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Performance of international prognostic indices in plasmablastic lymphoma: a comparative evaluation

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Abstract

Purpose Plasmablastic lymphoma (PBL) is a rare and aggressive B-cell malignancy with a heterogenous clinical and prognostic spectrum, determined by multiple factors, including age, HIV- and *MYC*-status. While there exist several validated scoring systems for diffuse large B-cell lymphoma, which incorporate basic clinical features (age, lactate dehydrogenase, sites of (extranodal) involvement, stage and performance), none of these have been systematically assessed in PBL.

Methods We determined the (age-adjusted; aa)-International Prognostic Index (IPI), revised IPI (R-IPI), and National Comprehensive Cancer Network IPI (NCCN-IPI) in a comprehensive multi-center cohort (n = 78) of PBL patients. Further, all indices were comparatively investigated for model quality and concordance.

Results Univariate analysis revealed significant prognostic capabilities for all indices, all of which identified a subgroup with favorable outcome. Discriminatory power between patients with less benign prognosis and especially refractory disease exhibited significant variability. Subsequently, stratified models for each risk score were compared employing corrected Akaike's information criterion (cAIC) and Harrel's concordance index (c-index). Here, the NCCN-IPI outperformed both IPI and R-IPI regarding c-index with ambiguous cAIC results, underlining its clinical utility and suggesting it for preferential use in clinical practice.

Conclusion Our current observations support the use of the IPI and its enhanced derivatives in PBL patients. There is, however, a distinct requirement for novel prognostic tools to better delineate subgroups at risk for early relapse or refractory disease as well as late relapse. A comprehensive molecular characterization of a clinically annotated cohort of PBL patients is therefore urgently warranted.

Keywords Plasmablastic lymphoma \cdot IPI \cdot Prognosis \cdot Risk stratification

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Introduction

Plasmablastic lymphoma (PBL) is a rare preterminally differentiated B-cell malignancy with features resembling both high-grade B-cell lymphoma and plasma cell malignancies (Delecluse et al. 1997; Loghavi et al. 2015; Vega et al. 2005). PBL is predominantly encountered in the context of age-related immunosenescence, secondary to iatrogenic immunosuppression or in HIV-positive patients and the clinical course is commonly aggressive with dismal overall survival (OS) (Tchernonog et al. 2017).

Patients with PBL are insufficiently represented in clinical trials, treatment approaches are heterogeneous and translational research is challenging. Nevertheless, several retrospective studies identified a number of predictors of clinical outcome including age, performance status, HIV- and *MYC*-status (Miao et al. 2020; Tchernonog et al. 2017; Witte et al. 2020).

The International Prognostic Index (IPI), the most commonly used prognostic score in aggressive B-cell lymphoma, especially in diffuse large B-cell lymphoma (DLBCL), was first developed by Shipp et al., more than 25 years ago, in the pre-rituximab era (International Non-Hodgkin's Lymphoma Prognostic Factors 1993). The analysis of more than 2000 patients with aggressive non-Hodgkin lymphoma treated with anthracycline-based regimens in the U.S., Canada and Europe led to the identification of five independent prognostic factors impacting survival: age (≤ 60 vs. > 60 years), stage (I/II vs. III/IV), number of extranodal (EN) sites (0-1 vs. ≥ 2), performance status (PS; 0–1 vs. ≥ 2) and serum lactate dehydrogenase (LDH; normal vs. elevated). Simultaneously, a scoring system for younger patients < 60 years of age was developed (age-adjusted IPI). In this subgroup, ECOG (Eastern Cooperative Oncology Group) Performance-Status, stage and LDH maintained their statistically significant impact on patient outcome, thereby stratifying patients into four risk groups (score 0-3) (International Non-Hodgkin's Lymphoma Prognostic Factors 1993). Nearly fifteen years later, Sehn et al. (2007) refined the initial four risk categories (low- (score 0-1), low- intermediate- (2), high-intermediate- (3) and high-risk (4-5)) to better reflect patient outcome in the rituximab era in a more precisely defined cohort of DLBCL (n=365) patients according to the WHO classification of hematopoietic and lymphoid tumors, which resulted in three distinct categories (R-IPI: 'Very good' (score 0), 'Good' (1-2) and 'Poor' (3-5)). Shortly thereafter, a pooled analysis from several prospective clinical trials, drawing data from more than 1000 patients, demonstrated the IPIs continual prognostic capabilities despite the introduction of rituximab (Ziepert et al. 2010).

More recently, in an effort to identify a subpopulation of aggressive B-cell lymphoma patients with distinctly inferior outcome (5-year OS < 50%), despite immunochemotherapy, the IPI concept was further revised to incorporate both incremental age and LDH categories alongside the involvement of pre-defined extranodal sites (NCCN-IPI) (Zhou et al. 2014). Its proclaimed predictive superiority over the IPI/R-IPI has however been questioned, predominantly in the light of the advent of PET-based initial diagnosis and -guided therapy (El-Galaly et al. 2015). Additionally, recent reports suggest another potential refinement of the IPI through the integration of baseline beta2-microglobulin levels (GELTAMO-IPI) (Montalban et al. 2017).

However, unlike DLBCL for which there exist several validated prognostic indices, no such scoring system has been established for PBL, despite preliminary data from several retrospective investigations suggest informative applicability of the IPI in both HIV-positive and negative patients (Schommers et al. 2013; Tchernonog et al. 2017).

In the current study, we identified 78 PBL patients with available clinical data, for which in most cases (76/78) centralized hematopathological workup was available. We retrospectively evaluated clinicopathological characteristics and provide, to the best of our knowledge, the first comparison of prognostic indices ((aa)-IPI, R-IPI and NCCN-IPI) in this rare type of non-Hodgkin lymphoma.

Methods

Patients and treatment

We retrospectively reviewed our institutional hematopathological database to identify PBL patients whose biopsy specimen from initial diagnosis had been referred to the Reference center for Hematopathology University Hospital Schleswig Holstein Campus Lübeck and Hämatopathologie Lübeck for centralized histopathological panel evaluation between January 2000 and December 2018. Diagnosis was confirmed in a panel setting by three experienced hematopathologists (ACF, HM and HWB) in accordance with the current edition of the WHO classification of tumors of the hematopoietic and lymphoid tissues (Swerdlow et al. 2016). Antibodies and positivity cutoffs employed in the current study are summarized in Supplementary Table 1 and as described (Witte et al. 2020). Fluorescence in situ hybridization (FisH) for MYC was routinely performed, as described, wherever the biopsy was of sufficient size and quality (Gebauer et al. 2015).

In total, 78 consecutive patients with PBL (median age 63 years; range 26–91), were identified and assessed for clinicopathological baseline characteristics, including (age-adjusted in patients < 60 years)-IPI, R-IPI, NCCN-IPI, ARL-IPI and GELTAMO-IPI alongside therapy as well as outcome. These characteristics of the study group are briefly summarized in Table 1, Supplementary Tables 2, 3, and 4.

This present study was approved by the ethics committee of the University of Lübeck (reference-no 18–311) and conducted in accordance with the declaration of Helsinki. Patients had given written informed consent regarding routine diagnostic and academic assessment of their biopsy specimen at the Reference center for Hematopathology and transfer of their clinical data. Most patients included in this analysis were previously investigated as part of a clinicopathological study, assessing the prognostic impact of *MYC*translocation status (Witte et al. 2020).

Statistics

Time to progression and overall survival (PFS, OS) were calculated from the date of initial diagnosis and censored at the date of last clinical contact. Survival (PFS and OS)

Tab	le 1	Clinical	characteristics	of	the	study	group
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Characteristics	Plasmablastic lymphoma $(n=78)$
Age (yrs.; median + range)	63 (26–91)
Sex	
Female	14 (78%)
Male	64 (82%)
B-symptoms	
Yes	47 (60%)
No	31 (40%)
Stage (Ann arbor)	
I/II	21 (27%)
III/IV	57 (73%)
ECOG PS	
0–1	33 (42%)
2–4	45 (58%)
LDH	
Normal	17 (22%)
Elevated $\leq 3x$	36 (46%)
Elevated $> 3x$	25 (32%)
Extranodal sites	
0	12 (15%)
1–2	61 (78%)
>2	5 (6%)
Bone marrow involvement	8 (10%)
HIV status	
Positive	30 (39%)
Negative	48 (62%)
IPI (International prognostic index)	
0–1 (low risk)	14 (18%)
2 (low-intermediate risk)	11 (14%)
3 (high-intermediate risk)	24 (31%)
4–5 (high risk)	29 (37%)
R-IPI (Revised-International prognostic in	dex)
0 (very good prognosis)	7 (9%)
1–2 (good prognosis)	18 (23%)
3–5 (poor prognosis)	53 (68%)
NCCN-IPI (National comprehensive cance prognostic index)	er network-International
0–1 (low risk)	3 (4%)
2–3 (low-intermediate risk)	17 (22%)
4-5 (high-intermediate risk)	28 (36%)
6–8 (high risk)	30 (39%)

ECOG PS Eastern Cooperative Oncology Group Performance Status, LDH lactate dehydrogenase, yrs years

according to prognostic risk groups was initially estimated by means of the Kaplan–Meier method and univariate logrank test. Comparative analysis regarding performance of the prognostic indices was performed by employing the Harrel's concordance index (c-index) (Heller and Mo 2016) and corrected Akaike's Information Criterion (cAIC) (Akaike 1974; Sugiura 1978). While the c-index assess discriminatory power of a given statistical model (with higher values indicating superior predictive properties; ≤ 0.5 poor model, no better than predicting an outcome than random chance; 1 = perfect model, flawless prediction of outcome according to group allocation), the cAIC poses a means to quantify the predictive potential of statistical models upon direct comparison at low sample volumes (with lower values indicating better accuracy). A difference in cAIC values between 0 and 2 indicates the absence of significant differences in model fit while a difference between 2 and 10 suggests an increasing improvement in fit, a difference greater than 10 represents a substantial improvement in fit. All statistical investigations were conducted using GraphPad PRISM 6 and or R v4.0.2.

Results

Clinical characteristics of the study group

In total, 78 patients with PBL were retrospectively enrolled in this multi-center trial. Central histopathological review was available via the reference center for hematopathology Lübeck in 76/78 (97%) patients. Baseline clinical characteristics are provided in Table 1. Median age of the study group was 63 years with a pronounced male predominance (64/78; 82%). An underlying HIV infection was present in 30/78 patients (39%) and more than half of the study group presented with advanced stage disease (73% Ann Arbor III/ IV) and reduced performance status (58% ECOG 2-4). The vast majority of patients presented with involvement of 1-2 extranodal sites with 5/78 (6%) patients presenting more than 2 extranodal manifestations and bone marrow infiltrates found in 8/78 (10%) patients. An elevation in LDH levels was found in 78% of patients (61/78) with 25 patients (32%)showing levels > three times the upper limit of norm.

While chemotherapeutic treatment approaches exhibited a substantial degree of variability, the dominant regimens of choice were CHOP or its derivates (55/78 patients 71%).

International prognostic indices

Categorization according to pre-defined risk groups of all 78 patients was performed according to all three international prognostic indices. By means of the IPI 18% of patients were allocated to the low risk group, while 14% and 31% were low-intermediate or high-intermediate risk, respectively and 37% of patients were classified as high risk. In the updated R-IPI, initially proposed for aggressive B-cell lymphoma patients undergoing rituximab-containing therapy regimens, which was comparatively analyzed for internal validation and control purposes, as no improvement over the basic IPI

was to be expected, we found 9% and 23% of patients to have a "very good" or "good" prognosis while 68% were allocated to the "poor" prognosis group.

According to the NCCN-IPI, only 3% were low risk and 22% and 36% were low-intermediate or high-intermediate risk, respectively. A high-risk score was found in 39%.

Agreement defined by weighted kappa (according to Cohen's kappa coefficient) between IPI- and NCCN-IPI was moderate (weighted k = 0.57). Agreement in terms of risk category allocation was found in 54/78 (69%) patients, while 21/78 patients were grouped in adjacent risk categories. Reallocation according to the NCCN-IPI of patients initially stratified by IPI risk group is depicted in Supplementary Fig. 1. Inherent to the model design of IPI and R-IPI, due to identical individual risk factors, we observed a fixed pattern of reallocation as described (Ruppert et al. 2020; Sehn et al. 2007). Further, we calculated the AIDSrelated lymphoma (ARL)-IPI in all HIV⁺ PBL patients for which sufficient clinical data was available (13/30) (Barta et al. 2014). Beyond the aaIPI (weighed two-fold), the ARL-IPI incorporates both involvement of extranodal sites and an HIV-score comprising viral load (copies per milliliter), the number of CD4 positive T-helper cells (number per microliter) and an individual prior history of AIDS (the latter factors both weighed one-fold). Fragmentary data prevented a meaningful statistical analysis in this population. Distribution of HIV⁺ PBL patients onto the ARL-IPI risk groups is delineated in Supplementary Table 2.

Similarly, the recent GELTAMO-IPI was only calculable in 31/78 patient due to missing baseline beta2-microglobulin levels in the majority of patients (Supplementary Table 4).

Survival analysis

At a maximum follow-up of 175 months and a median follow-up of 14 months, we observed 54 deaths and a median overall survival of 17 months. The five-year survival rate was observed to be 21.98% (95% CI+11.06/-9.05%). Upon

PFS analysis, we identified 58 events as well as a five-year PFS-rate of 21.14% (95% CI + 10.376/-8.79%).

As depicted in Fig. 1, all three scores resulted in clinically meaningful subgroups with significant differences in OS. Estimated five-year survival according to risk groups upon employing the IPI, R-IPI and the NCCN-IPI ranged from 0 to 84.4%, 6.0 to 85.7% and 0 to 100%, respectively. This signifies that the widest prognostic spectrum is covered by the NCCN-IPI. Similar observations were made regarding PFS analysis. These observations are summarized in Fig. 2.

Upon comparative analysis with both IPI and R-IPI, the NCCN-IPI best identifies both a small "lowest risk" group of patients with excellent outcome as well as a "highest risk" group of patients with pronounced early therapeutic failure.

Comparative analysis of model fit and concordance

Model analysis according to both AIC as well as cAIC revealed ambiguous fit of the NCCN-IPI compared with both the R-IPI and the (aa)-IPI model. Differences were marginal, failing to reach the predefined level of significance in our minor cohort (cAIC differences <2; range: 137.8–138.6).

Analysis of concordance index, however, revealed a clinically meaningful advantage in favor of the NCCN-IPI in the discrimination of patients with poor and favorable OS (signified by the highest, yet still insufficient c-index (NCCN-IPI: 0.564; IPI: 0.523; R-IPI: 0.5). Data on model fit and concordance are summarized for OS in Table 2 and results from an univariate analysis of statistical impact of individual risk factors included in the IPI, R-IPI and the NCCN-IPI on PBL patient overall survival in addition to their individual hazard ratio are depicted in Table 3. In addition, results from both uni- and multivariate analysis of statistical impact of individual risk factors included in the IPI, R-IPI and the NCCN-IPI on PBL patient OS in the context of their respective survival model (IPI/R-IPI and NCCN-IPI) are delineated in Table 4.

In summary, our data underline the NCCN-IPI's moderate clinical utility whilst prompting its recommendation for



Fig. 1 Overall survival according to the IPI (a), the R-IPI (b) and the NCCN-IPI (c)



Fig. 2 Progression-free survival according to the IPI (a), the R-IPI (b) and the NCCN-IPI (c)

Table 2 Data on model fit and concordance are summarized	Model	c-index (95% CI)	cAIC	Hazard ratio (95% CI)
for overall survival	IPI risk group	0.523	138.20	
	Low (0–1)	(0.485-0.712)		Reference
	Low-intermediate (2)			9.48 (2.23-40.33)
	High-intermediate (3)			5.73 (2.25-14.59)
	High (4–5)			7.86 (3.58–17.25)
	R-IPI risk group	0.500	138.65	
	Very good (0)	(0.409-0.640)		Reference
	Good (1–2)			2.71 (0.66-11.09)
	Poor (3–5)			3.84 (1.80-8.20)
	NCCN-IPI risk group	0.564	137.84	
	Low (0–1)	(0.498-0.723)		Reference
	Low-intermediate (2–3)			3.33 (0.45-24.40)
	High-intermediate (4–5)			3.44 (0.95-12.46)
	High (6–8)			4.62 (1.59–13.43)

preferential use in clinical practice for the time being while concomitantly characterizing the IPI as a viable option in the context of retrospective studies, facing fragmentary datasets.

Discussion

In the current study, we confirm that the original IPI clearly separates four prognostically divergent risk groups among one of the largest cohorts of PBL patients published to date regardless of HIV-status. Expectedly, no meaningful prognostic insight was gained through the application of the R-IPI (International Non-Hodgkin's Lymphoma Prognostic Factors 1993; Sehn et al. 2007). The NCCN-IPI, however, displayed superior, yet still insufficient concordance with comparable model fitting in our study group. In addition, the NCCN-IPI appears to cover the widest prognostic spectrum, allowing for a

clearer distinction of patients with both most favorable and poorest OS. Similar observations were made regarding PFS analysis. Unlike recent observations in DLBCL, the NCCN-IPI reliably identified patients with both fiveyear OS- and PFS-rates below 20% (Ruppert et al. 2020; Zhou et al. 2014). Nevertheless, both concordance and fitting measures illustrate but moderate clinical utility of all three established indices, leaving significant room for improvement.

The more detailed recognition of patient age, included in the NCCN-IPI appears to be biased, regarding the underlying HIV-status (see Table 3). Its integration into clinical prognostication models appears to be less mandatory in PBL compared with recent data taken from an integrative analysis of seven prospective trials in DLBCL (Ruppert et al. 2020). None of the established scores, however, reflect the bilateral epidemiological spectrum of PBL with elderly patients developing PBL as an indicator of senile immunosenescence

 Table 3
 Univariate analysis of statistical impact of individual risk factors included in the IPI, R-IPI and the NCCN-IPI on PBL patient overall survival

Risk factor	Hazard ratio (95% CI)	p value
Age (years) (IPI/R-IPI)		
≤60	Reference	0.002
>60	2.356 (1.353-4.105)	
Age (years) (NCCN-IPI)		
≤ 40	Reference	0.0095
41-60	1.577 (0.662-3.759)	
61–75	2.310 (1.077-4.954)	
>75	1.734 (0.681–4.418)	
Ann arbor		
I/II	Reference	0.005
III/IV	3.157 (1.411-7.061)	
ECOG		
≤ 1	Reference	< 0.0001
2–4	4.603 (2.477-8.554)	
LDH (ULN-ratio) (IPI/R-IPI)		
≤ 1	Reference	< 0.0001
> 1	6.107 (2.354–15.849)	
LDH (ULN-ratio) (NCCN-IPI)		
≤ 1	Reference	< 0.0001
1–3	3.663 (1.78-7.539)	
>3	5.865 (2.521-13.65)	
Extranodal sites		
≤ 1	Reference	0.035
>1	1.799 (1.042-3.106)	
Specific organ involvement*		
No	Reference	0.082
Yes	1.643 (0.938–2.875)	

ECOG Eastern Cooperative Oncology Group Performance Status, *LDH* lactate dehydrogenase

*Involvement of the bone marrow, central nervous system, liver or gastrointestinal system, or lung

or immunosuppressive treatment in the context of organ transplant and significantly younger PBL patients harboring an underlying acquired immune deficiency syndrome (AIDS).

Upon biphasic multivariate analysis of the individual factors of all three scoring systems (IPI and R-IPI followed by the more specific incremental variables required to calculate the NCCN-IPI) we found that the effect of stage I/ II vs. III/IV was non-independent, plausibly attributable to the inherent extranodal nature of PBL. Moreover, we found, that recognition of the specific subset of involved sites included in the NCCN-IPI was superior to the cut-off of 0-1 vs. > 1 extranodal sites in the (R-) IPI, whereas statistical significance and independence was lost upon incremental evaluation of LDH levels, calling into question this particular refinement of the NCCN-IPI in PBL prognostication.

In a recent meta-analysis evaluating the prognostic capabilities of IPI, R-IPI and NCCN-IPI in R-CHOP treated DLBCL patients, four out of the initial 14 trails extracted from the SEAL database had to be excluded due to missing data regarding extranodal sites of involvement (Ruppert et al. 2020). This suggests that despite all prognostic indices evaluated in this study being based on readily available clinical data, fragmentary documentation, especially in patients treated prior to the introduction or widespread implementation of the NCCN-IPI may pose an issue.

More so, established scoring systems fail to identify signs of refractory disease as well as PBL patients at risk of late relapse with sufficient statistical significance. In DLBCL, similar requirements were recently addressed successfully through the integrative analysis of clinical, molecular and cytogenetic data (Chapuy et al. 2018; Schmitz et al. 2018). Beyond recent advances regarding the prognostic role of *MYC* in PBL, similar data are warranted (Witte et al. 2020).

The shortcomings, inherent to such a retrospective study design, as well as the therapeutic variability, common to PBL treatment approaches, are acknowledged. This unfortunately prevented a meaningful analysis regarding the ARL-IPI in the HIV⁺ subgroup of our cohort. This model was however conceptualized in CD20⁺ lymphoma patients in the rituximab-era and its contributing, lymphoma-related risk factors resemble the aa-IPI which we revealed to show inferior concordance, compared to the NCCN-IPI. In prospectively assessed cohort of HIV⁺ PBL patients it would appear preferable to investigate the addition of the ARL-IPI HIV score into the NCCN-IPI. Moreover, it would be of interest to investigate the predictive properties of the GELTAMO-IPI in a cohort with sufficient information on baseline beta-2-microglobulin levels (Montalban et al. 2017).

In summary, our observations support the use of the IPI and more so its enhanced derivative NCCN-IPI in PBL patients. There is, however, a distinct requirement for novel prognostic tools to better delineate subgroups at risk for early relapse or refractory disease as well as late relapse. A comprehensive molecular characterization of a clinically annotated cohort of PBL patients is therefore urgently warranted to identify additional risk factors, advance baseline prognostication and potentially treatment guidance. Table 4Uni- and multivariateanalysis of statistical impactof individual risk factorsincluded in the IPI, R-IPI andthe NCCN-IPI on PBL patientoverall survival in the context oftheir respective survival model(IPI/R-IPI and NCCN-IPI)

Risk factor	Univeriate analysis	Multivariate analysis		
	<i>p</i> value	Hazard ratio (95% CI)	p value	
IPI/R-IPI				
Age	0.002	1.820 (0.994-3.334)	0.052	
Stage I/II vs. III/IV	0.005	0.753 (0.276-2.054)	0.579	
ECOG 0-1 vs. 2-4	< 0.0001	2.521 (1.217-5.220)	0.013	
LDH < uln vs. > uln	< 0.0001	3.565 (1.036-12.264)	0.044	
Extranodal sites $0-1$ vs. > 1	0.035	1.621 (0.910-2.888)	0.101	
NCCN-IPI				
Age (groups 1-4)	0.0095	1.260 (0.905-1.754)	0.171	
Stage I/II vs. III/IV	0.005	1.035 (0.390-2.745)	0.944	
ECOG 0-1 vs. 2-4	< 0.0001	3.049 (1.383-6.724)	0.006	
LDH (groups 1–3)	< 0.0001	1.677 (0.982-2.863)	0.058	
Specific extranodal sites*	0.082	2.156 (1.177-3.949)	0.013	

Bold values indicate statistically significance $p \le 0.05$

ECOG Eastern Cooperative Oncology Group Performance Status, LDH lactate dehydrogenase

*Involvement of the bone marrow, central nervous system, liver or gastrointestinal system, or lung

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Author contributions Study concept: NG and HW; data collection: NH, NG, HW, HM, HWB and VB; data analysis and creation of figures and tables: NG, HW, HB, AF, NvB and AK; initial draft of manuscript: NG; critical revision and approval of final version: all authors. All authors have read and agreed to the published version of the manuscript.

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Data availability No individual participant data will be available automatically. No other documents will be available. Upon request, underlying dataset would be provided for individual participant data meta-analysis.

Declarations

Conflict of interest The authors declare no conflicts of interest.

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