

CYTOPATHOGENIC MECHANISMS OF *ENTAMOEBIA HISTOLYTICA**

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Entamoeba histolytica causes disease by invading tissue. How the organism exerts this cytolytic effect is not understood.

We have examined three proposed mechanisms of *E. histolytica* virulence: cytophagocytosis, contact-dependent cell killing, and effects of a cell-free cytotoxin. Chinese hamster ovary (CHO)¹ cells in tissue culture served as target cells for the amebae. Studies were done with CHO cells in pellets or in monolayers, similar to the system of Mattern et al. (1).

Several investigators have found evidence of *E. histolytica* contact-dependent cell killing. Eaton et al. (2) proposed a surface-active lysosome, the existence of which has been disputed (3–9). Electron microscopy reveals *E. histolytica* contact cytolysis of target cells (4, 5, 7–10). In vitro examples of *E. histolytica* contact-dependent cell killing with leukocytes (11)² and with various tissue culture cell lines (12–15) has been described. Lushbaugh et al. (16) recently described a cytopathic effect of *E. histolytica* sonicate that was inhibited by serum; other workers, with serum-containing systems, have failed to observe any evidence of *E. histolytica* cell-free cytopathogenicity (7, 8, 13).

Our present studies show that *E. histolytica* exerts a cytolethal effect only on direct contact with a target cell. The ameba cytolethal effect occurs extracellularly and usually precedes ameba phagocytosis. *E. histolytica* sonicate has a nonlethal, reversible, cytopathic effect, different from that of whole, viable amebae. Microfilament inhibitors—cytochalasins A, B, and D—decreased *E. histolytica* cytopathogenicity, whereas microtubule inhibitors, colchicine and vinblastine, did not alter ameba target cell destruction.

Materials and Methods

Cultivation and Harvesting of E. histolytica. Axenic *E. histolytica* (*E.h.*) strain HM1 (formerly ABRM [17]) was obtained from L. Diamond at the National Institutes of Health (Bethesda, Md). The method of obtaining bacteria-free cultures of *E.h.* has been described (18). The amebae are grown in TYI-S-33 medium (trypticase, yeast extract, iron, and serum), as developed by Diamond et al. (19), that contained penicillin (Pfizerpen G; Pfizer Inc., New York) (100 U/ml), and streptomycin sulfate (Pfizer Inc.) (100 µg/ml). The amebae are subcultured at 38–

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¹ Abbreviations used in this paper. CHO, Chinese hamster ovary; Cyto, cytochalasin(s), *E.h.*, *Entamoeba histolytica*, FCS, fetal calf serum, ¹¹¹InOx, ¹¹¹indium oxine, TYI, trypticase, yeast extract, and iron

² Guerrant, R. L., J. Brush, J. I. Ravdin, J. A. Sullivan, and G. L. Mandell. The interaction between *Entamoeba histolytica* and human polymorphonuclear leukocytes. Manuscript submitted for publication

to 96-h intervals, depending upon amebae inoculum size and growth rate. The cultures were monitored periodically for bacterial contamination, with standard aerobic and anaerobic techniques.

The amebae used in experiments are in the logarithmic phase of growth, within 96 h after subculture (18, 20). *E.h.* are harvested by chilling culture tubes in an ice bath for 5–15 min and centrifuging at 50 *g* for 5 min in 16- × 125-mm plastic tubes (Falcon Labware, Div. of Becton, Dickinson & Co., Oxnard, Calif.) After removal of the supernate, the amebae pellet is resuspended in 1 ml trypticase, yeast extract, and iron (TYI) broth, counted in a hemocytometer, then further diluted with TYI broth to the desired amebae concentration.

Cultivation and Harvesting of CHO Cells. CHO cells were grown in F-12 medium (Grand Island Biological Co., Grand Island, N. Y.), with 10% fetal calf serum (FCS) (Grand Island Biological Co.), penicillin (100 U/ml), and streptomycin (100 µg/ml) (21). For monolayer experiments, the CHO cells are grown to confluency in 24-well, flat-bottomed tissue culture plates (3.5 ml capacity/well; Linbro Chemical Co., Hamden, Conn.) CHO cells were then washed once with TYI before adding *E.h.* suspension, or were washed twice with TYI before adding amebae sonicate or filtrates.

For pellet experiments, trypsinized CHO cells were suspended in TYI broth, washed once in TYI in 12- × 75-mm polystyrene tubes (Falcon Labware, Div. of Becton, Dickinson & Co.), and adjusted to 2.0×10^5 cells/tube.

Studies of Contact-dependent Cell Killing by Whole, Viable E.h.

CINEMOGRAPHY. *E.h.* were harvested as described. CHO cells were grown to confluency at 37°C on 22-mm² cover slips (Number 1½, Corning Glass Works, Science Products Div., Corning N. Y.) in a tissue culture dish (3002, Falcon Labware, Div. of Becton, Dickinson & Co.). Amebae, 10^4 /ml, were placed on a slide, the cover slip with CHO cells was inverted on the amebae suspension, and the interaction was examined on a prewarmed (35°C) stage with both phase- and interference-contrast optics and photographed with a 6-mm Bolex (Bolex International S. A., Yverdon, Switzerland) camera at 120 frames/min.

MONOLAYER EXPERIMENTS. CHO cell monolayers were prepared as described; 1 ml of the amebae suspension in TYI broth (with 10^4 amebae total) was added to each well and incubated at 37°C at 6% CO₂. At desired times the percentage of intact CHO cell monolayer was scored as 0–4 for 0–100% of the cells remaining. Gradations of 0.5 scoring (12.5%) were recorded. Each reading represented three random observations from each well at each point in time. Results were tabulated as the percentage of intact CHO monolayer remaining.

PELLET EXPERIMENTS. Pellets of CHO cells and amebae were prepared by adding 1.0×10^4 amebae strain HM1 to 2.0×10^5 CHO cells (20:1 CHO cell:amebae ratio), suspended in TYI, and centrifuged at 150 *g* for 5 min. After incubation at 37°C and 6% CO₂ for the desired time intervals, the pellets were dispersed with 0.1 ml of 4% aqueous trypan blue (22), placed in a hemocytometer, and the total number of live and dead CHO cells remaining were counted. These experiments were performed in serum-free systems or with 1% FCS.

EVALUATION OF TARGET CELL KILLING BY *E.H.* WITH THE ONE-HIT HYPOTHESIS. With the same number of CHO cells, 2.0×10^5 , the number of amebae added was varied from 10^2 to 10^4 *E.h.*/ml in a serum-free system. The complete derivation of the one-hit hypothesis as applied to T lymphocyte contact-dependent cytopathogenicity, has been described (23, 24). Briefly, let *t* = initial number of target cells (CHO cells), *x* = number of amebae added, *n* = fraction of amebae which are effector cells, *y* = fraction of target cells killed or corrected specific killing.

Y = corrected specific CHO cell killing

$$= \frac{\left(\begin{array}{c} [\text{percent dead CHO cells with amebae added}] \\ - [\text{percent dead CHO cells in control}] \end{array} \right)}{100 - \text{percent dead CHO cells in control}} \times 100.$$

The fraction of CHO cells which survive ($1 - y$) is equal to the probability of a target cell not being contacted by an effector cell, by using the Poisson distribution.

$$\begin{aligned} 1 - y &= \exp(-nx/t), \\ \ln(1 - y) &= -nx/t, \\ \ln\{1/(1 - y)\} &= nx/t, \text{ and} \\ \log \ln\{1/(1 - y)\} &= \log(nx/t) \end{aligned}$$

¹¹¹INDIUM OXINE (¹¹¹INOX)-LABEL STUDIES. ¹¹¹InOx was obtained from Diagnostics Isotopes, Inc. (Bloomfield, N. J.), in its complete chelated form, that contained 1 mCi with 0.05 ng oxine in 0.05 ml ethanol. Approximately 3×10^6 CHO cells were labeled in flasks by adding 120 μ Ci of ¹¹¹InOx in F-12 medium with 10% FCS for 15 min at 37°C. Approximately 33% of the ¹¹¹InOx label was taken up by CHO cells. CHO cells were then trypsinized, suspended in TYI in 5 ml polystyrene tubes, washed once, and adjusted to 2×10^6 CHO cells/tube in 1 ml of TYI. Less than 1% of ¹¹¹InOx label was lost during passage and washing. Although ¹¹¹InOx also labels dead cells via passive diffusion (25, 26), >98% of CHO cells were viable before labeling. Viability of CHO cells immediately after ¹¹¹InOx labeling was no different than controls (>97% excluded trypan blue). The gamma activity of the adjusted CHO cell suspension was ascertained in a Beckman Gamma counter (Beckman Instrument, Inc., Fullerton, Calif.). Amebae were then added and centrifuged with the CHO cells, pellets were maintained at 37°C until desired times, when supernates were removed, and pellet and supernatant activities were counted separately. Counts were corrected for background and decay to time zero (with $e^{-\lambda t}$, where $\lambda = (\ln 2/t_{1/2})$, $t_{1/2} = 67.2$ h).

After indium activity was counted, pellets were resuspended in 1 ml of fresh TYI, and hemocytometer counts were made. 70% of the ¹¹¹InOx label was released by 500 μ g/ml amphotericin B (E. R. Squibb & Sons, Princeton, N. J.). This approximates the 80% of ¹¹¹InOx released by freeze-thaw experiments reported for other tissue culture cell lines (26).

Cytopathogenicity of E.h. Filtrates and Sonicates

AMEBAE FILTRATE STUDIES. *E.h.* suspensions (10^4 /ml in TYI broth without serum) were incubated for 1 h at 37°C (*E.h.* viability >90% by trypan blue exclusion), and spun at 100 *g* for 5 min. The supernate was removed and passed through a sterile 0.45- μ m filter (Acrodisc; Gelman Instrument Co., Ann Arbor, Mich.), and used as *E.h.* filtrate. Filtrates from *E.h.* plus CHO cells were prepared by using supernates of 10^4 amebae/ml added to CHO monolayers or pellets. Filtrates of *E.h.* or *E.h.* plus CHO cells were then added to confluent CHO monolayers and evaluated in pellet experiments as well.

AMEBAE SONICATE STUDIES. Suspensions of *E.h.* were washed three times with phosphate-buffered saline (to remove serum-containing medium), counted, then diluted in TYI broth to desired concentrations, and sonicated on ice (Sonifer Cell Disrupter, model W140D; Heat Systems-Ultrasonics, Inc., Plainview, N. Y.) at microtip-limit-setting 6 for 3 min. The sonicate was inspected microscopically to insure that no whole amebae remained. The sonicate was centrifuged at 150 *g* for 5 min and filtered through a 0.45- μ m filter (Acrodisc).

Sonicates of *E.h.* were added to CHO cell monolayers at concentrations of 1×10^4 to 1×10^6 *E.h.*/ml. Cytopathogenicity was scored as described; CHO cells rounded and released from the tissue culture plate were not considered part of the intact CHO monolayer. With a 5×10^4 *E.h.*/ml sonicate, the effects of bovine serum (Biofluids, Inc., Rockville, Md.) and a protease inhibitor, equine alpha II globulin (Fraction IV; ICN K&K Laboratories Inc., Plainview, N. Y.), were evaluated.

Studies with Microfilament and Microtubule Inhibitors

MICROFILAMENT INHIBITORS, CYTOCHALASINS A, B, AND D. Cytochalasins A, B, and D (Sigma Chemical Co., St. Louis, Mo.) were diluted in dimethyl sulfoxide (Sigma Chemical Co.) to a concentration of 500 μ g/ml and stored at 0°C until used. Upon use, the solution was further diluted in TYI broth to a desired concentration: 5 μ g/ml, 0.5 μ g/ml, or 0.158 μ g/ml. Harvested *E.h.* were then suspended in the cytochalasin (Cyto) solution to a concentration of 10^4 amebae/ml and added to CHO cell monolayers or used in pellet studies.

STUDIES OF FILTRATES OF AMEBAE PLUS CYTO B. To examine whether cyto B induced secretion of toxic products by the amebae, *E.h.* were suspended in Cyto B-TYI solution (*E.h.* viability >90% by trypan blue exclusion) and used to prepare *E.h.* filtrates as described.

MICROTUBULE INHIBITORS, COLCHICINE, AND VINBLASTINE. Colchicine (Sigma Chemical Co.) was diluted in Puck's saline F to a concentration of 1×10^{-4} M. Colchicine was then further diluted to 1×10^{-6} M in TYI broth and used to suspend *E.h.* to 10^4 amebae/ml. After a 2-h incubation, the suspension was added to confluent CHO cell monolayers or pellets to evaluate *E.h.* CHO cell destruction.

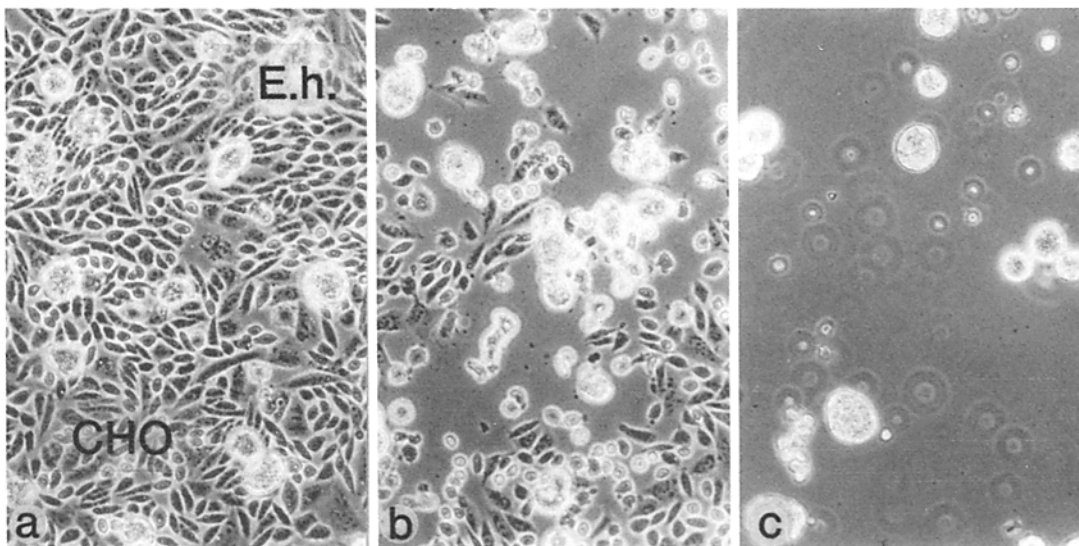


FIG 1 CHO cell monolayer destruction by *E.h.* strain HM1, added at 10^4 amoebae/ml in TYI. At time zero (a), there is an intact CHO cell monolayer (CHO) with amoebae (*E.h.*) added. By 4 h (b), only 25% of the CHO cell monolayer remains, and, at 8 h (c), there is complete destruction of the CHO cell monolayer by the amoebae.

Vinblastine sulfate (Eli Lilly and Co., Indianapolis, Ind.) was diluted with normal saline to 1×10^{-3} M and then further diluted in TYI broth to 1×10^{-6} M, which was used for *E.h.* suspension.

Results

Cytopathogenicity of Whole, Viable E.h.

MONOLAYER EXPERIMENTS. The destruction of 75 and 100% of CHO cells in monolayers by whole, viable *E.h.* at 10^4 amoebae/ml at 4 and 8 h, respectively, is shown in Fig. 1.

With cinemicrography, separate components of *E.h.* cytopathogenicity are noted (Fig. 2 a-c). Blebbing and death of CHO cells are seen upon contact with amoebae (CHO cells that are not in direct contact with amoebae remain viable). Amoebae are seen phagocytizing CHO cells that had undergone contact-associated blebbing. One amoeba can establish contact with numerous CHO cells and amoebae phagocytosis does not always immediately follow contact-mediated CHO cell damage.

Approximately 50% of the CHO monolayer is destroyed by the amoebae at 2 h, and, by 5 h, <25% of the monolayer remains intact ($P < 0.01$ vs. control, 30 studies).

CHO CELL AMEBAE PELLETS, SERUM FREE. By using a serum-free system, we evaluated the CHO cell killing by amoebae in a pellet form, varying the concentration of amoebae over a two-log range. By using the one-hit hypothesis, we found a linear relationship of a log ln plot of CHO cell killing vs. log of amoeba concentration ($r = 0.99840$, $P < 0.001$) (Fig. 3), which supported cinemicrographic observations that *E.h.* kills CHO cells only on direct contact.

$^{111}\text{InOx}$ -LABELED CHO CELL AMEBAE PELLET EXPERIMENTS. The comparison of manual quantitative counts, with trypan blue, vs. simultaneous $^{111}\text{InOx}$ label reveals

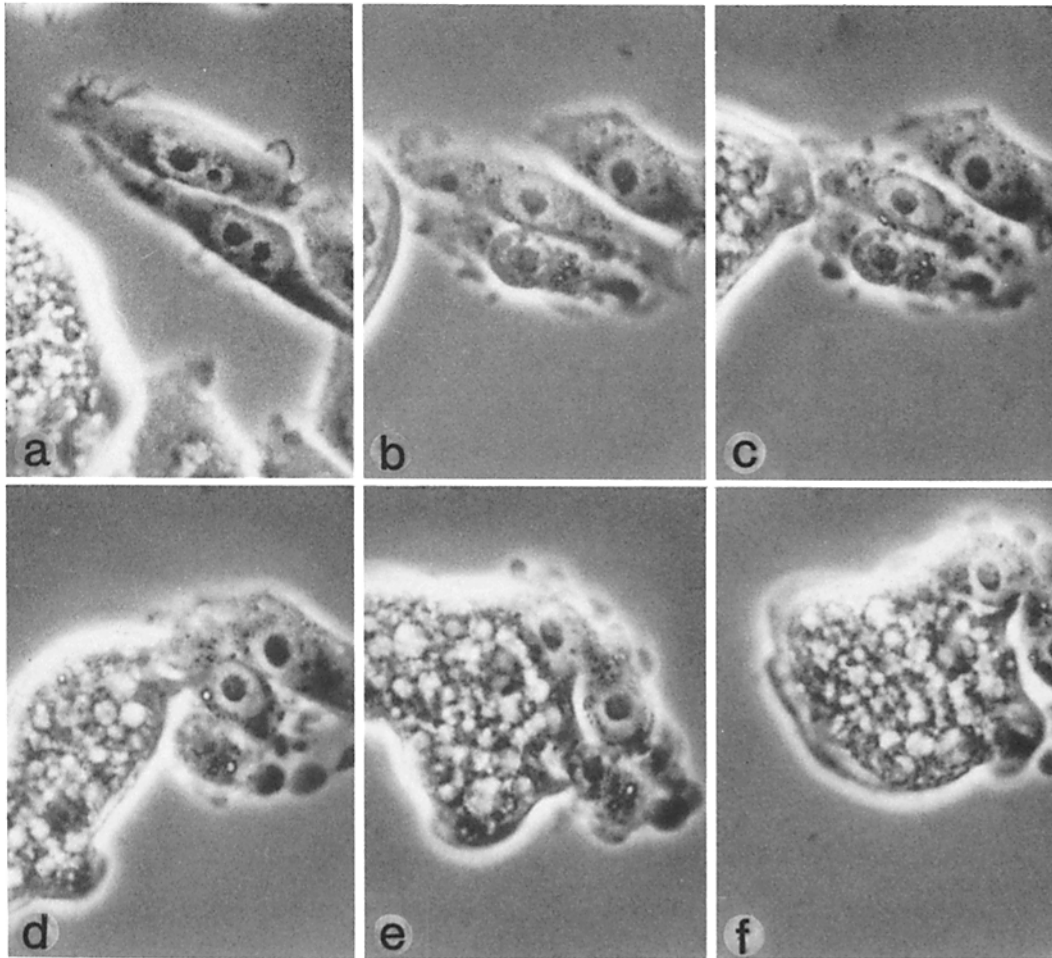


FIG 2 Cinemicrography of the interaction of *E.h.* and CHO cells. CHO cells not in direct contact with amoebae remain intact (a), upon amoeba contact, CHO cell membrane blebbing and release from the glass surface occurs (b-d). After contact-mediated CHO cell blebbing occurs, amoeba phagocytosis begins (e-f)

several components of *E.h.* cytopathogenicity. At 3 and 6 h, there is significant killing of CHO cells by *E.h.* with both methods ($P < 0.01$, Fig. 4). At 3 h, there are significantly more blue CHO cells present when amoebae are added vs. control (35.7 vs. 6.4%, $P < 0.01$). Further extensive studies using only trypan blue exclusion confirmed these observations (Fig. 8, $P < 0.01$), which indicated that amoebae kill numerous cells without phagocytosis. At 6 h, only 1.6% of the CHO cells remained alive, the pellet (containing the live CHO cells, blue CHO cells, and amoebae with phagocytized CHO cells) had 15.1% of its original $^{111}\text{InOx}$ label. The amoebae in the pellet have phagocytized numerous CHO cells by 6 h (visual count >6 and up to 12 cells/amoeba, a minimum of 30% of the original number of CHO cells). These findings indicate that the CHO cells are killed by amoebae before phagocytosis (extracellular).

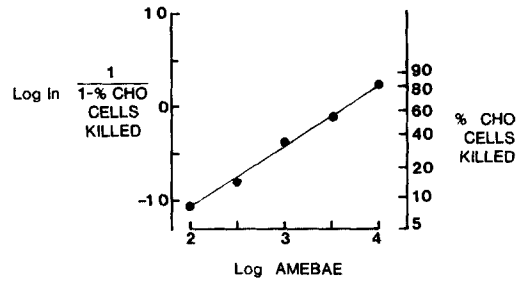


FIG 3 Contact-dependent CHO cell killing by *E.h.*, as demonstrated by the one-hit hypothesis. The percentage of CHO cells killed was ascertained (the mean of 8-10 pairs of amoebae: control studies) at each amoeba quantity; the $\log \ln(1/[1 - \text{mean percentage of CHO cells killed}])$ was then calculated. The log of the number of amoebae plotted against the $\log \ln(1/[1 - \text{percentage of CHO cells killed}])$ was linear ($r = 0.9984$, $P < 0.001$)

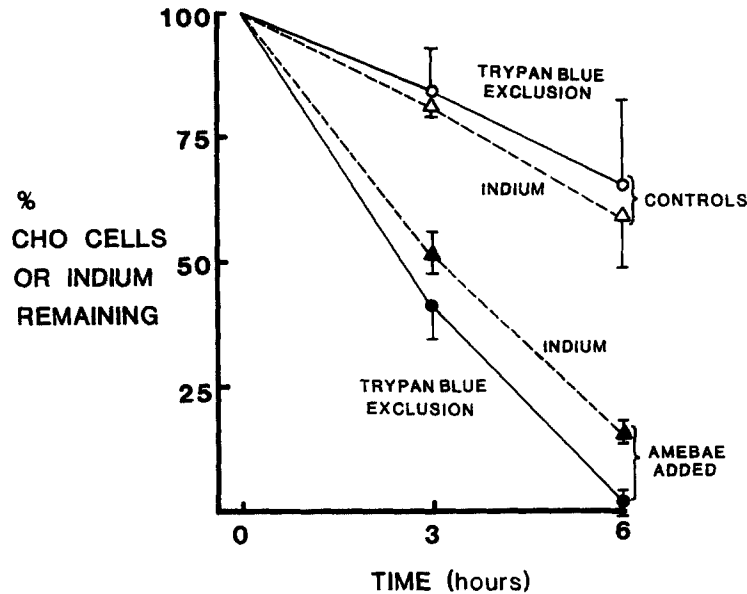


FIG. 4 CHO cell survival in amoeba-CHO cell pellets with both trypan blue exclusion and $^{111}\text{InOx}$ counts. By trypan blue exclusion, significant killing of CHO cells by *E.h.* occurred at 3 and 6 h (each point represents the mean of nine studies \pm SE, $P < 0.01$). Retained indium in the pellet was also less than in controls at 3 and 6 h (each point represents the mean of nine studies \pm SE, $P < 0.01$)

Studies of Cell-free *E.h.* Cytopathogenicity

AMEBA FILTRATE STUDIES. At the same concentration of *E.h.* ($10^4/\text{ml}$) as the whole amoeba contact studies, neither filtrates of *E.h.* alone nor of *E.h.* plus CHO cells had any effect on the CHO cell monolayer when compared with control for up to 24 h. CHO pellet studies confirmed that filtrates of *E.h.* plus CHO cells had no cytolethal effect.

AMEBA SONICATE STUDIES. *E.h.* sonicate at 10^4 amoebae/ml had no effect on CHO monolayers. Lushbaugh et al. (16) have demonstrated a cytopathic effect of higher concentrations of amoebae sonicate. We found that CHO cells exposed for 6 h to 5×10^4 amoebae/ml sonicate are rounded and released from the tissue culture plate, but

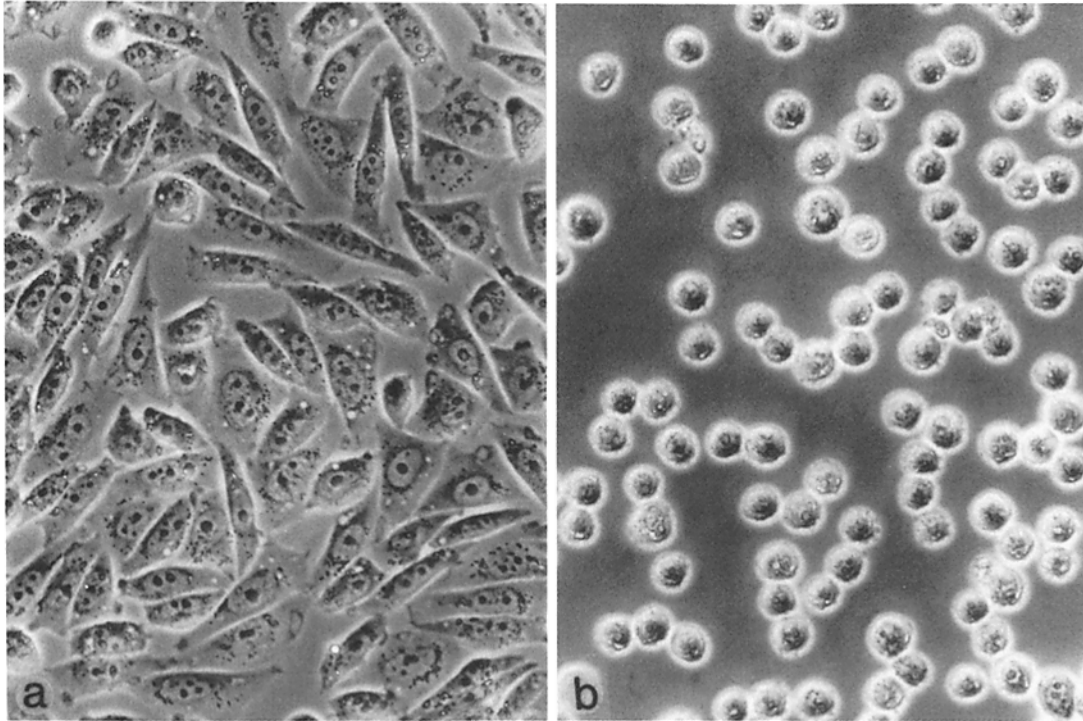


FIG. 5. Effect of *E.h.* sonicate on CHO cell monolayer. Photomicrograph of a control CHO cell monolayer (a) contrasted with a monolayer exposed to $\geq 5 \times 10^4$ *E.h.*/ml sonicate (b). The sonicate-exposed CHO cells are rounded and released from the tissue culture plate.

otherwise appear intact (Fig. 5). Filtered supernate of sonicated amebae (5×10^4 amebae/ml) had the same effect as the unfiltered suspension. At higher sonicate concentrations (10^6 amebae/ml), CHO cells were released within 10 min. 15% heat-inactivated bovine serum and 0.2% equine alpha II macroglobulin (a protease inhibitor) completely inhibited the amebae sonicate effect. In contrast, serum factors were not inhibitory to whole *E.h.* CHO cell monolayer destruction.

CHO cells released by, and remaining in, ameba sonicate (5×10^4 amebae/ml) for 24 h had a viability of 97.8% by trypan blue exclusion. $^{111}\text{InOx}$ -labeled CHO cells exposed to *E.h.* sonicate (1×10^6 amebae/ml) for 3 h released only 4.27% of the indium label (indium release in control 4.22%, mean of six studies), and 99.8% of those cells excluded trypan blue.

To evaluate for reversibility of *E.h.* sonicate effect, CHO cells were exposed for 10 min to a high concentration *E.h.* sonicate (1×10^6 *E.h.*/ml), incubated until 100% of CHO cells were rounded and released from the well surfaces (30 min), and then F-12 medium (CHO cell medium) was added (Fig. 6). After 3 h, 50% of the CHO monolayer was reestablished, and, at 24 h, there was a confluent CHO monolayer, no different than control (Fig. 6). Trypsin, at 0.025%, exhibits a similar reversible effect (Fig. 6).

Studies with Microfilament and Microtubule Inhibitors. We evaluated the effects of Cyto A, B, and D (microfilament inhibitors) on the CHO cell monolayer destruction by whole, viable *E.h.*.

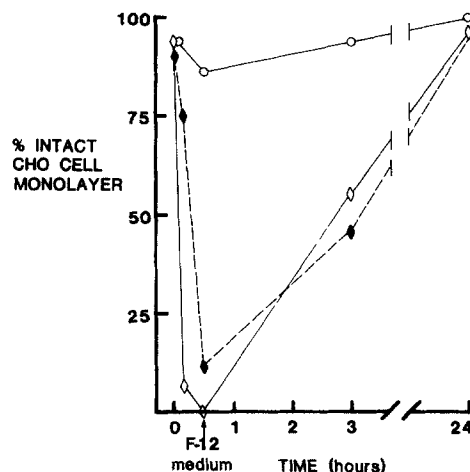


FIG. 6. Reversibility of *E.h.* sonicate-effected CHO cell release. CHO cell monolayers were exposed to control trypticase medium (O), 10^6 *E.h.*/ml sonicate (◇), or 0.025% trypsin (◆) for 10 min. Each point represents the mean of six studies. Solution were removed, and monolayers were incubated for an additional 20 min, at which time F-12 medium was added. The *E.h.* sonicate-exposed CHO cells had complete rounding and release at 30 min, but, with F-12 medium added, were able to reattach and form confluent monolayers by 24 h, 0.025% trypsin had an analogous effect.

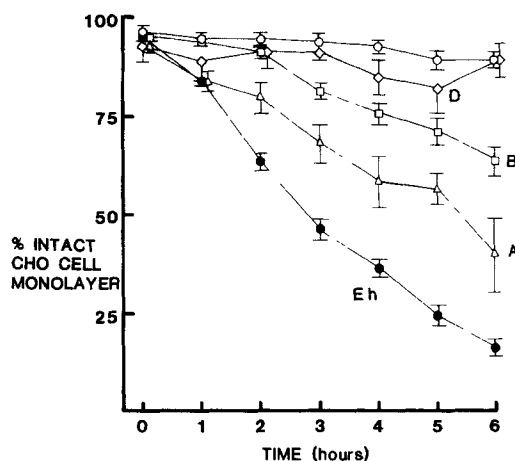


FIG. 7. Inhibition by Cyto of CHO cell monolayer destruction by *E.h.*. The percentage of remaining CHO cell monolayer was observed for control trypticase medium (O, mean of 24 studies \pm SE), 10^4 *E.h.*/ml (●, mean of 30 studies \pm SE), 10^4 *E.h.*/ml with Cyto A (5 μ g/ml) (Δ , mean of 6 studies \pm SE), Cyto B (5 μ g/ml) (\square , mean of 24 studies \pm SE), and Cyto D (5 μ g/ml) (\diamond , mean of 6 studies \pm SE) added. There was significant inhibition by all Cyto of CHO monolayer destruction by *E.h.* (from 2 to 6 h, $P < 0.01$). The inhibitory effect varied with Cyto D > Cyto B > Cyto A (at 5 and 6 h, $P < 0.027$).

Cyto B (5 μ g/ml) significantly inhibited CHO monolayer destruction by 10^4 *E.h.*/ml ($P < 0.01$ at 2–6 h) (Fig. 7). Cyto B alone was nontoxic to CHO cells, and *E.h.* viability was >90% in Cyto B (5 μ g/ml) at 6 h, no different than control.

Cyto B causes macrophage release of acid hydrolases with or without a phagocytic stimulus (27, 28). However, filtrates of amebae in Cyto B (5 μ g/ml) or amebae plus CHO cells in Cyto B (5 μ g/ml) had no effect on CHO cell monolayers.

Cinicrography of *E.h.* with Cyto B added showed decreased ameba motion, spike-like cytoplasmic projections, and decreased ameba phagocytosis. Cyto D, a more potent and specific microfilament inhibitor (27, 29), without the metabolic effects of Cyto B, at 5 $\mu\text{g/ml}$ also significantly inhibited CHO monolayer destruction by *E.h.* ($P < 0.01$ at 2–6 h, Fig. 7). Cyto A, which reacts directly with free sulfhydryl groups (27, 30), at 5 $\mu\text{g/ml}$ as well, significantly inhibited CHO cell monolayer destruction by *E.h.* ($P < 0.01$ at 4–6 h, Fig. 7). Preincubation of *E.h.* with Cyto A (5 $\mu\text{g/ml}$) for 2 h followed by washing amebae resulted in no inhibition of CHO cell monolayer destruction.

Colchicine at 10^{-6} M is a specific inhibitor of microtubule function without the metabolic effects seen at higher drug concentrations (31, 32). Colchicine (10^{-6} M) was nontoxic to CHO cells and, when added to *E.h.* (10^{-4} /ml), had no inhibitory effect on *E.h.*-mediated CHO cell monolayer destruction (comparison of mean of six studies at 0–6 h).

Vinblastine, which binds at a different site on the microtubule than colchicine (32), inhibits microtubule function at 10^{-6} M (31, 33). Vinblastine (10^{-6} M) was nontoxic to CHO cells and, when added to *E.h.* at 10^4 amebae/ml as well, had no inhibitory effect on *E.h.*-mediated CHO cell monolayer destruction (comparison of means of six studies at 0–6 h).

The CHO cell amebae pellets decrease the contribution of ameba motility to cytopathogenicity. With quantitative CHO cell counts with trypan blue, we still found significant inhibition ($P < 0.01$) of *E.h.* cytopathogenicity when Cyto D (0.5 $\mu\text{g/ml}$ and 0.158 $\mu\text{g/ml}$) was added (Fig. 8). There was evidence that some CHO cells were killed extracellularly by amebae, as the number of dead CHO cells present were significantly greater with *E.h.* plus Cyto D than with Cyto D alone ($P < 0.05$).

Colchicine (10^{-6} M) or vinblastine (10^{-6} M) had no effect on *E.h.* contact-dependent extracellular killing in ameba CHO cell pellet studies (Fig. 8). With a submaximal inhibitory dose of Cyto D (0.158 $\mu\text{g/ml}$), we found no additive inhibition of CHO killing when colchicine (10^{-6} M) or vinblastine (10^{-6} M) was added to Cyto D (Fig. 8).

Discussion

Whole, viable *E.h.*, strain HM1, kill and phagocytize CHO cells. This CHO cell killing occurs exclusively on direct contact. These observations support previous work that shows *E.h.* contact-dependent cytolysis (5, 7–13).²

By using cinicrography, components of *E.h.* cytopathogenicity can be dissected: (a) target cell cytolysis occurs only on contact with whole, viable *E.h.*, neighboring cells not in contact with amebae remain intact; (b) *E.h.* phagocytize cells after contact-dependent damage; and (c) target cell release from a surface occurs on exposure to sufficient concentrations of *E.h.* sonicate. Interference with *E.h.* motility, establishment of effective ameba:cell contact, or phagocytosis would decrease *E.h.* cytopathogenicity.

Our observations, applying the one-hit hypothesis with different concentrations of amebae in a serum-free system, support the cinicrographic observations that amebae kill cells solely on direct contact. If the amebae elaborated a cell-free cytotoxin, the target cell killing would be independent of the probability of amebae CHO cell contact and the $\log \ln[1 - \text{percent CHO cells killed}]$ vs. \log amebae would not be a linear relationship (23, 34).

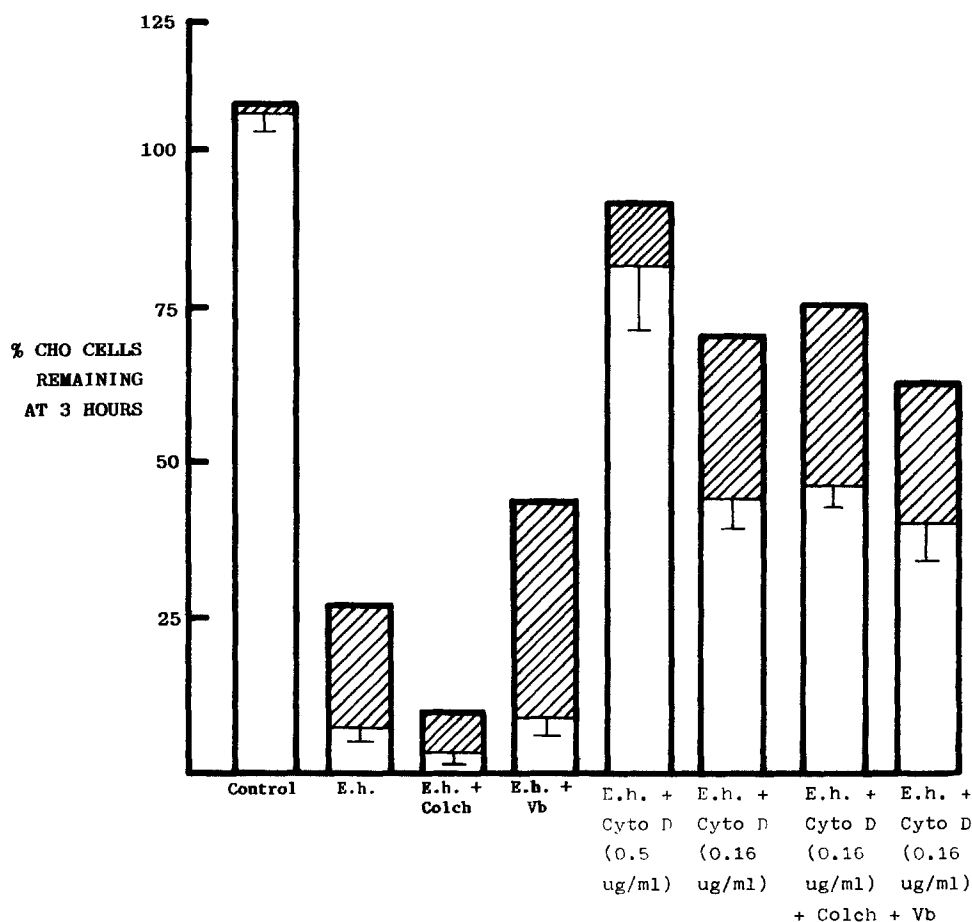


FIG 8 Effect of Cyto D, colchicine (Colch), and vinblastine (Vb) on *E.h.* killing of CHO cells in ameba CHO cell pellets at 3 h. The clear area of the bar represents viable CHO cells that exclude trypan blue, the cross-hatched area represents CHO cells that take up trypan blue. The percentage of remaining CHO cells at 3 h was obtained for control trypticase medium with 1% FCS (mean of 29 studies \pm SE), 10^4 *E.h.* (mean of 24 studies \pm SE) and 10^4 *E.h.* with colchicine (10^{-6} M) (mean of 6 studies \pm SE), vinblastine (10^{-6} M) (mean of 6 studies \pm SE), Cyto D (0.5 and 0.158 μ g/ml) (mean of 6 and 17 studies \pm SE, respectively), and Cyto D (0.158 μ g/ml plus colchicine [10^{-6} M] (mean of 12 studies \pm SE) or vinblastine (10^{-6} M) (mean of 6 studies \pm SE) added. Colchicine or vinblastine alone had no effect on *E.h.* CHO cell killing. Cyto D (0.5 and 0.158 μ g/ml) significantly decreased *E.h.* CHO cell killing ($P < 0.01$ vs. *E.h.* alone). Adding colchicine or vinblastine to Cyto D (0.158 μ g/ml) did not increase the inhibitory effect seen with Cyto D alone.

The $^{111}\text{InOx}$ studies combined with trypan blue exclusion confirm the cinemicrographic observation that *E.h.* kills extracellularly and before phagocytosis. At 6 h, 15.1% of the $^{111}\text{InOx}$ label was retained in the pellet. This pellet label represents the sum of the activity of live CHO cells (1.6%), retained $^{111}\text{InOx}$ of killed cells (37.3% \times 0.2 [retained $^{111}\text{InOx}$ in dead cells] = 7.6%), and the retained activity of phagocytized CHO cells within amebae. $^{111}\text{InOx}$, once released from target cells, is altered sufficiently to prevent reutilization (25) by the amebae. Therefore, only ~6% of remaining activity in the pellet can be accounted for by phagocytized CHO cells. This indicates that $\geq 94\%$ of all CHO cells were killed extracellularly before phago-

cytosis. As amebae phagocytized $\geq 30\%$ (6×10^4) of the total CHO cell population (2×10^5), the 6% residual activity can be accounted for by the retained $^{111}\text{InOx}$ of CHO cells first killed extracellularly before phagocytosis.

The CHO cell destruction with whole, viable *E.h.* does not appear to be mediated by a cell-free cytotoxin. *E.h.* sonicate causes reversible rounding and release of CHO cells from a tissue culture plate, an effect that can be mimicked by 0.025% trypsin. This sonicate cell-releasing effect is inhibited by serum and, more specifically, a protease inhibitor, alpha II macroglobulin. These observations are consistent with those of Lushbaugh et al. (16) regarding serum inhibition of *E.h.* sonicate cytopathic effect. It is possible that a component of *E.h.* sonicate on the ameba surface could be delivered in high concentration on contact, thus avoiding inhibition by a serum factor, and, therefore, contribute to the contact-mediated effect of whole amebae. However, *E.h.* sonicate at 5×10^4 amebae/ml did not exert a cell-killing effect with a 24-h incubation, and, as the effects of still higher concentrations are reversible, it is unlikely that this substance is responsible for the amebae contact cytolysis we and others observe.

We found no evidence that *E.h.* secrete a cytolethal substance in either filtrate or pellet kinetic studies. This is consistent with previous observations in serum-containing systems (7, 13).

Cyto A, B, and D, microfilament inhibitors (35, 36), all significantly decreased CHO cell monolayer destruction by *E.h.*. These Cyto are secondary metabolites of various fungi; Cyto A and B are very similar in structure and activity, whereas Cyto D has a different configuration and ~ 10 times the activity of Cyto A or B (37, 38). The Cyto used have been reported not to be toxic to protozoa or bacteria (38). Although Cyto B also inhibits metabolic pathways in some cell lines (39), this would not explain the inhibition of ameba cytopathogenicity seen with Cyto D present. On electron microscopy, *E.h.* has been observed to have microtubule- and microfilament-like structures associated with digestive vacuoles and the cell membrane (39-41).

We have observed, on cinemicrography, decreased *E.h.* phagocytosis and disordered amebae motility in the presence of Cyto B ($5 \mu\text{g/ml}$). In CHO cell amebae pellet studies, Cyto D (0.5 and $0.158 \mu\text{g/ml}$) significantly inhibited *E.h.* cytopathogenicity without completely abolishing ameba extracellular killing. Cyto D inhibition of motility should not be a major factor in a pellet experiment with 20 target cells/ameba. As we have shown that ameba extracellular target cell killing normally precedes phagocytosis, Cyto D inhibition of ameba phagocytosis, as well, should not account for the decreased CHO cell killing observed. Therefore, it appears that microfilaments are required for contact-dependent extracellular killing by amebae. Events that may require microfilament function include cell adherence or an event occurring at the ameba membrane after adherence is established.

Analogous effects of Cyto on other contact-dependent killer cells have been reported. Activated human macrophages and T lymphocytes have been reported to cause contact cytolysis of tumor cells (34, 42-45). The lymphocyte- and macrophage-mediated cytolysis is inhibited by Cyto B by decreasing the ability of the killer cells to establish intimate contact with the target cell (34, 42, 45).

Colchicine and vinblastine, used at concentrations (10^{-6} M) at which they are specific microtubule inhibitors (31, 32) and at which they reduce macrophage-mediated cytolysis (45), did not inhibit CHO cell destruction by *E.h.*. When added to

submaximal Cyto D concentrations (0.158 $\mu\text{g}/\text{ml}$), colchicine and vinblastine (10^{-6} M) exhibited no additive inhibition of *E.h.* cell killing. Therefore, even with partial impairment of microfilament function, an intact microtubule system does not appear to be required for ameba contact-dependent cell killing.

Summary

Cinemicrography of *Entamoeba histolytica* destruction of Chinese hamster ovary (CHO) cells shows that ameba cytopathogenicity consists of separate components: a contact-dependent cytolethal effect, and phagocytosis. Cells not in contact with amebae remain intact. Quantitation of ameba destruction of CHO cells by applying the one-hit hypothesis confirms that the cytolethal effect of amebae is contact dependent. Studies with $^{111}\text{Indium}$ oxine-labeled cells provide further evidence of extracellular killing by *E. histolytica* and indicate that >94% of the target cells are killed before phagocytosis.

When we examined for a cytotoxin release by *E. histolytica*, we found no effect on CHO cells with filtrates of amebae, and a nonspecific effect of cell rounding and release with sonicates of amebae. The ameba sonicate effect was time-dose dependent, was not cytolethal, was reversible, and was inhibited by alpha II macroglobulin.

Cytochalasin B altered ameba motility and morphology, and monolayer experiments confirmed that cytochalasins A, B, or D inhibited CHO cell destruction by *E. histolytica*. Cytochalasin D also inhibited extracellular killing of CHO cells by amebae in pellets, apparently independent of effects on ameba motility or phagocytosis. Colchicine and vinblastine, alone or in combination with cytochalasin D, did not inhibit *E. histolytica* cytopathogenicity, which indicates that microtubule function is not required for target cell killing by amebae.

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