

Citation: Lam J-Y, Low GK-K, Chee H-Y (2020) Diagnostic accuracy of genetic markers and nucleic acid techniques for the detection of *Leptospira* in clinical samples: A meta-analysis. PLoS Negl Trop Dis 14(2): e0008074. https://doi.org/10.1371/ journal.pntd.0008074

Editor: Joseph M. Vinetz, University of California San Diego School of Medicine, UNITED STATES

Received: September 18, 2019

Accepted: January 18, 2020

Published: February 12, 2020

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Data Availability Statement: All relevant data are within the manuscript and its Supporting Information files.

Funding: Jia-Yong Lam PhD study was supported by Universiti Putra Malaysia through the Graduate Research Fellowship. This research was funded by Ministry of Education Malaysia through the Long Term Research Grant Scheme (UPM/700-2/1/ LRGS/5526400). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript. RESEARCH ARTICLE

Diagnostic accuracy of genetic markers and nucleic acid techniques for the detection of *Leptospira* in clinical samples: A meta-analysis

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Abstract

Background

Leptospirosis is often difficult to diagnose because of its nonspecific symptoms. The drawbacks of direct isolation and serological tests have led to the increased development of nucleic acid-based assays, which are more rapid and accurate. A meta-analysis was performed to evaluate the diagnostic accuracy of genetic markers for the detection of *Leptospira* in clinical samples.

Methodology and principle findings

A literature search was performed in Scopus, PubMed, MEDLINE and non-indexed citations (via Ovid) by using suitable keyword combinations. Studies evaluating the performance of nucleic acid assays targeting leptospire genes in human or animal clinical samples against a reference test were included. Of the 1645 articles identified, 42 eligible studies involving 7414 samples were included in the analysis. The diagnostic performance of nucleic acid assays targeting the *rrs*, *lipL32*, *secY* and *flaB* genes was pooled and analyzed. Among the genetic markers analyzed, the *secY* gene showed the highest diagnostic accuracy measures, with a pooled sensitivity of 0.56 (95% CI: 0.50–0.63), a specificity of 0.98 (95% CI: 0.97–0.98), a diagnostic odds ratio of 46.16 (95% CI: 6.20–343.49), and an area under the curve of summary receiver operating characteristics curves of 0.94. Nevertheless, a high degree of heterogeneity was observed in this meta-analysis. Therefore, the present findings here should be interpreted with caution.

Conclusion

The diagnostic accuracies of the studies examined for each genetic marker showed a significant heterogeneity. The *secY* gene exhibited higher diagnostic accuracy measures compared with other genetic markers, such as *lipL32*, *flaB*, and *rrs*, but the difference was not significant. Thus, these genetic markers had no significant difference in diagnostic accuracy for leptospirosis. Further research into these genetic markers is warranted.

Competing interests: The authors have declared that no competing interests exist.

Author summary

Leptospirosis is a globally important zoonotic disease is caused by *Leptospira* spp. This disease is often difficult to diagnose because its clinical manifestations resemble those of other diseases, such as dengue and malaria. Leptospirosis is often misdiagnosed, leading to improper medical management of patients. Accurate and timely diagnosis of the disease is important because antibiotic therapy is the most effective during the early stage. Nucleic acid assays are superior to most currently available diagnostics because they provide a definitive diagnosis during the acute stage of the disease even before antibodies are detectable. Nevertheless, the choice of genetic markers for these assays remains perplexing. Hence, this study evaluated the diagnostic accuracy of these genetic markers by pooling and analyzing them simultaneously. Results revealed that nucleic acid assays targeting the secY gene of leptospires had better diagnostic accuracy with the three other genetic markers coming close with good diagnostic performance. With the heterogeneity observed, there is no clear cut answer as to which of these markers is the best for diagnosing leptospirosis. Nevertheless, the analyses in this study suggested that all four markers exhibited good diagnostic measures and are promising targets for the future development of nucleic acid-based diagnostics.

Introduction

Leptospirosis is a worldwide zoonotic disease recognized as an important emerging infectious disease in the past few decades. This disease occurs in diverse epidemiological settings, especially in tropical or subtropical regions of the world but imparts the greatest burden on resource-limited populations [1]. Leptospirosis was estimated to cause a million cases and close to 60,000 deaths annually [2]. Leptospirosis affects risk groups that are exposed to animal reservoirs or contaminated environments but exerts a broader health impact on impoverished farmers from the tropical regions [3]. This disease has also emerged as a health threat in new settings due to the influence of globalization and climate change, where natural disasters and extreme weather events are now recognized to precipitate epidemics [4, 5].

This disease is caused by spirochetes belonging to the genus *Leptospira*, comprising of both saprophytic and pathogenic species. The clinical manifestations of human leptospirosis are diverse, ranging from mild, flu-like illness to a more severe form of the disease known as Weil's syndrome, which is characterized by jaundice, acute renal and hepatic failure, pulmonary distress, and hemorrhage, which can lead to death. These symptoms are similar to those of other infectious diseases, such as dengue fever and malaria, often causing misdiagnosis. Early diagnosis of this disease is crucial because antibiotic therapy provides the greatest benefit and is the most efficacious when initiated early in the course of an illness [3].

Dark-field microscopy is a conventional method for leptospirosis diagnosis through direct microscopic observation of clinical specimens. However, the sensitivity of this method is low, and the result is affected by the timing of sample collection and the skill of laboratory personnel [1]. *Leptospira* can be isolated from clinical specimens through inoculation into an appropriate culture medium, but its application in the field is hampered by the long doubling time and the need for special media in addition to its low sensitivity [6]. Microscopic agglutination test (MAT) is the current reference standard serological diagnostic test in leptospirosis. However, MAT requires the maintenance of live leptospires. As a minimum, the panel of live leptospires should include all locally circulating serovars; otherwise, an incomplete panel could lead

to a false negative result [7]. Therefore, although MAT is considered as the gold standard test for leptospirosis diagnosis, it is laborious and its requirement for a large panel of live *Leptospira* culture hinders its standardization [8]. Other serological tests also have been developed with the likes of ELISA, complement fixation, indirect hemagglutination, latex bead agglutination, and indirect immunofluorescence [1, 3, 9], but all have been hampered by their low sensitivities for the initial management of acute leptospirosis [8].

These drawbacks have led to the increased development and use of nucleic acid-based diagnostics, such as conventional and real-time polymerase chain reaction (PCR) and isothermal amplification methods, which feature high sensitivity [10]. The advantage of nucleic acidbased diagnostics lies in their ability to obtain a definitive diagnosis during the acute stage of the disease even before antibodies are detectable [8]. Hence, these methods tend to replace the serological methods in endemic zones. They are normally based on the detection of a certain gene present in *Leptospira*. Genes such as *rrs*, *secY*, *lipL32*, *flaB*, *lfb1*, *ligA*, and *ligB2* have all been used as targets of nucleic acid-based diagnosis [11–14] and have been detected from blood, urine, cerebrospinal fluid, and tissue samples [15].

However, little is known about the diagnostic accuracy of each genetic marker. In addition, most studies had a low number of samples, which limited the statistical power and scientific reliability of the results. This meta-analysis was conducted to pool and analyze simultaneously all studies that used nucleic acid techniques to detect *Leptospira* in clinical samples of humans and animals. This pooled analysis aimed to provide a precise estimation of the diagnostic accuracy of nucleic acid techniques to detect *Leptospira*.

Methods

Literature search

A systematic review of nucleic acid techniques in detecting *Leptospira* was conducted based on the principles recommended in the Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) statements (S1 Checklist).

Data sources. Relevant studies were identified by systematic search of electronic databases Scopus, PubMed, MEDLINE (from 1946 until present; via Ovid). and non-indexed citations (via Ovid).

Search strategy. The search of relevant studies was carried out up to December 2018 by using subject headings and free text terms. The search was carried out with the keywords "(leptospirosis OR leptospira*) AND (human OR patient OR animal OR clinical) AND (sensitivity OR specificity OR "true positive" OR "true negative" OR "false positive" OR "false negative")".

Inclusion criteria

Cross-sectional and cohort studies that assessed nucleic acid techniques for the detection of *Leptospira* in human or animal clinical samples against at least one reference test were included, regardless of publication year. Laboratory diagnoses of leptospirosis are usually based on several methods or a combination of these methods due to the temporal nature of the disease progression and the absence of a satisfactory universal reference test [8]. Studies with reference tests such as MAT, any PCR-based tests, isolation of leptospires through culture, or the detection of antibodies to the bacteria, were considered for inclusion. Studies must directly or indirectly provide at least four values, which are number of true positives (TPs), false positives (FPs), true negatives (TNs), and false negatives (FNs), to construct or reconstruct a two-by-two table. Only articles published in English were evaluated.

Exclusion criteria

The relevance of each study was determined based on their types. Reviews that do not contain original data and proceedings that did not employ any peer-review process were excluded. In addition, letters, editorials, and case reports were excluded. The objectives and methods were assessed, and studies were excluded if (1) samples were not tested by at least one reference test; (2) they involved spiked samples; (3) they involved experimentally infected animals; (4) data to derive a two-by-two table were insufficient; and (5) multiple genes were targeted in the index test.

Data abstraction

Study selection. The titles and abstracts of potentially relevant studies from the literature search were screened by one reviewer in accordance with the eligibility criteria and further confirmed by a second reviewer. After the exclusion of duplicated records, studies without abstract, and apparently irrelevant studies, the full-text articles of remaining studies were screened by two reviewers. Disagreements about study inclusion and exclusion were resolved between the reviewers by consensus.

Data extraction and quality assessment. Data were extracted primarily by one reviewer and cross-checked by a second reviewer. Data collected from eligible studies included the first author name, publication year, characteristics of study population, number of samples, type of samples, type of method used as index test and reference test, and number of TPs, FPs, TNs, and FNs. Any disagreements between the two reviewers were documented and resolved through discussion with a third reviewer.

Data analysis

The extracted data were compiled in a summary table, and the numbers of TPs, FPs, TNs, and FNs were used to calculate the sensitivity and specificity in each study. The pooled sensitivity, specificity, positive likelihood ratio (PLR), negative likelihood ratio (NLR), and diagnostic odds ratio (DOR) were determined for each group. For each statistic, the corresponding 95% confidence intervals (95% CI) were also calculated. The DOR is a single measure of diagnostic test performance that describes the odds of having a positive result in participants with a positive reference test compared against the odds in those with a negative reference test [16]. The DORs were evaluated using the DerSimonian-Laird method (random effects model) [17]. Summary receiver operating characteristic (SROC) curves that show the relationship between sensitivity and false positives rate (1 –specificity) were constructed to summarize the results. The area under the curve (AUC) of the SROC was calculated and proposed as a means to assess diagnostic data in the context of meta-analysis [18].

Heterogeneity was assessed by using I^2 statistics and was interpreted as follows: an I^2 value of less than 50% indicates homogeneity among the studies in the analysis, whereas an I^2 value of more than 50% represents substantial heterogeneity among the studies [19]. One of the causes for heterogeneity observed in the meta-analysis of diagnostics is the threshold effect, which occurs if the studies use different thresholds to define a positive test result. In the present analysis, the presence of the threshold effect was determined by calculating the Spearman correlation coefficient between the sensitivity and specificity of the included studies [20]. In the absence of the threshold effect, meta-regression and subgroup analyses were performed to explore the contribution of individual factors on the heterogeneity observed, where a *p* value of less than 0.05 indicates a contribution to heterogeneity. All statistical analyses were carried out using Meta-DiSc software (version 1.4) [21].

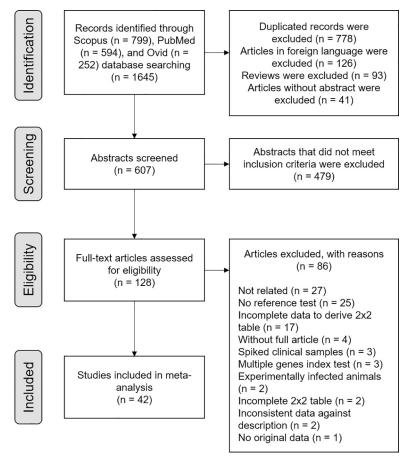


Fig 1. Flow chart of study selection process.

Results

Literature search and study characteristics

The study selection process is presented in Fig 1. The search for literature was completed in December 2018 and identified 1645 records, of which 128 full-text articles were retrieved to assess for eligibility. Of these full-text articles, 86 were excluded after further scrutiny. Forty-two studies involving 7414 samples met the inclusion criteria and were included in the meta-analysis. Detail and characteristics of each included study are presented in Table 1. The studies included were conducted in different countries and were published from 1992 to 2018. Some of the included studies used different methods; thus, the data were reported as separate independent studies [12, 22–32].

Accuracy of nucleic acid techniques targeting the rrs gene

The pooled sensitivity of techniques targeting the *rrs* gene was 0.51 (95% CI: 0.48–0.54), whereas the pooled specificity was 0.90 (95% CI: 0.89–0.91). Fig 2 shows the detailed forest plot of the sensitivities and specificities of the included studies. The pooled DOR was 13.58 (95% CI: 6.66–27.67), as shown in Fig 3. Fig 4 shows the SROC curve; the AUC and the pooled diagnostic accuracy (Q^{*}) were 0.88 and 0.81, respectively. Significant heterogeneity was observed among the studies (sensitivity, $I^2 = 95.3\%$; specificity, $I^2 = 96.6\%$; DOR, $I^2 = 84.0\%$).

Study	Country	Study population	Number of samples	Sample type	Index test	Gene target	Reference test	ТР	FP	FN	TN
[10]	Brazil	Suspected leptospirosis patients	478	Human—DNA from serum	Taqman qRT-PCR	rrs	MAT	3	32	30	413
[11]	Netherlands	Suspected leptospirosis patients	133	Human—DNA from serum or blood	SYBR Green qPCR	secY	Culture	15	8	0	110
[12]	Pacific Islands	Suspected leptospirosis patients	51	Human—DNA from serum	SYBR Green qPCR	lfb1	MAT	12	13	6	20
	Pacific Islands	Suspected leptospirosis patients	51	Human—DNA from serum	Nested PCR	rrs	MAT	12	13	6	20
[22]	Sri Lanka	Febrile patients	105	Human—DNA from blood	Taqman qPCR	rrs	MAT	9	1	40	55
	Sri Lanka	Febrile patients	105	Human—DNA from serum	Taqman qPCR	rrs	MAT	25	1	24	55
[23]	Brazil	Suspected leptospirosis patients	521	Human—DNA from serum	Conventional PCR	rrs	MAT	4	0	24	493
	Brazil	Suspected leptospirosis patients	521	Human—DNA from serum	Nested PCR	rrs	MAT	24	0	4	493
[24]	Brazil	Clinically confirmed leptospirosis patients, patients of other febrile diseases and healthy individuals	77	Human—DNA from blood or urine	Conventional PCR	LP1	MAT	11	0	22	44
	Brazil	Clinically confirmed leptospirosis patients, patients of other febrile diseases and healthy individuals	77	Human—DNA from blood or urine	Conventional PCR	sec Y	MAT	19	0	14	44
[25]	NR	Stray and household cats (healthy, non-vaccinated)	63	Animal—DNA from serum or urine	LAMP	lipL32	Taqman qPCR (<i>lipL32</i>)	22	0	2	39
	NR	Stray and household cats (healthy, non-vaccinated)	63	Animal—DNA from serum or urine	Nested PCR	lipL32	Taqman qPCR (<i>lipL32</i>)	17	3	7	36
	NR	Stray and household cats (healthy, non-vaccinated)	63	Animal—DNA from serum or urine	Conventional PCR	rrs	Taqman qPCR (<i>lipL32</i>)	1	0	23	39
	NR	Stray and household cats (healthy, non-vaccinated)	63	Animal—DNA from serum or urine	Conventional PCR	secY	Taqman qPCR (<i>lipL32</i>)	3	0	21	39
[26]	Philippines	Clinically confirmed leptospirosis patients	113	Human—DNA from urine pellet	SYBR Green qPCR	flaB	MAT	3	4	74	32
	Philippines	Clinically confirmed leptospirosis patients	113	Human—DNA from plasma or urine pellet	LAMP	rrs	MAT	2	3	75	33
[27]	Japan	Stray rats	18	Animal—Boiled urine sample	Nested PCR	flaB	Culture	6	0	6	6
	Japan	Stray rats	16	Animal—Urine pellet sample	Nested PCR	flaB	Culture	9	1	2	4
	Japan	Stray rats	18	Animal—Boiled urine sample	LAMP	rrs	Culture	11	2	1	4
	Japan	Stray rats	16	Animal—Urine pellet sample	LAMP	rrs	Culture	10	2	1	3
[28]	Thailand	Clinically confirmed leptospirosis patients	266	Human—DNA from blood	LAMP	lipL41	Culture, MAT	50	13	83	120
	Thailand	Clinically confirmed leptospirosis patients	266	Human—DNA from blood	LAMP	rrs	Culture, MAT	58	22	75	111

Table 1. Characteristics of studies included in the meta-analysis.

(Continued)

Study	Country	Study population	Number of samples	Sample type	Index test	Gene target	Reference test	ТР	FP	FN	TN
[29]	Brazil	Suspected leptospirosis patients	332	Human—DNA from serum	Taqman qPCR	lipL32	Culture, MAT	37	3	90	202
	Brazil	Suspected leptospirosis patients	332	Human—DNA from whole blood	Taqman qPCR	lipL32	Culture, MAT	77	12	50	193
[30]	Thailand	Febrile patients	266	Human—DNA from blood	Taqman qPCR	lipL32	Culture, MAT	57	9	76	124
	Thailand	Febrile patients	266	Human—DNA from blood	Taqman qPCR	rrs	Culture, MAT	74	14	59	119
[31]	Argentina	Clinically confirmed leptospirosis patients and non-cases	234	Human—DNA from serum or blood	Conventional PCR	lipL32	Culture, MAT	26	2	81	125
	Argentina	Clinically confirmed leptospirosis patients and non-cases	234	Human—DNA from serum or blood	Taqman qPCR	lipL32	Culture, MAT	47	9	60	118
[32]	Denmark	Suspected leptospirosis patients	51	Human—DNA from urine	Taqman qPCR	lipL32	MAT	3	1	0	47
	Denmark	Suspected leptospirosis patients	51	Human—DNA from urine	Taqman qPCR	rrs	MAT	3	1	0	47
[33]	Sri Lanka	Suspected leptospirosis patients	40	Human—DNA from serum	Taqman qPCR	rrs	MAT	5	5	11	19
[34]	NR	Suspected leptospirosis patients	63	Human—DNA from serum or blood	Recombinase polymerase amplification	lipL32	Culture	18	1	1	43
[35]	Brazil	Suspected leptospirosis patients	46	Human—RNA from blood	Taqman qRT-PCR	rrs	Culture, MAT, qPCR	14	0	8	24
[36]	Sri Lanka	Suspected leptospirosis patients	170	Human—DNA from blood	Nested PCR	rrs	MAT	7	7	54	102
[37]	Thailand	Febrile patients	418	Human—DNA from blood	Nested PCR	rrs	Culture	37	81	2	298
[38]	Barbados	Post-mortem samples	13	Human—DNA from organ	Conventional PCR	sec Y	Culture, MAT	2	0	6	5
[39]	USA	Random	34	Animal—Urine pellet sample	Conventional PCR	IS1500	MAT	23	3	7	1
[40]	Czech Republic	Suspected leptospirosis patients	852	Human—DNA from plasma, urine or CSF	Conventional PCR	secY	MAT	14	1	21	816
[41]	Sri Lanka	Suspected leptospirosis patients	95	Human—DNA from blood	SYBR Green qPCR	sec Y	MAT	44	3	21	27
[42]	Uruguay	Suspected leptospirosis patients	183	Human—DNA from serum	SYBR Green qPCR	lipL32	MAT	26	0	59	98
[43]	Turkey	Suspected leptospirosis patients and animals	133	Human and animal—DNA from serum	Nested PCR	rrs	MAT	90	2	0	41
[44]	NR	Suspected leptospirosis dogs	135	Animal—DNA from serum	Nested PCR	rrs	MAT	47	23	4	61
[45]	Thailand	Wild rodents	36	Animal—DNA from kidney	Taqman qPCR	lipL32	Conventional PCR (gyrB)	4	0	0	32
[46]	NR	Suspected leptospirosis patients and healthy controls	28	Human—DNA from urine, CSF or blood	Conventional PCR	rrs	MAT	4	0	2	22
[47]	Malaysia	Suspected leptospirosis patients	65	Human—DNA from blood	Taqman qPCR	rrs	Commercial GenoAmp qPCR leptospirosis kit	10	1	0	54

Table 1. (Continued)

(Continued)

Study	Country	Study population	Number of samples	Sample type	Index test	Gene target	Reference test	ТР	FP	FN	TN
[48]	India	Suspected leptospirosis patients	207	Human—DNA from serum	Taqman qPCR	lipL32	MAT	84	10	77	36
[49]	India	Suspected leptospirosis patients	134	Human—NR	Conventional PCR	sec Y	MAT	34	4	1	95
[50]	NR	Suspected leptospirosis patients	42	Human—DNA from blood or urine	Conventional PCR	flaB	MAT	39	0	0	3
[51]	Brazil	Suspected leptospirosis patients	92	Human—DNA from serum	Conventional PCR	sec Y	MAT	17	13	30	32
[52]	India	Suspected leptospirosis patients	207	Human—DNA from blood	Nested PCR	lipL32	Culture	21	3	79	104
[53]	Nicaragua	Febrile patients	85	Human—DNA from blood	Taqman qPCR	lipL32	MAT	11	6	27	41
[54]	Brazil	Patients with meningeal abnormalities	39	Human—DNA from CSF	Conventional PCR	rrs	MAT	10	13	2	14
[55]	India	Suspected leptospirosis patients	100	Human—DNA from serum	Conventional PCR	rrs	MAT	2	4	16	78
[56]	India	Asymptomatic participants	196	Human—DNA from urine	Taqman qPCR	rrs	MAT	37	67	22	70
[57]	NR	Suspected leptospirosis patients	231	Human—DNA from serum or blood	Taqman qPCR	rrs	Culture	27	1	1	202
[58]	NR	Wild animals	220	Animal—DNA from serum	Taqman qPCR	rrs	MAT	0	1	14	205
[59]	Brazil	Suspected leptospirosis patients	55	Human—DNA from serum or plasma	Taqman qRT-PCR	rrs	MAT	6	47	0	2
[<u>60]</u>	Laos	Febrile patients	787	Human—DNA from blood or urine	Taqman qPCR	rrs	Culture, MAT	7	69	26	685

Table 1. (Continued)

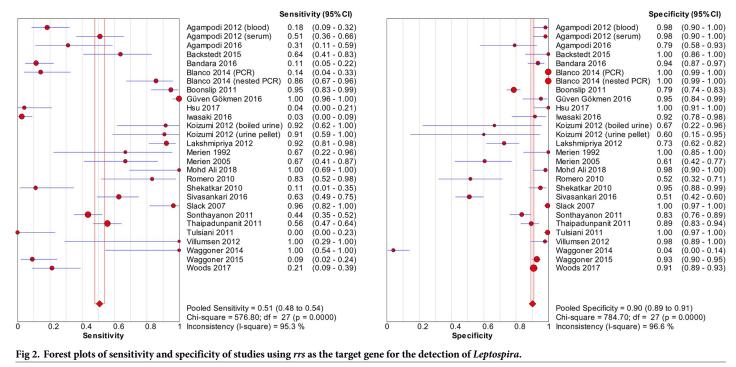
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The Spearman correlation coefficient was calculated to be 0.273 with p = 0.160 (> 0.05), indicating that the significant heterogeneity was not due to the threshold effect. Hence meta-regression and subgroup analyses were performed to explore the overall heterogeneity and identify the source of heterogeneity, including the type of index test and type of sample (human or animal). The meta-regression analysis did not demonstrate that these two covariates contributed to the heterogeneity (p > 0.05 for both covariates). Subgroup analyses were performed on the basis of these covariates, and the results are shown in Table 2. Only one study dealt with human and animal samples; thus, analysis was not performed for this sample category.

Accuracy of nucleic acid techniques targeting the *lipL32* gene

The pooled sensitivity and specificity of techniques using the *lipL32* gene as the target of detection were 0.42 (95% CI: 0.39–0.46) and 0.95 (95% CI: 0.94–0.97), respectively. The detailed forest plots of the sensitivities and specificities of the included studies are shown in Fig 5. The pooled DOR was 19.71 (95% CI: 10.15–38.29), as shown in Fig 6. The SROC curve is presented in Fig 7 with an AUC of 0.92 and Q* value of 0.85. Significant heterogeneity was observed among the studies (sensitivity, $I^2 = 91.1\%$; specificity, $I^2 = 75.9\%$; DOR, $I^2 = 72.4\%$).

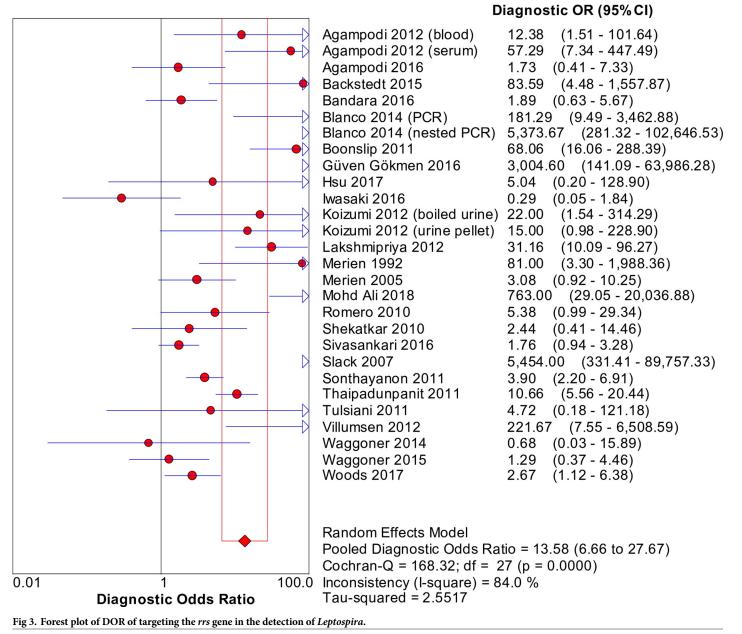


The Spearman correlation coefficient was -0.077 with p = 0.794 (> 0.05), indicating that significant heterogeneity was not due to the threshold effect. Meta-regression and subgroup analyses were then performed to explore the heterogeneity and identify the source of heterogeneity. The meta-regression analysis did not demonstrate that the two covariates (type of index test and type of sample) contributed to the heterogeneity (p > 0.05 for both). Subgroup analyses were performed on the basis of these covariates, and the results are shown in Table 3. The AUC for the subgroup of index test (nested PCR) was not computed because of the low number of studies (n = 2). Analysis for the following index tests could not be performed because only one study was present in each category: conventional PCR, LAMP, and recombinase polymerase amplification.

Accuracy of nucleic acid techniques targeting the secY gene

Fig 8 shows the forest plots of the sensitivities and specificities of techniques targeting the *secY* gene. The pooled sensitivity and specificity were 0.56 (95% CI: 0.50–0.63) and 0.98 (95% CI: 0.97–0.98), respectively. The pooled DOR was valued at 46.16 (95% CI: 6.20–343.49) and is presented in Fig 9. Fig 10 shows the SROC curve with the AUC at 0.94 and the pooled diagnostic accuracy (Q^{*}) at 0.88. Among these studies, significant heterogeneity was observed (sensitivity, $I^2 = 92.0\%$; specificity, $I^2 = 92.4\%$; DOR, $I^2 = 88.3\%$).

The Spearman correlation coefficient was 0.000 with p = 1.000 (> 0.05), indicating that the heterogeneity was not due to the threshold effect. Thus, meta-regression and subgroup analyses were performed to explore the source of heterogeneity. The meta-regression analysis did not demonstrate that the two covariates contributed to the heterogeneity (p > 0.05 for both covariates). Subgroup analyses based on these covariates were performed, and the results are shown in Table 4. The AUC for the subgroup of index test (qPCR) was not determined because of the low number of studies (n = 2). Analysis for animal samples was not performed because only one study was present in this category.



Accuracy of nucleic acid techniques targeting the *flaB* gene

For techniques targeting the *flaB* gene, the pooled sensitivity and specificity of the included studies were 0.41 (95% CI: 0.33–0.50) and 0.90 (95% CI: 0.78–0.97), respectively. The forest plots of the sensitivities and specificities are shown in Fig 11. The pooled DOR was 10.42 (95% CI: 0.44–244.84), as shown in Fig 12. The SROC curve is presented in Fig 13, with the AUC at 0.92 and pooled diagnostic accuracy (Q*) at 0.86. Significant heterogeneity was observed when computing the pooled sensitivity ($I^2 = 97.8\%$) and DOR ($I^2 = 82.1\%$).

The Spearman correlation coefficient was 0.600 with p = 0.400 (> 0.05), eliminating the possibility of the threshold effect. The meta-regression analysis did not demonstrate that the two covariates contributed to the heterogeneity (p > 0.05 for both covariates). Subgroup analyses were not performed because of the limited number of studies in each subgroup.

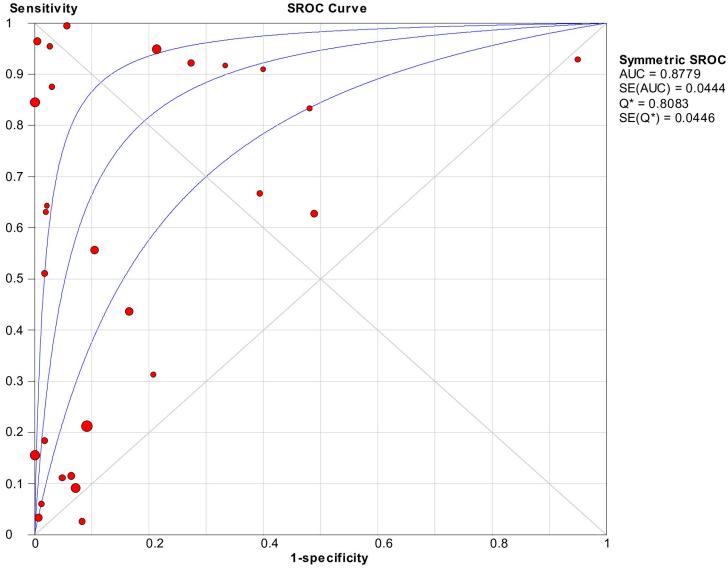


Fig 4. SROC curve of targeting the *rrs* gene in the detection of *Leptospira*.

	Sensitivity (95% CI)	Specificity (95% CI)	PLR (95% CI)	NLR (95% CI)	DOR (95% CI)	AUC
All studies	0.51 (0.48-0.54)	0.90 (0.89-0.91)	4.36 (2.80-6.79)	0.56 (0.44-0.70)	13.58 (6.66-27.67)	0.88
Subgroup (Type of ind	lex test)					
Conventional PCR	0.24 (0.15-0.34)	0.97 (0.96-0.98)	7.09 (1.27-39.72)	0.86 (0.70-1.05)	11.61 (2.43-55.45)	0.78
Nested PCR	0.76 (0.70-0.80)	0.89 (0.87-0.91)	4.62 (2.32-9.21)	0.13 (0.01-2.20)	53.18 (6.83-413.92)	0.95
qPCR	0.50 (0.45-0.55)	0.90 (0.89-0.92)	8.14 (3.00-22.09)	0.62 (0.42-0.90)	17.21 (5.19-57.05)	0.92
qRT-PCR	0.38 (0.26-0.51)	0.85 (0.81-0.88)	2.82 (0.15-53.67)	0.68 (0.23-2.04)	3.80 (0.21-67.78)	0.68
LAMP	0.35 (0.29-0.41)	0.84 (0.78-0.89)	2.01 (1.04-3.91)	0.64 (0.34-1.18)	3.57 (0.70-18.23)	0.83
Subgroup (Type of sai	nple)					
Human samples	0.44 (0.41-0.48)	0.90 (0.89-0.91)	4.45 (2.67-7.40)	0.61 (0.49-0.77)	11.09 (5.17-23.79)	0.83
Animal samples	0.62 (0.52-0.71)	0.92 (0.88-0.94)	3.22 (2.34-4.45)	0.39 (0.17-0.92)	20.90 (8.55-51.08)	0.89

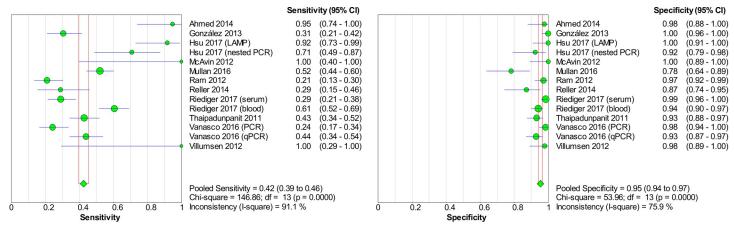
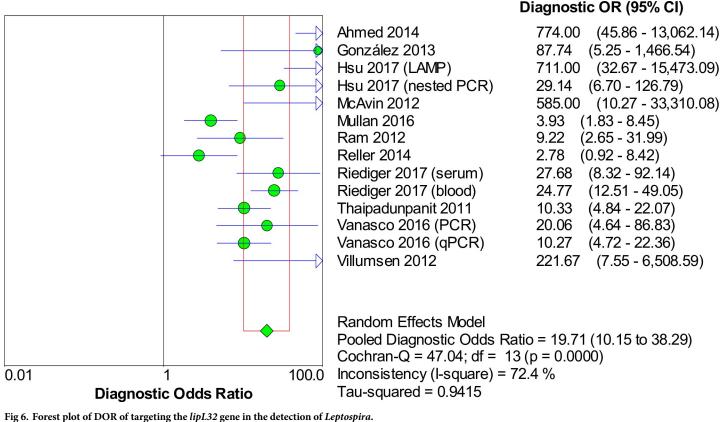


Fig 5. Forest plots of sensitivity and specificity of studies using lipL32 as the target gene for the detection of Leptospira.

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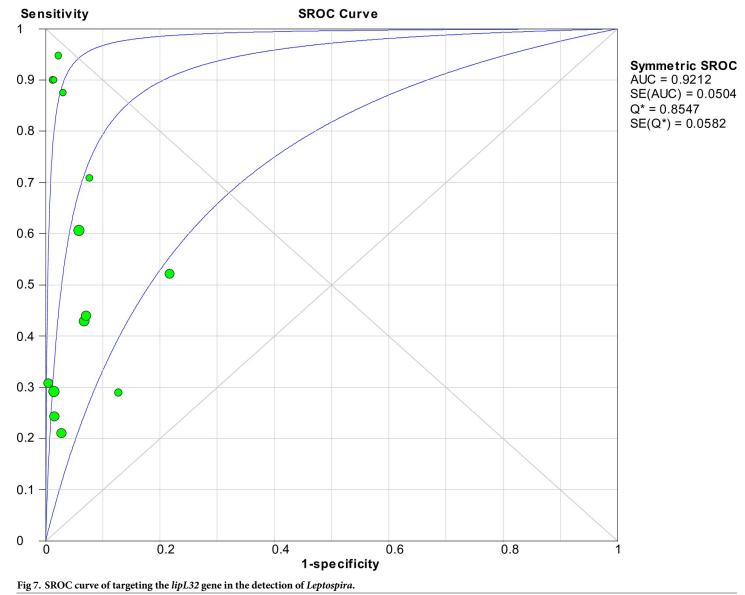
Discussion

In this meta-analysis, 42 studies involving 7414 samples were included to investigate the diagnostic accuracy of various nucleic acid techniques. Many nucleic acid diagnostics for leptospirosis have been developed and designed to either target housekeeping genes that are common to all species of *Leptospira* or pathogenic species-specific genes. Here, from the literature searched, we pooled and analyzed the diagnostic performance of nucleic acid assays targeting



rig o. rorest plot of DOR of targeting the up152 gene in the detection of





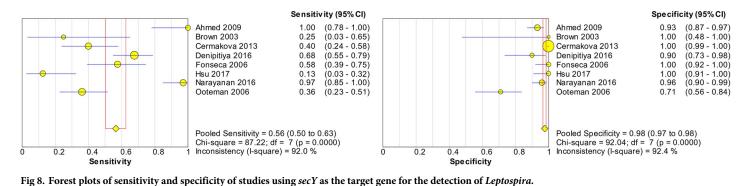
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the *rrs*, *lipL32*, *secY* and *flaB* genes. The IS1500, LP1, *lfb1*, and *lipL41* genes were not pooled and analyzed because only one study included each of these genes [12, 24, 28, 39].

The *rrs* gene is a housekeeping gene found ubiquitously among leptospires. The present meta-analysis showed that assays targeting the *rrs* gene have been well-established and largely

	Sensitivity (95% CI)	Specificity (95% CI)	PLR (95% CI)	NLR (95% CI)	DOR (95% CI)	AUC
All studies	0.42 (0.39-0.46)	0.95 (0.94-0.97)	9.42 (5.64–15.75)	0.61 (0.51-0.71)	19.71 (10.15-38.29)	0.92
Subgroup (Type of	index test)					
Nested PCR	0.31 (0.23-0.40)	0.96 (0.91-0.98)	8.35 (3.71-18.79)	0.52 (0.17-1.65)	15.31 (4.93-47.52)	NA
qPCR	0.44 (0.41-0.48)	0.95 (0.93-0.96)	7.83 (4.21–14.56)	0.62 (0.54-0.72)	13.64 (6.52–28.54)	0.75
Subgroup (Type of	sample)		·			
Human samples	0.40 (0.37-0.44)	0.95 (0.94-0.96)	8.33 (4.82-14.37)	0.65 (0.57-0.75)	14.65 (7.57-28.32)	0.86

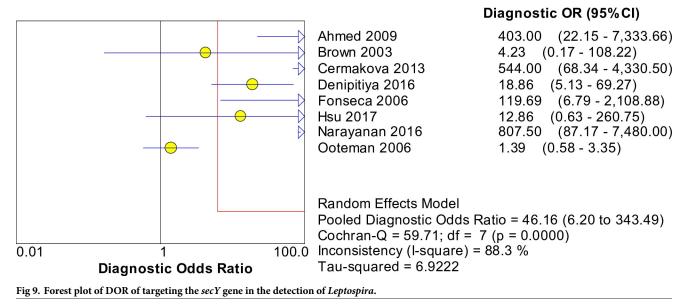
Table 3. Meta-analysis results of studies targeting the <i>lipL32</i> gene for the detection of	Leptospira.



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used for diagnostics. Targeting the *rrs* gene can allow the detection of pathogenic or saprophytic *Leptospira* species [59]. The *rrs* gene is also present in two copies per *Leptospira*, which could consequently increase its chance of being amplified [61, 62]. Meanwhile, the *secY* gene encodes for preprotein translocase for *Leptospira* and is located within the S10-spc- α locus containing genes for ribosomal proteins [63]. Similar to the *rrs* gene, it is a housekeeping gene that is also common to all leptospires [11]. The *secY* gene consists of alternating conserved and variable regions, making it suitable to design primers that can generate amplicons across the *Leptospira* genus and enable phylogenetic interpretation through the variable regions [64].

The *lipL32* gene encodes a major lipoprotein located in the outer membrane of leptospires. The *lipL32* gene is present in all species from both pathogenic and intermediate strains but absent in saprophytic strains, suggesting its critical role in infection [65, 66]. The sequence of the *lipL32* gene is highly conserved across the pathogenic species of *Leptospira*, with more than 94% amino acid sequence identities [67]. Thus, the absence of *lipL32* in saprophytic *Leptospira* makes it a specific and appropriate gene target for diagnosing leptospirosis [25]. Another gene that can be used to differentiate between pathogenic and saprophytic leptospires is the *flaB* gene. This gene encodes for flagellin, a class B polypeptide subunit of the periplasmic flagella. The sequence of *flaB* is also highly conserved among pathogenic serovars of *Leptospira* [68].



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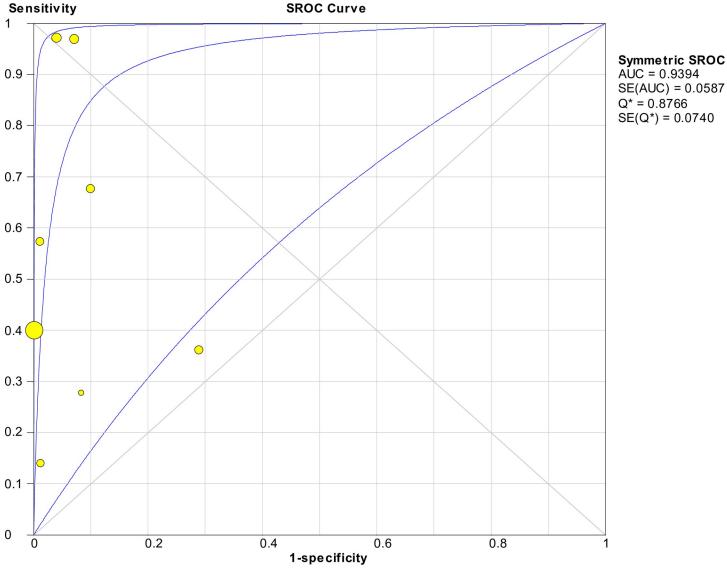


Fig 10. SROC curve of targeting the *secY* gene in the detection of *Leptospira*.

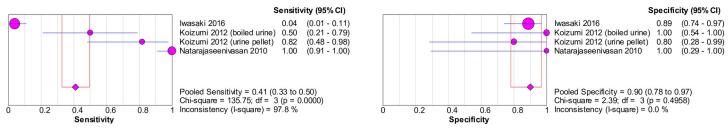
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Similar to the *lipL32* gene, the absence of *flaB* in the saprophytic strains allows this gene to be a good target for detecting pathogenic leptospires [50, 69].

As shown in Table 5, nucleic acid techniques targeting the *secY* gene exhibited better pooled sensitivity and specificity when compared against assays targeting the *rrs*, *lipL32*, or *flaB* gene.

Table 4. Meta-analysis results of studies targeting the	secY gene for the detection of Leptospira.
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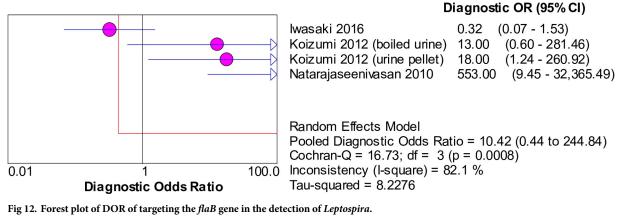
	Sensitivity (95% CI)	Specificity (95% CI)	PLR (95% CI)	NLR (95% CI)	DOR (95% CI)	AUC
All studies	0.56 (0.50-0.63)	0.98 (0.97-0.98)	12.94 (3.74-44.72)	0.49 (0.30-0.82)	46.16 (6.20-343.49)	0.94
Subgroup (Type of in	dex test)					
Conventional PCR	0.49 (0.41-0.56)	0.98 (0.97-0.99)	15.63 (2.04–119.78)	0.60 (0.37-0.97)	39.57 (2.44-642.05)	0.91
qPCR	0.74 (0.63-0.83)	0.93 (0.87-0.96)	10.50 (4.65-23.71)	0.13 (0.00-6.15)	65.78 (3.37-1284.84)	NA
Subgroup (Type of in	dex test)	·	·	·		
Human samples	0.61 (0.54-0.67)	0.97 (0.96-0.98)	13.17 (3.52-49.33)	0.45 (0.27-0.77)	54.70 (5.97-501.49)	0.94



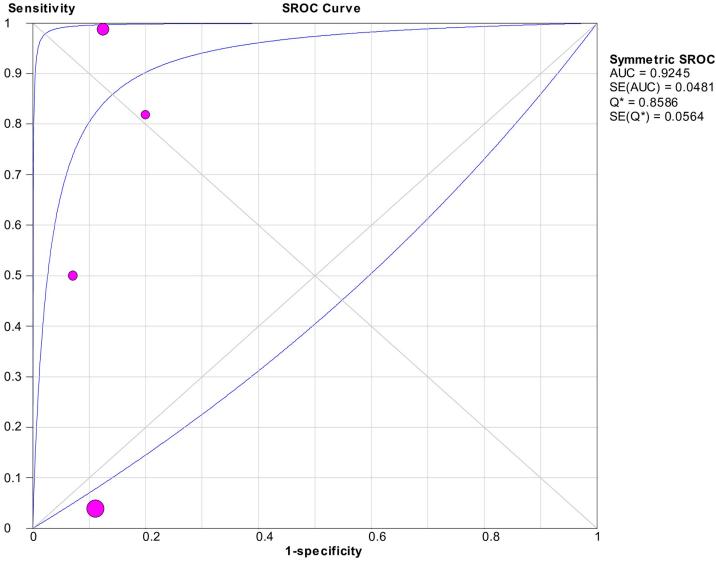


Sensitivity and specificity are true performance statistics of the test, where sensitivity measures for the proportion of samples tested positive among those tested positive using a reference test while specificity measures the proportion of samples tested negative among those tested negative in a reference test [70]. The PLR of assays targeting *secY* is also the highest among others and is the only one with a value more than 10. This result indicates that the positive results obtained from assays targeting *secY* are useful for the confirmation of leptospirosis [71]. Sensitivity and specificity play important roles in determining the DOR of a test. For example, tests with high sensitivity and specificity with low FPs and FNs result in a high DOR [16]. In our analysis, the pooled DOR of assays targeting *secY* was the highest among other genes. Collectively, the pooled sensitivity, specificity, DOR, likelihood ratio, and AUC data all support that assays targeting the *secY* gene are highly discriminatory for the detection of *Leptospira*.

Stratified analyses were performed for each gene analyzed according to the type of index test. For the *rrs* gene, subgroup analysis revealed that nested PCR assays targeting the gene are superior over other tests and slightly better than qPCR, as exhibited by the higher DOR and AUC of the SROC curve. In a previous study, qRT-PCR assay targeting the *rrs* gene was compared against nested PCR assay of the same gene, and the diagnostic performance was comparable between the two [72]. Another study on the detection of *Strongyloides stercoralis* also found that nested PCR shows better diagnostic sensitivity than real-time PCR [73]. However superior nested PCR is, real-time PCR methods are usually preferred over the former because they provide an accurate diagnosis faster than nested PCR assays [74]. By contrast, qPCR assay targeting the *lipL32* gene showed slightly better performance than nested PCR assay, but this finding is inconclusive because AUC data for nested PCR assay was not computed due to the lack of studies. As for the *secY* gene, although AUC data for qPCR were not determined, the sensitivity and DOR of qPCR were significantly higher than those of conventional PCR. When



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the data were stratified according to the type of samples, assays targeting the *rrs* gene showed slightly better diagnostic performance on animal than human samples. Meanwhile, the diagnostic performance of the other genes on animal samples was not computed because of the lack of studies. As for human samples, assays targeting the *secY* gene showed the best diagnostic performance in terms of DOR, followed by those targeting *lipL32*, *rrs*, and *flaB*.

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Gene	Sensitivity (95% CI)	Specificity (95% CI)	PLR (95% CI)	NLR (95% CI)	DOR (95% CI)	AUC
rrs	0.51 (0.48-0.54)	0.90 (0.89-0.91)	4.36 (2.80-6.79)	0.56 (0.44-0.70)	13.58 (6.66–27.67)	0.88
lipL32	0.42 (0.39-0.46)	0.95 (0.94-0.97)	9.42 (5.64–15.75)	0.61 (0.51-0.71)	19.71 (10.15-38.29)	0.92
secY	0.56 (0.50-0.63)	0.98 (0.97-0.98)	12.94 (3.74-44.72)	0.49 (0.30-0.82)	46.16 (6.20-343.49)	0.94
flaB	0.41 (0.33-0.50)	0.90 (0.78-0.97)	2.43 (0.44–13.52)	0.36 (0.11-1.18)	10.42 (0.44-244.84)	0.92

Table 5. Summary of diagnostic accuracy measures of genetic markers for the detection of Leptospira in clinical samples.

However, the findings of this meta-analysis should be interpreted with caution, considering the significant unexplained heterogeneity. The heterogeneity of the analyzed studies could be due to the vastly different sample sizes among the included studies. Moreover, the low number of studies in assays targeting the *flaB* gene and in some subgroups might have also biased the results. Another possible contribution to the heterogeneity of the studies was the variability in the DNA sample extraction approach, reference test, and the stage of the disease when samples were collected from the patients and animals. The timing of sample collection is crucial for the detection of *Leptospira* DNA because it is present in the blood of the patient in the first 5 to 10 days after the onset of the disease [11]. As mentioned previously, although MAT has been the gold standard for the diagnosis of leptospirosis, its application is limited by its difficulty to be standardized [8], suggesting that this limitation also contributed to the heterogeneity observed. In these nucleic acid assays, the different targeting regions within each gene would represent a major factor influencing the sensitivity and specificity of a diagnostic test. These limitations could have negatively influenced the overall results of this work.

In short, current evidence suggests that the *secY* gene has better diagnostic accuracy measures with *lipL32*, *flaB*, and *rrs* coming close as promising genetic markers for leptospirosis diagnosis. However, the high degree of heterogeneity observed in this meta-analysis mitigates any conclusions drawn from the combined data. Nevertheless, future studies evaluating the nucleic acid-based diagnostic assays should consider the timing and stage of the disease for sample collection, the choice of reference test to be compared with, or the statistical methods to optimize the imperfect reference tests, in an effort to reduce the heterogeneity between the studies while increasing the comparability of results.

Supporting information

S1 Checklist. PRISMA checklist. (DOC)

Author Contributions

Conceptualization: Jia-Yong Lam, Hui-Yee Chee. Data curation: Jia-Yong Lam, Gary Kim-Kuan Low, Hui-Yee Chee. Formal analysis: Jia-Yong Lam. Funding acquisition: Hui-Yee Chee. Investigation: Jia-Yong Lam. Methodology: Jia-Yong Lam, Hui-Yee Chee. Project administration: Hui-Yee Chee. Supervision: Hui-Yee Chee. Validation: Gary Kim-Kuan Low, Hui-Yee Chee. Writing – original draft: Jia-Yong Lam. Writing – review & editing: Gary Kim-Kuan Low, Hui-Yee Chee.

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