



Supplementary Figure. Course of psychological and functional PROMs scores on 3, 6, and 12 months post ATR.

PROMs are recoded from zero to 100, where 100 stands for the most positive result.

Abbreviations: I-PRRS: Injury-Psychological Readiness to Return to Sport, TSK: Tampa Scale for Kinesiophobia, Motivation 1: Possibility for returning to pre-injury activity level, Motivation 2: Importance for returning to pre-injury activity level, Motivation 3: Willing to make effort to return to pre-injury activity level, ATRS: Achilles Tendon Total Rupture Score, OSTRC-O: Oslo Sports Trauma Research Centre-overuse injury questionnaire.