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1. Introduction

Alternaria sp. is a common genus of ascomycete fungi that are both saprophytic on organic materials and pathogenic to many plants.1 Infection by Alternaria sp. leads to black spot rot of fresh fruits and vegetables, including pears, citruses, apricots, cherry tomatoes and blueberries. During the development and storage, black spots in pears caused by Alternaria alternata is one of the major postharvest diseases leading to fruit deterioration and rotting, which results in economic losses.²⁻⁵ A. alternata is a dematiaceous fungus, characterized by dark colonies ranging from grey to olive/brown.6 Microscopic characteristics of A. alternata conidia were ovoid or elliptical, with one to five transverse septa and none or three longitudinal septum. When the conidia adhere to the surface of the fruit. they germinate from the top and partially form the infectious hyphae which colonize the fruit cells and tissues, thereby capturing the nutrients and water of the host, and also producing harmful metabolites such as mycotoxins.7 The necrotrophic pathogen A. alternata in citrus exerts pathogenesis through the production of host-specific toxins.8 The most common host-specific toxins of Alternaria sp. in foods items are alternariol monomethyl ether (AME), alternariol (AOH),

Benzyl isothiocyanate fumigation inhibits growth, membrane integrity and mycotoxin production in *Alternaria alternata*⁺

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The antifungal activity of benzyl isothiocyanate (BITC) against pear pathotype-Alternaria alternata, the causal agent of pear black spot, and its possible mechanisms were studied. The results indicated that both the spore germination and mycelial growth of *A. alternata* were significantly inhibited by BITC in a dose-dependent manner. BITC concentrations at 1.25 mM completely suppressed mycelial growth of *A. alternata* and prevented \geq 50% of black spot development in wounded pears inoculated with *A. alternata*. Microscopic analyses and propidium iodide (PI) staining showed that spore morphology in *A. alternata* treated with BITC at 0.625 mM was severely damaged. Relative electrical conductivity and lysis ability assays further showed that BITC treatment destroyed the integrity of the plasma membrane. Additionally, mycotoxin production was inhibited by 0.312 mM BITC, and the inhibitory rates of alternariol monomethyl ether (AME), alternariol (AOH), altenuene (ALT) and tentoxin (TEN) were 89.36%, 84.57%, 91.41% and 67.78%, respectively. The above results suggest that BITC exerts antifungal activity through membrane-targeted mechanisms.

altenuene (ALT) and tentoxin (TEN),⁹⁻¹¹ which accumulate in fruits and processed food, leading to food safety issues and a threat to human health.^{1,12} Currently, chemical fungicides have been extensively used to a primary means of combating black spot rot.¹³ In addition to its antifungal activity, inhibiting mycotoxin synthesis and reducing mycotoxin levels are major methods to control the postharvest decay of vegetables and fruits.¹⁴ However, pathogen resistance to various types of fungicides can develop after frequent usage. In addition, synthetic fungicides are not friendly for environment and human health issues.¹⁵ Accordingly, natural antifungal products require development to meet environmentally friendly health demands.

Isothiocyanates (ITCs) are naturally-occurring constituents that bear a wide biocidal spectrum, with potential as postharvest fumigants.¹⁶⁻¹⁹ ITCs exhibit biocidal activity against fungi,^{20,21} bacteria,²² insects and nematodes.²³⁻²⁵ ITCs vary according to the R-side groups on the parent glucosinolate, which can be aliphatic, aromatic or heteroaromatic.²⁶ Aromatic ITCs are more antifungal than ITCs with aliphatic R groups,²⁷ and aromatic BITC show higher biocidal activity against *Sclerotinia sclerotiorum* and *Rhizoctonia solani* compared to ITCs derived from the aliphatic allyl-isothiocyanate and aromatic *p*hydroxybenzyl.²⁸ BITC treatment of low-density polyethylene film (LDPF) bags is an active control strategy for *Alternaria* rot in tomato fruit.²⁹ BITC also shows potent inhibitory effects against *Fusarium culmorum* and *Staphylococcus aureus* among the several isothiocyanate flavors separately treated.^{30,31} However,



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The cell membrane is the major target of toxic lipophilic compounds in eukaryotic cells.32 BITC is lipophilic and therefore, it may reacts with enzymes present at the plasma membrane, causing fungal growth inhibition and cell death.²⁹ In addition, mycotoxin production during fungal growth might interact with ITCs after membrane destruction, reducing the levels of aflatoxins produced by Aspergillus parasiticus CECT 2681 in nuts (peanut, cashew, almond, hazelnut and pistachio).33 I. Clemente et al. used active packaging containing BITC to reduce or eliminate ochratoxin production.³⁴ However, M. Mari et al. found that benzyl isothiocyanate showed little or no activity against the pathogens tested on Botrytis cinerea and R. stolonifera.35 There are few studies focusing on the growth, membrane integrity and related mycotoxin production of A. alternata by BITC fumigated. In this study, we evaluated the antifungal activity of BITC against A. alternata through fumigation and in vitro/in vivo assessments. The effects of BITC on cell membrane integrity and mycotoxin production of A. alternata were also investigated.

2. Materials and methods

2.1 Chemicals

Standard benzyl isothiocyanate (CAS: 622-78-6) was purchased by the Tokyo Chemical Industry (Shanghai). BITC was reagent-grade with 99.9% purity and dissolved in 20% ethanol-sterile distilled water (v/v) and then filtrated through a 0.22 μm microporous membrane.

2.2 Fruit and pathogen

'Zaosu' pears (*Pyrus bretschneideri* Rehd) free of physical injury or infection were commercially harvested at the Tiaoshan Farm in Jingtai County, Gansu Province, China, and individually packed and stored at 4 °C cold storage at the laboratory. Pear fruits were used for *in vivo* assessments within a week.

A. alternata (JT03) was obtained from the post-harvest laboratory at Gansu Agricultural University, Gansu Province, China. The spores were harvested from 6 day-old PDA cultivates and suspended in 20 mL of sterile distilled water. Suspensions were followed by filtration through four layers of sterile gauze. The number of spores (1×10^5 or 1×10^6 spores per mL) were determined using hemocytometer for *in vivo* and *in vitro* testing.

2.3 Monitoring spore germination

The 20 μ L *A. alternata* spore suspensions (1 \times 10⁵ spores per mL) were added to an agar plugs (diameter = 5 mm) (in triplicate) and placed onto a glass slides. Then the slides were placed in a glass Petri dish (diameter = 18 cm) with the same size of moist filter paper at the bottom to provide with 90–92% relative humidity. Sterile filter paper discs (diameter = 6 mm) containing BITC (0, 0.039, 0.078, 0.156, 0.312, 0.625, and 1.25 mM) were placed on the surface of the Petri dish and incubated at 28 °C for 2, 4, 6 and 8 hours. The cultures were taken at the corresponding time point, and stained with 20 μ L of

lactophenol cotton blue for 2 minutes. And 100 spores were counted under a microscope to determine germination rates. Each BITC concentration was assessed in triplicate.

2.4 Mycelial growth assays

The effects of BITC on the mycelial growth of *A. alternata* were assessed on PDA plates according to the methods described by N. L. Tatsadjieu *et al.*³⁶ Autoclaved PDA medium which was cooled to about 60 °C was poured into Petri dishes (diameter = 90 mm). Sterile filter paper discs (diameter = 6 mm) containing various concentrations of BITC (0, 0.039, 0.078, 0.156, 0.312, 0.625, and 1.25 mM) were placed on the surface of the Petri dish. A 6 mm plug of mycelial agar was obtained from the edge of 6 day-old cultures of *A. alternata* and transferred into the center of each dish. Plates were sealed with parafilm and the radial growth of *A. alternata* was measured after incubation at 28 °C for 3, 5 and 7 day. Each treatment was repeated three.

2.5 In vivo antifungal activity assays

The in vivo assays were performed as previously described with subtle modifications.37-39 Pears lacking physical injury or infections were selected based on size uniformity, surfacedisinfected with 1% (v/v) sodium hypochlorite for 2 min, rinsed with tap water, and air-dried prior to use. Pears fruits were wounded (3 mm wide and 3 mm deep) with a sterile dissecting needle at the equator prior to inoculation. Each wound site was inoculated with 20 μ L 1 \times 10⁵ spores per mL A. alternata and air dried at room temperature. Selected pears were placed in sealed boxes and fumigated with BITC (0, 0.312, 0.625, 1.25 mM) for 12 h (concentrations were selected based on preliminary in vitro experiments), and then stored at room temperature $(25 \pm 2 \ ^{\circ}C)$, 90–92% relative humidity for 9 days. The lesion diameter was measured every 2 days. There were three replicates with 10 fruits in each treatment, and the experiment was repeated three times.

2.6 Determination of membrane integrity

PI staining was performed as previously described with minor modifications.40 A. alternata spores were cultured on PDA for 6 day and fumigated with BITC at 0, 0.156, 0.312 and 0.625 mM. Spores were harvested from PDA and suspended in 20 mL of 100 mM PBS (pH 7.4). After incubation of A. alternata spores for 4 hours, PI was added to a final concentration at 2.5 μ g mL⁻¹ and maintained at 28 °C for 10 minutes in the dark. Mixtures were centrifuged at 8000 \times g for 2 min at 4 $^{\circ}$ C and precipitates were washed twice in PBS to remove residual dye. Samples were then resuspended in 500 µL of PBS and then 10 µL suspensions were dropped on slides. Unstained spore suspensions were used as controls. Samples were imaged under a fluorescence microscope (U-LH100HG 19v 100w, Tokyo 163-0914, Japan). The percentages of fluorescent spores in each population were calculated. Each experiment was performed in triplicate and the experiment was repeated three.

2.7 Cytoplasmic leakage assays

The leakage of cytoplasmic contents from A. alternata mycelia were determined according to the methods of J. Tian et al. and D. R. N. A. Cezar et al. with minor modifications.41,42 A total of 6-8 plugs of A. alternata mycelial agar (diameter = 6 mm) fumigated with BITC at 0, 0.312 and 0.625 mM were obtained from the edge of 6 day-old cultures on PDA and transferred into PDB medium at 28 °C on a rotary shaker (150 rpm). After 3 days of incubation, mycelia were harvested onto filter paper (pore diameter 10 μ m) and washed with sterile distilled water. Mycelia was resuspended in 50 mL sterile distilled water and incubated on a rotary shaker at 26 °C for 0, 30, 60, 90 and 120 min. Cell membrane permeability was determined using an electric conductivity meter (DDS-307A, Shanghai, China). Nucleic acids levels were measured through the assessment of optical density at 260 nm (OD₂₆₀). All experiments were performed in triplicate.

2.8 Extraction of mycotoxins

2.8.1 Standards. Certified standards of *Alternaria* toxins, namely AME, AOH, ALT and TEN were purchased from Shanghai Yuanye Bio-Technology Co., Ltd (China). Solid portions of standards were dissolved in MeCN to prepare 100 μ g mL⁻¹ stock solutions, and a portion of solutions were prepared from the stock standard solutions at 10 μ g mL⁻¹ in MeCN, which were stored in the dark at -20 °C. The spiking solution (1 μ g mL⁻¹) was freshly prepared from the mix solutions, and the working solutions with concentrations of 1–200 ng mL⁻¹ were freshly prepared just before using with the blank matrix.

2.8.2 Sample preparation. The method have been appropriately modified as described by P. López *et al.*⁹ The fungus were cultured in PDA for 4 day at 28 °C and fumigated with BITC at 0 and 0.312 mM according to previous experiment. *A. alternata* mycelium (0.5 g) was grounded in an ice bath and the hyphae were transferred to sterile centrifuge tubes containing 2.5 mL of acetonitrile/water (80 : 20) and 0.3% formic acid. Extracts were sonicated for 60 min and agitated in a shaker agitator for 30 min at 28 °C and 150 rpm. Next, 0.25 g of anhydrous MgSO₄ and 0.04 g NaCl were added while shaking for 1 min, and samples were centrifuged at 10 000 rpm for 10 min. Supernatant was passed through a 0.22 µm organic filter to

a volume of 1.2 mL for high performance liquid chromatography-tandem mass spectrometry (parameters described in Table 1; standard curve for standard samples in Fig. S1[†]).

2.9 Statistical analysis

Experiments were performed on three independent occasions and each replicate was performed in triplicate. Data was statistically analyzed using an analysis of variance (ANOVA) and expressed as the mean \pm standard deviation (SD). Mean separations were analyzed using Duncan's multiple range tests and differences amongst the different treatments were determined at the 5% level (IBM SPSS Statistics 20, USA).

3. Results

3.1 BITC inhibited spore germination and mycelial growth of *A. alternata*

BITC treatment effectively inhibited spore germination and the mycelial growth of *A. alternata* in a dose-dependent manner (Fig. 1A and B). Spore germination rates of 0.625 mM BITC fumigated *A. alternata* decreased by 82.89% compared to that of the control (p < 0.05). When the concentration of BITC was increased to 1.25 mM, spores germination were entirely inhibited (Fig. 1A). Visible hyphae of 0.625 mM BITC treated *A. alternata* was observed after 2 days of cultivation (Fig. 1B), and the inhibition rate of mycelial growth was up to 41.05% (p < 0.05) 4 days after treatment. BITC at 1.25 mM completely inhibited mycelial growth. Colony morphologies of the treated groups showed a more pronounced and regular round shape (Fig. 1C).

3.2 Efficacy of BITC against A. alternata in pears

As shown in Fig. 2, the development of black spots in pears inoculated with *A. alternata* was effectively inhibited by BITC fumigation. The lesion diameters of the black spots in pears treated with 0.625 and 1.25 mM BITC were reduced by 34.42% and 52.83% (p < 0.05) compared to control pears after 7 days of inoculation, respectively. BITC concentrations of 1.25 mM showed the highest level of disease control (Fig. 2A). Dark brown infected areas were observed on 1.25 mM BITC fumigated pear fruits (Fig. 2B).

Analyte	Ionization mode	Retention time (min)	MRM (m/z , positive)	Fragmentor	Collision energy
			$271.0 \rightarrow 256.0 (I)$		
Alternariol (AOH)	ESI^{-}	2.37	$257.0 \rightarrow 147.2 (Q)$	32	20
			$257.0 \rightarrow 213.0 (I)$		
Allenuene (ALT)	\mathbf{ESI}^+	3.33	$293.1 \rightarrow 239.1 (Q)$	85	15
			$293.1 \rightarrow 257.2 (I)$		
Tentoxin (Ten)	ESI^+	3.66	$415.2 \rightarrow 189.0 (Q)$	110	30
			$415.2 \rightarrow 312.3$ (I)		

^{*a*} MRM: (Q) transition used for quantification and (I) transition employed to confirm the identification.

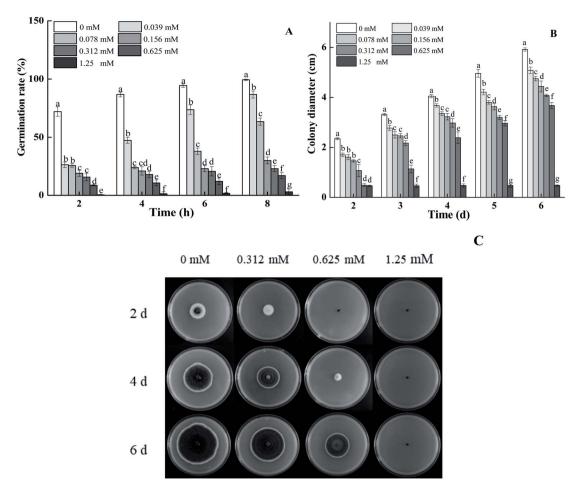


Fig. 1 Effects of BITC on spore germination rates (A), the mycelial diameter (B) and colony morphology (C) of *A. alternata* after treatment with 0.312, 0.625 and 1.25 mM BITC. Vertical bars represent standard errors. Columns marked by different letters (such as a and b) indicate that there are significant differences in the treatment within the group, and identical letters (such as c and d) indicate no significant difference in treatment within the group according to Duncan's multiple range tests (p < 0.05).

3.3 Cell membrane integrity by PI staining

PI staining was performed for *A. alternata* cells in the presence and absence of BITC. As shown in Fig. 3A, BITC treatment led to

a loss of cell membrane integrity of *A. alternata* in a concentration dependent manner, evidenced by the increased intensity of PI staining. The percentage of spores with PI fluorescence which

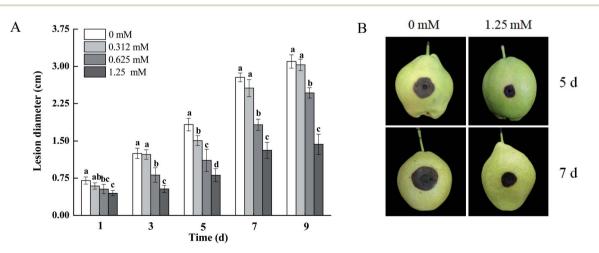


Fig. 2 Harvested pears were treated with BITC at 0.312, 0.625 and 1.25 mM and inoculated with *A. alternata* and stored at 25 °C. Lesion diameter (A) was measured and imaged (B) every two days post inoculation. Vertical bars represent the standard error of treatment means. Columns marked by differed lowercase letters are significantly different according to Duncan's multiple range tests (p < 0.05).

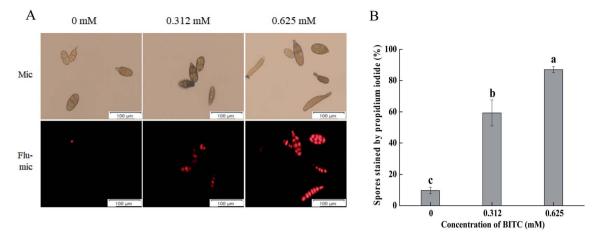


Fig. 3 Effects of BITC treatment on the plasma membrane integrity of *A. alternata*. Spores incubated with different concentrations of BITC (0, 0.312 and 0.625 mM) were stained with propidium iodide (PI) and imaged under a fluorescence microscope. Spores with damaged plasma membranes showed fluorescence (A), and the percentage of spores with reduced plasma membrane integrity were analyzed (B). Three fields of view were randomly chosen for each treatment. Experiments were repeated on three occasions. Vertical bars represent standard errors. Columns marked by different lowercase letters significantly differed according to Duncan's multiple range tests (*p* < 0.05).

impaired membrane integrity was as high as 90% in the presence of 0.625 mM BITC (Fig. 3B).

3.4 Cellular leakage of A. alternata following BITC treatment

As shown in Fig. 4A, cell membrane conductivity values of nontreated *A. alternata* slowly increased slowly within 0–120 min of incubation, whilst the external conductivity of BITC treated *A. alternata* cells showed a rapid upwards trend. The conductivity values increased with the increasing of BITC concentrations. The conductivity of 0.625 mM BITC treated *A. alternata* increased and peaked at 60 min (Fig. 4A), which was significantly higher than observed in control samples (37.4 ± 0.063). In addition, significant differences in nucleic acid leakage were detected comparing to the control (Fig. 4B). The nucleic acid content characterized by OD₂₆₀ in the filtrates of *A. alternata* treated with BITC significantly increased during the incubation period. After 60 min, the OD_{260} values in 0.625 mM BITC-treated *A. alternata* filtrates were 7.2-fold higher than that in the controls (Fig. 4 B).

3.5 BITC treatment inhibited mycotoxin production in *A. alternata*

The retention time was determined by the standard curve and four mycotoxins were identified: AME, 2.845 min; AOH, 2.364 min; ALT, 2.333 min; TEN, 2.666 min (Table 1). The mass were 271.0 and 257.0 m/z under negative ionization mode for AME and AOH (Fig. S2A and C†). The quasi-molecular ions of ALT and TEN (m/z 293.1, $[M + H]^+$; m/z 415.2, $[M + H]^+$) suggest a molecular mass of 292 and 414 respectively (Fig. S2E and F†). Samples fumigated with 0.312 mM BITC showed significantly lower levels of mycotoxins (AME, AOH, ALT and TEN) in the *A. alternata* hyphae, and inhibitory effects varied with each type of

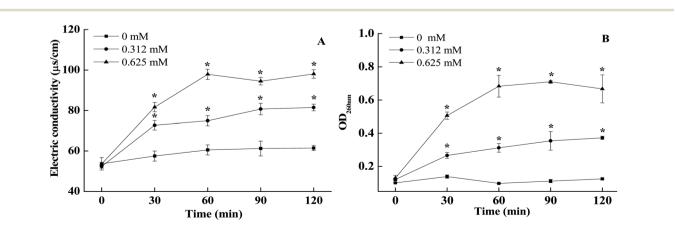


Fig. 4 Effects of BITC on electrical conductivity (A) and nucleic acid leakage (B) of A. alternata. Vertical bars represent standard errors. Asterisk (*) are significantly different according to the Duncan's multiple range test (*p* < 0.05).

my cotoxins. The inhibitory rates of BITC treatment on AME and AOH were 89.36% and 84.57% (p < 0.05), respectively (Fig. 5A and B). The TEN content decreased to 32.60 \pm 0.46 µg g⁻¹ compared to the control (141.70 \pm 1.73 ng L⁻¹) (Fig. 5D). The inhibitory rates of ALT were greater than 90% (Fig. 5C).

4. Discussion

ITCs is natural compounds with antimicrobial properties.¹⁷ Previous studies have shown that 0.1 mg L^{-1} ITCs reduced the incidence of Botrytis cinerea in strawberries by over 45% without detrimental effects on post-harvest quality.38 Our results showed that the incidence of A. alternata infection in pears fumigated with BITC at 1.25 mM for 12 h was significantly lower after 7 d of storage, in which the fruit showed the smallest infection areas, consistent with the findings of L. Ugolini et al.38 However, BITC concentrations of 1.25 mM led to a complete inhibition of mycelial growth in A. alternata. Thus inhibition of BITC on the growth was proved to be lower in vivo compared with the in vitro trial, these differences may be due to the diverse characteristics of stability through time and volatility in the compounds studied, as well as the diffusive effect of the active substance inside the wound.³⁵ Visible mycelial began to grow after 2 days of treatment with 0.625 mM BITC. However,

concentrations of 0.75 mg mL⁻¹ BITC completely inhibited Fusarium culmorum growth in vitro.³⁰ Those differences may be due to variable compound purity or application methods. M. Mari et al. demonstrated the inhibition of conidial germination and mycelial growth of several postharvest fruit pathogens by BITC and other natural ITCs.^{39,43} Our results were consistent with these studies, as BITC efficiently inhibited spore germination and colony expansion of A. alternata on PDA medium. Spore germination was incompletely inhibited at concentrations of 0.039-1.25 mM for 8 h, with spore germination rates decreasing from 86.67% to 3%. S. G. Harvey reported that the spore germination of Sclerotium rolfsii inhibition of 100% was not recorded even at the highest concentrations of 2-propenylisothiocyanate (528.8 mM), indicating that the spores were more resistant than mycelia.44 Our results suggested that BITC efficiently inhibits spore germination rates and colony expansion of A. alternata on PDA medium, and alleviates disease severity in pear fruits.

To further elucidate the mechanisms underlying the antifungal activity of BITC against *A. alternata*, a loss of membrane integrity and the leakage of cellular constituents of BITCtreated *A. alternata* were determined. BITC is lipophilic and may destroy membrane integrity.²⁹ PI is a DNA-stain that shows red fluorescence when inserted into double-stranded

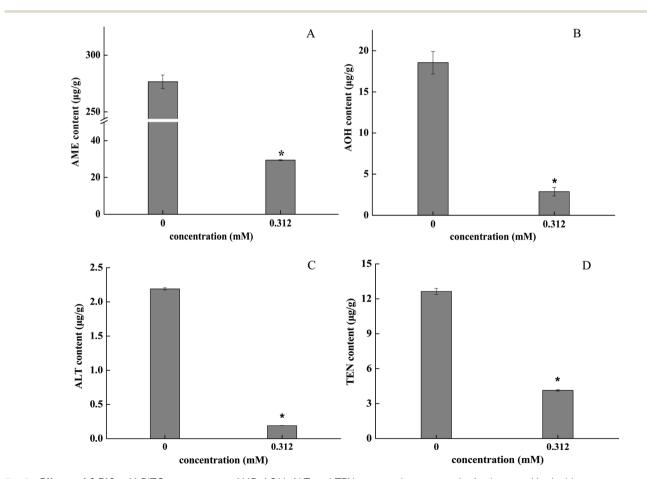


Fig. 5 Effects of 0.312 mM BITC treatment on AME, AOH, ALT and TEN mycotoxins content in A. alternata. Vertical bars represent standard errors. Asterisk (*) indicates significant differences amongst sample groups (P < 0.05).

DNA in cells that have lost membrane integrity.^{41,45} A higher number of PI stained *A. alternata* spores were observed in response to BITC fumigation, with the membrane integrity of *A. alternata* almost completely destroyed at BITC concentration of 0.625 mM. These were similar to the values previously reported by F. Yan *et al.*⁴⁶

Lipophilic compound accumulates in the phospholipid bilayer and alters the permeability of the plasma membrane for K⁺ and H⁺, resulting in the disruption of ionic homeostasis.^{47,48} A loss of membrane integrity results in the leakage of small molecules ions and electrolytes from the cells.49,50 Membrane permeability parameters which are commonly used to indicate gross and irreversible damage to the cytoplasmic and plasma membranes included the loss of 260 nm absorbing materials (K⁺ and Na⁺ leakage).^{51,52} The release of electrolytes (Fig. 4A) and nucleic acids (Fig. 4B) in the fungal suspensions visibly increased with increasing BITC concentrations. The conductivity value of A. alternata suspensions treated with 0.312 and 0.625 mM of BITC increased over the initial 60 min, whilst the control group remained relatively stable within 0-120 min. The maximum release of cell constituents was observed in A. alternata suspensions treated with 0.625 mM BITC for 60 min, showing absorbances of 0.683. These findings suggest that the cytoplasmic membranes of A. alternata incurred irreversible damage after BITC fumigation. The results observed were in agreement with previous studies that suggested that the antibacterial activity of ITCs acts through the disturbance of membrane integrity.53,54

I. Clemente et al. observed the effects of BITC on enzymes on the P450 family (Ochratoxins A-synthase).30,55,56 BITC can reduce the biosynthesis of secondary metabolites (Ochratoxins A and B) by affecting the relevant metabolic pathways of Aspergillus ochraceus.57 A. alternata toxins are secondary metabolites produced by the A. alternata genera.58 Some early reports have shown that Alternaria species do not produce the most known and frequent Alternaria toxins (e.g. AOH, AME, TEN),^{11,59} thus we conduct relevant exploratory experiments. The data presented in this study showed that high levels AME, AOH, ALT and TEN were detected in non-BITC treated A. alternata, similar to the report by T. T. T. Nguyen et al.⁶⁰ AME and AOH produced a high intensity (271.0 and 257.0 m/z) in negative mode (ESI⁻), and these results were consistent with the previous studies of A. A. Hildebrand et al. (2015).61 And significant reduction in mycotoxins contents was observed in BITC treated A. alternata (Fig. 5A and B), especially the inhibition rate of AME and ALT in response to BITC fumigation were 89.36% and 91.41%, respectively (p < 0.05). These results showed that BITC hold value foe reducing mycotoxin contamination in A. alternata. Combination with the effect of BITC on the integrity and permeability of A. alternata plasma membrane, mycotoxin of A. alternata may leak out to extracellular medium and interact with BITC after the damage of cell membrane, leading to degradation of mycotoxins. However, its specific mechanism of action governing these effects needs further clarification.

5. Conclusion

BITC could inhibit *in vitro* spore germination and mycelial growth in *A. alternata* and reduce the occurrence of black spots in pears. BITC treatment destroyed the morphology of the spores and mycelia of the pathogens increased the leakage of intercellular electrolytes and nucleic acids of *A. alternata* leading to lethal effects. The mechanisms underlying the antifungal toxic activity of BITC were through membrane disruption and cell growth hindrance. BITC also significantly inhibited the production of *Alternaria* toxins (AME, AOH, ALT and TEN). BITC may thus offer an economical and environmentally-friendly strategy to control postharvest disease in fruit and vegetables.

Conflicts of interest

There is no conflict of interest.

Acknowledgements

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