Research Article

Correlation of Serum Levels of Endostatin with Tumor Stage in Gastric Cancer: A Systematic Review and Meta-Analysis

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Background. We performed a systematic review and meta-analysis to study the association between serum endostatin levels and gastric cancer (GC) progression. *Method.* We searched the MEDLINE, Science Citation Index, Cochrane Library, PubMed, Embase, Current Contents Index, and several Chinese databases for published studies relevant to our study topic. Carefully selected studies were pooled and SMD and its corresponding 95% CI were calculated. Version 12.0 STATA software was used for statistical analysis. *Results.* Serum endostatin levels were analyzed in 12 case-control studies (736 GC patients and 350 controls). Significant differences in serum endostatin levels were observed between GC patients and the healthy controls (SMD = 1.418, 95% CI = $1.079 \sim 1.757$, P < 0.001). Importantly, significantly lower levels of serum endostatin were found in I-II grade patients compared to those with III-IV grade tumors (P < 0.001). Further, higher serum endostatin levels were observed in the LN invasion-positive GC subjects in comparison with LN invasion-negative subjects (P < 0.001). *Conclusion*. Patients with GC exhibited elevated levels of serum endostatin than controls and its level showed a statistical correlation with the more aggressive type of GC, exhibiting invasion and LN metastasis. Thus, serum levels of endostatin being a useful prognostic biomarker for GC patients warrants further investigation.

1. Introduction

Gastric cancer (GC) is a malignant tumor arising from the stomach and is one of the most prevalent cancers in the world [1]. GC is ranked as the fourth most common cancer, causing more than 800,000 deaths worldwide each year. Despite the decline in mortality rates in recent decades, GC remains at the top, only second to lung cancer, in cancer related deaths [2, 3]. More than one million people are newly diagnosed with GC each year, imposing a heavy burden on world health services [4]. Both genetic and epigenetic risk factors contribute to the carcinogenesis and progression of GC [5, 6]. Factors such as gender, cigarette smoking, alcohol intake, diet, partial gastrectomy, and Helicobacter pylori infection are intimately linked to the pathogenesis of GC, and dietary conditions play the major role [6, 7]. Treatment approaches for GC vary widely depending on the tumor stage and characteristics at diagnosis, but treatment generally includes drugs and radical gastric excision [8]. For this reason, correct diagnosis of the disease is critical for making the right treatment decisions. There is, thus, a significant focus on identification of biomarkers for GC prevention and diagnosis [9]. In this context, endostatin is viewed with interest as a new biomarker for GC [10].

Endostatin was described as an endogenous tumor angiogenesis inhibitor and is a 183-amino acid proteolytic fragment produced from its precursor collagen XVIII [11]. Previous studies describe multiple roles for endostatin in modulating endothelial cell behavior; for example, endothelin induces endothelial cell apoptosis and acts as a regulator of tube formation and migration and growth of endothelial cells. Thus, endothelin interfered with tumor proliferation by inhibiting the activity of tumor-stimulating growth factors [12, 13]. In addition, a few studies have shown that endostatin inhibits tumor angiogenesis and tumor metastasis by limiting blood supply to tumors, thereby depriving tumors of nutrients, and was considered as a potential anticancer maker in treatment for malignant tumors [14–16]. However, higher concentrations of serum endostatin were soon found in various malignancies, such as breast cancer, non-small cell lung cancer, renal cell carcinoma, nasopharyngeal carcinoma, and soft tissue sarcoma [17, 18]. Besides, significantly elevated serum endostatin levels are found in GC patients [10, 19]. Higher serum endostatin level is seen in advanced GC and is associated with poor clinical outcome, with lower fiveyear survival rates [20, 21]. Therefore, it is reasonable to speculate that elevated serum endostatin levels can be used as a biomarker for early diagnosis and to predict the severity of GC [10]. Multiple studies demonstrated a close relationship between increased serum levels of endostatin and the tumor stage of GC [22, 23]. However, other studies have shown contradictory results [10, 24]. Therefore, we conducted the present meta-analysis to evaluate the potential value of endostatin as a diagnostic marker for the pathological features of GC and further investigated its role in assessing the grade of GC, as well as predicting the disease course.

2. Materials and Methods

This meta-analysis was conducted according to the guidelines of the preferred reporting items for systematic reviews and meta-analysis (PRISMA) statement on the quality of published systematic review and meta-analyses [25].

2.1. Search Strategy. Potential relevant studies were identified by a comprehensive literature search without language restriction, which covered the following computerized bibliographic databases: MEDLINE (1966~May 2014), Science Citation Index (1945~May 2014), Cochrane Library (Oxford, UK, Issue 12, 2014), PubMed (1966~May 2014), Embase (1974~May 2014), CINAHL (1982~May 2014), and Current Contents Index (1995~May 2014). Three Chinese databases (Chinese Biomedical, 1978~May 2014; the Chinese Journal Full-Text, 1980~May 2014; and Weipu Journal, 1989~May 2014) were also applied to identify Chinese-language articles. Studies published in Chinese and English were included in the present meta-analysis. We used the following medical subject headings and free language terms in conjunction with a highly sensitive search strategy: the search terms were ("stomach neoplasms" or "gastric cancer" or "stomach cancer" or "gastric neoplasms" or "gastric carcinomas" or "stomach carcinomas" or "carcinoma ventriculi") and ("Endostatins" or "Endostatin"). Additionally, the references lists of relevant studies selected from the electronic debates were searched manually to find additional work.

2.2. Inclusion and Exclusion Criteria. To be included in the systematic review, retrieved studies were assessed for their suitability for meeting the following criteria: (1) the search results were conducted within a human population and published in a peer-reviewed journal; (2) only those case-control (healthy controls) or cohort studies examining the role of serum endostatin levels in tumorigenesis and progression of GC were incorporated into the meta-analysis; (3) cancer specimens were obtained from patients with histologically confirmed GC; (4) clinicopathological staging

for each GC sample should be in accordance with the TNM system [26]; (5) the article must present original data and supply sufficient information on the serum endostatin levels in different clinicopathological features of GC; (5) the study should provide enough data to calculate an effect size; (6) once studies provided overlapping data, we would choose the study that had the largest number. The major exclusion criteria in this systematic review were as follows: (1) the articles that did not satisfy the current inclusion criteria; (2) some publication types, such as letters, abstracts, reviews, meta-analysis, and proceedings; (3) unpublished sources of data; (4) duplication publications. With the help of these inclusion criteria, the title and abstract of all the articles were evaluated on relevance. From the selected articles, the full texts were reviewed, followed by a decision on their eligibility for inclusion.

2.3. Study Quality and Data Extraction. Two experienced reviewers independently assessed the methodological quality of the included trials using the critical appraisal skills program (CASP, Milton Keynes Primary Care Trust, 2002, Institute of Health Sciences, Oxford) to ensure consistency in reviewing and reporting results (available at http://www.phru.nhs.uk/casp/qualitat.htm). And the specific contents of CASP were as follows: the study addresses a clearly focused issue (CASP01); the research problem is appropriate and the research design answers the research problem (CASP02); the cases are recruited in an acceptable way (CASP03); the controls are selected in an acceptable way (CASP04); the measurement for exposure factors is accurate to minimize bias (CASP05); the study controls other important confounding factors (CASP06); the research result is complete (CASP07); the research result is precise (CASP08); the research result is reliable (CASP09); the research result is applicable to the local population (CASP10); the research result fits with other available evidences (CASP11). Each of the two reviewers assessed the studies independently based on the inclusion/exclusion criteria. We used a standardized data form to collect the following descriptive information: surname and initials of the first author, the year of publication or submission, journal, source country, racial descent of study population, language of publication, study design, number of subjects, demographic variables of the subjects, detection methods of serum endostatin levels, clinicopathological characteristics, and so forth. Disagreement on the inclusion of a single study was settled by discussion, or a third investigator was consulted.

2.4. Statistical Analysis. The standardized mean differences (SMD) for the serum endostatin levels in GC patients and the controls were calculated, as well as the serum levels of endostatin in different clinicopathological stages. A 95% confidence interval (95% CI) was calculated for the summary SMD by the use of Z test. Also, a test for heterogeneity between trials included for each comparison was performed by the use of Cochran's Q-statistic and I^2 tests [27]. If the Q-test showed evidence of a P < 0.05 or I^2 test exhibited >50%, indicating maximal heterogeneity among the included

	CASP01	CASP02	CASP03	CASP04	CASP05	CASP06	CASP07	CASP08	CASP09	CASP10	CASP11
Ding (2008)	+	+	+	+	+	?	?	+	+	+	+
Huang et al. (2006)	+	+	+	+	+	?	+	+	+	+	+
Koc et al. (2006)	+	+	+	+	?	?	+	+	+	+	?
Li et al. (2007)	+	+	+	+		•	+	+	+	+	?
Liu et al. (2009)	+	+	+	+	?	+	+	+	+	+	?
Masiak et al. (2011)	+	+	+	+	+	?	+	+	+	+	+
Wang et al. (2006)	+	+	+	+	?	+	+	+	+	+	+
Wang (2011)	+	+	+	+	+	?	+	+	+	+	?
Woo et al. (2006)	+	+	+	+	?	+	+	+	+	+	?
Yang et al. (2010)	+	+	+	+	•	•	+	+	+	+	?
Yuan et al. (2010)	+	+	+	+	•	•	+	+	+	+	+

FIGURE 1: Quality assessment of included studies by CASP scores.

studies, we performed metaregression analysis with a random-effects model to explore sources of heterogeneity, and otherwise SMDs were pooled in accordance with the fixed-effects model [28, 29]. When significant heterogeneity existed, the differences in endostatin levels (and 95% CI) were assessed for subgroups of different explanatory variables. Additionally, in order to evaluate the impact of single studies on the overall estimate, a one-way sensitivity analysis was employed. Further, Egger's linear regression test with visual inspection of the funnel plot and fail-safe number was applied to detect the potential publication bias [30, 31]. Statistical analyses were conducted with the STATA statistical software (Version 12.0, Stata Corporation, College Station, TX, USA).

3. Results

3.1. Description of Included Studies. The combined electronic and manual search initially resulted in 135 potentially eligible articles. After the exclusion of 2 duplicate studies, the retrieved studies (n = 133) were screened by title and abstract for relevance, and subsequently, 73 irrelevant articles were excluded. Next, we systematically reviewed the remaining 60 articles for full-text reading. After full-text reading, 46 articles were deemed unsuitable and were therefore excluded, and 14 articles were selected for more detailed screening. After careful review, another 2 studies were excluded due to lack of data integrity. Finally, 12 clinical studies containing 1,086 subjects (736 GC patients and 350 controls) were incorporated into the current meta-analysis. The sample sizes in the 12 studies ranged from 30 to 130 participants [10, 22-24, 32-39]. All the enrolled studies showed moderate-high quality, as shown in Figure 1.

From the 12 included studies, 10 studies [10, 22, 23, 32–38] containing 922 subjects (sample size range, 30–130) measured the serum endostatin levels in GC patients and the controls,

as well as in different clinicopathological stages, such as TNM stage, histologic grade, invasive grade, and LN metastasis. However, Li et al. did not contain data on the serum endostatin levels in different clinicopathological stages, and the controls in one study [39] were defined as the patients operated for benign pathologies, and thus the controls were not enrolled in our case-control study. One study was performed in Caucasians (Poland [10]) and the remaining 11 studies were in Asians (China [23, 24, 32-35, 37, 38], Korea [22], and Turkey [39]). Masiak et al. lacked information on both the gender and age in cases and the healthy controls; Ding did not provide gender and age information in controls. Detection of serum levels of endostatin was performed with ELISA and EIA [32, 39]. Table 1 shows the baseline characteristics and endostatin levels in cases/controls and the clinicopathological features of the individual studies.

3.2. Quantitative Data Synthesis. The following analyses were performed with a random-effects model for the evidence of Q-test and I^2 test (case versus controls: $I^2 = 83.3\%$, P <0.001; histological, T4 versus T2: $I^2 = 95.9\%$, P < 0.001; LN metastasis, positive versus LN negative: $I^2 = 88.8\%$, P < 0.001, resp.). In the meta-analysis, significant differences in serum levels of endostatin were observed between GC patients and control subjects, showing increased level of endostatin in GC patients according to the random effects pooled SMD in the 11 studies (SMD = 1.418, 95% CI = 1.079~ 1.757, P < 0.001) (Figure 2). When serum endostatin levels were considered in relation to different stage of TNM, the results of the present study revealed significantly lower serum endostatin level in I-II grade compared with the III-IV tumor grade (SMD = -0.946, 95% CI = $-1.114 \sim -0.778$, P < 0.001). Further, significantly higher serum endostatin levels were observed in LN invasion-positive GC subjects compared to

Eiset anthor	Voor	Countaur	Sam	ple size	Gende	er (M/F)	Age ()	years)	Mathad	
FIISt dution	ICAI	Country	Case	Control	Case	Control	Case	Control	MICHION	CAU
Wang [36]	2011	China	100	30	68/32	20/10	57.2 ± 12.4	57.2 ± 12.4	ELISA	8
Masiak [10]	2011	Poland	20	10	I	I	I	I	ELISA	IJ
Yuan [38]	2010	China	82	24	56/26	16/8	59 (27~84)	59 (27~84)	ELISA	8
Yang [37]	2010	China	60	30	34/26	28/12	38~76	32~68	ELISA	7
Liu [34]	2009	China	60	30	37/23	17/13	53.3 ± 8.2	38.3 ± 7.8	ELISA	7
Li [24]	2009	China	52	52	33/19	33/19	62 (38~75)	62 (38~75)	ELISA	9
Ding [32]	2008	China	50	25	30/20	I	62 (30~85)	I	EIA	9
Li [33]	2007	China	36	30	23/13	19/11	58.7 ± 7.9	58.7 ± 7.9	ELISA	9
Wang [35]	2006	China	67	33	37/30	19/14	48 (35~73)	46 (31~69)	ELISA	7
Huang [23]	2006	China	72	33	38/34	19/14	48 (35~73)	46 (31~69)	ELISA	8
Woo [22]	2006	Korea	107	23	70/37	15/8	60 (31~78)	58 (34~75)	ELISA	8
Koç [39]	2006	Turkey	30	30	10/20	11/19	41.3 ± 16.7	64.3 ± 16.7	EIA	9
M: male; F: female	; ELISA: enzyme	-linked immunosorb	ent assay; CASP:	critical appraisal ski	ills program.					

spression of endostatin.
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on
focused
studies
of included
Characteristics
TABLE 1:

BioMed Research International

						Case	versus con	ntrol						
Andhan		Statis	stics for eac	ch study					41 1:00 to 1				Weight (random)	Residual (random)
Autnor	Std. diff. in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value	3	an in i	means and	195% CI		Relative weight	Std. residual
Wang (2011)	2.392	0.256	0.065	1.891	2.893	9.357	0.000				+	-	9.28	1.80
Masiak et al. (2011)	0.480	0.392	0.154	-0.289	1.248	1.223	0.221				-		7.28	-1.52
Yuan et al. (2010)	1.779	0.262	0.069	1.265	2.293	6.784	0.000						9.19	0.66
Yuan et al. (2010)	0.971	0.235	0.055	0.510	1.431	4.130	0.000				-		9.59	-0.84
Liu et al. (2009)	1.938	0.266	0.071	1.417	2.460	7.281	0.000						9.13	0.95
Ding (2008)	1.680	0.281	0.079	1.130	2.230	5.984	0.000						8.91	0.47
Li et al. (2007)	1.931	0.299	0.089	1.345	2.517	6.461	0.000				-		0.51	0.47
Wang et al. (2006)	1.330	0.233	0.054	0.875	1.786	5.721	0.000						8.04	0.91
Huang et al. (2006)	1.325	0.229	0.053	0.875	1.774	5.778	0.000						9.62	-0.17
Woo et al. (2006)	1.168	0.241	0.058	0.696	1.640	4.847	0.000			-			9.67	-0.18
Koc et al. (2006)	0.482	0.262	0.069	-0.031	0.996	1.842	0.066						9.50	-0.47
Overall	1.418	0.173	0.030	1.079	1.757	8.202	0.000				-		9.19	-1.72
Heterogeneity test ($I^2 = Z$ Z test ($Z = 8.202, P < 0$. Random effects analysis	78.96%, P < 0 001)	0.001)						-4.00	-2.00	0.00	2.00	4.00		

					(Case versus	s control					
Author			Statistics w	vith study r	emoved				Std. diff	in means (95	% CI)	
Author	Point	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		with	study remov	ea	
Wang (2011)	1.321	0.157	0.025	1.014	1.628	8.424	0.000	1		1		1
Masiak et al. (2011)	1.492	0.173	0.030	1.153	1.830	8.626	0.000					
Yuan et al. (2010)	1.381	0.187	0.035	1.015	1.748	7.381	0.000					
Yuan et al. (2010)	1.466	0.185	0.034	1.103	1.828	7.931	0.000					
Liu et al. (2009)	1.366	0.183	0.033	1.008	1.724	7.481	0.000					
Ding (2008)	1.392	0.188	0.035	1.023	1.761	7.398	0.000					
Li et al. (2007)	1.370	0.183	0.033	1.012	1.728	7.497	0.000					
Wang et al. (2006)	1.427	0.193	0.037	1.048	1.806	7.380	0.000					
Huang et al. (2006)	1.427	0.194	0.037	1.048	1.807	7.373	0.000					
Woo et al. (2006)	1.444	0.190	0.036	1.071	1.817	7.585	0.000					
Koc et al. (2006)	1.516	0.160	0.026	1.201	1.830	9.454	0.000					
Overall	1.418	0.173	0.030	1.079	1.757	8.202	0.000					
								-4.00	-2.00	0.00	2.00	4.00

(a)



FIGURE 2: (a) Forest plots for the comparisons of serum endostatin levels between gastric cancer patients and healthy controls. (b) Sensitivity analyses for the comparisons of serum endostatin levels between gastric cancer patients and healthy controls. (c) Publication bias on the differences of serum endostatin levels between gastric cancer patients and healthy controls.

the lower levels seen in LN invasion-negative subjects (SMD = 1.427, 95% CI = $0.709 \sim 2.145$, P < 0.001) (Figure 3). However, based on the histological grading for degree of differentiation, there was no statistically significant difference in the serum endostatin levels between patients with poorly differentiated and well-differentiated GC (SMD = 0.264, 95%

CI = $-0.162 \sim 0.689$, P = 0.225). In addition, according to Lauren's classification, no apparent difference was also detected when comparing the serum levels of endostatin between intestinal- and diffuse-type GC patients (SMD = -0.062, 95% CI = $-0.572 \sim 0.448$, P = 0.811) (also shown in Figure 3).

TNM stage
(I-II versus III-IV)

1		Sta	tistics for eac	ch study						Weight (fixed)	Residual (fixed)
Author	Std. diff. in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		Std. diff. in means and 95% CI	Relative weight	Std. residual
Wang (2011)	-3.521	0.323	0.104	-4.154	-2.889	-10.918	0.000		<u>+</u>	7.07	-8.28
Masiak et al. (2011)	0.088	0.488	0.238	-0.869	1.045	0.180	0.857			3.09	2.15
Yuan et al. (2010)	-1.105	0.244	0.059	-1.583	-0.628	-4.538	0.000		-	12.40	-0.70
Yuan et al. (2010)	-0.495	0.263	0.069	-1.010	0.020	-1.885	0.059		-	10.66	1.82
Liu et al. (2009)	-1.101	0.279	0.078	-1.647	-0.555	-3.950	0.000			9.46	-0.59
Ding (2008)	-0.543	0.294	0.086	-1.119	0.032	-1.850	0.064			8.52	1.43
Li et al. (2007)	-1.588	0.383	0.146	-2.338	-0.838	-4.148	0.000			5.02	-1.72
Wang et al. (2006)	-0.537	0.253	0.064	-1.034	-0.041	-2.120	0.034		_	11.46	1.71
Huang et al. (2006)	-0.786	0.258	0.066	-1.291	-0.281	-3.050	0.002			11.07	0.66
Woo et al. (2006)	-0.823	0.214	0.046	-1.242	-0.404	-3.853	0.000			16.12	0.63
Koc et al. (2006)	0.034	0.379	0.144	-0.709	0.777	0.090	0.928				
Overall	-0.946	0.086	0.007	-1.114	-0.778	-11.029	0.000			5.12	2.66
Heterogeneity test (I	$^{2} = 88.46\%,$	<i>P</i> < 0.001)						-8.00	-4.00 0.00 4.00 8	00	
Z test ($Z = -3.712, I$	P < 0.001)										

(a) Histologic grade (poorly versus well)

		Sta	tistics for eac	ch study									Weight (random)	Residual (random)
Author	Std. diff. in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		Std. diff. in	means an	d 95% CI	[Relative weight	Std. residual
Masiak et al. (2011)	-1.078	0.544	0.296	-2.144	-0.012	-1.982	0.047		1 -				8.53	-1.89
Yuan et al. (2010)	0.533	0.320	0.102	-0.094	1.159	1.667	0.095						13.12	0.48
Liu et al. (2009)	0.581	0.269	0.072	0.054	1.108	2.160	0.031						14.31	0.60
Ding (2008)	1.462	0.319	0.102	0.836	2.088	4.580	0.000						13.13	2.15
Wang et al. (2006)	0.231	0.246	0.061	-0.253	0.714	0.935	0.350						15.15	2.15
Huang et al. (2006)	0.030	0.237	0.056	-0.435	0.495	0.125	0.900			+			14.83	-0.06
Woo et al. (2006)	0.107	0.347	0.121	-0.574	0.787	0.307	0.759			+			15.04	-0.45
Koc et al. (2006)	-0.482	0.541	0.292	-1.542	0.577	-0.892	0.372						12.48	-0.27
Overall	0.264	0.217	0.047	-0.162	0.689	1.214	0.225		1.00	•	1.00	8.00	8.58	-1.05

Heterogeneity test ($I^2 = 72\%$, P = 0.001)

Z test (Z = 1.214, P = 0.225)

Random effects analysis

(b) LN metastasis (+ versus -) Weight (random) Residual Statistics for each study (random) Author Std. diff. in means and 95% CI Std. diff. in means Standard error Upper limit Relative Std. Lower Variance Z-value P value limit weight residual Wang (2011) 3.240 0.308 0.095 2.636 3.844 10.515 0.000 14.72 2.06 Masiak et al. (2011) 0.045 0.469 0.220 -0.8740.964 0.096 0.924 12.94 -1.46Yuan et al. (2010) 0.280 0.078 0.536 1.634 3.876 0.000 1.085 14.99 -0.39 Liu et al. (2009) 1.558 0.303 0.092 0.963 2.152 5.136 0.000 14.76 0.15 Ding (2008) 2.168 1.376 2.961 5.361 0.000 0.4040.164 13.69 0.81 Woo et al. (2006) 1.331 0.214 0.046 0.912 1.750 6.227 0.000 15.56 -0.11 Koc et al. (2006) 0.361 0.434 0.189 -0.490 1.212 0.832 0.406 13.35 -1.14Overall 1.427 0.366 0.134 0.709 2.145 3.897 0.000 4.00 8.00 -8.00-4.000.00

Heterogeneity test ($I^2=$ 88.88%, P< 0.001)

Z test (Z = 3.897, P < 0.001) Random effects analysis

						(intest	inal versus	diffuse)			
Authon		S	atistics for	each study				0.1 1.0	1.05% (21	Weight (random)	Residual (random)
Author	Std. diff. in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value	Std. diff. in means and	195% CI	Relative weight	Std. residual
Masiak et al. (2011)	0.609	0.503	0.253	-0.378	1.595	1.209	0.227			14.22	1.05
Wang et al. (2006)	-0.532	0.249	0.062	-1.019	-0.044	-2.136	0.033	-		23.81	-1.01
Huang et al. (2006)	-0.504	0.240	0.057	-0.974	-0.034	-2.101	0.036			25.01	1.01
Woo et al. (2006)	-0.234	0.355	0.126	-0.930	0.461	-0.661	0.509			24.18	-0.96
Koc et al. (2006)	0.792	0.382	0.146	0.042	1.541	2.070	0.038			19.43	-0.33
Overall	-0.062	0.260	0.068	-0.572	0.448	-0.239	0.811			18.36	1.56
Heterogeneity test (I^2	= 68.46%, P	P = 0.013)						-8.00 -4.00 0.00	4.00 8.00		
Z test ($Z = -0.239, P$	= 0.811)										
Random effects analy	sis										
	313										

Lauran's classification

(d)

FIGURE 3: (a) Forest plots for the comparisons of serum endostatin levels in different stage of TNM in gastric cancer. (b) Forest plots for the comparisons of serum endostatin levels in the LN invasion-positive and LN invasion-negative gastric cancer. (c) Forest plots for the comparisons of serum endostatin levels between patients with poorly differentiated and well-differentiated gastric cancer. (d). Forest plots for the comparisons of serum endostatin levels between intestinal- and diffuse-type gastric cancers.

TABLE 2: Metaregression analyses of potential source of heterogeneity.

Hotorogonaity factors	Coofficient	SE	+	Р	95%	CI
Therefogeneity factors	Coefficient	31	L	(Adjusted)	LL	UL
Year	0.033	0.081	0.42	0.985	-0.164	0.232
Sample	0.009	0.006	1.66	0.386	-0.004	0.023
Country	-0.283	0.167	-1.69	0.365	-0.691	0.126
Detecting method	0.288	0.533	0.54	0.969	-1.016	1.593

Notes. SE: standard error; LL: lower limit; UL: upper limit.

We further conducted sensitivity analyses to determine whether review conclusions were affected by the choice of a single study; the finding suggested that no single study had the effect on the pooled SMDs in this meta-analysis (Figures 2 and 4). Finally, the forest plot resembled a symmetrical, inverted funnel, suggesting absence of bias (Figures 2 and 5). Egger's regression test also showed no evidence of asymmetrical distribution (all P > 0.05) in the systematic reviews; higher fail-safe number meant better reliability of the metaanalysis. As shown in Figure 6 and Table 2, univariate and multivariate regression analysis indicated that the year of publication, sample size, country, and detection method were not the major source of heterogeneity in the present metaanalysis and might not be the key factors affecting the overall effects (all P > 0.05).

4. Discussion

Our meta-analysis integrated evidence from multiple relevant studies in order to assess the connection between serum levels of endostatin and pathological characteristics of GC to gain an insight into the role of endostatin in the development of GC. The major results of our statistical analysis revealed that serum endostatin levels in GC patients were higher than those of healthy subjects, implying that serum levels of endostatin might reflect the pathogenesis of GC. Endostatin was described as an antigrowth factor and antiendothelial

cell migration factor, inhibiting angiogenesis by reducing the blood supply necessary for tumor growth [10, 40]. Since endostatin can be secreted by both normal endothelium cells and tumor cells, increased serum levels of endostatin in GC patients can be explained by the hypothesis that endostatin is generated by a negative feedback mechanism in an attempt to repress or offset the upregulated angiogenesis in tumors [39].

Furthermore, our findings showed that patients with stage T4 GC had higher serum levels of endostatin than those with stage T2 GC, suggesting that serum endostatin levels might be related to the aggressiveness of GC. Endostatin has various antitumor functions through regulating a variety of receptors, including inhibition of angiogenesis and repression of migration and invasion of tumor cells [41, 42]. Consequently, it is plausible that increased serum endostatin levels in advanced (stage T4) GC may be ascribed to production by cancer tissues or to a host response to rectify the imbalance of abnormal angiogenic stimuli during the progression of tumors [20, 43]. On the other hand, a recent study presented strong arguments that the endothelin is a potent mediator of systemic inflammation and this could better explain its correlation with advanced tumor stages. The results of the present meta-analysis also indicated that serum endostatin levels of patients with LN metastasis were increased compared with those of patients without LN metastasis, indicating that serum endostatin levels may be involved in the progression of GC. Consistent with our findings, Fujita et al. also found that

				TN	NM stage (I-II	versus III-	IV)					
Author			Statistics	with study rea	moved				Std diff in m	eans (05% CI)	with study re	moved
Author	Point	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		Sta. uni. in in	earis (9570 CI)	with study lei	noveu
Wang (2011)	-0.729	0.129	0.017	-0.982	-0.475	-5.633	0.000	1			1	
Masiak et al. (2011)	-1.040	0.266	0.071	-1.561	-0.518	-3.907	0.000					
Yuan et al. (2010)	-0.937	0.289	0.083	-1.503	-0.371	-3.243	0.001					
Yuan et al. (2010)	-1.001	0.282	0.079	-1.553	-0.449	-3.554	0.000					
Liu et al. (2009)	-0.938	0.285	0.081	-1.496	-0.380	-3.295	0.001					
Ding (2008)	-0.995	0.280	0.079	-1.544	-0.445	-3.548	0.000			-		
Li et al. (2007)	-0.895	0.273	0.074	-1.429	-0.360	-3.279	0.001					
Wang et al. (2006)	-0.997	0.283	0.080	-1.552	-0.441	-3.517	0.000			-		
Huang et al. (2006)	-0.970	0.287	0.082	-1.533	-0.408	-3.381	0.001					
Woo et al. (2006)	-0.967	0.294	0.087	-1.543	-0.390	-3.285	0.001					
Koc et al. (2006)	-1.046	0.266	0.071	-1.568	-0.524	-3.927	0.000			-		
Overall	-0.954	0.257	0.066	-1.458	-0.450	-3.712	0.000			•		
								-8.00	-4.00	0.00	4.00	8.00

	(u)
Histologic grade	(poorly versus well)

Author			Statistics	with study rer		Std diff in means (05% CI) with study remay						
	Point	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		Std. diff. in means (95% CI) with study fem			noveu
Masiak et al. (2011)	0.394	0.201	0.040	-0.000	0.787	1.959	0.050		1	-∎-		1
Yuan et al. (2010)	0.213	0.249	0.062	-0.275	0.702	0.856	0.392			-		
Liu et al. (2009)	0.201	0.253	0.064	-0.296	0.697	0.792	0.429			-		
Ding (2008)	0.135	0.165	0.027	-0.188	0.458	0.818	0.414					
Wang et al. (2006)	0.254	0.261	0.068	-0.258	0.766	0.972	0.331					
Huang et al. (2006)	0.293	0.253	0.064	-0.203	0.790	1.157	0.247					
Woo et al. (2006)	0.278	0.246	0.061	-0.205	0.760	1.128	0.259					
Koc et al. (2006)	0.334	0.225	0.051	-0.107	0.776	1.485	0.138			-∎-		
Overall	0.264	0.217	0.047	-0.162	0.689	1.214	0.225			-		
								-4.00	-2.00	0.00	2.00	4.00

					(•	-)						
					LN metastasis	(+ versus -	-)					
o. 1			Statistics	with study re	moved				o. 1. 1107 .	(0.50) (0.7)		,
Study name	Point Sta	indard error	Variance	Lower limit	t Upper limit	Z-value	P value		Std. diff. in means (95% CI) with study removed			
Wang (2011)	1.144	0.252	0.064	0.649	1.638	4.534	0.000					
Masiak et al. (2011)	1.634	0.371	0.137	0.907	2.360	4.408	0.000			-	-	
Yuan et al. (2010)	1.482	0.435	0.189	0.629	2.334	3.407	0.001				-	
Liu et al. (2009)	1.399	0.440	0.193	0.537	2.261	3.181	0.001				-	
Ding (2008)	1.307	0.409	0.167	0.505	2.109	3.195	0.001					
Woo et al. (2006)	1.435	0.468	0.219	0.518	2.353	3.065	0.002			-	-	
Koc et al. (2006)	1.592	0.386	0.149	0.835	2.349	4.124	0.000			-	-	
Overall	1.427	0.366	0.134	0.709	2.145	3.897	0.000			-		
								-8.00	-4.00	0.00	4.00	8.00

(c)

				Laurens cia	assincation (ii	itestinai ve	rsus annuse)				
Author			Statistics	with study rei								
	Point	Standard error	Variance	Lower limit	Upper limit	Z-value	P value		Std. diff. in means (95% CI) with study remove			
Masiak et al. (2011)	-0.178	0.269	0.072	-0.705	0.349	-0.661	0.509	1		-	1	1
Wang et al. (2006)	0.100	0.331	0.110	-0.549	0.750	0.302	0.763			-		
Huang et al. (2006)	0.096	0.337	0.114	-0.565	0.756	0.284	0.776			-		
Woo et al. (2006)	0.004	0.331	0.109	-0.644	0.652	0.011	0.991			-		
Koc et al. (2006)	-0.320	0.194	0.038	-0.700	0.060	-1.649	0.099					
Overall	-0.062	0.260	0.068	-0.572	0.448	-0.239	0.811			-		
								-8.00	-4.00	0.00	4.00	8.00

FIGURE 4: (a) Sensitivity analyses for the comparisons of serum endostatin levels in different stage of TNM in gastric cancer. (b) Sensitivity analyses for the comparisons of serum endostatin levels in the LN invasion-positive and LN invasion-negative gastric cancer. (c) Sensitivity analyses for the comparisons of serum endostatin levels between patients with poorly differentiated and well-differentiated gastric cancer. (d) Sensitivity analyses for the comparisons of serum endostatin levels between intestinal- and diffuse-type gastric cancers.

(d)

8

(a)

(b)



FIGURE 5: (a) Publication bias on the differences of serum endostatin levels in different stage of TNM in gastric cancer. (b) Publication bias on the differences of serum endostatin levels in the LN invasion-positive and LN invasion-negative gastric cancer. (c) Publication bias on the differences of serum endostatin levels between patients with poorly differentiated and well-differentiated gastric cancer. (d) Publication bias on the differences of serum endostatin levels between intestinal- and diffuse-type gastric cancers.



FIGURE 6: Univariate and multivariate regression analyses of potential source of heterogeneity: (a) year of publication, (b) sample size, (c) country, and (d) detection method.

serum levels of endostatin are upregulated in GC patients, showing that serum endostatin levels could be an important prognostic biomarker in predicting the survival of patients with metastatic GC [20].

We also performed stratified analysis on the basis of country and detection method so as to obtain a better understanding of serum endostatin levels in the development of GC. In the subgroup analysis by country, we observed that GC patients exhibited higher serum endostatin level among Chinese and Koreans but not among Polish population. Furthermore, serum endostatin levels were associated with histological stages of GC only among the Chinese. Our results also demonstrated a strong positive correlation between serum endostatin levels and LN metastasis in GC among the Chinese and Koreans, while such relationship was not found among Polish and Turkish populations. In short, the discovery of the current meta-analysis was in conformity with previous studies that serum endostatin levels may be helpful in detection of GC and may be also utilized to predict the progression of GC.

Meanwhile, there are limitations to the current metaanalysis that should be noted. First, there is the possible existence of biases; although we performed a methodological assessment to avoid selection biases, there was significant heterogeneity among the 12 articles which may be attributed to the nonuniform techniques of detecting endostatin. Overall estimate of SMD was only suggestive given the highly significant heterogeneity across studies. Second, a potential publication bias existed in this study, since we did not take several unpublished articles and abstracts into account due to unavailable data. In addition, language may also introduce bias, especially since we selected studies published only in English or Chinese studies and ignored all other languages. A third potential limitation is its relative small sample size; therefore, results of this study will need to be confirmed in prospective randomized controlled trials with larger study population. Despite the above limitations, this is the first example of meta-analysis on the association of serum endostatin levels with the development of GC.

Taken together, our results indicate that the increased serum level of endostatin may contribute to an aggressive LN metastasis, either through activation of multiple signaling pathways or through producing robust systemic inflammatory responses, to promote aggressive invasive behavior of GC. Serum levels of endostatin may help clinicians to make difficult therapeutic decisions for GC. However, based on the above limitations, further in-depth study is recommended in confirming the exact role of serum endostatin levels for GC progression.

Conflict of Interests

The authors have declared that no competing interests exist.

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