diseases without the need for OLT in the near future.

Abbreviations

AAT, α1-antitrypsin; AHP, acute hepatic porphyrias; AIP, acute intermittent porphyria: AAV. adeno-associated virus: Ad. adenovirus: ASGCT. American Society of Gene and Cell Therapy; ALAS1, aminolevulic synthase 1; APCs, antigen-presenting cells; ASOs, antisense oligonucleotides; apoB/E, apolipoprotein B/E; ASGPR, asialoglycoprotein receptor; CRISPR, clustered regularly interspaced short palindromic repeats; CN, Crigel-Najjar; CRISPR/Cas9, CRISPR associated protein 9; CBS, cystathionine βsynthase; dCas9, dead Cas9; DSBs, double-strand breaks; ERT, enzyme replacement therapy; FH, familial hypercholesterolemia; FSP27, fat-specific protein 27; GalNAc, N-acetyl-D-galactosamine; GT, gene therapy; GSD1a, glycogen storage disorder 1a; GO, glycolate oxidase; GUSB, βglucuronidase; HDAd, helper-dependent adenovirus; HemA/B, haemophilia A/B; HT, hereditary tyrosinemia; HDR, homology-directed repair; IDS, iduronate 2-sulfatase; IDUA, α-L-iduronidase; IMLD, inherited metabolic liver diseases; ITR, inverted terminal repetition; LDH, lactate dehydrogenase; LV, lentivirus; LNP, Lipid nanoparticles; lncRNA, long non-coding RNA; LTR, long terminal repeat; LDLR, low-density lipoprotein receptor; MMA, methylmalonic acidemia; miRNAs, microRNAs; MPR, metabolic pathway reprograming; MPS, mucopolysaccharidosis; MPS type I, MPSI; MPS type VII, MPSVII; NASH, non-alcoholic steatohepatitis; NHEI, non-homologous end joining: NHPs, non-human primates: OLT, orthotopic liver transplantation; OTC, ornithine transcarbamylase; PKU, phenylketonuria; PB, piggyBac; PEG, polyethylene glycol; PEI, polyethyleneimine; PH1, Primary hyperoxaluria type 1; PFIC3, progressive familial cholestasis type 3; PA, propionic acidemia; PCSK9, proprotein convertase subtilisin/kexin type 9; RV, retrovirus; SB, Sleeping Beauty; siRNA, small-interfering RNA; S/MAR, scaffold matrix attachment regions; STK25, serine/threonine protein kinase 25; SRT, substrate reduction therapy; TALEN, transcription activator-like effector nucleases; TTR, transthyretin; UCD, urea cycle disorders; VLDLR, very-low-density lipoprotein receptor; WD, Wilson's disease; ZFN, zinc finger nucleases.

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Conflict of interest

NDW and GGA are Vivet Therapeutics employees and hold stock of the company.

Please refer to the accompanying ICMJE disclosure forms for further details.

Authors' contributions

SM: performed the systemic review of the literature, drafted the manuscript, and prepared the figures; NDW: performed the systemic review of the literature and drafted the manuscript; NZ: performed the systemic review of the literature, drafted and revised the manuscript; RA: supervised, drafted and revised the manuscript. GGA: supervised and revised the manuscript.

Supplementary data

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