

Genotypic resistance profiles in Chinese patients with chronic hepatitis B virus infection and the efficacy of nucleoside analog rescue therapy

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Background and aims: The aims of this study were to explore the correlation between chronic hepatitis B virus (HBV) drug-resistant mutation profiles and the efficacy of nucleoside analog rescue therapy in patients with initial antiviral treatment failure.

Patients and methods: Patients with initial antiviral therapy failure were recruited between January 2011 and January 2013 from the Division of Infectious Disease, West China Hospital, Sichuan University, Chengdu, People's Republic of China. Following drug-resistant mutation testing, eligible patients received nucleoside analog rescue therapy for 24 weeks. The primary endpoint was rescue therapy efficacy, and the secondary endpoint was adverse events.

Results: We recruited 168 patients with chronic HBV infection who had initial antiviral treatment failure. Eighty-nine patients (52.98%) experienced virological breakthrough (group A); 79 patients (47.02%) had partial/null response (group B). Among the patients, 102 (102/168, 60.7%) carried at least one HBV drug resistance mutation. The prevalence of genotypic resistance was significantly higher in group A than in group B ($P < 0.001$). In addition, 118 patients (118/168, 70.2%) achieved undetectable serum HBV DNA with the nucleoside analog rescue therapy. Rescue therapy ($P = 0.002$) and no evidence of genotypic resistance ($P = 0.001$) were related to a higher rate of virological response.

Conclusion: These data indicate that patients with chronic HBV infection who have initial antiviral therapy failure with or without signs of genotypic resistance may still stand a chance of gaining therapeutic benefit with nucleoside analog rescue therapy.

Keywords: drug-resistance mutation, virological response, nucleoside and nucleotide analogs

Introduction

Hepatitis B virus (HBV) chronic infection affects about 350 million people worldwide and can result in cirrhosis and hepatocellular carcinoma.^{1,2} Nucleoside analogs such as lamivudine (LAM), adefovir (ADV), entecavir (ETV), and telbivudine (LDT) have potential therapeutic effects against chronic HBV infection. They can markedly suppress HBV replication by suppressing HBV polymerase activity, leading to improved liver function and reduced incidence of fibrosis, cirrhosis, and hepatocellular carcinoma. However, long-term nucleoside analog therapy is associated with the development of antiviral resistance.^{1,2} For example, about 70%–80% of patients develop LAM resistance after 5-year treatment;^{2–4} 42% of hepatitis Be antigen (HBeAg)-positive patients and 29% of HBeAg-negative patients develop ADV resistance after 5-year treatment;^{5,6} and 25% of HBeAg-positive patients and 11% of HBeAg-negative patients develop LDT resistance after 2-year treatment.²

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Currently, drug resistance mutation prevalence and types are debatable and complex. In patients with nucleoside analog treatment failure, virological breakthrough is often the first clinical manifestation thereof.^{5–10} Several Phase III clinical trials of nucleoside analogs in treatment-naïve patients revealed that genotypic resistance could be detected in 0%–87.5% of patients experiencing virological breakthrough,^{6–10} and the discrepancy between the rates of virological breakthrough and the rates of genotypic resistance are not fully understood. As reinforcement of adherence in patients with no genotypic resistance can restore virological response, while patients with genotypic resistance require rescue therapy, differentiating between virological breakthrough due to nonadherence and virological breakthrough due to genotypic resistance is very important. Moreover, partial virological response, another form of nucleoside analog treatment failure, is also quite common in both clinical trials and practice.^{11–17} Notably, genotypic resistance also can be observed in more than half of partial/null responders.¹⁸

Thus, analysis of the emergence of drug resistance mutations in patients with chronic HBV infection treated with nucleoside analogs with virological breakthrough or partial/null response is critical for clinical management, and efficacious rescue therapy is also necessary. Therefore, the objectives of this study were: 1) to evaluate the profiles of drug-resistant mutations in patients with nucleoside analog treatment failure; and 2) to identify the efficacy of rescue therapies and the factors associated with successful virological response.

Patients and methods

Study design and eligibility of patients

In this retrospective study, eligible consecutive patients with chronic HBV infection who had been tested for genotypic resistance due to antiviral treatment failure were recruited from the Division of Infectious Disease, West China Hospital, Sichuan University, Chengdu, People's Republic of China between January 2011 and January 2013. All recruited patients were examined by clinicians and were enrolled into the study. The inclusion criteria were as follows: 1) age 18–65 years; 2) presence of hepatitis B surface antigen in the serum for at least 6 months; 3) classified as partial/null responder (defined as failure to achieve undetectable serum HBV DNA with continuous 24-week nucleoside analog therapy)¹⁹ and virological breakthrough (defined as having HBV DNA increase by >1 log from nadir level or redetection of HBV DNA after having an undetectable result)²⁰ according to the types of virological response to previous nucleoside analog treatment, which

included LAM, ADV, ETV, and LDT; and 4) tested for HBV drug-resistant mutations and HBV genotypes.

The exclusion criteria were: 1) hepatitis A, hepatitis C, hepatitis D, hepatitis E, or human immunodeficiency virus infection; 2) jaundice caused by obstructive or hemolytic diseases; 3) prolonged prothrombin time induced by blood system diseases; 4) drug hepatitis, Wilson disease, alcoholic liver disease, and autoimmune hepatitis; and 5) comorbidity and uncontrolled metabolic condition or psychiatric condition. The study protocol was in accordance with the ethical guidelines of the Declaration of Helsinki and was approved by the Ethics Committee of West China Hospital of Sichuan University. Written informed consent was obtained from all participants.

Laboratory tests

The laboratory data of all patients were reviewed retrospectively and included 1) biochemical tests reflecting hepatocytic damage: serum alanine transaminase (ALT), aspartate transaminase (AST), albumin (ALB), and total bilirubin, all assayed by colorimetric method (MODULAR EVO; Hoffmann-La Roche Ltd, Basel, Switzerland); 2) international standardized ratio for prothrombin time, determined according to the manufacturer's instructions (CA-7000 System; Sysmex, Kobe, Japan); 3) HBV markers: HBV antigens (HBeAg) and antibodies (HBeAb), detected by commercially available enzyme immunoassays (Alisei Quality System; RADIM, Rome, Italy); and 4) HBV DNA, determined by fluorescent quantifying polymerase chain reaction with a low detection limit of 10^3 copies/mL (LightCycler 480; Hoffmann-La Roche Ltd).

Mutation analysis

An HBV gene fragment (nucleotide 54–1,278) encompassing the complete reverse transcriptase (*RT*) gene was amplified by polymerase chain reaction. Sequencing was performed using an ABI 3500 DNA Analyzer (Hitachi Ltd, Tokyo, Japan). Sequencing data were analyzed using the Vector NTI Suite software package (Thermo Fisher Scientific, Waltham, MA, USA). Mutations at 16 locations (rt173, rt180, rt181, rt184, rt202, rt204, rt207, rt213, rt214, rt215, rt216, rt234, rt236, rt237, rt238, rt250) in the *RT* gene were analyzed. The rt204V/I mutation was defined as a LAM resistance mutation, which also encompassed LDT resistance mutations. The rtA181V/T and rtN236T mutations were defined as ADV resistance mutations. The rtT184A/G/I/S, rtS202G/I, and rtM250L/V mutations, concomitant with the rtM204V/I mutation, were defined as ETV resistance mutations.

Treatment schedule and follow-up

Following genotypic resistance testing, patients continued to receive the initial nucleoside analog treatment (LAM, ADV, ETV, or LDT) if they did not carry HBV drug resistance mutations. Otherwise, the clinicians would recommend rescue antiviral therapy involving ADV combined with ETV, LDT, or LAM to patients harboring HBV drug resistance mutations. All patients were given nucleoside analog treatment for 24 weeks and were observed every week for the first 3 months and every 1 month thereafter until July 2013. The clinical and laboratory data, adverse events, and compliance of all patients were monitored during follow-up.

Statistical analysis

Quantitative data are expressed as mean \pm standard deviation or median and range, and *t*-test analysis was used. A chi-square test or Fisher's exact test were performed to calculate differences in qualitative data. Independent factors associated with the rate of virological response to rescue therapy were assessed using the logistic regression model. A *P*-value of less than 0.05 was considered to indicate statistical significance. Data were analyzed using the statistical software Intercooled Stata version 8.2 for Windows (StataCorp LP, College Station, TX, USA).

Results

Demographic data and baseline characteristics

A total of 168 patients with chronic HBV infection who had initial antiviral therapy failure were recruited. Eighty-nine patients (52.98%) experienced virological breakthrough

(group A) and 79 patients (47.02%) had partial/null response (group B). The characteristics of all patients are summarized in Table 1. Except for age, HBeAg (+/-), and HBeAb (+/-), there were no significant differences in the baseline characteristics sex, serum ALT, AST, ALB, total bilirubin, international standardized ratio, HBV DNA level, as well as HBV genotype between the two groups.

Genotypic resistance mutations and virological response types

Among the eligible patients, 102 (60.7%) carried at least one HBV drug resistance mutation, and the remaining 66 (39.3%) harbored wild-type HBV. In particular, the majority of patients (72/102, 70.6%) with drug resistance mutations experienced virological breakthrough, and the majority of patients (49/66, 74.2%) with wild-type HBV had partial/null response. At the same time, the prevalence of genotypic resistance was significantly higher in group A (72/89, 80.9%), of which more experienced virological breakthrough than did patients in group B (30/79, 38.0%; *P*<0.001).

Genotypic resistance, virological response, and initial antiviral therapy

The relationship among the virological response types, prevalence of genotypic resistance, and initial antiviral treatment are summarized in Table 2. Among all eligible patients, 101 (61.1%) received nucleoside analog monotherapy, 34 (20.2%) received sequential nucleoside analog therapy, and 33 (19.6%) received nucleoside analog monotherapy and combined therapy prior to genotypic resistance testing. The rate of genotypic resistance was significantly different

Table 1 Demographic data and baseline characteristics

	Group A (n=89)	Group B (n=79)	χ^2/F	P-values
Age (years) ^a	37.61 \pm 11.04	35.58 \pm 8.57	4.51	0.06
Sex (male/female)	63/26	62/17	1.30	0.25
ALT (IU/L) ^b	135.49 (18–1,140)	117.06 (17–952)	0.39	0.53
AST (IU/L) ^b	68.59 (10–544)	65.26 (12–452)	0.06	0.81
ALB (g/L) ^a	45.33 \pm 5.51	43.91 \pm 6.21	0.71	0.41
TBIL (mg/dL) ^a	18.95 \pm 9.84	18.62 \pm 10.67	0.01	0.91
INR for PT ^a	1.27 \pm 0.55	1.21 \pm 1.03	1.54	0.22
HBeAg (+/-)	58/31	63/16	4.41	0.04
HBeAb (+/-)	27/62	11/68	6.44	0.01
HBV DNA level (log ₁₀ copies/mL) ^a	6.12 \pm 2.02	5.82 \pm 1.87	2.38	0.15
HBV genotype B/C	61/28	45/34	2.41	0.12

Notes: ^aData are presented as the mean \pm standard deviation. ^bData are presented as the median and range. Group A patients experienced virological breakthrough; group B patients had partial/null response.

Abbreviations: ALB, albumin; ALT, alanine transaminase; AST, aspartate transaminase; HBeAb, hepatitis Be antibodies; HBeAg, hepatitis Be antigen; HBV, hepatitis B virus; INR, international standard ratio; PT, prothrombin time; TBIL, total bilirubin.

Table 2 Genotypic resistance and virological response in relation to previous antiviral therapy

Previous antiviral therapy patterns (n=168)	Virological breakthrough (n=89)	Partial/null response (n=79)	Genotypic resistance (n=102)
Monotherapy (n=101)	70 (70/101, 69.3%)	31 (31/101, 30.7%)	58 (58/101, 57.4%)
LAM (n=47)	43 (43/47, 91.5%)	4 (4/47, 8.5%)	37 (37/47, 78.7%)
ADV (n=36)	14 (14/36, 38.9%)	22 (22/36, 61.1%)	10 (10/36, 27.8%)
LDT (n=17)	13 (13/17, 76.5%)	4 (4/17, 23.5%)	11 (11/17, 64.7%)
ETV (n=1)	0	1	0
Sequential therapy (n=34)	17 (17/34, 50%)	17 (17/34, 50%)	28 (28/34, 82.4%)
ADV→LAM (n=14)	4 (4/14, 28.6%)	10 (10/14, 71.4%)	9 (9/14, 64.3%)
ADV→LDT (n=3)	0	3	3 (3/3, 100%)
LAM→ETV (n=17)	13 (13/17, 76.5%)	4 (4/17, 23.5%)	16 (16/17, 94.1%)
Monotherapy to combined therapy (n=33)	2 (2/33, 6.1%)	31 (31/33, 93.9%)	16 (16/33, 48.5%)
LAM→LAM + ADV (n=3)	0	3	1 (1/3, 33.3%)
ADV→LAM + ADV (n=28)	2 (2/28, 7.1%)	26 (26/28, 92.9%)	13 (13/28, 46.4%)
LDT→LDT + ADV (n=2)	0	2	2 (2/2, 100%)

Abbreviations: ADV, adefovir; ETV, entecavir; LAM, lamivudine; LDT, telbivudine.

in 58 patients (58/101, 57.4%) treated with monotherapy, in 28 patients (28/34, 82.4%) treated with sequential therapy, and in 16 patients (16/33, 48.5%) treated with monotherapy and combined therapy ($P=0.010$).

Specifically, compared with patients who received ADV monotherapy, patients who received LAM or LDT monotherapy had significant virological breakthrough and genotypic resistance rate ($P<0.001$). There was also a significant difference in genotypic resistance and virological response between ADV to LAM and LAM to ETV sequential therapy ($P=0.018$). In addition, 28 patients (28/33, 84.8%) received ADV monotherapy followed by ADV and LAM combined therapy, and almost all (31/33, 93.9%) were partial/null responders.

Genotypic resistance and HBV genotypes

The genotypic resistance and HBV genotypes are listed in Table 3. There was a slight trend toward more drug resistance mutations in patients with HBV genotype B (65/106, 61.3%) over patients with HBV genotype C (37/62, 59.7%), although this difference was not statistically significant ($P=0.833$). Compared to patients with HBV genotype B, significantly more patients with HBV genotype C had rtA181T/V mutations ($P=0.02$). However, the M204V/I, N236T, T184A/I/S,

and S202G mutations in patients with HBV genotypes were not significantly different (all $P>0.05$).

Virological response types, genotypic resistance mutation, and rescue antiviral therapy

Seven patients (7/168, 4.17%) continued to receive the initial nucleoside analog treatment (LAM, ADV, ETV, or LDT) because they carried wild-type HBV. Rescue therapy (ADV combined with ETV, LDT, or LAM) was recommended for the remaining 161 patients (161/168, 95.83%). Among the patients who received rescue therapy, 88 (88/161, 54.66%) received ETV + ADV combined therapy, and 73 (73/161, 45.34%) received LAM/LDT + ADV combined therapy.

Overall, 118 patients (118/168, 70.2%) achieved undetectable serum HBV DNA with rescue therapy after a follow-up of 24 weeks. Compared to the patients with drug-resistant HBV (64/102, 62.7%), the patients harboring wild-type HBV had significantly higher virological response (54/66, 81.8%; $P=0.008$), as shown in Figure 1A. In addition, when stratifying patients according to rescue therapy type, we found that the rate of virological response in patients who received ETV + ADV rescue therapy was significantly

Table 3 Correlation between drug resistance mutation and hepatitis B virus genotypes

Mutation location	Genotype B (n=106)	Genotype C (n=62)	P-value
M204V/I (n=77)	53 (50%)	24 (38.7%)	0.156
N236T (n=10)	6 (5.7%)	4 (6.5%)	0.834
A181T/V (n=11)	3 (2.8%)	8 (12.9%)	0.020
T184A/I/S (n=7)	6 (5.7%)	1 (1.6%)	0.205
S202G (n=6)	5 (4.7%)	1 (1.6%)	0.295

Note: Bold represents a statistically significant value.

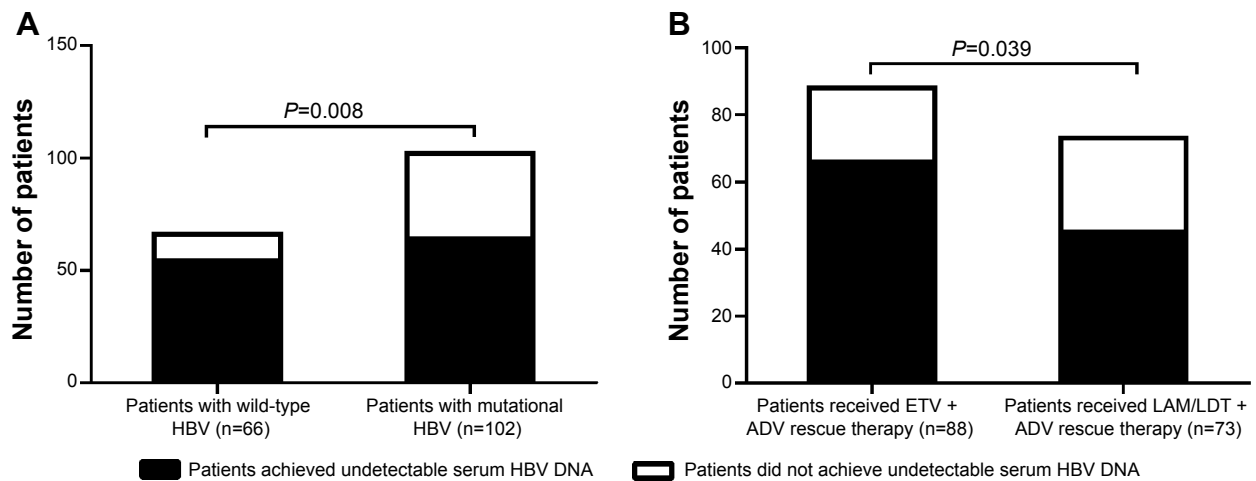


Figure 1 The comparisons of the rates of virological response in relation to genotypic resistance and rescue therapy pattern.

Notes: (A) Compared to the patients with drug-resistant HBV, the patients harboring wild-type HBV had significantly higher virological response ($P=0.008$). (B) The rate of virological response in patients who received ETV + ADV rescue therapy was significantly higher than that in patients who received LAM/LDT + ADV rescue therapy ($P=0.039$).

Abbreviations: ADV, adefovir; ETV, entecavir; HBV, hepatitis B virus; LAM, lamivudine; LDT, telbivudine.

higher than that in patients who received LAM/LDT + ADV rescue therapy ($P=0.039$), as shown in Figure 1B.

Factors associated with rescue therapy efficacy

Logistic regression analyses demonstrated that rescue therapy ($P=0.002$) and no evidence of genotypic resistance ($P=0.001$) were related to a higher rate of virological response. On the contrary, the initial treatment ($P=0.018$) and partial/null response to initial treatment ($P=0.004$) were related to a lower rate of virological response.

Safety

There were no adverse events in patients who received nucleoside analog rescue therapy. Therefore, we concluded that there is no significant correlation between nucleoside analog rescue therapy and adverse events.

Discussion

The present study findings demonstrate that patients with chronic HBV infection who have initial antiviral therapy failure with or without signs of genotypic resistance may still stand a chance of benefiting therapeutically from nucleoside analog rescue therapy. Importantly, these data provide a rationale for genotypic resistance testing in clinical practice, which would detect partial/null responses in a timely manner so that patients can change their treatment strategy before drug resistance mutations occur.

By stratifying patients according to the initial antiviral therapy, we found that our results were consistent with those of several previous studies, which showed that the

main manifestation of treatment failure in patients who received LAM nucleoside analog monotherapy was virological breakthrough accompanied by a high rate of genotypic resistance.^{12,14} However, in patients treated with ADV monotherapy, the main manifestation of treatment failure was partial/null response, and the rate of genotypic resistance was relatively low.^{7,21} It was also noted that there was up to 64.3% genotypic resistance in ADV-treated patients who experienced virological breakthrough, which was significantly higher than that in partial/null responders. Therefore, once patients treated with ADV monotherapy show signs of inefficacy, clinicians should be aware of the need to perform genotypic resistance testing early, as it appears likely that virological breakthrough may have occurred.

Unsurprisingly, almost all patients who receive sequential nucleoside analog therapy had genotypic resistance.^{22,23} In addition, there was a significant difference in genotypic resistance and virological response between ADV to LAM and LAM to ETV sequential therapy, and these results suggest that nucleoside analog rescue therapy should be administered when patients experience virological breakthrough, as these patients may have developed drug-resistant mutations. The majority of patients who received nucleoside analog monotherapy and combined therapy because of poor virological response to initial antiviral treatment received ADV monotherapy followed by ADV and LAM combined therapy, and almost all of them were partial/null responders.

Our study showed a slight trend toward more drug resistance mutations in patients with HBV genotype B over patients with HBV genotype C, although it was not statistically significant. Our results are consistent with those of several

previous studies that showed that HBV genotype B is associated with a higher risk of developing mutations, but the reasons remain unknown and warrant further research.^{24,25} Compared to patients with HBV genotype B, significantly more patients with HBV genotype C had the rtA181T/V mutation. However, the M204V/I, N236T, T184A/I/S, and S202G mutations in patients with HBV genotypes did not differ significantly.

In our study, most patients accepted rescue combined therapy after genotypic resistance testing; the exception was seven patients without evidence of genotypic resistance, who continued to receive their previous monotherapy. After a 24-week follow-up, the overall rate of virological response was 70.2%. Compared to the patients with drug-resistant HBV, patients harboring wild-type HBV had significantly higher virological response. Therefore, these results suggest that patients with initial antiviral treatment failure but without evidence of genotypic resistance have a higher chance of achieving therapeutic success compared with patients who have already developed drug resistance.

In addition, when stratifying patients according to rescue therapy type, we noted that the rate of virological response in patients who received ETV + ADV rescue therapy was significantly higher than that of patients who received LAM/LDT + ADV rescue therapy. Furthermore, multiple regression analyses showed that ETV + ADV rescue therapy was related to a higher rate of virological response. Interestingly, in 66 patients with wild-type HBV, switching to ETV + ADV follow-up therapy was independently correlated with a higher rate of successful virological response. In contrast, exposure to more than one nucleoside analog correlated independently with a lower rate of successful virological response. This indicates that patients with no evidence of genotypic resistance but with initial treatment failure require a salvage treatment “upgrade”, as do patients who already have genotypic resistance, especially those who have been exposed to more than one nucleoside analog.

Conclusion

This study demonstrates that drug-resistant mutations may be the main cause of nucleoside analog treatment failure in patients experiencing virological breakthrough. Once patients treated with initial antiviral treatment show signs of inefficacy, clinicians should perform genotypic resistance testing early because it appears likely that virological breakthrough may have occurred. HBV patients with initial antiviral therapy failure who do not show signs of genotypic resistance may still stand a chance of benefiting therapeutically from nucleoside analog rescue therapy. Importantly,

these data provide a rationale for genotypic resistance testing in the clinic, which should detect partial/null responders in a timely manner so that patients can change their treatment strategy before drug resistance mutations occur. Also, these results may be applied to Chinese (Asian) chronic HBV infection patients, and further studies will define the correlation between chronic HBV drug-resistant mutation profiles and the efficacy of nucleoside analog rescue therapy.

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Disclosure

The authors report no conflicts of interest in this work.

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