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Leadership Behaviors in Health Care Action Teams: A Systematized Review

Nazanin Shamaeian Razavi¹, Mohammad Jalili^{2,3}, John Sandars⁴, Roghayeh Gandomkar^{1,5}* ¹⁰

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Abstract

Background: Effective leadership is critical for the performance of health care teams and their intended outcomes for patient care. Given that team leadership is a modifiable and teachable skill, there is a need for a better understanding of this multidimensional behavior to inform future leadership training for health care action (HCA) teams. This systematized review identifies reported observed leadership behaviors in HCA teams, defined as interdisciplinary teams which complete vital tasks in complex, time-pressured, and dynamic situations,

Methods: We searched CINAHL, MEDLINE, Scopus, PsycINFO, and Web of Science for peer-reviewed, English language articles using single and combinations of keywords including leadership, health care action team, and teamwork, individually. We included articles published until June 2021 without any specific beginning date.

Results: From 242 records, 13 articles were included in the review. We categorized our findings of team leadership behaviors in HCAs based on an existing framework of three dimensions: transition processes, action processes, and interpersonal skills. The most-reported behaviors for transition processes were encouraging team members' input, (re)assessing the team's situation, and confirming team members' understandings. The action processes dimension consisted of behaviors that included monitoring the progress of the patient, managing resources, asking for help when needed, coaching/supervising, and assisting team members as needed. Finally, closed-loop communication and facilitating team members speaking up behaviors were categorized as interpersonal skills.

Conclusion: Although team leadership has been an area of focus in the field of health professions education, little attention has been paid to identifying the observable behaviors of effective team leaders in an HCA team. The study identified several new essential team leadership behaviors that had not been previously described, including seeking feedback, shared decision making, and aspects of interpersonal communication. The findings can inform educators in planning and implementing strategies to enhance HCA team leadership training, with the ultimate potential to improve health care.

Keywords: Leadership, Health Care Action Team, Teamwork, Team Leader, Leader Skills

Conflicts of Interest: None declared

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Introduction

Leadership has been demonstrated as an important factor for team success (1-4) and has been identified as a

Corresponding author: Dr Roghayeh Gandomkar, rgandomkar@tums.ac.ir

- ¹ Department of Medical Education, School of Medicine, Tehran University of Medical Sciences, Tehran, Iran
- ^{2.} Health Professions Education Research Center, Tehran University of Medical Sciences, Tehran, Iran
- ^{3.} Department of Emergency Medicine, School of Medicine, Tehran University of Medical Sciences, Tehran, Iran
- 4. Edge Hill University Medical School, Edge Hill University, Ormskirk, UK
- ^{5.} Education Development Center, Tehran University of Medical Sciences, Tehran, Iran

critical role for effective Health Care Act ion (HCA) teams (5). HCA teams are described as interdisciplinary

†What is "already known" in this topic:

There is a growing knowledge that team leadership is a core competence for health professionals. Prior research has tried to identify team leadership behaviors in health care action teams, yet none of them was comprehensive.

\rightarrow *What this article adds:*

This systematized review presented a list of specific leadership behaviors for health care action teams within a framework of dimensions and sub-dimensions, with the intention of informing the development, implementation, and assessment of training interventions. teams which are generally supervised by a senior or junior doctor in complex, time-pressured, and dynamic situations to complete vital tasks (6). An illustrative example is the management of a trauma casualty who arrives in the emergency department in severe distress and impending cardiac arrest. In this situation, a group of skilled providers from different disciplines has to coordinate their actions to successfully manage the vital task. HCA teams with an effective team leader have more effective coordination of actions with enhanced team performance and communication, fewer adverse events, and improved outcomes for patients (7-9).

Medical regulatory bodies recognize team leadership as a core competence for medical learners (8-10). The Accreditation Council for Graduate Medical Education (ACGME) expects junior doctors to work efficiently as a leader in teams as part of its six areas of core competencies (11). The CanMEDS competency framework includes the development and application of leadership skills (12). An essential aspect of developing training for addressing these required competencies is to define team leadership behaviors, especially in HCA teams in which leadership is critical, with the intention to ensure that these behaviors are included in any training curricula (13). A systematic review of studies that reported the use of assessment tools for HCA teams leadership until 2012 was conducted by Rosenman et al. (2015) (14). This review identified leadership behaviors, and they proposed a framework for team leadership behaviors by refining previous frameworks. The framework had three dimensions: transition processes, action processes, and interpersonal skills. The transition processes were defined as a period of time in which the team focuses on team structure, teamwork planning, and evaluation of the team performance to achieve its ultimate goal. The action processes included patient monitoring, system monitoring, backup behavior, and coordination which are part of the team's performance to strive towards accomplishing its goals. Interpersonal skills included conflict management, affect management, empowering and communication for management of the transition and action processes.

The aim of this systematized review was to identify the reported observed leadership behaviors in HCA teams in the published literature. Our intention for conducting this review was to inform future team leadership training for HCA teams, with potential impact on HCA team performance and patient care.

Methods

We performed a systematized review by using keywords (leadership, health care action team, teamwork, team leader, leader skills), both single and in combination, to search CINAHL, MEDLINE, Scopus, PsycINFO, and Web of Science for peer-reviewed English language articles published until June 2021, without any specific beginning date (Appendix 1).

Inclusion and exclusion criteria: English language studies that identified team leadership behaviors in HCA teams with the leadership of senior or junior doctors in a hospital or simulated setting were included. Studies that focused on both team leadership behaviors and attributes were initially included, but attributes were not analyzed. Our rationale for not analyzing leadership attributes is that they are not observable. An "attribute" is part of what the leader "is", whereas "behavior" is part of what the leader "does" (4). Leadership behaviors are directly observable and are determined by attributes. We excluded studies if (1) they were review articles or meta-analyses or book chapters, (2) the main focus of the study was not team leadership in HCA teams, and (3) they were presented as methods of leadership training.

Study selection: The retrieved articles were entered into EndNote software and checked for duplicates. The first author (NSHR) read all the titles and abstracts of the articles and checked them against the inclusion criteria. The full text of the remaining articles was reviewed for the eligibility criteria. The whole process of searching and selecting the articles was conducted throughout with open discussions with RG and MJ. We did not include grey literature in the search.

Data analysis: We summarized the data of the included studies into three categories: (1) study characteristics (Author's name, publication year, study design, and the number of institutions (2) participants (number, type of participation, number and type of participated teams, profession, medical specialty); and (3) leadership behaviors. The first author (NSHR) initially read a sample of articles and extracted the team leadership behaviors described in the article. The extracted behaviors were checked with RG, and disagreements were discussed to reach a consensus. Then, all selected articles were checked for data extraction by NSHR. Following extraction, leadership behaviors with similar meanings which were described in the different articles were identified, and each behavior was labeled with one behavior that best described the behavior. The frequency of each labeled behavior was determined and the labeled behaviors were deductively assigned to the dimensions and sub-dimensions using Rosenman et al. (2015) team leadership framework (14). The process of data analysis was checked by RG, MJ and JS, with a discussion about differences to reach a consensus.

Results

Out of 242 articles, 15 duplicated papers were excluded. After evaluating titles and abstracts, 24 papers remained in which their full text was assessed. A total of 13 articles met the inclusion criteria and were included for further analysis (Fig. 1).

The detailed overview of each article is described in Table 1. The articles were published between 2003 to 2020. Of 13 articles, 5 were quantitative (6, 16-19), 2 used a qualitative approach (20, 21), and 6 employed a combination of both quantitative and qualitative methods (7, 8, 15, 22-24). Interviews were conducted in 5 studies for data gathering; 2 of them used critical incidents interviews (20, 23). Questionnaires were used in 3 mixed-method studies (8, 15, 22), and 1 quantitative study (16). Other methods (Delphi and focus group) were used in 2 studies (7, 24). Studies identified leadership behaviors in different HCA teams, including surgical (5 studies) (6, 15,

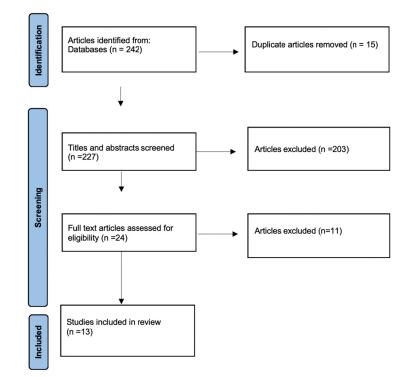


Fig. 1. Flow chart of the literature selection process for the present article

Table 1	Characteristics	of 12	atudiaa	included	in the	measant	articl	_
Table 1.	Characteristics	01 15	studies	Included	in the	present	antici	c

First author	Study design	Number of institutions	Number of participants and Type of participation	Number and type of
Fernandez 2020	Quantitative	1	79 second- and third-year emergency medicine and general surgical resi- dents at the University of Washington Trauma resuscitations were video recorded and coded using outcome measures.	teams participated 1 trauma team at the University of Washington
MO 2019	Mixed	1	Phase 1. Quantitative: 21 members from trauma team were interviewed Phase 2. Quantitative: 64 members from trauma team completed DCE (Dis- crete Choice Experiment) questionnaire Trauma team included physicians (resident, fellow, or attending), nurses, x- ray technologists, respiratory therapists, etc.	1 Pediatric trauma team
Oza 2018	Mixed	2	Phase 1. Developing LOFT (Leadership Observation Feedback Tool): In- ternal medicine and pediatric residents were surveyed (20), completed a Delphi questionnaire (15) and participated in a pilot study (78).	5 Clinical teams
			Phase 2. LOFT testing: 377 team members (attending physicians, fellows, and residents, nurses, pharmacists, medical students, and allied health professionals) completed LOFT for 95 residents.	
Stone 2017	Mixed	1	7 surgeons and 82 non-surgeons (phase 1) and 5 surgeons and 105 non- surgeons (phase 2) were surveyed to measure surgical staff member percep- tions and attitudes about themselves, their teams, and team dynamics.	Number not stated
			-Cases involving 7surgeons (phase1) and 4 surgeons (phase2) were ob- served to collect data about interactions between surgeons and non- surgeons during individual surgical procedures.	Surgical teams
			- 7 surgeons and 116 team members were interviewed to gain insights on contextual influences underlying observed interactions Non-surgeons included scrub technicians/nurses, circulating nurses, physician assistants, perfusionists, anesthesiologists, and trainees (e.g. surgical	

17, 21, 24), pediatric emergency (2 studies) (7, 16), trauma (3 studies) (8, 23), anesthesia (1 study) (18), clinical (1 study) (22) and ICU (1 study) (20). A total of 10 studies performed psychometric analysis of the assessment tools and five studies employed a theoretical framework. Team leadership behaviors were categorized into three dimensions: transition processes, action processes, and interpersonal skills (Appendix 1). Tables 2, 3, and 4 show the behaviors in each dimension. For the transition phase, sub-dimensions were mission analysis, goal specification,

http://mjiri.iums.ac.ir Med J Islam Repub Iran. 2022 (14 Feb); 36.8. Team Leadership Behaviors

First author	Study design	Number of institutions	Number of participants and Type of participation	Number and type of teams participated
Leenstra 2016	Mixed	3	28 participants including 5 surgeons, 3 surgical residents, 8 emergency physicians, 1 resident emergency physician, 1 anesthesiologist, 2 anesthe- siology residents and 8 emergency nurses, were interviewed (critical incident type).	Number not stated Trauma teams
Coolen 2015	Quantitative	1	12 pediatric residents participated in 48 team simulations of a pediatric critical-care event.38 residents were surveyed to assess the specific needs in leadership training as felt by them.	Number not stated Pediatric emergency teams
Parker 2014	Quantitative	3	Videos of 29 operations from Surgical teams (surgeons, surgical residents, nurses, anesthesiologists were analyzed.	Number not stated Surgical teams
Parker 2013	Mixed	1	Phase 1. Qualitative: 106 participants, including surgeons, trainees, anes- thetists, nurses participated in 10 focus groups.	1 Operating room team
Grant 2012	Mixed	5	Phase 2. Testing taxonomy: 2 psychologists rated 5 videos of live surgery. Phase 1.8 pediatric acute care physician educators (3 from emergency medicine, 4 from critical care, and one practicing in both subspecialties) from five pediatric tertiary care hospitals in Canada participated in a Delphi method to develop pediatric resuscitation team leader evaluation tool as members of an Expert Working Group (EWG). Phase 2. 30 residents on two videotaped scenarios were assessed by 4 pediatricians using pediatric resuscitation team leader evaluation tool for Instrument psychometric testing.	Number not stated Pediatric resuscitation team
Parker 2012	Quantitative	3	20 surgeons Observed at 29 surgery Participants included consultant surgeons, surgical trainees, circulating nurses, scrub nurses, and anesthetists	22 Surgical teams
Reader 2011	Qualitative	7	25 senior ICU physicians were interviewed (critical incident technique).	Number not stated
Künzle 2010	Quantitative	1	26 residents and nurses videotaped during simulated anesthesia induc- tions. Videotapes were analyzed using the software ATLAS ti.	ICU teams 12 Anesthesia teams
Edmondson 2003	Qualitative	16	165 members from 16 Operating Room teams (Surgeons, Anesthesiolo- gists, OR nurses perfusionists, Cardiologists, intensive care unit (ICU) nurses, general care unit (or floor) nurses, senior hospital agents), were interviewed.	16 Operating Room teams

strategy formulation, and reflection. Patient monitoring, system monitoring, team monitoring, and activity coordination were the sub-dimensions of action processes. Subdimensions of behaviors related to conflict management, affect management, motivation, and communication were included in the dimension of interpersonal skills.

Discussion

Although the leadership by doctors is a crucial component of high-performing HCA teams, identifying the relevant, effective leadership behaviors remains a challenge. We found 13 papers reporting the key leadership behaviors of senior and junior doctors as team leaders for the HCA team and then categorized these behaviors into subdimensions using a predetermined framework with the dimensions transition processes, action processes, and interpersonal skills.

We extended Rosenman's review (2015) (14) by reviewing articles published until June 2021, and we also identified several new leadership behaviors that were not described in this review.

Transition processes: Team leadership behaviors in the

transition phase were categorized in 4 sub-dimensions, including mission analysis, goal specification, strategy formulation, and reflection. Most team leadership behaviors related to mission analysis were encouraging team members' input (6-8, 19, 21, 24), (re)assessing the teams' situation (6, 7, 20), and confirming team members' understandings (23, 24). The most common goal specification behaviors were assigning tasks/delegating roles (7, 8, 18-20, 24), and setting expectations and goals for the team (6, 16, 20, 22, 24). Collaborating with team members for shared decision-making (6, 8, 18, 20, 22-24), providing strategy/creating a new plan in response to changes in patient condition (20, 23, 24), and planning and prioritizing care monitoring actions (8, 19, 20, 23), were the most common behaviors to formulate a strategy. Finally, the most common reflection behaviors were encouragement (6, 15, 20, 22, 24), and providing constructive, positive and, specific feedback (8, 20, 22, 23). Our review showed that the main leadership behaviors of doctors were in transition processes and this was also found in the review of healthcare teams by Dinh et al. (25). They found that of all disciplines in healthcare the medical sub-disciplines fields,

Transition processes sub dimensions	Team leadership behaviors	Relevant studies
Mission analysis	 1.Team leader encourages team members for input (n=5) 2.Team leader integrates team members' suggestions (n=1) 3. Team leader holds the team notified of plans and changes to stabilize a shared mental model (n=1) 4. Team leader fortifies team members' understanding (n=2) 5.Team leader (re) assesses the situation (n=3) 6.Team leader briefs the team (n=2) 	Fernandez 2020 (19), MO 2019 (8), Oza 2018 (22), Leenstra 2016 (23), Parker 2013 (24), Parker 2012 (6), Grant 2012 (7), Reader 2011 (20)
Goal specification	 Team leader assigns tasks/delegates roles (n=7) Team leader introduces expectations and goals for team/Promotes mutual goalsetting (n=5) Team leader applies established guidelines/protocols to meet standards (n=4) 	Fernandez 2020 (19), MO 2019 (8), Oza 2018 (22), Stone 2017 (15), Coolen 2015(16), Parker 2014 (17), Parker 2013 (24) Parker 2012(6), Grant 2012 (7), Reader 2011 (20), Künzle 2010 (18)
Strategy formulation	 Team leader plans for whatever to do. (n=3) Team leader plans/decides how to do things (n=3) Team leader presents strategy/creates a new plan regarding patient status (n=3) Team leader thinks ahead/builds contingency plans (n=1) Team leader presents direction/uses command statements/makes firm decisions (n=2) Team leader assures collaboration with team members for shared decision-making (n=7) Team leader plans and prioritizes care monitoring actions(n=3) 	Fernandez 2020 (19), MO 2019 (8), Leenstra 2016 (23), Coolen 2015 (16), Par- ker 2014 (17), Parker 2013 (24), Parker 2012 (6), Reader 2011 (20), Oza 2018 (22), Künzle 2010 (18)
Reflection	 Team leader debriefs the team/ Ensures that expectations and goals are achieved (n=4) Team leader provides specific/positive, and constructive feedback/criticism fre- quently (n=6) Team leader identifies areas for team improvement (n=1) Team leader provides encouragement (n=4) Team leader receives feedback (n=1) 	MO 2019 (8), Oza 2018 (22), Leenstra 2016 (23), Reader 2011(20), Stone 2017 (15), Parker 2012 (6), Parker 2013 (24)

Table 3. Leadership behaviors related to action processes for health care action teams

Action processes sub dimensions	Team leadership behaviors	Relevant studies
Patient monitoring	 Team leader connects with patients (n=3) Team leader monitors the progress of patient/notes when the patient is not responding as expected (n=5) Team leader notices unpredictable, relevant changes in patient condition (n=5) 	Oza 2018 (22), Leenstra 2016 (23), Coolen 2015 (16), Grant 2012 (7), Reader 2011 (20)
Systems monitoring	 1.Team leader requests for help when required (n=5) 2. Team leader notices a change in the system/team environment (n=3) 3. Team leader facilitates team problem solving (n=4) 4. Team leader remains hands-off/maintains a big picture view (1) 5. Team leader involves in time management for tasks (n=3) 6. Team leader manages resource utilization (n=6) 7. Team leader manages team progression towards goals (n=5) 8. Team leader frequently reminds others of goals/ expectations (n=1) 	Oza 2018 (22), stone (2017), Leenstra 2016 (23), Coolen 2015 (16), Parker 2014 (17), Parker 2013 (24), Parker 2012 (6), Grant 2012 (7), Reader 2011 (20), Künzle 2010 (18)
Team monitoring/backup behavior	 Team leader Identifies errors (n=4) Team leader manages team members' workload/Distributes work appropriately and fairly based on skill level (n=2) Team leader assists team members as needed, particularly at busy times/establish mutual support with them (n=5) Team leader coaches/provides supervision as needed (n=5) Team leader places an emphasis on teaching and learning (n=2) 	Leenstra 2016 (23), Coolen 2015 (16), Parker 2013 (24), Parker 2012 (6), Grant 2012 (7), Reader 2011 (20), Ed- mondson 2003 (21)
Coordination	 Team leader coordinates activities (n=1) Team leader checks in with team members frequently (n=1) 	Leenstra 2016 (23), Reader 2011 (20)

including emergency, surgery, anesthesia and obstetric teams, were more focused on transition processes (25). We found two behaviors including "Team leader receives feedback" and "Team leader ensures collaboration with team members for shared decision-making," that were not included in Rosenman et al.'s review (2015). These findings are in line with the emerging emphasis on the importance of feedback-seeking behavior and shared decision-making in healthcare teams (26, 27).

Action processes: Important team leadership sub-

Interpersonal skills sub- dimensions	Team leadership behaviors	Relevant studies
Conflict management	1. Team leader assists with conflict management/resolution (n=2)	Coolen 2015 (16), Reader 2011 (20)
Affect management	 Team leader is available and approachable/has a positive attitude, even during difficult times (n=1) Team leader treats all team members with respect/ trustworthy and ethical (n=2) Team leader remains calm/copes with pressure and stress/manages noise distraction(n=2) Team leader takes the initiative (n=1) Team leader has a sense of constructive humor (n=1) 	Oza 2018 (22), Parker 2014 (17), Par- ker 2013 (24), Reader 2011 (20), Stone 2017 (15), Coolen 2015 (16),
Motivation/empowering	 Team leader motivates and empowers team members (n=2) Team leader is confident in other team members' work (n=1) Team leader models dedication to and passion for high-quality patient care (n=2) Team leader thanks team members for their work/ Gives praise for work well done/ Acknowledges/Highlights successes and accomplishments (n=1) 	Oza 2018 (22), Edmondson 2003 (21), Reader 2011 (20)
Communication	 Team leader facilitates speaking up (n=3) Team leader listens carefully to others (n=1) Team leader communicates clearly/uses closed-loop communication (n=10) Team leader facilitates team engagement (n=1) 	MO 2019 (8), Oza 2018 (22), Leenstra 2016 (23), Coolen 2015 (16), Parker 2014 (17), Parker 2013 (24), Parker 2012 (6), Grant 2012 (7), Reader 2011 (20), Edmondson 2003 (21)

dimensions in the action process dimension were patient monitoring, system monitoring, team monitoring, and coordination. Monitoring the progress of the patient and for unexpected changes in the patient's condition were common behaviors in the patient monitoring dimension (7, 16, 20, 22, 23). Managing resources (6, 7, 17-20, 24), and asking for help when needed (6, 7, 20, 22, 24), were the most important behaviors in the system monitoring dimension. The monitoring team dimension also included coaching/supervising (6, 16, 23), and assisting team members as needed (6, 16, 23) as the most reported behaviors. Consistent with our findings, monitoring behaviors have also been highly reported in several studies of teamwork in emergency surgery (28, 29).

Another notable finding for action processes was that important components of team leadership, such as the coordination sub-dimension, included few behaviors. One reason could be that the sub-dimensions of action processes may be difficult to translate into specific behaviors since it is challenging to observe action process-based behaviors during complex, time-pressured, and dynamic real encounters of HCA teams, where completing the vital tasks are at stake. Further research is suggested to analyze team leadership literature using the input-mediatoroutput-input (IMOI) heuristic that has been previously applied in teamwork studies in health care (30). This adaptive model recognizes mediational factors (processes and emergent states) that transform inputs to outputs. The emergent cognitive, behavioral or affective states (e.g., team efficacy, team potency, team empowerment, cohesion and trust) of a team are particularly influenced by the progression of the team over time. This model shows the broader range of crucial mediational effects that can explain variability in team performance. Utilizing this model may extend our understanding of team performance by revealing more mediational factors for effective team leadership. This model could also be included in interventions for team leadership training for HCA teams, with the intention to support leadership in dynamic situations.

Interpersonal skill dimension: Several sub-dimensions, such as conflict management, affect management, motivation, and communication, were considered as interpersonal skills. The most common interpersonal behaviors were closed-loop communication (6-8, 16, 20-24), which describes a team's ability to deliver, receive, and understand information. HCA team leaders employ closed-loop communication to make clear communication between team members and to reduce preventable errors. We have identified more behaviors in the interpersonal skills domain than have been described in the previous review by Rosenman et al. (14), which suggests that recent studies on team leadership in HCA have increased their focus on behaviors in this domain.

Study Limitations

This study has several potential limitations. We used a limited number of search terms and databases in our systematic searchthat were limited to articles published in English. However, we adopted an explicit search strategy of the main relevant databases. We found a diversity in the analysis of the procedures and results in the reviewed articles but we tried to overcome this potential limitation by a wider reading of the relevant literature and by increasing our familiarization with the various terms and by discussing the initial coding and labeling between the reviewers to reach consensus. Although the quality assessment of articles may strengthen our findings, due to the small number of articles included in this systematized review, we preferred to maintain all articles and did not perform the quality assessment of articles. Based on Grant's study (2009) on the typology of review studies, systematized reviews may or may not include quality assessment of included articles (31).

Conclusion

This review has identified a list of specific leadership behaviors for HCA teams within a framework of dimensions and sub-dimension, with the intention of informing the development and implementation of training interventions to enhance the effectiveness of HCA teams, and ultimately to improve health care. We extended the list of leadership behaviors described in a previous review by identifying several new behaviors that are increasingly recognized as essential for effective teamwork and clinical care, including seeking feedback, shared decision-making and aspects of inter-personal communication. These leadership behaviors should be included in future training for HCA teams. Further research is suggested to operationalize more action phase processes within HCA teams using more comprehensive underlying theories and to define effective leadership dimensions and behaviors across HCA teams to support patient safety as the ultimate goal.

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Ethics approval and consent to participate

The Institutional Review Board of Tehran University of medical sciences approved the study (IR.TUMS.IKHC.REC.1397.152).

Conflict of Interests

The authors declare that they have no competing interests.

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http://mjiri.iums.ac.ir Med J Islam Repub Iran. 2022 (14 Feb); 36.8. Appendix 1. Search Strategy Used in a Systematized Review to Identify Research Describing Team Leadership behaviors in Health Care Action Teams

PubMed search strategy:

("Leadership"[MH] OR leadership [tiab] OR team leader [tiab] OR "team leader behaviors"[tiab] OR " "[tiab] OR "leader skills"[tiab]) AND ("Health Care teams"[Mesh] OR " "Outcome Assessment (Health Care)"[MH] OR assessment [tiab] OR assess [tiab] OR Performance [tiab] OR evaluation [tiab] OR evaluate [tiab] OR evaluated [tiab] OR validity [tiab] OR Validation [tiab] OR measure [tiab] OR evaluate [tiab] OR "leadership assessment"[mh] OR (leadership status"[MeSH Terms] OR "leadership styles"[MeSH Terms]) OR "leadership development"[tiab] OR "Emergency Responders"[Mesh] OR "Students, Health Occupations"[Mesh] OR residents [tiab] OR "Internship and Residency"[mh] OR "care teams"[tiab] OR "Patient Care Team"[mh] OR "Hospital Rapid Response Team"[mh] OR "Students, Medical"[mh]) OR "interdisciplinary teams" AND English [lang] AND Journal Article.

PyscINFO search strategy:

(DE "Leadership" OR DE "Leadership behaviors" OR DE "Leadership Style" OR DE "health care Leadership" OR Te am leader" OR teamwork) AND ((DE "Measurement" OR DE "Achievement Measures" OR DE "team leader Measures" OR DE "leadership Measurement") OR (DE "Competence" OR DE "Professional Competence") OR (DE "Evaluation" OR DE "teamwork Evaluation" OR DE "team Evaluation") OR (DE "Training")) AND ((((DE "Health Personnel" OR DE "Allied Health Personnel" OR DE "Medical Personnel" OR DE "Medical Education") OR (DE "Medical Students")) OR (DE "Medical Internship")) OR (DE "Medical Education") OR "care teams")

Web of Science search strategy:

Topic= (teamwork OR leadership OR "team leader") AND Topic= ("care providers" OR residents OR students * OR physician* OR team OR teams OR faculty) AND Topic= (team leader behaviors OR competence OR evaluation OR metrics OR outcome OR validation OR evaluated) Timespan=2003-2021

Author	Transition processes	Action processes	Interpersonal skills
Fernandez 2020 (2)	Establishing the leadership role Sharing information and interpreting data Planning and prioritizing tasks Assigning roles Assessing team members' skills Seeking input Identifying task barriers		
MO 2019 (8)	Levels of Collaboration: -Actively involves input from team -Sometimes involves input from team -Dismissive of differing opinions Levels of Protocol: -Strict on protocols/standards -Deviates from protocols with team's feed- back -Deviates from protocols under own discre- tion Levels of Organization: - Delegates and prioritizes tasks; multiple tasks occur simultaneously -Capable of delegation; tasks occur sequen- tially -Does not clearly delegate or prioritize patient needs Levels of Decisiveness: -Capable of making decisions with expert guidance -Decisive, based on available information -Often indecisive		Levels of Communication: - Clear, closed-loop communica- tion -Concise communication, at times closed-loop -Hesitant and unclear communi- cation
Oza 2018 (22)	 Provides specific and constructive feedback, identifies areas for improvement Provides positive feedback and encouragement Gives feedback frequently Creates an environment in which team members can discuss and learn from mistakes Sets clear expectations and goals at the beginning Frequently reminds others of goals/ expectations Ensures that expectations and goals are achieved 	 Checks in with team members frequently Ensures collaboration with team members for shared decision-making Promotes mutual goal-setting and shared decision-making Distributes work appropriately and fairly based on skill level Helps with any tasks, particularly at busy times Incorporates individual learning needs when delegating tasks. Faces challenges through application of problem-solving skills. Places an emphasis on teaching and learning 	 Shows appreciation to motivate team Thanks team members for their work Gives praise for work well done Acknowledges/highlights successes and accomplishments Does things for the team to show appreciation (e.g., brings food) Listens carefully to others Communicates directly and clearly with all team members Is available and approachable Is confident in other team members' work Has a positive attitude, even during difficult time ability to be assertive Stays calm in stressful situations Models how to treat others Models dedication to and passion for high- quality patient careful to an enders
Stone 2017 (15)	 -Elucidator (24%):4 positive behaviors (teaching, constructive criticism, explanation, and relevance giving) 2 negative behaviors (private criticism and negative criticism) - Safe space maker (15%): 3 positive behav- iors (non-surgeon) initiated concern, ques- tioning, and information sharing. 	 Conductor (9%): 4 positive behaviors (returning the team members to focus, antic- ipating concerns, mapping steps, and closing loops for confirmation) I negative behavior (the need for non- surgeons to seek clarification) Delegator (15%): help-seeking (positive) or requesting (neutral) 	 Engagement facilitator (15%): 6 positive behaviors (collaboration, consultation, helping /supporting, apology, thanks, and inquiry) Tone setter (20%): 4 positive behaviors (constructive humor, compliments, reassurance, and encouragement) 2 negative behaviors (frustratior and destructive humor) 1 neutral behavior (conversation unrelated to the case)

Team Leadership Behaviors

Author	Transition processes	Action processes	Interpersonal skills
Leenstra 2016	Briefing	patient handling	
(23)	IC: Exchanging prehospital	IC: Collecting patient information	
	information (Information	Discussing findings/ assessment	
	coordination)	Communicating findings/ assessment	
	DM: Discussing strategy and	DM: Considering options	
	tasks (Decision making)	Selecting and communicating option	
	AC: Discussing preparations (Action coordination)	Reviewing decisions AC: Planning and prioritizing care	
	CTD: Setting positive team	monitoring actions/protocol adherence	
	climate (Coaching and team	Updating about progress	
	development)	Providing action/correction instructions	
	Debriefing	Anticipating/responding members' task needs	
	IC: Exchanging perceptions	CM: Handling communication environment	
	and understanding	Applying communication standards	
	AC: Organizing debriefing	Structuring discussions	
	Presiding debriefing	CTD: Recognizing limits of own competence	
	CTD: Evaluating performance	Supporting/coaching/ educating others	
	Discussing team climate issues	Stimulating concern reporting/speaking up	
	Providing/receiving feedback	Stimulating positive cooperative atmosphere	
		Managing workload Transfer to follow-up care	
		IC: Presenting case assessment and rationale	
		Highlighting concerns	
		DM: Discussing admission to follow-up care	
		AC: Coordinating continuity of care during handover	
		Exchanging thoughts for care plan	
		Handover	
		IC: Collecting patient information as central contact	
		Checking for differences in prehospital information and	
		handover	
		DM: Confirming initial plans at end of handover AC: Coordinating continuity of care during handover	
		CM: Handling handover communication environment	
Coolen 2015	- Actively rewards and com-	Supporting style:	– Is reluctant to take initiative
(16)	pliments coworkers (Support-	- Is focused on coworkers, invests in relationships (Support-	(Supporting style)
	ing style)	ing style)	- Is passive and reactive rather
	- Is not open for ideas of	- Wants coworkers to excel in their work (Supporting style)	than proactive (Supporting style)
	coworkers (Delegating style)	– Does not lean on hierarchical structures (Supporting style)	 Is not focused on relation with
	- Is goal oriented (Directive	- Creates possibilities for innovation and coworker initiative	coworkers (Delegating style)
	style)	(Supporting style)	- Is reluctant to change (Delegat-
		 Actively coaches coworkers (Supporting style) Simulates collaboration between coworkers (Supporting 	ing style)
		- Simulates collaboration between coworkers (Supporting	T 1 1 1 1 1 1 1 1 1 C
			- Is dominant with high level of
		style)	confidence (Directive style)
		style) - Is not focused on task execution (Delegating style)	confidence (Directive style) – Takes initiative (Directive
		style) - Is not focused on task execution (Delegating style) – Transfers responsibilities to coworkers (Delegating style)	confidence (Directive style) – Takes initiative (Directive style)
		style) - Is not focused on task execution (Delegating style)	confidence (Directive style) – Takes initiative (Directive
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Author	Transition processes	Action processes	Interpersonal skills
Parker 2012,	Making decisions:	Supporting others:	Communicating:
2013, 2014	-Seeking out appropriate information and	- Judging the capabilities of team members	- Rapport with team members and
(6,24,17)	generating alternative possibilities or courses	- Offering assistance where appropriate	actively encouraging them to
	of action	- Establishing a rapport with team members	speak up
	- Synthesizing the information	and actively encouraging them to speak up	- Giving and receiving infor-
	choosing a solution to a problem, and letting	Training:	mation in a timely manner to aid
	all relevant personnel know the chosen option	- Instructing and coaching team members	establishment of a shared under-
	- Making an informed prompt judgment on	according to goals of the task	standing among team members
	the basis of information, clinical situation, and	- Modifying own behavior according to	- Speaking appropriately for the
	risk and continually	team's educational needs	situation
	- Reviewing its suitability in light of changes in the patient's condition	-Identifying and maximizing educational opportunities	- Asking for input from team members
	Directing	Managing resources:	members
	Appropriately to team members, and ensuring	- Assigning resources (people and equip-	
	the team has what it needs to accomplish the	ment) depending on the situation or context	
	task	- Delegating tasks appropriately to team	
	- Clearly stating expectations regarding ac-	members, and ensuring the team has what it	
	complishment of task goals; giving clear in-	needs to accomplish the task	
	structions; using authority where required	r r r r r r	
	- Demonstrating confidence in both leadership		
	and technical		
	Maintaining standards:		
	- Supporting safety and quality by adhering to		
	acceptable principles of surgery		
	- Following codes of good clinical practice,		
	and enforcing theater procedures and protocols		
	by consistently demonstrating appropriate		
	behaviors (i.e. asking for help ability)		
Grant 2012 (7)	- Clearly identifies he/she will lead the resus-	- Obtains preliminary history quickly or	- Uses effective closed loop
()	citation	designates other to do so	communication
	- Verbalizes thoughts and summarizes pro-	- Obtains full set cardiorespiratory monitor-	
	gress periodically for benefit of the team	ing and full set of vitals promptly	
	- Shows anticipation of future events by ask-	- Obtains assessment of airway patency and	
	ing for preparation of equipment or medication	protection	
	not yet needed	- Obtains assessment of breathing	
	- Asks for and acknowledges input from team	- Asks for initiation of appropriate initial	
	- Reassesses and reevaluates situation fre-	breathing support and ensures effectiveness	
	quently	- Identifies need for and obtains appropriate	
		airway intervention as required - Ensures adequacy of airway and breathing	
		after each intervention	
		- Asks for assessment of pulses and perfusion	
		- Asks for initiation of chest compressions	
		when appropriate and ensures adequacy of	
		compressions	
		ensures timely appropriate vascular access	
		- Verbally identifies cardiac rhythm on moni-	
		tor and reassesses rhythm and pulse appro-	
		priately after each intervention	
		- Chooses interventions according to appro-	
		priate PALS algorithm	
		- Orders appropriate investigations	
		- Asks for assessment of neurological status	
		or secondary survey once Stabilization of APC's complete	
		- Stabilization of ABC's complete - Maintains control of leading the resuscita-	
		tion	
		- Manages team resources appropriately	
		among team members	
		- Avoids fixation errors	
		- Refrains if possible, from active participa-	
		tion	
		- Asks for appropriate help early and shows	
		- Asks for appropriate help early and shows	

Team Leadership Behaviors

uthor	Transition processes	Action processes	Interpersonal skills
leader	Information gathering	Information gathering) Unit Monitoring)	Team Member Interactions w
011 (20)	(Unit Assessment):	- Status/progress of priority patient treatments are monitored through	the Senior Physician:
	-Status/condition of new patients is assessed on arrival at the intensive	visual inspections and discussions with medical and nursing staff	- All team members are asked
	care unit	- Information sources (charts, x-rays) are periodically reviewed	and expected to perform meni
	Expected changes in status of existing patients are confirmed	- Patient plans with inadequate progress are identified/highlighted and	or administrative tasks
	-Patients for potential discharge from intensive care unit are identified	discussed further with team members	Formalities are clearly estab-
	-Patient information sources (e.g., charts, x-rays, blood tests, drug	- Problems or unexpected changes to patient conditions are detected	lished to new team members
	charts) are reviewed in-depth with multidisciplinary team	through dialogue with medical and nursing staff	(e.g., calling the senior physic
	-Information on patient progression is gleaned from nursing/medical	- Awareness for potential incoming/outgoing patients is maintained	by title)
	staff (e.g., drugs, feeding, sedation, discussions with family)	through communication with senior trainees/other units	- Trainee doctors are support
	-Future information (e.g., computed tomography scan) or resource	 Completion of routine housekeeping/care tasks (e.g., paperwork, noting a paylob and the second second	in contacting the senior physic
	(materials, expertise) requirements/ gaps are identified with team and	patient nourishment) is checked	cian when they have significa-
	tasked accordingly Managing Team Mambars (Unit Assessment)	Information gathering (Crisis Management)	patient care concerns and are
	Managing Team Members (Unit Assessment) -Staff rotation is checked and new trainee doctors are met during initial	 A concise analysis of the situation from the trainee doctors/semior 	criticized for raising false ala
	tour	nurse is requested	Contributions and novel idea from team members on unit a
	-The skills, knowledge, and experience levels of new trainee doctors	 When situation is managed by a trainee physician, indicators showing need for senior physician intervention are monitored (e.g., trainee 	patient management are enco
	are considered (e.g., through informal discussion, stage of training)	indecision, severity of illness, management plan quality)	aged
	-Contributions to the patient care plans are invited from team mem-	- When performing tasks requiring high levels of attention (e.g., line	- Team members are encoura
	bers, and questions are invited on previously unseen illness-	insertion), team members are instructed to verbally update on new	to approach the senior physic
	es/treatments	information (e.g., physiologic measures)	if they experience profession
	-Dependent on workload/team, junior trainees are asked to present	- Information is considered "aloud" to share and confirm (i.e., identify	al/personal difficulties
		inconsistencies) team member perspectives	- When unintentional mistak
	cases, nurses are asked to discuss patient care, and senior trainees are asked to lead on care plans	- Future situational/system information requirements are identified (e.g.,	are made by medical or nursi
	-Tasks and responsibilities are delegated with instructions tailored to	availability of surgical support)	staff, the senior physician
	trainee physician skills, knowledge, experience, and training needs	Managing team member (Unit Monitoring)	remains calm - to establish a
	-Team members are asked to verbally confirm their specific duties and	-status/problems in enacting the care plan are discussed with team	learning culture
	responsibilities for each patient before next patient is reviewed	members and guidance is given on technical/organizational issues	Empathy and compassion are
	-Team satisfaction with patient care plan is checked	-Medical trainees and nursing staff are made aware of new information	shown to the trainees, with
	Developing a Shared Perspective with the ICU Team:	on their unit or patient responsibilities (e.g., admissions, test results)	feedback being structured in
	-A unified message on the unit's goals and expectations of staff is	-Trainee doctors are observed performing difficult procedures to detect	learning points
	reached between senior physicians	indicators (e.g., stress, distraction, nurse unease) of a need to intervene	rearining points
	- Protocols and guidelines are kept up to-date, are evidence-based,	Tasks that trainees have not previously performed or those that they are	
	reflect operational realities, and are shared with all team members	struggling to perform are supervised or performed by the senior physi-	
	- Inconsistencies with other senior physicians on patient management	cian for demonstration and skill retention purposes	
	strategies are avoided	-Team members coordination is assessed (e.g., task duplication,	
	- Specific goals for the ICU are developed (e.g., on patient safety,	information sharing) and instructions are given when necessary (e.g., re-	
	sedation, feeding) Broader targets for the ICU are developed (e.g.,	confirming tasks, priorities, and inter- dependencies)	
	lowest standard ICU mortality rates in regional area)	Managing materials	
	- Unit successes are promoted in terms of patient care quality, safety	Demonstrating Clinical Excellence	
	data, goal attainment, and research	-Protocols and guidelines are followed, and if not, an explanation is	
	- Trainees are provided with a broader vision on the purpose of inten-	given responsibility for medical decisions is taken, with trainees ex-	
	sive care beyond the performance of technical tasks and medical	pected to take responsibility	
	training	for their work	
	Planning and decision- making (unit assessment)	- Interest is shown in clinical work and also development of trainee	
	- Ad hoc patient management plans generated during initial walk-	physicians and nursing staff	
	around Procedures or tasks that require immediate activation by team	- Low-level tasks are performed (e.g., notes, answering telephone) to	
	members (e.g., extubation) because of patient developments are initiat-	demonstrate their importance	
	ed	- Clinical competence is displayed through concisely reaching and	
	- In-depth patient care plans are developed with medical/nursing teams	explaining decisions on	
	- Team member concerns are invited and discussed, and key patient	patient management	
	treatments/ investigations are outlined and prioritized	- Procedures are always performed to the highest of clinical standards	
	- Potential developments in patient progression are discussed and	- The successful management of difficult cases are used as ad hoc	
	contingency plans are outlined	teaching points for trainees	
	- When appropriate, major decisions are postponed until further infor-	Planning and decision making (crisis Management)	
	mation/second opinion has been received	- A crisis management plan is quickly developed/adapted with the	
	- Patient management plans, key decisions, and main information	support of team members and situational overview is communicated	
	points are recapped with the nursing and medical staff	- As required, team members opinions are sought on the management	
	Planning and decision making (unit monitoring)	plan and alternative ideas considered if appropriate	
	patient management plans are evaluated and adapted (e.g., changing	- Task priorities and contingency plans are quickly communicated to the	
	treatments, conducting further tests) with senior trainee as patient	team	
	conditions change	- Team members are verbally updated on changes to the management	
	- Factors impeding progression of patient management plans are	plan as the situation progresses	
	identified and remedial steps taken (e.g., re-establishing team priorities)	- Team members not needed to provide support are asked to focus on	
	- Contingency plans (e.g., re- allocating team duties) are utilized in	normal patient care duties outlined within unit management plan	
	response to unexpected events/data (e.g., rapid patient deterioration)	Management team members (crisis Management)	
	- Patients are admitted and discharged according to current and likely	- Decision-making authority assumed if trainee is not coping or if	
	future demands within the unit (e.g., occupancy and staffing levels)	patient safety may be at risk (e.g., time constraints, illness complexity)	
	- Management plans are recapped on leaving the unit	- Decision-making authority is asserted through clearly and appropriate-	
	Building Expectations for Teamwork:	ly delegating tasks (e.g., by seniority) and by giving precise instructions	
	- Patient safety is explicitly made key to ICU, with team members	- Calmness is shown in decision- making and team members are en-	
	being asked and expected to work effectively and courteously together	couraged to contribute information to the decision- making process	
	regardless of personal issues Team structures and hierarchical systems	- Difficulties in team members performing technical tasks are anticipat-	
	through which tasks are allocated and information communicated are	ed, with the senior physician - being prepared to supervise or dynami-	
	clearly explained to trainees and nursing staff	cally swap functions with trainees as necessary	
	- Trainee staff are taught to expect challenges on their decision-making	- Should another team member or specialist be better suited to perform-	
	by either medical or nursing staff	ing a task than the senior physician, help is requested	1
	- Coordination and communication on task work (e.g., data sharing,	- Team members are coordinated through them confirming their task	
	resource planning) is emphasized to team members so that functions	duties and providing constant updates on task progression	1
		- As control is gained of the situation, decision-making is distributed	1
	are synchronized (e.g., multiple treatments, procedures or tests)	- As control is gained of the situation, decision-making is distributed	

Author	Transition processes	Action processes	Interpersonal skills
2010 (18)	Information collection Content-oriented leadership) Information transfer Content-oriented leader- ship) Distribution of roles and assigning tasks (Structuring leadership) assigning tasks (Structuring leadership	Problem solving (Content-oriented leader- ship) Decision about procedures (Structuring leadership) Initiate an action (Structuring leadership) Structuring work process (Structuring lead- ership) Resource management (Structuring leader- ship)	
Edmondsn 2003 (21)	 Emphasizing change and innovation as a way of life Explaining need for others' input - Direct invitation for others' input 		 Communicating rationale for change Communicating others' im- portance through word/action Acknowledge fallibility, un- der-react to others' error Motivating input Minimizing power differences Motivating effort Psychological safety