### REVIEW



# The neglected puzzle of dementia in people with severe/ profound intellectual disabilities: A systematic literature review of observable symptoms

Maureen B. G. Wissing<sup>1,2,3</sup> | Aurora M. Ulgiati<sup>1,3</sup> | |

Johannes S. M. Hobbelen<sup>2,4</sup> | Peter P. De Deyn<sup>1,5,6</sup> | Aly Waninge<sup>2,7,8</sup> | |

Alain D. Dekker<sup>1,3</sup> |

### Correspondence

Maureen B. G. Wissing, Department of Neurology, University Medical Center Groningen (UMCG), P.O. Box 30.001, 9700 RB Groningen, The Netherlands. Email: m.b.g.wissing@umcg.nl

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# **Abstract**

Background: Dementia is increasingly prevalent in people with severe/profound intellectual disabilities. However, early detection and diagnosis of dementia is complex in this population. This study aimed to identify observable dementia symptoms in adults with severe/profound intellectual disabilities in available literature.

**Method:** A systematic literature search was conducted in PubMed, PsycINFO and Web of Science with an exhaustive search string using a combination of search terms for severe/profound intellectual disabilities and dementia/ageing.

**Results:** Eleven studies met inclusion criteria. Cognitive decline, behavioural and psychological alterations, decline in activities of daily living as well as neurological and physical changes were found.

Conclusions: Only a very limited number of studies reported symptoms ascribed to dementia in adults with severe/profound intellectual disabilities. Given the complexity of signalling and diagnosing dementia, dedicated studies are required to unravel the natural history of dementia in this population.

#### **KEYWORDS**

ageing, dementia, Down syndrome, intellectual disabilities, severe or profound intellectual (and multiple) disabilities

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<sup>&</sup>lt;sup>1</sup>Department of Neurology and Alzheimer Center, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>&</sup>lt;sup>2</sup>Research Group Healthy Ageing, Allied Health Care and Nursing, Hanze University of Applied Sciences, Groningen, The Netherlands

<sup>&</sup>lt;sup>3</sup>Department of Practice-Oriented Scientific Research (PWO), Alliade Care Group, Heerenveen, The Netherlands

<sup>&</sup>lt;sup>4</sup>Department of General Practice & Elderly Care Medicine, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>&</sup>lt;sup>5</sup>Institute Born-Bunge, University of Antwerpen, Antwerp, Belgium

<sup>&</sup>lt;sup>6</sup>Department of Neurology and Memory Clinic, Hospital Network Antwerp (ZNA) Middelheim and Hoge Beuken, Antwerp, Belgium

<sup>&</sup>lt;sup>7</sup>Department of Health Psychology, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>&</sup>lt;sup>8</sup>Royal Dutch Visio, Vries, The Netherlands

# 1 | INTRODUCTION

The world's population, including people with intellectual disabilities, is ageing. Life expectancy of people with intellectual disabilities has increased even more than in the general population (Coppus, 2013; Evans et al., 2013). Overall, life expectancy of this population is comparable to that of the general population, except for shorter life expectancy for people with more severe intellectual and multiple disabilities and people with Down syndrome (approximately 60 years; Bittles et al., 2007; Coppus, 2013). Given the fact that age is the major risk factor for dementia (Alzheimer's Association, 2021), dementia is increasingly prevalent among the population of people with disabilities. In particular, people with Down syndrome (trisomy 21) have a high genetic risk of developing Alzheimer's disease dementia: up to 77% will have developed dementia by the age between 60 and 69 years (Ballard et al., 2016). Moreover, prevalence rates of dementia for people with intellectual disabilities not due to Down syndrome vary across studies (Krinsky-McHale & Silverman, 2013).

A pre-existing intellectual disability, (lifelong) characteristic behaviour and co-morbidities which may mimic dementia symptoms are complicating factors in diagnosing dementia in people with intellectual disabilities (Esbensen et al., 2017; McKenzie et al., 2018; Sheehan et al., 2015). In fact, the more severe the level of intellectual disability, the more difficult diagnosing dementia becomes (Evans et al., 2013). Hence, diagnosing dementia is especially challenging in people with severe/profound intellectual disabilities, that is, Intelligence Quotient score below 35 (Evans et al., 2013; McKenzie et al., 2018). Firstly, their low cognitive baseline functioning makes it difficult to establish a decline in cognitive functioning from a previous higher level (Evans et al., 2013). Secondly, to show measurable changes in cognitive functioning using direct neuropsychological tests is virtually impossible due to floor effects (Elliott-King et al., 2016). Thirdly, observing a decline in functioning is highly complex because individuals with severe/profound intellectual disabilities have often multiple health conditions, that is, multimorbidity (Hermans & Evenhuis, 2014; Kinnear et al., 2018; Van Timmeren et al., 2017). Fourthly, they need high levels of support to perform activities of daily living, because specific skills were not attained (Sheehan et al., 2015). Consequently, skills which have never been developed cannot alter and therefore not serve as symptoms indicative of dementia. Lastly, diagnosing dementia in this population is even more complicated because communication is mostly non-verbal, thus without self-reported complaints (Smiley & Cooper, 2003). Hence, those with severe/profound intellectual disabilities are largely reliant on caregivers/relatives for signalling observable dementia symptoms (McKenzie et al., 2018).

Evidently, diagnosing dementia in people with severe/profound intellectual disabilities is a complex puzzle, which necessitates a proper understanding of its presentation in this population. Early detection and diagnosis of dementia allows care professionals and relatives to make informed choices about adaptation of caregiving, support and treatment (Dekker, Wissing et al., 2021). However,

caregivers indicate to have limited knowledge on the presentation of dementia in people with intellectual disabilities (Herron et al., 2015; Whitehouse et al., 2000). Limited knowledge about symptoms may cause early signs not be recognised, resulting in a (too) late diagnosis or no diagnosis at all (Cleary & Doody, 2017). Moreover, if dementia was diagnosed there was a gap in intellectual disability caregivers' knowledge about the course of dementia (Furniss et al., 2011; lacono et al., 2014). They struggled to understand whether changes were dementia symptoms or related to the intellectual disability (Iacono et al., 2014). Overall, a better understanding about (early) dementia symptoms, especially in those with severe/profound intellectual disabilities is essential to provide appropriate support and care in order to maintain quality of life (Janicki, 2011; Dekker, Wissing et al., 2021).

Improving the diagnostic procedure in this population starts with understanding the natural history of dementia. Hence, this study reviews literature to identify observable dementia symptoms in adults with severe/profound intellectual disabilities. Given the diagnostic complexity, it is expected that dementia is often underdiagnosed. Therefore, we also reviewed ageing literature describing changes in cognitive functioning and/or behavioural and psychological alterations without explicitly referring to dementia.

# 2 | METHODS

This systematic literature review largely followed PRISMA criteria (Moher et al., 2009). All criteria were followed with the exception of a risk of bias assessment, since our core aim was to identify observable dementia symptoms in those with severe/profound intellectual disabilities in the scarce literature.

# 2.1 | Search strategy

In December 2020, a systematic literature search without any time period restrictions was performed in PubMed, PsycINFO and Web of Science. The search strategy involved three key search term clusters. The first cluster included search terms for severe/profound intellectual disabilities, using a broad range of synonyms for intellectual disabilities as well as older (sometimes abandoned) terminology to ensure that relevant studies using past terminology were obtained as well. Given that no specific indexed terms exist for severe/profound intellectual disabilities in the databases, all search terms were searched in fivefold (preceded by the adjectives Complex, Multiple, Profound, Serious or Severe) to discard articles not focusing on severe/profound intellectual disabilities. The second cluster included search terms for dementia, for example, Alzheimer, major/minor cognitive impairment as well as terms related to ageing, such as decline, changes, progressive, deterioration. Subsequently, the third cluster ensured that only results for an aged population were obtained, removing large numbers of irrelevant studies in children, adolescents, young adults and animals. These three clusters were combined using the Boolean operator 'AND', whereas 'OR'. In all three clusters,

truncation (\*) accounted for different forms of words. Terms were searched in title and abstract (Table A1).

# 2.2 | Study selection

To be included, studies had to describe (potential) dementia symptoms in people with severe/profound intellectual disabilities aged 30 years and over. If studies focused on a broader spectrum of intellectual disability levels, (potential) dementia symptoms had to be separately reported for people with severe/profound intellectual disabilities. Exclusion criteria: studies in the general population (without intellectual disabilities), people with mild or moderate intellectual disabilities, age under 30 years, studies focusing on persons with severe/profound intellectual disabilities caused by rare (genetic) disorders (i.e., fewer than 5 in 10,000 people; Nguengang Wakap et al., 2020), non-original research articles (e.g., reviews), animal studies and non-English articles.

All records obtained in the three databases were deduplicated using RefWorks bibliographic management software (ProQuest). Titles and abstracts were subsequently screened for eligibility (A.M. U.). A randomly selected 15% of the deduplicated records were screened by a second author (M.B.G.W.). Afterwards, two authors (A.M.U. and M.B.G.W.) independently determined eligibility of the selected articles by checking full-texts. Disagreements were resolved by consensus discussions, if necessary consulting a third author (A.D.D.). Lastly, reference lists of included studies were checked for additional articles. Figure 1 schematically depicts the selection procedure.

# 2.3 Data extraction and synthesis

Two authors (A.M.U. and M.B.G.W.) independently extracted relevant data from the selected full-text studies, namely: study population(s), intellectual disability, assessment of dementia/age-related changes that are potential dementia symptoms, main symptomatic results (Table 1). Discrepancies were resolved with discussions between the two authors. Additionally, two authors separately determined the limitations of the primary studies. To diagnose dementia, different sets of criteria are currently being used worldwide (American Psychiatric Association, 2013; McKhann et al., 2011; World Health Organization, 2018). Despite (minor) differences, these sets of criteria all include, in one way or another, a decline in cognitive functioning which interferes with the ability to perform activities of daily living, accompanied by behavioural and psychological symptoms of dementia (BPSD), (Dekker et al. 2015; Finkel, 2000). Therefore, in ageing studies only reported cognitive changes and behavioural and psychological alterations were considered to be potential dementia symptoms. In the present study, (potential) dementia symptoms were categorised according to the three diagnostic criteria domains. Additional findings reported in dementia studies were grouped in the category neurological and other physical changes (Nieuwenhuis-Mark, 2009; Strydom et al., 2010; Table 2).

## 3 | RESULTS

The literature search yielded a total of 668 hits in three databases. Deduplication resulted in 625 unique records (Figure 1). Based on title

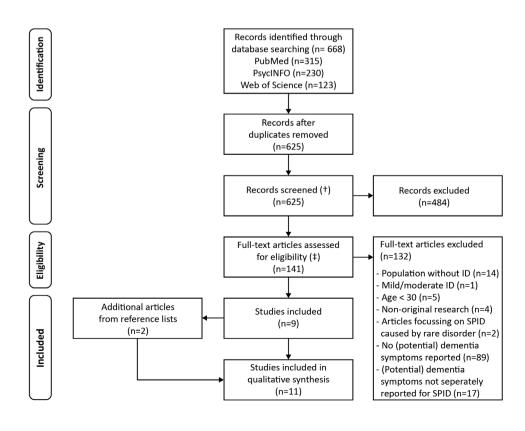


FIGURE 1 Flowchart of study selection process. †, inter-rater agreement in 15% of deduplicated records; ‡, inter-rater of full-text screening. ID, intellectual disabilities; SPID, severe/profound intellectual disabilities

TABLE 1 Characteristics and main symptomatic results of included studies

Studies of dementia symptoms

References	Study population(s)	ID classification	Assessment of dementia/agerelated changes that are potential dementia symptoms	Main symptomatic results
Reid and Aungle (1974)	155 ID, 63 $\mathcal{E}$ , 49-85 yrs - 1 severe ID (DS) + dementia, $\mathcal{E}$ , 52 yrs - 1 severe ID + dementia, $\mathcal{E}$ , 62 yrs	GMD	Clinical (re)assessment: - Case files - Informant interviews - Physical examination	\$\fractivity\$, \$\leq\$ speech, \$\leq\$ self-care skills\$, personality change, disturbed sleep, incontinence, late-onset epilepsy (Case 1) \$\leq\$ self-care skills, \$\leq\$ speech, personality change, asymmetrical spastic signs in limbs (Case 2)
Day (1985)	357 ID, ≥ 40 yrs - 2 severe ID + late-onset dementia	ICD-9	- Case files	↓ social skills, ↓ personal habits, behavioural disturbances, memory impairments: forgetfulness, confusion
Evenhuis (1990)	17 DS, 7 <i>3</i> , 45–63 yrs - 5 severe ID (DS) + AD, 2 <i>3</i> , 45– 60 yrs	Severe ID: IQ 25–5	Non-standardised clinical assessment: - Observations - Informant interviews - Physical examination	$\downarrow$ self-help skills, $\downarrow$ gait, apathy/withdrawal, epileptic seizures, chair/bedridden ( $n=5$ ) urinary incontinence, daytime sleepiness, myoclonus ( $n=4$ ) disturbed night sleep, muscle hypertonia ( $n=3$ ) apraxia, irritability/aggression ( $n=2$ ) $\downarrow$ speech ( $n=1$ )
Duggan et al. (1996)	12 ID + dementia, 3 <i>3</i> , 47–77 yrs - 1 severe ID (DS), 9, 59 yrs	ICD-9	<ul> <li>Psychiatric and medical files</li> <li>Informant interviews (BHI)</li> <li>Physical examination</li> </ul>	↓ amount of walking, ↓ food intake, ↓ drinking, weight loss, inappropriate food placing, wrong utensils use, pica, aimless walking hypermetamorphosis,
Burt et al. (1998)	70 DS, 22–60 yrs - 2 severe ID (DS) + dementia - 3 profound ID (DS) + dementia	Severe: IQ 21–36 Profound: no basal on LIPS	- Direct neuropsychological evaluation (DF & SR, GPT, DTVMI, PD, PPVT-R, LIPS) - Informant interviews (VABS, DQMRP, RSMB, DSI, MAS)	↓ cognitive functioning, ↓ memory, ↓ everyday functioning, emotional/behavioural changes
Määttä et al. (2006)	129 DS, 76 $_{\it G}$ , 0–67 yrs - 1 moderate/severe ID (DS) + AD, $_{\it G}$ , 51 yrs	ICD-10	- Case files	↓ self-care skills, ↑ forgetfulness, ↑ irritability, withdrawal, occasional aggressive outburst, late-onset epilepsy
Margallo-Lana et al. (2007)	92 DS, 63 <i>3</i> , 20–76 yrs - 6 profound ID (DS) + dementia	Unspecified	- Informant interviews - Medical files	Non-cognitive symptoms: ↓ everyday skills, ↓ mobility, ↓ interest in surroundings, uncharacteristic inappropriate behaviour, daytime sleepiness, wandering, getting lost, incontinence
Sauna-Aho et al. (2018)	128 DS, WS, FxS, 85 d, 36–85 yrs - 2 profound ID + dementia, 50 yrs (DS), 61 yrs (FxS)	Medical files	- Medical files - BPSLD - Brain imaging	Weight change, loss of energy, sleep disorder
				(Continues)

Main symptomatic results	
Assessment of dementia/agerelated changes that are potential dementia symptoms	
ID classification	
Study population(s)	- $1$ profound ID $+$ vascular dementia,
References	

(Continued)

TABLE 1

	Non-DS severe ID:  = psychological problems, \( \psi\) challenging behaviour DS severe ID: \( \psychological\) psychological problems, = challenging behaviour	Compared to younger SPID, older SPID showed:  † durations anxiety, inappropriate sexual behaviour, impulse control problems † severity anxiety, stereotypies/tics, impulse control problems Result in relation to ID level: † duration self-injury behaviour in elderly with profound ID	↑ withdrawal, ↑ intermittent screaming, ↑ intermittent crying, ↑ agitation, ↑ self-aggressivity, ↓ language, ↓ posture-motor ability, ↓ coordination, ↓ sociability, = aggressivity, = stereotypies, = mericysm, = sleep disorders
	GQ: - Psychological functioning - Challenging behaviour	DASH	Medical files
	Unspecified	AAMD	Medical files
53 yrs (WS)	1580 ID, 0–60+ yrs - 209 severe ID (DS) - 477 severe ID (non-DS)	168 SPID - 84 young, 46 δ, 20–29 yrs - 84 elderly, 45 δ, 60–79 yrs	474 profound ID and severe motor deficiency - 219 young, 1.2 $\delta/\varphi$ , 18-34 yrs - 151 middle-aged, 1 $\delta/\varphi$ , 35-49 yrs - 104 elderly, 1.4 $\delta/\varphi$ , 50-68 yrs
	Haveman et al. (1994)	Cherry et al. (1997)	Rousseau et al. (2019)
	Studies of potential dementia symptoms		

Note:  $\downarrow$ , decrease;  $\uparrow$ , increase; =, remained stable,  $\eth$ , male;  $\wp$ , female.

Questionnaire subscales; ICD, International Classification of Diseases and Related Health Problems; ID, intellectual disabilities; IQ, Intelligence Quotient; LIPS, Leiter International Performance Scale; MAS, Mood Assessment Scale for MR; PD, Picture Discription test; PPVT-R, Peabody Picture Vocabulary Test-Revised; RSMB, Reiss Screen for Maladaptive Behaviour; SPID, severe/profound intellectual disabilities; VABS, Abbreviations: AAMD, American Association on Mental Deficiency; AD, Alzheimer's disease; DASH, Diagnostic Assessment for the Severely Handicapped; BHI, Behaviour History Inventory; BPSLD, British Visual-Motor Integration; DQMRP, Dementia Questionnaire for Mentally Retarded Persons; FxS, Fragile X syndrome; GMD, Glossary of Mental Disorder; GPT, Grooved Pegboard Test; GQ, Gerontological Present Psychiatric State-Learning Disabilities assessment; DF & SR, Digits Forward and Sentence Recall subscales; DS, Down syndrome; DSI, Depression Status Inventory; DTVMI, Developmental Test of Vineland Adaptive Behaviour Scale, WS, Williams syndrome; yrs, years.

 TABLE 2
 Overview of (potential) dementia symptoms in people with severe/profound intellectual disabilities

Categories	Dementia symptoms	Potential dementia symptoms
Cognitive changes	<ul> <li>↓ speech<sup>1,3</sup>, ↓ social skills<sup>2</sup>, ↓ cognitive functioning<sup>5</sup>,</li> <li>↓ memory<sup>2,5</sup>, forgetfulness<sup>2,6</sup>, confusion<sup>2</sup>, aimless walking<sup>4</sup>, wandering<sup>7</sup>, getting lost<sup>7</sup>, ↓ personal habits<sup>2</sup>, apraxia<sup>3</sup>, inappropriate food placing<sup>4</sup>, wrong utensils use<sup>4</sup></li> </ul>	$\downarrow$ language <sup>11</sup> , $\downarrow$ sociability <sup>11</sup> , $\downarrow$ posturemotor ability <sup>11</sup> , $\downarrow$ coordination <sup>11</sup>
Behavioural and psychological changes	aggression <sup>3,6</sup> , withdrawal <sup>3,6</sup> , apathy <sup>3</sup> ,↓ interest in surroundings <sup>7</sup> , irritability <sup>3,6</sup> , daytime sleepiness <sup>3,7</sup> , disturbed sleep <sup>1</sup> , sleep disorder <sup>8</sup> , ↓ food intake <sup>4</sup> , ↓ drinking <sup>4</sup> , pica <sup>4</sup> , uncharacteristic inappropriate behaviour <sup>7</sup> , hypermetamorphosis <sup>4</sup> , personality change <sup>1</sup> , emotional/behavioural changes <sup>5</sup>	↑ self-aggressivity <sup>11</sup> , ↑ duration self-injury behaviour (PID) <sup>10</sup> , ↑ withdrawal <sup>11</sup> , ↑ agitation <sup>11</sup> , ↑ intermittent screaming <sup>11</sup> , ↑ intermittent crying <sup>11</sup> , ↑ durations anxiety <sup>10</sup> , ↑ durations inappropriate sexual behaviour <sup>10</sup> , ↑ durations impulse control problems <sup>10</sup> , ↑ severity anxiety <sup>10</sup> , ↑ severity stereotypies/tics <sup>10</sup> , ↑ severity impulse control problems <sup>10</sup> , ↑ psychological problems (DS) <sup>9</sup>
Changes in activities of daily living	<ul> <li>↓ self-care skills<sup>1,3,6</sup>, ↓ everyday functioning/skills<sup>5,7</sup>,</li> <li>↓ activity<sup>1</sup></li> </ul>	
Neurological and other physical changes	incontinence <sup>1,3,7</sup> , (late-onset) epilepsy <sup>1,3,6</sup> , weight change/loss <sup>4,8</sup> , ↓ energy <sup>8</sup> , ↓ amount of walking <sup>4</sup> , ↓ mobility <sup>7</sup> , ↓ gait <sup>3</sup> , chair/bedridden <sup>3</sup> , asymmetrical spastic signs in limbs <sup>1</sup> , muscle hypertonia <sup>3</sup> , myoclonus <sup>3</sup>	

Note: ↓, decrease; ↑, increase; =, remained stable. References: 1, (Reid & Aungle, 1974); 2, (Day, 1985); 3, (Evenhuis, 1990); 4, (Duggan et al., 1996); 5, (Burt et al., 1998); 6, (Määttä et al., 2006); 7, (Margallo-Lana et al., 2007); 8, (Sauna-Aho et al., 2018); 9, (Haveman et al., 1994); 10, (Cherry et al., 1997); 11, (Rousseau et al., 2019).

Abbreviations: DS, Down syndrome; non-DS, without Down syndrome; PID, profound intellectual disabilities.

and abstract 141 records were considered potentially relevant for this review. Inter-rater agreement of screening a randomly selected 15% of the deduplicated records was 96.7%. The 141 articles were read full-text, 9 studies satisfied all criteria and were subsequently included. Inter-rater agreement of this full-text screening process was 96.2%. Two additional articles were identified by screening reference lists of included articles (Figure 1). In total, 11 studies met inclusion criteria. Table 1 provides a detailed overview of characteristics and main results.

# 3.1 | Symptoms in dementia studies

The first study to report dementia symptoms in adults with severe/profound intellectual disabilities was published by Reid and Aungle (1974). Among 155 persons with intellectual disabilities, two individuals with a severe intellectual disability were diagnosed with dementia based on clinical (re)assessment (Table 1). For a 52-year-old man with Down syndrome, reported dementia symptoms consisted of a personality change, disturbed sleep, diminution of activity, reduction of speech and a deterioration in self-care skills. Incontinence and lateonset epilepsy were also reported. The second case concerned an

ongoing dementia process in a 65-year-old woman with a severe intellectual disability of unknown aetiology. Dementia began in her middle 50s and signs were slowly progressive loss of self-care skills, reduction of speech, a personality change and asymmetrical spasticity in the limbs.

Subsequently, Day (1985) reported the prevalence of dementia in 357 people with intellectual disabilities. A diagnosis of late-onset dementia was recorded in case files of nine individuals, including two persons with a severe intellectual disability. Both individuals had memory impairments presented as forgetfulness and confusion as well as loss of social skills and deterioration in personal habits. Furthermore, they exhibited behavioural disturbances, which were not further specified for these two persons.

Evenhuis (1990) conducted a prospective longitudinal study in seventeen individuals with Down syndrome of whom five had a severe intellectual disability. Dementia was suspected in these five individuals based on progressive decline in activities of daily living. However, it was not possible to formally diagnose dementia because memory and orientation could not be evaluated. Decreased self-help skills were observed in these five individuals as well. In one person, a reduction of speech was seen. In the other four persons speech had hardly developed, and was consequently not indicative of dementia

(Table 1). Two persons had developed apraxia, whereas apraxia was not assessed in the other three persons. Additionally, apathy, for example, social withdrawal, was observed in all five participants. Furthermore, reported behavioural changes were daytime sleepiness (n=4), disturbed sleep (n=3) and irritability/aggression (n=2). Resembling Reid and Aungle (1974) late-onset of epileptic seizures (n=5), myoclonus (n=4) and incontinence (n=4) were also reported. Additionally, all five individuals developed muscle hypertonia and presented gait deterioration. Over the course of dementia they became chair ridden or bedridden. Postmortem neuropathological examination confirmed Alzheimer's disease dementia in these five persons.

Duggan et al. (1996) described behavioural changes in a population with intellectual disabilities and dementia. Among the twelve individuals, one had a severe intellectual disability and was diagnosed with dementia. Based on an informant interview using the Past Behavioural History Inventory, this 59-year-old woman with Down syndrome was described as showing changes in walking behaviour, specifically aimless walking in the last eight months and a noticeable decrease in the amount of walking over the last eighteen months. Additional symptoms were weight loss, decreased food intake since eight months, inappropriate placing of food for eighteen months, wrong use of utensils, pica in the last six months and a decrease in the drinking amount over the last eight months. Lastly, she exhibited hypermetamorphosis which manifested as a compulsion to touch furniture (Table 1).

Similar to Evenhuis (1990), also Burt et al. (1998) used a prospective longitudinal approach for studying dementia in 70 people with Down syndrome, of whom at entry 16 had a severe intellectual disability and 5 a profound intellectual disability. Based on the International Classification of Diseases and Related Health Problems 10th revision, two persons with a severe intellectual disability and three with a profound intellectual disability had dementia (Table 1). A decline in memory was found in three persons and a decline in other cognitive functions was found in four individuals. In one person, direct memory and/or other cognitive tests were not possible, but decline was assumed to be present based on informant reports. All five persons declined in everyday functioning along with emotional and behavioural changes.

Furthermore, Määttä et al. (2006) focused on mental health and adaptive behaviour of 129 people with Down syndrome (Table 1). One case of an adult with a moderate-severe intellectual disability and Alzheimer's disease was described. Observations during the past five years revealed increasing forgetfulness, irritability, withdrawal, occasional aggressive outbursts and declining self-care skills. In line with Reid and Aungle (1974), late-onset epilepsy was found, here present for two and a half years.

Margallo-Lana et al. (2007) studied the extent of cognitive changes and dementia in people with Down syndrome, emphasising that clinically diagnosing dementia in those with more severe intellectual disabilities could be problematic. For six persons with profound intellectual disabilities, the diagnosis of dementia was based on noncognitive dementia characteristics such as behavioural symptoms like

loss of interest in surroundings, daytime sleepiness and uncharacteristic inappropriate behaviour. Further non-cognitive signs were a decline in everyday skills, wandering and getting lost, as well as decreasing mobility and incontinence (Table 1).

The last study reporting dementia symptoms in people with severe/profound intellectual disabilities was published by Sauna-Aho et al. (2018). Using the British Present and Psychiatric State-learning Disabilities assessment dementia was screened in 128 individuals consisting of subjects with Down syndrome (n = 62), Williams syndrome (n = 22) and Fragile X syndrome (n = 44). A total of 50 individuals had a severe intellectual disability and 3 had a profound intellectual disability. However, specific dementia symptoms were only separately reported for the three individuals with profound intellectual disabilities (one Down syndrome, one Williams, one Fragile X syndrome), namely: weight change, loss of energy and sleep disorder (Table 1).

# 3.2 | Potential dementia symptoms in ageing studies

It is expected that dementia is often underdiagnosed in people with severe/profound intellectual disabilities due to the complexity of diagnosing dementia in this population. Therefore, changes in cognitive functioning and/or behavioural and psychological alterations were considered to be potential symptoms of dementia.

The first study reporting age-related changes, which can in fact be dementia symptoms in adults with severe/profound intellectual disabilities was published by Haveman et al. (1994). They evaluated challenging behaviour and psychological problems in 1580 persons with intellectual disabilities according to age, level of intellectual disability and presence of Down syndrome. Specifically for people with a severe intellectual disability without Down syndrome, they found less challenging behaviour with advanced age, whereas psychological problems were evenly distributed. In people with Down syndrome, elderly with severe intellectual disabilities had more psychological problems (Table 1). The authors concluded that these psychological problems can be explained as symptoms of dementia, given that 39 of the 85 persons with Down syndrome (mild and severe intellectual disabilities) aged 50 years or older had a diagnosis of dementia.

Next, Cherry et al. (1997) undertook a cross-sectional study focusing on symptoms associated with psychiatric disorders in younger (20–29 years) versus older adults (60–79 years) with severe/profound intellectual disabilities (Table 1). Using the Diagnostic Assessment for the Severely Handicapped, psychopathologic symptoms were assessed based on frequency, duration and severity. Older adults showed longer durations for anxiety, inappropriate sexual behaviour and impulse control problems, as well as increased severity for anxiety, stereotypies/tics and impulse control problems. Moreover, the results implicated that anxiety and impulse control problems were more problematic in older adults. Additionally, age-related changes in severe versus profound intellectual disabilities were compared. Older persons with a profound intellectual disability had longer

durations of self-injury behaviour compared to those with a severe intellectual disability. The authors reported that the prevalence of diagnosis for psychiatric disorders, particularly classic forms of mental illness like anxiety was low.

Lastly, Rousseau et al. (2019) evaluated ageing in 474 people with a profound intellectual disability and severe motor deficiency. Compared to younger individuals (18–34 years), older adults (50–68 years) presented more frequently behavioural problems like withdrawal, intermittent screaming, intermittent crying, agitation and self-aggressivity. Similar proportions of aggressivity, stereotypies, mericysm and sleep problems were found in young, middle-aged (35–49 years) and older persons. Moreover, cognitive skills including language, posture-motor ability, coordination and sociability decreased with age.

# 3.3 | Synthesis of results

In summary, eight studies reported dementia symptoms for in total 27 adults with severe/profound intellectual disabilities and dementia. Of these 27 individuals, 22 had Down syndrome 1 had Williams syndrome, 1 had Fragile X syndrome and for 3 individuals the aetiology was unspecified. Additionally, three studies focusing on age-related changes in people with severe/profound intellectual disabilities found a decline in cognitive functioning and an increase of emergence of BPSD, which could potentially relate to dementia-related symptoms given the complexity of diagnosing dementia in this population. Table 2 provides an overview of reported cognitive changes, BPSD, changes in the ability to perform activities of daily living, neurological and other physical changes.

# 3.4 | Limitations of primary literature

The very limited number of studies that explicated studied dementia in people with severe/profound intellectual disabilities evidently showed that this population has been largely neglected in literature so far. Here, a first inventory of observable symptoms in this population is provided. Given that the retrieved articles had similar limitations, these limitations were not discussed per primary article but were summarised in general, grouped according to the data extraction categories presented in Table 1.

# 3.4.1 | Study population(s)

The first limitation concerned the small number of people with severe/profound intellectual disabilities for who observable dementia symptoms were reported (ranging from n=1 to 6 in each dementia study). Secondly, the aetiology of the intellectual disability was not specified in two dementia studies for a total of three persons (Day, 1985; Reid & Aungle, 1974) as well as for the 477 persons without Down syndrome in the ageing study of Haveman et al. (1994) and

474 persons in the ageing study of Rousseau et al. (2019). Thirdly, the exact (sub)type of dementia was not reported in five dementia studies (Burt et al., 1998; Day, 1985; Duggan et al., 1996; Margallo-Lana et al., 2007; Reid & Aungle, 1974). In another study it was not clearly reported whether the person with Down syndrome and the person with Fragile X syndrome had Alzheimer's disease dementia or vascular dementia Sauna-Aho et al. (2018).

# 3.4.2 | Intellectual disability classification

Criteria to determine the level of intellectual disability varied across studies, introducing a potential degree of variation. In fact, two studies did not specify how the level of intellectual disability was established (Haveman et al., 1994; Margallo-Lana et al., 2007). Surprisingly, Burt et al. (1998) determined the level at the entry of the study, introducing uncertainty about the premorbid level of intellectual disability, i.e., if those persons had always functioned in the severe/profound range at baseline.

# 3.4.3 | Assessment of dementia/age-related changes that are potential dementia symptoms

Similar to determining the level of intellectual disability, assessment procedures for dementia in those with severe/profound intellectual disabilities varied across studies. Two studies obtained diagnoses from case files without elaborating on the exact diagnostic procedure (Day, 1985; Määttä et al., 2006). Five studies reported that they had used instruments to identify (potential) dementia symptoms (Burt et al., 1998; Cherry et al., 1997; Duggan et al., 1996; Haveman et al., 1994; Sauna-Aho et al., 2018). In the remaining studies (potential) symptoms were retrieved from case files and/or information obtained from staff.

Taken together, studies retrieved in this systematic review displayed rather similar limitations with respect to small sample sizes and variation in assessment criteria/procedures.

# 4 | DISCUSSION

To the best of our knowledge, this review is the first to systematically identify observable dementia symptoms in people with severe/profound intellectual disabilities and a clinically and/or postmortem confirmed diagnosis of dementia in the – very scarce – available literature. Using an extensive search strategy, only eight studies were identified focusing – in part – on dementia in this population. Additionally, given the complexity of diagnosing dementia, three studies describing a decline in cognitive functioning and/or behavioural and psychological alteration in the context of ageing were also included. Summarising symptoms of (potential) dementia, this review revealed a decline in cognitive functioning, involving a deterioration in speech and losses of social skills as well as BPSD, in particular withdrawal and

aggressiveness. Furthermore, specifically in those with dementia, skills necessary to perform activities of daily living declined. Lastly, neurological and physical changes like, incontinence, (late-onset) epilepsy and a deterioration in gait were reported.

In line with the diagnostic criteria of dementia, eight studies reported cognitive changes, merely for those with severe intellectual disabilities (American Psychiatric Association, 2013; McKhann et al., 2011; World Health Organization, 2018). Two studies reported that specifically in those with profound intellectual disabilities, it is virtually impossible to show measurable changes in cognitive function with neuropsychological tests (Evenhuis, 1990; Margallo-Lana et al., 2007), which is in accordance with the findings of Elliott-King et al. (2016). Cognitive functions may never have been acquired and therefore cannot decline (Holland et al., 2000). Furthermore, they have to be supported by care professionals for activities of daily living, making it complex to determine whether dementia-related cognitive impairments interfere with the ability to perform activities of daily living. Nevertheless, it might be possible to determine dementia in this population based on BPSD, given that BPSD are found in all types of dementia and are most observable for caregivers (Engelborghs et al., 2005; Finkel, 2000).

In fact, the eight dementia studies as well as the three ageing studies all reported on BPSD. Four studies found symptoms of apathetic behaviour including withdrawal and loss of interest in surroundings (Evenhuis, 1990; Määttä et al., 2006; Margallo-Lana et al., 2007; Rousseau et al., 2019). These results are consistent with recent findings in a large study on dementia in people with Down syndrome, in which apathy was found one of the most commonly observed BPSD symptoms (Dekker et al., 2021, 2018). Furthermore, in this study a substantial proportion of people with Down syndrome and Alzheimer's disease displayed an increased frequency of aggressive behaviour (Dekker et al., 2021, 2018). Similarly, two dementia studies included in this review reported aggression in three individuals with a severe intellectual disability, Down syndrome and dementia (Evenhuis, 1990; Määttä et al., 2006). Additionally, the prevalence of self-aggressivity increased with age in people with a profound intellectual disability without an official diagnosis of dementia (Rousseau et al., 2019). Taken together, apathy and aggression reported in ageing studies can be signs of dementia in persons with severe/profound intellectual disabilities.

Furthermore, in those with a clinically and/or postmortem confirmed diagnosis of dementia, reported BPSD were irritability, alterations in eating/drinking behaviour and sleep problems. Irritability was observed particularly in individuals with a severe intellectual disability and Down syndrome (Evenhuis, 1990; Määttä et al., 2006), which is in line with results of other studies focusing on dementia symptoms in persons with Down syndrome (Lai & Williams, 1989; Moss & Patel, 1995). Moreover, Duggan et al. (1996) found alterations in eating and drinking behaviour also specifically in a person with a severe intellectual disability and Down syndrome. This suggests that eating and drinking behaviour is affected by dementia (Dekker et al., 2021, 2018). Additionally, individuals with severe/profound intellectual disabilities and dementia presented sleep problems including disturbed

sleep and daytime sleepiness (Evenhuis, 1990; Reid & Aungle, 1974; Sauna-Aho et al., 2018). Sleep problems are common in the population of people with intellectual disabilities (Van de Wouw et al., 2012). Nevertheless, they are important to consider given that they may aggravate cognitive decline and BPSD (Dekker et al., 2015).

Besides emerging BPSD, the ability to perform activities of daily living declined. Similar to Lai and Williams (1989), three dementia studies reported losses of self-care skills in individuals with a severe intellectual disability and Down syndrome (Evenhuis, 1990; Määttä et al., 2006; Reid & Aungle, 1974). Furthermore, dementia studies reported symptoms related to neurological and other physical changes like, incontinence, (late-onset) epilepsy, hypertonia and gait deterioration. In the study of Prasher (1995), these symptoms were associated with increasing severity of dementia.

# 4.1 | Strengths

This systematic review is a first step towards a proper understanding of the presentation of dementia in the population of people with severe/profound intellectual disabilities. A thorough search strategy using a broad range of searching terms, including older (sometimes abandoned) terminology, was performed to identify studies reporting dementia symptoms. Besides, we reviewed ageing literature describing changes in cognitive functioning and/or behavioural and psychological alterations which can in fact be symptoms of dementia given the complexity of diagnosing dementia in this population. Indeed, in one ageing studies the authors confirmed that observed psychological problems were symptoms of dementia.

#### 4.2 | Limitations

Although this study provides the first steps towards a proper understanding of the natural history of dementia in people with severe/profound intellectual disabilities, various limitations were found across the primary literature retrieved here. The rather small number of people with severe/profound intellectual disabilities and dementia poses a threat to representativeness of these results for the entire population. Consequently, further analyses on aetiological subgroups were not possible (further complicated by evident lack of reporting of aetiologies). Establishing patterns of symptoms associated with different (sub)types of dementia could also not be determine because studies did not report the exact type of dementia.

Given the complexity of diagnosing dementia in people with severe/profound intellectual disabilities, it is questionable whether early dementia symptoms were observed or whether observed symptoms were attributed to the intellectual disability, ageing or another condition rather than dementia. For instance, cognitive changes and BPSD may also be caused by other causes than dementia, for example, sensory impairments and psychiatric disorders (Moriconi et al., 2015). In fact, studies reported high prevalence rates of visual or hearing deficits and psychiatric disorders including depression and

schizophrenia in elderly with severe/profound intellectual disabilities (Evenhuis et al., 2001; Haveman & Maaskant, 1989; Kirkpatrick-Sanchez et al., 1996; Van Splunder et al., 2006).

Furthermore, our search strategy was targeted to retrieve studies focusing on severe/profound intellectual disabilities. Given the functionalities of the databases PubMed, PsychINFO and Web of Science, studies assessing a broad level of intellectual disabilities without specifying the level in title or abstract were likely missed in the search strategy. To that end, we performed an additional search to assess how many studies focusing on dementia in people with intellectual disabilities (in the broadest sense) or persons with Down syndrome published in the last five years were potentially missed. No additional broad intellectual disability and Down syndrome studies reporting dementia symptoms in those with severe/profound intellectual disability were identified. This emphasises the lack of focus on dementia in this population.

# 4.3 | Future implications

This systematic review provides a first overview of observable dementia symptoms in people with severe/profound intellectual disabilities. There is an evident need for further study of the natural history of dementia in this population. Future studies should focus on identification of observable dementia symptoms. Evidently, literature only provided limited clues. Therefore, it is of utmost importance to make an inventory of practice-based observations, among others by analysing existing medical files and by collecting observed symptoms by care professionals with vast experience in intellectual disability care through surveys and interviews. Such information about symptomology of dementia is relevant to enable (early) detection and diagnosis of dementia in this population. This enables family and health care professionals to adequately adapt daily caregiving (Janicki, 2011; Dekker, Wissing et al., 2021). Furthermore, early diagnosis allows development of an individual treatment plan, including choices about medication use, to reduce specific symptoms or slow the rate of further decline (Janicki, 2011; Dekker, Wissing et al., 2021). Altogether, (early) diagnosis of dementia may contribute to the well-being of individuals with severe/profound intellectual disabilities.

# 5 | CONCLUSION

Dementia in people with severe/profound intellectual disabilities has received very little attention so far, as shown by the limited number of studies focusing on this complex combination. Here, we have identified and summarised observable symptoms in available literature. Despite the few small-sized studies, a range of dementia symptoms were identified, subdivided in cognitive decline (e.g., memory loss, forgetfulness, deterioration in speech, losses of social skills), decline in activities of daily living (e.g., self-cares skills, everyday functioning/skills), BPSD (e.g., apathy, aggression, irritability, altered eating/drinking behaviour) as well as neurologic and other physical symptoms

(e.g., incontinence, (late-onset) epilepsy, hypotonia, gait deterioration). Because of increasing life expectancy, dementia will become more prominent in people with severe/profound intellectual disabilities. This review is a first step in improving the diagnostic procedure in this population. Future studies are required to specifically address dementia in people with severe/profound intellectual disabilities, further establishing the natural history. This would enable (early) detection and diagnosis of dementia which contributes to maintaining quality of life in people with severe/profound intellectual disabilities and dementia.

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#### ORCID

Maureen B. G. Wissing https://orcid.org/0000-0003-3371-4547

Aurora M. Ulgiati https://orcid.org/0000-0001-6393-946X

Johannes S. M. Hobbelen https://orcid.org/0000-0003-1852-0955

Peter P. De Deyn https://orcid.org/0000-0002-2228-2964

Aly Waninge https://orcid.org/0000-0002-2316-2577

Alain D. Dekker https://orcid.org/0000-0001-8771-218X

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## **APPENDIX**

**TABLE A1** Search strategy for PubMed, PsycINFO and Web of Science

#### Database Search strategy

PubMed

#1 Complex developmental abnormalit\* [tiab] OR Multiple developmental abnormalit\* [tiab] OR Profound developmental abnormalit\* [tiab] OR Serious developmental abnormalit\* [tiab] OR Severe developmental abnormalit\* [tiab] OR Complex intellectual abnormalit\* [tiab] OR Multiple intellectual abnormalit\* [tiab] OR Profound intellectual abnormalit\* [tiab] OR Serious intellectual abnormalit\* [tiab] OR Severe intellectual abnormalit\* [tiab] OR Complex learning abnormalit\* [tiab] OR Multiple learning abnormalit\* [tiab] OR Profound learning abnormalit\* [tiab] OR Serious learning abnormalit\* [tiab] OR Severe learning abnormalit\* [tiab] OR Complex mental abnormalit\* [tiab] OR Multiple mental abnormalit\* [tiab] OR Profound mental abnormalit\* [tiab] OR Serious mental abnormalit\* [tiab] OR Severe mental abnormalit\* [tiab] OR Complex neurodevelopmental abnormalit\* [tiab] OR Multiple neurodevelopmental abnormalit\* [tiab] OR Profound neurodevelopmental abnormalit\* [tiab] OR Serious neurodevelopmental abnormalit\* [tiab] OR Severe neurodevelopmental abnormalit\* [tiab] OR amentia [tiab] OR Complex cognitive challenge\* [tiab] OR Multiple cognitive challenge\* [tiab] OR Profound cognitive challenge\* [tiab] OR Serious cognitive challenge\* [tiab] OR Severe cognitive challenge\* [tiab] OR Complex developmental challenge\* [tiab] OR Multiple developmental challenge\* [tiab] OR Profound developmental challenge\* [tiab] OR Serious developmental challenge\* [tiab] OR Severe developmental challenge\* [tiab] OR Complex intellectual challenge\* [tiab] OR Multiple intellectual challenge\* [tiab] OR Profound intellectual challenge\* [tiab] OR Serious intellectual challenge\* [tiab] OR Severe intellectual challenge\* [tiab] OR Complex learning challenge\* [tiab] OR Multiple learning challenge\* [tiab] OR Profound learning challenge\* [tiab] OR Serious learning challenge\* [tiab] OR Severe learning challenge\* [tiab] OR Complex neurodevelopmental challenge\* [tiab] OR Multiple neurodevelopmental challenge\* [tiab] OR Profound neurodevelopmental challenge\* [tiab] OR Serious neurodevelopmental challenge\* [tiab] OR Severe neurodevelopmental challenge\* [tiab] OR Multiply cognitively challenged [tiab] OR Profoundly cognitively challenged [tiab] OR Seriously cognitively challenged [tiab] OR Severely cognitively challenged [tiab] OR Multiply developmentally challenged [tiab] OR Profoundly developmentally challenged [tiab] OR Seriously developmentally challenged [tiab] OR Severely developmentally challenged [tiab] OR Multiply intellectually challenged [tiab] OR Profoundly intellectually challenged [tiab] OR Seriously intellectually challenged [tiab] OR Severely intellectually challenged [tiab] OR Multiply learning challenged [tiab] OR Profoundly learning challenged [tiab] OR Seriously learning challenged [tiab] OR Severely learning challenged [tiab] OR Multiply neurodevelopmentally challenged [tiab] OR Profoundly neurodevelopmentally challenged [tiab] OR Seriously neurodevelopmentally challenged [tiab] OR Severely neurodevelopmentally challenged [tiab] OR Complex cognitive defect\* [tiab] OR Multiple cognitive defect\* [tiab] OR Profound cognitive defect\* [tiab] OR Serious cognitive defect\* [tiab] OR Severe cognitive defect\* [tiab] OR Complex developmental defect\* [tiab] OR Multiple developmental defect\* [tiab] OR Profound developmental defect\* [tiab] OR Serious developmental defect\* [tiab] OR Severe developmental defect\* [tiab] OR Complex intellectual defect\* [tiab] OR Multiple intellectual defect\* [tiab] OR Profound intellectual defect\* [tiab] OR Serious intellectual defect\* [tiab] OR Severe intellectual defect\* [tiab] OR Complex learning defect\* [tiab] OR Multiple learning defect\* [tiab] OR Profound learning defect\* [tiab] OR Serious learning defect\* [tiab] OR Severe learning defect\* [tiab] OR Complex mental defect\* [tiab] OR Multiple mental defect\* [tiab] OR Profound mental defect\* [tiab] OR Serious mental 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feeble-minded [tiab] OR Severely feeble-minded [tiab] OR Profound

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- #2 Alzheimer\* [tiab] OR Change [tiab] OR Changed [tiab] OR Changes [tiab] OR Changing [tiab] OR Decline [tiab] OR Dement\* [tiab] OR Deteriorat\* [tiab] OR Major cognitive dysfunction\* [tiab] OR Major cognitive impairment\* [tiab] OR Mild cognitive dysfunction\* [tiab] OR Mild cognitive impairment\* [tiab] OR Creutzfeldt-Jakob [tiab] OR Degeneration [tiab] OR Neurodegenerat\* [tiab] OR Kluver-Bucy [tiab] OR Lewy Body [tiab] OR Cerebrovascular [tiab] OR Wilhelmsen Lynch [tiab] OR Pick\* [tiab] OR Binswanger [tiab] OR Progressive [tiab] OR Leukoencephalopathy [tiab] OR Aging [tiab] OR Aging [tiab] OR Neurodeteriorat\* [tiab]
- #3 Elder\* [tiab] OR Geriatric\* [tiab] OR Old age [tiab] OR Older participant\* [tiab] OR Older population\* [tiab] OR Older individual\* [tiab] OR Older adult\* [tiab] OR Older patient\* [tiab] OR Older people [tiab] OR Older person\* [tiab] OR Older subject\* [tiab] OR Oldest participant\* [tiab] OR Oldest population\* [tiab] OR Oldest individual\* [tiab] OR Oldest adult\* [tiab] OR Oldest patient\* [tiab] OR Oldest people [tiab] OR Oldest person\* [tiab] OR Oldest subject\* [tiab] OR Senior\* [tiab] OR Aged individual\* [tiab] OR Aged population\* [tiab] OR Aged patient\* [tiab] OR Aged people [tiab]

#4 #1 AND #2 AND #3

Web of Science

#1 "Complex developmental abnormalit\*" OR "Multiple developmental abnormalit\*" OR "Profound developmental abnormalit\*" OR "Serious developmental abnormalit\*" OR "Severe developmental abnormalit\*" OR "Complex intellectual abnormalit\*" OR "Multiple intellectual abnormalit\*" OR "Profound intellectual abnormalit\*" OR "Serious intellectual abnormalit intellectual abnormalit\*" OR "Complex learning abnormalit\*" OR "Multiple learning abnormalit\*" OR "Profound learning abnormalit\*" OR "Serious learning abnormalit\*" OR "Severe learning abnormalit\*" OR "Complex mental abnormalit\*" OR "Multiple mental abnormalit\*" OR "Profound mental abnormalit\*" OR "Serious mental abnormalit\*" OR "Severe mental abnormality "Complex neurodevelopmental abnormalit\*" OR "Multiple neurodevelopmental abnormalit\*" OR "Profound neurodevelopmental abnormalit\*" OR "Serious neurodevelopmental abnormalit\*" OR "Severe neurodevelopmental abnormalit\*" OR Amentia OR "Complex cognitive challenge\*" OR "Multiple cognitive challenge\*" OR "Profound cognitive challenge\*" OR "Serious cognitive challenge\*" OR "Severe cognitive challenge\*" OR "Complex developmental challenge\*" OR "Multiple developmental challenge\*" OR "Profound developmental challenge\*" OR "Serious developmental challenge\*" OR "Severe developmental challenge\*" OR "Complex intellectual challenge\*" OR "Multiple intellectual challenge\*" OR "Profound intellectual challenge\*" OR "Serious intellectual challenge\*" OR "Severe intellectual challenge\*" OR "Complex learning challenge\*" OR "Multiple learning challenge\*" OR "Profound learning challenge\*" OR "Serious learning challenge\*" OR "Severe learning challenge\*" OR "Complex neurodevelopmental challenge\*" OR "Multiple neurodevelopmental challenge\*" OR "Profound neurodevelopmental challenge\*" OR "Serious neurodevelopmental challenge\*" OR "Severe neurodevelopmental challenge\*" OR "Multiply cognitively challenged" OR "Profoundly cognitively challenged" OR "Seriously cognitively challenged" OR "Severely cognitively challenged" OR "Multiply developmentally challenged" OR "Profoundly developmentally challenged" OR "Seriously developmentally challenged" OR "Severely developmentally challenged" OR "Multiply intellectually challenged" OR "Profoundly intellectually challenged" OR "Seriously intellectually challenged" OR "Severely intellectually challenged" OR "Multiply learning challenged" OR "Profoundly learning challenged" OR "Seriously learning challenged" OR "Severely learning challenged" OR "Multiply neurodevelopmentally challenged" OR "Profoundly neurodevelopmentally challenged" OR "Seriously neurodevelopmentally challenged" OR "Severely

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neurodevelopmentally challenged" OR "Complex cognitive defect\*" OR "Multiple cognitive defect\*" OR "Profound cognitive defect\*" OR "Serious cognitive defect\*" OR "Severe cognitive defect\*" OR "Complex developmental defect\*" OR "Multiple developmental defect\*" OR "Profound developmental defect\*" OR "Serious developmental defect\*" OR "Severe developmental defect\*" OR "Complex intellectual defect\*" OR "Multiple intellectual defect\*" OR "Profound intellectual defect\*" OR "Serious intellectual defect\*" OR "Severe intellectual defect\*" OR "Complex learning defect\*" OR "Multiple learning defect\*" OR "Profound learning defect\*" OR "Serious learning defect\*" OR "Severe learning defect\*" OR "Complex mental defect\*" OR "Multiple mental defect\*" OR "Profound mental defect\*" OR "Serious mental defect\*" OR "Severe mental defect\*" OR "Complex neurodevelopmental defect\*" OR "Multiple neurodevelopmental defect\*" OR "Profound neurodevelopmental defect\*" OR "Serious 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neurodevelopmental difficult\*" OR "Profound neurodevelopmental difficult\*" OR "Serious neurodevelopmental difficult\*" OR "Severe neurodevelopmental difficult\*" OR "Complex cognitive disabilit\*" OR "Multiple cognitive disabilit\*" OR "Profound cognitive disabilit\*" OR "Serious cognitive disabilit\*" OR "Severe cognitive disabilit\*" OR "Complex developmental disabilit\*" OR "Multiple developmental disabilit\*" OR "Multiple developmental disabilit\*" OR "Serious developmental disabilit\*" OR "Severe developmental disabilit\*" OR "Trainable intellectual disabilit\*" OR "Complex intellectual disabilit\*" OR "Multiple intellectual disabilit\*" OR "Profound intellectual disabilit\*" OR "Serious intellectual disabilit\*" OR "Severe intellectual disabilit\*" OR "Severe profound intellectual motor disabilit\*" OR "Complex learning disabilit\*" OR "Multiple learning disabilit\*" OR "Profound learning disabilit\*" OR "Serious learning disabilit\*" OR "Severe learning disabilit\*" OR 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mental impairment\*" OR "Complex cognitive incapacit\*" OR "Multiple cognitive incapacit\*" OR "Profound cognitive incapacit\*" OR "Serious cognitive incapacit\*" OR "Severe cognitive incapacit\*" OR "Complex developmental incapacit\*" OR "Multiple developmental incapacit\*" OR "Profound developmental incapacit\*" OR "Serious developmental incapacit\*" OR "Severe developmental incapacit\*" OR "Complex intellectual incapacit\*" OR "Multiple intellectual incapacit\*" OR "Profound intellectual incapacit\*" OR "Serious intellectual incapacit\*" OR "Severe intellectual incapacit\*" OR "Complex learning incapacit\*" OR "Multiple learning incapacit\*" OR "Profound learning incapacit\*" OR "Serious learning incapacit\*" OR "Severe learning incapacit\*" OR "Complex mental incapacit\*" OR "Multiple mental incapacit\*" OR "Profound mental incapacit\*" OR "Serious mental incapacit\*" OR "Severe mental incapacit\*" OR "Complex neurodevelopmental incapacit\*" OR "Multiple neurodevelopmental 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- #2 (Alzheimer\* OR Change OR Changed OR Changes OR Changing OR Decline OR Dement\* OR Deteriorat\* OR "Major cognitive dysfunction\*" OR "Major cognitive impairment\*" OR "Mild cognitive dysfunction\*" OR "Mild cognitive impairment\*" OR "Creutzfeldt Jakob" OR Degeneration OR Neurodegenerat\* OR "Kluver-Bucy" OR "Lewy Body" OR Cerebrovascular OR "Wilhelmsen Lynch" OR Pick\* OR Binswanger OR Progressive OR Leukoencephalopathy OR Ageing OR Aging OR Neurodeteriorat\*
- #3 Elder\* OR Geriatric\* OR "Old age" OR "Older participant\*" OR "Older population\*" OR "Older individual\*" OR "Older adult\*" OR "Older patient\*" OR "Older people" OR "Older person\*" OR "Older subject\*" OR "Oldest participant\*" OR "Oldest population\*" OR "Oldest individual\*" OR "Oldest adult\*" OR "Oldest patient\*" OR "Oldest people" OR "Oldest person\*" OR "Oldest subject\*" OR Senior\* OR "Aged individual\*" OR "Aged population\*" OR "Aged participant\*" OR "Aged adult\*" OR "Aged patient\*" OR "Aged people" OR "Aged person\*" OR "Aged subject\*"

#4 TS = (#1) AND TS = (#2) AND TS = (#3)

#1 Complex developmental abnormalit\* OR Multiple developmental abnormalit\* OR Profound developmental abnormalit\* OR Serious developmental abnormalit\* OR Severe developmental abnormalit\* OR Complex intellectual abnormalit\* OR Multiple intellectual abnormalit\* OR Profound intellectual abnormalit\* OR Serious intellectual abnormalit\* OR Severe intellectual abnormalit\* OR Complex learning abnormalit\* OR Multiple learning abnormalit\* OR Profound learning abnormalit\* OR Serious learning

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abnormalit\* OR Severe learning abnormalit\* OR Complex mental abnormalit\* OR Multiple mental abnormalit\* OR Profound mental abnormalit\* OR Serious mental abnormalit\* OR Severe mental abnormalit\* OR Complex neurodevelopmental abnormalit\* OR Multiple neurodevelopmental abnormalit\* OR Profound neurodevelopmental abnormalit\* OR Serious neurodevelopmental abnormalit\* OR Severe neurodevelopmental abnormalit\* OR Amentia OR Complex cognitive challenge\* OR Multiple cognitive challenge\* OR Profound cognitive challenge\* OR Serious cognitive challenge\* OR Severe cognitive challenge\* OR Complex developmental challenge\* OR Multiple developmental challenge\* OR Profound developmental challenge\* OR Serious developmental challenge\* OR Severe developmental challenge\* OR Complex intellectual challenge\* OR Multiple intellectual challenge\* OR Profound intellectual challenge\* OR Serious intellectual challenge\* OR Severe intellectual challenge\* OR Complex learning challenge\* OR Multiple learning challenge\* OR Profound learning challenge\* OR Serious learning challenge\* OR Severe learning challenge\* OR Complex neurodevelopmental challenge\* OR Multiple neurodevelopmental challenge\* OR Profound neurodevelopmental challenge\* OR Serious neurodevelopmental challenge\* OR Severe neurodevelopmental challenge\* OR Multiply cognitively challenged OR Profoundly cognitively challenged OR Seriously cognitively challenged OR Severely cognitively challenged OR Multiply developmentally challenged OR Profoundly developmentally challenged OR Seriously developmentally challenged OR Severely developmentally challenged OR Multiply intellectually challenged OR Profoundly intellectually challenged OR Seriously intellectually challenged OR Severely intellectually challenged OR Multiply learning challenged OR Profoundly learning challenged OR Seriously learning challenged OR Severely learning challenged OR Multiply neurodevelopmentally challenged OR Profoundly 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mentally subnormal OR Multiply neurodevelopmentally subnormal OR Profoundly neurodevelopmentally subnormal OR Seriously neurodevelopmentally subnormal OR Severely neurodevelopmentally subnormal OR Multiply weak-minded OR Profoundly weak-minded OR Seriously weak-minded OR Severely weak-minded OR Multiply weak-mindedness OR Profoundly weak-mindedness OR Seriously weak-mindedness OR Severely weak-mindedness

- #2 Alzheimer\* OR Change OR Changed OR Changes OR Changing OR Decline OR Dement\* OR Deteriorat\* OR Major cognitive dysfunction\* OR Major cognitive impairment\* OR Mild cognitive dysfunction\* OR Mild cognitive impairment\* OR Creutzfeldt Jakob OR Degeneration OR Neurodegenerat\* OR K Kluver-Bucy OR Lewy Body OR Cerebrovascular OR Wilhelmsen Lynch OR Pick\* OR Binswanger OR Progressive OR Leukoencephalopathy OR Aging OR Neurodeteriorat\*
- #3 Elder\* OR Geriatric\* OR Old age OR Older participant\* OR Older population\* OR Older individual\* OR Older adult\* OR Older patient\* OR Older people OR Older person\* OR Older subject\* OR Oldest participant\* OR Oldest population\* OR Oldest individual\* OR Oldest adult\* OR Oldest patient\* OR Oldest people OR Oldest person\* OR Oldest subject\* OR Senior\* OR Aged individual\* OR Aged population\* OR Aged participant\* OR Aged adult\* OR Aged patient\* OR Aged people OR Aged person\* OR Aged subject\*

#4 [#1 TI AND #2 TI AND #3 TI] OR [#1 AB AND #2 AB AND #3 AB]