#### MINI REVIEW



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# Prospects for mucosal vaccine: shutting the door on SARS-CoV-2

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#### ABSTRACT

The sudden emergence of a highly transmissible and pathogenic coronavirus SARS-CoV-2 in December 2019 from China and its rapid global spread has posed an international health emergency. The rapid development of an effective vaccine is imperative to control the spread of SARS-CoV-2. A number of concurrent efforts to find an effective therapeutic agent or vaccine for COVID-19 (coronavirus disease 2019) are being undertaken globally. Oral and nasal mucosal surfaces serve as the primary portal of entry for pathogens like coronaviruses in the human body. As evidenced by studies on similar coronaviruses (SARS-CoV and MERS-CoV), mucosal vaccination can provide a safe and effective means for the induction of long-lasting systemic and mucosal immunity to confer protection against SARS-CoV-2. This article summarizes the approaches to an effective mucosal vaccine formulation which can be a rewarding approach to combat the unprecedented threat posed by this emerging global pandemic.

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# Introduction

In the 21st century, we have seen a worldwide spread of three previously unknown coronaviruses. The first outbreak of Severe Acute Respiratory Syndrome (SARS) occurred in November 2002 in the Guangdong province, China. The causative agent of the 2002 SARS outbreak was identified as SARS coronavirus (SARS-CoV).<sup>1</sup> Another coronavirus, Middle East respiratory syndrome coronavirus (MERS-CoV) was first identified in Saudi Arabia in 2012.<sup>2</sup> On December 31, 2019, several cases of pneumonia were reported in Wuhan, China.<sup>3</sup> The etiological agent of the 2019 outbreak was later identified as SARS coronavirus 2 (SARS-CoV-2) because the genomic sequence was closely related to that of the SARS-CoV from 2003.<sup>4,5</sup> On February 12, 2020, the world health organization (WHO) named the disease caused by the novel coronavirus (SARS-CoV-2) as Coronavirus Disease 2019 (COVID-19).

Coronaviruses belong to the Coronaviridae family. The family members are enveloped, positive-stranded RNA viruses which appear as crown-like entities under the electron microscope due to spikes of glycoproteins protruding from their viral envelopes, thus exhibiting a corona-like appearance.<sup>6</sup> The Coronaviridae family is divided into two subfamilies: Letovirinae and Orthocoronavirinae. The latter consists of the genera Alphacoronvirus, Betacoronavirus, Gammacoronavirus, and Deltacoronavirus. The pathogenic coronaviruses: SARS-CoV, MERS-CoV, and SARS-CoV-2 are all betacoronaviruses.<sup>6</sup> Among known RNA viruses, coronaviruses have the largest genomes size in the range of 26 to 32 kb in length.<sup>7</sup> Two-third of the viral genome at 5' end encodes up to 16 nonstructural replicase proteins which are translated as two polyproteins: pp1a and pp1ab. The genes encoding structural proteins, including spike (S), envelope (E), membrane (M), and nucleocapsid (N) proteins are present at 3' end of genomic RNA.<sup>7,8</sup> The S protein of coronaviruses is one of the most important targets for the development of SARS vaccines and therapeutics because it is involved in receptor recognition, as well as virus attachment and entry. The S protein is made up of S1 and S2 subunits. S1 subunit has the receptor-binding domain (RBD) which binds with host receptor and then the S2 subunit mediates the fusion of viral and host membranes.<sup>9</sup> Host receptor for SARS-CoV is angiotensinconverting enzyme 2 (ACE2), whereas MERS-CoV recognizes dipeptidyl peptidase 4 (DPP4) as its receptor.<sup>10,11</sup>

The common symptoms of coronavirus infection are fever, cough, and sore throat. Clinically, patients with SARS suffer from atypical pneumonia.<sup>12,13</sup> Clinical presentation of SARS-CoV-2 patients is similar to patients infected with SARS-CoV. COVID-19 manifests itself with symptoms including fever, dry cough, fatigue, and acute respiratory distress syndrome.<sup>3,14</sup> These clinical features are a direct consequence of massive alveolar epithelial cell and vascular endothelial cell damage which is also accompanied by an exuberant release of proinflammatory cytokines and chemokines.<sup>15</sup> The disease severity and lung damage in the case of SARS-CoV-2 infection can be directly correlated with the dysregulated immune response at 7-10 days after symptom onset and is characterized by exuberant production of cytokines including IL-2, IL-7, IL-10, MIP-1A, IP-10, and TNF-a.3,15 This 'cytokine storm' was also reported in animal studies with SARS-CoV infection and was responsible for the dampening of adaptive immunity of patients in the later phase of infection.<sup>16</sup> As of now, the spread of SARS-CoV-2 is being quelled by strict policy measures such as travel restrictions, social distancing, patient isolation, and nationwide lockdown in several parts of the world. There are no approved vaccines available against any of the coronaviruses. This emerging global pandemic has instigated an unprecedented search for an effective prophylactic or therapeutic intervention against COVID-19.<sup>17–20</sup> In this review, we have discussed the potential and challenges for the development of a successful mucosal vaccine against SARS-CoV-2.

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# Design strategies for mucosal vaccine against SARS-CoV-2

Vaccines have been one of the major contributors in the eradication of most of the infectious diseases in the last century. Vaccination of a population interrupts the transmission chain of a communicable pathogen by not only protecting the immunized subjects but also by halting the transmission of the virus by 'breaking the chain' within a population by induction of herd immunity in the vaccine recipients. Vaccines can be administered by either intramuscular or subcutaneous injection to introduce them into the systemic circulation. Vaccination through systemic routes elicits strong systemic immune response but is not effective in generating efficient mucosal immunity.<sup>21</sup> Mucosal vaccines are advantageous not just in evoking strong immune response at both mucosal sites and systemic circulation but also offer greater practicality in terms of cost and administration.<sup>22</sup> Mucosal vaccines can be produced at considerably low cost for mass immunization, the administration is needle-free and convenient compared to systemic vaccines.<sup>23</sup> Majority of mucosal vaccines are administered through oral or intranasal routes while rectal, vaginal, ocular, and sublingual routes can also be used. The selection of administration route depends on the nature of the antigen and the desired site for induction of immune response. Upon oral immunization, immune responses are induced strongly in gastrointestinal (GI) tract, mammary glands, and salivary glands while intranasal vaccination induces marked antigen-specific immune response in respiratory, GI, and genital tracts.

The primary mode of transmission of SARS-CoV is through mucosal membranes of the eyes, nose, or mouth.<sup>24</sup> Studies with S protein of SARS-CoV-2 have revealed that it also recognizes human ACE2 (hACE2) receptor on the host cells similar to SARS-CoV.<sup>25-27</sup> ACE2 is abundantly expressed in nasal and oral mucosa rendering them the primary targets for the viral entry and dissemination of SARS-CoV-2.28 Concomitant gastrointestinal symptoms are reported in confirmed COVID-19 patients along with pulmonary pathology, characteristic of SARS-CoV-2 infection. The occurrence of acute hemorrhagic colitis in a few cases and the presence of SARS-CoV-2 RNA in fecal samples of COVID-19 patients indicate enteric involvement in COVID-19 reasserting the similarity in tissue tropism with SARS-CoV.<sup>29-31</sup> Considering the prominent role of nasal and gastric mucosa in the transmission and the clinical progression of SARS-CoV-2, mucosal immunization using oral or intranasal vaccine could be an effective strategy for immunoprophylaxis against SARS-CoV-2. Vaccination at the entry site such as intranasal or oral immunization induces a strong local immune response in the case of SARS-CoV.<sup>32,33</sup> Consequently, vaccination at the mucosal sites reduces the risk of antibodydependent disease enhancement (ADE) by blocking the virus at the entry site. Administration of mucosal vaccine has also been shown to elicit strong systemic humoral immunity thereby neutralizing any virus particle that evades the primary immune response at the mucosal site. Currently, several strategies are being examined for the development of a mucosal vaccine against SARS-CoV-2.34

# Mucosal immune system

A unique mucosal system exists independent of the systemic immune system to protect exposed mucosal surfaces against environmental antigens and downregulation of systemic immune responses. It acts as the first line of defense against most of the antigens and prevents them from evoking systemic immune system.<sup>35</sup> The mucosal system serves as the most common portal for pathogen entry in the human body. The mucosal immune system consists of a complex network of tissues, non-lymphoid /lymphoid cells, and effector molecules including cytokines, chemokines, and antibodies.<sup>36</sup> The mucosal immune system is compartmentalized into immune inductive sites- where antigen sampling from mucosal surface occurs and then priming of B cells and T cells takes place, and immune effector site- where the activated immune effector cells move after extravasation and secrete cytokines to promote IgA class-switch recombination.<sup>37,38</sup> Inductive site for the mucosal immune system is constituted by mucosa-associated lymphoid tissue (MALT). MALT comprises of highly organized structures such as appendix and Peyer's patches in the intestine and tonsils in the upper airway. The effector sites of the mucosal immune system include lamina propria of various mucosae, surface epithelia, and exocrine glands. Gut-associated lymphoid tissue (GALT) and nasopharyngeal-associated lymphoid tissue (NALT) represent the major mucosal inductive sites. Waldeyer's ring and oropharyngeal lymphoid tissues (paired palatine tonsils) in humans are considered anatomical equivalent of murine NALT.<sup>39</sup> Larynx-associated lymphoid tissue (LALT), salivary duct-associated lymphoid tissue (SDALT), lacrimal ductassociated lymphoid tissue (LDALT), and conjunctiva-associated lymphoid tissue (CALT) are also considered part of human MALT.<sup>40</sup> These mucosal inductive sites are covered with a layer of enterocytes and microfold cells (M cells). M cells are specialized thin epithelial cells that move soluble antigen from the gut lumen to the underlying lymphoid tissues via transcytosis. Exogenous antigens can activate T cells directly or are handed off to dendritic cells (DCs) that can act as antigen-presenting cells (APCs).<sup>41,42</sup> These primed T cells move to the germinal centers and secrete promote B-cell isotype switching to IgA cytokines to production.43

Secretory IgA (sIgA) antibodies are the most essential effector molecule in the mucosa. It is recognized as the first line of protection against foreign toxins, pathogens, and overgrowth of commensal microbes. It is secreted as a dimer joined together by a joining chain and is actively transported exclusively across the mucosal surface via a polymeric IgA receptor.44 The activated T and B cells retain immunological memory and contribute to long-lasting protective immunity against the pathogen in systemic and mucosal systems. sIgA neutralizes toxins or pathogens in the mucosal environment using three mechanisms: immune exclusion, antigen excretion, and intracellular neutralization (Figure 1).45 In addition to sIgA, transudated IgA and IgG, which are generated in response to both systemic and mucosal vaccination, also contribute to local surface defense in the genitourinary mucosa and in the lower respiratory tract which are more permeable to serum-derived antibodies than intestine. These antibodies employ a diverse range of effector functions to protect against

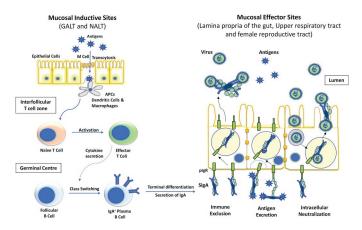


Figure 1. Diagrammatic representation of inductive and effector sites for mucosal immunity. Two most important mucosal inductive sites are gutassociated lymphoid tissue (GALT) and nasopharynx-associated lymphoid tissue (NALT). These inductive sites are lined with follicle-associated epithelium which consists of microfold (M) cells responsible for the transport of antigens to the antigen presenting cells (APCs). These APC's then trigger the cellular immunity by activating effector T cells which in turn elicit the IgA class switching in follicular plasma B cells. These IgA producing B cells then reach the effector sites through systemic circulation and release secretory IgA (sIgA). The polymeric immunoglo-bulin receptor (pIgR) located at the basal surface of effector sites, such as lamina propria etc. transfers sIgA to the luminal surface, where it inhibits the pathogen by three different mechanisms, namely, immune exclusion, antigen excretion, and intracellular neutralization.

pathogens. They neutralize toxins; can mediate opsonization and facilitate internalization of invading pathogens by phagocytes. Transudated IgG exert its immunopathological effect when sIgA-dependent elimination of pathogen is unsuccessful.<sup>46</sup> Serum IgG antibodies protect against viremia and are crucial for virus clearance from systemic circulation.

# Mucosal vaccine platforms

A mucosal vaccine can be developed based on one of the several vaccine platforms including viral vectors, virus-like particle (VLP)-based, DNAs, subunit, inactivated whole virus, or live-attenuated vaccine.<sup>6,47,48</sup> Each of these platforms has its own advantages and disadvantages. VLP-based vaccines are composed of viral structural proteins capable of selfassembly. DNA vaccine comprises viral immunogens encoded by a recombinant plasmid that is delivered to the site of administration where the plasmid expresses itself and elicits the desired immune response.<sup>49</sup> Both these safe vaccine platforms preserve the inherent antigenic structure of viral immunogens and are noninfectious but often suffer from weak immunogenicity. Viral vectors encode the antigenic protein and are delivered to the host cell where the antigen is expressed and is presented on the surface of APCs to induce a cellular and humoral immune response.<sup>50</sup> These vaccines are highly efficient but preexisting immunity against the viral vector might cause a harmful immune response in some recipients.

Live-attenuated vaccines or inactivated vaccines are based on pathogens that have been attenuated or inactivated by heat or chemical treatment.<sup>46</sup> As of now, all the mucosal vaccines licensed for human use are based on liveattenuated approach including oral polio vaccine (OPV) and intranasal influenza vaccine (FluMist\*). Safety concerns are often associated with attenuated vaccines due to the possibility of incomplete inactivation of harmful pathogens. Subunit vaccines consist of specific antigenic fragments of virus capable of eliciting strong antibody-mediated and cellular immune response.<sup>51</sup> Inactivated whole virus vaccines and subunit vaccines are relatively inexpensive, inert, and nontoxic but the possibility of alteration of immunogenicity of antigens needs to be confirmed consistently. Few SARS-CoV and MERS-CoV vaccines based on the different platforms are summarized in Table 1.

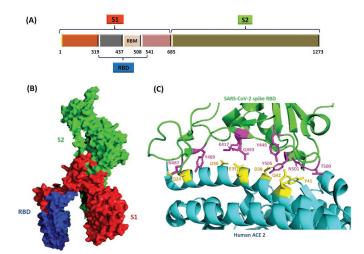
## Antigen selection

S protein is the main antigenic component of SARS-CoV, SARS-CoV-2, and MERS-CoV among four structural proteins (S, E, M, and N proteins). Vaccines using S protein elicit a potent immune response and inhibit viral infection.<sup>9,53,64</sup> But the use of fulllength S protein as an antigen for vaccine design has raised few safety issues due to ADE of viral infection in vaccinated subjects. A study on the Chinese macaque models for SARS-CoV showed greater lung damage in vaccinated animals (vaccinated with fulllength S proteins) relative to unvaccinated subjects upon virus challenge.<sup>65</sup> Anti-S protein IgG antibodies have been implicated in this acute alveolar damage on exposure to the virus. Similar symptoms have been observed in critical patients with SARS-CoV infection.<sup>66</sup> It is speculated that ADE of viral infection is mediated through the binding of virus-neutralizing antibody complex to the Fc receptors on the monocytes/macrophages leading to increased production of pro-inflammatory cytokines. Additionally, this virus-antibody complex might activate the classical pathway of complement system or antibody-mediated cytotoxicity leading to cellular damage.<sup>67</sup> Taking a cue from studies with SARS-CoV and MERS-CoV, caution must be exercised in selecting an antigen target that minimize ADE while inducing a potent immune response against future exposure to SARS-CoV-2.

The use of RBD of S protein as an antigen in the case of SARS-CoV or MERS-CoV has been extensively explored.<sup>9,68</sup> RBD of S protein is highly immunogenic and confers neutralizing capability against multiple strains of SARS-CoV and MERS-CoV. RBD-based vaccine minimizes the risk of ADE upon exposure to virus in vaccinated individuals as it lacks the non-neutralizing immunodominant region of S protein.<sup>69</sup> Other fragments of S protein of SARS-CoV and MERS-CoV that have been used for vaccine design include S1 and S2 fragments (Figure 2).<sup>71,72</sup> A mucosal vaccine based on N protein of SARS-CoV has shown the induction of both cellular and humoral immunity in mice.<sup>61</sup> Several immunogenic domains of N protein are highly conserved in coronaviruses.<sup>73</sup> N protein of SARS-CoV-2 shares high sequence identity (~91%) with N protein of SARS-CoV and hence can be considered for the development of a broad spectrum coronavirus vaccine.<sup>74</sup> A challenging alternative that can warrant protection against future outbreaks of similar coronaviruses is to identify a universal epitope in the whole virus family or genera. This strategy is being undertaken for influenza viruses and can be extended to coronaviruses as well.<sup>75</sup> Immunoinformatics can also be a powerful tool in prediction of epitopes on the viral surface proteins.<sup>76</sup>

Platform	Virus	Antigenicity and functionality	Route	Adjuvant for mucosal immunization	Animal model	Reference
Viral vector	SARS-CoV	A combination of attenuated adenoviruses, one expressing SARS-CoV S protein and Intranasal the other expressing the N protein (collectively called Ad S/N)	Intranasal	1	129S6/SvEv mice	See et al., 2006 <sup>52</sup>
	SARS-CoV	Recombinant attenuated parainfluenza virus (BHPIV3) expressing S protein (BHPIV3/SARS-S)	Intranasal and intratracheal		African green monkeys (Cercopithecusaethiops)	Bukreyev et al., 2004 <sup>53</sup>
	SARS-CoV	Recombinant adeno-associated virus encoding a 193-aa RBD domain of SARSCoV Ir S protein (RBD-rAAV)	Intranasal		BALB/c	Du et al., 2008 <sup>54</sup>
	MERS-CoV	IV5)-based vaccine expressing the MERS-CoV envelope	Intranasal		DPP4 knock-in C57BL/6, BALB/c mice	Li et al., 2020 <sup>55</sup>
	MERS-CoV	enovirus 68 (AdC68) that expresses full-length MERS-CoV S protein	Intranasal, intramuscular		DPP4 knock-in (hDPP-KI) mice. BALB/c mice	Jia et al., 2019 <sup>56</sup>
	MERS-CoV	t adenovirus-based vaccine candidates encoding NTD, RBD, and full- ke protein	Intranasal, sublingual, intramuscular		BALB/c mice	Kim et al., 2019 <sup>57</sup>
	MERS-CoV	VSV-based chimeric recombinant virus, VSVΔG-MERS, in which VSV glycoprotein Ir (G) gene was replaced by the MERS-CoV S gene.	Intranasal, intramuscular	ı	Rhesus monkeys, BALB/c	Liu et al., 2018 <sup>58</sup>
Subunit	SARS-CoV	vith glutathione S-transferase	Oral, intranasal		BALB/c	Pei et al., 2005 <sup>59</sup>
	MERS-CoV	Recombinant receptor-binding domain (RBD) of MERS-CoV S protein fused with Fc Intranasal, of human IgG (RBD-Fc)	Intranasal, subcutaneous	Poly(I:C)	BALB/c mice	Ma et al., 2014 <sup>33</sup>
DNA	SARS-CoV	Plasmid DNA encoding spike protein of SARS-coronavirus/polyethylenimine nanoparticles	Intranasal		BALB/c mice	Shim et al., 2010 <sup>60</sup>
	SARS-CoV	The N protein gene cloned in pVAX1 plasmid loaded biotinylated chitosan nanoparticles	Intranasal		BALB/c mice	Raghuwanshi et al., 2012 <sup>61</sup>
VLP	SARS-CoV	Recombinant baculovirus SARS-CoV virus-like particles (rBV SARS-CoV VLPs)	Intraperitoneal or intranasal	CpG oligodeoxynucleotide	BALB/c mice	Lu et al., 2010 <sup>62</sup>
Inactivated	SARS-CoV	Inactivated SARS CoV (strain: GZ50)	Intranasal	CpG, or CTB (cholera toxin B)	BALB/c mice	Qu et al., 2005 <sup>32</sup>
Live-attenuated	SARS-CoV	Mutation of coronavirus NSP16, a 2 O methyltransferase (MTase) and mutation in Intranasal NSP14, exonuclease (ExoN) activity	Intranasal		BALB/c mice	Menachery et al., 2018 <sup>63</sup>

Table 1. SARS-CoV and MERS-CoV mucosal vaccines based on different vaccine platforms\*.



**Figure 2.** (a) Schematic of SARS-CoV-2 S protein and its subunits. S protein is the major determinant of receptor binding and pathogenesis in SARS-CoV-2. (b) SARS-CoV-2 S protein monomer (PDB ID: 6VXX). The S1 domain which contains the receptor binding domain (RBD) and receptor binding motif (RBM), is critical to the viral infectivity as it initiates the attachment of viral particle to the host cell. The S2 domain is responsible for the fusion of viral and host membranes leading to internalization of the virus. (c) Receptor binding domain (RBD) of SARS-CoV-2 bound to its host cell receptor, human angiotensin-converting enzyme 2 (hACE2) via specific amino-acid interactions (PDB ID: 6MOJ). Interacting residues are shown as sticks at RBD-hACE2 interface.<sup>70</sup>

# Mucosal adjuvants

Traditionally, mucosal immune induction needs a higher dose of antigen in comparison to parenteral immunization as antigenic preparation may get diluted in mucus in the nasal cavity or get expelled by mucus and ciliary movement in the respiratory tract.<sup>77</sup> Effective intranasal vaccination requires the antigen to reach mucosal sites, cross the mucus layer, and induce local IgA production. A vaccine administered through the oral route has to endure the low pH environment in the upper GI tract and a variety of nucleases and proteases present in the digestive tract before it can reach the immunological sites. Mucosal antigens when administered alone lead to a weak induction of immune response. To overcome these physical and biochemical obstacles in priming mucosal immune cells, vaccines delivered through oral or nasal routes are often administered complemented with an adjuvant.<sup>78</sup> Adjuvants are the supplementary materials (natural or synthetic) in a vaccine formulation that potentiates the immune-induction capacity of a vaccine.<sup>79</sup> Adjuvant in a vaccine formulation plays a critical role in maintaining the structural integrity of the antigen, augmenting antigen bioavailability, and enhancing antigenic stimulation. Adjuvants are broadly divided into two classes: adjuvants that can serve as carrier systems to facilitate antigen delivery to immune induction sites and adjuvants that can act as immunostimulators through enhanced internalization, presentation, and processing of the antigen in the APCs.<sup>80</sup>

A number of polymers including chitosan and poly lacticco-glycolic acid (PLGA) have been used as carriers in various vaccine formulations for immunostimulation due to their high affinity toward mucosal surfaces.<sup>81,82</sup> Emulsions and liposomes are the other carriers routinely tested for mucosal vaccine.<sup>48</sup> DC and M cells are a major determinant for induction of mucosal immune response at immune inductive sites and thus represent an ideal site for antigen presentation. Surface markers at the surface of epithelial cells and DCs can be strategically targeted for antigen delivery with specialized molecules such as lectins or nanoparticles for increased antigen uptake by APCs.<sup>83,84</sup> Pathogen recognition receptor agonists such as synthetic poly-(I:C), or toll like receptor agonists such as CpG oligodeoxynucleotides, engage these receptors present on the surface of APCs to potentiate the immunogenicity of the vaccine.85,86 Other commonly used adjuvants including cholera enterotoxin (CT) and heat-labile enterotoxin (LT) from E. coli exert their adjuvanticity by interacting with GM1 gangliosides on the surface of follicular dendritic cells and in turn increase the induction of B-cell clones.<sup>87</sup> The use of immune-stimulating complexes (ISCOMs) has also proven to be highly effective for administration with mucosal vaccines.88

#### Immunotolerance

One of the major factors influencing the rational design of a mucosal vaccine is immunotolerance at the mucosal sites. Immunotolerance is the ingenious modulation of the mucosal microenvironment to avoid unnecessary induction of host immune cells against foreign antigens or commensal microbes. Mucosal surfaces are exposed continuously to environmental, food, or self-antigens which lead to the development of a tolerogenic microenvironment, especially in gastric mucosa.<sup>89</sup> Some vaccination strategies fail to develop effective immunity and can induce immunotolerance. This suppression of immune response is affected mainly by vaccine formulation, antigenic dose, and frequency of administration. Administration of antigen at low doses for a long time leads to low-dose immunotolerance.<sup>48</sup> Contrastingly, high dose of antigen administered at a low rate induces high-dose tolerance instead of immunostimulation. This hypo-responsiveness at the mucosal induction sites can be overcome by strategically determining the antigen dose, vaccine formulation, and timing of vaccine delivery. The design of a novel mucosal vaccine also aims at mimicking the kinetics of pathogen infection for increasing the clinical efficacy of the vaccine. Optimal release timing of antigen at the inductive site helps in dodging the mucosal immunotolerance. To this end, the antigen is conjugated with adjuvants like TLR ligands or CD-40 specific antibodies.90,91

#### Immunosenescence

Several issues are needed to be addressed for the design and development of an efficacious mucosal vaccine against SARS-CoV-2. It has been observed in human challenge studies that immunity acquired with coronavirus infection is often short-lived and in some cases, re-infection with the same virus was possible after an extended period.<sup>92</sup> It was reported in some cases that immunity acquired with SARS-CoV or MERS-CoV also declines considerably 2–3 years after viral infection.<sup>93,94</sup> Another concern for designing a vaccine against SARS-CoV-2 is that the viral infection is associated with severe pathology specifically in patients of higher age group (typically >50 years).<sup>14</sup> People in this age group do not respond very

well to vaccination in terms of neutralizing antibody titers and require a higher amount of antigen to produce sufficient immunogenicity. Specialized dose-regime in terms of the amount of antigen, use of specific adjuvants, or the immunization effects of follow-up doses after a single prime dose can be investigated in vulnerable age groups and immunocompromised people before extending vaccination to them.

# Correlates of protection and testing in animal models

For most parenterally administered vaccines and mucosal vaccines, correlates and precise mechanism of their efficacy remain poorly defined. Most of the licensed vaccines rely on the measurement of a single parameter that is statistically correlated with protection afforded by the vaccine. There is no absolute method of sampling, and the choice of sampling method varies according to the parameter to be evaluated. Conventionally, quantification and qualification secreted antibodies is performed using of seroimmunoassays in body secretions such as saliva, tears, nasal, blood samples or genital secretions, and gut or organ lavages.<sup>95</sup> Cellular correlates of immunity are analyzed using assays such as enzyme-linked immunospot assays (ELISPOTs), reverse-transcriptase PCR (RT-PCR) or cell-sorting techniques.<sup>96</sup> A modern system biology approach can also be used that utilizes functional genomics to identify molecular signatures that correlate well with traditional biological markers for evaluating vaccine efficacy.<sup>97</sup> Correlates of protection differ greatly based on whether the objective of vaccination is to prevent a mucosal or a systemic infection.<sup>96</sup>

Several animal models including mice, ferrets, macaques, hamsters, and non-human primates have been used for evaluating safety and efficacy of SARS-CoV and MERS-CoV vaccines.<sup>53,98-102</sup> Ferrets are a suitable animal model for SARS-CoV vaccine evaluation as they support viral replication in the respiratory tract, develop similar disease symptoms, and display severe lung pathology.<sup>103,104</sup> Smaller animal models like rabbits and mice are a preferred choice for vaccine evaluation in animals because of inexpensive maintenance, ease of genetic manipulation, and standardized methods of testing. Wild type mice are nonpermissive to SARS-CoV-2 viral replication. A transgenic mice model expressing hACE2 has recently been developed by genetic manipulation to make the mice susceptible to SARS-CoV-2 infection.<sup>105</sup> This mice model mirrors the pathological features of SARS-CoV-2 infection in human patients albeit at a moderate level as compared to SARS-CoV. Moreover, a young animal/mice model can effectively exhibit excellent neutralizing efficiency induced by a vaccine candidate but it cannot effectively mimic the clinical manifestations of COVID-19 in an elderly population. Hence, robust lethalchallenged mice models using senescent mice that can recapitulate the clinical disease in the aged human population are needed to be developed for assessing the efficacy of a COVID-19 vaccine candidate. Following animal modelbased preclinical studies, good manufacturing practices are employed for the scale-up of the vaccine production.

# Parenteral vaccines against mucosal pathogens

Currently, mucosal vaccines form a small proportion of licensed vaccines for humans. Limited choice of adjuvants for human mucosal vaccines, immunotolerance, and differential degree of vaccine-induced immune response in different populations are some of the impediments associated with the development of mucosal vaccines. Efficacies of different mucosal vaccines depend on myriad of factors such as age, environment, host genetics, the microbiome of the recipient, and the regimen of immunization. It ranges from 70% to 90% for rotavirus vaccines to 85%- to 90% for oral vaccines against influenza and polio viruses.<sup>22</sup> Cholera, polio, and rotavirus oral vaccines are found to be less efficacious in developing countries. This weak induction of immune response can be attributed to nutritional deficiencies such as vitamin A or zinc, concomitant bacterial, helminth, or viral infections, and the presence of high levels of maternal antibodies in the breast milk.<sup>106,107</sup> Intranasal immunization using live attenuated or live vectors is also associated with the risk of the harmful antigens and adjuvants (such as CT and LT) accessing the central nervous system through the cribiform plate.<sup>108</sup>

A number of infectious diseases have been successfully controlled with the use of parenterally administered vaccine that may or may not lead to the induction of mucosal immune response. Administration of the vaccine through systemic circulation might not necessarily recapitulate the immune response generated by mucosal administration but is adequate for evoking immune response against mucosal pathogens such as human papilloma virus (HPV), influenza virus, or polio virus. All three licensed VLP-based HPV vaccines are administered intramuscularly and induce a high level of durable IgG antibody response against the virus.<sup>109,110</sup> These antibodies are also detectable at mucosal sites of infection such as oral cavity and cervix after vaccination and serve as the primary effectors of protection against HPV.<sup>111,112</sup>

Currently, there are two types of licensed influenza vaccines: parenterally administered inactivated influenza vaccine and live attenuated influenza virus vaccine (LAIV) which is delivered intranasally. Inactivated influenza vaccine elicits some degree of local IgA antibodies and high levels of systemic IgG antibodies to mediate protection by diffusing into the mucosal sites. LAIV, in turn, mimics natural infection and induce highly cross-reactive serum IgG, mucosal IgA, and cellular immunity in the recipients.<sup>113,114</sup> Yearly influenza vaccines are adjusted according to the prevalent strains in the coming flu season. In clinical settings, inactivated vaccine is found to be more effective than LAIV in preventing symptomatic disease in healthy adults while LAIV offers greater protection against influenza disease in children.<sup>115-117</sup> Similarly, two types of vaccines are available for polio virus: an injectable polio vaccine (IPV) and OPV. Sabin OPV, with its enormous impact in disease control worldwide, is considered to be the prototype oral vaccine. Superiority of OPV over IPV is attributed to the induction of high titers of mucosal IgA antibodies.<sup>118,119</sup> Despite the generation of higher serum antibody titers, IPV provides limited intestinal immunity.<sup>118</sup> Due to the risk of rare cases of vaccine associated paralytic polio, most developed

countries have switched to either IPV or a sequential combination of IPV and OPV.  $^{\rm 120,121}$ 

Based on the substantial experience in control of mucosal pathogens using parenterally administered vaccines, several parenteral vaccines are being developed or evaluated against SARS-CoV-2. Notably, DNA-based vaccine by Inovio Pharmaceuticals (INO-4800), mRNA-based vaccine by Moderna (mRNA-1273), adenovirus-vectored vaccine (ChAdOx1), and an inactivated virus vaccine (PiCoVacc) are currently under investigation in human clinical trials.<sup>122-125</sup>

#### Rapid licensure and production of a mucosal vaccine

Time is the most valuable asset in the rapidly emerging COVID-19 pandemic, especially in high-mortality areas. Rapid development and testing of a viable vaccine can be achieved by adopting a number of novel strategies. Instead of developing a novel vaccine development platform, utilizing an existing vaccine platform will accelerate the design and production of vaccines against SARS-CoV-2 and will enable a quicker future response against newly emerging viruses. Since the outbreaks of SARS-CoV and MERS-CoV, several vaccine candidates were developed using different production platforms. These established platforms are being used for the development of vaccine candidate against SARS-CoV-2.<sup>122,124,126</sup>

To expedite the process for licensure and use of the vaccine against SARS-CoV-2 in the wake of the current pandemic, Eyal et al. have suggested an alternative model for accelerated rollout of an effective SARS-CoV-2 vaccine by skipping phase 3 clinical trials.<sup>127</sup> This study proposes a controlled human challenge model wherein nonsusceptible adult volunteers from a healthy group will be challenged with an increasing dose of live virus to determine a dose that induces clinical symptoms similar to the natural infection in the individuals of similar age (Preparatory phase). After this dose for controlled human challenge model has been optimized, a randomized cohort of volunteers will receive the candidate vaccine or placebo before being challenged with the controlled dose of the live virus (Phase 1). The successful vaccine candidates can then be administered to a large cohort of individuals for evaluation of shortterm safety prior to vaccine rollout (Phase 2). This accelerated licensure of the vaccine can be followed up with post-approval surveillance to monitor the occurrence of rare side effects and long-term efficacy for future regulatory approvals.

The overwhelming demand for a SARS-CoV-2 vaccine in the current pandemic by far exceeds the existing production capacity. To deliver required quantities of the successful vaccine, production process will have to be ramped up to an enormous scale. The necessary infrastructure can be developed simultaneously with the continued production on existing capacity. Alternatively, rapid manufacturing of a successful vaccine can be facilitated by adopting a new pandemic paradigm, with a fast start and many steps of vaccine development and production executed in parallel before confirming a successful outcome of another step.<sup>128</sup> In recent years, rapid production of live attenuated vaccines is being facilitated by utilizing reverse genetics process that involves the precise deletion of specific genes of viral genome.<sup>129</sup> Deletion of pathogenic components of the pathogen is advantageous over traditional methods of viral attenuation in terms of safety and efficacy of a vaccine.

# Concluding remarks

The current COVID-19 pandemic has virtually brought most world economies to a halt and severely impacted the lives of a large proportion of the world population. Development of a viable SARS-CoV vaccine is imperative to reduce mortality and morbidity associated with this novel virus outbreak. Mucosal vaccines offer better patient compliance in terms of the physical and psychological comfort due to absence of needlestick injury and thus are highly compatible for mass immunization in a pandemic scenario. Vaccine administration using injection involves the cost of injection device, it's safe disposal, and the employment of trained medical staff which adds a considerable cost for mass vaccination especially in developing countries. Mucosally administered vaccines also abrogate the risk of transmission of infections by injection devices. Despite our detailed understanding of mucosal system in mice, the complex cellular and molecular interplay of different component of innate immune response to mucosal vaccination in humans is still poorly deciphered. Additionally, the emergence and rapid global spread of SARS-CoV-2 has provided a very small window for basic and translational studies that propel the development and evaluation of vaccine against a pathogen. While the knowledge gained from previous studies on SARS-CoV and MERS-CoV can be used for SARS-CoV-2 vaccine development, it is yet uncertain as to what extent it will work for SARS-CoV-2 or whether correlates of protection used will faithfully predict protective efficacy. Potential ADE and waning of vaccine-induced immune response represent other obstacles in the development of a mucosal vaccine against SARS-CoV-2.

The currently licensed mucosal vaccines against viral pathogens are exclusively live-attenuated. The development of a safe and immunogenic live-attenuated vaccine is an attractive possibility for mucosal vaccine against SARS-CoV-2. Live attenuated vaccines, by definition establish a mild infection at the immunization site and exhibit some level of in-built adjuvanticity thereby ensuring the delivery of a higher antigen dose and better targeting of mucosal inductive sites for immunostimulation. This candidate vaccine can be easily administered orally as encapsulated antigens or can be delivered through the intranasal route via droplets and aerosol spray. COVID-19 pandemic demands for adopting nonconventional approaches for a viable mucosal vaccine development, hastening the vaccine licensure process, utilizing existing vaccine development and manufacturing platforms, and ensuring global distribution of the licensed vaccine in time to minimize the impact of COVID-19 across the globe. It will also need an unprecedented scale-up of the manufacturing process and concerted efforts of the supply chains to make the vaccine available before this pandemic is over. Learning from the COVID-19 pandemic, sustained investments in vaccine development and production infrastructure should be made to save human lives and curtail

the economic impact associated with a looming viral pandemic. Moreover, continued global surveillance and vigilance in the post-pandemic scenario should be practiced to help the world counter a second wave of COVID-19 or other possible future coronavirus outbreaks.

# **Disclosure of potential conflict of interest**

The authors declare no potential conflict of interest.

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