Association of tumour vasculature with tumour progression and overall survival of patients with nonearly gastric carcinomas

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Summary In order to investigate the relationship between intratumoral vasculature and progression of gastric carcinomas and between vessel counts and survival of patients with non-early gastric carcinoma, we counted the intratumoral microvessels and compared their numbers with clinicopathological parameters, as well as with the patients' survival. Microvessels were stained with anti-CD34 monoclonal antibody before counting by microscopy (×200). In a group of 181 patients who had undergone tumour resection and were followed for more than 24 months the vessel counts for 83 patients with stage IV disease were significantly higher than those for patients with any other stage of disease. Among various clinicopathological variables, haematogenous metastasis, lymph node metastasis, peritoneal metastasis, stage IV disease and non-curative resection were more frequent in the patients with highly vascularized tumours (intratumoral vessel count > 155) than in those with less vascularized tumours. As a classification of stage IV disease such as haematogenous or peritoneal metastasis generally indicates non-curative resection, it can be considered that the development of stage IV disease is associated with the increase in tumour angiogenesis. Both univariate and multivariate analyses showed that the intratumoral vessel count was significantly predictive of overall survival, when tested as either a continuous or dichotomous variable. Cox hazards model analysis showed that the vessel count was one of the significant and independent prognostic variables. Patients with highly vascularized tumours were significantly more likely to die than those with less vascularized tumours. Assessment of tumour vasculature may therefore be important, not only for its prognostic value, but also as it may help to predict responses to angiogenesis-inhibiting agents.

Keywords: tumour vasculature; CD34; prognostic factor; gastric carcinoma

It is clinically valuable to identify those patients with gastric carcinoma at significant risk for recurrence who would benefit from treatment with adjuvant therapy. The need to individualize adjuvant therapy has resulted in an intensive search for newer and more reliable prognostic factors for gastric carcinomas. However, as far as we know, there is no parameter more suitable than the classification of disease stages to predict the patient's outcome. Whereas postoperative 5-year survival rates are 90-95% for early gastric carcinomas, which are confined to mucosal or submucosal layer (t1), only 20-40% of the patients with non-early stage carcinoma are expected to survive for 5 years or more (Japanese Research Society for Gastric Cancer, 1993). Recently, assessment of tumour vasculature has shown promise as a reliable prognostic marker in patients with a variety of malignancies, including malignant melanoma (Srivastava et al, 1986), breast carcinoma (Weidner et al, 1991; Toi et al, 1993), ovarian carcinoma (Hollingsworth et al, 1995), nonsmall-cell lung carcinoma (Macchiarini et al, 1992) and prostatic carcinoma (Wakui et al, 1992). We previously demonstrated that the intensity of the angiogenic response correlates with not only the overall survival rate, but also the development of metachronous haematogenous metastasis in the patients with gastric carcinomas who had undergone curative resection (Tanigawa et al, 1996). Therefore, in the present study, we attempted to clarify whether the

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extent of tumour vasculature would be prognostically important even when the study only included patients with non-early gastric carcinomas, some of whom had undergone non-curative resection.

MATERIALS AND METHODS

Patient characteristics

A total of 181 patients with a non-early stage of gastric carcinoma and who had undergone gastrectomy at our institution from October 1983 to December 1993 were studied. Preoperative endoscopic biopsies revealed that all the tumours were adenocarcinomas. Pathological diagnosis of each tumour was performed by pathologists in our hospital according to the General Rules for Gastric Cancer (Japanese Research Society for Gastric Cancer, 1993). Survivors were followed up for more than 2 years after surgery. There was no patient with other previous or concomitant primary cancer. The distribution of clinicopathological data for the entire population is listed in Table 1. Patients had received neither chemotherapy nor radiation therapy before surgery. A total of 107 patients (59%), less than 70 years old, were treated with tegaful (2tetra-hydrofuryl)-5-fluorouracil at 600 mg day-1 for as long as possible, up to 2 years after surgery. Each patient was examined at 2- or 3-monthly intervals in the outpatient clinic. The patients who failed to attend the clinic were traced by telephone. If the patient had died, the date and cause of death were recorded. Tumour specimens were fixed in 10% buffered formalin and embedded in paraffin. Histological grading was performed on haematoxylin and eosin (H&E)-stained sections.

Highlighting endothelial cells

Immunohistochemical studies were performed with the method previously described (Tanigawa et al, 1996). Briefly, on formalinfixed and paraffin-embedded tissue, the avidin-biotin immunoperoxidase complex technique was applied for highlighting the endothelial cells. One representative paraffin block from each case, in which a viable tumour was present, was used for this study. Sections (4-6 µm thick) mounted on glass slides were dewaxed in xylene, rehydrated in ethanol and then incubated with 3% hydrogen peroxide for 5 min. After washing with phosphatebuffered saline (PBS), they were incubated in 10% normal bovine serum for 5 min followed by incubation overnight with anti-CD34 monoclonal antibody (QB-END/10, Novocastra, Newcastle, UK) at a 1:25 dilution. A biotinylated goat anti-mouse immunoglobulin (Dako LSAB kit, Dako Japan, Kyoto, Japan) was used as a secondary antibody. Peroxidase-conjugated avidin (Dako Japan) was used at a dilution of 1:500. Finally, 0.02% diaminobenzidine and 1% hydrogen peroxide (Dako Japan) in PBS were used as the substrate. The sections were counterstained with haematoxylin.

Assessment of tumour vasculature

Slides were examined under low power (40×) to identify the region of highest vessel density. For each slide, the five most vascular areas within the tumour mass were chosen. A 200× field in each of these five areas was counted, and the average counts of the five fields were recorded. A vessel lumen was not required for identification of a microvessel; single cells or cell clusters were counted. Large vessels with thick muscular walls or with lumina greater than 50 μ m were excluded from the count. The microvessels were counted simultaneously by two investigators, MM and HA, who had no knowledge of the other prognostic factors and/or clinical outcomes, using a double-headed light microscope simultaneously.

Statistical evaluation

We analysed the intratumoral vessel counts in two ways. First, we assessed vessel counts as a continuous variable and second as a dichotomous variable, which was dichotomized at a median number of vessel counts. The clinical characteristics of the patients in relation to the vessel counts were compared and checked by the chi-square test. Intratumoral vessel densities among various disease stages were compared and checked by Welch's t-test. The patterns of overall survival were estimated by means of the Kaplan-Meier method and their statistical differences were analysed by the generalized Wilcoxon test. The role of each of the prognostic variables (univariate analysis) and their joint effects (multivariate analysis) was evaluated. In the multivariate analysis, all variables with odds ratios significantly different from 1.0 in the univariate analysis were considered. For all statistical analyses, the Statistical Analysis System for personal computers (SAS Institute, Cary, NC, USA) was used, with significance having been defined as P<0.05.

RESULTS

Clinical outcome of all patients

Fifty-four of 181 patients (30%) have survived for a mean survival length of 49 months, ranging from 24 to 120 months. The remaining 127 (70%) died between 1 and 77 months (mean 17

months) after surgery. Peritoneal metastasis occurred in 79 patients (44%); 41 metastases were found at surgery and 38 developed after surgery. Haematogenous metastasis occurred in 38

Table 1 Clinicopathological parameters in 181 non-early gastric carcinomas

Age (years) Mean	65
Range	26–87
Sex Male Female	121 (67%) 60 (33%)
Borrmann classification 1 2 3	14 (8%) 52 (29%) 78 (43%)
4 Uncl.ª	27 (15%) 10 (6%)
Tumour histology⁵ Pap Tub Poor Undiff	19 (11%) 44 (24%) 69 (38%) 49 (27%)
Tumour depth⁰ t2 t3 t4	72 (40%) 79 (44%) 30 (16%)
Lymphatic invasion ^d ly0 ly1 ly2 ly3	20 (11%) 28 (15%) 108 (60%) 25 (14%)
Vessel invasion ^e v0 v1 v2 v3	59 (33%) 56 (31%) 58 (32%) 8 (4%)
Lymph node metastasis ¹ n0 n1 n2 n3 n4	36 (20%) 46 (25%) 48 (27%) 20 (11%) 31 (17%)
Stage of disease I II III IV	22 (12%) 20 (11%) 56 (31%) 83 (46%)
Extent of gastrectomy Distal Proximal Total	105 (58%) 8 (4%) 68 (38%)
Surgical curability Curative resection Non-curative resection	119 (66%) 62 (34%)

^aUncl.; unclassified type, being impossible to be classified as Borrmann 1 to 4, ^bPap, papillary; Tub, tubular; Poor, poorly differentiated; Undiff, undifferentiated. ^eL2, invading the muscularis or the subserosa, t3, penetrating the serosa; t4, invading adjacent organs. ^dIyO, no lymphatic invasion; Iy1, slight degree of lymphatic vessel invasion; Iy2, moderate degree of lymphatic vessel invasion; v1, slight degree of lymphatic vessel invasion; v2, moderate degree of venous vessel invasion; v2, moderate degree of venous vessel invasion; v3, extensive degree of venous vessel invasion; v3, moderate degree of venous vessel invasion; v3, moderate degree of venous vessel invasion; v3, extensive degree of venous vessel invasion; v6, moterate degree of venous vessel invasion; v8, extensive degree of venous vessel invasion; v6, moterate degree of



Figure 1 Intratumoral vessel counts for each disease stage. Vessel counts for stage IV disease were significantly higher than those for any other stage of disease. *P=0.011, **P=0.003, ***P=0.011

patients (21%); 18 liver metastases were found at surgery and 20 haematogenous metastases developed after surgery (ten liver, four lung, two bone, two bone marrow and two brain). Both peritoneal and haematogenous metastases occurred in ten patients (6%); peritoneal and liver metastases were found in nine patients at surgery, and peritoneal and lung metastases developed after surgery in one patient. Lymph node metastases were found in 144 patients (80%) at surgery.

Comparison of tumour vasculature among various clinicopathological factors

Intratumoral vessel counts for a total of 181 patients were 158 \pm 75 mean plus or minus standard deviation (m.s.d.) (median 155). Each patient was assigned to one of the following stage groups according to the clinicopathological findings of the resected tumours: 22 patients (12%) with stage I disease, 20 (11%) with stage II, 56 (31%) with stage III and 83 (46%) with stage IV. Intratumoral vessel counts for relevant disease stages were 143 \pm 65 MSD for stage I disease, 124 ± 69 MSD for stage II, 144 ± 84 MSD for stage III, and 179 ± 69 MSD for stage IV. Vessel counts for stage IV disease were significantly higher than those for any other stage of disease (Figure 1). A median value of 155 was taken as the cut-off point for discrimination of the 181 patients into two subgroups: 91 patients with hypovascular tumours and 90 with hypervascular tumours. Among the clinicopathological variables examined, age, sex, Borrmann classification, tumour histology, depth of penetration, lymphatic invasion, venous vessel invasion and adjuvant chemotherapy were equally distributed among these two subgroups. However, haematogenous metastasis, lymph node metastasis, peritoneal metastasis, stage IV disease and non-curative resection were more frequent in the hypervascular group (Table 2).
 Table 2
 Comparison of clinicopathological features among patients with hypovascular tumours and those with hypervascular tumours

Variable H	ypovascular (<i>n</i> =90) (%)	Hypervascular (<i>n</i> =91) (%)	P-value			
Age						
_ ≤65	45 (52)	41 (48)	NS			
>65	45 (47)	50 (53)				
Sex						
Male	57 (47)	64 (53)	NS			
Female	33 (55)	27 (45)				
Borrmann classifica	ation					
1, 2	32 (50)	32 (50)	NS			
3, 4, unclassified	^a 58 (50)	59 (50)				
Tumour histology						
Well differentiate	d 47 (57)	36 (43)	NS			
Poorly differentia	ited 43 (44)	55 (56)				
Death of seasting		()				
Depth of penetratic	0N ⁰ 41 (56)	22 (14)	NC			
12 +1	41 (56)	52 (44) 59 (55)	113			
10, 14	43 (43)	33 (33)				
Lymphatic invasior						
ly0, ly1	25 (51)	24 (49)	NS			
ly2, ly3	65 (49)	67 (51)				
Venous vessel inva	asiond					
v0, v1	64 (54)	54 (46)	NS			
v2, v3	26 (41)	37 (59)				
Adjuvant chemothe	erapy					
Negative	55 (51)	52 (49)	NS			
Positive	35 (47)	39 (53)				
Peritoneal metasta	sis					
Negative	53 (58)	39 (42)	<i>P</i> =0.031			
Positive	37 (41)	52 (59)				
l vmph node metas	tacie					
n0 n1 n2	69 (53)	12 (47)	NS			
n3, n4	21 (41)	30 (59)				
Nogativo	P1 (61)	52 (20)	P-0 00001			
Positive	9 (19)	39 (81)	F<0.000001			
	3 (13)	00 (01)				
Stage of disease	11 (04)	0 (00)	D 0 00 /			
Stage I	14 (64)	8 (36)	P=0.001			
Stage II	14 (70)	6 (JU) 22 (20)				
Stage III Stage IV	34 (01) 28 (34)	22 (39) 55 (66)				
Slage IV	20 (34)	55 (00)				
Surgical curability	00 (57)					
Curative	69 (58)	50 (42)	<i>P</i> =0.002			
Non-curative	21 (34)	41 (66)				

See Table 1 for abbreviations.

Correlation between vessel counts and overall survival

Univariate analysis

We found that the intratumoral vessel counts significantly predicted overall survival when evaluated as either a continuous or dichotomous variable (*P*=0.0001 and *P*=0.0001 respectively) (Table 3). The odds of death increase with the intratumoral microvessel counts and an average vessel count of less than 155 per 200× field suggested a better survival. The survival rates of the two subgroups were calculated as follows using the Kaplan–Meier method: $50\% \pm 6\%$ standard error of the mean (s.e.m.) of the hypovascular group, but only $11\% \pm 4\%$ s.e.m. of the hypervascular

 Table 3
 Univariate analysis of the prognostic value of various

 cliniopathological factors for predicting overall survival

Variable	Odds ratios	95% Confidence limits	Wald chi- square	<i>P</i> -value
Intrâtumoral vessels Continuous variable <155 <i>vs</i> ≥ 155	1.008 3.099	1.005–1.010 2.109–4.553	42.36 33.17	0.0001 0.0001
Age < 65 <i>vs</i> ≥ 65	1.035	0.722–1.485	0.04	0.85
Sex Male vs Female	0.822	0.558–1.209	0.99	0.32
Histological differentiation Well <i>vs</i> poorly	1.319	0.918–1.896	2.24	0.13
Lymphatic invasion ly0–1 vs ly2–3	1.960	1.248–3.079	8.53	0.0035
Venous vessel invasion v0–1 vs v2–3	2.686	1.848–3.904	26.80	0.0001
Tumour depth t2 vs t3–4	1.753	1.195–2.570	8.23	0.0041
Borrmann classification Type 1–2 vs type 3-uncl.	1.642	1.106–2.437	6.06	0.0138
Peritoneal metastasis Negative vs positive	4.169	2.794–6.222	48.84	0.0001
Haematogenous metastasis Negative vs positive	s 2.221	1.514–3.259	16.65	0.0001
Lymph node metastasis ^e Negative vs positive	2.596	1.528-4.411	12.45	0.0004
Surgical curability Curative vs non-curative	3.525	2.394–5.190	40.71	0.0001

See Table 1 for abbreviations.



Figure 2 Survival curves for patients dichotomized according to intratumoural vessel counts. Survival of 90 patients with less vascularized tumours (< 155 per 200 field) (dark line) was significantly longer than that of 91 patients with highly vascularized tumours (\geq 155 per 200 field) (light line) (*P*<0.0001 by generalized Wilcoxon test)

group survived for 5 years (Figure 2). In addition to vessel counts, other prognostic factors found to be significantly associated with overall survival were peritoneal metastasis (P=0.0001), haematogenous metastasis (P=0.0001), lymph node metastasis (P=0.0004), depth of penetration (P=0.0041), Borrmann classification (P=0.0138), venous vessel invasion (P=0.0001), lymphatic

 Table 4
 Multivariate analysis showing independent predictors of overall survival according to the Co hazards model

Variable	Odds ratios	95% Confidence limits	Wald chi- square	<i>P</i> -value
Model 1 Intratumoral vessels Continuous variable	1.005	1.002–1.008	9.99	0.0016
Lymphatic invasion ly0–1 <i>vs</i> ly2–3	1.008	0.565–1.799	0.00	0.98
Venous vessel invasion v0–1 <i>vs</i> v2–3	2.469	1.511–4.034	13.01	0.0003
Tumour depth t2 <i>vs</i> t3–4	0.992	0.650–1.512	0.97	0.97
Borrmann classification Type 1–2 vs type 3-uncl.	1.272	0.793–2.041	0.99	0.32
Peritoneal metastasis Negative vs positive	5.267	3.178-8.729	41.53	0.0001
Haematogenous metastasis Negative vs positive	3.056	1.7625.302	15.79	0.0001
Lymph node metastasis Negative vs positive	1.883	1.020–3.257	3.07	0.063
Surgical curability Curative <i>vs</i> non-curative	1.330	0.766–2.309	1.03	0.31
<i>Model 2</i> Intratumoral vessels <155 <i>vs</i> ≥ 155	1.682	1.078-2.625	5.25	۔ 0.0219
Lymphatic invasion ly0–1 <i>vs</i> ly2–3	1.056	0.586–1.903	0.03	0.85
Venous vessel invasion v0–1 <i>vs</i> 2–3	2.473	1.501–4.073	12.64	0.0004
Tumour depth ^c t2 vs t3–4	0.947	0.616–1.456	0.06	0.80
Borrmann classification Type 1–2 <i>vs</i> type 3-uncl.	1.348	0.843–2.157	1.55	0.21
Peritoneal metastasis Negative vs positive	5.254	3.141–8.789	39.93	0.0001
Haematogenous metastasis Negative vs positive	3.274	1.880–5.702	17.551	0.0001
Lymph node metastasis Negative <i>vs</i> positive	1.712	0.882–3.323	2.52	0.11
Surgical curability Curative <i>vs</i> non-curative	1.329	0.760–2.326	0.99	0.31

See Table 1 for abbreviations.

vessel invasion (P=0.0035), and surgical curability (P=0.0001). Patient age, sex and tumour histology were not associated with overall survival (Table 3).

Multivariate analysis

Multivariate analysis of the joint effect of combining the vessel count with the other prognostic factors showed that the vessel count was identified as one of the significant and independent prognostic variables, in addition to haematogenous metastasis, peritoneal metastasis and venous vessel invasion. The intratumoral microvessel count was an independent and significant prognostic factor when tested as either a continuous or dichotomous variable (P=0.0016 and P=0.0219 respectively) (Table 4). Patients with

highly vascularized tumours were more likely to die than those with less vascularized tumours. Lymph node metastasis, Borrmann classification, depth of penetration, lymphatic invasion and surgical curability, which were found to be prognostically significant by the univariate analysis, failed to retain an independent and significant value for overall survival in the multivariate analysis (Table 4).

DISCUSSION

Most of the studies measuring microvessel counts in the human tumours used antibody against von Willebrand factor - related antigen to highlight microvessels (Bosari et al, 1992; Weidner et al, 1992; Toi et al, 1993; Maeda et al, 1995). Although this is a reliable technique, variability in staining and lack of reproducibility may produce misleading results (Hall et al, 1992; Horak et al, 1992; Van Hoef et al, 1993). Recently, a monoclonal antibody against CD34 (human progenitor cell antigen) has been demonstrated to stain blood vessels in both normal and malignant tissues (Anthony et al, 1991). As consistent with other reports (Graham et al, 1994; Hollingsworth et al, 1995), immunostaining microvessels with anti-CD34 antibody provided a more sensitive and accurate measure of tumour angiogenesis and provided even better prognostic information than that produced by anti-von Willebrand factor antibody in our previous study (Tanigawa et al, 1996), the data of vessel counts in the present study were taken from the anti-CD34 staining.

The chi-square analyses demonstrated that haematogenous metastasis, peritoneal metastasis, stage IV disease and non-curative resection were more frequent in the hypervascular group than in the hypovascular group, whereas other clinicopathological variables were equally distributed among these two subgroups. A classification of stage IV disease includes not only peritoneal and/or visceral metastasis, but also lymph node metastasis extending to group 4 nodes (n4) or direct tumour extension to adjacent structures or organs (t4) (Japanese Research Society for Gastric Cancer, 1993). As each of those classifications generally indicates noncurative resection, the aforementioned findings seem to be concordant with our other result that the intratumoral vessel counts in the stage IV disease were significantly higher than those in any other stage of disease. Accordingly, the development of stage IV disease can be interpreted in association with the increase in tumour angiogenesis. There is considerable experimental evidence to indicate that angiogenesis is an important element in growth and metastatic dissemination of solid tumours, although neovascularization is only one of the requirements (Gould et al, 1983; Folkman, 1986; Liotta et al, 1989; Folkman, 1990). Therefore, in this study, we have found that the development of stage IV disease of human gastric carcinoma is accompanied by an increase in capillary formation to supply the tumour mass and to provide a possible route for metastasis.

Sixty to eighty per cent of patients with non-early stage gastric carcinoma die of progressive disease after surgery at present (Japanese Research Society for Gastric Cancer, 1993). Selecting a subset of patients who may have a worse prognosis and who could be treated with adjuvant therapies may be clinically useful. The need to individualize adjuvant therapy has caused an intensive search for newer and more reliable prognostic factors (Tanigawa et al, 1993). Recently, a number of investigations have demonstrated that the intratumoral vessel count is the significant predictor of overall survival in a variety of malignancies (Srivastaba et al, 1986; Weidner et al, 1991; Macchiarini et al, 1992; Weidner et al,

1992; Toi et al, 1993; Hollingsworth et al, 1995). However, little is known of the significance of neovascularization in gastric carcinomas (Maeda et al, 1995). Our previous studies demonstrated the prognostic significance of tumour vasculature in gastric carcinomas that had undergone curative resection (Tanigawa et al. 1996). This study of 181 patients with non-early carcinomas, in which 62 patients had received non-curative resection only, reconfirmed the prognostic significance of tumour vasculature. Both univariate and multivariate analyses of our results showed that the intratumoral vessel count was significantly predictive of overall survival, when tested as either a continuous or dichotomous variable. Multivariate analysis showed that, among various clinicopathological factors, vessel count, peritoneal metastasis, haematogenous metastasis and venous vessel invasion were significant and independent prognostic factors for the overall survival of patients with non-early gastric carcinomas. At present, despite recent advances in adjuvant therapies, few patients with peritoneal or haematogenous metastasis can survive for more than 1 year, indicating the strong association of both types of metastasis with poor prognosis. In addition, the association between venous vessel invasion of tumour cells and poor prognosis has been well described for various malignancies including gastric carcinomas (Noguchi, 1990; Gabbert et al, 1991). Therefore, our result that tumour vasculature has been evaluated as an important and independent prognostic factor is meaningful. However, there are some practical problems in application of the microvessel count as a prognostic parameter. The standard deviations in the vessel counts were not small and there was some overlap between groups. As vessel density data were obtained from just one slice of each tumour, tumour heterogeneity also needs to be taken into account. Thus, it should be noted that for any individual tumour the microvessel count may not always be very reliable.

In summary, this information on tumour angiogenesis as a prognostic factor in non-early gastric carcinoma patients may lead to improved ways to identify those patients at high risk who might benefit from adjuvant therapies. As assessment of tumour vascularity by immunohistochemistry on archival paraffin-embedded tissues can be accomplished within 48 h, it may be possible to integrate into routine practice. We would also emphasize that the quantitative determination of tumour vasculature may be important not only for its prognostic value, but also because it may help predict responses to angiogenesis-inhibiting agents. In fact, AGM-1470(TNP-470), which showed promising results in reducing tumour growth and metastasis in animal models and has a low systemic toxicity with rare acquisition of resistance, is under going early-phase clinical trials (Ingber et al, 1990; Gasparini and Harris, 1994; Teicher et al, 1994). Unfavourable prognosis of patients with advanced gastric carcinoma requires the development of new therapeutic approaches. As highly vascularized gastric carcinomas show not only significant correlation with tumour progression to stage IV disease but also with a worse prognosis of the patients, it seems reasonable to postulate that those carcinomas may be sensitive to angiogenesis inhibitors given alone or in combination with conventional anti-cancer treatments. Therefore, among the possible biological approaches, the potent anti-angiogenesis drugs appear promising enough to warrant clinical investigation.

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