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Review

# Molecular conformations and dynamics of nucleotide repeats associated with neurodegenerative diseases: double helices and CAG hairpin loops 

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#### Abstract

Pathogenic DNA secondary structures have been identified as a common and causative factor for expansion in trinucleotide, hexanucleotide, and other simple sequence repeats. These expansions underlie about fifty neurological and neuromuscular disorders known as "anticipation diseases". Cell toxicity and death have been linked to the pathogenic conformations and functional changes of the RNA transcripts, of DNA itself and, when trinucleotides are present in exons, of the translated proteins. We review some of our results for the conformations and dynamics of pathogenic structures for both RNA and DNA, which include mismatched homoduplexes formed by trinucleotide repeats CAG and GAC; CCG and CGG; CTG(CUG) and GTC(GUC); the dynamics of DNA CAG hairpins; mismatched homoduplexes formed by hexanucleotide repeats (GGGGCC) and (GGCCCC); and G-quadruplexes formed by (GGGGCC) and (GGGCCT). We also discuss the dynamics of strand slippage in DNA hairpins formed by CAG repeats as observed with single-molecule Fluorescence Resonance Energy Transfer. This review focuses on the rich behavior exhibited by the mismatches associated with these simple sequence repeat noncanonical structures.


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## 1. Introduction

Simple sequence repeats (SSRs) typically consist of units of 1 to 6 nucleotides that are repeated up to 30 times, or more [1]. They represent about $3 \%$ of the entire human genome sequence [2]. Trinucleotide repeats (TRs) represent one of the most common type of SSRs in the exome of all eukaryotic genomes [3]. TRs may be selectively neutral sequences, or may play an important functional role. Many TRs exhibit "dynamic mutations" that do not follow Mendelian inheritance, which asserts that mutations in a single gene are stably transmitted between generations [4]. This can lead to genetic diseases where, with successive generations, the age of disease onset decreases and the disease severity increases, and the probability that this type of mutation results in disease also increases [5]. These mutations are caused by the intergenerational expansion of TRs. In addition, the repeats increase their length in somatic cells during the lifespan of the affected individual. After a certain threshold in the repeat number of the TR, the probability of further TR expansion and severity of the diseases increases with the number of repeats. In particular, the dynamic mutations in human genes associated with TRs cause severe neurodegenerative and neuromuscular disorders known as Trinucleotide (or Triplet) Repeat Expansion Diseases (TREDs) that lead to cell toxicity and death [6-8].

To date, approximately fifty DNA expandable SSR diseases have been identified and their number is expected to grow [9,10]. See Fig. 1 for a schematic illustrating some of the most common SSRs (note that they are mostly TRs). The SSR expansions are believed to be caused by some sort of slippage during DNA replication, repair, recombination or transcription. Cell toxicity and death have been linked to the pathogenic conformation and functional changes of the RNA transcripts, of DNA itself and, when TRs are present in exons, of the translated proteins [10,11], mainly in the group of polyglutamine (polyQ) diseases. Abnormal nuclear foci can result when the expanded RNA transcripts with pathogenicrelated secondary structures sequester regulatory proteins. What makes these pathological mechanisms even more complicated is that antisense transcripts of the expansions - which result from the bidirectional transcription of the DNA TRs [12,13] can also form nuclear RNA foci that contribute to toxicity, and that both sense and antisense expansions can trigger protein translation in the absence of the start ATG codon, giving rise to the unconventional repeat-associated non-ATG (RAN) translation [14]. Table 1 lists some of the most common SSRs and the associated diseases along with the normal and pathological range of repeats, as well as a short-hand notation for the most common molecular mechanism behind the disease. Much is still unknown about these mechanisms, thus our notation is only indicative of some common experimental findings. For instance, in the polyQ diseases listed on the


Fig. 1. Schematic illustrating the occurence of some of the most common SSRs (note that most are TRs), and abbreviations of the most common diseases that they lead to.
table, polyQ stretches are well known to trigger various abnormal cellular processes that lead to neurodegeneration. However, mutant transcripts formed by expanded CAG repeats are also toxic and contribute to cellular pathology, but the exact nature and relevance of RNA toxicity in polyQ diseases are only starting to be studied [15].

Although the mechanisms underlying TREDs are believed to be extremely complex, it turns out that some simple trends are remarkably robust. In particular, there is a correlation between the repeat number beyond the repeat threshold and the probability of further expansion and increased pathology. Another important breakthrough has been the recognition that the critical step in all models of repeat instability is the transient formation of pathogenic non-B DNA stable secondary structures in the expandable repeats [16]. In fact, expandable repeats are known to display pathogenic structural characteristics such as hairpin structures, Z-DNA, triple helices, G-quadruplexes and various slippedstranded duplexes. Clearly, it is important to understand the structural and dynamical characteristics of these pathogenic secondary structures that trigger the cascade of molecular mechanisms ultimately resulting in disease.

In this article, we review our work in the area of pathogenic secondary structures of SSR nucleotides associated with TREDs. We discuss both classical Molecular Dynamics (MD) simulations and experimental results based on single-molecule Fluorescence Resonance Energy Transfer (smFRET) techniques [17]. Primarily, we have been concerned with the structure and dynamics of DNA and RNA double helix and loop structures associated with the most common TRs and hexanucleotide repeats. These include for DNA/ RNA CAG, GAC, CCG, GGC, and CTG (CUG for RNA) and GTC (GUC) TRs, and GGGGCC and CCCCGG hexanucleotide repeats. For the latter, we discuss not only the double helices but also the Gquadruplex structures that may be formed.

## 2. Results

Hairpins represent perhaps the most common pathogenic secondary structure associated with TREDs [18-28]. Because relatively little is known about these structures at the molecular level, our work has focused on the structural and dynamical characteristics of both homoduplexes (representing the stem of a long hairpin) and hairpins. We have used large scale classical MD simulations using the AMBER simulation package [29] with state-ofthe art force fields to explore the DNA and RNA duplexes associated with selected TRs which are characteristic of hairpin stems [30-32], and in the case of CAG TRs, the loops as well [17]. The loops were investigated both experimentally by means of smFRET techniques [17] augmented with MD simulations. In addition, we have also studied the case of GGGGCC/GGCCCC hexanucleotide repeats, characterized by both duplex and, in the case of the Grich repeat, G-quadruplex structures [33,34]. Since structural transitions in DNA/RNA typically take place over time scales often precluded by straightforward MD simulations, we used special methods such as the Adaptively Biased Molecular Dynamic (ABMD) method with suitably chosen collective variables [35] to explore duplex and loop conformations. In addition, Steered Molecular Dynamics (SMD) [36] was used to explore transition mechanisms.

### 2.1. Helical homoduplexes and hairpins formed by CAG and GAC TRs

Of all the different known SSRs, it is the CAG TRs that are associated with the largest number of neurodegenerative diseases. Spinocerebellar ataxia type 12 (SCA12) is the result of CAG repeats in the 5'-UTR part of the PPP2R2V gene. Associated with the exon

Table 1
Table summarizing most common SSRs and associated diseases. Here NRR indicates the normal range of repeats and PRR the pathological range of repeats. In terms of the mechanisms, polyQ indicates the polyglutamine diseases briefly mentioned in main text; RNA multiple indicates either RNA loss or gain of function (sometimes both). Other mechanisms include abnormal methylation, impaired transcription leading to defective proteins, etc.

| SSR | Associated diseases | NRR | PRR | Mechanism |
| :---: | :---: | :---: | :---: | :---: |
| CAG | Huntington's Disease (HD) | 6-35 | 36-250 | polyQ |
|  | Spinal and bulbar atrophy (SBMA) | 4-34 | 35-72 | polyQ |
|  | Dentatorubal-pallidolysian atrophy (DRPLA) | 6-35 | 49-88 | polyQ |
|  | Spinocellular ataxia 1 (SCA1) | 6-35 | 35-72 | polyQ |
|  | SCA2 | 14-32 | 33-77 | polyQ |
|  | SCA3 | 12-40 | 55-86 | polyQ |
|  | SCA6 | 4-18 | 21-30 | polyQ |
|  | SCA7 | 7-17 | 38-120 | polyQ |
|  | SCA12 | 7-41 | 43-51 | polyQ |
|  | SCA17 | 25-42 | 47-63 | polyQ |
| GAC | Epiphyseal dysplasia | 5 | 6 | Impaired transcription |
|  | Pseuodoachondroplasis | 5 | 4 or 7 | Impaired transcription |
| CGG | Fragile X mental retardation (FRAXA) | 6-60 | 230+ | Abnormal methylation |
|  | Fragile X tremor ataxia syndrome (FXTAS) | 6-53 | 55-200 | Increased expression |
| CCG | X-linked mental retardation (FRAXE) | 6-39 | 200+ | Abnormal methylation |
| CTG | Myotonic dystrophy type 1 (DM1) | 5-37 | 50+ | RNA based |
|  | SCA8 | 16-34 | 74+ | Unknown |
|  | HD L2 | 7-28 | 66-78 | polyQ |
| CCTG | Myotonic dystrophy type 2 (DM2) | 10-26 | 75+ | RNA based |
| GGGGCC | Amyotropic lateral sclerosis (ALS) | 20 | 70+ | RNA multiple |
|  | Frontotemporal dementia (FTD) | 20 | 70+ | RNA multiple |
| GGGCCT | SCA36 (SCA36) | 5-14 | 800+ | RNA multiple |
| GAA | Friedreich's ataxia (FRDA) | 7-34 | 100+ | Impaired transcription |
| ATTCT | SCA10 (SCA10) | 10-20 | 500+ | Unknown |
| TGGAA | SCA31 | 0 | 560+ | RNA multiple |

part of various other genes with CAG repeats are nine late-onset progressive neurodegenerative disorders such as Huntington's disease (HD), spinal and bulbar atropy (SBMA), dentatorubralpallidolysian atrophy (DRPLA), as well as several other spinocerebellar ataxias (SCAs), some of which are summarized in Table 1. These are also generically termed polyglutamine (polyQ) diseases [37], since the CAG expansions in these genes lead to polyglutamine expansions despite the fact that - depending on the reading frame - the codons CAG, AGC and GCA code for glutamine, serine and alanine, respectively. Polyglutamine diseases are associated with expansions greater than a specific repeat length [37], which is also a characteristic of other TREDs. For example, in HD the normal CAG repeat number is between 10 to 34 repeats, while repeats in the 36 to 250 range are pathologically high leading to disease expression. While different TREDs have different pathologies, they all share a similar feature: the formation of polyglutamine aggregates [38] where the fully formed fibrils are held together by cross- $\beta$ conformations, which eventually result in neuronal death [39,40,33].

Subsequent to the understanding that CAG repeats are associated with neurological diseases, it was also discovered that GAC TRs are involved with a very different set of diseases from the TREDs. These specific diseases are the result of relatively small changes in the repeat number. The human gene for cartilage oligomeric matrix protein, for example, is characterized by a $(G A C)_{5}$ repeat. Epiphyseal dysplasia is caused by the expansion by one repeat; expansion by two repeats (or deletion by one repeat) results in pseudoachondroplasis [41]. The specific structure of the different duplexes depend on the pH of the solution and the ionic strength [42]. While the CAG trinucleotide leads to expansion, the GAC trinucleotide does not (except for at most two extra repeats). This perhaps can be attributed to the fact that CAG tracks are over-represented in the human genome, while GAC tracks are not. Indeed, a study in 2010 [43] showed that tracks equal or longer than six repeats occur 1055 times in the human genome with 300 tracks in the exons, while GAC tracts appear 16 times in the entire human genome, with only three tracts located in the exons. If the track length is increased to ten or more repeats,
there are 136 CAG tracks in the human genome with 33 tracks in the protein coding regions, which represents a 43 -fold enrichment over a random expectation value [44].

### 2.1.1. Helical homoduplexes formed by CAG and GAC TRs

Given the importance of CAG TRs (where the Watson-Crick base pairs between the mismatches exhibit GpC steps) and GAC TRs (with CpG steps between the Watson-Crick base pairs), we have investigated their helical homoduplex structures with a focus on the A•A mismatches [30]. Our main results are as follows. The global minimum conformation of the duplexes is characterized by the A.A mismatches stacked inside the core of the helix with nucleotide torsion angles in an anti-anti conformation for RNA (this corresponds to torsion angles of $\sim 180-200^{\circ}$ ) and (high-anti)-(high-anti) for DNA (torsion angles of $\sim 230-260^{\circ}$ ). In terms of free energy, the next minimum corresponds to anti-syn conformations, followed by syn-syn conformations which pay the highest price in free energy. These conformations are illustrated in Fig. 2 and the results are consistent with experimental X-ray studies on CAG-RNA homoduplexes, in which the mismatches are in an anti-anti conformation and/or anti-syn depending on the mismatch flanking sequences [45]. The differences between the RNA and DNA anti conformations is explained by the presence of the additional hydroxyl group characteristic of RNA sugar ring. This hydroxyl group interacts with the RNA backbone, pulling the sugar ring at one end and causing a twist in the other, thereby leading to an overall reduction of the torsion angles [30].

In terms of dynamics, we find that DNA helices near the global minimum are very dynamic, characterized by large fluctuations [30]. RNA helices also fluctuate, but to a considerably lesser degree. The most relevant fluctuations of the DNA helix correspond to a coupling between the bending and unwinding modes of the helix. RNA helices close to the global free energy minimum are very stable. They exhibit a wider major groove and a substantial decrease of the inclination angle with respect to the canonical ARNA form. We have also studied transitions from anti-syn $\rightarrow$ antianti and syn-syn $\rightarrow$ anti-syn, and different mechanisms have been identified for both the major and minor grooves. These transitions
(a)

(b)


Fig. 2. Configurations for the A•A mismatches for CAG TRs: (a) anti-anti; (b) antisyn; (c) syn-syn. Associated hydrogen bonds are indicated [30].
involve local distortions of the duplexes around the mismatches. For the anti-syn $\rightarrow$ anti-anti transition, the mechanism in both major and minor grooves occurs through base flipping. The synsyn $\rightarrow$ anti-syn transition, on the other hand, involves base flipping in the minor groove and a combination of base stacking and rotation in the major groove. CAG-DNA and GAC-DNA homoduplexes in their anti-anti conformations experience some degree of unwinding, with unwinding in CAG-DNA occurring at the mismatches and in GAC-DNA at the CpG steps. No evidence was found for the formation of local left-handed structures as associated with Z-DNA. However, the duplex structure does strongly depend on the pH of the solution and the ionic strength. CD and UV absorption spectroscopy experiments do reveal the presence of Z-DNA in GAC repeats (but not in CAG repeats) under conditions of low alkaline pH , and high concentrations of NaCl and other various divalent ions [42].

### 2.1.2. Conformations and dynamics of DNA CAG loops: smFRET and MD studies

In order to elucidate the structure and dynamics of DNA CAG loops, we recently carried out a combined experimental and computational investigation to directly probe the conformational ensemble and dynamic slipping of a CAG TR hairpin [17]. We used smFRET techniques to directly observe the slipping dynamics in (CAG) ${ }_{n}$ hairpins by an integer number of CAG units (turns out to be predominantly two units). For the experiments, we designed a two-stranded system involving an anchor strand and a hairpin strand with the donor (Cy3) and acceptor (Atto647N) fluorophores placed at consistent positions for all hairpin structures considered (see Fig. 3a. When the hairpin closes, the donor and acceptor get
into close proximity and therefore a high FRET signal is expected; likewise, when the hairpin is open, a low signal is obtained.

We measured smFRET signals from DNA containing 14 and 15 CAG repeat units, designated as (CAG) ${ }_{14}$ and (CAG) ${ }_{15}$ respectively. These two structures are indicative of hairpin systems with an even and odd parity. smFRET results are shown in Fig. 3b. For (CAG) ${ }_{14}$, the time-trace results show that there are transitions between three different FRET efficiencies of 0.01 (barely visible in Fig. 3b). The 0.01 state was rarely visited and, by calibrating against an A31 loop (data not shown) [17], turns out to be associated with a completely open state. The 0.65 state turns out to be the most stable, with the hairpin populating that state the majority of time.

Likewise, Fig. 3b also shows smFRET results for (CAG) $)_{15}$ which show transitions between four states with efficiencies $0.01,0.25$, 0.46 and 0.73 . Again, the 0.01 state is associated with an open hairpin structure. The 0.73 and 0.46 states have similar populations, indicating that they have similar stabilities. A more detailed analysis indicates [17] that for the 0.73 state, the donor and acceptor are closer compared to 0.65 state of (CAG $)_{14}$, which happens when the hairpin slips by one CAG unit towards the donor on the anchor strand (i.e., a -1 slip). By the same token, the 0.46 state is associated with the hairpin slipping by one CAG unit away from the donor (i.e., a +1 slip). This back and forth slippage allows for (CAG) ${ }_{15}$ to form a AGCA tetraloop with the stem assembling into CAG/GAC aligned pairings. Note that aligning the CAG/GAC at the end of the (CAG) ${ }_{15}$ hairpin (i.e., a 0 slip) results in a triloop consisting of a single CAG unit. The smFRET and simulation results show that these kinds of loops are considerably less stable than the tetraloops. Proceeding in a similar fashion, we found the 0.31 state of (CAG) ${ }_{14}$ could be associated with a slippage of two CAG units, and the 0.25 state of (CAG) ${ }^{15}$ with a slippage of three CAG units (i.e., slips of +2 and +3 , respectively). Similar results were obtained for smFRET experiments on (CAG) $)_{n}$ structures, with different integers n . Thus, there are systematic differences between the behavior of loops with even and odd number of CAG units. Even number repeats (such as (CAG) ${ }_{14}$ ) accommodate an AGCA tetraloop with either a fully paired stem or a stem slipped by two CAG units. For a hairpin with an odd number of CAG units, a paired-end stem is associated with a CAG triloop, which spontaneously slips back and forth to form a AGCA tetraloop with a hanging CAG trinucleotide in the stem. Thus, there is a difference in stability of slipped CAG states in hairpin systems with an even and odd number of repeats which indicates a balance between the stem and triand tetraloops energies.

Both the smFRET populated states and the MD simulations indicate greater stability for 5'-AGCA-3' tetraloops, compared with the alternative 5'-CAG-3' triloops. Fig. 4 illustrates MD results showing a triloop as it transitions to a tetraloop and a stable tetraloop configuration. The slipping kinetics depends on the repeat parity of (CAG) $)_{n}(n$ even or odd). As already noted, to accommodate the tetraloop, even (odd)-numbered repeats have an even (odd) number of hanging bases in the hairpin stem. In particular, a paired-end tetraloop (no hanging TR) is very stable in (CAG) $)_{n=e v e n}$, but such situation cannot occur in (CAG) $n_{n=o d d}$, where the hairpin is "frustrated" and slips back and forth between states with one TR hanging at the $5^{\prime}$ or $3^{\prime}$ end.

The difference in stability between the loops is explained as follows. In the 5'-CAG-3' triloop the three nucleotides are in anti conformation, the C base flips out and the weak sheared C.G pair is held by a single hydrogen bond. The triloop is then "locked" by a weak AG/CA step (where the A bases are mismatched). In contrast, 5'-AGCA-3' tetraloops are stabilized relative to triloops by favorable stacking energy within the loop, less bending deformation of the backbone; and locking by a GC/GC step (see Fig. 4b. Considering the $\chi$ torsion angle, the 5'-AGCA-3' tetraloop shows two





preferred conformations, where the AGCA nucleotides are either in anti-anti-anti-syn, or anti-anti-anti-anti conformations. These conformations, in turn, display subpopulations of single and double base stacks within the loop [17].

Even-numbered sequences can form a tetraloop while forming a paired-end stem without any overhangs, which should minimize the free energy of the entire hairpin structure. Odd-numbered sequences, by contrast, can only accommodate an AGCA tetraloop if one strand is displaced from the other by at least one TR, thereby forming an even-numbered hairpin with one hanging base. The latter, of course, takes extra energy but not enough to deter the formation of a tetraloop. Ultimately, this leads to very different dynamics for the hairpins: hairpins with an even number of repeats spend most of their time in the paired-end state, with occasional slips by 2 TR units, while odd-numbered hairpins slip back and forth in one direction or another in their bid to form a tetraloop. The simulations suggest that the transition a (CAG) odd from a triloop to a tetraloop is triggered by a disruption of the A•A mis-
match closest to the loop, with the A base on the 3' strand switching towards to minor groove allowing for the formation of a temporary GACG tetraloop. This slipping process may be a crucial element for the expansion of CAG TRs. Indeed, it is interesting to note that chemical and enzymatic probing of RNA CAG, CCG, CGG, and CUG repeats form hairpins that slip dynamically with several possible 3' overhangs [46]. One possible scenario would occur when the initial complementary strands in a (CAG).(CTG) duplex separate, for instance under negative supercoiling, giving rise to opposite CAG and CTG hairpins, as has been suggested previously [17,23]. Strand slipping by trinucleotide units would thus allow these hairpins to travel apart in a soliton-like wave. Finally, if a single-stranded cleavage happens in the CAG strand facing the CTG hairpin, then the CTG hairpin may relax and stretch leaving a gap in the CAG strand. The subsequent filling of this gap by different proteins in the cell machinery would then result in the TR expansion of the CAG strand. This mechanism is illustrated in Fig. 5.


Fig. 4. Snapshots of two CAG hairpin loops: (a) (CAG) ${ }_{15}$ triloop in 100 mM excess salt (note that only selected residues are shown) with A20 (green), G21 (blue), C22 (orange), A23 (red), G24 (cyan), C25 (pink) and A26 (yellow). The figure shows the CAG triloop (C22-A23-G24) as it deforms into the tetraloop configuration. (b) One of the stable conformations of the 5'-ACGA-3' tetraloop in a (CAG) 14 hairpin, with bases shown in color: A20 (blue), G21 (orange), C22 (red), A23 (cyan), A17 and A26 (green). The tetraloop is stabilized by and A20-G21-C22 triple stack with A20, G21 and C22 all in the anti conformations, and A23 in syn conformation. The first mismatch in the stem, A17-A26 is in an anti-anti conformation [17]. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)


Fig. 5. Schematic of proposed model or CAG TR expansion mechanism.

### 2.2. Helical homoduplexes formed by CCG and CGG TRs

CGG and CCG TRs are overexpressed in the human genome exons. TRs of CGG are encountered in the 5 '-untranslated region ( $5^{\prime}$-UTR) of the fragile X mental retardation gene (FMR1) [47]; TRs of CCG are similarly found in the $5^{\prime}$-UTR and the translated parts of more than one gene. The normal repeat length of CGG TRs is in the 5 to 54 range. The higher range increases the probability to disease expression in descendants [48,49]. A longer repeat number ( 55 to 200) CGGs is associated with fragile $X$ tremor ataxia syndrome (FXTAS) in males [50] and premature ovarian failure in females [51]. Repeats greater than 200 CGGs cause the inherited fragile X mental retardation syndrome [52]. CCG TRs are associated
to three TREDS, with the longest expansion being associated with the FRM2 gene which results in chromosome X-linked mental retardation (FRAXE) [53]. These repeats also appear to play a role in HD, and type 1 myotonic dystrophy [54].

We have investigated the conformation and dynamics of the CGG and CCG TR homoduplexes both for DNA and RNA [31]. As is the case with other TRs, the structural characteristics of the duplexes are largely determined by the characteristics of the C.C and G.G mismatches. Here, it is important to consider the nature of the Watson-Crick pairs that surround the mismatches. Sequences of the form $5^{\prime}$-(CGG)-3' and $5^{\prime}$-(CCG)-3' are characterized by GpC steps between the Watson-Crick base pairs, while sequences of the form $5^{\prime}$-(GGC)-3' and $5^{\prime}$-(GCC)-3' exhibit CpG
steps between the Watson-Crick base pairs. Hence, when both RNA and DNA are considered, this results in eight different nonequivalent helical duplexes.

Using the ABMD free energy methods [35], the global minima associated with C.C mismatches in the four C-rich homoduplexes correspond to anti-anti conformations, with ap anti in RNA duplexes and ac anti in DNA duplexes. As with CAG and GAC TRs, the anti-syn mismatch conformation is about 5 (7.5) kcal/mol higher than the anti-anti conformation for RNA (DNA), and synsyn conformations have an even higher free energy. By contrast, the G-rich duplexes favor the anti-syn conformation, followed by the anti-anti conformation. This is shown in Fig. 6, which illustrates the ( $\chi_{5}, \chi_{14}$ ) free energy landscapes for single G.G mismatches (here $\chi$ represents the dihedral angle associated with the mismatched G's [31]). The exception here is the RNA-CGG structure for which the anti-syn and anti-anti conformations appear to have the same value within the limits of the calculations. This inability of the free energy calculations to resolve the differences between the two minima is most likely due to the strong triple G-base stacking not present in the other GGC structures. Theoretically, the results have been tested using three different AMBER force fields (BSC0 [55], BSC1 [56], and OL15 [57]), which all give similar results. Experimentally, there is crystallographic data for two of the eight duplexes, mainly RNA CGG and CCG sequences (with GpC steps between the Watson-Crick base pairs),
and these are in agreement with our free energy calculation results [58-60].

We have also run extensive MD simulations of the RNA/DNA duplexes with the mismatches placed in different conformations, thereby being able to investigate the transitions to the ground state conformations. Generally, intrahelical C.C mismatches transition to their global anti-anti minimum faster than G.G mismatches that get trapped in metastable states. In particular, the G bases are subject to a stacking interaction, which tends to slow down the transition to the anti-syn conformation. Interestingly, C mismatches in DNA-GCC homoduplexes may be extruded to form the so-called "e-motif" [32], discussed more extensively below. The mismatched duplexes were also observed to form characteristic sequence-dependent patterns such that the twist is more regular in intrahelical C-mismatched sequences, while the largest twist variations were observed in the G-mismatched sequences [30].

### 2.3. Helical homoduplexes formed by DNA CTG (RNA CUG) and GTC (GUC) TRs

Myotonic dystrophy belongs to a group of inherited neuromuscular disorders called muscular dystrophies, that typically begin in adulthood [61,62]. The disease is caused by either CTG TRs (myotonic dystrophy type 1) or CCTG tetranucleotide repeats (myotonic dystrophy type 2). The CTG TRs are located in the 3'-UTR


Fig. 6. The $\left(\chi_{5}, \chi_{14}\right)$ free energy landscapes for a single G.G mismatches (unit kcal/mol) for: (a) DNA-CGG1; (b) DNA-GGC1; (c) RNA-CGG1; (d) RNA-GGC1. Here the unity in the label indicates that the simulated structure contains a single mismatch; the collective variables $\chi$ are the dihedral angles associated with the mismatch nucleotides. Roughly speaking, for DNA the anti-syn minima are located at ( $-96^{\circ}, 73^{\circ}$ ) (and its mirror image) for CGG1 and $\left(-113^{\circ}, 70^{\circ}\right)$ (and mirror image) for GGC1. For RNA, the antisyn minima are located at $\left(-160^{\circ}, 40^{\circ}\right)$ (and mirror images) for both CGG1 and GGC1[31].
of the dystrophia myotonic protein kinase gene while CCTG tetranucleotide repeats are found in the zinc finger 9 (ZNF9) gene [63]. The RNA from the transcribed genes contains CUG or CCUG repeats which are known to fold into RNA hairpins. Hence, in this particular case, the disease is associated with toxic mRNA gain-offunction [64]. Experimentally, CUG RNA structures have been investigated with X-ray diffraction [65-67]. The results indicate that RNA CUG TRs form a double-helix homoduplex in A-RNA form, where the conformation of the U-U mismatches is quite dynamic forming what has been termed a "stretched U-U wobble" form [65] with hydrogen bond numbers ranging from 2 to 0 . Mismatches with two and one hydrogen bond appear to be most frequent, estimated to be about $40 \%$ [68]. As with other TRs, we have investigated the helical homoduplexes formed by DNA CTG (RNA CUG) and GTC (GUC) TRs. In agreement with another computational study and the experimental work [68], we find that RNA (DNA) U•U (T•T) mismatches are primarily located inside the helical core in an anti-anti conformation in RNA and in (high-anti)-(highanti) conformation in DNA. We also characterized the dynamics of these helical duplexes and their mismatches; we are currently finishing the characterization of the structural differences between the CTG (CUG) repeats (with GpC Watson-Crick basepair steps) and the non-equivalent GTC (GUC) repeats (with CpG WatsonCrick basepair steps). Electrophoresis experiments indicate that RNA CUG repeats form "slippery" hairpins [69], which dynamically slip as noted with the CAG hairpins [17]. As may be expected, hairpins with longer stems tend to be more stable. Since this study was based on biochemical methods, it does not unambiguously determine the actual loop structure, although the data is consistent with both 5'-GCUGC-3'and 5'-UGCU-3' loops, with varying number of stem overhangs.

### 2.4. Helical homoduplexes formed by GGGGCC and GGCCCC hexanucleotide repeats

Amyotropic lateral sclerosis (ALS) and frontotemporal dementia (FTD) are two neurodegenerative diseases that share similar neurological and genetic pathways. FTD, which is due to the degeneration of the frontal and anterior temporal lobes, is a common cause of early-onset dementia; ALS, on the other hand, is associated with progressive weakening of the muscles and paralysis of the motor neurons in the spinal cord and brain. It turns out that a (GGGGCC) hexanucleotide repeat ( HR ) expansion in the first intron of the C90RF72 gene is the major cause behind both ALS and FRD [70,71]. While the normal, unaffected population is characterized by fewer than 20 HRs, patients with FTD and ALS have large expansions greater than 70 repeats and often in the 250-1600 range.

As already noted, nucleotide repeat disorders can cause toxicity through different but not exclusive mechanisms. While the expansions originate in the DNA itself, these expansions can alter the local chromatin structure, and change the RNA transcription and protein translation of the gene. For FTD/ALS, the transcribed introns with these anomalously enlarged expansions give rise to the neuropathology both through a loss of function as mRNA levels in the C90RF72 gene are decreased, as well as through a gain of function as transcripts with the (GGGGCC) HRs accumulate in the nuclear foci of the frontal cortex and spinal chord resulting in the sequestration of RNA-binding proteins [12,72]. Complicating the disease pathology is evidence that the antisense (GGCCCC) HR expansion transcripts that result from a bidirectional transcription of the DNA HR also form nuclear RNA foci. The translated repeats may cause toxicity in the formed protein and its interaction partners. It is also known that even though the HRs are to be found in a non-coding region of the C9ORF72 gene, these expansions can trigger protein translation even in the absence of the ATG start coding. This leads to the formation of unconventional repeat-
associated non-ATG (RAN) translations [12,72,14]. Such RAN translations of the (CCCCGG) expansions may give Gly-Pro, Gly-Ala and Gly-Arg polydipeptide expansions. Likewise, RNA translations of the antisense (GGCCCC) expansion may give Pro-Ala, Pro-Gly and Pro-Arg expansions. These generically coined "C9RAN" dipeptide proteins have been found in the brain of C9FTD/ALS model mice [73]; and both sense and antisense C9RAN proteins in all three reading frames have been found in the central nervous system of C9FTD/ALS patients and culture cells [74,13]. In fact, poly(GlyPro) has been proposed as a disease biomarker [13,75].

Based on enzymatic and chemical probing of the r (GGGGCC) expansion, the generally accepted scenerio is that the repeat expansion adopts a hairpin conformation with the G.G mismatches in equilibrium with a quadruplex structure [75,76]. This equilibrium is temperature dependent with $\mathrm{T}=37^{\circ}$ favoring hairpin structures, and higher temperatures favoring quadruplex formation, The structural transition is also controlled by ion type with the larger $\mathrm{K}^{+}$ions favoring G-quadruplexes and the smaller $\mathrm{Na}^{+}$ favoring hairpins [75].

We now discuss the results of a simulation study of the conformations and dynamics of all possible DNA and RNA homoduplexes that can be formed from the GGGGCC sense and the GGCCCC antisense HRs [33], leaving the analysis of the associated quadruplex structures for the next section [34]. Generating all the possible duplexes via a shifting of the reading frames results in three different homoduplexes for either G-rich or C-rich sequences, both for DNA and RNA, which gives a total of twelve different homoduplexes as shown in Fig. 7. The structures differ in the pattern of "steps" (which also includes the mismatches) and are therefore not the same. Each conformation when repeated have the same number of G.G or C.C mismatches and the same number of Wat-son-Crick base pairs. What is different though is that "double G" (DG) and "double C" (DC) duplexes have neighboring double mismatches separated by four Watson-Crick base pairs, while the "single G" (SG) and "single C" (SC) homo-helices are characterized by single mismatches separated by two Watson-Crick base pairs. We have carried out large scale MD simulations of each of these structures in order to probe the behavior of the local mismatches, the ion distributions and bindings, and relative stability [24].

G-rich double helices share common features. The inner G-G mismatches stay inside the helix in $\mathrm{G}_{\text {syn }}-\mathrm{G}_{\text {anti }}$ conformations and form two hydrogen bonds between the Watson-Crick edge of $\mathrm{G}_{\text {anti }}$ and the Hoogsteen edge of $\mathrm{G}_{\text {syn }}$. Also, $\mathrm{G}_{\text {syn }}$ in RNA is associated with a base-phosphate hydrogen bond; whilst inner G.G mismathces lead to a local unwinding of the helix. The neutralizing $\mathrm{Na}^{+}$ions are typically located in the major groove and help stabilize the double mismatches through the formation of ion bridges that join two G's in a mismatch with bases in neighboring Watson-Crick base pairs, or the four G's composing the double mismatch. Grich helices are more stable than C-rich ones due to a better stacking and due to the hydrogen bond formation associated with the anti-syn conformation of the G.G mismatches.

While the C-rich double helices are characterized by a variety of conformations, one common feature is that the inner mismatched C bases are all in the anti configuration. The most unstable C-rich RNA and DNA helices consist of single mismatches separated by two Watson-Crick base pairs (SC-3 structure shown in Fig. 7). For DNA, the mismatched Cs tend to flip out of the helical core. This is in contrast to RNA, where the C-C mismatches remain inside the helix inclined to either the major or minor groove. The DNA DC-1 helix accommodates mismatches via the formation of e-motifs (Fig. 8), where mismatched bases flip towards the minor groove and point in the 5 ' direction of their respective strands. The emotif was first described in NMR experiments in a solution conformation of a DNA CCG TR [77]. Once formed, the e-motif appears to be particularly stable [33]. While the DNA DC-2 duplex is stable


DG-1



Double mismatch

## 10.0 cm



DG-2





Single mismatch

Fig. 7. Schemes for the six GGGGCC and CCCCGG hexanucleotide repeat nonequivalent homoduplexes. The G's are marked in green, and C's in purple. The helical homoduplexes were built and simulated for both RNA and DNA[33].
(with bases in the mismatches alternating between the major and minor grooves), the e-motif structure associated with DNA DC-1 gives a superior stacking arrangement thereby providing additional stabilty and leading to a more compact double helix. Flipped $C$ bases at the $i^{\text {th }}$ position form $\mathrm{G}(\mathrm{N} 3)-\mathrm{C}(\mathrm{N} 4)$ hydrogen bonds with the $i-2^{\text {th }} \mathrm{G}$ base, so that $\mathrm{DC}-1$ is the preferred sequence for the emotif. By contrast the DNA SC-3 structure is unstable; the structure either unfolds or evolves into the more stable DC-1 structure. For the DNA antisense CCCCGG HR duplexes, the stability of the structures is therefore ranked as DC-1 > DC-2 > SC-3.

With RNA, the DC-1 structure is characterized by two stable conformations. In one conformation, one inner mismatch pair forms a N3-N4 hydrogen bond between the C bases of the mismatch, while the other inner mismatch pair points towards the minor groove. This leaves the major groove relatively unoccupied and results in the bending of the helix towards the major groove.

For the second structure, two bases belonging to two consecutive mismatches stack on top of each other, whilst their partners bend towards the major groove which causes the helix to straighten. The RNA DC-2 structure was found to be stable in this latter conformation. The RNA SC-3 structure is the least stable of all the RNA conformations. However, in contrast to its DNA counterpart, the duplex remains stable with mismatches exhibiting a synchronized oscillation in motion between the major and minor grooves. Thus, if one base of the mismatched pair turns towards the minor groove, the other turns towards the major groove and vice versa. This eventually leads to a slow reorganization of the hydrogen bonds between the mismatched bases.

With regards to the neutralizing $\mathrm{Na}^{+}$ions, in the C-rich DNA duplexes, these occupy the minor groove close to the C.C mismatches. In the RNA DC-2 structure, the ions favor the major groove - also around the mismatches, In RNA DC-1 and SC-3, the neutralizing ions in the major groove tend to be associated with


the Watson-Crick pairs. Again, there is a non-negligible ion presence in the minor groove near the mismatches. Direct ion binding to the C.C mismatches is a contributing factor to the stability of these duplex structures.

### 2.5. DNA and RNA quadruplexes formed by GGGGCC and GGGCCT hexanucleotide repeats

As noted in the previous section, a GGGGCC HR expansion in the first intron of the C90RF72 gene has been shown to be a major cause behind both ALS and FTD. Pathogenic structures associated with these HRs are both hairpins and G-quadruplexes, which we now discuss. There is, however, another closely related HR (GGGCCT), found in intron 1 of the NOP56 gene located on chromosome 20 that has been associated with spinocerebellar ataxia 36 (SCA36) [78], which also leads to quadruplex structures.

Alleles of the NOP56 gene that are normal have 5 to 14 HRs, while faulty genes have repeats in the 800 to 2000 range and lead to a heterogenous group of neurodegenerative disorders - characterized by a loss of balance and limb ataxia - associated with autosomal-dominant spinocerebellar ataxias. Similarly, SCA36 is associated with late-onset motor neuron involvement with symp-
toms like ALS and a sensorineural loss of hearing. In contrast to ALS and other SSR diseases, the severity of SCA36 does not seem to vary with the repeat length of the HRs [78].

The GGGGCC HR expansion belongs to the class of G-rich sequences that form stable G-quadruplex structures that are associated with a right-handed helicity that comes from the hydrophobic stacking of two or a larger number of G-quartets. A G-quartet (or tetrad) is composed of a planar array of four guanines held together by a cyclic array of hydrogen bonds from the WatsonCrick and Hoogsteen faces. These quartets then stack to form a quadruplex stem of varying length. The stem is usually stabilized by monovalent cations located within the central channel of the stem in direct contact with the carbonyl groups of the guanines. Many times, there are also loops associated with specific Gquadruplexes, which form as the strands fold to form the structure. Human telomeric DNA based on d(TTAGGG) repeats are associated with G-quadruplex formation, where the structure functions to maintain telomere length. Other SSRs such as CGG TRs found in the 5 '-UTR of the FRAXA gene FMR1 and the regulatory region of the insulin gene $[79,80$ ] are also implicated with G-quadruplex formation. DNA d(GGGGCC) oligomer of varying repeat length have also been shown to form inter- and intra-molecular

G-quadruplexes. NMR and circular dichroism (CD) spectroscopy experiments show that these may form in either a parallel or antiparallel orientation [81].

As already noted, the stability of the G-quadruplexes is linked to the ion size, with large ions favoring quadruplex structures and smaller ions favoring the formation of hairpins. The decreased stability associated with decreasing ion size, i.e. $\mathrm{K}^{+}>\mathrm{Na}^{+}>\mathrm{Li}^{+}$appears to be a characteristic of other kinds of G-quadruplexes as well.

Here, we report on the results of an MD simulation study of Gquadruplexes associated with GGGGCC and GGGCCT HRs [34]. Some of the initial structures for the study are shown in Fig. 9. Motivated by NMR and circular dichroism spectroscopy, the result-
ing G-quadruplex structures may be classified as either parallel quadruplex (PQ) or antiparallel quadruplex (AQ). The PQ model has all four strands parallel to each other and their guanines in an anti conformation, so that all parallel structures are very similar. Antiparallel strands, on the other hand, have considerably more variation in their structure leading to significant polymorphism. Given the large number of possible structures, we have opted to focus on two models, $A Q-1$ and $A Q-2$. In the $A Q-2$ model in Fig. 9, each strand has two adjacent, opposite-direction nearest neighbor strands such that the diagonal strands are parallel (it is a fully antiparallel model). The hybrid antiparallel model AQ-1 has one neighbor strand running in the same direction and one

(b) AQ-1 / AQ-1-L

(c) AQ-2 / AQ-2-L


Odd layer


Even layer

Fig. 9. Quadruplex geometries. On the left, the geometry of the guanine residues within a quartet (where relevant, odd layers in first column and even layers in second column). On the right, the full quadruplex configurations. (a) PQ; (b) AG-1 and AG-q-L; (c) AQ-2 and AQ-2-L. Here, G's are blue, C's in red and ions in magenta [34].
running in the opposite direction. The AQ-1-L and AQ-2-L models have loops, as shown in Fig. 8. Within the AQ-1 model, adjacent G-quartets are characterized by a syn-syn-anti-anti and anti-anti-syn-syn adjacent quartet topology, while AQ-2 structures are characterized by anti-syn-anti-syn and syn-anti-syn-anti adjacent quartet topology. In all types of G-quadruplexes, strands that have the same (opposite) direction have the same (opposite) glycosidic conformation. Adjacent guanines along the same strand have alternating syn and anti glycosidic orientations.

All in all, we tested a total of 22 different G-quadruplex models over a $1 \mu \mathrm{sec}$ time scale for each model, some with different ions [34]. The results indicate that all DNA - either parallel or antiparallel, either with or without loops - are stable. For RNA, on the other hand, only the PQ and AQ-1-L structures were found to be stable. The latter was found to be stabilized by the presence of the two diagonal loops. The stability and unfolding of the unstable RNA structures was investigated by tracking the quadruplex twist and quadruplex buckle displacements along with the backbone and glycosidic torsion angles. Generally speaking, twist values remain constant for DNA and RNA parallel models, but quickly decay for RNA antiparallel models signaling the structural unwinding.

It is interesting to note that for both DNA and RNA, the parallel G-quadruplex stabilize the adjacent $C$ bases into a C-quartet thereby effectively forming a mixed quadruplex of at least 5 layers. This C-quartet is stabilized by the stacking interactions with the guanine bases in the preceding G-quartet and by $\mathrm{C}(\mathrm{N} 4)-\mathrm{C}(\mathrm{O} 2)$ hydrogen bonds and an ion between the G-tetrad and the Ctetrad. In absence of stacking with a G-quartet, the second, freefloating layer formed by C bases is not stable. However, it could probably become stable for longer sequences where two Cquartets could become "sandwiched" between four-layered Gtetrads. We also studied the stability of quadruplexes as a function of $\mathrm{K}^{+}$and $\mathrm{Na}^{+}$ions [25]. Both types of ions favor a stable twist distribution with $\mathrm{Na}^{+}$giving smaller twist angles. However, the buckle distributions of $\mathrm{Na}^{+}$is larger as compared to $\mathrm{K}^{+}$, indicating that the G-quadruplexes are more stable in the presence of the latter ions in agreement with experiments.

### 2.6. E-motif formed by extrahelical cytosine bases in C-rich DNA homoduplexes

To understand the mechanisms underlying sequence expansion, gene hypermethylation, and folate-induced chromosomal fragile sites, it is crucial to elucidate the secondary structure adopted by the C-rich sequences $\mathrm{d}(\mathrm{CCG})_{n}$ of various repeat length $n$. Sequences of this kind attracted considerable interest twenty years ago, when it was observed that homoduplexes $\mathrm{d}(\mathrm{CCG}) \cdot \mathrm{d}(\mathrm{CCG})$ exhibited an unusual DNA secondary structure termed "e-motif" [77], already mentioned and shown in Fig. 8. This structural motif was observed in a solution NMR DNA antiparallel duplex, with each strand consisted of two $5^{\prime}-(C C G)_{2}-3$ ' repeats (PDB ID1NOQ). In this duplex, a slipping of the strands resulted in two unpaired $5^{\prime}$-C terminals, and a central C.C mismatch surrounded by Watson-Crick pairs in the center. This mismatch led to the formation of an "e-motif" in which the mismatched C bases symmetrically flip out in the minor groove, pointing their base moieties to the 5 ' direction on each of the strands. There is evidence that CCG repeats form more complicated structures. For instance, in the PDB ID4PZQ structure [82], two $\mathrm{dT}(\mathrm{CCG})_{3} \mathrm{~A}$ strands associate to form a tetraplex structure with an i-motif $[83,84]$ core containing four $\mathrm{C}: \mathrm{C}+$ pairs flanked by two G : $G$ homopurine base pairs as a structural motif. The tetraplex core is attached to a short parallel-stranded duplex. Each hairpin itself contains a central CCG loop in which the nucleotides are flipped out and stabilized by stacking interactions. This superficially resembles an e-motif, but it is not, as these extruded bases come
from the same strand due to the formation of the loop as opposed to different strands in a helical duplex as is characteristic of emotifs.

In the course of our investigations of the DNA d(CCCCGG) HRs, we noted the formation of a stable e-motif in the DC-1 structures [33]. Motivated by this observation, we extended our studies to other C-rich sequences in order to determine which sequences give rise to the e-motif, both as an isolated extrusion of a mismatch or as an extended e-motif formed by consecutive extrahelical C.C mismatches, and to characterize their conformations and dynamics [32]. Specifically, we examined the TRs with two non-equivalent reading frames $(\mathrm{GCC})_{n}$ and (CCG) $)_{n}$, and the three non-equivalent reading frames associated with HRs: $(\text { CCCGGC })_{n},\left(\right.$ CGGCCC $_{n}$ and (CCCCGG) $n$. The salient results are as follows [32].

In the e-motif, the C bases of the $i^{\text {th }}$ residue in a mismatch are symmetrically flipped out of the minor groove pointing towards the $i-2$ residue, i.e., in the 5 ' direction on each strand. A single emotif is partially stabilized by the formation of hydrogen bonds between the extruded C base of the mismatch and $i-2$ base along the same strand, which is a C base in the case of (GCC) or a G base in the case of (CCCGGC) in DC-1. Creation of the e-motif is favored by the formation of pseudo GpC steps between non-adjacent base pairs when the bases in the C.C mismatches are extruded. Consequently, the e-motif is stable in paired-end homoduplexes of (GCC) and (CCCGGC) SSRs, but not in the other reading frames [22]. As a consequence of the coupling between the particular step arrangement and the rotation paths followed by the extruded base, the extruded mismatched $C$ bases in an e-motif are always found in the minor groove. Finally, the extended e-motif (in which all the C bases in the mismatches are extruded) is stabilized by highly cooperative interactions. In addition to the favorable stacking afforded by pseudo GpC steps, and the hydrogen bonds between the mismatched bases and other nucleotides, the extended e-motif is further stabilized by the stacking of the extruded C bases themselves. The net result is a very stable anomalous secondary structure.

We have also probed RNA (GCC) duplexes for e-motif formation [31] and, although the C bases occasionally flip into either groove, an e-motif is never formed. We believe that this is due to the additional hydroxyl group on RNA which can form hydrogen bonds with neighboring sugar and backbone atoms thereby hindering the extrusion of the C bases. In addition, the A-form of RNA precludes good stacking for either pseudo GpC and CpC steps.

## 3. Summary

In the search for a molecular understanding of the anticipation diseases generated by the expansion of SSRs, an important breakthrough has been the recognition that the critical step in all models of repeat instability is the transient formation of pathogenic non-B DNA stable secondary structures in the expandable repeats [16]. The transcripts of the expanded tracks also present pathogenicrelated secondary structures which result in functional changes ultimately leading to cell toxicity and death. Experimental determination of these pathogenic structures and their dynamics at the atomic level is scarce, especially for DNA. Here, we reviewed some of our results for the conformations and dynamics of pathogenic structures for both RNA and DNA, which include the four non-equivalent homoduplexes for CAG and GAC TRs; the eight different homoduplexes generated by GGC and GCC TRs; CTG (CUG) and GTC (GUC) homoduplexes; dynamics of CAG DNA hairpins of varying lengths (in conjunction with smFRET experiments); the twelve different homoduplexes that can be formed from GGGGCC and GGCCCC HRs; and a number of parallel and antiparallel quadruplexes formed by GGGGCC and GGGCCT HRs. Knowledge of these various noncanonical nucleic acid structural motifs at
the atomic level may ultimately prove to be very important for the development of mechanistic models of SSR neurodegenerative diseases.

## Author contributions

As a review of our joint work, authors C. Roland, C. Sagui and K. Weninger primarily wrote this article. Authors F. Pan, V. Man, P. Xu and Y. Zhang performed the simulations, experiments and analysis discussed in this paper.

## Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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