

Comparative study of the Ambu[®] AuraOnce[™] laryngeal mask and endotracheal intubation in anesthesia airway management during neurosurgery

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Abstract

Objective: To investigate the feasibility and efficacy of the Ambu[®] AuraOnce[™] laryngeal mask (LMA) compared with endotracheal intubation (ETI) during supratentorial tumor resection in the right lateral decubitus position.

Methods: This was a randomized controlled trial of LMA compared with ETI in patients who were scheduled to undergo supratentorial tumor resection in the right lateral decubitus position. The patients were randomized to the LMA (n = 40) and ETI groups (n = 40). The hemodynamic parameters (primary outcome) and mechanical ventilation parameters, anesthetic dose, and complications as well as quality of anesthesia recovery (secondary outcomes) were compared.

Results: Patients in the LMA group exhibited lower mean arterial pressure (MAP) and heart rate (HR) compared with ETI. Nine and two patients received esmolol during intubation and extubation, respectively. The airway pressure (AP) in the LMA group was higher compared with the ETI group 60 minutes after the start of surgery. Compared with the ETI group, the sufentanil dose was lower by 24% and the anesthesia recovery rate was better in the LMA group.

Conclusions: LMA can improve hemodynamic stability in patients undergoing supratentorial tumor resection in the right lateral decubitus position. If there is a clinical need and no contra-indication, LMA could replace ETI.

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Keywords

Laryngeal mask, endotracheal intubation, neurosurgical anesthesia, airway management, comparative study, hemodynamic stability, supratentorial tumor resection

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Introduction

Because there are potentially severe physiological changes in neurosurgical patients before surgery, reducing perioperative stress and maintaining hemodynamic stability in these patients is critical. Orotracheal intubation is a routine method in neurosurgical anesthesia to ensure safe and effective ventilation,¹ but it may cause short but severe hemodynamic fluctuation during intubation and extubation.^{2,3} Studies have shown that as many as 50% of neurosurgical patients experienced varying types and degrees of adverse outcomes,⁴ which is not conducive to anesthesia management, and may lead to life-threatening conditions.⁵

Clinically, various methods have been used to control or reduce cardiovascular stress or airway response during peri-intubation and extubation, such as using vasoactive drugs (e.g. esmolol or labetalol), applying topical anesthesia to the throat and trachea, blocking the superior laryngeal nerve, increasing the amount of anesthetic, deepening anesthesia, or choosing a suitable airway management device (e.g. laryngeal mask; LMA).⁶ For neurosurgical patients, excessive drug dosage or drug type changes may be more likely to cause a wave impact on the patient's circulation, or affect the accurate judgment of the depth of anesthesia, thereby increasing the risk of cardiovascular and cerebrovascular complications.

The LMA has been used widely to assist with anesthesia management. It has been shown to be safe and effective for both spontaneous and controlled ventilation

and can be safely and effectively used in gynecological, endoscopic, orthopedic, and urological surgery, and in surgery lasting more than 2 hours.^{7,8} The use of the LMA in neurosurgical craniotomy surgeries is still limited, with only a few studies that were focused on special or short duration neurosurgeries such as awake craniotomy, interventional, stereotactic brain deep electrode implantation, and ventriculoperitoneal operations.⁹

Therefore, the aim of this clinical trial was to compare the feasibility and efficacy of the Ambu® AuraOnce™ (Ambu A/S) LMA with endotracheal intubation (ETI) during supratentorial tumor resections in the right lateral decubitus position.

Material and methods

Ethics approval

This study was approved by the Institutional Review Board and Ethics Committee of Sanbo Brain Hospital, Capital Medical University (approval number: SBNK-2018-022-01, 7 May, 2018). Written informed consent was obtained from all patients. The trial was registered at Chicttr.org (ChiCTR1800015926).

Study participants

The inclusion criteria were as follows: 1) American Society of Anesthesiology (ASA) physical status I–II; 2) 18–65 years of age; 3) body mass index (BMI) 18–30 kg/m²; 4) scheduled for supratentorial tumor resection

in the right lateral decubitus position between May 2018 and December 2018; and 5) under general anesthesia. Patients with heart disease and uncontrolled high blood pressure that was detected during preoperative assessment, predicted difficult airway (small mouth, big tongue, or tonsil abnormal enlargement; patients with infection or other pathological changes in the throat; patients with softened airway or airway mass), sleep apnea, obstructive pulmonary disease, gastroesophageal reflux disease, preoperative voice and swallowing problems, requiring emergency surgery, surgery requirement for high angles of the head and torso torsion ($>30^\circ$), patients in whom the surgical approach or position had to be changed just before surgery, or pregnant or lactating women were excluded from the study. The patients were randomized to the LMA or ETI groups based on a random number table generated by a computer.

Study design and anesthetic management

This study used a randomized, single-blind, controlled trial design. Patients who underwent supratentorial tumor resection in the right lateral decubitus position by the same group of surgeons were enrolled in a blinded manner. Two senior anesthesiologists (attending physician and above, with experience in the insertion and management of LMA) and one highly-experienced resident performed all anesthesia operations. Postoperative data were collected by researchers who were also blinded to the patient's study group.

An arterial cannula was inserted into a peripheral vein under local anesthesia. Electrocardiography (ECG), oxygen saturation (SpO_2), invasive arterial blood pressure (IBP), mean arterial pressure (MAP), heart rate (HR), and bispectral index (BIS) were monitored.

Anesthesia was induced by intravenous infusion (TCI-I, Guangxi Weili Ark

Technology Co., Ltd., Nanning, China) of propofol (1%) and sufentanil (1 $\mu\text{g}/\text{mL}$) to maintain target plasma concentrations of 5 $\mu\text{g}/\text{mL}$ (Marsh model¹⁰) and 0.3 ng/mL (Bovill model¹¹), respectively. After loss of consciousness and when the BIS (BISx[®], Aspect Medical Systems, Inc., Norwood, MA, USA) was ≤ 60 , 0.6 mg/kg of rocuronium was given intravenously to facilitate tracheal intubation or LMA insertion. A LMA (size 3 for 30–50 kg, size 4 for 50–70 kg, and size 5 for >70 kg patients; Ambu A/S, Ballerup, Denmark) or ETI (size 7.5 for males and size 7 for females; Henan Tuoren Medical Equipment Group Co., Ltd., Xinxiang, China) was inserted 90 seconds after rocuronium administration. Size selection was guided by the manufacturer's recommendations. The cuff of the LMA was inflated with the recommended volume of air (20, 30, and 40 mL for sizes 3, 4, and 5 LMAs, respectively). The parameters of mechanical ventilation were initially set to a tidal volume of 8 mL/kg, respiratory frequency of 12 times/minute, and gas flow at 1 L/minute. During surgery, the respiratory rate was adjusted to maintain the end-tidal carbon dioxide partial pressure (P_{etCO_2}) at 35 to 40 mmHg. Leaks were verified by auscultation at the following head positions to determine whether ventilation of LMA was successful: neutral, anterior flexion, and left and right rotation ($\leq 30^\circ$). When the right lateral decubitus position was completed, auscultation was performed again. No audible leaking sound, good thoracic undulation, stable pulse oxygen saturation ($>95\%$), and a typical CO_2 waveform on the monitor screen were considered to indicate successful ventilation.

The plasma target concentration of propofol was kept stable at 3.5 $\mu\text{g}/\text{mL}$ during surgery, and the sufentanil concentration was adjusted to maintain the MAP in the range of -20% to $+10\%$ from baseline.

Rocuronium was terminated 30 minutes before the end of surgery, and no antagonist was used. After surgery, the controlled infusion (TCI) of anesthetics was stopped. All patients were sent back to the intensive care unit (ICU) after surgery with their tubes for awakening and extubation. No analgesics and tranquilizers were allowed during recovery. To avoid the effect of post-operative analgesia on the accuracy of post-operative recovery assessment, all patients did not use a postoperative analgesia pump.

The airway devices were removed in the ICU when consciousness and airway protective reflexes were restored, muscle tension returned to normal, and spontaneous respiration was recovered (PetCO₂ <45 mmHg, tidal volume >7 mL/kg).

Measurements

Clinical variables included the hemodynamic parameters (MAP was the primary outcome; the other variables were secondary outcomes), ventilation parameters, insertion parameters, surgical parameters, the quality of anesthesia, and postoperative recovery (secondary outcomes).

Hemodynamic parameters included HR and MAP, which were monitored continuously using an anesthesia monitor (Bene View T8, Shenzhen Mindray Biomedical Electronics Co., Ltd., Shenzhen, China). Both of these parameters were recorded before anesthesia induction (T0), before intubation (T1), at intubation (T2), at 1, 3, and 5 minutes after intubation (T3, T4, T5), spontaneous breathing recovery (T6), after extubation (T7), and at 10 minutes after extubation (T8). The numbers of patients who used vasoactive drugs perioperatively (especially during the induction or recovery of anesthesia) were recorded. Intravenous infusion of nicardipine 0.2 to 0.5 mg or/and esmolol 20 to 50 mg was used to treat persistent systemic hypertension (MAP 10% above preoperative base

level) or/and tachycardia (HR faster than 100 beats/minute).

Ventilation parameters included minute ventilation (MV) and airway pressure (AP), and were recorded after successful intubation (t0), 60 minutes after the start of surgery (t1), and before surgery was completed (t2).

The insertion parameters included success rate (first success, first success following adjustment, second success), time of insertion, and the oropharyngeal leakage pressure (OLP) of the LMA.

Surgical parameters included the total sufentanil dose, anesthesia duration, total fluid input, urine output, and estimated blood loss.

The quality of anesthesia recovery was measured by the time of spontaneous respiratory recovery and extubation, the number of patients with cough, patients with sore throat at 24 hours after surgery, and the visual analog scale (VAS) scores for sore throat at 1, 2, and 3 days after surgery.

The quality of postoperative recovery was measured based on the number of patients with postoperative pyrexia, the duration of postoperative pyrexia, the recovery time in the ICU, the time until the patient had food and water intake, and the time until off-bed activity.

Statistical analysis

The sample size was determined based on the sample size estimation method for a random comparison of two sample means. The calculation formula refers to the Chapman & Hall/CRC Biostatistics Series (Second Edition) published in 2003,¹² as follows:

$$N = 2 \left(\frac{\sigma(Z_{1-\alpha/2} + Z_{1-\beta})}{(\mu A - \mu B)} \right)^2$$

where $\alpha = 0.05$, $\beta = 0.20$ for two-sample two-sided test, n represents the number of

patients in each group, σ represents the standard deviation, μ_A and μ_B represent the mean of the two groups, α is Type I error, and β is Type II error. Based on the pre-experimental results, the mean MAP (μ_A) in the ETI group at extubation was 94.4 mmHg, while that in the LMA group was 87.5 mmHg, and the standard deviation (σ) was 8.0. The sample size calculated using this formula is 33. Because the expected dropout rate was 20%, the final sample size was 40 per group.

Statistical analysis was performed using SPSS version 22.0 (IBM, Armonk, NY, USA). The measurement data with normal distribution were presented as the mean \pm standard deviation (SD) and were analyzed using a two-sample *t*-test (surgical time, insertion time, and postoperative recovery time). Discrete data were analyzed using the χ^2 test or Fisher's exact probability test (sex, tumor type, success rates, complications, and use of vasoactive drugs), as appropriate. Repeated measure analysis of variance (ANOVA) was used to compare the difference within the groups at different time points (for MAP, HR, MV, AP, and VAS scores). A *p*-value of <0.05 was considered to be statistically significant.

Results

Demographic and anesthesia data

Eighty patients were randomized to the LMA group ($n = 40$) or the ETI group ($n = 40$). Three patients in the ETI group had more than two intubation attempts, and three patients in the LMA group were converted to ETI because of failure to achieve satisfactory ventilation after two attempts. The demographic data (age, sex, and BMI) and the surgical details are shown in Table 1.

Intraoperative fluctuations of MAP and HR

MAP and HR were significantly different between the two groups and over time, and there was a significant interaction between group and time for the two parameters. Arterial pressure decreased to some extent after induction and before intubation but did not exceed 20% of the baseline value, and no drug treatment was needed. During intubation and extubation, the fluctuations of MAP and HR (i.e., the difference between the highest value and the baseline value) in the ETI group were 6

Table 1. Demographic data and surgery details in the LMA and ETI groups.

	LMA group ($n = 40$)	ETI group ($n = 40$)
Age (years)	40.8 \pm 10.6	44.4 \pm 13.2
Sex (M/F)	17/23	18/22
BMI (kg/m ²)	23.4 \pm 3.1	24.4 \pm 3.4
Tumor types (glioma/meningioma/others)	15/14/11	15/14/11
Dose of sufentanil (μ g)	79.5 \pm 20.8	105.3 \pm 30.9
Infusion amount (mL)	3057.5 \pm 756.3	3294.4 \pm 610.1
Urine amount (mL)	1230.0 \pm 530.7	1480.0 \pm 737.4
Blood loss (mL)	326.3 \pm 160.1	352.5 \pm 141.9
Application of vasoactive drug (cases) (esmolol/nicardipine)	2/0	9/0
Duration of anesthesia (minutes)	247.9 \pm 78.8	271.1 \pm 43.5
Duration of hospitalization (day)	16.0 \pm 6.4	17.9 \pm 7.6

LMA, laryngeal mask; ETI, endotracheal intubation; BMI, body mass index.

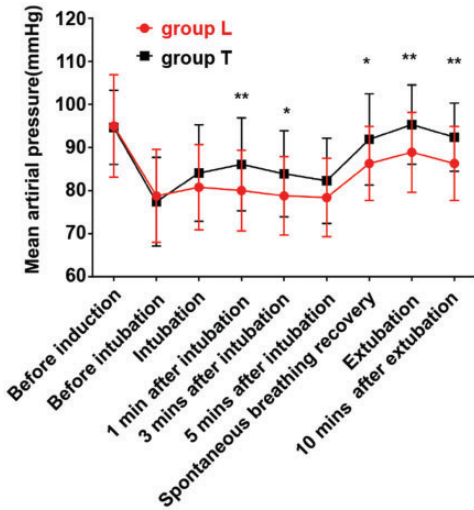


Figure 1. MAP at different time points in the LMA and ETI groups. * $p < 0.05$ and ** $p < 0.01$ versus ETI group, respectively. (Main effect: $F, p = 6.103, 0.016$, time effect: $51.541, <0.001$, time-group interaction effect: $3.116, 0.048$).

mmHg and 10 times/minute higher compared with those in the LMA group, respectively ($p < 0.05, p < 0.01$, Figures 1 and 2). The changes in HR were more intense and lasted longer in the ETI group compared with the LMA group. Nine patients in the ETI group and two patients in the LMA group were treated with esmolol during induction or recovery of anesthesia ($p < 0.05$, Table 1).

Insertion related parameters

There were no significant differences between the two groups in the success rate of the first insertion (92.5% vs. 92.5%), the first insertion following adjustment (7.5% vs. 0%), and secondary insertion (5.0% vs. 5.0%) (Table 2). Compared with the ETI group, the time of insertion was slightly longer in the LMA group, but there was no statistical difference (31.2 ± 6.0 vs. 35.6 ± 7.1 seconds, Table 2). The OLP in the LMA group was 22.2 ± 1.5 cmH₂O.

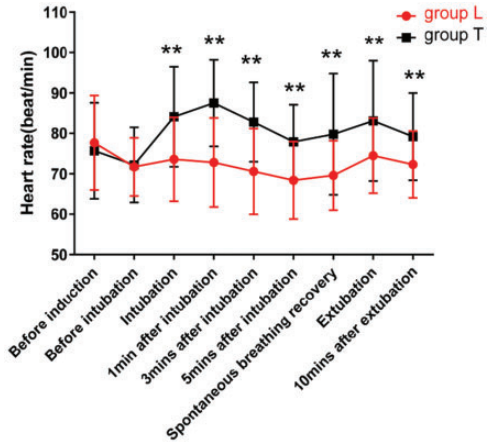


Figure 2. HR at different time points in the LMA and ETI groups. ** $p < 0.01$ versus ETI group. (Main effect: $F, p = 18.839, <0.001$, time effect: $10.699, <0.001$, time-group interaction effect: $10.527, <0.001$).

One case of transient leak occurred in the LMA group, which was limited in time and did not cause other complications. The LMA was nudged in the oral cavity, and the air leak disappeared.

Intraoperative ventilation parameters

There was no significant difference in MV between the two groups regarding the ventilation parameters, while AP tended to increase from t0. The increase was not statistically significant in the ETI group at t1 compared with t0, but it was significant at t2 compared with t0 ($p < 0.001$, 95%CI: 0.270–0.680). The AP in the LMA group was significantly higher at t1 ($p < 0.001$, 95%CI: 1.308–2.342) and t2 ($p < 0.001$, 95%CI: 0.760–1.590) compared with t0. Compared with the LMA group, the AP in the ETI group was significantly decreased at t1 ($p = 0.024$, 95%CI: 0.153–2.097; Table 3).

Anesthesia and postoperative recovery

The time for spontaneous respiratory recovery, extubation, ICU stay, feeding,

Table 2. Comparison of insertion-related parameters between the LMA and ETI groups.

	LMA group (n = 40)	ETI group (n = 40)	T/ χ^2 , p
Insertion time (seconds)	35.6 ± 7.1	31.2 ± 6.0	1.932, 0.057
Ventilation achieved as planned [cases (%)]	37 (92.5)	37 (92.5)	0.000, 1.000
First success [cases (%)]	32 (80.0)	35 (87.5)	1.420, 0.430
First success by adjustment [cases (%)]	3 (7.5)	0 (0.0)	3.117, 0.120
Secondary success [cases (%)]	2 (5.0)	2 (5.0)	2.636, 0.451
OLP (cmH ₂ O)	22.2 ± 1.5	none	–

LMA, laryngeal mask; ETI, endotracheal intubation; OLP, oropharyngeal leakage pressure.

Table 3. Comparison of the ventilation parameters between the LMA and ETI groups.

Time point	MV (L/minute)		AP (cmH ₂ O)	
	LMA group (n = 40)	ETI group (n = 40)	LMA group (n = 40)	ETI group (n = 40)
Completion of intubation (t0)	5.5 ± 0.8	5.6 ± 1.1	14.1 ± 2.0	14.6 ± 1.5
60 minutes after the start of surgery (t1)	5.5 ± 1.0	5.6 ± 1.0	15.9 ± 2.7 ^{*,#}	14.8 ± 1.4
At the end of surgery (t2)	5.5 ± 1.0	5.6 ± 1.0	15.2 ± 2.4 ^{**}	15.1 ± 1.3 ^{**}
Integral analysis: Two-way repeated measures ANOVA: F, p				
Comparison between groups	0.060, 0.808		0.375, 0.542	
Time point comparison	2.367, 0.111		43.979, <0.001	
Time-group interaction effect	0.938, 0.373		26.439, <0.001	

^{**}p < 0.01 versus t0 (completion of intubation), [#]p < 0.05 versus group ETI.

LMA, laryngeal mask; ETI, endotracheal intubation; ANOVA, analysis of variance; AP, airway pressure; MV, minute ventilation.

and off-bed activity in the LMA group was significantly earlier or shorter compared with that of the ETI group ($p < 0.05$ for all results). The VAS score for sore throat was significantly higher in the ETI group compared with the LMA group at days 1 and 2 ($p < 0.013$; $p < 0.001$, respectively), while for the duration of postoperative pyrexia, there were no significant differences in the number of sore throats or the number of patients with post-operative pyrexia between the two groups at 24 hours after surgery (Table 4). The number of patients with cough ($n = 37$) was significantly higher in the ETI group ($p < 0.01$, Table 4) compared with the LMA group ($n = 7$).

Discussion

Although ETI remains the most common method for airway management, there are many disadvantages such as abnormality in hemodynamic and respiratory parameters, airway obstruction, difficult extubation, cuff-related problems, sore throat, laryngeal edema, hoarseness of voice, tension pneumothorax, and nerve injury. For patients undergoing neurosurgery, intracranial pressure may increase because of the stimulation during ETI and extubation, which may lead to intracranial hemorrhage, encephaledema, and even life-threatening cerebral hernia.⁵

Table 4. Comparison of the quality of anesthesia and postoperative recovery between the LMA and ETI groups.

	LMA group (n = 40)	ETI group (n = 40)	T/ χ^2 , p
Number of patients with cough (cases)	7	37	45.455, <0.001
Number of cases of sore throat 24 hours after surgery (cases)	20	23	0.453, 0.654
VAS of postoperative sore throat			
Day 1	2.9±1.2	3.6±1.1	-2.538, 0.013
Day 2	2.1±1.4	3.1±1.1	-3.347, 0.001
Day 3	0.7±1.2	1.1±1.3	-1.238, 0.220
Time for spontaneous respiratory recovery (minutes)	39.5±34.1	71.4±34.9	-3.856, <0.001
Time from the end of surgery to extubation (minutes)	76.1±37.1	104.1±41.5	-3.509, 0.001
Duration of stay in ICU (hour)	4.9±1.8	8.8±3.2	-6.673, <0.001
Time from the end of the surgery to food and water intake (hour)	6.9±2.2	12.0±5.0	-5.812, <0.001
Time from the end of the surgery to off-bed activity (day)	3.6±1.5	5.2±3.6	-2.337, 0.023
Number of cases of postoperative pyrexia (cases)	10	17	2.739, 0.155
Duration of postoperative pyrexia (day)	0.4±0.9	1.2±2.0	-2.346, 0.023

LMA, laryngeal mask; ETI, endotracheal intubation; VAS, visual analog scale, ICU, intensive care unit.

The main factors that may affect the respiratory parameters during surgery include age, BMI, respiratory system diseases, surgical method, surgical position (which can lead to airway compression), and ventilation method (depending upon the ventilator settings).¹³⁻¹⁷ To minimize the confounding factors, we only used data from patients who were undergoing supratentorial craniotomy in the right lateral decubitus position, between 18 and 65 years of age, with a BMI of 18 to 30 kg/m², and whose surgical duration was <6 hours. The patients enrolled did not have respiratory system-related complications or excessive twisting of the head or neck.

Many complications that are associated with tracheal intubation can be avoided using an LMA, which does not cause stress from the laryngoscope and tracheal

tube and allows a faster recovery.^{18,19} LMA has become an important choice, particularly in outpatient surgeries.^{18,19} Many short-duration surgery studies have demonstrated the device's safety and effectiveness,²⁰⁻²² but reports on the use of LMA in neurosurgical anesthesia are limited. Therefore, our study focused on comparing the effectiveness and feasibility of the Ambu® AuraOnce™ LMA and tracheal intubation during supratentorial craniotomy.

Perelló-Cerdà et al.¹ reported that before the end of neurosurgery, replacing the endotracheal tube with a LMA can avoid severe fluctuations of hemodynamic parameters during extubation. In our study, the MAP and HR in the ETI group were 5 to 6 mmHg and 11 to 15 bpm higher compared with the LMA group, respectively. The HR response was more intense, and

the duration was longer in the ETI group. These differences might be small, but they could be clinically important because minute variations in hemodynamic parameters might be clinically significant in patients undergoing intracranial surgery, especially for patients who have concomitant cardiovascular or cerebrovascular diseases.² Although this study does not involve such a population, the results can still provide a reference value for the choice of anesthesia ventilation in such patients in the future. Additionally, esmolol was used in nine patients in the ETI group and two patients in the LMA group to control HR resulting from tachycardia during the induction or recovery of anesthesia. No vasoactive drugs were used in the two groups during surgery. Esmolol combined with propofol or sevoflurane can inhibit the intubation reaction and reduce the amount of propofol or sevoflurane administered, which is conducive to smooth and rapid recovery after surgery.²³ However, there is still a risk of bradycardia; about 30% of patients may have transient bradycardia²⁴ or the depth of anesthesia may be affected, resulting in shallow anesthesia. The above-mentioned adverse conditions did not occur in this study, but this may be because of the small sample size or the good heart function in the patients. Overall, non-pharmacological interventions to reduce or avoid fluctuations in hemodynamic parameters caused by ETI or endotracheal extubation are likely a result of the advantages and effectiveness of the LMA.

The insertion time and success rate of the first and final LMA insertion attempts were reported to be between 11.2 ± 2.7 and 27.0 ± 10.0 seconds in previous studies.²⁵⁻²⁷ Studies showed that the success rate of the first insertion attempt ranged from 83% to 92.5%²⁵⁻²⁷ in adults and 93% to 100%^{7,25,27,28} in children, while the success rate of final insertion was an average of 98%.^{26,29} In the present study, the LMA

insertion time was 35.6 ± 7.1 seconds, which is slightly longer than that of the ETI (31.2 ± 6.0 seconds). The success rate of the first insertion attempt was 80% and the final success rate was 92.5%, which is slightly different from previous reports, and this might be because of differences in the anesthetists' experience or the small number of patients who were included, but it would not have a clinical impact (in our study, pulse oximetry was 100% during intubation in all patients).

An OLP of LMA ≥ 20 cmH₂O is considered to be safe and effective for mechanical ventilation in most patients.³⁰ In the present study, the mean OLP in the LMA group was >20 cmH₂O. The stability of the LMA position is very important for safe ventilation. The following two moments in the perioperative period can easily lead to change in the LMA position: when the patient is positioned from the supine position into the correct position, and when the cranium is drilled to mill the bone flap, which requires effective and timely communication among all staff to avoid any movement of the head and head frame that could compress the airway. The AP of the Proseal and the I-gel increases, decreases, or maintains the original level in the case of maximal flexion, extension, and leftward rotation of the neck, while the OLP changes to a corresponding degree of consistency.³¹ In the present study, after the successful placement of the ventilation device, preventive testing of the oropharyngeal leak at different head and neck angles was performed immediately. The AP in the LMA group was significantly higher at 60 minutes after the start of surgery compared with the ETI group, which might be attributed to the swing of the head that results from skull drilling, which could cause shifting of the LMA. However, the changes in AP in both groups did not affect normal ventilation. It is likely that the OLP also increased simultaneously to a certain extent, thus

leading to safe ventilation. One case of transient leak occurred in the LMA group, which was limited in time and did not cause other complications.

Little has been reported on the comparison of ventilation parameters between the Ambu LMA and ETI. In our study, there was no significant difference in MV between the two groups during the perioperative period, which is consistent with earlier results.^{32,33}

Compared with the ETI group, the LMA group had a lower incidence of cough and a lower VAS score for postoperative sore throat, and a shorter time for postoperative spontaneous breathing recovery, extubation, ICU stay, eating and drinking, off-bed activity, and duration of postoperative pyrexia, but their occurrence was too low and the total sample size was too small to draw any conclusions. Postoperative sore throat is listed as the eighth most serious adverse reaction after general anesthesia,³⁴ which is a factor that affects the quality of postoperative recovery, overall postoperative satisfaction, and medical disputes. Postoperative sore throat may be an inflammatory response³⁵ and it is closely related to pyrexia. Previous studies on LMA and ETI for sore throat after general anesthesia airway management had different conclusions.³⁶⁻⁴⁰ In the present study, there was no significant difference in the number of patients with postoperative sore throat and pyrexia between the two groups. LMA caused fewer complications during anesthesia convalescence, resulting in faster patient postoperative rehabilitation.

This study was a single-blind randomized trial, and only the Ambu® AuraOnce™ LMA was compared with ETI in patients undergoing supratentorial tumor resection in the right lateral decubitus position. An additional limitation is the absence of postoperative analgesia. This could be harmful to the patient and exaggerate the hypertensive effects of

extubation. The effect of other types of LMAs on neurosurgery under different postures needs further investigation.

In conclusion, the results suggest that LMA could be used and could improve hemodynamic stability in patients who are undergoing supratentorial tumor resection in the right lateral decubitus position. Therefore, if there is a clinical need and no contraindication, after obtaining patient consent and in consultation with the surgeon, consideration may be given to replacing ETI with a laryngeal mask.

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Declaration of conflicting interest

The authors declare that there is no conflict of interest.

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