

Macrophage Imaging of Intracranial Aneurysms

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Abstract

Considered with a poor outcome of subarachnoid hemorrhage due to rupture of intracranial aneurysms (IAs), treatment interventions to prevent rupture of the lesions are mandatory for social health. As treatment option is limited to surgical manipulations, like microsurgical clipping, endovascular coiling or deployment of flow diverter, and these surgical interventions have a potential risk of complications in nature, a proper selection of rupture-prone IAs among ones incidentally found is essential. Today, a rupture risk in each case is estimated by several factors like patient characteristics and morphological ones of each lesion. However, unfortunately, an IA without treatment sometimes unexpectedly ruptures resulting in a devastating outcome or an IA surgically treated is turned out to have a thick wall. To achieve more efficient treatment interventions, the development of a novel diagnostic modality is required. Here, mainly through the accumulation of experimental findings, the crucial contribution of macrophage-mediated chronic inflammatory responses to IA progression have been revealed, making macrophage being a promising target for a diagnosis. If we could non-invasively visualize accumulation of macrophages in lesions, this imaging technique ‘macrophage imaging’ may enable a qualitative evaluation of IAs to stratify rupture-prone ‘dangerous’ lesions among many stable ones. Thereby, a development of macrophage imaging makes an indication of surgical interventions being more accurate and also greatly facilitates a development of a novel medical therapy if used as a surrogate marker.

Key words: intracranial aneurysm, macrophage, imaging, ferumoxytol, chronic inflammation

Introduction

Unruptured intracranial aneurysm (IA) is a common disease found in about 2–5% of general population.¹⁾ Unruptured IAs are incidentally found during brain check or so especially in Japan. Patients with such incidentally found lesions have sometimes been treated preemptively because of the high morbidity and mortality of subarachnoid hemorrhage due to rupture of pre-existing IAs.²⁾ Current available options to achieve the preemptive medicine preventing rupture of IAs are limited to surgical interventions (i.e. microsurgery or endovascular surgery). Indications of surgical interventions as the pre-emptive medicine have been determined on a case-to-case

basis through carefully considering estimated annual rupture rates of each lesion and potential risks posed by surgical interventions.^{3,4)} Annual rupture rates of each IA lesion are currently estimated³⁾ through combination of some predictors indicated by prospective human cohort studies,^{5–10)} e.g. a size, a shape or a location as aneurysmal factors and a race, an age or confounding diseases. In another point of view, because complications by surgical intervention are not negligible in nature, a development of novel predictors of rupture for each lesion makes indications of surgical interventions more appropriate.

Recent experimental findings has clarified the role of macrophage-mediated chronic inflammation in the promotion of the pathogenesis of IAs.^{11–16)} A development of an imaging technique visualizing macrophages infiltrating in lesions, so called ‘macrophage imaging’, and an evaluation of its usefulness as a surrogate to predict progression and rupture of lesions has thus become of great interest. Macrophage imaging may

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be able to detect a qualitatively different aspect of each IA lesion from well-established predictors of rupture,^{5–8,10} and thereby provide more direct reference regarding inflammatory status, ‘activity’, of individual lesions.

To date, several studies have already demonstrated the potential of macrophage imaging as a surrogate marker to stratify rupture-prone IAs.^{17–19} In this review article, we have summarized the biological rationale, technical aspects, the usefulness, and the future perspective of macrophage imaging as a potential diagnostic tool of IAs.

Macrophage Infiltration as a Surrogate Marker to Predict the Progression of IAs

Macrophage imaging is a diagnostic tool utilizing phagocytic activity of macrophages. The presence of macrophages in tissues or lesions can be monitored through visualizing contrast agents engulfed by them. The potential of this imaging technique as a diagnostic tool to visualize macrophage-mediated inflammatory responses *in situ* has already been indicated in several diseases like atherosclerosis, cancers, and inflammation in the central nervous system.^{18,20–24} In this section, we have summarized the previous experimental findings and a rationale to use the presence of macrophages as a surrogate marker to predict the progression or rupture of IAs.

Histopathological analyses of surgically resected human IA specimens have revealed that the number of macrophages present in lesions is larger in ruptured IAs than that in unruptured ones.^{25,26} Because degenerative changes in IA walls (e.g. an endothelial injury or a loss of medial smooth muscle cells) are prominent features of ruptured IAs,^{25,26} many believe the involvement of macrophages infiltrating to lesions in the progression of IAs.

The crucial role of macrophages in the pathogenesis of IAs has been further investigated in animal studies and a basic concept has been clarified. Macrophages can be observed in IA lesions induced in animal models of IAs^{27,28} as a type of cells whose number is largest among inflammatory cells.¹³ The crucial contribution of macrophages to the progression of the disease has been supported by some experimental findings. For example, an inhibition of monocyte chemoattractant protein-1 (MCP-1), a cardinal chemoattractant protein for macrophages, or a genetic deletion of *CCL2* (which encodes MCP-1), significantly suppresses infiltration of macrophages in lesions and also the progression of the lesion.¹² A pharmacological depletion of macrophages by Clodronate liposome consistently and significantly inhibits the development of IAs.¹⁶ Although macrophages not only evoke

inflammatory responses but also function to repair damaged tissues and thus the role of macrophages in vascular inflammation are complex and uninformative,^{29,30} above findings suggest that macrophages infiltrating to IA lesions as a whole facilitate the pathophysiology of IAs. This assumption is in line with a histopathological investigation of surgically resected human IA specimens.³¹ In this study, both the two major subpopulation of macrophages, M₁ lineage with pro-inflammatory actions and M₂ lineage with anti-inflammatory actions, could be observed in IA walls before rupture, while M₁ lineage becomes predominant after rupture.³¹ Not only the precise spatiotemporal changes of each subpopulation of macrophages in IA lesion during the disease progression but also the contribution of each subpopulation in the pathogenesis, however, remains to be elucidated.

A genetic deletion of p50 subunit of nuclear factor κ B (NF- κ B) or a pharmacological inhibition of NF- κ B activity significantly suppresses the development of IAs.³² Because a transcription factor NF- κ B plays a central role in regulating (in most cases, triggering) inflammatory responses via inducing various pro-inflammatory genes as a major transcription factor for them, these findings suggest that IA is one of the inflammation-mediated diseases. Indeed, in above experiments deleting or inhibiting NF- κ B, expressions of pro-inflammatory genes like IL-1 β , cyclooxygenase-2 (COX-2) and inducible nitric oxide synthase (iNOS) in lesions are remarkably suppressed.³² Furthermore, because a genetic deletion or a pharmacological inhibition of pro-inflammatory molecules downstream of NF- κ B, including TNF- α ,^{33,34} IL-1 β ,³⁵ cyclooxygenase-2 (COX-2),³⁶ inducible nitric oxide synthase (iNOS),³⁷ and matrix metalloproteinase-9 (MMP-9) matrix metalloproteinase-9 (MMP-9),^{13,38} consistently and significantly suppresses the progression of IAs, NF- κ B-mediated inflammatory responses are supposed to regulate the pathogenesis of IAs.

In experiments using NF- κ B reporter mice in which NF- κ B activation can be monitored by an expression of a fluorescent protein, NF- κ B first activates in endothelial cells and macrophages infiltrating in adventitia at the early stage of IA formation.¹¹ Through a cell type-specific inhibition of NF- κ B activation by expressing the mutated form of I κ B α under the control of Cre-LoxP system, the crucial role of NF- κ B activation in macrophages in the pathogenesis of IAs is revealed.¹¹ Indeed, MMP-2 and nine mainly produced by macrophages in the NF- κ B-dependent manner promote the initiation and progression of the disease.^{13,32} Cysteine cathepsins, which are extracellular matrix-degrading proteinase like MMPs, are also induced in various cell types including macrophages in IA lesions, and induces fragility

of the walls.³⁹⁾ These findings support the crucial role of macrophages in degradation of extracellular matrix *in situ* to exacerbate the fragility of IA wall. Recently, prostaglandin E receptor subtype 2 (EP2) cascade is identified as an upstream signal cascade to activate NF- κ B in lesions.^{11,36)} As a macrophage-specific deletion of *Ptger2* (which encodes EP2) can suppress the development of IAs¹¹⁾ consistently with results about NF- κ B, the importance of macrophages and inflammatory cascade functioning there in the pathogenesis has been further supported. Here importantly, the prostaglandin E (PGE)2–EP2–NF- κ B signaling cascade in macrophages functions not only to initiate but also to sustenance of inflammatory responses *in situ* once triggered through forming a positive feedback loop via inducing COX-2. In addition, this signaling cascade in macrophages synergizes with a cardinal pro-inflammatory cytokine, TNF- α , present *in situ*^{33,34)} to amplify inflammatory response there.¹¹⁾ Also, this cascade enhances MCP-1 expression and contributes to the formation of auto-amplification among macrophages, making the macrophage-mediated inflammatory responses in lesions being exacerbated.¹¹⁾

Macrophage-mediated chronic inflammation has thus been identified as one of the essential factors

in the progression of IAs. Therefore, visualizing macrophages in IA lesions can become a reasonable strategy to predict the progression of lesions.

Macrophage Imaging

As discussed in the previous section, macrophage imaging may enable to evaluate inflammation status in IA lesions^{17,40)} (Fig. 1).

Ferumoxytol is an ultrasmall superparamagnetic iron oxide particle (USPIO) used for the treatment of anemia due to chronic renal diseases. As macrophages engulf USPIO (Fig. 2A) and this particle exerts strong T_2^* effect in MRI,⁴¹⁾ USPIO can also be used as a contrast agent for detecting macrophages in MRI. Indeed, macrophage imaging using USPIO has been demonstrated in oncology and inflammation in the central nervous system.^{18,20–24)} Ferumoxytol has 30 nm in the hydrodynamic diameter and its circulating half-life is about 14 h in human. Because the diameter of ferumoxytol is remarkably smaller than well-used gadolinium-containing contrast agent with the diameter 1 nm and is thus retained much longer in the blood, ferumoxytol disappears much more slowly from blood stream but may cross the impaired blood–brain barrier more specifically

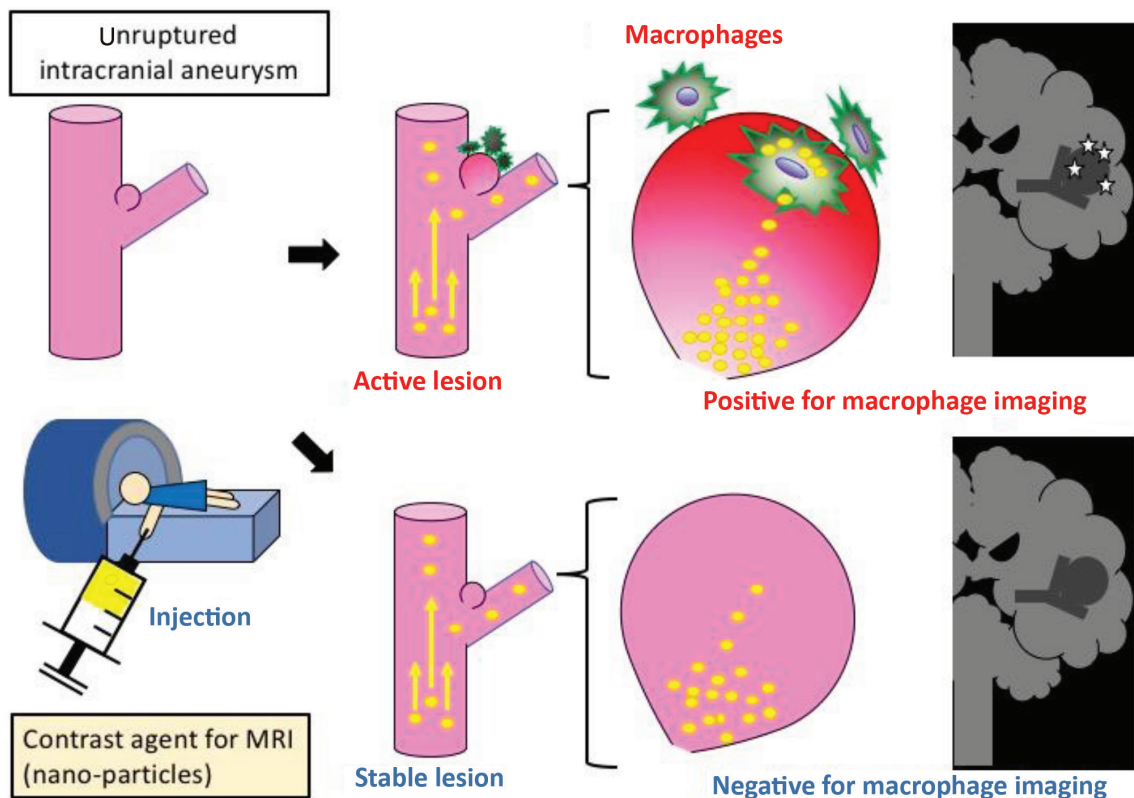


Fig. 1 The schematic drawing of the concept of macrophage imaging. Nano-particles are injected to a patient with an intracranial aneurysm and macrophages in a lesion engulfing these particles are visualized by MRI. The lesion with enhancement is stratified as an 'active' one.

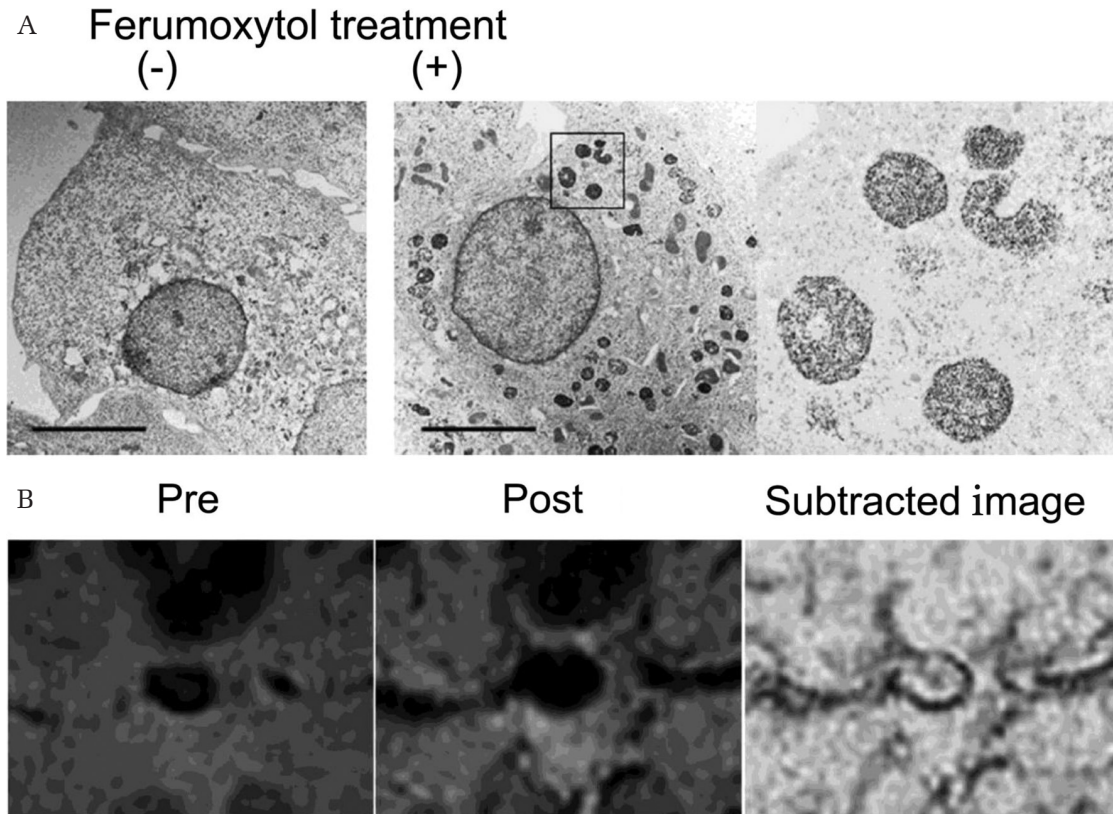


Fig. 2 Macrophage imaging by an iron-containing nanoparticle, ferumoxytol. (A) Electron microscopic imaging of RAW264.7 cells, a mouse macrophage cell line, engulfing ferumoxytol. Cultured Raw264.7 cells were treated with ferumoxytol and subjected to an electron microscopic observation. Magnified image of RAW264.7 cells engulfing ferumoxytol is shown in the right panel. (B) One example of macrophage imaging of human case with a cavernous aneurysm by ferumoxytol. 2D-Gradient echo MR images were acquired before (pre) and 24 h after (post) the administration of macrophage imaging. Subtracted image is shown in the right panel. Note the presence of several hypo-intensity signals in the aneurysm wall. Images in this figure were originally published in citation¹⁷ as Figs. 2A and 4A (B). Written permission regarding the reuse of these images in this figure was acquired.

in damaged tissues resulting in the uptake by macrophages infiltrating there. The previous report about inflammation in the central nervous system has demonstrated that the enhancement of lesions begins within several hours after injection, forms peak at around 24 h and lasts at least for 3 days.⁴²⁾ Consistently, in the previous studies dealing IAs, enhancement of IA walls by ferumoxytol is well demonstrated at 24–72 h after administration^{17,40)}. Note that the uptake of ferumoxytol in macrophages infiltrating in IA lesions is confirmed by a Berlin blue staining at 24–72 h in human IA specimens.⁴⁰⁾ Importantly, enhancement of IA walls by ferumoxytol at 24 h after administration is associated with rupture of the lesion within 6 months after the imaging,¹⁸⁾ supporting the notion that macrophage imaging can predict rupture of lesions. Here, intriguingly, oral intake of aspirin (81 mg/day) with anti-inflammatory effect attenuates the enhancement of IA walls by

ferumoxytol in 3 months.¹⁹⁾ These findings suggest that macrophage imaging is useful not only for monitoring macrophage-mediated inflammation *in situ* but also for evaluating the efficacy of medication when used as a surrogate maker.

There are, however, several limitations in the usage of ferumoxytol as a contrast agent for macrophage imaging to predict rupture-prone IAs. First, the indication of ferumoxytol is strictly limited to iron deficiency anemia due to chronic kidney disease by the Food and Drug Administration because of its potential risk of a lethal allergic reaction. Second, because iron is abundantly contained in red blood cells in the blood stream as a component of hemoglobin, subtraction of images between pre- and post-injection to discriminate signals from hemoglobin is required for detecting the presence of iron in macrophages in IA walls (Fig. 2B). Considered the resolution of MRI and the thickness of IA walls,

the subtraction of two independently acquired MRI T_2^* images is quite challenging and time-consuming, making the macrophage imaging by ferumoxytol being technically difficult and the usage of this imaging technique in a clinical setting being almost impossible. Another limitation is associated with an optimal dose; administration of ferumoxytol at a high dose is advantageous in visualizing its presence in tissues, but the signal-to-noise ratio is inversely correlated with the dose.⁴³⁾

The potential of another vessel wall imaging using conventional gadolinium contrast agents as a diagnostic tool has also been reported.^{44–46)} In these studies, the circumferential enhancement of human IA walls by conventional T_1 -weighted imaging with gadolinium contrast agents is correlated with the progression of lesions.^{44–46)} Histopathological examinations of these IA specimens with enhancement have revealed the association of vessel wall enhancement with the presence of vasa vasorum formations and abundant macrophage infiltrations.^{47,48)} Therefore, the enhancement with contrast agents in MRI might reflect the inflammation in lesions, although mechanisms underlying enhancements have not been revealed. Nonetheless, these studies imply that the accumulation of gadolinium even in thin IA walls can be visualized in MRI. Considering these findings and above limitations about USPIO, positive contrast agents like gadolinium-containing nanoparticles, may thus be more suitable as a contrast agent used for macrophage imaging. The development of a novel contrast agent for macrophage imaging applicable in a clinical setting is demanded to achieve more efficient preemptive treatment for IAs.

Conflicts of Interest Disclosure

All authors have no conflicts of interest and registered online Self-reported COI Disclosure Statement Forms through the website for The Japan Neurosurgical Society.

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