Posttraumatic infrarenal abdominal aortic pseudoaneurysm treated with bifurcated endovascular graft stent

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Abstract

Posttraumatic infrarenal aortic pseudoaneurysms are rare and potentially lethal lesions. We report the case of a 32-year-old man presenting with infrarenal aortic pseudoaneurysm eight months after being stabbed in the back and right flank. His pseudoaneurysm was close to the iliac bifurcation, so we decided to deploy a bifurcated endovascular graft stent, the TriVascular Ovation endovascular stent. Imaging one month after the procedure revealed no endoleak and slight shrinkage of the pseudoaneurysm.

Key words: abdominal aortic pseudoaneurysm, endovascular repair, trauma.

Introduction

Traumatic pseudoaneurysms of the abdominal aorta are rare, because aortic injury frequently results in death [1]. Traumatic pseudoaneurysms of the abdominal aorta occur mainly as a consequence of penetrating trauma [2–4], but blunt trauma can also cause pseudoaneurysms

Figure 1. Stabbing wounds at patient's back and right flank

[5]. When an arterial injury is left untreated, local hemorrhage tamponed by surrounding tissues can cause pulsatile hematoma. With absorption of the hematoma and fibrosis of surrounding tissue, a chronic pseudoaneurysm forms [1].

Case report

A 32-year-old man was admitted to our emergency department with severe abdominal pain. He had a history of stabbing in several regions of his body (left shoulder, under the left nipple, the right flank and back) sustained in a fight 8 months previously. He was admitted to a hospital at the time, but the medical records from that hospitalization could not be obtained. However, as learned from the patient, after 1 day of observation in the emergency department, his wounds were considered superficial and he was discharged from the hospital. One month after that event, the patient started to complain of abdominal pain, and he was admitted to the hospital several times for this complaint. He was admitted to our hospital after the abdominal pain increased over the course of 3 days. On physical examination the patient's heart rate was 82 beat/min, his arterial blood pressure was 130/70 mm Hg, and his hemoglobin was 14 g/dl. The

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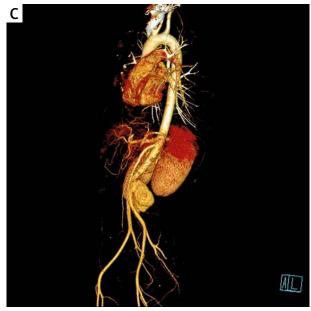


Figure 2. Computed tomography angiography images at presentation. **A** – Sagittal view of the pseudoaneurysm showing anterior displacement of abdominal aorta. **B** – Erosion of L3 due to compression of aortic pseudoaneurysm. **C** – 3D reconstruction of CTA showing pseudoaneurysm close to iliac bifurcation

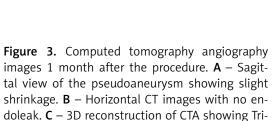
knife stab wounds could be seen (Figure 1). Computed tomography angiography (CTA) revealed an abdominal aortic pseudoaneurysm, $92 \times 91 \times 26$ mm in size, arising from the posterior abdominal aorta 50 mm below the left renal artery, with a defect size of 23×16 mm (Figure 2). The iliac bifurcation was 17 mm below the aortic injury. Erosion of L3 due to compression of the aortic pseudoaneurysm was also seen (Figure 2). The neck of the pseudoaneurysm was close to the iliac bifurcation, so we decided to implant an endovascular stent. On the same day that the patient was admitted to our hospital, we deployed a 26-mm aortic body ovation stent (TriVascular, Inc., Santa Rosa, CA) under the left renal artery, with a 12×100 -mm iliac limb deployed to the left common iliac artery.

The patient was discharged on the fifth day after the procedure. Computed tomography angiography performed one month after the procedure revealed no endoleak and slight shrinkage of the pseudoaneurysm (Figure 3).

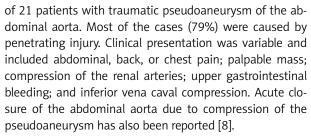
Discussion

Abdominal aortic pseudoaneurysm is a rare and severe complication of aortic injuries. The time interval from initial trauma to diagnosis of the pseudoaneurysm varies from days to years. The longest time interval to diagnosis is 42 years [6]. Since Makins reported the first case of a traumatic pseudoaneurysm of the abdominal aorta in 1920 [7], a small number of cases have been reported. In 1997 Chase *et al.* [3] reported an abdominal aortic pseudoaneurysm that caused biliary obstruction, and they included a review

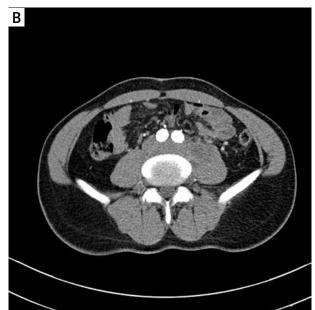


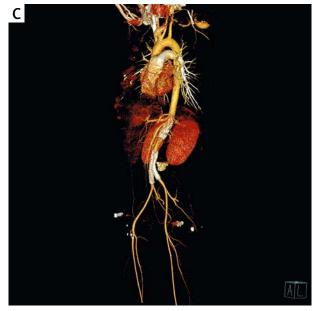


Vascular Ovation endovascular stent



Aortic pseudoaneurysms can rupture at any time, and spontaneous rupture has very high mortality rates [3]; therefore, open or endovascular repair is generally mandated. Endovascular repair of the suprarenal abdominal aorta is limited by concerns of possible renal and visceral ischemia. In cases of infrarenal aortic pseudoaneurysms, the preferred surgical approach is pseudoaneurysm re-





section and graft interposition [9]. In selected cases, alternative treatments such as thrombin injection to the pseudoaneurysm sac have been described [10].

Endovascular repair of infrarenal abdominal aortic aneurysms was first reported by Parodi *et al.* [11], who used balloon expandable stents. Subsequently, bifurcated endografts were described and implanted by White *et al.* [12]. Successful endovascular repair of infrarenal abdominal aortic pseudoaneurysms with stent grafts was described in two case reports [13, 14] and with a balloon-expandable bifurcated endoprosthesis in one case report [15]. In 1998, Bechara-Zamudio *et al.* [15] deployed a custom made bifurcated polyester tube in a patient who had undergone six previous abdominal operations with an abdominal aortic pseudoaneurysm above the

aortic bifurcation. For stabilization, stents were implanted in proximal and iliac ends of the endoprosthesis.

We chose the endovascular treatment option for our patient due to its less invasive nature. The pseudoaneurysm was close to the iliac bifurcation, and there was not enough of a landing zone for a stent graft. Thus, we decided to deploy a bifurcated endovascular graft stent; we used a low-profile TriVascular ovation stent. To the best of our knowledge, this is the first case in which a commercially available bifurcated endovascular stent graft device was used to treat an infrarenal abdominal aortic pseudoaneurysm.

Exploratory laparotomy was not performed for our patient, but in a review [3], 73% of patients with a pseudoaneurysm underwent exploratory laparotomy and no aortic injury was identified. As suggested by Borioni *et al.* [9], we think long-term follow-up with ultrasonographic assessment of the abdominal aorta is reasonable, even if there is no evidence of an early retroperitoneal aortic lesion.

Conflict of interest

The authors declare no conflict of interest.

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