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## REVIEW ARTICLE

# MicroRNAs in cancer biology and therapy: Current status and perspectives

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**Abstract** The study of a class of small non-coding RNA molecules, named microRNAs (miRNAs), has advanced our understanding of many of the fundamental processes of cancer biology and the molecular mechanisms underlying tumor initiation and progression. MiRNA research has become more and more attractive as evidence is emerging that miRNAs likely play important regulatory roles virtually in all essential bioprocesses. Looking at this field over the past decade it becomes evident that our understanding of miRNAs remains rather incomplete. As research continues to reveal the mechanisms underlying cancer therapy efficacy, it is clear that miRNAs contribute to responses to drug therapy and are themselves modified by drug therapy. One important area for miRNA research is to understand the functions of miRNAs and the relevant signaling pathways in the initiation, progression and drug-resistance of tumors to be able to design novel, effective targeted therapeutics that directly target pathologically essential miRNAs and/or their target genes. Another area of increasing importance is the use of miRNA signatures in the diagnosis and prognosis of various types of cancers. As the study of non-coding RNAs is increasingly more popular and important, it is without doubt that the next several years of miRNA research will provide more fascinating results.

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## Introduction

The discovery of *lin-4* in *Caenorhabditis elegans*,<sup>1–5</sup> the first microRNA (miRNA), led to the identification of several

hundred other miRNA molecules. MiRNAs are short non-coding RNA molecules of roughly 19–24 nucleotides in length and are a large class, with more than 1,000 members, of small-regulatory RNAs in mammalian genomes. MiRNAs are initially processed as a primary miRNA (pri-miRNA) transcript by RNA polymerase II (or by RNA polymerase III in rare cases) and associated transcription factors. The pri-miRNAs are further processed by Drosha, a nuclear RNase III enzyme, to produce precursor miRNAs (pre-miRNAs). The pre-miRNAs are then transported out of

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the nucleus into the cytoplasm where they are further processed by the Dicer, another RNase III-familial endonuclease, to become ~22 base-pairing (bp) miRNA duplexes. Mature miRNAs are then unwound from miRNA duplexes and loaded into the RNA-induced silencing complex (RISC). The RISC with the mature miRNAs can regulate gene expression by binding to the mRNA transcripts of target genes, usually at the 3' untranslated regions (3'-UTRs). The miRNA-RISC complex can block translation of target mRNA into protein and/or induce degradation of target mRNA transcript (see Fig. 1).<sup>6–8</sup>

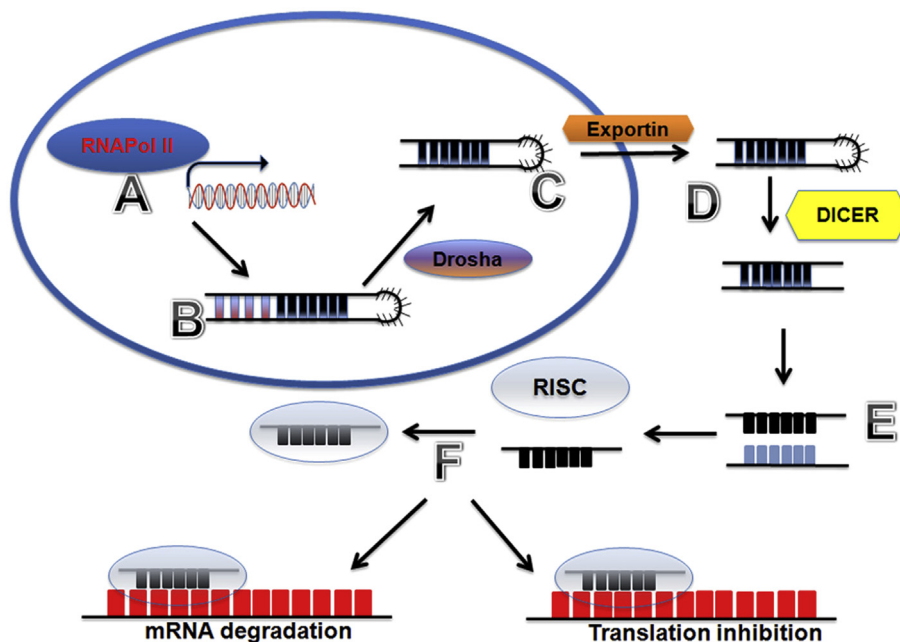
Binding of an animal miRNA to its target gene transcript relies mainly on a 6–8 nucleotide pair region of near perfect complementarity between the 5' end (i.e., the 'seed region') of the miRNA and its target mRNA sequence. Although miRNAs usually bind to the 3' UTRs of target transcripts, evidence is emerging that the target sites can be located outside of the 3' UTRs, such as 5' untranslated regions (5'-UTRs) or protein-coding regions. Interestingly, recent studies have demonstrated that allelic and sequence variants can i) create a new miRNA binding site where one did not exist before, ii) remove a miRNA binding site, or iii) change the affinity of a particular miRNA for a binding site.<sup>9,10</sup> Furthermore, as a single miRNA can regulate tens or even hundreds of different target genes while a single gene may be regulated by multiple miRNAs; the miRNA-target networks are pretty complex.

This review will focus on the functions of miRNAs in the pathogenesis of tumors and the potential clinical implications of miRNAs in the diagnosis, prognosis and therapy of

cancers. First, it will outline the functions of miRNAs in cancer biology as tumor suppressors and/or oncogenes and how miRNAs can synergistically work together. Next, it will discuss miRNAs related to cancer therapy/treatment. Finally, it will focus on miRNAs as diagnostic and prognostic tools in the context of the tumor itself and circulating in blood plasma.

## The regulations and functions of MiRNAs in cancers

For the past ten years the study of miRNAs in eukaryotic organisms has grown exponentially and it has been well established that these small RNAs are master regulators of gene expression and multiple other biological processes. MiRNAs were first identified in the mid-1990s with the discovery of Let-7 and Lin-4 in a worm (*Caenorhabditis elegans*),<sup>1,2,11</sup> but it was not until 2000/2001 when it was determined that these miRNAs exist and are highly conserved in multiple eukaryotic organisms and mammalian species.<sup>3–5</sup> This was a major finding in the field of miRNAs, showing not only that they exist in multiple organisms but also they are likely major regulators of biological processes in these organisms. The next landmark event came soon after in 2002 and 2003 when it was found that miRNAs were aberrantly expressed in cancer<sup>12–14</sup> and subsequently several seminal studies were reported in 2005 that provided compelling evidence to demonstrate the importance of miRNAs in cancer.<sup>15–17</sup> Since then, the study of miRNAs in



**Figure 1** Processing of microRNA. RNA polymerase II and appropriate transcription factors stimulate transcription of the microRNA gene (A) into a primary long transcript with a stem loop structure called a primary microRNA transcript (pri-miR). The primary transcript (B) is then processed by Drosha, an RNAase III enzyme, to produce a small precursor hairpin microRNA (pre-miR). The precursor microRNA (C) is then shuttled outside the nucleus by Exportin to the cytoplasm for further process. In the cytoplasm the precursor microRNA is then processed into a mature 19–24 nucleotide duplex (D) by another RNAase enzyme Dicer. Next, the duplex is split into a primary and secondary strand (E); then the primary strand is loaded into the RNA-induced silencing complex (RISC). Next the microRNA with RISC targets specific messenger RNA (mRNA) transcripts (F) at the seed region to induce either mRNA degradation (left) or block translation (right).

cancer exploded dramatically and still represents a very important and challenging area of research (see examples in Tables 1 and 2).

Furthermore, it is becoming evident that an emerging hallmark of cancer is the dysregulation of miRNAs, both in the tumor itself and in the surrounding microenvironment. Future work in this field will undoubtedly ensure its position in the new hallmarks of cancer.<sup>18</sup> Dysregulated miRNAs can contribute to tumorigenesis by playing tumor-suppressive and/or oncogenic roles. As exemplified in Table 1, many miRNAs, including miR-29b,<sup>19,20</sup> miR-34b/c,<sup>21,22</sup> miR-126,<sup>23–27</sup> miR-150,<sup>28</sup> miR-155,<sup>29,30</sup> miR-181a/b,<sup>31,32</sup> miR-375,<sup>33</sup> miR-494,<sup>34</sup> miR-495<sup>35,36</sup> and miR-551a,<sup>35</sup> play critical tumor-suppressor roles in tumorigenesis and/or mark a good prognosis for patients. These miRNAs have shown to have potent antitumorigenic properties. However, there are also numerous oncogenic miRNAs including miR-9,<sup>37</sup> miR-17-92,<sup>38–40</sup> miR-21,<sup>41</sup> miR-27a,<sup>42</sup> miR-30a/c,<sup>43</sup> miR-126,<sup>44</sup> miR-181a/b,<sup>45–47</sup> miR-196a,<sup>48</sup> miR-196b,<sup>49</sup> and miR-421.<sup>50</sup> The intricate role of miRNAs in tumorigenesis appears to be simple yet it remains complicated. This can be attributed to several reasons briefly reviewed in the following section.

### There is enormous complexity in miRNA-mediated gene regulation

First, a single miRNA can regulate up to hundreds of genes<sup>51–54</sup> (while prediction programs can suggest thousands of genes that are targets of a single miRNA) making it difficult to determine which genes are direct targets of a single miRNA.<sup>55–58</sup> Second, given the fact that a single mRNA target contains potential binding sites for multiple individual miRNAs, a single gene can be regulated simultaneously or sequentially by multiple miRNAs.<sup>55–57</sup> Third, a single miRNA can regulate target mRNAs by both repressing

translation and inducing mRNA degradation within mammalian species<sup>53,54,59–63</sup> makes miRNA-mediated gene regulation even complicated.

The mechanism underlying translational repression is still unclear but it is known that the inhibition is determined by two potential criteria.<sup>6</sup> The first criterion is whether mRNAs are present in an mRNA-protein complex (mRNP) for inhibition of initiation or in the form of large polysomes involved in elongation inhibition.<sup>6,64–68</sup> The second criterion is whether inhibited mRNAs contain internal ribosome entry site (IRES).<sup>6,7,65,66,68</sup> Although the exact mechanisms leading to translational inhibition remain unclear, several hypotheses have been proposed.<sup>6–8,45–47</sup> Notably, it was proposed that miRISC (miRNA loaded in RISC) may repress the elongation process, thus miRISC has a role in the promotion of early ribosome dissociation from mRNAs.<sup>6–8,69</sup> Another hypothesis is that the miRNA complex mediates repression through accumulation of target RNA transcripts in P-bodies (processing bodies) as P-bodies containing mRNA have been suggested to not be part of the translation process.<sup>7,70,71</sup>

Regulation of mRNA by miRNAs can also occur through mRNA degradation and actually, mRNA destabilization usually comprised the major component of repression in mammalian species.<sup>72</sup> It has been shown that miRNAs with high degree of sequence complementation to target mRNA can induce the mRNA degradation processes.<sup>7</sup> While several components of the complex are known to participate in regulation of mRNA degradation it appears that mechanisms including deadenylation, decapping and exonucleolytic digestion of mRNA are also involved.<sup>6,7,65,66,68,73–75</sup> The seed sequence similarity is thought to be important in the initial selection of mRNA targets where the number, type and position of mismatches of the miRNA/mRNA complex is critical.<sup>6,7,76,77</sup> Thus, the full downstream effects of a single miRNA may not be well understood until it

**Table 1** Examples of tumor-suppressor miRNAs.

| MicroRNA   | Cancer type <sup>a</sup>        | Function   | Reference |
|------------|---------------------------------|--|-----------|
| miR-29b    | AML                             | Represses Sp1 which resulted in c-KIT inhibition   | 19,20     |
| miR-34b/c  | Lung cancer                     | A positive feedback between p53 and miR-34 mediates tumor suppression in human lung cancer | 21,22     |
| miR-126    | Breast, lung, and colon cancers | Plays a critical tumor-suppressor role in tumor initiation and metastasis                  | 23–27     |
| miR-150    | AML                             | A critical tumor-suppressor gatekeeper in AML by targeting FLT3 and Myb                    | 28        |
| miR-155    | Breast cancer                   | Downregulates RAD51 and sensitizes cancer cells to irradiation                             | 29,30     |
| miR-181a/b | AML                             | Their increased expression is associated with good prognosis and hinders tumor cell growth | 31,32     |
| miR-375    | Breast cancer                   | Forced expression re-sensitizes cells to tamoxifen treatment                               | 33        |
| miR-494    | Lung cancer                     | Regulated by ERK1/2 it modulates proliferation and apoptosis response                      | 34        |
| miR-495    | AML; gastric cancer             | Specifically down-regulated in MLL-rearranged AML; Shown to block migration and invasion   | 35,36     |
| miR-551a   | Gastric cancer                  | Forced expression leads to a block in migration and invasion                               | 35        |

<sup>a</sup> AML, Acute Myeloid Leukemia.

**Table 2** Examples of oncogenic miRNAs.

| MicroRNA   | Cancer type <sup>a</sup>        | Function   | Reference |
|------------|---------------------------------|--|-----------|
| miR-9      | AML                             | Specifically overexpressed in MLL-rearranged AML and promotes leukemia progression | 37        |
| miR-17-92  | AML                             | Up-regulated in MLL-rearranged AML and targets p21 and RASSF2                      | 38–40     |
| miR-21     | Breast cancer                   | Overexpression of miR-21 contributes to proliferation and metastasis               | 41        |
| miR-27a    | NSCLC                           | Promotes proliferation in NSCLC cells  | 42        |
| miR-30a/c  | RCC                             | Downregulation leads to increased expression of HIF2a                              | 43        |
| miR-126    | AML                             | Up-regulated in core-binding factor (CBF) leukemia                                 | 44        |
| miR-181a/b | Breast, liver and colon cancers | Promote tumorigenesis and tumor progression  | 45–47     |
| miR-196a   | Gastric cancer                  | Promoted EMT, migration and invasion   | 48        |
| miR-196b   | AML                             | Upregulated in MLL-rearranged AML and targets Fas                                  | 49        |
| miR-421    | Gastric cancer                  | Marker of circulating tumor cells  | 50        |

<sup>a</sup> AML, Acute Myeloid Leukemia; NSCLC, Non-Small Cell Lung Cancer; RCC, Renal Cell Carcinomas.

is clear exactly how that miRNA is inhibiting its potential targets.

### Expression of miRNAs can be regulated at both transcriptional and post-transcriptional levels

Given the essential functions of miRNAs in maintaining virtually all important biological processes, including development, differentiation and apoptosis, the stringent control of miRNAs, at both transcriptional and post-transcriptional levels, is critical.<sup>78</sup> Numerous studies have analyzed the regulation of miRNAs at the transcription sites, including direct binding by transcription factors, hyper/hypomethylation of miRNA promoters, and changes in histone assembly and chromatin packing.<sup>79–85</sup>

However, fewer studies have looked at the regulation of miRNAs at downstream processing steps. It is important to identify other cofactors existing in or cooperating with the Drosha or Dicer complexes and how they assist the Drosha or Dicer complexes in regulating the maturation or degradation of miRNAs. We recently have shown that in a subtype of acute myeloid leukemia (AML) that carries chromosomal translocations involving the *mixed lineage leukemia (MLL)* gene, the primary transcription of miR-150 is significantly up-regulated by MLL-fusion proteins but its maturation process is substantially inhibited by the MYC/LIN28 functional axis; as a result, the level of mature miR-150 is significantly down-regulated and thereby expression of its critical target genes such as *FLT3* and *MYB* is significantly up-regulated, which ultimately lead to cell transformation and leukemogenesis.<sup>28</sup>

### The function of miRNAs can be tissue-specific

A single miRNA may play distinct roles in different tissues. For instance, the miR-181 family has traditionally been described in several solid malignancies, such as breast, liver and colon cancer, as an oncomiR (defined as a miRNA that acts as an oncogene to promote tumorigenesis and

tumor progression)<sup>45–47</sup>; however, in AML this family acts as tumor suppressor.<sup>31,32</sup> Similarly, miR-126 has been previously reported as a tumor-suppressor gene in various types of solid tumors including breast, lung, and colon cancers, etc<sup>23–27</sup>; we recently found that miR-126 functions as an oncogene in the development of leukemias, particularly core-binding factor (CBF) leukemias bearing t(8;21) or inv(16)/t(16;16).<sup>44</sup> This concept is now widely accepted in the scientific community and is in part attributed to the ability of miRNAs to target different genes in different tissues. For example, the miR-17-92 cluster, initially transcribed as a polycistronic transcript to later produce 6 mature miRNA transcripts, is overexpressed in lymphoma and *MLL*-rearranged AML and plays an important oncogenic role likely through repressing expression of its tumor-suppressor target genes such as *Pten*, *Rassf2*, and *p21*<sup>16,38–40,86,87</sup>; in contrast, in breast cancer the miR-17-92 cluster functions as a tumor suppressor likely through negatively regulating oncogenic target genes involved in cell proliferation, cellular invasion, and tumor metastasis such as *AIB1* and *CCND1*.<sup>88–91</sup>

It is possible that different target genes are co-expressed with the miRNA regulators and thereby are regulated by the miRNAs in distinct types of cells or tissues. Another possibility is that the regulatory miRNAs are recruited into different target transcripts in distinct types of cells or tissues. It has been shown over the past several years that there are multiple RNA-binding proteins that assist in processing of miRNAs. For example, HnRNP A1, a member of nucleo-cytoplasmic shuttling proteins previously implicated in mRNA metabolism, was shown to specifically bind to pri-miR-18a and facilitated Drosha-mediated processing, thus acting as a key factor in regulation of miR-18a processing.<sup>6,7,92,93</sup> These messenger ribonucleoprotein complexes (mRNPs) were critical in the inhibition of miRNA targets. Thus, this might suggest that general RNA binding proteins have an auxiliary function in the regulation of miRNAs and probably may help to preferentially inhibit different target genes in distinct types of cells or tissues.



## Individual miRNAs can regulate both oncogenes and tumor suppressors simultaneously

Interestingly, a single miRNA can simultaneously regulate both tumor suppressive and oncogenic target genes within a single cancer. This was recently described in our paper from Li et al (2012).<sup>49</sup> In this paper we showed that miR-196b was upregulated in *MLL*-rearranged AML and resulted in repression of the tumor suppressor and pro-apoptotic genes such as *FAS*; surprisingly, we found that miR-196b also targets *HOXA9/MEIS1*, characterized oncogenes that are co-upregulated with miR-196b by *MLL*-fusion proteins.<sup>49</sup> In normal hematopoiesis, miR-196b likely helps to fine-tune expression of *Hox* genes and *Meis1* in primitive hematopoietic stem cells (HSCs) and to remove their residual transcripts in committed progenitor cells to allow further differentiation of the cells; when miR-196b is down-regulated, *Fas* becomes up-regulated to maintain homeostasis of the cells.<sup>49</sup> In *MLL*-fusion-mediated leukemogenesis, aberrant up-regulation of miR-196b by *MLL* fusions results in the persistent repression of expression of its tumor-suppressor targets (e.g. *FAS*), along with the residual high level of *HOXA9/MEIS1*; as a result, aberrant over-expression of miR-196b inhibits differentiation, disrupts cell homeostasis and promotes cell proliferation *via* inhibiting apoptosis, which eventually results in cell transformation and leukemogenesis.<sup>49</sup> This means, despite what was described previously, that a miRNA may not simply be described as a tumor-suppressor or oncomiR as the scientific community has done in the past. This also implies that tumor initiation and development, contributed by aberrant regulation of miRNAs, might be more complex than previously thought and has important implications for using miRNAs as a therapeutic avenue.

## MiRNAs mediate drug response and themselves are modulated in therapy

As miRNAs were being linked to several hallmarks of cancer in tumor cells, there was a hypothesis that miRNA expression could be altered by cancer therapy and associated with drug response. This hypothesis is supported by two lines of evidence that are not mutually exclusive: differential expression of miRNAs in tumor cells before treatment has been associated with response to chemotherapy; changes in miRNA expression have been observed in cancer cells following treatment with effective therapy. It is highly likely that these observations are linked together within a single cancer (see Fig. 2). For example, it was found within lung cancer a group of miRNAs were regulated by epithelial growth factor receptor (EGFR) and hepatocyte growth factor receptor (MET).<sup>94</sup> Both EGFR and MET are overexpressed in lung cancer driving tumorigenesis and, interestingly, the investigators found that these miRNAs bestowed resistance to tyrosine kinase therapy.<sup>94</sup> Specifically, they found that gefitinib (a tyrosine kinase inhibitor) treatment inhibited miR-221, miR-222, miR-30b and miR-30c, all positively regulated by EGFR and MET, and resulted in increased apoptosis in lung cancer cell lines.<sup>94</sup> Furthermore, increased expression of miR-30c, miR-221 and miR-222 in gefitinib-responsive cells attenuated sensitivity and knockdown of

these miRNAs bestowed sensitivity to gefitinib in normally gefitinib-insensitive cells.<sup>94</sup>

Meanwhile, the effect of metabolism or chemotherapy-based diet on miRNA expression and subsequent tumorigenesis has also been investigated. For example, Mandal et al found that the bioactive component of fish oil, docosahexaenoic acid (DHA), inhibited miR-21, a protumorigenic miRNA.<sup>41</sup> Another group found the diet/microbe-derived short chain fatty acid butyrate, a known histone deacetylase (HDAC) inhibitor used in cancer treatment particularly in colon cancer, blocked tumorigenesis through inhibiting miR-106b expression and subsequently promoting expression of p21, a direct target of miR-106b.<sup>95</sup> Similarly, it was reported that butyrate resulted in decreased expression of the oncogenic miRNA cluster miR-17-92; they found this similar result was observed in other HDAC inhibitors such as trichostatin A (TSA) and suberoylanilide hydroxamic acid (SAHA).<sup>96</sup> Several of these inhibitors are clinically approved for the treatment of a few cancers and are currently being evaluated for other cancers, which provide a novel avenue for research.

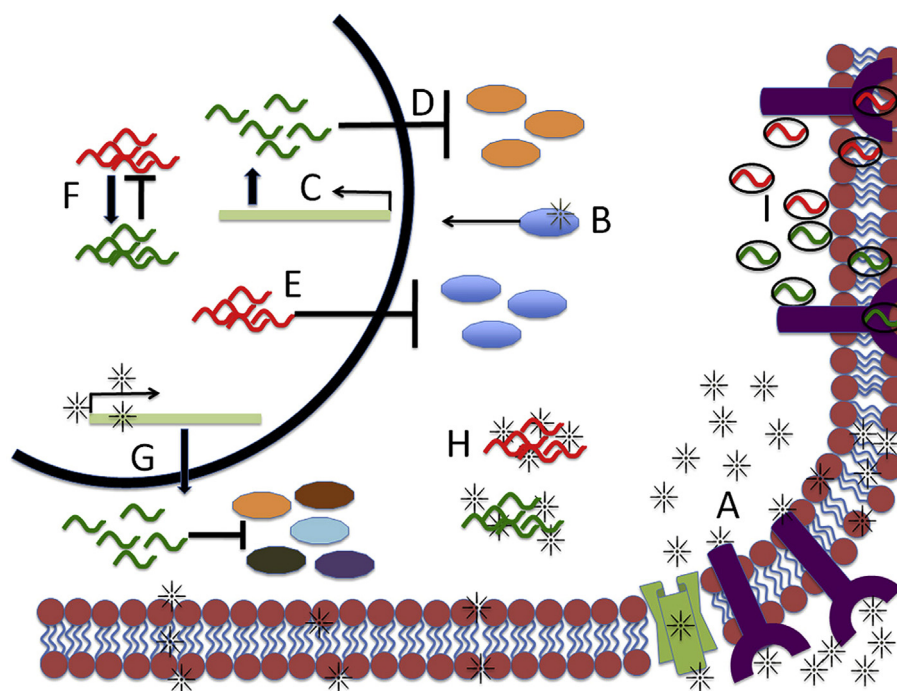
Together these results show that miRNAs both modulate response to chemotherapy and are themselves modulated by chemotherapy. These effects can be direct or through indirect as are the examples of diet-induced miRNA changes. The new wave of cancer therapy is focusing on drugs that specifically target miRNAs as well as complementary signaling pathways to synergize with the routine use of chemotherapy in cancer patients.

## MiRNA-based cancer therapy

Due to the central role of miRNAs in cancer initiation and progression, they have been a source of interest for several years, specifically whether these miRNAs can be targeted or not.<sup>97</sup> As already described, it has been observed that several drugs can alter miRNA expression. Moreover, if certain cancers are particularly "addicted" to particular miRNAs (named oncomiR addiction) then targeting specific miRNAs selectively should minimize off-target toxicity.<sup>98</sup> Investigators are interested in designing inhibitors for oncogenic miRNAs and mimics for tumor-suppressor miRNAs that can act alone or synergistically with currently approved treatments (see Fig. 2).<sup>99</sup>

In the past ten years several methods of design of miRNA inhibitors have been designed. One method of miRNA inhibition has been the use of modified nucleic acids that can bind and inhibit the mature miRNAs.<sup>99</sup> An example of this is the anti-miR which can have various chemical modifications that enhance function and increase stability such as locked nucleic acids (LNAs),<sup>99-101</sup> peptic nucleic acids, phosphorothioate modifications, 2'-O-Me and 2'-fluoro substitutions and morpholinos.<sup>59,99-105</sup> Such miRNA inhibitors have been tested successfully in multiple experiments and are currently being evaluated for clinical purposes.<sup>101,105</sup> In contrast, nude miRNA mimics can be packaged directly with delivery vehicles for therapy.<sup>106</sup>

Another active area with miRNA research has been the delivery of miRNA inhibitors or miRNA mimics to target host regions. One effective method is the use of engineered viruses that induce miRNA inhibition through the expression



**Figure 2** MicroRNAs and cancer therapy. There are multiple ways which microRNAs can be affected by drug therapy. Drugs can either through the cell membrane or bind to receptors or cellular channels (A) to enter the cell. Once inside drugs can bind to protein targets or transcription factors (B) to affect miRNA expression (C) or conversely block the activation of protein targets and prevent that target from activating or blocking a miRNA. By driving miRNA expression this can now lead to inhibition of oncogenes (D) or tumor suppressors (E). Furthermore, miRNAs could potentially regulate each other (F) meaning drugs can have multiple effects on miRNAs. Another possibility is that the drug can directly bind to the regulatory region of miRNAs either inhibiting or inducing expression (G), which can then lead to decrease of miRNA-target genes. Drugs can also potentially bind to miRNAs themselves or to miRNA binding partners (H) leading to a change in miRNA function. Finally miRNAs themselves can be drugs either as modified nucleic acids or as oligos or antisense oligos and then packaged into either viruses or microvesicles and macrovesicles. These miRNAs can enter the cell freely to inhibit downstream targets or potentially bind to cellular receptors (I). Thus, by changing miRNA expression it could change the ability of a cell to respond to drugs either by activating resistance or bestowing sensitivity through a multitude of mechanisms. These are some of the most common mechanisms that miRNAs can be affect by drugs or act as a drug themselves.

of transcripts complementary to mature miRNA sequences. These viral delivery methods have had significant success in laboratory studies but have limited effectiveness in patients due to concerns about off-target effects of the viruses such as immunogenicity and chromosomal incorporations.<sup>107</sup> Another limitation is the inability to specifically target the virus to the tumor and thereby generating toxicity as several of these miRNAs control host processes important for issues outside of the tumor.<sup>107–109</sup> Another mechanism for the delivery of miRNA-based therapies is the use of nanoparticles.<sup>110,111</sup> The nanoparticle delivery method appears attractive because it avoids several of the concerns used for viral delivery systems.<sup>107</sup> The nanoparticle delivery method has been shown to hold great potential. For example, Su et al found that lipid nanoparticles that contained 2'fluoro-modified anti-miR-122 significantly inhibited tumor growth.<sup>110</sup> Another method recently developed was the use of biodegradable polymer nanoparticles containing anti-miRNAs to inhibit miR-155 in a mouse model of pre-B-cell lymphoma.<sup>111</sup> Nanoparticles conjugated with targeting molecules for specific binding have also been designed and tested. For example, Huang et al designed transferring-conjugated

anionic lipopolyplex nanoparticles carrying miR-29b and showed their specific binding to AML cells and significant anti-leukemia activities *in vitro* and *in vivo*.<sup>106</sup>

### MiRNAs as biomarkers for diagnosis and prognosis in cancers

Currently, there are dozens of clinical trials that are assessing the correlation between miRNA expression and cancer diagnosis and prognosis. Several of these trials have been started in the past five years ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)) while new ones are being designed. Due to the pleiotropic effects of miRNAs they have been an attractive avenue for patient diagnosis evaluation and prognosis. Also, miRNAs, attributed to their size, are highly stable and resistant to RNases and thus have a higher level of stability than mRNA.

### MiRNAs in cancer tissues

Expression profiles of many miRNAs derived from tumor tissues have been shown to be useful in diagnosis and prognosis of the patients. For example, Lu

et al demonstrated that miRNA expression profiles can be used to precisely classify various types of cancers, and are superior to mRNA expression profiles in classification of poorly differentiated tumors.<sup>15</sup> MiR-181 family has been shown to provide an independent prognostic assessment in both cytogenetically normal and abnormal acute myeloid leukemia patients.<sup>31,32,112,113</sup> Similarly, a study from Yang et al showed that seven miRNAs, miR-15b\*, miR-23a, miR-133a, miR-150\*, miR-197, miR-497 and miR-548b-5p, were significantly decreased in the serum of patients with advanced stage (grade II–IV) astrocytomas, and the miRNA-based signature could accurately distinguish between normal vs. cancer patients.<sup>114</sup>

### Circulating MiRNAs in serum or plasma

Furthermore, several studies have identified stable miRNAs in human serum or plasma and have seen that there are distinctive patterns of expression of these miRNAs in these patients.<sup>56,57,115–121</sup> Circulating miRNAs have also been shown to be able to serve as diagnostic/prognostic indicators. For example, Chen et al identified a comprehensive miRNA signature in the serum of normal patients comprising roughly 190 miRNAs; they further demonstrated that cancer patients with solid malignancies had a completely different miRNA expression signature.<sup>122</sup> Differential expression of circulating miRNAs has since been seen in patients of many types of cancers in the past several years including multiple myeloma, nasopharyngeal carcinoma, gastric cancer, prostate cancer, breast cancer, colon cancer, pancreatic cancer, diffuse large B-cell lymphoma, squamous cell carcinoma, lung cancer, ovarian cancer and several others<sup>48,50,123–161</sup> (reviewed further in Ref.<sup>149</sup>).

### New function of MiRNAs other than targeting mRNAs

Increasing evidence shows that both normal and tumor cells (especially circulating tumor cells (CTCs)<sup>162,163</sup> in terms of solid tumors) can package miRNAs in exosomes (10–100 nm in diameter), microvesicles (100–1000 nm), membrane microparticles (50–80 nm) and apoptotic bodies (50–500 nm) which appear to be specifically-packaged miRNAs.<sup>164</sup> These miRNAs can control functions in both closely neighboring cells and distantly located cells. This provides a solid basis to study miRNAs in CTCs and in extracellular vesicles. Further, with new research it has been discovered that miRNAs can bind to proteins, challenging the current dogma of miRNAs acting solely on target mRNAs.<sup>165</sup> Thus, miRNAs packed in these extracellular vesicles can have diverse effects outside of mRNA binding. This thought was very recently supported when it was discovered that miRNAs (miR-21 and miR-29a) within exosomes can bind to toll-like receptors (TLRs) and could activate immune cells as ligands for these receptors.<sup>165</sup> Although this might have been hypothesized with previous knowledge that single viral RNAs can be ligands for these receptors,<sup>166,167</sup> these findings have never been shown before in miRNAs and open up an entirely undiscovered and novel field looking at the function of miRNAs as ligands. Additionally, this could mean that miRNAs could be

potential ligands for the large class of orphan receptors where no ligand has been identified to date<sup>168,169</sup> or they could be ligands for a myriad of other receptors.

### Conclusions

As we look at the last decade of miRNA research in cancer biology and the incredible work that has been accomplished, it is clear that there is still much to be discovered. The future work in the next ten years will be focused on understanding how miRNAs regulate target genes in cancer initiation, progression, metastasis, relapse, and drug response and resistance, which will provide a more comprehensive mechanistic analysis of these noncoding RNAs. Furthermore, more noncoding RNAs are constantly being studied and are also an increasing area of focus. Future work will undoubtedly focus on the co-interaction and regulation of noncoding RNAs and how they together contribute to disease. Once we have gained this understanding, it will allow researchers to design better miRNA inhibitors or miRNA mimics that will guide the creation of new and more effective drug therapies. However, there are still lots of challenges to be solved before we applied miRNA-based therapies into the clinic to treat cancer patients.

### Conflict of interest

The authors declare no conflict of interest.

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