Pharmaceutical Standardization

Standard manufacturing process of *Makaradhwaja* prepared by *Swarna Patra* – *Varkha* and *Bhasma*

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Abstract

Makaradhwaja is an important *Kupipakwa Rasayana*. It is prepared by using *Swarna* (gold), *Parada* (mercury) and *Gandhaka* (sulfur) in different ratios, i.e. 1:8:16, 1:8:24 and 1:2:4, respectively. The amount of *Gandhaka* in the *Jarana* process is directly proportional to the increase in therapeutic efficacy and reduces the toxicity of the product. Specific temperature pattern for the preparation of *Makaradhwaja* has been followed. In the present study *Swarna*, *Parada* and *Gandhaka* were taken in the ratio 1:8:24, respectively, and 12 h of heating for a specified amount of *Kajjali* (i.e., 400 g) in a *Kacha Kupi* 1/3rd of its capacity. There are some controversies regarding the form of *Swarna* (i.e., *Swarna Patra Swarna Varkha* or *Swarna Bhasma*) used in the preparation of *Makaradhwaja*. Therefore, in the present study, the samples of *Makaradhwaja* were prepared by *Swarna Patra*, *Varkha* and *Bhasma* in different batches. It was found that the use of *Varkha* produced a good-quality product along with the maximum amount of gold, i.e. 268 ppm, in comparison with *Patra*, i.e. 131 ppm, and *Bhasma*, i.e. 19 ppm, respectively.

Key words: Bhavana, Hingulottha Parada, Kupipaka, Standard manufacturing process, Shodhana

Introduction

Makaradhwaja is a popular Kupipakwa Rasayana, prepared with the Swarna (gold), Parada (mercury) and Gandhaka (sulfur) in a specified ratio. It was first described by Rasendra Chintamani^[1] by the name of Chandrodaya Rasa, although the word Makaradhwaja was first coined by Rasaratnakara. The term Makaradhwaja is composed of two words, i.e. Makara and Dhwaja. The term Makaradhwaja is also a synonymous of Kamadeva,^[2] the God of beauty. When it is used for therapeutic purposes, it produces Rasayana and Vrishya (in literary meaning, Makara indicates the aphrodisiac because Makara Retasa has been described as best Shukrala^[3] while Dhwaja [straight rod or flagpole] indicates its sexual potency. It is directly correlates the *Dhwajabhanga*, i.e. non-erection of penis.) property. A total of 30 formulations^[4] are found described by the name of Makaradhwaja and Chandraodaya, and two types of instruments are used for its preparation, i.e. Valuka Yantra

Address for correspondence: Dr. Sanjay Khedekar, Ph.D. Scholar, Department of R.S. and B.K. I.P.G.T. and R.A., Gujarat Ayurved University Jamnagar, Gujarat, India. E-mail: chatrapati82@gmail.com and *Khalwa Yantra*. Nowadays, *Makaradhwaja* is generally prepared as per the reference of Rasendra Chintamani due to easy and convenient preparation method; here, *Swarna, Parada* and *Gandhaka* are used in 1:8:16 ratio, but in different *Rasa* classics it is found described that the amount of *Gandhaka* is directly proportional to the therapeutic activity.^[5] Therefore, in this study, the ratio was followed as per the *Bhaishajya Ratnawali*, i.e. 1:8:24.

Aims and objective

The aim of the study was to develop the Standard Manufacturing Process (SMP) for *Makaradhwaja* prepared by *Swarna-Patra-Varkha* and *Bhasma* by Electrical Muffle Furnace (EMF).

Materials and Methods

Swarna was collected from a local authentic hallmark-certified Jeweler from Jamnagar. *Hingula, Tila Taila, Gandhaka* and *Kulattha* were collected from the Pharmacy, Gujarat Ayurved University, Jamnagar. *Takra, Kanji, Kulattha Kwatha, Japakusuma Swarasa, Kumari Swaras, Nimbu Swarasa* etc. were taken as per the classical reference and processed through prescribed methods. The whole process has been divided into the following:

Shodhana of raw materials

Kantakavedhi Swarna Patra was prepared from 24 carat gold biscuits on the machine that had 2.5 cm breadth, 150 cm length and 0.5 mm diameter. For Samanya shodhana, these Kantakavedhi Swarna Patra were heated up to red hot through a Gas blower and dipped into prescribed liquid media three times. ^[6] Gandhaka^[7] was melted along with Goghruta and poured into the Godugdha. Then, Swedana (heating under liquid bath) was done for 3 hrs. After that, it was washed with hot water, dried and powdered [Table 1].

Hingulottha Parada Nirmana

Shodhana of Hingula was done by giving Bhavana of lemon juice three times.^[8] After that, it was washed, dried and stored. The required amount of Parada was extracted from Hingula by Nada Yantra method. Fine powder of Shuddha Hingula was wrapped in cotton cloth (equal weight of Hingula) and burnt under the pot. Thus, due to heat, the sulfur part of Hingula burns and leaves the Parada, which gets evaporated as vapor and is collected on the inner side of the pot. Parada was collected by rubbing with cloth and then washing with hot water and filtering through four folders of cloth. This Parada was used to prepare Makaradhwaja [Table 2].

Preparation of Swarna Varkha

Shodhita Swarna Patra was cut into small pieces $(2 \text{ cm} \times 4 \text{ cm} \text{ length})$. Then, these Patra were continuously hammered with the help of an iron hammer in the leather bags up to the Varkha formation. This procedure was performed in Ahmedabad under supervision. The thickness of the Varkha was not measured because it was too thin. This Varkha was then used in the preparation of Swarna Pishti.

Preparation of Swarna Bhasma

Shuddha Swarna Patra was cut into fine pieces and triturated with the Hingulottha Parada up to Pishti (amalgam) formation and then this amalgam was kept between Shuddha Gandhaka in Sharava, i.e. Swarna Pishti was covered completely by Shuddha Gandhaka. Sharava Samputa was prepared and after complete drying, it was subjected to heat. After each Puta, Parada was reduced by 1/16th from the quantity of the initial Parada and the Gandhaka was in equal quantity of Swarna up to the last Puta. But, here, a total of 30 Puta were required for the preparation of Swarna Bhasma up to Kumkum colored without shining of particles.^[9]

Preparation of Swarna Pishti

Shudha Swarna patra were cut into small pieces. Hingulottha Parada was taken in Simaka Khalvayantra and, after that, Shuddha Swarna Patra pieces were added one by one to it with proper trituration. The mixture was triturated up to a homogeneous form. The Nimbu Swarasa was added for proper preparation of amalgamation. Thus, semisolid, soft Swarna Pishti (amalgam of gold) was formed.^[10]

The second batch of *Swarna Pishti* was prepared from *Swarna Varkha* and *Hingulottha Parada*; *Nimbu Swarasa* was not needed because it was prepared within few minutes by simple trituration.

The third batch of *Swarna Pishti* was prepared from *Swarna Bhasma* and *Hingulottha Parada*, with the addition of *Nimbu Swarasa*. But, for this, a large quantity of *Nimbu Swarasa* and a longer period of trituration was required even it was not properly prepared so that an equal amount of *Saindhava Lavana*^[11] was added to it and again triturated till the formation of *Pishti* [Table 3].

Preparation of Kajjali of Makaradhwaja

The Swarna Pishti (amalgam of gold) was taken in a Simaka Khalvayantra and Shuddha Gandhaka was added to it in the prescribed quantity. Mardana was done for 24 hrs till fine, soft, Nishchandra Kajjali was formed [Table 4]. This was subjected to Bhavana Dravya of Japakusuma Swarasa, which was added to it in an adequate amount to wet the Kajjali (Rasapankavat) semisolid and Mardana was carried out for 3 hrs, till the homogeneous, soft mass was formed and then it was dried in sunlight^[8] [Table 5]. The same procedure was repeated by adding the Bhavana Dravya, i.e. Kumari Patra Swarasa, and it was taken 1/4th of the total amount of Kajjali as it was found to be sufficient to wet the total material.^[10] The observations of Kupibharana of Makaradhwaja are shown in Table 6.

Preparation of Makaradhwaja Apparatus

Mortar and pestles, Kanchakupi, Multani mitti, cloth, Loha shalakas-2, kerosene oil, matchbox, thread, enamel tray, glass container, cork, copper coin, torch, knife; Electric muffle furnace: Outer length: 40 cm, breadth: 40 cm, height: 50 cm, inner hearth length: 15 cm, breadth: 15 cm, depth: 30 cm, Kanchakupi: Amber-colored beer bottle, capacity: 625 ml, total height: 28 cm, cylindrical part: Height: 14 cm; circumference: 24.5 cm; diameter of the bottom: 6.5 cm, conical part: Height: 14 cm; diameter of the mouth: 2cm, weight: Before Kapadamitti: 450 g; after Kapadamitti: 590 g.

Table 1: Observation of Shodhana of the raw materials									
Drug	Media	Method	Initial weight (ml)	Final weight (ml)	Loss/gain (ml)	Duration (days)			
Swarna	Tila taila	Nirvapa	155	155	00↓	1			
Samanya Shodhana	Takra, gomutra, Kanji, Kulattha Kwatha	3 times in each							
Gandhaka	Godugdha	Dhalana	5000	4810	190↓	1			

Table 2: Observation of extraction of Parada from Hingula									
Quantity of <i>Hingula</i> (g)	Quantity of cotton cloth (g)	Method	Time taken (hrs)	Procured amt. of <i>Parada</i> (g)	Procured amount of <i>Parada</i> (%)				
3000	3000	Urdhvapatan by Nada yantra	8	2196	73.20				

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Table 3: Observations of Swarna Pishti from Swarna Patra, Varkha and Bhasma									
Batch	Weight of <i>Swarna</i> <i>Bhasma</i> (g)	Weight of <i>H.Parada</i> (g)	<i>Nimbu Swaras</i> (ml)	Weight of <i>Saindhava</i> <i>Lavana</i> (g)	Duration (h)				
MP	125	1000	90	-	12				
MV	30	240	-	-	1				
MB	40	320	150	40	32				
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MP- Makaradhwaja prepared by Swarna Patra, MV- Makaradhwaja prepared by Swarna Varkha, MB- Makaradhwaja prepared by Swarna Bhasma

Table 4:	Table 4: Observations during preparation of Kajjali of Makaradhwaja									
Batch	Weight of <i>Swarna</i> <i>Pishti</i> (g)	Weight of <i>S.Gandhaka</i> (g)	Total	Nischandratva, Rekhapurnatva of Kajjali (h)	Total <i>Mardana</i> period (h)	Weight of <i>Kajjali</i> after <i>Mardana</i> (g)	Weight Ioss during <i>Mardana</i> (g)			
MP	1098	3000	3098	16	24	3028	70			
MV	270	720	990	12	24	973	17			
MB	360	960	1320	16	24	1292	28			

Table 5	Table 5: Observations during Bhavana processing of Kajjali of Makaradhwaja									
Batch	Weight of <i>Kajjali</i> after	<i>Japakusuma Swaras</i> (ml)	Total <i>Mardana</i>	<i>Kumari Swaras</i> (ml)	Total <i>Mardana</i>	Weight of <i>Kajjali</i> after	Weight incr due to <i>Bh</i>	eased <i>avna</i>		
	<i>Mardana</i> (g)		period (hrs)		period (hrs)	<i>Bhavna</i> (g)	Weight (g)	%		
MP	3028	750	3	750	3	3183	155	4.86		
MV	973	250	3	250	3	993	20	2.10		
MB	1292	325	3	325	3	1341	49	3.79		

Table 6	. Kupikabl	narana of I	Makaradhwaja	1
Batch	No. of <i>Kupi</i>	Sub batch	Weight of <i>Kajjali</i> (g)	Duration of heat (hrs)
MP	9	MP1	424	12
		MP2	424	12
		MP3	424	12
		MP4	424	12
		MP5	424	12
		MP6	424	12
		MP7	424	12
		MP8	424	12
		MP9	424	12
MV	3	MV1	330	12
		MV2	330	12
		MV3	330	12
MB	4	MB1	330	12
		MB2	330	12
		MB3	330	12
		MB4	330	12

Procedure

The Bhavita Kajjali of Makaradhwaja was taken, triturated well in Khalvayantra and filled in Kanchakupi [Table 6]. The Kupi was placed exactly at the center of the electric muffle furnace and fixed in proper position with the help of firebrick blocks. The heating process was carried out in a Kramagni pattern, i.e. increasing order but intermediate heating. Heat was gradually increased over a period as per the schedule, i.e. 3 hrs Mandagni (120-250°C), 6 hrs Madhyamagni (250-450°C), 3

hrs Tivragni (450-600°C). The temperature of the furnace was recorded after intervals of 30 min. During the course of heating, the hot Shalaka was repeatedly inserted into the mouth of the Kupi to burn the accumulated sulfur at the neck of the bottle to prevent blocking. After achieving the confirmative test, the mouth of the Kupi was corked and the temperature was increased up to 600°C and it was maintained for the next 2 hrs. [Table 7]. Then, the Muffle furnace was switched off and left for self-cooling. After Swangsheeta, Kanchakupi was taken out from the muffle furnace and the outer covering was removed; a thread (which was soaked in kerosene) was tied below 1 inch from the final product and ignited. Then, a few drops of water were sprinkled, which leads to break the Kupi, and finally, Makaradhwaja was collected from the neck of the Kupi. Swarna powder was collected from the bottom of the Kupi. The Makaradhwaja was triturated well in Khalva yantra up to a fine red color powder [Table 8]. Makaradhwaja samples were analyzed by employing various possible organoleptic, physical and chemical parameters [Tables 9 and 10]. The same procedures were followed for all three samples of the Makaradhwaja, i.e. for Swarna Patra, Swarna Varkha and Swarna Bhasma. A total of 17 batches were prepared to determine the SMP [Tables 8 and 11].^[10]

Discussion

For the preparation of *Kupipakwa rasayan*, preparation of *Kajjali* and heating pattern are the most important factors to obtain maximum quantity of yield and to increase efficacy of the product without any untoward effect. As per classical texts, the *Kramagi*^[12] heating pattern should be provided during processing of any *Kupipakwa rasayana*. It means temperature pattern should

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Table 7: Ob	able 7: Observations during <i>Kupipaka</i> of <i>Makaradhwaja</i> (MP, MV and MB avg)						
Time (hrs)	Temp. setting (°C)	Temp. recorded (°C)	Observations				
00:00	100	37	Switch on the furnace				
00:30	150	105	Slight sulfur aroma was smelt at the Kupi mouth White fumes started				
01:00	200	156	Fumes turn slightly yellowish				
01:30	250	204	Fumes turn slightly yellowish				
02:00	250	251	Melting of Kajjali started and yellowish fumes continued				
02:30	300	254	Melting of Kajjali with yellowish fumes continued				
03:00	300	305	Yellowish color deposition at the neck				
03:30	350	302	Kajjali-semi liquid form, yellowish fumes increased				
04:00	350	347	Kajjali-molten and yellowish fumes increased				
04:30	400	352	Complete molten Kajjali and yellowish fumes increased				
05:00	400	399	Persisting yellow fumes				
05:30	400	398	Persisting yellow fumes				
06:00	450	403	Yellowish fumes increased, stickiness was found inside the Kupi				
06:30	450	452	Profuse dark yellowish fumes started				
07:00	475	454	Profuse yellowish fumes				
07:30	475	478	Fumes disappeared and reddish blue-colored flame started				
08:00	500	476	Flame increases to about 4-5 inches height				
08:30	500	501	Flame gradually decreased and slight sulfur deposit found at <i>Kupikantha</i> (neck of the <i>Kupi</i>). Red tinge at <i>Kupitala</i> (bottom of the <i>Kupi</i>) was observed				
09:00	550	499	Slight bluish flames persisting at the neck of the <i>Kupi</i> and red tinge at the bottom gradually increased				
09:30	550	554	Flame disappeared, bottom of the <i>Kupi</i> was found bright red, <i>Sheeta Shalaka</i> test and copper coin test were found to be positive. Corking was done immediately at 9.25 hrs				
10:00	600	553	Temperature maintained till the completion of heating				
10:30	600	599	Temperature maintained till the completion of heating				
11:00	600	598	Temperature maintained till the completion of heating				
11:30	600	604	Temperature maintained till the completion of heating				
12:00	stop	599	Furnace was switched off and left for self-cooling				

MP- Makaradhwaja prepared by Swarna patra, MV- Makaradhwaja prepared by Swarna Varkha, MB-Makaradhwaja prepared by Swarna Bhasma

Table 8: Results of preparation of Makaradhwaja of the different batches								
Batch	No. of Kupi	Sub batch	Weight of <i>Kajjali</i> (g)	<i>Makaradhwaja</i> (g)	% of Makara obtained	Residue (g)	% res	
MP	9	MP1	424	92	86.85	20	4.7	
		MP2	424	89	83.96	20	4.7	
		MP3	424	96	90.56	15	3.5	
		MP4	424	101	95.28	15	3.5	
		MP5	424	102	96.22	19	3.5	
		MP6	424	95	89.62	21	4.4	
		MP7	424	109	102.83	21	4.9	
		MP8	424	101	95.28	30	7.0	
		MP9	424	114	107.54	18	4.2	
Avg.				99.88	94.22	19.88	4.6	
MV	3	MV1	330	55.6	59.78	31	9.3	
		MV2	330	77	82.79	12	3.6	
		MV3	330	81	87.09	12	3.6	
Avg.				71.2	76.2	18.3	6.1	
MB	4	MB1	330	79	84.94	11	3.6	
		MB2	330	82	87.86	12	3.9	
		MB3	330	86	92.14	12	3.9	
		MB4	330	81	86.78	13	4.2	
Avg.				82	87.8	12	3.9	

be an increasing order but intermediate heating process. In can be divided into three stages, i.e. *Mridu*, *Madhya* and *Tivra agni*. Here, *Mriduagni* indicates the melting stage of *Kajjali*, *Madhyam agni* indicates the boiling stage of *Kajjali* and *Tivra agni* means immense heating, which takes place a confirmative test of the final product. One such effort had been done by Prajapati *et al.*,^[13,15] who has given the temperature range for the particulars of *Agni*, such as-*Mridu Agni* 120-250°C (6 hrs), *Madhyama Agni* 250-450°C (6 hrs), *Tivra Agni* 450-630°C (6 hrs). This standardization was done in an electric muffle furnace for the preparation of *Makaradhwaja* in the ratio of 1:8:16, and the same was also followed by Chinta Durga *et al.*^[16] and Patgiri *et al.*^[17,18]

But, for the present study, to prepare the *Triguna Balijarita Makaradhwaja* in minimum heat duration, the heating pattern was changed. As the proportion of *Gandhaka* increases with *Parada*, i.e. *balijarana*, it was observed that there is an increase in the heating duration for the *Jarana*. Here, an attempt was made to prepare the same in minimum time with least consumption of energy while maintaining its therapeutic

Table 9: Classical analytical tests of the Makaradhwaja samples

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Pariksha	MP	MV	MB
Varna	Red	Red	Red
Sparsh	Slakshana	Slakshana	Slakshana
Gandha	Not specific	Not specific	Not specific
Rasa	Tasteless	Tasteless	Tasteless
Shabda	+ve	+ve	+ve
Rekhapurnata	+ve	+ve	+ve

+ve - Compiles as per classics, MP- Makaradhwaja prepared by Swarna patra, MV- Makaradhwaja prepared by Swarna Varkha, MB-Makaradhwaja prepared by Swarna Bhasma

Table 10: ICP analysis of the Makaradhwaja sample							
Element	Sample results of MP mg/kg (ppm)	Sample results of MV mg/kg (ppm)	Sample results of MB mg/kg (ppm)				
Au mg/kg (ppm)	131	268	19				
Hg (%)	82.9	80.1	81.6				

MP- Makaradhwaja prepared by Swarna patra, MV- Makaradhwaja prepared by Swarna Varkha, MB-Makaradhwaja prepared by Swarna Bhasma

efficacy. Therefore, the duration of *Mriduagni* and *tivraagni* period was decreased without disturbing the *madhyamagni* duration (i.e., *Mriduagni* for 3 hrs, *Madhyamagni* for 6 hrs and *Tivragni* for 3 hrs). Because of a higher amount of *Kajjali* in *Makaradhwaja* prepared by the *Swarna Patra* sample, each batch was prepared with 424 g of *Kajjali* whereas in the *Varkha* and *Bhasma* samples, because of the lesser amount, it was prepared with 330 g of *Kajjali* in the same heat duration for the standardization purpose.

The Hingulottha Parada was used because as per classical text, its properties are equal to those of Astasamskarita Parada.^[19] For the preparation of Swarna Pishti of Varkha, only 1 hr was required as compared with 12 hrs required for Swarna Patra, which may be because the particle size of Swarna Varkha is too fine as against that of Swarna Patra. In the preparation of Pishti of Swarna Bhasma 32 hrs were required, which was too much in comparison with that required for Swarna Varkha and Swarna Patra; the reason behind this may be that the Swarna Bhasma is not in elemental form, which leads to the extra time taken for the amalgamation with Parada [Table 3]. The Nischandratva and Rekhapurnatva tests of Kajjali were passed in 16 hrs, but 24 hrs trituration was done for the fineness. The weight of Kajjali was found to be increased (3.5% on an average) after Bhavana, which may be due to the added solid contents of Japakusuma Swarasa and Kumari Swarasa [Table 5].

It was observed during a trial and error study that the amount of Gandhaka is directly proportional to the burning period. Therefore, as per the classical notes, a specific temperature pattern was mentioned for the Samguna Kajjali Sindura, i.e. Mridu Agni, Madhyama Agni and Tivraagni in an equal ratio. In this, Gandhaka was just in the melting stage in the Mriduagni while in the Madhyama Agni stage, Gandhaka boils and burns and in the Tivra Agni period, Parada with Gandhaka sublimes. Thus, the temperature required for the melting of Gandhaka and sublimation of the product is not dependent on the amount of Gandhaka. Taking note of this, the period of Mridu and Tivra Agni was not changed but the period of Madhyama Agni was increased twice of the normal ratio due to which an excess amount of Gandhaka gets more period for the burning, which is the main aim. Also, in the previous study, it was found that Samaguna and Dwiguna Sindura were prepared in 16-20 hrs. Here, an attempt was made to prepare the Triguna

	able in standard manadating procedure for the preparation of manadating							
No. of pro	ocess	Quantity of ingredient	Method	Yantra	Temp.	Duration (hrs)		
Swarna Pishti	Swarna Patra	Shuddha Swarna Patra + Hingulottha Parada	Mardan	Khalva yantra	-	12:00		
	Swarna Varkha	Shuddha Swarna Varkha + Hingulottha Parada	Mardan	Khalva yantra	-	01:00		
	Swarna Bhasma	Swarna Bhasma + Hingulottha Parada	Mardan	Khalva yantra	-	32:00		
Kajjali		Swarnapishti + 24-times Shuddha Gandhaka	Mardan	Khalva yantra	-	24:00		
Bhavana		1. Japakusuma Swarasa 2. Kumari Swarasa	Mardana	Khalva yantra	-	03:00 hrs each		
Kupipaka		Makaradhwaja kajjali	Kupipaka	EMF	Kramagni up to 600°C	12:00		

Table 11: Standard manufacturing procedure for the preparation of Makaradhwaja



Figure 1: The average temperature pattern for preparation of Makaradhwaja through the electrical muffle furnace

Balijarita Makaradhwaja in a minimum heating period, which was 12 hrs [Tables 6 and 7]. For this, many trial and error studies were carried out to finalize the temperature pattern. During the *Kupipaka*, flame of sulfur occurred at the neck of the *Kupi* after 7.30 hrs on an average, which was continued for 1.45 hrs [Table 7].

An average of 94.22% of the *Makaradhwaja* was prepared by the *Swarna Patra* with residue (gold powder) of 4.6%, also 76.2% of *Makaradhwaja* and 6.1% of gold powder was prepared by *Swarna Varkha* with 87.8% of *Makaradhwaja* and 3.9% gold powder was prepared by *Swarna Bhasma* [Table 8].

The first sample of *Makaradhwaja* prepared by *Swarna Varkha* was not properly sublimed due to irregular electrical power so that the average percentage of the final product of *Makaradhwaja* was decreased and residue (gold powder) was increased compared with the other two samples.

Analytically, there were no changes found in loss on drying, ash value, acid-insoluble ash and carbon disulfide extract.

But, in the ICP analysis for gold content, it was found to be 268 ppm in Makaradhwaja prepared by Swarna Varkha whereas in a previous study (Patgiri et al.),[20] Makaradhwaja prepared by Swarna Patra found only 7.5 ppm and also by author prepared Makaradhwaja prepared by Swarna Patra and Bhasma was found to be 131 ppm and 19 ppm. This variation found in the gold content may be due to the particle size of the raw material (gold), because the particle size of Swarna Varkha is least compared with the Swarna Patra and, in the Bhasma form, gold is not as elemental as the form of gold. Thus, here, it is observed that least particle size of elemental gold increases the gold content in the sublimed Makaradhwaja. This increased concentration of gold content in sublimed Makaradhwaja enhances the therapeutic efficacy of Makaradhwaja, which has been also observed in comparative clinical trials of Makaradhwaja prepared by Swarna Patra-Varkha and Bhasma on Madhumeha (diabetes mellitus),^[21] and pharmacological studies also supports this.

Conclusion

Makaradhwaja has been standardized in terms of time and temperature for 330-424 g. Kajjali (average), i.e. Mridu Agni: 100-250°C (2.5 hrs), Madhyamagni: 250-450°C (5 hrs), Tivragni: 450-600°C (4.5 hrs). Makaradhwaja prepared by least particle size of elemental gold increases the concentration of gold content in the sublimed Makaradhwaja [Figure 1].

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