





Neuropilin 1: A Novel Entry Factor for SARS-CoV-2 Infection and a Potential Therapeutic Target

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Abstract: The novel coronavirus disease 2019 (COVID-19) pandemic is severely challenging the healthcare systems and economies of the world, which urgently demand vaccine and therapy development to combat severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Hence, advancing our understanding of the comprehensive entry mechanisms of SARS-CoV-2, especially the host factors that facilitate viral infection, is crucial for the discovery of effective vaccines and antiviral drugs. SARS-CoV-2 has previously been documented to reach cells by binding with ACE2 and CD147 receptors in host cells that interact with the spike (S) protein of SARS-CoV-2. A novel entry factor, called neuropilin 1 (NRP1), has recently been discovered as a co-receptor facilitating the entry of SARS-CoV-2. NRP1 is a single-pass transmembrane glycoprotein widely distributed throughout the tissues of the body and acts as a multifunctional co-receptor to bind with different ligand proteins and play diverse physiological roles as well as pathological and therapeutic roles in different clinical conditions/diseases, including COVID-19. The current review, therefore, briefly provides the overview of SARS-CoV-2 entry mechanisms, the structure of NRP1, and their roles in health and various diseases, as well as extensively discusses the current understanding of the potential implication of NRP1 in SARS-CoV-2 entry and COVID-19 treatment.

Keywords: SARS-COV-2 entry, neuropilin 1, COVID-19, therapeutic target

Introduction

Neuropilin 1 (NRP1) is one of two homologous neuropilins (NRP) expressed in all vertebrates that has important physiological and pathological roles.¹ It was identified first in 1987 by Takagi and his coworkers as a neuronal receptor in developing Chick nervous system.² NRP1 can exist in two isoforms, namely, secretory and transmembrane isoforms.^{3,4} The former, also known as truncated or soluble NRP1, circulates freely in the body fluid, whereas the latter isoform, transmembrane NRP1, is a highly conserved single-pass transmembrane protein that interacts with different ligands and has multifaceted functions, including mediating of varieties of physiological and pathological processes; as a result, it is commonly called NRP1.^{1,3,4}

Since its emergence in December 2019, the 2019 coronavirus disease (COVID-19) pandemic, caused by novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), has been severely challenging the global healthcare systems, economies, and social life.⁵ COVID-19 is primarily a disease of the respiratory

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tract typically transmitted from person to person through respiratory droplets and direct contact with SARS-CoV-2 infected individuals or inanimate objects. It is highly infective and transmissible compared to SARS-CoV, as it usually spreads rapidly via active pharyngeal viral shedding.^{6–8}

The global threat of COVID-19 urgently demands extensive efforts to develop vaccines and antiviral therapies that curb the global spread and impact of COVID-19. Thus, growing our extensive knowledge regarding SARS-CoV-2 entry mechanisms is central for designing COVID-19 therapies and vaccines. The entry of SARS-CoV-2 to the host cells requires binding with the host receptors via the viral protein called spike (S) protein.⁹ Besides ACE2 and CD147, recently, a novel receptor called NRP1 was identified for SARS-CoV-2 entry to the host cell.^{10,11} Hence, this minireview presents the role of NRP1 in SARS-CoV-2 entry and as a possible therapeutic target.

Overview of SARS-CoV-2 Entry Mechanism

It is the virus–host cell interactions that determine the cellular entry of SARS-CoV-2 and its dissemination across the tissues.¹² To infect humans, like SARS-CoV, the S protein of SARS-CoV-2 must first bind to surface receptors of human cells lining the respiratory or intestinal tracts. Once attached, the virus invades the cell then replicates multiple copies of itself. The copies of viruses are then released and lead to the SARS-CoV-2 transmission.^{12,13}

The process of viral attachment to and invasion of human cells occurred using different cellular receptors. Several studies on SARS-CoV-2 entry have so far been carried out mainly on ACE2 and have confirmed that, like SARS-CoV, the S protein of SARS-CoV-2 uses ACE2 as a host surface receptor to enable the virus to enter and infect the cell.^{10,14–19} In addition to ACE2, CD147 protein has been identified as a co-receptor in host cells to enhance the ability of SARS-CoV-2 to enter human cells, and cause COVID-19 disease.^{11,14,16,17,20,21}

In spite of these entry mechanisms, it was not clearly understood why the tissue tropism of SARS-CoV-2 varies from what is expected from virus–host cell interaction via ACE2 receptor, and why SARS-CoV-2 readily infects tissues other than the respiratory system, such as the brain, heart, and other tissues with no or low ACE2 expression. These raised the possibility that other host

factors are required to facilitate virus–host cell interactions in cells with low ACE2 protein level.^{6,22} Thus, some studies were recently conducted to reveal these unclear mechanisms, and intriguingly, a major breakthrough study by Daly et al as well as a genetic based study by Cantuti-Castelvetri et al and Li and Buck identified a novel receptor called NRP1 that potentially answer the puzzling question what makes SARS-CoV-2 highly infectious and capable of rapidly spreading in human cells.^{6,22,23} They concluded that NRP1 may serve as an alternative or independent doorway for SARS-CoV-2 entry to and invasion of the human cells.

The Structure and Ligands of Neuropilin 1

NRP1, formerly known as A5 protein, is a 120–140 kDa non-tyrosine kinase multifunctional transmembrane heptameric protein with an ATWLPPR sequence consisting of 923 amino acids.¹ It is encoded by the NRP1 gene located on the 10p11.22 human chromosome locus and shares 44% amino acid sequence identity with its homology, NRP2.^{3,4,24}

NRP1 comprises a large N-terminus extracellular domain, a relatively very small plasma membrane spanning transmembrane domain, and a short cytoplasmic tail in the inner side of the cell membrane. The extracellular domain in turn comprised of three different subdomains, namely A, B, and C subdomains (Figure 1).^{1,3} The A or a1-a2 subdomains, also called semaphorin (SEMA) binding subdomains, are located on amino end and contains two complement binding motifs (CUB), namely the complement binding components (C1r and C1s), Uegf (urchin embryonic growth factor), and bone morphogenetic protein 1 (BMP1), whereas the B subdomain involving b1-b2 subdomains are found in the middle of the extracellular domain and are characteristics of clotting factor V and VIII, and discoidin proteins.^{25–27} This domain is also known as the vascular endothelial growth factors (VEGF) binding subdomain as it serves as a binding site for VEGF.¹ The third domain, called C domain, has similarity with MAM (Meprin, A5/NRP1, protein tyrosine phosphatase μ and K) and contributes for homo- or heterodimerization of other receptors with the transmembrane domain, thereby affecting distinct downstream signaling cascades.³ The transmembrane domain is a single-pass protein consisting of a conserved GXXXG repeat crossing the cell membrane.^{27–29} A short domain of NRP1 that

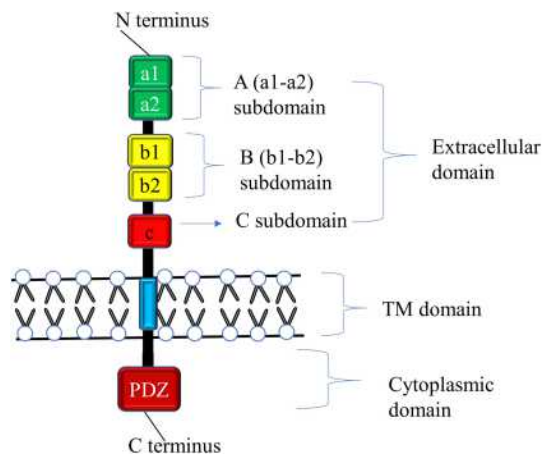


Figure 1 Schematic diagram of NRPI Structure. NRPI contains a large N-terminus extracellular domain comprising A (a1-a2), B (b1-b2), and C subdomains, a very small single-pass plasma membrane spanning TM domain, and a short cytoplasmic domain in the inner side of the cell membrane possessing PDZ-binding motif that can interact with various proteins. The a1/a2/b1 segment binds with SEMA3s, VEGFs, and other proteins, and the C domain involved in receptor dimerization with the TM domain. The b1 of NRPI binds with S protein of SARS-CoV-2 and facilitate infection.

Abbreviations: NRPI, neuropilin 1; SEMA3s, class 3 semaphorin family; TM, transmembrane; VEGFs, vascular endothelial growth factors.

contains 43–44 amino acids but lacks tyrosine kinase activity is the cytosolic tail. This domain possesses a PDZ-binding motif that can interact with various proteins such RGS-GAIP-interacting protein (GIPC) and synectin that are essential for via VEGF receptor 2 (VEGFR2) signaling, arterial morphogenesis as well as in maintaining the structural integrity of transmembrane proteins.^{1,3,27}

Although it lacks a direct cellular signaling role, NRPI is most widely known for its crucial role as a multifunctional co-receptor by forming a complex with other membrane receptors to form holoreceptors.¹ Numerous previous studies have shown that NRPI is a membrane protein that serves as a surface receptor that can bind with wide varieties of protein families, including heparin-binding members of the VEGF family, class 3 members of the SEMA family (SEMA3s) such as SEMA3A, 3C, and 3F, transforming growth factor- β 1 (TGF- β 1).^{28,30,31} The SEMA3s are well known to bind to the a1/a2/b1 portion, whereas the VEGFs bind to b1/b2 segments of NRPI. In addition, NRPI has recently been demonstrated to act as a receptor for extracellular microRNAs, fibroblast growth factor 2 (FGF-2), galectin-1, hepatocyte growth factor (HGF), plexin, β 1 integrin, epidermal growth factor (EGF), platelet-derived growth factor (PDGF), hedgehog (Hh), and other growth factors, albeit their binding sites are not well characterized.^{32,33}

Furthermore, a small portion of S protein is currently recognized to be complementary with the b1 domain of human NRPI protein and allows the binding of SARS-CoV-2 to host cells and hence facilitate infection.^{6,22}

The Role of Neuropilin 1 in Health and Disease

Many studies have pointed out that NRPI is broadly distributed in the tissues of the human body, with a predominant expression in blood endothelial cells, vascular smooth muscle cells, mesenchymal stem cells, retinal vasculature, neurons, and epithelial cells lining the respiratory and gastrointestinal tracts.^{1,3,6,22,24} NRPI has been established to play a myriad of physiological, pathological, and therapeutic roles. As indicated by the plethora of evidence, NRPI has versatile functions in regulating a wide array of biological processes, such as axon guidance within the central and peripheral nervous systems, angiogenesis, vascular permeability, and cell survival, proliferation, differentiation, migration, and invasion.^{2,3,30,32}

In recent years, NRPI has also been shown to be expressed by various immune cells, such as macrophages, including alveolar, adipose tissue, bronchial, and vascular macrophages, dendritic cells, T-cells, particularly CD8 cells, regulatory T-cells, B-cells, and mast cells where it controls a multitude of functions, including development, migration, and recruitment, communication between different immune cells, as well as immune system regulation under normal physiological condition.^{3,4} NRPI has also been detected in bone cells like osteoclasts and osteoblasts where it has an important role in regulating bone remodeling, for instance osteo-protection through its binding with SEMA3A.^{3,34,35}

Besides, many other studies have improved the understanding of the roles of NRPI in different pathological conditions, including cancer, immunological disorders, and bone diseases though the molecular mechanisms behind these functions are still to be elucidated.^{3,33,34} NRPI is generally overexpressed in various clinical disorders, including malignancies, where it upregulates the oncogenic activities of malignant cells by enhancing cell survival and proliferation, and angiogenesis, as well as by contributing therapeutic resistance.^{1,3,33}

Moreover, NRPI has been investigated to have a potential role as a therapeutic target in various pathological disorders, for instance in cancer it serves as an antiangiogenic target as well as in cancer and autoimmune diseases it acts as a site for immunotherapies but it needs

selective targeting of NRP1 under a particular clinical setting.^{3,33}

Intriguingly, recent encroaching studies have unveiled an additional role of NRP1 in COVID-19 infection, which was found to be a cofactor and facilitator of SARS-CoV-2 entry and could pave the way to a new possible target of intervention for COVID-19.^{6,22} More recently, an NRP1 receptor was reported in one study as a potential new target for pain inhibitors to treat chronic pain.³⁶ This discovery is based on the grounds of the pain-relieving activity of SARS-CoV-2, which is suggested to mediate the interactions of NRP1 with S-protein by preventing the normal binding of a protein called VEGF-A to NRP1 and blocking pain signals to give pain relief. However, before developing analgesics, more research is required on how NRP1 contributes to pain signaling.

Neuropilin I and COVID-19 Neuropilin I Mediated SARS-CoV-2 Entry Mechanism

According to recent studies, NRP1 is identified as a novel co-receptor as well as a potentiating factor for SARS-CoV-2 entry process by enhancing the interaction of the virus with ACE2 (Table 1).^{6,22,23,37} Daly et al suggested that it may act as an alternative doorway for SARS-CoV-2 to enter and infect human cells.²² Consistently, the study by Cantuti-Castelvetri et al using tissues from human autopsies revealed that NRP1 significantly potentiates SARS-CoV-2 infectivity.⁶ Furthermore, this study demonstrated

that the NRP1 is expressed strongly in respiratory and olfactory epithelia, while the ACE2 is absent or expressed at low level and hence it may provide an independent gateway for viral entry and invasion of the host cells. Thus, the NRP1 may mediate SARS-CoV-2 entry into the brain via the olfactory bulb.⁶ In agreement with this, a study by Davies et al showed NRP1 is expression in the CNS, involving olfactory-related regions such as the olfactory tubercles and para-olfactory gyri, suggesting the potential role of NRP1 as an additional mediator of SARS-CoV-2 infection implicated in the neurologic manifestations of COVID-19.³⁷ Moreover, one review article has also suggested that the brainstem has a relatively high expression of ACE2 receptor, and possibly NRP1, that SARS-CoV-2 exploits for cell infection. Thus, the respiratory, cardiovascular, gastrointestinal, and neurological functions of the brainstem may be compromised indefinitely as a result of brainstem damage manifested with neurological symptoms even in mild cases of COVID-19 and may results in long-lasting consequences.³⁸ Their abundant expression on epithelia exposed to the external environment as well as their multifaceted functions are the possible reasons that make NRP1 an ideal entry factor for SARS-CoV-2 as well as a critical contributing factor for multisystem involvement of SARS-CoV-2 infection.^{4,6,22}

SARS-CoV-2 uses a small piece of S protein located on the outer surface of the virus to attach to a complementary region of NRP1 receptors on human cells and hence to penetrate the host cells (Figure 2).⁶ The cell entry phase of SARS-CoV-2 depends on priming of S protein by host cell

Table 1 A Summary Table on the Role of NRP1 in SARS-CoV-2 Infection

Research Studies	Findings	References
Daly et al, 2020	<ul style="list-style-type: none"> Furin mediated cleavage of S protein at S1/S2 site forms a polybasic RRAR sequence on S1 that conforms to the CendR peptide and binds to the b1 subdomain of host cell NRP1. Hence NRP1 act as an alternative doorway for SARS-CoV-2 to enter and infect human cells. 	[22]
Cantuti-Castelvetri et al, 2020	<ul style="list-style-type: none"> NRP1 binds with furin-cleaved S protein and may serve as an ACE2 potentiating cofactor by promoting the virus–host cell interactions in cells with low ACE2 expression. This significantly potentiates SARS-CoV-2 infectivity in the respiratory and olfactory epithelium where NRP1 is highly expressed. 	[6]
Davies et al, 2020	<ul style="list-style-type: none"> NRP1 is expressed in CNS, involving olfactory-related regions such as the olfactory tubercles and para-olfactory gyri, suggesting the potential role of NRP1 as an additional mediator of SARS-CoV-2 infection implicated in neurologic manifestations of COVID-19. 	[37]
Li and Buck, 2021	<ul style="list-style-type: none"> Demonstrated the binding model between the NRP1 a2/b1/b2 and S protein of SARS-CoV-2. NRP1 facilitate SARS-CoV-2 infection as NRP1 binding with S1 creates a stronger bond with host membrane that destabilizes the S1/S2 junction and stimulates earlier dissociation of S2 from S1 domain. The liberated S2 domain mediates virus–host membrane fusion and increases virus infectivity. 	[23]

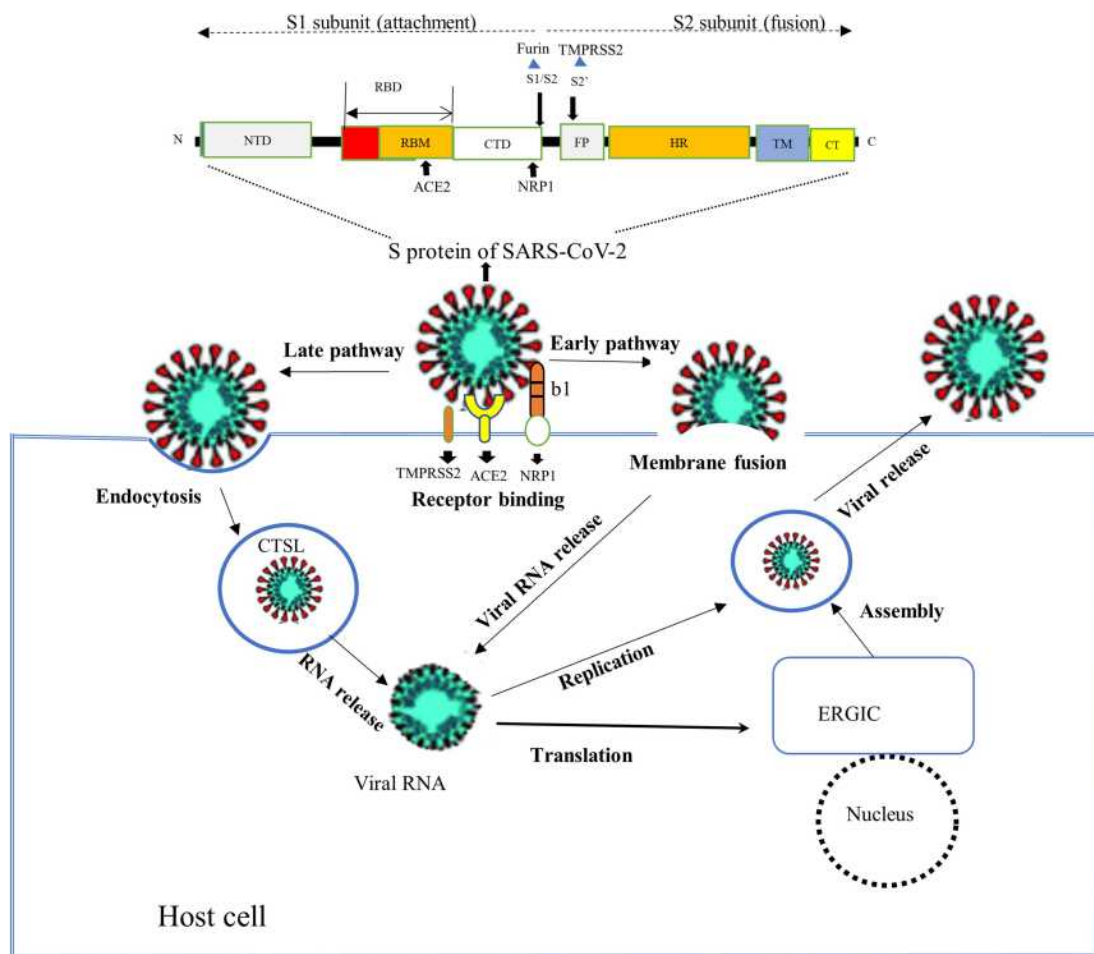


Figure 2 The potential NRPI mediated SARS-CoV-2 entry mechanism into human cells. The trimeric S protein of SARS-CoV-2 binds to host ACE2 via RBM of RBD. Furin mediated cleavage of S protein at S1/S2 site exposes the CendR motif of S1 and enables binding to the b1 subdomain of NRPI. Further processing of S protein by TMPRSS2 on the cell surface (early entry pathway) and CTSL in endolysosome (late entry pathway) exposes the FP and triggers membrane fusion, and the viral RNA get into the host cytoplasm. The genomic RNA undergoes replication and translation to form new SARS-CoV-2 virions after assembly in ERGIC and the new viruses finally released into the outside of the cell.

Abbreviations: ACE2, angiotensin converting enzyme 2; CendR, C-end rule; CT, cytoplasmic tail; CTD, C-terminal domain; CTSL, cathepsin L; FP, fusion peptide; HR, heptad repeat; NRPI, neuropilin 1; NTD, N-terminal domain; RBD, receptor binding domain; RBM, receptor binding motif; TM, transmembrane domain; TMPRSS2, TM serine protease 2; ERGIC, endoplasmic reticulum–golgi intermediate compartment.

proteases.^{39,40} At the S1/S2 boundary, there is a multi-basic sequence motif called RRAR containing arginine (R) and alanine (A) amino acids, with a sequence of Arg-Arg-Ala-Arg. The RRAR amino acid sequence is a unique feature of SARS-CoV-2 that provides a cleavage site for a host proprotein convertase (furin) and possibly form additional cell surface receptor binding sites and thus enhances pathogenicity by priming the fusion activity.^{39–41} This is confirmed by another study demonstrating that SARSCoV-2 virus with a natural deletion of the S1/S2 furin cleavage site is associated to attenuated pathogenicity in hamster models.⁴²

The furin protease cuts the full-length S protein into S1 and S2 functional polypeptides and forms a multi-basic RRAR sequence on the carboxyl-terminal of S1

polypeptide. Studies based on x-ray crystallography and biochemical approaches have shown that the S1 C-end rule (CendR) motif is known to directly interact to b1 domain of NRPI by electrostatic attraction and activate the cell surface receptors.^{4,6,22} However, even though the CendR peptide of S1 domain is a major recognition site for NRPI, it is not yet known which other segments of NRPI and the S protein may interact. In addition, a comparable binding between the carboxy-terminal sequence of S1 subunit and NRPI homolog, NRP2, was also demonstrated.²²

A more recent study by Zhenlu and Matthias also indicated that NRPI facilitate SARS-CoV-2 infection by stimulating the separation of S1 and S2 subunits.²³ This study modeled the structures of NRPI a2/b1/b2 binding to S protein of SARS-CoV-2 and showed NRPI on binding

with S protein trimer bound to an ACE2 dimer. The S1 binds more strongly to the host membrane in the presence of NRP1 and destabilizes the S1/S2 interface and hence increases the likelihood of the S2 subunit to be pulled out rather than S1 being stretched. Thus, NRP1 attachment may stimulate the easier dissociation of S2 from the S1 subunit that triggers membrane fusion and, thus, increase virus infectivity.²³

Following the binding of ACE2 and NRP1 with S1 of SARS-CoV-2, further processing of S protein by transmembrane serine protease 2 (TMPRSS2) on the cell surface (early entry pathway) and cathepsin L(CTSL) in endolysosome (late entry pathway) occur. This exposes the fusion peptide (FP) that triggers membrane fusion, and the viral RNA get into the host cytoplasm. Then the genomic RNA undergoes replication and translation to form new virions after assembly in ERGIC, and the new viruses then are released into the outside of the cell.^{43,44} Previous studies showed that NRPs are known to mediate the internalization of CendR ligands through an endocytosis resembling micropinocytosis but it is unclear whether NRP1 allows attachment and receptor-mediated endocytosis in SARS-CoV-2 infected patients.^{6,22,45,46} Thus, further studies need to be done to clearly explain the role of NRP1 in the entry and infection mechanisms of SARS-CoV-2.

Neuropilin I Expression and Correlation with COVID-19

A significant proportion of COVID-19 carriers remain asymptomatic or present with mild symptoms such as respiratory symptoms, fever, cough, shortness of breath, and myalgia, malaise, arthralgia, chest pain, nasal congestion, runny nose, headache, sore throat, and diarrhea. In some patients, however, COVID-19 becomes severe and results in serious complications such as severe pneumonia, acute respiratory distress syndrome, pulmonary edema, coagulopathy, systemic inflammation, sepsis, septic shock or multiple organ failure, and even death.⁵

A number of studies have reported that the SARS-CoV-2 infected tissues of the body as well as the severity of COVID-19 is correlated with the expression or activity of ACE2 and CD147 in that tissues.⁴⁷ However, the tissue expressing such proteins and the COVID-19 targeted tissues differs and so COVID-19 may involve and complicate tissues/organs with low ACE2 protein expression. Besides its role in the viral entry, recent studies also proposed that NRP1 may be the potential factor for the

involvement or complicating organs other than the respiratory tracts.^{6,22} Daly et al observed a significantly enhanced SARS-CoV-2 infection in cells expressing NRP1 wt-GFP compared to GFP control, whereas it was not increased in cells expressing the T316R mutant.²² The overexpression of both NRP1 and NRP2 in SARS-CoV-2 infected lung tissue compared to adjacent bronchoalveolar lavage fluid (BALF) cells in serious patients with COVID-19 was further noted in this report. But the study added that the NRP1 isoform is more likely to function as a co-factor for SARS-CoV-2 that displays limited viral infectivity when expressed alone, though markedly increases viral infectivity when co-expressed with ACE2.

Unlike ACE2, NRP1 is abundant in the respiratory and olfactory epithelium, which is expressed in almost every type of cell in the nasal passages and is even expressed in olfactory neurons. Interestingly, this may explain the infectivity of SARS-CoV-2 in these epithelia as well as the potential route of spread that provides a direct path to SARS-CoV-2 to reach the cells through the olfactory bulb and to the infiltration of the virus into the CNS, disrupting olfaction and causing anosmia associated with COVID-19.^{4,6} However, unlike in other respiratory infections, the anosmia in the context of COVID-19 is unusually presented with no nasal inflammation and discharge, albeit the reason remains unanswered.⁴

The morbidity and mortality rate of COVID-19 is highest among elderly and those patients with comorbidities including obesity, diabetes, cardiovascular diseases, and polycystic ovarian syndrome (PCOS).^{48,49} These high morbidity and mortality levels of COVID-19 in comorbid conditions are suggested to be associated with NRP1 expression level.

In a study of the cryopreserved human diabetic kidney single RNA sequencing dataset, NRP1 was significantly up-regulated unlike ACE2, proposing the possible explanation for the increased risk of COVID-19 in diabetic patients.⁶ This however contradicts with the previous several lines of evidence that demonstrated suppressed NRP1 expression in cultured differentiated podocytes, podocytes from diabetic db/db mice as well as in diabetic patients diagnosed with diabetic nephropathy.^{50,51} Treatment with Epoetin- β or continuous erythropoietin receptor activator (CERA) of diabetic db/db mice correlated with overexpression of NRP1 in podocytes of treated animals compared with the untreated, indicating the role of NRP1 in diabetic disease, particularly in the development of diabetic nephropathy.^{51,52} Hence, further studies should be

done regarding the increased risk of COVID-19 in diabetic patients and correlation with NRP1 expression level.

Vascular pathologies, such as arterial injury, coagulopathy, and sepsis have also been suggested to be associated with severe COVID-19, possibly due to NRP1 mediated SARS-CoV-2 vascular dysfunction and coagulopathy. The binding and outcompeting of typical angiogenic ligands at the b1 domain of NRP1 with S protein of SARS-CoV-2 may promote such abnormalities during severe COVID-19.^{4,53}

More recently, however, a contrasting result was documented in PCOS women by Moin et al and indicated a lowered level of soluble NRP1 and increased level of RAS-related proteins in PCOS women, suggesting that lower plasma soluble NRP1 levels may indicate increased risk of COVID-19 disease.⁴⁹ Though the NRP1 isoform in this study was soluble NRP1, to reconcile these contrasting findings and to arrive at a conclusion, further extensive studies need to be conducted and demonstrate whether the up-regulation and participation of NRP-1 in COVID-19 could transform into long-term complication.

Potential Implications of Neuropilin 1 in COVID-19 Treatment

To date, multiple clinical trials have been performed to improve the vaccine and drugs of SARS-CoV-2 infection by targeting viral entry mechanisms. Thus, human recombinant soluble ACE2 (hrsACE2) and ACE2 activator targeting ACE2 have been demonstrated to have a potential role in the therapeutic strategy of COVID-19, though they have associated untoward effects.⁸ Besides, the discovery of CD147 receptor provides a key target for the development of specific antiviral drugs against SARS-CoV-2.⁵⁴ Currently, a clinical trial aimed at blocking CD147 protein by monoclonal antibodies to inhibit the binding of S protein of SARS-CoV-2 and subsequent infection is underway in China.

Furthermore, targeting the interaction between the novel entry receptor, NRP1, and SARS-CoV-2 may provide a new route that may have important implications in COVID-19 therapies. A recent study finding by researchers at the University of Bristol highlighted that inhibiting the interaction between S1 protein and NRP1 through a RNA interference or selective inhibitors was observed to reduce the entry and infectivity of SARS-CoV-2 in cell culture.²² A small molecule EG00229 selectively blocked the direct binding between b1 and the CendR peptide of S1

in addition to VEGF-A binding. This suggests that blocking the SARS-CoV-2 interaction with NRP1 may serve as a valuable therapeutic intervention in the treatment of COVID-19.

The therapeutic approach of COVID-19 has to be considered in combination with the immunosuppressive role of NRP1 as it has multitude functions in the immune system and may give an interesting potential target for immunotherapies such as monoclonal antibodies for possible use against COVID-19, similar to autoimmune diseases and cancers.^{3,6} Thus, targeting NRP1 may also potentially provide a new avenue for future antiviral treatment to avert the current COVID-19 pandemic. Perhaps this may speed up vaccine research that may have important implication for the development of vaccines against viral S protein in order to prevent SARS-CoV-2 infection. However, this needs further study, whether blocking NRP1 could be effective for the treatment and prevention of SARS-CoV-2 infection. Moreover, targeting NRP1 needs to be closely monitored as it has widespread tissue distribution, multisystem involvement as well as its potential dose-dependent effects.

Concluding Remarks

NRP1 is a non-tyrosine kinase single-pass transmembrane glycoprotein that is highly expressed throughout the tissues of all vertebrates and functions as a cell surface receptor to interact with different ligands and to mediate varieties of physiological and pathological processes. It has myriads of physiological, pathological and therapeutic roles in humans. There have been several previous studies showing the biological roles of NRP1 in axonal guidance, immune regulation and bone hemostasis. Besides, NRP1 plays an important role in various pathological conditions including malignancies, autoimmune and bone diseases, as well as it serves as a therapeutic target in treatment of disorders.

Currently, NRP1 has been observed to play an important pathological role and potentially therapeutic role in COVID-19. In addition to ACE and CD147, NRP1 has recently been reported to be an essential host factor that drives SARS-CoV-2 infectivity using a four amino acid sequence, RRAR, attached to the carboxy-terminal of S1 subunit of S protein, called the CendR motif, to bind with NRP1 and enable viral entry into the host cells. NRP1 is now identified to serve as a novel potentiating factor that provides an alternative and independent gateway for

SARS-CoV-2 entry into the human cells, especially in those cells that paradoxically express low levels of ACE2.

The discovery of NRP-1 as an entry or potentiating factor of SARS-CoV-2 infection may pave the way for potential NRP1 targeted antiviral therapies. Nevertheless, while it is reasonable to suggest NRP1 as a therapeutic target, it is too early to think about antiviral drug candidates at this stage of basic research, and hence more intensive research is required to demonstrate the precise role of NRP1 in the SARS-CoV-2 infection and transmission.

Abbreviations

ACE2, angiotensin converting enzyme 2; BALF, bronchoalveolar lavage fluid; BMP1, bone morphogenetic protein 1; CendR, C-end rule; COVID-19, coronavirus disease 2019; CUB, complement C1r/C1s, Uegf, BMP1; EGF, epidermal growth factor; FGF-2, fibroblast growth factor 2; HGF, hepatocyte growth factor (HGF); GIPC, RGS-GAIP-interacting protein; Hh-hedgehog; MAM, meprin, A5/NRP1, protein tyrosine phosphatase μ and K; NRP, neuropilin; NRP1, neuropilin 1; NRP2, neuropilin 2; PCOS, polycystic ovarian syndrome; PDGF, platelet-derived growth factor; RRAR, arginine-arginine-alanine-arginine; S protein, spike protein; SARS-CoV, severe acute respiratory syndrome coronavirus; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; SEMA, semaphorin; TGF- β 1, transforming growth factor- β 1; Uegf, urchin embryonic growth factor; VEGF, vascular endothelial growth factor; VEGFR2, vascular endothelial growth factor receptor 2.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agreed to be accountable for all aspects of the work.

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