



## Research article

# Structural and electrochemical evaluation of renewable carbons and their composites on different carbonization temperatures for supercapacitor applications

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## ARTICLE INFO

## Keywords:

H<sub>3</sub>PO<sub>4</sub>-Activated carbon  
Carbonization temperature  
Supercapacitor application  
Electrochemical performance  
AC-MnO<sub>2</sub> composite  
High-performance supercapacitor

## ABSTRACT

This study explored the impact of carbonization temperature (400–700 °C) on the structural and electrochemical performances of H<sub>3</sub>PO<sub>4</sub>-activated carbons (ACs) for supercapacitor applications. Advanced characterization techniques, including XRD, Raman, SEM, TEM, FTIR, and BET analysis revealed the structural properties of the ACs. Electrochemical performance was evaluated through cyclic voltammetry (CV), galvanostatic charge discharge (GCD), and electrochemical impedance spectroscopy (EIS) tests. The AC carbonized at 400 °C (AC-400 °C) exhibited outstanding performance with a surface area of 1432.4 m<sup>2</sup> g<sup>-1</sup> and its electrode delivered a specific capacitance of 183.4 Fg<sup>-1</sup> in 6 M KOH electrolyte. It demonstrated remarkable cycle stability (94.3 % retention) at 3 Ag<sup>-1</sup> and an energy density (ED) of 4.2 Whkg<sup>-1</sup> at a power density (PD) of 137 Wkg<sup>-1</sup>. Combining AC-400 °C with MnO<sub>2</sub> in a 1:1 ratio (AC:MnO<sub>2</sub>-400 °C) further boosted the electrochemical performance. This composite electrode delivered a significantly higher specific capacitance of 491.3 Fg<sup>-1</sup>, outstanding cyclic stability of 99.6 % retention at 3 Ag<sup>-1</sup>, and an exceptional ED of 25.3 Whkg<sup>-1</sup> at a PD of 187.3 Wkg<sup>-1</sup>, surpassing that of AC-400 °C by more than six-fold. This remarkable enhancement highlighted the immense potential of AC-MnO<sub>2</sub> composites for high-performance supercapacitors. This study identified 400 °C as the optimal carbonization temperature for maximizing the electrochemical performance of AC electrodes. More importantly, it demonstrated the significant potential of AC:MnO<sub>2</sub>-400 °C composites for applications in high-performance supercapacitors.

## 1. Introduction

The increasing demand for sustainable and efficient energy storage systems has driven extensive research efforts in the development of high-performance supercapacitors [ [1]]. These devices offer a promising alternative to traditional batteries due to their high power density, rapid charge/discharge rates, and long cycling stability [ [2]]. As the demand for supercapacitors continues to rise, there is a compelling requirement for cost-effective and eco-friendly carbon-based electrode materials.

This study explores the potential of wood waste from *Terminalia elliptica*, commonly called 'Satisal' in Nepali, is a readily available and fast growing hardwood tree species native to Nepal and the broader South Asian region. Its abundance and rapid growth make it a promising renewable source for producing activated carbon electrodes, aligning with the pursuit of sustainable and renewable energy solutions [ [2]]. Beyond its traditional uses, *Terminalia elliptica* wood waste possesses inherent characteristics that make it ideal for

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<https://doi.org/10.1016/j.heliyon.2024.e25628>

Received 17 November 2023; Received in revised form 30 January 2024; Accepted 31 January 2024

Available online 8 February 2024

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activated carbon production. Its high cellulose content and robust structure contribute to the development of highly porous and chemically stable carbon materials, crucial for enhancing electrode performance [ 3]].

Additionally, utilizing *Terminalia elliptica* as a biomass source aligns with local sustainability initiatives in Nepal and the South Asian region. This approach not only promotes the development of clean energy technologies but also empowers local communities by creating new economic opportunities through responsible waste management.

Compared to conventional biomass sources like coconut shells or bamboo, *Terminalia elliptica* offers advantages such as faster growth rates, wider availability, and potentially lower processing costs. Additionally, its inherent physical and chemical properties may lead to the development of unique activated carbon characteristics with superior electrochemical performance [ 4]].

**Motivation:** Carbon-based materials have become the preferred choice for supercapacitor electrodes due to their excellent electrical conductivity, high surface area, and chemical stability [ 5]]. However, a significant gap remains in our understanding of how the carbonization temperature, a critical variable in material synthesis, influences the electrochemical performance of renewable carbon electrodes derived from biomass.

**Recent progress:** In recent years, there has been a surge of interest in biomass-derived carbon materials as a sustainable alternative to conventional carbon sources [ 6]]. Biomass resources such as agricultural waste, wood, and plant residues, offer a renewable and abundant resource for producing activated carbon (AC) electrodes. However, the carbonization process, especially the temperature at which it is carried out, has a profound influence on the physicochemical properties of the resulting ACs. These properties, such as surface area, porosity, and heteroatom content, are crucial in determining the electrochemical performance of these AC electrodes [ 7]].

**Research objectives:** This study aims to bridge this knowledge gap by systematically exploring the relationship between carbonization temperatures and the electrochemical properties of biomass-derived carbon electrodes. The principal research objective is to elucidate how distinct thermal conditions impact the structural characteristics and electrochemical behavior of resulting carbon materials. Furthermore, we aim to identify the optimal carbonization temperature that maximizes the specific capacitance, cyclic stability, and rate capability of the carbon electrodes. In doing so, we aspire to make a substantial contribution to the advancement of high-performance and environmentally friendly supercapacitors.

**Methodology:** To understand how carbonization temperature affects the electrochemical performance of activated carbon electrodes, we will examine morphological and structural changes using Scanning electron microscopy (SEM), Transmission Electron Microscopy (TEM), X-ray diffraction (XRD), Raman spectroscopy, Fourier Transform Infrared (FTIR) spectroscopy and, Brunauer-Emmette-Teller (BET) Analysis [ 8]]. We will then employ comprehensive electrochemical analysis techniques including cyclic voltammetry (CV), galvanostatic charge/discharge (GCD) measurements, and electrochemical impedance spectroscopy (EIS) [ 9, 10]]. These analyses will allow us to evaluate specific capacitance (ability to store charge per unit area), energy density (amount of energy stored per unit weight), power density (rate at which energy can be delivered), and cycling stability (ability to maintain performance over repeated charge/discharge cycles) of the electrodes. By investigating these factors, we aim to shed light on the underlying mechanisms responsible for the observed variations in electrochemical performance.

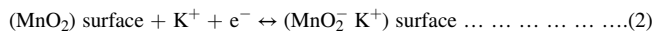
**Hybrid-Composite Electrodes:** Furthermore, in the realm of supercapacitor performance enhancement, researchers are actively exploring the combination of activated carbons (ACs) with transition metal oxide to create hybrid-composites (HC) [ 11]]. This strategy leverages the synergistic effects of electric double-layer capacitors (EDLC) and pseudocapacitors.

Among the transition metal oxides, manganese dioxide (MnO<sub>2</sub>) has emerged as a popular choice for supercapacitor applications due to its affordability, natural abundance, strong redox properties, and non-toxic nature [ 12]]. However, MnO<sub>2</sub> suffers from poor conductivity, necessitating its combination with carbonaceous materials to improve electrical conductivity.

The process of intercalation and de-intercalation within the MnO<sub>2</sub> layer plays a key role in achieving faradaic capacitance. Intercalation involves the insertion of K<sup>+</sup> ions into the MnO<sub>2</sub> material during reduction, while de-intercalation represents the reverse process, where K<sup>+</sup> ions are removed as the material undergoes oxidization [ 13,14]]. This redox process is succinctly represented by equation (1):



Another mechanism involves the surface adsorption of K<sup>+</sup> ions onto MnO<sub>2</sub>, as described by Ref. [14] in equation (2):



Both of these mechanisms entail a redox reaction between the III and IV oxidation states of manganese.

In summary, this research aims to provide valuable insights into the optimal carbonization temperature for specific biomass sources, determining the most favorable conditions, particularly, the carbonization temperature, for producing high electrochemical performance activated carbon-electrodes (AC-electrodes). Furthermore, it also involves a comparison between these AC-electrodes with their hybrid-composite counterparts (HC-electrodes) to assess their suitability in supercapacitor applications.

By addressing this knowledge gap, our goal is to make significant contributions to the development of efficient and sustainable energy storage devices [ 15]]. This effort aligns with the urgent need to meet the growing demand for clean energy solutions while minimizing environmental impact [ 16]].

## 2. Experimental procedures

### 2.1. Materials

For this investigation, wood waste was gathered from local joineries in Kathmandu, Nepal. The analytical-grade activating agent used to prepare the activated carbons was 85 %  $\text{H}_3\text{PO}_4$  with a specific gravity of 1.73 g/ml (15.0 M), which was provided by Fischer Scientific, India (P) Ltd. Various chemical reagents (carbon black, polyvinylidene fluoride (PVDF), N-methyl pyrrolidine (NMP), and  $\text{MnO}_2$ ) were from Sigma-Aldrich (USA) and APS Ajax Finechem (Australia). The Ni-foam substrate used in the experiments was obtained from PRED MATERIALS International (USA).

### 2.2. Methods: synthesis of activated carbons

Sundried wood waste was finely ground and sieved (150  $\mu\text{m}$  mesh size). 80 g of powder was mixed with an equal volume of 85 %  $\text{H}_3\text{PO}_4$  and wetted at 25 °C for 24 h. This 1:1 ratio, previously determined to yield optimal results, was chosen based on our prior research [ [17–19]]. The mixture was then heated to 110 °C for 2 h, following established synthesis procedures [ [17–19]].

The prepared sample was divided into four 20 g portions, carbonized individually in separate steel boats at 400 °C, 500 °C, 600 °C, and 700 °C for 3 h each under a continuous 100 mL/min flow  $\text{N}_2$  in a tube furnace. Omitting a 300 °C carbonization followed recommendations in the literature suggesting its ineffectiveness for AC production [ [20]]. During carbonization, the absence of oxygen facilitated volatile component removal and carbonization. The primary objective was to identify the optimal carbonization temperature for ACs suitable for supercapacitor electrodes.

Each resulting sample was air-cooled and washed with hot distilled water until neutral pH. After complete drying, the samples were finely powdered again, resulting in four distinct ACs: AC-400 °C, AC-500 °C, AC-600 °C, and AC-700 °C. These ACs were subsequently employed for further structural and electrochemical characterization [ [17–19]].

### 2.3. Instrumentation

Thermogravimetric analysis (TGA) of raw wood powder was performed using a SDT Q600 Version 20.9, Build 20 thermogravimetric analyzer (USA).

Characterization of activated carbons (ACs).

- > Phase state: X-ray diffractometer (RIGAKU, Japan)
- > Defect analysis: Raman spectrometer (labRAM HR800, France; JOBIN YVON, Finland)
- > Oxygen content: Fourier transform infrared spectroscopy (FTIR) (BRUKER-OPTIK GMBH, Germany; Vertex 70/80, USA)
- > Surface area and pore volume: Brunauer-Emmett-Teller (BET) method (Micromeritics ASAP 2020 system, USA)
- > Surface morphology: Scanning electron microscopy (SEM) (Mini SEM nanoeyes, Korea)
- > Porous structure: Transmission electron microscopy (TEM) (JEOL JEM 2100) for deeper analysis, complementing SEM insights

### 2.4. Assembly of electrodes

Four different electrodes were fabricated using a blend of.

- 8 mg of each activated carbon (AC) powder (individually for each electrode)
- 1 mg of carbon black powder
- 1 mg of polyvinylidene fluoride (PVDF) powder

Maintaining an 8:1:1 ratio (AC:carbon black:PVDF), this mixture was dispersed in 200 mL of N-methyl-2-pyrrolidone (NMP) solution to form a uniform electrode slurry. The slurry was then applied onto a 1  $\text{cm}^2$  area of four separate rectangular Ni-foam electrode substrates. After drying overnight in a 70 °C oven, these standardized electrodes were ready for electrochemical testing.

Additionally, hybrid composite electrodes (HCEs) were prepared following the same procedure, but with a 1:1 ratio of AC to manganese dioxide ( $\text{MnO}_2$ ), as suggested by previous research [ [17–19,21]]. Similar to the standard electrodes, these HCEs were dried overnight in a 70 °C oven.

Before further testing, all electrodes, both standard and hybrid-composite, were immersed in a 6 M KOH aqueous electrolyte solution overnight. This crucial step aimed to remove any contaminants and activate the electrode surfaces, ensuring reliable and accurate electrochemical performance [ [17–19,21]].

### 2.5. Electrochemical characterizations

The performances of the four as-fabricated electrodes, hybrid-electrodes (HEs) and  $\text{MnO}_2$  electrode were evaluated individually using a three-electrode setup in a 6 M KOH aqueous solution. Pt plates and Ag/AgCl served as counter and reference electrodes, respectively. All experiments were conducted at room temperature using a 'Metrohm Autolab (PGSTAT 302 N) potentiostat/galvanostat' system [ [17–19,21,22]].

Cyclic voltammetry (CV) analysis provided insights into the redox behavior and charge storage potential of the electrodes. Measurements were conducted within a potential window of  $-1.0$  to  $-0.2$  V at various scan rates (2, 5, 10, 20, 50, and  $100 \text{ mV s}^{-1}$ ) [ [23, 24]].

Galvanostatic charge-discharge (GCD) tests assessed the electrodes' charge/discharge performance at different current densities (1, 2, 3, 5, 10, 15, and  $20 \text{ Ag}^{-1}$ ). Cyclic stability (% retention) was estimated based on data from these tests [ [21,22,25]].

Electrochemical impedance spectroscopy (EIS) data, acquired using a  $10 \text{ mV}$  perturbation signal across a frequency range of 100 kHz to 0.1 Hz, provided insights into the impedance characteristics of the electrodes and the resistance within the system [ [21–23]]. The data was analyzed using the Nova 1.11 program.

### 3. Results and discussion

#### 3.1. Structural analysis of activated carbons

##### 3.1.1. Thermogravimetric analysis (TGA) of raw wood powder

Fig. 1 shows the TGA curve of raw wood powder from *Terminalia elliptica*, revealing distinct breakdown stages as discussed below.

- **Moisture Evaporation:** An initial minor weight loss around  $100 \text{ }^\circ\text{C}$  corresponds to the typical moisture removal range for wood.
- **Hemicellulose Degradation:** Between  $200$  and  $400 \text{ }^\circ\text{C}$ , the weight loss visually depicted in Fig. 1 indicates the degradation of hemicellulose, a key wood component.
- **Cellulose Decomposition:** A noticeable weight loss between  $300$  and  $400 \text{ }^\circ\text{C}$  signifies the decomposition of cellulose, another major component, in organic volatile substances present in the raw wood powder [ [26]].
- **Optimal activation:** A substantial weight loss exceeding  $60 \%$  at around  $400 \text{ }^\circ\text{C}$  suggests substantial chemical transformations, indicating the optimal activation temperature for AC production from this wood powder. Beyond this point, the weight remains stable, confirming  $400 \text{ }^\circ\text{C}$  as the ideal temperature for AC production from *Terminalia elliptica* wood powder.

##### 3.1.2. Optimal activation temperature confirmed through TGA

Building on the TGA results, we aimed to validate  $400 \text{ }^\circ\text{C}$  as the ideal carbonization temperature for producing ACs from the  $\text{H}_3\text{PO}_4$ -activated raw wood powder. To investigate this, the material was divided into four portions, each carbonized at  $400 \text{ }^\circ\text{C}$ ,  $500 \text{ }^\circ\text{C}$ ,  $600 \text{ }^\circ\text{C}$ , and  $700 \text{ }^\circ\text{C}$ . The resulting ACs (AC- $400 \text{ }^\circ\text{C}$ , AC- $500 \text{ }^\circ\text{C}$ , AC- $600 \text{ }^\circ\text{C}$ , and AC- $700 \text{ }^\circ\text{C}$ ) were then comprehensively characterized using various instrumental techniques (XRD, Raman spectroscopy, FTIR spectroscopy, SEM, TEM, and BET analysis).

##### 3.1.3. X-ray diffraction (XRD)

Fig. 2 showcases the X-ray diffraction pattern of the activated carbon prepared at different temperatures. Notably, the pattern for AC- $400 \text{ }^\circ\text{C}$  displays a broader hump compared to those for AC- $500 \text{ }^\circ\text{C}$ , AC- $600 \text{ }^\circ\text{C}$ , and AC- $700 \text{ }^\circ\text{C}$ . This observation indicates a higher degree of amorphousness in the carbon structure synthesized at  $400 \text{ }^\circ\text{C}$ .

The increasing sharpness and narrowing of the peaks with increasing carbonization temperature beyond  $400 \text{ }^\circ\text{C}$  suggest a transition towards more ordered crystalline structures [ [19,27]]. This process known as “graphitization”, aligns carbon atoms into hexagonal layers similar to graphite. While this orderly arrangement reduces the amorphous character, it can also come at the expense of certain desirable properties like surface area and pore volume, which are crucial for some applications of activated carbon [ [21,28]].

In conclusion, the XRD analysis reveals a trade-off between the degree of amorphousness and the level of carbon ordering achieved

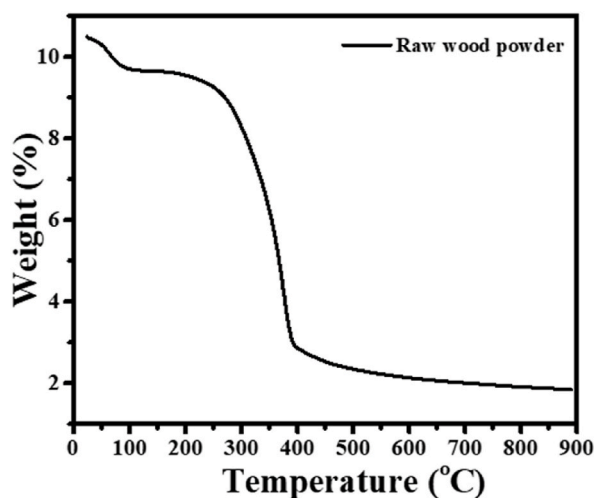


Fig. 1. TGA curve of raw wood powder of *Terminalia elliptica*.

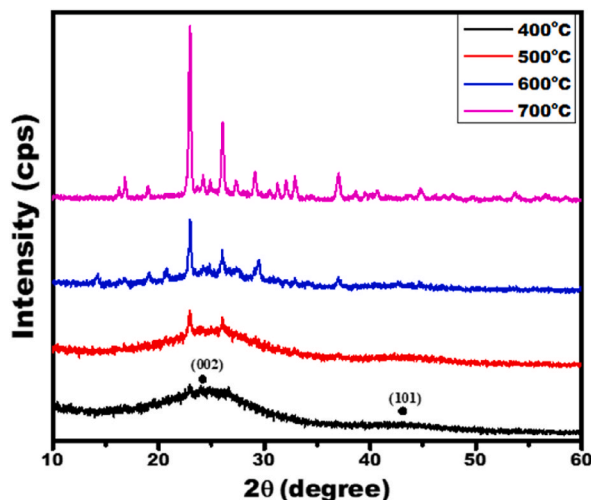


Fig. 2. XRD of activated carbons prepared for analysis.

at different temperatures. While AC-400 °C exhibits a more amorphous structure, potentially offering advantages in terms of surface area and porosity, the higher temperatures promote graphitization and a more organized crystalline structure, which might impact certain functionalities [ [29,30]].

#### 3.1.4. Raman scattering analysis

Complementing the insights from XRD, Raman spectroscopy provides valuable information about the vibrational modes of atoms and molecules within the material, revealing details about its bonding and disorder. In Fig. 3, the Raman spectra of the activated carbons highlight characteristic peaks relevant to carbon structures.

A prominent D-band observed in the spectrum of AC-400 °C signifies the presence of disordered  $sp^2$  carbon, frequently encountered in amorphous materials. The intensity of this band reflects the degree of disorder, and notably, the G/D ratio for AC-400 °C is less than 1 (0.97), indicating a relatively high level of defect-rich amorphous character. In contrast, we expect higher-temperature ACs (500, 600, and 700 °C) to exhibit lower amorphosity and a more ordered structure. Consequently, their spectra are likely to show intensified G-bands, corresponding to ordered  $sp^2$  carbon, leading to G/D ratios exceeding 1, as suggested by Fig. 3. This shift highlights the transition towards a more graphitic structure with increasing carbonization temperature.

To summarize, the Raman analysis reveals that AC-400 °C possesses a higher degree of disorder and amorphousness, evidenced by its low G/D ratio and dominant D-band. Conversely, the higher-temperature ACs exhibit G/D ratios greater than 1, suggesting a less amorphous and more organized graphitic character due to increased carbon ordering at higher temperatures [ [31]].

#### 3.1.5. Fourier Transform Infrared (FTIR) spectroscopy

Fig. 4 presents the FTIR spectra of the prepared ACs, revealing insights into the chemical composition and structural characteristics.

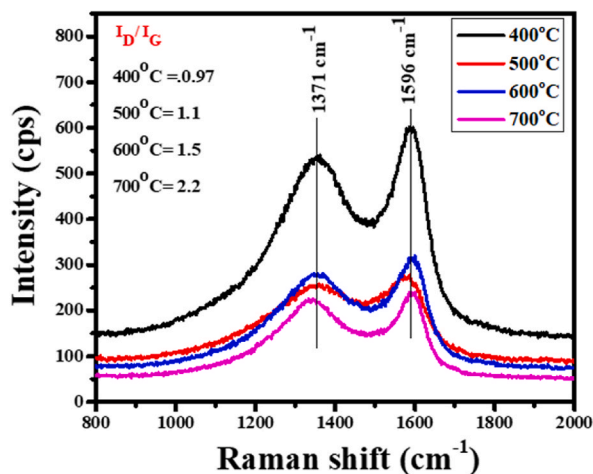


Fig. 3. Raman spectra of activated carbons prepared for analysis.

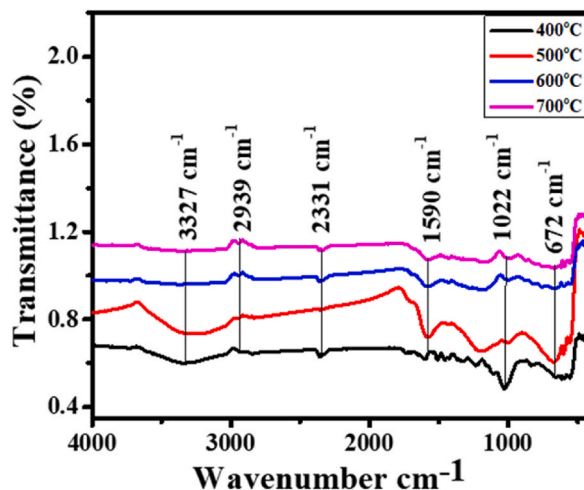


Fig. 4. FTIR spectra of activated carbons prepared for analysis.

Notably, AC-400 °C and AC-500 °C exhibit prominent hydroxyl (OH) groups around  $3400\text{ cm}^{-1}$ , likely due to surface functionalization or adsorbed water molecules. These groups can influence surface chemistry, wettability, and interaction with electrolytes in supercapacitor applications [ [32]]. In contrast, AC-600 °C and AC-700 °C do not show significant hydroxyl peaks, presumably due to their higher treatment temperatures leading to desorption or decomposition of these functional groups, resulting in a more carbonized structure [ [32]].

The spectra also showcase characteristic bands in the regions associated with various functional groups.

- $\text{C}\equiv\text{C}$  at  $2239\text{ cm}^{-1}$  and  $\text{C}\equiv\text{N}$  around  $2331\text{ cm}^{-1}$  suggest the presence of nitrogen containing functional groups, known to enhance supercapacitor performance through improved electrical conductivity and pseudocapacitance [ [33]].
- Aromatic  $\text{C}=\text{C}$  bonds at  $1590\text{ cm}^{-1}$  contribute to the stability and conductivity of the carbon materials [ [33]].
- $\text{C}-\text{O}$  bonds around  $1022\text{ cm}^{-1}$  can enhance surface reactivity and capacitance in supercapacitors [ [34]].

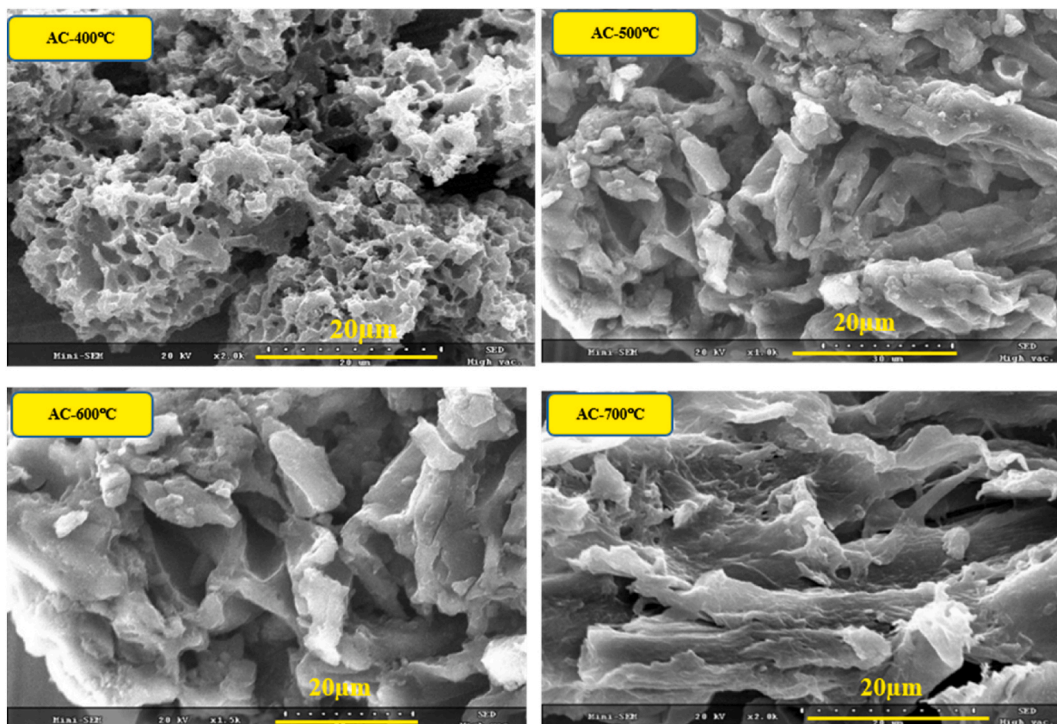


Fig. 5. SEM images of activated carbons prepared for analysis.

- C–H bonds at  $672\text{ cm}^{-1}$  indicate the presence of aliphatic hydrocarbons or chains, potentially contributing to the overall surface area and chemical reactivity of the carbon.

These diverse functional groups play a crucial role in tailoring the properties of ACs for supercapacitor applications. They contribute to increased surface area, improved electrochemical reactivity, and enhanced electrical conductivity, leading to efficient energy storage and delivery [35].

### 3.1.6. Scanning electron microscopy (SEM)

Fig. 5 showcases the SEM micrographs of the prepared ACs at  $\times 2.0\text{ k}$  ( $20,000\times$ ) magnification, revealing their porous morphology.

Notably, AC-400 °C and AC-500 °C exhibit well-defined networks of interconnected pores, ranging in size from micropores to mesopores. This observation suggests that the 400–500 °C temperature range effectively promotes pore development during activation without causing significant pore collapse [ [21,36]].

In contrast, the SEM images of AC-600 °C and AC-700 °C show a less pronounced porous structure. This phenomenon is likely due to the detrimental effects of excessive temperature on pore stability. Higher carbonization temperatures can lead to pore collapse or closure due to structural rearrangements within the carbon framework, ultimately reducing the material's porosity and adsorption capacity [ [22,36]].

Therefore, based on the SEM analysis, temperatures in the range of 400–500 °C seem optimal for achieving the desired porous structure in wood-based ACs. This range effectively balances the creation of new while preserving the integrity of existing ones, making it suitable for the successful production of porous wood-based ACs.

### 3.1.7. Transmission Electron Microscopy (TEM)

Complementing the SEM analysis, TEM provides a deeper exploration into the fine details of the activated carbons (ACs) porous structures. This is crucial for understanding how carbonization temperature influences the pore characteristics and, consequently, the adsorption capacity of wood-based ACs.

Fig. 6 presents the TEM images of the ACs at  $\times 5.0\text{ k}$  ( $50,000\times$ ) magnification, showcasing the intricate networks of pores and their distribution, revealing insights beyond the reach of SEM.

This TEM analysis confirms that 400 °C offers the most favorable conditions for achieving the desired porous structure. At this temperature, well-defined and accessible pores optimize the material's adsorption potential. Increasing the temperature to 500 °C reveals signs of structural degradation, allowing for effective adsorption. Notably, at 500 °C, the structure shows signs of degradation, with less pronounced pores suggesting a suboptimal morphology for our target application.

Beyond 500 °C, detrimental effects of higher temperature become even more evident. The TEM images indicate a significant reduction in pore volume and potential pore collapse, likely due to the destabilization of the porous network by the intense carbonization process. This further reinforces the conclusion that 400 °C stands out as the most effective temperature for maximizing pore development and achieving the desired porous structure for wood-based activated carbon [ [19,20]].

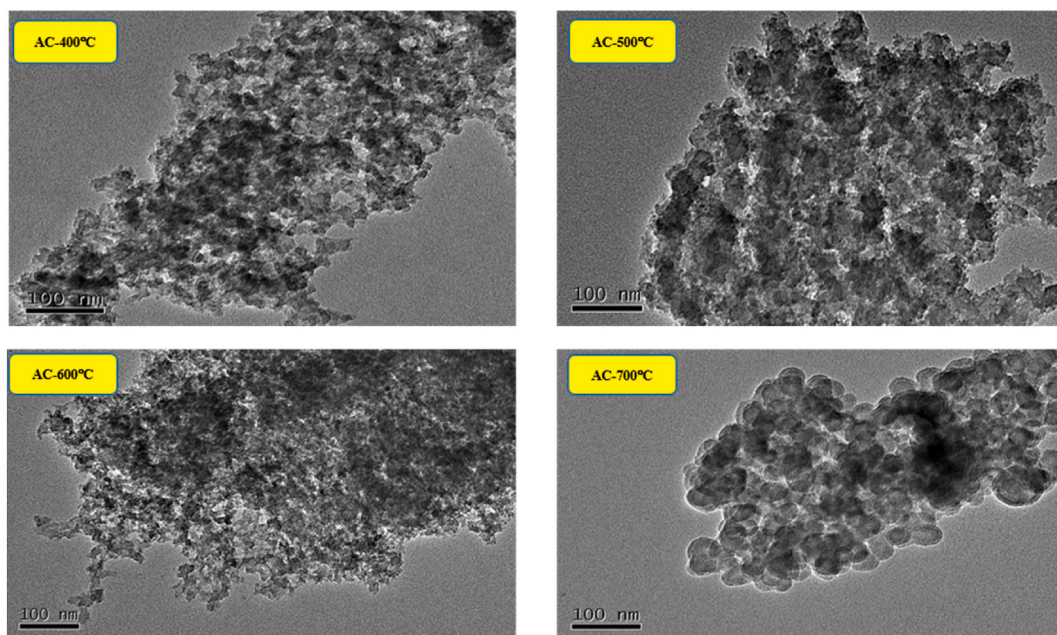


Fig. 6. TEM images of activated carbons prepared for analysis.

### 3.1.8. Brunauer-Emmette-Teller (BET) analysis

Fig. 7 presents the  $N_2$  adsorption-desorption isotherms at 77 K for the prepared ACs. These isotherms provide valuable insights into their specific surface area by measuring the amount of gas molecules that can form a single layer (monolayer) on their surface.

AC-400 °C and AC-500 °C display characteristic type II isotherms with minimal nitrogen uptake at low pressures indicating the presence of relatively few micropores. However, a marked increase in nitrogen adsorption around  $P/P_0 = 0.5$  accompanied by a hysteresis loop signifies the presence of mesopores (typically 2–50 nm), consistent with findings [ [27,37]]. AC-400 °C exhibits a larger hysteresis loop and continues to adsorb nitrogen until higher pressures, suggesting a more significant mesoporous structure compared to AC-500 °C. This translates to a higher surface area for AC-400 °C (1300  $m^2/g$ ) due to its abundant mesopores offering a larger adsorption surface [ [38]].

In contrast, AC-600 °C and AC-700 °C lack hysteresis loops, highlighting a dominant presence of micropores or reduced number of mesopores. AC-600 °C possesses a moderate surface area, (280  $m^2/g$ ), while AC-700 °C shows the lowest (67  $m^2/g$ ), indicating a substantial loss of mesopores at higher temperatures [ [39]].

These observations highlight the significant influence of carbonization temperature on AC structure. Higher temperatures can close mesopores and promote micropore formation, leading to a reduction in surface area, as suggested by the lack of hysteresis loops at 600 °C and 700 °C. AC-600 °C shows a moderate surface area decrease, while AC-700 °C exhibits the most significant loss, reflecting the collapse or transformation of mesopores into micropores [ [20,21,27]].

Structural characterization using XRD, Raman spectroscopy, and FTIR revealed AC-400 °C's optimal porosity and surface area, making it stand out from the others. While AC-500 °C showed similar characteristics, higher temperatures led to reduced performance due to pore loss and structural changes. AC-400 °C's exceptional morphology suggests promising electrochemical potential, particularly in enhancing energy storage for supercapacitors. Therefore, its electrochemical behavior was further investigated through cyclic voltammetry (CV), galvanostatic charge/discharge (GCD), and electrochemical impedance spectroscopy (EIS).

## 3.2. Evaluation of the electrochemical performances of activated-carbon and hybrid-composite-electrodes

The electrochemical performances of the four activated-carbon-electrodes (AC-400 °C, AC-500 °C, AC-600 °C, and AC-700 °C), and four hybrid-composite-electrodes AC:MnO<sub>2</sub>-400 °C, AC:MnO<sub>2</sub>-500 °C, AC:MnO<sub>2</sub>-600 °C, and AC:MnO<sub>2</sub>-700 °C) were measured, compared, and assessed for their findings.

### 3.2.1. Cyclic voltammetry (CV) analysis

Fig. 8a and 8b present CVs for AC-electrodes and their corresponding hybrid-composite-electrodes (HC-electrodes) with MnO<sub>2</sub>, using a scan rate of 100 V/s in a 6 M aqueous KOH electrolyte. The potential window for AC-electrodes covers  $-1$  to  $-0.2$  V, while HC-electrodes span  $-1.2$  to 0 V. It's worth noting that CVs were performed at various scan rates (2  $mVs^{-1}$ , 5  $mVs^{-1}$ , 10  $mVs^{-1}$ , 20  $mVs^{-1}$ , and 50  $mVs^{-1}$ ), but those results aren't shown in the figures.

The electrochemical behavior of electrodes at different carbonization temperatures (400 °C, 500 °C, 600 °C, and 700 °C) reveals the following key characteristics:

AC electrodes (Fig. 8a).

- AC-400 °C electrode (black line): shows a large rectangular loop indicative of robust electrical double-layer capacitive (EDLC) behavior with a high specific capacitance [ [22,23]]. Notably, a peak current density of 12  $Ag^{-1}$  suggests faster ion adsorption/desorption kinetics.

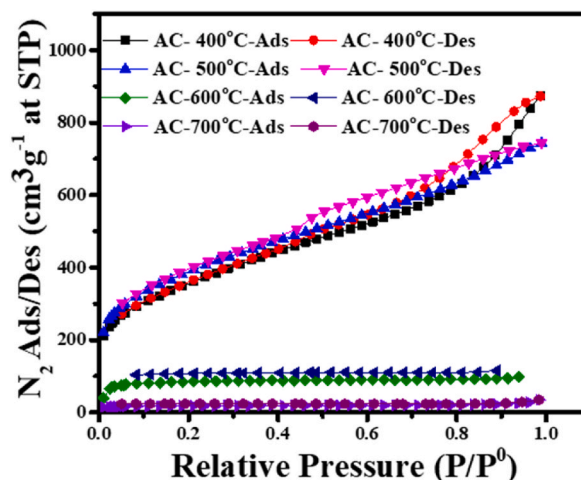


Fig. 7.  $N_2$  adsorption/desorption isotherms at 77 K of activated carbons prepared for analysis at different carbonization temperatures.



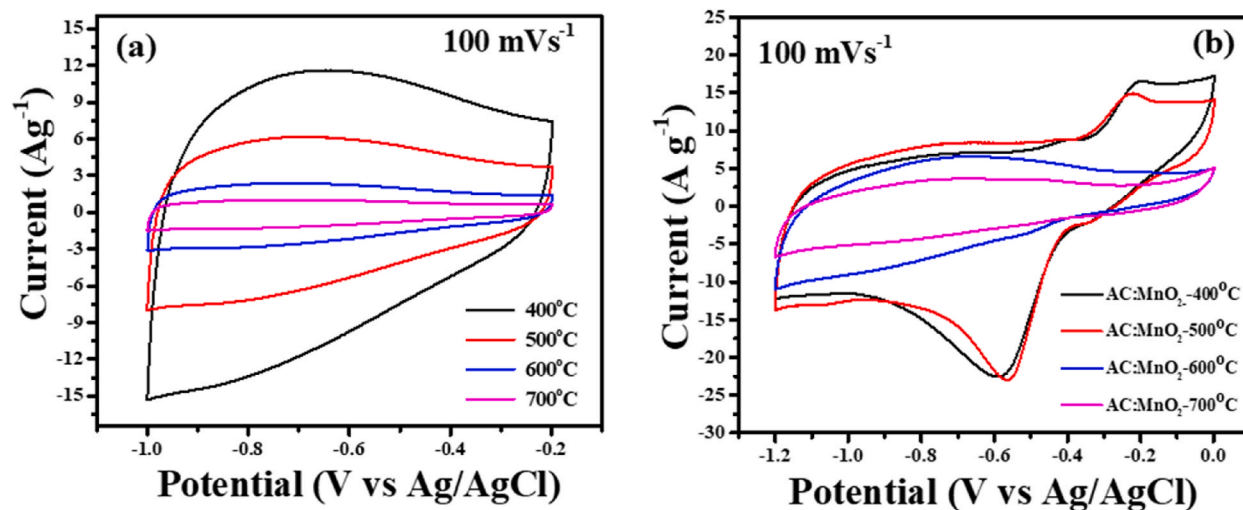


Fig. 8. a: CVs of AC-electrodes at a 100 V/s scan rate, potential window  $-1$  to  $-0.2$  V

Fig. 8b: CVs of HC-electrodes at a 100 V/s scan rate, potential window  $-1.2$  to  $0$  V.

- AC-500 °C (red line): Exhibits a slightly smaller loop area compared to AC-400 °C but retains the rectangular shape, signifying good EDLC behavior.
- AC-600 °C and AC-700 °C (blue and pink lines): Possess narrower loop areas and significantly reduced current densities ( $2.6 \text{ Ag}^{-1}$  and  $1.2 \text{ Ag}^{-1}$ , respectively), implying diminished EDLC performance.

HC (AC:MnO<sub>2</sub>) electrodes (Fig. 8b).

- HC-400 °C: Displays pronounced redox peaks due to MnO<sub>2</sub> inclusion, showcasing its reversible Mn<sup>3+</sup>/Mn<sup>2+</sup> conversion reaction [21,22]. Consequently, the current density reaches nearly  $20 \text{ Ag}^{-1}$ , highlighting enhanced charge storage due to combined EDLC and pseudocapacitive mechanisms.
- HC-500 °C: Exhibits redox peaks similar to HC-400 °C, while retaining EDLC characteristics observed in the corresponding AC electrode.
- HC-600 °C: While redox peaks are still present, their intensity diminishes compared to HC-400 °C and HC-500 °C. This suggests a decrease in the contribution of pseudocapacitance from MnO<sub>2</sub> due to potential changes in its morphology or surface area at higher carbonization temperatures. The current density also drops, likely reflecting reduced ion accessibility and slower kinetics.
- HC-700 °C: Redox peaks become barely noticeable, indicating minimal pseudocapacitive contribution from MnO<sub>2</sub> at this temperature. The CV curve approaches a rectangular shape similar to AC-600 °C and AC-700 °C, signifying dominance of EDLC behavior. However, the current density remains lower than those observed for the AC electrodes at similar temperatures, suggesting potential detrimental effects of high carbonization on the overall electrode architecture and ion transport within the composite [21,23,37].

### 3.2.1.1. Influencing factors.

- **Carbonization temperature:** Lower temperatures (400 °C and 500 °C) promote well-developed porous structures in ACs, leading to higher specific surface areas and enhanced EDLC behavior [23,27,37].
- **Specific Surface Area:** The rectangular CV curves and large loop areas of AC-400 °C and AC-500 °C electrodes suggest higher specific surface areas, enabling greater charge storage through electrostatic interactions at the electrode-electrolyte interface [21,24,27,39].
- **Truncated Current Densities:** AC-600 °C and AC-700 °C electrodes exhibit lower charge storage capacity due to reduced surface areas and possibly decreased pore accessibility, limiting ion access and hindering efficient ion adsorption/desorption [37,38].
- **Absence of Faradaic Peaks:** In all electrodes, the absence of additional peaks beyond the Mn<sup>3+</sup>/Mn<sup>2+</sup> conversion peaks in HC electrodes confirms the dominance of non-faradaic EDLC behavior during charge/discharge cycles [19,39].

Conclusion: Carbonization temperature significantly impacts the porous structure and specific surface area of ACs, ultimately

influencing their electrochemical performance. The CVs primarily suggest EDLC mechanisms, with variations in specific surface area and charge storage capacity across different temperatures. Notably, HC-400 °C demonstrates promising enhanced charge storage through combined EDLC and pseudocapacitive contributions.

### 3.2.2. Galvanostatic charge/discharge (GCD) study

The charge-discharge curves at a current densities of  $1 \text{ Ag}^{-1}$  for both activated carbon (AC-400 °C) and hybrid-composite (AC:MnO<sub>2</sub>-400 °C) electrodes are presented in Fig. 9.

Examining Fig. 9 a, the GCD curves of AC electrodes exhibit distinct triangular profiles, characteristic of Electric Double-Layer Capacitors (EDLCs) [ [21,22]]. This triangular shape indicates minimal impurities and successful electrolyte ion insertion within the electrode material [ [22,38]]. Notably, the discharge times for AC-400 °C and AC-500 °C were approximately 120 s and 75 s, respectively, yielding specific capacitance values of  $183.4 \text{ Fg}^{-1}$  and  $137.4 \text{ Fg}^{-1}$  at  $1 \text{ Ag}^{-1}$  (calculated using Equation (1), relating  $C_s$  to current density, time duration, loading mass, and potential window). The remaining two ACs' discharge times and specific capacitances are detailed in Table 1.

$$C_s = \frac{I\Delta t}{m\Delta V} \quad (1)$$

In contrast, the GCD response of HC electrodes as depicted in Fig. 9b, a bending nature emerged at a current density of  $1 \text{ Ag}^{-1}$ , resembling pseudocapacitive behavior attributed to internal oxidation-reduction reactions in MnO<sub>2</sub> [ [27,40]]. However, the curve exhibited excellent symmetry, indicating remarkable charge-discharge reversibility. The discharge times for AC:MnO<sub>2</sub>-400 °C and AC:MnO<sub>2</sub>-500 °C were approximately 490s and 400s, resulting in specific capacitance values of  $491 \text{ Fg}^{-1}$  and  $366.3 \text{ Fg}^{-1}$ , respectively [ [27,39,40]]. The comparison of discharge times and specific capacitances for AC and hybrid-composite electrodes at different carbonization temperatures can be found in Table 1.

Clearly, HCs achieved significantly higher specific capacitances compared to the individual AC electrodes. Among the AC electrodes, AC-400 °C performed the best, while AC:MnO<sub>2</sub>-400 °C excelled among the hybrid composite electrodes. This superior performance can be attributed to synergistic combination of AC and MnO<sub>2</sub>, where non-faradaic (EDLC) and faradaic (redox) mechanisms work effectively together.

In conclusion, discharge time and specific capacitance trends were influenced by factors, such as synthesis temperature, porosity, impurities, wetting characteristics, and ion diffusion kinetics. These factors shaped the electrochemical behavior of the carbon electrodes. While this study provides valuable insights, further research could explore the long-term cycling stability and scalability of these materials for practical energy storage applications.

### 3.2.3. Cyclic stability assessment

Evaluating the long-term performance of supercapacitor electrodes is crucial. Therefore, we assessed the cyclic stability of our electrodes by monitoring their capacity retention (%) over 1000 consecutive charge-discharge cycles at a current density of  $3 \text{ Ag}^{-1}$ . Fig. 10a and b depict the capacity retention results for both activated carbon (AC) and hybrid-composite (AC:MnO<sub>2</sub>) electrodes.

For ideal supercapacitors, maintaining a high and stable capacitance over extended cycles is essential. Interestingly, all electrodes exhibited an initial stabilization phase, where capacitance remained relatively constant until approximately 200 cycles. However, beyond 200 cycles, a gradual decline in specific capacitance was observed for all samples. Notably, the decrease after 1000 cycles varied significantly across the AC electrodes: 4 % for AC-400 °C, 9.7 % for AC-500 °C, 23.6 % for AC-600 °C, and 40.8 % for AC-700 °C.

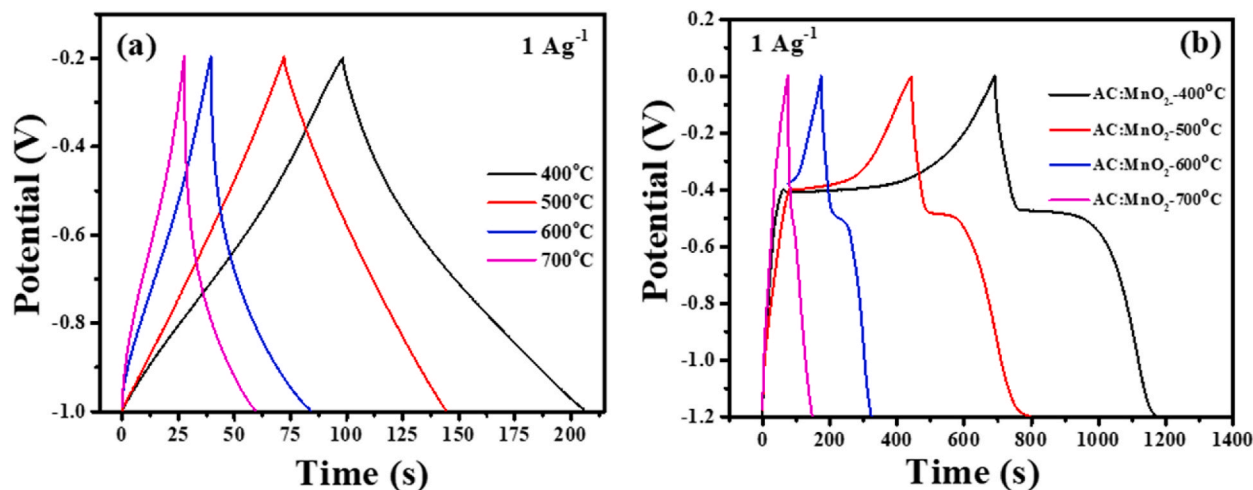


Fig. 9. a: GCD curves of AC-electrodes at current densities of  $1 \text{ Ag}^{-1}$

Fig. 9 b GCD curves of HC-electrodes at current densities of  $1 \text{ Ag}^{-1}$

**Table 1**

Comparison of Discharge Time and Specific Capacitance for Activated carbon (AC) and Hybrid-composite-electrodes at Different carbonization temperatures.

AC-Electrodes	Discharge time (s)	Specific Capacitance ( $\text{Fg}^{-1}$ )	Hybrid-composite-Electrodes	Discharge time (s)	Specific Capacitance ( $\text{Fg}^{-1}$ )
AC-400°C	110	184.4	AC:MnO <sub>2</sub> -400°C	490	491.0
AC-500°C	95	137.4	AC:MnO <sub>2</sub> -500°C	400	366.3
AC-600°C	68	87.3	AC:MnO <sub>2</sub> -600°C	120	103.0
AC-700°C	45	41.1	AC:MnO <sub>2</sub> -700°C	65	69.4

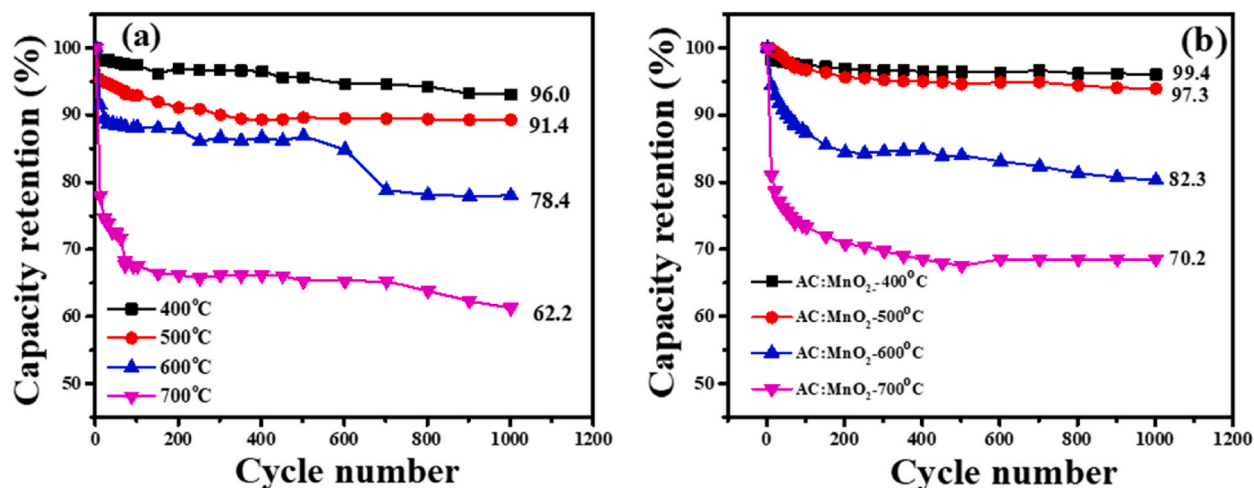


Fig. 10. a: Capacity retention (%) of AC-electrodes,  
Fig. 10 b: Capacity retention (%) of AC:MnO<sub>2</sub>-electrodes.

This capacity loss is often attributed to the gradual decomposition of electroactive materials into the electrolyte during repeated charging and discharging. Over time, these cycles can lead to material breakdown and dissolution, ultimately reducing overall capacitance [ [41]].

The hybrid-composite-electrodes (AC:MnO<sub>2</sub>-electrodes) presented a remarkably consistent trend in cyclic stability. In particular, the AC:MnO<sub>2</sub>-400 °C electrode showcased exceptional performance, retaining 99.4 % of its initial capacitance after 1000 cycles. This outstanding stability can be attributed to the presence of MnO<sub>2</sub> in the composite. MnO<sub>2</sub>'s intrinsic pseudocapacitive behavior and redox reactions likely play a crucial role in mitigating excessive material degradation during cycling, making it a promising candidate

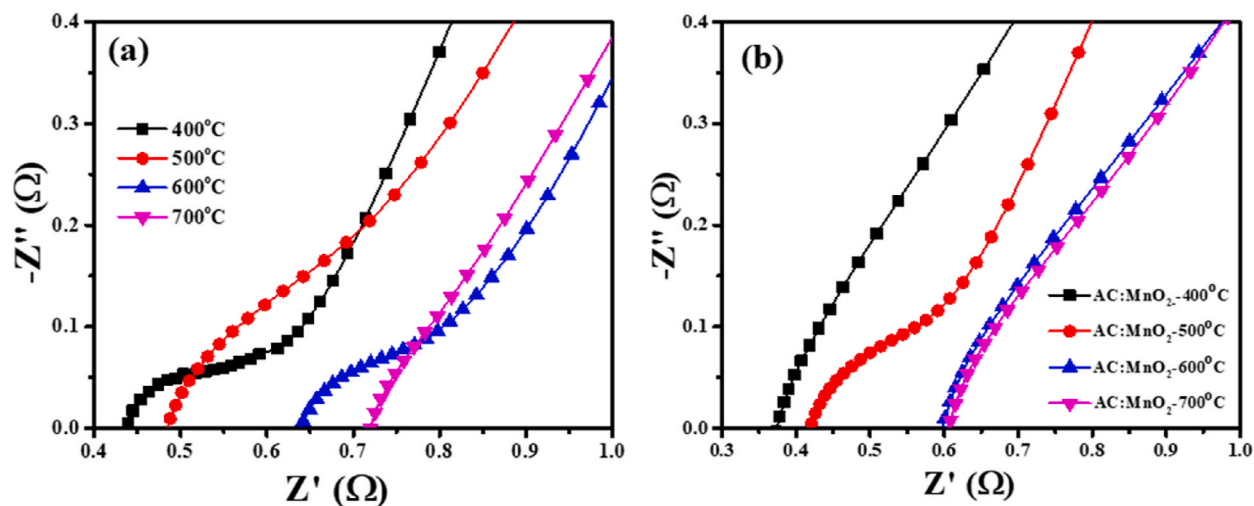


Fig. 11. a and 11. b: Nyquist plots of the AC-electrodes and AC:MnO<sub>2</sub>-electrodes at the perturbation signal with 10 mV AC voltage in 6 M KOH aqueous solution at frequencies ranging from 100 KHz to 0.1 Hz.

for applications demanding long cycle life [ [22,42]]. Interestingly, the AC-400°C-electrode without MnO<sub>2</sub> addition, also demonstrated respectable cyclic stability, maintaining 97.1 % of its initial capacitance. This suggests that both carbonization temperature and material composition influence long-term performance.

### 3.2.4. Electrochemical impedance spectroscopy (EIS) analysis

Understanding the internal resistance within electrochemical systems is crucial for optimizing performance. To gain insights into this aspect, we conducted EIS measurements on both activated carbon (AC) and hybrid-composite (AC:MnO<sub>2</sub>) electrodes. These measurements were performed in a 6 M KOH aqueous solution over a frequency range of 100 KHz to 0.1 Hz. The resulting Nyquist plots (Fig. 11a and b), provide valuable information about the impedance behavior of these electrodes.

The observed impedance patterns in the Nyquist plots reveal distinct characteristics. At high-frequencies, an incomplete semi-circular curve appears, reflecting the presence of polarization resistance. This resistance arises from the transfer of electrolyte ions into the porous electrode material. In contrast, the low-frequency region exhibits a linear curve indicative of capacitive behavior, consistent with previous research [ [43,44]].

Further analysis of these plots reveals a clear trend. The AC-400°C-electrode (Fig. 11 a) displays superior conductivity compared to its counterparts (AC-500°C-electrode, AC-600°C-electrode, and AC-700 °C).

This superiority is evident in its remarkably lower internal resistance, approximately 0.41Ω, compared to the other AC electrodes. This enhanced performance can be attributed to its higher specific capacitance (as discussed previously), which facilitates efficient movement of ions and electrons within the electrode structure, thereby improving overall conductivity [ [45]].

Conversely, the other AC electrodes exhibit higher internal resistances, ranging from 0.48 Ω to 0.73 Ω. These higher resistances are directly related to their comparatively lower specific capacitance.

Similarly, among the HC electrodes (Fig. 11b), AC:MnO<sub>2</sub>-400 °C stands out with a significantly lower resistance of 0.36 Ω compared to the AC-400°C-electrode. The lower resistance in AC:MnO<sub>2</sub>-400 °C is again a consequence of its high specific capacitance, leading to better ion transport and, consequently, enhances conductivity.

Therefore, the EIS analysis highlights the advantage of preparing AC electrodes at 400 °C (AC-400°C-electrode) compared to higher carbonization temperatures. The strong correlation between internal resistance and specific capacitance emphasizes their key roles in influencing electrode conductivity. The insights are valuable for further development and optimization of electrochemical systems [ [46]].

### 3.2.5. Assessment of energy and power density

Energy density (ED) and power density (PD) are crucial metrics for evaluating the performance of any electrochemical energy storage device. ED measures the amount of energy stored per unit mass or volume, while PD quantifies the rate at which energy can be delivered or absorbed.

To assess these parameters for both AC and hybrid-composite (AC:MnO<sub>2</sub>) electrodes, Ragone plots were constructed based on GCD measurements (Fig. 12a and b).

The results are summarized in Table 2, with ED and PD calculated using equations (2) and (3).

$$ED = \frac{1}{8} C_{sp} \Delta v^2 \quad (2)$$

$$PD = \frac{E}{\Delta t} \quad (3)$$

Where, the energy density, ED, is in Whkg<sup>-1</sup>, the power density, PD, is in Wkg<sup>-1</sup>, the specific capacitance, C<sub>sp</sub>, is in Fg<sup>-1</sup>, in the potential window ΔV, and discharge time Δt (s).

Notes.

- In the three-electrode setup the working electrode stores most of the energy, leading to a factor of 8 instead of 2 in the ED calculation. This emphasizes the efficiency compared to two-electrode systems where energy is equally distributed.
- ESR stands for equivalent series resistance, which contributes to power loss and affects PD [ [17,21–23,47,48]].

Key findings.

- Among AC electrodes, AC-400 °C exhibited the highest ED (4.2 Whkg<sup>-1</sup>) at a PD of 144 Wkg<sup>-1</sup>, followed by AC-500 °C (3.1 Whkg<sup>-1</sup> at 127.3 Wkg<sup>-1</sup>).
- Hybrid-composite AC:MnO<sub>2</sub>-400 °C displayed a significantly higher ED of 25.3 Whkg<sup>-1</sup> compared to the non-hybridized AC-400 °C, highlighting the synergetic effect of MnO<sub>2</sub>.
- Both AC-400 °C and AC:MnO<sub>2</sub>-400 °C demonstrated exceptional ED and PD values, making them promising candidates for energy storage applications.

Factors contributing to superior performance.

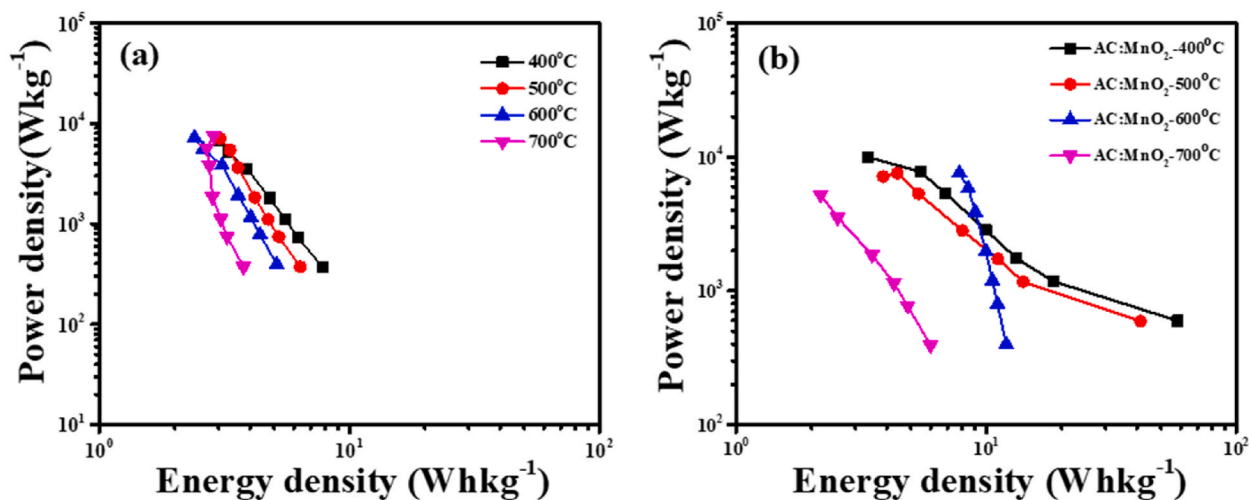


Fig. 12. a and b: Ragone plot of AC-electrodes and AC:MnO<sub>2</sub>-electrodes.

Table 2

Specific capacitance, energy density, power density, capacity retention (%), and ESR of AC-400°C-electrode and AC:MnO<sub>2</sub>-electrodes.

AC-Electrodes	Energy density (Whkg <sup>-1</sup> )	Power density (Wkg <sup>-1</sup> )	Hybrid-composite-Electrodes	Energy density (Whkg <sup>-1</sup> )	Power density (Wkg <sup>-1</sup> )
AC-400 °C	4.2	142.4	AC:MnO <sub>2</sub> -400 °C	25.3	187.3
AC-500 °C	3.1	127.4	AC:MnO <sub>2</sub> -500 °C	18.3	164.4
AC-600 °C	2.2	112.0	AC:MnO <sub>2</sub> -600 °C	5.2	156.1
AC-700 °C	1.3	104.2	AC:MnO <sub>2</sub> -700 °C	2.5	149.5

- **Moderate carbonization temperature (400°C):** Optimizes surface area and porosity for efficient ion adsorption and charge storage.
- **Electrochemical activity:** AC-400 °C retains its activity, ensuring efficient charge transfer during reactions.
- **Synergy in hybrid-composite electrodes:** MnO<sub>2</sub> in AC:MnO<sub>2</sub> enhances capacitance, charge transport, and electrode stability, reducing internal resistance and improving long-term performance [ [17,21–23,49,50]].

The calculated values of specific capacitance, energy density, power density, capacity retention (%), and ESR of AC-400°C-electrode and AC:MnO<sub>2</sub>-electrodes are listed in Table 2 as a whole.

#### 4. Conclusion

- **Carbonization Temperature:** The study clearly demonstrates the significant impact of carbonization temperature on the structural properties and electrochemical performance of H<sub>3</sub>PO<sub>4</sub>-activated carbons. By employing a range of analytical techniques like XRD, Raman spectroscopy, and BET, we established detailed correlations between temperature and key characteristics like surface area and porosity.
- **Optimal Performance at 400°C:** The AC electrode prepared at 400 °C (AC-400 °C) emerged as the top performer, showcasing exceptional properties: a high surface area of 1432.4 m<sup>2</sup>g<sup>-1</sup>, specific capacitance of 183.4 Fg<sup>-1</sup> in a 6 M KOH electrolyte and, impressive cyclic stability (94.3 % at 3 Ag<sup>-1</sup>).
- **Energy Density and Stability:** Notably, AC-400 °C exhibited a promising energy density of 4.2 Whkg<sup>-1</sup> at 137 Wkg<sup>-1</sup>, highlighting its potential for practical applications.
- **Hybrid composite Enhancement:** Integrating MnO<sub>2</sub> in a 1:1 ratio (AC:MnO<sub>2</sub>-400 °C) significantly boosted the AC's electrochemical performance. This hybrid composite electrode displayed a remarkable increase in specific capacitance (491.0 Fg<sup>-1</sup>), maintained exceptional cyclic stability (99.6 % at 3 Ag<sup>-1</sup>), and achieved a substantially higher energy density of 25.3 Whkg<sup>-1</sup> at 187.3 Wkg<sup>-1</sup> compared to its non-hybridized counterpart.
- **Optimal Temperature and Future Prospects:** Our findings strongly suggest that 400 °C is the ideal carbonization temperature for crafting AC electrodes with superior electrochemical characteristics compared to higher temperatures (500, 600, and 700 °C). Furthermore, the remarkable success of the AC:MnO<sub>2</sub>-400 °C hybrid composite opens exciting avenues for developing advanced energy storage devices with enhanced performance and stability.

## CRediT authorship contribution statement

**Dibyashree Shrestha:** Conceptualization.

## Declaration of competing interest

I hereby declare that there is no conflict of interest and it has not been submitted anywhere else.

## Acknowledgements

Deepest gratitude is extended to the Central Department of Chemistry, Tribhuvan University, and Patan Multiple Campus, Tribhuvan University, Patan dhoka, Lalitpur, Nepal, for providing essential laboratory facilities and a supportive environment for the research conducted. Their commitment to academic excellence and facilitating scientific exploration was instrumental in achieving valuable results. In Thailand, sincere thanks are offered to the Advanced Functional Material Physics Laboratory at Suranaree University of Technology-in facilitating electrochemical measurements for their invaluable expertise in material characterization. Their assistance proved crucial in uncovering the properties of the materials examined. The research also benefited greatly from the generous support of the Global Research Laboratory at Sun Moon University, South Korea-for their invaluable expertise in material characterization, in facilitating electrochemical measurements. Their collaboration and willingness to share resources greatly advanced the research objectives.

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