



Rare Gastric Lesions Associated with *Helicobacter pylori* Infection: A Histopathological Review

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Helicobacter pylori infection is associated with chronic gastritis, peptic ulcer disease, gastric adenocarcinoma, and mucosa-associated lymphoid tissue lymphoma. However, some rare gastric lesions exhibiting distinctive histological features may also be associated with *H. pylori* infection, including lymphocytic gastritis, granulomatous gastritis, Russell body gastritis, or crystal-storing histiocytosis. Although diverse factors can contribute to their development, there is convincing evidence that *H. pylori* infection may play a pathogenic role. These findings are mainly based on studies in patients with these lesions who exhibited clinical and histological improvements after *H. pylori* eradication therapy. Thus, *H. pylori* eradication therapy might be indicated in patients with no other underlying disease, particularly in countries with a high prevalence of *H. pylori* infection. This review describes the characteristic histological features of these rare lesions and evaluates the evidence regarding a causative role for *H. pylori* infection in their pathogenesis.

Key Words: *Helicobacter pylori*; Stomach; Gastritis; Rare; Immunoglobulins

Helicobacter pylori is a common gastric pathogen that causes gastritis, peptic ulcer disease, gastric adenocarcinoma, and mucosa-associated lymphoid tissue (MALT) lymphoma. *H. pylori* infection has been linked to a number of rare gastric mucosal lesions with distinctive histological features, including rare forms of gastritis, such as lymphocytic gastritis (LG)¹⁻⁵ or granulomatous gastritis (GG),^{3,4,6,7} and abnormal immunoglobulin deposits, such as Russell body gastritis (RBG)^{8,9} or crystal-storing histiocytosis (CSH).^{10,11} These lesions are easily diagnosed based on their distinctive histological features; however, their development can be attributed to various factors besides *H. pylori* infection. Therefore, the role of *H. pylori* as a causative organism remains debatable, and it has been suggested that *H. pylori* may be an “innocent bystander.”^{2,4,12} Nevertheless, *H. pylori* eradication therapy has been linked to clinical and histological improvements in a subset of these lesions,^{7,13-21} which supports the role of *H. pylori* infection in their development and implies that *H. pylori* eradication therapy could be an effective treatment. Therefore, in this review, we investigate the relationship between these rare gastric lesions and *H. pylori* infection, describe their characteristic histological features, and evaluate the role of *H. pylori* infection in their pathogenesis.

RARE FORMS OF GASTRITIS

LG and GG are not distinct clinicopathological entities, but rather morphologic patterns of injury that can be secondary to a variety of underlying etiologies.^{2-4,6} The histological identification of intraepithelial lymphocytosis and granuloma formation are key diagnostic features of LG and GG, respectively.¹⁻⁷ However, a morphological diagnosis of LG and GG should elicit clinical and laboratory workups to identify the underlying etiology. In Western countries, LG and GG are generally classified as special forms of *H. pylori*-negative gastritis.^{3,4} However, there is convincing evidence that *H. pylori* infection contributes to the pathogenesis of both LG^{1,5} and GG,^{6,7,22} and that *H. pylori* eradication therapy may be an effective treatment.^{7,13-15,17,23,24} Thus, it is possible that subsets of LG and GG could be categorized as *H. pylori*-associated gastritis. The potential role of *H. pylori* infection in the pathogenesis of each of these lesions is described below, along with their histopathological characteristics.

Lymphocytic gastritis

LG, first described by Haot *et al.*²⁵ in 1988, is a rare form of chronic gastritis that is characterized by a dense lymphocytic infiltration of the surface and pit gastric epithelium known as “intraepithelial lymphocytosis.” LG was initially considered to be

related to varioliform gastritis, which manifests as thickened mucosa with “octopus-sucker” targetoid erosions;^{25,26} however, the endoscopic features of LG vary according to its severity, ranging from normal to hypertrophic.^{2,27} Histologically, LG is defined by the presence of ≥ 25 intraepithelial lymphocytes (IELs) per 100 epithelial cells (Fig. 1). Gastric intraepithelial lymphocytosis is associated with a variety of conditions, including celiac disease, *H. pylori* infection, Crohn disease, syphilis, hypertrophic gastropathy, Ménétrier’s disease, human immunodeficiency virus, and lymphoma.²⁵ However, celiac disease and *H. pylori* infection are the main causes of LG, accounting for 38% and 29% of cases, respectively.^{5,13,28} The association between LG and celiac disease is relatively well established. Mild intraepithelial lymphocytosis with a low cut-off value (≥ 8 IELs/100 epithelial cells) has been observed in 84% of patients with celiac disease,²⁹ and LG occurs in up to 45% of patients, with resolution of LG in response to a gluten-free diet.^{5,13,28-30}

However, questions remain regarding the role of *H. pylori* infection in the development of LG due to the discrepancy between the prevalence of *H. pylori* in the general population and the inci-

dence of LG among patients with *H. pylori*-associated gastritis.^{2,4} Given the high global prevalence of *H. pylori* infection, it is unclear why the proportion of *H. pylori*-infected patients presenting with LG morphology ($< 5\%$) is so low.⁵ Nevertheless, *H. pylori* eradication therapy can resolve *H. pylori*-associated LG by reducing IEL levels, and has been shown to improve symptoms and/or lead to regression of the gastritis,¹³⁻¹⁶ which supports a causal role of *H. pylori* infection in the development of LG. Previous studies have reported that *H. pylori*-associated LG frequently exhibits significant neutrophilic activity in addition to intraepithelial lymphocytosis,^{2,3,16,27} which is distinct from celiac disease-associated LG that exhibits intraepithelial lymphocytosis without neutrophilic infiltration. In this context, Nielsen *et al.*²⁷ argued that *H. pylori*-associated intraepithelial lymphocytosis accompanied with significant neutrophilic infiltration should be considered “chronic active gastritis,” rather than LG. However, considering the fact that LG is a morphological diagnosis that is based on the presence of intraepithelial lymphocytosis (≥ 25 IELs per 100 epithelial cells), the use of the term “LG” remains relevant.

Interestingly, a considerable number of patients with LG and

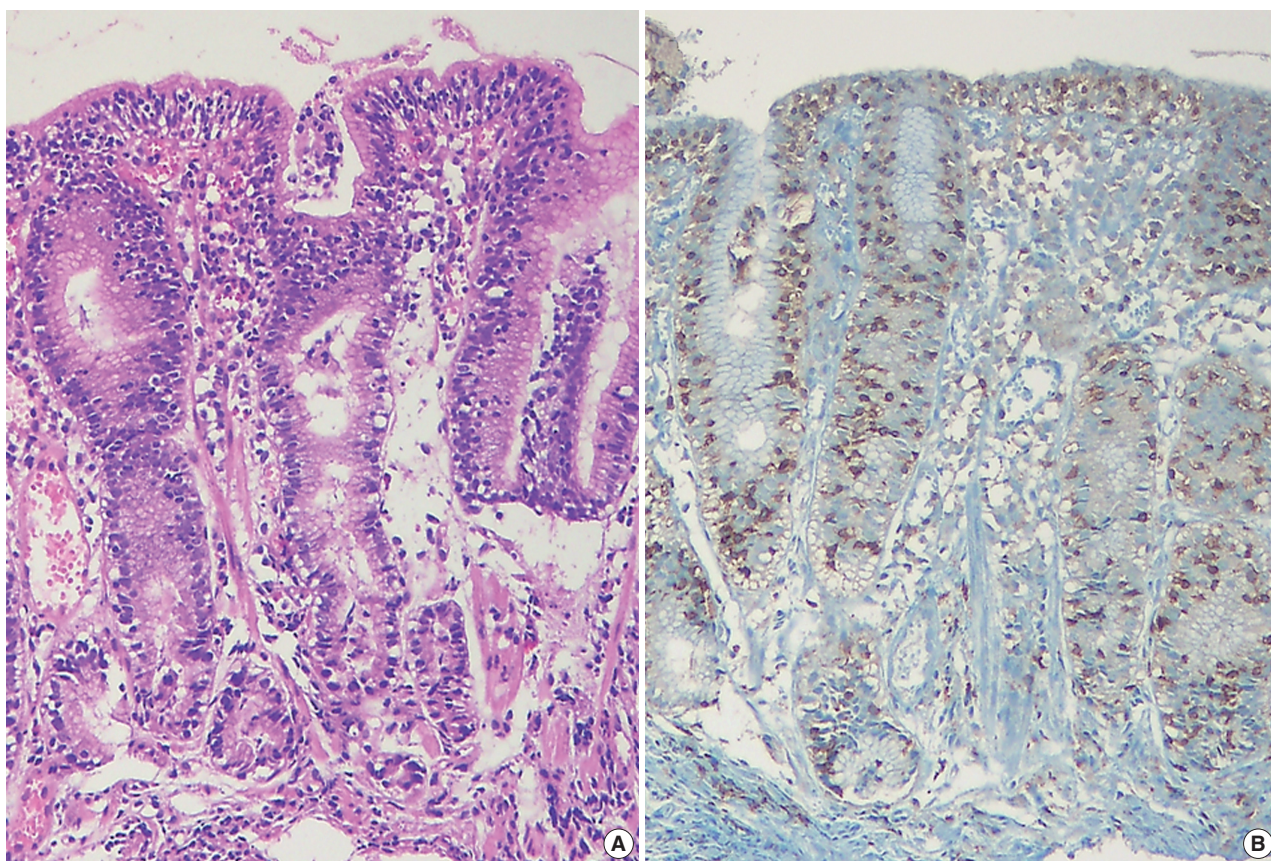


Fig. 1. Lymphocytic gastritis. (A) The biopsy specimen shows a marked increase in intraepithelial lymphocytes (IELs) (over 25 IELs per 100 epithelial cells) with a top-heavy distribution. (B) Most IELs are positive for CD3 immunostaining.

positive *H. pylori* serology did not exhibit histological evidence of *H. pylori* infection.^{1,14,15,27} In addition, the beneficial effects of *H. pylori* eradication therapy in LG have been observed in patients who had positive serology but negative histology for *H. pylori*.^{14,15} Furthermore, even when *H. pylori* infection has been histologically confirmed in patients with LG, colonization tends to be mild and focal.^{14,15} These results imply that failure to histologically detect *H. pylori* may be related to sampling error due to low-level infection.²⁷ Also, it is possible that LG development is a local, transient, or delayed immunological reaction to *H. pylori* infection, and is not a direct effect of the infection.^{1,13,14,27} Thus, if other causes can be excluded, *H. pylori* eradication therapy could be considered in symptomatic patients with LG who are histologically and/or serologically positive for *H. pylori*. This approach may be more appropriate in countries with a low prevalence of celiac disease and a high prevalence of *H. pylori* infection, even without histological detection of *H. pylori*.

IELs are functionally and phenotypically distinct from peripheral lymphocytes, and the majority of IELs in the gastrointestinal epithelium are CD3⁺/CD8⁺ T cells with cytotoxic potential.³¹ These IELs are thought to play an important role in mucosal immunity and have also been implicated in epithelial cell turnover by eliciting apoptosis through cytotoxic T-lymphocytes (CTLs).^{31,32} Recently, Han *et al.*³³ studied IEL subpopulations and their cytotoxicity in *H. pylori*-infected gastric mucosa using T-cell-restricted intracellular antigen-1 (TIA-1; a marker for resting and activated CTLs) and granzyme B (GrB; a marker for activated CTLs). They found that the IELs consisted of a mixture of TIA-1⁺/GrB⁻ CTLs, TIA-1⁺/GrB⁺ CTLs, and CD4⁺ T cells in the infected mucosa. In addition, they found that *H. pylori*-associated LG was distinct from *H. pylori* gastritis, based on the increased IEL levels and changes in the cytotoxicity and distribution of the subpopulations: *H. pylori*-associated LG had a higher proportion of activated GrB⁺ CTLs, compared to *H. pylori* gastritis. There was also a parallel increase in epithelial apoptosis. Meanwhile, in a study by Oberhuber *et al.*,³⁴ the proportion of GrB⁺ CTLs in *H. pylori*-associated LG (10.8%) was lower than that in idiopathic LG (12%) or celiac disease-associated LG (18.9%). Thus, although LG exhibits consistent histological features (regardless of etiology), IEL characteristics may vary depending on the underlying condition, which can lead to different clinical manifestations.

Granulomatous gastritis

GG is a rare disease that is characterized by the presence of granulomas, and is detected in 0.01%–0.35% of gastric biop-

sies.^{6,7,17,35} GG can be caused by a number of factors, including systemic disease (e.g., Crohn disease, sarcoidosis, or vasculitis), infection (e.g., tuberculosis, histoplasmosis, or syphilis), underlying malignancy, or foreign bodies.^{4,6,7,36} Crohn's disease and gastric sarcoidosis are the two leading causes of GG, accounting for 20%–50% of cases in Western countries.^{6,35} Isolated or idiopathic granulomatous gastritis (IGG) was first described by Fakhimi *et al.*³⁷ in 1965, and is diagnosed by the exclusion of other granulomatous diseases. However, whether IGG can be considered a discrete condition remains controversial, as it is possible that a clear etiology could be identified through a more meticulous clinical work-up and long-term follow-up.

Dhillon and Sawyerr²² first reported an association between GG and *H. pylori* infection in 1989. Since then a number of reports have been published that support their findings.^{6,7,17,18,23,24,38–42} These reports demonstrated that the mucosa surrounding granulomas in GG exhibits typical histological features of *H. pylori* gastritis, that features suggestive of other etiologies are absent, and that *H. pylori* eradication therapy can result in GG resolution. However, whether *H. pylori* plays a causative role in the pathogenesis of GG remains debatable. First, the incidence of GG is abnormally low relative to the *H. pylori* prevalence in the general population.^{6,7,12,35} Although Ectors *et al.*⁶ and Maeng *et al.*⁷ have reported the presence of *H. pylori* in 92% and 89% of GG cases, respectively, the overall incidences of GG were only 0.27% and 0.08%, respectively. Second, *H. pylori* organisms are rarely found within granulomas, implying *H. pylori* infection is a comorbidity rather than a cause in GG pathogenesis. Lastly, in cases of GG with *H. pylori* infection, granulomas often persist for 3–17 months after *H. pylori* eradication therapy,^{17,24,39} making its efficacy in GG questionable. It is plausible that although *H. pylori* can cause GG, granuloma formation is the result of a rare host response as opposed to a direct effect. Thus, *H. pylori* eradication therapy would be less effective in the resolution of GG, compared to its efficacy in conventional *H. pylori* gastritis.

Histologically, *H. pylori*-associated GG exhibits small non-necrotizing epithelioid granulomas with Langhans giant cells (Fig. 2), which are similar to those that are associated with sarcoidosis or Crohn disease. These granulomas tend to form in distinctive locations, such as the foveolar isthmi,⁶ with Maeng *et al.*⁷ reporting that the majority (66.7%) of granulomas were found there. They are also often in contact with a damaged pit (where *H. pylori* are commonly found) and are frequently accompanied by prominent neutrophilic infiltration, which distinguishes them from the granulomas that are observed in Crohn disease or sarcoidosis.^{6,7} However, this characteristic morphology and local-

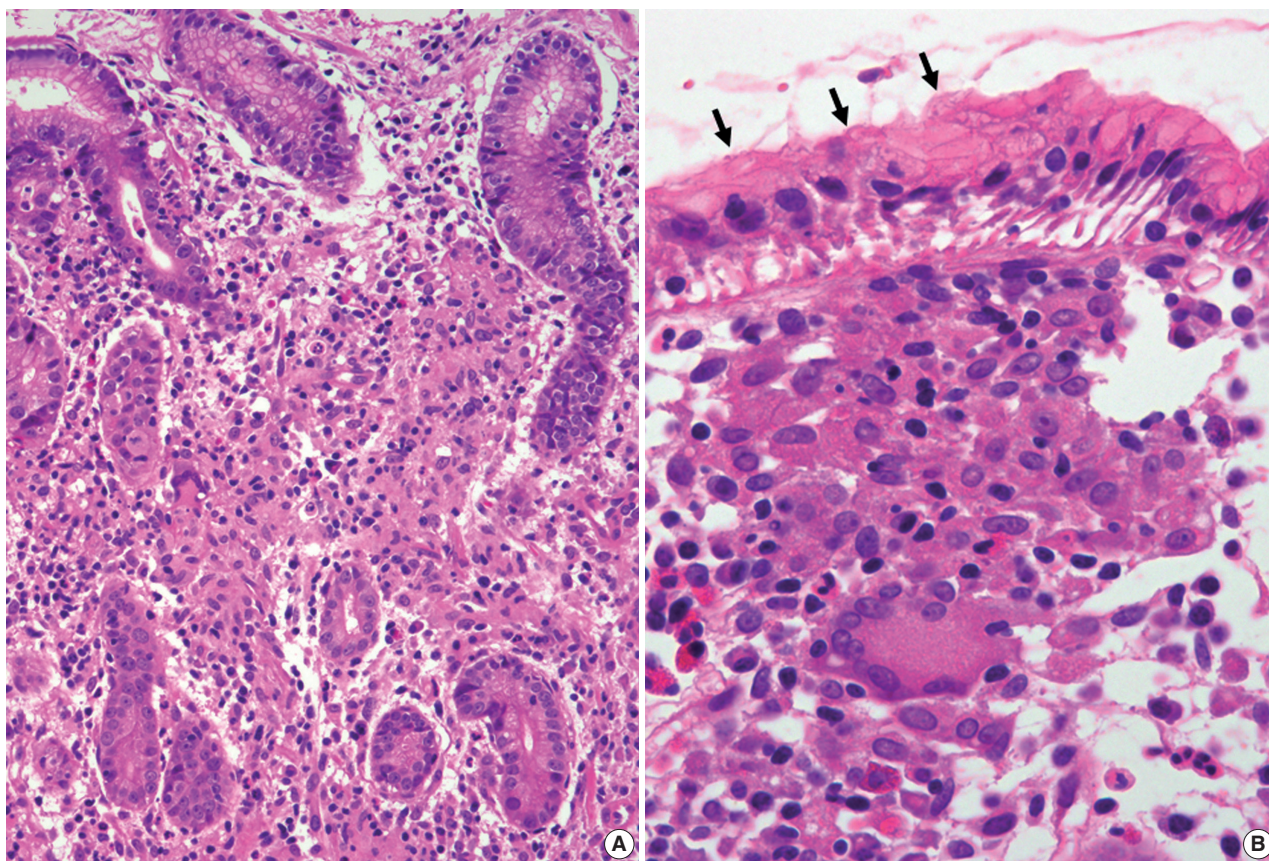


Fig. 2. Granulomatous gastritis. (A) The biopsy specimen demonstrates diffuse chronic active gastritis with confluent granulomas including multinucleated giant cells. (B) A well-defined granuloma is noted just below the surface foveolar epithelium. Some *Helicobacter pylori* organisms are seen (arrows).

ization has not been consistently reported in subsequent studies.^{18,23,24,40-42} Therefore, there are no distinct histologic features that could be used to confirm *H. pylori*-associated GG. Rather, it appears that the conditions in the mucosa surrounding granulomas are more informative,^{3,4,7} as the presence of *H. pylori* and neutrophil-rich chronic active gastritis (associated with glandular atrophy or intestinal metaplasia) increase the likelihood of *H. pylori* infection. Taken together, although the presence of *H. pylori* in the vicinity of granulomas does not imply a causative association, *H. pylori* eradication therapy should be considered when there are no other underlying disease except *H. pylori* infection.

INTRACELLULAR IMMUNOGLOBULIN ACCUMULATION IN ASSOCIATION WITH *HELICOBACTER PYLORI* INFECTION

Immunoglobulin accumulations can be found in reactive and neoplastic plasma cells and include large intracytoplasmic spheri-

cal inclusions (Russell bodies), small intracytoplasmic morular inclusions (Mott cells), intranuclear inclusions (Dutcher bodies), and rare angular- or needle-shaped intracytoplasmic crystalline inclusions. These accumulations are associated with chronic inflammation with plasmacytosis, autoimmune disease, multiple myeloma, or other B-cell lymphomas.⁴³⁻⁴⁵ Although the exact mechanism of immunoglobulin accumulation is unclear, it may be due to simple over-production, altered production, abnormal secretion, or impaired excretion.^{46,47} In the gastric mucosa, diffuse plasma cell infiltration with immunoglobulin overproduction may result from chronic over-stimulation of plasma cells by mucosal pathogens, especially *H. pylori*. Scattered Russell bodies are often observed with *H. pylori* gastritis, whereas Dutcher bodies are frequently associated with low-grade MALT lymphoma. However, RBG and CSH are rarely reported in the stomach.^{9,10} As the incidence of these lesions is low relative to *H. pylori*-associated gastritis, the contribution of *H. pylori* infection to their development is questionable. Furthermore, careful evaluation of their underlying cause is essential, as they can be associated with

monoclonal gammopathy or lymphoreticular neoplasms.^{20,43,48} The possible connections between *H. pylori* infection and these immunoglobulin accumulations, diagnostically relevant histological features, and biological significance are described below.

Russell body gastritis

The first case of RBG was reported by Tazawa and Tsutsumi in 1998.¹⁹ RBG is a rare form of chronic gastritis characterized by localized accumulation of Mott cells, which are plasma cells with a cytoplasm packed with small spherical inclusions (Fig. 3A, B). These lesions are rare, and only 30 cases of RBG have been published to date in the English literature.^{8,9,19-21,48-61} The clinical and pathological features of RBG are summarized in Table 1. Although its pathogenesis has not been fully elucidated, there is evidence to support a strong association between *H. pylori* infection

and RBG development. For example, *H. pylori* is detected in approximately two-thirds of patients with RBG.^{8,9,19-21,48,50,52,53,55,57,60,61} Few other infections that have been reported with RBG include human immunodeficiency virus (three patients),^{51,53,59} hepatitis C virus (one patient),⁵⁸ and candida esophagitis (one case).⁴⁹ In addition, more than 60% of patients with RBG exhibit lesion regression following *H. pylori* eradication therapy.^{19-21,53,60} Furthermore, it has been reported that highly virulent *H. pylori* genotypes (*vacA* and *cagA*) are associated with the formation of Russell bodies and Mott cells in the antral mucosa.⁶²

Immunoglobulin light chain restriction is generally considered to be proof of monoclonality and is an important indicator of B-cell neoplasia. Interestingly, light chain restriction was detected via immunohistochemistry in 12 out of 30 cases of RBG (kappa restriction in 11 cases and lambda restriction in one case).^{9,20,48,58,61}

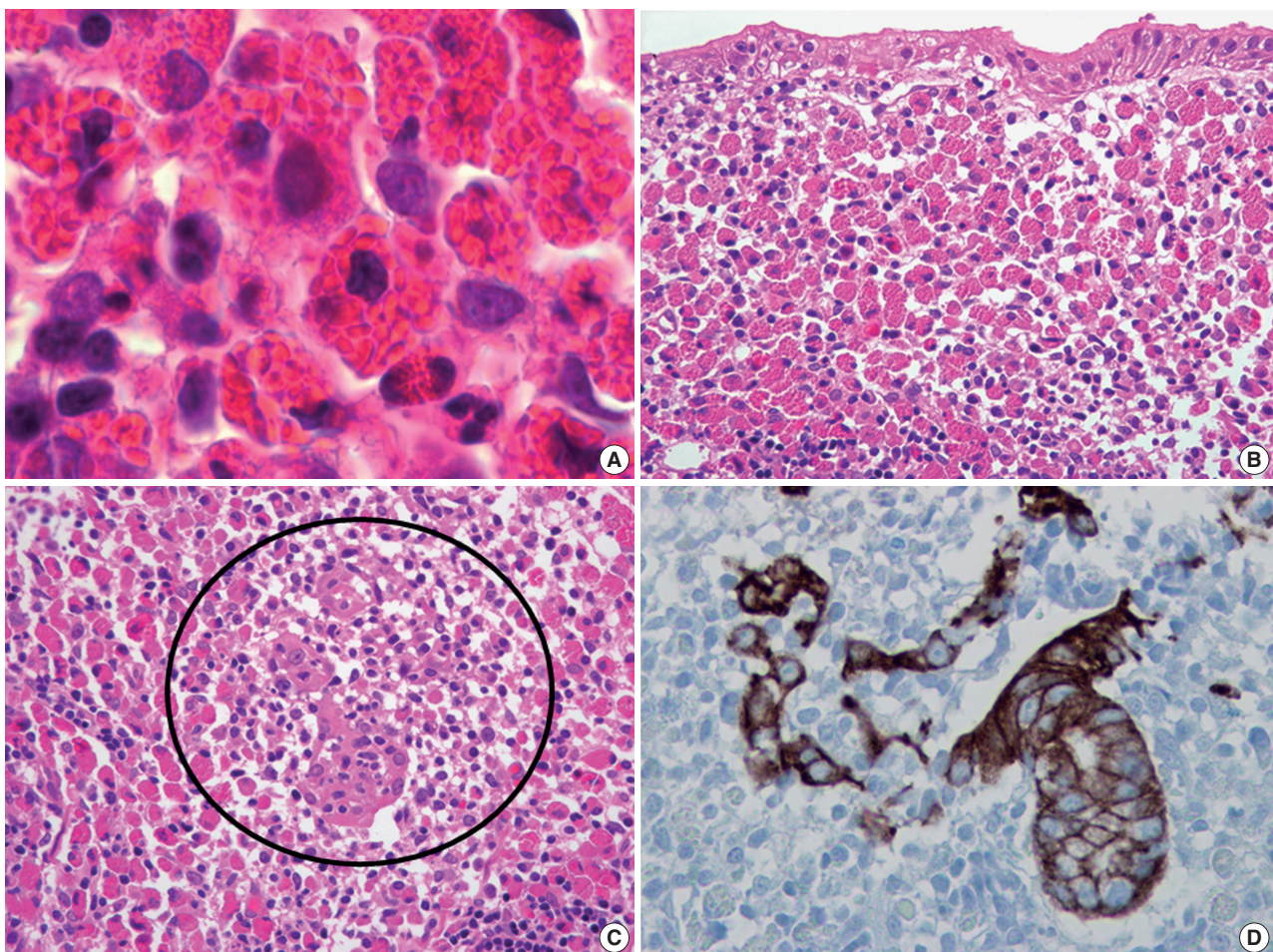


Fig. 3. Russell body gastritis with concomitant mucosa-associated lymphoid tissue lymphoma. (A) Mott cells are plasma cells in which the cytoplasm is packed with multiple variable-sized Russell bodies. (B) The lamina propria of the gastric mucosa is expanded by extensive infiltration of Mott cells, consistent with Russell body gastritis. (C) Small- to intermediate-sized atypical lymphoid cells, morphologically consistent with centrocyte-like cells are admixed with Mott cells and destroy adjacent gastric glands to form a lymphoepithelial lesion (circle). (D) Immunostaining for cytokeratin highlights a lymphoepithelial lesion.

Table 1. Clinical and pathologic findings of previously published cases of Russell body gastritis in the English literature

Case	Study	Age (yr)/Sex	Endoscopic finding	<i>Helicobacter pylori</i> infection	Ig light chain of Mott cells	Gastric lesion coexisted	HPET/Resolution of RBG	Others
1	Tazawa and Tsutsumi ¹⁹	53/M	Multiple ulcer scars	Yes	Polyclonal	None	Done/Yes	-
2	Erbersdobler <i>et al.</i> ⁴⁹	80/F	Irregular mucosal swelling	No	Polyclonal	None	NS	<i>Candida</i> esophagitis
3	Ensari <i>et al.</i> ⁵⁰	70/M	Flattened gastric folds	Yes	Polyclonal	None	Done/NS	-
4	Paik <i>et al.</i> ⁸	47/F	Erythematous swelling	Yes	Polyclonal	None	Done/NS	-
5	Paik <i>et al.</i> ⁸	53/F	Yellowish raised lesion	Yes	Polyclonal	None	Done/NS	-
6	Wolkersdörfer <i>et al.</i> ²⁰	54/M	Erythema and erosions	Yes	Monoclonal (λ)	None	Done/Yes	MGUS
7	Drut and Olenchuk ⁵¹	34/M	Elevation with central macule	No	Polyclonal	None	NS	HIV infection
8	Pizzolitto <i>et al.</i> ⁵²	60/F	Minute-raised granular areas	Yes	Polyclonal	None	Done/NS	-
9	Licci <i>et al.</i> ⁵³	59/M	Hyperemia	Yes	Polyclonal	None	Done/Yes	HIV infection
10	Habib <i>et al.</i> ⁵⁴	75/M	Nodular chronic active gastritis	No	Polyclonal	None	NS	-
11	Shinozaki <i>et al.</i> ⁵⁵	74/M	Centrally ulcerated bulky mass	Yes	Polyclonal	EBV-positive carcinoma	No	-
12	Shinozaki <i>et al.</i> ⁵⁵	29/F	Ulcerated mass	Yes	Polyclonal	EBV-positive carcinoma	No	-
13	Del Gobbo <i>et al.</i> ⁵⁶	78/F	Hyperemic gastric mucosa	No	Polyclonal	None	No	-
14	Wolf <i>et al.</i> ⁵⁷	67/M	Exophytic tumor	Yes	NS	Signet ring cell carcinoma	No	-
15	Coryne and Azadeh ⁵⁸	49/M	Severe raised erosive gastritis	No	Monoclonal (κ)	None	NS	HCV infection
16	Bhalla <i>et al.</i> ⁵⁹	82/M	Gastritis	No	Polyclonal	None	NS	HIV infection
17	Karabagli and Gokturk ⁶⁰	60/M	Large ulcerofungating mass	Yes	Polyclonal	None	Done/Yes	-
18	Yoon <i>et al.</i> ²¹	57/M	Elevation with central depression	Yes	Polyclonal	None	Done/Yes	-
19	Yoon <i>et al.</i> ²¹	43/M	Whitish flat lesion with nodularity	Yes	Polyclonal	None	Done/Yes	-
20	Araki <i>et al.</i> ⁶¹	74/F	Ulcer	Yes	Monoclonal (κ)	None	No	-
21	Zhang <i>et al.</i> ⁹	78/F	Gastritis with uneven mucosa	No	Monoclonal (κ)	None	No	-
22	Zhang <i>et al.</i> ⁹	77/F	Gastritis with uneven mucosa	Yes	Monoclonal (κ)	None	No	-
23	Zhang <i>et al.</i> ⁹	77/F	Punctiform erosion	Yes	Monoclonal (κ)	None	No	-
24	Zhang <i>et al.</i> ⁹	56/M	Raised erosion	Yes	Monoclonal (κ)	None	No	-
25	Zhang <i>et al.</i> ⁹	76/M	Erythema	Yes	Monoclonal (κ)	None	No	-
26	Zhang <i>et al.</i> ⁹	50/M	Flat and raised erosions	Yes	Monoclonal (κ)	None	No	-
27	Zhang <i>et al.</i> ⁹	28/M	Erythema	No	Monoclonal (κ)	None	No	-
28	Zhang <i>et al.</i> ⁹	24/F	Erythema	No	Monoclonal (κ)	None	No	-
29	Zhang <i>et al.</i> ⁹	66/M	Ulceration	No	NA	None	No	-
30	Joo ⁴⁸	56/M	Hyperemia and micronodularity	Yes	Monoclonal (κ)	MALT lymphoma	No	-

HPET, *Helicobacter pylori* eradication therapy; RBG, Russell body gastritis; M, male; F, female; NS, not stated; MGUS, monoclonal gammopathy of undetermined significance; HIV, human immunodeficiency virus; EBV, Epstein-Barr virus; HCV, hepatitis C virus; NA, not assessed; MALT, mucosa-associated lymphoid tissue.

Ten of these cases were localized gastric lesions with no associated lymphoid malignancy or plasma cell disorder, although one case was associated with low-grade MALT lymphoma,⁴⁸ and another with concomitant monoclonal gammopathy of undetermined significance.²⁰ This could be explained by the findings of Girón and Shah,⁶³ who reported that approximately 50% of patients with *H. pylori* infection exhibit either kappa or lambda light chain elevation, and suggested that *H. pylori* infection might contribute to immunoglobulin light chain dysfunction. Thus, RBG may be closely associated with *H. pylori* infection, and the majority of RBG cases may be reactive in nature, even when light

chain monoclonality is detected. Nevertheless, pathologists should be aware of the possibility of concomitant lymphoid neoplasms.

Given the strong association with *H. pylori* infection, it is possible that RBG, gastric carcinoma, or MALT lymphoma might occur simultaneously in the same patient. Previous reports describe Mott cell proliferation (features of RBG) in association with gastric carcinoma, including two cases of Epstein-Barr virus-positive lymphoepithelioma-like carcinoma,⁵⁵ and one case of signet ring cell carcinoma.⁵⁷ In these cases, Mott cell proliferation was likely a reactive paraneoplastic event, given that the carcinoma and Mott cells did not mix and that the Mott cells were

polyclonal. However, in the previously described case of RBG with concomitant MALT lymphoma,⁴⁸ the Mott cells were mixed with the neoplastic centrocyte-like cells (Fig. 3C) and exhibited IgM kappa monoclonality, which indicates the proliferating Mott cells were neoplastic components of MALT lymphoma.

Morphologically, Mott cells with eccentric nuclei and abundant eosinophilic cytoplasm are similar to poorly differentiated carcinoma cells or signet ring cells. In addition, in cases with abundant Mott cells and a few neoplastic cells, neoplastic cells may not be easily detected. Thus, immunostaining for cytokeratin should be conducted to exclude associated carcinoma.^{55,57} Furthermore, if light chain monoclonality is detected, pathologists should consider associated MALT lymphoma and perform ancillary immunostaining (e.g., for CD20 and cytokeratin) to identify centrocyte-like cells and lymphoepithelial lesions (Fig. 3D).⁴⁸

Crystal-storing histiocytosis

CSH is a rare condition, which often occurs with disorders such as monoclonal gammopathy, B-cell lymphoma, or plasma cell myeloma.^{43,64,65} Although many cases of CSH are systemic, organ-confined CSH has been described in the lung, lymph node, kidney, thyroid, thymus, parotid gland, and cornea.^{43,65-71} CSH is extremely rare in the stomach, and only eight cases of gastric CSH have been described to date in the English literature (Table 2).^{10,11,43,71,72} Among these, *H. pylori* infection was identified in four patients (50%) who did not exhibit concomitant gastric lesions (except for *H. pylori* gastritis) or a systemic disorder that might have caused monoclonal gammopathy.^{10,11} In the other four patients, there was no mention of *H. pylori* infection,^{43,71,72} and two of them were subsequently diagnosed with thymic lymphoma⁴³ and plasma cell myeloma,⁷¹ respectively. Therefore, although overproduction of immunoglobulin due to *H. pylori* infection could be a plausible cause of isolated gastric CSH, clinical workup is needed to exclude the possibility that it is a manifestation of underlying lymphoma or plasma cell myeloma. Light chain restriction was detected in five of seven cases (kappa restriction in two case and lambda restriction in three cases),^{10,71,72} all of

which except one had no associated B-cell/plasmacytic neoplasms. Thus, light chain restriction detected in isolated gastric CSH does not necessarily mean that it is associated with B-cell or plasmacytic neoplasm. Meanwhile, because no studies have reported CSH responding to *H. pylori* eradication therapy, its effectiveness is unclear.

Histologically, CSH is characterized by diffuse infiltrations of large, oval, polygonal, and, occasionally, spindle cells, with abundant eosinophilic cytoplasm and small eccentric nuclei. The eosinophilic cytoplasm is filled with elongated, rectangular, and needle-shaped/fibrillary crystalline inclusions (Fig. 4). These crystalline inclusions are approximately 5–20 nm long and are frequently arranged in parallel arrays.^{11,43,66} At low magnification, nodular aggregates of these cells can sometimes resemble adult rhabdomyomas or granular cell tumors in the way that they expand or displace normal structures, and proliferations of benign-looking histiocyte-like cells can also resemble Gaucher disease or malakoplakia.^{43,65,73,74} Therefore, immunostaining for desmin, smooth muscle actin, S100 protein, and immunoglobulin light chains can facilitate an accurate diagnosis.^{11,43,65,66,74}

CONCLUSION

This review examined several rare gastric lesions that have distinctive histological characteristics and are associated with a variety of conditions, including *H. pylori* infection. Although *H. pylori* may be a cause in many of these conditions, the association cannot be viewed as definite, given the low incidence of these lesions relative to the high prevalence of *H. pylori* infection, regional differences in the prevalence of *H. pylori* infection, and the possibility of other causative disorders. However, it is reasonable to consider *H. pylori* once other potential etiologies have been excluded. In addition, it is not advisable to consider *H. pylori* to be an “innocent bystander,” given the considerable proportion of these lesions that can be regressed or cured with *H. pylori* eradication therapy. Therefore, it is important that pathologists properly identify a lesion’s cause in order to ensure ap-

Table 2. Clinical and pathologic findings of six cases of gastric crystal-storing histiocytosis

Case No.	Study	Age (yr)/Sex	Endoscopic finding	Ig light chains	Crystal-storing cells	Helicobacter pylori infection
1	Jones <i>et al.</i> ⁴³	35/F	NS	Polyclonal	Histiocytes	NS
2	Stewart and Spagnolo ¹⁰	82/M	Gastritis	Monoclonal (IgA λ)	Plasma cells	Positive
3	Stewart and Spagnolo ¹⁰	81/M	Gastritis	NA	Plasma cells	Positive
4	Stewart and Spagnolo ¹⁰	52/F	Gastritis	Monoclonal (IgA λ)	Plasma cells	Positive
5	Joo <i>et al.</i> ¹¹	56/F	Polyps (three)	Polyclonal	Plasma cells and histiocytes	Positive
6	Vaid <i>et al.</i> ⁷²	NS	Submucosal tumor	Monoclonal (κ)	Histiocytes	NS

F, female; NS, not stated; M, male; NA, not assessed.

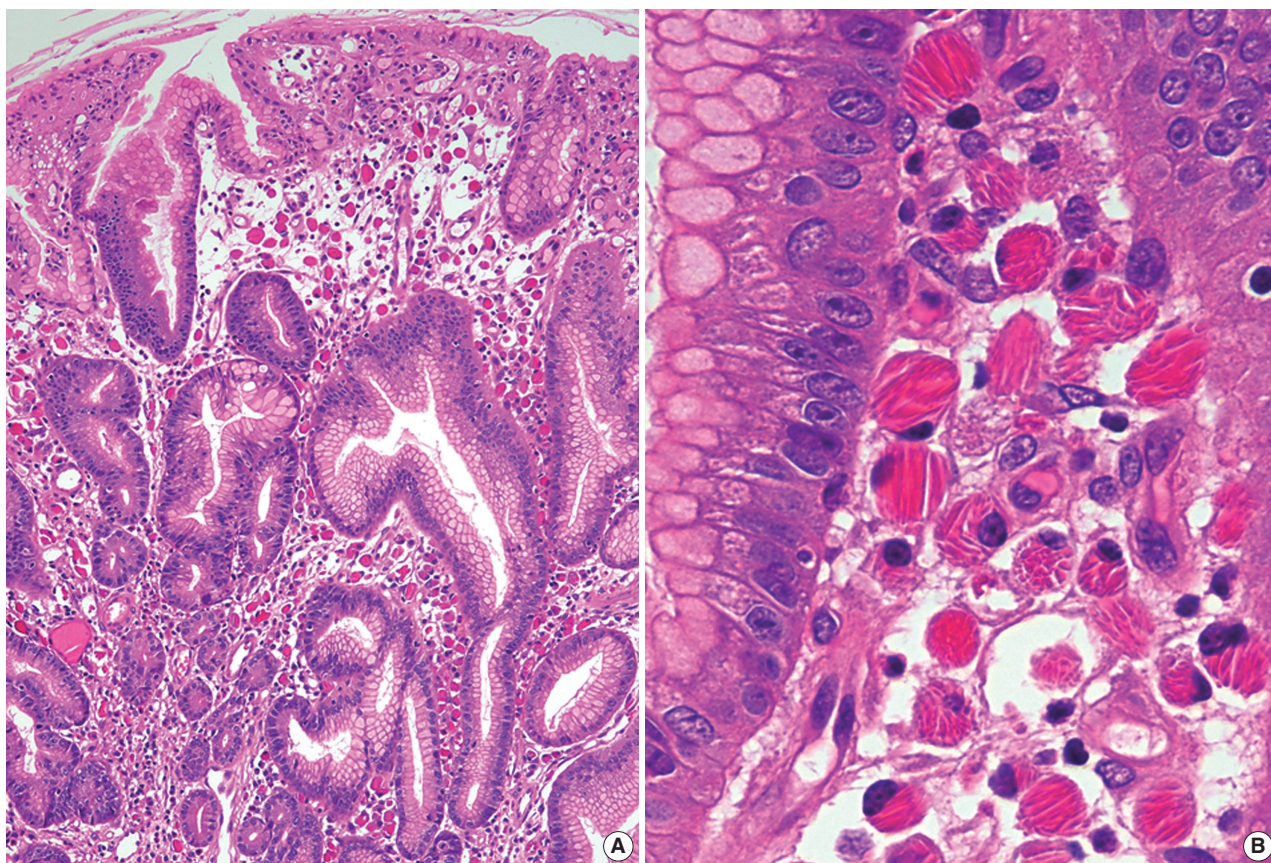


Fig. 4. Gastric crystal-storing histiocytosis. (A) The biopsy specimen demonstrates many large pinkish mononuclear cells in the lamina propria. (B) Higher magnification of mononuclear cells shows densely eosinophilic, refractile, needle-shaped, intracytoplasmic crystalline inclusions.

appropriate patient management. In this context, *H. pylori* should be considered as a possible cause in areas where it is prevalent. Further investigation is needed to confirm the role of *H. pylori* in the development of rare gastric lesions.

Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

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