

# COX-2/PGE<sub>2</sub> axis regulates hippocampal BDNF/TrkB signaling via EP2 receptor after prolonged seizures

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## Abstract

**Objective:** The objective of this study was to identify the signaling pathway that is immediately triggered by status epilepticus (SE) and in turn contributes to the excessive brain-derived neurotrophic factor (BDNF)/tropomyosin-related kinase receptor B (TrkB) signaling within the hippocampus.

**Methods:** We used quantitative PCR, enzyme-linked immunosorbent assay, and Western blot analysis to examine gene expression at both mRNA and protein levels in the hippocampus following prolonged SE in mice and rats. Three classical animal models of SE were utilized in the present study to avoid any model- or species-specific findings.

**Results:** We showed that both cyclooxygenase-2 (COX-2) and BDNF in the hippocampus were rapidly upregulated after SE onset; however, the induction of COX-2 temporally preceded that of BDNF. Blocking COX-2 activity by selective inhibitor SC-58125 prevented BDNF elevation in the hippocampus following SE; prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), a major product of COX-2 in the brain, was sufficient to stimulate hippocampal cells to secrete BDNF, suggesting that a PGE<sub>2</sub> signaling pathway might be directly involved in hippocampal BDNF production. Inhibiting the G $\alpha_s$ -coupled PGE<sub>2</sub> receptor EP2 by our recently developed selective antagonist TG6-10-1 decreased the SE-triggered phosphorylation of the cAMP response element-binding protein (CREB) and activation of the BDNF/TrkB signaling in the hippocampus.

**Significance:** The molecular mechanisms whereby BDNF/TrkB signaling is upregulated in the hippocampus by SE largely remain unknown. Our findings suggest that COX-2 via the PGE<sub>2</sub>/EP2 pathway regulates hippocampal BDNF/TrkB activity following prolonged seizures. EP2 inhibition by our bioavailable and brain-permeable antagonists such as TG6-10-1 might therefore provide a novel strategy to suppress the abnormal TrkB activity, an event that can sufficiently trigger pathogenic processes within the brain including acquired epileptogenesis.

## KEYWORDS

CREB, epilepsy, epileptogenesis, neurotrophin, seizure, status epilepticus

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## 1 | INTRODUCTION

As the fourth most common neurological disorder, epilepsy afflicts about 1% of the global population at all ages. In spite of marked advances in epilepsy treatment during the past few decades, there are still more than 30% of epilepsy patients showing considerable pharmacoresistance to current therapies<sup>1</sup>; current antiseizure drugs (ASDs) are also well known for their broad neurotoxic adverse effects, such as dizziness, drowsiness, headache, irritability, nausea, and changes in emotion, behavior, and cognition.<sup>2</sup> It is another very disappointing fact that the current ASDs merely provide symptomatic relief, as no US FDA-approved drug has yet been demonstrated to prevent the disease or modify its progression. Developing new antiepileptic and potentially antiepileptogenic therapeutics for this debilitating condition is an urgent unmet need.<sup>3,4</sup> A major obstacle to identifying novel antiepileptic and potentially antiepileptogenic targets is that the molecular mechanisms whereby normal brains are transformed to generate epileptic seizures after various initial precipitating incidents—such as head injuries, strokes, brain tumors, and status epilepticus (SE)—remain unsolved.

Commonly considered criteria for potential molecular targets for disrupting epileptogenesis include the requirements that their expression is dynamically regulated by seizures and that such an expression change is necessary and sufficient to cause structural and functional alterations in the brain that lower the seizure threshold. As such, the brain-derived neurotrophic factor (BDNF) has emerged as such an attractive candidate target over the past two decades.<sup>5,6</sup> BDNF via its tropomyosin-related kinase receptor B (TrkB) regulates a variety of physiological processes such as learning, memory, and reward.<sup>7</sup> However, the excessive activation of TrkB receptor by BDNF in adult brains has been proposed requisite for epileptogenesis following prolonged seizures. Both BDNF and TrkB are upregulated after epileptic seizures in experimental animals and patients with temporal lobe epilepsy (TLE).<sup>8–12</sup> Intracerebroventricular infusion of antibodies of TrkB, but not TrkA or TrkC, blocks kindling development in rats.<sup>13</sup> Likewise, the increased TrkB signaling within the hippocampal mossy fiber pathway and CA3 stratum lucidum region is related to seizure induction in mouse kindling model.<sup>14,15</sup> The downstream phosphoinositide-specific phospholipase C- $\gamma$ 1 (PLC- $\gamma$ 1) seems essential to BDNF/TrkB-mediated epileptogenesis, as a TrkB mutation designed to uncouple PLC- $\gamma$ 1 from TrkB was able to impair the kindling development in mice.<sup>16</sup> Moreover, inhibiting TrkB kinase activity by the mutant kinases inhibitor II or dissociating PLC- $\gamma$ 1 from TrkB via a competitive peptide prevented the seizure recurrence and anxiety-like comorbidity in mice after kainic acid-induced SE.<sup>17,18</sup>

It appears that the BDNF receptor TrkB and its downstream effector PLC- $\gamma$ 1 provide promising molecular targets

### Key Points

- The induction of COX-2 temporally and quantitatively leads that of BDNF in the hippocampus after SE
- Selective COX-2 inhibition blocks BDNF elevation in the hippocampus following SE
- PGE<sub>2</sub> alone is able to stimulate hippocampal cells to produce BDNF
- Inhibiting PGE<sub>2</sub> receptor EP2 decreases SE-triggered phosphorylation of the transcription factor CREB and TrkB receptor in the hippocampus
- EP2 receptor might provide a novel molecular target to suppress the abnormal TrkB activity after prolonged seizures

for the prevention or suppression of acquired epilepsy of various etiologies.<sup>19,20</sup> However, a key unsolved puzzle is the upstream signaling events that are immediately triggered by acute seizures and directly promote hippocampal BDNF/TrkB activation after SE, thereby causing epileptogenesis. The inducible cyclooxygenase (COX) isoform, COX-2, has been reported to regulate the BDNF expression in the hippocampus after systemic administration of a low dose of kainic acid (6–12 mg/kg, ip) in rats.<sup>21</sup> However, the role for COX-2 cascade in BDNF/TrkB signaling following prolonged SE remains to be determined. In the present study, we used three classical animal models of SE to investigate the effects of COX-2 inhibition on BDNF expression in the hippocampus following SE. Taking advantage of a novel, bioavailable, and brain-permeable small-molecule antagonist that we recently developed to suppress inflammation in the CNS, this study was also aimed to identify the downstream prostaglandin E2 (PGE<sub>2</sub>) receptor subtype that is involved in the regulation of BDNF/TrkB signaling within the hippocampus after prolonged seizures.

## 2 | MATERIAL AND METHODS

### 2.1 | Chemicals and drugs

Methylscopolamine, terbutaline, pilocarpine, and sodium pentobarbital were purchased from Sigma-Aldrich. SC-58125 and kainic acid were purchased from Tocris Bioscience. 16,16-dimethyl prostaglandin E2 (dmPGE<sub>2</sub>) was purchased from Cayman Chemical. Diazepam was purchased from Henry Schein. Compound TG6-10-1 was synthesized accordingly,<sup>22</sup> and the purity was confirmed by LC/MS and NMR in the Medicinal Chemistry Core at the University of Tennessee Health Science Center.

## 2.2 | Experimental animals

Animal procedures were approved by the Institutional Animal Care and Use Committee (IACUC) of the University of Tennessee Health Science Center and performed in accordance with the Guide for the Care and Use of Laboratory Animals (the Guide) from the NIH. Adult male C57BL/6 mice and Sprague Dawley rats were housed under a 12-hr light/dark cycle with food and water ad libitum.

## 2.3 | Mouse pilocarpine model of SE

Adult male mice (8-10 weeks) were injected with methylscopolamine and terbutaline (2 mg/kg each in saline, ip) to minimize the unwanted effects of pilocarpine in the periphery. Thirty minutes later, pilocarpine (280 mg/kg in saline, freshly prepared, ip) was injected to induce seizures in mice. Control mice received methylscopolamine and terbutaline, followed by saline injection instead of pilocarpine. Seizures were classified as we previously described.<sup>22,23</sup> 0: normal behavior—walking, exploring, sniffing, and grooming; 1: immobile, staring, jumpy, and curled-up posture; 2: automatisms—repetitive blinking, chewing, head bobbing, vibrissae twitching, scratching, face-washing, and “star-gazing”; 3: partial body clonus, occasional myoclonic jerks, and shivering; 4: whole body clonus, “corkscrew” turning and flipping, loss of posture, rearing, and falling; 5: (SE onset): nonintermittent seizure activity; 6: wild running, bouncing, and tonic seizures; and 7: death. SE was defined by nonintermittent seizure activity, which was indicated by continuous generalized clonic seizures without returning to lower-stage seizures. The SE was allowed to proceed for 1 hr and terminated by sodium pentobarbital (30 mg/kg, ip). The animal mortality rate after pilocarpine-induced SE was about 40% in this study.

## 2.4 | Rat pilocarpine model

Adult male rats (~250 g) were pretreated with methylscopolamine and terbutaline (2 mg/kg each, ip) to reduce the peripheral effects of pilocarpine. Thirty minutes later, rats received a single dose of pilocarpine (350 mg/kg, ip) for seizure induction; the behavioral seizures were classified accordingly. SE was defined by uninterrupted seizure activity (stage 5), allowed to proceed for 90 minutes, and terminated by sodium pentobarbital (30 mg/kg, ip). A total of 10 rats that survived pilocarpine-induced SE were treated by vehicle or COX-2 inhibitor SC-58125 in this study. In addition, 10 saline-treated rats were used in control groups.

## 2.5 | Mouse kainic acid model

Adult male mice (8-10 weeks) were treated by kainic acid (30 mg/kg, ip) to induce seizures, which were classified as we previously described.<sup>24,25</sup> 0: normal behavior—walking, exploring, sniffing, and grooming; 1: arrest and rigid posture; 2: head bobbing; 3: partial body clonus (unilateral forelimb clonus), myoclonic jerk, and lordotic posture; 4: rearing with bilateral forelimb clonus; 5: rearing and falling (loss of postural control); 6: tonic-clonic seizure with running and jumping; and 7: death. The onset of behavioral SE was defined as the occurrence of three stage-4 seizures. SE was interrupted by diazepam (10 mg/kg, ip) 1 hr after SE began. A total of 40 mice were treated with kainic acid, and 21 of them experienced SE. The 19 mice that did not enter SE were removed from the study; two mice experienced SE died during the post-SE recovery.

## 2.6 | Drug treatments

Two hours after SE onset, that is, 0.5-1 hr after sodium pentobarbital or diazepam was administered, animals were randomized for treatment twice daily: Rats were treated with COX-2 inhibitor SC-58125 (3 mg/kg, ip); mice were treated with EP2 antagonist TG6-10-1 (5 mg/kg, ip). During recovery from SE, animals were fed moistened rodent chow, monitored daily, and injected with 5% dextrose in lactated Ringer's solution (Baxter) when necessary. Animals were then euthanized under deep anesthesia with isoflurane and perfused with ice-cold phosphate-buffered saline (PBS) to wash blood out of the brain. Animal brains were dissected out, and the hippocampal tissues were collected for biochemical analyses.

## 2.7 | Quantitative PCR

The mRNA levels of interested genes in the hippocampus were quantified by quantitative PCR (qPCR) as previously described.<sup>24,26,27</sup> The sequences of primers for qPCR were as follows: GAPDH, forward 5'-TGTCCTCGTGGATCTGAC-3' and reverse 5'-CCTGCTTACCACCTTCTTG-3'; COX-2, forward: 5'-CTCCACCGCCACCACTAC-3' and reverse: 5'-TGGATTGGAACAGCAAGGAT-3'; mPGES-1, forward: 5'-ATCAAGATGTACGCGGTGGC-3' and reverse: 5'-GAGGAAATGTATCCAGGCGA-3'; BDNF, forward: 5'-GCCGCAAACATGTCTATGAGGGTT-3' and reverse 5'-TTGGCCTTTGGATACCGGGACTTT-3'.

## 2.8 | Western blot analysis

Western blot analysis was performed to measure the protein expression of interested genes in brain samples as previously

described.<sup>28</sup> The primary antibodies used in this study were as follows: rabbit anti-COX-2 (1:1,000, Abcam, #ab15191), rabbit anti-BDNF (1:750, Santa Cruz Biotech, #sc-546), rabbit anti-EP2 (1:1,000, Cayman Chemical, #101750), rabbit anti-CREB (1:1,000, Millipore, #AB3006), rabbit anti-p-CREB (pS133) (1:1,000, Millipore, #AB3442), rabbit anti-TrkB (1:1,000, Millipore, #07-225), rabbit anti-p-TrkB (pY816) (1:1,000, Abcam, #ab81288), goat anti-p-TrkB (pY705/706) (1:1,000, Santa Cruz Biotech, #sc-7996), and mouse anti-GAPDH (1:5,000, Calbiochem #CB1001). The Western blot band intensity was quantified using ImageJ (NIH).<sup>24</sup> The protein expression level of a specific gene was first normalized to the loading control GAPDH and then to the mean of control group for comparisons.

## 2.9 | Primary hippocampal cells

Hippocampal cells were isolated from embryos (E18) of timed-pregnant Sprague Dawley rats as we previously described.<sup>25</sup> The cells were seeded onto poly-D-lysine (Sigma-Aldrich) coated 24-well plates at a density of 150 000 cells/well in Neurobasal medium supplemented with B27, 5% fetal bovine serum (FBS), 100 U/mL penicillin, and 100 µg/mL streptomycin (Invitrogen). Cells were incubated at 37°C in a humidified atmosphere consisting of 5% CO<sub>2</sub> and 95% air, and half of the culture medium was replaced twice a week with Neurobasal medium without FBS. The majority of the cultured cells were hippocampal neurons, confirmed by immunocytochemistry. After 14 days, hippocampal cells were treated by dmPGE<sub>2</sub> overnight, and the BDNF in the culture medium was measured by enzyme-linked immunosorbent assay (ELISA). It is noted that the BDNF in the fresh complete culture medium was undetectable.

## 2.10 | PGE<sub>2</sub> and BDNF measurement

The PGE<sub>2</sub> and BDNF levels in the culture medium and the hippocampal tissues of rats and mice after SE were

measured using PGE<sub>2</sub> Multi-Format ELISA Kit (Arbor Assays, #K051) and BDNF E<sub>max</sub> ImmunoAssay System (Promega, #TB257), respectively. A 50 µL of diluted culture medium or tissue lysate was used for each PGE<sub>2</sub> and BDNF measurement according to the manufacturer's protocols and as we previously described.<sup>27,28</sup> The OD generated from each well was measured using a Synergy H1 microplate reader (BioTek) at 450 nm. A standard curve for PGE<sub>2</sub> or BDNF was run with each experiment. The PGE<sub>2</sub> or BDNF levels were normalized to mean of the control group for comparisons.

## 2.11 | Statistical analysis

Statistical analyses were performed using GraphPad Prism 7.05 by *t* test, one-way, or two-way analysis of variance (ANOVA) with post hoc Dunnett's or Bonferroni's multiple comparisons test as indicated. Correlation analyses were performed using Pearson correlation coefficient. Grubbs' test was utilized to identify the outliers, and none was found in this study. *P* < .05 was considered statistically significant. Data are presented as mean ±/± SEM.

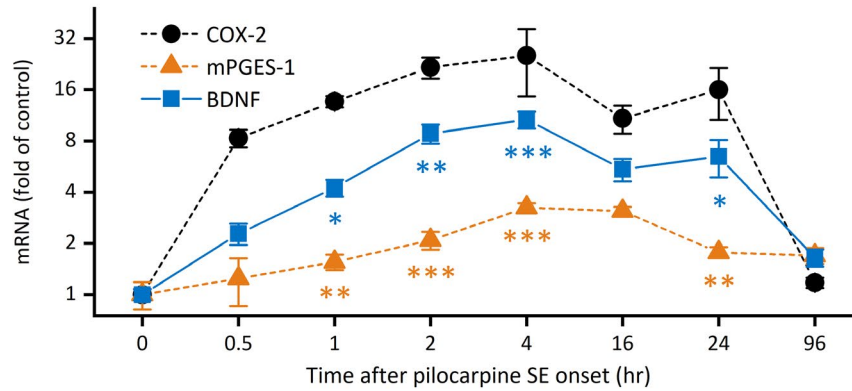
## 3 | RESULTS

### 3.1 | Hippocampal BDNF synthesis is correlated with and preceded by COX-2 induction following SE

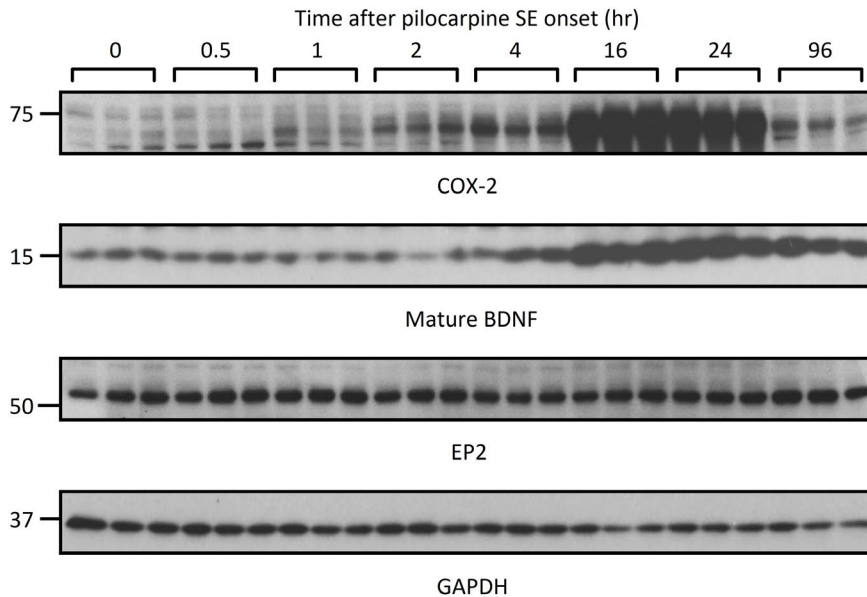
We previously reported that the COX-2 enzyme was immediately and robustly induced to synthesize PGE<sub>2</sub> in the brain following prolonged seizures.<sup>29,30</sup> It is well known that the BDNF signaling via TrkB receptor is enhanced within the hippocampus by SE and is believed to contribute to the development of acquired epilepsy.<sup>17,18</sup> To investigate the temporal sequence of induction for COX-2 signaling cascade and BDNF/TrkB pathway, we first

**FIGURE 1** Correlative expression of COX-2 and BDNF following pilocarpine SE in mice. A, Quantitative PCR (qPCR) was performed to measure the mRNA levels of COX-2, mPGES-1, and BDNF in the hippocampus after pilocarpine-induced SE in mice. The mRNA levels of all three tested genes were increased in a time-dependent manner; the mRNA induction of COX-2 was quicker and higher than mPGES-1 and BDNF (N = 6-8, *P* < .001 for both COX-2 vs mPGES-1 and COX-2 vs BDNF, \**P* < .05; \*\**P* < .01; \*\*\**P* < .001 for comparison to COX-2 at individual time points, two-way ANOVA and post hoc Dunnett's multiple comparisons test). B, The protein levels of COX-2, EP2, and BDNF (mature form) in the hippocampus after pilocarpine SE in mice were assessed by Western blot analysis with GAPDH as the loading control. Three representative samples from each time point after SE onset are shown on the blots. C, The immunoblots of COX-2, mature BDNF, and EP2 were scanned, and the band intensities were quantified using ImageJ. The total BDNF protein levels (mature and proform) in the hippocampus were measured by ELISA. The relative protein expression levels of COX-2, BDNF, and EP2 were normalized to their basal levels (0 h after SE onset). Both COX-2 and BDNF (mature and total) were rapidly and substantially elevated in the hippocampus after pilocarpine SE in mice; the protein induction of COX-2 was quicker and higher than both mature and total BDNF (N = 6, *P* < .001 for both COX-2 vs mature BDNF and COX-2 vs total BDNF, \**P* < .05; \*\**P* < .01; \*\*\**P* < .001 for comparison to COX-2 at individual time points, two-way ANOVA and post hoc Dunnett's multiple comparisons test). Data are shown as mean ± SEM

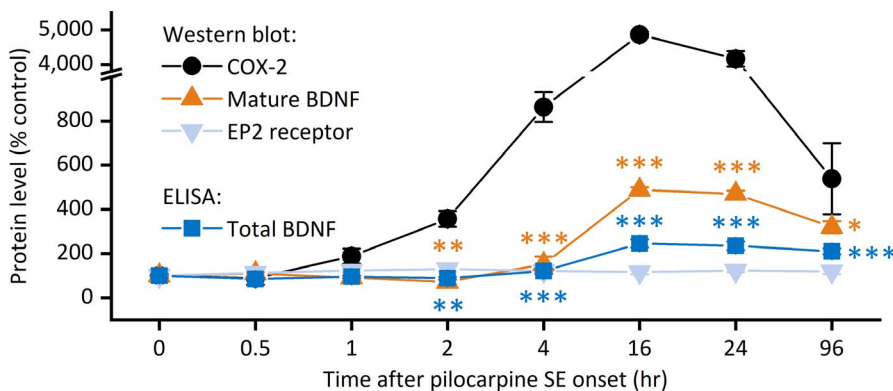
## A Pilocarpine SE in mice



## B Pilocarpine SE in mice



## C Pilocarpine SE in mice



examined the mRNA levels of COX-2, the membrane-associated PGE synthase-1 (mPGES-1) that directly synthesizes PGE<sub>2</sub> from COX-2-derived PGH<sub>2</sub>, and BDNF in the hippocampus following pilocarpine-induced SE in mice. We found that the mRNA levels of all these three examined genes in the hippocampus were substantially increased in SE mice in a time-dependent manner when

compared to the control cohorts (Figure 1A). Though all three genes began to show noticeable induction as early as 30 minutes after SE began, the COX-2 expression level was significantly higher than that of mPGES-1 or BDNF throughout the induction course (Figure 1A). The leading induction of COX-2 expression was further confirmed by Western blot analysis (Figure 1B), which revealed that

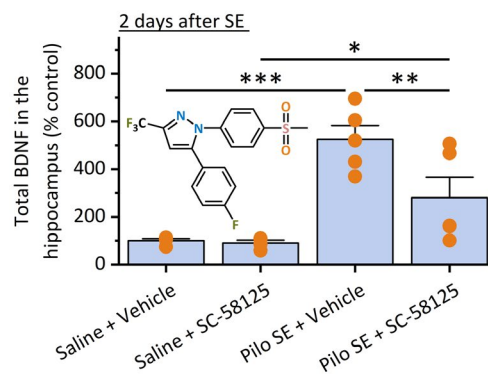
COX-2 protein was noticeably elevated 1 hour after SE onset and began to show substantial increase another hour later. In contrast, the mature form of BDNF was not induced until 4 hour after SE and its induction level was significantly lower than that of COX-2 (Figure 1C). The delayed and lower induction of BDNF—compared to COX-2—was also confirmed by ELISA, which was used to measure the total BDNF proteins consisting of both mature BDNF and its precursor (Figure 1C). Interestingly, the induction of total BDNF was even lower than the mature BDNF (Figure 1C), indicating that the mature BDNF was the major form that was induced in the hippocampus following SE. These results from qPCR and ELISA together suggest that the induction of COX-2 temporally and quantitatively led that of BDNF in the hippocampus following SE.

### 3.2 | COX-2 activity and PGE<sub>2</sub> signaling are involved in seizure-promoted hippocampal BDNF production

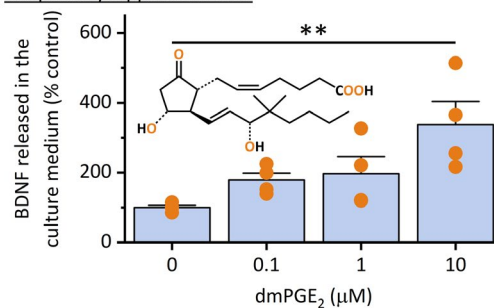
We next wanted to determine whether COX-2 induction is necessary for BDNF synthesis following SE. SE was induced in rats by systemic administration of pilocarpine (350 mg/kg, ip) and was allowed to proceed for 90 minutes. After the SE was terminated by sodium pentobarbital (30 mg/kg, ip), experimental rats were treated with selective COX-2 inhibitor SC-58125 (3 mg/kg, sc) twice daily for two consecutive days, and the ELISA was utilized to measure the total BDNF (both mature form and the precursor) in the hippocampus. This post-SE time point was chosen for this study owing to the previous findings that COX-2 inhibition for two days in rats was sufficient to completely block the PGE<sub>2</sub> elevation and prevent the neuronal loss in the hippocampus after seizures.<sup>31</sup> Here, we found that a 90-minute episode of SE was able to induce the total BDNF protein levels for more than five times (Figure 2A). However, systemic treatment with SC-58125 significantly decreased seizure-induced BDNF production in the hippocampus when compared to the vehicle treatment (Figure 2A). It should also be noted that this administration regimen of the COX-2 inhibitor did not completely abolish the SE-induced BDNF elevation in the hippocampus, indicated by the significant difference between the two COX-2 inhibitor treatment groups ( $P < .05$ , Figure 2A).

PGE<sub>2</sub> is a dominant prostaglandin product of COX-2 within the brain and is considered as a chief executor of COX-2-mediated inflammatory processes in a number of chronic brain conditions, such as strokes, seizures, neurodegenerative diseases, and brain tumors.<sup>4,32,33</sup> To investigate whether PGE<sub>2</sub> directly regulates BDNF synthesis and

#### A Pilocarpine SE in rats



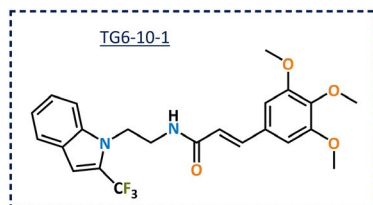
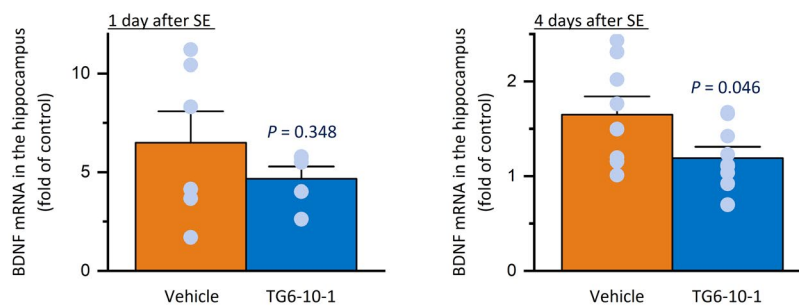
#### B Rat primary hippocampal cells



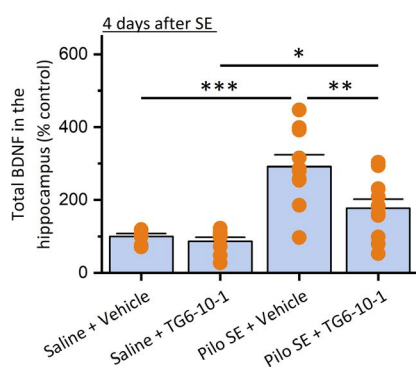
**FIGURE 2** COX-2 and PGE<sub>2</sub> are involved in BDNF production after pilocarpine SE in rats. A, Rats were injected with pilocarpine (350 mg/kg, ip) for the induction of SE, which proceeded for 90 min and was terminated by sodium pentobarbital (30 mg/kg, ip). Rats were then treated with COX-2 inhibitor SC-58125 (3 mg/kg, sc) twice daily for two days. The total BDNF (both proform and mature form) in the hippocampus was measured by ELISA. Treatment with SC-58125 decreased seizure-induced hippocampal BDNF ( $N = 5$ ,  $*P < .05$ ;  $**P < .01$ ;  $***P < .001$ , one-way ANOVA with post hoc Bonferroni's multiple comparisons test). B, Rat primary hippocampal cultures were treated with dmPGE<sub>2</sub> overnight, and the BDNF levels in the culture medium were measured by ELISA. Note that dmPGE<sub>2</sub> treatment increased BDNF levels secreted by these cells in a concentration-dependent manner ( $N = 4$ ,  $**P < .01$  compared to control, one-way ANOVA with post hoc Bonferroni's multiple comparisons test). Data shown as mean + SEM. The chemical structures of SC-58125 and dmPGE<sub>2</sub> are shown in the insets

signaling, we treated the rat primary hippocampal cells (DIV14) with 16,16-dimethyl PGE<sub>2</sub> (dmPGE<sub>2</sub>)—a stable form of PGE<sub>2</sub> for longer drug exposure—overnight and measured the BDNF levels in the culture medium using ELISA. We found that PGE<sub>2</sub> treatment increased the levels of BDNF secreted by these primary hippocampal cells in a concentration-dependent manner when compared to the control (Figure 2B). These in vitro and in vivo findings reveal that COX-2 enzymatic activity is necessary for BDNF production in the hippocampus following SE, and PGE<sub>2</sub> alone is sufficient to stimulate the synthesis of BDNF by the hippocampal cells.

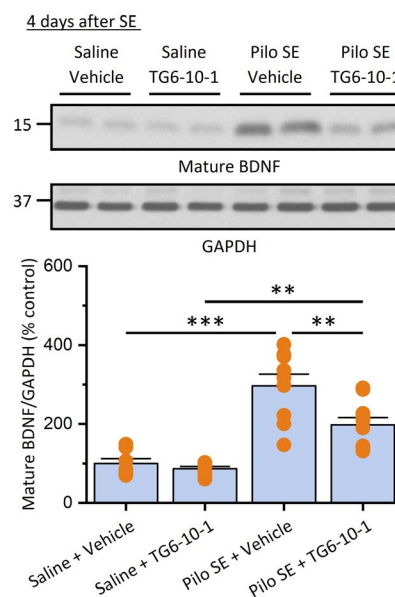
## A Pilocarpine SE in mice



## B Pilocarpine SE in mice



## C Pilocarpine SE in mice



**FIGURE 3** EP2 receptor inhibition blocks BDNF production after pilocarpine SE in mice. A, SE was induced in mice by pilocarpine (280 mg/kg, ip), allowed for 60 min, and terminated by sodium pentobarbital (30 mg/kg, ip). Mice were then treated by EP2 receptor antagonist TG6-10-1 (5 mg/kg, ip) twice daily. mRNA of BDNF in the hippocampus was measured by qPCR 1 d or 4 d after SE. The seizure-induced BDNF mRNA was decreased by TG6-10-1 treatment at 1 day ( $N = 5-6$ ,  $P = .348$  compared to vehicle treatment, unpaired t test) and 4 d ( $N = 8-9$ ,  $P = .046$  compared to vehicle treatment, unpaired t test) after SE. The chemical structure of EP2 antagonist TG6-10-1 is displayed. B, The BDNF protein in the hippocampus was measured by ELISA 4 d after pilocarpine SE in mice. TG6-10-1 treatment prevented SE-induced BDNF at the protein level ( $N = 8-9$ ,  $*P < .05$ ;  $**P < .01$ ;  $***P < .001$ , one-way ANOVA with post hoc Bonferroni's multiple comparisons test). C, The BDNF protein in the hippocampus was also measured by Western blot analysis. Two representative samples from each of the 4 experimental groups are shown on the blots. The immunoblots were scanned, and the band intensities were quantified using ImageJ. The relative protein levels of mature BDNF were normalized to GAPDH and then to their basal levels. TG6-10-1 treatment prevented SE-induced mature BDNF ( $N = 8-9$ ,  $**P < .01$ ;  $***P < .001$ , one-way ANOVA and post hoc Bonferroni's multiple comparisons test). All data shown as mean + SEM

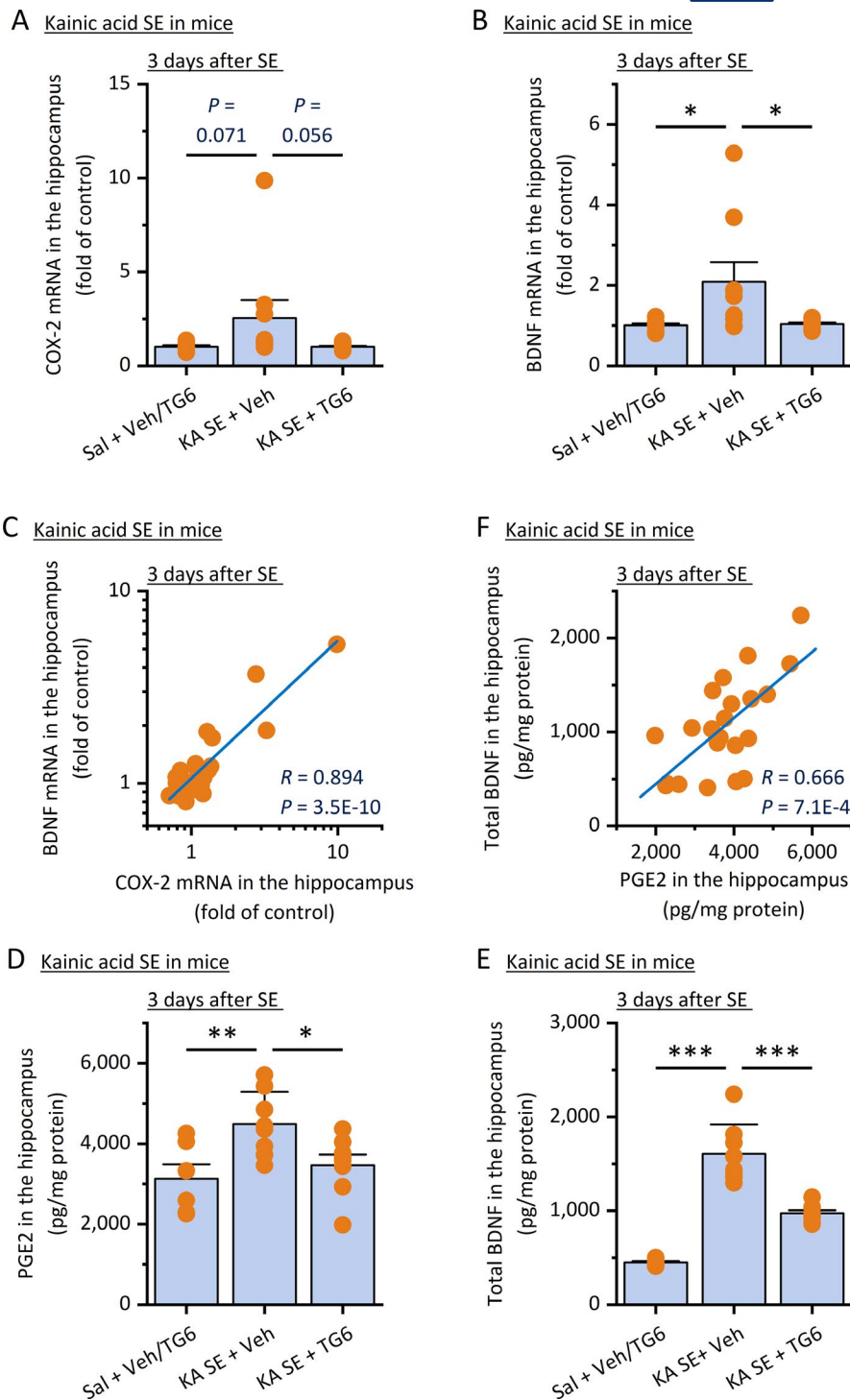
### 3.3 | EP2 receptor inhibition impairs BDNF expression in the hippocampus after SE

Among the four PGE<sub>2</sub> receptor subtypes, EP2 is coupled to Gα<sub>s</sub> and regulates a wide range of pathophysiological events in the brain via initiating cAMP signaling pathways.<sup>4,26,33,34</sup> It has been well known that BDNF expression can be regulated by a number of transcription factors, among which the cAMP response element-binding protein (CREB) is the most studied and can be activated by protein kinase A (PKA) upon cAMP binding<sup>35</sup>; the increased BDNF via TrkB in turn can stimulate CREB phosphorylation and activation

via a calcium/calmodulin-dependent kinase IV (CaMKIV).<sup>36</sup> However, whether EP2 receptor contributes to cAMP pathway-mediated BDNF upregulation and TrkB signaling remains unknown. Therefore, we next wanted to determine whether PGE<sub>2</sub> signaling via EP2 receptor is involved in seizure-induced BDNF/TrkB signaling following SE.

SE was first induced in mice by systemic injection of pilocarpine (280 mg/kg, ip) and terminated by sodium pentobarbital (30 mg/kg, ip) 60 minutes later. Mice were then treated by our recently developed selective EP2 receptor antagonist TG6-10-1 (5 mg/kg, ip) twice daily. The mRNA levels of BDNF in the hippocampus were measured by qPCR 1 day and 4 days

**FIGURE 4** EP2 inhibition reduces BDNF production after kainic acid SE in mice. SE was induced in mice by kainic acid (KA, 30 mg/kg, ip), allowed for 60 min, and interrupted by diazepam (10 mg/kg, ip). Mice were then treated with TG6-10-1 (5 mg/kg, ip) twice daily for 3 d. The hippocampal expression of COX-2 (A) and BDNF (B) was measured by qPCR for their mRNA levels and compared (N = 8-10, \* $P < .05$ , one-way ANOVA with post hoc Bonferroni's multiple comparisons test). Data are shown as mean + SEM. C, A positive correlation between COX-2 and BDNF mRNA levels in the hippocampus was uncovered by Pearson correlation coefficient analysis ( $R = .894$ ,  $P = 3.5E-10$ ). The levels of PGE<sub>2</sub> (D) and total BDNF protein (E) in the hippocampus were also measured by ELISA. TG6-10-1 reduced both levels of PGE<sub>2</sub> and total BDNF protein in the hippocampus (N = 6-8, \* $P < .05$ ; \*\* $P < .01$ ; \*\*\* $P < .001$ , one-way ANOVA with post hoc Bonferroni's multiple comparisons test). Data are shown as mean + SEM. F, A positive correlation between PGE<sub>2</sub> and total BDNF protein levels in the hippocampus was revealed by Pearson correlation coefficient analysis ( $R = .666$ ,  $P = 7.1E-4$ ). Note that data from the two saline control groups did not show any significant difference to each other and thus were pooled for comparisons to the SE groups



after SE, as we formerly reported that the post-SE treatment with this EP2 antagonist significantly decreased the induction of a number of pro-inflammatory cytokines and gliosis markers at 4 days—but not 1 day—after pilocarpine SE.<sup>29</sup> In line with these previous findings, we found that the TG6-10-1-treated mice only showed a trend of decrease in hippocampal BDNF mRNA expression at 1 day after SE when compared to their vehicle-treated peers. However, at 4 days after SE, TG6-10-1 treatment nearly fully prevented the BDNF mRNA induction in the hippocampus (Figure 3A). Results from ELISA further

revealed that the total BDNF protein level in the hippocampus was increased almost threefold at 4 days after pilocarpine SE when compared to the saline-treated animals. However, systemic treatment with TG6-10-1 largely decreased SE-induced BDNF in the hippocampus by nearly 60% compared to vehicle-treated mice, measured also at 4 days after SE (Figure 3B). In line, the Western blot analysis revealed that the mature form of BDNF was increased about threefold in the hippocampus four days after pilocarpine SE; TG6-10-1 treatment considerably decreased SE-induced mature BDNF in the hippocampus



by about 50% when compared to vehicle treatment (Figure 3C). It should also be noted that this administration regimen of the EP2 antagonist did not completely eliminate the SE-induced BDNF protein increase in the hippocampus as either total or mature form, shown by the considerable difference between the two TG6-10-1 treatment groups ( $P < .05$ , Figure 3B;  $P < .01$ , Figure 3C).

Though pilocarpine is a commonly used chemoconvulsant for seizure induction in animals, it would be important to validate these findings derived from pilocarpine models using another proconvulsive agent to avoid any model-specific results and conclusions. We next examined the effect of EP2 inhibition on BDNF expression in the hippocampus after SE triggered by kainic acid. Young adult mice were systemically treated with kainic acid (30 mg/kg, ip) to induce SE for 60 minutes, which was interrupted by diazepam (10 mg/kg, ip). Animals were then treated with EP2 antagonist TG6-10-1 (5 mg/kg, ip) twice daily, and the BDNF expression was assessed by qPCR and ELISA 3 days after SE. The 3-day post-SE time point was chosen for this study because we previously reported that the treatment with this EP2 antagonist showed significant anti-inflammatory effects and other benefits, evaluated 3 days after kainic acid-induced SE in mice.<sup>24</sup> In line with the findings in pilocarpine models, a one-hour episode of SE by kainic acid showed an evident trend of increase in hippocampal COX-2 mRNA levels at 3 days after SE ( $P = .071$ , Figure 4A) and was able to double the BDNF mRNA expression in the hippocampus ( $P < .05$ , Figure 4B). However, TG6-10-1 treatment afforded a trend in decreasing the COX-2 mRNA expression ( $P = .056$ , Figure 4A) and completely prevented the induction of BDNF mRNA in the hippocampus 3 days after SE when compared to the vehicle treatment ( $P < .05$ , Figure 4B). Interestingly, there was a positive correlation between COX-2 and BDNF mRNA expression levels in the hippocampus ( $R = .894$ , Figure 4C). The ELISA results revealed that TG6-10-1 treatment for three consecutive days was also able to largely prevent the seizure-induced production of PGE<sub>2</sub> (Figure 4D) and the total BDNF (Figure 4E) in the hippocampus. Consistently, Pearson's analysis revealed a strong positive correlation between PGE<sub>2</sub> and BDNF protein levels in the hippocampus ( $R = .666$ , Figure 4F). These findings from the three different animal models of SE together suggest that EP2 receptor might be a dominant PGE<sub>2</sub> receptor that mediates COX-2-directed BDNF synthesis in the hippocampus following prolonged seizures.

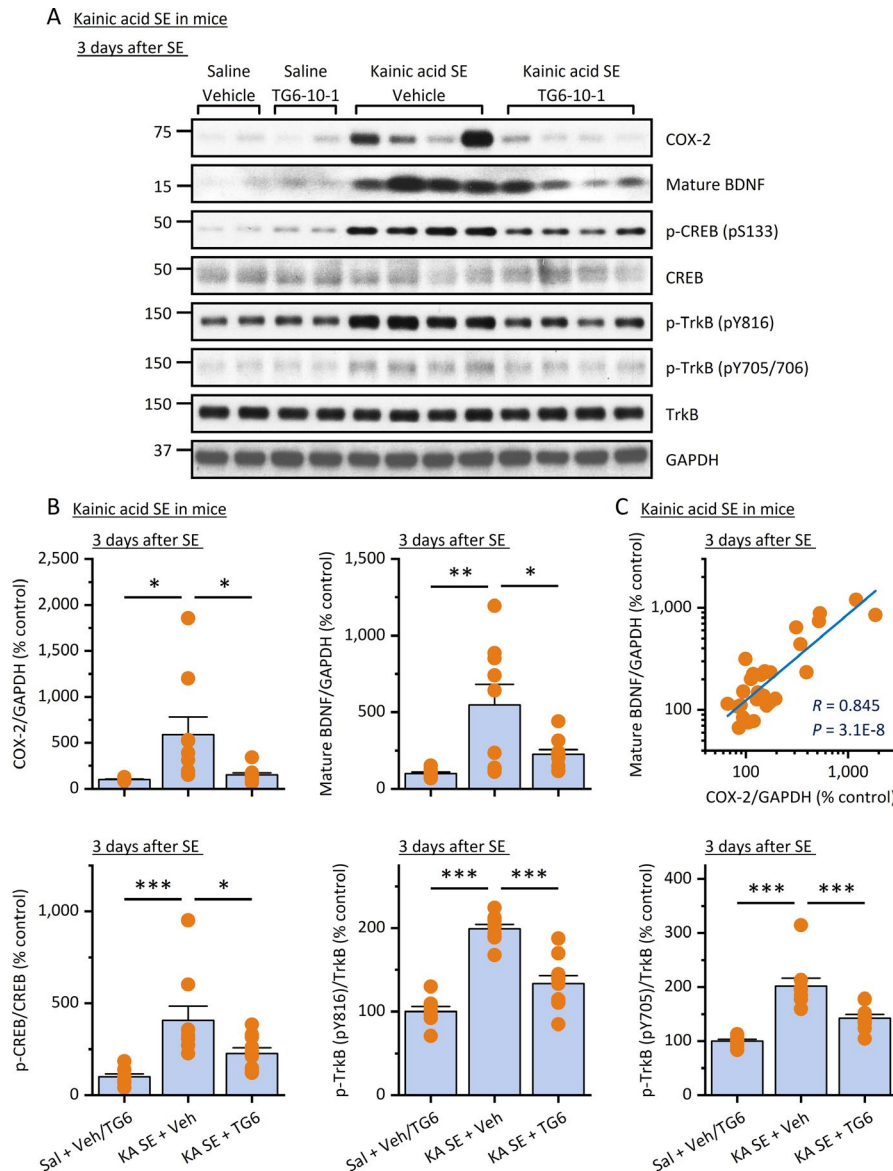
### 3.4 | PGE<sub>2</sub> signaling via EP2 regulates CREB/BDNF/TrkB signaling following SE

We next used Western blot analysis to further examine the protein expression of COX-2 and BDNF in the hippocampus

after kainic acid-induced SE in mice (Figure 5A). We found that both COX-2 and mature BDNF were increased 5-6 times in the hippocampus at the protein level three days after kainic acid SE (Figure 5B). In line, TG6-10-1 treatment nearly completely prevented the induction of COX-2 and mature BDNF in the hippocampus following kainic acid SE in mice when compared to vehicle treatment (Figure 5B), and their expression levels showed a strong correlation revealed by Pearson's analysis ( $R = .845$ , Figure 5C). As a G<sub>αs</sub>-coupled receptor, the activation of EP2 can stimulate cAMP synthesis, leading to a variety of intracellular effects mediated by two cAMP-binding effector proteins: cAMP-dependent protein kinase (PKA) and exchange protein directly activated by cAMP (EPAC).<sup>34</sup> Upon cAMP binding, the activated PKA is translocated to the nucleus, where it phosphorylates transcription factors responsive to cAMP such as the cAMP response element-binding (CREB) protein. In line with the previous finding that seizure activity can activate CREB,<sup>37</sup> our results show that kainic acid-induced SE significantly increased the phosphorylation of CREB (pS133) in the hippocampus without altering the expression of total CREB (Figure 5A). However, this activated form of CREB was largely reduced by systemic treatment with TG6-10-1 (Figure 5B). EP2 inhibition by TG6-10-1 also decreased SE-induced TrkB activation in the hippocampus, demonstrated by a significant reduction in phosphorylated forms of TrkB (both pY816 and pY705/706), detected 3 days after SE (Figure 5A); however, TG6-10-1 treatment did not alter the total TrkB expression (Figure 5B). These findings together suggest that EP2 receptor activation should largely be responsible for the COX-2 activity-mediated cAMP/CREB/BDNF/TrkB pathway in the hippocampus following SE. Therefore, the EP2 receptor inhibition might represent a novel strategy to suppress the BDNF/TrkB signaling-mediated pathogenesis in the brain after prolonged seizures.

## 4 | DISCUSSION

Utilizing pharmacological approaches and three classical chemoconvulsant animal models, the present study specifically aimed to investigate the role of COX/PGES/PGE<sub>2</sub>/EP signaling axis in the regulation of BDNF/TrkB signaling following prolonged seizures. We discovered that COX-2, mPGES-1 and BDNF were rapidly upregulated in the hippocampus at both mRNA and protein levels in a very similar time-dependent manner following SE onset but with COX-2 leading BDNF and mPGES-1 temporally as well as quantitatively. Based on our findings that COX-2 inhibition by compound SC-58125 prevented BDNF elevation in the hippocampus following SE and that PGE<sub>2</sub> alone was sufficient to directly stimulate hippocampal cells to secrete BDNF in primary cultures, we hypothesized that a cAMP signaling



**FIGURE 5** EP2 inhibition decreases BDNF/TrkB signaling following SE. A, Three days after kainic acid (KA) SE in mice, the COX-2, mature BDNF, and activated CREB (pS133) and TrkB (pY816 and pY705/706) were measured by Western blot analysis. Representative samples from each of the 4 treatment groups are shown on the blots. B, The immunoblots were scanned, and the band intensities were quantified using ImageJ. The relative protein levels of COX-2 and mature BDNF were normalized to GAPDH and then to their basal levels; the phosphorylated forms of CREB and TrkB were normalized to their total proteins and then to their basal levels. TG6-10-1 treatment prevented SE-induced COX-2, mature BDNF, and the phosphorylated forms of CREB and TrkB ( $N = 8-10$ ,  $*P < .05$ ;  $**P < .01$ ;  $***P < .001$  compared with control, one-way ANOVA and post hoc Bonferroni's multiple comparisons test). All data are shown as mean + SEM. Note that data from the two saline control groups did not show any significant difference to each other and thus were pooled for comparisons to the SE groups. C, A positive correlation between COX-2 and mature BDNF levels in the hippocampus was identified by Pearson correlation coefficient analysis ( $R = .845$ ,  $P = 3.1E-8$ )

pathway initiated by  $PGE_2$  might be involved in BDNF/TrkB signaling in the hippocampus following SE. Using a novel bioavailable and brain-permeable small-molecule antagonist that we recently developed to suppress inflammation within the brain, TG6-10-1, we found that pharmacological inhibition of the  $G_{\alpha_s}$ -coupled  $PGE_2$  receptor EP2 decreased SE-triggered BDNF/TrkB activation in the hippocampus. Our findings established the COX-2/ $PGE_2$ /EP2 axis as an important upstream pathway that is immediately triggered by

prolonged SE and plays an essential role in the regulation of hippocampal BDNF/TrkB signaling prior to epileptogenesis.

#### 4.1 | COX-2 as a conventional target

Mounting evidence from numerous preclinical and clinical studies indicates that inflammation in the CNS is an intrinsic characteristic of the neuronal hyperexcitability in epilepsy of

various etiologies.<sup>38,39</sup> The pro-inflammatory mediators that have been reported to contribute to the precipitation of acute seizures and potentially acquired epileptogenesis include interleukin-1 $\beta$  (IL-1 $\beta$ ), IL-6, tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), transforming growth factor- $\beta$  (TGF- $\beta$ ), high mobility group box 1 (HMGB1), and Toll-like receptor 4 (TLR4).<sup>3,40</sup> The inducible COX isozyme, COX-2, sits atop another large inflammatory signaling axis associated with epileptic seizures. Treatment with selective COX-2 inhibitor celecoxib decreased the BDNF induction in the hippocampal dentate gyrus in rats that were treated by kainic acid.<sup>21</sup> As a major prostanoid product of COX-2 in the brain, PGE<sub>2</sub> often functions as a chief executor of COX-2 cascade-dictated neuropathogenesis.<sup>4,32</sup> SE induced by electrical stimulation substantially increased the expression of COX-2, leading to the synthesis of PGE<sub>2</sub> in the hippocampal subregions in rats; the COX inhibition by flurbiprofen decreased the levels of PGE<sub>2</sub> as well as SE-induced BDNF in the hippocampus.<sup>41</sup> In line, we found that the selective COX-2 inhibition by SC-58125 largely prevented the production of hippocampal BDNF in rats experienced pilocarpine-induced SE. It seems that inhibiting COX-2 might represent a strategy to prevent the elevated BDNF/TrkB signaling after SE.

## 4.2 | EP2 as an emerging target

In addition to PGE<sub>2</sub>, COX-2 enzymatic activity also leads to the syntheses of the other four prostanoids—that is, PGD<sub>2</sub>, PGF<sub>2 $\alpha$</sub> , PGI<sub>2</sub>, and TXA<sub>2</sub>—that can mediate a number of pro- and anti-inflammatory effects depending on their downstream receptors involved.<sup>4</sup> Therefore, targeting COX-2 for controlling BDNF/TrkB signaling after SE may not provide sufficient therapeutic specificity and could theoretically cause untoward effects. The past two decades also witnessed the growing recognition of the undesirable effects of selective COX-2 inhibitors on microvessels, leading to enormous risks for severe cerebrovascular and cardiovascular incidents.<sup>42</sup> The finding that post-SE treatment with our newly developed bioavailable brain-permeable small-molecule antagonist TG6-10-1 substantially impaired the seizure-triggered BDNF/TrkB signaling suggests that the upregulation of BDNF production by COX-2 should largely be attributed to the EP2 receptor activation by PGE<sub>2</sub>. Therefore, targeting the EP2 receptor for abnormal BDNF/TrkB signaling provides an alternative strategy to COX-2 inhibition with higher specificity. However, it should also be noted that neither COX-2 inhibition by SC-58125 nor EP2 antagonism by TG6-10-1 was able to completely block the protein elevation of hippocampal BDNF after SE (Figures 2A,3B,C and 4E) and the consequent activation of CREB and TrkB (Figure 5), thought its mRNA increase can be fully prevented by inhibiting EP2 with TG6-10-1 (Figures 3A and 4B). These seemingly

contradicting outcomes from the transcriptional and translational measures might suggest that some mechanisms that are independent of the COX-2/PGE<sub>2</sub>/EP2 axis could also be involved in the seizure-induced BDNF/TrkB signaling.

## 4.3 | Using multiple models of SE

Both pilocarpine and kainic acid are commonly used to induce prolonged seizures in experimental mice and rats. These two animal models of SE share some important commonalities that simulate human SE conditions: (a) without intervention SE induced by pilocarpine and kainic acid can sustain for hours; (b) SE is often followed by a latent period without animals showing obvious seizure-like activities for days to weeks; (c) prolonged SE (>45 minutes) causes long-lasting inflammation and profound neuronal injury within the brain; and (d) survival animals after SE gradually develop unprovoked seizures that often recur with increasing frequency and without remission.<sup>43–45</sup> However, the proconvulsant effect of pilocarpine is derived from its capability to activate the muscarinic acetylcholine receptor subtype M1<sup>46</sup>; whereas kainic acid induces experimental seizures via acting on the glutamate receptor subtype GluK1 in interneurons and GluK2 in principal neurons.<sup>47,48</sup> Thus, these two common chemoconvulsants are very likely to have different central and peripheral effects. As such, more than 95% of gene expression alterations in dentate granule cells of the hippocampus detected after kainic acid, pilocarpine, or electrically triggered SE are quite different,<sup>49</sup> highlighting the fundamental discrepancies among these preclinical models and attesting to the value of using multiple animal models in proof-of-concept studies. In the present study, both kainic acid and pilocarpine-induced prolonged seizures caused a significant upregulation of BDNF/TrkB signaling in the hippocampus, suggesting that the expression change of BDNF was immediately caused by seizure activities but not directly by the chemoconvulsants themselves. EP2 inhibition by TG6-10-1 was able to largely prevent the BDNF induction in the hippocampus following both kainic acid and pilocarpine-induced prolonged seizures, indicating that these findings are unlikely model-specific; using both mice and rats in this study lowered the likelihood that our discoveries are species-specific. Importantly, these results together also exclude a direct effect of TG6-10-1 on either glutamate system or acetylcholine system; rather, the anti-BDNF/TrkB effect of EP2 inhibition was likely derived from a repressive action on cAMP production and its downstream effectors. As a limitation, due to the scope of this study, we did not verify the involvement of EP2 receptor in hippocampal BDNF induction and the consequent phosphorylation of CREB and TrkB following SE triggered by electrical stimulation, in which COX activity was also required for the BDNF synthesis.<sup>41</sup>

#### 4.4 | Selective EP2 inhibition

EP2 and EP4 receptors share common natural ligand (ie, PGE<sub>2</sub>) and are both coupled to G<sub>α<sub>s</sub></sub> mediating cAMP signaling pathways. We previously reported that the compound TG6-10-1, as a competitive antagonist, was more than 600-fold selective for EP2 over EP4.<sup>23</sup> With systemic administration (5 mg/kg, ip) in mice, TG6-10-1 should not show any inhibition on EP4 receptor *in vivo*, as its maximal concentration in the brain was well below its EP4 Schild  $K_B$  value.<sup>30</sup> Therefore, its inhibitory effect on BDNF production and TrkB activation in the brain should mainly be attributed to its action on the EP2 receptor subtype. However, selectively blocking EP2 receptor by TG6-10-1 after SE did not fully prevent the elevation of BDNF protein expression in the hippocampus (Figures 3B,C and 4E), nor did it completely revert the consequent phosphorylation of CREB and TrkB receptor in the same brain area after SE (Figure 5). Thus, it is likely that EP4, as the other G<sub>α<sub>s</sub></sub>-coupled PGE<sub>2</sub> receptor subtype, might also contribute to the seizure-promoted BDNF elevation. Future studies should be directed to investigate this possibility in order to fully understand the molecular mechanisms whereby COX-2/PGE<sub>2</sub> axis regulates TrkB signaling.

Furthermore, we previously revealed that even at a very high concentration (10 μmol/L), TG6-10-1 had negligible effect on the enzymatic activities of COX-1 (~7% inhibition) and COX-2 (~14% inhibition).<sup>23</sup> Thus, it is very unlikely that TG6-10-1 decreased hippocampal BDNF expression after SE via directly inhibiting the two COX enzymes. However, EP2 receptor inhibition by TG6-10-1 led to a significant reduction in the expression of a number of important pro-inflammatory mediators including COX-2 and PGE<sub>2</sub> within the brain after prolonged seizures (Figures 4A,D and 5A,B).<sup>23,24,50</sup> Therefore, the reductive effects of TG6-10-1 on COX-2 expression and PGE<sub>2</sub> production might indirectly contribute to its inhibitory effect on hippocampal BDNF expression following prolonged seizures.

## 5 | CONCLUSIONS

Post-SE treatment with TG6-10-1 decreased the phosphorylation of CREB, which was used to indicate its activation in the hippocampus after SE. It is well known that the activation of CREB can upregulate BDNF expression and the consequent TrkB activation,<sup>35</sup> which in turn can increase CREB phosphorylation and activation through a CaMK-dependent mechanism.<sup>36</sup> However, whether G<sub>α<sub>s</sub></sub>-coupled EP2 receptor regulates BDNF/TrkB signaling following SE via activating the cAMP/PKA/CREB pathway and whether inhibiting CREB activity can block seizure-promoted BDNF/TrkB signaling remain to be determined for the future studies. Nonetheless, our findings suggest that COX-2 via PGE<sub>2</sub>/EP2

signaling regulates the hippocampal BDNF/TrkB pathway following prolonged seizures. Thus, EP2 inhibition by our brain-permeable antagonists such as TG6-10-1 might provide a novel strategy to suppress the abnormal TrkB activity during acquired epileptogenesis.

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### CONFLICT OF INTEREST

None of the authors has any conflict of interest to disclose. We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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