


Serum REG I α as a potential novel biomarker in cancer

An observational study

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Abstract

The regulation of the gene-regenerating family member 1 alpha (REG I α) played important roles in cancer cell biology. However, the correlation between its gene product serum REG I α and cancer has not been evaluated. In this observational study, 130 hospitalized patients from the department of internal medicine in Zhongda Hospital Southeast University were included and assigned to cancer or noncancer groups. History, clinical, and laboratory data were obtained. Serum REG I α levels and alanine aminotransferase were found significantly higher in patients with cancer ($P < .001$ and $P < .05$ respectively). Logistic regression analysis indicated that REG I α was an independent risk factor for cancer ($P < .001$). The area under the curve of REG I α was 0.764 and the optimal cut-off point of REG I α was 46.97 ng/mL. Besides, the cancer patients with metastasis had significantly higher serum REG I α levels than those in nonmetastasis cancer group ($P < .05$). In conclusion, serum REG I α was significantly elevated in patients with cancer, and it might be a potential biomarker in predicting cancer occurrence and development.

Abbreviations: ALP = alanine aminotransferase, BMI = body mass index, ELISA = enzyme-linked immunosorbent assay, FE-1 = fecal elastase-1, FINS = fasting insulin, FPG = fasting plasma glucose, GGT = gamma glutamyl transferase, HDL-C = high-density lipoprotein-cholesterol, LDL-C = low-density lipoprotein-cholesterol, REG I α = regenerating family member 1 alpha, TC = total cholesterol, UA = uric acid.

Keywords: breast cancer, cancer biomarker, gastrointestinal cancer, pulmonary cancer, serum REG I α

1. Introduction

In the global world, cancer has been widely recognized as a big threat as its increasing incidences and heavy economic burden.^[1]

Editor: Yoshihiro Shidoji.

The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

This study was supported by the Natural Science Foundation of Jiangsu Province (BK20170700) and the National Natural Science Foundation of China (81900773).

The authors have no conflicts of interest to disclose.

Supplemental Digital Content is available for this article.

The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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How to cite this article: Zhang Y, Yuan X, Zhu X, Wang Q, Yu X, Wei Q, Li L. Serum REG I α as a potential novel biomarker in cancer: An observational study. *Medicine* 2020;99:38(e22281).

Received: 4 May 2020 / Received in final form: 30 July 2020 / Accepted: 20 August 2020

<http://dx.doi.org/10.1097/MD.00000000000022281>

Therefore, the early diagnosis and treatment of cancer have been the focus of current clinical work. Cancer biomarker referred to a kind of substance existing or secreted in cancer cells, which could predict the occurrence and development of cancer and monitor the response of cancer to treatment, including tumor antigen, hormone, glycoprotein, enzyme and iso-enzyme, oncogene, and so on. With the development of molecular biology technology, cancer biomarkers' detection played an important role in the screening, early diagnosis, and treatment of various cancer.

Regenerating family member 1 alpha (REG I α), also termed as lithostathine-1-alpha and pancreatic stone protein have been found independently in the field of pancreatitis and diabetes, although the 2 proteins have been subsequently proved identical.^[2] It was a type I subclass member of the regenerating protein family which was grouped into 4 subclasses, types I, II, III, and IV based on the primary structures of the proteins.

Under healthy conditions REG I α was expressed at low levels in the pancreas,^[3] and its normal serum levels varied between 10 and 15 ng/mL. Upon local or systemic extra-pancreatic inflammation, REG I α was strongly elevated. Previous studies showed that diseases such as chronic obstructive pulmonary disease,^[4] sepsis,^[5] ventilator-associated pneumonia,^[6] renal dysfunction in pregnant women,^[7] diabetes,^[8,9] and diabetic kidney disease^[10] were all associated with the increase of serum REG I α levels. In normal tissues apart from the pancreas, REG I α gene was not expressed or lowly expressed. However under cancer condition such as in gastric cancers,^[11] breast cancers,^[12] colon cancers,^[13] esophageal cancers,^[14] lung cancers,^[15] liver cancers,^[16] and bladder cancers,^[17] REG I α showed high expression and its abnormal expression had high correlations with the prognosis of cancers. But until now, whether serum REG I α had the same correlations with cancer still remained unknown.

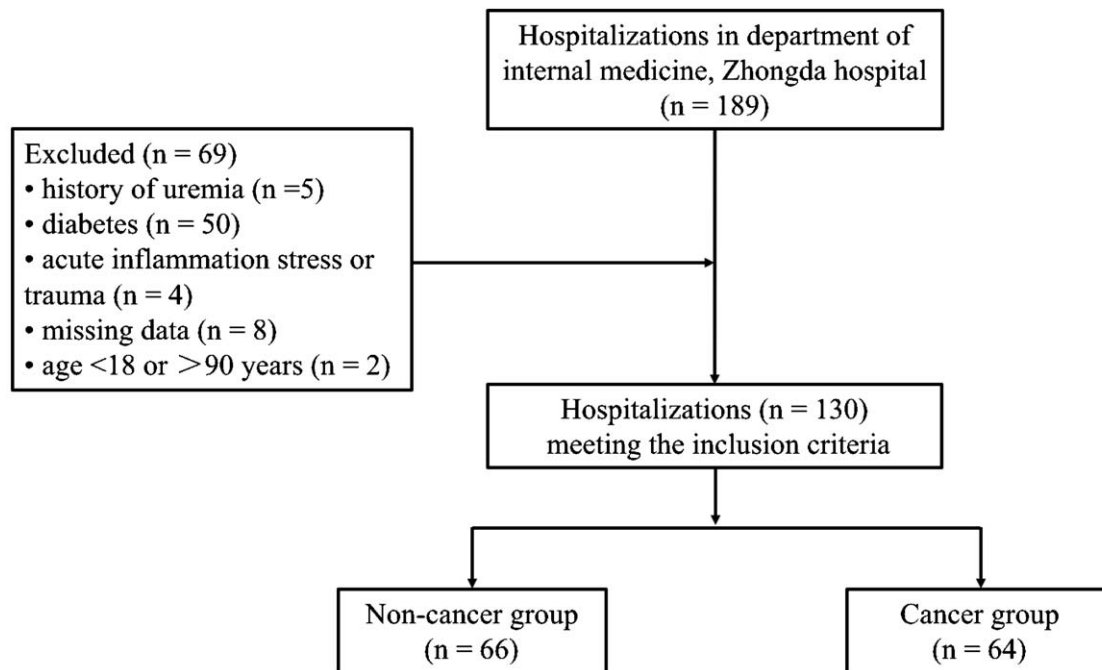


Figure 1. Flow chart of the study.

Previous study from our group had demonstrated the elevated serum REG I α changes in type 2 diabetes^[9] and pregnancy.^[7] In this study, we continued to investigate possible changes of serum REG I α in patients with cancer.

2. Materials and methods

2.1. Study design and population

This observational and cross-sectional study of 130 hospitalized patients was conducted at Zhongda Hospital, Southeast University, Nanjing in China as shown in Figure 1. Written informed consents were obtained from all patients. These study protocols were approved by the ethics committee of Zhongda Hospital, Southeast University, and experimental methods were performed strictly in accordance with the approved guidelines. The patients were recruited consecutively from the Department of Internal Medicine from March to July 2017. Patients were eligible for the study if they were 18 to 90 years of age. Exclusion criteria included history of uremia, diabetes, acute inflammation, stress, or trauma. The patients with missing clinical data would also be excluded.

2.2. Clinical baseline examinations

We collected information on sex, age, history of present illness, previous history, and family history. Weight and height measured without shoes were gathered. Body mass index (BMI) was calculated by weight in kilogram dividing by the square of height in meters. Serum samples for fasting concentrations were drawn in the morning after an overnight fast. Fasting plasma glucose (FPG), triglyceride, total cholesterol (TC), low-density lipoprotein cholesterol (LDL-C), high-density lipoprotein cholesterol (HDL-C), uric acid (UA), alanine aminotransferase, aspartate

aminotransferase, alkaline phosphatase (ALP), gamma glutamyl transferase (GGT), lactic dehydrogenase were determined by an oxidase method, and fasting insulin (FINS) was determined by radioimmunoassay. Feces samples were reserved to measure fecal elastase-1 (FE-1) toward test kit (Schebo-Biotech, Giessen, Germany).

2.3. REG I α enzyme-linked immunosorbent assay (ELISA)

Serum REG I α level was determined as previously described using an isoform-specific ELISA.^[18] The serum collected from patients was incubated in plates precoated with guinea pig antihuman recombinant REG I α antibody. After washing, rabbit anti-REG I α was incubated and detected by phosphatase-coupled anti-rabbit IgG. The reaction of the phosphatase with a substrate was determined on a multiplate reader (Dynatech), and subjects' serum REG I α levels were compared with standard amounts of recombinant human REG I α protein. The detection limit was <0.1 ng/mL, and the interplate variance was <10%.

2.4. Statistical analysis

All statistical analyses were conducted using SPSS version 25.0. Continuous variables were described as mean \pm standard error if they were followed by normal distribution and median (25% quartile, 75% quartile) if they were skewed. Categorical variables were reported as count and percentage. Spearman correlation and partial correlation were used to assess the connections among REG I α and clinical indicators. Logistic regression model was used to analyze the influencing factors of cancer incidence. Nonparametric test was conducted to quest the differences in cancer group and noncancer group. And we subsequently divided the cancer group into different subgroups according to the cancer

Table 1**Baseline characteristics of the subjects.**

	All (n=130)	Noncancer (n=66)	Cancer (n=64)
Sex (female/male)	56/74	28/38	28/36
Age (y)	58.54 ± 1.06	56.95 ± 1.77	60.17 ± 1.07
Hypertension, n (%)	169 (12.3)	31 (48.44)	30 (46.88)
CAD, n (%)	13 (10.0)	10 (15.63)	6 (9.38)
CI, n (%)	64 (49.2)	9 (14.06)	4 (6.25)
Current smoking, n (%)	13 (10.0)	6 (9.38)	7 (10.94)
Systolic BP (mm Hg)	128.94 ± 1.45	130.97 ± 2.11	127.47 ± 2.01
Diastolic BP (mm Hg)	75.92 ± 0.90	74.91 ± 1.32	76.98 ± 1.27
BMI (kg/m ²)	23.74 ± 0.31	23.81 ± 0.39	23.56 ± 0.48
FPG (mmol/L)	6.24 (4.96,6.31)	6.10 (4.93,6.23)	6.11 (5.03,6.43)
FINS (pmol/L)	57.61 (33.08,80.51)	41.47 (28.22,80.42)	42.24 (34.74,80.51)
UA (umol/L)	306.58 ± 7.04	297.48 ± 9.15	315.41 ± 10.88
Triglycerides (mg/L)	1.63 (0.95,2.00)	1.48 (1.02,1.74)	1.59 (0.89,2.17)
TC (mg/L)	4.72 (4.00,5.33)	4.48 (4.16,5.38)	4.87 (3.68,5.23)
LDL-C (mmol/L)	2.77 ± 0.08	2.63 ± 0.13	2.88 ± 0.10
HDL-C (mmol/L)	1.21 (1.02,1.33)	1.18 (0.94,1.42)	1.23 (1.02,1.33)
BUN (mg/L)	5.73 ± 0.4	5.14 ± 0.23	6.34 ± 0.78
Creatinine (umol/L)	75.67 ± 1.72	73.63 ± 1.64	77.88 ± 3.09
ALT (U/L)	26.72 ± 1.37	29.17 ± 1.94	24.20 ± 1.93
AST (U/L)	24.79 ± 1.17	23.29 ± 0.83	26.34 ± 2.21
ALP (U/L)	91.82 (66.75,106.00)	82.48 (69.00,117.00)	101.47 (61.60,101.50)*
GGT (U/L)	38.12 (18.00,38.50)	34.57 (20.00,45.00)	41.78 (16.00,34.00)
LDH (U/L)	207.70 (171.75,223.25)	199.02 (164.25,229.00)	216.66 (173.50,220.00)
FE-1 (ug/g)	582.11 ± 18.39	607.16 ± 23.7	555.92 ± 28.7
REG Iα (ng/mL)	46.45 ± 3.66	32.93 ± 1.52	60.60 ± 6.87†

ALP = alkaline phosphatase, ALT = alanine aminotransferase, AST = aspartate aminotransferase, BMI = body mass index, BP = blood pressure, BUN = blood urea nitrogen, CAD = coronary artery disease, FE-1 = fecal elastase-1, FINS = fasting insulin, FPG = fasting plasma glucose, GGT = gamma glutamyl transferase, HDL-C = high-density lipoprotein-cholesterol, LDH = lactic dehydrogenase, LDL-C = low-density lipoprotein-cholesterol, TC = total cholesterol, UA = uric acid.

* Statistically significant *P* value < .05.

† Statistically significant *P* value < .01.

type, nonparametric test was conducted to quest the differences in one specific cancer group and noncancer group. All tests were 2-sided and $P \leq .05$ was considered statistically significant.

3. Results

3.1. Clinical characteristics of cancer group and noncancer group

In total 130 patients were included in the study and subsequently divided into 2 groups that were listed in Table 1. Compared with the control group, the cancer group had no significant differences in sex, age, chronic disease history including hypertension, coronary artery disease, cerebral infarction, and smoking habits. The systolic blood pressure, diastolic blood pressure, BMI, and metabolic indicators such as FPG, FINS, UA, triglyceride, TC, HDL-C, LDL-C were also comparable between the cancer group and control group. We also compared the kidney function between 2 groups and found no differences. The patients from cancer group had significantly higher levels of liver function indicator ALP when compared with noncancer group ($P < .05$). Of note, the REG Iα levels of the 2 groups were quite different, and showed significant difference ($P < .001$). As serum REG Iα was an exocrine product of pancreas which were easily influenced by the exocrine pancreatic dysfunction, we test the FE-1 levels which was a recognized noninvasive and stable marker in testing exocrine function of pancreas.^[19] And we found that there was no significant difference in FE-1 levels.

3.2. Relationships of serum REG Iα levels and cancer

Considering the significant differences in the value distribution of REG Iα between cancer group and noncancer group, we did a correction analysis and found REG Iα level was positively correlated to cancer incidence ($P < .001$) as shown in Supplement Table 1, <http://links.lww.com/MD/E878>. And after adjustment of the possible influencing factors Age, Systolic blood pressure, TC, blood urea nitrogen, Creatinine, GGT, ALP, and FE-1, REG Iα still remained correlated to cancer incidence in partial correlation ($P < .01$). We also did a logistic regression analysis to find the relationship of REG-1α and cancer. The results showed that REG Iα was independent risk factors for patients with cancer (Table 2). We further classified the cancer type in cancer group, the results showed that the number of patients with gastrointestinal cancer, pulmonary cancer, breast cancer constituted the top 3 (Fig. 2A). We compared the REG Iα levels in these subgroups to control group. And the results showed that the REG Iα levels were significantly higher in these 3 subgroups than control group (Fig. 2B). As the gene expression of REG Iα in biopsy samples was

Table 2

Logistic regression analyses of independent factors associated with cancer incidence.

	β	SE	Waldχ ²	P	OR	95% CI
REG Iα	0.09	0.022	16.386	<.001	1.094	1.043–1.106

REG Iα = regenerating family member 1 alpha.

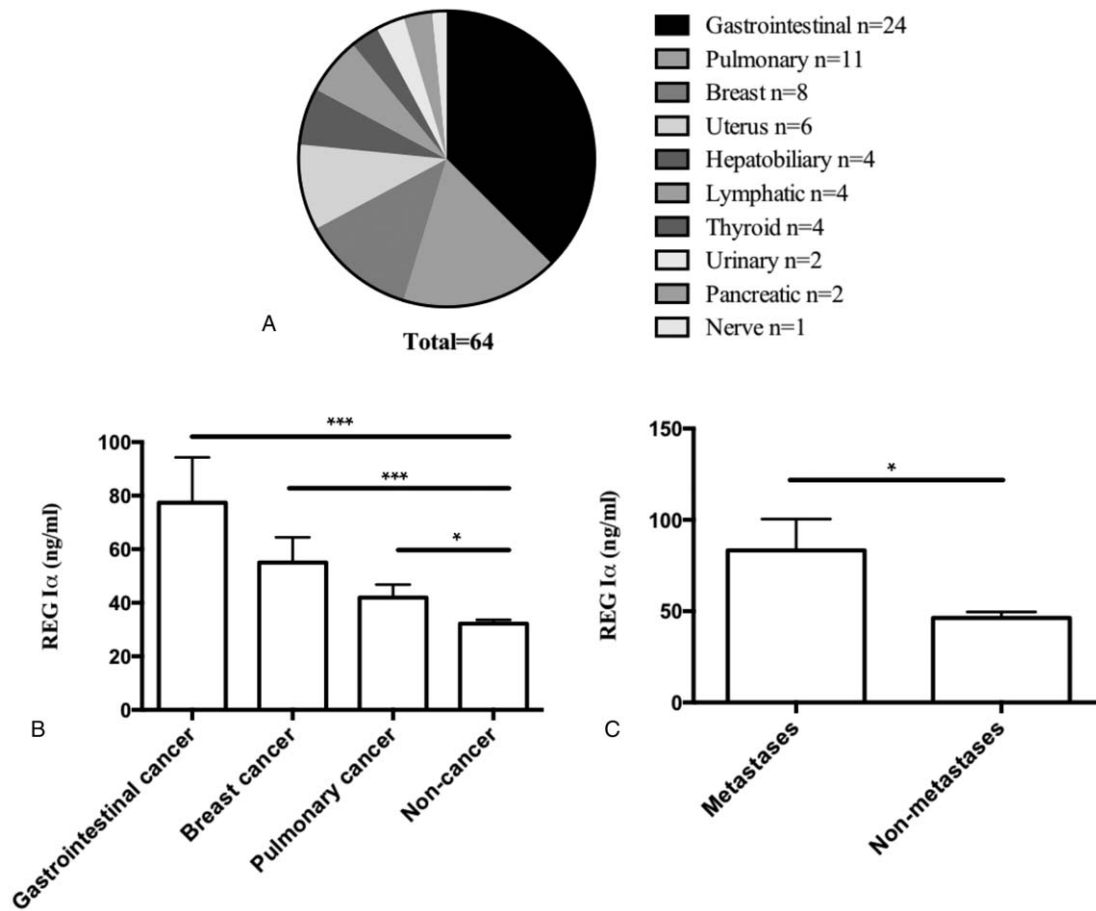


Figure 2. Serum REG-1α levels change in different cancers and cancer stage. A, Composition of the cancer types in cancer group. B, The serum REG-1α levels in gastrointestinal cancer, pulmonary cancer, breast cancer, and noncancer group. C, The serum REG-1α levels in metastasis and nonmetastasis cancer group. **P* < .05, ****P* < .001. REG 1α = regenerating family member 1 alpha.

once reported as a prognostic indicator in cancer, we divided the patients into cancer group into 2 groups: metastasis and nonmetastasis and compared the serum REG 1α levels between 2 groups. The metastasis group had significantly higher REG 1α levels than nonmetastasis group (Fig. 2C).

3.3. The diagnostic value of REG-1α in cancer

We used a ROC curve to evaluate the diagnostic value for predicting cancer (Fig. 3). The area under the curve values of REG 1α was 0.792, which had a significant diagnostic value with *P* < .001. Furthermore, ROC analysis revealed that the optimal cut-off point of REG 1α was 46.97ng/mL in predicting cancer (Youden index=0.47, sensitivity, 62.5%; specificity, 87.5%).

4. Discussion

Previous studies have reported that the abnormal expression of REG 1α gene played an important role in many kinds of cancers. For example, REG 1α was highly expressed in gastrointestinal cancer cells tumors.^[20,21] And the prognosis of patients with gastric tumors with high expression of REG 1α was poor. For colorectal cancer, the expression of REG 1α was reported to be

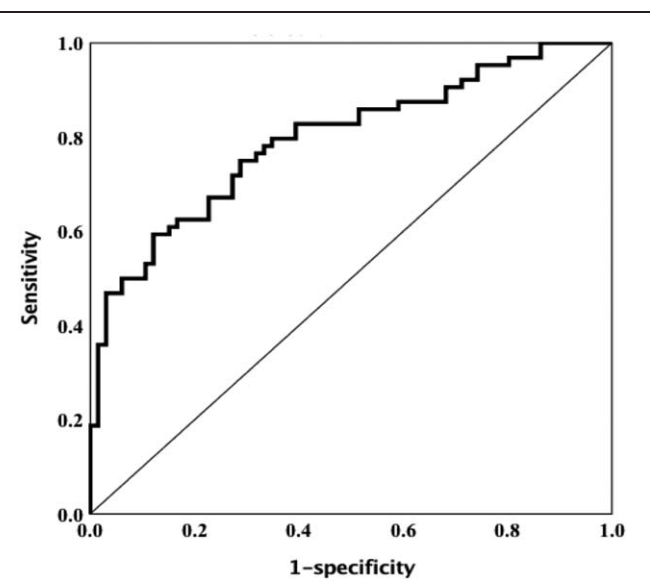


Figure 3. ROC curve analysis.

upregulated^[22] and might be closely linked to the pathogenesis, invasion, lymph node metastasis, and chemo-resistance of colorectal cancer.^[13] Barrett esophagus is a precancerous lesion of esophageal cancer, and the rapid proliferation of cells is an important factor leading to deterioration of the disease. Chinuki et al showed that the positive expression of REG I α in Barrett esophagus was 18% (48/266), especially in squamous metaplasia^[23] which linked the expression of REG I α to the occurrence of esophageal cancer. For breast cancer^[15] and small-cell lung cancer,^[12] REG I α did not express in normal cells, but was highly expressed in cancer cells. And its high expression could also be used as a prognostic indicator for both cancers. In bladder cancer, Geng et al^[17] found downregulation of REG I α expression could reduce tumor growth, migration, invasion, and angiogenesis. For hepatocellular carcinoma, Yuan et al^[16] found the expression of REG I α leads to more advanced prognosis. In general, the existence of expression or overexpression of REG I α gene was closely related to multiple cancers.

The serum REG I α protein was the gene product of REG I α . Similar to the gene expression pattern in cancer, our study found that serum REG I α levels were significantly higher in cancer group than noncancer group. We also compared the REG I α levels in gastrointestinal, pulmonary, and breast cancers, and found the differences exist significantly. These findings supported the serum REG I α could be cancer biomarker especially when the tissue biopsy was not unavailable. Besides, as the supplement of REG I α has been proven benefits in diabetic blood glucose control,^[24,25] we believed that adoption of REG I α might be a consideration of anticancer therapy in the future, which however requires more experiments.

At present, it is still not very clear how REG I α participates in the pathogenesis of cancer. Sanchez et al^[26] studied the relationship between REG I α and the differentiation of pancreatic acinar cells, and they found that the overexpression of REG I α was very important to maintain the phenotype of acinar cells, while when the inhibition of REG I α expression could lead to acinar cells expressing β cells, ductal cells, and cancer cell markers. Wang et al found that there was no REG I α expression in normal hepatocytes. When the liver was damaged and regenerated, the expression of REG I α in bile duct cells increased, suggesting that REG I α played an important role in liver regeneration. Fukuhara et al^[11] reported that REG I α was the main factor affecting the proliferation of gastric progenitor cells, and played a role in the repair of gastric tissue by promoting the growth of gastric cells. In addition, REG I α could protect cells and resist apoptosis. In the process of gastric cancer, REG I α played a key role in antiapoptosis through STAT3 signaling pathway.^[27] Malka et al^[28] reported that when adding REG I α , the apoptosis induced by the TNF- α in AR42J cells was significantly reduced. In our study, we found that the serum REG I α was significantly elevated in the cancer with metastases, when compared with those cancer patients in relevantly early stage. It might be because the cell regeneration and apoptosis in the late stage of cancer were severer. Thus, we concluded that the serum REG I α not only could be used as an early biomarker in cancer, but also be used as a prognosis predictor.

As the serum REG I α levels could be affected by many factors in the body, it was very important to exclude the possible confounding factors. As in our previous study, we have reported that serum REG I α was highly correlated with diabetes and renal function in pregnant woman, thus we excluded the patients with diabetes and severe kidney problems. We also excluded the patients

within acute inflammation, stress, or trauma which was also previously reported affecting serum REG I α .^[29] As there were still many factors affecting serum REG I α which we had presented in Supplement Table 1, <http://links.lww.com/MD/E878>, a relatively detailed correction should be taken into consideration when adopting serum REG I α as cancer biomarker in the future.

5. Conclusions

In summary, in this study we found the serum REG I α was specifically elevated in patients with cancer and the only independent risk factors for cancer incidence among many clinical indicators, which meant REG I α was a potential cancer biomarker. And serum REG I α increased in cancer with metastasis than in the cancer without metastasis, which hinted its value in screening prognosis. However, this study had several limitations. First, the etiopathogenesis of various kinds of cancer was different, and the increase of serum REG I α could be induced by only one or several specific cancers. Thus, we need more analysis in one specific type of cancer to see its changes. Secondly, the findings are limited to cross-sectional assessment. We need more follow-up researches to prove if the relationship between REG I α and cancer was an epiphenomenon or causal.

Author contributions

YZ, XY, and XZ conducted the study. YZ, QW, and LL drafted the manuscript. QW, LL, XZ, QW, and XY participated in the design of the study. YZ and XY performed statistical analyses. All of the authors read and approved the final manuscript

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