CHEMICAL REVIEWS

The Magic of Bicelles Lights Up Membrane Protein Structure

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1. INTRODUCTION

1.1. Why Study Membranes and Membrane Proteins?

Biological membranes and membrane proteins, responsible for numerous exciting biological processes, present one of the paramount challenges in biophysics today. Membranes are present in great number and variety in all organisms. They form the boundary between the inside and outside for any bacterium or cell, and they delimit the host of organelles that make up their inner subunits. Each biological membrane is made up of dozens of different types of lipids and sterols, and any particular type of membrane has a characteristic content of these different constituents. As a very basic example, we mention that prokaryotic membranes contain a notable component of negatively charged lipids but almost no cholesterol, while eukaryotic membranes are mostly zwitterionic but have a significant amount of cholesterol. Since the driving biophysical principles of membrane formation are very simple-they lie in the amphipathic properties of any lipid molecule-a single lipid type is sufficient to form membrane-like bilayers in an aqueous environment. Such model membranes are used extensively to study biophysical properties that are representative for most membrane systems. A particularly interesting effect is observed when detergent molecules are added to lipid bilayer samples: the detergents solubilize the bilayers, and in certain regimes socalled bilayered mixed micelles or "bicelles" are formed. In the simplest case, they can be described as microscopic disks where a bilayer patch is encircled by a "rim" of detergent molecules. Bicelles represent a new instance of lipid morphology and are extensively applicable to structural studies of lipid membranes and protein structure.¹

Membranes delimit any cell and all of its compartments. They form natural borders for metabolic substances and signaling molecules. Membrane proteins are the porters and gatekeepers that make sure that only proper molecules or signals make it across the membrane. Since membrane proteins perform numerous key functions in cell metabolism and signaling, they contribute over 30% of the genes in typical eukaryotic genomes,² and they form the targets for over 50% of

Received: February 14, 2012

Published: August 24, 2012



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drugs in use today.³ The number of elucidated structures of membrane proteins has grown exponentially after the first structure was published in 1985, thus equaling the rate at which structure determination of soluble proteins emerged early on.⁴ Still, the number of available high-resolution structures of membrane proteins is limited. There are Internet sites that keep track of newly published structures of membrane proteins. The crystallography-oriented Web site of Dr. Stephen White [http://blanco.biomol.uci.edu/mpstruc] has recently been joined by another site maintained by Dr. Dror Warschawski that is dedicated to structures of membrane proteins elucidated by nuclear magnetic resonance (NMR) spectroscopy [www. drorlist.com/nmr/MPNMR.html]. Another equally important site of Dr. Hartmut Michel [www.mpibp-frankfurt.mpg.de/ michel/public/memprotstruct.html] with an emphasis on crystallization conditions is no longer updated, but states that access is still enabled.

In this review article, we aim to give a general overview of lipid bicelles as employed in the study of protein structure. Recent advances in the field of protein structural biology that have been made possible by exploiting the unique properties of lipid bicelles, in both solution and solid-state NMR spectroscopy, will be discussed. During the last five years, review contributions have presented bicelles either within the far more general context of reconstitution media for solution NMR studies (see section 1.4) or have focused on macroscopically aligned bicelles as used for solid-state NMR studies.^{5,6} One very recent contribution has tackled the formidable task of reviewing all membrane mimetics employed in both solution and solidstate NMR studies.7 As mentioned above, we will limit the contents of this review article to applications of lipid bicelles, but will cover both the isotropic and the aligned bicelles as used in NMR studies. Some parts of this article can be viewed as an update on the review articles of Opella and Marassi,⁸ Marcotte and Auger,⁹ and Prosser et al.¹⁰ In addition, some of our own recent research involving bicelles is presented in detail.

1.2. Understanding Atomistic-Level Structures Is Important

The intrinsic properties of a cell membrane originate from interactions among molecules like amphipathic lipids, polysaccharides, cholesterol, proteins, and water. Since the chemical and physical properties of these molecules differ considerably, the minimum free energy of mixing corresponds to a heterogeneous cell membrane. Domains rich in protein, cholesterol and anionic lipids, and rafts have been reported to play important roles in biological activities of cells which have direct implications in viral infection, bacterial infection, amyloid toxicity related to aging diseases, and cancer.¹¹⁻¹³ For example, the presence of charged lipids in bacterial cell membranes and their absence in mammalian cell membranes are one of the key factors in the selectivity of antimicrobial peptides. Likewise, cholesterol present in mammalian and absent in bacterial cell membranes has been shown to have a similar influence on the selectivity of antimicrobial peptides.¹⁴ In addition, the process of folding, misfolding or refolding, and aggregation of amyloidogenic proteins in cell membranes is different from that in solution, and also depends on the composition of the cell membrane.¹⁵ Needless to mention that the secondary and tertiary structures of proteins can be different when they associate with the cell membrane. Therefore, high-resolution structure of individual molecules and their orientation in a membrane environment could reveal the factors that drive the molecular association and their function in this heterogeneous

membrane environment. While solving the atomic-level structure of a membrane protein still remains a big challenge for most biophysical techniques, the increasing number of structures determined by X-ray and NMR studies continue to shed light on the functional aspects of membrane proteins. For example, the reported high-resolution structure of the potassium channel forming membrane protein^{16–18} has provided insights into the geometry of the channel, ion selectivity, interactions between lipids and the protein, and the role of individual amino acids in the transportation of potassium ions.

1.3. NMR Is an Ideal Technique to Measure Structure and Dynamics

NMR spectroscopy has played a pivotal role in the structure determination of a host of biomacromolecules, ranging from proteins to nucleic acids. Importantly, NMR spectroscopy has provided scientists with detailed structural and dynamical information that is inaccessible through other biophysical means. First and foremost, X-ray crystallography has elucidated a tremendous number of protein structures in high resolution. The environment of a protein crystal, however, is far from physiological and may shadow important aspects, especially of protein dynamics. In this respect, NMR spectroscopy is both an alternative as well as a complement to X-ray crystallography. The branch of NMR spectroscopy that deals with molecules in solution is known as solution-state NMR spectroscopy. It offers varied, well-tested, and sophisticated tools,19-25 to routinely deal with any soluble protein that does not exceed a certain molecular weight. The upper limit for molecular weight is currently around 100 kDa²⁶ and is continually pushed higher. Lipid membranes are typically not amenable to be studied by solution-state NMR spectroscopy, since they are well above the molecular weight limit. It is often possible, though, to study the structure of membrane proteins when they are solubilized by properly chosen detergents.²⁷ Membrane proteins are notoriously hard to study since their highly hydrophobic nature routinely causes misfolding and aggregation, making it very hard to crystallize them in sufficient quality for X-ray diffraction.²⁸ In addition, their slow reorientation in a membrane environment prohibits the use of well-established solution-state NMR methodology. The branch of solid-state NMR spectroscopy is rapidly evolving to deal with membrane proteins that are beyond the size limit for solution-state NMR spectroscopy.

Since the NMR observables chemical shift anisotropy and dipolar coupling are sensitive to both the chemical environment and molecular motions, they can be used to probe molecular structure and dynamics associated with biological processes such as ligand binding, conformational exchange and proteinprotein interactions. One of the unique advantages of NMR spectroscopy is its ability to interrogate molecular dynamics over a wide range of time scales. Through NMR, motions from nanosecond to microsecond time scales can be probed via measuring different NMR parameters such as spin-lattice relaxation (T_1) , spin-spin relaxation (T_2) , relaxation in the rotating frame $(T_{1\rho})$, residual dipolar couplings, and quadrupolar coupling (for nuclei with spin > 1/2). Thus, NMR spectroscopy is able to paint a very detailed picture of a system, where structure and dynamics as well as function can be correlated. Membrane proteins exhibit a broad time scale of dynamics and these motions highly influence the function of the protein: The residues in transmembrane segments generally

undergo restricted motion on a fast time scale (picosecondnanosecond), while soluble domains show large amplitude motions with slower correlation times. Loop regions move with intermediate amplitudes on intermediate time scales since they are anchored at transmembrane segments. The entirety of domains may perform collective motions like conformational changes at very slow time scales (microsecond). Typical dynamic properties of different regions were quantified on bacteriorhodopsin by extensive ¹³C NMR studies.^{29,30} Therefore, NMR techniques are well suited to study the dynamical structures of membrane proteins. Another unique advantage of NMR spectroscopy is that it can determine the orientation of a membrane protein relative to the lipid bilayer.

In the context of NMR studies of membrane proteins, lipid bicelles have opened completely new ways of preparing samples for NMR studies. This is mostly because the size of lipid bicelles can be custom-tailored for specific tasks. An additional unique property of certain bicelle preparations is their propensity to macroscopically align when brought into an external magnetic field. As a consequence, bicelles disobey the traditional classification of NMR experiments and notoriously cross the border between solution-state and solid-state NMR spectroscopy. Figure 1 gives a graphic overview of the position



Figure 1. A schematic overview of the use of lipid bicelles in the study of structure and dynamics of membrane proteins using NMR spectroscopy.

of lipid bicelles in NMR studies of membrane proteins. Care must be taken to prepare a well-behaved sample for successful structural studies using NMR spectroscopy. As is the case in the study of any membrane protein, the protein needs to be supplied in sufficient amount and purity, needs to have a specific isotope labeling scheme, and needs to be properly folded and reconstituted. Only then can it be taken into formulations that are suitable for NMR spectroscopy. Typically, those have been detergent micelles for solution NMR studies, and multilamellar vesicles (MLVs) of lipid for solid-state NMR studies. Lipid bicelles open a middle ground between these two model membranes, namely, micelles and MLVs. Since their size can be chosen to be small enough to tumble quickly on the NMR time scale, small bicelles (also known as isotropic bicelles) can be investigated using solution NMR experiments. Larger bicelles, especially when aligned macroscopically, are

amenable to static solid-state NMR spectroscopy. In addition, magic angle spinning (MAS) NMR experiments can be applied to lipid bicelles.

1.4. Need for Excellent Model Membranes

The overall architecture of membrane proteins shows little variation: integral membrane proteins transverse the lipid bilayer of the cell membrane either as a single α -helix, or as a bundle of α -helices, or they form β -barrels. Since the differences in membrane protein architecture responsible for a specific function are often subtle, excellent model membrane systems are needed. In addition, the secondary and tertiary structures, folding, aggregation, dynamics, stability, orientation, and function of a membrane protein highly depend on the nature of the membrane environment. This is true even if membrane proteins are intrinsically tolerant to changes in the composition of the surrounding membrane.³¹ For example, the choice of a good detergent system was found crucial in studies of the enzyme PagP, an integral membrane protein forming a β -barrel. The detergent used initially was found to deactivate the enzyme because its structure is too similar to the substrate. Only with a more distinct detergent could an active enzyme be studied.³² Likewise, specific polyunsaturated side chains are present at high molar ratios in the lipids of rod outer segment disk membranes and accumulate near rhodopsin, an integral α helical membrane protein.^{33,34} In the case of the antimicrobial peptide gramicidin A, suitable conditions had to be established to distinguish the physiologically relevant conformation from other conformations.^{35,36} The general awareness of the distinction between physiologically relevant and other conformations has obviously faded recently and had to be called back to mind.37

Different types of model membranes have been used for NMR studies. The use of TFE/water mixtures is no longer considered to be a good model membrane. Detergent micelles and lipid vesicles have commonly been used in solution and solid-state NMR applications, respectively. While the use of micelles enables the applications of well-established solution NMR techniques, the potential impact of the curvature of micelles on the structural folding remains a concern. Therefore, a planar lipid bilayer is considered to be a better model membrane than a micelle. As mentioned earlier, bicelles that are devoid of acute curvature like a micelle are considered to be a more suitable model membrane for NMR studies. Nevertheless, micelles have been found to be useful in trapping transiently lived helical structures of amyloid proteins that otherwise rapidly convert into β -sheet structures in a lipid bilayer.^{38,39}

The importance of detergents in the study of solubilized membrane proteins has been reviewed,⁴⁰ at times under imaginative titles referring to detergents as "French swimwear"⁴¹ or denying that they are part of a soap opera.⁴² In view of the advantageous properties of bicelles over detergent micelles, another review title states that "small is beautiful, but sometimes bigger is better."⁴³ Two other review contributions have reported on bicelles in the context of membrane mimetics and solubilizing agents for solution NMR spectroscopy.^{26,44} These reviews cover micelle-forming detergents as well as innovative solubilizing approaches other than bicelles, such as in situ NMR,⁴⁵ amphipols,⁴⁶ or nanodisks^{47,48} which are not within the scope of the current review. A comparison of NMR spectra acquired on different membrane proteins in bicelles and nanodisks, both isotropic and aligned, has been performed.⁴⁹ Bicelles were investigated as novel surfactants in the context of

Figure 2. Schematic models for the morphology of bicellar phases with increasing detergent content: multilamellar vesicles (A), with toroidal pores lined up by detergents (B), extended lamellae showing magnetic-alignment (C), chiral nematic "worm-like" ribbons, also magnetically alignable (D), flat disk-like aggregates tumbling isotropically (E), and detergent micelles (F).

cell-free expression of membrane proteins.⁵⁰ Cell-free production of integral membrane proteins in bicelles was compared to production in lipid protein nanodisks as well as micelles and liposomes.⁵¹ Subunits a and c of ATP-synthase have been produced by cell-free synthesis in the presence of bicelles; subunit a was shown to have a similar fold to native protein extracted from bacterial cell walls.⁵²

2. WHAT ARE BICELLES?

When detergent molecules were combined with phospholipids, phases with completely new morphology were found.⁵³ The microscopic details of these morphologies have been researched extensively, and phase diagrams have been established. With the help of small-angle neutron scattering, detailed descriptions have been given for all morphologies.^{9,54} It was demonstrated that short-chain phospholipids can be used as detergent, giving formulations that consist purely of phospholipids.⁵⁵ To date, the combination of dimyristoylphosphatidylcholine (DMPC) as long-chain, bilayer-forming component with dihexanoylphophatidylcholine (DHPC) as detergent component has remained the most popular choice for bicelle formulations. The most important descriptor of bicelle preparations is the molar ratio of long-chain to short-chain component. It is usually denoted as *q*, and in the most common case, it is *q* = [DMPC]/[DHPC].

The specific values of q, hydration level, temperature, ionic strength, etc. determine the microscopic morphology. Figure 2 gives schematic models for important morphologies. The longchain lipid component alone can form MLVs (Figure 2A). An addition of a detergent results in defects within the MLVs⁵⁶ (Figure 2B) since miscibility between lipid and detergent is low. When increasing the detergent content, the vesicles break up and extended lamellae (Figure 2C) or chiral nematic ribbons (Figure 2D) are formed. Both have the propensity for magnetic alignment, usually with the membrane normal directed perpendicular to the external magnetic field direction of an NMR spectrometer (which would be the vertical z-axis in Figure 2). At even higher concentrations of the detergent, aggregates are formed that have a flat, disk-like geometry and tumble isotropically (Figure 2E). It is important to note that the long-chain component in this geometry is still separated from the detergent and forms a lipid bilayer. Pure detergent will form isotropically tumbling detergent micelles (Figure 2F). The term "bicelle" has been introduced to generally denote the phases of long-chain and short-chain components that are separated in bilayer and "rim" or pore portions, respectively.⁵⁷ The term is regularly understood in a more narrow sense to denote only the disk-like, isotropically tumbling aggregates (Figure 2E).

Numerous modifications of bicelles have been developed to make them more closely resemble native biological membranes. The influence of q, hydration level, and temperature on bilayer properties of bicelles has been studied.⁵⁸ For spectroscopic

purposes, it is advantageous to flip magnetically aligned bicelles to make their membrane normal line up with the external magnetic field axis. This can be achieved by adding lanthanide ions^{59,60} or by using lipids with a biphenyl group in one of their acyl chains.^{61,62} Two very recent studies demonstrated that incorporation of Cu²⁺ in a lipid by means of the chelating agent 14:0-PE-DTPA can shorten the T1 relaxation and therefore faster data acquisition is feasible; this approach is attractive as an NMR experiment can be completed faster and therefore a sensitive membrane protein can be preserved from RF-pulse induced sample heating.^{63,64} The magnetic-alignment of bicelles can be influenced by the embedded protein, as was shown for gramicidin A, which causes alignment when embedded in small bicelles that would tumble isotropically in the absence of the protein.⁶⁵ Ether-lipids can be used to increase sample stability,⁶⁶ but have recently been found to alter the structure of an antimicrobial peptide novicidin.⁶⁷ Hybrid bicelles covered with a siloxane ceramic layer were recently shown to increase the stability.⁶⁸ Domain formation could be modeled in bicelle formulations containing unsaturated lipids and cholesterol.⁶⁹

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Considerable effort has been invested to establish bicelles as a membrane mimetic for studies using electron paramagnetic resonance (EPR) spectroscopy. Alignment can be achieved even at a weak magnetic field strength used in X-band EPR measurements.^{70,71} Structural and dynamic properties of the necessary nitroxide spin labels were investigated⁷² and a systematic comparison with NMR results was performed.⁷³ The conformation of a nitroxide spin label in the homodimeric protein CylR2 was compared in NMR, EPR, and X-ray crystallographic conditions.⁷⁴

Other innovative applications of bicelles outside of NMR spectroscopy include the crystallization of membrane proteins from bicelle formulations,^{75–78} the use of bicelles as delivery vehicles for membrane proteins to oocyte membranes,⁷⁹ and the use of bicelles as templates for the synthesis of platinum nanowheels.^{80,81} Today, the term "bicelle" has become so popular that it was even applied to flat, disk-like aggregates formed by linear peptide copolymers with different length hydrophobic and hydrophilic portions.⁸² The potential pharmaceutical application of bicellar formulations to the skin has been investigated in detail and has been reviewed.⁸³ A study involving the drug diclofenac has investigated bicelles as drug carriers in dermal applications.⁸⁴

3. AN OVERVIEW OF THE USE OF BICELLES IN THE STRUCTURAL STUDIES OF PROTEINS

Bicelles are used in a number of ways in the study of proteins, be it a globular or a membrane protein. Figure 3 gives a cartoon overview of the different approaches. In general, both isotropically tumbling as well as magnetically aligned bicelles are valuable tools to study proteins. Membrane proteins can be embedded in both isotropic (Figure 3C) and aligned bicelles

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Figure 3. Proteins can be studied in numerous ways employing bicelles. Membrane proteins can be macroscopically oriented using magnetically aligned bicelles (A). Magnetically aligned bicelles can also be used to give a residual preferential orientation to globular proteins (B). Membrane proteins can be studied in isotropically tumbling bicelles (C). The combination of isotropic bicelles and globular proteins can be used to study membrane binding (D).

(Figure 3A), enabling their study by methods of solution-state or solid-state NMR spectroscopy, respectively. Globular proteins are often studied in the presence of magnetically aligned bicelles (Figure 3B). The aligned bicelles impose a weak orientational preference onto the proteins which can be detected in suitable solution-state NMR spectra. Furthermore, membrane interaction of soluble proteins can be studied in the presence of isotropic bicelles (Figure 3D).

The following sections will review each approach. Section 4 and section 5 deal with soluble proteins in the presence of aligned or isotropic bicelles, respectively. Section 6 introduces the special situation of integral membrane proteins in bicelles in general terms and section 7 describes the technical preparation of such samples. Section 8 presents results obtained on integral membrane proteins in isotropic bicelles, section 9 the same in magnetically aligned bicelles. The remaining sections report on the use of magic-angle spinning (section 10) and the study of protein—lipid interactions (section 11).

4. BICELLES AS AN ALIGNMENT MEDIUM FOR STRUCTURAL STUDIES ON SOLUBLE PROTEINS

Globular proteins in solution tumble isotropically, at a rate that is usually fast on the NMR time scale. Hence, the anisotropic nuclear spin interactions, namely, dipolar coupling, chemical shift anisotropy, and quadrupolar interaction, are usually not observable for soluble proteins. An average value is observed instead, which is zero in the cases of dipolar and quadrupolar interactions, and gives the isotropic chemical shift in the case of chemical shift anisotropy. Partly reintroducing an anisotropic interaction, most often dipolar coupling, is a popular and fruitful approach to gain structural information on biomolecules. Dipolar coupling can be partly reintroduced by a large variety of anisotropic ordering media. Magnetically aligned bicelles are often used as an ordering medium. Figure 3B gives a schematic idea of such a sample. The bicelles show macroscopic order that is induced by the magnetic field of the NMR spectrometer. A soluble biomolecule is restricted in its mobility by the presence of oriented bicelles, which basically form "walls" that hinder the reorientation of the investigated molecule. In some cases, a globular protein can have a partial interaction with the head groups of lipids and detergents of bicelles. Other alignment media may also show electrostatic interaction with the molecule under investigation. As a consequence, the investigated molecule is not fully free in its reorientation, but shows a weak preference for a certain induced orientation. The described weak alignment results in a weak dipolar splitting on the order of Hz to several tens of Hz. Since the full magnitude of the dipolar coupling is far largerfor example its value in an amide ¹⁵N-¹H bond is around 15 kHz^{85,86}—these weak induced dipolar couplings are termed "residual dipolar couplings" (RDCs). RDCs are invaluable parameters in biomolecular structure determination, since they contain information on global molecular structure as well as dynamic information.

RDC measurement was successfully utilized in the study of protein structure using solution NMR experiments.⁸⁷ It was soon demonstrated that RDCs can be used to determine the relative orientation of domains in multidomain proteins.⁸⁸ Since then, this field has expanded, and the utilization of RDC data has been applied widely. An especially intriguing application of RDC studies is in the study of dynamics of biomolecules such as proteins and RNA.⁸⁹⁻⁹¹ A comprehensive overview of pulse sequences used to measure RDCs can be found in the literature.⁹² RDCs are most commonly recorded for amide protons of folded proteins, but can also be determined and utilized for methyl and methylene groups⁹ and in unfolded proteins.⁹⁴ A software dedicated to the analysis of RDC data in structural terms is available.^{95,96} Prediction of the alignment that a given molecular structure will experience in a particular ordering medium has been achieved for purely steric interaction⁹⁷ as well as steric and electrostatic interactions with the ordering medium.98 A dedicated software for prediction of alignment from structure (PALES) has been developed.99

Some studies have reported specific effects when bicelles were used to collect RDC values. It was found that the presence of two transmembrane domains of the human glycine receptor GlyR in low-q bicelles—which in the absence of protein would tumble isotropically—impose a weak alignment and made the measurement of RDCs possible. Magic angle spinning (MAS) was used to compare these values to isotropic values.¹⁰⁰ RDCs could even be measured on a peptide embedded in isotropic bicelles that were aligned in stretched polyacrylamide gels.¹⁰¹ However, exposing some proteins to bicelles as alignment medium may have adverse effects. For example, in SDF-1/CXCL12, a cardioprotective chemokine, the presence of aligned bicelles for RDC collection was found to favor the presumably inactive dimeric state of the protein.¹⁰²

Magnetically aligned bicelles represent one of the many alignment media used in the study of RDCs. Other orienting media include bacterial phages, stretched polyacrylamide gels, $C_m E_n/n$ -hexanol mixtures, and liquid crystals. Covalently attached paramagnetic tags provide another option to weakly align molecules. Tabulated overviews of alignment media are given in Prestegard et al.⁹² and Tolman and Ruan.⁸⁹ The parallel use of different alignment media can give additional insight, allowing for the resolution of ambiguities and the determination of generalized order parameters. Using 18

different independent ordering media, recognition dynamics on time scales up to μ s could be observed in ubiquitin.⁹¹ DMPC/ DHPC bicelles with different minute additions of SDS were used to collect three independent sets of RDCs on three Nterminal domains of the human factor H complement regulator and characterize interdomain motions.¹⁰³ Since bicelles do not play a distinctive role of their own in RDC studies, we do not intend to treat them isolated in the context of the current review article. Instead, we refer the reader to a wide variety of RDC studies in structural biology. Excellent review articles can be found on RDC studies in general,^{92,104,105} on proteins,^{106–110} and on RNA and DNA.^{111–114} The potential of RDC methods in high-throughput studies for structural genomics has also been pointed out.¹¹⁵

5. INTERACTION OF SOLUBLE PROTEINS WITH ISOTROPIC BICELLES

The combination of soluble globular proteins with isotropically tumbling bicelles (Figure 3D) has been used repeatedly to study protein-membrane interaction. For example, solutions of isotropic bicelles modulate the amyloid formation of full-length prion protein.¹¹⁶ This study did not use NMR spectroscopy, but it is in line with the increasing evidence that lipid membranes play an important role in the formation of amyloid fibrils.¹¹⁷ In an NMR study of an enzyme, cobra venom phospholipase A2, isotropic bicelles were used as substrate to monitor enzyme function.¹¹⁸ Binding of the cytosolic domain of rhomboid protease to isotropic bicelles has been studied.¹¹⁹ IFABP, a soluble shuttle protein that transfers hydrophobic ligands to and from membranes, was investigated in the presence of isotropic bicelles, and the potential to map out the membrane binding region was reported.¹²⁰ For Arf1, ADPribosylation factor 1, measurements of effective rotational correlation time were used to characterize the binding of myristoylated and nonmyristoylated Arf1 to bicelles with q ranging from 0.75 to 3.5.¹²¹ The structure of the N-terminal activation domain of Formin C was determined (pdb-id 2L1A).¹²² The structure of this regulatory domain was found to change significantly in the presence of DPC micelles containing negatively charged phosphoinositides, but not in the presence of phosphatidylcholine micelles and isotropic bicelles. For each HAMP signaling domain of four different proteins, two α -helical segments were structurally characterized in the presence of bicelles and strong differences were found in α helical propensities, hinting at possible regulatory dimerization mechanisms.¹²³ BclXL, extra-large apoptotic repressor protein, was investigated in q = 0.5 bicelles to study dimerization in the presence of ligand and lipid bilayers.¹²⁴ Membrane binding and phosphatidic acid interaction of the FRB domain of human TOR was probed in different neutral and negatively charged membrane mimetics, including bicelles.¹²⁵

6. ARE BICELLES SUITABLE TO STUDY MEMBRANE PROTEINS?

Today, almost 20 years after the first description of bilayered oriented aggregates consisting purely of phospholipids in 1992⁵⁵ and the introduction of the term "bicelle" in 1995,⁵⁷ this question has to be seen as purely rhetorical. In a large number of instances, bicelle environments have been found superior to micelle preparations.

It was realized very early on that the enzyme diacylglycerol kinase (DAGK) is active in bicelles, while activity is lost in micelles.⁵⁷ DAGK activity was quantified under a large number of conditions.¹²⁶ HIV envelope peptide was studied in bicelle and micelle samples, which were both weakly aligned in a strained gel. In this study, structure determination using RDCs revealed that micelles induce a curvature in the peptide that is not present in a more natural bicelle environment.¹⁰¹ Similarly, structural differences between micelles and isotropic bicelles were found for BtuB, a 22-stranded β -barrel protein, by sitedirected spin labeling and EPR spectroscopy. It was shown here that oriented bicelles preserve structure even better than isotropic bicelles.¹²⁷ The protein Smr, staphylococcal multidrug resistance pump, binds substrate in isotropic bicelles, but shows only reduced or unspecific binding in a number of detergent systems. High quality solution-state NMR spectra were recorded and unambiguous assignments of 55% of the amide and C_{α} positions were possible.^{128,43} The authors point out the importance of a functional assay to unambiguously identify the functional state of a protein. In their study, Smr was shown to be functional in bicelles. Then, protein spectra recorded in bicelles were taken as a point of reference to identify detergent systems that support function.⁴³ In the case of MerF, a bacterial mercury transporter, where no assay for protein function is easily available, the similarity of micelle spectra to bicelle spectra was taken as a criterion for proper refolding.¹²⁹

Bicelles where found to be superior to micelles in another respect: For lipolytic enzymes, in this case cobra venom phospholipase A_2 , the phospholipids in the bicelle can act as substrate and give insight in enzymatic mechanism. Here, short-and long-chain phospholipids were found to be hydrolyzed with similar efficiency.¹¹⁸ This application and the examples presented previously clearly prove that bicelles have established their place in the structural study of membrane proteins and are regularly found to give superior results.

7. PROTOCOLS FOR RECONSTITUTION OF PROTEINS INTO LIPID BICELLES

It has to be noted that the quality of the achievable results depends primarily on the quality of the bicelle sample that is to be investigated. Especially in the case of membrane proteins, this may prove to be very difficult. Whenever a membrane protein is to be embedded in bicelles, there are multiple ways in which these bicelles can be prepared.^{130,131}

Figure 4 gives a schematic overview of preparation protocols. (A) Detergent may be added to preformed proteoliposomes, containing the reconstituted membrane protein of interest. This may be done gradually, resulting in a "q-titration" and subsequently investigating aligned and isotropic bicelles. (B) Detergent-solubilized protein may be brought in contact with lipid vesicles, disrupting the vesicles and at the same time inserting the membrane protein. (C) In cases were protein can be solubilized without a detergent, pure protein may spontaneously insert into preformed bicelles. (D) For membrane proteins that have an extraordinarily stable fold, it may be possible to prepare a lyophilized mixture of protein, lipid, and detergent, which forms a bicelle sample upon addition of buffer.

A comparison of different preparation protocols and optimization of all parameters may critically improve the quality of the resulting NMR sample. Optimization of *q*-ratio in isotropically tumbling bicelles can differentiate between mobile and structured residues in embedded proteins, as demonstrated



Figure 4. Preparation protocols for a bicelle containing membrane proteins can be chosen from a variety of possible pathways. Red, dark green, and light green colors denote protein, lipid bilayer, and detergent, respectively.

for seven membrane proteins consisting of one to seven α -helices.¹³² Protocols for the production and reconstitution of G protein-coupled receptors for structural biology studies have recently been reviewed.^{133,134}

8. SOLUTION NMR STUDIES OF MEMBRANE-ASSOCIATED PEPTIDES AND PROTEINS IN NEAR-ISOTROPIC BICELLES

Solution-state NMR spectroscopy is a well-established experimental technique and offers a tremendous wealth of proven tools to answer almost any question on the structure and dynamics of small soluble proteins.^{20–23} Solution-state NMR spectra are characterized by nuclear resonances of very small line width resulting in highly resolved spectra with the option of resolving site-specific properties. The antimicrobial peptide mastoparan X was the first biological system to be studied by solution-state NMR in isotropic bicelles.¹³⁵ More and more systems have been studied since then, with amazing results. In the following, a comprehensive overview of membrane proteins, protein fragments, and peptides that have been investigated in isotropically tumbling lipid bicelles is given (Figure 3C). The use of isotropic bicelles is a necessary criterion and is not reiterated in each case. Comprehensive galleries of high resolution structures of membrane proteins solved by solution-state NMR are presented in two recent review publications.^{24,25}

8.1. Proteins and Protein Fragments

The structure of myristoylated Arf1, ADP ribosylation factor 1, was solved in q = 0.25 bicelles (pdb-id 2KSQ).¹³⁶ It makes for a fruitful comparison to an earlier structure determination with neither bilayer nor detergent present.¹²¹ A novel experiment to measure one- and two-bond N–C couplings that are complementary to more common RDCs was developed and introduced in the study of Arf1.¹³⁷ A myristoylated N-terminal fragment of the protein has been studied earlier in isotropic¹³⁸ and aligned bicelles.¹³⁹

The structure of OmpX, a bacterial outer membrane porin that forms an eight-stranded β -barrel, has been solved, and NOE crosspeaks that report on contacts between the protein and the DMPC and DHPC molecules in the bicelle have been observed.¹⁴⁰ For BtuB, a 22-stranded β -barrel protein, an EPR study found that isotropic bicelles with q = 2.0 do not stabilize the native fold, but q = 4.0 bicelles do.¹²⁷ Other EPR studies

have shown that α -synuclein in bicelles forms a single extended α -helix rather than a helix-turn-helix structure¹⁴¹ and picked up typical periodicity for an α -helical segment of the M2 δ subunit of the nicotinic acetylcholine receptor (AChR).¹⁴² The kinetics of nitroxide spin label reduction by ascorbic acid has been used to characterize membrane immersion of the M2 δ -peptide of AChR in EPR experiments.¹⁴³

For the seven-helix transmembrane receptor sensory rhodopsin II, a solution-state NMR structure was determined in micelles (pdb-id 2KSY). Measurements in bicelles were taken as an indication that the micelle structure is similar to the structure in lipid bilayers.¹⁴⁴ Sensory rhodopsin and its apoprotein, opsin, were investigated in bicelles of very different *q*-values. In addition, phospholipids with varying chain length were used with either DHPC or CHAPS as solubilizing agents to find optimal conditions to keep the proteins stable.¹⁴⁵ Opsin was tested in q = 1.0 bicelles for stability against urea unfolding in DMPC/DHPC and DMPC/CHAPS formulations. Higher stability was observed in DMPC/CHAPS bicelles by tryptophan fluorescence and far-UV circular dichroism.¹⁴⁶ The coupling efficiency of rhodopsin and transducin was investigated in q = 2.8 bicelles by absorbance measurements and was found to be dramatically stabilized in bicelles containing 30% anionic lipids.¹⁴⁷ An activated rhodopsin/ transducin complex using a constitutively active mutant of rhodopsin was prepared in q = 0.65 bicelles.¹⁴⁸

It has been shown that both DMPC/CHAPS and DMPC/ DHPC bicelles can be used to refold bacteriorhodopsin from a denatured state. Increased DMPC content was found to slow down the formation of a partially folded intermediate, which is ascribed to increased bending rigidity of the bilayer portion.¹⁴⁹ The kinetic mechanism of SDS-denatured bacteriorhodopsin being refolded by stopped-flow mixing with bicelles was studied by pulsed oxidative labeling and optical spectroscopy.¹⁵⁰ The successful stabilization of the seven-helix transmembrane opioid receptor ORL-1 in sterol/detergent micelles was attributed to the bicelle-like geometry of these mixed micelles.¹⁵¹

Smr, the small multidrug-resistance pump from S. aureus, is functional as a homodimer of four transmembrane α -helices each. Lipid bicelles were found to stabilize this functional form. 128 A major review on solution NMR of membrane proteins has presented Smr as a prototypical example.43 Recently, a backbone assignment of the functional form was reported.¹⁵² EmrE, a small multidrug resistance transporter from E. coli known to be highly sensitive to its environment, was reconstituted into isotropic bicelles with improved sample stability and expanded lipid composition profile.153 It forms asymmetric antiparallel homodimers that were found functional in isotropic bicelles; global conformational exchange between identical inward- and outward-facing states was found and exchange rates were measured quantitatively.¹⁵⁴ The protein MerF from the bacterial mercury detoxification system was investigated in isotropic bicelles and different detergent micelles. Similarity of micelle to bicelle spectra was used to find a micelle system supporting native protein fold. SDS micelles were chosen to solve the structure, which contains two parallel transmembrane helices.¹²⁹ Similarly, for LR11/SorLA, a binding partner of the human amyloid precursor protein, a ¹H-¹⁵N-TROSY spectrum recorded in isotropic bicelles was used as a 'gold standard' in screening for a suitable detergent system.¹⁵⁵ Conformational equilibria of phospholamban, a single-pass transmembrane protein, were studied in neutral and negatively charged isotropic bicelles.¹⁵⁶ This is part of a broader effort to combine solution- and solid-state NMR to investigate phospholamban and sarcolipin inhibition of Ca²⁺-ATPase.¹⁵⁷

A structure determination of the integrin β 3 transmembrane (TM) domain was performed in both detergent micelles and isotropic bicelles. A kinked α -helical structure was found that was very similar in bicelles containing long-chain phospholipids varying in length and also in charged bicelles, but had distinct deviations from the structure determined from micelles.¹⁵⁸ Similarly, a structure was determined for the integrin α IIb TM domain.¹⁵⁹ Both integrin TM domains formed a stable heterodimeric complex whose solution NMR structure gives insight into integrin TM signaling.^{160,161} Methods for efficient construction of covalent TM complexes and high-throughput selection of membrane mimics were established using integrin α IIb β 3 as a model system; bicelles were identified as the best membrane mimic.¹⁶²

For the TM α -helix of BNip3, a prominent representative of apoptotic Bcl-2 proteins, a homodimeric structure was determined.¹⁶³ The structures of several TM segments of receptor tyrosine kinases have also been elucidated. For the TM region of growth factor receptor ErbB2, a homodimeric righthanded α -helical bundle was found. The monomers interact via an N-terminal double GG4-like motif.¹⁶⁴ The TM regions of ErbB1 and ErbB2 form similar heterodimeric right-handed α helical bundles by association of N-terminal GG4-like and glycine zipper motifs.¹⁶⁵ The energetics and kinetics of the weak dimerization of the ErbB4 transmembrane domain has been investigated in isotropic bicelles with different protein to lipid ratios. ¹⁶⁶ For the TM domain of EphA1, the ephrin receptor tyrosine kinase, a dimeric right-handed α -helical bundle was found. A pH-dependent change in conformation was observed.¹⁶⁷ The TM domain of EphA2 dimerizes in a lefthanded α -helical bundle, interacting through an extended heptad repeat motif, indicating diversity in helix packing among receptor tyrosine kinases of the same family.¹⁶⁸ A recent review article provides more details about studies on bitopic membrane proteins.169

A 25-residue peptide from MARCKS-ED, the effector domain of the myristoylated alanine-rich C-kinase substrate, was synthesized. This segment, which reversibly binds the fulllength protein to the membrane-solution interface, can be switched on and off by phosphorylation and sequesters phosphoinositol.¹⁷⁰ For an α -helical fragment from a regulatory lipid glycosyltransferase that is predicted to bind to membranes, bilayer affinity for zwitterionic and anionic bilayers was studied.¹⁷¹ Voltage-gated sensors in the K⁺-channels HsapBK and KvAP were found to form an α -helix on the bilayer surface.¹⁷² A transmembrane orientation was determined for prion protein residues 110-136.¹⁷³ Hydrogen/deuterium exchange measurement on a fragment (1-30) of mouse prion-like Doppel protein indicated a transmembrane orientation.¹⁷⁴ Similarly, for the N-terminal fragment (1-30) of bovine prion protein, a peptide with cell-penetrating properties, deuterium exchange in isotropic as well as ²H NMR splittings in oriented bicelles indicate a transmembrane orientation with slight hydrophobic mismatch.¹⁷⁵ For the mitochondrial $F_1\beta$ presequence from Nicotinia plumbagigifolia an NMR solution structure was determined, and differences between the induced α -helical structure in neutral and acidic bicelles were described.¹⁷⁶ Relaxation rate measurements on the influenza hemagglutinin fusion peptide embedded in different size isotropic bicelles revealed an overall rocking motion of the membrane-bound peptide.¹⁷⁷

8.2. Peptides

The conformation of methionine-enkephalin (Menk), a pentapeptide found in the central nervous system, was investigated in fast-tumbling bicelles. The bound proportion was estimated to be 60% in pulsed field gradient (PFG) experiments. Two different conformers were found that may be relevant for binding to two different opiate receptors.^{9,178} The structure of the five-residue neuropeptide leucine enkephalin (Lenk) was determined. Binding was increased in bicelles containing ganglioside GM1.¹⁷⁹ The membrane interaction of Lenk was studied by monitoring its tyrosine side chain in ultrafast two-dimensional infrared spectroscopy. It was concluded that the tyrosine side chain is not embedded in the hydrophobic core of the lipid bilayer.¹⁸⁰ The partitioning of another neuropeptide, 11-residue substance P, into isotropic bicelles was studied by PFG methods.¹⁸¹ A conformational change of substance P was observed when using bicelles that contain ganglioside GM1. $^{\rm 182}$ For the neuropeptides dynorphin A and B, ligands to the κ -opioid receptor with cell penetrating properties, structural properties, and membrane interaction were studied.¹⁸³ The structure of motilin, a 22-residue gastrointestinal peptide hormone, was solved (pdb-id 1LBJ), and dynamic properties were investigated.¹⁸⁴ Structural properties of peptide hormones and their binding to peptidergic GPCR have been reviewed.¹⁸⁵

An initial study on antimicrobial peptides (AMP) in isotropic lipid bicelles used mastoparan X and was already mentioned above.¹³⁵ The solution-state NMR structural studies of mastoparan X have since been refined and extended to solid-state NMR methods.¹⁸⁶ The structure of the AMP alamethicin was solved and compared to results from a molecular dynamics simulation on a DMPC bilayer. The peptide was found in a transmembrane configuration, and its high degree of dynamics and heterogeneity could not be described by a single conformational model.¹⁸⁷ Membrane binding of the magainin-derived AMP MSI-78 has been studied by ¹⁹F-NMR on a variety of fluorine-labeled analogues of MSI-78.

For arenicin-2, an AMP from a marine polychaete, a bent β hairpin structure was found in solution, which assembles into flat dimers in DPC micelles and retains this structure in DPC/ DMPG bicelles.¹⁹² The structures of three C-terminal analogues of the human AMP β -defensin-3 showed that dimer formation and accretion of well-defined structures upon interaction with lipid membranes contributes to compactization of positive charges within peptide oligomers and antimicrobial activity. Bicelles with a high bilayer content, q = 3, were used at low temperature to avoid magnetic alignment and rather observe solution NMR spectra in isotropically tumbling bicelles.¹⁹³ The relevance and implications of solution NMR structures for the mode of a peptide's action has been critically reviewed for amphibian AMPs, with a special focus on the synergy of different AMPs.¹⁹⁴ Another review focuses on the role of membrane lipids in the action of AMPs as well as pore-forming peptides and proteins in general.¹⁹⁵ Excimer fluorescence spectroscopy on an analogue of the lipo-AMP daptomycin in a q-titrated bicelle experiment showed that stochiometric binding of DMPG triggers daptomycin oligomerization.196

The membrane-induced structure of a bee venom peptide melittin was found to be correlated with lipid fluidity.¹⁹⁷ Melittin was also studied in discoidal aggregates formed when pegylated lipids are added to bilayers.¹⁹⁸ These aggregates have a disk-like morphology similar to isotropic bicelles,¹⁹⁹ and it has

been argued that they are a superior membrane mimic in partitioning studies.²⁰⁰ Melittin was bound tightly in comparably large quantities to the rim of the stable and well-defined PEG-stabilized disks, which might be exploited for drug delivery purposes.¹⁹⁸

A structural study on a cell-penetrating peptide (CPP) transportan bound to neutral bicelles is reported (pdb-id 1SMZ).²⁰¹ Transportan was further studied in neutral and partly charged isotropic bicelles.²⁰² Penetratin, a cell-penetrating fragment of the Antennapedia homeodomain protein of Drosophila, was studied in two different bilayer mimetics.²⁰³ In addition, penetratin's dynamics and diffusion were studied using ¹⁵N relaxation and PFG NMR experiments.²⁰⁴ Membrane interactions of CPPs have been reviewed in a recent review article.²⁰⁵

For two model transmembrane peptides, KALP-21 and KALP-23, changes in lipid dynamics were observed in bicelles with different bilayer thickness due to different long-chain lipid components, namely, DLPC, DMPC, and DPPC.²⁰⁶ The 22-residue model peptide P16 assumes a transmembrane orientation as determined by amide–water chemical exchange and lipid NOEs.²⁰⁷ (A parallel solid-state investigation on P16²⁰⁸ is described below.)

9. SOLID-STATE NMR STUDIES ON MAGNETICALLY ALIGNED BICELLES

Dramatic recent developments in pulse sequences, instrumentation, and sample preparations enabled high-resolution structural studies of biological solids using solid-state NMR spectroscopy. Solid-state NMR spectra are characterized by nuclear resonances of considerable line width due to anisotropic interaction which often make site-specific information hard to observe. However, numerous experimental strategies are available to overcome these obstacles. Solidstate NMR has been applied successfully to study a variety of membrane proteins and peptides in a large number of instances, and today it is fully established as a standard tool in the study of membrane protein structure, dynamics, and orientation.²⁰⁹ Since native membrane proteins are restricted in their isotropic reorientation by the lipid bilayer, they naturally display strong anisotropic nuclear spin interactions, making solid-state NMR the natural approach to study their properties. Two strategies have been developed to deal with strong anisotropic interactions. One of the approaches is magic angle spinning (MAS), which suppresses anisotropic interactions to render "solution-like" high-resolution spectra of solids. This approach enjoys the benefits from the use of ultrafast spinning, multidimensional pulse sequences, recoupling techniques to selectively measure an anisotropic interaction, homogeneous sample preparation, and low temperature capabilities. MAS techniques have been applied to proteins embedded in MLVs but only rarely utilized to study proteins incorporated in bicelles, as described in section 10. The second strategy involves the application of static solid-state NMR experiments on macroscopically aligned samples. Here, aligned bicelles are obviously a very helpful tool to achieve high-quality macroscopic alignment (Figure 3A). This section will first give a quick overview of solid-state NMR techniques that are designed especially for the study of proteins or peptides aligned in lipid bilayers. In the following, successful studies of membrane proteins or peptides embedded in aligned bicelles will be reviewed. Again, the aim of this section is to give a comprehensive overview of membrane proteins, protein

fragments, and peptides studied in magnetically aligned bicelles. The use of aligned bicelles is a presupposition for each mentioned study and not stated explicitly each time.

9.1. Aligned Molecules Enable High-Resolution Molecular Imaging

Use of Unaligned Lipids. Solid-state NMR studies commonly utilize unaligned MLVs and aligned lipids under static conditions. Unaligned lipid bilayers are traditionally characterized using one-dimensional ³¹P chemical shift spectral lines as they can distinguish different phases (gel, lamellar, hexagonal, cubic) of lipids and can measure the changes in the dynamics and conformation of lipid headgroup. Therefore, ³¹P NMR experiments on unaligned MLVs have been well utilized to study lipid–lipid, lipid–protein/peptide, and lipid-drug interactions. In addition to ³¹P NMR, quadrupole coupling parameters measured from ¹⁴N (only from choline-containing lipids)²¹⁰ and ²H (only from deuterated lipids)²¹¹ NMR spectra have been useful in probing the electrostatic interactions and dynamics associated with the lipid headgroup. ²H NMR has also been used to measure the order/disorder of C-D bonds in different regions of a lipid in MLVs.²¹² While unaligned MLVs continue to be used in solid-state NMR applications, the use of aligned samples can provide more site-specific information on lipids and also from embedded peptides/proteins.

Approaches to Prepare Aligned Lipid Bilayers. Macroscopically aligned lipid bilayer samples can be prepared using three different approaches. The first approach uses the mechanical alignment of lipids between glass plates.^{213,214} This approach has been used in the structural studies of membrane proteins and peptides. The main advantage of this type of sample is that various combinations of lipids can be incorporated. But the main disadvatages are (i) it takes more than a day to prepare samples in spite of using the recently developed naphthalene procedure²¹⁴ to speed up the hydration process. (ii) The filling factor in the NMR sample coil is poor as the glass plates occupy most of the space. (iii) A flat-coil probe is needed to accommodate the glass-plate sandwich sample.

The second approach uses aluminum oxide nanodiscs to mechanically align lipid bilayers.^{215–217} While this approach renders a quick way to prepare aligned samples, the extent of alignment is small for high-resolution structural studies on membrane proteins. Nevertheless, this approach has been well utilized in various applications.²¹⁸ The third approach is to use magnetically aligned bicelles as explained earlier. Some of the main advantages are as follows: (i) It is easy to prepare well-hydrated bicelles. (ii) Bicelles of varying sizes can be prepared. (iii) It is devoid of glass plates and therefore the filling factor is very high. (iv) The presence of bulk water can enable native-like folding of membrane proteins particularly those containing large water-soluble domains. As mentioned above, bicelles are increasingly applied because of these advantages.

Examining the Quality of Aligned Lipid Bilayers. The quality of alignment of lipids is commonly examined using a ³¹P chemical shift spectrum. A well-aligned lipid bilayer sample exhibits a narrow spectral line revealing the direction of alignment relative to the external magnetic field. One-dimensional chemical shift spectra of ¹H, ³¹P, and ¹³C nuclei from aligned samples are easy to obtain and therefore commonly used to study lipids and their interactions with other embedded molecules. Quadrupole coupling spectra of ¹⁴N and ²H nuclei from aligned samples are also useful to study

lipid bilayers as mentioned above. Spectra of peptides or proteins labeled with ¹⁵N, ¹³C, ²H or ¹⁹F embedded in aligned lipid bilayers are useful in determining their orientation relative to the lipid bilayer surface or normal.

9.2. Custom-Tailored NMR Experiments

One-dimensional static solid-state NMR experiments on aligned lipid bilayers containing peptides or proteins labeled with ¹⁵N, ¹³C, ²H, or ¹⁹F have been well utilized in various instances. For example, it has become very common to determine the overall orientation of an antimicrobial peptide in a lipid bilayer in order to understand its mode of action.²¹⁹⁻²²¹ However, the spectral resolution rendered by a 1D spectrum is insufficient to resolve spectral lines arising from a uniformly labeled membrane protein. On the other hand, a well-equipped arsenal of solid-state NMR experiments is ready for the study of macroscopically aligned proteins and peptides. A central role is taken by two-dimensional separated-local-field (SLF) experiments that correlate ¹⁵N chemical shift and ¹H-¹⁵N dipolar coupling, thus reporting on the geometry and alignment of peptide groups. The prototype of such experiments is the polarization inversion by spin exchange at the magic angle (PISEMA) experiment.^{222–224} PISEMA experiments display characteristic patterns that report on a molecule's orientation with respect to the lipid bilayer. Most notably, α -helices give circular spectral patterns known as polarity index slant angle (PISA) wheels which can be used to infer a peptide's tilt within the bilaver.^{225,226} The analysis of PISA wheels requires detailed knowledge of the chemical shift anisotropy tensor within the geometry of an amide bond.^{85,86,227} PISEMA can be improved by using different mixing schemes in the indirect dimension, e.g., BB-PISEMA,²²⁸ HIMSELF (heteronuclear isotropic mixing spin exchange via local field) or HERSELF (heteronuclear rotating-frame spin exchange via local field)²²⁹ or SAMMY.²³⁰ Methods to enhance sensitivity in SLF experiments,²³¹ in heteronuclear correlation spectroscopy,²³² and in proton evolved local field experiments using Hadamard encoding,233 all in oriented systems, have been reported. Cross-polarization can be made more efficient by performing multiple repetitive contacts.²³⁴ Specific strategies for backbone assignment in oriented samples have been described, utilizing controlled reintroduction of proton spin diffusion,^{235–237} or mismatched Hartmann–Hahn magnetization transfer,^{238,239} or a previously assigned isotropic chemical shift spectrum.²⁴⁰ De novo sequential assignment was demonstrated for 26 residues out of the 31-residue membrane protein sarcolipin in uniformly ¹⁵N-labeled form.²⁴¹ Influence of orientational and motional narrowing of lineshapes in PISEMA-type experiments has been investigated theoretically and experimentally and can potentially yield an additional angular constraint in structure calculations.²⁴²

Aligned bicelles have been established for EPR spectroscopy^{70,71} and can give similar information on the tilt of transmembrane domains. The structural and dynamic properties of the necessary spin label have been characterized.⁷² For a transmembrane α -helical segment of the M2 δ subunit of the nicotinic acetylcholine receptor, a helical tilt of 14° with respect to the bilayer normal was determined by EPR.²⁴³ It was established experimentally on the M2 δ peptide¹⁴² as well as theoretically²⁴⁴ that unoriented bicelles can be used for the same purpose. The helical tilt of phospholamban, a regulatory single-pass transmembrane protein, and its segmental mobility were probed by EPR in oriented bicelles.²⁴⁵

9.3. Proteins and Protein Fragments

Solid-state NMR methodology is routinely applied to membrane proteins and protein fragments embedded in magnetically aligned bicelles. Among the most challenging targets for structure elucidation are G-protein coupled receptors (GPCR) that consist of seven transmembrane α helices. A high-resolution structure determination was recently achieved for a GPCR by solution-state NMR (ref 144 and section 8.1), and solid-state NMR investigations of GPCR are becoming increasingly common. The chemokine receptor CXCR1, another GPCR, was successfully incorporated in aligned bicelles and studied in solid-state NMR.²⁴⁶ Solutionstate NMR assignment experiments could identify only a limited number of resonances in CXCR1. A combination of solution- and solid-state NMR experiments was used to characterize local and global dynamics of this protein²⁴⁷ and binding to its ligand interleukin-8.²⁴⁸ The C-terminal domain of human cannabinoid 1 GPCR was found to modulate the structure of its membrane environment.²⁴⁹ A reconstitution protocol for $Y_{2^{\prime}}$ a human GPCR, into lipid bicelle environment has been described.²⁵⁰ Reviews are available on the expression, solubilization, and reconstitution of GPCR in membrane mimetic environments including bicelles.^{133,134}

The second transmembrane domain (TM2) of the $\alpha 4$ subunit of the neuronal $\alpha 4\beta 2$ nicotinic acetylcholine receptor (nAChR) was prepared as a selectively ¹⁵N-Leu labeled peptide. In the presence of unlabeled TM2 from the $\beta 2$ subunit, it forms functional $(\alpha 4)_2(\beta 2)_3$ pentamers, for which the tilt and azimuthal rotation of the $\alpha 2$ -TM2 subunit could be determined. Structural changes were observed in the presence of anesthetic drug molecules.²⁵¹

The membrane protein p7 from hepatitis C virus could be expressed as a fusion protein to give sufficient yield for NMR samples; incorporation in aligned bicelles was successfully achieved.²⁵² PISA wheels corresponding to two α -helical transmembrane segments could be identified with the help of a truncated construct corresponding to the second transmembrane α -helix.²⁵³ Further experiments including a "qtitration" gave RDC and isotropic NMR data and helped refine the structural model to define seven distinct structural regions within the 63-residue protein.²⁵⁴ The three-dimensional structure of the membrane-spanning domain of Vpu from HIV-1, consisting of a single α -helix, was solved,²⁵⁵ and changes were investigated in the presence of channel-blocking drugs. A review comparing both viral proteins, p7 and Vpu, is available.²⁵⁷ The major coat protein of bacteriophage Pf1 was investigated in biphenyl bicelles that orient with their bilayer normal parallel to the applied magnetic field.²⁵⁸ A combination of solution- and solid-state NMR yielded a full structure of the protein in lipid bilayer environment, which consists of a tilted transmembrane α -helix and a second, orthogonal α -helix.²⁵⁹

MerFt, a truncated construct of the bacterial mercury transport protein MerF, was found to consist of two membrane-spanning α -helices and a short loop region.²⁶⁰ An α -helical transmembrane segment from the pore forming component TatA of the twin-arginine translocase was found to have a tilt of 17° with respect to the bilayer normal.²⁶¹ Further studies on larger fragments revealed that a second adjacent α -helix is immersed in the phospholipid headgroup region.²⁶²

For tOmpA, the transmembrane portion of bacterial outer membrane porin A which spans the membrane as an eightstranded β -barrel, successful reconstitution in aligned bicelles was reported.²⁶³ For OmpX, another eight-strandend β -barrel, orientational constraints from solid-state NMR were combined with atomic coordinates from X-ray crystallography to give the protein's overall orientation within the bilayer.²⁶⁴

Structural propensities of an exceptionally long linker region from the human voltage-gated K⁺ channel hERG were found to be dependent on bicelle composition, as determined by solution and solid-state NMR experiments.²⁶⁵ In addition, this study used isotropic bicelles to characterize membrane binding affinity of hERG. The interaction of two different Argrich paddle domains of voltage gated K+ channels with the lipid bilayer have been characterized in oriented bicelles.²⁶⁶ The myristoylated 14-residue peptide Cat14 from the catalytic unit of cAMP-dependent protein kinase A was incorporated in *q* = 3.5 bicelles to study interaction with lipids by ²H NMR.²⁶⁷ A myristoylated N-terminal 14-residue peptide from pp60^{ν -src} was studied in neutral and acidic bicelles.²⁶⁸

9.4. Peptides

The effect of bound Menk, the neuropeptide methionine enkephalin, on different types of lipid bilayers was investigated using oriented bicelles.²⁶⁹ Binding and arrangement of aromatic pharmacophores were investigated for the δ -opiate DPDPE.²⁷⁰ The neurotoxin pardaxin permeabilizes vesicles more efficiently by pore formation than by disruption. It assumes a transmembrane orientation in neutral bicelles, while it is restricted to headgroup contacts in DMPG-doped bicelles.²⁷¹

The binding of two fragments of rat islet amyloid polypeptide (rIAPP, also known as rat amylin) to aligned bicelles was investigated. The nontoxic rIAPP(1-37) binds to the bilayered regions of low curvature, while the toxic rIAPP(1-19) binds to detergent-rich regions of high curvature. Neither peptide caused membrane fragmentation.²⁷²

The consequences of hydrophobic mismatch and peptide sequence were investigated in the transmembrane model peptide P16.²⁰⁸ A 21-mer cytotoxic model peptide modified with crown ethers stabilized bicelle structure and orientation and perturbed the lipid polar headgroup conformation.²⁷³ For a similar 14-mer peptide modified with crown ethers, no significant change in the morphology and orientation of bicelles was found.²⁷⁴

The antimicrobial peptide (AMP) mastoparan X was found to orient perpendicular or parallel to the membrane normal of the bilayer patch depending on bilayer charge.¹⁸⁶ Various AMPs found in the skin of Australian amphibians were characterized in aligned bicelles and compared to results obtained in mechanically aligned DMPC bilayers.²⁷⁵ For the AMP novicidin, significant structural and conformational differences were observed between ordinary DMPC/DHPC bicelles and bicelles with analogous ether-lipids.⁶⁷ This result has a considerable impact, since ether-lipids are regularly employed to increase sample stability and lifetime.⁶⁶ For lactophorin I and II, two AMP found in bovine milk, tertiary structure and membrane orientation were determined.²⁷⁶ The bee venom peptide melittin disrupts aligned q = 1.8 bicelles, unless they are protected by embedded cholesterol.²⁷⁷

9.5. Cytochrome b₅

The Ramamoorthy laboratory is currently investigating cytochrome b_5 , a membrane-anchored protein that is mostly found in the endoplasmic reticulum of liver cells and plays a supportive role in the biodegradation of a large number of toxic and drug molecules. We have given a comprehensive overview of the structure and function of cytochrome b_5 and its

physiological interaction partners, especially with respect to NMR spectroscopic investigations.²⁷⁸ Briefly, cytochrome b_5 supports members of the cytochrome P450 family of enzymes to oxidize their substrates, which are typically drug or toxic molecules that need to be prepared for excretion. Cytochrome b_5 accelerates the oxidization process for numerous cytochrome P450 isozymes, most probably by transferring an electron.

The function of cytochrome b_5 is intimately linked to its topology, which is represented as a cartoon in Figure 5. A



Figure 5. Schematic of the topology of full-length cytochrome b_5 (cyt b_{5} , yellow). The protein consists of an α -helical transmembrane domain, a highly flexible linker region, and a globular domain that carries a prosthetic heme molecule. Also shown is the bicellar environment used to macroscopically align cyt b_5 with respect to the external magnetic field, B_0 .

globular domain contains a heme prosthetic group which carries electrons that are to be transferred to cvtochrome P450. However, this transfer is not possible unless the globular domain is attached to the membrane of the endoplasmic reticulum by a membrane anchor. The membrane anchoring part of cytochrome b_5 consists of a putatively α -helical transmembrane domain and a flexible linker region. It was shown that the length, but not the actual amino acid composition of the linker domain is critical for electron transfer to cytochrome P450.²⁷⁹ The globular domain of cytochrome b_5 truncated from the holo-protein has been the subject of extensive structural investigations. Very few structural studies, however, have been conducted on cytochrome b_5 in its holoform of 16.7 kDa molecular weight. This is particularly unsatisfactory as cytochrome b_5 function is critically dependent on the presence of its membrane anchor. For this reason, we decided to investigate holo-cytochrome b_5 in lipid bicelle environment.

Bicelle samples made from DMPC and DHPC at a q ratio of 3.5 were used to incorporate full-length rabbit cytochrome b_5 into a bilayer environment.²⁸⁰ The quality of the bicellar phase in terms of orientation and mosaic spread was monitored by ³¹P NMR. Figure 6A shows the ³¹P NMR spectrum of a pure q = 3.5 DMPC/DHPC bicelle preparation. Two well-separated resonances originate from the phosphocholine headgroups of DMPC and DHPC and report on their orientation. The very narrow width of the lines reflects the high quality of alignment reached in this case. Upon addition of 1 cytochrome b_5 molecule per 86 DMPC molecules, there are still two distinct ³¹P NMR resonances, shown in Figure 6B. However, the width and overall shape of the lines indicates that only a very limited



Figure 6. Proton-decoupled ³¹P NMR chemical shift spectra of different bicelle preparations used in the study of cytochrome b_5 . Phosphorus-31 NMR spectra report directly on the quality of bicelle alignment. (A) Pure q = 3.5 DMPC/DHPC bicelles. Bicelles in the presence of one cytochrome b_5 molecule per 86 (B), 170 (C), and 212 (D) molecules of DMPC. (E) Bicelles in the presence of both cytochrome b_5 and cytochrome P450. The resonance observed at approximately 0 ppm originates from phosphate buffer.

amount of macroscopic orientation is reached. In samples with a lower ratio of protein per lipid, macroscopic orientation can be recovered. Figure 6C shows the ³¹P NMR spectrum of a sample with 170 DMPC molecules per cytochrome b_5 . Macroscopic orientation is recovered, but the quality of alignment is still poor. A ratio of 212 DMPC molecules per cytochrome b_5 is necessary to reach a quality of alignment that is comparable to pure DMPC/DHPC bicelle samples (see Figure 6D).

After establishing experimental conditions for oriented bicelle samples with very low mosaic spread, we used uniformly ¹⁵N-labeled cytochrome b_5 to investigate its molecular structure.²⁸⁰ Figure 7B shows one-dimensional protondecoupled ¹⁵N NMR chemical shift spectra obtained using different NMR pulse schemes. Shown in the figure are crosspolarization (CP) spectra obtained at contact times of 3.0, 0.8, and 0.1 ms. The CP spectrum at 0.8 ms contact time shows the strongest overall signal intensity. It displays intensity in the spectral range around 125 ppm; this range is typical for isotropic amide ¹⁵N chemical shifts. In addition, signal is observed in a range around 80 ppm, which indicates that the protein is macroscopically oriented and experiences ¹⁵N chemical shift anisotropy. When the CP contact time is lowered to 0.1 ms, the intensity in this spectral region stays visible, while it drops severely in the region around 125 ppm. This is consistent with macroscopically oriented protein components with high molecular order resulting in fast and



Figure 7. Structural observations on full-length cytochrome b_5 using solid-state ¹⁵N NMR spectroscopy. (Top) Molecular model of cytochrome b_5 in a lipid bilayer. (Middle) One-dimensional ¹⁵N NMR spectra and (bottom) two-dimensional HIMSELF spectrum of uniformly ¹⁵N-labeled cytochrome b_5 embedded in DMPC/DHPC q = 3.5 bicelles.

efficient polarization transfer from protons by strong ¹⁵N-¹H dipolar couplings. If, on the other hand, the contact time is increased to 3.0 ms, intensity in the spectral region around 85 ppm is lost because of increased relaxation due to strong ¹H-¹H dipolar couplings. The signal in the isotropic range around 125 ppm is still visible at 3.0 ms contact time, indicating that it arises from highly mobile regions of the molecule. In mobile molecular segments, dipolar coupling is decreased by motional averaging, resulting in a less efficient cross-polarization and slower relaxation losses. Remarkably, the spectral intensity around 125 ppm is observable in refocused-INEPT experiments that are usually applied to soluble proteins in solution-state NMR (see top spectrum in Figure 7B). We conclude that our bicelle samples indeed confer macroscopic orientation to cytochrome b_{5} , and that by different NMR pulse schemes, we can distinguish domains of cytochrome b_5 that display different degrees of molecular mobility.

In order to understand how the spectral properties observed in 1D 15 N NMR experiments relate to the domains of cytochrome b_{s_i} we conducted two-dimensional NMR experiments that correlate ¹⁵N chemical shift with ¹H-¹⁵N dipolar coupling.²⁸⁰ Heteronuclear isotropic mixing by HIMSELF experiments²²⁹ that are advantageous compared to the more common PISEMA-type experiments^{222,224} were used. HIM-SELF experiments correlate the ¹⁵N chemical shift of amide nitrogens with the ¹H-¹⁵N dipolar coupling they exhibit with the directly bonded amide proton. Since the ¹⁵N-CSA-tensor and the ¹H-¹⁵N dipolar interaction do not line up perfectly, their correlation gives distinctive spectral shapes that are characteristic for certain types of a secondary structure. Figure 7C shows the HIMSELF spectrum of a uniformly ¹⁵N-labeled cytochrome b_5 in DMPC/DHPC q = 3.5 bicelles. A circular spectral pattern is observed in the region around 85 ppm of ¹⁵N chemical shift, which was found to represent rigid molecular regions. Such a circular spectral pattern is associated with transmembrane α -helices and is referred to as a PISA-wheel. We conclude that the spectral region around 85 ppm represents the membrane anchor of cytochrome b_5 which transverses the lipid bilayer as a transmembrane α -helix. This is especially remarkable since in our preparation protocol, cytochrome b_5 was added to preformed bicelles. Hence, the transmembrane α helix of cytochrome b_5 is actually able to insert spontaneously into lipid bilayers. It has to be noted that the observed PISAwheel of Figure 7C is far from perfect. This may be related to the fact that a proline residue is found in the center of the α helical domain, since proline residues are known to induce kinks in α -helices.²⁸¹ Å best-fit analysis of the observed PISAwheel revealed a tilt angle of 15° for the transmembrane domain of cytochrome b_5 with respect to the lipid bilayer normal.

In conclusion, we found that magnetically aligned bicelles are a suitable environment to study the structure of cytochrome b_5 in the membrane.²⁸⁰ Figure 7A shows a molecular model that summarizes the results. The membrane anchor was found to span the lipid bilayer as a rigid α -helix. It may be kinked due to a proline residue that is shown in green in the model. The globular domain is highly mobile and is tethered only very loosely to the membrane anchor by the linker region. The linker region is an example of an "entropic chain" or intrinsically disordered region.²⁸²

Opening ways for further investigations, it was possible to extend the studies to other types of lipid bicelles. These modified bicelles have tunable bilayer thickness and charge, and they subtly influenced cytochrome b_5 's structure.²⁷⁸ Moreover, and most remarkably, it was found that cytochrome b_5 can be studied in complex with its most important interaction partner, cytochrome P450, an integral membrane protein of approximately 56 kDa molecular weight.²⁷⁸ Figure 6E shows the ³¹P NMR spectra of DMPC/DHPC bicelles harboring the cytochrome b_5 /cytochrome P450 complex. The quality of alignment was very high and gave HIMSELF spectra of comparable quality as the one shown in Figure 7C. Our bicelle samples also gave interesting spectra under magic-angle spinning;²⁸³ see section 10.

Recently, new methods have been developed for the study of proteins incorporated into aligned bicelles containing cytochrome b_5 . By using two-dimensional proton-evolved local-field (PELF) in combination with WIM and COMPOZER-CP pulse sequences,²⁸⁴ we were able to clearly resolve peaks for both the transmembrane and soluble domains of bicelle-bound cytochrome b_5 .²⁸⁵ Furthermore, the helical tilt angle of cytochrome b_5 's transmembrane helix was determined to be 13° with respect to the bilayer normal, with 8° of fluctuation.²⁸⁵ Dipolar

enhanced polarization transfer (DREPT) is based on INEPTtype magnetization transfer; it eliminates ${}^{1}\text{H}{-}{}^{1}\text{H}$ dipolar interactions, making it highly sensitive and especially useful for the detection of side-chain dynamics in proteins embedded in aligned bicelles.²⁸⁶ When applied to cytochrome b_{5} , it was found that the immobile transmembrane domain and the mobile soluble domain can be selectively observed by changing the length of the refocusing period, as seen in Figure 8. In



Figure 8. ¹⁵N Chemical shift spectra of oriented bicelles containing cytochrome b_5 in RampCP and RINEPT (A) and DREPT (B) experiments. Refocusing delay times vary as indicated in (B). Short refocusing periods are sufficient for the production of peaks from cytochrome b_5 's rigid domain while longer delay times are necessary for the detection of soluble domain resonances. (C, D) 2D spectra obtained using the RINEPT sequence with refocusing delays of 1 ms and 80 μ s, respectively. Reprinted with permission from ref 286. Copyright 2010 American Chemical Society.

addition, by utilizing 2D DREPT it was possible to measure ${}^{15}N{-}^{1}H$ dipolar couplings in histidine, tryptophan, and arginine side chains in cytochrome $b_5{}^{286}$ Further studies using DREPT may provide important insights into the exact orientation of these side chains and the mechanism of cytochrome $b_5{}$'s function.

10. MAS STUDIES ON BICELLES

The broad nuclear resonances observed in solid samples are dealt with by two different major strategies. In the preceding section, the use of macroscopically aligned samples was described. The alternative approach of magic-angle spinning (MAS) is more common but has found less application to bicellar samples. This section presents the application of MAS to proteins in bicelles.

10.1. Bicelles under MAS

By running a solid-state NMR experiment while spinning the sample at the "magic angle" of 54.7° relative to the external magnetic field, the dominant anisotropic interactions dipolar coupling, chemical shift anisotropy, and quadrupolar coupling can be suppressed. In particular, very narrow lines can be observed since homogeneous line broadening caused by strong dipolar coupling is absent under magic angle spinning (MAS).

Thus, high-resolution spectra (comparable to those of solution NMR) full of dynamic and structural information about bilayerassociated membrane proteins can be obtained. The effect of sample spinning on aligned bicelles has been studied in detail.^{287–289} When aligned bicelles are spun at an angle smaller than the magic angle, their bilayer normal aligns perpendicular with respect to the spinning axis. This alignment was used to determine signed values of residual dipolar coupling for a myristoic acid derivative in the bicelles.²⁸⁷ At angles larger than the magic angle, the bilayer normal aligns parallel with the spinning axis. When the spinning axis approaches the magic angle, mosaic spread increases.²⁸⁹ Finally, at the magic angle, bicelle alignment vanishes; that is, there is no more preferred orientation for the bilayer normals and they distribute isotropically.

MAS experiments conducted on spinning bicelles have proven useful in the study of peptides and proteins. It has been found that the width of lines observed in spinning bicelles can be reduced by a factor of 3^{290} compared to what is typically observed in lipid vesicles.²⁹¹ A direct comparison of line width in bicelles and proteoliposomes under MAS was performed and interpreted with respect to theoretical expectations.²⁹² This study used the pentapeptide methionine-enkephalin and Neu_{TM35} for demonstration, a 35-residue transmembrane fragment of a tyrosine kinase receptor. Switched-angle spinning was applied to the study of Leu-enkephalin in bicelles.²⁹³

The study of residual dipolar couplings (RDC) of soluble proteins in the presence of oriented bicelles can also benefit from sample spinning. Because bicelle alignment is suppressed by MAS, the same sample can be used with and without MAS to record isotropic and weakly aligned spectra, respectively. Recording both spectra in the presence of bicelles keeps the influence of protein-bicelle interaction identical for both spectra. This has been demonstrated for ubiquitin, where precise site-specific ¹⁵N CSA tensors could be determined.²⁹⁴ Similarly, the use of variable-angle spinning has improved the observation of scaled RDC in ubiquitin.295 This was later expanded to include very strong RDC and chemical shift variations of ubiquitin's ¹⁵N resonances.²⁹⁶ For the second and third transmembrane segment of GlyR, the human glycine receptor, incorporation into low-q bicelles resulted in weak alignment; MAS and static spectra yielded *J*-couplings and RDC values with high accuracy.¹⁰⁰ For the fourth transmembrane domain of the γ -subunit of the nicotinic acetylcholine receptor in high-q bicelles, a similar comparison of static and spinning spectra yielded precise values for ¹³C- and ¹⁵N-CSA and isotropic chemical shift. The measured values indicate a tilt of 15° for the transmembrane domain with respect to the bilayer normal.²⁹⁷

10.2. Cytochrome b_5 in Bicelles under MAS

The Ramamoorthy laboratory has utilized MAS techniques to study cytochrome b_5 (cyt b_5) in bicelles.²⁸³ Using full-length rabbit cyt b_5 with uniform ¹⁵N-labeling and 5 kHz MAS, we found that cyt b_5 yielded higher resolution spectra when incorporated into bicelles than into liposomes. By using ramped cross-polarization (RampCP)²⁹⁸ for polarization transfer to ¹⁵N-nuclei under MAS, it was possible to observe not only backbone amide-¹⁵N resonances, but also arginine and lysine side chain-¹⁵N resonances of cyt b_5 in bicelles (Figure 9A). We also studied uniformly ¹³C,¹⁵N-labeled cyt b_5 in bicelles under MAS. Experiments using nuclear Overhauser effect (NOE) transfer, refocused INEPT (RINEPT) pulse sequence,²⁹⁹ and



Figure 9. Spectra showing the ¹⁵N isotropic chemical shift of ¹⁵Nlabeled rabbit cyt b_5 in q = 3.5 DMPC/DHPC bicelles (A). Comparison of RampCP (a) and RINEPT (b) polarization transfer schemes, where RampCP shows arginine and lysine side chain resonances. 2D ¹³C chemical shift correlation spectra of ¹³C,¹⁵Nlabeled rabbit cyt b_5 in bicelles (B). CTUC COSY (a) and DARR (b) spectra are pictured, with amino acid cross peaks labeled in (a). Collage of parts of two figures reprinted with permission from ref 283. Copyright 2008 John Wiley & Sons, Inc.

RampCP for polarization transfer to ¹³C-nuclei were compared, finding that NOE experiments produced particularly strong resonances for the carbonyl carbons of cyt b_s , while RINEPT produced strong signals for the acyl carbons of the bicelle lipids, DHPC and DMPC. In addition, two-dimensional CTUC COSY and DARR experiments were conducted on cyt b_5 to record ¹³C-¹³C correlations. Because of the high resolution achieved in these MAS experiments, it was possible to assign peaks to specific amino acids. It was found that RINEPT and CTUC experiments are best suited for the study of cyt b_5 's mobile domain, while RampCP and DARR experiments showed resonances mainly from the immobile, transmembrane domain of the protein (Figure 9B). We conclude that MAS on bicelles is especially useful in the study of membrane bound proteins with soluble domains, such as cyt b_5 , where both highly mobile and immobile regions are present. MAS techniques may become invaluable tools in the structure determination of such proteins.

11. LIPID—PROTEIN INTERACTIONS BY SLF-NMR SPECTROSCOPY OF BICELLES

In addition to the study of protein structure and dynamics, bicelles can also be used to determine the effect that a protein has on the surrounding lipid bilayer. Traditionally, the addition of deuterated lipids to liposomes has been used to determine site-specific lipid order parameters in ²H NMR experiments.^{300,301} ²H NMR investigation of deuterated lipid probes has been applied to bicelles; but deuteration of lipids is costly and was found to alter thermotropic behavior while site-specific assignment is ambiguous.³⁰²

As an alternative approach, SLF experiments were employed to study the long-chain lipid molecules in a bicelle. SLF experiments, such as the PISEMA experiment,²²⁴ are described in section 9.2. In the current context, they correlate ${}^{1}H{-}^{13}C$

dipolar coupling (which gives information on local order parameters) with ¹³C chemical shift (which gives unambiguous identification of each ¹³C-site in the lipid molecule). Most notably, these experiments do not need isotopic labeling since natural-abundance ¹³C-nuclei in the lipid molecules give sufficient intensity to carry out two-dimensional experiments. By using the HIMSELF scheme,²²⁹ SLF could be successfully applied to magnetically aligned bicelles.^{303,304} Advantages of using laboratory-frame SLF experiments to measure small heteronuclear dipolar couplings from mobile regions of bicelles and also from embedded ligands have also been demonstrated.³⁰⁵

By running an SLF experiment on bicelles, ${}^{1}H-{}^{13}C$ dipolar couplings can be measured for each resolved ${}^{13}C$ -site, yielding an order parameter profile as given in Figure 10. The open



Figure 10. Order parameter profiles of pure DMPC bilayers (open symbols) and DMPC bilayers in the presence of 10 wt % myelin basic protein (filled), lines are meant to guide the eye. On top, a DMPC molecular scheme gives the employed site naming scheme.

symbols in Figure 10 give a ¹H-¹³C dipolar coupling value determined for each ¹³C-site in the DMPC molecule as shown on top of Figure 10. As is known, large dipolar couplings, that is, order parameters, are found in the rigid bilayer region of the glycerol backbone, while order parameters become small toward the mobile end of the choline headgroup and especially toward the very mobile ends of the acyl chains. The SLF experiment was used to characterize order parameter profiles for bicelles in a wide range of temperatures, hydration levels, and q-ratios.⁵⁸ It was also used to characterize the bilayer perturbation caused by an antimicrobial peptide MSI-78³⁰³ and the ligands desipramine³⁰⁵ and curcumin.³⁰⁶ By use of the SAMMY pulse sequence,²³⁰ similar investigations were carried out on bicelles containing the transmembrane segment of phospholamban, an antimicrobial peptide (KIGAKI)₃, and cholesterol.³⁰⁷ Recent studies have shown that analogous experiments are also possible under magic angle spinning conditions.³⁰⁸⁻³¹⁰ 2D RPDLF experiments have been used to determine the interaction of dendrimers with lipid bilayers.³¹¹

As a demonstration of the potential of this application of SLF experiments, we present our unpublished results on myelin basic protein (MBP). MBP is a major component of the myelin sheath in the central nervous system of higher vertebrates and is implicated in multiple sclerosis. MBP is intrinsically unstructured in solution, but binds to bilayers and may assume tertiary structure in membrane environment.^{312–315} Previously, we had used ³¹P- and ²H NMR to investigate the interaction of MBP with MLVs and mechanically aligned bilayers.³¹⁶ For conducting SLF experiments, we incorporated bovine MBP at 10 wt % into q = 3.5 DMPC/DHPC bicelles. The profile of ¹H-¹³C dipolar couplings acquired on MBP-containing bicelles is shown as filled symbols in Figure 10. When compared to results on identical bicelles without MBP, shown as open symbols, several observations can be made. For the choline headgroup, almost no change in local order is observable. In the glycerol backbone and the acyl chains, the order parameter profile shows an overall decrease in order parameter to about 90%. For the g1-carbon of the DMPC glycerol backbone, three different ¹H-¹³C splitting values were observed. This may indicate a tight and specific interaction of MBP with this particular site of the DMPC molecule in the lipid bilayer.

12. SUMMARY AND OUTLOOK

Lipid bicelles have added yet another facet to the tremendous wealth of lipid morphologies.³¹⁷ The structural and thermodynamic properties of bicellar phases have been understood in detail, and powerful techniques are available to quickly and reliably establish phase diagrams and characterize morphological properties. Properties of bicellar formulations are so well understood and so many specific compositions have been established that today they are routinely used in an ever increasing number of structural studies of membrane proteins.

Some very specific and unique properties of bicelles lie at the core of their success, not only in NMR but in fields as diverse as crystallography, chromatography, and drug formulations. Bicelles are the most versatile model membrane system presently available. Dozens of compositions have been tested and used, and there is most probably potential for more. Bicelles with small q values can be used for high-throughput solution NMR studies, while those with large q values are ideal for solid-state NMR studies. Since bicelles contain bulk water, they enable natural folding of even those membrane-associated proteins that contain large soluble domains and therefore render the feasibility of physiologically relevant structural studies. This property of bicelles is therefore well suited to investigate the structures of single-pass in addition to multipass transmembrane proteins that are unusually difficult to study due to their combination of hydrophobic and water-soluble domains. In fact, very few structures of single pass TM proteins are reported in the PDB. The most serious drawback of bicellar phases is the fact that they are found in restricted regions of the phase diagram that are bound by limiting temperatures and hydration levels that may be restrictive for some application. Continuous effort is put into developing new formulations where the region of bicellar phase is extended. New developments include adding designed lipids with biphenylcontaining acyl chains^{61,62} or stabilizing bicelles by sialylated lipids.68

Today, bicelles have perfused most areas where structure and dynamics of membrane proteins are investigated. In fact, the current contribution reads like a cross-section through the entire field of structural biology of membrane proteins. As a result, the scope of this contribution—proteins studied in bicelles—may feel too restricted in the very near future, since the focus of the most interesting studies will be purely on

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structural and functional aspects of membrane proteins. Bicelles as the actual tool used to gain these insights—however powerful they may be—will step into the background.

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Notes

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Melissa Gildenberg is a medical student in the University of Iowa Carver College of Medicine's Medical Scientist Training Program. She graduated from the University of Michigan with a degree in biochemistry in 2012. There, she worked in Prof. Ramamoorthy's laboratory where her research focused on the development of low temperature bicelles for high-resolution structural studies of membrane proteins using solid-state NMR spectroscopy.



Professor Ayyalusamy Ramamoorthy obtained his Ph.D. in Chemistry in 1990 from the Indian Institute of Technology (Kanpur, India) working on the development of NQR spectroscopy. He subsequently moved to the Central Leather Research Institute (a national research laboratory in Madras/Chennai, India) as a Fellow Scientist to develop scalar coupling based NMR methods. In 1992, he joined JEOL Ltd (Tokyo, Japan) as a Scientist in the laboratory of Professor Kuniaki Nagayama to develop NMR techniques for studies on biological solids. He then joined the Stanley Opella group (University of Pennsylvania, Philadelphia) in 1993 to further develop and apply solid-state NMR techniques for atomic-level resolution imaging of membrane proteins. In 1996, he joined the University of Michigan in Ann Arbor where he currently holds a joint appointment as Professor in Biophysics and Department of Chemistry. His main research interests are on the development and applications of solid-state NMR spectroscopy to study the structure, dynamics, and function of membrane protein complexes, amyloid proteins, antimicrobial peptides, and bone. His recent research revealed the high-resolution structure, dynamics and interaction of membrane-bound cytochrome-P450-cytochrome-b₅, and atomic-level mechanisms of membrane permeation/disruption by amyloid peptides and antimicrobial peptides. More details about his current research can be found at www.umich.edu/~ramslab.

ACKNOWLEDGMENTS

This study was supported by funds from NIH (GM084018 and GM095640 to A.R.). The authors thank the past and present members of the Ramamoorthy laboratory for their contributions to bicelles research, and Prof. Dr. Robert Zand, Biophysics at the University of Michigan, for the generous gift of myelin basic protein.

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