ORIGINAL ARTICLE

Factors Associated with Diffusely Increased Splenic F-18 FDG Uptake in Patients with Cholangiocarcinoma

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Abstract

Objectives Although diffuse splenic ¹⁸F-fluorodeoxyglucose (F-18 FDG) uptake exceeding hepatic activity, is considered abnormal, its clinical significance is rarely discussed in the literature. The aim of this study was to determine the contributing factors causing diffusely increased splenic FDG uptake in patients with cholangiocarcinoma.

Methods From January 2010 to March 2013, 140 patients (84 men, 56 women) were enrolled in this study. All patients had been diagnosed with cholangiocarcinoma and underwent F-18 FDG positron emission tomography/computed tomography (PET/CT) for the pretreatment staging work up. Clinical records were reviewed retrospectively. Various hematological parameters, C-reactive protein (CRP) level, CEA, CA19-9, pancreatic enzymes and liver function tests were conducted within 2 days after the F-18 FDG PET/CT study.

Results Diffuse splenic uptake was observed in 23 patients (16.4%). Of those, 19 patients (82.6%) underwent endoscopic

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S.-J. Kim e-mail: growthkim@pusan.ac.kr retrograde cholangiopancreastography (ERCP) 7 days before F-18 FDG PET/CT. The CRP level (p < 0.001) and white blood cell count (p=0.023) were significantly higher in the group of patients with diffuse splenic FDG uptake. The hemoglobin (p < 0.001) and the hematocrit (p < 0.001) were significantly lower in patients with diffuse splenic FDG uptake. Pancreatic enzymes, liver function test results, and tumor markers were not significantly different between the patients who did or did not have diffusely increased splenic FDG uptake. The significant factors for diffuse splenic F-18 FDG uptake exceeding hepatic F-18 FDG uptake on multivariate analysis included: performing ERCP before F-18 FDG PET-CT (odds ratio [OR], 77.510; 95% CI, 7.624-132.105), and the presence of leukocytosis (OR, 12.436; 95% CI, 2.438-63.445) or anemia (OR, 1.211; 95% CI, 1.051-1.871). Conclusion In conclusion, our study demonstrated that concurrent inflammation could be associated with diffusely increased splenic FDG uptake. We suggest that performing ERCP before F-18 FDG PET/CT could cause acute inflammation which may induce splenic FDG activity.

Keywords Cholangiocarcinoma \cdot ERCP \cdot FDG uptake \cdot PET/CT \cdot Spleen

Introduction

The spleen, the body's largest lymphoid organ, combines the innate and adaptive immune response [1]. In normal individuals, hepatic and splenic ¹⁸F-fluorodeoxyglucose (F-18 FDG) uptakes are generally low grade and diffuse on F-18 FDG positron emission tomography/computed tomography (PET/CT), and splenic FDG uptake is less than hepatic uptake [2]. Splenic FDG uptake that exceeds hepatic FDG uptake is considered abnormal [2, 3]. Focal uptake in the spleen may indicate lymphoma, a primary splenic neoplasm, metastasis,

or infection [4, 5]. However, primary malignant lymphoma of the spleen and splenic metastases from nonlymphomatous malignancies are uncommon [4, 6]. In addition, primary nonhematopoietic tumors arise from the spleen extremely rarely [4]. Temporary focal FDG uptake in the spleen can also be due to splenic hypervascularity, mimicking metastasis or splenic malignancy [7].

Diffusely increased splenic FDG uptake is usually an incidental finding on whole-body F-18 FDG-PET/CT, but its clinical implication is still unclear. Only a few studies, including two from our institution, have reported that diffusely increased splenic F-18 FDG uptake frequently occurs in patients due to inflammatory processes [8–13].

Endoscopic retrograde cholangiopancreatography (ERCP) is the widely accepted method to safely and directly evaluate biliary and pancreatic disease [10]. ERCP permits direct visualization of the biliary tree and pancreatic ducts, which plays a role as a diagnostic tool and therapeutic procedure [10]. Tissue can be directly obtained via ERCP biopsy in pancreaticobiliary malignancies [10]. In addition, ERCP is used to relieve obstruction due to a primary pancreaticobiliary malignancy [10]. Compared with other endoscopic examinations, however, ERCP carries a higher potential for complications such as bleeding, cholangitis, and pancreatitis [11–14].

Therefore, this study was designed to determine the cause of increased splenic glucose metabolism in patients with cholangiocarcinoma, including performing ERCP before F-18 FDG PET/CT.

Methods

Study Population

We enrolled 140 patients who had been diagnosed with cholangiocarcinoma between January 2010 and March 2013. All patients had undergone F-18 FDG PET/CT for pretreatment staging workup. No patient had prior histories of treatment with granulocyte colony-stimulating factor or granulocytemacrophage colony-stimulating factor and was suspected of having any primary malignancy in the spleen. ERCP was conducted in 57 patients 7 days before undergoing F-18 FDG PET/CT. Eighty-three patients received ERCP after F-18 FDG PET/CT or did not receive ERCP. The hematological data, C-reactive protein (CRP) level, liver function tests, pancreatic enzymes and tumor markers were obtained from laboratory studies within 2 days after performing F-18 FDG PET/ CT. All the patients received antibiotic prophylaxis before and after ERCP. ERCP-related complications were defined according to consensus criteria [15]. Pancreatitis was based on serum amylase at least three times the normal level after ERCP. Acute cholangitis was defined as a febrile or septic illness occurring in patients with jaundice.

This study was approved by the clinical research ethics committee of our institution and all subjects provided written informed consent prior to participating.

F-18 FDG PET-CT Imaging

Fasting for at least 6 h, the patients were injected with 5.2 MBq of F-18 FDG per kilogram of body weight. Scanning was performed when the plasma glucose level before administration of F-18 FDG was<130 mg/dl. F-18 FDG PET/CT imaging studies were performed 60 min after intravenous injection of F-18 FDG. A low-dose non-contrast CT scan (30mAs, 120 kV, 512 \times 512 matrix) was obtained for attenuation correction. PET studies were performed with a dedicated PET/CT scanner (Gemini; Philips, Milpitas, CA, USA) with a spatial resolution of 5.3 mm in the center of field of view. PET data were obtained for 30 min using a highresolution whole body scanner with an axial field of view of 18 cm. The average axial resolution varied between 4.2 mm full width at half maximum in the center and 5.6 mm at 10 cm. Data were acquired in a three-dimensional (3D) mode after an intravenous administration of F-18 FDG. The obtained PET images were reconstructed using the 3D raw-action maximum likelihood iterative reconstruction algorithm.

SUV Measurement

To obtain a maximum standard uptake of value (SUV_{max}) and SUV_{mean} of the bone marrow (BM), the spleen and the liver, the region of interest (ROI) was placed as follows. The ROI was drawn manually on the axial image of the F-18 FDG PET/CT.

The BM activity was measured using a circular ROI which was placed within the center of L1 to L5 lumbar vertebral bodies. The ROI did not contain cortical and sclerotic bone area. Then, the greatest value among the SUVs of L-spines was chosen as a SUV_{max} and average of SUVs of L-spines considered as a SUV_{mean} of BM activity. The average diameter of circular ROI was 20 mm. To measure the activity of the spleen, a single round ROI was drawn on the center of the spleen. In addition, an elliptical ROI was placed in the middle of the right hepatic lobe to avoid mismatch between the CT and PET images and artifacts caused by respiratory movements. The average longitudinal diameter of ROI was 50 mm.

The spleen SUV/liverSUV (S/L ratio), spleen SUV/BM SUV (S/B ratio) and liver SUV/BM SUV (L/B ratio) were calculated. Both SUV_{max} and SUV_{mean} were used to analyze the ratios described as above.

Statistical Analysis

A Mann–Whitney U test was used to compare continuous variables for the two groups. The X^2 -test was used to compare

the two groups of categorical data. Univariate analysis $(X^2$ test or Fisher's exact test) was used to determine the relationship between the factors described and diffuse splenic uptake. A binary logistic regression analysis was used for multivariate analysis of independent variables with p < 0.05 in the univariate analysis, applying a stepwise approach. The statistical analyses were performed using the MedCalc software (MedCalc, Mariakerke, Belgium), version 12.5.0.0 and a p value less than 0.05 was regarded as indicative of significance.

Results

Patients' Characteristics

The characteristics of the patients are shown in Table 1. One hundred and forty-eight patients had histologically confirmed cholangiocarcinoma of the perihilar bile duct (n=63), intrahepatic bile duct (n=64), or distal bile duct (n=13). Patients were divided into two groups according to the presence of diffusely increased FDG uptake in the spleen on MIP F-18 FDG PET images (Fig. 1). Twenty-three patients who had F-18 FDG PET uptake that exceeded hepatic uptake were included in the spleen group (Fig. 1a). One hundred and twenty-five patients who had lower splenic F-18 FDG uptake than hepatic uptake were included in the control group (Fig. 1b). Sites and stages of disease did not differ significantly between the two groups. Acute pancreatitis occurred in four patients. Two patients were in the spleen group and two patients were in the control group. Other complication was not found.

Comparison of SUVs and Laboratory Findings

The SUV_{max} and SUV_{mean} of the spleen, the S/L ratios, and the S/B ratios were significantly higher in the spleen group than those in the control group. Patients in the spleen group showed a lower L/B ratio using both SUV_{max} and SUV_{mean} than in the control group. BM glucose metabolism was higher in the diffusely increased splenic uptake group; however, there was no statistical significance. The SUV_{max} and SUV_{mean} of the liver were not significantly different between the two groups.

Among the several hematological indices, patients in the spleen group showed significantly higher white blood cell counts (p = 0.023) and CRP levels (p < 0.001). Red blood cell counts (p = 0.003), hemoglobin (p < 0.001) and hematocrit (p < 0.001) 0.001) were significantly lower in the spleen group. Platelet count (p=0.818) was not significantly different between the two groups. The liver function tests, pancreatic enzymes, and tumor markers were also not statistically different between the two groups (Table 2).

Univariate and Multivariate Analysis of Clinical Features

Table 3 shows the results of univariate analyses of the various clinical factors. The splenic and control groups were similar in terms of age, gender, site of disease, and the presence of jaundice and cholelithiasis. In contrast, almost all patients (82.6 %) in the spleen group underwent ERCP before F-18 FDG PET-CT, while two-thirds of patients in the control group did not receive ERCP before F-18 FDG PET-CT. There were statistically significant differences in the CRP level (p=0.003) and presence of leukocytosis (p=0.022) or anemia (p=0.031).

Table 1 Baseline characteristics of the study cohort	Characteristics		No. of patients		
			Spleen group $(n=23)$	Control group ($n = 117$)	p value
	No. of patients				
	Gender	М	10	74	0.124
		F	13	43	
	Mean age		74 (35–85)	69 (37–92)	0.026
	Disease	Cholangiocarcinoma			
		Perihilar	13	50	0.527
		Intrahepatic	7	57	
		Distal	3	10	
	AJCC stage				
	Perihilar	Stage I/II	5	17	0.941
		Stage III/IV	8	32	
	Intrahepatic	Stage I/II	0	9	0.070
		Stage III/IV	7	48	
	Distal	Stage I/II	0	3	0.821
AJCC American Joint Committee		Stage III/IV	3	8	

AJCC American Jo on Cancer, F female, M male

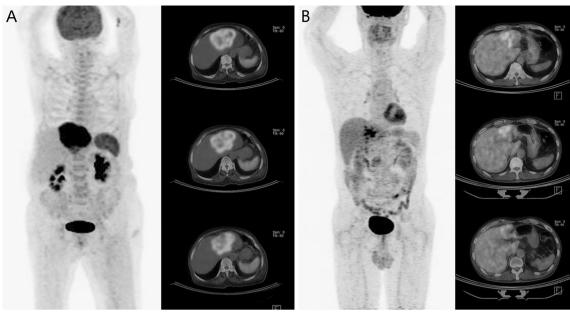


Fig. 1 F-18 FDG PET/CT images. **a** Increased splenic FDG uptake (SUV_{max} 3.8) exceeding hepatic FDG uptake (SUV_{max} 2.2) in a 74-year-old woman with intrahepatic cholangiocarcinoma. The spleen-to-liver ratio was 2.45. The SUV_{max} of the primary mass was 7.5. **b** Splenic

FDG uptake (SUV_{max} 2.7) lower than hepatic FDG uptake (SUV_{max} 3.8) in a 57-year-old man with intrahepatic cholangiocarcinoma. The spleen to liver ratio was 0.71. The SUV_{max} of the primary mass was 13.5

Table 2Comparison of SUVsand laboratory findings

Variable	Spleen group ($n=23$)	Control group ($n = 117$)	p-value
Spleen SUV _{max}	3.64 (1.70-15.50)	2.37 (0.60-8.78)	< 0.001
Spleen SUV _{mean}	2.25 (1.10-13.00)	1.50 (1.00-5.10)	< 0.001
Liver SUV _{max}	2.40 (1.55-6.60)	2.77 (1.30-4.70)	0.938
Liver SUV _{mean}	2.15 (1.40-4.80)	2.10 (1.10-3.81)	0.867
BM SUV _{max}	2.71 (1.10-5.10)	2.16 (1.00-4.40)	0.053
BM SUV _{mean}	2.05 (1.10-4.81)	1.83 (1.00-3.12)	0.070
Spleen SUV _{max} /Liver SUV _{max}	1.35 (0.63-2.45)	0.81 (0.30-2.26)	< 0.001
Spleen SUV _{mean} /Liver SUV _{mean}	0.97 (0.41-2.71)	0.70 (0.35-1.46)	< 0.001
Spleen SUV _{max} /BM SUV _{max}	1.53 (0.58-4.70)	1.06 (0.40-2.63)	< 0.001
Spleen SUV _{mean} /BM SUV _{mean}	1.10 (0.39-6.19)	0.98 (0.50-2.08)	0.040
Liver SUV _{max} /BM SUV _{max}	1.05 (0.55-2.08)	1.29 (0.84-2.10)	0.007
Liver SUV _{mean} /BM SUV _{mean}	1.14 (0.58-2.29)	1.28 (0.76-2.47)	0.098
WBC (x10 ³ /µl)	9.13 (4.29-26.48)	7.23 (3.51-22.13)	0.023
RBC (×10 ³ /µl)	3.65 (2.10-5.47)	3.96 (1.10-6.34)	0.003
Hb (g/dl)	10.25 (6.50-14.80)	12.00 (7.60-17.3)	< 0.001
Hct (%)	32.00 (22.20-45.30)	35.70 (23.50-48.10)	< 0.001
Platelet (×10 ³ /µl)	251.00 (73.00-347.00)	244.00 (52.00-459.00)	0.818
CRP (mg/dl)	4.98 (0.31-28.12)	1.56 (0.03-39.10)	< 0.001
AST (IU/l)	36.00 (12.00-157.00)	50.00 (4.00-115.90)	0.065
ALT (IU/l)	37.00 (9.00-897.00)	38.00 (10.00-842.00)	0.725
ALP (IU/l)	489.00 (64.00-2523.00)	268.00 (12.65-3760.00)	0.198
Total bilirubin (mg/dl)	2.48 (0.27-23.41)	1.70 (0.18-27.50)	0.890
Direct bilirubin (mg/dl)	0.130 (0.11 -13.01)	0.87 (0.06-18.65)	0.871
Amylase (IU/l)	63.00 (22.10-826.70)	58.60 (17.10-1222.00)	0.432
Lipase (IU/l)	52.10 (9.10 - 1953.20)	41.40 (6.90-9614.00)	0.454
CA 19-9 (ng/ml)	261.80 (6.60-99820.00)	161.40 (0.64-75034.00)	0.447
CEA (U/ml)	2.91 (0.71-166.70)	3.94 (0.51-761.30)	0.312

SUV_{max} maximum standardized uptake value, *BM* bone marrow, *WBC* white blood cell, *RBC* red blood cell, *Hct* hematocrit, *CRP* C-reactive protein, *AST* aspartate aminotransferase, *ALT* alanine aminotransferase, *ALP* alkaline phosphatase, *CA* 19-9 carbohydrate antigen 19–9, *CEA* carcinoembryonic antigen

Table 3 Univariate analysis of clinical features

Characteristics		Spleen group $(n=23)$	Control group $(n=117)$	p value
Age	< 65	2	37	0.122
	> 65	21	80	
Gender	М	10	74	0.124
	F	13	43	
Site of disease	Hilar	13	50	0.493
	Intrahepatic	7	57	
	Distal	3	10	
Jandice	Yes	10	51	0.826
	No	13	66	
GB stone or CBD stone	Yes	8	23	0.186
	No	15	94	
ERCP	After F-18 FDG PET/CT or No ERCP	4	79	< 0.001
	Before F-18 FDG PET/CT	19	38	
Anemia	Yes	18	60	0.031
	No	5	57	
Leukocytosis	Yes	8	15	0.022
	No	15	102	
CRP level normal	Yes	1	35	0.003
	No	22	81	
CEA level normal	Yes	4	17	0.921
	No	19	100	
CA 19–9 level normal	Yes	19	75	0.107
	No	4	42	

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GB gall bladder, GBD common bile duct, ERCP endoscopic retrograde cholangiopancreatography, CRP C-reactive protein;

Performing ERCP before F-18 FDG PET-CT (odds ratio [OR], 77.510; 95 % CI, 7.624-132.105), and the presence of leukocytosis (OR, 12.436; 95 % CI, 2.438-63.445) or anemia (OR, 1.211; 95 % CI, 1.051-1.871) remained as significant causes of diffuse splenic F-18 FDG uptake that exceeded hepatic F-18 FDG uptake on multivariate analysis (Table 4).

Discussion

In this study, we demonstrated that patients with diffusely increased splenic FDG uptake had a concurrent inflammatory

Table 4 Multivariated logistic regression analysis between diffuse splenic FDG uptake and clinical features (stepwise)

Variable	SE	p value	OR	95 % CI
ERCP before F-18 FDG PET-CT	1.183	< 0.001	77.510	7.624-132.105
Leukocytosis	0.831	0.002	12.436	2.438-63.445
Anemia	0.723	0.032	1.211	1.051-1.871

SE standard error, OR odds ratio, CI confidence interval, ERCP endoscopic retrograde cholangiopancreatography

condition, as indicated by leukocytosis and the increased CRP level in the spleen group. Two previous studies from our institution reported similar results [8, 16]. One reported that increased splenic FDG uptake frequently occurs in patients with infection, bacteremia and sepsis [17]. It has been demonstrated that diffuse splenic F-18 FDG uptake can be associated with various infections: varicella, HIV, and malaria [18-20]. In our study, however, there was no evidence that patients had any infectious disease as mentioned above. According to these reports, presumably, diffusely increased splenic activity reflects increased glucose usage by the spleen due to extrasplenic inflammation [3].

ERCP is an invasive technique that is performed for diagnostic and therapeutic purposes; however, it has a potential for complications that range from insignificant incidents with prompt resolution to major life-threatening problem such as severe septic condition [11–14].

Among the several post-ERCP complications, pancreatitis and infection are the most common [11-14]. Suspected sphincter of Oddi dysfunction and a history of post-ERCP pancreatitis or baseline pancreatitis have been reported to be independent predictors of post-ERCP pancreatitis [11]. The patients enrolled in this study did not have histories of such disease. A previous study identified jaundice, prior ERCP and

location of biliary stones as risk factors for post-ERCP cholangitis [13]. In our study, however, no significant factor was associated with splenic FDG uptake. It is reported that age, liver function tests, and the amylase level are not significant related factors in post-ERCP cholangitis [13]. The present study also showed that age, jaundice, cholelithiasis, liver function test results, and the presence of tumor markers did not cause diffusely increased FDG uptake in the spleen.

ERCP can be considered an invasive intervention that may activate the immune system; however, it was not discussed in the previous study. In this respect, we postulated that ERCP could be a factor inducing an inflammatory condition in patients with cholangiocarcinoma, and post-ERCP inflammation could contribute to diffusely increased splenic F-18 FDG uptake. Though there was no significant post-ERCP complication, performing ERCP before F-18 FDG PET-CT was revealed as one of the factors associated most significantly with diffuse splenic FDG uptake.

One report stated that surgical procedures could cause diffusely increased splenic uptake on FDG-PET [3], likely due to concurrent inflammation induced by surgery. An acute phase reaction of inflammation and an increased release of inflammatory mediators are associated with an acute phase reaction after traumatic injury, including an invasive surgical procedure [16, 21]. Among 57 patients who received ERCP before F-18 FDG PET/CT, only four patients were diagnosed with post-ERCP pancreatitis in the present study. Although no clinically significant complication was noticed, CRP level was elevated and leukocytosis was found after ERCP. ERCP was more commonly performed in the spleen group. This suggests that subclinical inflammatory condition which was induced by recent invasive procedure such as ERCP could be a cause of diffuse splenic uptake. Endotoxin and the CRP level increase significantly with the severity of the surgical intervention [16]. Previous studies reported that postoperative leukotriene B4 production was significantly increased [21]. It is known that leukotriene B4 has a strong chemotactic activity for leukocytes [21] and the spleen is a reservoir of several kinds of immune cells, including leukocytes [3]. Leukocytosis in the splenic group of the present study may be associated with the acute-phase reaction after ERCP as an invasive procedure.

Conclusion

In conclusion, our study demonstrated that concurrent inflammation can be associated with diffusely increased splenic FDG uptake, and we suggest that this can be caused by invasive procedures such as ERCP. The acute inflammatory process is a complicated and highly coordinated sequence of incidents involving numerous physiological, molecular and cellular changes; therefore, further controlled prospective studies with a larger sample size and animal model research are needed to fully understand the pathophysiologic implications of diffusely increased splenic uptake. In addition, we recommend performing ERCP after F-18 FDG PET/CT to prevent diffuse splenic FDG uptake, which can mask other causes of increased splenic glucose consumption.

Conflicts of Interest None.

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