ORIGINAL ARTICLE

WILEY

Evaluation of bioaerosol samplers for the detection and quantification of influenza virus from artificial aerosols and influenza virus-infected ferrets

Christian Bekking^{1,2} | Lily Yip² | Nicolas Groulx² | Nathan Doggett^{1,2} | Mairead Finn^{1,2} | Samira Mubareka^{1,2}

¹Department of Laboratory Medicine and Pathobiology, Faculty of Medicine, University of Toronto, Toronto, Ontario. Canada

²Biological Sciences, Sunnybrook Research Institute, Toronto, Ontario, Canada

Correspondence

Samira Mubareka, Department of Laboratory Medicine and Pathobiology, Faculty of Medicine, University of Toronto, Toronto, ON, Canada. Email: samira.mubareka@sunnybrook.ca

Present address

Nathan Doggett, Faculty of Medicine, Dalhousie University, Halifax, Nova Scotia, Canada

Mairead Finn, Department of Microbiology, University of Waterford, Waterford, Ireland

Funding information

Natural Sciences and Engineering Research Council of Canada (NSERC) and Canadian Institutes of Health Research (CIHR) Collaborative Health Research Project Grant, Grant/Award Number: 337521; Ontario Ministry of Labour (MOL) Research Opportunities Program Grant, Grant/Award Number: 13-R-052

Abstract

Background: Bioaerosol sampling devices are necessary for the characterization of infectious bioaerosols emitted by naturally-infected hosts with acute respiratory virus infections. Assessment of these devices under multiple experimental conditions will provide insight for device use.

Objectives: The primary objective of this study was to assess and compare bioaerosol sampling devices using a) an in vitro, environmentally-controlled artificial bioaerosol system at a range of different RH conditions and b) an in vivo bioaerosol system of influenza virus-infected ferrets under controlled environmental conditions. Secondarily, we also sought to examine the impact of NSAIDs on bioaerosol emission in influenza virus-infected ferrets to address its potential as a determinant of bioaerosol emission. **Methods:** We examined the performance of low and moderate volume bioaerosol samplers for the collection of viral RNA and infectious influenza virus in vitro and in vivo using artificial bioaerosols and the ferret model of influenza virus infection. The following samplers were tested: the polytetrafluoroethylene filter (PTFE filter), the 2-stage National Institute of Occupational Safety and Health cyclone sampler (NIOSH cyclone sampler) and the 6-stage viable Andersen impactor (Andersen impactor).

Results: The PTFE filter and NIOSH cyclone sampler collected similar amounts of viral RNA and infectious virus from artificially-generated aerosols under a range of relative humidities (RH). Using the ferret model, the PTFE filter, NIOSH cyclone sampler and the Andersen impactor collected up to 3.66 \log_{10} copies of RNA/L air, 3.84 \log_{10} copies of RNA/L air and 6.09 \log_{10} copies of RNA/L air respectively at peak recovery. Infectious virus was recovered from the PTFE filter and NIOSH cyclone samplers on the peak day of viral RNA recovery.

Conclusion: The PTFE filter and NIOSH cyclone sampler are useful for influenza virus RNA and infectious virus collection and may be considered for clinical and environmental settings.

KEYWORDS

bioaerosol samplers, bioaerosols, ferret model, influenza virus

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2019 The Authors. Influenza and Other Respiratory Viruses Published by John Wiley & Sons Ltd.

1 | INTRODUCTION

Influenza virus remains a public health concern due to associated seasonal burden of disease and pandemic potential.^{1,2} Personto-person transmission occurs by direct and indirect contact, by droplets (particles \geq 10 µm) and potentially through droplet nuclei (particles $\leq 5 \mu m$) which may be inhaled into the lower airways.³⁻⁶ Lower respiratory tract infection is associated with increased disease severity and mortality compared to infection of the upper respiratory tract.^{7,8} Understanding determinants of influenza A virus (IAV) bioaerosol-mediated transmission including environmental factors such as RH and temperature is relevant to mitigating spread.^{9,10} RH can influence virion size, infectivity, and bioaerosol sampler performance. Early work with IAV determined that infectivity was best maintained at lower RH conditions.¹¹ Noti et al also conducted experiments using simulated coughs and demonstrated that IAV aerosol infectivity was maximized at low RH.¹² Furthermore, Lowen et al suggested that IAV transmission is highest at low RH, moderate at high RH (65%), and lowest at an intermediate RH (50%) using the guinea pig model.¹⁰ In addition, the range of RH may vary significantly depending on climate (temperate vs tropical) and setting (health care vs agricultural or wet markets). The overall effect of RH on IAV infectivity and transmission is still under investigation, but the effective performance of bioaerosol sampling devices at a range of RH is important for characterizing virus-laden bioaerosols under different conditions.

An area of IAV research currently lacking attention is the effect of widespread non-steroidal anti-inflammatory drugs (NSAIDs) and other antipyretic use on IAV emission by infected hosts. Early experiments indicated that influenza virus-infected ferrets treated with antipyretic compounds experienced increased nasal shedding, potentially leading to increased risk of transmission.¹³ Mathematical modeling from Earn et al suggested that antipyretic use increases the infectious period and contact time with influenza virus-infected individuals, increasing the population-level transmission risk.¹⁴ The ubiquitous use of NSAIDs among patients with influenza-like symptoms underscores the importance of determining whether an association between NSAID use and emission of influenza virus into the air exists, and extension of host emission and sampling studies to determine whether NSAIDs could alter viral shedding represents important opportunities to fill this knowledge gap.

Assessing the burden of influenza virus in the air is technically and operationally challenging in real-world settings such as healthcare institutions.¹⁵⁻¹⁷ Clinical and environmental studies have

Bioaerosol sampler	Characteristics	Rationale for inclusion	Recommendation	References
PTFE filter	 Low-volume air sampler Samples onto dry filter Disposable cassette Does not resolve particle size 	 Demonstrated efficiency in vitro and previously used in ferret model Compact, disposable, user-friendly, commercially available, thus amenable for experimental and field use as well as multicenter studies 	 Clinical and environmental settings Ideal for RNA and infectivity detection Avoid areas with extremely high relative humidity 	17,18,27-29
NIOSH cyclone sampler	 Low-volume air sampler Samples into dry tubes and filter Main instrument reusable (requires autoclaving) Able to differentiate particle size in three ranges 	 One of the more widely used instruments for the collection of viral bioaerosols in clinical settings and simulations Compact and portable Capable of size fractionation 	 Clinical and environmental settings Ideal for RNA and infectivity detection Decontamination necessary between uses 	12,16,22,30,31
Andersen impactor	 Mid-volume air sampler Samples onto media Reusable (requires autoclaving) Able to differentiate particles size, number and ranges depend on the number of stages used 	 Used for viral bio- aerosol collection in both healthcare and agricultural settings Capable of size fractionation 	 Difficult with liquid in field settings Ideal for RNA detection in controlled settings Avoid areas with high relative humidity 	21,32

TABLE 1 Summary of characteristics, inclusion rationale, and recommendations for the polytetrafluoroethylene (PTFE) filter, NIOSH cyclone sampler, and Andersen impactor

⁵⁶⁶ WILEY

utilized a range of instruments to determine the risk of exposure to virus-laden bioaerosols in health care and agriculture.¹⁸⁻³² Limited study sizes underscore the need for consistent approaches across studies in similar settings in order to generate robust comparative data to form clearer conclusions. Bioaerosol sampling devices are essential to the investigation and characterization of IAV bioaerosol emissions and transmission. Many sampling devices have been employed to collect a number of different pathogens but were not explicitly designed for the collection of viruses and preservation of viral infectivity. The selection of a suitable bioaerosol sampling device is challenging since collection efficiency is influenced by the pathogen in question, sampler flow rate, the environment, sampling time, and other technical and operational aspects of each device. Other factors such as cost and ease of use also influence device selection. Currently, there is no prevailing standard for the selection of a bioaerosol sampling device.

Filter-based bioaerosol sampling devices, cyclone samplers, and cascade impactors are the most commonly used and accessible instruments for recovery and detection of viruses, though none were explicitly designed for this purpose.^{17,21,22,33} Filter-based instruments use membranes to collect particles as air is drawn through, whereas cyclone samplers recover particles by inertia, and some are capable of size fractionation.^{15,33} Cascade impactors collect particles on solid or liquid media and may provide size fractionation as well.^{15,34} These three portable sampler types have potential for implementation in standard practice for assessing the burden of virus in the air.

The primary objective of this study was to assess and compare bioaerosol sampling devices (Table 1) using (a) an in vitro, environmentally controlled artificial bioaerosol system at a range of different RH conditions and (b) an in vivo bioaerosol system utilizing influenza virus-infected ferrets under controlled environmental conditions. Secondarily, we also sought to examine the impact of NSAIDs on bioaerosol emission in influenza virus-infected ferrets to address its potential as a determinant of bioaerosol emission.

2 | MATERIALS AND METHODS

2.1 | Ethics statement

Animal experiments were completed in a biosafety level 2+ containment facility at the Sunnybrook Research Institute (SRI, Toronto, Canada) in compliance with guidelines set by the Canadian Council on Animal Care and with approval of the SRI animal care committee.

2.2 | Cells and viruses

Madin-Darby canine kidney cells (MDCK cells, ATCC) were maintained in Eagle's minimum essential media (Wisent), 10% fetal bovine serum (FBS, Wisent), and penicillin (100 UI/mL)/streptomycin (100 μ g/mL; P/S, Wisent). Influenza A/Ontario/2016 (H1N1)-like and influenza A/Ontario/2016 (H3N2)-like viruses were obtained from clinical samples at Sunnybrook Health Sciences Centre (Toronto, Canada) and subsequently passaged and plaque-purified.³⁵ These were used for artificial aerosolization experiments. Ferrets were inoculated with egg-passaged influenza A/California/07/2009 virus (Cal/09).

2.3 | Artificial aerosolizations

H1N1 (1.0 × 10^7 plaque-forming units (PFU)/ml) and H3N2 (1.28 × 10^6 PFU/mL) influenza viruses were diluted in phosphatebuffered saline (PBS, 1:5) and nebulized separately (BGI Collison Nebulizer, MesaLabs) into a custom-built, pressurized, artificial aerosolization chamber (55.9 × 48.3 × 16.5 cm; Figure 1A) using HEPA-filtered medical air at 6 L/min. The chamber was purged with sterile water preceding each 15-minute virus nebulization. Sampling was conducted using a 1.0 µm pore size, 37-mm polytetrafluoroethylene filter cassette (PTFE filter; SKC Limited), and the 2-stage National Institute of Occupational Safety and Health cyclone sampler (NIOSH cyclone sampler; stage 1: collected



FIGURE 1 Artificial bioaerosol and environmental chambers. A, Custom-built artificial aerosolization chamber with Collison nebulizer and B, Caron environmental test chamber for ferret experiments. PTFE filter (black), NIOSH cyclone sampler (red), and Andersen impactor (green) were used to sample influenza A virus-laden bioaerosols. All images were created or modified with SketchUp Pro software. Modified from Verreault, D

particles >4.0 µm, stage 2: collected particles 1.0-4.0 µm, NIOSH filter: collected particles <1 µm, filter is 3.0 µm pore size, 37 mm, PTFE) for 10 minutes at 3.5 L/min ± 5% (Gilian Air Sampling Pump, Sensidyne) starting 5 minutes after initiation of nebulization. The high flow rate of the 6-stage viable Andersen cascade impactor (Andersen impactor; Tisch Environmental) precluded use with this system. RH and temperature were monitored throughout the experiments. RH within the chamber was maintained using a portable humidifier (Boneco), and temperature was maintained within a range of 19-23°C. Three different RHs were tested, low (<25%), medium (47%-53%), and high (78%-83%; n = 3 for each). Sampling devices were placed inside the chamber, except for the PTFE filter at high RH due to filter saturation. Thus, sampling with the PTFE filter during high RH conditions was conducted from outside the chamber via connecting tubing. The chamber was cleaned with ethanol and purged with water for 25 minutes before each nebulization/sampling event.

2.4 | Ferret experiments

Because ferret clinical features of disease are more similar to humans compared with other animal models including guinea pigs, they are well suited for the study of infectious bioaerosols responsible for transmission.^{3,36-40} Six-month-old male influenza virus-free ferrets (Triple F farms) were screened for influenza A and B virus antibodies by hemagglutination inhibition, and mid-turbinate swabs were tested for influenza virus RNA by PCR on arrival.41 Animals were housed in HEPA-filtered ventilated isolators. Ferrets were anesthetized with isoflurane and inoculated intranasally with 1 mL Cal/09 at 10⁶ PFU diluted in PBS, then placed in a Caron 6030 environmental test chamber (environmental chamber; 58 × 65.5 × 75.7 cm; Figure 1B) at 20°C and 20% RH. For experiments using NSAIDs, animals were injected daily with PBS (untreated) or meloxicam (0.1-0.2 mg/kg, treated) subcutaneously (n = 4 per group). The selection of meloxicam was based on its safety and tolerability in ferrets. Four ferrets were present in the environmental chamber and infected with influenza virus at a time. Rectal temperature and body weight were recorded, and animals were nasal-washed with 2 mL of PBS under isoflurane anesthesia on days 1, 3, 5 and 7 post-inoculation (p.i.) as previously described.⁴² Bioaerosol sampling of either untreated or treated groups of ferrets was conducted after the environmental chamber was undisturbed for a minimum of 6 hours. The PTFE filter and NIOSH cyclone sampler were used on days 1, 3, 5, and 7 p.i. at 3.5 L/min \pm 5% for 2 hours, and the Andersen impactor was used on days 2, 4, 6, and 8 p.i. at 28.3 L/min for 30 minutes; petri dishes were filled with viral transport media (VTM; 1X P/S, 0.5% BSA, DMEM-F12) to the appropriate height specified for proper size fractionation and placed in each stage of the Andersen impactor. The Andersen impactor was then placed at the bottom of the chamber during use. One sample was collected per instrument per group of ferrets (untreated or treated) at each time point. In a separate experiment, PTFE filter sampling of individual influenza virus-infected ferrets was subsequently conducted in the artificial

aerosolization chamber (Figure 1A) under similar experimental conditions.

2.5 | Sample processing and analysis

Bovine serum albumin (BSA, 0.5%) was added to nasal wash sample supernatants after centrifugation at 800 g for 5 minutes at 4°C. The PTFE filter was vortexed with 2 ml VTM for 1 minute, and the NIOSH cyclone sample tubes and filter were vortexed with 2, 0.5, or 1 mL of VTM for 1 minute for stages 1, 2, and the NIOSH filter, respectively. All samples were stored at -80°C after processing. Viral titers from nasal wash and bioaerosol samples (from bioaerosol sampling devices) were quantified by plaque assay in MDCK cells and reported as PFU. Viral RNA from air samples was extracted using the MagMAX[™] Viral RNA Isolation Kit (Thermo Fisher Scientific) and stored at -80°C. Reverse transcriptase-quantitative polymerase chain reaction (RT-qPCR) of all air samples was conducted using primers targeting IAV matrix gene⁴¹ and the SuperScript[™] III Platinum[™] One-Step qRT-PCR Kit (Thermo Fisher Scientific).

2.6 | Statistical analysis

All data were initially tested for normality using the D'Agostino-Pearson omnibus normality test. Normally distributed data were tested using either an unpaired t test or one-way ANOVA to determine statistical significance. Following ANOVA testing, Tukey's multiple comparisons test was utilized to determine groups that were statistically different. Non-normally distributed data were assessed using either the Mann-Whitney test or the Kruskal-Wallis test to determine statistical significance (GraphPad Prism 6 software). The ratio of viral RNA to infectious virus was determined by dividing the viral RNA collected (copies) by infectious virus collected (PFU).

3 | RESULTS

3.1 | PTFE filter and NIOSH cyclone samplers collected IAV RNA and infectious virus from artificial aerosols under a range of RH

To evaluate the ability of the PTFE filter and NIOSH cyclone sampler to collect influenza virus RNA and infectious virus, we aerosolized H1N1 and H3N2 influenza viruses into a custom-built artificial aerosolization chamber (Figure 1A). The Andersen impactor was not used in this setting because the flow rate was too high relative to the low volume of the chamber. The PTFE filter and NIOSH cyclone samplers collected similar quantities of H1N1 and H3N2 RNA and infectious virus under all RH conditions (Table 2). The ratio of viral RNA to infectious virus was determined to assess the loss of infectivity during the aerosolization, transit, and collection¹⁷ and this was similar to both H1N1 and H3N2 influenza viruses (Table 2).

RH may affect viral viability in aerosols and bioaerosol sampler collection; thus, we also sought to compare instrument performance under a range of RH conditions. The RH within the artificial

		Viral RNA (copies/L air ^b ± SEM ^c)		Infectious virus (PFU/L air ^d ± SEM ^c)		Viral RNA to inf ratio (copies/PF	ectious virus U) ^e
Influenza virus	RH condition ^a	PTFE filter	NIOSH cyclone sampler	PTFE filter	NIOSH cyclone sampler	PTFE filter	NIOSH cy- clone sampler
H1N1	Low	$2.4 \times 10^5 \pm 5.7 \times 10^4$	$2.4 \times 10^5 \pm 6.4 \times 10^4$	$1.2 \times 10^2 \pm 6.1 \times 10^1$	$1.3 \times 10^2 \pm 7.4 \times 10^1$	2.1×10^{3}	1.9×10^{3}
	Medium	$3.0 \times 10^5 \pm 9.1 \times 10^4$	$2.9 \times 10^5 \pm 9.9 \times 10^4$	$1.7 \times 10^1 \pm 1.6 \times 10^1$	$3.1 \times 10^1 \pm 2.3 \times 10^1$	1.8×10^4	9.5×10^3
	High	$1.8 \times 10^5 \pm 3.0 \times 10^4$	$1.9 \times 10^5 \pm 6.4 \times 10^4$	$3.4 \times 10^1 \pm 1.1 \times 10^1$	$5.4 \times 10^1 \pm 2.6 \times 10^1$	5.1×10^{3}	3.4×10^{3}
H3N2	Low	$3.4 \times 10^6 \pm 5.7 \times 10^5$	$3.5 \times 10^{6} \pm 3.3 \times 10^{5}$	$2.9 \times 10^2 \pm 1.6 \times 10^2$	$3.3 \times 10^2 \pm 1.9 \times 10^2$	1.2×10^4	1.1×10^{4}
	Medium	$1.9 \times 10^6 \pm 6.2 \times 10^5$	$1.7 \times 10^{6} \pm 5.5 \times 10^{5*}$	$1.3 \times 10^2 \pm 2.7 \times 10^1$	$1.5 \times 10^2 \pm 2.8 \times 10^1$	1.4×10^4	$1.1 imes 10^4$
	High	$1.8 \times 10^6 \pm 2.5 \times 10^5$	$1.8 \times 10^6 \pm 2.9 \times 10^5$	$1.8 \times 10^2 \pm 2.8 \times 10^1$	$2.1 \times 10^2 \pm 1.3 \times 10^1$	1.0×10^4	8.6×10^3
^a Low is <25% relative	humidity, medium is 47%-	-53% relative humidity, and hi	gh is 78%-83% relative humidi	ity.			

^oViral RNA was determined by RT-qPCR and presented as copies of RNA per liter air sampled.

^cSEM = standard error of the mean (n = 3 per relative humidity condition).

liter air sampled. per presented as PFU ¹Infectious virus was determined by plaque assay and

dividing viral RNA copies per liter air sampled by PFU per liter air sampled. Significantly less H3N2 RNA recovered compared to the NIOSH cyclone sampler at low relative humidity (P < .05). was determined by ^eViral RNA to infectious virus ratio

aerosolization chamber was maintained throughout aerosolizations at low (<25%), medium (47%-53%), or high (78%-83%) RH conditions. There was no significant difference between bioaerosol sampler collection at different RH conditions for RNA or infectious virus (P > .05, Table 1) except significantly less H3N2 RNA was collected by the NIOSH cyclone sampler at medium RH compared to low RH (P = .032; Table 2).

Figure 2 indicates the size distribution of particles collected by the NIOSH cyclone sampler to provide further information on the influence of RH on influenza virus particle size. Similar particle sizes for both H1N1 and H3N2 influenza viruses were recovered under low and medium RH conditions using the NIOSH cyclone sampler, and the majority of infectious virus was recovered from the NIOSH filter (<1.0 µm) under these conditions (Figure 2). There were variable quantities of RNA and infectious virus from particles collected under high RH conditions.

3.2 Collection of bioaerosols emitted by IAVinfected ferrets

Next, we sought to collect IAV using bioaerosol samplers from influenza virus-infected ferrets. We also sought to determine whether NSAID administration affected influenza virus-laden bioaerosol production in a mammalian model. Weight loss was similar between untreated and NSAID (meloxicam)-treated influenza virus-inoculated ferrets (Figure 3A). Treated ferrets had significantly lower temperatures on day 1 and 7 p.i. (Figure 3B, P = .016 and P = .041, respectively), but no fevers were noted. Nasal wash viral loads were highest on day 1 p.i., reaching 6.20 ± 0.22 log₁₀ PFU/mL for untreated ferrets and $6.85 \pm 0.26 \log_{10} PFU/mL$ for treated ferrets, and declined until termination (Figure 3C) with no significant difference between untreated and treated animals (P > .05; Figure 3C).

The PTFE filter and NIOSH cyclone sampler collected the most viral RNA on day 3 p.i. for both untreated and treated ferrets (Figure 4A, 4B). PTFE filters collected 2.26 log₁₀ copies/L air for untreated and 3.66 log₁₀ copies/L air for treated animals, while the NIOSH cyclone sampler collected 2.56 log₁₀ copies/L air for untreated and 3.84 \log_{10} copies/L air for treated ferrets on day 3 p.i. (Figure 4A, 4B). More viral RNA was collected from the air of treated ferrets than untreated ferrets, though statistical significance could not be determined due to small sample size (Figure 4A, 4B). Infectious virus was collected on day 3 p.i. from the PTFE filter sampling treated ferrets and from the NIOSH cyclone sampler sampling both untreated and treated ferrets (Figure 4C).

The Andersen impactor collected the most viral RNA on day 4 p.i. for both untreated and treated ferrets. Andersen impactor stages were combined to reflect upper (>4.7 µm), mid (2.1-4.7 µm), and lower (0.65-2.1 $\mu\text{m})$ airway distributions in the respiratory tract $^{43}\text{;}$ 4.49 log_{10} copies/L air were collected from untreated ferrets, and 6.09 log₁₀ copies/L air were collected from treated ferrets (Figure 5A, 5B). More viral RNA was collected by the Andersen impactor from ferrets treated with meloxicam than untreated ferrets, but statistical significance could not be determined (Figure 5A, 5B).

Viral RNA and infectious virus collected from the PTFE filter and NIOSH cyclone sampler after aerosolization of H1N1 and H3N2 influenza viruses, according to RH

TABLE 2

WILEY

FIGURE 2 Size fractionation of influenza viral RNA and infectious virus collected by the NIOSH cyclone sampler. Predominately <1.0 µm particles formed at low and medium RH conditions. Viral RNA and infectious virus collected as A. percent of total H1N1 influenza virus RNA recovered, B, percent of total H1N1 influenza virus PFU recovered, C, percent of total H3N2 influenza virus RNA recovered, and D, percent of total H3N2 influenza virus PFU recovered by the NIOSH cyclone sampler according to particle size. Particle size ranges are >4.0 μm (black), 1.0-4.0 μm (white), and < 1.0 µm (gray). Data are presented as means \pm SEM, n = 3 for each relative humidity condition, n.d., not detected



We also inoculated ferrets from untreated and meloxicamtreated groups and individually sampled each animal by nasal washing and using the PTFE filter (Figure S1). Approximately 10.4% of aerosol samples were positive for IAV RNA and only 3 of 48 aerosol samples were positive for infectious IAV (Figure S2). We attempted to determine a relationship between viral load and virus (RNA and infectious virus) collected from the air using a Fisher's exact test, chi-squared test, and a Spearman correlation but did not find a significant difference.

4 | DISCUSSION

The merits of bioaerosol sampling for respiratory viruses are coming to the forefront as researchers have used this approach to detect virus from air emitted by individuals with laboratory-confirmed influenza,^{21,22,44} during severe acute respiratory syndrome coronavirus (SARS-CoV) and Middle East respiratory syndrome coronavirus (MERS-CoV) outbreaks,^{45,46} and to assess the environmental burden of avian influenza viruses in wet markets.^{47,48} In this study, we evaluated three portable samplers using artificial aerosols and a translational, in vivo model. Table 1 outlines a summary of characteristics, rationale, and recommendations for each device. The PTFE filter and NIOSH cyclone sampler recovered RNA and infectious H1N1 and H3N2 influenza viruses under different RH conditions and from influenza virus-infected ferrets. This evidence combined with their cost-effective nature and user-friendly design makes the PTFE filter and NIOSH cyclone sampler good candidates for the detection of influenza virus-laden bioaerosols in multiple settings. The Andersen impactor collected RNA from influenza virus-infected ferrets and is a good candidate for experiments in controlled settings since it is less maneuverable relative to the PTFE filter and NIOSH cyclone samplers.

The ratio of viral RNA to infectious virus is important for understanding the burden of influenza virus in the air and an indication of the influence of aerosolization, transit, and collection on the infectivity of the virus.¹⁷ In this study, the average ratio of viral RNA to infectious virus was 1.02×10^4 copies/PFU for the PTFE filter and 7.55×10^3 copies/PFU for the NIOSH cyclone sampler. The ratios of collected viral RNA to infectious virus for both the PTFE filter and NIOSH cyclone sampler are slightly higher than the ratio for the nebulizer $(3.66 \times 10^3 \text{ copies/PFU})$, indicating a potential loss of infectivity during the aerosolization and collection process or due to other factors that may disrupt the viral envelope or otherwise affect infectivity. Despite this potential loss, both bioaerosol samplers recorded similar ratios, indicating their comparable ability to collect infectious virus. Both samplers were also able to collect as much as 10⁴ PFU of virus. Previous work has suggested that dry sampling or sampling onto a dry surface such as a filter may limit the ability of bioaerosol samplers to collect infectious virus,¹⁷ but our work



FIGURE 3 No difference was determined for weight change or viral load between untreated and treated ferrets. Ferrets treated with meloxicam had significantly lower rectal temperatures on days 1 and 7 p.i. A, Weight (percent change from baseline) and B, temperature (°C) were recorded on day 1 and alternating days p.i. C, Viral load (\log_{10} PFU/mL) was determined from nasal washes on day 1 and alternating days p.i. Data are presented as means ± SEM, n = 4 ferrets per group. * *P* < .05



FIGURE 4 Polytetrafluoroethylene (PTFE) filter and NIOSH cyclone samplers retained viral RNA from the air within the environmental chamber used to house influenza virus-infected ferrets. A, Viral RNA (\log_{10} copies/L air) collected from untreated ferrets by the PTFE filter (black) and NIOSH cyclone sampler (>4.0 µm = dark gray, 1.0-4.0 µm = white, and <1.0 µm = light gray). B, Viral RNA (\log_{10} copies/L air) collected from treated ferrets by the PTFE filter (black) and NIOSH cyclone sampler (>4.0 µm = dark gray, 1.0-4.0 µm = white, and <1.0 µm = light gray). C, Infectious virus (total PFU) collected by the PTFE filter (black) and NIOSH cyclone sampler stage 3 (<1.0 µm, white) on day 3 p.i. One sample collected per day for each sampler (4 ferrets per sample), n.d., not detected

indicates that under certain environmental conditions, it is possible to do so with dry or filter sampling, despite loss of infectivity due to aerosolization and/or sampling processes.

IAV transmission is potentially enhanced at low temperature and low RH, while the reciprocal effect is observed when temperature and humidity increase.^{10,49,50} Under certain conditions, temperature and humidity may have limited or variable effects on transmission between animals.^{11,51-53} Utilizing an established guinea pig model of transmission,⁵⁴ Lowen et al demonstrated that low RH (20%-30%) is optimal for influenza virus transmission.⁵⁵ Prussin et al also demonstrated the same influence of low RH on infectivity using bacteriophages.⁵⁰ Testing bioaerosol samplers under a range of IAV transmission conditions is essential for determining the usefulness of these sampling devices. Our data show RH had some effect on the ability of the PTFE filter and NIOSH cyclone sampler to detect viral RNA and infectious virus. A significant decrease in H3N2 influenza virus RNA collected by the NIOSH cyclone sampler at medium RH is in keeping with the results shown by Lowen et al and further

demonstrates the influence of increasing RH on the collection of IAV from bioaerosols. The PTFE filter collected virus well under low and medium RH conditions but became saturated with liquid under high RH, representing a potential limitation. The NIOSH cyclone sampler performed similarly, but saturation was not a factor at high RH; viral RNA and infectious virus were collected across all RH conditions. High RHs can inhibit bioaerosol sampling devices through saturation with liquid, potentially affecting the ability to sample in tropical climates or humid environments such as sometimes seen in swine barns or poultry markets. Furthermore, there were variable quantities of viral RNA and infectious virus from particles collected by the NIOSH cyclone sampler during high RH conditions, potentially reflecting enhanced but varying degrees of virus aggregation and highlighting the difficulty of recovering material under these conditions. RH may influence both the characteristics of aerosolized viral particles as well as sampler performance, and unfortunately, we cannot be certain what the relative contribution of each potential factor is to the net collection of virus using an in vitro experimental



FIGURE 5 Viral RNA collected from the air emitted by IAV-infected ferrets using the Andersen impactor. A, Viral RNA (\log_{10} copies/L air) collected from untreated ferrets by the Andersen impactor (>4.7 µm = gray, 2.1-4.7 µm = white, and 0.65-2.1 µm = black). B, Viral RNA (\log_{10} copies/L air) collected from treated ferrets by the Andersen impactor (>4.7 µm = gray, 2.1-4.7 µm = white, and 0.65-2.1 µm = black). One sample collected per day for each sampler (4 ferrets per sample)

system. The effect of RH on infectivity was further demonstrated in a study looking at IAV droplets in various saline solutions. The authors found that viability was lowest at 50%-99% RH and suspected these conditions led to ongoing evaporation, which increased salt concentrations to levels that are potentially harmful to the virus.⁵⁶ In addition, the different effects of RH on H3N2 and H1N1 subtypes could not be adequately explored with the static system we employed, although others have recently done so.⁵⁶

The use of ferrets to test IAV bioaerosol collection using three bioaerosol sampling devices is an excellent method for understanding the performance of these devices, though not all samplers could be tested concomitantly due to operational and special confines of the housing system required to maintain chamber equilibrium and temperature and RH constant. This environment is a controlled setting intended to reflect collection from emitting hosts. We found that the PTFE filter and NIOSH cyclone sampler were capable of collecting infectious virus from both groups of influenza virus-infected ferrets on day 3 p.i. The Andersen impactor collected impressive amounts of viral RNA, but no infectious virus was detected. This instrument collects at a higher flow rate (28.3 L/min) and has the ability to size fractionate particles, which are enticing attributes when choosing a bioaerosol sampler. However, the difficulties with maneuvering the apparatus with liquid media while inside the environmental chamber make it vulnerable to pump damage. The Andersen impactor is therefore best suited for controlled, experimental settings. Contrary to the Andersen impactor, the PTFE filter and NIOSH cyclone samplers were easy to manipulate inside the environmental chamber (compact, lightweight, few parts). These devices can be fixed to walls for static sampling or worn by personnel for personal breathing zone sampling. These attributes combined with the ability to collect viral RNA, and infectious virus makes these samplers more feasible for assessing the burden of influenza virus in the air in various settings, and more conducive for use in multicenter studies.

It has been suggested that anti-inflammatory NSAIDs such as meloxicam⁵⁷ may be associated with increased viral shedding of influenza virus; mathematical and experimental work suggest that suppression of fever can lead to increased influenza virus replication

in the upper respiratory tract and consequently increased transmission.^{13,14,58} We leveraged these bioaerosol experiments to also investigate whether treatment with an NSAID affected bioaerosol emissions. Following inoculation with influenza virus, ferrets experienced significant weight loss and typical shedding patterns. Although statistical significance could not be determined, all three bioaerosol samplers captured higher levels of viral RNA and infectious virus from the meloxicam-treated group compared to their untreated counterparts. This indicates a potential enhancement of influenza virus bioaerosol production after NSAID treatment through an unknown mechanism, and could play a significant role during influenza epidemics and pandemics due to the widespread use of NSAIDs such as ibuprofen.⁵⁹ Transmission was not tested in this study since this would have halved the number of inoculated animals and significantly increased the variability in recovery of viral RNA and infectious virus. further limiting statistical analysis. Extensive work is still needed to better understand the relationship between NSAIDs and influenza virus replication and transmission to determine whether their use actually contributes to the spread of influenza virus.

There were several limitations in this study, including the choice of bioaerosol sampling devices; glass liquid impingers were not included since their use in a clinical environment would be prohibited. The use of liquid media instead of solid agar in the plates of the Andersen impactor may also be problematic since the volume of liquid or agar present in each plate is critical for proper size fractionation of particles and the potential loss of liquid during the collection process may lead to a misrepresentation of particle size distribution. Kormuth et al recently demonstrated the limited influence of RH on the infectivity of physiologically relevant fine aerosols and droplets,⁶⁰ and in our study, virus for aerosolization was diluted in saline lacking physiological components of the extracellular matrix. Also, the evaluation of these samplers did not include characterization of precise performance parameters of each device, including limit of collection. An ultraviolet aerodynamic particle sizer (UV-APS) would be required to accurately determine sampling efficiency. Finally, the small sample sizes of animal experiments, even if in keeping with most ferret studies, present difficulties when attempting to draw firm, statistically significant conclusions.

5 | CONCLUSION

 $N \Pi FY$

In summary, the Andersen impactor has a high flow rate, the ability to size fractionate particles, and is commercially available. The cumbersome nature and cost of the Andersen impactor impacts the feasibility for widespread clinical and field use, but this instrument may be ideal for collection of IAV RNA in experimental and other well-controlled settings. The NIOSH cyclone sampler is portable, lightweight, is able to size fractionate bioaerosols, collects IAV RNA and infectious virus, and works well under multiple RH conditions. It is not commercially available and requires time for processing and decontamination but can be used for personal sampling and whenever particle size fractionation is desired in clinical and environmental settings. The PTFE filter is portable, lightweight, disposable, and easily manipulated, and can collect IAV RNA and infectious virus with minimal processing. The PTFE filter is extremely versatile; it can be used in clinical and environmental settings, for both personal sampling and static sampling. The PTFE filter, NIOSH cyclone sampler, and Andersen impactor are all viable options for bioaerosol sampling of IAV, depending on the application, and may be considered for field, clinical, or experimental studies. Determining which bioaerosol sampler to use has been historically difficult, but moving forward, this study provides valuable evidence to guide bioaerosol sampler selection.

ORCID

Christian Bekking Dhttps://orcid.org/0000-0003-2891-6670 Samira Mubareka Dhttps://orcid.org/0000-0001-5012-2311

REFERENCES

- Herfst S, Schrauwen EJ, Linster M, et al. Airborne transmission of influenza A/H5N1 virus between ferrets. *Science*. 2012;336(6088):1534-1541.
- Richard M, Fouchier RA. Influenza A virus transmission via respiratory aerosols or droplets as it relates to pandemic potential. FEMS Microbiol Rev. 2016;40(1):68-85.
- Gustin KM, Belser JA, Wadford DA, et al. Influenza virus aerosol exposure and analytical system for ferrets. *Proc Natl Acad Sci U S A*. 2011;108(20):8432-8437.
- Bridges CB, Kuehnert MJ, Hall CB. Transmission of influenza: implications for control in health care settings. *Clin Infect Dis.* 2003;37(8):1094-1101.
- Nicas M, Nazaroff WW, Hubbard A. Toward understanding the risk of secondary airborne infection: emission of respirable pathogens. *J Occup Environ Hyg.* 2005;2(3):143-154.
- 6. Thomas RJ. Particle size and pathogenicity in the respiratory tract. *Virulence*. 2013;4(8):847-858.
- Sherman MP, Ganz T. Host defense in pulmonary alveoli. Annu Rev Physiol. 1992;54:331-350.
- Eddens T, Kolls JK. Host defenses against bacterial lower respiratory tract infection. *Curr Opin Immunol.* 2012;24(4):424-430.

- 9. Eccles R. An explanation for the seasonality of acute upper respiratory tract viral infections. *Acta Otolaryngol*. 2002;122(2):183-191.
- Lowen AC, Steel J. Roles of humidity and temperature in shaping influenza seasonality. J Virol. 2014;88(14):7692-7695.
- Hemmes JH, Winkler KC, Kool SM. Virus survival as a seasonal factor in influenza and poliomyelitis. *Nature*. 1960;188:430-431.
- Noti JD, Blachere FM, McMillen CM, et al. High humidity leads to loss of infectious influenza virus from simulated coughs. *PLoS ONE*. 2013;8(2):e57485.
- Husseini RH, Sweet C, Collie MH, Smith H. Elevation of nasal viral levels by suppression of fever in ferrets infected with influenza viruses of differing virulence. *J Infect Dis.* 1982;145:520-524.
- 14. Earn DJ, Andrews PW, Bolker BM. Population-level effects of suppressing fever. *Proc Biol Sci.* 2014;281(1778):20132570.
- Haig CW, Mackay WG, Walker JT, Williams C. Bioaerosol sampling: sampling mechanisms, bioefficiency and field studies. J Hosp Infect. 2016;93(3):242-255.
- Cao G, Noti JD, Blachere FM, Lindsley WG, Beezhold DH. Development of an improved methodology to detect infectious airborne influenza virus using the NIOSH bioaerosol sampler. *J Environ Monit.* 2011;13(12):3321-3328.
- 17. Fabian P, McDevitt JJ, Houseman EA, Milton DK. Airborne influenza virus detection with four aerosol samplers using molecular and infectivity assays: considerations for a new infectious virus aerosol sampler. *Indoor Air.* 2009;19(5):433-441.
- Nguyen TT, Poh MK, Low J, et al. Bioaerosol sampling in clinical settings: a promising, non-invasive approach for detecting respiratory viruses. Open Forum Infect Dis. 2016;4(1):ofw259.
- Wan GH, Huang CG, Huang YC, et al. Surveillance of airborne adenovirus and Mycoplasma pneumoniae in a hospital pediatric department. *PLoS ONE*. 2012;7(3):e33974.
- He C, Mackay IM, Ramsay K, et al. Particle and bioaerosol characteristics in a paediatric intensive care unit. *Environ Int.* 2017;107:89-99.
- Bischoff WE, Swett K, Leng I, Peters TR. Exposure to influenza virus aerosols during routine patient care. J Infect Dis. 2013;207(7):1037-1046.
- 22. Leung NH, Zhou J, Chu DK, et al. Quantification of influenza virus RNA in aerosols in patient rooms. *PLoS ONE*. 2016;11(2):e0148669.
- Bonifait L, Charlebois R, Vimont A, et al. Detection and quantification of airborne norovirus during outbreaks in healthcare facilities. *Clin Infect Dis.* 2015;61(3):299-304.
- 24. Hall RJ, Leblanc-Maridor M, Wang J, et al. Metagenomic detection of viruses in aerosol samples from workers in animal slaughterhouses. *PLoS ONE*. 2013;8(8):e72226.
- Alonso C, Raynor PC, Goyal S, et al. Assessment of air sampling methods and size distribution of virus-laden aerosols in outbreaks in swine and poultry farms. J Vet Diagn Invest. 2017;29(3): 298-304.
- Anderson BD, Ma M, Xia Y, et al. Bioaerosol sampling in modern agriculture: a novel approach for emerging pathogen surveillance? J Infect Dis. 2016;214(4):537-545.
- Burton NC, Grinshpun SA, Reponen T. Physical collection efficiency of filter materials for bacteria and viruses. Ann Occup Hyg. 2007;51(2):143-151.
- Fabian P, McDevitt JJ, DeHaan WH, et al. Influenza virus in human exhaled breath: an observational study. PLoS ONE. 2008;3(7):e2691.
- Chen P-S, Lin CK, Tsai FT, et al. Quantification of airborne influenza and avian influenza virus in a wet poultry market using a filter/realtime qPCR method. *Aerosol Sci Tech.* 2009;43(4):290-297.
- Noti JD, Lindsley WG, Blachere FM, et al. Detection of infectious influenza virus in cough aerosols generated in a simulated patient examination room. *Clin Infect Dis.* 2012;54(11):1569-1577.
- O'Brien KM, Nonnenmann MW. Airborne influenza A is detected in the personal breathing zone of swine veterinarians. *PLoS ONE*. 2016;11(2):e0149083.

- Alonso C, Raynor PC, Davies PR, Torremorell M. Concentration, size distribution, and infectivity of airborne particles carrying swine viruses. *PLoS ONE*. 2015;10(8):e0135675.
- Andersen AA. New sampler for the collection, sizing and enumeration of viable airborne particles. J Bacteriol. 1958;76:471-484.
- Blachere FM, Lindsley WG, Slaven JE, et al. Bioaerosol sampling for the detection of aerosolized influenza virus. *Influenza Other Respir Viruses*. 2007;1(3):113-120.
- Murata H, Macauley J, Lewis Jr AM, Peden K. Plaque purification as a method to mitigate the risk of adventitious-agent contamination in influenza vaccine virus seeds. *Vaccine*. 2011;29(17):3155-3161.
- Herlocher ML, Elias S, Truscon R, et al. Ferrets as a transmission model for influenza: sequence changes in HA1 of type A (H3N2) virus. J Infect Dis. 2001;184(5):542-546.
- Maines TR, Jayaraman A, Belser JA, et al. Transmission and pathogenesis of swine-origin 2009 A(H1N1) influenza viruses in ferrets and mice. *Science*. 2009;325(5939):484-487.
- Munster VJ, de Wit E, van den Brand JM, et al. Pathogenesis and transmission of swine-origin 2009 A(H1N1) influenza virus in ferrets. *Science*. 2009;325(5939):481-483.
- Belser JA, Katz JM, Tumpey TM. The ferret as a model organism to study influenza A virus infection. *Dis Model Mech*. 2011;4(5):575-579.
- Belser JA, Eckert AM, Tumpey TM, Maines TR. Complexities in ferret influenza virus pathogenesis and transmission models. *Microbiol Mol Biol Rev.* 2016;80(3):733-744.
- World Health Organization. CDC protocol of realtime RTPCR for influenza A (H1N1). 2009; http://www.who.int/csr/resources/ publications/swineflu/CDCRealtimeRTPCR_SwineH1Assay-2009_20090430.pdf?ua=1
- Zitzow LA, Rowe T, Morken T, Shieh W-J, Zaki S, Katz JM. Pathogenesis of avian influenza A (H5N1) viruses in ferrets. *J Virol*. 2002;76(9):4420-4429.
- Kumar A, Chen F, Mozhi A, et al. Innovative pharmaceutical development based on unique properties of nanoscale delivery formulation. *Nanoscale*. 2013;5(18):8307-8325.
- 44. Mubareka S, Granados A, Naik U, et al. Influenza virus emitted by naturally-infected hosts in a healthcare setting. *J Clin Virol*. 2015;73:105-107.
- Kim SH, Chang SY, Sung M, et al. Extensive viable middle east respiratory syndrome (MERS) coronavirus contamination in air and surrounding environment in MERS isolation wards. *Clin Infect Dis.* 2016;63(3):363-369.
- Booth TF, Kournikakis B, Bastien N, et al. Detection of airborne severe acute respiratory syndrome (SARS) coronavirus and environmental contamination in SARS outbreak units. J Infect Dis. 2005;191(9):1472-1477.
- Zhou J, Wu J, Zeng X, et al. Isolation of H5N6, H7N9 and H9N2 avian influenza A viruses from air sampled at live poultry markets in China, 2014 and 2015. *Eurosurveillance*. 2016;21(35):30331.
- Wei J, Zhou J, Cheng K, et al. Assessing the risk of downwind spread of avian influenza virus via airborne particles from an urban wholesale poultry market. *Build Environ*. 2018;127:120-126.

- Yang W, Elankumaran S, Marr LC. Relationship between humidity and influenza A viability in droplets and implications for influenza's seasonality. *PLoS ONE*. 2012;7(10):e46789.
- Prussin 2nd AJ, Schwake DO, Lin K, Gallagher DL, Buttling L, Marr LC. Survival of the enveloped virus phi6 in droplets as a function of relative humidity, absolute humidity, and temperature. *Appl Environ Microbiol.* 2018;84(12):e00551-18.
- Lowen AC, Steel J, Mubareka S, Palese P. High temperature (30 degrees C) blocks aerosol but not contact transmission of influenza virus. J Virol. 2008;82(11):5650-5652.
- 52. Pica N, Chou YY, Bouvier NM, Palese P. Transmission of influenza B viruses in the guinea pig. *J Virol*. 2012;86(8):4279-4287.
- Schaffer FL, Soergel ME, Straube DC. Survival of airborne influenza virus: effects of propagating host, relative humidity, and composition of spray fluids. *Arch Virol.* 1976;51:263-273.
- Mubareka S, Lowen AC, Steel J, Coates A, Garcia-Sastre A, Palese P. Transmission of influenza virus via aerosols and fomites in the guinea pig model. *J Infect Dis.* 2009;199(6):858-865.
- Lowen AC, Mubareka S, Tumpey TM, Garcia-Sastre A, Palese P. The guinea pig as a transmission model for human influenza viruses. *Proc Natl Acad Sci U S A*. 2006;103(26):9988-9992.
- Kormuth KA, Lin K, Qian Z, Myerburg MM, Marr LC, Lakdawala SS. Environmental persistence of influenza viruses is dependent upon virus type and host origin. *mSphere*. 2019;4(4):e00552-e1519.
- 57. Curry SL, Cogar SM, Cook JL. Nonsteroidal antiinflammatory drugs: a review. J Am Anim Hosp Assoc. 2005;41:298-309.
- Toms GL, Davies JA, Woodward CG, Sweet C, Smith H. The relation of pyrexia and nasal inflammatory response to virus levels in nasal washings of ferrets infected with influenza viruses of differing virulence. Br J Exp Pathol. 1977;58:444-458.
- 59. Rainsford KD. Ibuprofen: pharmacology, efficacy and safety. *Inflammopharmacology*. 2009;17(6):275-342.
- Kormuth KA, Lin K, Prussin 2nd AJ, et al. Influenza virus infectivity is retained in aerosols and droplets independent of relative humidity. J Infect Dis. 2018;218(5):739-747.

SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of the article.

How to cite this article: Bekking C, Yip L, Groulx N, Doggett N, Finn M, Mubareka S. Evaluation of bioaerosol samplers for the detection and quantification of influenza virus from artificial aerosols and influenza virus-infected ferrets. *Influenza Other Respi Viruses*. 2019;13:564–573. <u>https://doi.org/10.1111/</u> irv.12678