

# Comparative efficacy of antiangiogenic treatment for newly diagnosed glioblastoma

## A protocol for systematic review and network meta-analysis

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### Abstract

**Background:** Glioblastoma is the most common malignant primary brain tumor which has highly expressed vascular endothelial growth factor. To date, various antiangiogenic drugs have been investigated in clinical trials but with no overall conclusion, especially for newly diagnosed glioblastoma (nGBM). In this study, Bayesian network meta-analysis will be used to conduct a comprehensive analysis of the results of different clinical trials, and assess the efficacy of different antiangiogenic drugs on nGBM.

**Methods:** In order to find more comprehensive information about the application of antiangiogenic drugs in nGBM patients, we searched the MEDLINE, EMBASE, Web of Science, and Cochrane Central Register of Controlled Trials for relevant randomized controlled trials. We also reviewed their reference lists to avoid omissions. Cochrane risk of bias tool (V.1.4.3) and Stata (V.15.0) will be used to assess the methodological quality of this review.

**Results:** This study will provide reliable evidence for different antiangiogenic therapies in nGBM patients.

**Conclusion:** We will evaluate the relative effectiveness of different antiangiogenic drugs and rank each intervention in nGBM patients through prognosis to provide decision-making reference on which method to choose for clinicians.

**Protocol registration number:** CRD42019146537

**Abbreviations:** GBM = glioblastoma, nGBM = newly diagnosed glioblastoma, NMA = network meta-analysis, OS = overall survival, PFS = progression-free survival, RCTs = randomized controlled trials.

**Keywords:** antiangiogenic drugs, Bayesian network meta-analysis, glioblastoma, newly diagnosed glioblastoma, overall survival, progression-free survival, protocol

## 1. Introduction

Glioblastoma (GBM) is the most common malignant primary brain tumor, accounting for about 28% of all brain tumors and 80% of malignant brain tumors. GBM is also known for its

invasive and aggressive behavior.<sup>[1,2]</sup> Patients with newly diagnosed glioblastoma (nGBM) have a poor prognosis even when treated with maximal resection followed by radiotherapy combined with temozolomide (TMZ), as well as maintenance therapy with TMZ. The median survival time is 14 to 16 months, and tumor re-growth and patient relapse still remain inevitable.<sup>[3–6]</sup> Moreover, once GBM recurs, the median overall survival (OS) time is typically 3 to 9 months, and available therapies have a limited impact on outcome.<sup>[7]</sup>

The biology of oncogenesis and the molecular mechanisms of GBM have showed that it typically overexpresses vascular endothelial growth factor, which can promote tumor angiogenesis, contributing to tumor growth and progression.<sup>[8]</sup> Therefore, antiangiogenic therapy seems to be an attractive therapeutic strategy. Drawing on the experience of positive results from antiangiogenic therapy in other solid cancers, there have recently been a number of clinical trials of antiangiogenic drugs in GBM.<sup>[9]</sup> Among those drugs, bevacizumab (BEV), a humanized monoclonal antibody against vascular endothelial growth factor, has already played a positive role when combined with standard therapy in recurrent diagnosed glioblastoma with both radiographic response and progression-free survival (PFS).<sup>[10–13]</sup> In May 2009, the Food and Drug Administration approved BEV for the first-line treatment of recurrent diagnosed glioblastoma patients.<sup>[14]</sup> Noteworthy, 2 studies in 2014 showed a longer PFS with BEV but failed to demonstrate an improvement in OS in nGBM.<sup>[15,16]</sup> Trials of various other antiangiogenic drugs were

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### 2.9. Data synthesis and statistical methods

Time-to-event outcomes will be assessed by calculating hazard ratios. Dichotomous outcomes will be analyzed by calculating the relative risks. Results from the NMA will be presented as summary relative effect sizes (hazard ratios or relative risks) and relative 95% confidence intervals for each possible pair of treatments.

We will first conduct a standard pairwise meta-analysis of all the direct comparisons with Stata (Stata Corp), using a random-effects model. Heterogeneity variances for each pairwise comparison will be estimated by  $Q$ -test and  $I^2$  statistic.<sup>[41]</sup>

Next, we will perform the NMA using R x64 3.5.0 and Stata (StataCorp). The inconsistency of our results will be confirmed by the node-splitting method and its Bayesian  $P$ -value.<sup>[42]</sup> We will estimate the potential ranking probability of interventions by calculating the surface under the cumulative ranking curve (SUCRA) for each intervention.<sup>[43]</sup> The SUCRA value ranges between 0 and 1, and the intervention with a higher SUCRA value is considered to have better efficacy.<sup>[40]</sup>

Subgroup analysis will be performed based on O-6-methylguanine–DNA methyltransferase (MGMT) status and recursive partitioning analysis (RPA) class.

We will use comparison-adjusted funnel plots to evaluate the small study effects in the present study.<sup>[44]</sup>

### 3. Discussion

This will be the first NMA to comprehensively compare the efficacy of different antiangiogenic drugs in nGBM patients. Despite the advantages of this approach, there are some inevitable limitations. Some antiangiogenic drugs are not discussed in the literature due to the lack of RCTs or the RCT is still ongoing. The potentially high heterogeneity among different studies may also influence the final results of this NMA. However, we hope this study will uncover the best antiangiogenic treatment currently available for clinical practice and assist in directing future study design.

#### Author contributions

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**Methodology:** Zhaolun Cai.

**Project administration:** Dabiao Zhou, Runting Li.

**Resources:** Dabiao Zhou, Runting Li.

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**Supervision:** Dabiao Zhou.

**Validation:** Zhaolun Cai.

**Writing – original draft:** Runting Li, Chao Li.

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