

Original Research Article

Altered Superficial White Matter on Tractography MRI in Alzheimer's Disease

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Key Words

Cognitive function · Diffusion tensor imaging · Tractography

Abstract

Background/Aims: Superficial white matter provides extensive cortico-cortical connections. This tractography study aimed to assess the diffusion characteristics of superficial white matter tracts in Alzheimer's disease. **Methods:** Diffusion tensor 3T magnetic resonance imaging scans were acquired in 24 controls and 16 participants with Alzheimer's disease. Neuropsychological test scores were available in some participants. Tractography was performed by the Fiber Assignment by Continuous Tracking (FACT) method. The superficial white matter was manually segmented and divided into frontal, parietal, temporal and occipital lobes. The mean diffusivity (MD), radial diffusivity (RD), axial diffusivity (AxD) and fractional anisotropy (FA) of these tracts were compared between controls and participants with Alzheimer's disease and correlated with available cognitive tests while adjusting for age and white matter hyperintensity volume. **Results:** Alzheimer's disease was associated with increased MD ($p = 0.0011$), increased RD ($p = 0.0019$) and increased AxD ($p = 0.0017$) in temporal superficial white matter. In controls, superficial white matter was associated with the performance on the Montreal Cognitive Assessment, Stroop and Trail Making Test B tests, whereas in Alzheimer's disease patients, it was not associated with the performance on cognitive tests. **Conclusion:** Temporal lobe superficial white matter appears to be disrupted in Alzheimer's disease.

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Introduction

Disruption of cerebral white matter is seen in Alzheimer's disease (AD) [1]. According to the retrogenesis model of AD, the white matter tracts that are the last to myelinate are the first to degenerate [2]. Superficial white matter (SWM) is located beneath the infragranular layer of the cerebral cortex and these tracts are some of the last fibers to myelinate, often occurring in the fourth decade of life [3]. Therefore, SWM represents a population of tracts that may be most vulnerable to AD. SWM consists of U fibers of Meynert, crown fibers and merging deep white matter fibers [4]. U fibers originate from layers III and V of the cortex, exit and follow concave surfaces of a sulcus and re-enter the cortex at distances up to 3 cm. Crown fibers run parallel to the convex surface of gyri. Merging fibers originate within the deep white matter, cross other tracts in SWM and extend towards the cortex. Perhaps due to the complex architecture and significant inter-subject variability of SWM, there have been limited studies of its involvement in AD and cognitive dysfunction. A magnetization transfer ratio magnetic resonance imaging (MRI) study found evidence of demyelination of SWM in AD and an association with lower Mini-Mental State Examination scores [3]. A diffusion tensor MRI study found decreased white matter integrity of SWM in AD, particularly in the frontal and temporal lobes and associations with lower Mini-Mental State Examination scores [5]. Additional imaging studies are needed to characterize the alterations of SWM in AD and its cognitive correlates.

Tractography is an application of diffusion tensor MRI that reconstructs white matter tracts based on restricted diffusion of water molecules along myelinated axons [6]. Disruption of tracts can be detected as increased mean diffusivity (MD, degree of water diffusion), increased axial diffusivity (AxD, largest eigenvalue), increased radial diffusivity (RD, average of the two smaller eigenvalues) or decreased fractional anisotropy (FA, directional diffusion). A tractography study in healthy older adults demonstrated an association between lower SWM FA and lower scores on cognitive testing [7]. Earlier tractography studies in AD assessed lobar white matter that likely consisted of both SWM and deep white matter, but none assessed only SWM [8–14]. The aim of this study was to use tractography to characterize alterations in SWM associated with AD. We used this method to reconstruct each participant's unique network of SWM tracts. Since AD has differential effects across cerebral lobes, we separately assessed frontal, occipital, parietal and temporal SWM. In each lobe, we compared the diffusion characteristics (MD, AxD, RD and FA) of SWM tracts between healthy older adults and persons with AD and correlated it with the performance on neuropsychological testing. We hypothesized that AD would be associated with worse SWM diffusion characteristics (increased MD/AxD/RD and decreased FA). We also hypothesized that worse SWM diffusion characteristics would be associated with decreased cognitive function.

Methods

Participants and Clinical Assessment

The study was approved by the Queen's University Research Ethics Board. Prior to entering the study, all participants provided written informed consent. The neuropsychological battery consisted of the following cognitive tests: global cognitive function (Montreal Cognitive Assessment, MoCA [15] and Mini-Mental State Examination [16]), selective attention (Stroop test [17]), processing speed (Trail Making Test B, Trail [18]), focused attention (Wechsler Memory Scale-III Longest Span forward [19]) and working memory (Wechsler Memory Scale-III Longest Span backward and Letter Number Sequencing [19]). AD was diag-

nosed following the NINCDS-ADRDA criteria [20]. Participants with mild cognitive impairment were excluded from this study. Participants with AD were within the mild stages of the disease, as measured by a MoCA score of $\geq 18/30$. Exclusion criteria were the presence of metallic objects, devices or conditions unsafe for MRI. The cognitive testing and MRI session were conducted within 2 weeks of each other. Twenty-four cognitive normal controls and 16 participants with AD were included in the study. The demographic characteristics of the participants are shown in table 1.

Magnetic Resonance Imaging

Brain imaging was acquired in a single session on a 3 Tesla Siemens Magnetom Trio MRI system (Siemens Medical Systems, Erlangen, Germany) with the use of a 12-channel head coil. An anatomical scan was acquired with a sagittal T1-weighted 3-dimensional magnetization prepared rapid gradient echo sequence [field of view (FoV) 256 mm, spatial resolution $1 \times 1 \times 1 \text{ mm}^3$, repetition time (TR) 1,760 ms, echo time (TE) 2.2 ms, flip angle 9° , number of slices 176]. An axial T2-weighted 2-dimensional fluid-attenuated inversion recovery sequence (FLAIR) interleaved scan was acquired (FoV 250 mm, voxel size $1 \times 1 \times 3 \text{ mm}^3$, TR 9,000 ms, TE 79 ms, flip angle 180° , number of slices 40). Diffusion tensor imaging (DTI) data were acquired in 30 directions using a single-shot echo planar imaging sequence with 31 volumes of 60 axial slices (b-value 1 = 0 s/mm^2 , and b-value 2 = $1,000 \text{ s/mm}^2$), slice thickness 2 mm, TR/TE = 7,800/95 ms, FoV $256 \times 256 \text{ mm}^2$ and an acquisition matrix of 128×128 , resulting in a resolution of $2 \times 2 \times 2 \text{ mm}^3$.

Image Analysis

Diffusion-weighted images were processed by a method described in earlier studies [21–23]. Diffusion-weighted images were corrected for eddy current distortions using FSL [24]. There was no correction for head motion. DTI reconstruction was completed with Diffusion Toolkit 0.5 (Ruopeng Wang, Van J. Wedeen, Martinos Center for Biomedical Imaging, Massachusetts General Hospital, www.trackvis.org). Tracts were created in the Diffusion Toolkit by the Fiber Assignment by Continuous Tracking (FACT) method with an angle threshold of 35° [24]. The participant's T2 FLAIR MRI was registered by the affine method using 12 degrees of freedom to the diffusion-weighted image map with Slicer 3D 4.1 (www.slicer.org). Tractography data and T2 FLAIR were analyzed in TrackVis (www.trackvis.org). White matter hyperintensities (WMH) were manually segmented on axial T2 FLAIR as described in an earlier study [22]. SWM was defined as tracts originating within 5 mm of the cortical surface, and it was manually segmented into frontal, occipital, parietal and temporal lobe SWM based on anatomical landmarks [landmarks are described in ref. 25]. Within each lobe, region of interests (ROIs) were outlined paralleling the cortex within 5 mm of the cortical surface. ROIs were manually traced for each lobe, slice by slice, on the 40 axial T2 FLAIR slices for each patient using the TrackVis mouse-controlled interface. Frontal, occipital, parietal and temporal lobe SWM was segmented by selecting tracts that crossed through the respective lobar ROIs. The area of ROI as well as FA, MD, AxD and RD of the lobar SWM were measured. Examples of segmented SWM tracts are shown in figure 1.

Statistical Analysis

Statistical analyses were conducted using Statplus. The FA, MD, AxD and RD of segmented SWM tracts were compared between controls and participants with AD while adjusting for the effects of age and the WMH volume using multiple linear regressions. Cognitive scores were not available in all participants, so participants were included in the analysis only when their scores were available (sample sizes are presented in tables 3 and 4). We presented

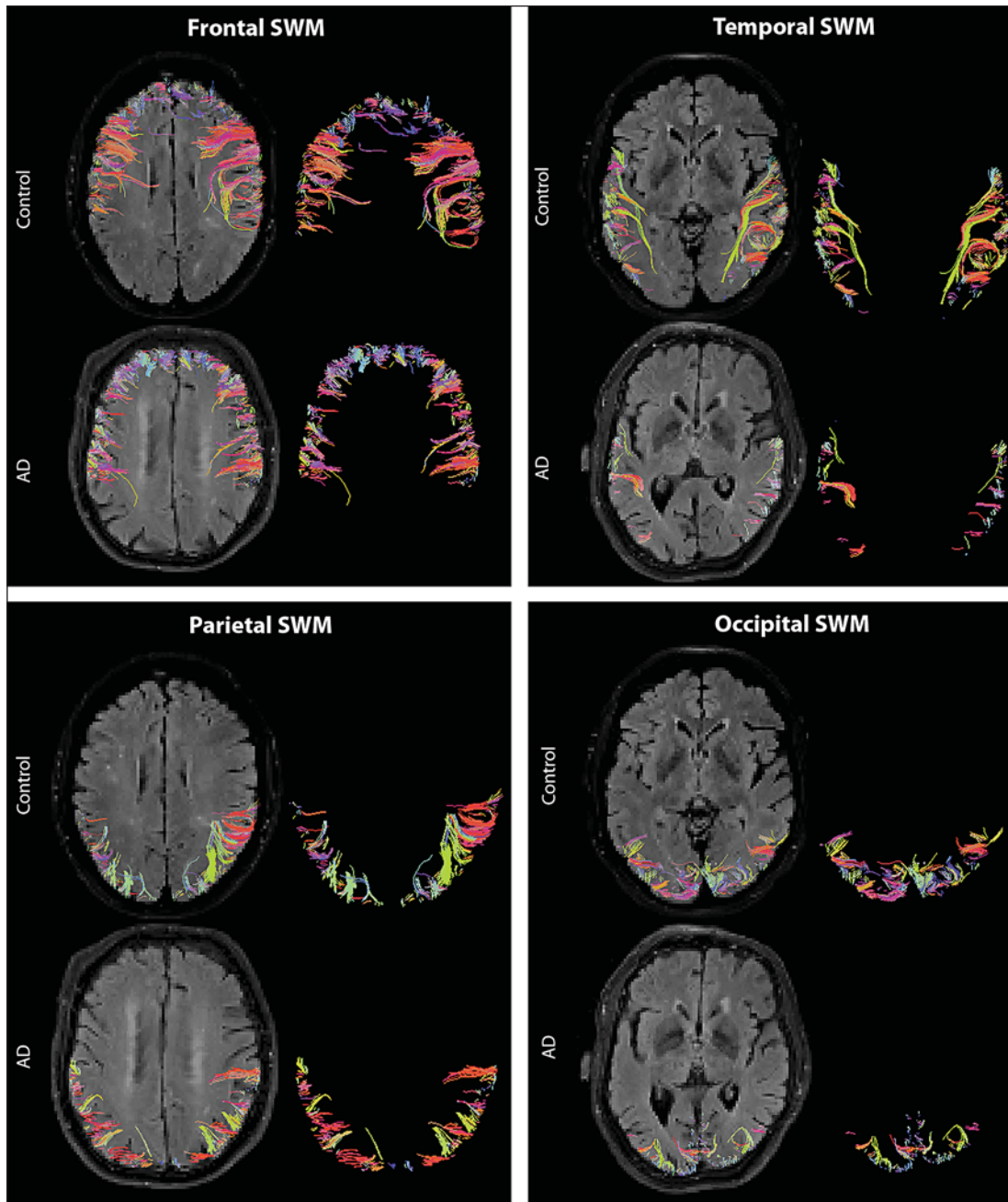


Fig. 1. Example of SWM tracts generated by tractography in axial sections in a participant with AD and a control. Examples of frontal, temporal, parietal and occipital SWM tracts in axial sections in each participant are shown overlying the corresponding axial T2 FLAIR image.

unstandardized regression coefficients for the associations between cognitive test scores with tracts MD, AxD, RD and FA and number using multiple linear regressions, adjusting for the effects of age and WMH volume. To account for comparison of the 4 SWM lobes, a Bonferroni correction was used, and p values <0.0125 were considered statistically significant.

Table 1. Demographic and clinical data for cognitively normal controls and participants with AD

	Controls	AD patients	p value
Subjects, n	24	16	–
Age, years	69.9±8.98	73.7±7.14	0.164
M/F, n	9/15	7/9	0.750
WMH volume, voxels	1,060±2,880	3,600±6,530	0.1005
MoCA score (max. 30)	27.9±1.67	22.1±2.11	<0.0001
MMSE score	29.0±1.23	24.4±0.97	<0.0001
Stroop score (max. 112)	92.5±14.7	53.7±17.0	<0.0001
Trail B, s	95.6±35.3	197±108	<0.0001
Span forward score	8.50±1.19	6.60±1.43	<0.0001
Span backward score	7.85±1.27	6.20±1.62	<0.0001
Letter Number Sequencing score	11.1±2.21	7.00±3.20	<0.0001

Values are means ± standard deviations unless otherwise stated. MMSE = Mini-Mental State Examination; Span forward = Wechsler Memory Scale-III Longest span forward; Span backward = Wechsler Memory Scale-III Longest span backward.

Results

The demographic and clinical characteristics of participants are presented in table 1. There was a trend for increased age and increased WMH volume in participants with AD compared to controls; however, it was not statistically significant (table 1). As expected, participants with AD had statistically significantly lower scores on all cognitive tests compared to controls (table 1; all tests $p < 0.001$).

Compared to controls, the area of SWM was smaller in participants with AD (frontal SWM: $5,576 \pm 4,556$ vs. $1,119 \pm 517$, $p = 0.00073$; occipital SWM: $1,627 \pm 1,211$ vs. 316 ± 155 , $p = 0.00025$; parietal SWM: $3,652 \pm 2,747$ vs. 687 ± 161 , $p = 0.00015$; temporal SWM: $2,083 \pm 1,706$ vs. 391 ± 227 , $p = 0.00029$). Compared to controls, in participants with AD, there was increased MD (percentage difference 12%), increased AxD (9%) and increased RD in temporal SWM (14%; table 2). There were no statistically significant differences in the FA of SWM between controls and participants with AD (table 2).

Among controls, in frontal SWM, increased RD and decreased FA were associated with worse MoCA scores (table 3). In occipital SWM, increased RD was associated with worse MoCA and Trail scores, and decreased FA was associated with worse Trail scores. In temporal SWM, decreased FA was associated with worse MoCA scores, and increased MD and RD were associated with worse Stroop scores. In participants with AD, the FA, MD, RD and AxD of SWM was not associated with the performance on the cognitive tests (table 4).

Discussion

This is the first tractography study to detect alterations in the SWM in AD. Compared to controls, AD was associated with worse SWM diffusion characteristics. The retrogenesis hypothesis predicted that, as late myelinating fibers, SWM would be vulnerable to degeneration in AD [2]. In support of the retrogenesis hypothesis, we detected disruption of SWM in AD. Our results are in agreement with an earlier magnetization transfer ratio imaging study and the DTI study that found evidence for disruption of SWM in AD [3, 5].

Table 2. Comparison of tract FA, MD, RD and AxD between controls and participants with AD adjusting for age and WMH volume

	Controls	AD	β	Regression p value
<i>MD</i>				
Frontal	0.001116±0.000201	0.001219±0.000171	0.00006	0.34618
Occipital	0.000880±0.000076	0.000959±0.000099	0.00007	0.0238
Parietal	0.00116±0.00026	0.00132±0.00028	0.00014	0.12998
Temporal	0.000863±0.000052	0.000968±0.000108	0.00009	0.00107
<i>RD</i>				
Frontal	0.000999±0.000205	0.001107±0.000171	0.00006	0.32062
Occipital	0.000774±0.000084	0.000856±0.000110	0.00007	0.03286
Parietal	0.00104±0.00026	0.00121±0.00027	0.00014	0.12691
Temporal	0.000754±0.000058	0.000862±0.000114	0.00009	0.00185
<i>AxD</i>				
Frontal	0.001342±0.000196	0.001433±0.000172	0.00005	0.39726
Occipital	0.001082±0.000077	0.001156±0.000090	0.00006	0.02923
Parietal	0.00139±0.00026	0.00154±0.00032	0.00013	0.1987
Temporal	0.001076±0.000051	0.001168±0.000097	0.00008	0.00173
<i>FA</i>				
Frontal	0.270±0.0415	0.241±0.029	-0.01606	0.14878
Occipital	0.257±0.0542	0.238±0.053	0.00007	0.0238
Parietal	0.251±0.044	0.219±0.026	-0.02462	0.07023
Temporal	0.269±0.034	0.241±0.0351	-0.02038	0.08202

Values are means ± standard deviations unless otherwise stated. β represents the nonstandardized regression coefficient.

The pattern of SWM tract changes observed in this study was similar to earlier reported patterns of cortical neurodegeneration in AD. Based on the Braak staging system, neurofibrillary degeneration develops in the temporal lobe and spreads to the rest of the neocortex in later stages of the disease [26]. Consistent with its involvement in early stages of AD, in this study, we found the largest diffusion abnormalities in the temporal lobe. The large increases in MD, AxD and RD within the temporal SWM ranged from 9 to 14% and are consistent with the 10–25% increase reported by an earlier DTI study [5]. It is believed that increased MD represents tissue atrophy, increased AxD represents Wallerian degeneration, and increased RD reflects myelin disruption [5]. Based on these associations, our study suggests that in AD, there is prominent tissue atrophy, Wallerian degeneration and myelin disruption in temporal SWM. Consistent with earlier studies, there were greater differences in MD, AxD and RD than in FA between controls and participants with early-stage AD [5, 27]. FA is related to the ratio of AxD and RD [27]. In this study, both AxD and RD were increased in participants with AD, which may have attenuated changes in FA in AD.

We detected novel associations between SWM and cognitive function. SWM had different associations with cognitive function based on its location. In healthy older adults, decreased global cognitive function was associated with worse diffusion characteristics of SWM in several lobes. Decreased performance on the MoCA was associated with increased RD/decreased FA in frontal SWM, increased RD in occipital SWM and decreased FA in temporal SWM. Decreased cognitive function in specific cognitive domains was associated with worse diffusion characteristics of SWM in specific lobes. Decreased selective attention assessed by the Stroop test

Table 3. Regression coefficients of the correlation between white matter tract FA, MD, RD and AxD with cognitive test scores among controls

	MoCA (n = 24)		MMSE (n = 20)		Stroop (n = 22)		Trail (n = 21)		Span forward (n = 18)		Span backward (n = 18)		Letter Number Sequencing (n = 18)	
	β	p	β	p	β	p	β	p	β	p	β	p	β	p
<i>MD</i>														
Frontal	-3,770	0.017	260	0.883	-41,500	0.077	40,200	0.484	-3,170	0.132	-1,060	0.527	-64.1	0.986
Occipital	-9,880	0.014	625	0.863	-92,700	0.022	234,000	0.018	-7,220	0.052	-1,360	0.656	-8,430	0.175
Parietal	-2,360	0.066	-991	0.585	-30,000	0.201	25,600	0.645	-4,830	0.021	-1,350	0.438	5,730	0.106
Temporal	-12,000	0.048	1,980	0.726	-181,000	0.004	161,000	0.342	-6,580	0.305	3,440	0.489	1,740	0.869
<i>RD</i>														
Frontal	-3,890	0.011	217	0.902	-40,450	0.081	48,900	0.385	-3,400	0.104	-1,100	0.513	-183	0.959
Occipital	-9,460	0.008	-1,340	0.694	-80,800	0.027	233,000	0.005	-6,680	0.057	-357	0.901	-8,390	0.150
Parietal	-2,400	0.059	-780	0.678	-30,600	0.195	31,100	0.581	-5,040	0.018	-1,420	0.428	5,640	0.122
Temporal	-13,200	0.013	1,250	0.811	-153,000	0.009	200,000	0.182	-7,000	0.224	3,200	0.476	2,840	0.766
<i>AxD</i>														
Frontal	-3,390	0.041	360	0.840	-40,200	0.088	17,900	0.757	-2,660	0.207	-993	0.547	59.9	0.986
Occipital	-6,230	0.149	4,250	0.216	-70,600	0.098	95,500	0.423	-4,450	0.236	-1,980	0.500	-6,360	0.298
Parietal	-2,220	0.081	-1,360	0.422	-26,600	0.241	14,500	0.789	-4,240	0.036	-1,130	0.496	5,740	0.087
Temporal	-3,780	0.564	4,630	0.474	-150,000	0.020	1,880	0.992	-4,950	0.496	2,130	0.705	-3,960	0.738
<i>FA</i>														
Frontal	22.8	0.001	-0.51	0.961	145	0.154	-466	0.044	25.6	0.030	4.95	0.614	19.0	0.354
Occipital	12.0	0.034	7.75	0.160	89.9	0.123	-351	0.005	7.86	0.199	-2.26	0.640	10.6	0.287
Parietal	15.7	0.035	-10.4	0.359	141	0.183	-351	0.176	25.06	0.041	5.43	0.590	1.13	0.958
Temporal	26.8	0.003	3.61	0.748	148	0.152	-348	0.147	13.1	0.238	-5.66	0.515	-12.1	0.510

MMSE = Mini-Mental State Examination; Trail = Trail Making Test B; Span forward = Wechsler Memory Scale-III Longest span forward; Span backward = Wechsler Memory Scale-III Longest span backward. β represents the nonstandardized regression coefficient.

Table 4. Regression coefficients of the correlation between white matter tract FA, MD, RD and AD with cognitive test scores among participants with AD

	MoCA (n = 14)		MMSE (n = 10)		Stroop (n = 9)		Trail (n = 8)		Span forward (n = 10)		Span backward (n = 10)		Letter Number Sequencing (n = 9)	
	β	p	β	p	β	p	β	p	β	p	β	p	β	p
<i>MD</i>														
Frontal	-5,260	0.287	-2,380	0.345	8,960	0.854	-307,000	0.353	2,270	0.548	5,030	0.290	-5,620	0.589
Occipital	-10,920	0.080	-497	0.893	8,470	0.950	118,000	0.909	-350	0.973	7,460	0.577	12,500	0.668
Parietal	1,060	0.651	-30.4	0.980	-176	0.994	-92,900	0.563	360	0.825	2,030	0.317	3,920	0.401
Temporal	-12,000	0.031	-3,610	0.255	101,000	0.130	-573,000	0.280	6,490	0.243	8,300	0.252	7,130	0.661
<i>RD</i>														
Frontal	-5,220	0.303	-2,300	0.375	8,850	0.859	-329,000	0.326	2,160	0.575	5,140	0.290	-5,660	0.593
Occipital	-10,500	0.061	170	0.961	51,000	0.659	19,600	0.982	-4,230	0.641	1,160	0.923	2,570	0.919
Parietal	1,180	0.626	-67.9	0.957	-481	0.984	-94,200	0.573	336	0.843	2,060	0.331	3,990	0.415
Temporal	-11,400	0.031	-3,500	0.244	95,400	0.140	-599,000	0.223	5,540	0.305	7,460	0.287	6,200	0.691
<i>AxD</i>														
Frontal	-5,020	0.275	-2,490	0.285	7,050	0.878	-264,000	0.403	2,470	0.486	4,870	0.277	-5,300	0.590
Occipital	-8,770	0.205	-2,100	0.568	-118,000	0.357	37,000	0.970	7,730	0.419	17,100	0.141	26,900	0.331
Parietal	429	0.833	93.0	0.929	3,770	0.846	-92,000	0.528	626	0.653	1,900	0.273	4,210	0.285
Temporal	-12,070	0.057	-3,920	0.259	92,900	0.230	-531,000	0.383	9,240	0.115	12,310	0.105	10,000	0.561
<i>FA</i>														
Frontal	16.5	0.667	-9.33	0.645	-83.8	0.810	2,890	0.199	17.8	0.512	-4.12	0.909	64.6	0.373
Occipital	19.1	0.174	-9.19	0.277	-167	0.271	234	0.847	12.7	0.289	12.1	0.447	22.0	0.522
Parietal	-21.4	0.432	-0.61	0.965	-25.9	0.937	652	0.782	11.8	0.583	1.62	0.954	-12.1	0.864
Temporal	38.3	0.020	6.88	0.493	-257	0.164	1,440	0.292	8.61	0.589	10.3	0.618	16.0	0.716

MMSE = Mini-Mental State Examination; Trail = Trail Making Test B; Span forward = Wechsler Memory Scale-III Longest span forward; Span backward = Wechsler Memory Scale-III Longest span backward. β represents the nonstandardized regression coefficient.

was associated with increased MD/RD in temporal SWM. Decreased processing speed assessed by the Trail test was associated with increased RD/decreased FA in occipital SWM. There were no associations between SWM and cognitive function in participants with AD.

A limitation of this study is the small sample size. Cognitive test scores were only available in a subset of participants leading to smaller sample sizes for cognitive correlations. The small sample size may have limited the ability to detect diffusion differences between participants with AD and controls or detect cognitive associations with SWM. Alternatively, the disruption of SWM in AD may have contributed to the lack of cognitive associations for SWM in AD. Additional limitations of this study are the multiple comparisons, which may have led to false-positive results, and the accuracy of tractography. The complex architecture of SWM makes it difficult to follow the course of tracts through crossing or abutting fibers [28]. Although some tracts may not have been tracked at all or not correctly, this study and earlier ones have demonstrated that it is possible to perform tractography for SWM [7, 28].

With tractography, we were able to reconstruct the extensive cortico-cortical connections of SWM. This network of connections between cortical regions assumes an important role in cognition. At the level of cerebral lobes, this study demonstrated that SWM has region-specific roles in normal cognition. In healthy persons, tractography of SWM can be used to characterize in more detail the relationship between regional cortical connectivity and specific cognitive processes. In AD, tractography of temporal SWM may represent a novel biomarker of neuronal injury that may aid in diagnosis and disease monitoring.

Statement of Ethics

All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2000. Informed consent was obtained from all patients for being included in the study.

Disclosure Statement

All authors declare that they have no conflicts of interest.

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