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## CHAPTER 21

# Neonatal Calf Diarrhea

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**D**iarrhea and other digestive diseases are one of the big three causes of calf loss in beef calves and are the major cause of loss in unweaned dairy heifers born alive. Overall, beef calf mortality from diarrhea should be about 1%. In dairy calves diarrhea and other digestive diseases account for about 5% of total mortality from live birth to weaning.<sup>1,2</sup>

### ETIOLOGY

The most commonly recognized causes of neonatal calf diarrhea are rotavirus, coronavirus, and cryptosporidia.<sup>3-7</sup> The major mechanism by which these and pathogens cause diarrhea is malabsorption. Enterotoxigenic *Escherichia coli* with the F5 (K99) antigen is less prevalent, probably because a highly effective vaccine has been developed.

### Viral

Rotaviruses are the most commonly diagnosed cause of neonatal diarrhea. Typically they affect calves 4 to 14 days old, but infections can be seen either side of this age range. Rotaviruses invade and destroy the villus epithelial cells of the small intestine. This results in malabsorption of nutrients. Asymptomatic infections may occur in older calves and in adult cows. In cows, excretion of virus is particularly common around the time of calving. This is one method by which infection persists on a farm. Once an outbreak has started, diarrheic calves are the major source of contagion.

Coronaviruses are an important cause of diarrhea in 4- to 30-day-old calves. At least three strains of bovine coronavirus are responsible for respiratory infection, neonatal diarrhea, and winter dysentery. However, the winter dysentery and neonatal calf strains can infect both calves and adults. In calves, coronaviruses invade and destroy villous epithelial cells of the small intestine, causing villous atrophy. They also invade the epithelium of the large intestine. Because coronaviruses affect the large intestine, they may be associated with signs of colitis such as straining. Like rotavirus, excretion of coronavirus by asymptomatic adults may be an initial source of infection for calves. Clinically affected calves are the major source of virus once an outbreak is established.<sup>3,8-14</sup>

Bovine viral diarrhea (BVD) is an occasional cause of neonatal calf diarrhea. In outbreaks of BVD infection, diarrhea in calves has been documented as part of the clinical picture. Depending on the properties of the BVD virus and the time infection was acquired, oral lesions, thrombocytopenia and mucosal hemorrhages, blood in

the feces, leukopenia, and signs of persistent infection and mucosal disease can occur.<sup>15-19</sup> BVD may also predispose to other enteric infections by reducing immunocompetence.

A variety of other viruses have been implicated as potential causes of calf diarrhea. These include Breda virus and Calicivirus. At present the importance of these agents is unknown.

### Bacterial

A number of different groups of *E. coli* have been incriminated in outbreaks of calf diarrhea. Enterotoxigenic *E. coli* has a special fimbria, known as the K99 or F5 antigen, that allows it to attach to the surface of the small intestinal mucosa of neonatal calves. A second fimbrial attachment factor, the F41 antigen, has also been identified, but it is generally found together with F5 fimbria. Other attachment factors may exist. Enterotoxigenic *E. coli* produces enterotoxin (a heat stable form, ST) that stimulates secretion of sodium together with water and chloride ions by the mucosal cells. Enterotoxigenic *E. coli* also causes some villous atrophy.<sup>20-25</sup> In general, enterotoxigenic *E. coli* causes diarrhea in calves 1 to 4 days of age; in some cases this is profuse and watery and can rapidly result in hypovolemic shock and death. Enterotoxigenic *E. coli* can also secondarily infect older calves in which the mucosal cell type has been altered by prior infection with another pathogen.

Attaching and effacing *E. coli* (AAEC) is characterized by the possession of the *eae* gene, which produces the attachment protein intimin. This allows these bacteria to adhere to the mucosal surfaces of the colon and small intestine. Some strains carry Shiga's toxin (verotoxin) genes, which confer cytotoxicity in the vero cell or HeLa cell assays. *E. coli*, Shiga's toxin, and *eae* genes combined are called *enterohemorrhagic*. Other *eae*-carrying *E. coli* can be pathogenic as the result of the presence of other cytotoxic genes. In general, AEEC produce diarrhea in calves from 2 days to about 6 weeks of age. The bacteria adhere to the surface of the colon and sometimes the small intestine. Some are also internalized. The bacteria efface the surface microvilli and cause patchy mucosal stunting, erosion, and sloughing. At gross postmortem examination, changes vary from minimal to ileitis with mucohemorrhagic colitis. They produce diarrhea of variable severity that may be bloody.<sup>26-35</sup>

Necrotoxicogenic *E. coli* produce a toxin that interferes with cell division and kills mucosal cells. Many strains also carry the F17 fimbrial attachment factor. Necrotoxicogenic *E. coli* have been detected in the feces of 14% of healthy

calves. However, in neonatal colostrum-restricted calves some strains are capable of causing long-lasting diarrhea and septicemia. At necropsy there may be vascular congestion of the intestinal mucosa, hypertrophy of the mesenteric lymph nodes, and congestion of the lungs. Histologically, there may be enterocolitis and lymphadenitis.<sup>36,37</sup>

*Salmonella typhimurium*, *dublin*, *newport*, and other species are important causes of calf diarrhea in operations in which there is movement and mixing of calves at an early age (see Chapter 25). These risk factors are most common in dairy and veal operations. *Salmonella* sp. penetrate the mucosa and cause intense submucosal inflammation. This inflammation stimulates a secretory diarrhea. Because the organisms penetrate the mucosa, septicemia and bacteremia are common, particularly in calves younger than 1 month of age. These organisms are potentially zoonotic.

*Clostridium perfringens* type C may produce a terminal diarrhea. More commonly affected calves are presented in a collapsed state and rapidly die. Signs of colic and nervous signs may also be seen. *C. perfringens* type A may produce mucoid diarrhea in calves.

### Protozoal

Cryptosporidia are an important cause of diarrhea in 1- to 4-week-old calves. *Cryptosporidium parvum* and the slightly larger *Cryptosporidium muris* have both been identified in calf feces. *C. muris* is primarily an abomasal parasite and is not associated with diarrhea. *C. parvum* causes diarrhea in calves and people, although different strains may be more pathogenic in a particular species. Asymptomatic infection occurs in adult cows where fecal excretion is increased around the time of calving. The oocysts are resistant and are found in the environment associated with manure and manure contamination.

*C. parvum* invades the epithelium of the distal small intestine and the large intestine. It resides just beneath the cell membrane and causes loss of microvilli, villous atrophy, and villous fusion. Later in the disease process inflammatory changes develop. Oocyst secretion starts at the same time diarrhea commences and generally persists for a few days after the end of clinical signs. Because the oocysts are infectious within the intestine, autoinfection can lead to chronic disease. Clinical signs vary from mild to severe with feces of variable consistency. Tenesmus and occasionally the presence of blood in the feces may be seen.<sup>6,38-44</sup>

*Giardia duodenalis* infection is common in calves. However, its role in diarrhea is unclear. Some studies suggest that temporarily reducing the load of *Giardia* by treating with metronidazole or fenbendazole can give transient improvements in calf health, but reinfection soon occurs.<sup>45-48</sup>

### PATHOGENESIS

Intestinal pathogens produce diarrhea via three major mechanisms. Although a certain mechanism may predominate, pathogens often cause diarrhea by a variety of mechanisms. Furthermore, it is common for more than one etiologic agent to be present in an outbreak of calf diarrhea, particularly in severe cases.

*Secretory diarrhea* is characterized by excess net secretion from the mucosal cells, mainly those of the small intestine. Enterotoxigenic *E. coli* is the classic example of this type of diarrhea. It produces an enterotoxin that alters the concentrations of intracellular messengers; this in turn alters the activity of the cell membrane pumps with increased net secretion of sodium, potassium, and chloride ions. The cell structure is mostly left intact. Diarrhea is typically profuse with no blood or straining. Affected calves develop signs of depression, weakness, and sometimes shock and death secondary to hypovolemia; acidemia is often mild.

*Villous atrophy*, *malabsorption*, and *osmotic diarrhea* go hand in hand. Destruction of the absorptive surface results in malabsorption of water and electrolytes. In addition, malabsorbed nutrients may have an osmotic effect that helps retain water within the gastrointestinal tract. The presence of unabsorbed nutrients in the gastrointestinal tract leads to bacterial overgrowth, particularly in the distal small intestine and large intestine. Some of these bacteria may be pathogenic, and others may cross the damaged mucosal surfaces to produce endotoxemia, bacteremia, or septicemia. Bacterial fermentation of undigested nutrients can lead to the production of D-lactic acid,<sup>49</sup> which is a potent neurotoxin responsible for many of the clinical signs of depressed central nervous system (CNS) function in severely affected calves.<sup>50</sup> Affected calves have signs of diarrhea, hypovolemia, acidemia, weakness, CNS depression, endotoxemia, and bacteremia of variable severity. Because it is difficult for a calf to tolerate both severe acidemia and hypovolemia, there is no relationship between the severity of dehydration and acidemia.<sup>51</sup> The profuseness of diarrhea and dehydration is poorly related to the severity of weakness and CNS depression. The three most commonly recognized enteric pathogens of calves, rotaviruses, coronaviruses, and cryptosporidia all produce villous atrophy, intestinal bacterial overgrowth, malabsorption, and osmotic diarrhea.

*Inflammatory diarrhea* is typical of *Salmonella* sp. These invade through the mucosa and stimulate an intense inflammation. Some of the inflammatory mediators stimulate the mucosal cells to secrete electrolytes and fluid. In addition, there is some villous atrophy. In calves, bacteremia and septicemia from the invading microorganisms are common. Systemic effects are due to some mixture of endotoxemia, hypovolemia, and acidemia.

### Origin of Clinical Signs

Irrespective of the inciting infectious agent, diarrheic calves suffer from common sequelae.

**Diarrhea.** All agents increase the loss of water and electrolytes into the intestine, in those cases in which the compensatory ability of lower parts of the intestine to reabsorb water and electrolytes is exceeded, diarrhea results. *Dehydration* develops if the calf cannot compensate for this increased fluid loss by drinking and absorbing more water and electrolytes. *Hyponatremia* and whole-body potassium depletion are the result of loss of electrolytes with the diarrhea.<sup>52-55</sup> However, calves presented to veterinarians for treatment may be either hyponatremic or hypernatremic, presumably because oral electrolyte use by farmers is now widespread. Diarrheic calves may be

hyperkalemic, normokalemic, or hypokalemic despite whole-body potassium depletion secondary to increased fecal loss. Hyperkalemia is the result of several factors; acidemia and hypoglycemia favor movement of potassium from the intracellular to the extracellular space, as does hypothermia, which slows cellular metabolism. Poor renal perfusion limits the ability of the kidneys to correct hyperkalemia.

In those calves with malabsorption and continued nutrient intake, some degree of intestinal bacterial overgrowth in response to increased nutrient availability is inevitable. This, together with damage to the mucosa, predisposes to secondary bacteremia or septicemia. Bacterial overgrowth and excess luminal nutrient availability leads to fermentation and production of organic acids including D- and L-lactic acid. Luminally produced L-lactic acid is not a major cause of systemic acidosis, probably because it can be readily removed by mammalian tissues. D-lactate, however, is poorly metabolized by mammals, and plasma concentrations correlate with ruminal and fecal D-lactate.<sup>49</sup> Chronic malabsorption leads to weight loss, particularly if malaise or therapeutic feed restriction limit caloric intake.

*Acidemia* is common in the more severely sick diarrheic calves. Of the documented causes, D-lactic acid is the major component. L-lactic acid can be important, particularly in severely hypovolemic calves in which tissue anoxia increases production of L-lactic acid from glucose and hepatic removal is reduced.<sup>49,56,57</sup> Fecal bicarbonate loss is another cause of acidemia, but its importance and whether this is due to decreased absorption of bicarbonate or to the trapping or bicarbonate by luminal acids has not been quantified.

### Causes of Weakness and Central Nervous System Depression

Signs of weakness are usually the result of some mixture of hypovolemia, D-lactatemia, hypothermia, and endotoxemia.

The most important factors affecting CNS function are hypovolemia, D-lactatemia, hypothermia, profound hypoglycemia (rare), and to some extent endotoxemia. D-lactate is a potent neurotoxin that penetrates the blood-brain barrier and produces signs of ataxia, decreased mentation, recumbency, and coma.<sup>49,50,58,59</sup> In calves with acidosis without dehydration syndrome, D-lactate concentrations correlate highly with weakness and loss of CNS function, suggesting it is the major neurotoxic agent.<sup>60-62</sup> D-lactate concentrations also correlate with the degree of weakness and CNS in diarrheic calves.<sup>63</sup> Acidemia alone has small effects on mentation or ambulation but may be responsible for loss of the suck reflex.<sup>50</sup>

### Origin of Cardiac Arrhythmia

Bradycardia with a regular rhythm can be the result of hypothermia or profound hypoglycemia. Bradycardia complicated by an irregular rhythm (e.g., because of premature ventricular contractions) is caused by hyperkalemia. Cardiac arrhythmia is one cause of death.<sup>64,65</sup>

## APPROACH TO THERAPY

The initial assessment of a diarrheic calf involves a general physical examination; assessment should include whether an arrhythmia is present, dehydration status, amount of weakness and CNS depression, severity of diarrhea, condition of the navel, presence of pneumonia, and hypothermia or fever. Following this, the veterinarian may advise monitoring and oral or intravenous (IV) therapy.

Transient diarrhea is common in calves, and many self-cure. The provision of free-choice water and a salt block will make it easier for the calf to maintain homeostasis. In some cases, this is sufficient if the calves are carefully monitored.

### Fluid Therapy

Correction of fluid and electrolyte abnormalities is the foundation for treatment of diarrheic calves. For a complete discussion, see Chapter 104.

Calves that are not depressed but have profuse diarrhea or are depressed and still have a good suck reflex should be treated with oral electrolyte solutions. Depending on the severity, this may take the form of an additional feeding of 2 L of oral electrolyte solution a day to the complete removal of all milk or milk replacer feeding and the substitution of three feeds of 2 L each of oral electrolyte a day. When choosing an appropriate oral electrolyte solution for more severely affected calves, look for one that, when reconstituted, contains sodium at 100 to 120 mmoles/L and 50 to 80 mmoles of acetate or propionate as the major alkalinizing agents.<sup>66</sup> Avoid products containing a lot of bicarbonate because these raise abomasal pH, which may make it easier for ingested pathogens to gain entry to the intestines. Bicarbonate and high levels of citrate also interfere with milk clotting in the abomasum.<sup>67</sup> Clotting is part of the normal digestive process for calves fed whole cow's milk.

### Intravenous Fluid Therapy

Calves that have lost their suck reflex should be treated with IV fluids to correct dehydration, correct acidemia, and reduce serum D-lactate concentrations below 1 mmol/L.

#### Fluid Requirements

When calculating fluid requirements, it is customary to calculate the amount of fluid to correct dehydration and add amounts for ongoing losses and maintenance requirements. In diarrheic calves fed milk and oral electrolyte solutions, ongoing fecal water losses are generally between 1 and 4 L a day.<sup>68</sup> Maintenance water requirements for calves are not fully documented, but 70 mL/kg body weight prevented the development of dehydration and hypovolemia in one experiment.<sup>69</sup> Table 21-1 shows the application of these principles. The IV route allows for the administration of relatively large volumes of fluid without inefficiencies because of incomplete absorption. It also avoids problems with poor suck reflex and ileus. Ileus delays or prevents the absorption of oral fluids.

Table 21-1

**Examples of 24-Hour Fluid Requirements for a 50-kg Diarrheic Calf**

Item	Dehydration 10%, Severe Diarrhea
Replacement, L	5
Ongoing losses, L	3
Maintenance (70 mL/kg), L	3.5
Total 24-hour requirement	11.5

Diarrheic calves fed either no or small amounts of fluid orally often rapidly develop formed feces. Usually a mixture of isotonic sodium bicarbonate and isotonic saline, lactated Ringer's, or acetated Ringer's solution are used as the IV fluid.

**Correction of Acidosis**

Base deficit<sup>70</sup> is best measured using a blood gas machine or total CO<sub>2</sub> apparatus.<sup>71</sup> It can also be empirically assessed from clinical signs when this option is not available (Table 21-2). In calves with mild acidemia and base deficits less than 10 mmol/L, rehydrating the calf with lactated or acetated Ringer's solution is often sufficient to correct acidosis. More severe acidemia responds best to sodium bicarbonate solution, a fact that has been empirically proven in randomized, controlled, blinded trials in diarrheic calves.<sup>61,72,73</sup> Typically, correction of acidosis requires 1 to 4 L (25 to 100 mL/kg) of isotonic 1.3% sodium bicarbonate administered over about 4 to 8 hours. The remaining fluid deficits are met with isotonic saline solution.

**Correction of D-Lactic Acidosis**

Several important questions still need to be answered about the correction of D-lactic acidosis. One of the more important questions is whether correction of acidemia speeds the clearance of D-lactate. Conventional IV fluid therapy with saline and sodium bicarbonate given in accordance with the preceding principles has been shown to rapidly correct hyper D-lactatemia in diarrheic calves.<sup>49</sup> This is also associated with the excretion of D-lactate in urine.<sup>74</sup> In a controlled trial in calves with acidosis without dehydration syndrome, sodium bicarbonate was more effective than an equal volume of saline in correcting CNS depression,<sup>61</sup> suggesting that sodium bicarbonate therapy helps speed removal of D-lactate.

**Antibiotics**

The common indications for administering antibiotics to some diarrheic calves are for treatment of bacterial causes of diarrhea; reduction of intestinal bacterial overgrowth; and treatment of secondary bacteremia, septicemia, or intercurrent infections.<sup>75</sup>

The majority of cases of enteritis are the result of non-bacterial causes. Bacterial overgrowth can be managed by antibiotic administration or nutritional management.

Table 21-2

**Predicted Base Deficit, mmol/L, of Diarrheic Calves Based on Their Age and Clinical Signs**

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(From Naylor JM: *Can Vet J*, 30:577-580, 1989.)

In one study, septicemia and bacteremia were present in about 30% of diarrheic calves. Calves with low serum immunoglobulin status, recumbent calves, calves with no suck reflex, and those younger than 1 week of age are more likely to be bacteremic or septicemic, and these calves have a higher mortality rate.<sup>76,77</sup> In general this means that calves sick enough to require IV fluid therapy should be placed on systemic antibiotics. A wide variety of organisms can be cultured from the blood of diarrheic calves, but *E. coli* predominates. In my opinion, ceftiofur, trimethoprim sulphonamide combinations, or amoxicillin-clavulanate combinations are good choices. Pathogenic *E. coli* can be resistant to antimicrobials; therefore culture and sensitivity can be helpful in guiding therapy.

**Halofuginone (Coccidiostat)**

Halofuginone lactate (60-100 µg/kg body weight or 5 mg/calf in 10-ml carrier SID) fed orally by syringe into the back of the pharynx following the morning milk feed from birth for 7 days reduces the fecal shedding of cryptosporidium oocysts and the incidence of diarrhea.<sup>78,79</sup> This is the only known pharmacologic method of reducing the incidence of infection with cryptosporidium in calves.

**Nonsteroidal Antiinflammatory Drugs**

Nonsteroidal antiinflammatory drugs only appear to be beneficial in calves that have blood in their feces.<sup>80</sup>

**Probiotics**

Depending on the study, probiotics either show no or some benefit in either the prevention or treatment of diarrheic calves.<sup>7,81-86</sup>

**PREVENTION**

The main cornerstones of prevention are to boost immunity and reduce the load of infectious agents in the environment.

About 25% of dairy calves are partially or completely deficient in colostrally derived antibody. Many, but not all, studies indicate that this is a risk factor for neonatal disease including calf diarrhea.<sup>87-93</sup> Therefore it is

important to make sure that dairy calves receive adequate colostrum. Colostrum deprivation is less of a problem in beef calves. However, farmers should monitor newborn calves carefully and assist those that have not sucked to nurse colostrum. If this is not feasible, calves suspected to be colostrum deprived can be tube fed with a commercial colostrum antibody source containing at least 80 g of immunoglobulin.

Vaccinating the cows before parturition with a product against the K99 antigen of *E. coli* is a highly effective way of reducing this type of diarrhea disease. However, *E. coli* K99 is unique in that it mainly attacks calves in the first few days of life. In North America, vaccination against other diarrheal diseases does not appear to be beneficial or has only minor benefit.

In beef operations the major risk factors for outbreaks of calf diarrhea are large herd size, high stocking density, lack of a large sheltered area, poor drainage with standing water in the nursing area, failing to separate cows and heifers, poor nutrition, and a large number of heifers in the herd.<sup>94-96</sup> Avoid running cows or heifers through a small calving area (e.g., one particular corral or a barn). These rapidly become contaminated and a source of neonatal infection. Small herds, fewer than 40 cows, have a lower incidence of scour problems. Large herds may be best split into groups of 50 to 75 head and managed separately. Stocking density is important; cattle managed at pasture with large amounts of space have less diarrhea than those managed more intensively in corrals at calving time. However, if the weather is adverse, cattle managed at pasture will crowd together into a small space if adequate shelter is not available. There should be a minimum of 100 m<sup>2</sup> and ideally 200 m<sup>2</sup> (1000 to 2000 ft<sup>2</sup>) of area per cow. This area must be clean and sheltered from adverse weather. Damp conditions and standing water are a major risk factor for scours, particularly if more than 5% of the nursing area is affected. Contaminated water can be ingested and directly infect calves. Damp or muddy conditions favor the accumulation of dirt on the flanks, udder, and teats of the cow, where it will be ingested during nursing or grooming. The calving and nursing areas should be well drained, and any standing water should be fenced off. Drinking water should be provided from a clean source. Separating cows and heifers before calving is critically important. This allows the heifers to receive better nutrition. Calves born to heifers are much more likely to develop diarrhea; by separating these high-risk calves, spread to the rest of the herd is reduced. The diet fed to the cows should be complete and balanced. A high percentage of heifers, more than 20%, indicates herd expansion. However, it is also a risk factor for scours. When herds are being expanded it is particularly important to ensure that all other aspects of management are optimized. Another practice that may be beneficial is having an isolation area to treat diarrheic calves. This is likely to be of particular benefit for early cases, before contagion spreads throughout the facilities. Producers should be discouraged from buying in calves to replace a calf lost to dystocia or disease—this is an easy way to import disease.

In operations in which calves are hand reared, it is important to ensure that calves get adequate colostrum antibody intake at an early age. This may help protect

against enteric disease and definitely helps protect against secondary septicemia.<sup>76,88,90,97,98</sup> The next most important factor is cleanliness; at calving both cows and calving area should be clean. The calf-rearing facility must be clean, the feeding utensils must be clean at every feeding, and the feed must be clean. Cleanliness requires constant attention. A variety of factors have been implicated in increasing the risk of calf diarrhea or fecal excretion of cryptosporidia (Table 21-3). In general, calves have least

Table 21-3

**Factors Associated with Risk of Diarrhea or Cryptosporidial Infection in Hand-Reared Calves**

Risk Factor	Increased Risk	Decreased Risk
<b>Calving Area</b>	Being born in loose housing	
Many cows in maternity pen	Yes	
Floor of maternity pen	Soil	Concrete
Daily removal of soiled bedding from maternity pen and calf-raising areas	No	Yes
Ease of calving	Assistance	No assistance
Cleanliness of cows	Dirty	Clean
<b>Feeding Method</b>	Use of a nipple	Feeding from bucket
Number of milk feeds a day	One	Two
<b>Feeding Concentrate</b>	None	Yes
Solid food	High-moisture ear corn	
<b>Building</b>	Damp	Dry
Bedding	Damp	Dry
Ammonia smell in building	Present	None
Restraint method for calves	Tying by a collar	Loose
<b>Quarantine Facilities for Sick Calves or Cows</b>	Yes	No
<b>Stocking Density</b>	Tie stall: Less than 1.6 m <sup>2</sup> per calf	Tie stall: More than 1.6 m <sup>2</sup>
	Free stall: Less than 1 m <sup>2</sup> per calf	Free stall: More than 1 m <sup>2</sup>
Placing calf pens against a wall	Yes	No
<b>Vaccination Against Enteric Pathogens</b>	Yes	Vaccination against enteric disease caused by <i>Escherichia coli</i>
Calf rearer	Adult male	Women or children
<b>Herd Size</b>	Large	

(From data in references 98-103.)

problems if they are fed whole cow's milk or milk replacers made only from dairy products. If waste milk is fed to calves, it is best to pasteurize the milk before it is fed.

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### Recommended Readings

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