Hindawi Publishing Corporation Journal of Biomedicine and Biotechnology Volume 2010, Article ID 350706, 9 pages doi:10.1155/2010/350706

Review Article

Cardiac Troponin Mutations and Restrictive Cardiomyopathy

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Received 13 November 2009; Accepted 22 February 2010

Academic Editor: Aikaterini Kontrogianni-Konstantopoulos

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Mutations in sarcomeric proteins have recently been established as heritable causes of Restrictive Cardiomyopathy (RCM). RCM is clinically characterized as a defect in cardiac diastolic function, such as, impaired ventricular relaxation, reduced diastolic volume and increased end-diastolic pressure. To date, mutations have been identified in the cardiac genes for desmin, α -actin, troponin I and troponin T. Functional studies in skinned muscle fibers reconstituted with troponin mutants have established phenotypes consistent with the clinical findings which include an increase in myofilament Ca^{2+} sensitivity and basal force. Moreover, when RCM mutants are incorporated into reconstituted myofilaments, the ability to inhibit the ATPase activity is reduced. A majority of the mutations cluster in specific regions of cardiac troponin and appear to be mutational "hot spots". This paper highlights the functional and clinical characteristics of RCM linked mutations within the troponin complex.

1. Introduction

Cardiac contractility is governed by the thin filament regulatory proteins, cardiac troponin (cTn) and tropomyosin (Tm), and available levels of intracellular free calcium ([Ca²⁺]_i). Cardiac troponin is located at regular intervals along the thin filament and consists of three subunits: cardiac troponin C (cTnC), troponin I (cTnI), and troponin T (cTnT). The cTn complex plays an important role in the regulation of striated muscle contraction. Within the cTn complex, cTnC acts as a Ca²⁺ sensor which confers Ca²⁺ sensitivity to muscle contraction [1]. Cardiac TnI is the inhibitory subunit, primarily functioning to prevent actin and myosin from interacting in the absence of Ca²⁺. The cTnT subunit binds to tropomyosin (Tm) and is responsible for transmitting the Ca²⁺ binding signal from cTn to Tm. During systole, the rise in [Ca²⁺]_i allows binding of Ca²⁺ to the regulatory site of cTnC which leads to the movement of Tm over the actin filament. This permits myosin to interact with actin, subsequently leading to the generation of muscle tension [2]. Alternatively in diastole, the [Ca²⁺], levels decline and Ca²⁺ dissociates from cTnC, allowing Mg²⁺ to bind to the C-terminal sites. This enables the muscle to relax and allows ventricular filling to occur. Currently, only cTnI

and cTnT have been linked to restrictive cardiomyopathy (RCM) since no mutations have been identified in cTnC yet. Notably, mutations in sarcomeric proteins have the potential to disrupt essential thin filament interactions which can lead to the enhanced Ca²⁺ sensitivity of contraction, arrhythmogenesis, cardiomyopathy and even sudden cardiac death (SCD) [3]. This paper will address the clinical aspects, as well as the functional studies reported to date for the known troponin mutations associated with RCM.

2. Troponin and Cardiac Muscle Regulation

The functional roles of the individual cTn subunits are distinct and involve complex short and long range protein-protein interactions. The binding of Ca²⁺ to the regulatory site of cTnC evokes the minimal exposure of a hydrophobic cleft within the N-domain of cTnC. This enables the regulatory region of cTnI (residues 148–163) to associate with cTnC [4, 5]. Structural analysis has determined that cTnI interacts with cTnC in an antiparallel manner [5, 6]. The association of cTnI with cTnC in the presence of Ca²⁺ facilitates the release of cTnI's inhibitory region (residues 128–147) from actin [7]. When cTnI dissociates from actin, Tm changes its conformation and allows for

the full interaction of myosin heads with actin [1]. Current models propose that thin filament activation is regulated by Ca²⁺ binding to cTnC which influences the number of accessible cross-bridges by shifting the equilibrium from weakly (nonforce-producing) to strongly (force-producing) bound cross-bridges [8, 9].

Cardiac TnI has a unique feature absent in the fast and slow skeletal muscle isoforms such that it possesses a 30-amino acid N-terminal extension which contains two Protein Kinase A (PKA) phosphorylation sites (Ser 22 and 23) [10, 11]. Activation of PKA by β -adrenergic stimulation enhances the rate of cross-bridge cycling and increases the rate of Ca²⁺ uptake by the sarcoplasmic reticulum [12–14]. Both of these phenomena contribute to the lusitropic effect associated with phosphorylation by PKA [15–17]. Occasionally, troponin mutations may interfere with the processes involved with thin filament phosphorylation and diminish the subsequent Ca²⁺ desensitizing effects.

The thin filament undergoes activation due to important associations coordinated by cTnT. The N-terminal region of cTnT anchors cTn to Tm and this interaction modulates ATPase activation when Ca2+ concentrations achieve threshold levels [18]. Cardiac TnT has two main interactions with Tm. The first is located in the N-terminus of cTnT and is Ca²⁺ dependent [19]; and the second is located in the Cterminal portion of cTnT which also interacts with cTnC and cTnI [19, 20]. In addition to anchoring cTn to the thin filament, cTnT has a critical role in the activation of actomyosin ATPase activity [21]. When cTnT is combined with cTnI-cTnC, the actomyosin ATPase is activated in a Ca²⁺-dependent manner. Critical to this process is the region of overlap that exists between TnT1 (residues 1-158) at the head-to-tail junction of two adjacent Tm molecules [22, 23]. These interactions confer cooperativity to muscle activation when Ca²⁺ reaches threshold levels [24]. Inhibition of contraction is dependent on cTnI; however, in the absence of TnI, both TnT and TnT1 are able to inhibit the actin activated myosin subfragment-1 (S1) ATPase [22, 25].

3. Restrictive Cardiomyopathy in Humans

RCM is a rare cardiac disorder that manifests primarily as an abnormality of diastolic filling which is also reported as a reduced ventricular compliance or increased stiffness [26]. This results in a restriction of ventricular filling (reduced diastolic volume) and an increase in end-diastolic pressure while maintaining normal to near normal systolic function [27]. Clinically, RCM presents in patients as dyspnea and pulmonary edema [28]. Generally, both atria become dilated, which is likely due to the restriction of ventricular filling. The heart may not be enlarged and the septal and ventricular wall thickness dimensions are minimally affected [29]. Over time, the systolic function declines as the disease approaches end stages and ultimately results in heart failure [30]. The prognosis of RCM is poor, especially in pediatric cases where heart transplantation is often the only preferred treatment. SCD is prevalent in pediatric RCM with a twoyear mean survival rate for pediatric cases reaching ~50% after diagnosis [30-33]. SCD is also prevalent in pediatric RCM cases that display electrocardiographic evidence of ischemia [30].

Several studies confirmed that restrictive cardiomyopathy can be inherited in a familial manner (see Table 1). The first study in 1992 reported the familial inheritance of a disease that resembled RCM and Hypertrophic Cardiomyopathy (HCM) [34]. In 2003, Mogensen and colleagues firmly established that troponin I mutations were etiological causes of RCM [35]. In one case, after evaluating a child and his mother for RCM, examination of the extended family revealed that 12 individuals had died suddenly, with the surviving relatives presenting symptoms of heart disease [35]. Linkage analysis identified a novel missense mutation (D190H) in a conserved region of the cTnI gene (TNNI3) that cosegregated in family members presenting symptoms of cardiac disease. This study also included unrelated patients with idiopathic RCM (IRCM) to assess if a genetic basis could be determined. Genetic analysis of several pediatric IRCM patients identified two different de novo mutations (R192H and K178E) in the TNNI3 gene. Additional patients with adult onset IRCM were also evaluated and the genetic analysis revealed three more mutations in the TNNI3 gene (R145W, A171T, and L144Q) [35]. Notably, these mutations cluster in specific regions of cTnI that participate in important thin filament interactions.

Since 2005, numerous mutations linked to RCM have been identified in the TNNI3 gene. A study utilizing a candidate gene approach identified the deletion of a nucleotide in the TNNI3 gene that causes a frame shift in codon 168 from a 23-year-old patient diagnosed with RCM [36]. This deletion resulted in a premature stop codon at position 176 which leads to the expression of a C-terminal truncated mutant protein. During a six-year follow-up, the patient's heart had undergone progressive and concentric remodeling of the left ventricle. A strong family history was also present as the patient's father had experienced SCD at age 29 and two pregnant relatives experienced intrauterine fetal death in their third trimester. At least two family members under the age of 1 year had suddenly died. The authors established that the frame shift mutation caused a 50% decrease in the myocardium's total cTnI content while the truncated cTnI was undetectable. These results suggest that the frame shift exerted its deleterious effects through haploinsufficiency. This might be due to cTnI degradation or the failure of the mutant cTnI to associate with the thin filament. In any event, the reduced cTnI content may lead to altered interactions of cTn with the actin-tropomyosin complex that resulted in severe diastolic dysfunction within this family

In 2008, Kaski et al. identified two other cTnI mutations from two pediatric RCM patients [37]. The first was a de novo substitution (K178E) identified in a 7-year-old girl who had biatrial enlargement, abnormal sinus rhythm and ST-T waves. Histological evaluation of her cardiac tissue revealed cardiomyocyte disarray. The second, identified in a 6-year-old girl, was a novel deletion of two nucleotides that resulted in a frame shift at residue 177 and the occurrence of a premature stop codon at residue 209. Her electrocardiogram also revealed abnormalities in sinus rhythm and

which 50% of the maximal response occurs (– or + denotes an increase or decrease in the Ca²⁺ sensitivity, resp.). BA: both atria; DP: diastolic pressure; E/A: ratio of early diastolic filling [E] to atrial filling [A]; EF: ejection fraction; IF: impaired filling; IRT: intraventricular or isovolumic relaxation time; LV: left ventricle; LVOTO: LV outflow tract obstruction; SCD: sudden TABLE 1: Clinical data were collected from in vivo and/or ex vivo human and transgenic mice hearts containing the RCM-associated mutation. The diagnosis of RCM was given on the basis of echocardiographic, electrocardiographic, and/or cardiac catheterization examination. The maximal wall thickness (MWT) was measured from the septal or free wall (or both). In vitro data were collected from skinned cardiac muscle preparations reconstituted with the mutant or expressed as a transgene product. The maximal force and ATPase generating capabilities (max force/ATPase) were tested in high [Ca²⁺]; whereas the ability of the muscle to relax or inhibit the ATPase activity (relax/inhibit) was measured in low [Ca²⁺]. $\triangle pCa_{50}$, $-log[Ca^{2+}]_{free}$ at cardiac death; ND: not determined.

Dust	Mutation		ex and in vivo properti	ies				In vitro effects		I	Ref.
Frotelli	Mutation	MWT range (mm)	Diastolic	Systolic	Enlarged	SCD	$\triangle pCa_{50}$	Max Force/ATPase Relax/inhibition	Relax/inhibition	In/ex vivo	In vitro
F F	△E96	normal	IE, ↑ DP, ↑ E/A	† EF	LV, BA	unclear	+0.43	no △ or ↑	→	[33]	[38]
11111	E136K	normal	IF, ↓ IRT, ↑ DP, ↑ E/A	reserve	BA	unclear	ed BA unclear ND	ND	ND	[37]	
	L144Q, R145W	≥15	IF, ↓ IRT, ↑ DP, ↑ E/A, LVOTO	reserve	LV, BA	yes	+0-0.30	↓ or ↑	→	[35, 39]	[40–43]
	A171T	≥14	IF, ↓ IRT, ↑ E/A	Preserved	LV, BA	no	+0.14 - 0.30	\rightarrow	\rightarrow	[35]	[40-42]
	K178E	≥15	IF, ↓ IRT, ↑ E/A	Preserved	LV, BA	no	+0.15 - 0.47	\rightarrow	\rightarrow	[35, 37]	[40-42]
Ę	D190H/G	15–17	IF, \downarrow IRT, \uparrow E/A	Preserved	LV, BA	yes	+0.17 - 0.30	no ∆	\rightarrow	[35]	[40, 42, 44]
IIII	R192H	10-17	IF, \downarrow IRT, \uparrow E/A	Preserved	LV, BA	yes	+0.28-0.36	→	\rightarrow	[35, 45]	40, 41, 44, 46]
	R204H	11–13	IF, ↑ DP	Preserved	BA	yes	ND	ND	ND	[47]	
	E177 fs X209	normal	IF, \downarrow IRT, \uparrow DP, \uparrow E/A	Preserved	BA	unclear	ND	ND	ND	[37]	
	D168 fs X176	10-11	IE, \downarrow IRT, \uparrow DP, \uparrow E/A	Preserved	BA	yes	ND	ND	ND	[36]	

ST-T waves. Morphologically, her heart presented with biatrial enlargement and dysplastic coronaries. Histological evaluation showed cardiomyocyte disarray [37]. The authors suggested that de novo mutations that arise in sarcomeric proteins are generally associated with an earlier onset of the disease and a more deleterious prognosis. These mutations may result from germ line mosaicism [48] or somatic mutations that occur in heart progenitor cells [49].

Another HCM-associated *TNNI3* mutation (R204H) was recently identified in a young girl that developed biatrial enlargement during her early teenage years which developed into RCM. Her brother had died suddenly at age 18. Subsequently, she was under clinical observation and developed RCM between the ages of 14–18. The patient had frequent episodes of diastolic heart failure and underwent a heart transplant at age 23. The histopathology performed on her explanted heart showed an absence of hypertrophy, even though myocyte disarray was evident which further supported the RCM diagnosis [47].

Restrictive cardiomyopathy shares some similar clinical features with HCM. For example, both diseases result in the failure of the myocardium to relax fully during diastole. Therefore, the diagnosis of patients with sarcomeric mutations can be confounded when they present with IRCM and HCM. The R192H cTnI mutation identified by Mogensen in 2003 in an RCM patient [35] was also found in another family in 2009 which presented with features of HCM [45]. The proband had a maximal left ventricular wall thickness of 17 mm, a restrictive physiology and a parent and sibling diagnosed with RCM [45]. The R192H mutation is located within the actin binding region of cTnI and is expected to impair cardiac relaxation since it caused a decrease in the left ventricular end diastolic dimension and enlarged the atria in the patient [45]. Generally, RCM and HCM with restrictive physiology caused by mutations in the TNNI3 gene have worse clinical outcomes and disease progression.

Initially, familial RCM occurred primarily in the genes encoding cTnI and cardiac desmin (DES) [26, 35, 36, 40, 47]. However, mutations in the α -cardiac actin (ACTC), β myosin heavy chain (β -MHC), and cTnT (TNNT2) genes have recently emerged as etiological causes of RCM [33, 37, 50]. In 2006, the first mutation in the cTnT gene (TNNT2) linked to RCM was identified in a patient, a deletion of Glu at residue 96 [33]. This twelve-month-old girl was found cyanotic and limp. Upon evaluation, her electrocardiogram (ECG) revealed abnormal sinus rhythm, left axis deviation, and nonspecific changes in the ST-T wave. Echocardiography showed severe atrial dilation with no regurgitation of the mitral and tricuspid valves. In addition, the patient had mild-to-moderate left ventricular systolic dysfunction with a reduced fractional shortening and mild right-ventricular systolic dysfunction. While waiting for transplantation, she experienced recurrent episodes of sinus brachycardia and tachycardia associated with diffuse ischemic ECG changes and pronounced hypertension [33].

Recently, another mutation (E136K) was identified in the *TNNT2* gene from a patient diagnosed with RCM [37]. Interestingly, the mutation was also identified in the father and brother, who revealed nothing abnormal upon clinical

evaluation. Cardiac tissue from the explanted heart showed that vacuolation was present but was lacking cardiomyocyte disarray normally associated with cTnT-based cardiomyopathies. Since the two relatives were unaffected clinically, the true etiology of the disease remains undetermined. It is possible that another undetected mutation contributes to the phenotype seen in the RCM proband that was absent in the relatives.

As the number of genes associated with RCM has increased, it has become evident that mutations previously determined to cause HCM can also cause RCM or HCM with a restrictive phenotype. A study by Menon (2008) identified a large family displaying cardiac disease inherited in an autosomal dominant pattern. Characterization of the RCM proband showed the existence of massive bi-atrial enlargement and abnormal diastolic function [51]. However, the proband had mild mid-septal hypertrophy without left ventricular outflow obstruction. Interestingly, other relatives presented with clinical features of RCM, HCM, and/or dilated cardiomyopathy (DCM). It was suspected that a single mutation was responsible for the variable disease outcomes; therefore, a targeted linkage analysis was performed for nine sarcomeric genes which determined that the I79N mutation in the TNNT2 gene cosegregated with the disease phenotype. Previously, this mutation was identified in other individuals diagnosed with HCM [52, 53]. Studies using transgenic mice containing the I79N TnT mutation have shown that their cardiac function is consistent with a restrictive physiology [54-56].

Other studies have also examined the prevalence and clinical significance of HCM with a restrictive phenotype. Three previously characterized TNNI3 mutations (L144Q, R145W, and D190G) were identified in patients manifesting the restrictive phenotype. HCM is generally associated with mild to moderate disability and normal life expectancies as long as SCD is avoided; however, patients with the "restrictive phenotype" have a very poor prognosis [39]. The restrictive phenotype is characterized as an absence of or minimal hypertrophy with restrictive filling, elevated rates of atrial fibrillation/flutter, diastolic heart failure and stroke. The overall survival rate of these patients is 56% five years after diagnosis with the main cause of fatality being heart failure [39]. Until recently, it was believed that HCM, DCM and RCM were distinct and separate diseases. However, the R145G and R145W mutations located at the same locus in the cTnI gene can cause HCM or RCM, respectively. This indicates that RCM is included in the spectrum of hereditary cardiac contractile disorders [35, 57]. To date, the existence of simultaneous multiple mutations, modifier genes or the influence of genetic background has not been fully explored. These aspects will gain increasing interest as knowledge of cardiomyopathies expands in the coming years.

4. Reconstituted and Structural Assays

The functional effects of cTnT and cTnI RCM mutations have been explored in different types of reconstituted systems (see Table 1). The in vitro and in situ experimental models involve skinned fibers exchanged with RCM mutant

proteins, myosin-actin-Tm-cTn reconstituted ATPase assays, and spectroscopic measurements utilizing fluorescence and circular dichroism. Much of this data can be correlated to the clinical observations seen in patients. Furthermore, in addition to linkage analysis, these studies assist in establishing de novo mutations as causative agents of the disease.

4.1. Skinned Fiber Data. Skinned cardiac fiber experiments provide a method of exploring myofilament function with a level of complexity that approaches the intact muscle. These assays are considered one of the most relevant physiological techniques available. Importantly, the sarcomeric proteins at the M- and Z-band remain in the skinned fiber in contrast to other reconstituted methods. These experiments measure the Ca²⁺ buffering capacities of the myofilament while measuring the development of tension or maximal force [58, 59]. Several groups have also reported differences in the level of basal force (at low Ca²⁺ concentrations) after the incorporation of mutant cTnT or cTnI [38, 41].

Our group first investigated the functional effects of cTnI mutations linked to RCM [41]. All five RCM mutants that were investigated (L144Q, R145W, A171T, K178E, and R192H) increased the Ca²⁺ sensitivity of force development in skinned fibers. The maximal tension was diminished for all mutants, except R192H. The L144Q, R145W, and K178E mutants showed a significant increase in the basal force levels compared to WT [41]. Other studies using these mutants also produced a large leftward shift in the Ca²⁺ sensitivity of force development in exchanged cardiac skinned fibers [40]. The maximal force was reduced in the presence of the L144Q, R145W, A171T, and R192H mutants; however D190G had no effect on the maximal force when compared to the WT [40]. Using adenoviral gene transfer techniques, Davis et al. introduced RCM mutations into cardiomyocytes and studied their functional consequences at the cellular level [42]. In contrast to the previous study [41], skinned rat cardiomyocytes containing the rat cTnI mutations, L145Q and R146W (corresponding to L144Q and R145W), did not show changes in the Ca²⁺ sensitivity of force development [42]. It is possible that the cTnI mutants located in the inhibitory peptide were poorly incorporated into the thin filament which could mask the effects of the mutations on the Ca²⁺ sensitivity of contraction. However, the rat cTnI mutations, A172T, K179E and D191G (corresponding to human A171T, K178E, and D190G) increased the Ca²⁺ sensitivity of force development [42]. Moreover, the transfected cardiomyocytes bearing the mutant cTnIs could be desensitized to Ca²⁺ upon PKA treatment [42], however, these mutations did not influence the ability of cTnI to respond to adrenergic stimulation. In a separate study, Davis et al. investigated the functional effects of the cTnI R193H mutant incorporated into the thin filament which caused significant Ca²⁺ sensitization of the myofilaments and slowed the Ca²⁺ transient decay rate [46].

Previously, we studied the functional consequences of the first cTnT mutation related to RCM where glutamic acid was deleted at position 96 (cTnT- \triangle E96) [38]. The skinned fiber measurements showed significant Ca²⁺ sensitization of

the myofilaments and the mutant cTn complex increased the basal force after troponin exchange. The mutation did not affect the maximal force recovery at saturating Ca²⁺ concentrations. In addition, the same mutation was also studied as the corresponding residue of the fetal isoform of cTnT (cTnT1). Interestingly, in the fetal environment, i.e., the cTn complex containing the cTnT isoform 1 (cTnT-ΔE106) and slow skeletal TnI, the mutation caused a less pronounced effect than when in the adult environment [38]. This suggests that fetal cTn isoforms have a protective role and may explain why the disease occurs early after birth. The mutation significantly reduced the cooperativity (i.e., n_{Hill}) of Ca²⁺ binding to the regulatory units. This information can be correlated with the previous findings and related to the time of onset and the severity of the disease [60].

4.2. Myosin-Actin-Tm-Tn ATPase Assays. The measurement of myofilament ATPase activity is very important since these experiments indicate the ability of the troponin complex to initiate activation and inhibition of the myosin-actin ATPase activity. The Ca²⁺ concentration can be adjusted to activate or inhibit the ATPase activity. In other words, this experiment evaluates the influence of Tn in modulating cross-bridge kinetics. Additionally, it is possible to measure the rate of ATP hydrolysis as a function of the free Ca²⁺ concentration.

In an elegant set of experiments, Gomes et al. showed the dependence of different ratios of WT and mutant cTnI related to RCM on the ability to inhibit the ATPase activity. For example, cTnI R145W in a 50%:50% mixture with WT was able to fully inhibit the ATPase; however L144Q in a 50%:50% ratio with WT had the greatest inability to inhibit ATPase activity and had a dominant regulatory effect over the WT. Regarding the acto-myosin ATPase activation, cTn containing the L144Q mutation partially lost its ability to activate [41]. Kobayashi and Solaro also investigated the functional consequences of the R145W, D190H, and R192H RCM mutations in cTnI. All of the RCM mutants markedly increased the Ca²⁺ sensitivity of ATPase activity. In addition, the R145W mutant which is located in the inhibitory portion of cTnI showed an increase in the basal ATPase activity at low Ca²⁺ concentrations [44]. These experimental results suggest that RCM mutations in the inhibitory peptide have a more drastic effect than mutations located in the cTnI C-terminal domain. In the absence of Ca²⁺, the inhibitory region is very important for maintaining proper thin filament function in the off state.

Thin filaments reconstituted with the first described cTnT mutant (\triangle E96) were used to measure actomyosin ATPase activity. In the presence of this mutant, the actomyosin ATPase activity was poorly inhibited at low Ca²⁺ levels. However, it appears that introducing the mutation into the fetal cTnT isoform in the presence of the fetal slow skeletal TnI diminished these deleterious effects [38].

These functional studies confirm that the RCM phenotype can be directly correlated with clinical data obtained from patients. For example, the increased Ca²⁺ sensitivity, impaired inhibition of ATPase activity by the Tn complex containing

RCM mutants, and increased basal force can be directly correlated with diastolic dysfunction.

4.3. Spectroscopy Measurements. Steady-state fluorescence measurements were used to show that the R145W, D190H and R192H cTnI RCM mutants only increased the apparent Ca²⁺ binding affinity of cTnC in the presence of the other thin filament components [44]. Structural studies with NMR using the ¹³C/¹⁵N-labeled cTnI₁₂₉₋₂₁₀ peptide containing the K178E RCM mutation revealed local structural changes in the region immediately adjacent to the mutated residue. The cTnI K178E mutant was also evaluated by circular dichroism and no changes were observed in the cTnI K178E structure compared to WT [40]. Together, this data suggests that local yet minor changes in the structure of the isolated mutants may disrupt crucial interactions with other thin filament proteins. In general, the alteration of a few key residues in sites of interactions may be sufficient to alter cTn function.

5. Transgenic Models

A specific functional phenotype is emerging for RCM that includes large increases in the Ca²⁺ sensitivity of tension, impaired ability to inhibit the myosin ATPase activity and increased basal force in skinned fibers. All of these factors when manifested in vivo can contribute to severe diastolic dysfunction and may account for the RCM disease [61]. One of the advantages of using animal models is that the mutant protein is naturally incorporated into the thin filament. Therefore, characterizing the effects of RCM mutations in transgenic or knock-in animals is imperative in determining if cardiac function is affected. Unlike HCM and DCM, the diagnosis of RCM is not based on the morphological appearance of the heart but primarily on the properties of the working heart. Abnormal diastolic filling is the primary defect that leads to increased myocardial stiffness and higher ventricular pressures [27–29, 61].

Two transgenic mouse models for cTnI RCM mutations have been reported which investigated the physiological effects of the R192H and R145W mutations. Du et al. designed a transgenic mouse carrying the R193H mutation (which corresponds to human R192H) and evaluated its effects on gross cardiac morphology. The transgenic R193H mice demonstrated RCM characteristics, i.e., atrial dilation and decreased left ventricular end-diastolic dimension without significant changes in systolic function. Also, they observed a significant change in the ejection fraction in middle aged (11 months old) mice. Histological evaluation indicated that the cardiac tissue was structurally normal [62]. Functionally, the most significant changes that occurred were impaired relaxation manifested by prolonged IRT (isovolumic relaxation time) and DT (deceleration time). The restrictive physiology was evident by the reduced E peak velocity and reversed E/A on doppler tissue imaging [63]. These observations directly correlated with the clinical phenotype used to establish RCM in a patient.

In another study, Du et al. evaluated the progression of RCM in a cTnI R193H transgenic mouse over a period of 12 months. During this time, cardiac function was assessed to

monitor the development of diastolic dysfunction. Initially, the mutation caused abnormal relaxation which gradually manifested as diastolic dysfunction as age progressed. Highresolution echocardiography was used to characterize the mutation's effects on diastolic function by a reversed E to A ratio, increased DT and prolonged IRT. Some of the cTnI R193H middle-aged mice (1 year) had a significant reduction in cardiac output and a few died from congestive heart failure. Morphologically, the mutant mouse hearts had dilated atria and ventricular restriction similar to those of RCM patients carrying the cTnI R193H mutation. The mutation affected mouse cardiac function in the same manner as seen in the patients by recapitulating the diastolic dysfunction and diastolic heart failure. Altogether, this data suggests that the C-terminus of cTnI plays an important role in maintaining the diastolic parameters of the heart [63].

The cTnI R145W RCM mouse model was investigated to determine how a different substitution at the same locus which causes HCM (R145G) can lead to two different diseases [57]. In transgenic R145W cardiac myofibrils, an increase in the Ca2+ sensitivity of force and ATPase was observed. Interestingly, the intracellular Ca2+ and force transients measured in intact fibers were delayed which may contribute to the diastolic dysfunction. One possible explanation for the distinct phenotypic differences between RCM and HCM is the presence of an increase in the maximal force as observed only in the R145W mice. The contractility of the ventricular muscle containing the R145W mutant is increased 53% during systole, thus compensating for the diastolic dysfunction. In contrast, the R145G HCM mice showed a decrease in the maximal force which may explain why the development of cardiac hypertrophy occurs [43].

6. Isoform Switch, Disease Onset, and Lethality

During fetal heart development, the expression and presence of different isoforms of cTnI and cTnT varies. These changes in isoform expression may underlie the early onset and aggressive course of pediatric cardiomyopathies. The slow skeletal TnI isoform is a product of a distinct gene and is expressed and incorporated in the heart during fetal and neonatal development. The effects of mutations in the cardiac isoform of TnI appear later, as regulated by the activation of cTnI gene expression. It was determined in the rat that cTnI is expressed by the fourth day after birth and isoform switching continues up to the fourteenth day [64, 65]. Mutations in the cardiac TnI gene that change cTn function would consequently alter the Ca2+ homeostasis of the cell and manifest their deleterious effects shortly after birth. Cardiac TnT also undergoes an isoform switch. The fetal heart expresses a different isoform by alternative splicing of the TNNT2 gene. The fetal isoform of cTnT (cTnT1) contains both exons 4 and 5, while the adult isoform (cTnT3) contains only exon 4 [66–68]. When the corresponding RCM mutation (△E96 adult isoform cTnT3) was introduced into cTnT1 (i.e., \triangle E106) in the presence of slow skeletal TnI, the functional effects were less dramatic [38]. This observation suggests that the combination of fetal cTnT and ssTnI isoforms can rescue the effects of an RCM mutation in the cTnT gene. In contrast, throughout cardiac development, cTnC is continually expressed; therefore, it is expected that RCM causing mutations in cTnC may lead to late term or spontaneous abortion. This may explain why mutations in cTnC linked to RCM have not been identified yet.

7. Structural Consideration and Perspectives

The two reported cTnT RCM mutations are located in a hot spot region of the TnT N-terminal domain which interfaces with Tm. We speculate that the mutations in cTnT may disrupt the communication between TnT-Tm and thus affect the actomyosin interaction and cooperative activation of the thin filament. Therefore, future investigations using cTnT RCM mutants may help to dissect the modulatory role and function of the cTnT N-terminal domain.

The RCM mutations found in TnI are located within the inhibitory peptide or within the C-terminal domain. The C-terminal domain of cTnI binds to actin and helps to maintain the thin filament in a blocked state. These cTnI mutations may be destabilizing, i.e., decreasing the interactions between the cTnI C-terminal domain and actin in the absence of Ca²⁺, consequently relieving cTnI inhibition. The small region termed the inhibitory peptide is necessary for the regulatory role of cTnI on muscle contraction. It is also possible that mutations located within the cTnI C-terminal domain may alter the structure and function of the inhibitory peptide.

The discovery of new mutations in RCM patients is crucial for dissecting how they alter function and may lead to a better understanding of the disease. The functional and clinical data should be weighed equally in order to better link mutations as causes of cardiomyopathies. In addition, functional studies may help to further define the RCM and HCM phenotypes which share similar features, such as, an increase in the Ca²⁺ sensitivity of force development. Exploration of RCM causing mutations provides an excellent framework on which new therapeutic strategies can be developed to target the effects of this disease.

Acknowledgments

This work was supported by NIH Grants HL-67415 and HL-42325 (J. D. Potter) and postdoctoral fellowships from the American Heart Association, AHA 0825368E (for J. R. Pinto) and AHA 09POST2300030 (M. S. Parvatiyar). M. S. Parvatiyar and J. R. Pinto contributed equally to this manuscript; therefore, they are considered cofirst authors.

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