# Astaxanthin inhibits homocysteine-induced endothelial cell dysfunction via the regulation of the reactive oxygen species-dependent VEGF-VEGFR2-FAK signaling pathway

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Abstract. Increased plasma levels of homocysteine (Hcy) can cause severe damage to vascular endothelial cells. Hcy-induced endothelial cell dysfunction contributes to the occurrence and development of human cerebrovascular diseases (CVDs). Our previous studies have revealed that astaxanthin (ATX) exhibits novel cardioprotective activity against Hcy-induced cardiotoxicity in vitro and in vivo. However, the protective effect and mechanism of ATX against Hcy-induced endothelial cell dysfunction requires further investigation. In the present study, treatment of human umbilical vascular endothelial cells (HUVECs) with Hcy inhibited the migration, invasive and tube formation potentials of these cells in a dose-dependent manner. Hcy treatment further induced a time-dependent increase in the production of reactive oxygen species (ROS), and downregulated the expression of vascular endothelial growth factor (VEGF), phosphorylated (p)-Tyr-VEGF receptor 2 (VEGFR2) and p-Tyr397-focal adhesion kinase (FAK). On the contrary, ATX pre-treatment significantly inhibited Hcy-induced cytotoxicity and increased HUVEC migration, invasion and tube formation following Hcy treatment. The mechanism of action may involve the effective inhibition of Hcy-induced ROS generation and the recovery of FAK phosphorylation. Collectively, our findings suggested that ATX could inhibit Hcy-induced endothelial dysfunction by suppressing

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Hcy-induced activation of the VEGF-VEGFR2-FAK signaling axis, which indicates the novel therapeutic potential of ATX in treating Hcy-mediated CVD.

## Introduction

Endothelial dysfunction has been identified as one of the most important pathogenetic causes of human cerebrovascular disease (CVD) (1,2). Endothelial dysfunction can cause damage to the blood-brain barrier and can result in a range of neurological disorders, including multiple sclerosis, vascular dementia and subsequent complications of the extremities (3-5). Cerebral small vessel disease is a condition that involves the formation of white matter lesions and cerebral microbleeds, and has been associated with endothelial dysfunction (6).

Elevated serum levels of homocysteine (Hcy) is an independent risk factor that can damage vascular endothelial cells and can cause endothelial dysfunction, which in turn contributes to the occurrence and development of CVDs (7-9). Several studies have focused on the ability of Hcy to lower the severity of numerous human diseases (10-12). Hcy-induced apoptosis of endothelial cells has been reported to account for Hcy-dependent vascular injury (13). Accumulated evidence suggests that Hcy can cause endothelial dysfunction. For example, Hcy can inhibit endothelial nitric oxide (NO) synthase signaling (14) and cell migration by targeting key angiogenic factors (15). Furthermore, it can reduce the expression levels of vascular endothelial growth factor (VEGF)-A and vascular endothelial growth factor receptor (VEGFR)-2 (16,17). Hcy can inhibit microvascular endothelial cell formation by disrupting cell migration via an inducible NO synthase-dependent mechanism (18,19). Hcy can decrease the invasive potential of endothelial cells by inhibiting matrix metalloproteinase (MMP)-2 and urokinase (19); however, the mechanism of cytotoxicity of Hcy on endothelial cells remains unclear. Furthermore, to the best of our knowledge, the role of reactive oxygen species (ROS) in endothelial dysfunction has not been investigated previously.

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Astaxanthin (ATX) is a potent antioxidant that undertakes a novel mechanism of action. Our previous study revealed that ATX can attenuate Hcy-induced cardiotoxicity in vitro and in vivo by inhibiting mitochondrial dysfunction and oxidative damage (20). It was reported that ATX could attenuate the astrocyte apoptosis and reduce traumatic brain injury by inhibiting Na-K-Cl co-transporter (NKCC1) and the secretion of proinflammatory cytokines (21). These effects were caused by the suppression of oxidative stress and the upregulation of brain-derived neurotrophic factor and nerve growth factor mRNA (22,23). ATX exerted neuroprotective effects against subarachnoid hemorrhage damage that involved the inhibition of MMP-9 expression, the upregulation of Akt/glycogen synthase kinase-3 $\beta$  and the activation of the nuclear factor-like 2-antioxidant responsive element pathway (24-32); however, the protective effects of ATX against Hcy-induced endothelial dysfunction and the underlying mechanism require further investigation.

### Materials and methods

*Materials*. Dulbecco's Modified Eagles medium (DMEM)/ F-12 and fetal bovine serum (FBS) were purchased from Gibco (Thermo Fisher Scientific, Inc.). ATX (purity, 97%), Hcy (purity, 98%), MTT and propidium iodide were obtained from Sigma-Aldrich (Merck KGaA). All primary antibodies used in the present study, including anti-VEGF (cat. no. 2463), VEGFR2 (cat. no. 9698), phosphorylated (p)-VEGFR2 (cat. no. 2478), Tyr397-focal adhesion kinase (FAK; cat. no. 3283), FAK (cat. no. 3285) and  $\beta$ -actin (cat. no. 8457) were purchased from Cell Signaling Technology, Inc. A horseradish peroxidase-linked goat anti-rabbit immunoglobulin G (cat. no. 7074; Cell Signaling Technology, Inc.) was used as the secondary antibody. PF-562271 was purchased from Selleck Chemicals. All solvents used were of high-performance liquid chromatography grade.

Cell viability assay. Human umbilical vein endothelial cells (HUVECs) were obtained from the American Type Culture Collection. HUVECs were cultured in DMEM-F12 containing 10% FBS at 5% CO2 and 37°C in an incubator. Cells (8x10<sup>3</sup> cells/well) were seeded in a 96-well plate and treated with Hcy (1, 2, 5, 10 and 20 mM) at 37°C for 72 h. In addition, cells were pre-treated with 1, 2, 5 and 10  $\mu$ M ATX at 37°C for 6 h and then incubated with 10 mM Hcy at 37°C for 72 h. Following treatment, 20 µl MTT solution was added and the cells were incubated at 37°C for another 5 h. Subsequently, the medium was removed and 150  $\mu$ l of dimethyl sulfoxide was added. Cell viability was analyzed at room temperature (25°C) by detecting the absorbance at 570 nm. The morphology of HUVECs was observed under a phase contrast-microscope (magnification, x400; Nikon Corporation). Five randomly-selected fields of view per sample were imaged.

*Cell migration assay.* HUVEC migration was measured by a wound-healing migration assay. Briefly, HUVECs were seeded in a 6-well tissue culture plate and cultured at  $37^{\circ}$ C for 24 h. Scratched wounds were created by scraping the cell monolayer with a sterile 10  $\mu$ l pipette tip. Subsequently, the cells were cultured with DMEM/F-12 medium (containing 1% FBS). Subsequently, the cells were pre-treated with 5  $\mu$ M ATX for 6 h and/or 10 mM Hcy or 10 nM PF562271 at 37°C for 48 h. Untreated cells were used as control. The migrated cells were imaged in five randomly-selected fields of view with a phase-contrast microscope (magnification, x200) and the percentage of migration was quantified by manual counting (% of control).

*Cell invasion assay.* HUVECs were pre-treated with 5  $\mu$ M ATX for 6 h and/or co-incubated with 10 mM Hcy at 37°C for 72 h. Following treatment, HUVECs (4x10<sup>4</sup> cells/well) were suspended in 100  $\mu$ l DMEM/F-12 medium (FBS-free) and were seeded in the upper layer of a Matrigel pre-coated Transwell chamber. Complete DMEM/F12 (600  $\mu$ l, 10% FBS) was added into the lower chamber. Following a 24 h incubation period at 37°C, the non-invaded cells on the Transwell were removed using a cotton swab; invaded cells were washed with PBS, fixed with 10% ethanol for 10 min at room temperature (25°C) and stained with 0.1% crystal violet for 15 min at room temperature (25°C). Invaded cells were measured by manual counting with a Nikon Ti-S inverted microscope (magnification, x200). In total, five randomly-selected fields of view per sample were imaged and analyzed.

*Tube formation. In vitro* tube formation was examined by a Transwell assay. Briefly, HUVECs were pre-treated with 5  $\mu$ M ATX for 6 h and/or co-incubated with 10 mM Hcy at 37°C for 72 h. Following treatment, HUVECs (10<sup>4</sup> cells/well) were seeded in Matrigel pre-coated 48-well plates and incubated at 37°C for 24 h. In total, five randomly-selected fields of view per sample were imaged, and the number of tubes formed manually counted using a Nikon inverted microscope (magnification, x100).

*ROS measurement*. The levels of intracellular ROS in HUVECs were detected by the 2'7'-dichlorfluorescein diacetate (DCFH-DA). Briefly, HUVECs were incubated with 10  $\mu$ M DCFH-DA for 20 min at 37°C in the dark. Subsequently, the cells were washed with PBS and treated with 10 mM Hcy at 37°C for 10, 30, 60 and 120 min. On the contrary, cells were treated with 5  $\mu$ M ATX for 60 min and/or co-treated with 10 mM Hcy at 37°C for 120 min to analyze the protective effects of ATX. For ROS inhibition, cells were pre-treated with 5 mM glutathione (GSH) at 37°C for 2 h prior to ATX/Hcy treatment. The production of ROS was quantified using a microplate reader by measuring the fluorescence intensity at an excitation wavelength of 488 nm and an emission wavelength of 525 nm.

Western blotting. Protein expression was detected by western blotting. Briefly, HUVECs were pre-treated with  $5 \,\mu$ M of ATX for 6 h and/or co-incubated with 10 mM Hcy at 37°C for 72 h. Following treatment, the cells were collected and lysed on ice for 1 h at 4°C in RIPA lysis buffer (Nanjing KeyGen Biotech Co., Ltd.). Total protein was quantified with a Bicinchoninic Acid detection kit. A total of 40  $\mu$ g of protein was added and separated on a 10% SDS gel at 110 V for 75 min. Following electrophoresis, the proteins were transferred from the gel onto the nitrocellulose membrane. The membrane was blocked



Figure 1. ATX inhibits Hcy-induced cytotoxicity in HUVECs. (A) Cytotoxicity of Hcy towards HUVECs. Cells (8,000 cells/well) were seeded in 96-well plate and treated with Hcy for 72 h. (B) ATX pre-treatment inhibited Hcy-induced HUVEC cytotoxicity. Cells were pretreated with 1-10  $\mu$ M ATX for 6 h and co-treated with 10 mM Hcy for 72 h. Cell viability was detected by an MTT assay. (C) Morphological changes of HUVECs. Following treatment, cells were observed under a phase-contrast microscope (magnification, x400). All data and images were obtained from three independent experiments. \*P<0.05, \*\*P<0.01 vs. control; \*P<0.05, ##P<0.01 vs. Hcy-treated group. ATX, astaxanthin; Hcy, homocysteine; HUVECs, human umbilical vascular endothelial cells.

with 5% non-fat milk at room temperature (25°C) for 1 h and incubated overnight with a primary antibody (1:1,000) at 4°C, followed by incubation with the secondary antibody (1:2,000) for 1 h at room temperature (25°C). The target protein was scanned with X-ray film using an enhanced chemiluminescence system (Kodak).  $\beta$ -actin was used as the reference protein.

Statistical analysis. The experiments were repeated three times. Statistical analysis was conducted with the SPSS software (version 13.0; SPSS, Inc.). Data are presented as the mean  $\pm$  SD. Statistical evaluation was analyzed by one-way ANOVA followed by a Dunnett's or Tukey's post-hoc test. P<0.05 was considered to indicate a statistically significant difference.

## Results

ATX inhibits Hcy-induced cytotoxicity in HUVECs. Initially, the toxicity of Hcy towards HUVECs was examined by an MTT assay. Hcy alone apparently suppressed HUVEC viability in a dose-dependent manner (Fig. 1A). Treatment of HUVECs with 5, 10 and 20 mM Hcy significantly suppressed the cell viability from 100% (control) to 77.1, 56.2 and 25.5%, respectively. On the contrary, pre-treatment of HUVECs with ATX could restore the cell viability inhibited by Hcy. Pre-treatment of HUVECs with 1, 2 and 5  $\mu$ M ATX significantly increased cell viability from 56.2% (Hcy, 10 mM) to 86.1, 92.7 and

99.6%, respectively (Fig. 1B). ATX (10  $\mu$ M) alone indicated no cytotoxicity towards HUVECs. In addition, ATX pre-treatment ameliorated morphological changes induced by Hcy in HUVECs. Hcy treatment notably decreased cell number, and induced cell shrinkage (Fig. 1C). These results suggested that ATX could inhibit Hcy-induced cytotoxicity in HUVECs.

ATX increases cell migration, invasion and tube formation in Hcy-treated HUVECs. To examine the effects on the functions of endothelial cells, we examined HUVEC migration, invasion and tube formation, which are considered indices of angiogenesis. Initially, Hcy-treated HUVEC migration was analyzed by a wound-healing assay. Hcy treatment alone significantly inhibited the migration of HUVECs compared with untreated cells (Fig. 2A), which was demonstrated by the distance between the edges of the wounded region following 48 h. On the contrary, ATX pre-treatment appeared to improve the migration of Hcy-treated cells. Hcy treatment (10 mM) significantly inhibited the migration rate from 100% (control) to 17.9%; however, ATX pre-treatment (5  $\mu$ M) significantly improved the migration rate to 77.8% (Fig. 2B). ATX treatment alone indicated no significant effect on HUVEC migration compared with untreated cells. The potency of ATX was further examined using cell invasion and tube formation assays. Hcy treatment alone (10 mM) significantly inhibited cell invasion and tube formation compared with the untreated control, whereas ATX pre-treatment (5  $\mu$ M) significantly improved cell invasion and tube formation in Hcy-treated cells



Figure 2. ATX improves cell migration, invasion and tube formation in Hcy-treated HUVECs. (A) ATX improved HUVECs migration. Cells were seeded in a 6-well plate and cultured until confluent. Cells were scraped by with a pipette tip and treated with ATX for 6 h or/and co-treated with Hcy 48 h (magnification, x100). (B) Statistical analysis of the rate of migration. (C) ATX improved HUVEC invasion. The invasive potential of cells was analyzed by a Transwell assay (magnification, x200). (D) Statistical analysis of the rate of invasion. (E) ATX improved HUVEC tube formation. (F) Statistical analysis of tube formation. The migrated cells, invaded cells and the number of tubes formed were all calculated by manual counting, and expressed as a percentage of the control (magnification, x200). All data and images were obtained from three independent experiments. \*P<0.05, \*\*P<0.01 vs. control; #\*P<0.01 vs. Hcy-treated group. ATX, astaxanthin; Hcy, homocysteine; HUVECs, human umbilical vascular endothelial cells.

(Fig. 2C-F). Collectively, these results indicated that ATX could improve cell migration, invasion and tube formation in Hcy-treated HUVECs.

ATX inhibits Hcy-induced effects on the VEGF-VEGFR2-FAK signaling pathway. Accumulating evidence has suggested that the VEGF-VEGFR2-FAK is one of the most important pro-angiogenenic signaling pathways that serve a key role in regulating cell migration, invasion and tube formation (33). This pathway can be potentially targeted for therapeutic intervention. Therefore, in the present study, the expression levels of proteins involved in the VEGF-VEGFR2-FAK pathway were detected by western blotting. Treatment of cells with Hcy induced a significant time-dependent decrease in the expression of VEGF, p-Tyr-VEGFR2 and p-Tyr397-FAK (Fig. 3A). Notable changes were noted in the expression levels of total-FAK and total-VEGFR2 in Hcy-treated cells. To further evaluate the role of FAK, we used the FAK inhibitor, PF562271. The results indicated that treatment with PF562271 markedly enhanced the Hcy-induced inhibition of p-Tyr397-FAK expression (Fig. 3B). Additionally, PF562271 and Hcy significantly inhibited of HUVEC migration compared with the control (Fig. 3D), which suggested that Hcy inhibited HUVEC migration in a FAK-dependent manner. However, ATX pre-treatment markedly recovered the expression of p-Tyr397-FAK in HUVECs that were induced by the combined treatment of the FAK inhibitor and Hcy (PF562271 + Hcy). ATX pre-treatment (5  $\mu$ M) reversed the effects of combined treatment of PF562271 and Hcy on FAK phosphorylation (Fig. 3C). In addition, ATX pre-treatment significantly increased the rate of migration of HUVECs (47.8%) compared with the combined treatment (8.99%; Fig. 3E). Collectively, these findings indicated that ATX could inhibit Hcy-induced dysfunction of the VEGF-VEGFR2-FAK signaling pathway.

ATX inhibits ROS-dependent FAK phosphorylation. Accumulating evidence has shown that Hcy can induce ROS accumulation, which can further cause cytotoxicity (20-22). Therefore, the intracellular accumulation of ROS in Hcy-treated HUVECs was examined. Hcy treatment induced



Figure 3. Hcy inhibits FAK phosphorylation. (A) Time-dependent effects of Hcy on VEGF-VEGFR2-FAK signaling. Human umbilical vascular endothelial cells were treated with 10 mM Hcy for 72 h. (B) PF562271 (FAK inhibitor) enhanced the suppressive effects of Hcy-induced dephosphorylation. Cells were treated with 10 nM PF562271 and 10 mM Hcy for 72 h. (C) ATX promoted FAK phosphorylation. Cells were pre-treated with  $5 \mu$ M ATX for 6 h, and co-treated with 10 nM PF562271 and 10 mM Hcy for 72 h. (C) ATX promoted FAK phosphorylation. Cells were pre-treated with  $5 \mu$ M ATX for 6 h, and co-treated with 10 nM PF562271 and 10 mM Hcy for 72 h. Protein expression was examined by western blotting. (D) PF562271 enhanced the effects of Hcy on cell migration. (E) Statistical analysis of the rate of migration. All data and images were obtained from three independent experiments. \*\*P<0.01 vs. control; #\*P<0.01 vs. Hcy-treated group ATX, astaxanthin; FAK, focal adhesion kinase; Hcy, homocysteine.

ROS production in a time-dependent manner, as demonstrated by the enhanced green fluorescence (Fig. 4A); however, ATX pre-treatment effectively inhibited Hcy-induced ROS production (Fig. 4B). In addition, ATX recovered the levels of Tyr397-FAK phosphorylation and improved HUVEC viability (Fig. 4C-E), which indicated similar protective effects to those of GSH, a ROS scavenger. The results suggested that Hcy induced ROS-dependent FAK phosphorylation; inhibition of ROS formation by ATX or GSH may increase FAK phosphorylation. Collectively, these results suggested that ATX could inhibit ROS-dependent FAK phosphorylation in Hcy-treated HUVECs.

#### Discussion

Numerous studies have supported the notion that hyperhomocysteinemia can induce endothelial cell apoptosis and promote the development of vascular diseases (10-17). This condition has therefore emerged as an independent risk factor for human CVD (34). The pathogenesis of hyperhomocysteinemia-associated human CVD is remains unclear, but may be due to dysregulated endothelial cell migration and invasion. Angiogenesis is a critical process required for physiological processes in the body, such as the regeneration of the damaged vascular tissues. The process of angiogenesis includes capillary or posterior venous endothelial cell activation, proliferation and migration. In addition, endothelial cell migration is one of the most important processes of angiogenesis. Endothelial cells can invade surrounding tissues, a prerequisite for the development of angiogenesis in response to migration signaling (2,3). Hyperhomocystinemia may cause damage to vascular endothelial cells and consequently inhibit cell migration. The morphology of viable cells following Hcy treatment was notably altered than that of the control group, as determined by phase-contrast microscopy. These findings indicated that Hcy affected the normal function of endothelial cells. Atherosclerosis and cerebral hemorrhages are complex processes initiated at sites of endothelial cell injury. Injured endothelial cells can cause the endothelium-dependent relaxation of blood vessels, thereby resulting in the development of CVDs (35). In the present study, Hcy treatment significantly inhibited the migration and invasive potentials of HUVECs



Figure 4. ATX inhibits ROS-dependent FAK phosphorylation. (A) Time-dependent ROS generation in Hcy-treated HUVECs. HUVECs were labeled with 2'7'-dichlorfluorescein diacetate for 20 min, and cells were washed and treated with 10 mM Hcy for various durations. ROS generation was analyzed with a fluorescence microscope (magnification, x200). (B) ROS generation was quantified by a microreader. (C) Effects of GSH or ATX pretreatment on Hcy-induced FAK phosphorylation. HUVECs were pre-treated with 5 mM GSH for 2 h prior to Hcy treatment. (D) Statistical analysis of p-FAK expression. (E) Effects of GSH or ATX pre-treatment on Hcy-induced HUVECs viability. All data and images were obtained from three independent experiments. \*P<0.05, \*\*P<0.01 vs. control; \*P<0.05, #P<0.01 vs. Hcy-treated group ATX, astaxanthin; FAK, focal adhesion kinase; Hcy, homocysteine; HUVECs, human umbilical vascular endothelial cells; p, phosphorylated; ROS, reactive oxygen species.

compared with the control group. Thus, inhibiting endothelial cell migration and invasion may suppress the process of angiogenesis.

The formation of a mature vascular network is inhibited with vessel destabilization, followed by endothelial cell re-organization. This process is completed by vessel maturation (10-17). Angiogenesis requires the simultaneous precise regulation of a large number of angiogenic factors, including VEGF and VEGFR2, and their downstream signaling proteins, namely ERK, AKT and FAK (36). The VEGF-VEGFR2 axis aids endothelial cell recruitment and vascular permeability, whereas ERK activates endothelial cell proliferation; FAK promotes cell migration and invasion. VEGF and VEGFR2 have been considered to be the most important factors in this pathway, and serve key roles in regulating angiogenesis via the modulation of the degradation, differentiation, proliferation and migration of vascular endothelial cells (36-40). The VEGF-VEGFR axis eventually promotes the formation of new blood vessels (36-39). In clinical settings, patients with hyperhomocysteinemia usually possess endothelial cells with impaired endothelial activities, including cellular proliferation, migration and adhesion, which can harm human heart health (41-43). The present study revealed that Hcy induced endothelial cell dysfunction, and these effects were reversed by ATX pre-pretreatment, possibly via the regulation of FAK activation and increased cell migration in Hcy-treated HUVECs. Our findings provide insight into the potential therapeutic role of ATX in the prevention and chemotherapy of Hcy-mediated human CVDs.

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#### Availability of data and materials

All data generated or analyzed during the present study are included in this published article.

## **Authors' contributions**

JKM designed the experiments. XJW, DCT, FWW, XYF and CDF performed the experiments. MHW and XYF analyzed the data and prepared the images. JKM and XJW wrote the manuscript. All authors reviewed the manuscript.

## Ethics approval and consent to participate

Not applicable.

## Patient consent for publication

Not applicable.

## **Competing interests**

The authors declare that they have no competing interests.

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