# Association Between Common Variants of *APOE*, *ABCA7*, *A2M*, *BACE1*, and Cerebrospinal Fluid Biomarkers in Alzheimer's Disease: Data from the PUMCH Dementia Cohort

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### Abstract.

**Background:** The previous studies have identified several genes in relation to Alzheimer's disease (AD), such as *ABCA7*, *CR1*, etc. A few studies have explored the association between the common variants, mainly in the non-coding regions of these genes, and cerebrospinal fluid (CSF) biomarkers. Fewer studies target the variants in the coding regions.

**Objective:** To illustrate the association between the common variants within or adjacent to the coding regions of AD susceptible genes and CSF biomarkers in AD patients.

**Methods:** 75 sporadic probable AD patients were extracted from the dementia cohort of Peking Union Medical College Hospital. They all had history inquiry, physical examination, blood test, cognitive assessment, brain MRI, CSF testing of  $A\beta_{42}$ , <sup>181</sup>p-tau, and t-tau, and next-generation DNA sequencing. Sixty-nine common single nucleotide polymorphisms (SNPs) (minor allele frequency > 0.01) within or near the coding region of 13 AD susceptible genes were included in the analysis.

**Results:** The rs7412-CC (*APOE*) genotype showed lower CSF  $A\beta_{42}$  level and higher p-tau/ $A\beta_{42}$  ratio than the rs7412-CT genotype. The rs3752246-C (*ABCA7*) allele correlated with lower CSF  $A\beta_{42}$  level. The alternate alleles of six *ABCA7* SNPs were related to lower CSF p-tau, including rs3745842, rs3764648, rs3764652, rs4147930, rs4147934 and rs881768. The rs11609582-TT (*A2M*) genotype showed higher CSF p-tau than the rs11609582-TA genotype. The p-tau/ $A\beta_{42}$  ratio was higher in the rs490460-TT (*BACE1*) genotype relative to the rs490460-GT genotype.

**Conclusion:** Some common variants within or near the coding regions of *APOE*, *ABCA7*, *A2M*, and *BACE1* are associated with CSF  $A\beta_{42}$ , p-tau. or p-tau/ $A\beta_{42}$ .

Keywords: ABCA7, Alzheimer's disease, amyloid-beta, APOE, cerebrospinal fluid, phosphorylated tau, single nucleotide polymorphism

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### INTRODUCTION

Alzheimer's disease (AD) is the most prevalent neurodegenerative dementia. In 2010, there were about 3.71 million people in China who lived with AD [1]. However, the genetic basis of AD remains unclear. Pathogenic mutations in the amyloid precursor protein (*APP*), the presenilin 1 (*PSENI*), and the presenilin 2 (*PSEN2*) genes can explain less than 1% of the AD population [2]. The apolipoprotein E (*APOE*)  $\varepsilon$ 4 haplotype is a well-known genetic risk factor for AD. It is composed of two single nucleotide polymorphisms (SNPs), rs429358-C and rs7412-C. However, more than half of AD patients do not carry the *APOE*  $\varepsilon$ 4 allele [3]. Thereby, many studies are devoted to exploring additional susceptibility loci associated with AD.

AD is pathologically characterized by extracellular deposition of amyloid- $\beta$  (A $\beta$ ) plaques and intracellular aggregation of highly phosphorylated tau (p-tau)-containing neurofibrillary tangles [4]. Based on the 2018 AD research framework from the National Institute on Aging-Alzheimer's Association workgroups, it is A $\beta$  plaques and neurofibrillary tau deposits that define AD as a unique neurodegenerative disease. And low A $\beta_{42}$  and elevated p-tau in cerebrospinal fluid (CSF) are biomarkers of A $\beta$ plaques and fibrillar tau, respectively [5]. In this case, we aim to assist in the exploration of AD risk loci by identifying the risk SNPs which correlate with CSF biomarkers.

Genome-wide association studies and meta-analyses have identified several genes associated with AD risk, such as the alpha 2 Macroglobulin (A2M), the ATP-Binding Cassette Subfamily A Member 7 (ABCA7), the beta-Site amyloid precursor proteincleaving enzyme 1 (BACE1), the bridging integrator 1 (BIN1), the Clusterin (CLU), the complement component (3b/4b) receptor 1 (CR1), the membrane spanning 4-domains A6A (MS4A6A), the membrane spanning 4-domains A6E (MS4A6E), the NME/ NM23 family member 8 (NME8), the phosphatidylinositol binding clathrin assembly protein (PICALM), the plasminogen activator urokinase (PLAU), and the sortilin related receptor 1 (SORL1) genes [6-10]. They are involved in cholesterol metabolism, immune response, endocytosis, Aß processing, etc. [11]. Most susceptibility loci are common variants, with minor allele frequency > 1%.

A few studies have been devoted to exploring the association between susceptibility loci and CSF biomarkers. With the Alzheimer's Disease Neuroimaging Initiative (ADNI) database, previous studies have investigated the correlation between 15 *ABCA7* and 83 *CR1* SNPs and CSF biomarkers. However, most of the SNPs are in the non-coding regions, such as intron and untranslated region [12, 13]. Fewer studies target the variants located in the coding regions.

We hypothesized that the common SNPs within or near the coding regions of AD risk genes were potential functional loci for AD. The mutations close to the splicing junction might affect mRNA splicing. Missense mutations in the coding region could alter amino acid products. And synonymous mutations might influence promoter activity, pre-mRNAs conformation, stability, protein folding, or function [14–16]. The altered gene products might further affect cholesterol metabolism, immune response, Aβ processing, tau phosphorylation, etc., and ultimately contribute to AD pathogenesis.

In present study, we focused on the common SNPs within or near the coding regions of 13 known AD susceptible genes (*APOE*, *A2M*, *ABCA7*, *BACE1*, *BIN1*, *CLU*, *CR1*, *MS4A6A*, *MS4A6E*, *NME8*, *PICALM*, *PLAU*, and *SORL1*). We would illustrate the association between these SNPs and CSF A $\beta_{42}$ , p-tau, and total tau (t-tau).

### METHODS

### Participants

The participants were from the dementia cohort of Peking Union Medical College Hospital. All subjects had basic tests, including history inquiry, physical examination, blood biochemical test, cognitive assessment, and brain CT/MRI. Cognitive assessment included the Mini-Mental State Exam (MMSE), activities of daily living (ADL), etc. 315 cases received whole exon sequencing, and 1,144 cases had targeted exon sequencing of 278 dementia-related genes. CSF testing of  $A\beta_{42}$ , <sup>181</sup>p-tau, and t-tau was performed in 362 subjects. Pathological evidence was not obtained.

75 Chinese Han patients were included in the study. The inclusion criteria were as follows: 1) met the diagnostic criteria for probable AD based on 2011 diagnostic guidelines for AD from National Institute on Aging-Alzheimer's Association workgroups [17]; 2) no family history of dementia, and no potential pathogenic variant implicated in dementia; (3) no missing data on basic tests, gene sequencing, CSF testing of A $\beta_{42}$ , <sup>181</sup>p-tau, and t-tau; and 4) informed

consent was obtained. This study was approved by ethics committee of PUMCH (No. JS-1836).

### Gene sequencing

IDT xGen Lockdown Probes were used in whole exon sequencing with 50 bp flanking intron length. The targeted exon sequencing covered 3927 exons with 20 bp flanking intron regions. The DNA libraries were sequenced on Illumina HiSeq X Ten Analyzers (Illumina, San Diego, USA). "Clean reads" were generated with AfterQC [18]. All reads were aligned to human reference genome 19 with Burrows-Wheeler Aligner (v.0.5.9) [19]. Local realignment and base quality recalibration were finished with GATK Indel-Realigner and BaseRecalibrator (v3.5). SNVs and small indels were called with GATK UnifiedGenotyper (v 3.5).

This report focused on 13 known AD susceptible genes, including APOE, A2M, ABCA7, BACE1, BIN1, CLU, CR1, MS4A6A, MS4A6E, NME8, PICALM, PLAU, and SORL1. Finally, 69 SNPs were included in the analysis. The inclusion criteria were as follows: 1) minor allele frequency > 0.01, according to ExAC, Genomes databases, etc.; 2) located in the exon region or within 10 bp of splicing junction.

### CSF testing

CSF samples was collected using low protein binding tube (Eppendorf Protein LoBind Tube; 1.5 ml; Hamburg, Germany). The tubes were filled more than 75%. Within one day, the samples were centrifuged at 1800 rpm, 4°C for 10 min. After that, the supernatant was moved to new tubes and stored in freezers at  $-80^{\circ}$ C. Within two weeks, CSF A $\beta_{42}$ , <sup>181</sup>p-tau, and t-tau were measured using ELISA method (INNOTEST hTAU Ag, PHOSPHO-TAU,  $\beta$ -AMYLOID (1–42); Fujirebio, Ghent, Belgium).

The CSF biomarker cut-off values for clinical AD in our laboratory were submitted to Alzheimer's Association International Conference in 2019 (https:// doi.org/10.1016/j.jalz.2019.06.790). With the increasing sample size, the current CSF biomarker cutoffs for clinical AD have been set as follows:  $A\beta_{42} <$ 570.9 pg/ml, p-tau > 56.49 pg/ml, t-tau > 241.6 pg/ ml, p-tau/A $\beta_{42}$  > 0.08465, and t-tau/A $\beta_{42}$  > 0.5290. The sensitivities of these cut-offs are 56.6%, 88.7%, 81.1%, 77.4%, and 84.9%, respectively. The specificities are 84.6%, 84.6%, 90.4%, 90.4%, and 90.4%, respectively. These cut-offs are unpublished data.

### Statistical analysis

The CSF biomarker data (A $\beta_{42}$ , <sup>181</sup>p-tau, t-tau, <sup>181</sup>p-tau/A $\beta_{42}$ , t-tau/A $\beta_{42}$ ) were compared by analysis of covariate (ANCOVA). Sex, age, disease course, and *APOE* status ( $\epsilon$ 4 carrier or non-carrier) were included in the model as fixed factor or covariate. Unadjusted means were displayed in Fig. 1 and Supplementary Tables 2 and 3.

### RESULTS

### Demographic characteristics

As shown in Table 1, there were 75 subjects: 35 male and 40 female. They had an average age of  $61.7 \pm 7.7$  years old. The average disease course was  $3.5 \pm 2.8$  years. None of them had positive family history of dementia. None of them harbored potential pathogenic mutations implicated in dementia.

### SNPs frequency

As shown in Supplementary Table 1, there were 69 SNPs in 13 risk genes. Of them, 58 were in the exon (24 missense and 34 synonymous), whereas 11 were within 10 bp of splicing junction in the intron.

Compared with the allele frequency in east Asian populations from 1000 Genomes database, the cohort had higher rs429358-C (*APOE*) (24.0% versus 8.6%) and lower rs7412-T (*APOE*) allele frequencies (2.0% versus 10.0%). Additionally, the cohort showed lower rs2274567-G (*CR1*) (15.3% versus 32.7%), rs3811381-G (*CR1*) (15.3% versus 32.2%), rs6691117-G (*CR1*) (17.3% versus 34.3%), and higher rs12364988-C (*SORL1*) (46.7% versus 31.2%) allele frequencies. As for the other SNPs, the alternate allele frequencies in this AD cohort were comparable to those from 1000 Genomes database.

### Association between SNPs and CSF biomarkers

As illustrated in Fig. 1 and Supplementary Tables 2 and 3, 13 SNPs were relevant to CSF biomarkers, including two *APOE*, two *A2M*, one *BACE1*, and eight *ABCA7* SNPs. They were associated with CSF  $A\beta_{42}$ , p-tau or p-tau/ $A\beta_{42}$ . None of the 69 SNPs had effects on CSF t-tau or t-tau/ $A\beta_{42}$ .

After adjustment by the rs429358 (*APOE*), the rs7412-CC (*APOE*) genotype showed lower A $\beta_{42}$  level and higher p-tau/A $\beta_{42}$  ratio than the rs7412-CT genotype (509.9 ± 162.7 versus 836.7 ± 197.9 pg/



Fig. 1. Effect of 13 SNPs on CSF A $\beta_{42}$  (A), p-tau (B), and p-tau/A $\beta_{42}$  ratio (C). Ref-Ref, reference allele homozygote; Ref-Alt, heterozygote; Alt-Alt, alternate allele homozygote. \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

ml, p = 0.006;  $0.16 \pm 0.08$  versus  $0.05 \pm 0.00$ , p = 0.022). Among the rs429358-TT, rs429358-TC, and rs429358-CC genotypes, CSF A $\beta_{42}$  level showed a declining trend (543.3 ± 191.9, 513.0 ± 141.2, and 428.2 ± 120.1 pg/ml, p = 0.363). The rs429358-CC genotype showed higher p-tau/A $\beta_{42}$  ratio than the rs429358-TT and rs429358-TC genotypes ( $0.22 \pm 0.07$  versus  $0.15 \pm 0.09$ ,  $0.14 \pm 0.05$ , p = 0.050). However, some of these differences did not reach statistical significance.

The rs3752246-C (*ABCA7*) allele correlated with lower A $\beta_{42}$  level (CC, GC versus GG: 508.3 ± 179.4, 498.7 ± 150.7 versus 672.4 ± 205.1 pg/ml, *p* = 0.047). The alternate alleles of seven *ABCA7* SNPs were related to lower p-tau, including rs3745842, rs3752246, rs3764648, rs3764652, rs4147930, rs4147934, and rs881768. Of them, the alternate alleles of rs3745842, rs3764652, rs4147930, and rs881768 were also relevant to lower p-tau/A $\beta_{42}$  ratio. In addition, the rs4147914-GA genotype showed higher p-tau level than the rs4147914-AA and rs4147914-GG genotypes (83.0±31.8 versus 72.6±44.0, 60.9±21.6 pg/ml, p=0.018).

The rs11609582-TT (*A2M*) genotype showed higher p-tau level than the rs11609582-TA genotype (75.6  $\pm$  31.8 versus 44.7  $\pm$  16.6 pg/ml, p = 0.029). Also, the reference allele homozygote of rs1799759 had higher p-tau than the rs1799759 heterozygote (75.6  $\pm$  31.8 versus 44.7  $\pm$  16.6 pg/ml, p = 0.029).

The rs490460-TT (*BACE1*) genotype showed lower A $\beta_{42}$  and higher p-tau levels than the rs490460-GT genotype (512.1±159.7 versus 593.5±253.0 pg/ml, p = 0.58; 76.7±32.4 versus 56.7±21.9 pg/ ml, p = 0.12). These differences were not statistically significant. However, the p-tau/A $\beta_{42}$  ratio was significantly higher in the rs490460-TT genotype relative

General characteristics of 75 subjects		
Demographics		
Male	35 (46.7%)	
Female	40 (53.3%)	
Age (y)	$61.7 \pm 7.7$	
Disease course (y)	$3.5 \pm 2.8$	
APOE genotype		
ε2ε3	3 (4.0%)	
e3e3	44 (58.7%)	
ε3ε4	20 (26.7%)	
ε4ε4	8 (10.7%)	
ε2 allele frequency	2.0%	
ε3 allele frequency	74.0%	
ε4 allele frequency	24.0%	
Cognitive function		
MMSE	$14.0 \pm 8.3$	
ADL	$38.3 \pm 11.2$	
CSF biomarker		
$A\beta_{42}$ (pg/ml)	$523.0 \pm 175.0$	
P-tau (pg/ml)	$74.0\pm31.8$	
T-tau (pg/ml)	$688.7\pm734.7$	
P-tau/A $\beta_{42}$	$0.16\pm0.08$	
T-tau/A $\beta_{42}$	$1.38 \pm 1.26$	
$A\beta_{42} < 570.9 \text{ pg/ml} / \ge 570.9 \text{ pg/ml}$	53 (70.7%) / 22 (29.3%)	
$p-tau > 56.49 \text{ pg/ml} / \le 56.49 \text{ pg/ml}$	56 (74.7%) / 19 (25.3%)	
$t$ -tau > 241.6 pg/ml / $\leq$ 241.6 pg/ml	64 (85.3%) / 11 (14.7%)	
p-tau/A $\beta_{42}$ > 0.08465 / $\leq$ 0.08465	63 (84.0%) / 12 (16.0%)	
t-tau/A $\beta_{42}$ > 0.5290 / $\leq$ 0.5290	59 (78.7%) / 16 (21.3%)	

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 Table 2

 Sex\*SNP interactions on CSF biomarkers [F value (p value)]

Main effect	Αβ <sub>42</sub>	P-tau/Aβ42
Sex	3.324 (0.073)	
rs3752240 (ABCA7)	5.347 (0.007)	
Sex*rs3752240	4.371 (0.016)	
Sex	9.458 (0.003)	6.135 (0.016)
rs7232 (MS4A6A)	1.269 (0.264)	0.532 (0.468)
Sex*rs7232	6.696 (0.012)	6.422 (0.014)
Sex		1.834 (0.180)
rs2598044 (NME8)		0.509 (0.604)
Sex*rs2598044		4.811 (0.011)
Sex		1.834 (0.180)
rs2722372 (NME8)		0.509 (0.604)
Sex*rs2722372		4.811 (0.011)

to the rs490460-GT genotype  $(0.16 \pm 0.08 \text{ versus})$  $0.10 \pm 0.04$ , p = 0.04).

### Sex\*SNP interaction

As shown in Table 2, two SNPs showed sex\*SNPs interactions on CSF A $\beta_{42}$  level, including the rs3752240 (*ABCA7*) (*F*=4.371, *p*=0.016) and the rs7232 (*MS4A6A*) (*F*=6.696, *p*=0.012). Two *NME8* SNPs showed sex\*SNPs interactions on p-tau/A $\beta_{42}$ , including the rs2598044 (*F*=4.811, *p*=0.011) and the rs2722372 (*F*=4.811, *p*=0.011).

Among the subjects with the rs3752240-AA and the rs7232-AT genotypes, males had lower  $A\beta_{42}$ level than females. Among the participants with the rs2598044-CT and the rs2722372-GA genotypes, the p-tau/A $\beta_{42}$  ratio was higher in males relative to females. However, among those with rs3752240-AG, rs7232-AA, rs2598044-CC, and rs2722372-GG genotypes, A $\beta_{42}$  or p-tau/A $\beta_{42}$  ratio did not differ between males and females.

### DISCUSSION

# APOE, ABCA7, A2M, BACE1 SNPs and CSF $A\beta_{42}$ , p-tau

The APOE  $\varepsilon$ 4 allele is a well-known genetic risk factor for AD. Conversely, the  $\varepsilon 2$  allele confers a reduced AD risk [20]. These are further confirmed in this study. The  $\varepsilon 2$  and  $\varepsilon 4$  allele frequencies in the cohort are 2.0% and 24.0%, respectively, which are lower and higher than those in Chinese general population (10.5%, 7.1%) [21]. Besides, we find the rs7412-T allele is relevant to increased CSF A $\beta_{42}$ level, and the rs429358-C allele shows a trend associated with decreased A $\beta_{42}$ . The correlation between these APOE SNPs and CSF  $A\beta_{42}$  level is related to the role of APOE in A $\beta$  metabolism. The APOE  $\varepsilon 4$ can increase A $\beta$  production by improving the activity of  $\gamma$ -secretase and inhibit A $\beta$  clearance by impairing its lysosomal and proteolytic degradation [22, 23]. Comparatively, the involvement of the APOE  $\varepsilon 2$  in AD is less clear. Compared with the APOE  $\varepsilon$ 4, the APOE  $\varepsilon 2$  allele is more efficient at promoting the degradation of soluble AB and its transport across vessel walls [24].

Among the 13 potential functional SNPs, 61.5% (8/13) SNPs are from the *ABCA7*. Six novel SNPs (rs3764648, rs3764652, rs4147930, rs4147934, rs881768, and rs4147914) show effects on CSF p-tau level. Two known SNPs (rs3752246, rs3745842) correlate with  $A\beta_{42}$  and p-tau burden, respectively. Like the *APOE*, the *ABCA7* is also located on chromosome 19q13.3. It has 47 exons. It might influence A $\beta$  production, aggregation by mediating  $\beta$ -secretase cleavage, microglial endocytosis, or macrophage phagocytosis [25]. A $\beta$  deposition can initiate concurrent accumulation of tau tangles [26].

Two novel A2M SNPs (rs11609582, rs1799759) are related to CSF p-tau burden. The A2M might affect tau pathogenesis by its interaction with calcineurin and regulator of calcineurin 1, which are the

enzyme and regulator of tau phosphorylation, respectively [27].

One novel *BACE1* SNP (rs490460) is relevant to p-tau/A $\beta_{42}$  ratio. This might be due to the role of the *BACE1* in A $\beta$  metabolism. The *BACE1* protease is implicated in the  $\beta$ -site cleaving of amyloid precursor protein, which can eventually lead to the synthesis of A $\beta$  peptide [28].

### Allele frequency variation of CR1, SORL1

The alternate allele frequencies of rs2274567 (CR1), rs3811381 (CR1), rs6691117 (CR1), and rs12364988-C (SORL1) in this cohort are far from those in the East Asian population from 1000 Genomes database. However, these allele frequency data in this cohort are close to the data from some previous studies. In Chinese late-onset AD patients, the minor allele frequencies of rs2274567, rs3811381, and rs6691117 are 12%, 14%, and 11%, respectively. In Chinese cognitively normal controls, the minor allele frequencies are 19%, 18%, and 19%, respectively [29, 30]. In Italian late-onset AD patients and normal controls, the rs12364988-G allele frequencies are 59.3% and 53.4%, respectively [31]. These allele frequency variations might be attributed to ethnic differences. Further epidemiological investigation is expected.

# Sex\*SNP (ABCA7, MS4A6A, NME8) interaction

This is the first time that we demonstrate the interactions between sex and *ABCA7*, *MS4A6A*, and *NME8* on CSF biomarkers. Among the subjects with rs3752240-AA (*ABCA7*), rs7232-AT (*MS4A6A*), rs2598044-CT (*NME8*), and rs2722372-GA (*NME8*) genotypes, males have lower  $A\beta_{42}$  or higher p-tau/A $\beta_{42}$  than females. The sex differences in the effect of these SNPs on CSF biomarkers might be somewhat responsible for the sex differences in the amyloid load. Cavedo et al. has found that there is higher anterior cingulate cortex amyloid burden in men relative to women [32]. However, previous research on sex differences in AD shows that women have more tau pathology than men [33].

# P-tau biased association

In this paper, ten SNPs show effects on CSF ptau. Comparatively, there is less association between these SNPs and CSF  $A\beta_{42}$ . This might be partly due to the dynamic evolution of CSF biomarkers at different stages of cognitive impairment. The CSF A $\beta_{42}$  level decreases mainly in the preclinical stage and reaches a plateau in the dementia stage, whereas the CSF tau level increases gradually in the mild dementia stage [34–36]. T-tau is a non-specific biomarker for AD which reflects the intensity of neuronal injury, whereas p-tau is relatively specific for AD which indicates a pathological state of paired helical filament tau deposits [5]. This might explain why these SNPs are associated with p-tau rather than t-tau.

### Conclusion and limitation

This study involves 69 common SNPs within or near coding regions of 13 AD risk genes. *APOE*, *ABCA7*, *A2M*, and *BACE1* SNPs show associations with CSF A $\beta_{42}$ , p-tau, and p-tau/A $\beta_{42}$ , including four known and nine novel SNPs. *ABCA7*, *MS4A6A*, and *NME8* have sex\*SNPs interactions on CSF A $\beta_{42}$  and p-tau/A $\beta_{42}$ .

The main limitation of this study is the small sample size and absence of pathological evidence. All the subjects in this study are clinically diagnosed with probable AD. None of them have pathological evidence. According to the CSF biomarker cut-offs for AD in our laboratory, only 50.7% (38/75) subjects reach the cutoff values of all the five variables. 29.3% (22/75) subjects have CSF A $\beta_{42}$  > 570.9 pg/ml, and 25.3% (19/75) subjects have CSF p-tau <56.49 pg/ml. The atypical CSF profile might be attributed to individual differences in CSF dynamics. Grothe studied the CSF biomarkers in pathology-confirmed AD patients from ADNI database. They reported a considerably higher CSF AB42 cutoff (1,097 pg/ml) for differentiating high and low Thal phases, as well as a lower p-tau cutoff (19 pg/ml) for discriminating high and low neuritic plaque scores [37]. In this case, pathological evidence is highly expected in order to reduce the bias of the study. Next, we expect to expand the sample size and strive for pathological evidence. We will explore the synergistic effect of multiple SNPs on CSF biomarkers. As for the potential susceptibility loci, functional analysis should be considered.

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# SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: https://dx.doi.org/ 10.3233/JAD-215067.

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