

# BMJ Open Relationship between uric acid and technique failure in patients on continuous ambulatory peritoneal dialysis: a long-term observational cohort study

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**To cite:** Hsieh Y-P, Chang C-C, Kor C-T, *et al.* Relationship between uric acid and technique failure in patients on continuous ambulatory peritoneal dialysis: a long-term observational cohort study. *BMJ Open* 2017;**7**:e010816. doi:10.1136/bmjopen-2015-010816

► Prepublication history for this paper is available online. To view these files please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2015-010816>).

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Received 9 December 2015  
Revised 27 April 2016  
Accepted 2 June 2016



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## ABSTRACT

**Objectives:** Uric acid (UA) is the product of purine or nucleotide metabolism via the pathway of xanthine oxidase or xanthine dehydrogenase. Although epidemiological studies assessing the role of UA in cardiovascular disease or mortality have produced inconsistent results, the correlation between UA and technique failure in patients on continuous ambulatory peritoneal dialysis (CAPD) remains to be assessed.

**Design:** A retrospective cohort study.

**Setting:** Patients starting CAPD between 2001 and 2009 in a single centre in Taiwan.

**Participants:** A total of 371 patients on CAPD.

**Primary outcome measures:** All-cause and peritonitis-related technique failure.

**Results:** A cohort of 371 participants (43.9% male) was enrolled in the study with a mean age of 55.7 ±15.9 years at the start of CAPD. During the study period, technique failure occurred in 41 (34.4%) patients in the hyperuricaemia group compared with 49 (19.4%) in the normouricaemia group (p=0.003). In the multivariate Cox regression models, hyperuricaemia at baseline was significantly associated with both a higher risk of technique failure (HR 1.24; 95% CI 1.09 to 1.42, p=0.001) and peritonitis-related technique failure (HR 1.29; 95% CI 1.07 to 1.57, p=0.008).

**Conclusions:** UA was shown to be associated with all-cause and peritonitis-related technique failure in our study. Patients on CAPD with hyperuricaemia should be closely monitored and strategies of increasing survival on CAPD should be taken.

## INTRODUCTION

Since life expectancy has been increased with the development of modern medical care, the prevalence of chronic kidney disease (CKD) has also been growing to become a global health problem. Uric acid (UA) is the product of purine or nucleotide metabolism

## Strengths and limitations of this study

- Measurement of uric acid is a simple, inexpensive and accessible biomarker in clinical practice.
- Uric acid may help identify patients at high risk of technique failure.
- There are still possibilities that some potential confounders were not assessed in our study, such as reactive oxygen species.
- Our study population was performed only in a single medical centre, limiting the generalisability of our novel findings.
- The underlying mechanisms linking hyperuricaemia to technique failure cannot be clearly answered from the current study.

via the pathway of xanthine oxidase or xanthine dehydrogenase, and most UA is excreted by glomerular filtration.<sup>1</sup> Hyperuricaemia closely coexists with CKD due to impaired glomerular filtration rate, and the major route of UA excretion is the gastrointestinal tract in the environment of CKD. It has also been reported that some UA is excreted from the interaction with peroxynitrite.<sup>2</sup>

UA has been reported to be frequently linked with some established cardiovascular risk factors, such as diabetes, hypertension, dyslipidaemia and obesity.<sup>3–4</sup> However, epidemiological studies assessing the role of UA in cardiovascular disease (CVD) or mortality have produced inconsistent results.<sup>5–6</sup> Some findings suggest an independent risk for UA, whereas others indicate concomitant CVD risk factors. A J-shaped relationship between UA and all-cause mortality has been reported in patients on peritoneal dialysis (PD).<sup>7</sup> A Chinese study of patients on PD concluded that hyperuricaemia is an independent risk factor for all-cause mortality.<sup>8</sup>

After the introduction of continuous ambulatory PD (CAPD) as a renal replacement in the late 1970s, the acceptance of CAPD as an effective modality for end-stage renal disease (ESRD) has been increasing, especially recently, in comparison with haemodialysis (HD).<sup>9</sup> This is in part due to the conflicting conclusions reported on the survival benefits between CAPD and HD. Even with the advances in technical development, patient education and better appreciation of risk factors, peritonitis and PD dropout still remain widespread. Furthermore, the risk of transferring to HD was the highest in the first few months of PD initiation, primarily because of peritonitis.<sup>10</sup> To the best of our knowledge, the association of UA with technique failure in CAPD has never been reported. The aim of this study was therefore to determine the correlation between UA and technique failure in patients on CAPD.

## PATIENTS AND METHODS

We conducted a retrospective study with the aim of elucidating the role of UA in the development of technique failure in a single medical centre in Taiwan. The study cohort was those patients who started CAPD as the renal replacement therapy between 2001 and 2009. A total of 371 participants were the study participants. The study outcomes were all-cause and peritonitis-related technique failure. The end of this study was on 31 December 2010.

Patients were given either conventional glucose-based solution or neutral Balance solution, which was recorded for further analysis. Treatment with icodextrin was also recorded. The first peritoneal equilibrium test (PET) and dialysis adequacy were done within 1 month of CAPD initiation and at a 3-month to 6-month interval thereafter. Using the hospital's database, we retrospectively retrieved demographic, clinical and outcome data. The collected comorbid conditions included diabetes mellitus (DM), hypertension, coronary artery disease, cerebrovascular disease and peripheral artery disease at baseline. Laboratory measurements encompassed haemoglobin, calcium, phosphate, glutamate pyruvate transaminase (GPT), ferritin, serum albumin, blood urea nitrogen (BUN) and creatinine level, all of which were checked at monthly or 3-monthly intervals. The collected medications included ACE inhibitor, angiotensin II receptor blocker (ARB), hypouricaemic agent (allopurinol), diuretics (furosemide), calcium channel blocker (CCB) and  $\beta$ -blocker. Technique failure was defined as drop out from PD and transfer to HD. The causes of technique failure included refractory peritonitis, ultrafiltration failure, dialysis inadequacy, exit-site and tunnel infection, mechanical problems, operation procedure or operational problems/non-compliance or others. Non-compliance was defined as poor adherence to dialysis prescription, such as frequently missing dialysis exchanges.

Refractory peritonitis was the most common cause of technique failure in our cohort. The study outcomes

in the study were all-cause technique failure and peritonitis-related technique failure. Hyperuricaemia was defined as a serum UA level of more than 8 mg/dL, based on the colorimetric methods in our laboratory.

## Statistical analysis

All data were expressed as the means $\pm$ SD for continuous variables, or number (n) and percentage (%) for categorical variables. Student's unpaired t-test, the Mann-Whitney test or  $\chi^2$  test was used to compare data between two groups, as appropriate. Death, renal function recovery or a switch to renal transplantation was censored for technique failure analysis. We conducted the Kaplan-Meier survival analysis to compare technique failure between the hyperuricaemia and normouricaemia groups, and the log-rank test was used to determine significant differences. A multivariate Cox proportional hazards model was used to identify independent factors and to estimate the HR and the associated 95% CIs. The analysed variables included gender, age, BMI, comorbid conditions, and the use of ACE inhibitor, ARB,  $\beta$ -blocker, CCB, hypouricaemic agents, diuretics, BUN, creatinine, haemoglobin, ferritin, serum albumin, Ca $\times$ P, GPT, residual renal function, icodextrin use, Balance dialysate use, assistance for dialysate exchanges, peritoneal Kt/V, weekly total Kt/V urea, normalised protein nitrogen appearance (nPNA), D/P (creatinine) at 4 hours, ultrafiltration, 24-hour urine output, and exit-site infection, tunnel infection, number of exchanges per day and peritonitis rate. To increase the robustness of our investigation, we performed three sensitivity analyses. First, the entire study cohort was divided into three tertiles by the UA level (model S1). Second, a cut-off value of 7 mg/dL for UA was chosen to group the study population for further analyses (model S2). Third, the analysis was repeated with UA as a continuous variable (model S3). All the probabilities were two tailed and the level of significance was set at a p value <0.05. All statistical analyses were carried out using IBM SPSS Statistics for Windows, Version 22.0 (IBM Corp., Armonk, NY).

## RESULTS

### Patient characteristics and comparison of baseline covariates

The baseline characteristics of the 371 participants are shown in [table 1](#). As can be seen in this table, 32.1% of the patients had hyperuricaemia at baseline, 43.9% were male, and the mean age was 55.72 $\pm$ 15.99 years (median  $\pm$ IQR, 56.29 $\pm$ 22.23 years) at the start of CAPD. The mean follow-up duration was 36.69 $\pm$ 27.53 months (median  $\pm$ IQR, 29.97 $\pm$ 38.4 months). Compared with the normouricaemic group, the hyperuricemic one had more patients of male gender (54.6% vs 38.8%, p=0.006), younger age (52.4 $\pm$ 16.4 vs 57.2 $\pm$ 15.7, p=0.006), more ultrafiltration (0.44 $\pm$ 0.79 vs 0.3 $\pm$ 0.79, p=0.023),

**Table 1** Patients' characteristics by UA levels

	Total patients	UA baseline >8 mg/dL	UA baseline ≤8 mg/dL	p Value
Number of patients	371	119 (32.10%)	252 (67.9%)	<0.001*
Sex, men	163 (43.94%)	65 (54.62%)	98 (38.89%)	0.006*
Age (years)	55.72±15.99	52.41±16.43	57.28±15.57	0.006*
Body mass index (kg/m <sup>2</sup> )	22.77±3.82	23.15±3.77	22.6±3.84	0.195
Follow-up time (months)	29.97±38.32	29.40±38.21	31.17±38.35	0.818
Assistant				
Yes	196 (52.83%)	68 (57.14%)	128 (50.79%)	0.302
Comorbid conditions				
Diabetes mellitus	117 (31.54%)	38 (31.93%)	79 (31.35%)	1.000
Hypertension	305 (82.21%)	98 (82.35%)	207 (82.14%)	1.000
Coronary artery disease	58 (15.63%)	18 (15.13%)	40 (15.87%)	0.975
Cerebrovascular disease	32 (8.63%)	12 (10.08%)	20 (7.94%)	0.624
Peripheral artery disease	8 (2.16%)	3 (2.52%)	5 (1.98%)	1.000
Medications				
ACE inhibitor/ARB	245 (66.04%)	82 (68.91%)	163 (64.68%)	0.494
Hypouricaemic agents (allopurinol)	89 (23.99%)	33 (27.73%)	56 (22.22%)	0.303
Diuretics	200 (53.91%)	70 (58.82%)	130 (51.59%)	0.233
Calcium channel blocker	265 (71.43%)	89 (74.79%)	176 (69.84%)	0.389
β-blocker	79 (21.29%)	29 (24.37%)	50 (19.84%)	0.391
PD-related parameters				
Icodextrin use	114 (30.73%)	37 (31.09%)	77 (30.56%)	1.000
Balance dialysate	23 (6.2%)	4 (3.36%)	19 (7.54%)	0.184
Residual renal function (mL/min/1.73 m <sup>2</sup> )	2.53±2.68	2.77±2.86	2.45±2.59	0.525
D/P creatinine at 4 hours	0.67±0.11	0.67±0.11	0.67±0.11	0.619
Ultrafiltration (L/day)	0.34±0.75	0.44±0.79	0.3±0.79	0.023*
24-hour urine volume (L)	0.85±0.82	0.8±0.7	0.86±0.87	0.402
Kt/V for PD (weekly Kt/V)	1.48±0.47	1.48±0.39	1.48±0.49	0.946
Total weekly Kt/V	2.08±0.56	2.03±0.49	2.12±0.56	0.166
nPNA (g/kg/day)	1.04±0.41	1.08±0.37	1.02±0.4	0.067
Exit-site infection (per 100 patient-years)	0.29±0.66	0.36±0.66	0.26±0.66	0.162
Tunnel infection rate (per 100 patient-years)	0.01±0.05	0.01±0.06	0.01±0.05	0.495
Peritonitis rate (per year)	0.18±0.35	0.22±0.4	0.16±0.32	0.109
Number of exchanges per day	4±0.22	4±0.33	4±0.19	0.197
Laboratory data				
Serum albumin (g/dL)	3.52±0.74	3.4±0.68	3.58±0.8	0.593
BUN (mg/dL)	83.83±30.29	95±29.86	78.53±28.27	<0.001*
Calcium (mg/dL)	8.3±0.98	8.25±0.94	8.3±0.92	0.047*
Phosphorus (mg/dL)	5.4±1.89	5.85±1.72	5.24±1.71	<0.001*
Calcium phosphate product (mg <sup>2</sup> /dL <sup>2</sup> )	43.89±14.45	46.07±13.9	42.63±13.97	0.002*
Creatinine (mg/dL)	9.5±3.87	10.1±4.72	9.22±3.45	0.009*
Ferritin (ng/mL)	266.8±341.85	263.06±395.35	270.81±320.77	0.874
GPT (U/L)	16±11.06	16.33±10.95	15.58±11.36	0.675
Haemoglobin (g/dL)	8.4±1.34	8.21±1.44	8.49±1.29	0.07
UA (mg/dL)	7.33±1.92	9.1±1.49	6.72±1.25	<0.001*

Values are expressed as mean±SD or number (percentage).

\*p Value <0.05.

ARB, angiotensin II receptor blocker; BUN, blood urea nitrogen; PD, peritoneal dialysis; UA, uric acid.

higher BUN (95±29.8 vs 78.5±28.7,  $p<0.001$ ), lower calcium (8.2±0.9 vs 8.3±0.9,  $p=0.047$ ), higher creatinine (10.1±4.7 vs 9.2±3.4,  $p=0.009$ ), higher phosphate (5.8±1.7 vs 5.2±1.7,  $p<0.001$ ) and higher calcium phosphate product (46±13.9 vs 42±13.9,  $p=0.002$ ). In addition, chronic glomerulonephritis ( $n=114$ , 30.7%) and DM ( $n=102$ , 27.5%) were the two most common causes of CKD for the whole cohort. The majority (81.6%) of our patients were 'never smokers'.

Predialysis CKD (98.5%) was the most common modality before PD.

### Causes of technique failure

There were 90 patients having technique failure during the observation period. The reasons for technique failure are listed in table 2. Of the 90 patients switching to HD, 41 (45.5%) participants were ascribed to peritonitis. The second most common cause of technique

**Table 2** Reasons for technique failure

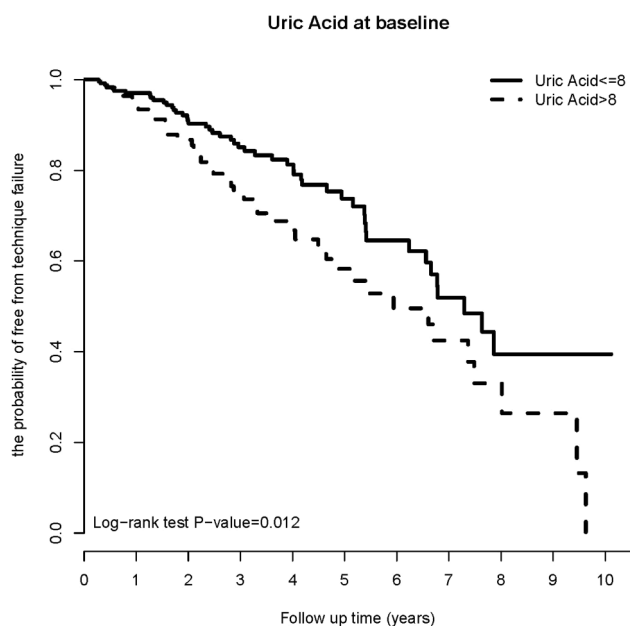
	Total	Uric acid >8 mg/dL	Uric acid ≤8 mg/dL	p Value
Number of patients	90 (24.2%)	49 (41.2%)	41 (16.3%)	0.003*
Peritonitis	41 (45.56%)	21 (42.86%)	20 (48.78%)	0.727
Non-compliance/operational problem	17 (18.89%)	11 (22.45%)	6 (14.63%)	0.501
Ultrafiltration insufficiency	9 (10%)	5 (10.21%)	4 (9.76%)	1.000
Dialysis inadequacy	7 (7.78%)	2 (4.08%)	5 (12.20%)	0.3
Mechanical problems/structural defect	8 (8.89%)	5 (10.20%)	3 (7.32%)	0.914
Surgical operation procedure	5 (5.56%)	3 (6.12%)	2 (4.88%)	1.000
Tunnel infection	1 (1.11%)	0 (0%)	1 (2.44%)	0.93
Other reason/unknown	2 (2.22%)	2 (4.08%)	0 (0%)	0.555

\*p Value &lt;0.05.

failure was non-compliance or operational problems in 17 (18.8%) patients.

### The influence of UA on all-cause technique failure

As evidenced in [table 2](#), technique failure occurred in 49 (41.2%) patients in the hyperuricaemia group compared with 41 (16.3%) in the normouricaemia group ( $p=0.003$ ). The Kaplan-Meier plot demonstrated that the technique failure rate was significantly higher in the hyperuricaemia group, as compared with the normouricaemia group ([figure 1](#), log-rank test,  $p=0.012$ ). In the multivariate Cox regression model, hyperuricaemia was significantly associated with a higher risk of technique failure (HR 1.24; 95% CI 1.09 to 1.42,  $p=0.001$ ; [table 3](#)), independent of other confounding factors. residual renal function (RRF), no need of assistance during dialysis exchanges and icodextrin use were negatively correlated with all-cause technique failure, whereas DM, exit-site infection and peritonitis rate were positively associated.



**Figure 1** Kaplan-Meier plot of all-cause technique survival for baseline uric acid levels.

### The influence of UA on peritonitis-related technique failure

As shown in [table 2](#), peritonitis accounted for 42.8% of technique failure in the hyperuricemic group compared with 48.7% in the normouricaemic group ( $p=0.727$ ). The Kaplan-Meier plot clearly illustrated that peritonitis-associated technique failure rate was significantly higher in the hyperuricemic group, as compared with the normouricaemic group ([figure 2](#), log-rank test,  $p=0.0323$ ). In the multivariate Cox regression model, hyperuricaemia was significantly associated with a higher risk of peritonitis-related technique failure (HR 1.29; 95% CI 1.07 to 1.57,  $p=0.008$ ; [table 4](#)). In addition, icodextrin use was negatively correlated with peritonitis-related technique failure, whereas peritonitis rate was positively associated.

### Sensitivity analysis

The predictive role of hyperuricaemia in all-cause technique failure was further consolidated in the sensitivity

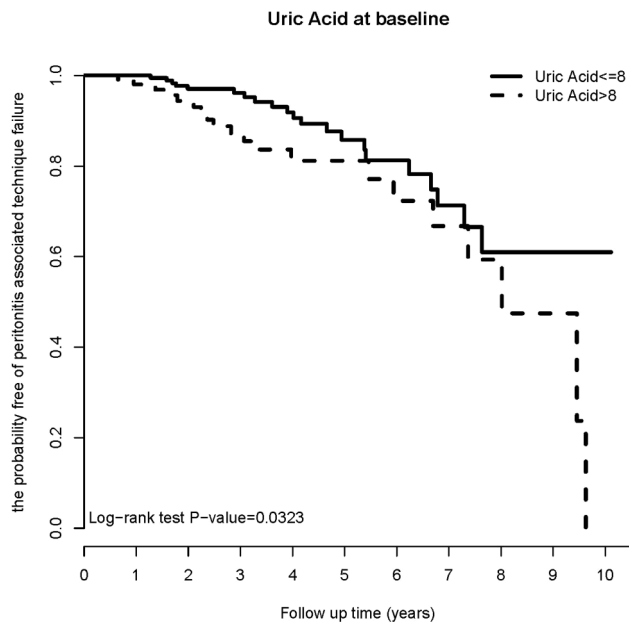
**Table 3** Risk factors for technique failure by multivariate Cox proportional hazards regression analysis

	HR (95% CI)	p Value
Residual renal function (mL/min/1.73 m <sup>2</sup> )	0.861 (0.76 to 0.97)	0.016*
Assistant (no vs yes)	0.459 (0.26 to 0.8)	0.007*
Diabetes mellitus	2.115 (1.22 to 3.66)	0.007*
Uric acid	1.244 (1.09 to 1.42)	0.001*
Exit-site infection	1.491 (1.1 to 2.01)	0.009*
Peritonitis rate	3.118 (1.8 to 5.39)	<0.001*
Icodextrin use	0.255 (0.14 to 0.45)	<0.001*

The analysed variables included gender, age, BMI, comorbid conditions, and the use of ACE inhibitor, ARB,  $\beta$ -blocker, CCB, hypouricaemic agents, diuretics, BUN, creatinine, haemoglobin, ferritin, HbA1c, serum albumin, Ca<sup>2+</sup>P, GPT, residual renal function, icodextrin use, Balance dialysate use, assistance for dialysate exchanges, peritoneal Kt/V, weekly total Kt/V urea, nPNA, D/P (creatinine) at 4 hours, ultrafiltration, 24-hour urine output, and exit-site infection, tunnel infection, number of exchanges per day and peritonitis rate.

\*p Value &lt;0.05.

ARB, angiotensin II receptor blocker; BUN, blood urea nitrogen; CCB, calcium channel blocker; HbA1c, glycated haemoglobin.



**Figure 2** Kaplan-Meier plot of peritonitis-related technique survival for baseline uric acid levels.

analyses (table 5). Model S1 demonstrated that both UA tertiles 2 and 3 were associated with a higher risk of technique failure using UA tertile 1 as the reference group. Hyperuricaemia, defined by UA>7 mg/dL, was also correlated with a higher risk of technique failure (model S2). The association remained significant when UA was analysed as a continuous variable (model S3). Similar to the analytic model for all-cause technique failure, UA was demonstrated to be significantly predictive of peritonitis-related technique failure in the three sensitivity analyses.

**Table 4** Risk factors for technique failure due to peritonitis by multivariate Cox proportional hazards regression analysis

	HR (95% CI)	p Value
Residual renal function (mL/min/1.73 m <sup>2</sup> )	0.883 (0.73 to 1.06)	0.192
Body mass index	1.088 (1 to 1.19)	0.059
Uric acid	1.298 (1.07 to 1.57)	0.008*
Tunnel infection rate	0.854 (0.01 to 54.41)	0.941
Peritonitis rate	20.960 (8.33 to 52.76)	<0.001*
Icodextrin use	0.078 (0.03 to 0.23)	<0.001*

The analysed variables included gender, age, BMI, comorbid conditions, and the use of ACE inhibitor, ARB,  $\beta$ -blocker, CCB, hypouricaemic agents, diuretics, BUN, creatinine, haemoglobin, ferritin, HbA1c, serum albumin, CaxP, GPT, residual renal function, icodextrin use, Balance dialysate use, assistance for dialysate exchanges, peritoneal Kt/V, weekly total Kt/V urea, nPNA, D/P (creatinine) at 4 hours, ultrafiltration, 24-hour urine output, and exit-site infection, tunnel infection, number of exchanges per day and peritonitis rate.

\*p Value <0.05.

ARB, angiotensin II receptor blocker; BUN, blood urea nitrogen; CCB, calcium channel blocker; HbA1c, glycated haemoglobin.

## DISCUSSION

In this study, we examined the relationship of serum UA level with technique failure, either all-cause or peritonitis related, in 371 patients on CAPD in a single Taiwanese PD centre and found that UA is a significant risk factor associated with both all-cause and peritonitis-related technique failure after adjusting for all the available confounding factors.

Technique failure will shorten the PD vintage and lead to transfer to HD or transplant. The reasons for patient dropout are multifactorial and can be ascribed to modality-related, patient-related or system-related factors.<sup>11</sup> Many studies have been conducted to evaluate the risk factors of technique failure in the past two decades. A Turkish study found that technique failure was independently associated with peritonitis rate and peritoneal Kt/V.<sup>12</sup> A multicentre cohort study in India showed that non-diabetes, average transporter, non-smoker, good nutritional status, haemoglobin 11 g/dL, low peritonitis rate and ultrafiltration of at least 1 L per day were associated with better survival on PD.<sup>13</sup> A Korean multicentre study of 2163 patients on PD documented that long-term usage of icodextrin can improve technique survival.<sup>14</sup> Using data from the Australia and New Zealand Dialysis and Transplant Registry (ANZDATA), obesity at the initiation of PD is a significant risk factor for technique failure.<sup>15</sup>

Peritonitis remains one of the most devastating complications associated with PD and continues to be the primary cause of dropout from PD, regardless of the improvement in the PD systems, such as twin-bag or Y-set systems.<sup>16</sup> Spahioglu *et al*<sup>12</sup> reported that peritonitis is the leading cause of technique failure and accounted for 55.8% of failures, which is similar to our current finding of 45.5%. In our previous study, we demonstrated that early peritonitis and high peritonitis rate were both risk factors related to technique failure.<sup>17 18</sup> From the current literature, many factors have been correlated with peritonitis occurrence. For example, old age, male gender, lower educational level and hypoalbuminaemia at the start of PD were the independent predictors for the first episode of peritonitis in Southern Chinese patients on CAPD.<sup>19</sup> Regarding the determinants of technique failure following CAPD peritonitis, Yang *et al*<sup>20</sup> showed that independent predictors included hypoalbuminaemia, longer duration of PD effluent leucocyte count above 100/ $\mu$ L, the aetiological source of infection and the causative organism. In addition, they also found that concomitant tunnel or exit-site infection preceding peritonitis would lead to PD catheter loss.

Several mechanisms linking hyperuricaemia and technique failure were proposed. The most common cause of technique failure was refractory peritonitis in our study cohort. No significant difference was observed in terms of peritonitis rate between patients with hyperuricaemia and normouricaemia, so it is postulated that patients with hyperuricaemia might have more impaired

**Table 5** The relation of UA to all-cause technique failure and peritonitis-related technique failure in sensitivity analyses

Model	Variables	All-cause technique failure				Peritonitis-related technique failure			
		Univariate analysis		Multivariate analysis		Univariate analysis		Multivariate analysis	
		HR (95% CI)	p Value	HR (95% CI)	p Value	HR (95% CI)	p Value	HR (95% CI)	p Value
Model S1	UA tertile 1	1.00		1.00		1.00		1.00	
	UA tertile 2	1.89 (1.04 to 3.43)	0.038*	2.08 (1.06 to 4.08)	0.033*	3.53 (1.26 to 9.87)	0.016*	3.19 (1.06 to 9.62)	0.039*
	UA tertile 3	2.62 (1.43 to 4.81)	0.002*	3.79 (1.87 to 7.68)	<0.001*	4.80 (1.68 to 13.73)	0.003*	5.58 (1.77 to 17.6)	0.003*
Model S2	UA $\leq$ 7 mg/dL	1.00		1.00		1.00		1.00	
	UA>7 mg/dL	2.19 (1.34 to 3.57)	0.002*	2.32 (1.34 to 4.03)	0.003*	3.23 (1.47 to 7.09)	0.003*	3.75 (1.54 to 9.13)	0.004*
Model S3	UA (continuous)	1.37 (1.19 to 1.57)	<0.001*	1.41 (1.22 to 1.63)	<0.001*	1.51 (1.22 to 1.86)	<0.001*	1.30 (1.02 to 1.67)	0.035*

\*p Value <0.05.  
UA, uric acid.

immunity than patients with normouricaemia. CKD is considered as a state of dysfunction in innate and adaptive immunity, so patients with CKD are more vulnerable to infection and respond poorly to vaccination.<sup>21 22</sup> Depending on the situation, UA has diverse biological characteristics of both pro-oxidant and antioxidant properties. In physiological concentration, it acts as an antioxidant that can chelate metals and scavenge free oxygen radicals.<sup>23</sup> As a pro-oxidant, UA can oxidise lipids, reduce nitric oxide release and increase reactive oxygen species (ROS).<sup>24</sup> The production of ROS can also consequently cause lipid peroxidation of membranes, which can impact the immune response. During infection, it is postulated that there should be an increased level of antioxidant response to equilibrate the excessive proinflammatory cytokines and oxidative stress. The more imbalances in redox state in patients with hyperuricaemia may contribute to treatment failure of peritonitis and subsequent technique failure.

Functional abnormalities of neutrophils, monocytes and dendritic cells are directly associated with increased susceptibility of infection in patients on CKD.<sup>25-27</sup> Neutrophils play a crucial role in the innate immunity as the first line of defence against infections. Neutrophil extracellular traps (NETs), primarily composed of DNA from neutrophils and extracellular fibres, have emerged as a novel mechanism responsible for killing invading pathogens recently.<sup>28</sup> Generally, ROS production by NADPH oxidase (Nox) is required for NETs formation. However, Arai *et al*<sup>29</sup> demonstrated that UA alone can induce NETs formation in a Nox-independent pathway. NETs resemble a double-edged sword; they can fight infections or cause morbidities. Excessive NETs formation is shown to cause inflammatory and autoimmune diseases. One may speculate that hyperuricaemia can directly, or indirectly by ROS formation, cause disproportionate NETs that lead to unfavourable prognosis in infections. In addition, hyperuricaemia was also known to stimulate the proinflammatory mechanisms by promoting the generation of interleukin-1 $\beta$ , IL-6 and tumour necrosis factor.<sup>5</sup> Increased serum levels of IL-6 have been correlated with increased production of Wnt signalling proteins.<sup>30</sup> From experimental studies, Wnt5a is expressed during differentiation of human monocytes to macrophages or dendritic cells and its expression causes more tolerance and less response of dendritic cells to infection.<sup>31</sup> Besides, the Wnt/ $\beta$ -catenin pathway inhibits transendothelial migration of monocytes and enhances their adhesion to the endothelium.<sup>32 33</sup> Macrophages are the predominant cells that provide the immune response against infection in the peritoneum.<sup>34</sup> Thus, one can postulate that an upregulated Wnt pathway by the stimulation of IL-6 may have a negative impact on the immunity of patients with hyperuricaemia, which is more severe than that on patients with normouricaemia.

Other additional explanations for the association of hyperuricaemia and all-cause technique failure can also

be considered, although these may not be related to peritonitis-related technique failure. First, hyperuricaemia was shown to accelerate RRF decline in patients on PD.<sup>35</sup> Given that loss of RRF was strongly related to PD peritonitis, a greater risk of technique failure is anticipated in patients on hyperuricaemia. However, we did not evaluate the slope of RRF in this study. Second, high UA levels can induce hypertension through activation of the renin-angiotensin-aldosterone (RAA) system.<sup>36</sup> Some evidence indicates that RAA system activation may lead to tissue fibrosis, and that the expression of MCP-1 and TGF- $\beta$ 1 by angiotensin II stimulation can promote deposition of the extracellular matrix.<sup>37,38</sup> Thus, hyperuricaemia may eventually contribute to peritoneal fibrosis and technique failure. Third, high oxidative stress was previously observed in participants with high serum UA levels.<sup>5</sup> Since peritoneal hyperpermeability, mesothelial loss and fibrosis can be induced by acute oxidative stress in experimental models,<sup>39</sup> we speculated that hyperuricaemia may potentiate functional and structural change of peritoneum and ultrafiltration failure.

Since our study consisted of incident patients on CAPD, we were able to avoid the potentially confounding factors associated with chronically treated CAPD. The strengths of this study must also be balanced against its weakness. This single-centre investigation with retrospective observation precludes us from clarifying the underlying mechanisms linking hyperuricaemia and death-censored technique failure. Moreover, our data did not provide information on whether patient's hand hygiene condition, wearing a face mask or the environmental conditions during exchanging dialysates, all of which would be prone to technique failure. Our study is also limited by the lack of UA clearance by PD, which may help understand the PD treatment per second on the technique survival. In addition, the association of UA with the composite outcome (mortality and technique failure) awaits further investigation.

The retrospective nature of this study prevents us from addressing whether patients with hyperuricaemia would benefit from receiving HD from the beginning and whether lower serum UA level, either by diet or pharmacological treatment, would prolong the technique survival. Patients on CAPD with hyperuricaemia should be closely monitored and strategies of increasing survival on CPAD should be taken. Manipulations to prevent and handle peritonitis, dialysis inadequacy, ultrafiltration failure, as well as education of patients and healthcare staff, may help to prolong the usage of CAPD.

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**Acknowledgements** The authors thank all the PD nursing teams for their help in collecting data.

**Contributors** YY and C-CC conceived and designed the experiments. Y-KW and C-CL performed the experiments. P-FC and C-TK analysed the data. Y-PH wrote the paper.

**Funding** This research received no specific grant from any funding agency in the public, commercial or not-for-profit sectors.

**Competing interests** None declared.

**Ethics approval** The study protocol was in accordance with the Declaration of Helsinki and approved by the Institutional Review Board of Changhua Christian Hospital (CCH IRB grant number 150505).

**Data sharing statement** All the data relevant to the study are included in the submitted manuscript. No additional data are available.

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